

1. What are pros and cons of two nursing leadership styles?

An autocratic nurse leader is one who gives orders and instructions to everyone and they must follow. There is no room for mistakes and everything must be perfect. This idea can work for times where there is an emergency and there is no time for steering away from the tasks that need to be completed. On the other hand, this style of leadership may not work in a time where the entire team must contribute their own thoughts and ideas during problem solving. This sort of leadership may discourage creative thinking and problem solving. Laissez-faire leadership is a hands-off approach. The leader does not provide instructions or supervision. There is rarely ever any change or improvement. This may lead to a rare occasion of quality improvement occurring. This style of nursing may work best when the group of nurses are already skilled and know what they are doing.

2. How can you incorporate the Ted talk into your nursing practice?

The Ted talk reinforced the idea of being kind to everyone. The way we treat one person is like a domino effect. If you treat someone poorly then they will be in a bad mood and keep that incident in their mind and most likely treat the next person they are in contact with poorly. It is important to not be passive aggressive even when someone else treats us poorly. We should treat each person we come in contact with kindness and be present with them and care for one another. It can go a long way. This idea can be relayed into nursing. Nurses have a big impact on their patients. The way that they treat their patients will have a lasting impact on them and can even change their lives. It is important to not pass judgment and to simply treat the patients with a caring attitude.