

## *Coping Cat Therapist Manual*

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### **Coping cat therapist manual by xing8868 - Issuu**

This therapist manual describes the general strategies used in the treatment of anxiety in children (e.g., exposure tasks, homework, changing anxious self-talk, etc.). The treatment manual is coordinated with the Brief Coping Cat: The 8-Session Coping Cat Workbook. There is a chapter devoted to each of the sessions that appear in the ...

### **Workbook Publishing, Inc.**

This therapist manual provides an overview of the general strategies used in the treatment of anxiety in children. The treatment manual is coordinated with the revised Coping Cat Workbook by the same authors; There is a chapter devoted to each of the sixteen therapy sessions that appear in the Coping Cat Workbook;, with explanations of and a rationale for the activities.

### **Cognitive-Behavioral Therapy for Anxious Children ...**

There is formal support available for implementation of Coping Cat as listed below: Supervisory phone consultation is available. Fidelity Measures. There are fidelity measures for Coping Cat as listed below: The therapist manual describes session-by-session content. Each session's description begins with the goals/targets for that session.

### **CEBC » Coping Cat » Program » Detailed - cebc4cw.org**

WORKBOOK PUBLISHING, Inc. is dedicated to offering well-researched, empirically-supported, and practical books, software, computer and audiovisual programs to provide mental health professionals and educators with treatments for working with children and adolescents. Treatment manuals for therapists and workbooks for the participant youth are available, including The Coping Cat treatment ...

### **Coping Cat - Workbook Publishing , Inc.**

The Coping Cat Therapist: Session-By-Session Guide [DVD] Practice Parameters The American

Academy of Child & Adolescent Psychiatry (AACAP) publishes Practice Parameters on various conditions in child mental health.

### **Child Anxiety Tales - Therapist Training Resources**

The Coping Cat program is a CBT manual-based and comprehensive treatment program for children from 7 to 13 years old with separation anxiety disorder, social anxiety disorder, generalized anxiety disorder, and/or related anxiety disorders. It was designed by Philip C. Kendall, PhD, ABPP, and colleagues at the Child and Adolescent Anxiety Disorders Clinic at Temple University.

### **Coping Cat - Wikipedia**

Books and Therapist Manuals As a resource to professionals, we will be continuously updating this page to house the latest books and resources for professionals on child and adolescent anxiety. To ease your search we've grouped the resources into categories.

### **Child Anxiety Tales - Books and Therapist Manuals**

Program description of Coping Cat. The Programs that Work section of the Promising Practices Network (PPN) site features descriptions of evaluated programs that improve outcomes for children. PPN programs are organized by four major outcome areas, and sub-categorized by indicators within each outcome area. Programs are also categorized by topic area and by evidence level.

### **Coping Cat - Promising Practices**

Cognitive-Behavior Therapywith Youth Workshop,June21,2002 Perth, Australia Philip C. Kendall, Ph.D., ABPP ... THERAPIST MANUAL FOR "TAKING ACTION" Session Ioic Table I ... Coping EmotionPictionary Coping Thoughtsthatinterfere withcoping

### **Cognitive-Behavior Therapywith Youth**

To bring the concept of flexibility within fidelity to life, we draw examples from the Coping Cat program. The Coping Cat program is one example of CBT for youth anxiety: it consists of 16 sessions, follows a therapist manual (Kendall & Hedtke, 2006a) and uses a client workbook (Kendall & Hedtke, 2006b).

### **Flexible Applications of the Coping Cat Program for ...**

It was an evaluation of Coping Cat [now called C.A.T. Project for youth aged 12-18] to determine whether clinical improvement and treatment type (e.g., cognitive behavioral therapy, medication, or their combination) in the original 2008 study predicted remission of anxiety and improvement in global functioning at follow-up an average of 6 years ...

### **CEBC » Program > C A T Project**

Two optional videos are also available for purchase. The "Managing Anxiety in Youth: The Coping Cats Video" provides a general introduction for practitioners new to the program, and "The Coping Cat Therapist: Session-by-Session Guide" illustrates the entire treatment sequence in detail using real sessions. Both videos are priced at \$50.

### **Coping Cats - Child Trends**

The Coping Cat Program for Children with Anxiety and Autism Spectrum Disorder: A Pilot Randomized Controlled Trial ... Coping Cat Cognitive-Behavioral Therapy for Anxious Youth). The Coping Cat program has demonstrated efficacy in several randomized controlled ... including the seven exposure sessions as prescribed in the Coping Cat program ...

### **The Coping Cat Program for Children with Anxiety and ...**

Katharina Manassis, MD, FRCPC Professor of Psychiatry, U. of Toronto . ... therapist and client work together to discover and apply new solutions to a particular dilemma ... Coping Cat: Kendall, P.C. (2006) Coping Cat Workbook, 2nd Edition. [www.workbookpublishing.com](http://www.workbookpublishing.com);

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