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Kendo ([], kendō, lit. "sword way") is a traditional Japanese martial art, which descended from swordsmanship and uses bamboo swords and protective armour (). Today, it is widely practiced within Japan and many other nations across the world. Kendo is an activity that combines martial arts practices and values with strenuous sport-like physical activity.

Kendo - Wikipedia

"I really enjoy how laido sharpens your mind and body in a totally different way from other sports and martial arts. It offers a fresh perspective that I have been able to apply not only to my own life but to the way I lead my men and approach the constantly evolving challenges we encounter here."

IAIDO - Japanese Swordsmanship Training with Katana Near ...

Little is known about early medieval fencing techniques save for what may be concluded from archaeological evidence and artistic depiction (see Viking Age arms and armour). What little has been found, however, shows the use of the sword was limited during the Viking age, especially among the Vikings themselves and other northern Germanic tribes.

Swordsmanship - Wikipedia

links for historical and SCA armor, weapons, and information

TherionArms - arms and armor resource links

Way of the Short Staff Self-Defense Arts and Fitness Exercises Using a Short Wooden Staff Cane, Walking Stick, Jo, Zhang, Guai Gun, Four Foot Staff, Hiking Staff Whip ...

Short Staff (Jo, Cane, Zhang, Jo Do, Aikijo, Jojutsu, Gun ...

This may be an embellished story of the creation of jōjutsu, as the oral tradition of Shintō Musō-ryū is the only mention of this second duel, or for that matter, a person defeating Musashi in combat.

Cane Exercises and Self-Defense: Guides, Bibliography ...

The items of militaria shown below can be viewed in our on-line shop complete with full descriptions, photographs and prices.: 1942–1945: Friedrich Wilhelm Willeke, till 1933 Zentrum, then NSDAP, from 1945 CDU Marl is a town and a municipality in the district of Recklinghausen, in North Rhine-Westphalia, Germany.

The Lanes Armoury

NGUYEN Ngoc My, est un dessinateur professionnel, auteur de toute une série de livrets pédagogiques qui sont, depuis plus de trente ans, des best-seller. Conseiller technique de karaté en Côte d'Ivoire, il a incontestablement laissé son empreinte en Afrique de l'Ouest. Professeur de karaté, de kobudo et de viet-vo-dao, il a fondé des premiers clubs d'arts martiaux vietnamiens à ...

Les auteurs - Budo Editions

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Отец трахает дочь, а сын трахает мать

1 The Greater East Asian War: How Japan Changed The World By Kase Hideaki Society for the Dissemination of Historical Facts © 2 Chapter 1 – Up to the Day Japan ...

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