

## ***Jawbone Up Manual***

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## **Jawbone Up Manual**

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A guide on how to sync and use Jawbone's Up band. Admire the beautiful packages and lift the sides carefully (with tape) to open the lid. Open the flap 'get to know the Up band'. Inside you will have the charging cable. Not needed to begin but you'll need it shortly to get your band 10-day battery life.

## **How to Sync and Use a Jawbone Up Band - Snapguide**

More info coming soon . More info coming soon

## **Jawbone**

The Jawbone UP platform is one of the best in the business, with plenty of features to motivate you to move more throughout the day (and tracking your sleep through the night). ... So take a look ...

## **19 essential Jawbone tips: Get more from your Jawbone ...**

How to switch between modes with your Jawbone UP. How to switch from sleep mode to active mode to work out mode. It is not always easy to understand what mode your UP is in and this will clarify ...

## **Jawbone Up- Switching between modes**

reinstall the UP app. iOS: To enter uninstall mode, tap and hold the UP icon on your home screen. When the icons move, tap the "x" in the corner of the UP icon. Press the home button to exit uninstall mode. Then, visit the App Store and reinstall UP. Android/Amazon Fire OS: Go to the "Settings" menu. Under the "Device" menu, tap "Apps."

### **Troubleshooting guide - [ecx.images-amazon.com](http://ecx.images-amazon.com)**

- Clean the Jawbone® Speaker only with a dry cloth.
- Do not expose your Jawbone® Speaker to extremely high or low temperatures.
- Do not leave your Jawbone® Speaker in direct sunlight for extended periods of time.
- Do not leave your Jawbone® Speaker near open flames such as cooking burners, candles, or fireplaces.

### **USER GUIDE - Wellbots**

User's Guide 1. Basic Stuff You Need to Know • Talk Button: Press once – Ans / End Press and hold 3 seconds – On / Off • Noise Shield Button: Press and hold 3 seconds for pairing (Jawbone must be off) Press and hold 3 seconds for Noise Shield On/Off Press once – volume up 2. Get Going Quickly

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