



# Youthpass

## EUROPEAN VOLUNTARY SERVICE

**Oana-Maria Cernaut**

BORN ON **10/01/1993** IN **Iasi, Romania**

PARTICIPATED AS A VOLUNTEER IN THE PROJECT

**Busy Being Brilliant**

IN THE RECEIVING ORGANISATION **Tallinna Tugikeskus JUKS.**

THE PROJECT TOOK PLACE FROM **04/09/2015**

TO **04/07/2016** IN **Tallinn, Estonia.**

## EUROPEAN VOLUNTARY SERVICE

The aim of European Voluntary Service in Erasmus+ is to develop solidarity and promote active citizenship of young people. During their stay of up to 12 months in the receiving country, young people contribute to social cohesion and considerably enhance their personal, professional and intercultural competences.

European Voluntary Service is normally carried out in partnerships between young volunteers, organisations in their country of residence and organisations in a receiving country.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



**Eeva Koplimets**

Representative of the organisation

The ID of this certificate is PJLT-ZULT-WUXL-FTQ2.  
If you want to verify the ID, please go to the web site of Youthpass:  
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



## Youthpass

With this document we certify that **Oana-Maria Cernaut** spent her European Voluntary Service in the project **Busy Being Brilliant** in **Tallinn, Estonia** with the organisation **Tallinna Tugikeskus JUKS**.

**The role and tasks of Oana-Maria Cernaut were:**

- English lessons
- Spending time with the clients (crafts, socializing)
- Support the clients' learning process (classes or activities the volunteer believes will help the clients achieve new skills)

**Oana-Maria Cernaut took part in the following training activities:**

- EriNoor - 5 meetings, one every 2-3 months to supervise the overall development of the project
- National Agency - on-arrival and midterm trainings

**The receiving organisation Tallinna Tugikeskus JUKS offers the following:**

- Tallinna Tugikeskus Juks provides support to people with intellectual disabilities. It offers art and therapy classes, as well as opportunities to socialize and learn the skills required for their everyday life.

The sending organisation of **Oana-Maria Cernaut** was **Youth Association from Transylvania** from **Cristuru Secuiesc, Harghita (Romania)**.



Tallinna Tugikeskus Juks, 27/05/2016

**Kai Raku**

Person in charge of the project



## Youthpass

**Oana-Maria Cernaut** participated in the European Voluntary Service project **Busy Being Brilliant** in **Tallinn, Estonia** between **04/09/2015** and **04/07/2016**.

The following summary of **Oana-Maria Cernaut's** learning outcome is the result of an ongoing dialogue process between **Oana-Maria Cernaut** and her mentor **Kadi Neemre** during the whole activity.

The following description of learning outcomes is a reflection related to the Key Competences for Lifelong Learning recommended by the European Parliament and the Council in December 2006.

### COMMUNICATION IN FOREIGN LANGUAGES

I improved my English level

I learned basic words in Estonian and Russian

I learned to strip people's speech to the essential points to help me then deliver my own message to them

### MATHEMATICAL COMPETENCE AND BASIC COMPETENCES IN SCIENCE AND TECHNOLOGY

Distributing money among fellow volunteers during a mini-project meant to raise cultural awareness

### DIGITAL COMPETENCE

Taught how to present a subject to people with disabilities using Powerpoint

Make extensive use of media in teaching English

### LEARNING TO LEARN

Identifying what, how and when motivating and demotivating factors come at play

Setting achievable goals to my learning plans

Working with deadlines and timely issues

Learning to manage problems with the help of others

### SOCIAL AND CIVIC COMPETENCES

Learning to take into account more the reasoning and motivation of the people working with me

Trying to help others more and becoming more trustful in other people



Learning to delegate responsibilities

Becoming more aware of the political situation in Europe and how this affects not only nations, but interpersonal communication

Respecting customs and beliefs; learning to better accept different opinions and mentalities

### SENSE OF INITIATIVE AND ENTREPRENEURSHIP

During my EVS, I participated in a mini-project where various centers across Estonia were organizing cultural events meant to highlight the diversity of European cultures (and not only), while also shedding light to the EVS programme. This has helped me improve my organisational skills, helped me understand better the structure in my organization, has helped me become more confident in my ability to coordinate projects.

Furthermore, the various initiatives I have had, such as crafts, foreign language lessons or computer classes have helped me gain more insight into faults and strong suits of my planning and organizing skills.

### CULTURAL AWARENESS AND EXPRESSION

Understanding what parts of my behavior are influenced by my culture

Have a better grasp of what being Romanian means to me (better look into politics, thinking about what sets Romanian culture aside)

Learning that body language, attitudes and life perspectives can also be culturally-imbued

**We confirm the mutual process of reflection during European Voluntary Service.**

**Oana-Maria Cernaut**

Volunteer

**Kadi Neemre**

Mentor of the volunteer

Tallinna Tugikeskus Juks, 27/05/2016

**Further information and original documents on the Key Competences for Lifelong Learning:**

[http://europa.eu/legislation\\_summaries/education\\_training\\_youth/lifelong\\_learning/c11090\\_en.htm](http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm)

**Further information about the Erasmus+: Youth in Action Programme and Youthpass:**

<http://ec.europa.eu/youth/programme> and [www.youthpass.eu](http://www.youthpass.eu)