

Central Pattern Generators (CPGs)

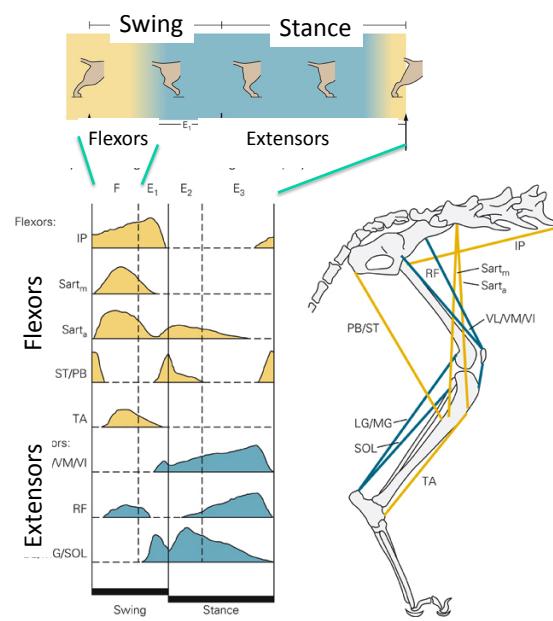
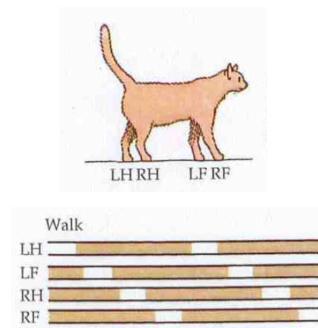
Definition

A **central pattern generator** is a self-contained neural circuit, usually at a low level of the CNS, that can autonomously* produce a simple, stereotyped, usually rhythmic motor behavior.

* without dynamic control from higher centers, and without the need for sensory feedback.

Walking in mammals

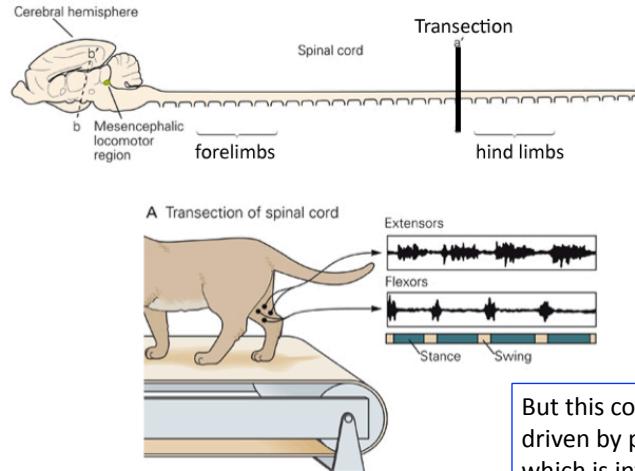
Walking involves activation of flexors and extensors in a right-left alternating pattern.



Walking in mammals

Early evidence that walking is controlled by a spinal CPG:

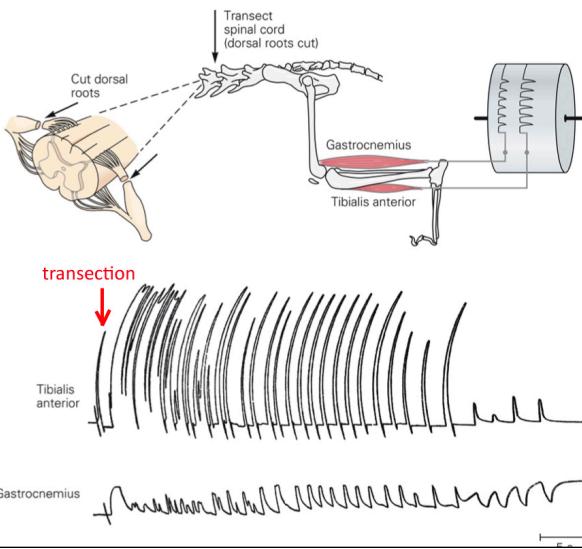
1. Walking persists after spinal cord transection when on treadmill.



But this could be reflexes driven by proprioception, which is intact..

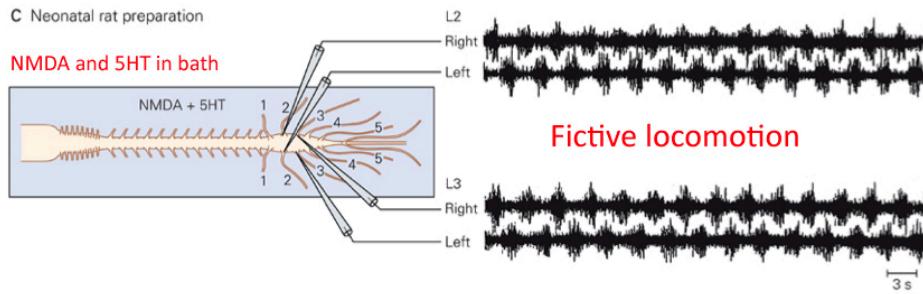
Walking in mammals

2. Basic alternating stepping occurs even when dorsal roots are cut.



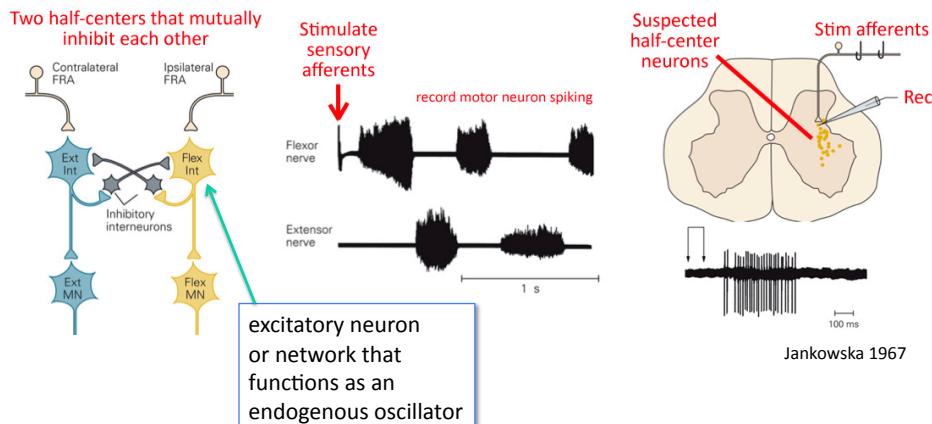
Walking in mammals

3. The isolated rat spinal cord can produce 'fictive locomotion'.



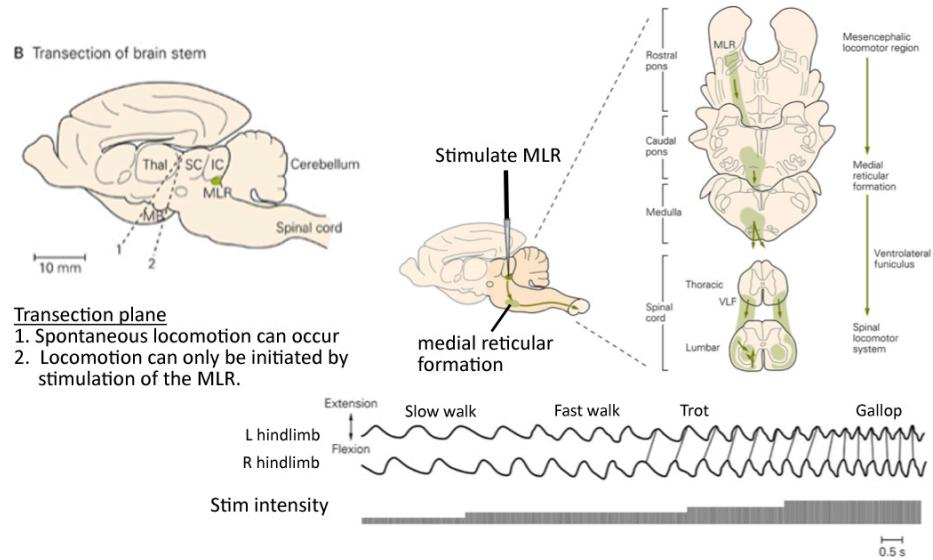
Half-center oscillator model

Graham Brown, 1911. Hypothesis: Contraction in the flexor and extensor muscles are controlled by two systems of neurons (termed "half centers") that mutually inhibit each other.



The brainstem MLR activates locomotion

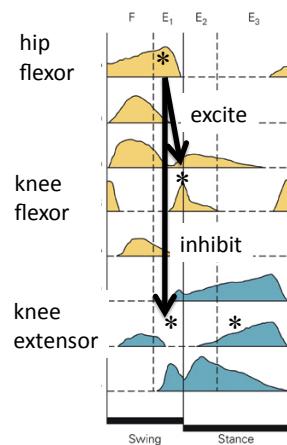
What turns locomotion on and off? Mesencephalic locomotor region (MLR) in brainstem reticular formation.



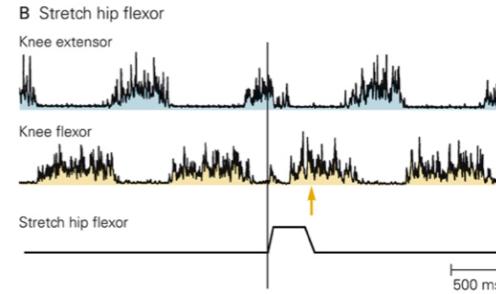
What is the role of sensory feedback?

Sensory feedback is not necessary for basic stepping, but it does modulate and fine-tune the rhythm—for example one muscle's stretch can entrain later elements of the pattern.

intact cat, normal gait

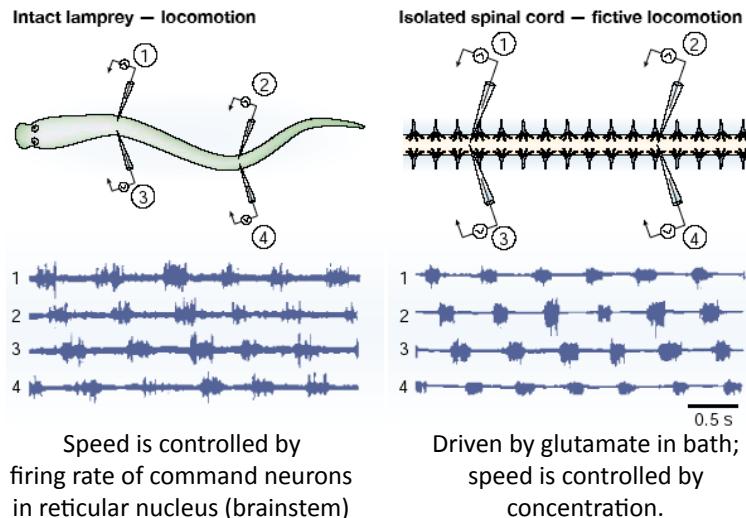


decerebrate cat walking on treadmill



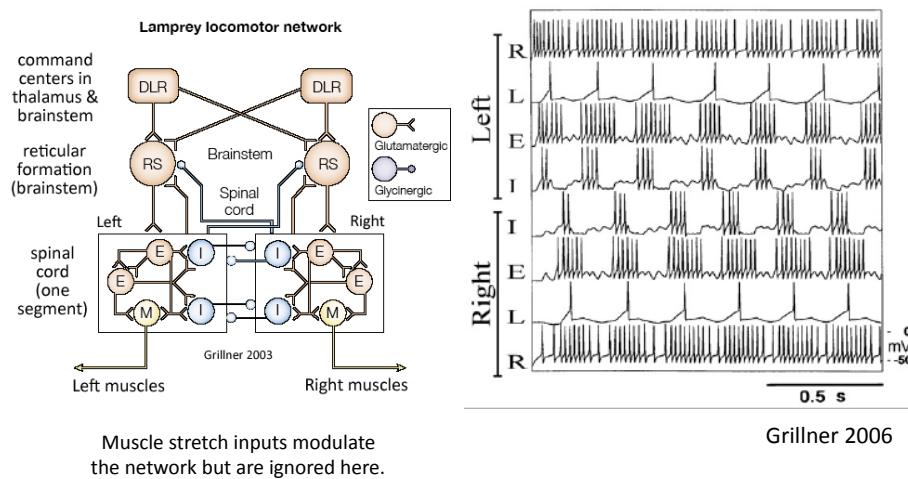
Specific circuits and cellular mechanisms

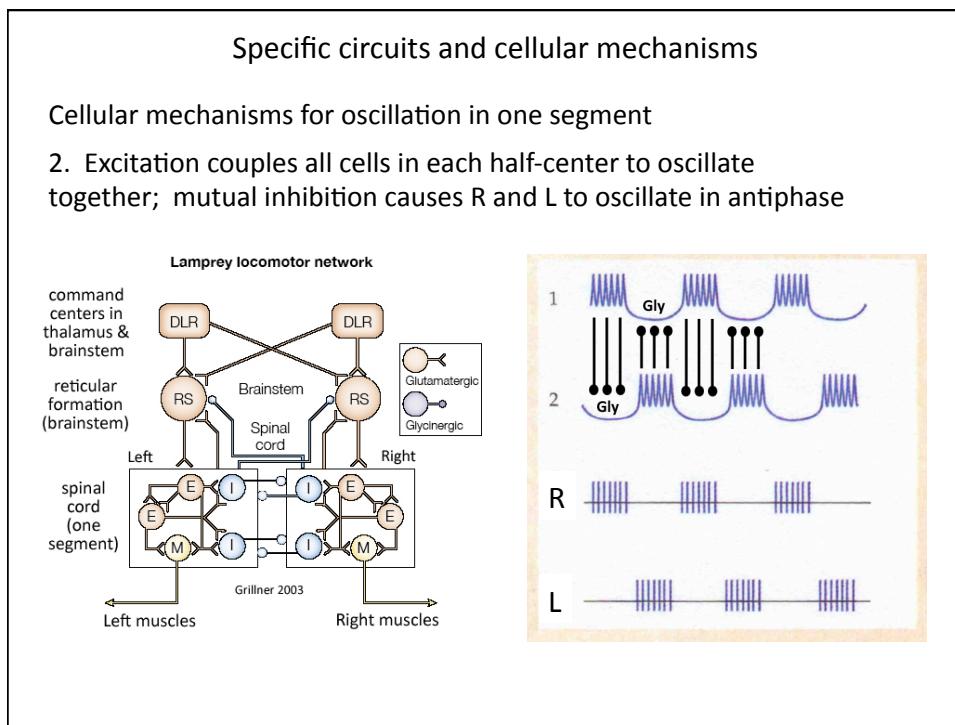
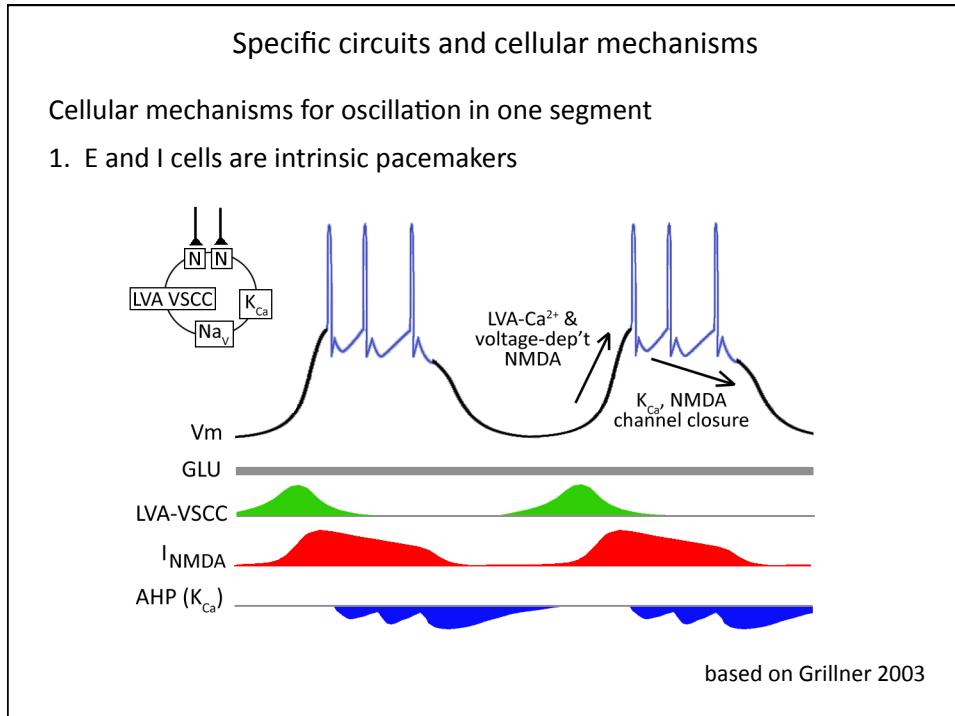
Lamprey swimming is driven by a very similar spinal CPG

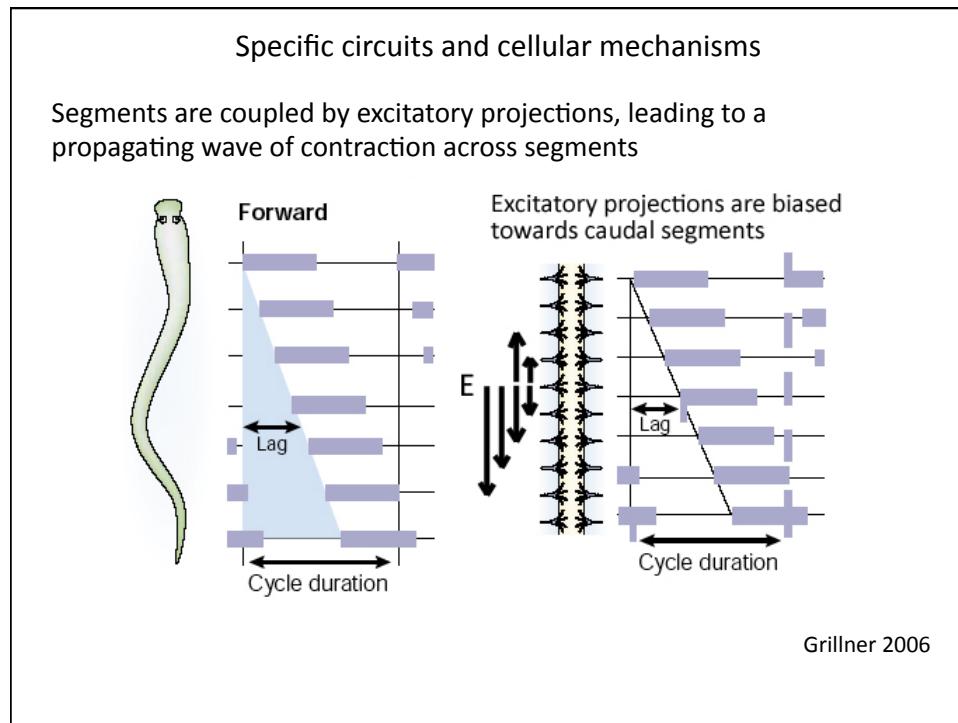
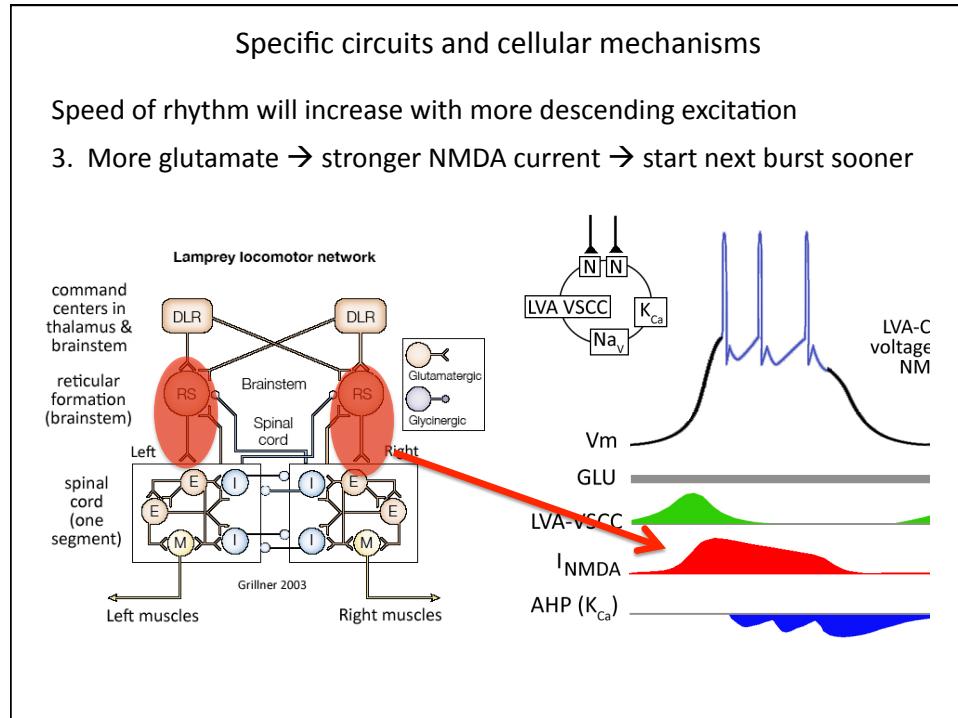


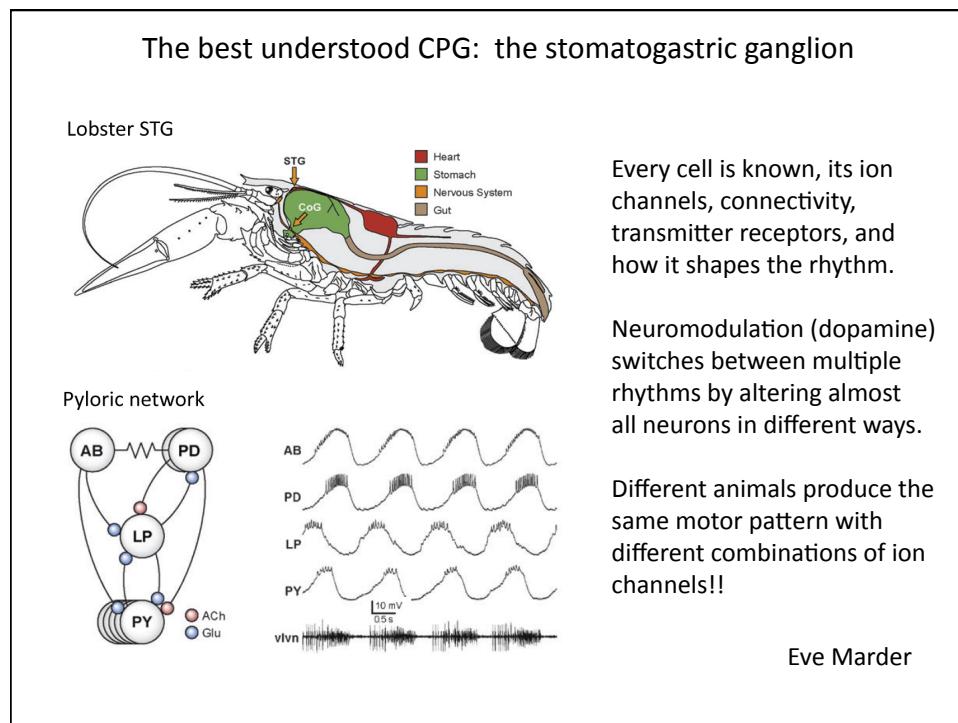
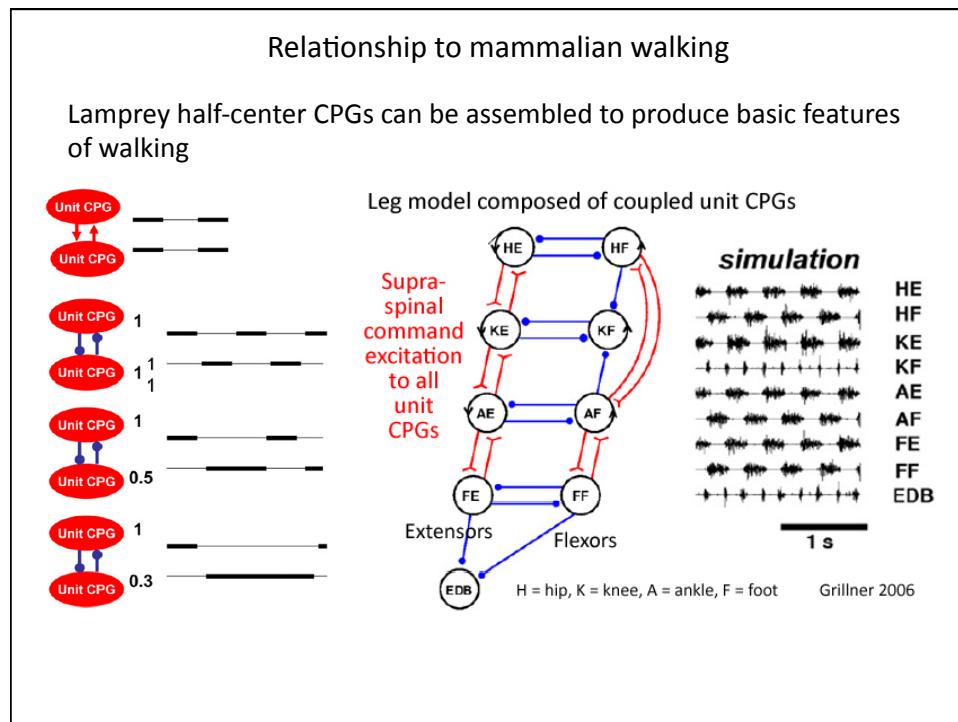
Specific circuits and cellular mechanisms

CPG network in one spinal cord segment.









Summary: CPGs

CPGs have been identified for walking, swimming, chewing, breathing, and whisking (in rodents). Locomotor CPGs are in spinal cord. Facial and breathing CPGs are in brainstem.

CPGs autonomously produce rhythmic output, due to pacemaking by voltage- and calcium-gated ion channels, and network interactions that set rhythms across cells.

Sensory input and neuromodulators (serotonin, dopamine) regulate CPG function. This both helps shape the details of the rhythms, and allows a single CPG to produce different rhythms (e.g. walking, trotting, galloping).

High-level control of CPGs is accomplished by command centers in brainstem, which determine when rhythms are produced, and control key aspects of their output (e.g. locomotion speed).