



Mickelsen Family Farms Riding Progression Skills

Pony Pals: Mastery Checklist

(must be initialed by instructor)

Skills:	(all in indoor arena)	Pass 1	Pass 2	Pass 3	Pass 4	Pass 5	Mastery
GROUND WORK SKILLS:							
Catching horse and putting on halter with assistance							
Walking horse to hitching post							
Showmanship skills – walking, trotting, stopping (horse doesn't run student over)							
Grooming with assistance							
Saddle up – carry it and put on with assistance							
Bridling horse with assistance							
Lead line lunging horse with assistance							
Taking bridle and saddle off and putting away with assistance							
RIDING SKILLS:							
Walking horse without assistance (loose rein with hands down and relaxed, proper balance and posture with heels down and straight back)							
Stopping and backing horse using proper body technique							
Trotting horse without assistance (loose rein with hands down and relaxed, proper balance and posture with heels down and straight back)							
Bareback walking without assistance (loose rein with hands down and relaxed, proper balance and posture with heels down and straight back)							
Bareback trotting horse without assistance (loose rein with hands down and relaxed, proper balance and posture with heels down and straight back)							
Obstacle course on a walk and trot							
Pony cart ride (2 rides)		X	X	X	X		
Mastery Test Date:							