



Mickelsen Family Farms Riding Progression Skills

Intermediate: Mastery Checklist

(must be initialed by instructor)

Skills: (all in outdoor arena)	Pass 1	Pass 2	Pass 3	Pass 4	Pass 5	Mastery
GROUND WORK SKILLS: Beginner +						
Tacking up (Bridling and Saddling) English/Western without assistance- except tightening						
Lead line lunging/free lunging without assistance						
Showmanship skills – leading horse walking, trotting, stopping (horse doesn't run student over)						
Opening and closing gates on horseback without assistance						
RIDING SKILLS: Beginner +						
Walking/trotting horse without assistance (loose rein with hands down and relaxed, proper balance and posture with heels down and straight back)						
English Walking/Trotting - Posting horse without assistance (with correct hand placement, proper balance and posture with heels down and straight back)						
Walking/Trotting and stopping without stirrups showing proper balance						
Bareback walking/Trotting without assistance (loose rein with hands down and relaxed, proper balance and posture with heels down and straight back)						
Disengage to a stop and emergency stop/dismount						
Galloping/cantering – Western and English -- both directions with correct lead (hands down and relaxed, proper balance and posture with heels down and straight back)						
Turning horse on haunches in both directions						
Obstacle course on a walk and trot and canter						
Basic trail course obstacles – on trail course in field						
Small jumps on trot Western and English						
Loading and unloading horse in trailer						
Hooking/unhooking pony cart/ outdoor arena (2 x)	X	X	X	X		
Mastery Test Date:						