#### PENTRATION TESTING

BEGINNERS TO EXPERT!

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**Note**: Some links may lead to 404 errors in the future. Please report any broken links in the issue section so we can provide replacements.

#### Phase 1 – History

YouTube Videos:

History of the Internet: [Link]

#### Blogs:

A Brief History of the Internet: <a>[Link]</a>

History of the Internet: [Link]

#### **Books:**

- Where Wizards Stay Up Late: The Origins of the Internet
- How the Internet Happened: From Netscape to the iPhone

#### **Documentaries:**

"Explained: The Internet" (Netflix)



### Phase 2 – Web and Server Technology

YouTube Videos:

Basic concepts of web applications, how they

work and the HTTP protocol: [Link]

HTML basics part 1: [Link]

HTML basics part 2: [Link]

Difference between static and dynamic website:

[Link]

HTTP protocol Understanding: [Link]

Parts of HTTP Request: [Link]

Parts of HTTP Response: [Link]

Various HTTP Methods: [Link]

Understanding URLS: [Link]

Intro to REST: [Link]

HTTP Request & Response Headers: [Link]

What is a cookie: [Link]



## Phase 2 – Web and Server Technology [Cont.]

HTTP Status codes: [Link]

HTTP Proxy: [Link]

Authentication with HTTP: Link

HTTP basic and digest authentication: [Link]

What is "Server-Side": [Link]

Server and client side with example: [Link]

What is a session: [Link]

Introduction to UTF-8 and Unicode: [Link]

URL encoding: [Link]

HTML encoding: [Link]

Base64 encoding: [Link]

Hex encoding & ASCII: [Link]



# Phase 2 – Web and Server Technology [Cont.]

#### **Books:**

- HTTP: The Definitive Guide
- Web Application Security: Exploitation and Countermeasures for Modern Web Applications

#### **Documentaries:**

- "The Great Hack" (Netflix)
- "Code: Debugging the Gender Gap" (Netflix)



## Phase 3 – Setting up the lab with BurpSuite and bWAPP

Setup lab with bWAPP: [Link]

Set up Burp Suite : [Link]

Configure Firefox and add certificate: [Link]

Mapping and scoping website: [Link]

Spidering: [Link]

Active and passive scanning: <a>[Link]</a>

Scanner options and demo: [Link]

Introduction to password security: [Link]

Intruder: [Link]

Intruder attack types: [Link]

Payload settings: [Link]

Intruder settings: [Link]

Other Labs:

No.1 Penetration testing tool: [Link]



# Phase 3 – Setting up the lab with BurpSuite and bWAPP [Cont.]

Environment Setup: [Link]

General concept: [Link]

Proxy module: [Link]

Repeater module: [Link]

Target and spider module: [Link]

Sequencer and scanner module: [Link]

#### **Books:**

- Burp Suite Essentials
- The Web Application Hacker's Handbook



#### Phase 4 – Mapping the application and attack surface

Spidering: [Link]

Mapping application using robots.txt: [Link]

Discover hidden contents using dirbuster: [Link]

Dirbuster in detail: [Link]

Discover hidden directories and files with intruder:

[Link]

Directory bruteforcing 1: [Link]

Directory bruteforcing 2: [Link]

Identify application entry points: [Link]

Identify application entry points: [Link]

Identify client and server technology: [Link]

Identify server technology using banner grabbing

(telnet): [Link]

Identify server technology using httprecon: [Link]

Pentesting with Google dorks Introduction: [Link]



### Phase 4 – Mapping the application and attack surface [Cont.]

Fingerprinting web server: [Link]

Use Nmap for fingerprinting web server: [Link]

Review webs servers metafiles for information

leakage: [Link]

Enumerate applications on web server: <a>[Link]</a>

Identify application entry points: [Link]

Map execution path through application: [Link]

Fingerprint web application frameworks: [Link]



#### Phase 5 – Understanding and exploiting OWASP top 10 vulnerabilities

A closer look at all owasp top 10 vulnerabilities:

[<u>Link]</u>

Injection: [Link]

Broken authentication and session management:

[Link]

Cross-site scripting: [Link]

Insecure direct object reference: [Link]

Security misconfiguration: [Link]

Sensitive data exposure: [Link]

Missing functional level access controls: [Link]

Cross-site request forgery: [Link]

Using components with known vulnerabilities:

[Link]

Unvalidated redirects and forwards: [Link]



### Phase 6 – Session management testing

Bypass authentication using cookie manipulation:

#### [<u>Link]</u>

Cookie Security Via httponly and secure Flag -

OWASP: [Link]

Penetration testing Cookies basic: [Link]

Session fixation 1: [Link]

Session fixation 2: Link

Session fixation 3: <a>[Link]</a>

Session fixation 4: [Link]

CSRF - Cross site request forgery 1: [Link]

CSRF - Cross site request forgery 2: [Link]

CSRF - Cross site request forgery 3: [Link]

CSRF - Cross site request forgery 4: [Link]

CSRF - Cross site request forgery 5: [Link]

Session puzzling 1: [Link]

Admin bypass using session hijacking: Link



#### Phase 7 – Bypassing client-side controls

What is hidden forms in HTML: Link

Bypassing hidden form fields using tamper data:

[Link]

Bypassing hidden form fields using Burp Suite:

[Link]

Changing price on eCommerce website using

parameter tampering: [Link]

Understanding cookie in detail: [Link]

Cookie tampering with tamper data: [Link]

Cookie tamper part 2: [Link]

Understanding referer header in depth using Cisco

product: [Link]

Introduction to ASP.NET viewstate: <a href="Link">[Link]</a>

ASP.NET viewstate in depth: [Link]

Analyse sensitive data in ASP.NET viewstate:

[Link]



## Phase 7 – Bypassing client-side controls [Cont.]

Cross-origin-resource-sharing explanation with

example: [Link]

CORS demo 1: [Link]

CORS demo 2: [Link]

Security headers: [Link]

Security headers 2: [Link]



### Phase 8 – Attacking authentication /login

Brute-force login panel: [Link]

Username enumeration: [Link]

Username enumeration with bruteforce password

attack: [Link]

Authentication over insecure HTTP protocol: [Link]

Authentication over insecure HTTP protocol: [Link]

Forgot password vulnerability - case 1: Link

Forgot password vulnerability - case 2: <a href="Link">[Link]</a>

Login page autocomplete feature enabled: [Link]

Testing for weak password policy: [Link]

Test for credentials transportation using SSL/TLS

certificate: [Link]

Basics of MySQL: [Link]

Testing browser cache: [Link]



# Phase 8 – Attacking authentication /login [Cont.]

Bypassing login panel -case 1: [Link]

Bypass login panel - case 2: [Link]



#### Phase 9: Attacking Access Controls

Finding admin panel: [Link]

Finding admin panel and hidden files and

directories: [Link]

Finding hidden webpages with dirbusater: [Link]

IDOR case 1: Link

IDOR case 2: [Link]

IDOR case 3: [Link]

What is privilege escalation: [Link]

Privilege escalation - Hackme bank - case 1: [Link]

Privilege escalation - case 2: [Link]



HTTP verb tampering: [Link]

HTTP verb tampering demo: [Link]

HTTP parameter pollution: [Link]

HTTP parameter pollution demo 1: [Link]

HTTP parameter pollution demo 2: <a>[Link]</a>

HTTP parameter pollution demo 3: [Link]

XSS - Cross site scripting:

Introduction to XSS: [Link]

What is XSS: [Link]

Reflected XSS demo: [Link]

XSS attack method using burpsuite: [Link]

XSS filter bypass with Xenotix: [Link]

Reflected XSS filter bypass 1: [Link]

Reflected XSS filter bypass 2: [Link]



Reflected XSS filter bypass 3: <a>[Link]</a>

Reflected XSS filter bypass 4: [Link]

Reflected XSS filter bypass 5: <a>[Link]</a>

Reflected XSS filter bypass 6: [Link]

Reflected XSS filter bypass 7: [Link]

Reflected XSS filter bypass 8: Link

Reflected XSS filter bypass 9: [Link]

Introduction to Stored XSS: Link

Stored XSS 1: [Link]

Stored XSS 2: [Link]

Stored XSS 3: [Link]

Stored XSS 4: [Link]

Stored XSS 5: [Link]

SQL injection:

Part 1 - Install SQLi lab: [Link]



Part 2 - SQL lab series: <a>[Link]</a>

Part 3 - SQL lab series: Link

Part 4 - SQL lab series: Link

Part 5 - SQL lab series: <a>[Link]</a>

Part 6 - Double query injection: [Link]

Part 7 - Double query injection cont: <a>[Link]</a>

Part 8 - Blind injection boolean based: [Link]

Part 9 - Blind injection time based: [Link]

Part 10 - Dumping DB using outfile: [Link]

Part 11 - Post parameter injection error based:

[Link]

Part 12 - POST parameter injection double query

based: [Link]

Part 13 - POST parameter injection blind boolean

and time based: [Link]



Part 14 - Post parameter injection in UPDATE query: [Link]

Part 15 - Injection in insert query: [Link]

Part 16 - Cookie based injection: [Link]

Part 17 - Second order injection: [Link]

Part 18 - Bypassing blacklist filters - 1: [Link]

Part 19 - Bypassing blacklist filters - 2: [Link]

Part 20 - Bypassing blacklist filters - 3: [Link]

Part 21 - Bypassing WAF: [Link]

Part 22 - Bypassing WAF - Impedance mismatch:

[Link]

Part 23 - Bypassing addslashes - charset

mismatch: [Link]

NoSQL injection:

Introduction to NoSQL injection: <a href="Link">[Link]</a>



Introduction to SQL vs NoSQL: [Link]

Abusing NoSQL databases: [Link]

Making cry - attacking NoSQL for pentesters:

[<u>Link</u>]

Xpath and XML injection:

Introduction to Xpath injection: [Link]

Introduction to XML injection: [Link]

Practical 1 - bWAPP: [Link]

Practical 2 - Mutillidae: <a href="Link">[Link]</a>

Practical 3 - webgoat: [Link]

Hack admin panel using Xpath injection: [Link]

XXE demo 1: [Link]

XXE demo 2: [Link]

XXE demo 3: [Link]



LDAP injection:

Introduction and practical 1: [Link]

Practical 2: [Link]

OS command injection:

OS command injection in bWAPP: [Link]

bWAAP- OS command injection with Commiux:

[Link]

Local file inclusion:

Detailed introduction: [Link]

LFI demo 1: [Link]

LFI demo 2: [Link]

Remote file inclusion:

Detailed introduction: Link



RFI demo 1: [Link]

RFI introduction and demo 2: [Link]

HTTP splitting/smuggling:

Detailed introduction: [Link]

Demo 1: [Link]



#### Phase 11 – Generating and testing error codes

Generating normal error codes by visiting files that may not exist on the server - for example visit chintan.php or chintan.aspx file on any website and it may redirect you to 404.php or 404.aspx or their customer error page. Check if an error page is generated by default web server or application framework or a custom page is displayed which does not 405.display any sensitive information. Use BurpSuite fuzzing techniques to generate stack trace error codes: [Link]



#### Phase 12 – Weak cryptography testing

SSL/TLS weak configuration explained: [Link]

Testing weak SSL/TLS ciphers: [Link]

Test SSL/TLS security with Qualys guard: [Link]

Sensitive information sent via unencrypted

channels: [Link]



### Phase 13 – Business logic vulnerability

What is a business logic flaw: [Link]

The Difficulties Finding Business Logic

Vulnerabilities with Traditional Security Tools:

[Link]

How To Identify Business Logic Flaws: [Link]

Business Logic Flaws: Attacker Mindset: [Link]

Business Logic Flaws: Dos Attack On Resource:

[<u>Link</u>]

Business Logic Flaws: Abuse Cases: Information

Disclosure: [Link]

Business Logic Flaws: Abuse Cases: iPod

Repairman Dupes Apple: [Link]

Business Logic Flaws: Abuse Cases: Online

Auction: [Link]

Business Logic Flaws: How To Navigate Code

Using ShiftLeft Ocular: [Link]



# Phase 13 – Business logic vulnerability [Cont.]

Business Logic Security Checks: Data Privacy

Compliance: [Link]

Business Logic Security Checks: Encryption

Compliance: [Link]

Business Logic Security: Enforcement Checks:

[<u>Link</u>]

Business Logic Exploits: SQL Injection: [Link]

Business Logic Exploits: Security

Misconfiguration: [Link]

Business Logic Exploits: Data Leakage: [Link]

Demo 1: [Link]

Demo 2: [Link]

Demo 3: [Link]

Demo 4: [Link]

Demo 5: [Link]

Demo 6: [Link]



#### Enjoy Learning! Thank You ©

