

Exam Questions Quantum Statistical Optics

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1. Coherent, thermal and non-classical states of light, their properties and mathematical representation

These states are quantum states of a harmonic oscillator (HO; see Section A for more).

1.1. Coherent states: Photon number distribution/ discrete variables (DV)

Coherent states can be defined as eigenstates of the *annihilation operator* \hat{a} of the HO:

$$\hat{a}|\alpha\rangle = \alpha|\alpha\rangle, \quad (1)$$

where $|\alpha\rangle$ is the notation for the coherent state that uses a complex number α .

We can write the coherent state in the basis of the energy levels of the HO (Fock states):

$$|\alpha\rangle = \exp\left[-\frac{|\alpha|^2}{2}\right] \sum_{k=0}^{\infty} \frac{\alpha^k}{\sqrt{k!}} |k\rangle. \quad (2)$$

The probability to obtain m photons in a coherent state α then equals

$$p_m(\alpha) = |\langle m|\alpha\rangle|^2 = e^{-|\alpha|^2} \frac{|\alpha|^{2m}}{m!} = e^{-\langle n \rangle} \frac{\langle n \rangle^m}{m!}, \quad (3)$$

where we denoted by $\langle n \rangle$ the mean number of phonons in this coherent state. Example photon number distributions can be seen in Fig. 1 (left). It can be proven (we can compute it) that the mean number of photons and the variance of the photon number equal each other in the coherent state, because it follows Poisson distribution

$$\langle n \rangle = |\alpha|^2, \quad \text{Var } n \equiv \langle n^2 \rangle - \langle n \rangle^2 = \langle n \rangle = |\alpha|^2. \quad (4)$$

We can also compute intensity autocorrelation function for a coherent state (pronounced "gee-two"):

$$g_{|\alpha\rangle}^{(2)} \equiv \frac{\langle \alpha | (\hat{a}^\dagger)^2 \hat{a}^2 | \alpha \rangle}{(\langle \alpha | \hat{a}^\dagger \hat{a} | \alpha \rangle)^2} = 1, \quad (5)$$

when $\alpha \neq 0$.

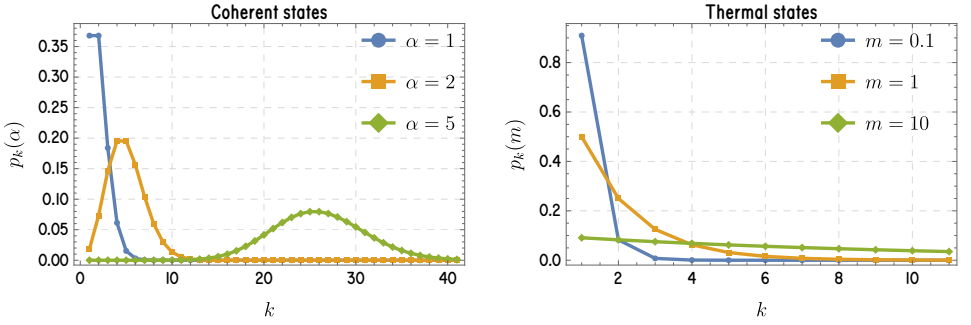


Figure 1: Probabilities to obtain k photons in (left) coherent states and (right) thermal states for different parameters characterizing these states.

1.2. Coherent states: Phase space properties/ continuous variables (CV)

Coherent states can be alternatively obtained as a result of application of the displacement operator $\hat{D}(\alpha)$ to the ground state $|0\rangle$ of the HO:

$$|\alpha\rangle = \hat{D}(\alpha)|0\rangle, \quad \text{where } \hat{D}(\alpha) = \exp[\alpha\hat{a}^\dagger - \alpha^*\hat{a}]. \quad (6)$$

This dictates that, similarly to the ground state, coherent states are Gaussian. This means they have Gaussian wave functions, Wigner functions etc. Gaussian states can be fully characterized by their first two statistical moments of quadratures. These moments are the vector of mean values of the quadratures and the covariance matrix.

To compute these moments, we can use Eq. (1) to compute expectations of the quadratures of the harmonic oscillator. To perform computations, we reorder (if needed) the operators to have all \hat{a}^\dagger to the left from all \hat{a} , then use the properties that

$$\hat{a}|\alpha\rangle = \alpha|\alpha\rangle, \quad \text{and } \langle\alpha|\hat{a}^\dagger = \alpha^*\langle\alpha|. \quad (7)$$

So

$$\langle\hat{q}\rangle_{|\alpha\rangle} = \langle\alpha|\hat{q}|\alpha\rangle = \langle\alpha|\hat{a} + \hat{a}^\dagger|\alpha\rangle = \langle\alpha|\hat{a}|\alpha\rangle + \langle\alpha|\hat{a}^\dagger|\alpha\rangle = (\alpha + \alpha^*)\langle\alpha|\alpha\rangle = 2\text{Re } \alpha, \quad (8)$$

$$\langle\hat{p}\rangle_{|\alpha\rangle} = \langle\alpha|\hat{p}|\alpha\rangle = \langle\alpha|(\hat{a} - \hat{a}^\dagger)/i|\alpha\rangle = (\alpha - \alpha^*)/i = 2\text{Im } \alpha. \quad (9)$$

For the second moments we can find

$$\begin{aligned} \langle\hat{q}^2\rangle_{|\alpha\rangle} &= \langle\alpha|\hat{a}^2 + (\hat{a}^\dagger)^2 + \hat{a}\hat{a}^\dagger + \hat{a}^\dagger\hat{a}|\alpha\rangle = \langle\alpha|\hat{a}^2 + (\hat{a}^\dagger)^2 + 2\hat{a}^\dagger\hat{a} + 1|\alpha\rangle \\ &= \alpha^2 + (\alpha^*)^2 + 2\alpha^*\alpha + 1 = (\alpha + \alpha^*)^2 + 1 = (2\text{Re } \alpha)^2 + 1 = \langle\hat{q}\rangle_{|\alpha\rangle}^2 + 1. \end{aligned} \quad (10)$$

Therefore, for the variance of the position quadrature we have

$$\text{Var}_{|\alpha\rangle} \hat{q} \equiv \langle\hat{q}^2\rangle - \langle\hat{q}\rangle^2 = 1. \quad (11)$$

We can show a similar result for \hat{p} , and that there are no cross-correlations between the quadratures. As a result,

$$\text{Var } q = \text{Var } p = 1, \quad \langle\hat{q}\hat{p} + \hat{p}\hat{q}\rangle_{|\alpha\rangle} = 0. \quad (12)$$

This is the same, as in the ground state of the HO $|0\rangle$. This is quite expected, given that a coherent state is essentially a displaced ground state.

Therefore, the mean values of quadratures of a coherent state are defined by the coherent state label α , and the second moments (variances) equal the ground state (shot-noise) variance. We summarize this by writing the statistical moments of a coherent state $|\alpha\rangle$:

$$\mu_\alpha = 2(\text{Re } \alpha, \text{Im } \alpha)^T, \quad \mathbb{V}_\alpha = \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} = \mathbb{1}_2. \quad (13)$$

Note that the factor of 2 in the mean values is the result of our choice of definitions of \hat{q}, \hat{p} :

$$\hat{q} = \hat{a} + \hat{a}^\dagger \quad \hat{p} = (\hat{a} - \hat{a}^\dagger)/i. \quad (14)$$

Consequently, $[\hat{q}, \hat{p}] = 2i$.

Knowing the statistical moments of the quadratures, we can write the Gaussian Wigner function for coherent states. Wigner function is a quasi-probability function that can take negative values for non-classical states. Importantly, it is a real-valued function defined on the phase space, so it takes two real-valued arguments. For a coherent state α it reads

$$W_{|\alpha\rangle}(q, p) = \frac{1}{2\pi} \exp\left[-\frac{(q - 2\text{Re } \alpha)^2 + (p - 2\text{Im } \alpha)^2}{2}\right]. \quad (15)$$

In particular, for the wave function in the position basis we can write

$$\psi_\alpha(q) = \langle q|\alpha\rangle = \frac{1}{\sqrt[4]{2\pi}} \exp\left[-\frac{(x - 2\text{Re } (\alpha))^2}{4} + i\text{Im } \alpha x\right]. \quad (16)$$

Lastly, different coherent states are not orthogonal

$$\langle \beta|\alpha\rangle = \exp\left[-\frac{1}{2}(|\beta|^2 + |\alpha|^2 - 2\beta^* \alpha)\right] \neq \delta(\alpha - \beta). \quad (17)$$

For orthogonal states, we'd have $\langle \alpha|\beta\rangle = 0$ as long as $\alpha \neq \beta$.

1.3. Non-classical states

Coherent states form an overcomplete basis, in which other quantum states can be expanded. So, for an arbitrary state ρ , one can write its expansion over coherent states:

$$\hat{\rho} = \int d\text{Re } \alpha d\text{Im } \alpha P_\rho(\alpha) |\alpha\rangle\langle\alpha|. \quad (18)$$

This is called the *Glauber-Sudarshan* representation, and P_ρ is called *the P-function* or *Glauber-Sudarshan P-function*. This representation is used to distinguish classical states from non-classical. Those states for which their P-function is a regular probability distribution, are said to be classical. Other states are non-classical.

The definition above tells that classical statistical mixtures of coherent states are also classical. Statistical mixtures of coherent states cannot have variances of quadratures lower than the variance of the coherent state (shot noise). Correspondingly, a quantum state that shows squeezing in any quadrature, is necessarily non-classical.

1.4. Thermal states

Thermal states $\hat{\rho}_{\text{th}}(m)$ are classical mixed states of a HO. They are characterized by a single real number $m > 0$ which is the mean occupation (mean number of photons):

$$\langle \hat{n} \rangle = \langle \hat{a}^\dagger \hat{a} \rangle = \text{Tr}(\hat{\rho}_{\text{th}}(m) \hat{a}^\dagger \hat{a}) = m. \quad (19)$$

For a physical oscillator of the frequency ω in thermal equilibrium with the environment at temperature T , the mean number of photons (or phonons) is defined by the Bose-Einstein statistics:

$$m = (\exp[\hbar\omega/(k_B T)] - 1)^{-1} \approx \frac{k_B T}{\hbar\omega}, \quad (20)$$

where \hbar is the reduced Planck's constant, k_B is Boltzmann's constant. For light frequencies even at room temperature $m = 0$ to a good accuracy. Thermal state with $m = 0$ is the ground state.

In the Fock basis, thermal state can be written as

$$\hat{\rho}_{\text{th}}(m) = \sum_{k=0}^{\infty} p_{\text{th}}(k; m) |k\rangle\langle k|, \quad \text{where } p_{\text{th}}(k; m) = \frac{m^k}{(1+m)^{k+1}}. \quad (21)$$

Example photon number distributions can be seen in Fig. 1 (right).

The intensity autocorrelation for a thermal state equals two:

$$g_{\text{th}}^{(2)} = 2, \quad (22)$$

when $m \neq 0$.

Thermal state is Gaussian, with zero mean values of both quadratures and symmetric covariances:

$$\mu_{\text{th}} = 0, \quad \mathbb{V}_{\text{th}}(m) = \begin{pmatrix} 2m+1 & 0 \\ 0 & 2m+1 \end{pmatrix} = (2m+1)\mathbb{1}. \quad (23)$$

We can write the Wigner function of this Gaussian state:

$$W_{\text{th}}(q, p; m) = \frac{1}{2\pi(2m+1)} \exp\left[-\frac{1}{2} \cdot \frac{q^2 + p^2}{2m+1}\right]. \quad (24)$$

1.5. Squeezed states

Applying a squeeze operator $\hat{S}(\zeta) = \exp\left[\frac{1}{2}(\zeta^* \hat{a}^2 - \zeta (\hat{a}^\dagger)^2)\right]$ to the ground state $|0\rangle$ of a HO, one can obtain *squeezed states*:

$$|\zeta\rangle = \hat{S}(\zeta)|0\rangle. \quad (25)$$

The parameter $\zeta = re^{i\phi}$ is called the squeezing parameter and can be complex. Often it is separated into the real-valued squeezing magnitude r and the real-valued squeezing phase ϕ .

With $r \neq 0$, the resulting squeezed states are non-classical Gaussian quantum states. They have zero mean values of the quadratures, and the covariance matrix describing an ellipse in the phase space. In particular, for $\phi = 0$,

$$\mu_S = 0, \quad \mathbb{V}_S = \begin{pmatrix} e^{-2r} & 0 \\ 0 & e^{2r} \end{pmatrix}. \quad (26)$$

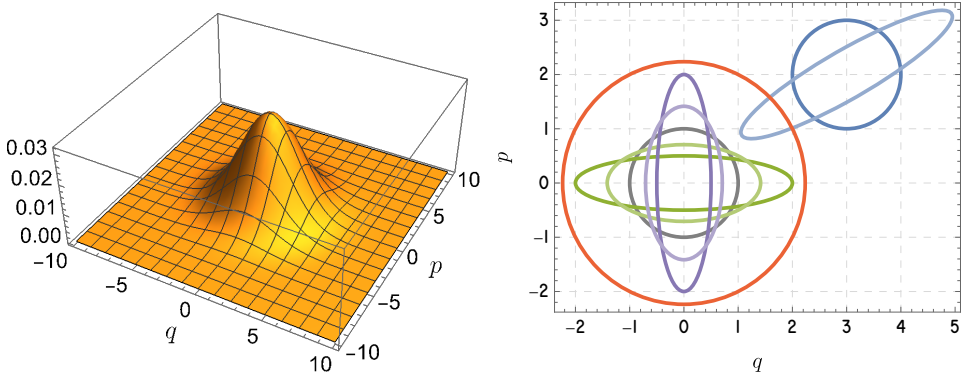


Figure 2: Illustrations of Gaussian quantum states. Left: a thermal state with $m = 2$ photons. Right: ellipses showing variances of different states. The ellipses are centered at mean values of quadratures corresponding to these states. Gray: ground state $|0\rangle$, red: thermal state with $m = 2$ photons; green, purple: squeezed states (green: squeezed in momentum; purple: squeezed in position); dark blue: coherent state with $2\alpha = 3 + 2i$; light blue: displaced squeezed state.

That is, the variance of the position is suppressed, the variance of momentum is enlarged. Importantly, the determinant of the covariance matrix remains fixed. For different values of ϕ , squeezed will be a different quadrature, however an orthogonal quadrature will always be anti-squeezed.

The Wigner function for the state with statistics given by Eq. (26) reads

$$W_s(q, p) = \frac{1}{2\pi} \exp \left[-\frac{1}{2} (x^2 e^{2r} + p^2 e^{-2r}) \right]. \quad (27)$$

Since squeezed states have variances of some quadratures suppressed below the shot-noise level, these states are non-classical. It is easy to show that when we take a statistical mixture of two or more coherent states, the variance of any quadrature cannot be made smaller than the variance corresponding to the ground state.

1.6. Displaced squeezed and squeezed coherent states

Combination of displacement and squeezing can produce non-classical states.

First, displacing a squeezed state does not change its covariance matrix, therefore, a squeezed state, initially non-classical, preserves its non-classicality upon displacement. Second, squeezing a coherent state will squeeze variance of some quadrature, and make the resulting state non-classical.

Importantly, the operations of squeezing and displacement, do not commute, that is their order matters:

$$\hat{S}(\zeta)\hat{D}(\alpha) \neq \hat{D}(\alpha)\hat{S}(\zeta). \quad (28)$$

On the other hand, one can always find another pair of squeezing and displacement parameters (α', ζ') such that

$$\hat{S}(\zeta)\hat{D}(\alpha) = \hat{D}(\alpha')\hat{S}(\zeta'). \quad (29)$$

Either way, the Gaussian parameters of the resulting states will have a non-zero vector of mean

values of the quadratures and a covariance matrix corresponding to a squeezed state, e.g.:

$$\mu_{DS} = \begin{pmatrix} \langle q \rangle \\ \langle p \rangle \end{pmatrix}, \quad \mathbb{V}_{DS} = \begin{pmatrix} e^{-2r} & 0 \\ 0 & e^{2r} \end{pmatrix}. \quad (30)$$

1.7. Fock states

As we know, classical are the coherent states and their classical mixtures (equivalently, incoherent statistical mixtures). All the remaining states are non-classical. Text-book examples of non-classical states are the Fock states.

Fock states $|k\rangle$ with $k = 0, 1, 2, \dots$ are the energy levels of harmonic oscillator. These states form an orthonormal basis (each state is normalized, and they are orthogonal to each other):

$$\langle m|n \rangle = \delta_{mn}, \quad (31)$$

where δ is the Kronecker delta-symbol. Any pure state $|\psi\rangle$ can be expanded over the basis of the Fock states:

$$|\psi\rangle = \sum_{n=0}^{\infty} \langle n|\psi\rangle |n\rangle \equiv \sum_{n=0}^{\infty} C_n |n\rangle. \quad (32)$$

The probability to obtain n photons having a state $|k\rangle$ is quite straightforwardly,

$$p_n(k) = \delta_{nk}, \quad (33)$$

The probability is 1 when $n = k$ and zero otherwise.

The intensity autocorrelation for the Fock states reads

$$g_{|k\rangle}^{(2)} = \frac{\langle k|(a^\dagger)^2 a^2|k\rangle}{\langle k|a^\dagger a|k\rangle^2} = \frac{k(k-1)}{k^2} = 1 - \frac{1}{k}, \quad (34)$$

when $k \neq 0$.

The intensity autocorrelation shows the probability of simultaneous detection of multiple photons. Eq. (34) shows that for the Fock states it is suppressed. In particular, for $k = 1$, $g_{|1\rangle}^{(2)} = 0$, so the probability of detection of multiple photons is zero. The corresponding effect is called *anti-bunching* of photons.

The wave-function of a Fock state in the position basis is (up to normalization)

$$\psi_n(q) = \langle q|n\rangle \propto H_n\left(\frac{q}{\sqrt{2}}\right) \exp\left[-\frac{q^2}{4}\right], \quad (35)$$

where H_n are Hermite polynomials.

In quantum optics, the Wigner function is used often:

$$W_n(q, p) = \frac{(-1)^{-1}}{2\pi} \exp\left[-\frac{q^2 + p^2}{2}\right] L_n(q^2 + p^2). \quad (36)$$

Here L_n are Laguerre polynomials. In particular,

$$L_0(x) = 1, \quad L_1(x) = 1 - x, \quad L_2(x) = 1 - 2x + x^2/2. \quad (37)$$

Obviously, these Wigner functions are rotationally symmetric (don't change under rotation of the phase space).

Wigner functions of Fock states are illustrated in Fig. 3.

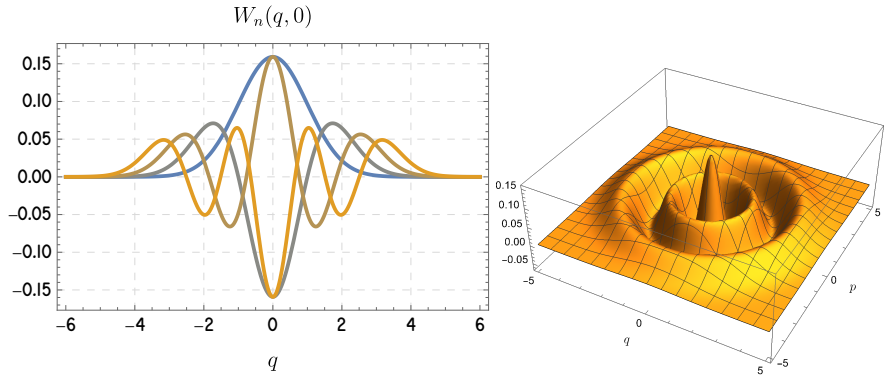


Figure 3: Left: cuts of Wigner functions of the Fock states $|0\rangle$ to $|3\rangle$. Right: Wigner function $W_4(q, p)$ of the Fock state $|4\rangle$.

1.8. Other non-classical states

There are many more non-classical states than described previously. Though it can be challenging to create non-classical states experimentally. Different strategies to create non-classical states include adding and subtracting photons or using nonlinearities.

2. Isolated and open quantum dynamics of quantum states of light and atoms, description and basic models

We start with a description of the dynamics of isolated systems, then outline some approaches to open systems.

2.1. Isolated quantum systems

Normally, dynamics of the isolated quantum system can be described by its *Hamiltonian* (operator of energy) \hat{H} . The “dynamics” means evolution of the quantum state. The quantum state of a quantum system at each time is described by the state vector (equivalently, wave-function) $|\psi(t)\rangle$. The evolution of the state vector is given by the Schrödinger equation

$$\frac{d}{dt}|\psi(t)\rangle = \frac{1}{i\hbar}\hat{H}|\psi(t)\rangle. \quad (38)$$

Its solution can be written as

$$|\psi(t)\rangle = \hat{U}(t, t_0)|\psi(0)\rangle, \quad (39)$$

where $\hat{U}(t, t_0)$ is a *unitary* operator (meaning $\hat{U}\hat{U}^\dagger = \hat{1}$) that equals

$$U(t, t_0) = \exp[-i\hat{H}(t - t_0)/\hbar]. \quad (40)$$

When we have an observable \hat{A} and want to compute its statistics (say, mean value) as a function of time, we have to substitute $|\psi(t)\rangle$. Then we have

$$\langle \hat{A} \rangle_{|\psi\rangle}(t) = \langle \psi(t) | \hat{A} | \psi(t) \rangle = \langle \psi(t_0) | \hat{U}^\dagger(t, t_0) \hat{A} \hat{U}(t, t_0) | \psi(0) \rangle = \langle \psi(0) | \hat{A}_H(t) | \psi(0) \rangle, \quad (41)$$

where $\hat{A}_H(t)$ defined as

$$\hat{A}_H(t) = \hat{U}^\dagger(t, t_0) \hat{A} \hat{U}(t, t_0) \quad (42)$$

is the operator in the *Heisenberg picture*. At the initial time $t = t_0$, the operators in Heisenberg picture and Schrödinger picture coincide: $\hat{A}_H(t_0) = \hat{A}$.

We can show that the operator in the Heisenberg picture satisfies the Heisenberg equation

$$\frac{d\hat{A}_H(t)}{dt} = \frac{i}{\hbar} [\hat{H}, \hat{A}_H] = \frac{i}{\hbar} [\hat{H}, \hat{A}]. \quad (43)$$

Lastly, we have to consider the case when our isolated system is initially in a mixed (not pure) state. Then it does not have the state vector $|\psi\rangle$ but rather is described by the density matrix $\hat{\rho}$. In Schrödinger picture, the density matrix obeys *von Neumann* equation

$$\frac{d}{dt}\hat{\rho}(t) = \frac{i}{\hbar} [\hat{\rho}, \hat{H}]. \quad (44)$$

Its solution reads

$$\rho(t) = \hat{U}(t, t_0)\hat{\rho}(t_0)\hat{U}^\dagger(t, t_0). \quad (45)$$

Note the different order of the operators \hat{U} and \hat{U}^\dagger in the solutions for $\hat{A}_H(t)$ and $\hat{\rho}(t)$. Also, different order of operators in the commutators in Eqs. (43) and (44).

Summary: we will mostly use Eqs. (43) and (44).

2.2. Atom-light interaction: formulation

Atom-light interaction is a very broad topic. The standard textbook by Scully & Zubairy uses about 80 pages for the two chapters dedicated to atom-light interaction.

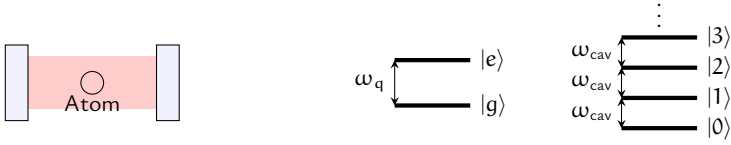


Figure 4: Atom-light interaction illustration. On the left, an atom is placed inside an optical cavity formed by the two mirrors. In the middle, the energy level diagram of the atom. On the right, the energy level diagram of the field in the cavity.

The key models to study here are the Rabi model and the Jaynes-Cummings model. Both the models consider interaction of a two-level atom with light inside an optical cavity. The Hamiltonian for such a system reads

$$\hat{H} = \hat{H}_A + \hat{H}_{cav} + \hat{H}_{int}, \quad (46)$$

where \hat{H}_A is the Hamiltonian of a bare atom, \hat{H}_{cav} is the Hamiltonian of the bare cavity, and \hat{H}_{int} is the interaction Hamiltonian.

In more detail, the optical cavity is a harmonic oscillator of frequency ω_c with the annihilation operator \hat{a} , so

$$\hat{H}_{cav} = \hbar\omega_{cav}\hat{a}^\dagger\hat{a}. \quad (47)$$

The “two-level atom” is an atom such that only two its energy sublevels can be addressed by the light. The other levels do not take part in the interaction, so the atom effectively has only two energy levels. The two levels are normally denoted $|g\rangle$ (for the lower level) and $|e\rangle$ (for the higher energy level), with energies $E_e > E_g$. The values of these energies are insignificant on their own, but what matters is the energy difference:

$$\frac{E_e - E_g}{\hbar} = \omega_q. \quad (48)$$

This is the transition frequency of the atom, and this is the only number that fully describes the atom. The Hamiltonian of the atom reads

$$\hat{H}_A = \frac{\hbar\omega_q}{2}\sigma_z = \frac{\hbar\omega_q}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}. \quad (49)$$

Here σ_z is a Pauli matrix. Note that we write the matrix of the Hamiltonian operator. We do this in the basis of the energy levels of the atom, so we can expand it to the full form as

$$\hat{H}_A = \frac{\hbar\omega_q}{2} \left[|e\rangle\langle e| - |g\rangle\langle g| \right]. \quad (50)$$

Finally, the interaction between cavity light and the atom is assumed to be a dipole interaction. From classical electrodynamics, the interaction between a dipole moment \mathbf{d} and the electric field \mathbf{E} equals $\mathcal{H} = -\mathbf{d} \cdot \mathbf{E}$. Now we represent the dipole moment in terms of the atom operators:

$$\hat{\mathbf{d}} = \hat{\sigma}_+ \mathbf{d} + \hat{\sigma}_- \mathbf{d}^*, \quad (51)$$

where d is a dimensional coefficient, and

$$\sigma_+ = \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix}, \quad \sigma_- = \sigma_+^\dagger = \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}. \quad (52)$$

Then, we represent the electric field \mathbf{E} as

$$\hat{\mathbf{E}} = A\hat{a} + A^*\hat{a}^\dagger, \quad (53)$$

where A is a dimensional coefficient.

Collecting everything together, the interaction Hamiltonian reads

$$\hat{H}_{\text{int}} = \hbar g(\hat{\sigma}_+ + \hat{\sigma}_-)(\hat{a} + \hat{a}^\dagger), \quad (54)$$

where we for simplicity assumed $d = d^*$ and $A = A^*$, and introduced the coupling rate $g = Ad/\hbar$. Moreover, strictly speaking, above d has to be a vector including geometric properties of the atom, and A also has to be a vector taking into account polarization of light. The scalar product of these two quantities will contribute to the coupling rate g .

Collecting together the parts of the atom-light Hamiltonian, we can finally write the full Hamiltonian:

$$\hat{H}_{A-L} = \hbar\omega_{\text{cav}}\hat{a}^\dagger\hat{a} + \frac{1}{2}\hbar\omega_q\hat{\sigma}_z + \hbar g(\hat{\sigma}_+ + \hat{\sigma}_-)(\hat{a} + \hat{a}^\dagger). \quad (55)$$

This Hamiltonian will be the starting point for the subsequent discussion.

2.3. Atom-light interaction: Rabi model

The Rabi model assumes the light to be a classical field following a harmonic law with amplitude \bar{e} :

$$E(t) \propto (\hat{a} + \hat{a}^\dagger) = \bar{e} \cos(\omega_{\text{cav}}t). \quad (56)$$

The first term in \hat{H}_{A-L} (the light Hamiltonian) can be discarded: if the field is classical, this first term will become simply a complex number. In all quantum pictures it will commute with every operator and will thus not contribute to the equations of motion. Therefore, the problem is now about only the two-level atom, as the dynamics of the light is assumed to be fully predetermined. The Hamiltonian reads

$$\hat{H}_{\text{Rabi}} = \frac{1}{2}\hbar\omega_q\hat{\sigma}_z + \hbar g\bar{e}(\hat{\sigma}_+ + \hat{\sigma}_-) \cos(\omega_{\text{cav}}t). \quad (57)$$

To solve the dynamics of the atom, we will first consider the case of no interaction: $g\bar{e} = 0$. The full Hamiltonian is simply $\hat{H} = \frac{1}{2}\hbar\omega_q\hat{\sigma}_z$, and we can use the Schrödinger equation

$$i\hbar \frac{d}{dt}|\psi(t)\rangle = \hat{H}|\psi(t)\rangle = \frac{1}{2}\hbar\omega_q\hat{\sigma}_z|\psi\rangle. \quad (58)$$

We will use the following template for the wave function

$$|\psi(t)\rangle = c_e(t)|e\rangle + c_g(t)|g\rangle. \quad (59)$$

We will also use the relations:

$$\frac{d}{dt}|\psi(t)\rangle = \dot{c}_e(t)|e\rangle + \dot{c}_g(t)|g\rangle, \quad (60)$$

$$\hat{\sigma}_z|e\rangle = |e\rangle, \quad \hat{\sigma}_z|g\rangle = -|g\rangle. \quad (61)$$

Collecting everything together,

$$\dot{c}_e(t)|e\rangle + \dot{c}_g(t)|g\rangle = \frac{1}{i\hbar} \cdot \frac{1}{2} \hbar \omega_q \left[c_e(t)|e\rangle - c_g(t)|g\rangle \right] = -i \frac{\omega_q}{2} [c_e(t)|e\rangle - c_g(t)|g\rangle]. \quad (62)$$

The vectors $|g\rangle$ and $|e\rangle$ form the basis, so we now collect the coefficients at this vectors in each side of the equation. Equivalently, we can multiply this equation by $\langle e|$ or $\langle g|$ which will eliminate the terms with, respectively, $|g\rangle$ or $|e\rangle$. So, after collecting the terms proportional to the basis vectors,

$$\dot{c}_e(t) = -i c_e(t) \omega_q / 2, \quad \dot{c}_g(t) = +i c_g(t) \omega_q / 2. \quad (63)$$

This has the solution

$$c_e(t) = c_e(0) e^{-i \omega_q t / 2}, \quad c_g(t) = c_g(0) e^{i \omega_q t / 2}. \quad (64)$$

So the wave-function of the atom evolves as

$$|\psi(t)\rangle = c_e(0) e^{-i \omega_q t / 2} |e\rangle + c_g(0) e^{i \omega_q t / 2} |g\rangle. \quad (65)$$

The initial values of the coefficients $c_{e,g}(0)$ can be determined from the initial condition $|\psi(0)\rangle$.

Note, that in the solution (65), the probabilities to be in the excited/ground state do not change in time:

$$P_k(t) = |\langle k | \psi(t) \rangle|^2 = |c_k(t)|^2, \text{ for } k = e, g. \quad (66)$$

Now, to consider the model including the interaction, we will use the template

$$|\psi(t)\rangle = c_e(t) e^{-i \omega_q t / 2} |e\rangle + c_g(t) e^{i \omega_q t / 2} |g\rangle. \quad (67)$$

Note that it is derived from Eq. (65) by replacing $c_{e,g}(0) \mapsto c_{e,g}(t)$. We will substitute this template into the Schrödinger equation

$$\frac{d}{dt} |\psi(t)\rangle = \frac{1}{i\hbar} \left[\frac{1}{2} \hbar \omega_q \hat{\sigma}_z + \hbar \epsilon (\hat{\sigma}_+ + \hat{\sigma}_-) \cos(\omega_{\text{cav}} t) \right] |\psi(t)\rangle. \quad (68)$$

Now, we compute:

$$\frac{d}{dt} |\psi(t)\rangle = \left(\dot{c}_e(t) - \frac{i \omega_q}{2} c_e(t) \right) e^{-i \omega_q t / 2} |e\rangle + \left(\dot{c}_g(t) + \frac{i \omega_q}{2} c_g(t) \right) e^{i \omega_q t / 2} |g\rangle, \quad (69)$$

$$\frac{1}{i\hbar} \frac{1}{2} \hbar \omega_q \hat{\sigma}_z |\psi(t)\rangle = -i \frac{\omega_q}{2} [c_e(t) e^{-i \omega_q t / 2} |e\rangle - c_g(t) e^{i \omega_q t / 2} |g\rangle], \quad (70)$$

$$\frac{1}{i\hbar} \cdot \hbar \epsilon (\hat{\sigma}_+ + \hat{\sigma}_-) |\psi(t)\rangle = -i \epsilon [c_g(t) e^{i \omega_q t / 2} |e\rangle + c_e(t) e^{-i \omega_q t / 2} |g\rangle]. \quad (71)$$

In the last line, we skipped $\cos(\omega_{\text{cav}} t)$ on both sides for brevity.

Now, collecting everything together, we note that the terms with $c_{e,g}$ in Eqs. (69) and (70) cancel each other. The Schrödinger equation then reads

$$\dot{c}_e(t) e^{-i \omega_q t / 2} |e\rangle + \dot{c}_g(t) e^{i \omega_q t / 2} |g\rangle = -i \epsilon \cos(\omega_{\text{cav}} t) [c_g(t) e^{i \omega_q t / 2} |e\rangle + c_e(t) e^{-i \omega_q t / 2} |g\rangle]. \quad (72)$$

To simplify this equation a bit, we multiply both sides by $e^{-i \omega_q t / 2}$:

$$\dot{c}_e(t) e^{-i \omega_q t} |e\rangle + \dot{c}_g(t) |g\rangle = -i \epsilon \cos(\omega_{\text{cav}} t) [c_g(t) |e\rangle + c_e(t) e^{-i \omega_q t} |g\rangle], \quad (73)$$

Now, as previously, we collect the terms at $|e\rangle$ and $|g\rangle$, which gives us the equations

$$\dot{c}_e(t) e^{-i \omega_q t} = -i \epsilon \cos(\omega_{\text{cav}} t) c_g(t) \quad (74)$$

$$\dot{c}_g(t) = -i \epsilon \cos(\omega_{\text{cav}} t) c_e(t) e^{-i \omega_q t}. \quad (75)$$

At this point, we expand the cosine as $\cos x = (e^{ix} + e^{-ix})/2$, and rewrite the equations as

$$\dot{c}_e(t) = -i\epsilon c_g(t) [e^{-i(\omega_{cav}-\omega_q)t} + e^{i(\omega_{cav}+\omega_q)t}] \approx -i\epsilon c_g(t) e^{-i\delta t}, \quad (76)$$

$$\dot{c}_g(t) = -i\epsilon c_e(t) [e^{i(\omega_{cav}-\omega_q)t} + e^{-i(\omega_{cav}+\omega_q)t}] \approx -i\epsilon c_e(t) e^{i\delta t}, \quad (77)$$

where we introduced the detuning $\delta = \omega_{cav} - \omega_q$, and used the so-called *Rotating wave approximation (RWA)* to write the approximate expressions on the right-hand side. For the approximation, we ignore the fast terms $\propto e^{i(\omega_{cav}+\omega_q)t}$ and keep only the slow terms $\propto e^{i(\omega_{cav}-\omega_q)t}$.

For the further simplification, we want to get rid of the explicit time dependence in the equations, so we guess the substitution

$$c_e(t) = a(t) e^{-i\delta t/2}, \quad c_g(t) = b(t) e^{i\delta t/2}, \quad (78)$$

where a, b are some complex-valued functions of time. From this follows

$$\dot{c}_e(t) = (\dot{a}(t) - i\delta a(t)/2) e^{-i\delta t/2}, \quad \dot{c}_g(t) = (\dot{b}(t) + i\delta b(t)/2) e^{-i\delta t/2}. \quad (79)$$

Substituting these into the previous equations:

$$(\dot{a}(t) - i\delta a(t)/2) e^{-i\delta t/2} = -i\epsilon b(t) e^{-i\delta t/2}, \quad (80)$$

$$(\dot{b}(t) + i\delta b(t)/2) e^{i\delta t/2} = -i\epsilon a(t) e^{i\delta t/2}, \quad (81)$$

so the time-dependent exponentials vanish. At this point we also introduce the notation for the so-called *Rabi frequency*

$$\Omega_R = 2\epsilon = \frac{d \cdot E}{\hbar}. \quad (82)$$

Remember that ϵ was derived from the energy of the two-level atom in the field, as a product of the atom's dipole moment times the field amplitude. If we carefully followed the definitions, we'd arrived to the text-book definition of the Rabi frequency which is written above.

Again, equations of motion

$$\dot{a}(t) = i\frac{\delta}{2} a(t) - i\frac{\Omega_R}{2} b(t), \quad (83)$$

$$\dot{b}(t) = -i\frac{\Omega_R}{2} a(t) - i\frac{\delta}{2} b(t), \quad (84)$$

or in matrix form

$$\frac{d}{dt} \mathbf{r}(t) \equiv \frac{d}{dt} \begin{pmatrix} a(t) \\ b(t) \end{pmatrix} = \frac{i}{2} \begin{pmatrix} \delta & -\Omega_R \\ -\Omega_R & -\delta \end{pmatrix} \begin{pmatrix} a(t) \\ b(t) \end{pmatrix} \equiv iA \mathbf{r}, \quad (85)$$

where

$$\mathbf{r}(t) = (a(t), b(t))^T, \quad A = \frac{1}{2} \begin{pmatrix} \delta & -\Omega_R \\ -\Omega_R & -\delta \end{pmatrix} \quad (86)$$

We are searching for the solution in the form $\mathbf{r}(t) = (a(t), b(t))^T = (a_0, b_0) e^{i\lambda t}$, correspondingly $\dot{\mathbf{r}}(t) = i\lambda \mathbf{r}(t)$, therefore,

$$i\lambda \mathbf{r} = iA \mathbf{r} \quad \implies A - \lambda I = 0 \quad \implies \det(A - \lambda I) = 0. \quad (87)$$

This gives us the equation for the frequencies λ :

$$\det(A - \lambda I) = \left(\frac{\delta}{2} - \lambda\right) \left(-\frac{\delta}{2} - \lambda\right) - \left(\frac{\Omega_R}{2}\right)^2 = \lambda^2 - \left(\frac{\delta}{2}\right)^2 - \left(\frac{\Omega_R}{2}\right)^2 = 0. \quad (88)$$

Finally,

$$\lambda_{1,2} = \pm \frac{\Omega}{2} = \pm \frac{1}{2} \sqrt{\delta^2 + \Omega_R^2}. \quad (89)$$

and $a(t) = a_1 e^{i\Omega t/2} + a_2 e^{-i\Omega t/2}$ (same for $b(t)$). Then,

$$c_e(t) = [a_1 e^{i\Omega t/2} + a_2 e^{-i\Omega t/2}] e^{-i\delta t/2}, \quad (90)$$

$$c_g(t) = [b_1 e^{i\Omega t/2} + b_2 e^{-i\Omega t/2}] e^{+i\delta t/2}. \quad (91)$$

The coefficients $a_{1,2}$ and $b_{1,2}$ are determined from the initial conditions:

$$a_1 = \frac{1}{2\Omega} [(\Omega + \delta)c_e(0) + \Omega_R c_g(0)], \quad a_2 = \frac{1}{2\Omega} [(\Omega - \delta)c_e(0) - \Omega_R c_g(0)], \quad (92)$$

$$b_1 = \frac{1}{2\Omega} [(\Omega - \delta)c_g(0) + \Omega_R c_e(0)], \quad b_2 = \frac{1}{2\Omega} [(\Omega + \delta)c_g(0) - \Omega_R c_e(0)]. \quad (93)$$

At this point I'm copying the text-book by Scully & Zubairy "Quantum Optics".

One important quantity is the *inversion*, which equals the probability for the atom to be in the excited state minus the probability to be in the ground state, that is

$$W(t) = |c_e(t)|^2 - |c_g(t)|^2 = \frac{\delta^2 - \Omega_R^2}{\Omega^2} \sin^2\left(\frac{\Omega t}{2}\right) + \cos^2\left(\frac{\Omega t}{2}\right). \quad (94)$$

A simpler solution can be written when the atom is initially in the ground state: $c_g(0) = 1$, $c_e(0) = 0$. In this case the solutions for $c_{e,g}$ are simplified. In particular,

$$c_e(t) = \frac{\Omega_R}{2\Omega} (e^{i\Omega t/2} - e^{-i\Omega t/2}) = i \frac{\Omega_R}{\Omega} \sin\left(\frac{\Omega t}{2}\right). \quad (95)$$

The probability of the atom to be in the excited state equals

$$P_e(t) = |c_e(t)|^2 = \frac{\Omega_R^2}{\Omega_R^2 + \delta^2} \sin^2\left(\frac{\Omega t}{2}\right). \quad (96)$$

Some sources call $\frac{\Omega}{2}$ the *Rabi frequency*.

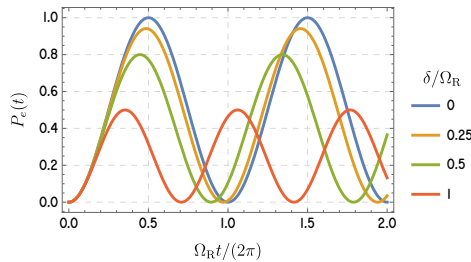


Figure 5: Rabi oscillations of the excited level population as a function of time, for different values of the detuning δ .

The oscillatory dependence of the inversion and of the excited state population P_e on time is called *Rabi oscillations*. Its example is illustrated in Fig. 5. Note that the Rabi oscillations in this form require driving.

2.4. Atom-light interaction: Jaynes-Cummings model

The Jaynes-Cummings model starts from the Hamiltonian Eq. (55) keeping the quantum treatment for both light and the atom.

$$\hat{H}_{A-L} = \hbar\omega_{\text{cav}}\hat{a}^\dagger\hat{a} + \frac{1}{2}\hbar\omega_q\hat{\sigma}_z + \hbar g(\hat{\sigma}_+ + \hat{\sigma}_-)(\hat{a}^\dagger + \hat{a}). \quad (97)$$

For a simplification, we will go to the *rotating frame* defined by the two terms in the Hamiltonian. Practically, this means that we remove these first two terms from the Hamiltonian, and in what remains, we substitute the operators with their solutions corresponding to the removed terms. For example, if there was no coupling ($g = 0$), for the light we'd have

$$\hat{H} = \hbar\omega_{\text{cav}}\hat{a}^\dagger\hat{a} \quad \Rightarrow \quad \hat{a} = -i\omega_{\text{cav}}\hat{a} \quad \Rightarrow \quad \hat{a}(t) = \hat{a}_0 e^{-i\omega_{\text{cav}}t}. \quad (98)$$

Going to rotating frame is equivalent to introducing a new operator $\hat{a}'(t) = \hat{a}_0$, so that $\hat{a}(t) = \hat{a}'(t)e^{-i\omega_{\text{cav}}t}$. Similarly,

$$\hat{\sigma}_+(t) = \hat{\sigma}'_+(t)e^{i\omega_q t}, \quad \hat{\sigma}_-(t) = \hat{\sigma}'_-(t)e^{-i\omega_q t}. \quad (99)$$

Substituting this into the atom-light Hamiltonian, we obtain

$$\hat{H}' = \hbar g(\hat{\sigma}'_+ e^{i\omega_q t} + \hat{\sigma}'_- e^{-i\omega_q t})(\hat{a}'^\dagger e^{i\omega_{\text{cav}}t} + \hat{a}' e^{-i\omega_{\text{cav}}t}). \quad (100)$$

If we expand the brackets, we'd have four terms proportional to $e^{\pm i(\omega_{\text{cav}} \pm \omega_q)t}$. Of these terms we keep only the slowly oscillating ones, that is, those with $e^{\pm i(\omega_{\text{cav}} - \omega_q)t}$. This is called the *Rotating wave approximation (RWA)* (not to be confused with going to *rotating frame*). Denoting $\delta = \omega_{\text{cav}} - \omega_q$, and removing primes ($a' \mapsto a$), we can write the Jaynes-Cummings Hamiltonian:

$$\hat{H}_{\text{JC}} = \hbar g(\hat{\sigma}_+ \hat{a} e^{-i(\omega_{\text{cav}} - \omega_q)t} + \hat{\sigma}_- \hat{a}^\dagger e^{i(\omega_{\text{cav}} - \omega_q)t}) \stackrel{\delta=0}{=} \hbar g(\hat{\sigma}_+ \hat{a} + \hat{\sigma}_- \hat{a}^\dagger). \quad (101)$$

The resonant case $\delta = 0$ is much simpler than the general case, so we will consider it now.

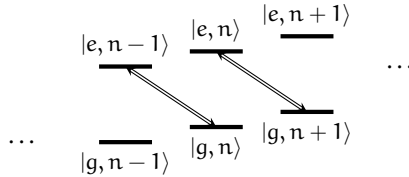


Figure 6: Schematic of some energy levels for the Jaynes-Cummings model. e, g are the excited and ground states of the bare atom, $|n\rangle$ are the Fock states of the field. Possible transitions shown by lines with arrows. Note that the scheme continues to the right infinitely, and to the left until the ground state $|0\rangle$ of the field is reached.

Note that in the Hamiltonian \hat{H}_{JC} , the total number of excitations is preserved. That is, the term $\hat{\sigma}_+ \hat{a}$ creates an excitation of the atom and annihilates a photon. The term $\hat{\sigma}_- \hat{a}^\dagger$ creates a photon by annihilating an excitation of the atom. So the Hamiltonian can enable transitions $|e\rangle|n\rangle \leftrightarrow |g\rangle|n+1\rangle$. The scheme of energy levels and possible transitions is visualized in Fig. 6.

The atom has two basis states, $|g\rangle$ and $|e\rangle$. The field has infinitely many basis states, the Fock states with k photons: $|k\rangle$ with $k = 0, 1, 2, \dots$. The system "atom+field" has the basis formed by the *outer product* of the basis states of the subsystems. We denote these product states as e.g. $|g\rangle|k\rangle$, or for simplicity $|g, k\rangle$ for the state in which the atom is in the ground state and the field has k photons.

To solve the dynamics of the system, it is natural to expand the wave-function in the basis of the states $|e/g, k\rangle$

$$|\psi(t)\rangle = \sum_{k=0}^{\infty} \left[c_k^{(e)}(t) |e, k\rangle + c_k^{(g)}(t) |g, k\rangle \right], \quad (102)$$

and substitute it into the Schrödinger equation, as we did for the Rabi model. This time, there are many more coefficients c , however, due to the structure of the possible transitions $|e, n\rangle \leftrightarrow |g, n+1\rangle$, the equations for different coefficients will be split into uncoupled pairs of coupled equations. For example,

$$\begin{aligned} i\hbar \left(\dots + \dot{c}_k^{(e)} |e, k\rangle + \dot{c}_{k+1}^{(g)} |g, k+1\rangle + \dots \right) &= \hbar g \left(\dots + c_k^{(e)} \hat{\sigma}_- \hat{a}^\dagger |e, k\rangle + c_{k+1}^{(g)} \hat{\sigma}_+ \hat{a} |g, k+1\rangle + \dots \right) \\ &= \hbar g \left(\dots + c_k^{(e)} \sqrt{k+1} |g, k+1\rangle + c_{k+1}^{(g)} \sqrt{k+1} |e, k\rangle + \dots \right). \end{aligned} \quad (103)$$

It is possible to show that there will be no other terms proportional to $|e, k\rangle$ and $|g, k+1\rangle$ in the Schrödinger equation. Therefore, for this pair of coefficients we have the equations

$$\dot{c}_k^{(e)} = -ig\sqrt{k+1} c_{k+1}^{(g)} = -i\lambda c_{k+1}^{(g)}, \quad (104)$$

$$\dot{c}_{k+1}^{(g)} = -ig\sqrt{k+1} c_k^{(e)} = -i\lambda c_k^{(e)}, \quad (105)$$

where we denoted $\lambda = g\sqrt{k+1}$.

We take the derivative of the first equation above:

$$\ddot{c}_k^{(e)} = -i\lambda(\dot{c}_{k+1}^{(g)}) = -i\lambda(-i\lambda c_k^{(e)}) = -\lambda^2 c_k^{(e)}. \quad (106)$$

This is the classical equation of a harmonic oscillator, so we can immediately write the solution

$$c_k^{(e)}(t) = c_k^{(e)}(0) \cos(\lambda t) - i c_{k+1}^{(g)}(0) \sin(\lambda t), \quad (107)$$

$$c_{k+1}^{(g)}(t) = c_{k+1}^{(g)}(0) \cos(\lambda t) - i c_k^{(e)}(0) \sin(\lambda t). \quad (108)$$

The solution shows that the levels $|e, k\rangle \leftrightarrow |g, k+1\rangle$ exchange the population at rate λ :

$$\lambda(k) = g\sqrt{k+1}. \quad (109)$$

This quantity is sometimes called *quantum electrodynamic Rabi frequency*. It is important to note that it depends on the number of photons k in the field.

Importantly, the solution for the coefficients c is true for all k . In particular, we can consider a simple case when initially the atom is in the excited state, and the field has no photons. The initial state of the system is thus

$$|\psi(0)\rangle = |e, 0\rangle, \quad (110)$$

and all the coefficients in the expansion (102) are zero, except

$$c_0^{(e)} = 1. \quad (111)$$

Therefore, the solution for the other coefficients will be

$$c_0^{(e)}(t) = \cos(\lambda t), \quad c_1^{(g)}(t) = -i \sin(\lambda t). \quad (112)$$

In this case, we will see a single excitation being transferred following the harmonic law, between the atom and the field: the initial excitation of the atom, after $t = \pi/(2\lambda)$ will become a photon, and so on.

2.5. Open quantum systems: General notes

The usual approach to open quantum systems is as follows (see Fig. 7). The system in consideration is extended to include not only the studied system itself (“System”), but also its environment (“Bath”) with which the system interacts in an attempt to get the solution for the compound system. Normally some assumptions are made about the environment and the type of the system-bath interaction to simplify the solutions. Afterwards, the environment is traced out to obtain the effective equations for the system of interest. This tracing out can involve e.g. taking the average over the bath variables or something similar, and depends on the approach.

The two common approaches to open systems are

- Heisenberg-Langevin equations of motion
- master equations (Lindblad, Bloch-Redfield, ...)

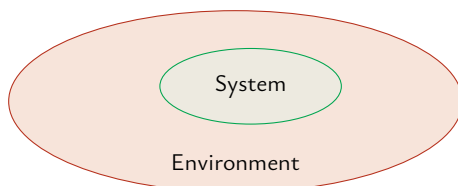


Figure 7: Illustration of an open system being embedded into a larger system (environment).

Appendices

A. Harmonic oscillator

Harmonic oscillator (HO) is a system with the Hamiltonian that equals

$$\hat{H}_{\text{HO}} = \hbar\omega(\hat{a}^\dagger\hat{a} + 1/2) \equiv \hbar\omega(\hat{n} + 1/2), \quad (113)$$

where ω is the frequency of the oscillator, \hat{a} is the *annihilation* operator, \hat{a}^\dagger is the *creation* operator, \hat{n} is the *photon-number* operator. The operators \hat{a} , \hat{a}^\dagger are sometimes called the *ladder* operators or *bosonic* operators. These operators satisfy the *fundamental/canonical commutation relation*

$$[\hat{a}, \hat{a}^\dagger] = 1. \quad (114)$$

Energy levels of the HO are called *Fock* states:

$$\hat{H}_{\text{HO}}|k\rangle = E_k|k\rangle = \hbar\omega(k + 1/2)|k\rangle, \quad \text{for } k = 0, 1, 2, \dots \quad (115)$$

Operators \hat{a} , \hat{a}^\dagger perform jumps between the levels:

$$\hat{a}|k\rangle = \sqrt{k}|k-1\rangle, \quad \hat{a}^\dagger|k-1\rangle = \sqrt{k}|k\rangle. \quad (116)$$

Note that $\hat{a}|0\rangle = 0$.

It is convenient to introduce the *quadrature* operators:

$$\hat{q} = \hat{a} + \hat{a}^\dagger, \quad \hat{p} = (\hat{a} - \hat{a}^\dagger)/i. \quad (117)$$

These operators satisfy the following canonical commutation relation: $[\hat{q}, \hat{p}] = 2i$.

It is convenient to describe HO with their Wigner function. For a Gaussian state with the vector of means μ and covariance matrix \mathbb{V} , the Wigner function reads

$$W_G(q, p; \mu, \mathbb{V}) = \frac{1}{2\pi\sqrt{\det \mathbb{V}}} \exp\left[-\frac{1}{2}\mathbf{d}^T \mathbb{V}^{-1} \mathbf{d}\right], \quad (118)$$

where \mathbf{d} is the vector of deviations from the mean values:

$$\mathbf{d} = \begin{pmatrix} q - \langle \hat{q} \rangle \\ p - \langle \hat{p} \rangle \end{pmatrix} = \begin{pmatrix} q \\ p \end{pmatrix} - \mu. \quad (119)$$

B. Two-level system

Two-level system, equivalently, a qubit, is a quantum system that has two basis states or energy levels. Normally, they are denoted $|e\rangle$ and $|g\rangle$ or $|\uparrow\rangle$ and $|\downarrow\rangle$. The associated energies are E_e and E_g . The Hamiltonian reads in the basis of energy levels:

$$\hat{H} = E_e|e\rangle\langle e| + E_g|g\rangle\langle g| \equiv E_e \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix} + E_g \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix} = \begin{pmatrix} E_e & 0 \\ 0 & E_g \end{pmatrix}, \quad (120)$$

where we just wrote explicitly the projector operators in the matrix form. Energy levels are eigenstates of the Hamiltonian, so in the basis of its eigenstates, the operator is diagonal. The entries on the main diagonal in this basis are the eigenvalues.

We can rewrite the Hamiltonian as

$$\begin{aligned}\hat{H} &= \begin{pmatrix} E_e & 0 \\ 0 & E_g \end{pmatrix} = \begin{pmatrix} \frac{1}{2}[E_e - E_g] + \frac{1}{2}[E_e + E_g] & 0 \\ 0 & \frac{1}{2}[E_g - E_e] + \frac{1}{2}[E_g + E_e] \end{pmatrix} \\ &= \frac{1}{2}(E_e - E_g) \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} + \frac{1}{2}(E_e + E_g) \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} = \frac{1}{2}(E_e - E_g)\sigma_z + \frac{1}{2}(E_e + E_g)\mathbb{1}. \quad (121)\end{aligned}$$

Where we used e.g.

$$E_e = \frac{1}{2}E_e + \frac{1}{2}E_e + \frac{1}{2}E_g - \frac{1}{2}E_g = \frac{1}{2}(E_e - E_g) + \frac{1}{2}(E_e + E_g). \quad (122)$$

Note that in Eq. (121) the last term is proportional to the identity operator. The identity commutes with everything, therefore, it will have no effect on any equations of motion and consequently, no effect on the quantum dynamics at all. Therefore, we can safely ignore it. The only remaining term is proportional to σ_z :

$$\hat{H} = \frac{1}{2}(E_e - E_g)\sigma_z = \frac{1}{2}\hbar\omega_q\sigma_z, \quad (123)$$

where we define the transition frequency between the two levels as $\omega_q = (E_e - E_g)/\hbar$.