

BEST WAYS TO FIND INTERNSHIPS

1. Contact Literally Anyone You Know
 - a. One of the most effective ways to get an internship and boost your college application is to reach out to personal connections. You should reach out to family members, friends, teachers, and coaches. These connections could have contacts or know of really good opportunities that aren't found anywhere else.
2. LinkedIn Search
 - a. LinkedIn is a really good platform that gives out a ton of internship listings. You can search for any specific type of internship on the search bar or you can just click on the "Jobs" tab and find specific internships that are tailored to match your interests and past experiences.
3. Contact Labs Directly
 - a. Many labs have a contact email that you may reach out to. You can use our cold email template in the Discord server to ask the lab to intern with them. Many labs would be open to hosting a motivated student that is willing to learn and to pursue their passion.
4. Use School Resources
 - a. You can schedule a meeting with your guidance counselor to ask them about specific internships that are available locally. Usually, guidance counselors would know a bunch of different internships that you could participate in. Don't be afraid to contact your guidance counselor, as they are there to help students.