

Chapter 18

Disaster Recovery Planning

THE CISSP TOPICS COVERED IN THIS CHAPTER INCLUDE:

✓ Domain 6.0: Security Assessment and Testing

- 6.3 Collect security process data (e.g., technical and administrative)
 - 6.3.5 Training and awareness
 - 6.3.6 Disaster recovery (DR) and Business Continuity (BC)

✓ Domain 7.0: Security Operations

- 7.10 Implement recovery strategies
 - 7.10.1 Backup storage strategies (e.g., cloud storage, onsite, offsite)
 - 7.10.2 Recovery site strategies (e.g., cold versus hot, resource capacity agreements)
 - 7.10.3 Multiple processing sites
 - 7.10.4 System resilience, high availability (HA), Quality of Service (QoS), and fault tolerance
- 7.11 Implement disaster recovery (DR) processes
 - 7.11.1 Response
 - 7.11.2 Personnel
 - 7.11.3 Communications (i.e., methods)
 - 7.11.4 Assessment
 - 7.11.5 Restoration
 - 7.11.6 Training and awareness
 - 7.11.7 Lessons learned
- 7.12 Test disaster recovery plan (DRP)
 - 7.12.1 Read-through/tabletop
 - 7.12.2 Walkthrough

- 7.12.3 Simulation
- 7.12.4 Parallel
- 7.12.5 Full interruption
- 7.12.6 Communications (e.g., stakeholders, test status, regulators)

In [Chapter 3](#), “Business Continuity Planning,” you learned the essential elements of business continuity planning (BCP)—the art of helping your organization assess priorities and design resilient processes that will allow continued operations in the event of a disaster.

Disaster recovery planning (DRP) is the technical complement to the business-focused BCP exercise. It includes the technical controls that prevent disruptions and facilitate the restoration of service as quickly as possible after a disruption occurs.

Together, the disaster recovery and business continuity plans kick in and guide the actions of emergency-response personnel until the end goal is reached—which is to see the business restored to full operating capacity in its primary operations facilities.

While reading this chapter, you may notice many areas of overlap between the BCP and DRP processes. Our discussion of specific disasters provides information on how to handle them from both BCP and DRP points of view. Although the ISC2 CISSP objectives draw a distinction between these two areas, most organizations simply have a single team to address both business continuity and disaster recovery concerns. In many organizations, the discipline known as business continuity management (BCM) encompasses BCP, DRP, and crisis management under a single umbrella.

The Nature of Disaster

Disaster recovery planning brings order to the chaos that surrounds the interruption of an organization's normal activities. By its very nature, a *disaster recovery plan* is designed to cover situations where tensions are already high and cooler heads may not naturally

prevail. Picture the circumstances in which you might find it necessary to implement DRP measures—a hurricane destroys your main operations facility; a fire devastates your main processing center; terrorist activity closes off access to a major metropolitan area. Any event that stops, prevents, or interrupts an organization's ability to perform its work tasks (or threatens to do so) is considered a disaster. The moment that IT becomes unable to support mission-critical processes is the moment DRP kicks in to manage the restoration and recovery procedures.

A disaster recovery plan should be set up so that it can almost run on autopilot. The DRP should also be designed to reduce decision-making activities during a disaster as much as possible. Essential personnel should be well trained in their duties and responsibilities in the wake of a disaster and also know the steps they need to take to get the organization up and running as soon as possible. We'll begin by analyzing some of the possible disasters that might strike your organization and the particular threats that they pose. Many of these were mentioned in [Chapter 3](#), but we'll now explore them in further detail.

To plan for natural and unnatural disasters in the workplace, you must first understand their various forms, as explained in the following sections.

Natural Disasters

Natural disasters reflect the occasional fury of our habitat—violent occurrences that result from changes in the earth's surface or atmosphere that are beyond human control. In some cases, such as hurricanes, scientists have developed sophisticated predictive models that provide ample warning before a disaster strikes. Others, such as earthquakes, can cause devastation at a moment's notice. A disaster recovery plan should provide mechanisms for responding to both types of disasters, either with a gradual buildup of response forces or as an immediate reaction to a rapidly emerging crisis.

Earthquakes

Earthquakes are caused by the shifting of seismic plates and can occur almost anywhere in the world without warning. However, they

are far more likely to occur along known fault lines that exist in many areas of the world. A well-known example is the San Andreas Fault, which poses a significant risk to portions of the western United States. If you live in a region along a fault line where earthquakes are likely, your DRP should address the procedures your business will implement should a seismic event interrupt your normal activities.

You might be surprised by some of the regions of the world where earthquakes are considered possible. The U.S. Geological Survey considers the following states to have the highest earthquake hazard risk, with Alaska, California, and Hawaii having a higher hazard risk:

- Alaska
- Arkansas
- California
- Hawaii
- Idaho
- Illinois
- Kentucky
- Missouri
- Montana
- Nevada
- Oregon
- South Carolina
- Tennessee
- Utah
- Washington
- Wyoming

However, it is extremely important to recognize that seismic risk is not uniform across a state. [Figure 18.1](#) provides a more granular seismic risk map. If you examine this map, you'll discover that some areas in these high-risk states actually have very low localized risk,

whereas there are areas in almost every state where earthquake risk is significant.

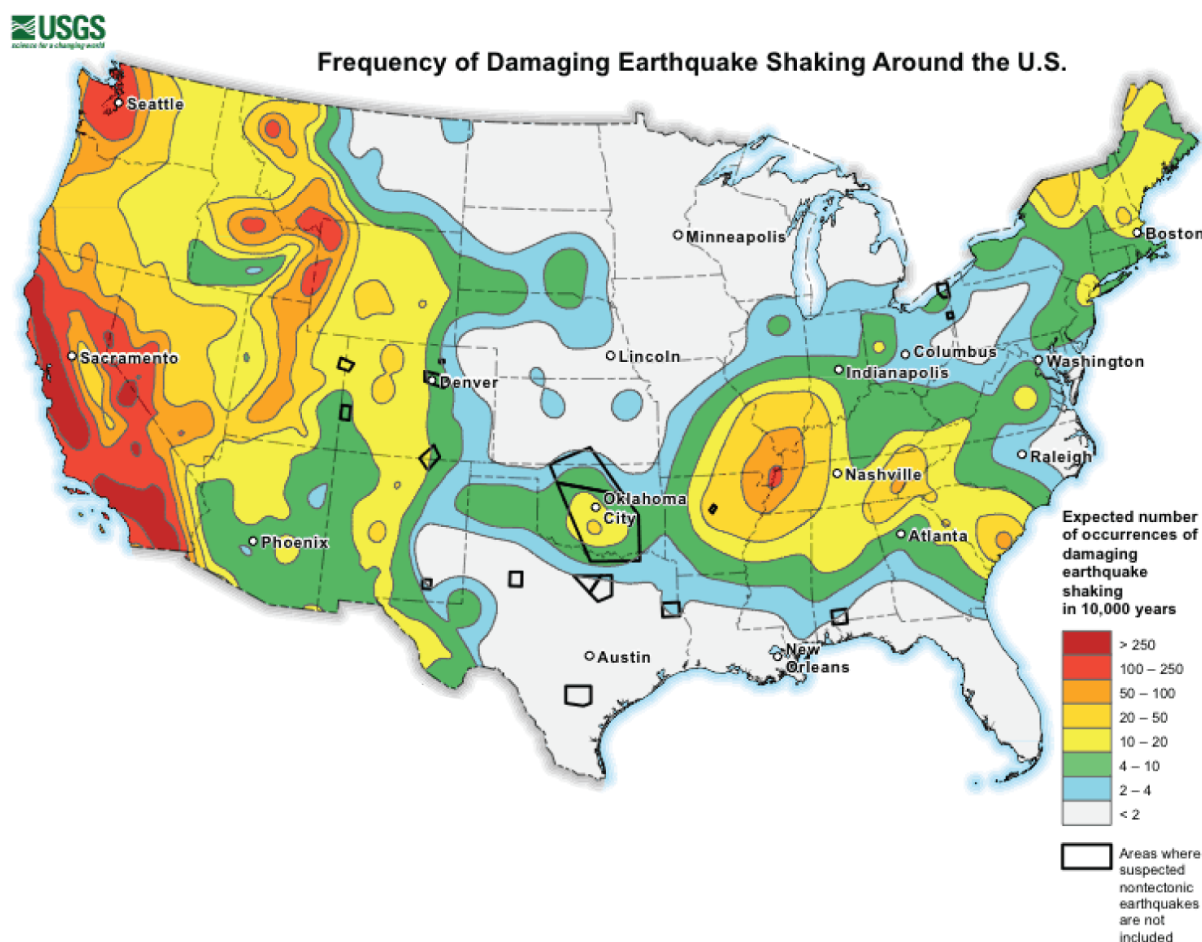


FIGURE 18.1 Seismic hazard map

Source: U.S. Geological Survey / Public Domain.

Floods

Flooding can occur almost anywhere in the world at any time of the year. Some flooding results from the gradual accumulation of rainwater in rivers, lakes, and other bodies of water that then overflow their banks and flood the community. Other floods, known as *flash floods*, strike when a sudden severe storm dumps more rainwater on an area than the ground can absorb in a short period of time. Floods can also occur when dams are breached. Large waves caused by seismic activity, or *tsunamis*, combine the awesome power and weight of water with flooding, as we saw during the 2011

tsunami in Japan. This tsunami amply demonstrated the enormous destructive capabilities of water and the havoc it can wreak on various businesses and economies when it triggered an unprecedented nuclear disaster at Fukushima.

According to government statistics, flooding is responsible for approximately \$8 billion (that's billion with a *B*) in damage to businesses and homes each year in the United States. It's important that your DRP make appropriate response plans for the eventuality that a flood may strike your facilities.



When you evaluate a firm's risk of damage from flooding to develop business continuity and disaster recovery plans, it's also a good idea to check with responsible individuals and ensure that your organization has sufficient insurance in place to protect it from the financial impact of a flood. In the United States, most general business policies do not cover flood damage, and you should investigate obtaining specialized government-backed flood insurance under the Federal Emergency Management Agency's (FEMA) National Flood Insurance Program. Outside the U.S., commercial insurance providers may offer these policies.

Although flooding is theoretically possible in almost any region of the world, it is much more likely to occur in certain areas. FEMA's National Flood Insurance Program is responsible for completing a flood risk assessment for the entire United States and providing this data to citizens in graphical form. You can view flood maps at

<http://msc.fema.gov/portal>.

This site also provides valuable information on recorded earthquakes, hurricanes, windstorms, hailstorms, and other natural disasters to help you prepare your organization's risk assessment.

[Figure 18.2](#) shows a flood map for a portion of the downtown region of Miami, Florida. When viewing flood maps like the example shown in [Figure 18.2](#), you'll find that they often combine several different types of confusing terminology. First, the shading indicates the

likelihood of a flood occurring in an area. Areas shaded with the darkest color are described as falling within the *100-year floodplain*. This means that the government estimates the chance of flooding in that area are 1 in 100, or 1.0 percent. Those unshaded lie within the *500-year floodplain*, meaning that there is a 1 in 500, or 0.2 percent annual risk of flood. And those shaded more lightly lie between the 100-year floodplain and the 500-year floodplain.

These maps also contain information about the impact of a flood, measured in terms of the depth of flooding expected during a flooding event. Those are described as zones having many different letter codes, which you will not need to memorize for the CISSP exam.

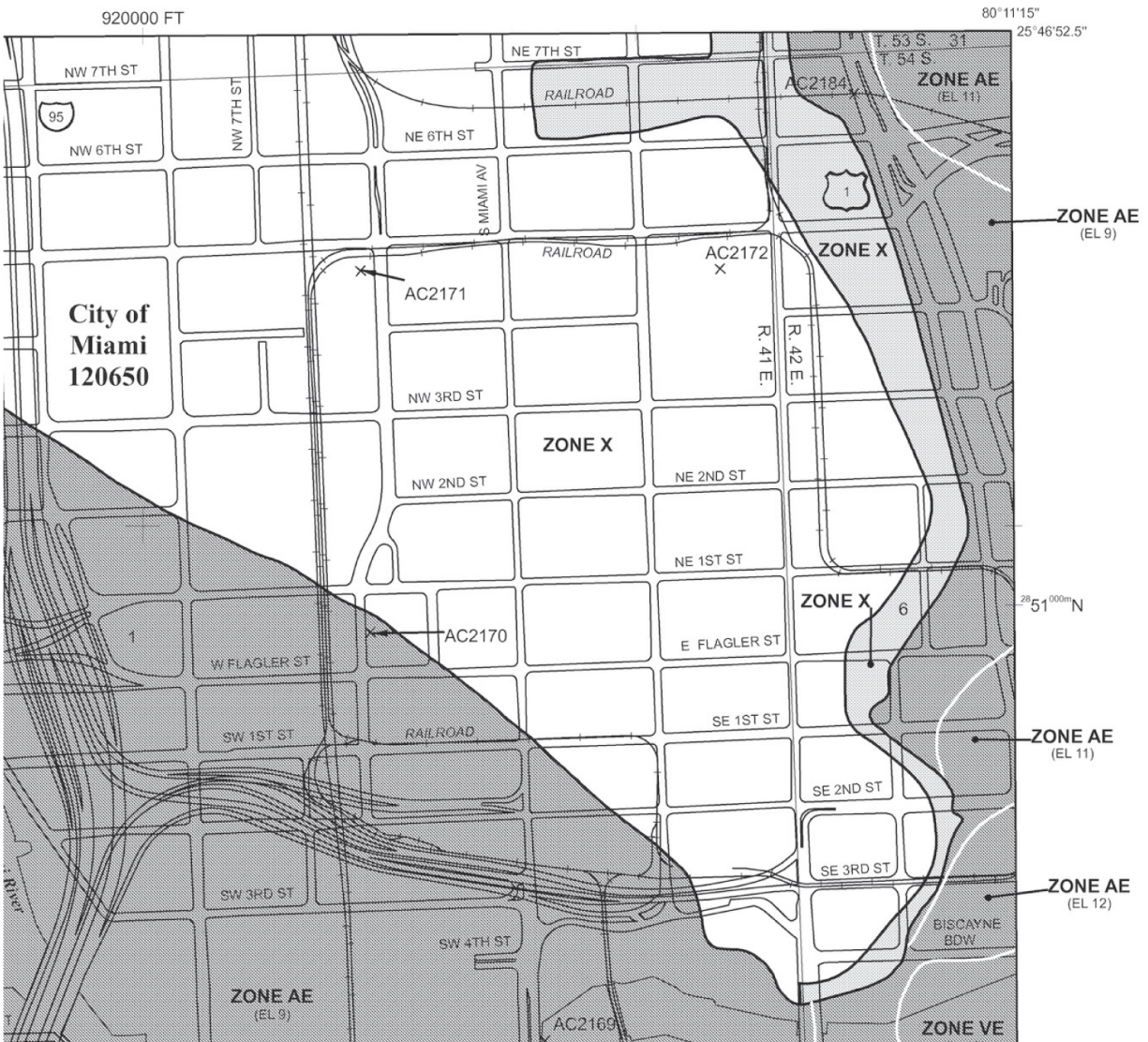


FIGURE 18.2 Flood hazard map for Miami–Dade County, Florida

For a more detailed tutorial on reading flood maps and current map information, visit www.fema.gov/sites/default/files/documents/how-to-read-flood-insurance-rate-map-tutorial.pdf.

Storms

Storms come in many forms and pose diverse risks to a business. Prolonged periods of intense rainfall bring the risk of flash flooding, as described in the previous section. Hurricanes and tornadoes come with the threat of high wind speeds that undermine the structural integrity of buildings and turn everyday objects such as trees, lawn furniture, and even vehicles into deadly missiles. Hailstorms bring a

rapid onslaught of destructive ice chunks falling from the sky. Many storms also bring the risk of lightning, which can cause severe damage to sensitive electronic components. For this reason, your business continuity plan should detail appropriate mechanisms to protect against lightning-induced damage, and your disaster recovery plan should include adequate provisions for power outages and equipment damage that might result from a lightning strike. Never underestimate the damage that a single storm can do.

In 2017, the Category 4 Atlantic hurricane Harvey marked one of the costliest, deadliest, and strongest hurricanes ever to make landfall in the continental United States. It bore a path of destruction through Texas, destroying both natural and human-made features. The total economic impact stemming from the damage Harvey caused is estimated at more than \$125 billion, and it directly resulted in 68 deaths. Storm damage continues to result in devastating costs, partially driven by inflation in building costs and partially driven by climate change. In 2022, climate and weather disasters amounted to \$165 billion.



If you live in an area susceptible to a certain type of severe storm, it's important to regularly monitor weather forecasts from responsible government agencies. For example, disaster recovery specialists in hurricane-prone areas should periodically check the website of the National Weather Service's National Hurricane Center (www.nhc.noaa.gov) during hurricane season. This website allows you to monitor Atlantic and Pacific storms that may pose a risk to your region before word about them hits the local news. This knowledge lets you begin a gradual and proactive response to the storm before time runs out.

Fires

Fires can start for a variety of reasons, both natural and human-made, but both forms can be equally devastating. During the BCP/DRP process, you should evaluate the risk of fire and

implement at least basic measures to mitigate that risk and prepare the business for recovery from a catastrophic fire in a critical facility.

Some regions of the world are susceptible to wildfires during the warm season. These fires, once started, spread in somewhat predictable patterns, and fire experts working with meteorologists can produce relatively accurate forecasts of a wildfire's potential path. It is important, of course, to remember that wildfires can behave unpredictably and require constant vigilance. In 2018, the Camp Fire in California destroyed the town of Paradise within 4 hours of ignition.

The damage caused by forest fires continues to increase, driven by climate change. In 2020, the state of California experienced over 9,600 fires burning over 4.3 million acres of the state. To put that in context, 4 percent of the land area of the state of California burned in a single year. In 2023, a significant wildfire affected Maui, causing widespread damage and over a hundred deaths. This terrible event underscores the escalating threat of wildfires. It is a reminder of the necessity for robust fire risk assessment and preparedness as part of any comprehensive business continuity and disaster recovery planning effort.



As with many other types of large-scale natural disasters, you can obtain valuable information about impending threats on the web. In the United States, the National Interagency Fire Center posts daily fire updates and forecasts on its website: www.nifc.gov/fireInfo/nfn.htm. Other countries have similar warning systems in place.

Pandemics

Pandemics pose a significant health and safety risk to society and have the potential to disrupt business operations in a manner unlike many other disasters. Rather than causing physical damage, pandemics threaten the safety of individuals and prevent them from

gathering in large numbers, shutting down offices and other facilities.

The COVID-19 coronavirus pandemic was the most severe example to occur in the past century, but numerous other smaller outbreaks have occurred, including the SARS outbreak, avian flu, and swine flu. Major outbreaks like COVID-19 may be infrequent, but the severity of this risk requires careful planning, including building contingency plans for how businesses will operate in a pandemic response mode and what types of insurance may or may not provide coverage in response to a pandemic.

Other Natural Events

Some regions of the world are prone to localized types of natural disasters. During the BCP/DRP process, your assessment team should analyze all of your organization's operating locations and gauge the impact that such events might have on your business. For example, many parts of the world are subject to volcanic eruptions. If you conduct operations in an area in close proximity to an active or dormant volcano, your DRP should probably address this eventuality. Other localized natural occurrences include monsoons in Asia, tsunamis in the South Pacific, avalanches in mountainous regions, and mudslides in the western United States.

If your business is geographically diverse, it is prudent to include local emergency response experts on your planning team. At the very least, make use of local resources such as government emergency preparedness teams, civil defense organizations, and insurance claim offices to help guide your efforts. These organizations possess a wealth of knowledge and are usually more than happy to help you prepare your organization for the unexpected—after all, every organization that successfully weathers a natural disaster is one less organization that requires a portion of their valuable recovery resources after disaster strikes.

Human-Made Disasters

Our advanced civilization has become increasingly dependent on complex interactions between technological, logistical, and natural systems. The same complex interactions that make our sophisticated

society possible also present a number of potential vulnerabilities from both intentional and unintentional *human-made disasters*. In the following sections, we'll examine a few of the more common disasters to help you analyze your organization's vulnerabilities when preparing a business continuity plan and disaster recovery plan.

Fires

Earlier in the chapter, we explained how some regions of the world are susceptible to wildfires during the warm season, and these types of fires can be described as natural disasters. Many smaller-scale fires result from human action—be it carelessness, faulty electrical wiring, improper fire protection practices, arson, or other reasons. Studies from the Insurance Information Institute indicate that there are at least 1,000 building fires in the United States *every day*. If such a fire strikes your organization, do you have the proper preventive measures in place to quickly contain it? If the fire destroys your facilities, how quickly does your disaster recovery plan allow you to resume operations elsewhere?

Acts of Terrorism

Since the terrorist attacks on September 11, 2001, businesses are increasingly concerned about risks posed by terrorist threats. These attacks caused many small businesses to fail because they did not have business continuity/disaster recovery plans in place that were adequate to ensure their continued viability. Many larger businesses experienced significant losses that caused severe long-term damage. The Insurance Information Institute issued a study one year after the attacks that estimated the total damage from the attacks in New York City at \$40 billion (yes, that's with a *B* again).



General business insurance may not properly cover an organization against acts of terrorism. In years past, most policies either covered acts of terrorism or didn't mention them explicitly. After suffering catastrophic terrorism-related losses, many insurance companies responded by amending policies to exclude losses from terrorist activity. Policy riders and endorsements are sometimes available, but often at extremely high cost. If your business continuity or disaster recovery plan includes insurance as a means of financial recovery (as it probably should!), you'd be well advised to check your policies and contact your insurance professionals to ensure that you're still covered.

Terrorist acts pose a unique challenge to DRP teams because of their unpredictable nature. Prior to the September 11, 2001, terrorist attacks, few DRP teams considered the threat of an airplane crashing into their corporate headquarters significant enough to merit mitigation. Many companies are asking themselves a number of “what if” questions regarding terrorist activity. In general, these questions are healthy because they promote dialogue between business elements regarding potential threats. On the other hand, disaster recovery planners must emphasize solid risk-management principles and ensure that resources aren't overallocated to terrorist threats to the detriment of other DRP/BCP activities that protect against more likely threats.

Bombings/Explosions

Explosions can result from a variety of human-made occurrences. Explosive gases from leaks might fill a room/building and later ignite and cause a damaging blast. In many areas, bombings are also cause for concern. From a disaster planning perspective, the effects of bombings and explosions are like those caused by a large-scale fire. However, planning to avoid the impact of a bombing is much more difficult and relies on the physical security measures we covered in [Chapter 10](#), “Physical Security Requirements.”

Power Outages

Even the most basic disaster recovery plan contains provisions to deal with the threat of a short power outage. Critical business systems are often protected by uninterruptible power supply (UPS) devices to keep them running at least long enough to shut down or long enough to get emergency generators up and working. Even so, could your organization keep operating during a sustained power outage?

After Hurricane Harvey made landfall in 2017, millions of people in Texas lost power. Similar power outages occurred in 2020 in response to the California wildfires. Does your business continuity plan include provisions to keep your business viable during a prolonged period without power? If so, what is your planning horizon? Do you need enough fuel and other supplies to last for 48 hours? Seven days? Does your disaster recovery plan make ample preparations for the timely restoration of power even if the commercial power grid remains unavailable? All of these decisions should be made based on the requirements in your business continuity and disaster recovery plans.



Check your UPSs regularly. These critical devices are often overlooked until they become necessary. Many UPSs contain self-testing mechanisms that report problems automatically, but it's still a good idea to subject them to regular testing. Also, be sure to audit the number and type of devices plugged into each UPS. It's amazing how many people think it's okay to add “just one more system” to a UPS, and you don't want to be surprised when the device can't handle the load during a real power outage!

Today's technology-driven organizations depend increasingly on electric power, so your BCP/DRP team should consider provisioning alternative power sources that can run business systems for an extended period of time. An adequate backup generator could make a huge difference when the survival of your business is at stake.

Network, Utility, and Infrastructure Failures

When planners consider the impact that utility outages may have on their organizations, they naturally think first about the impact of a power outage. However, keep other utilities in mind, too. Do any of your critical business systems rely on water, sewers, natural gas, or other utilities? Also consider regional infrastructure such as highways, airports, and railroads. Any of these systems can suffer failures that might not be related to weather or other conditions described in this chapter. Many businesses depend on one or more of these infrastructure elements to move people or materials. Their failure can paralyze your business's ability to continue functioning.

You must also think about your internet connectivity as a utility service. Do you have sufficient redundancy in your connectivity options to survive or recover quickly from a disaster? If you have redundant providers, do they have any single points of failure? For example, do they both enter your building in a single fiber conduit that could be severed? If there are no alternative fiber ingress points, can you supplement a fiber connection with wireless connectivity? Do your alternate processing sites have sufficient network capacity to carry the full burden of operations in the event of a disaster?



If you quickly answered “no” to the question whether you have critical business systems that rely on water, sewers, natural gas, or other utilities, think again. Do you consider people a critical business system? If a major storm knocks out the water supply to your facilities and you need to keep those facilities up and running, can you supply your employees with enough drinking water to meet their needs?

What about your fire protection systems? If any of them are water-based, is there a holding tank system in place that contains ample water to extinguish a serious building fire if the public water system is unavailable? Fires often cause serious damage in areas ravaged by storms, earthquakes, and other disasters that might also interrupt the delivery of water.

Hardware/Software Failures

Like it or not, computer systems fail. Hardware components simply wear out and refuse to continue performing, or they suffer physical damage. Software systems contain bugs or fall prey to improper or unexpected inputs. For this reason, BCP/DRP teams must provide adequate redundancy in their systems. If zero downtime is a mandatory requirement, one solution is to use fully redundant failover servers in separate locations attached to separate communications links and infrastructures (also designed to operate in a failover mode). If one server is damaged or destroyed, the other will instantly take over the processing load. For more information on this concept, see the section “Remote Mirroring,” later in this chapter.

Because of financial constraints, it isn't always feasible to maintain fully redundant systems. In those circumstances, the BCP/DRP team should address how replacement parts can be quickly obtained and installed. As many parts as possible should be kept in a local parts inventory for quick replacement; this is especially true for hard-to-find parts that must otherwise be shipped in. After all, how many organizations could do without telephones for three days while a critical private branch exchange (PBX) component is en route from an overseas location to be installed on-site?



Real World Scenario

NYC Blackout

On August 14, 2003, the lights went out in New York City and in large areas of the northeastern and midwestern United States when a series of cascading failures caused the collapse of a major power grid.

Fortunately, security professionals in the New York area were ready. Many businesses had already updated their disaster recovery plans and took steps to ensure their continued operations in the wake of a disaster. This blackout served to test those plans, and many organizations were able to continue operating on alternate power sources or to transfer control seamlessly to off-site data-processing centers.

Although this blackout occurred at the turn of the century, the lessons learned still offer insight for BCP/DRP teams around the world today. The lessons we continue to take away today include the following:

- Ensure that alternate processing sites are far enough away from your main site that they are unlikely to be affected by the same disaster.
- Remember that threats to your organization are both internal and external. Your next disaster may come from a terrorist attack, a building fire, or malicious code running loose on your network. Take steps to ensure that your alternate sites are segregated from the main facility to protect against all of these threats.
- Disasters don't usually come with advance warning. If real-time operations are critical to your organization, be sure that your backup sites are ready to assume primary status at a moment's notice.

Strikes/Picketing

When designing your business continuity and disaster recovery plans, don't forget about the importance of the human factor in emergency planning. One form of human-made disaster that is often overlooked is the possibility of a strike or other labor crisis. If a large number of your employees walk out at the same time, what impact would that have on your business? How long would you be able to sustain operations without the regular full-time employees that staff a certain area? Your BCP and DRP teams should address these concerns and provide alternative plans should a labor crisis occur. Labor issues normally fall outside the purview of cybersecurity teams, offering a great example of an issue that should be included in a disaster recovery plan but requires input and leadership from other business functions, such as human resources and operations.

Theft/Vandalism

Earlier, we talked about the threat that terrorist activities pose to an organization. Theft and vandalism represent the same kind of threat on a much smaller scale. In most cases, however, there's a far greater chance that your organization will be affected by theft or vandalism than by a terrorist attack. The theft or destruction of a critical infrastructure component, such as scrappers stealing copper wires or vandals destroying sensors, can negatively impact critical business functions.

Insurance provides some financial protection against these events (subject to deductibles and limitations of coverage), but acts of this kind can cause serious damage to your business, on both a short-term and a long-term basis. Your business continuity and disaster recovery plans should include adequate preventive measures to control the frequency of these occurrences as well as contingency plans to mitigate the effects theft and vandalism have on ongoing operations.



Theft of infrastructure is becoming increasingly common as scrappers target copper in air-conditioning systems, plumbing, and power subsystems. It's a common mistake to assume that fixed infrastructure is unlikely to be a theft target.



Real World Scenario

Off-site Challenges to Security

The constant threat of theft and vandalism is the bane of information security professionals worldwide. Personally identifiable information, proprietary or trade secrets, and other forms of confidential data are just as interesting to those who create and possess them as they are to direct competitors and other unauthorized parties. Here's an example.

Aaron knows the threats to confidential data firsthand, working as a security officer for a prominent and highly visible computing enterprise. His chief responsibility is to keep sensitive information from exposure to various elements and entities. Bethany is one of his more troublesome employees because she's constantly taking her notebook computer off- site without properly securing its contents.

Even a casual smash-and-grab theft attempt could put thousands of client contacts and their confidential business dealings at risk of being leaked and possibly sold to malicious parties. Aaron knows the potential dangers, but Bethany just doesn't seem to care.

This poses the question: How might you better inform, train, or advise Bethany so that Aaron does not have to relieve her of her position should her notebook be stolen? Bethany must come to understand and appreciate the importance of keeping sensitive information secure. It may be necessary to emphasize the potential loss and exposure that comes with losing such data to wrongdoers, competitors, or other unauthorized third parties. It may suffice to point out to Bethany that the employee handbook clearly states that employees whose behavior leads to the unauthorized disclosure or loss of information assets are subject to loss of pay or termination. If such behavior recurs after a warning, Bethany should be rebuked and reassigned to a position

where she can't expose sensitive or proprietary information—that is, if she's not fired on the spot.



Keep in mind the impact that theft may have on your operations when planning your parts inventory. It's a good idea to keep extra inventory of items with a high pilferage rate, such as RAM chips and mobile devices. It's also a good idea to keep such materials in secure storage and to require employees to sign such items out whenever they are used.

Understand System Resilience, High Availability, and Fault Tolerance

Technical controls that add to system resilience and fault tolerance directly affect availability, one of the core goals of the CIA Triad (confidentiality, integrity, and availability). A primary goal of system resilience and fault tolerance is to eliminate single points of failure in critical business systems.

A single point of failure (SPOF) is any component that can cause an entire system to fail. If a computer has data on a single disk, failure of the disk can cause the computer to fail, so the disk is a single point of failure. If a database-dependent website includes multiple web servers all served by a single database server, the database server is a single point of failure.

System resilience refers to the ability of a system to maintain an acceptable level of service during an adverse event. This could be a hardware fault managed by fault-tolerant components, or it could be an attack managed by other controls such as effective intrusion prevention systems. In some contexts, it refers to the ability of a system to return to a previous state after an adverse event. For example, if a primary server in a failover cluster fails, fault tolerance ensures that the system fails over to another server. System

resilience implies that the cluster can fail back to the original server after the original server is repaired.

Fault tolerance is the ability of a system to suffer a fault but continue to operate. Fault tolerance is achieved by adding redundant components, such as additional disks within a properly configured RAID array or additional servers within a failover clustered configuration.

High availability is the use of redundant technology components to allow a system to quickly recover from a failure after experiencing a brief disruption. High availability is often achieved through the use of load balancing and failover servers.

Technology professionals measure the objective and effectiveness of these controls by the percentage of the time that a system is available. For example, a fairly low availability threshold would be to specify that a system must be available 99.9 percent of the time (or “three nines” of availability). This means that the system may only experience 0.1 percent of downtime during whatever period is measured. If you apply this metric to a 30-day month of system operation, 99.9 percent availability would require less than 44 minutes of downtime. If you move to a 99.999 percent (or “five nines”) requirement, the system would only be permitted 26 seconds of downtime per month.

Of course, the stronger your availability requirement, the more difficult it will be to meet. Achieving higher availability targets on a consistent basis requires the use of high availability, fault tolerance, and system resilience controls.

Protecting Hard Drives

A common way that fault tolerance and system resilience is added for computers is with a RAID array. A RAID array includes two or more disks, and most RAID configurations will continue to operate even after one of the disks fails. Some of the common RAID configurations are as follows:

RAID-0 This is also called *striping*. It uses two or more disks and improves the disk subsystem performance, but it does not provide fault tolerance.

RAID-1 This is also called *mirroring*. It uses two disks, which both hold the same data. If one disk fails, the other disk includes the data so that a system can continue to operate after a single disk fails. Depending on the hardware used and which drive fails, the system may be able to continue to operate without intervention, or the system may need to be manually configured to use the drive that didn't fail.

RAID-5 This is also called *striping with parity*. It uses three or more disks with the equivalent of one disk holding parity information. This parity information is distributed and allows the reconstruction of data through mathematical calculations if a single disk is lost. If any single disk fails, the RAID array will continue to operate, though it will be slower.

RAID-6 This offers an alternative approach to disk striping with parity. It functions in the same manner as RAID-5 but with dual distributed parity stored on the equivalent of two disks, protecting against the failure of two separate disks but requiring a minimum of four disks to implement.

RAID-10 This is also known as *RAID 1 + 0* or a *stripe of mirrors*, and it is configured as two or more mirrors (RAID-1), with each mirror configured in a striped (RAID-0) configuration. It uses at least four disks but can support more as long as an even number of disks are added. It will continue to operate even if multiple disks fail, as long as at least one drive in each mirror continues to function. For example, if it had three mirrored sets (called M1, M2, and M3 for this example) it would have a total of six disks. If one drive in M1, one in M2, and one in M3 all failed, the array would continue to operate. However, if two drives in any of the mirrors failed, such as both drives in M1, the entire array would fail.



Fault tolerance is not the same as a backup. Occasionally, management may balk at the cost of backup tapes and point to the RAID array, saying that the data is already backed up. However, if a catastrophic hardware failure destroys a RAID array, all the data is lost unless a backup exists. Similarly, if an accidental deletion or corruption destroys data, it cannot be restored if a backup doesn't exist.

Both software- and hardware-based RAID solutions are available. Software-based systems require the operating system to manage the disks in the array and can reduce overall system performance. They are relatively inexpensive, since they don't require any additional hardware other than the additional disk(s). Hardware RAID systems are generally more efficient and reliable. Although a hardware RAID is more expensive, the benefits outweigh the costs when used to increase availability of a critical component.

Hardware-based RAID arrays typically include spare drives that can be logically added to the array. For example, a hardware-based RAID-5 could include five disks, with three disks in a RAID-5 array and two spare disks. If one disk fails, the hardware senses the failure and logically swaps out the faulty drive with a good spare. Additionally, most hardware-based arrays support *hot swapping*, allowing technicians to replace failed disks without powering down the system. A cold-swappable RAID requires the system to be powered down to replace a faulty drive.

Protecting Servers

Fault tolerance can be added for critical servers with failover clusters. A failover cluster includes two or more servers, and if one of the servers fails, another server in the cluster can take over its load in an automatic process called *failover*. Failover clusters can include multiple servers (not just two), and they can also provide fault tolerance for multiple services or applications.

As an example of a failover cluster, consider [Figure 18.3](#). It shows multiple components put together to provide reliable web access for a heavily accessed website that uses a database. DB1 and DB2 are two database servers configured in a failover cluster. At any given time, only one server will function as the active database server, and the second server will be inactive. For example, if DB1 is the active server it will perform all the database services for the website. DB2 monitors DB1 to ensure it is operational, and if DB2 senses a failure in DB1, it will cause the cluster to automatically fail over to DB2.

In [Figure 18.3](#), you can see that both DB1 and DB2 have access to the data in the database. This data is stored on a RAID array, providing fault tolerance for the disks.

Additionally, the three web servers are configured in a network load-balancing cluster. The load balancer can be hardware- or software-based, and it balances the client load across the three servers. It makes it easy to add additional web servers to handle increased load while also balancing the load among all the servers. If any of the servers fail, the load balancer can sense the failure and stop sending traffic to that server. Although network load balancing is primarily used to increase the scalability of a system so that it can handle more traffic, it also provides a measure of fault tolerance.

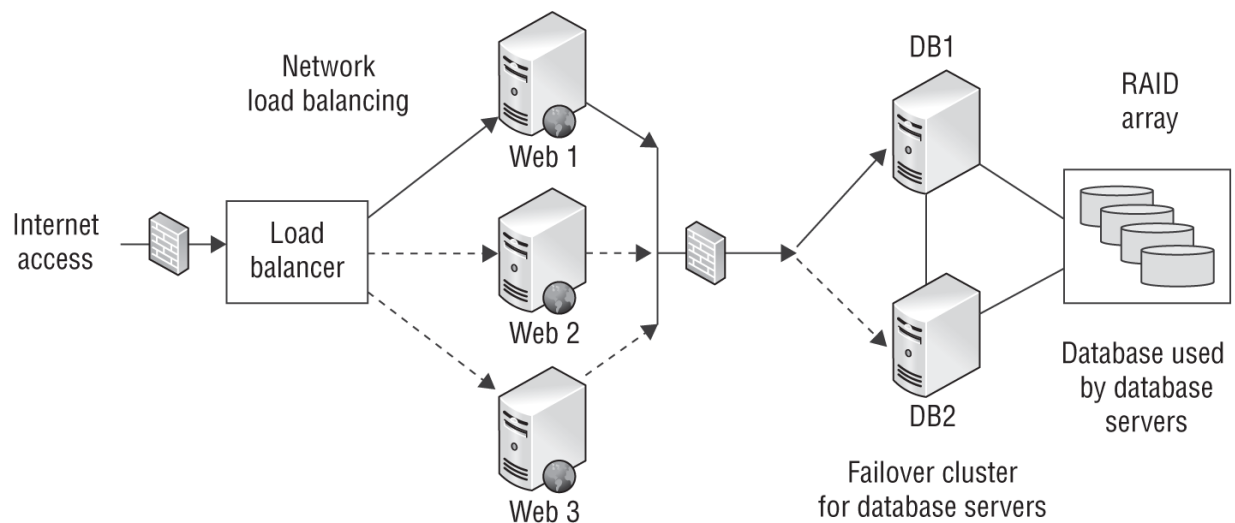


FIGURE 18.3 Failover cluster with network load balancing

If you're running your servers in the cloud, you may be able to take advantage of fault tolerance services offered by your cloud provider.

For example, many IaaS providers offer load-balancing services that automatically scale resources on an as-needed basis. These services also incorporate health checking that can automatically restart servers that are not functioning properly.

Similarly, when designing cloud environments, be sure to consider the availability of data centers in different regions of the world. If you are already load-balancing multiple servers, you may be able to place those servers in different geographic regions and availability zones within those regions to add resiliency in addition to scalability.



Failover clusters are not the only method of fault tolerance for servers. Some systems provide automatic fault tolerance for servers, allowing a server to fail without losing access to the provided service. For example, in a Microsoft domain with two or more domain controllers, each domain controller will regularly replicate Active Directory data with the others so that all the domain controllers have the same data. If one fails, computers within the domain can still find the other domain controller(s) and the network can continue to operate. Similarly, many database server products include methods to replicate database content with other servers so that all servers have the same content. Three of these methods—electronic vaulting, remote journaling, and remote mirroring—are discussed later in this chapter.

Protecting Power Sources

Fault tolerance can be added for power sources with a UPS, a generator, or both. In general, a UPS provides battery-supplied power for a short period of time, between 5 and 30 minutes, and a generator provides long-term power. The goal of a UPS is to provide power long enough to complete a logical shutdown of a system, or until a generator is powered on and providing stable power.

Generators provide power to systems during long-term power outages. The length of time that a generator will provide power is

dependent on the fuel, and it's possible for a site to stay on generator power as long as it has fuel and the generator remains functional. Generators also require a steady fuel supply—they commonly use diesel fuel, natural gas, or propane. In addition to making sure that you have sufficient fuel on hand, you should take steps to ensure that you can be delivered fuel on a regular basis in the event of an extended emergency. Remember, if the disaster is widespread, there will be significant demand for a limited fuel supply. If you have contracts in place with suppliers, you're much more likely to receive fuel in a timely manner.

A more detailed discussion of power issues appeared in [Chapter 10](#).

Trusted Recovery

Trusted recovery provides assurances that after a failure or crash, the system is just as secure as it was before the failure or crash occurred. Depending on the failure, the recovery may be automated or require manual intervention by an administrator. However, in either case systems can be designed to ensure that they support trusted recovery.

Systems can be designed so that they fail in a fail-secure state or a fail-open state. A *fail-secure* system will default to a secure state in the event of a failure, blocking all access, and therefore, allowing the system to fail securely. A *fail-open* system will fail in an open state, granting all access. The choice is dependent on whether security or availability is more important after a failure. A complete discussion of these topics appeared in [Chapter 8](#), “Principles of Security Models, Design, and Capabilities.”

Two elements of the recovery process are addressed to implement a trusted solution. The first element is failure preparation. This includes system resilience and fault-tolerant methods in addition to a reliable backup solution. The second element is the process of system recovery. The system should be forced to reboot into a single-user, nonprivileged state. This means that the system should reboot so that a normal user account can be used to log in and so that the system does not grant unauthorized access to users. System recovery also includes the restoration of all affected files and services actively in use on the system at the time of the failure or crash. Any missing

or damaged files are restored, any changes to classification labels are corrected, and settings on all security critical files are then verified.

The Common Criteria include a section on trusted recovery that is relevant to system resilience and fault tolerance. Specifically, it defines four types of trusted recovery:

Manual Recovery If a system fails, it does not fail in a secure state. Instead, an administrator is required to manually perform the actions necessary to implement a secured or trusted recovery after a failure or system crash.

Automated Recovery The system is able to perform trusted recovery activities to restore itself against at least one type of failure. For example, a hardware RAID provides automated recovery against the failure of a hard drive but not against the failure of the entire server. Some types of failures will require manual recovery.

Automated Recovery without Undue Loss This is similar to automated recovery in that a system can restore itself against at least one type of failure. However, it includes mechanisms to ensure that specific objects are protected to prevent their loss. A method of automated recovery that protects against undue loss would include steps to restore data or other objects. It may include additional protection mechanisms to restore corrupted files, rebuild data from transaction logs, and verify the integrity of key system and security components.

Function Recovery Systems that support function recovery are able to automatically recover specific functions. This state ensures that the system is able to successfully complete the recovery for the functions, or that the system will be able to roll back the changes to return to a secure state.

Quality of Service

Quality of service (QoS) controls protect the availability of data networks under load. Many different factors contribute to the quality of the end-user experience, and QoS attempts to manage all of those factors to create an experience that meets business requirements.

Some of the factors contributing to QoS are as follows:

Bandwidth The network capacity available to carry communications.

Latency The time it takes a packet to travel from source to destination.

Jitter The variation in latency between different packets.

Packet Loss Some packets may be lost between source and destination, requiring retransmission.

Interference Electrical noise, faulty equipment, and other factors may corrupt the contents of packets.

In addition to controlling these factors, QoS systems often prioritize certain traffic types that have low tolerance for interference and/or have high business requirements. For example, a QoS device might be programmed to prioritize videoconference traffic from the executive conference room over video streaming from an intern's computer. QoS may also include specific security requirements, such as requiring encryption for certain types of traffic.

Recovery Strategy

When a disaster interrupts your business, your disaster recovery plan should kick in nearly automatically and begin providing support for recovery operations. The disaster recovery plan should be designed so that the first employees on the scene can immediately begin the recovery effort in an organized fashion, even if members of the official DRP team have not yet arrived on-site. In the following sections, we'll cover critical subtasks involved in crafting an effective disaster recovery plan that can guide rapid restoration of regular business processes and resumption of activity at the primary business location.

In addition to improving your response capabilities, purchasing insurance can reduce the impact of financial losses. When selecting insurance, be sure to purchase sufficient coverage to enable you to recover from a disaster. Simple value coverage may be insufficient to encompass actual replacement costs. If your property insurance includes an actual cash value (ACV) clause, then your damaged property will be compensated based on the fair market value of the

items on the date of loss, less all accumulated depreciation since the time of their purchase. The important point here is that unless you have a replacement cost clause in your insurance coverage, your organization is likely to have to pay out of pocket as a result of any losses it might sustain. Many insurance providers offer cybersecurity liability policies that specifically cover breaches of confidentiality, integrity, and availability.

Valuable paper insurance coverage provides protection for inscribed, printed, and written documents and manuscripts and other printed business records. However, it does not cover damage to paper money and printed security certificates.

Business Unit and Functional Priorities

To recover your business operations with the greatest possible efficiency, you must engineer your disaster recovery plan so that those business units with the highest priority are recovered first. You must identify and prioritize critical business functions as well so that you can define which functions you want to restore after a disaster or failure and in what order. The business impact analysis (BIA) you developed during your business continuity work is an excellent resource when performing this task.

To achieve this goal, the DRP team must first identify the critical business units that are vital to achieving your organization's mission and agree on an order of prioritization, and they must do likewise with business functions. And take note: Not all critical business functions will necessarily be carried out in critical business units, so the final results of this analysis will very probably comprise a superset of critical business units plus other select units.

If this process sounds familiar, it should! This is very much like the prioritization task the BCP team performs during the business impact assessment discussed in [Chapter 3](#). In fact, most organizations will complete a BIA as part of their business continuity planning process. This analysis identifies vulnerabilities, develops strategies to minimize risk, and ultimately produces a BIA report that describes the potential risks that an organization faces and identifies critical business units and functions. A BIA also identifies costs related to failures that include loss of cash flow, equipment

replacement, salaries paid to clear work backlogs, profit losses, opportunity costs from the inability to attract new business, and so forth. Such failures are assessed in terms of potential impacts on finances, personnel, safety, legal compliance, contract fulfillment, and quality assurance, preferably in monetary terms to make impacts comparable and to set budgetary expectations. With all this BIA information in hand, you should use the resulting documentation as the basis for this prioritization task.

At a minimum, the output from this task should be a simple listing of business units in priority order. However, a more detailed list, broken down into specific business processes listed in order of priority, would be a much more useful deliverable. This business process-oriented list is more reflective of real-world conditions, but it requires considerable additional effort. It will, however, greatly assist in the recovery effort—after all, not every task performed by the highest-priority business unit will be of the highest priority. You might find that it would be best to restore the highest-priority unit to 50 percent capacity and then move on to lower-priority units to achieve some minimum operating capacity across the organization before attempting a full recovery effort.

By the same token, the same exercise must be completed for critical business processes and functions. Not only can these things involve multiple business units and cross the lines between them, but they also define the operational elements that must be restored in the wake of a disaster or other business interruption. Here also, the final result should be a checklist of items in priority order, each with its own risk and cost assessment, and a corresponding set of recovery objectives and milestones. As discussed in [Chapter 3](#), these include the mean time to repair (MTTR), maximum tolerable downtime (MTD), recovery time objective (RTO), and recovery point objective (RPO). Business continuity planners can analyze these metrics to identify situations that require intervention and additional controls.

Crisis Management

If a disaster strikes your organization, panic is likely to set in. The best way to combat this is with an organized disaster recovery plan. The individuals in your business who are most likely to first notice an

emergency situation (such as security guards and technical personnel) should be fully trained in disaster recovery procedures and know the proper notification procedures and immediate response mechanisms.

Many things that normally seem like common sense (such as calling emergency services in the event of a fire) may slip the minds of panicked employees seeking to flee an emergency. The best way to combat this is with continuous training on disaster recovery responsibilities. Returning to the fire example, all employees should be trained to activate the fire alarm or contact emergency officials when they spot a fire (after, of course, taking appropriate measures to protect themselves). After all, it's better that the fire department receive 10 different phone calls reporting a fire at your organization than it is for everyone to assume that someone else already took care of it.

Crisis management steps in to cover crises of all forms. These may include more commonplace disasters, such as a facility fire, or more extraordinary events, such as a global pandemic. Organizations may also activate their crisis management programs for events with little impact on technology, such as a public relations disaster.

Crisis management is a science and an art form. If your training budget permits, investing in crisis training for your key employees is a good idea. This ensures that at least some of your employees know how to handle emergency situations properly and can provide all-important “on-the-scene” leadership to panic-stricken coworkers.

Emergency Communications

When a disaster strikes, it is important that the organization be able to communicate internally as well as with the outside world. A disaster of any significance is easily noticed, but if an organization is unable to keep the outside world informed of its recovery status, the public is apt to fear the worst and assume that the organization is unable to recover. It is also essential that the organization be able to communicate internally during a disaster so that employees know what is expected of them—whether they are to return to work or report to another location, for instance.

Employees participating in disaster recovery efforts should be instructed to refer media inquiries to the public relations team. You don't want employees naively providing unvarnished assessments of the situation based on partial information to the media and then having those assessments wind up in print.

In some cases, the circumstances that brought about the disaster to begin with may have also damaged some or all normal means of communications. A violent storm or an earthquake may have also knocked out telecommunications systems; at that point, it's too late to try to figure out other means of communicating both internally and externally.

Workgroup Recovery

When designing a disaster recovery plan, it's important to keep your goal in mind—the restoration of workgroups to the point that they can resume their activities in their usual work locations. It's easy to get sidetracked and think of disaster recovery as purely an IT effort focused on restoring systems and processes to working order.

To facilitate this effort, it's sometimes best to develop separate recovery facilities for different workgroups. For example, if you have several subsidiary organizations that are in different locations and that perform tasks similar to the tasks that workgroups at your office perform, you may want to consider temporarily relocating those workgroups to the other facility and having them communicate electronically and via telephone with other business units until they're ready to return to the main operations facility.

Larger organizations may have difficulty finding recovery facilities capable of handling the entire business operation. This is another example of a circumstance in which independent recovery of different workgroups is appropriate.

Alternate Processing Sites

One of the most important elements of the disaster recovery plan is the selection of alternate processing sites to be used when the primary sites are unavailable. Many options are available when considering recovery facilities, limited only by the creative minds of

disaster recovery planners and available resources. In the following sections, we cover several types of sites commonly used in disaster recovery planning: cold sites, warm sites, hot sites, mobile sites, and cloud computing.



Organizations building fully resilient processes may use more than one alternate processing site in their disaster recovery plan. Using multiple processing sites increases geographic diversity and resilience.

Cold Sites

Cold sites are standby facilities large enough to handle the processing load of an organization and equipped with appropriate functioning electrical and environmental support systems. They may be large warehouses, empty office buildings, or other similar structures. However, a cold site has no computing facilities (hardware or software) preinstalled and also has no active broadband communications links. Many cold sites do have at least a few copper telephone lines, and some sites may have standby links that can be activated with minimal notification.



Real World Scenario

Cold Site Setup

A cold site setup is well depicted in the film *Boiler Room*, which involves a chop-shop investment firm telemarketing bogus pharmaceutical investment deals to prospective clients. In this fictional case, the “disaster” is human-made, but the concept is much the same, even if the timing is quite different.

Under threat of exposure and a pending law enforcement raid, the firm establishes a nearby building that is empty, save for a few banks of phones on dusty concrete floors in a mock-up of a cold recovery site. Granted, this work is both fictional and illegal, but it illustrates a very real and legitimate reason for maintaining a redundant failover recovery site for the purpose of business continuity.

Research the various forms of recovery sites, and then consider which among them is best suited for your particular business needs and budget. A cold site is the least expensive option and perhaps the most practical. A warm site contains the data links and preconfigured equipment necessary to begin restoring operations but no usable data or information. The most expensive option is a hot site, which fully replicates your existing business infrastructure and is ready to take over for the primary site on short notice.

The major advantage of a cold site is its relatively low cost—there's no computing base to maintain and no monthly telecommunications bill when the site is idle. However, the drawbacks of such a site are obvious—there is a tremendous lag between the time the decision is made to activate the site and the time when that site is ready to support business operations. Servers and workstations must be brought in and configured. Data must be restored from backup tapes. Communications links must be activated or established. The time to activate a cold site is often measured in weeks, making a quick

recovery close to impossible and often yielding a false sense of security. It's also worth observing that the substantial time, effort, and expense required to activate and transfer operations to a cold site make this approach the most difficult to test.

Hot Sites

A *hot site* is the exact opposite of the cold site. In this configuration, a backup facility is maintained in constant working order, with a full complement of servers, workstations, and communications links ready to assume primary operations responsibilities. The servers and workstations are all preconfigured and loaded with appropriate operating system and application software.

The data on the primary site servers is periodically or continuously replicated to corresponding servers at the hot site, ensuring that the hot site has up-to-date data. Depending on the bandwidth available between the sites, hot site data may be replicated instantaneously. If that is the case, operators could move operations to the hot site at a moment's notice. If it's not the case, disaster recovery managers have three options to activate the hot site:

- If there is sufficient time before the primary site must be shut down, they can force replication between the two sites right before the transition of operational control.
- If replication is impossible, managers may carry backup tapes of the transaction logs from the primary site to the hot site and manually reapply any transactions that took place since the last replication.
- If there are no available backups and it isn't possible to force replication, the disaster recovery team may simply accept the loss of some portion of the data. This should only be done when the loss is within the organization's recovery point objective (RPO).

The advantages of a hot site are obvious—the level of disaster recovery protection provided by this type of site is unsurpassed. However, the cost is *extremely* high. Maintaining a hot site essentially doubles an organization's budget for hardware, software,

and services and requires the use of additional employees to maintain the site.



If you use a hot site, never forget that it has copies of your production data. Be sure to provide that site with the same level of technical and physical security controls you provide at your primary site.

If an organization wants to maintain a hot site but wants to reduce the expense of equipment and maintenance, it might opt to use a shared hot site facility managed by an outside contractor. However, the inherent danger in these facilities is that they may be overtaxed in the event of a widespread disaster and be unable to service all clients simultaneously. If your organization considers such an arrangement, be sure to investigate these issues thoroughly, both before signing the contract and periodically during the contract term.

Another method of reducing the expense of a hot site is to use the hot site as a development or test environment. Developers can replicate data to the hot site in real time both for test purposes and to provide a live replica of the production environment. This reduces costs by having the hot site provide a useful service to the organization even when it is not actively being used for disaster operations.

Warm Sites

Warm sites occupy the middle ground between hot and cold sites for disaster recovery specialists. They always contain the equipment and data circuits necessary to rapidly establish operations. As with hot sites, this equipment is usually preconfigured and ready to run appropriate applications to support an organization's operations. Unlike hot sites, however, warm sites do not typically contain copies of the client's data. The main requirement in bringing a warm site to full operational status is the transportation of appropriate backup media to the site and restoration of critical data on the standby servers.

Activation of a warm site typically takes at least 12 hours from the time a disaster is declared. This does not mean that any site that can be activated in less than 12 hours qualifies as a hot site, however; switchover times for most hot sites are often measured in seconds or minutes, and complete cutovers seldom take more than an hour or two.

Warm sites avoid significant telecommunications and personnel costs inherent in maintaining a near-real-time copy of the operational data environment. Like hot sites and cold sites, warm sites may also be obtained on a shared facility basis. If you choose this option, be sure that you have a “no lockout” policy written into your contract guaranteeing you the use of an appropriate facility even during a period of high demand. It's a good idea to take this concept one step further and physically inspect the facilities and the contractor's operational plan to reassure yourself that the facility will indeed be able to back up the “no lockout” guarantee should push ever come to shove.

Mobile Sites

Mobile sites are nonmainstream alternatives to traditional recovery sites. They typically consist of self-contained trailers or other easily relocated units. These sites include all the environmental control systems necessary to maintain a safe computing environment. Larger corporations sometimes maintain these sites on a “fly-away” basis, ready to deploy them to any operating location around the world via air, rail, sea, or surface transportation. Smaller firms might contract with a mobile site vendor in their local area to provide these services on an as-needed basis.



If your disaster recovery plan depends on a workgroup recovery strategy, mobile sites are an excellent way to implement that approach. They are often large enough to accommodate entire (small!) workgroups.

Mobile sites are usually configured as cold sites or warm sites, depending on the disaster recovery plan they are designed to support. It is also possible to configure a mobile site as a hot site, but this is unusual because you seldom know in advance where a mobile site will need to be deployed.

Hardware Replacement Options

One thing to consider when determining mobile sites and recovery sites in general is hardware replacement supplies. There are basically two options for hardware replacement supplies. One option is to employ “in-house” replacement, whereby you store extra and duplicate equipment at a different but nearby location (that is, a warehouse on the other side of town). (*In-house* here means you own it already, not that it is necessarily housed under the same roof as your production environment.) If you have a hardware failure or a disaster, you can immediately pull the appropriate equipment from your stash. The other option is an SLA-type agreement with a vendor to provide quick response and delivery time in the event of a disaster. However, even a 4-, 12-, 24-, or 48-hour replacement hardware contract from a vendor does not provide a reliable guarantee that delivery will actually occur. There are too many uncontrollable variables to rely on this second option as your sole means of recovery.

Cloud Computing

Many organizations now turn to cloud computing as their preferred disaster recovery option. Infrastructure-as-a-service (IaaS) providers, such as Amazon Web Services (AWS), Microsoft Azure, and Google Cloud, offer on-demand service at low cost. Companies wishing to maintain their own data centers may choose to use these IaaS cloud providers as backup service providers. Storing ready-to-run images with cloud providers is often quite cost effective and allows the organization to avoid incurring most of the operating cost until the cloud site activates in a disaster.

Organizations that already operate their technology resources in the cloud don't get a free pass on disaster recovery. They must also think

about how they will handle issues that arise within their cloud environment. They should then design and configure their use of cloud services to take advantage of redundancy options, geographic dispersion, and similar considerations.

Organizations relying on cloud computing for their disaster recovery plan should consider entering into a *resource capacity agreement* with their cloud providers. This agreement ensures that the cloud provider will provide the resources needed to support disaster recovery operations.

Mutual Assistance Agreements

Mutual assistance agreements (MAAs) are also called *reciprocal agreements*. They provide an alternate processing option that doesn't require significant capital investment. Under an MAA, two organizations pledge to assist each other in the event of a disaster by sharing computing facilities or other technological resources. They appear to be extremely cost effective at first glance—it's not necessary for either organization to maintain expensive alternate processing sites (such as the hot sites, warm sites, cold sites, and mobile processing sites described in the previous sections). Indeed, many MAAs are structured to provide one of the levels of service described. In the case of a cold site, each organization may simply maintain some open space in their processing facilities for the other organization to use in the event of a disaster. In the case of a hot site, the organizations may host fully redundant servers for each other.

However, many drawbacks inherent to MAAs prevent their widespread use:

- MAAs are difficult to enforce. The parties might trust each other to provide support in the event of a disaster. However, when push comes to shove, the nonvictim might renege on the agreement. A victim may have legal remedies available, but this doesn't help the immediate disaster recovery effort.
- Cooperating organizations should be located in relatively close proximity to each other to facilitate transportation of employees between sites. However, proximity means that both organizations may be vulnerable to the same threats. An MAA

won't do you any good if an earthquake levels your city and destroys processing sites for *both* participating organizations.

- Confidentiality concerns often prevent businesses from placing their data in the hands of others. These may be legal concerns (such as in the handling of healthcare or financial data) or business concerns (such as trade secrets or other intellectual property issues).

Despite these concerns, an MAA may be a good disaster recovery solution for an organization, especially in cases where the agreement is between two internal units or subsidiaries of the same organization who have an incentive to cooperate.

Database Recovery

Many organizations rely on databases to process and track operations, sales, logistics, and other activities vital to their continued viability. For this reason, it's essential that you include database recovery techniques in your disaster recovery plans. It's a wise idea to have a database specialist on the DRP team who can provide input as to the technical feasibility of various ideas. After all, you shouldn't allocate several hours to restore a database backup when it's impossible to complete a restoration in less than half a day.

In the following sections, we'll cover the three main techniques used to create off-site copies of database content: electronic vaulting, remote journaling, and remote mirroring. Each one has specific benefits and drawbacks, so you'll need to analyze your organization's computing requirements and available resources to select the option best suited to your firm and within the boundaries of your RPO. Selecting solutions that lose data beyond your RPO pose unwarranted risk, whereas selecting those that are more aggressive than your RPO may incur unnecessary costs.

Electronic Vaulting

In an *electronic vaulting* scenario, database backups are moved to a remote site using bulk transfers. The remote location may be a dedicated alternative recovery site (such as a hot site) or simply an

off-site location managed within the company or by a contractor for the purpose of maintaining backup data.

If you use electronic vaulting, remember that there may be a significant delay between the time you declare a disaster and the time your database is ready for operation with current data. If you decide to activate a recovery site, technicians will need to retrieve the appropriate backups from the electronic vault and apply them to the soon-to-be production servers at the recovery site.



Be careful when considering vendors for an electronic vaulting contract. Definitions of electronic vaulting vary widely within the industry. Don't settle for a vague promise of “electronic vaulting capability.” Insist on a written definition of the service that will be provided, including the storage capacity, bandwidth of the communications link to the electronic vault, and the time necessary to retrieve vaulted data in the event of a disaster.

As with any type of backup scenario, be certain to periodically test your electronic vaulting setup. A great method for testing backup solutions is to give disaster recovery personnel a “surprise test,” asking them to restore data from a certain day.



It's important to know that electronic vaulting introduces the potential for significant data loss. In the event of a disaster, you will only be able to recover information as of the time of the last vaulting operation.

Remote Journaling

With *remote journaling*, data transfers are performed in a more expeditious manner. Data transfers still occur in a bulk transfer mode, but they occur on a more frequent basis, usually once every hour and sometimes more frequently. Unlike electronic vaulting

scenarios, where entire database backup files are transferred, remote journaling setups transfer copies of the database transaction logs containing the transactions that occurred since the previous bulk transfer.

Remote journaling is similar to electronic vaulting in that transaction logs transferred to the remote site are not applied to a live database server but are maintained in a backup device. When a disaster is declared, technicians retrieve the appropriate transaction logs and apply them to the production database, bringing the database up to the current production state.

Remote Mirroring

Remote mirroring is the most advanced database backup solution. Not surprisingly, it's also the most expensive! Remote mirroring goes beyond the technology used by remote journaling and electronic vaulting; with remote mirroring, a live database server is maintained at the backup site. The remote server receives copies of the database modifications at the same time they are applied to the production server at the primary site. Therefore, the mirrored server is ready to take over an operational role at a moment's notice.

Remote mirroring is a popular database backup strategy for organizations seeking to implement a hot site. However, when weighing the feasibility of a remote mirroring solution, be sure to take into account the infrastructure and personnel costs required to support the mirrored server, as well as the processing overhead that will be added to each database transaction on the mirrored server.



Cloud-based database platforms may include redundancy capabilities as a built-in feature. If you operate databases in the cloud, consider investigating these options to simplify your disaster recovery planning efforts, but be sure to understand the limitations of the specific service you consider!

Recovery Plan Development

Once you've established your business unit priorities and have a good idea of the appropriate alternative recovery sites for your organization, it's time to put pen to paper and begin drafting a true disaster recovery plan. Don't expect to sit down and write the full plan in one sitting. It's likely that the DRP team will go through many draft documents before reaching a final written document that satisfies the operational needs of critical business units and falls within the resource, time, and expense constraints of the disaster recovery budget and available personnel.

In the following sections, we explore some important items to include in your disaster recovery plan. Depending on the size of your organization and the number of people involved in the DRP effort, it may be a good idea to maintain multiple types of plan documents, intended for different audiences. The following list includes various types of documents worth considering:

- Executive summary providing a high-level overview of the plan
- Department-specific plans
- Technical guides for IT personnel responsible for implementing and maintaining critical backup systems
- Checklists for individuals on the disaster recovery team
- Full copies of the plan for critical disaster recovery team members

Using custom-tailored documents becomes especially important when a disaster occurs or is imminent. Personnel who need to refresh themselves on the disaster recovery procedures that affect various parts of the organization will be able to refer to their department-specific plans. Critical disaster recovery team members will have checklists to help guide their actions amid the chaotic atmosphere of a disaster. IT personnel will have technical guides helping them get the alternate sites up and running. Finally, managers and public relations personnel will have a simple document that walks them through a high-level view of the coordinated symphony that is an active disaster recovery effort

without requiring interpretation from team members busy with tasks directly related to that effort.



Visit the Professional Practices library at

<http://drii.org/resources/professionalpractices/EN> to examine a collection of documents that explain how to work through and document your planning processes for BCP and disaster recovery. Other good standard documents in this area include the BCI Good Practice Guidelines (GPG) (www.thebci.org/resource/good-practice-guidelines--gpg--edition-7-0.html), ISO 27001:2022 (www.iso.org/standard/27001), and *NIST SP 800-34—Contingency Planning Guide for Federal Information Systems* (www.nist.gov/privacy-framework/nist-sp-800-34).

Emergency Response

A disaster recovery plan should contain simple yet comprehensive instructions for essential personnel to follow immediately upon recognizing that a disaster is in progress or is imminent. These instructions will vary widely depending on the nature of the disaster, the type of personnel responding to the incident, and the time available before facilities need to be evacuated and/or equipment shut down. For example, instructions for a large-scale fire will be much more concise than the instructions for how to prepare for a hurricane that is still 48 hours away from a predicted landfall near an operational site. Emergency-response plans are often put together in the form of checklists provided to responders. When designing such checklists, keep one essential design principle in mind: arrange the checklist tasks in order of priority, with the most important task first.

It's essential to remember that these checklists will be executed in the midst of a crisis. It is extremely likely that responders will not be able to complete the entire checklist, especially in the event of a short-notice disaster. For this reason, you should put the most

essential tasks first on the checklist. The lower an item on the list, the lower the likelihood that it will be completed before an evacuation/shutdown takes place.

Among these essential tasks is the formal declaration of a disaster. The response plan should include clear criteria for activation of the disaster recovery plan, define who has the authority to declare a disaster, and then discuss notification procedures, as discussed in the next section.

Personnel and Communications

A disaster recovery plan should also contain a list of personnel to contact in the event of a disaster. Usually, this includes key members of the DRP team as well as personnel who execute critical disaster recovery tasks throughout the organization. This response checklist should include alternate means of contact (e.g., pager numbers, mobile numbers) as well as backup contacts for each role should the primary contact be incommunicado or unable to reach the recovery site for one reason or another.

The Power of Checklists

Checklists are invaluable tools in the face of disaster. They provide a sense of order amid the chaotic events surrounding a disaster. Do what you must to ensure that response checklists provide first responders with a clear plan to protect life and property and ensure the continuity of operations.

A checklist for response to a building fire might include the following steps:

1. Activate the building alarm system.
2. Ensure that an orderly evacuation is in progress.
3. If reasonable to do so, consider fighting the fire with available fire extinguishers or other fire suppression equipment.
4. After leaving the building, use a mobile telephone to call emergency services (911 in the United States) to ensure that emergency authorities received the alarm notification. Provide additional information on any required emergency response.
5. Ensure that any injured personnel receive appropriate medical treatment.
6. Activate the organization's disaster recovery plan to ensure continuity of operations.

Assessment

When the disaster recovery team arrives on-site, one of their first tasks is to assess the situation. This normally occurs in a rolling fashion, with the first responders performing a simple assessment to triage activity and get the disaster response under way. As the incident progresses, more detailed assessments will take place to gauge the effectiveness of disaster recovery efforts and prioritize the assignment of resources.

Backups and Storage Strategies

Backups play an important role in the disaster recovery plan. They are copies of data stored on tape, disk, the cloud, or other media as a last-ditch recovery option. If a natural or human-made disaster causes data loss, administrators may turn to backups to recover lost data.

Your disaster recovery plan (especially the technical guide) should fully address the backup strategy pursued by your organization. Indeed, this is one of the most important elements of any business continuity plan and disaster recovery plan.

Many system administrators are already familiar with various types of backups, so you'll benefit by bringing one or more individuals with specific technical expertise in this area onto the BCP/DRP team to provide expert guidance. There are three main types of backups:

Full Backups As the name implies, *full backups* store a complete copy of the data contained on the protected device. Full backups duplicate every file on the system regardless of the setting of the archive bit. Once a full backup is complete, the archive bit on every file is reset, turned off, or set to 0.

Incremental Backups *Incremental backups* store only those files that have been modified since the time of the most recent full or incremental backup. Only files that have the archive bit turned on, enabled, or set to 1 are duplicated. Once an incremental backup is complete, the archive bit on all duplicated files is reset, turned off, or set to 0.

Differential Backups *Differential backups* store all files that have been modified since the time of the most recent full backup. Only files that have the archive bit turned on, enabled, or set to 1 are duplicated. However, unlike full and incremental backups, the differential backup process does not change the archive bit.



Some operating systems do not actually use an archive bit to achieve this goal and instead analyze file system timestamps. This difference in implementation doesn't affect the types of data stored by each backup type.

The most important difference between incremental and differential backups is the time needed to restore data in the event of an emergency. If you use a combination of full and differential backups, you will need to restore only two backups—the most recent full backup and the most recent differential backup. On the other hand, if your strategy combines full backups with incremental backups, you will need to restore the most recent full backup as well as all incremental backups performed since that full backup. The trade-off is the time required to *create* the backups—differential backups don't take as long to restore, but they take longer to create than incremental ones.

The storage of the backup media is equally critical. It may be convenient to store backup media in or near the primary operations center to easily fulfill user requests for backup data, but you'll definitely need to keep copies of the media in at least one off-site location to provide redundancy should your primary operating location be suddenly destroyed. One common strategy used by many organizations is to store backups in a cloud service that is itself geographically redundant. This allows the organization to retrieve the backups from any location after a disaster. Note that using geographically diverse sites may introduce new regulatory requirements when the information resides in different jurisdictions.

Using Backups

In case of system failure, many companies use one of two common methods to restore data from backups. In the first situation, they run a full backup on Monday night and then run differential backups every other night of the week. If a failure occurs Saturday morning, they restore Monday's full backup and then restore only Friday's differential backup. In the second situation, they run a full backup on Monday night and run incremental backups every other night of the week. If a failure occurs Saturday morning, they restore Monday's full backup and then restore each incremental backup in original chronological order.

Most organizations adopt a backup strategy that utilizes more than one of the three backup types along with a media rotation scheme. Both allow backup administrators access to a sufficiently large range of backups to complete user requests and provide fault tolerance while minimizing the amount of money that must be spent on backup media. A common strategy is to perform full backups over the weekend and incremental or differential backups on a nightly basis. The specific method of backup and all of the particulars of the backup procedure are dependent on your organization's fault-tolerance requirements, as defined by your RPO values. If you are unable to survive minor amounts of data loss, your ability to tolerate faults is low. However, if hours or days of data can be lost without serious consequence, your tolerance of faults is high. You should design your backup solution accordingly.



Real World Scenario

The Oft-Neglected Backup

Backups are probably the least practiced and most neglected preventive measure known to protect against computing disasters. A comprehensive backup of all operating system and personal data on workstations happens less frequently than for servers or mission-critical machines, but they all serve an equal and necessary purpose.

Damon, an information professional, learned this the hard way when he lost months of work following a natural disaster that wiped out the first floor at an information brokering firm. He never used the backup facilities built into his operating system or any of the shared provisions established by his administrator, Carol.

Carol has been there and done that, so she knows a thing or two about backup solutions. She has established incremental backups on her production servers and differential backups on her development servers, and she's never had an issue restoring lost data.

The toughest obstacle to a solid backup strategy is human nature, so a simple, transparent, and comprehensive strategy is the most practical. Differential backups require only two container files (the latest full backup and the latest differential) and can be scheduled for periodic updates at some specified interval. That's why Carol elects to implement this approach and feels ready to restore from her backups any time she's called on to do so.

Disk-to-Disk Backup

Over the past decade, disk storage has become increasingly inexpensive. With drive capacities now measured in terabytes, tape and optical media can't cope with data volume requirements

anymore. Many enterprises now use disk-to-disk (D2D) backup solutions for some portion of their disaster recovery strategy.

Many backup technologies are designed around the tape paradigm. *Virtual tape libraries (VTLs)* support the use of disks with this model by using software to make disk storage appear as tapes to backup software.

One important note: organizations seeking to adopt an entirely disk-to-disk approach must remember to maintain geographical diversity. Some of those disks have to be located off-site. Many organizations solve this problem by hiring managed service providers to manage remote backup locations.

Cloud Storage

Cloud storage provides a flexible and scalable solution for backups, offering remote, geographically diverse data storage. It mitigates the risk of data loss due to local disasters by enabling data retrieval from any location. Cloud backups often incorporate redundancy and can be more cost-effective, eliminating the need for physical storage management. Regulatory considerations apply when storing data across jurisdictions, making compliance an integral part of cloud storage strategy in disaster recovery planning.

Backup Best Practices

No matter what the backup solution, media, or method, you must address several common issues with backups. For instance, backup and restoration activities can be bulky and slow. Such data movement can significantly affect the performance of a network, especially during regular production hours. Thus, backups should be scheduled during the low peak periods (for example, at night).

The amount of backup data increases over time. This causes the backup (and restoration) processes to take longer each time you perform a backup. Each backup also consumes more space on the backup media. Thus, you need to build sufficient capacity to handle a reasonable amount of growth over a reasonable amount of time into your backup solution. What is reasonable all depends on your environment and budget.

With periodic backups (that is, backups that are run every 24 hours), there is always the potential for data loss up to the length of the period. Murphy's law dictates that a server never crashes immediately after a successful backup. Instead, it is always just before the next backup begins. To avoid the problem with periods, you may deploy some form of real-time continuous backup, such as RAID, clustering, or server mirroring.

Only include necessary information in backups. For example, it might not be important to store operating system files in routine backups. Do you really need hundreds of copies of the operating system? The answer to this question should be influenced by your recovery objectives. If your RTO dictates a rapid recovery capability, the storage cost of maintaining many copies of the operating system may be justified by the fact that it makes restoring the entire system from a stored image quite fast. If you can tolerate a longer recovery time, you might be able to reduce your storage costs by eliminating the backup of redundant files.

Finally, remember to test your organization's recovery processes. Organizations often rely on the fact that their backup software reports a successful backup and fail to attempt recovery until it's too late to detect a problem. This is one of the biggest causes of backup failures.

Tape Rotation

There are several commonly used tape rotation strategies for backups: the Grandfather-Father-Son (GFS) strategy, the Tower of Hanoi strategy, and the Six Cartridge Weekly Backup strategy. These strategies can be fairly complex, especially with large tape sets. They can be implemented manually using a pencil and a calendar or automatically by using either commercial backup software or a fully automated hierarchical storage management (HSM) system. An HSM system is an automated robotic backup jukebox consisting of 32 or 64 optical or tape backup devices. All the drive elements within an HSM system are configured as a single drive array (a bit like RAID).



Details about various tape rotations are beyond the scope of this book, but if you want to learn more about them, search by their names on the Internet.

Software Escrow Arrangements

A *software escrow arrangement* is a unique tool used to protect a company against the failure of a software developer to provide adequate support for its products or against the possibility that the developer will go out of business and no technical support will be available for the product.



Focus your efforts on negotiating software escrow agreements with those suppliers you fear may go out of business because of their size. It's not likely that you'll be able to negotiate such an agreement with a firm such as Microsoft, unless you are responsible for an extremely large corporate account with serious bargaining power. On the other hand, it's equally unlikely that a firm of Microsoft's magnitude will go out of business, leaving end users high and dry.

If your organization depends on custom-developed software or software products produced by a small firm, you may want to consider developing this type of arrangement as part of your disaster recovery plan. Under a software escrow agreement, the developer provides copies of the application source code to an independent third-party organization. This third party then maintains updated backup copies of the source code in a secure fashion. The agreement between the end user and the developer specifies “trigger events,” such as the failure of the developer to meet terms of a service-level agreement (SLA) or the liquidation of the developer's firm. When a trigger event takes place, the third party releases copies of the application source code to the end user. The end user can then

analyze the source code to resolve application issues or implement software updates.

Utilities

As discussed in previous sections of this chapter, your organization is reliant on several utilities to provide critical elements of your infrastructure (e.g., electric power, water, natural gas, sewer service). Your disaster recovery plan should contain contact information and procedures to troubleshoot these services if problems arise during a disaster.

Logistics and Supplies

The logistical problems surrounding a disaster recovery operation are immense. You will suddenly face the problem of moving large numbers of people, equipment, and supplies to alternate recovery sites. It's also possible that the people will be living at those sites for an extended period of time and that the disaster recovery team will be responsible for providing them with food, water, shelter, and appropriate facilities. Your disaster recovery plan should contain provisions for this type of operation if it falls within the scope of your expected operational needs.

Recovery vs. Restoration

It is sometimes useful to separate disaster recovery tasks from disaster restoration tasks. This is especially true when a recovery effort is expected to take a significant amount of time. A disaster recovery team may be assigned to implement and maintain operations at the recovery site, and a salvage team is assigned to restore the primary site to operational capacity. Make these allocations according to the needs of your organization and the types of disasters you face.



*Recovery and restoration are separate concepts. In this context, recovery involves bringing business *operations and processes* back to a working state. Restoration involves bringing a business *facility and environment* back to a workable state.*

The recovery team members have a very short time frame in which to operate. They must put the DRP into action and restore IT capabilities as swiftly as possible. If the recovery team fails to restore business processes within the MTD/RTO, then the company fails.

Once the original site is deemed safe for people, the salvage team members begin their work. Their job is to restore the company to its full original capabilities and, if necessary, to the original location. If the original location is no longer in existence, a new primary spot is selected. The salvage team must rebuild or repair the IT infrastructure. Since this activity is basically the same as building a new IT system, the return activity from the alternate/recovery site to the primary/original site is itself a risky activity. Fortunately, the salvage team has more time to work than the recovery team.

The salvage team must ensure the reliability of the new IT infrastructure. This is done by returning the least mission-critical processes to the restored original site to stress-test the rebuilt network. As the restored site shows resiliency, more important processes are transferred. A serious vulnerability exists when mission-critical processes are returned to the original site. The act of returning to the original site could cause a disaster of its own. Therefore, the state of emergency cannot be declared over until full normal operations have returned to the restored original site.

At the conclusion of any disaster recovery effort, the time will come to restore operations at the primary site and terminate any processing sites operating under the disaster recovery agreement. Your DRP should specify the criteria used to determine when it is appropriate to return to the primary site and guide the DRP recovery and salvage teams through an orderly transition.

Training, Awareness, and Documentation

As with a business continuity plan, it is essential that you provide training to all personnel who will be involved in the disaster recovery effort. The level of training required will vary according to an individual's role in the effort and their position within the company. When designing a training plan, consider including the following elements:

- Orientation training for all new employees
- Initial training for employees taking on a new disaster recovery role for the first time
- Detailed refresher training for disaster recovery team members
- Brief awareness refreshers for all other employees (can be accomplished as part of other meetings and through a medium like email newsletters sent to all employees)



Loose-leaf binders are an excellent way to store disaster recovery plans. You can distribute single-page changes to the plan without destroying an entire forest!

The disaster recovery plan should also be fully documented. Earlier in this chapter, we discussed several of the documentation options available to you. Be sure you implement the necessary documentation programs and modify the documentation as changes to the plan occur. Because of the rapidly changing nature of the disaster recovery and business continuity plans, you might consider publication on a secured portion of your organization's intranet.

Your DRP should be treated as an extremely sensitive document and provided to individuals on a compartmentalized, need-to-know basis only. Individuals who participate in the plan should understand their roles fully, but they do not need to know or have access to the entire plan. Of course, it is essential to ensure that key DRP team members and senior management have access to the entire plan and

understand the high-level implementation details. You certainly don't want this knowledge to rest in the mind of only one individual.



Remember that a disaster may render your intranet unavailable. If you choose to distribute your disaster recovery and business continuity plans through an intranet, be sure you maintain an adequate number of printed copies of the plan at both the primary and alternate sites and maintain only the most current copy!

Testing and Maintenance

Every disaster recovery plan must be tested on a periodic basis to ensure that the plan's provisions are viable and that it meets an organization's changing needs. The types of tests that you conduct will depend on the types of recovery facilities available to you, the culture of your organization, and the availability of disaster recovery team members. The six main test types—read-throughs, tabletops, walk-throughs, simulation tests, parallel tests, and full-interruption tests—are discussed in the remaining sections of this chapter.



For more information on this topic, consult *NIST SP 800-84—Guide to Test, Training, and Exercise Programs for IT Plans and Capabilities*, available at

<http://csrc.nist.gov/pubs/sp/800/84/final>.

Read-Through

The *read-through* is one of the simplest tests to conduct, but it's also one of the most critical. In this test, you distribute copies of disaster recovery plans to the members of the disaster recovery team for review. This lets you accomplish three goals simultaneously:

- It ensures that key personnel are aware of their responsibilities and have that knowledge refreshed periodically.
- It provides individuals with an opportunity to review the plans for obsolete information and update any items that require modification because of changes within the organization.
- In large organizations, it helps identify situations in which key personnel have left the company and nobody bothered to reassign their disaster recovery responsibilities. This is also a good reason why disaster recovery responsibilities should be included in job descriptions.

Tabletop

During a *tabletop*, members of the disaster recovery team gather in a large conference room and role-play a disaster scenario. Usually, the exact scenario is known only to the test moderator, who presents the details to the team at the meeting. The team members then refer to their copies of the disaster recovery plan and discuss the appropriate responses to that particular type of disaster.

Walk-Through

Walk-throughs may vary in their scope and intent. Some exercises include taking physical actions or at least considering their impact on the exercise. For example, a walk-through might require that everyone leave the building and return home to participate in the exercise.

Simulation Test

In *simulation tests*, disaster recovery team members are presented with a scenario and asked to develop an appropriate response. Unlike with the tests previously discussed, some of these response measures are then tested. This may involve the interruption of noncritical business activities and the use of some operational personnel.

Parallel Test

Parallel tests represent the next level in testing and involve relocating personnel to the alternate recovery site and implementing site activation procedures. The employees relocated to the site perform their disaster recovery responsibilities just as they would for an actual disaster. The only difference is that operations at the main facility are not interrupted. That site retains full responsibility for conducting the day-to-day business of the organization.

Full-Interruption Test

Full-interruption tests operate like parallel tests, but they involve actually shutting down operations at the primary site and shifting them to the recovery site. These tests involve a significant risk, since they require the operational shutdown of the primary site and transfer to the recovery site, followed by the reverse process to restore operations at the primary site. For this reason, full-interruption tests are extremely difficult to arrange, and you often encounter resistance from management.

Lessons Learned

At the conclusion of any disaster recovery operation or other security incident, the organization should conduct a *lessons learned* session. The lessons learned process is designed to provide everyone involved with the incident response effort an opportunity to reflect on their individual roles in the incident and the team's response overall. It is an opportunity to improve the processes and technologies used in incident response to better respond to future security crises.

The most common way to conduct lessons learned is to gather everyone in the same room, or connect them via videoconference or telephone, and ask a trained facilitator to lead a lessons learned session. Ideally, this facilitator should have played no role in the incident response, leaving them with no preconceived notions about the response. The facilitator should be a neutral party who simply helps guide the conversation.

Time is of the essence with the lessons learned session because, as time passes, details quickly become fuzzy and memories are lost. The

more quickly you conduct a lessons learned session, the more likely it is that you will receive valuable feedback that can help guide future responses.

In SP 800-61, NIST offers a series of questions to use in the lessons learned process. They include the following:

- Exactly what happened and at what times?
- How well did staff and management perform in dealing with the incident?
- Were documented procedures followed?
- Were the procedures adequate?
- What information was needed sooner?
- Were any steps or actions taken that might have inhibited the recovery?
- What would the staff and management do differently the next time a similar incident occurs?
- How could information sharing with other organizations have been improved?
- What corrective actions can prevent similar incidents in the future?
- What precursors or indicators should be watched for in the future to detect similar incidents?
- What additional tools or resources are needed to detect, analyze, and mitigate future incidents?

The responses to these questions, if given honestly, will provide valuable insight into the state of the organization's incident response program. They can help provide a road map of future improvements designed to bolster disaster recovery. The facilitator should work with the team leader to document the lessons learned in a report that includes suggested process improvement actions.

Maintenance

Remember that a disaster recovery plan is a living document. As your organization's needs change, you must adapt the disaster recovery plan to meet those changed needs to follow suit. You will discover many necessary modifications by using a well-organized and coordinated testing plan. Minor changes may often be made through a series of telephone conversations or emails, whereas major changes may require one or more meetings of the full disaster recovery team.

A disaster recovery planner should refer to the organization's business continuity plan as a template for its recovery efforts. This and all the supportive material may need to comply with applicable regulations and reflect current business needs. Business processes such as payroll and order generation should contain specified metrics mapped to related IT systems and infrastructure.

Most organizations apply formal change management processes so that whenever the IT infrastructure changes, all relevant documentation is updated and checked to reflect such changes. Regularly scheduled fire drills and dry runs to ensure that all elements of the DRP are used properly to keep staff trained present a perfect opportunity to integrate changes into regular maintenance and change management procedures. Design, implement, and document changes each time you go through these processes and exercises. Know where everything is, and keep each element of the DRP working properly. In case of an emergency, use your recovery plan. Finally, make sure the staff stays trained to keep their skills sharp—for existing support personnel—and use simulated exercises to bring new people up to speed quickly.

Test Communications

Before embarking on any test, it's essential to inform all stakeholders about what to expect. This includes giving them an idea of the scheduled timing, the potential impacts, and the overarching goals of the test. By doing so, you not only ensure that business operations continue smoothly, but you're also managing and setting accurate expectations.

During the test, especially ones that might disrupt normal operations like full-interruption tests, giving regular updates becomes crucial. Stakeholders need to be kept in the loop about the progress, any challenges faced, and any deviations from the expected end time. Such transparency not only keeps everyone informed but also helps in building trust.

Post-test, a debriefing session provides an opportunity for discussing the outcomes of the test, highlighting both the successes and pinpointing areas that need improvement. It provides closure to the current test and paves the way for future enhancements.

Many industries and regions have stringent regulations dictating the details of disaster recovery plan testing. Keeping regulators informed is not just about compliance, but it also underscores the organization's commitment to resilience and good governance. Furthermore, maintaining comprehensive records and sharing them as required reinforces this commitment and keeps the regulatory relationship transparent.

Summary

Disaster recovery planning is critical to a comprehensive information security program. DRPs serve as a valuable complement to business continuity plans and ensure that the proper technical controls are in place to keep the business functioning and to restore service after a disruption.

In this chapter, you learned about the different types of natural and human-made disasters that may impact your business. You also explored the types of recovery sites and backup strategies that bolster your recovery capabilities.

An organization's disaster recovery plan is one of the most important documents under the purview of security professionals. It should provide guidance to the personnel responsible for ensuring the continuity of operations in the face of disaster. The DRP provides an orderly sequence of events designed to activate alternate processing sites while simultaneously restoring the primary site to operational status. Once you've successfully developed your DRP, you must train personnel on its use, ensure that you maintain accurate

documentation, and conduct periodic tests to keep the plan fresh in the minds of responders.

Study Essentials

Know the common types of natural disasters that may threaten an organization. Natural disasters that commonly threaten organizations include earthquakes, floods, storms, fires, pandemics, tsunamis, and volcanic eruptions.

Know the common types of human-made disasters that may threaten an organization. Explosions, electrical fires, terrorist acts, power outages, other utility failures, infrastructure failures, hardware/software failures, labor difficulties, theft, and vandalism are all common human-made disasters.

Be familiar with the common types of recovery facilities. The common types of recovery facilities are cold sites, warm sites, hot sites, mobile sites, cloud computing, and multiple sites. Be sure you understand the benefits and drawbacks of each such facility.

Explain the potential benefits behind mutual assistance agreements as well as the reasons they are not commonly implemented in businesses today. Mutual assistance agreements (MAAs) provide an inexpensive alternative to disaster recovery sites, but they are not commonly used because they are difficult to enforce. Organizations participating in an MAA may also be shut down by the same disaster, and MAAs raise confidentiality concerns.

Understand the technologies that may assist with database backup. Databases benefit from three backup technologies. Electronic vaulting is used to transfer database backups to a remote site as part of a bulk transfer. In remote journaling, data transfers occur on a more frequent basis. With remote mirroring technology, database transactions are mirrored at the backup site in real time.

Explain the common processes used in disaster recovery programs. These programs should take a comprehensive approach to planning and include considerations related to the initial response effort, personnel involved, communication among the team

members and with internal and external entities, assessment of response efforts, and restoration of services. DR programs should also include training and awareness efforts to ensure personnel understand their responsibilities and lessons learned sessions to continuously improve the program.

Know the six types of disaster recovery plan tests and the impact each has on normal business operations. The six types of disaster recovery plan tests are read-throughs, tabletops, walk-throughs, simulation tests, parallel tests, and full-interruption tests. Read-throughs are purely paperwork exercises, whereas tabletops and walk-throughs involve project team meetings. They have no impact on business operations. Simulation tests may shut down noncritical business units. Parallel tests involve relocating personnel but do not affect day-to-day operations. Full-interruption tests involve shutting down primary systems and shifting responsibility to the recovery facility.

Written Lab

1. What are some of the main concerns businesses have when considering adopting a mutual assistance agreement?
2. List and explain the six types of disaster recovery tests.
3. Explain the differences between the three types of backup strategies discussed in this chapter.
4. Describe how cloud computing influences disaster recovery programs.

Review Questions

1. James is working with his organization's leadership to help them understand the role that disaster recovery plays in their cybersecurity strategy. The leaders are confused about the differences between disaster recovery and business continuity. What is the end goal of disaster recovery planning?
 - A. Preventing business interruption

- B. Setting up temporary business operations
 - C. Restoring normal business activity
 - D. Minimizing the impact of a disaster
2. Kevin is attempting to determine an appropriate backup frequency for his organization's database server and wants to ensure that any data loss is within the organization's risk appetite. Which one of the following security process metrics would best assist him with this task?
- A. RTO
 - B. MTD
 - C. RPO
 - D. MTBF
3. Brian's organization recently suffered a disaster and wants to improve their disaster recovery program based upon their experience. Which one of the following activities will best assist with this task?
- A. Training programs
 - B. Awareness efforts
 - C. BIA review
 - D. Lessons learned
4. Adam is reviewing the fault tolerance controls used by his organization and realizes that they currently have a single point of failure in the disks used to support a critical server. Which one of the following controls can provide fault tolerance for these disks?
- A. Load balancing
 - B. RAID
 - C. Clustering
 - D. High availability (HA) pairs
5. Brad is helping to design a disaster recovery strategy for his organization and is analyzing possible storage locations for

backup data. He is not certain where the organization will recover operations in the event of a disaster and would like to choose an option that allows them the flexibility to easily retrieve data from any DR site. Which one of the following storage locations provides the best option for Brad?

- A. Primary data center
- B. Field office
- C. Cloud computing
- D. IT manager's home

6. Which of the following statements about business continuity planning and disaster recovery planning are correct? (Choose all that apply.)

- A. Business continuity planning is focused on keeping business functions uninterrupted when a disaster strikes.
- B. Organizations can choose whether to develop business continuity planning or disaster recovery planning plans.
- C. Business continuity planning picks up where disaster recovery planning leaves off.
- D. Disaster recovery planning guides an organization through recovery of normal operations at the primary facility.

7. Tonya is reviewing the flood risk to her organization and learns that their primary data center resides within a 100-year floodplain. What conclusion can she draw from this information?

- A. The last flood of any kind to hit the area was more than 100 years ago.
- B. The odds of a flood at this level are 1 in 100 in any given year.
- C. The area is expected to be safe from flooding for at least 100 years.
- D. The last significant flood to hit the area was more than 100 years ago.

8. Randi is designing a disaster recovery mechanism for her organization's critical business databases. She selects a strategy where an exact, up-to-date copy of the database is maintained at an alternative location. What term describes this approach?
- A. Transaction logging
 - B. Remote journaling
 - C. Electronic vaulting
 - D. Remote mirroring
9. Bryn runs a corporate website and currently uses a single server, which is capable of handling the site's entire load. She is concerned, however, that an outage on that server could cause the organization to exceed its RTO. What action could she take that would best protect against this risk?
- A. Install dual power supplies in the server.
 - B. Replace the server's hard drives with RAID arrays.
 - C. Deploy multiple servers behind a load balancer.
 - D. Perform regular backups of the server.
10. Carl recently completed his organization's annual business continuity plan refresh and is now turning his attention to the disaster recovery plan. What output from the business continuity plan can he use to prepare the business unit prioritization task of disaster recovery planning?
- A. Vulnerability analysis
 - B. Business impact analysis
 - C. Risk management
 - D. Continuity planning
11. Nolan is considering the use of several different types of alternate processing facility for his organization's data center. Which one of the following alternative processing sites takes the longest time to activate but has the lowest cost to implement?
- A. Hot site

- B. Mobile site
 - C. Cold site
 - D. Warm site
12. Ingrid is concerned that one of her organization's data centers has been experiencing a series of momentary power outages. Which one of the following controls would best preserve their operating status?
- A. Generator
 - B. Dual-power supplies
 - C. UPS
 - D. Redundant network links
13. Which one of the following items is a characteristic of hot sites but not a characteristic of warm sites?
- A. Communications circuits
 - B. Workstations
 - C. Servers
 - D. Current data
14. Harry is conducting a disaster recovery test. He moved a group of personnel to the alternate recovery site where they are mimicking the operations of the primary site but do not have operational responsibility. What type of disaster recovery test is he performing?
- A. Read-through
 - B. Walk-through
 - C. Simulation test
 - D. Parallel test
15. What type of document will help public relations specialists and other individuals who need a high-level summary of disaster recovery efforts while they are underway?
- A. Executive summary

- B. Technical guides
 - C. Department-specific plans
 - D. Checklists
16. What disaster recovery planning tool can be used to protect an organization against the failure of a critical software firm to provide appropriate support for their products?
- A. Differential backups
 - B. Business impact assessment
 - C. Incremental backups
 - D. Software escrow agreement
17. What type of backup involves always storing copies of all files modified since the most recent full backup?
- A. Differential backups
 - B. Partial backup
 - C. Incremental backups
 - D. Database backup
18. You operate a grain processing business and are developing your restoration priorities. Which one of the following systems would likely be your highest priority?
- A. Order-processing system
 - B. Fire suppression system
 - C. Payroll system
 - D. Website
19. What combination of backup strategies provides the fastest backup restoration time?
- A. Full backups and differential backups
 - B. Partial backups and incremental backups
 - C. Full backups and incremental backups
 - D. Incremental backups and differential backups

20. What type of disaster recovery plan test fully evaluates operations at the backup facility but does not shift primary operations responsibility from the main site?

- A. Walk-through
- B. Parallel test
- C. Full-interruption test
- D. Simulation test