Theoretical Justification of Deep Learning

Generalization and Optimization

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Agenda

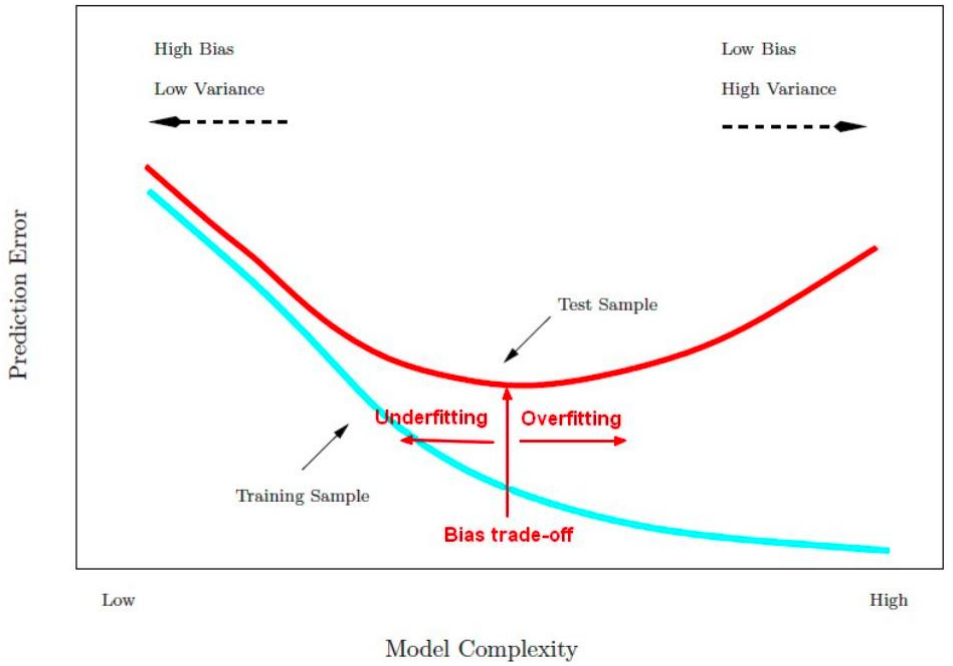
- Standard/classic statistical learning theory (SLT)
- Double Descent and limitations of classic SLT
- Benign Overfitting in interpolating shallow models
  - Linear Models
  - Kernel Methods
  - Boosting
  - Random Forests
- Theoretical Justifications of linear interpolators
- Linearization of Neural Networks
- Optimization: SGD Implicit Bias
- References

Classic/Standard Statistical Learning Theory

	Finite $\mathcal{H}$	Infinite $\mathcal{H}$
Realizable	$\mathfrak{R}(g) \leq \frac{1}{N}[\log \lvert\mathcal{H}\rvert + \log \frac{1}{\delta}]$	$\mathfrak{R}(g) < \frac{VC(\mathcal{H}) \log 2N + \log \frac{1}{\delta}}{N}$
Agnostic	$\mathfrak{R}(g) < \hat{\mathfrak{R}}(g) + \sqrt{\frac{1}{2N} \log \frac{2\lvert\mathcal{H}\rvert}{\delta}}$	$\mathfrak{R}(g) < \hat{\mathfrak{R}}(g) + \sqrt{\frac{VC(\mathcal{H})(\log \frac{2N}{VC(\mathcal{H})}) + \log \frac{4}{\delta}}{N}}$

where $VC(\mathcal{H})$ is the Vapnik-Chervonenkis dimension of the hypothesis space $\mathcal{H}$. What is $VC(\mathcal{H})$ dimension ?

- A dichotomy of a set S is a partition of S into two disjoint subsets
- A set of instances S is shattered by a hypothesis space $\mathcal{H}$ if and only if for every dichotomy of S there exists some hypothesis in $\mathcal{H}$ consistent with this dichotomy.
- The Vapnik-Chervonenkis dimension $VC(\mathcal{H})$ of hypothesis space $\mathcal{H}$ defined over instance space $\mathcal{X}$ is the size of the largest finite subset of $\mathcal{X}$ shattered by $\mathcal{H}$. If arbitrary large finite sets of $\mathcal{X}$ can be shattered by $\mathcal{H}$, then $VC(\mathcal{H}) = \infty$



VC Dimension

Hypothesis class	VC dimension (approx/exact)
Half-line thresholds on $\mathbb{R}$, $h_a(x) = \mathbf{1}\{x \geq a\}$	**1**
Intervals on $\mathbb{R}$ (positive on $[a, b]$)	**2**
Union of k intervals on $\mathbb{R}$	$2k$
Homogeneous hyperplanes in $\mathbb{R}^d$ (through origin)	d
Affine hyperplanes in $\mathbb{R}^d$ (with bias)	$d + 1$
Axis-aligned rectangles in $\mathbb{R}^d$	$2d$ *(⇒ in $\mathbb{R}^2$: 4)*
Euclidean balls in $\mathbb{R}^d$	$d + 1$
Decision stumps on d real features	d
Depth-L axis-aligned decision trees	$O(2^L \log 2^L)$ *(grows with #leaves)*
1-Nearest Neighbor in $\mathbb{R}^d$ (prototypes unconstrained)	∞
Degree-p polynomial separators in $\mathbb{R}^d$	$\binom{d+p}{p}$
ReLU (piecewise-linear) NN with W weights	$\Theta(W \log W)$ *(tight up to constants)*
Linear separators with margin γ on radius-R data	$\lesssim (R/\gamma)^2$ *(dimension-free bound)*

VC measures worst-case shattering power; higher VC implies a greater sample requirement or stronger regularization for good generalization.

Double Descent (1)

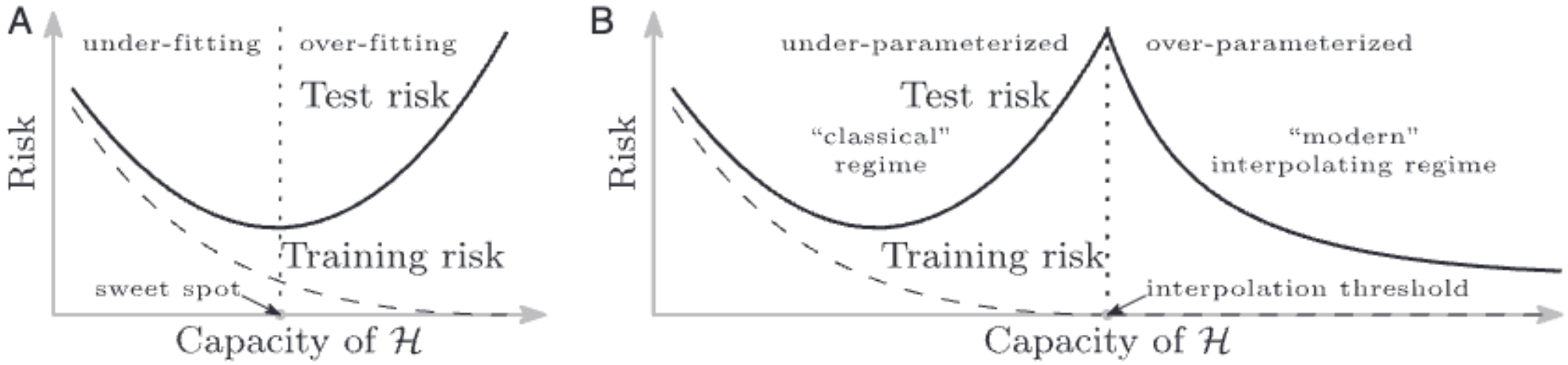


Fig. 1. Curves for training risk (dashed line) and test risk (solid line). (*A*) The classical U-shaped risk curve arising from the bias–variance trade-off. (*B*) The double-descent risk curve, which incorporates the U-shaped risk curve (i.e., the "classical" regime) together with the observed behavior from using high-capacity function classes (i.e., the "modern" interpolating regime), separated by the interpolation threshold. The predictors to the right of the interpolation threshold have zero training risk.

Mikhail Belkin, Daniel Hsu, Siyuan Ma, Soumik Mandal, Reconciling modern machine-learning practice and the classical bias-variance trade-off

Double Descent (2)

- As model capacity increases from small to moderate, test error first decreases and then increases.
- There is a point where the model exactly fits the training data while test error is near its highest.
- Beyond this point, further increasing capacity causes test error to decrease again.
- Training error keeps decreasing with capacity and remains near zero after exact fit.
- The behavior therefore is not a single U-shape but a “double descent” in test error as capacity grows.
- Models that are far larger than needed to interpolate the data can exhibit lower test error than smaller models.
- The location of the peak and the rate of the second descent depend on the task, data, and model family.

Double Descent (3)

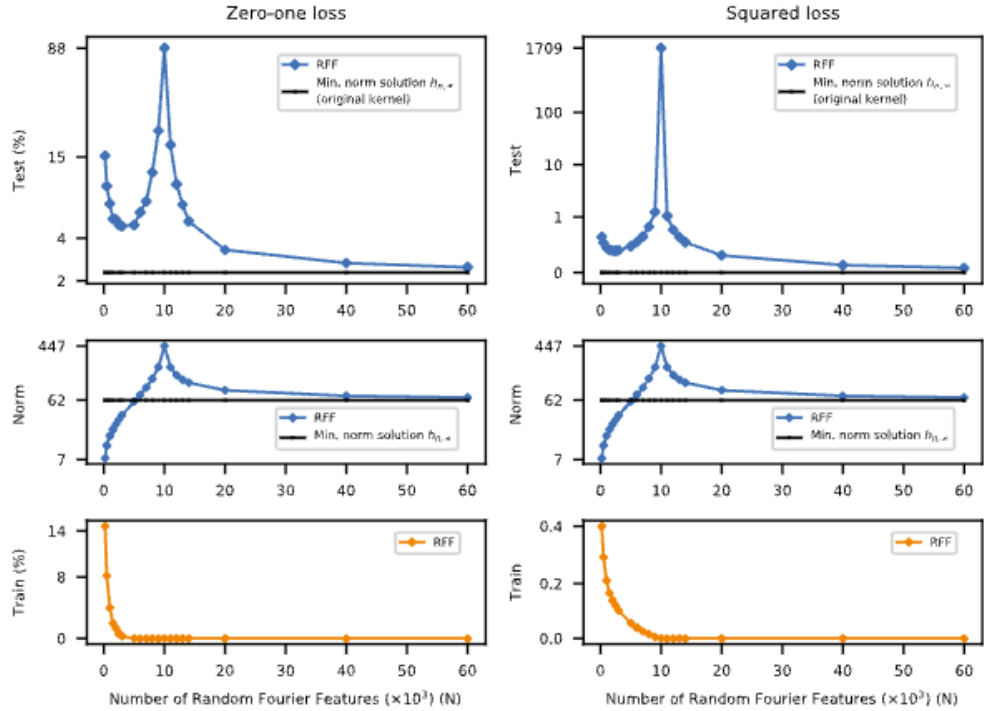


Fig. 2. Double-descent risk curve for the RFF model on MNIST. Shown are test risks (log scale), coefficient ℓ_2 norms (log scale), and training risks of the RFF model predictors $h_{n,N}$ learned on a subset of MNIST ($n = 10^4$, 10 classes). The interpolation threshold is achieved at $N = 10^4$.

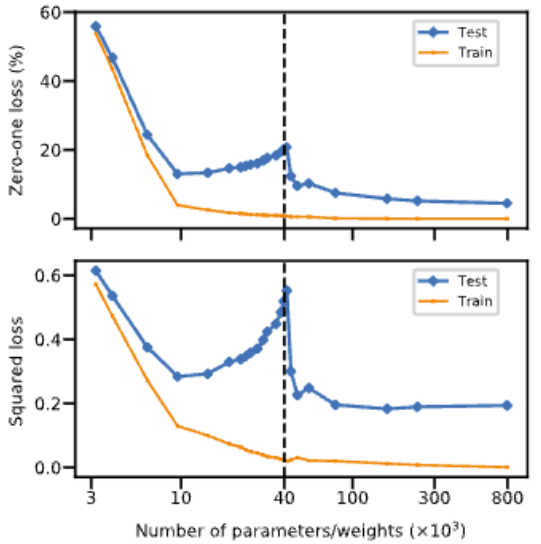


Fig. 3. Double-descent risk curve for a fully connected neural network on MNIST. Shown are training and test risks of a network with a single layer of H hidden units, learned on a subset of MNIST ($n = 4 \cdot 10^3$, $d = 784$, $K = 10$ classes). The number of parameters is $(d + 1) \cdot H + (H + 1) \cdot K$. The interpolation threshold (black dashed line) is observed at $n \cdot K$.

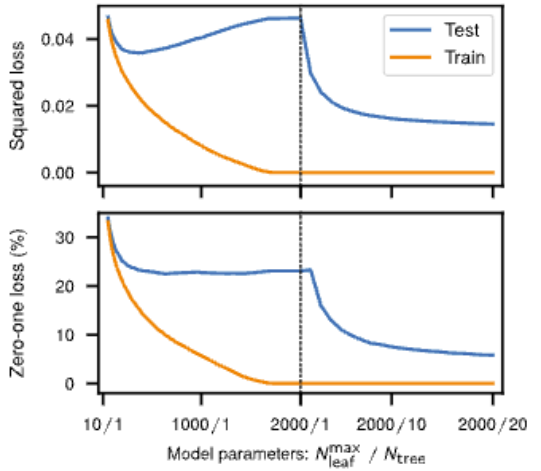


Fig. 4. Double-descent risk curve for random forests on MNIST. The double-descent risk curve is observed for random forests with increasing model complexity trained on a subset of MNIST ($n = 10^4$, 10 classes). Its complexity is controlled by the number of trees N_{tree} and the maximum number of leaves allowed for each tree N_{leaf}^{max}.

Mikhail Belkin, Daniel Hsu, Siyuan Ma, Soumik Mandal, Reconciling modern machine-learning practice and the classical bias-variance trade-off

Double Descent (4)

- The **double-descent pattern** shows up in **all three**: a linear model (with random features), a **random forest**, and a **neural network**.
- For each model family, **training error** falls to (near) zero as complexity increases and stays near zero afterward.
- For each model family, **test error peaks around the interpolation threshold**—the point where the model first exactly fits the training data.
- **Linear model:** increasing the number of random features moves from under- to over-parameterized and produces the same peak-then-drop in test error.
- **Neural network:** growing hidden units/parameters shows the same peak at interpolation followed by a second descent in test error.
- **Random forest:** increasing trees/allowed depth shows the same pattern—test error rises to a peak and then declines with more capacity.
- Across losses (zero-one and squared), the qualitative behavior is the **same** for all three model classes.
- The **peak location** and **descent rate** differ by model family and the chosen complexity knob, but the **overall pattern is consistent**.

Justification of Double Descent in linear regression (1)

We consider a regression problem where the response y is equal to a linear function $\boldsymbol{\beta} = (\beta_1, \ldots, \beta_D) \in \mathbb{R}^D$ of D real-valued variables $\boldsymbol{x} = (x_1, \ldots, x_D)$ plus noise $\sigma\epsilon$:

$$y = \boldsymbol{x}^* \boldsymbol{\beta} + \sigma\epsilon = \sum_{j=1}^{D} x_j \beta_j + \sigma\epsilon.$$

Given n iid copies $((\boldsymbol{x}^{(i)}, y^{(i)}))_{i=1}^n$ of $(\boldsymbol{x}, y)$, we fit a linear model to the data only using a subset $T \subseteq [D] := \{1, \ldots, D\}$ of $p := |T|$ variables.

Let $\boldsymbol{X} := [\boldsymbol{x}^{(1)}| \cdots |\boldsymbol{x}^{(n)}]^*$ be the $n \times D$ design matrix, and let $\boldsymbol{y} := (y^{(1)}, \ldots, y^{(n)})$ be the vector of responses. For a subset $A \subseteq [D]$ and a D-dimensional vector $\boldsymbol{v}$, we use $\boldsymbol{v}_A := (v_j : j \in A)$ to denote its $|A|$-dimensional subvector of entries from A; we also use $\boldsymbol{X}_A := [\boldsymbol{x}_A^{(1)}| \cdots |\boldsymbol{x}_A^{(n)}]^*$ to denote the $n \times |A|$ design matrix with variables from A. For $A \subseteq [D]$, we denote its complement by $A^c := [D] \setminus A$. Finally, $\|\cdot\|$ denotes the Euclidean norm.

We fit regression coefficients $\hat{\boldsymbol{\beta}} = (\hat{\beta}_1, \ldots, \hat{\beta}_D)$ with

$$\hat{\boldsymbol{\beta}}_T := \boldsymbol{X}_T^\dagger \boldsymbol{y}, \quad \hat{\boldsymbol{\beta}}_{T^c} := \boldsymbol{0}.$$

Above, the symbol † denotes the Moore-Penrose pseudoinverse. In other words, we use the solution to the normal equations $\boldsymbol{X}_T^* \boldsymbol{X}_T \boldsymbol{v} = \boldsymbol{X}_T^* \boldsymbol{y}$ of least norm for $\hat{\boldsymbol{\beta}}_T$ and force $\hat{\boldsymbol{\beta}}_{T^c}$ to all-zeros.

Theorem 1. *Assume the distribution of $\boldsymbol{x}$ is the standard normal in $\mathbb{R}^D$, ϵ is a standard normal random variable independent of $\boldsymbol{x}$, and $y = \boldsymbol{x}^* \boldsymbol{\beta} + \sigma\epsilon$ for some $\boldsymbol{\beta} \in \mathbb{R}^D$ and $\sigma > 0$. Pick any $p \in \{0, \ldots, D\}$ and $T \subseteq [D]$ of cardinality p. The risk of $\hat{\boldsymbol{\beta}}$, where $\hat{\boldsymbol{\beta}}_T = \boldsymbol{X}_T^\dagger \boldsymbol{y}$ and $\hat{\boldsymbol{\beta}}_{T^c} = \boldsymbol{0}$, is*

$$\mathbb{E}[(y - \boldsymbol{x}^* \hat{\boldsymbol{\beta}})^2] = \begin{cases} (\|\boldsymbol{\beta}_{T^c}\|^2 + \sigma^2) \cdot \left(1 + \frac{p}{n-p-1}\right) & \text{if } p \le n-2; \\ +\infty & \text{if } n-1 \le p \le n+1; \\ \|\boldsymbol{\beta}_T\|^2 \cdot \left(1 - \frac{n}{p}\right) + (\|\boldsymbol{\beta}_{T^c}\|^2 + \sigma^2) \cdot \left(1 + \frac{n}{p-n-1}\right) & \text{if } p \ge n+2. \end{cases}$$

The proof of Theorem 1 is not hard, we give the details in Section 2.2. We now turn to the risk of $\hat{\boldsymbol{\beta}}$ under a random selection model for T.

Mikhail Belkin, Daniel Hsu, and Ji Xu (2020) , Two models of double descent for weak features

Justification Double Descent in linear regression (2)

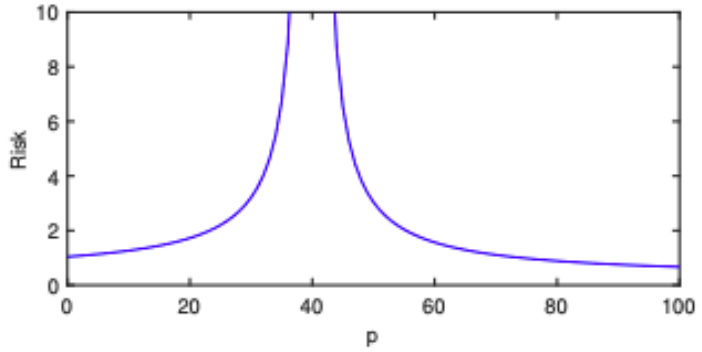


Figure 1: Plot of risk $\mathbb{E}[(y - \boldsymbol{x}^*\hat{\boldsymbol{\beta}})^2]$ as a function of p, under the random selection model of T. Here, $\|\boldsymbol{\beta}\|^2 = 1$, $\sigma^2 = 1/25$, $D = 100$, and $n = 40$.

- In this setup with n=40n = 40n=40 and D=100D = 100D=100, least-squares regression uses ppp features, and as ppp increases up to nnn, the model overfits and risk worsens—reflecting the classical double descent without the initial descent. Interestingly, when p>np > np>n, the risk decreases again as the model benefits from overparameterization, perfectly fitting the data while becoming less volatile.

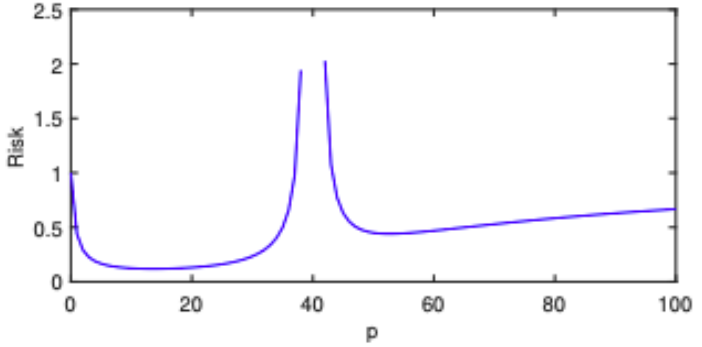


Figure 2: Plot of risk $\mathbb{E}[(y - \boldsymbol{x}^*\hat{\boldsymbol{\beta}})^2]$ as a function of p, under the "prescient" selection model of T. Here, $\|\boldsymbol{\beta}\|^2 = 1$, $\beta_j^2 \propto 1/j^2$, $\sigma^2 = 1/25$, $D = 100$, and $n = 40$.

- The risk curve shows a "sweet spot" at low feature counts, resembling traditional descent, with higher risk in the interpolation regime. This happens because in a scientific feature selection setting, one cannot hand-pick informative features—so interpolation only helps when feature choice isn't biased. If features can be cherry-picked, good performance is achievable even with few variables.

Clayton Sanford (2021) BHX19: Two models of double descent for weak features

Minimum-norm solution in the under-determined/overparameterized/interpolating regime

Setting. Linear regression with more parameters than samples:

- Data matrix $X \in \mathbb{R}^{n \times d}$ with $d > n$; targets $y \in \mathbb{R}^n$.
- Interpolation means there exist $w \in \mathbb{R}^d$ such that $Xw = y$ (infinitely many solutions).

Main result (least-squares). Among all interpolating solutions,

$$w^\dagger = \arg\min_{w:\, Xw=y} \|w\|_2 \;=\; X^+ y \;=\; X^\top (XX^\top)^{-1} y,$$

where X^+ is the Moore–Penrose pseudoinverse.
Equivalently,

$$w^\dagger = \lim_{\lambda \downarrow 0} \arg\min_w \|Xw - y\|_2^2 + \lambda \|w\|_2^2.$$

How it's selected in practice (implicit bias).
Gradient Descent on squared loss, initialized at $w_0 = 0$ (and step size $< 2/\|X\|_2^2$), converges to $w^\dagger$ among all exact-fit solutions.

Kernel/RKHS analogue (ridgeless).
For kernel matrix $K = X_\phi X_\phi^\top$:

$$f^\dagger(\cdot) = \arg\min_{f:\, f(X)=y} \|f\|_{\mathcal{H}} \quad \Rightarrow \quad f^\dagger(x) = k(x, X)^\top K^+ y.$$

Why it matters. The minimum-norm (a.k.a. ridgeless) interpolant explains **implicit regularization**, connects to **double-descent/benign overfitting**, and often generalizes when signal aligns with the data span.

Notation. n: samples, d: features, X: design matrix, y: responses, w: parameters, $\|\cdot\|_2$: Euclidean norm, X^+: pseudoinverse, K: kernel Gram matrix, $\mathcal{H}$: RKHS

References.

- Hastie, Montanari, Rosset, Tibshirani (2019), *Surprises in High-Dimensional Ridgeless Least Squares*, PNAS.
- Bartlett, Long, Lugosi, Tsigler (2020), *Benign Overfitting in Linear Regression*, PNAS.
- (GD implicit bias) Gunasekar et al. (2018), *Implicit Bias of Gradient Descent on Linear Convolutional Networks*; standard linear case yields the minimum-ℓ_2 interpolant.

Bridging to Neural Tangent Kernel (NTK)

- We've seen that **linear models** and **kernel methods** can **interpolate** the data, and gradient descent picks the **minimum-norm** (ridgeless) interpolant—matching the **double-descent** pattern we observed.
- Natural question: **Can we approximate deep nets as linear or kernel machines** so we can **port these insights** (interpolation, minimum-norm bias, double descent) to modern networks?
- Idea: look at **very wide networks trained with small steps**; their training can be **linearized around initialization** and viewed through a **kernel** induced by the network itself.
- This leads us to the **Neural Tangent Kernel (NTK)—**a framework where wide nets behave like **kernel regressors** with a learned, network-defined kernel.
- **Next:** define NTK, show the training dynamics, and connect it back to interpolation and generalization.

Linearization of Neural Networks

For very wide nets trained with small steps, training behaves like fitting a linear model on fixed features determined at initialization.

Setup (scalar output for simplicity)

- **Data:** $X = \{x_i\}_{i=1}^n$, with $x_i \in \mathbb{R}^d$; labels $y \in \mathbb{R}^n$ where $y_i \in \mathbb{R}$.
- **Network:** $f_\theta : \mathbb{R}^d \to \mathbb{R}$ with parameters $\theta \in \mathbb{R}^p$.
- **Initialization:** $\theta_0 \in \mathbb{R}^p$; **parameter change:** $\Delta\theta := \theta - \theta_0$.

Fixed "tangent" features at initialization

- $\phi(x)$: gradient of the output w.r.t. parameters, evaluated at θ_0 (a length-p feature vector).

$$\phi(x) \;:=\; \nabla_\theta f_{\theta_0}(x) \in \mathbb{R}^p.$$

First-order (linear) approximation around θ_0

$$\boxed{f_\theta(x) \;\approx\; f_{\theta_0}(x) \;+\; \phi(x)^\top \Delta\theta}$$

- $f_{\theta_0}(x)$: prediction at initialization.
- $\phi(x)^\top \Delta\theta$: linear model in the **fixed features** $\phi(x)$.

Neural Tangent Kernel (NTK)

$$K(x, x') \;:=\; \phi(x)^\top \phi(x') \in \mathbb{R}.$$

- **Kernel Gram matrix (train–train):** $K(X, X) \in \mathbb{R}^{n \times n}$ with entries $K_{ij} = K(x_i, x_j)$.
- **Cross-kernel (test–train):** $K(x, X) \in \mathbb{R}^n$ with entries $K(x, x_i)$.

Training dynamics (squared loss, gradient flow)

Let $f_t(X) \in \mathbb{R}^n$ collect predictions $\big(f_{\theta(t)}(x_1), \ldots, f_{\theta(t)}(x_n)\big)$.
Under gradient flow (continuous-time limit of small-step GD) in the lazy regime:

$$\boxed{\frac{df_t(X)}{dt} \;=\; -K(X, X)\,\big(f_t(X) - y\big)}$$

- t: (continuous) training time.
- Interpretation: predictions evolve by **kernel gradient descent** with kernel K.

Closed-form limit (interpolation, $K(X, X)$ invertible)

$$\boxed{f_\infty(x) \;=\; K(x, X)\, K(X, X)^{-1}\, y}$$

- The trained wide NN behaves like **kernel regression with the NTK**.
- If $K(X, X)$ is ill-conditioned, use ridge:

$$f_\lambda(x) = K(x, X)\,\big(K(X, X) + \lambda I\big)^{-1} y, \quad \lambda > 0.$$

Wide + small steps ⇒ NN ≈ NTK kernel regression ⇒ double descent/benign overfitting results from linear & kernel models largely apply.

Arthur Jacot et al (2020), Neural Tangent Kernel: Convergence and Generalization in Neural Networks

Implicit Bias of Gradient Descent

- **On linearly separable data, plain gradient descent on logistic/cross-entropy (and any smooth, strictly decreasing loss with an exponential tail) implicitly drives the predictor toward the hard-margin SVM solution.** Concretely, the weights blow up in norm but their **direction** converges to the L2 max-margin separator.
- Under similar assumptions, **SGD also converges in direction to the L2 max-margin separator** on linearly separable data with exponentially-tailed losses (e.g., logistic).
- **GD/SGD pick a specific interpolating classifier:** on linearly separable data with an exponentially-tailed loss (e.g., logistic), both **gradient descent** and **SGD** drive the weight norm to infinity but their **direction** converges to the **L2 hard-margin SVM**. Practically, training longer after achieving 0 training error keeps **increasing the margin**, which often improves test accuracy.
  - If you're doing linear (or last-layer) classification with cross-entropy, **plain GD/SGD implicitly does SVM-like margin maximization**—so longer training can help margins without explicit regularization.

Daniel Soudry, Elad Hoffer, Mor Shpigel Nacson, Suriya Gunasekar, Nathan Srebro (2018), The implicit Bias of Gradient Descent on Separable Data

Mor Shpigel Nacson et al (2019), Stochastic Gradient Descent on Separable Data: Exact Convergence with a Fixed Learning Rate

Taxonomy of overfitting

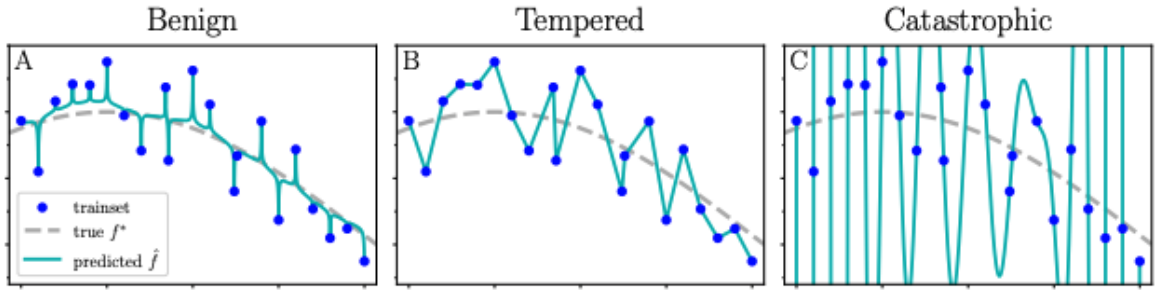


Figure 1: **As $n \to \infty$, interpolating methods can exhibit three types of overfitting. (A)** In *benign overfitting*, the predictor asymptotically approaches the ground-truth, Bayes-optimal function. Nadaraya-Watson kernel smoothing with a singular kernel, shown here, is asymptotically benign. **(B)** In *tempered overfitting*, the regime studied in this work, the predictor approaches a constant test risk greater than the Bayes-optimal risk. Piecewise-linear interpolation is asymptotically tempered. **(C)** In *catastrophic overfitting*, the predictor generalizes arbitrarily poorly. Rank-n polynomial interpolation is asymptotically catastrophic.

Benign	Tempered	Catastrophic
• Early-stopped DNNs	• **Interpolating DNNs**	• **Gaussian KR**
• KR with ridge	• **Laplace KR**	• Critically-parameterized regression
• k-NN ($k \sim \log n$)	• **ReLU NTKs**	
• Nadaraya-Watson kernel smoothing with Hilbert kernel	• k-NN (constant k)	
	• Simplicial interpolation	

Table 2: A taxonomy of models under the three types of fitting identified in this work. **BOLD** are results from our work, others are known or folklore results.

	Regression	**Classification**
Benign	$\lim_{n\to\infty} \mathcal{R}_n = R^*$	$\lim_{n\to\infty} \mathcal{R}_n = R^*$
Tempered	$\lim_{n\to\infty} \mathcal{R}_n \in (R^*, \infty)$	$\lim_{n\to\infty} \mathcal{R}_n \in (R^*, 1 - \frac{1}{K})$
Catastrophic	$\lim_{n\to\infty} \mathcal{R}_n = \infty$	$\lim_{n\to\infty} \mathcal{R}_n = 1 - \frac{1}{K}$

Neil Mallinar et al (2024), Benign, Temered, or Catastrophic: A taxonomy of Overfitting

Deep Neural Network Diagnostics via Random Matrix Theory

SETOL + WeightWatcher — one-slide takeaway

Main message. Deep nets that *generalize* have **heavy-tailed** layer spectra. You can **score a model's quality without any data** by fitting a power law to each layer's empirical spectral density (ESD) and reading off the **α (alpha)** exponent; SETOL provides the theory, WeightWatcher gives you the button.

arXiv +1

Key result (paper). SETOL derives a **layer-quality metric** via a one-step **Exact Renormalization Group (ERG)** construction and shows it **aligns closely with HTSR's α/α̂ metrics** computed from the ESDs of weight matrices—yielding **conditions for "ideal learning"** and flags for non-ideal regimes (e.g., **overfit layers when α < 2**). arXiv

What to remember.

- **Good layers:** α ≈ **2** (practically **2–6** acceptable).
- **Red flags:** α **< 2** (over-trained/memorizing) or ≫ **6** (under-trained/noisy); watch for **correlation traps** (spikes/outliers). WeightWatcher +1
- **Why it matters:** Average α̂ (and related summaries) **track test accuracy trends across model families**—no train/test data needed. Nature

Charles Martin and Michael Mahoney (2021), Implicit self-regularization in deep neural networks

References

- Mikhail Belkin, Daniel Hsu, Siyuan Ma, Soumik Mandal, Reconciling modern machine-learning practice and the classical bias-variance trade-off
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- Neil Mallinar et al (2024), Benign, Temered, or Catastrophic: A taxonomy of Overfitting
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- Oualid Missaoui (2025), Inductive Triplet Fine Tuning for Small Language Models