



HOW IS TIME SPENT  
BY PEOPLE AROUND  
THE GLOBE?

# CONTENT



OBJECTIVE



EXPLORING &  
FINDING OF  
DATASET



CONCLUSION

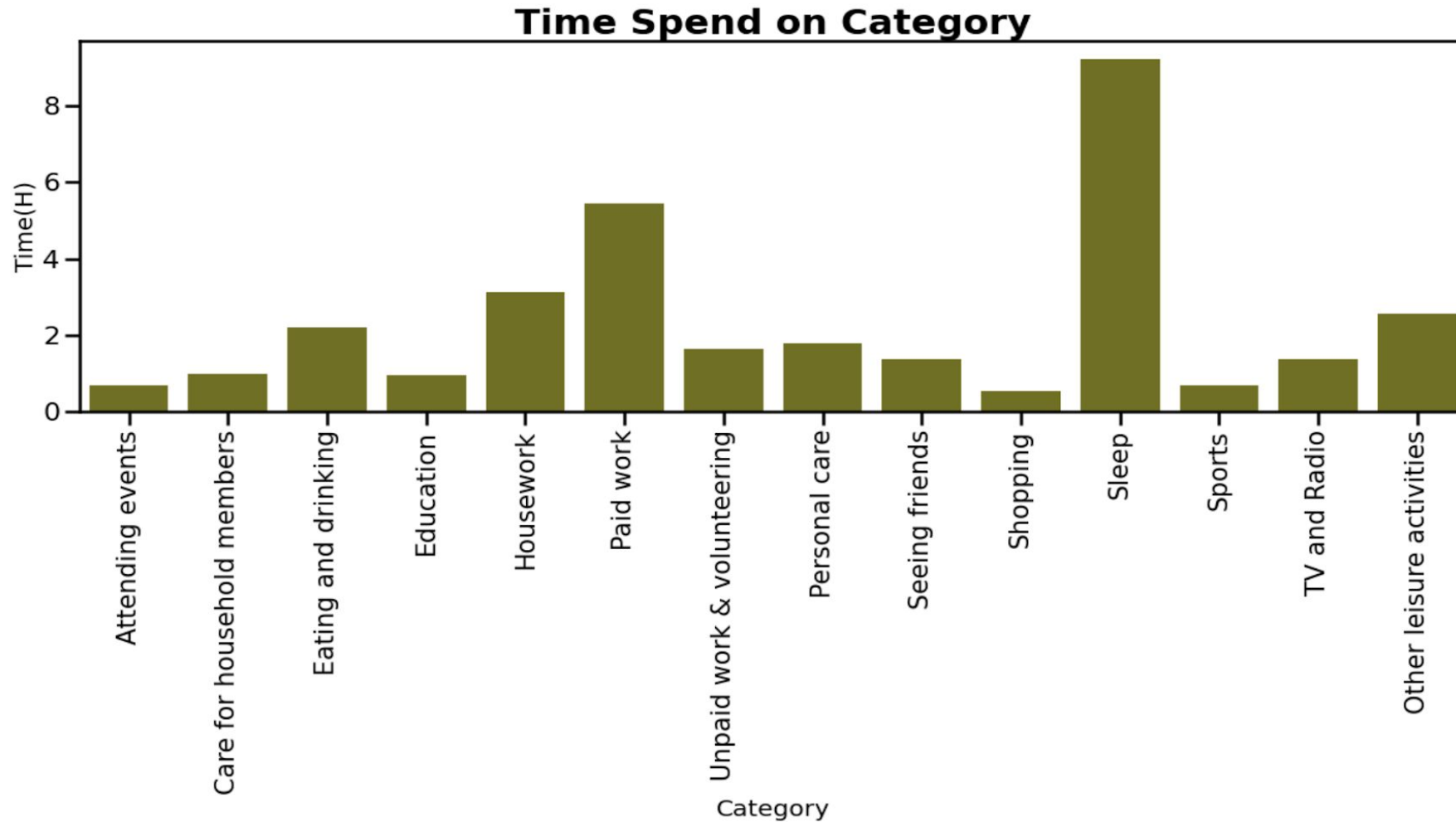


WHY SHOULD WE  
CARE?

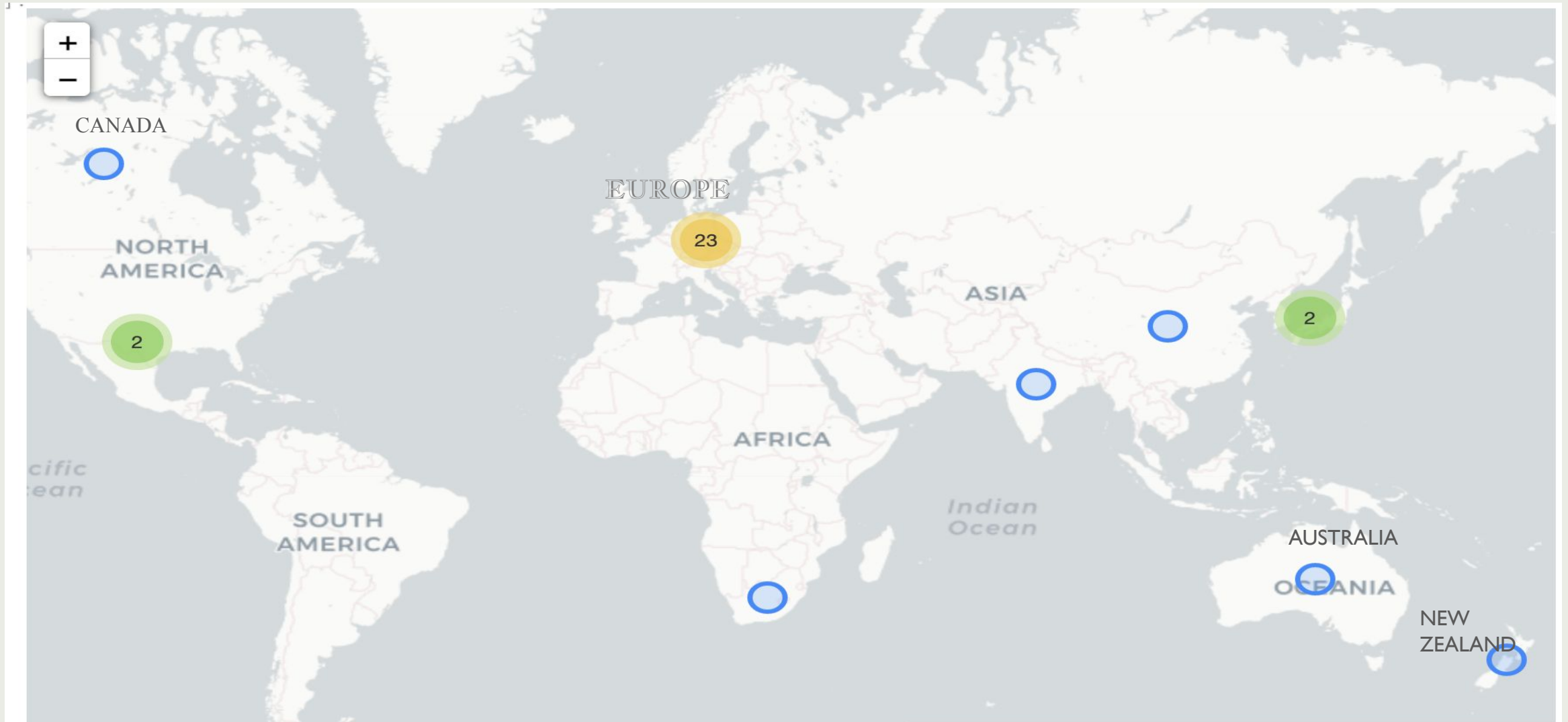
## OBJECTIVE

- How do people across the world spend their time and what does this tell us about living conditions, economic opportunities, and general well-being?

# WHAT DO WE SPEND MOST OF OUR TIME DOING?



THE MAJORITY OF COUNTRIES PRESENT IN THE DATASET ARE FROM EUROPE.



## CATEGORY

The following categories are listed in the dataset:

Attending events

Care for household members

Eating and drinking

Education

Housework

Other leisure activities – reading, texting, exercising, etc.

Other unpaid work & volunteering

Paid work

Personal care

Seeing friends

Shopping

Sleep

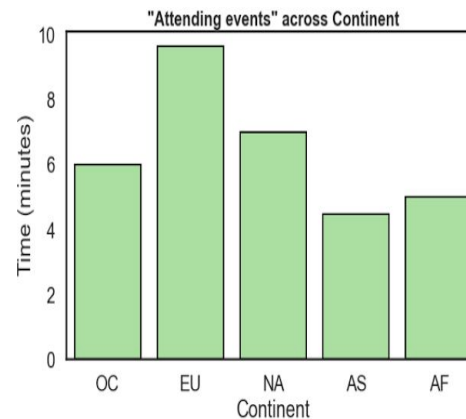
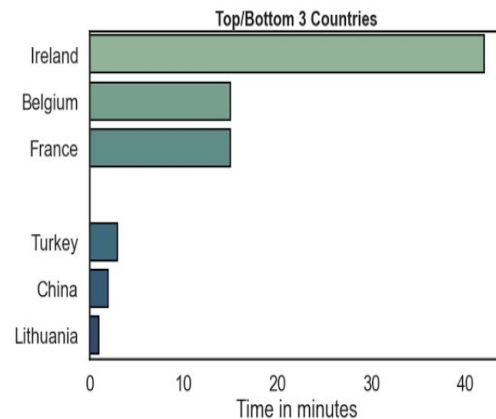
Sports

TV and Radio

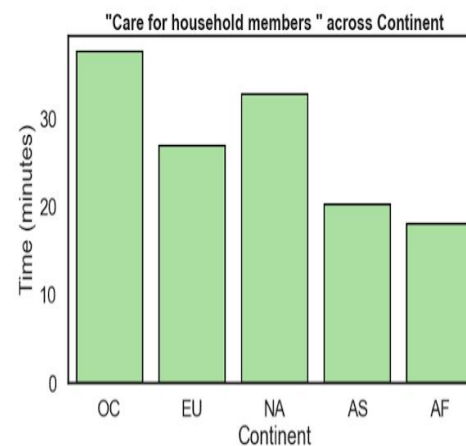
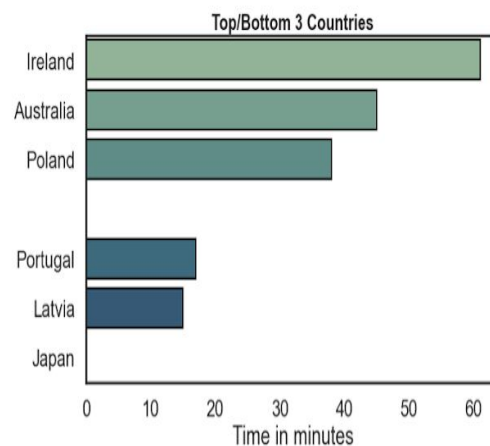
# AVERAGE TIME SPENT ON ACTIVITY

Category	Top Country	Time (hour)
Attending events	Ireland	42 mins
Care for household members	Ireland	1hr
Eating and drinking	France	2hrs & 13mins
Education	South Korea	57 mins
Housework	Mexico	3hrs & 7mins
Paid work	Japan	5 hrs & 26 mins
Unpaid work & Volunteering	Japan	1h & 38 mins
Personal care	France	1h & 47 mins
Seeing friends	Austria	1h & 22 mins
Shopping	Germany	32 mins
Sleep	South Africa	9hrs & 13 mins
Sports	Spain	42 mins
TV and Radio	USA	2h & 28 mins
Other leisure activities	Norway	2hrs & 34 mins

### Activity: Attending events



### Activity: Care for household members



ACROSS CONTINENTS, MOST COUNTRIES IN EUROPE SPENT MORE TIME ATTENDING EVENTS.

OCEANIA, SPEND MORE TIME ON CARE FOR HOUSEHOLD MEMBERS

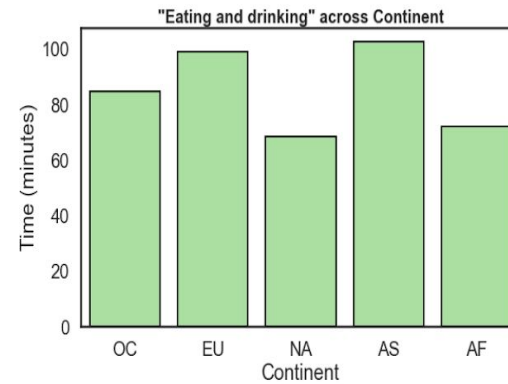
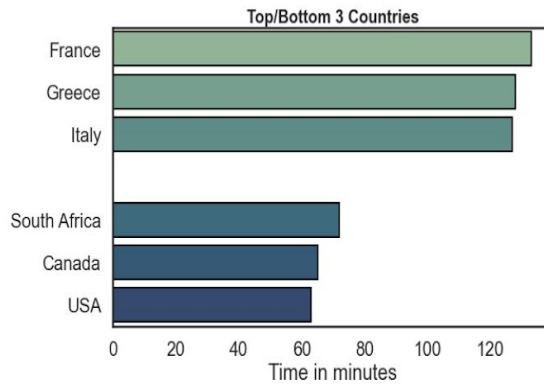
AND BY COUNTRY

PEOPLE IN IRELAND SPEND A DAILY AVERAGE OF 42 MINS ON ATTENDING EVENTS

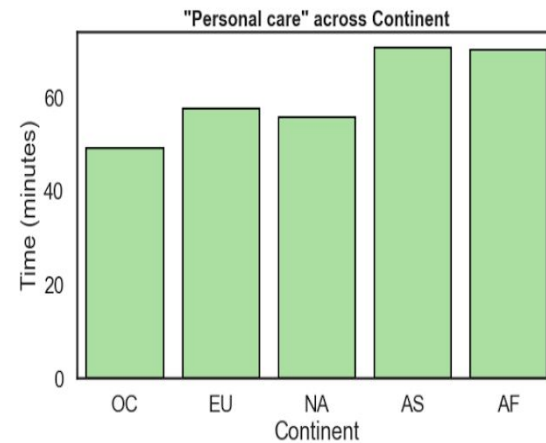
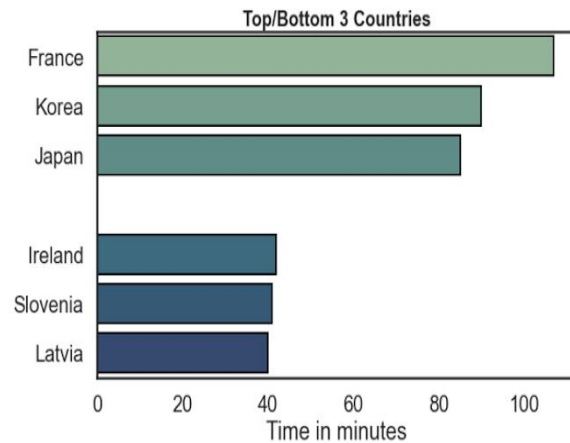
AND 1 HR ON CARING FOR HOUSEHOLD MEMBERS ON AVERAGE



## Activity: Eating and drinking



## Activity: Personal care



ACROSS CONTINENT, ASIA SPENDS A LITTLE MORE TIME THAN EUROPE ON EATING AND DRINKING AND ON PERSONAL CARE.

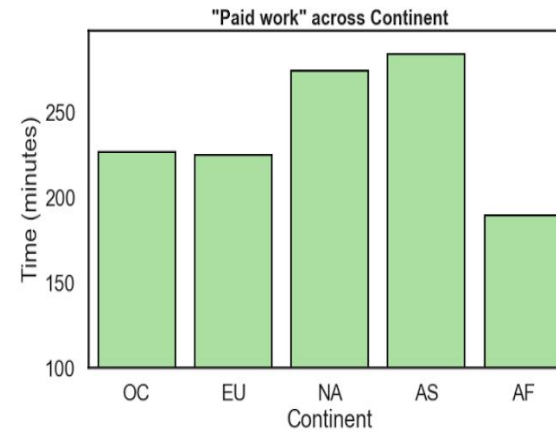
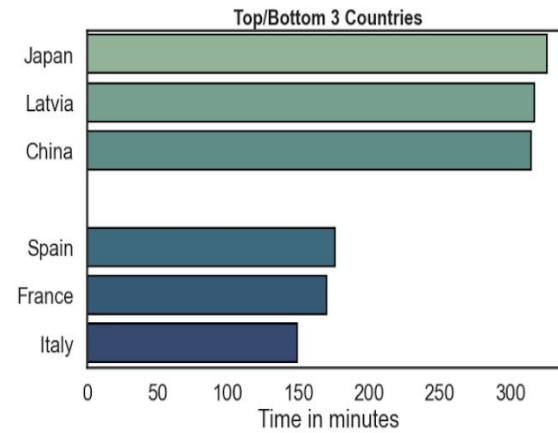
BY COUNTRY

FRANCE SPENDS MORE TIME ON EATING & DRINKING AND ON PERSONAL

AN AVERAGE OF 2 HRS. AND 13 MINS OF EATING AND DRINKING

1 HR 47 MINS ON PERSONAL CARE

## Activity: Paid work

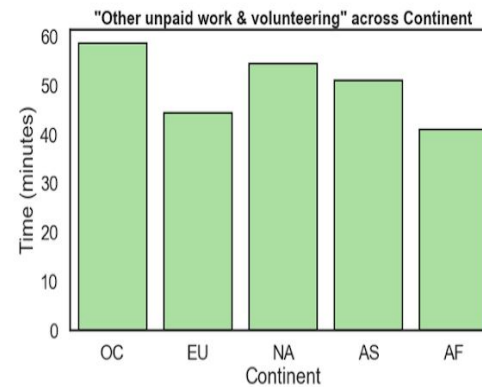
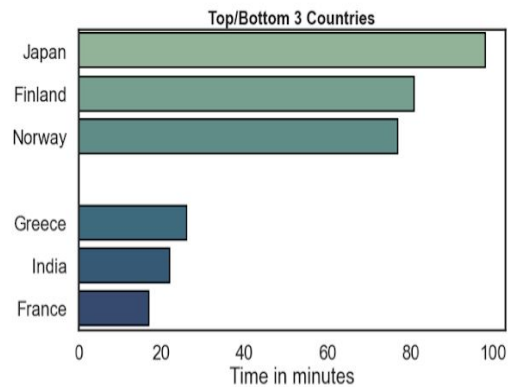


AVERAGE 5-6 HRS.A DAY

JAPAN HAVE THE LONGEST WORKING HOURS COMPARED TO OTHER COUNTRIES

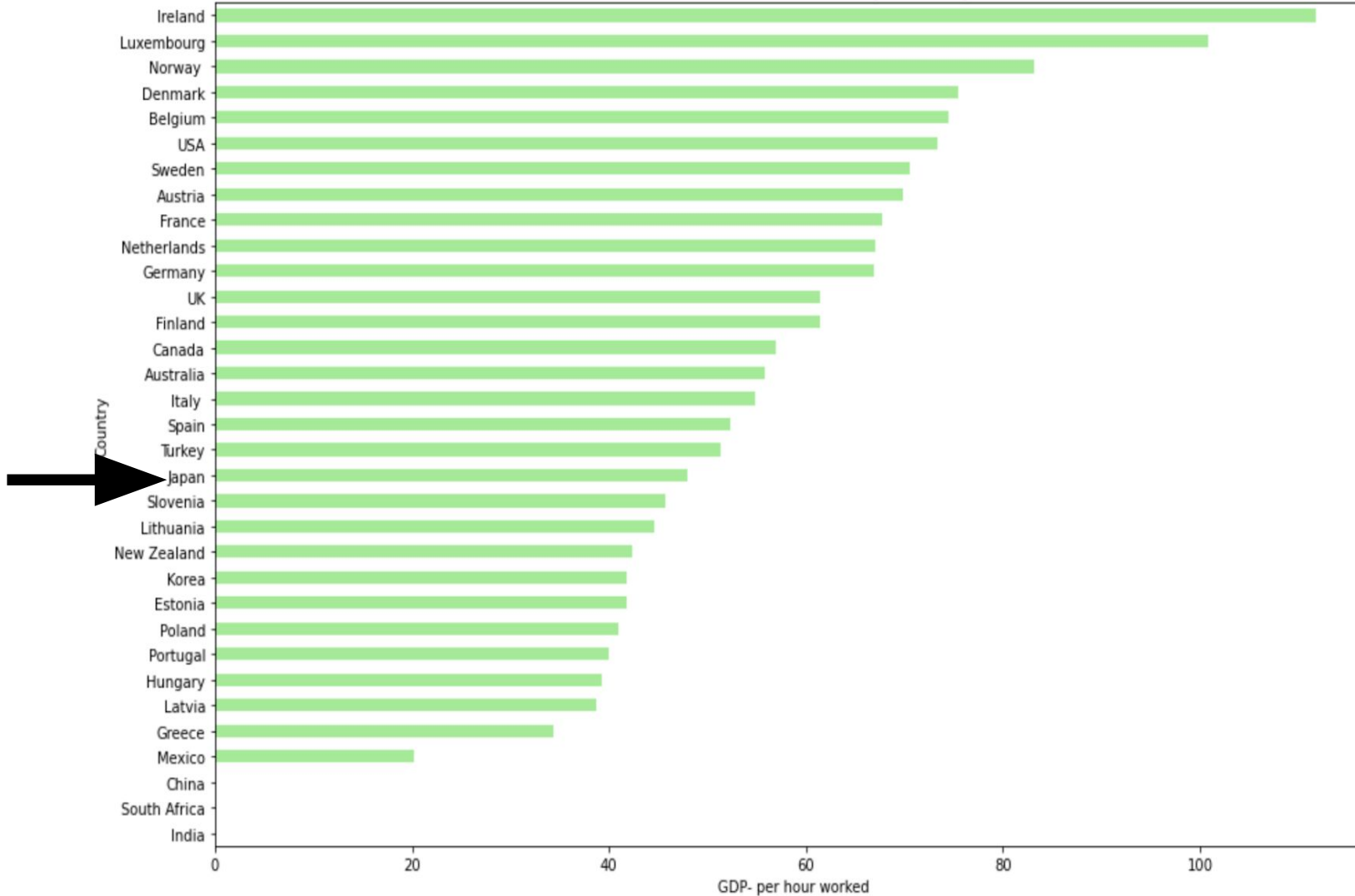
ACROSS CONTINENT ASIA WORK MORE THAN ANY OTHER CONTINENTS.

## Activity: Other unpaid work & volunteering



## LABOR PRODUCTIVITY LEVEL

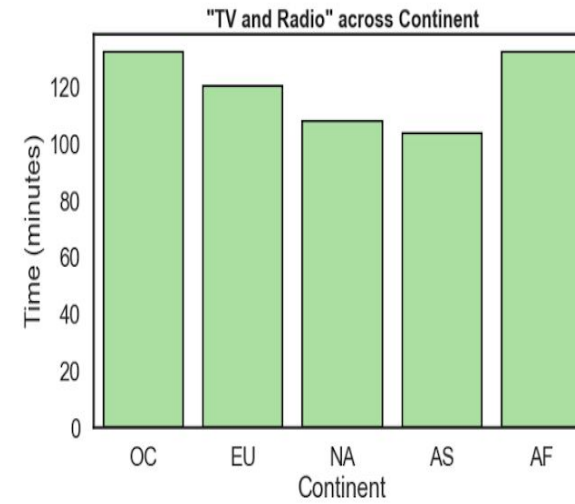
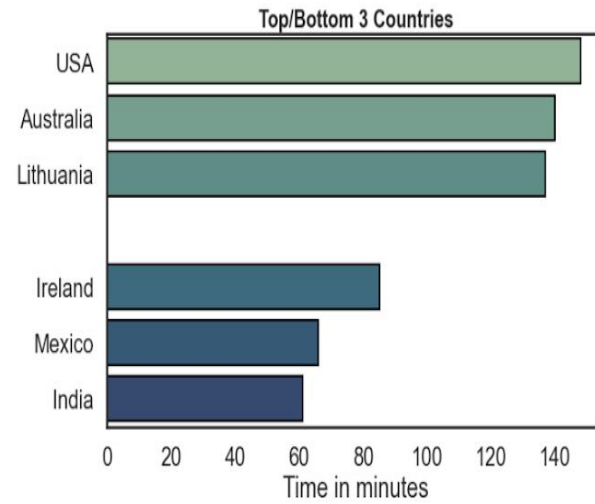
GDP - Per Hour Worked By Country



JAPAN WORK TWICE AS  
MUCH AS IRELAND  
AND YET NOT AS  
PRODUCTIVE AS  
IRELAND.

## WHO IS WATCHING MORE TV?

### Activity: TV and Radio



# CONCLUSION

- Sleep takes up most of the time - around 500 minutes or 8.3 hours.
- After that Paid work is in second place with a huge variation across the countries.
- All other activities are rather close together in terms of time spent.
- There are many commonalities across the world: we all sleep, work, eat and enjoy leisure time. But there are also important differences in the freedom people must spend time on the things they value most.

## WHY SHOULD WE CARE?

- Time is the ultimate limited resource. Every single one of us has the same 24hrs.
- Studying how people across the world spend their time provides an important perspective for understanding living conditions, economic opportunities, and general well-being.

### **Bottom Line**

- We should learn from each other. Some countries should learn from other countries to better the lives of their citizens.



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TOOLS USED – EXCEL & PYTHON

THANK YOU!