

24<sup>th</sup> Annual Conference of the Society of Anesthesiologists of Nepal  
&  
21<sup>st</sup> Meeting of the Asian Society of Paediatric Anaesthesiologists (ASPA)  
4-5 April,2025  
Hyatt Regency, Kathmandu, Nepal

DAY 1  
Inaugural Session ( Common Hall)

0800-0830	Registration & Breakfast
0830-0845	Address by SAN President <b>Amir Babu Shrestha</b>
0845-0900	Address by Founding President of ASPA <b>Agnes Ng</b>
0900-0915	Address and Formal Commencement of the Scientific Program by Scientific Chair <b>Anil Shrestha</b>
0915-0945	INAUGURATION CEREMONY
	THEMATIC SESSION Moderators: <b>Shanta Sapkota, Rebecca Jacob</b>
0950-1005	Evolution of Pediatric Anesthesia as I see it <b>Masao Yamashita</b>
1005-1020	Resilience for Healthcare Providers <b>Gregory Hammer</b>
1020-1035	Pediatric Anesthesia: Challenges and Opportunities for Nepal <b>Balkrishna Bhattarai</b>
	Introduction to ASPA 2026
1035-1105	KEYNOTE ADDRESS Regional Anesthesia in Children: My Journey Over 50 Years <b>Adrian Bosenberg</b>
1105-1120	BREAK
1120-1130	Roshana Amatya Oration - Introduction
1130-1200	Oration – Fauzia Khan
	LUNCH BREAK

HALL A	
BRAIN DRAIN	
Moderators: <b>Balkrishna Bhattarai, Murlu Aluvalla</b>	
Impact of anesthesia on pediatric neurodevelopment –Have we put this to rest? <b>Andrew Davidson</b>	1300-1315
Burnouts in a demanding field like pediatric anesthesia <b>Elsa Varghese</b>	1315-1330
Moderators: <b>Murlu Aluvalla, Josephine Tan</b>	
THE GREAT ANESTHESIA DEBATE I Fast track – Either you like it or you don't! 1.Fast track way to go! – <b>Kriti Puri</b> 2.Beware!! nature takes its course – <b>Amrita Rath</b>	1330-1400
THE GREAT ANESTHESIA DEBATE II Sedation Vs General Anaesthesia for a sick infant in IR suite Sedation is the way to go! – <b>Vivian Yuen</b> Definitely General Anaesthesia – <b>Joy Luat Inciong</b>	1400-1430
Radiotherapy in Children – More than what Meets the Eye <b>Agnes Ng</b>	1430-1445
Q&A	1445-1500

ADVANCEMENTS AND CHALLENGES IN PEDIATRIC SEDATION	
Moderators: <b>Rebecca Jacob, Reshma Shrestha</b>	
Exploring the benefits and risks: Navigating pediatric sedation outcomes <b>Keira Mason</b>	1500-1515
TCI in pediatric sedation: Is it worth while ? <b>Vivian Yuen</b>	1515-1530
Building a seamless sedation service : Strategies for success <b>Ekti Rai</b>	1530-1545
Beyond Propofol : Unlocking the potential of dexmedetomidine for pediatric sedation <b>Keira Mason</b>	1545-1600
Q&A	1600-1615

HALL B	
ANESTHESIA RECIPES FOR COMPLEX MEDICAL CONDITIONS	
Moderators: <b>Navindra Raj Bista, Suneerat Kongsayreepong</b>	
1300-1315	The best for the brain- Anesthesia for Neurosurgeries Ventriculoperitoneal shunts – 5 things that bother an anesthesiologist <b>Hee-Soo Kim</b>
1315-1330	Meningoencephalocoele <b>Benjamin Daniel Valera</b>
1330-1345	Anesthesia for Posterior Fossa Surgery <b>Pichaya Waitayawinyu</b>
1345-1400	Q&A
1400-1415	Moderators: <b>Ijjian Zheng, Prabhat Ranjan Baral</b> Anesthesia for cleft lips and palate – worth celebrating! (CLAPS) Preoperative optimization – How and Why? <b>Ina Ismiarti Shariffuddin</b>
1415-1430	Airway Considerations in Cleft Lip and Palate Surgeries <b>Vibhavari Naik</b>
1430-1445	Comprehensive anesthesia care for cleft palate surgeries –from OR ergonomics to postoperative pain relief <b>Shemla Abbasi</b>
1445-1500	Complications of Cleft Lip and Palate Surgeries <b>Angelina Gapay</b>
1500-1515	Q&A

OUCH-LESS SUMMIT Challenging Pain Cases in Children	
Moderators: <b>Duenpen Horatananruang , Renu Gurung</b>	
1515-1530	Sedation and Analgesia Techniques for Critically Ill Neonates <b>Teddy Fabila</b>
1530-1545	Oncology patient with High Opioid Requirement Coming for a Procedure <b>Anuradha Sudhir</b>
1545-1600	Challenges of Transitioning Pediatric Chronic Pain Patients to Adults Institution <b>Kathrina Isabel Epino</b>
1600-1615	Postoperative Pain Management in Children – Newer Insights <b>Ayuko Igarashi</b>

DAY 2

HALL A	
Moderators: <b>Shanta Sapkota, Angelina Gapay</b>	
Prediction of Perioperative Adverse Events in Pediatric Anesthesia <b>Jijian Zheng</b>	0830-0845
Pediatric Anesthesia Beyond Science <b>Rebecca Jacob</b>	0845-0900
SAFE AND SOUND Tailored anesthesia for Ophthalmic and ENT Surgeries	
Moderators: <b>Sindhu Khatiwada, Serpil Ozgen</b>	
Guiding principles for anesthesia for ophthalmic surgeries <b>Prakriti Pokhrel</b>	0900-0915
Squint repair –Surgical field ooze <b>Vrushali Ponde</b>	0915-0930
From Extubation Failure to Tracheostomy: Do's and Don'ts in a 3-Month-Old <b>Duenpen Horatananruang</b>	0930-0945
Turning Nightmare into Success Tips for Adenoidectomy and Tonsillectomy in Obese Children <b>Rakhee Goyal</b>	0945-1000
Infant for cataract surgery – LMA or intubation? <b>Rufinah Teo</b>	1000-1015
Q & A	1015-1030

SMALL PATIENTS BIG PROCEDURES: Essentials for Cardiothoracic Anesthesia	
Moderators: <b>Bishwas Pradhan, Agnes Ng</b>	
Safe Hands Steady Hearts: Principle of Cardiac Anesthesia in Kids <b>Jin Tae Kim</b>	1030-1045
Anesthesia for Complex Congenital Cardiac Surgeries: The Challenges! <b>Arjun Gurung</b>	1045-1100
Pain-free precision :Exploring analgesia options for cardiac and thoracic surgeries <b>Karen Boretzky</b>	1100-1115
Anesthetic Management of Thoracoscopic Esophageal Anastomosis in Neonates with Congenital Esophageal Atresia <b>Fang Wang</b>	1115-1130
Precision Anesthesia for Minimally Invasive Cardiac Surgeries <b>Hang Nguyen</b>	1130-1145
Q&A	1145-1200

LUNCH BREAK

THE ULTIMATE REGIONAL ANESTHESIA MASTERCLASS: Techniques and Insights	
Moderators: <b>Paul Kessler, Ninadhi Shrestha</b>	
Unlocking the Benefits and Basics of Regional Anesthesia in Children <b>Noriko Miyazawa</b>	1300-1315
Central Neuraxial Blocks in Kids: The Timeless Gold Standard <b>Aki Uemura</b>	1315-1330
Real-time Ultrasound Guidance and Epidural Stimulation for Thoracic Epidural Catheter Placement in Neonates and Young Infants: Benefits and Technical Considerations <b>Manoj Karmakar</b>	1130-1345
Exploring the latest advances: Newer Blocks in Regional Anesthesia <b>Adrian Bosenberg</b>	1345-1400
Trunk and Abdominal Blocks in Children: Precision Pain Relief for Young Patients <b>Anjeel Maniar</b>	1400-1415
Top 5 must-know Extremity Blocks in Pediatric Anesthesia <b>Archana Aretri</b>	1415-1430
BREAK	
Even the best Tools Have Their Trials: Complications and Controversies in Regional Anesthesia <b>Karen Boretzky</b>	1445-1500
Beyond the OR: NORRA – Non-Operating Room Regional Anesthesia! <b>Vrushali Ponde</b>	1500-1515
Wrong Site Nerve Blocks: Lessons Learnt from RCAs and Progressive Prevention Strategies <b>David Liston</b>	1515-1530
Q & A	1530-1545

POT POURRI I Moderators: <b>Agnes Ng, Balkrishna Bhattarai</b>	
Scenario of Anesthesia in a Pediatric Hospital in Nepal <b>Reshma Shrestha</b>	1545-1600
Sedation of Pediatric Patients in Mongolia: Our Experience <b>Undram Maisalkhan</b>	1600-1615
Anesthesia during Disasters : A tale of Nepalese Army <b>Malika Rayamajhi</b>	1615-1630
Cave Rescue: Science or A Miracle? <b>Pornsak Phoncharoensomboon</b>	1630-1645

HALL B	
PEDIATRIC ANESTHESIA UNVEILED Core Principles for Specialized Care	
Moderators: <b>Murlu Aluvalla, Binika Acharya</b>	
0830-0845	Ready for Surgery: Preoperative Optimization and Modern Fasting in Kids <b>Sundarajan Premakrishna</b>
0845-0900	Tailored tranquility: Choosing the right premedication by age <b>Parbesh Gyawali</b>
0900-0915	Talking preop anxiety: Are medications the only path? <b>Gayatri Sashikumar</b>
0915-0930	Anesthesia Induction in Children: Diverse approaches for varied faces <b>Karamahmet Yildiz</b>
0930-0945	Mastering IV Cannulation: Techniques and Challenges from Neonates to Kids <b>Dilip Chavan</b>
0945-1000	Intravenous Fluid in Children Made Simple I could never get the calculations right! <b>In-Syung Song</b>
1000-1015	Postoperative Nausea and Vomiting (PONV) in Pediatric Patients: Prevention and Management Strategies <b>Utsav Acharya</b>
1015-1030	Has Sedline changed the Way We Anesthetize Our Children? <b>Muhammad Rafique</b>
1030-1045	Q & A

NORA The Non-Operating Room Anesthesia	
Moderators: <b>Krishna Pokharel, Andi Ade Ramlan</b>	
1045-1100	Use of Sedation and Anesthesia in MRI and CT <b>Sadichhya Shah</b>
1100-1115	Anesthesia and Analgesia in Pediatric Burns Unit <b>Sapna Bhatia</b>
1115-1130	Anesthesia for Cath Lab Procedures <b>Dilek Altun</b>
1130-1145	Anesthesia in a Dentist's Suite: Should we or Should Not? <b>Karamahmet Yildiz</b>
1145-1200	Anesthesia for Endoscopies <b>Amrita Rath</b>

MASTERING THE MASTER From Basics to Innovations in Pediatric Airway	
Moderators: <b>Ritu Pradhan, Muhammad Rafique</b>	
1300-1315	Clinical Implications of the Difference between pediatric and adult airway <b>Josef Holzi</b>
1315-1330	6 year old refuses to open his mouth for airway evaluation: What should I do? <b>Suma Shetty</b>
1330-1345	Don't have airway management gadgets: What Should I do? Handling Difficult Airway in Resource Limited Settings <b>Andi Ade Ramlan</b>
1345-1400	Advanced Airway Devices: New Techniques and their Applications <b>Dilip Chavan</b>
1400-1415	Management of an Unexpected Difficult Airway <b>Gezy Giwangkancana</b>
1415-1430	Q&A

POT POURRI II Moderators: <b>Ravi Ram Shrestha, Jin Tae Kim</b>	
1430-1445	Blood Pressure during Anesthesia <b>Jurgen De Graaf</b>
1445-1500	Enhanced Recovery After Surgery (ERAS) protocols in Pediatric Anesthesia <b>Gozen Coskun</b>
1500-1515	Q & A
1515-1530	Remifentanyl : trough and crest <b>Norifumi Kuratani</b>
1530-1545	What's new in Opioid Analgesia <b>Gregory Hammer</b>
1545-1600	Rapid reverse : Sugammadex in Children- Is it a must ? <b>Joy Luat Inciong</b>
1615-1630	Q&A