**DAY 1**

24th Annual Conference of the Society of Anesthesiologists of Nepal &

21st Meeting of the Asian Society of Paediatric Anaesthesiologists (ASPA) 4-5 April,2025

Hyatt Regency, Kathmandu, Nepal

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| **DAY 2** | | |
|  | **HALL B** | |
| **PEDIATRIC ANESTHESIA UNVEILED**  Core Principles for Specialized Care | |
| **Moderators: Murli Aluvalia, Binita Acharya** | |
| **0830-0845** | **Ready for Surgery:**  **Preoperative Optimization and Modern Fasting in Kids**  **\*\*\*** |
| **0845-0900** | **Tailored tranquility:**  **Choosing the right premedication by age**  **Parbesh Gyawali** |
| **0900-0915** | **Talking preop anxiety: Are medications the only path?**  **Gayatri Sashikumar** |
| **0915-0930** | **Anesthesia Induction in Children: Diverse approaches for varied faces**  **Karamehmet Yildiz** |
| **0930-0945** | **Mastering IV Cannulation: Techniques and Challenges from Neonates to Kids**  **Dilip Chavan** |
| **0945-1000** | **Intravenous Fluid in Children Made Simple I could never get the calculations right !**  **Kyuong Song** |
| **1000-1015** | **Postoperative Nausea and Vomiting (PONV) in Pediatric Patients: Prevention and Management Strategies**  **Utsav Acharya** |
| **1015-1030** | **The Art and Science of Reversals, Extubations and Calm Emergence: Precision and Care**  **Either too drowsy or thrashing! What a Situation!**  **Josephine Tan** |
| **1030-1045** | **Q & A** |
| **NORA**  **The Non-Operating Room Anesthesia** | |
| **Moderators: Krishna Pokharel, Andi Ade Ramlan** | |
| **1045-1100** | **Use of Sedation and Anesthesia in MRI and CT Sadichhya Shah** |
| **1100-1115** | **Anesthesia and Analgesia in Pediatric Burns Unit Sapna Bathla** |
| **1115-1130** | **Anesthesia for Cath Lab Procedures**  **Dilek Altun** |
| **1130-1145** | **Anesthesia in a Dentist’s Suite:**  **Should we or Should Not?**  **Karamehmet Yildiz** |
| **1145-1200** | **Anesthesia for Endoscopies**  **Amrita Rath** |

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| **HALL A** | |
| **Moderators: Shanta Sapkota, Angelina Gapay** | |
| **Prediction of Perioperative Adverse Events in Pediatric Anesthesia Jijian Zheng** | **0830-0845** |
| **Pediatric Anesthesia Beyond Science Rebecca Jacob** | **0845-0900** |
| **SAFE AND SOUND**  **Tailored anesthesia for Ophthalmic and ENT Surgeries** | |
| **Moderators: Sindhu Khatiwada, Serpil Ozgen** | |
| **Guiding principles for anesthesia for ophthalmic surgeries**  **Prakriti Pokhrel** | **0900-0915** |
| **Squint repair –Surgical field ooze Vrushali Ponde** | **0915-0930** |
| **From Extubation Failure to Tracheostomy: Do’s and Don’ts in a 3-Month-Old Duenpen Horatanaruang** | **0930-0945** |
| **Turning Nightmare into Success**  **Tips for Adenoidectomy and Tonsillectomy in Obese Children Rakhee Goyal** | **0945-1000** |
| **Infant for cataract surgery – LMA or intubation?**  **Rufinah Teo** | **1000-1015** |
| **Q & A** | **1015-1030** |

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| **0800-0830** | | **Registration & Breakfast** | | | | | |
| **0830-0845** | | **Address by SAN President Amir Babu Shrestha** | | | | | |
| **0845-0900** | | **Address by Founding President of ASPA Agnes Ng** | | | | | |
| **0900-0915** | | **Address and Formal Commencement of the Scientific Program by Scientific Chair Anil Shrestha** | | | | | |
| **0915-0945** | | **INAUGURATION CEREMONY** | | | | | |
|  | | **THEMATIC SESSION**  **Moderators: Shanta Sapkota, Rebecca Jacob** | | | | | |
| **0950-1005** | | **Evolution of Pediatric Anesthesia as I see it Masao Yamashita** | | | | | |
| **1005-1020** | | **Resilience for Healthcare Providers Gregory Hammer** | | | | | |
| **1020-1035** | | **Pediatric Anesthesia: Challenges and Opportunities for Nepal Balkrishna Bhattarai** | | | | | |
|  | | **Introduction to ASPA 2026** | | | | | |
| **1035-1105** | | **KEYNOTE ADDRESS**  **Regional Anesthesia in Children: My Journey Over 50 Years**  **Adrian Bosenberg** | | | | | |
| **1105-1120** | | **BREAK** | | | | | |
| **1120-1130** | | **Roshana Amatya Oration - Introduction** | | | | | |
| **1130-1200** | | **Oration – Fauzia Khan** | | | | | |
| **LUNCH BREAK** | | | | | | | |
|  | **HALL A** | | | |  | **HALL B** | |
| **BRAIN DRAIN** | | | | **ANESTHESIA RECIPES FOR COMPLEX MEDICAL CONDITIONS** | |
| **Moderators: Balkrishna Bhattarai, Murli Aluvalia** | | | | **Moderators: Navindra Raj Bista, Suneerat Kongsayreepong** | |
| **Impact of anesthesia on pediatric neurodevelopment –Have we put this to rest?**  **Muhammad Rafique / Andrew Davidson (\*\*\*need to accommodate**  **these two in the same session if possible)** | | **1300-1315** | | **1300-1315** | **The best for the brain- Anesthesia for Neurosurgeries Ventriculoperitoneal shunts – 5 things that bother an anesthesiologist**  **Hee-Soo Kim** |
| **1315-1330** | **Meningomyelocele Benjamin Daniel Valera** |
| **Burnouts in a demanding field like pediatric anesthesia Elsa Varghese** | | **1315-1330** | |
| **1330-1345** | **Anesthesia for Posterior Fossa Surgery Pichaya Waitayawinyu** |
|  | **Moderators: Murli Aluvalia, Josephine Tan** | | | |
|  | **THE GREAT ANESTHESIA DEBATE I**  **Fast track – Either you like it or you don’t!**   1. **Fast track way to go! – Kriti Puri** 2. **Beware!! nature takes its course – Amrita Rath** | | **1330-1400** | | **1345-1400** | **Q&A** |
| **1400-1415** | **Moderators: Jijian Zheng, Prabhat Ranjan Baral** |
| **Anesthesia for cleft lips and palate – worth celebrating ! (CLAPS)**  **Preoperative optimization – How and Why?**  **Ina Ismiarti Shariffuddin** |
| **THE GREAT ANESTHESIA DEBATE II**  **Sedation Vs General Anaesthesia for a sick infant in IR suite Sedation is the way to go !– Vivian Yuen**  **Definitely General Anaesthesia – Joy Luat Inciong** | | **1400-1430** | |
| **1415-1430** | **Airway Considerations in Cleft Lip and Palate Surgeries Vibhavari Naik** |
| **1430-1445** | **Comprehensive anesthesia care for cleft palate surgeries –from OR ergonomics to postoperative pain relief**  **Shemila Abbasi** |
| **Radiotherapy in Children –More than what Meets the Eye Agnes Ng** | | **1430-1445** | |
| **1445-1500** | **Complications of Cleft Lip and Palate Surgeries Angelina Gapay** |
| **Q&A** | | **1445-1500** | |
| **1500-1515** | **Q&A** |
|  | **ADVANCEMENTS AND CHALLENGES IN PEDIATRIC SEDATION**  **Moderators: Rebecca Jacob, Reshma Shrestha**  **Exploring the benefits and risks: Navigating pediatric sedation outcomes Keira Mason**  **TCI in pediatric sedation: Is it worth while ?**  **Vivian Yuen**  **Building a seamless sedation service : Strategies for success Ekta Rai**  **Beyond Propofol : Unlocking the potential of dexmedetomidine for pediatric sedation**  **Keira Mason**  **Q&A** | | | **1500-1515**  **1515-1530**  **1530-1545**  **1545-1600**  **1600-1615** |  |
| **OUCH-LESS SUMMIT**  **Challenging Pain Cases In Children** | |
| **Moderators: Duenpen Horatanaruang , Renu Gurung** | |
| **1515-1530** | **Sedation and Analgesia Techniques for Critically Ill Neonates Teddy Fabila** |
| **1530-1545** | **Oncology patient with High Opioid Requirement Coming for a Procedure Anuradha Sudhir** |
| **1545-1600** | **Challenges of Transitioning Pediatric Chronic Pain Patients to Adults Institution**  **Kathrina Isabel Epino** |
| **1600-1615** | **Postoperative Pain Management in Children – Newer Insights Ayuko Igarashi** |

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| **SMALL PATIENTS BIG PROCEDURES:**  **Essentials for Cardiothoracic Anesthesia** | |
| **Moderators: Bishwas Pradhan, Agnes Ng** | |
| **Safe Hands Steady Hearts: Principle of Cardiac Anesthesia in Kids**  **Jin Tae Kim** | **1030-1045** |
| Anesthesia for Complex Congenital Cardiac Surgeries: The Challenges**!**  **Arjun Gurung** | **1045-1100** |
| **Pain-free precision :Exploring analgesia options for cardiac and thoracic surgeries**  **Karen Boretsky** | **1100-1115** |
| **Thoracoscopy for a 12-year-old:**  **Essential know-how for decortication anesthesia \*\*\*\*(Speaker has requested to talk on other aspects of VATS)**  **Fang Wang** | **1115-1130** |
| **Precision Anesthesia for Minimally Invasive Cardiac Surgeries**  **Hang Nguyen** | **1130-1145** |
| **Q&A** | **1145-1200** |

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| **POT POURRI II** | |
| **Moderators: Ravi Ram Shrestha, Jin Tae Kim** | |
| **1430-1445** | **Blood Pressure during Anesthesia Jurgen De Graaf** |
| **1445-1500** | **Enhanced Recovery After Surgery (ERAS) protocols in Pediatric Anesthesia Gozen Coskun** |
| **1500-1515** | **Q & A** |
| **1515-1530** | **Remifentanil : trough and crest Norifumi Kuratani** |
| **1530-1545** | **What’s new in Opioid Analgesia**  **Gregory Hammer** |
| **1545-1600** | **Rapid reverse : Sugammadex in Children- Is it a must ?**  **Joy Luat Inciong** |
| **1615-1630** | **Q&A** |

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| **LUNCH BREAK** | | | | |
| **THE ULTIMATE REGIONAL ANESTHESIA MASTERCLASS:**  **Techniques and Insights** | |  | **MASTERING THE MASTER**  **From Basics to Innovations in Pediatric Airway** | |
| **Moderators: Paul Kessler, Ninadini Shrestha** | | **Moderators: Ritu Pradhan, Muhammad Rafique** | |
| **1300-1315** | **Clinical Implications of the Difference between pediatric and adult airway**  **Josef Holzki** |
| **Unlocking the Benefits and Basics of Regional Anesthesia in Children**  **Noriko Miyazawa** | **1300-1315** |
| **Central Neuraxial Blocks in Kids: The Timeless Gold Standard**  **Aki Uemura** | **1315-1330** |
| **1315-1330** | **6 year old refuses to open his mouth for airway evaluation: What should I do?**  **Suma Shetty** |
| **Real-time Ultrasound Guidance and Epidural Stimulation for Thoracic Epidural Catheter Placement in Neonates and Young Infants: Benefits and Technical Considerations**  **Manoj Karmakar** | **1130-1345** |
| **1330-1345** | **Don’t have airway management gadgets: What Should I do?**  **Handling Difficult Airway in Resource Limited Settings**  **Andi Ade Ramlan** |
| **Exploring the latest advances: Newer Blocks in Regional Anesthesia**  **Adrian Bosenberg** | **1345-1400** |
| **1345-1400** | **Advanced Airway Devices: New Techniques and their Applications Dilip Chavan** |
| **Trunk and Abdominal Blocks in Children: Precision Pain Relief for Young Patients Amjad Maniar** | **1400-1415** |
| **1400-1415** | **Management of an Unexpected Difficult Airway Gezy Giwangkancana** |
| **Top 5 must-know Extremity Blocks in Pediatric Anesthesia**  **Archana Aretri** | **1415-1430** |
| **1415-1430** | **Q&A** |
| **BREAK** | **1430-1445** |
| **Even the best Tools Have Their Trials: Complications and Controversies in Regional Anesthesia**  **Karen Boretsky** | **1445-1500** |  | | |
| **Beyond the OR: NORRA --Non-Operating Room Regional Anesthesia!**  **Vrushali Ponde** | **1500-1515** |
| **Wrong Site Nerve Blocks: Lessons Learnt from RCAs and Progressive Prevention Strategies**  **David Liston** | **1515-1530** |
| **Q & A** | **1530-1545** |
| **POT POURRI I**  **Moderators: Agnes Ng,** | |
| **Scenario of Anesthesia in a Pediatric Hospital in Nepal Reshma Shrestha** | **1545-1600** |
| **Sedation of Pediatric Patients in Mongolia: Our Experience Undram Maisaikhan** |  |
| **Anesthesia during Disasters : A tale of Nepalese Army Mallika Rayamajhi** | **1600-1615** |
| **Cave Rescue: Science or A Miracle? Pornsak Phoncharoensomboon** | **1615-1630** |

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**ASPA AGM 1630-1800**

**CLOSING CEREMONY**