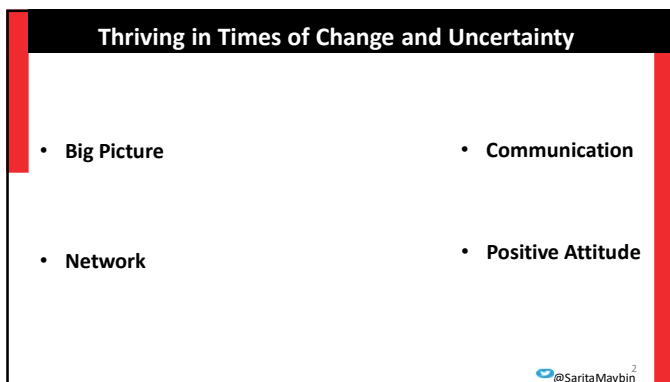
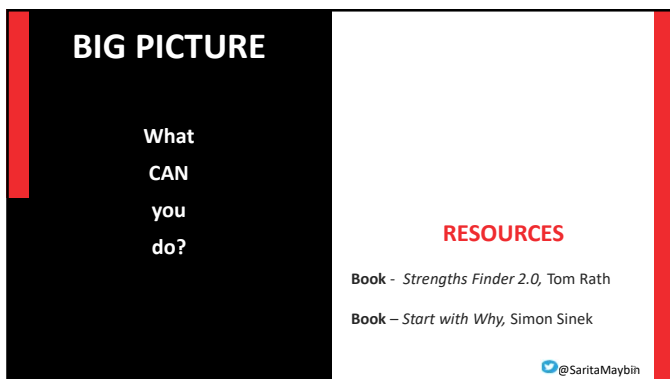




1



2



3

Network

Who's
in
Your
Network?

RESOURCES

Book -
New Rules of the Game, Susan Packard

Book -
Daring Greatly, Brene' Brown

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4

Network

High-Touch Relationships in High-Tech Times

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5

Communication Resources

Communication Books by Sarita on Amazon

- *If You Can't Say Something Nice,
What DO You Say?: Practical
Solutions for Working Together Better*

NEW!

- *Say What You Mean in a Nice Way:
Working Together Better in High-Tech
Times*

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6

Sarita's Top 10 Positive Communication Phrases

GIVE BENEFIT OF THE DOUBT

- You may not realize...
- Are you aware of the effect...

SEEK INPUT

- Help me understand...
- I need your help...
- I noticed...and I'm wondering...
- Would you be willing to...

TAKE RESPONSIBILITY

- I'm concerned...
- I would appreciate...

WORK TOGETHER

- How can we resolve this...
- What will it take...

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Sarita MAYBIN

MOTIVATIONAL SPEAKER, COMMUNICATION EXPERT AND AUTHOR

TO RECEIVE 50 POSITIVE PHRASES

Please sign up for monthly email *What Do You Say Communicue'*

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8

Positive Attitude

THREE P's FOR STAYING POSITIVE

P

P

P

RESOURCES

Book – *Learned Optimism*
--Dr. Martin Seligman

Book – *Option B*
--Sheryl Sandberg

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9

Five Ways to Rekindle Your Passion

- 1.
- 2.
- 3.
- 4.
- 5.

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10

10

A B C

ABCs of Gratitude

What
Are
You
Grateful
For?

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11

11

Which ONE idea will you implement?

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12

12

Closing Thought

"With the new day comes new strengths and new thoughts." – Eleanor Roosevelt

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