Math 221 HW1

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1.1

- 6. Find a parametric equation of each of the following lines
 - (a) $3x_1 + 4x_2 = 6$

First, we rearrange the Cartesian equation to express x_1 in terms of x_2 .

$$3x_1 + 4x_2 = 6$$

$$x_1 = -\frac{4}{3}x_2 + 2$$

In parametric form,

$$\mathbf{x} = (-\frac{4}{3}x_2 + 2, x_2)$$
$$= (2, 0) + x_2(-\frac{4}{3}, 1)$$
$$= (2, 0) + t(-\frac{4}{3}, 1)$$

(c) The line with slope 2/5 that passes through A = (3,1)

To parameterize a line, we find the span of the vector with the same direction running through the origin, then then translate it as appropriate.

The span of that vector is $x_1(5,2)$. We translate it by (3,1), so

$$\mathbf{x} = (3,1) + t(5,2)$$

(g) The line through A=(1,-2,1) and B=(2,1,-1)

To parameterize a line, we find the span of the vector with the same direction running through the origin, then then translate it as appropriate.

The slope of the line we want to parameterize is B - A = (1, 3, -2), which means its span is t(1, 3, -2). We translate that by (1, -2, 1), so

$$\mathbf{x} = (1, -2, 1) + t(1, 3, -2)$$

- 7. Suppose $\mathbf{x} = \mathbf{x}_0 + t\mathbf{v}$ and $\mathbf{y} = \mathbf{y}_0 + s\mathbf{w}$ are two parametric representations of the same line in \mathbb{R}^n .
 - (a) Show that there is a scalar t_0 so that $\mathbf{y}_0 = \mathbf{x}_0 + t_0 \mathbf{v}$.

Proof. Since \mathbf{x} and \mathbf{y} represent the same line ℓ , they have the same span and contain the same vectors. Accordingly, since \mathbf{y} contains the vector \mathbf{y}_0 (when s=0), \mathbf{x} , which represents the same line, must also contain \mathbf{y}_0 .

That is, for some t_0 , $\mathbf{y}_0 = \mathbf{x}_0 + t_0 \mathbf{v}$ (y_0 can be expressed in terms of \mathbf{x}).

(b) Show that \mathbf{v} and \mathbf{w} are parallel

Proof. To show that \mathbf{v} and \mathbf{w} are parallel, we must show that $\mathbf{v} = c\mathbf{w}$ (or equivalently $\mathbf{w} = c\mathbf{v}$) for some $c \in \mathbb{R}$. Since \mathbf{x} and \mathbf{y} represent the same line, there are some scalars $s, t \in \mathbb{R}$ and constant vectors $\mathbf{x}_0, \mathbf{y}_0$ such that $\mathbf{x} = \mathbf{y}$. We can express this relationship by setting their parametric expressions equal to each other.

$$x_0 + t\mathbf{v} = y_0 + s\mathbf{w}$$

We know from 7a that there exists a scalar t_0 that lets us express $y_0 = x_0 + t_0 \mathbf{v}$. We can plug the RHS of that equation into the equation above.

$$x_0 + t\mathbf{v} = x_0 + t_0\mathbf{v} + s\mathbf{w}$$
$$t\mathbf{v} - t_0\mathbf{v} = s\mathbf{w}$$
$$\frac{t - t_0}{s}\mathbf{v} = \mathbf{w}$$
$$\mathbf{w} = c\mathbf{v}$$

We know that $c \in \mathbb{R}$ since all of the variables in the expression for c are scalars. Thus, since $\mathbf{w} = c\mathbf{v}$, \mathbf{v} and \mathbf{w} are parallel.

- 8. Decide whether each of the following vectors is a linear combination of $\mathbf{u} = (1,0,1)$ and $\mathbf{v} = (-2,1,0)$.
 - (a) $\mathbf{x} = (1, 0, 0)$

We want to see if $\mathbf{x} = s\mathbf{u} + t\mathbf{v}$. In the context of this problem, we verify that

$$(1,0,0) = s(1,0,1) + t(-2,1,0)$$
$$= (s,0,s) + (-2t,t,0)$$

by ensuring the corresponding system of equations is consistent:

$$s - 2t = 1 \tag{1}$$

$$0 + t = 0 \tag{2}$$

$$s + 0 = 0 \tag{3}$$

From (2) and (3) we see that s = t = 0, but that is inconsistent with (1).

Therefore \mathbf{x} is not a linear combination of \mathbf{u} and \mathbf{v} .

(b) $\mathbf{x} = (3, -1, -1)$

If **x** is a linear combination of **u** and **v**, $\mathbf{x} = s\mathbf{u} + t\mathbf{v}$, which means the following set of linear equations must be consistent:

$$s - 2t = 3 \tag{1}$$

$$0 + t = -1 \tag{2}$$

$$s + 0 = 1 \tag{3}$$

From (2) and (3), we know s = 1, t = -1. This is consistent with (1).

Therefore \mathbf{x} is a linear combination of \mathbf{u} and \mathbf{v} .

(c) $\mathbf{x} = (0, 1, 2)$

If **x** is a linear combination of **u**gand **v**, $\mathbf{x} = s\mathbf{u} + t\mathbf{v}$, which means the following set of linear equations must be consistent:

$$s - 2t = 0 \tag{1}$$

$$0 + t = 1 \tag{2}$$

$$s + 0 = 2 \tag{3}$$

From (2) and (3), we know that s = 2, t = 1. This is consistent with (1).

Therefore \mathbf{x} is a linear combination of \mathbf{u} and \mathbf{v} .

- 10. Find the parametric equation of the following planes:
 - (a) The plane containing the point (-1,0,1) and the line x=(1,1,1)+t(1,7,-1)

A plane is defined as the span of two non-scalar multiple vectors. In this case, one of those vectors is (1,7,-1). Another can be constructed from the line segment between two points on the plane: (1,1,1)-(-1,0,1)=(2,1,0). A parametric equation including both is:

$$(-1,0,1) + s(2,1,0) + t(1,7,-1)$$

(b) The plane parallel to the vector (1,3,1) and containing the points (1,1,1) and (-2,1,2).

One vector in the plane is (1,3,1). Another is (-2,1,2) - (1,1,1) = (-3,0,1). Thus a parametric equation for the plane is

$$(1,1,1) + s(1,3,1) + t(-3,0,1)$$

(c) The plane containing the points (1,1,2),(2,3,4), and (0,-1,2).

One vector in the plane is (2,3,4) - (1,1,2) = (1,2,2). Another vector in the plane is (0,-1,2) - (1,1,2) = (-1,-2,0). Thus a parametric equation for the plane is

$$(1,1,2) + s(1,2,2) + t(-1,-2,0)$$

(d) The plane in \mathbb{R}^4 containing the points (1, 1, -1, 2), (2, 3, 0, 1), and (1, 2, 2, 3).

One vector in the plane is (2,3,0,1) - (1,1,-1,2) = (1,2,1,-1). Another vector in the plane is (1,2,2,3) - (1,1,-1,2) = (0,1,3,1). A parametric equation for the plane is

$$(1,1,-1,2) + t(1,2,1,-1) + u(0,1,3,1)$$

21. Suppose $\mathbf{v}, \mathbf{w} \in \mathbb{R}^n$ and c is a scalar. Prove that $\operatorname{span}(\mathbf{v} + c\mathbf{w}, \mathbf{w}) = \operatorname{span}(\mathbf{v}, \mathbf{w})$

Proof.

$$\operatorname{span}(\mathbf{v} + c\mathbf{w}, \mathbf{w}) = d_1(\mathbf{v} + c\mathbf{w}) + d_2\mathbf{w} \qquad \text{for } \forall d_1, d_2 \in \mathbb{R} \text{ (by def of span)}$$

$$= d_1\mathbf{v} + d_1c\mathbf{w} + d_2\mathbf{w}$$

$$= d_1\mathbf{v} + d_3\mathbf{w} + d_2\mathbf{w} \qquad (d_3 = d_1c) \in \mathbb{R}$$

$$= d_1\mathbf{v} + (d_3 + d_2)\mathbf{w}$$

$$= d_1\mathbf{v} + d_4\mathbf{w} \qquad (d_4 = d_3 + d_2) \in \mathbb{R}$$

$$= \operatorname{span}(\mathbf{v}, \mathbf{w}) \qquad \text{by def. of span}$$

- 22. Suppose vectors \mathbf{v} and \mathbf{w} are both linear combinations of $\mathbf{v}_1, \dots, \mathbf{v}_k$.
 - (a) Prove that for any scalar c, $c\mathbf{v}$ is a linear combination of $\mathbf{v}_1, \ldots, \mathbf{v}_k$.

Proof.

$$c\mathbf{v} = c(d_1\mathbf{v}_1 + d_2\mathbf{v}_2 + \dots + d_k\mathbf{v}_k)$$
 for $d_1, \dots, d_k \in \mathbb{R}$

$$= (cd_1)\mathbf{v}_1 + (cd_2)\mathbf{v}_2 + \dots + (cd_k)\mathbf{v}_k$$

$$= e_1\mathbf{v}_1 + e_2\mathbf{v}_2 + \dots + e_k\mathbf{v}_k$$
 $e \in \mathbb{R}$

This is, by definition, a linear combination of $\mathbf{v}_1, \ldots, \mathbf{v}_k$.

(b) Prove that $\mathbf{v}+\mathbf{w}$ is a linear combination of $\mathbf{v}_1,\ldots,\mathbf{v}_k$.

Proof.

$$\mathbf{v} + \mathbf{w} = (c_1 \mathbf{v}_1 + c_2 \mathbf{v}_2 + \dots c_k \mathbf{v}_k) + (d_1 \mathbf{v}_1 + d_2 \mathbf{v}_2 + \dots d_k)$$
 (by def. of linear combo)

$$= (c_1 + d_1) \mathbf{v}_1 + (c_2 + d_2) \mathbf{v}_2 + \dots (c_k + d_k) \mathbf{v}_k$$

$$= e_1 \mathbf{v}_1 + e_2 \mathbf{v}_2 + \dots + e_k \mathbf{v}_k$$
 $e \in \mathbb{R}$

This is a linear combination of $\mathbf{v}_1, \dots, \mathbf{v}_k$.

23. Consider the line $\ell : \mathbf{x} = x_0 + r\mathbf{v}$ $(r \in \mathbb{R})$ and the plane $P : x = s\mathbf{u} + t\mathbf{v}$ $(s, t \in \mathbb{R})$. Show that if ℓ and P intersect, $x_0 \in P$.

Proof. If ℓ and P intersect, $\ell = P$ for some $r, s, t \in \mathbb{R}$. That is, at some point,

$$x_0 + r\mathbf{v} = s\mathbf{u} + t\mathbf{v}$$

We can solve for x_0 to show that it will lie within P:

$$x_0 = s\mathbf{u} + t\mathbf{v} = r\mathbf{v}$$
$$= s\mathbf{u} + (t - r)\mathbf{v}$$
$$= s\mathbf{u} + t_1\mathbf{v}$$

This matches the equation of the plane P. We can thus say that if ℓ and P intersect, $x_0 \in P$.

29. (a) Using only the properties listed in Excercise 28, prove that for any $\mathbf{x} \in \mathbb{R}^n$, we have $0\mathbf{x} = \mathbf{0}$.

Proof.

$$1\mathbf{x} = \mathbf{x} \qquad (h)$$

$$(0+1)\mathbf{x} = \mathbf{x} \qquad \text{by arithmetic}$$

$$0\mathbf{x} + 1\mathbf{x} = \mathbf{x} \qquad (g)$$

$$0\mathbf{x} + \mathbf{x} = \mathbf{x} \qquad (h)$$

$$0\mathbf{x} + \mathbf{x} = \mathbf{x} \qquad (h)$$

$$0\mathbf{x} + \mathbf{x} + (-\mathbf{x}) = \mathbf{x} + (-\mathbf{x}) \qquad \text{adding } -\mathbf{x} \text{ to both sides}$$

$$0\mathbf{x} = \mathbf{x} + (-\mathbf{x}) \qquad (d)$$

$$0\mathbf{x} = 0 \qquad (d)$$

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(b) Using the result of part a, prove that $(-1)\mathbf{x} = -\mathbf{x}$.

Proof.

$$(-1)\mathbf{x} = (-1+0)\mathbf{x}$$
 additive identity
$$= (-1)\mathbf{x} + 0\mathbf{x}$$
 (g)
$$= (-1)\mathbf{x} + 0$$
 From 29a above
$$= (-1)\mathbf{x} + \mathbf{x} + (-\mathbf{x})$$
 (d)
$$= (-1)\mathbf{x} + 1\mathbf{x} + (-\mathbf{x})$$
 (h)
$$= (-1)\mathbf{x} + (1)\mathbf{x} + (-\mathbf{x})$$
 adding parens for clarity
$$= (-1+1)\mathbf{x} + (-\mathbf{x})$$
 (g)
$$= 0\mathbf{x} + (-\mathbf{x})$$
 arithmetic
$$= 0 + (-\mathbf{x})$$
 From 29a above
$$= (-\mathbf{x})$$
 additive identity
$$= -\mathbf{x}$$
 remove parens for clarity

1.2

1. For each of the following pairs of vectors \mathbf{x} and \mathbf{y} , calculate $\mathbf{x} \cdot \mathbf{y}$ and the angle θ between the vectors.

(b)
$$\mathbf{x} = (2, 1), \mathbf{y} = (-1, 1)$$

$$\mathbf{x} \cdot \mathbf{y} = -2 + 1 = -1$$

$$\cos(\theta) = \frac{\mathbf{x} \cdot \mathbf{y}}{\|\mathbf{x}\| \|\mathbf{y}\|} = \frac{-1}{\sqrt{4 + 1}\sqrt{1 + 1}} = -\frac{1}{\sqrt{10}}$$

$$\theta = \cos^{-1}\left(-\frac{1}{\sqrt{10}}\right) = \approx 108.4 \deg$$

(d)
$$\mathbf{x} = (1, 4, -3), \mathbf{y} = (5, 1, 3)$$

$$\mathbf{x} \cdot \mathbf{y} = 5 + 4 + (-9) = 0$$

$$\cos \theta = \frac{\mathbf{x} \cdot \mathbf{y}}{\|\mathbf{x}\| \|\mathbf{y}\|} = \frac{0}{\|\mathbf{x}\| \|\mathbf{y}\|} = 0$$

$$\theta = \cos^{-1}(0) = \frac{\pi}{2}$$

(g)
$$\mathbf{x} = (1, 1, 1, 1), \mathbf{y} = (1, -3, -1, 5)$$

$$\mathbf{x} \cdot \mathbf{y} = 1 + (-3) + (-1) + 5 = 2$$

$$\cos \theta = \frac{\mathbf{x} \cdot \mathbf{y}}{\|\mathbf{x}\| \|\mathbf{y}\|} = \frac{2}{\sqrt{1 + 1 + 1 + 1}\sqrt{1 + 9 + 1 + 25}} = \frac{2}{2 * 6} = \frac{1}{6}$$

$$\theta = \cos^{-1}\left(\frac{1}{6}\right) \approx 80.4 \deg$$

2. For each pair of vectors in exercise 1, calculate $\text{proj}_{\mathbf{v}}\mathbf{x}$ and $\text{proj}_{\mathbf{x}}\mathbf{y}$

(b)

$$\begin{split} \mathrm{proj}_{\mathbf{y}}\mathbf{x} &= \frac{\mathbf{x} \cdot \mathbf{y}}{\|\mathbf{y}\|} \frac{\mathbf{y}}{\|\mathbf{y}\|} \\ &= -\frac{1}{\sqrt{2}} \frac{(-1,1)}{\sqrt{2}} = -\frac{1}{2} (-1,1) \end{split}$$

$$\begin{aligned} \text{proj}_{\mathbf{x}} \mathbf{y} &= \frac{\mathbf{y} \cdot \mathbf{x}}{\|\mathbf{x}\|} \frac{\mathbf{x}}{\|\mathbf{x}\|} \\ &= -\frac{1}{\sqrt{5}^2} \mathbf{x} = -\frac{1}{5} (2, 1) \end{aligned}$$

(d)

$$proj_{\mathbf{y}}\mathbf{x} = \frac{\mathbf{x} \cdot \mathbf{y}}{\|\mathbf{y}\|} \frac{\mathbf{y}}{\|\mathbf{y}\|}$$
$$= \frac{0}{\|\mathbf{y}\|^2} \mathbf{y} = \mathbf{0}$$

$$proj_{\mathbf{x}}\mathbf{y} = \frac{\mathbf{y} \cdot \mathbf{x}}{\|\mathbf{x}\|} \frac{\mathbf{x}}{\|\mathbf{x}\|}$$
$$= \frac{0}{\|\mathbf{x}\|^2} \mathbf{x} = \mathbf{0}$$

(g)

$$proj_{\mathbf{y}}\mathbf{x} = \frac{\mathbf{x} \cdot \mathbf{y}}{\|\mathbf{y}\|^2}\mathbf{y}$$
$$= \frac{2}{36}(1, -3, -1, 5) = \frac{1}{18}(1, -3, -1, 5)$$

$$proj_{\mathbf{x}}\mathbf{y} = \frac{\mathbf{y} \cdot \mathbf{x}}{\|\mathbf{x}\|^2}\mathbf{x}$$
$$= \frac{2}{4}(1, 1, 1, 1) = \frac{1}{2}(1, 1, 1, 1)$$

9. Let $\mathbf{e}_1 = (1,0,0), \mathbf{e}_2 = (0,1,0), \mathbf{e}_3 = (0,0,1)$ be the so-called standard basis for \mathbb{R}^3 . Let $\mathbf{x} \in \mathbb{R}^3$ be a nonzero vector. For i = 1,2,3, let θ_i denote the angle between \mathbf{x} and \mathbf{e}_i . Compute $\cos^2 \theta_1 + \cos^2 \theta_2 + \cos^2 \theta_3$.

$$\cos \theta_1 = \frac{\mathbf{x} \cdot \mathbf{e}_1}{\|\mathbf{e}_1\| \|\mathbf{x}\|} = \frac{\mathbf{x}_1}{\|\mathbf{x}\|}$$
$$\cos \theta_2 = \frac{\mathbf{x} \cdot \mathbf{e}_2}{\|\mathbf{e}_2\| \|\mathbf{x}\|} = \frac{\mathbf{x}_2}{\|\mathbf{x}\|}$$
$$\cos \theta_3 = \frac{\mathbf{x} \cdot \mathbf{e}_3}{\|\mathbf{e}_3\| \|\mathbf{x}\|} = \frac{\mathbf{x}_3}{\|\mathbf{x}\|}$$

Combining these,

$$\cos^{2} \theta_{1} + \cos^{2} \theta_{2} + \cos^{2} \theta_{3} = \frac{\mathbf{x}_{1}^{2} + \mathbf{x}_{2}^{2} + \mathbf{x}_{3}^{2}}{\|\mathbf{x}\|^{2}}$$

$$= \frac{\sqrt{\mathbf{x}_{1}^{2} + \mathbf{x}_{2}^{2} + \mathbf{x}_{3}^{2}}}{\|\mathbf{x}\|^{2}}$$

$$= \frac{\|\mathbf{x}\|^{2}}{\|\mathbf{x}\|^{2}}$$

$$= 1$$

11. Suppose $\mathbf{x}, \mathbf{v}_1, \dots, \mathbf{v}_k \in \mathbb{R}^n$ and \mathbf{x} is orthogonal to each of the vectors $\mathbf{v}_1, \dots, \mathbf{v}_k$. Show that \mathbf{x} is orthogonal to any linear combination $c_1\mathbf{v}_1 + c_2\mathbf{v}_2 + \dots + c_k\mathbf{v}_k$

Proof. We wish to show that $\mathbf{x} \cdot (c_1 \mathbf{v}_1 + c_2 \mathbf{v}_2 + \dots c_k \mathbf{v}_k) = 0$, which is equivalent to saying \mathbf{x} and the linear combination are orthogonal

$$\mathbf{x} \cdot (c_1 \mathbf{v}_1 + c_2 \mathbf{v}_2 + \dots c_k \mathbf{v}_k) = \mathbf{x} \cdot c_1 \mathbf{v}_1 + \mathbf{x} \cdot c_2 \mathbf{v}_2 + \dots + \mathbf{x} \cdot c_k \mathbf{v}_k$$
 (distrib. prop. of dot product)

$$= c_1(\mathbf{x} \cdot \mathbf{v}_1) + c_2(\mathbf{x} \cdot \mathbf{v}_2) + \dots + c_k(\mathbf{x} \cdot \mathbf{v}_k)$$
 (factoring out constants)

$$= c_1(0) + c_2(0) + \dots + c_k(0)$$
 (def. of orthogonality)

$$= 0$$

13. Prove $\|\mathbf{x} + \mathbf{y}\|^2 + \|\mathbf{x} - \mathbf{y}\|^2 = 2(\|\mathbf{x}\|^2 + \|\mathbf{y}\|^2)$.

Proof.

$$\|\mathbf{x}+\mathbf{y}\|^{2} + \|\mathbf{x}-\mathbf{y}\|^{2} = (\mathbf{x}+\mathbf{y}) \cdot (\mathbf{x}+\mathbf{y}) + (\mathbf{x}-\mathbf{y}) \cdot (\mathbf{x}-\mathbf{y}) \qquad \text{(by } \mathbf{v} \cdot \mathbf{v} = \|\mathbf{v}\|^{2})$$

$$= \mathbf{x} \cdot (\mathbf{x}+\mathbf{y}) + \mathbf{y} \cdot (\mathbf{x}+\mathbf{y}) + \mathbf{x} \cdot (\mathbf{x}-\mathbf{y}) - \mathbf{y} \cdot (\mathbf{x}-\mathbf{y}) \qquad \text{(by distrib. prop. of dot product)}$$

$$= (\mathbf{x} \cdot \mathbf{x}) + (\mathbf{x} \cdot \mathbf{y}) + (\mathbf{y} \cdot \mathbf{x}) + (\mathbf{y} \cdot \mathbf{y}) \qquad \text{(same)}$$

$$+ (\mathbf{x} \cdot \mathbf{x}) - (\mathbf{x} \cdot \mathbf{y}) - (\mathbf{y} \cdot \mathbf{x}) + (\mathbf{y} \cdot \mathbf{y})$$

$$= 2(\mathbf{x} \cdot \mathbf{x}) + 2(\mathbf{y} \cdot \mathbf{y}) \qquad \text{(cancellation)}$$

$$= 2(\|\mathbf{x}\|^{2} + \|\mathbf{y}\|^{2}) \qquad \text{(by } \mathbf{v} \cdot \mathbf{v} = \|\mathbf{v}\|^{2})$$

16. (a) If $\mathbf{x} \cdot \mathbf{y} = 0$ for all $\mathbf{x} \in \mathbb{R}^n$, prove $\mathbf{y} = 0$.

Proof. Assume $\mathbf{x} \cdot \mathbf{y} = 0$ for all $\mathbf{x} \in \mathbb{R}^n$. Let $\mathbf{x} = \mathbf{y}$. Then $\mathbf{y} \cdot \mathbf{y} = 0$. Since $\mathbf{y} \cdot \mathbf{y} = \|\mathbf{y}\|^2$, this means $\|\mathbf{y}\|^2 = 0$ and $\|\mathbf{y}\| = 0$, which is only true if $\mathbf{y} = \mathbf{0}$.

(b) Suppose $\mathbf{y}, \mathbf{z} \in \mathbb{R}^n$ and $\mathbf{x} \cdot \mathbf{y} = \mathbf{x} \cdot \mathbf{z}$ for all $\mathbf{x} \in \mathbb{R}^n$. What can we conclude? If $\mathbf{x} \cdot \mathbf{y} = \mathbf{x} \cdot \mathbf{z}$,

$$(\mathbf{x} \cdot \mathbf{y}) - (\mathbf{x} \cdot \mathbf{z}) = 0 \tag{1}$$

$$\mathbf{x} \cdot (\mathbf{y} - \mathbf{z}) = 0 \tag{2}$$

Since \mathbf{x} can take on any value, $\mathbf{y} - \mathbf{z}$ must equal $\mathbf{0}$ to satisfy (2). Therefore, we know $\mathbf{y} = \mathbf{z}$.

18. Prove the triangle inequality: $\|\mathbf{x} + \mathbf{y}\| \le \|\mathbf{x}\| + \|\mathbf{y}\|$.

To begin, we can square both sides of the equation, which will allow us to express the LHS as a dot product.

Proof.

$$\begin{aligned} \|\mathbf{x} + \mathbf{y}\|^2 &\leq \|\mathbf{x}\|^2 + 2\|\mathbf{x}\| \|\mathbf{y}\| + \|\mathbf{y}\|^2 \\ (\mathbf{x} + \mathbf{y}) \cdot (\mathbf{x} + \mathbf{y}) &\leq \| \| \| & (\|\mathbf{x}\|^2 = \mathbf{x} \cdot \mathbf{x}) \\ \mathbf{x} \cdot (\mathbf{x} + \mathbf{y}) + \mathbf{y} \cdot (\mathbf{x} + \mathbf{y}) &\leq \| \| \| & (\text{distrib. prop. of dot product}) \\ \mathbf{x} \cdot \mathbf{x} + \mathbf{x} \cdot \mathbf{y} + \mathbf{y} \cdot \mathbf{x} + \mathbf{y} \cdot \mathbf{y} &\leq \| \| \| & (\text{distrib. prop. of dot product}) \\ \|\mathbf{x}\|^2 + 2(\mathbf{x} \cdot \mathbf{y}) + \|\mathbf{y}\|^2 &\leq \|\mathbf{x}\|^2 + 2\|\mathbf{x}\| \|\mathbf{y}\| + \|\mathbf{y}\|^2 & (\|\mathbf{x}\|^2 = (\mathbf{x} \cdot \mathbf{x}) \\ 2(\mathbf{x} \cdot \mathbf{y}) &\leq 2\|\mathbf{x}\| \|\mathbf{y}\| & (\text{subtract factors from both sides}) \\ \mathbf{x} \cdot \mathbf{y} &\leq \|\mathbf{x}\| \|\mathbf{y}\| & (\text{divide both sides by 2}) \\ \|\mathbf{x}\| \|\mathbf{y}\| \cos \theta &\leq \|\mathbf{x}\| \|\mathbf{y}\| & (\text{def. angle between vectors}) \\ \cos \theta &\leq 1 & (\text{divide both sides by } \|\mathbf{x}\| \|\mathbf{y}\|) \end{aligned}$$

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