A desert is a very dry biome. It gets less than 25 cm (about 10 inches) of rainfall a year. Another source defines it as "any region that can have a moisture deficit over the course of a year. In other words, they can have less rainfall in a year than they give up through evaporation". These kinds of areas can cover about 33% of the land on Earth. That includes much of Antarctica, where large areas get no snow at all. The largest hot desert is the Sahara desert, in northern Africa, covering 9 million square kilometers. Deserts land surfaces are various – examples are stones, sand dunes and snow. They have a wide variety of animals and plants. Deserts sometimes expand (desertification), and sometimes contract. Deserts are mostly found in the western part of North America, Western Asia, Central Australia, South America, and South and North Africa. Many, such as the Sahara, are very hot during the day and have cold nights, but there are also deserts such as the Atacama in South America which remain frozen day and night. There are hot deserts and cold deserts. Cold deserts are covered with snow or ice. Some cold deserts have a short season of above-freezing temperatures. These deserts are called tundra. An ice cap can be a cold desert that remains below freezing year-round. Cold deserts can be found close to the poles. That is why they are also called polar deserts. Other regions of the world have cold deserts too, for instance high altitude areas like the Himalayas. These are called montane deserts. Antarctica is the world's largest cold desert. Hot deserts are mostly in the subtropics. They can be covered by sand, rock, salt lakes, stony hills and even mountains. Most non-polar deserts are hot in the day and chilly at night. The temperature in the daytime can reach 50 °C or higher in the summer, and dip to 0 °C or lower at night time in the winter. The largest hot desert of the world is the Sahara in North Africa. It is almost as large as Europe or the United States. The Sahara is also the hottest desert in the world. The driest hot desert in the world is the Atacama Desert in South America. The Atacama Desert had no rain for 401 years, between 1570 and 1971. This desert is caused by a cold ocean current. People sometimes bring water from wet places to hot deserts so plants can grow. This is called irrigation. It does rain in the desert, but not often. In the Atacama Desert it did not rain for 401 years. In other deserts it may rain every year or once every few years. When it rains in a desert, a lot of water may reach the ground in a short time. Some rain passes straight into the dry sand, but the rest may form a temporary river. Wadis, stream channels that are normally dry, can quickly fill after heavy rain, causing a flash flood. A sandstorm or dust storm arises when wind blows loose sand and dust from a dry surface. Clouds of sand or dust are often so dense that they obscure the sun. A sandstorm can move whole sand dunes. Sandstorms are common in large, dusty deserts. There are not many animals in the desert, but some animals are able to survive. They have different ways to survive the intense conditions of the desert. Examples of animals that live in hot deserts are lizards, small rodents, snakes, and camels. Plants and animals in hot deserts must live with very little water. Xerophytic plants which live in the desert have special adaptations. They may survive by growing roots that are very near the surface to absorb the rain that may fall before it evaporates. Plants such as the cactus have thick, fleshy stems that help them store water. Small animals such as lizards and small rodents often escape the hot rays by digging underground burrows where they live. They only come out at night to search for food. Like the plants, desert animals must live on as little water as possible. Most of the water used by these animals comes from seeds and stems that absorb and hold water. Camels survive in hot deserts by storing water in body fat in their humps. Like other desert animals, the camel loses little water in its wastes (urine and faeces). In hot deserts you may see a mirage or fata morgana. A mirage is a trick of the light. It may make you think that there is a pool of water in the desert, when there is really no water.