

ONLINE COUNSELING CONSENT FORM

Dear Client,

Please carefully read the information below regarding your rights and responsibilities as well as ours. This information is very important to ensure we can provide you with better service and to help the online counseling process proceed more effectively.

1. 1. In situations where face-to-face meetings are restricted or not appropriate, online psychological counseling/therapy, which has been proven effective for mental health, has been used worldwide for many years.
2. 2. The success of our work depends on the client's cooperation and open communication with the counselor.
3. 3. What is discussed during the session will remain between you and your counselor unless you give permission otherwise. Except for technical problems caused by service providers, everything discussed remains confidential. However, confidentiality will be breached and necessary information will be shared with relevant persons or institutions if there is a legal obligation to report a crime, risk of harm to yourself or others, or in cases of abuse or court subpoena. You will be informed in advance in such cases.
4. 4. Your counselor/therapist may only record audio/video with your permission while maintaining your identity and personal information confidential. Any recordings may only be shared with supervising faculty members within a Clinical Psychology master's program or Guidance and Psychological Counseling undergraduate/graduate programs.
5. 5. Sessions typically last between 40 to 60 minutes. The frequency and duration of sessions are determined collaboratively by the client and the counselor/therapist. The duration of workshop programs is determined by the client.
6. 6. You may ask your counselor questions regarding the counseling process, your experiences, or the counselor's qualifications and training.
7. 7. Each session is charged.
8. 8. The duration and cost of tests conducted in our institution vary depending on the nature of the test. Clients are clearly informed about this.
9. 9. Our expert may arrive late to a session due to unforeseen circumstances, in which case the session will be extended to complete the full time. If you arrive late, your counselor will not extend the session, and it will end at the scheduled time.
10. 10. Make sure you will not be disturbed during the session and that the door to the room is closed. Do not consume alcohol or medication before the session. You are responsible for ensuring these conditions.
11. 11. If deemed necessary, our expert may recommend you consult a psychiatrist for further evaluation. In such cases, any session/examination or test fees will be paid by the applicant.

12. 12. In accordance with Law No. 6698 on the Protection of Personal Data, your personal information is considered sensitive data and is protected by our center.
13. 13. I acknowledge that I have been properly informed regarding the processing, use within the scope of the relevant process, sharing, and retention of my personal data—including special categories of personal data as defined by the Personal Data Protection Law—and that I freely give my explicit consent without any pressure or threat. I confirm that I have read and understood this Information Statement.
14. 14. I accept the online counseling. Additionally, I have read and approved the principles outlined above.

Date:

Full Name:

Signature:

Please fill in the above information and send it to us. By doing so, you are considered to have accepted and approved all responsibilities and information outlined in this document and agreed to continue your sessions online with your psychological counselor during national precautionary periods.