Computer programmers are those who write computer software..  
There exist a lot of different approaches for each of those tasks.  
However, Charles Babbage had already written his first program for the Analytical Engine in 1837.  
Many factors, having little or nothing to do with the ability of the computer to efficiently compile and execute the code, contribute to readability.  
 Code-breaking algorithms have also existed for centuries.  
 Programs were mostly entered using punched cards or paper tape.  
When debugging the problem in a GUI, the programmer can try to skip some user interaction from the original problem description and check if remaining actions are sufficient for bugs to appear.  
By the late 1960s, data storage devices and computer terminals became inexpensive enough that programs could be created by typing directly into the computers.  
 These compiled languages allow the programmer to write programs in terms that are syntactically richer, and more capable of abstracting the code, making it easy to target varying machine instruction sets via compilation declarations and heuristics.  
However, readability is more than just programming style.  
Integrated development environments (IDEs) aim to integrate all such help.  
 Machine code was the language of early programs, written in the instruction set of the particular machine, often in binary notation.  
Expert programmers are familiar with a variety of well-established algorithms and their respective complexities and use this knowledge to choose algorithms that are best suited to the circumstances.  
 It is very difficult to determine what are the most popular modern programming languages.  
It affects the aspects of quality above, including portability, usability and most importantly maintainability.