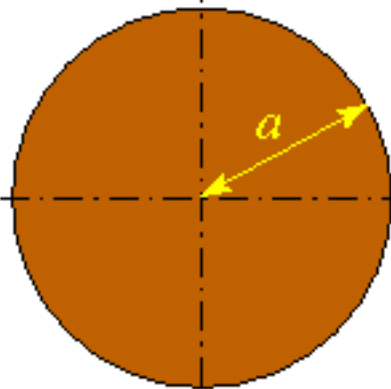uniform isotropic growth → apply load

a_0

a

p_0^*