

Menu

Monday

- 1 servings – Super shake

Tuesday

- 1 servings – Super shake

Rest of the week

- 100 servings – Coffee
- 100 servings – Pumpkin snails with orange butter

Special materials

- Kaffe filter
- Blender

Stats

Total number of servings: 202

Maximal number of servings per recipe: 100

Total ingredient weight: 31.9329 kg

Cool

- 8 Hafermilch
- 1.25 Sojamlich
- 1 Margerine

Hygiene

- 5 Backpapier

Produce

- 0.047619 Zwiebeln
- 0.047619 Knobi
- 0.047619 Ingwer
- 2.5 Kürbis
- 0.5 Bio-orangen

Baking

- 0.4 Zucker
- 0.35 Trockenhefe
- 1 Rohrzucker
- 5 Mehl
- 1.25 Puderzucker
- 0.04 Vanillezucker

Condiments

- 0.1 Salz
- 0.05 Zimt
- 0.05 Ingwer (pulver)
- 0.05 Allspice
- 0.05 Muskat

Breakfast

- 1.2 Kaffe

Snacks

- 4 Pekannüsse

Cool

- 8 Hafermilch
- 1.25 Sojamlich
- 1 Margerine

Hygiene

- 5 Backpapier

Produce

- 0.047619 Zwiebeln
- 0.047619 Knobi
- 0.047619 Ingwer
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Baking

- 0.4 Zucker
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- 5 Mehl
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- 0.04 Vanillezucker

Condiments

- 0.1 Salz
- 0.05 Zimt
- 0.05 Ingwer (pulver)
- 0.05 Allspice
- 0.05 Muskat

Breakfast

- 1.2 Kaffe

Snacks

- 4 Pekannüsse

Monday

Super shake

1 servings

| kg | Ingredients | <i>per serving</i> |
|-----------|-------------|--------------------|
| 0.0238095 | Zwiebeln | <i>0.0238095</i> |
| 0.0238095 | Knobi | <i>0.0238095</i> |
| 0.0238095 | Ingwer | <i>0.0238095</i> |
| <hr/> | | <hr/> |
| 0.0714286 | | 0.0714286 |

Instructions

Blend all zutaten. enjoy.

Special materials

Blender

Tuesday

Super shake

1 servings

| kg | Ingredients | <i>per serving</i> |
|-----------|-------------|--------------------|
| 0.0238095 | Zwiebeln | <i>0.0238095</i> |
| 0.0238095 | Knobi | <i>0.0238095</i> |
| 0.0238095 | Ingwer | <i>0.0238095</i> |
| <hr/> | | <hr/> |
| 0.0714286 | | 0.0714286 |

Instructions

Blend all zutaten. enjoy.

Special materials

Blender

Rest of the week

Coffee

100 servings

| kg | Ingredients | <i>per serving</i> |
|-------|-------------|--------------------|
| 1.2 | Kaffe | <i>0.012</i> |
| 8 | Hafermilch | <i>0.08</i> |
| 0.4 | Zucker | <i>0.004</i> |
| <hr/> | | <hr/> |
| 9.6 | | 0.096 |

Special materials

Kaffe filter

Pumpkin snails with orange butter

100 servings

| kg | Ingredients | <i>per serving</i> |
|-------|-----------------|--------------------|
| 2.5 | Kürbis | <i>0.025</i> |
| 1.25 | Sojamlich | <i>0.0125</i> |
| 0.35 | Trockenhefe | <i>0.0035</i> |
| 1 | Rohrzucker | <i>0.01</i> |
| 5 | Mehl | <i>0.05</i> |
| 1 | Margerine | <i>0.01</i> |
| 4 | Pekannüsse | <i>0.04</i> |
| 0.1 | Salz | <i>0.001</i> |
| 0.05 | Zimt | <i>0.0005</i> |
| 0.05 | Ingwer (pulver) | <i>0.0005</i> |
| 0.05 | Allspice | <i>0.0005</i> |
| 0.05 | Muskat | <i>0.0005</i> |
| 1.25 | Puderzucker | <i>0.0125</i> |
| 0.04 | Vanillezucker | <i>0.0004</i> |
| 0.5 | Bio-orangen | <i>0.005</i> |
| 5 | Backpapier | <i>0.05</i> |
| <hr/> | | <hr/> |
| 22.19 | | 0.2219 |

Instructions

Orange butter is 0.1 margerine, puderzucker, vaniall zucker, orange peel and salz.