

Ok, so here is the deal. I really, really like going to IHOP for breakfast. I go there all the time because they have this omelette that only has 370 calories and I think it tastes great ! (especially with Salsa). I liked it so much I tweeted about it a little while back.

So today, I went back again. Had the omelette and a large fruit bowl. Total listed calories, 480. Perfect. Tastes good. Low cal.

**Then horror of horrors, the manager comped my breakfast.**

He couldn't understand why I was visibly shaken. I thanked him. Left a \$20 tip (I wanted to be able to say I left enough to more than pay for the meal). Then I immediately called my law firm of Bakem, Shakem and Takem and had them assign their best attorneys to figure this out.

I don't know what my disclosure requirements are going forward and whether or not I need to fill out any forms.

Can I tweet about IHOP again after Dec 1st ? Am I under some special reporting obligation ?

Does anyone have any connections at the FTC that can clarify things for me ???? I read [this article](#), and I just don't know what to do !

I'm open to all advice !!