

First things first. Thank you to everyone who voted for kym and I and kept us alive this past week. I knew the Jive would be tough on me and it was. It was the first dance where I botched a step and it showed. One portion of it i was supposed to hesitate a beat and I didnt, throwing us off as we circled. We were able to come back together and get back on beat, but the judges definitely noticed it and docked me points. Thats the challenge of live TV. Its also going to motivate me to work even harder on my waltz this week.

The waltz is all about posture. This week we have a great song. Even better its a song that isnt one I would normally sing along to. So it should be much easier to just put on my "dance face" and find "my inner dancer"...Hopefully ■

Practice has been going well this week. We head back to LA on Sunday after practicing 6 hours a day this week.

Learning a new dance is an emotional rollercoaster. Yes, practicing all that time can be tiring. My legs hurt and if the schedule creates a situation where we practice till past midnight and then start again at 9am the next morning, to say my legs get sore , wouldnt quite do it justice.

I didnt know what the Viennese Waltz was. Heck, i didnt know there were different types of waltzs. So trying to pick up the steps, the turns, the posture was the first step. Next came actually learning the routine Kym put together for us. As with the jive, when I first start learing the routine, there is always something that seems impossible for me to learn. Kym will show me the step. I will try it. Then we do it over and over and over again. Some steps come easily. Others, not so much.

This week there was a promenade travel. It required about 24 steps in combination at full speed. Literally I felt like I was running to cover the distance we needed to cover and to make the beats work. Im a tech guy, so I tend to look at the steps as a sequence of instructions, which I write down and try to learn by looking and doing. Its not unusual for me to have a piece of paper in my hand with the steps and directions on them as I learn a step. My approach wasn't working. It was just too fast for me to process and translate to my feet.

Because I wasnt making any progress on these, Kym decided we needed to move on to work on a different part of the routine. Something called "Naturals" . Much easier for me. More like a 3 count waltz step. We practiced over and over and then as we tried to improve on it, it dawned on me that these "Naturals" steps were similar to the Promenades . The steps were the same, but the changes of directions were more extreme and the pace and distance were faster and longer. Of course I thought I had just found the solution to all my problems and told Kym about my breakthrough. AT which point all she could do was laugh at me and tell me that she had been trying to tell me that the Promenade and the Naturals were very similar and I just had to learn one to get the other.

Who knew ?

Its the breakthrough like this one that all of the sudden re energizes our practices and pumps up my confidence. One day i feel like Im never going to learn this thing and the next, Im looking back at the "impossible", thinking its easy.

Thats the first hill of the dancing with the stars rollercoaster. The 2nd is actually doing it live, and the 3rd of course is waiting on Tuesday to find out if all of you have voted for me.

I promise that I am working hard for you. Thank you to all of you who have voted by phone, by email and bigger thanks to all of you who have sent emails, forwarded emails and called friends, family and co workers asking them to vote by phone and email. The stories and feedback I have gotten are amazing !!

What ever success I have on the show is all thanks to each of you !