

Regarding your upcoming surgery

Thank you for choosing SGH for your upcoming surgery. In order to have a safe and pleasant patient journey, please read the following items carefully.

Overview of communications from the hospital

In the days leading up to your operation, our staff will reach out to you through SMS or call.

- After we book your surgery date, you will receive 1 SMS with all relevant doctor’s appointments that you must attend before your surgery.
- 1 week before your surgery date, you will receive 1 SMS to ask if you are coming for the surgery. Please reply our staff to confirm/RSVP.
- The day before your surgery, you will receive a call from the hospital to tell you your reporting location and time.

Pre-admission assessment:

Before you go for your Pre-Admission Assessment appointment, please remember to bring the following:

- SingPass ID and password
- Employee medical benefits e.g. Hospital Identification Card or company Letter of Guarantee if relevant
- All medications that you are currently taking for discussion with our anaesthetist

Surgery reporting time

Your surgery reporting time will be confirmed 1 day before the surgery date. You will receive a call from our hospital staff.

Preparing for your surgery

DO NOT

- Do not take any food or drinks from 12 midnight onwards. This includes water.

- Do not smoke 1 day before your surgery.
- Do not bring valuables or excessive cash (not more than S\$20) to the hospital as there is no safekeeping place to store your valuables or money during the surgery.
- Do not apply makeup, nail polish/gelish or wear jewellery. We will ask you to remove them if you are wearing them on the day of your surgery.
- Do not take your diabetic medicine on the day of the surgery if you are diabetic.

DO

📌 Inform the Pre-Surgery Hotline at 65761248 during the working hours if you are feeling unwell. E.g. Flu, Cough, Fever 7 days prior to the operation. **Working hours:** Monday to Friday (8am-6pm), Saturday (8am-12pm).

📌 Take your regular medication with a small sip of water (100ml) at 6am, if you have:

- High Blood Pressure
- Heart Problems

If you are taking any anti-platelet medications such as Warfarin, Aspirin, Ticlid, Plavix etc, please follow your physician's advice.

📌 Bring your inhaler if you have Asthma.

📌 Dress comfortably and wear comfortable shoes.

📌 Bring along a container for your spectacles or contact lens, if you are wearing them.

📌 Report for your surgery with a parent/guardian to give consent for your surgery if you are below 21 years old.

📌 Let the nurses know if your teeth are loose or if you are wearing dentures/caps so that they can be protected or kept safely aside during your operation.

📌 Bring along all X-ray films or letters from your General Practitioner, if any, on the day of admission and hand them to the nurse.

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Working hours: Monday to Friday (8am-6pm), Saturday (8am-12pm).

Surgery reporting time


Your surgery reporting time will be confirmed 1 working day before the surgery date at 4PM. You will receive a call from our hospital staff. If you do not receive a call from us, please contact the Pre-Surgery hotline 65761248 during our working hours.

Preparing for your surgery

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- Do not smoke 1 day before your surgery.
- Do not bring valuables or excessive cash (not more than S\$20) to the hospital as there is no safekeeping place to store your valuables or money during the surgery.
- Do not apply makeup, nail polish/gelish or wear jewellery. We will ask you to remove them if you are wearing them on the day of your surgery.

DO

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 Bring your deposit payment

 Bring your employee medical benefits e.g. Hospital Identification Card or company Letter of Guarantee if it is relevant

 Take your regular medication with a small sip of water (100ml) at 6am, if you have:

- High Blood Pressure
- Heart Problems

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