

STECCO – Start in die tertiäre Bildung während der Corona Krise: Chancen und Herausforderungen

Codebook

Version 1.0

July 31 2022

NOTE: Most of the translations are preliminary translations.

Section 0: Internal Data

Variable name	Description	Coded	Relevant for
id	Variable coding participant		B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
sample	Variable coding whether a participant belonged to the original sample or to the refreshment sample	“original” = participant started the study in March/April 2021 “refreshment” = participant started the study in September/October 2021	B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
case	Number of the interview		B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
QUESTNNR	Type of the questionnaire	baseline = B1 baseline2 = B2 baseline2 = B3.1 baseline_WiSe = B3.2 baseline4 = B4 baseline5 = B5 week1-week30 = weekly questionnaires from week 1 to week 30 dxby = ESM questionnaires; dx indicates the respective day of the ESM phase (x = 1-14), by indicates the respective beep of the day (with y = 1-5 representing quasi-randomized beeps and y = 6 representing end of day questionnaires. For example, d10b4 is beep four on day 10.	B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
STARTED	Time when the participant started the interview	YY-MM-DD hh:mm:ss	B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
date	Date on which the questionnaire was sent out to participants	YY-MM-DD	EOD
day0	Study day	0 (day 1) – 13 (day 14)	ESM, EOD
beep	Beep number	1-5	ESM
IV01_01	Time stamp denoting the quasi randomized time point when the questionnaire was sent out to the participant	UNIX time stamp	ESM
LASTDATA	Time when the participant most recently clicked the “next” button and, thereby, updated the data case	YY-MM-DD hh:mm:ss	B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
FINISHED	Variable indicating whether the participant reached the goodbye page or not	1 = reached good-by page 0 = did not reach good-bye page	B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
LASTPAGE	The page most recently answered (and sent via the next button) by the participant		B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
MAXPAGE	The greatest number of any page answered by the participant.		B1, B2, B3.1, B3.2, B4, B5, weekly, ESM, EOD
toolate	Variable indicating if participants had answered parts of the questionnaire later than intended (i.e., later than the time point when the questionnaire was officially closed). Responses given later than intended were set to missing.	0 = all responses given within acceptable time frame 1 = (parts of the) responses given later than intended	B1, weekly, ESM, EOD
noncompliance_esm	Variable coding if a participant has completed less than 5 beeps per week or has participated only 1 day within a week (note: noncompliance was evaluated separately for both weeks, therefore values may differ between days 0-6 and days 7-13)	0 = more than 5 beeps and more than 1 day of data collection 1 = at least 5 beeps but not more than 1 day of data collection 2 = less than 5 beeps but more than 1 day of data collection	ESM
noncompliance_eod	Variable coding if a participant has participated only 1 day within a week (note: noncompliance was evaluated separately for both weeks, therefore values may differ between days 0-6 and days 7-13)	0 = more than 1 day of data collection 1 = only 1 day of data collection	EOD

Section 1: Study Part 1 (quarterly assessments)

This first section contains all measures that were assessed in study part 1 (online questionnaires that were administered every three months)

B1: Assessment in March / April 2021

B2: Assessment in June 2021 / July 2021

B3.1: Assessment in September / October 2021 (for cohort starting in March / April 2021)

B3.2: Assessment in September / October 2021 (for cohort starting in September / October 2021)

B4: Assessment in December 2021 / January 2022

B5: Assessment in March / April 2022

B1: Assessment in March / April 2021

relevant for: original sample

The items are listed in the order in which they appeared in the questionnaire

Participant background

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD01	Gender	Welchem Geschlecht fühlen Sie sich zugehörig?	1 = weiblich 2 = männlich 3 = divers 4 = möchte nicht antworten -9 = nicht beantwortet	What is your gender?	1 = female 2 = male 3 = diverse / non-binary 4 = I prefer to not answer this question -9 = not answered	B3.2	
SD02_01	Age	Wie alt sind Sie? Ich bin ... Jahre	Offene Eingabe (Ganze Zahl)	How old are you? I am ... years old	Open response (integer)	B3.2	
SD03	Marital status	Bitte geben Sie Ihren aktuellen Beziehungsstatus an.	1 = single / ledig 2 = in fester Partnerschaft 3 = verheiratet 4 = geschieden 5 = verwitwet -9 = nicht beantwortet	Please state your current relationship status.	1 = single 2 = in permanent relationship 3 = married 4 = separated / divorced 5 = widowed -9 = not answered	B2, B3.1, B3.2, B4, B5	
SD09	Housing situation	Welche dieser Aussagen beschreibt Ihre aktuelle Wohnsituation am besten?	1 = Ich wohne bei meinen Eltern / einem Elternteil und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 2 = Ich wohne bei meinen Eltern / einem Elternteil, würde aber lieber ausziehen. 3 = Ich wohne bei Verwandten und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 4 = Ich wohne bei Verwandten, würde aber lieber ausziehen. 5 = Ich wohne in einer WG / im Studierendenwohnheim und will auch in einer WG / im Studierendenwohnheim wohnen. 6 = Ich wohne in einer WG / im Studierendenwohnheim, würde aber lieber alleine wohnen. 7 = Ich wohne alleine und will auch alleine wohnen. 8 = Ich wohne alleine, würde aber lieber in einer WG / im Studierendenwohnheim wohnen. 9 = keine von diesen, sondern: -9 = nicht beantwortet	Which option best describes your current housing situation?	1 = I live with my parent/s and want to stay here at least for the following months 2 = I live with my parent/s but would rather move out 3 = I live with my relatives and want to stay here at least for the following months 4 = I live with my relatives but would rather move out 5 = I live in a dormitory / private apartment with roommates and also want to live here 6 = I live in a dormitory / private apartment with roommates but would rather live alone 7 = I live alone and also want to live alone 8 = I live alone but would rather live in a dormitory / private apartment with roommates 9 = None of those options, but... -9 = not answered	B2, B3.1, B3.2, B4, B5	

SD09_09	Other housing situation	Keine von diesen, sondern	Offene Eingabe	None of those options, but...	Open response	B2, B3.1, B3.2, B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD06_01	Number of household members	Wie viele Personen leben derzeit mit Ihnen zusammen in einem Haushalt- Sie selbst und gegebenenfalls Ihre Kinder miteingerechnet)	Offene Eingabe (Ganze Zahl)	How many persons including yourself are currently living in your household? Please count also children who are only temporarily living in your household.	Open response (integer)	B2, B3.1, B3.2, B4, B5	
SD07		Mit wem wohnen Sie zurzeit in Ihrem Haushalt zusammen? Sie können mehrere Antworten auswählen	Anzahl gewählter Optionen (ganze Zahl)	Who is currently living in your household? You can choose multiple answers	total number of selected options (integer)	B2, B3.1, B3.2, B4, B5	
SD07_01	Living alone	mit niemandem	1 = nicht ausgewählt 2 = ausgewählt	Nobody.	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_02	Partner / spouse in household	mit Ehepartner(in)/Partner(in)	1 = nicht gewählt 2 = ausgewählt	Spouse/partner	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_03	Own children in household	mit Ihren eigenen Kindern/Pflegekindern/Adoptivkindern	1 = nicht gewählt 2 = ausgewählt	Children, foster children, adopted children	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_04	Children of partner in household	mit Kindern Ihres Partners/Ihrer Partnerin	1 = nicht gewählt 2 = ausgewählt	Children of partner	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_05	Mother/ mother figure in household	mit Mutter/Stiefmutter/Pflegemutter	1 = nicht ausgewählt 2 = ausgewählt	Mother / stepmother / foster mother	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_06	Father/ father figure in household	mit Vater/Stiefvater/Pflegevater	1 = nicht ausgewählt 2 = ausgewählt	Father / stepfather / foster father	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_07	Siblings in household	mit Geschwistern	1 = nicht ausgewählt 2 = ausgewählt	Siblings	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_08	grandparents in household	mit Großeltern	1 = nicht ausgewählt 2 = ausgewählt	Grandparents	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_09	grandchildren in household	mit Enkeln	1 = nicht ausgewählt 2 = ausgewählt	Grandchildren	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_10	Parents in-law in household	mit Schwiegermutter/-vater/-eltern	1 = nicht ausgewählt 2 = ausgewählt	Mother-in-law /father-in-law	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
SD07_11	Other relatives in household	mit anderen Verwandten	1 = nicht ausgewählt 2 = ausgewählt	Other relatives	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	

SD07_12	Other household members	mit anderen, nicht verwandten Personen	1 = nicht ausgewählt 2 = ausgewählt	Other persons	1 = not selected 2 = selected	B2, B3.1, B3.2, B4, B5	
zipcode	ZIP code	Wie lautet die Postleitzahl des Ortes, an dem Sie im Moment überwiegend wohnen? Falls Sie nicht in Deutschland wohnen, geben Sie bitte 00000 an.	Offene Texteingabe	Please enter your zip code, or 00000 for residents outside Germany.	Open response	B2, B3.1, B3.2, B4, B5	This variable has been shortened to the first 3 digits to ascertain anonymity of participants
SD20_01	Siblings	Wie viele Geschwister haben Sie?	Ich habe ... Geschwister. Offene Eingabe (Ganze Zahl)	How many siblings do you have?	I have ... siblings. Open response (integer)	B3.2	
SD10	Place of birth	Wo sind Sie geboren?	1 = in Deutschland 2 = in einem anderen Land -9 = nicht beantwortet	Where were you born?	1= In Germany 2= In another country -9 = not answered	B3.2	
SD13	Mother tongue	Welches ist Ihre Muttersprache	1 = Deutsch 2 = Deutsch und eine andere Sprache 3 = Eine andere Sprache außer Deutsch -9 = nicht beantwortet	Which is your native language?	1 = German 2 = German and another language 3 = A language other than German -9 = not answered	B3.2	
SD19	Migratory background	Ist von Ihren Großeltern jemand außerhalb Deutschlands geboren und nach 1950 nach Deutschland zugezogen?	1 = Ja 2 = Nein 3 = Weiß nicht -9 = nicht beantwortet	Were any of your grandparents born in another country than Germany and moved to Germany after 1950?	1 = Yes 2 = No 3 = I don't know -9 = not answered	B3.2	
	Time of moving to Germany	Sie haben angegeben, dass Sie nicht in Deutschland geboren sind. Wann sind Sie nach Deutschland gezogen?		You stated that you were not born in Germany. When did you move to Germany?		B3.2	only assessed if participants indicated that they were not born in Germany (SD10 = 2)
SD11	Month of moving to Germany	Bitte wählen Sie den Monat aus	1 = Januar 2 = Februar 3 = März 4 = April 5 = Mai 6 = Juni 7 = Juli 8 = August 9 = September 10 = Oktober 11 = November 12 = Dezember -9 = nicht beantwortet	Please select a month	1 = January 2 = February 3 = March 4 = April 5 = May 6 = June 7 = July 8 = August 9 = September 10 = October 11 = November 12 = December -9 = not answered	B3.2	only assessed if participants indicated that they were not born in Germany (SD10 = 2)
SD12_01	Year of moving to Germany	Bitte geben Sie das Jahr über die Tastatur ein	Offene Texteingabe	Please enter the year	Open response	B3.2	only assessed if participants indicated that they were not born in Germany (SD10 = 2)
SD14	Age of starting to learn German	Sie haben angegeben, dass Deutsch nicht Ihre Muttersprache ist. In welchem Alter haben Sie angefangen, Deutsch zu lernen?	1 = 0-2 Jahre 2 = 3-5 Jahre 3 = 6-9 Jahre 4 = 10-15 Jahre 5 = älter als 15 Jahre	You stated that German was not your mother tongue. How old were you when you started to learn German?	1 = 0-2 years old 2 = 3-5 years old 3 = 6-9 years old 4 = 10-15 years old 5 = Older than 15 years old	B3.2	only assessed if participants indicated that their native language was not German (SD10 = 2)

		-9 = nicht beantwortet		-9 = not answered		
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University entrance qualification

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD21	University entrance qualification	Auf welche Weise haben Sie die Studienberechtigung erworben?	1 = Allgemeine Hochschulreife (Abitur) 2 = Fachhochschulreife 3 = Ausbildung 4 = Andere, und zwar: -9 = nicht beantwortet	How did you obtain your university entrance qualification?	1 = advanced degree, University entrance certificate (German: Abitur) 2 = advanced degree, certificate for entering Universities of Applied Sciences (German: Fachhochschulreife (Abschluss einer Fachoberschule)) 3 = Apprenticeship (German: Ausbildung) 4 = Other, that is: -9 = not answered	B3.2	
SD21_04	Other university qualification	Andere, und zwar:	Offene Texteingabe	Other university entrance qualification, that is:	Open response	B3.2	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD22_01	Year of obtaining university qualification	In welchem Jahr haben Sie Ihre Studienberechtigung erworben? (Bitte geben Sie eine vierstellige Jahreszahl an)	Offene Texteingabe	In what year did you obtain your university entrance qualification?	Open response	B3.1 (SD35)	
SD23_01	Final grade of university qualification	Bitte geben Sie die Abschlussnote Ihrer Hochschulzugangsberechtigung an.	Offene Texteingabe (Dezimalzahl)	Please state your final mark of your university qualification	Open response (decimal number)	B3.2	

SD24	Federal state of university qualification	In welchem Bundesland haben Sie Ihre Hochschulzugangsberechtigung erworben?	1 = Baden-Württemberg 2 = Bayern 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hessen 8 = Mecklenburg-Vorpommern 9 = Niedersachsen 10 = Nordrhein-Westfalen 11 = Rheinland-Pfalz 12 = Saarland 13 = Sachsen 14 = Sachsen-Anhalt 15 = Schleswig-Holstein 16 = Thüringen 17 = Keines (HZB nicht in Deutschland erworben) -9 = nicht beantwortet	In which state did you obtain your university qualification? 1 = Baden-Württemberg 2 = Bavaria 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hesse 8 = Mecklenburg-Western Pomerania 9= Lower Saxony 10= Northrhine-Westphalia 11= Rhineland Palatinate 12= Saarland 13= Saxony 14= Saxony-Anhalt 15= Schleswig-Holstein 16= Thuringia 17 = None (University entrance qualification not obtained in Germany) -9 = not answered	B3.2	

Study situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
uni_id	University	An welcher Hochschule studieren Sie im Sommersemester 2021?	Ganze Zahl, kodiert die Hochschule	At which university will you be studying in summer semester 2021?	integer coding university	B3.1, B3.2, B5	At B3.1, B3.2: question referred to the winter semester 2021 / 2022 At B5: question referred to the summer semester 2022
ST02	Federal state of university	In welchem Bundesland liegt Ihre Hochschule?	1 = Baden-Württemberg 2 = Bayern 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hessen 8 = Mecklenburg-Vorpommern 9 = Niedersachsen 10 = Nordrhein-Westfalen 11 = Rheinland-Pfalz 12 = Saarland 13 = Sachsen 14 = Sachsen-Anhalt 15 = Schleswig-Holstein 16 = Thüringen -9 = nicht beantwortet	In which state is your university located?	1 = Baden-Württemberg 2 = Bavaria 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hesse 8 = Mecklenburg-Western Pomerania 9= Lower Saxony 10= Northrhine-Westphalia 11= Rhineland Palatinate 12= Saarland 13= Saxony 14= Saxony-Anhalt 15= Schleswig-Holstein 16= Thuringia -9 = not answered	B3.1 & B3.2, B5	
ST03_01	Major/s	Für welches Fach bzw. welche Fächer sind Sie eingeschrieben (z. B. Volkswirtschaftslehre, Bioinformatik, Meteorologie, Sozialwesen, Archäologie)?	Offene Texteingabe	Which major(s) are you enrolled in?	Open response	B3.1 & B3.2 (ST03_01), B5 (SS05_01)	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST58	Semester	Im wie vierten Hochschulsemester befinden Sie sich im Sommersemester 2021?	Ich befinde mich im Sommersemester 2021 im: 1 = 1. Hochschulsemester 2 = 2. Hochschulsemester 3 = 3. Hochschulsemester oder höher -9 = nicht beantwortet	In which semester will you be in summer semester 2021? 1 = 1 st semester 2 = 2 nd semester 3 = 3 rd semester or higher -9 = not answered	In summer semester of 2021, I will be in: 1 = 1 st semester 2 = 2 nd semester 3 = 3 rd semester or higher -9 = not answered		
ST04	Graduation	Zu welchem Abschluss führt Ihr derzeitiges Studium?	1 = Bachelor 2 = Staatsexamen 3 = künstlerischer Abschluss 4 = kirchlicher Abschluss 5 = Master 6 = Diplom, Magister	To which degree is your current course leading?	1 = Bachelor 2 = State examination 3 = Artistic degree 4 = Ecclesiastical degree 5 = Master 6 = Diploma, Magister	B3.1 & B3.2 (ST04), B5 (SS06)	

			7 = Sonstiger Abschluss, und zwar: -9 = nicht beantwortet		7 = Other degree, which is... -9 = not answered		
ST04_07	Other graduation	Sonstiger Abschluss, und zwar:	Offene Texteingabe	Other degree	Open response	B3. & B3.2 (ST04_07), B5 (SS06_07)	This variable has been removed from the publicly available dataset to ascertain anonymity of participants

Study motivation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Menschen unterscheiden sich darin, aus welchen Gründen sie sich für die eine oder andere Richtung in Ihrem Leben entscheiden. Wir möchten von Ihnen erfahren, aus welchen Gründen Sie sich für das Studium entschieden haben, dem Sie im kommenden Sommersemester nachgehen. Bitte beurteilen Sie bei den folgenden Aussagen, wie sehr diese die Gründe beschreiben, aus denen Sie sich für Ihr Studium entschieden haben. Ich habe mich für dieses Studium entschieden, ...		People differ in the reasons why they choose one or another direction in their lives. We would like to know why you chose the study program you are pursuing in the upcoming summer semester. For the following statements, please indicate how much they describe the reasons you chose to pursue your study program. I chose my current study program...			
SM01_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern oder Freunde) das von mir erwarten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...because other people who are important to me (e.g. parents or friends) expect me to do that.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_01), similar: B2 & B4 (SM02_01), B3.1 (SM12_01), B5 (SM21_01)	
SM01_04	Introjection item 1	...weil ich mich schlecht fühlen würde, wenn ich mich nicht für dieses Studium entschieden hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would feel bad if I had not chosen this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_04), similar: B2 & B4 (SM02_01), B3.1 (SM12_04), B5 (SM21_04)	
SM01_07	Identified item 1	...weil mir die Inhalte dieses Studiums persönlich wichtig sind.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because the contents of this study program are important to me.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_07), similar: B2 & B4 (SM02_07), B3.1 (SM12_07), B5 (SM21_07)	
SM01_10	Intrinsic motivation item 1	...weil mich die Inhalte in diesem Studium sehr interessieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of this study program very interesting	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_10), similar: B2 & B4 (SM02_10), B3.1 (SM12_10), B5 (SM21_10)	
SM01_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht wären, wenn ich mich nicht dafür entschieden hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others would be disappointed in me if I had not chosen it.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_02), similar: B2 & B4 (SM02_02), B3.1 (SM12_02), B5 (SM21_02)	
SM01_05	Introjection item 2	...weil ich sehr stolz auf mich bin, wenn ich in diesem Studium erfolgreich bin	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very proud of myself if I succeed in this study programm.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_05), similar: B2 & B4 (SM02_05), B3.1	

						(SM02_05), B5 (SM21_05)	
SM01_08	Identified item 2	...weil dieses Studium mir dabei hilft, später Dinge erreichen zu können, die mir viel bedeuten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because this study program help me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_08), similar: B2 & B4 (SM02_08), B3.1 (SM12_08), B5 (SM21_08)	
SM01_11	Intrinsic motivation item 2	...weil mir die Inhalte des Studiums Spaß bereiten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I enjoy the contents of this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_11), similar: B2 & B4 (SM02_11), B3.1 (SM02_11), B5 (SM21_11)	
SM01_03	Extrinsic motivation item 3	...weil ich später einen angesehenen oder gut bezahlten Beruf ausüben möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would like to pursue a respected or well-paid job later on.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_03)	
SM01_06	Introjection item 3	...weil ich anderen beweisen möchte, dass ich dieses Studium abschließen kann.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to prove to others that I can complete this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_06), similar: B2 & B4 (SM02_06), B3.1 (SM12_06), B5 (SM21_06)	
SM01_09	Identified item 3	...weil ich die Inhalte dieses Studiums verstehen möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to understand the contents of this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_09), similar: B2 & B4 (SM02_09) B3.1 (SM12_09), B5 (SM21_019)	
SM01_12	Intrinsic motivation item 3	...weil ich die Inhalte des Studiums spannend finde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of this study program exciting	1= completely disagree 7= completely agree -9 = not answered	exact: B3.2 (SM10_12), similar: B2 & B4 (SM02_12), B3.1 (SM12_12), B5 (SM21_12)	

Ideal (study) situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST08	Desired major	Sind Sie für Ihr gewünschtes Fach bzw. Ihre gewünschten Fächer eingeschrieben?	1 = ja 2 = nein, ich hätte lieber ... studiert -9 = nicht beantwortet	Are you enrolled in the major you wanted to enrol in?	1 = Yes 2 = No, I would have rather enrolled in ... -9 = not answered	B3.2	
ST08_02	Desired major	Nein, ich hätte lieber... studiert	Offene Texteingabe	No, would have rather enrolled in ...	Open response	B3.2	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST09	Other life path	Hätten Sie statt eines Studiums lieber etwas anderes begonnen? Wenn ja: was?	1 = ja, und zwar: 2 = nein -9 = nicht beantwortet	Instead of studying at a University, would you rather have done something else?	1 = Yes, that is... 2 = No -9 = not answered	B3.2	
ST09_01	Other life path	Ja, und zwar...	Offene Texteingabe	Yes, that is...	Open response	B3.2	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST10	Desired university	Konnten Sie das Studium an der Hochschule beginnen, an der Sie ursprünglich studieren wollten?	1 = ja 2 = nein -9 = nicht beantwortet	Were you able to enroll at the University you wanted to enroll in?	1 = Yes 2 = No -9 = not answered	B3.2	
ST19	Friends who study	Wie viele Ihrer Freunde und Freundinnen studieren oder haben studiert?	1 = Niemand 2 = Fast niemand 3 = Weniger als die Hälfte 4 = Ungefähr die Hälfte 5 = Mehr als die Hälfte 6 = Fast alle 7 = Alle -9 = nicht beantwortet	How many of your friends are studying or have studied?	1 = nobody 2 = Almost nobody 3 = less than half 4 = About half 5 = More than half 6 = almost all 7 = all -9 = not answered	B3.2	

Financial situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD25		Im Folgenden möchten wir Ihnen einige Fragen dazu stellen, wie Sie Ihr Studium finanzieren. Aus welchen Quellen finanziieren Sie Ihren Lebensunterhalt im aktuellen Semester? Sie können mehrere Antworten auswählen	Anzahl ausgewählter Optionen (ganze Zahl)	In the following we would like to ask you a few questions about how you finance your studies. From which sources do you finance your living in the current semester? You can choose multiple answers	Total number of selected options (integer)	B2, B3.1, B3.2, B4, B5	
SD25_01	Financial support by parents, partner, relatives	Zuwendungen von Eltern, Partner bzw. Partnerin oder Verwandten	1 = nicht gewählt 2 = ausgewählt	Financial support by parents, partner or relatives	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_02	Government sponsored financial support (BAFöG)	Ausbildungsförderung nach BAföG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support (BAFöG)	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_03	Bank loan	Bankenkredit zur Studienfinanzierung	1 = nicht gewählt 2 = ausgewählt	Bank loan	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_04	Own income	eigener Verdienst aus Erwerbstätigkeit	1 = nicht gewählt 2 = ausgewählt	Own income	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_05	Income a spart of my studies	Ausbildungsvergütung, z. B. aus einem dualen Studium	1 = nicht gewählt 2 = ausgewählt	apprenticeship pay e.g. from an integrated degree program	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_06	Own savings	eigene Mittel, die vor dem Studium erworben bzw. angespart wurden	1 = nicht gewählt 2 = ausgewählt	Own savings, earned or saved before studying	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_07	Scholarship other than BAFöG	Stipendium, außer BAföG	1 = nicht gewählt 2 = ausgewählt	Scholarship other than BAFöG	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_08	Government sponsored financial	staatliche Leistungen, z. B. Kindergeld, Wohngeld, Waisengeld oder Waisenrente, aber nicht BAföG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support other than BAFöG (e.g. Child	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	

	support other than BAFöG			benefit, housing benefit, orphan's benefit or orphan's pension)			
SD25_09	Other sources	andere Finanzquelle, und zwar	1 = nicht gewählt 2 = ausgewählt	Other financial sources	1= not selected 2= selected	B2, B3.1, B3.2, B4, B5	
SD25_09a	Tesx other sources	andere Finanzquelle, und zwar	Offene Texteingabe	Other financial sources	Open response	B2, B3.1, B3.2, B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD32_01	Total money available per month	Wie viel Geld steht Ihnen aktuell durchschnittlich im Monat zur Verfügung? Denken Sie bitte dabei an alle zuvor genannten Finanzquellen. Bitte berücksichtigen Sie dabei auch Beträge, die andere Personen für Sie direkt an Dritte zahlen, z. B. Überweisung der Miete an Ihren Vermieter.	Mir stehen durchschnittlich pro Monat ... € zur Verfügung. Offene Eingabe (Ganze Zahl)	How much money do you currently have on average per month? Please keep in mind all of the previously mentioned sources of finance. Please also keep in mind amounts that other people pay directly to third parties on your behalf, e.g. Transfer of the rent to your landlord	I have an average of ... € available per month. Open response (whole number)	B2, B3.1, B3.2, B4, B5	
SD28	Get by with total funds	Wie kommen Sie mit dem Geld aus, das Sie durchschnittlich im Monat zur Verfügung haben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How do you get along with the money that you have on average every month?	1 = very poorly 2 = poorly 3 = moderately 4 = well 5 = very well -9 = not answered	B2, B3.1, B3.2, B4, B5	

Employment

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD29	Employment in addition to studies	Sind Sie neben dem Studium auch erwerbstätig?	1 = Nein 2 = Ja, im Umfang von unter 5 Stunden pro Woche 3 = Ja, im Umfang von 5-10 Stunden pro Woche 4 = Ja, im Umfang von 10-15 Stunden pro Woche 5 = Ja, im Umfang von 15-20 Stunden pro Woche 6 = Ja, im Umfang von 20 Stunden oder mehr pro Woche -9 = nicht beantwortet	Do you also work beside your studies?	1 = No 2 = Yes, less than 5 hours per week 3 = Yes, for 5-10 hours per week 4 = Yes, for 10-15 hours per week 5 = Yes, for 15-20 hours per week 6 = Yes, for 20 hours or more per week -9 = not answered	B2, B3.1, B3.2, B4, B5	

(Study) situation before summer semester 2021

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST05	Change in major or University	Studieren Sie im Sommersemester 2021 dasselbe Fach an derselben Hochschule wie bereits im Wintersemester 2020/21?	1 = Ja, selbes Fach und selbe Hochschule 2 = Nein, ich habe mein Studienfach gewechselt 3 = Nein, ich habe die Hochschule gewechselt 4 = Nein, ich habe Hochschule und Studienfach gewechselt -9 = nicht beantwortet	Are you studying the same subject in the summer semester 2021 at the same university as already in the winter semester 2020/21?	1 = yes, same subject and same university 2 = no, I have changed my field of study 3 = no, I have changed the university 4 = no, I have changed the university and field of study -9 = not answered	similar: B3.1 (SD36), B5 (SD46)	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST32	Occupation in the past 6 months	Was haben Sie im letzten halben Jahr (Zeitraum September 2020 bis März 2021) gemacht? Sie können mehrere Antworten auswählen.	Anzahl ausgewählter Optionen (ganze Zahl)	What have you been doing in the last six months (period September 2020 to March 2021)? You can select more than one answer.	total number of selected options (integer)		only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_01		Freiwilliges soziales Jahr	1 = nicht gewählt 2 = ausgewählt	Volunteer social year	1= not selected 2= selected	B3.2 (ST82_0 1)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_02		Work & Travel	1 = nicht gewählt 2 = ausgewählt	work & travel	1= not selected 2= selected	B3.2 (ST82_0 2)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_03		Au Pair	1 = nicht gewählt 2 = ausgewählt	Au Pair	1= not selected 2= selected	B3.2 (ST82_0 3)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_04		Ich war anderweitig erwerbstätig	1 = nicht gewählt 2 = ausgewählt	I was otherwise employed	1= not selected 2= selected	B3.2 (ST82_0 4)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_05		Ich bin gereist	1 = nicht gewählt 2 = ausgewählt	I travelled	1= not selected 2= selected	B3.2 (ST82_0 5)	only assessed if participants indicated that the summer semester was

							their first university semester (ST58 = 1)
ST32_06		Ich habe eine Ausbildung begonnen	1 = nicht gewählt 2 = ausgewählt	I started a vocational training	1= not selected 2= selected	B3.2 (ST82_06)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_07		Ich habe mich beruflich orientiert	1 = nicht gewählt 2 = ausgewählt	I focused on my professional orientation	1= not selected 2= selected	B3.2 (ST82_07)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_08		Anderes, und zwar	1 = nicht gewählt 2 = ausgewählt	other, namely: ...	1= not selected 2= selected	B3.2 (ST82_08)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST32_08a		Anderes, und zwar (offene Eingabe)	Offene Texteingabe	other, namely ...	open response	B3.2 (ST82_08a)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1). This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST33	reason studystart summer semester	Haben Sie bewusst Ihr Studium erst zum Sommersemester begonnen?	1 = Nein, ich wollte eigentlich zum Wintersemester starten, habe aber keinen Studienplatz bekommen. 2 = Nein, ich wollte eigentlich zum Wintersemester starten, habe aber aufgrund der Corona-Pandemie erst später begonnen. 3 = Nein, ich wollte eigentlich zum Wintersemester starten, konnte aber aus gesundheitlichen oder familiären Gründen erst später begonnen. 4 = Nein, anderer Grund, und zwar: 5 = Ja, ich wollte mir im Wintersemester noch Zeit für mich nehmen. 6 = Ja, ich wollte im Wintersemester noch arbeiten, um mir mein Studium zu finanzieren. 7 = Ja, mein Studienfach an meiner Hochschule beginnt nur zum Sommersemester.	Did you intentionally start your studies only in the summer semester?	1 = No, I actually wanted to start in the winter semester, but did not get a place. 2 = No, I actually wanted to start in the winter semester, but started later due to the Corona pandemic. 3 = No, I actually wanted to start in the winter semester, but could only start later due to health or family reasons. 4 = No, other reason, namely: 5 = Yes, I wanted to take some time for myself during the winter semester. 6 = Yes, I still wanted to work in the winter semester to finance my studies. 7 = Yes, my field of study at my university only starts in the summer semester. 8 = Yes, other reason, namely:		only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)

			8 = Ja, anderer Grund, und zwar:				
ST33_04		Nein, anderer Grund, und zwar	Offene Texteingabe	No, other reason, namely: ...	open response		only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1). This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST33_08		Ja, anderer Grund, und zwar	Offene Texteingabe	Yes, other reason, namely: ...	open response		only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1). This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST56_01		Für welches Fach bzw. welche Fächer waren Sie im vergangenen Wintersemester eingeschrieben (z. B. Volkswirtschaftslehre, Bioinformatik, Meteorologie, Sozialwesen, Archäologie)?	Offene Texteingabe	For which subject(s) were you enrolled in the past winter semester (e.g., economics, bioinformatics, meteorology, social work, archaeology)?	open response		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they changed their field of study (ST05 = 2 OR ST05 = 4). This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST57_01		An welcher Hochschule haben Sie im Wintersemester 2020/21 studiert?	Offene Texteingabe	At which university did you study in the winter semester 2020/21?	open response		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they changed the university (ST05 = 3 OR ST05 = 4). This variable has been removed from the publicly available dataset to ascertain anonymity of participants

Introductory events at university during the Corona pandemic

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Während die Hochschulen aufgrund der Corona-Krise geschlossen sind bzw. waren, sollte Ihr Studium mit Unterstützung der Dozentinnen und Dozenten zuhause weitergehen.		While the universities are or were closed due to the Corona crisis, your studies should continue at home with the support of the lecturers.			
ST11	introductory events winter semester 2020/21	Hat Ihre Hochschule im Wintersemester Einführungsveranstaltungen oder andere Angebote für Studienanfängerinnen und Studienanfänger angeboten?	1 = Ich weiß nicht. 2 = Nein 3 = Ja, diese fanden ausschließlich vor Ort statt. 4 = Ja, diese fanden ausschließlich virtuell statt. 5 = Ja, diese fanden teilweise vor Ort und teilweise virtuell statt.	Did your university offer introductory events or other offerings for first-year students during the winter semester?	1 = I do not know 2 = No 3 = Yes, they took place exclusively on site. 4 = Yes, they took place exclusively virtually. 5 = Yes, they took place partly on site and partly virtually.		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST13	introductory events summer semester 2021	Bietet Ihre Hochschule in diesem Sommersemester Einführungsveranstaltungen oder andere Angebote für Studienanfängerinnen und Studienanfänger an?	1 = Ich weiß nicht. 2 = Nein 3 = Ja, diese finden ausschließlich vor Ort statt. 4 = Ja, diese finden ausschließlich virtuell statt. 5 = Ja, diese finden teilweise vor Ort und teilweise virtuell statt.	Is your university offering introductory sessions or other offerings for first-year students this summer semester?	1 = I do not know 2 = No 3 = Yes, they take place exclusively on site. 4 = Yes, they take place exclusively virtually. 5 = Yes, they take place partly on site and partly virtually.	similar: B3.2 (ST 79)	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST12	Type of introductory events	Welche dieser Einführungsveranstaltungen hat Ihre Hochschule angeboten?	Anzahl ausgewählte Optionen (ganze Zahl)	Which of these introductory events did your university offer?	total number of selected responses (integer)		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST12_01	events to get to know each other	Erstsemesterveranstaltungen/-kurse/-foren zum Kennenlernen von Kommiliton*innen	1 = nicht gewählt 2 = ausgewählt	First semester events/courses/forums to get to know fellow students	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST12_02	events for organizational matters	Veranstaltungen/Kurse zur Studienorganisation	1 = nicht gewählt 2 = ausgewählt	Events/courses on the organization of studies	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)

ST12_03	events to get to know central facilities	Einführungsveranstaltungen/-kurse zur Nutzung zentraler Einrichtungen (z.B. Bibliothek, Rechenzentrum, Lern- und Kommunikationsplattformen)	1 = nicht gewählt 2 = ausgewählt	Introductory events/courses on the use of central facilities (e.g. library, computer center, learning and communication platforms)	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST12_04	bridging courses	'Brückenkurse' (zur Vorbereitung auf das Studium)	1 = nicht gewählt 2 = ausgewählt	'Bridging courses' (in preparation for university studies)	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST12_05	events for scientific work	Einführungsveranstaltungen/-kurse zum wissenschaftlichen Arbeiten	1 = nicht gewählt 2 = ausgewählt	introductory events/courses on scientific work	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST12_06	other	Andere, und zwar	1 = nicht gewählt 2 = ausgewählt	other, namely: ...	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST12_06a		Andere, und zwar (offene Eingabe)	Offene Texteingabe	other, namely: ...	open response		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1). This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
ST14	Type of introductory events	Welche dieser Einführungsveranstaltungen bietet Ihre Hochschule an?	Anzahl ausgewählte Optionen (ganze Zahl)	Which of these introductory events does your university offer?	total number of selected responses (integer)	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST14_01	events to get to know each other	Erstsemesterveranstaltungen/-kurse/-foren zum Kennenlernen von Kommiliton*innen	1 = nicht gewählt 2 = ausgewählt	First semester events/courses/forums to get to know fellow students	1= not selected 2= selected	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST14_02	events for organizational matters	Veranstaltungen/Kurse zur Studienorganisation	1 = nicht gewählt 2 = ausgewählt	Events/courses on the organization of studies	1= not selected 2= selected	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)

ST14_03	events to get to know central facilities	Einführungsveranstaltungen/-kurse zur Nutzung zentraler Einrichtungen (z.B. Bibliothek, Rechenzentrum, Lern- und Kommunikationsplattformen)	1 = nicht gewählt 2 = ausgewählt	Introductory events/courses on the use of central facilities (e.g. library, computer center, learning and communication platforms)	1= not selected 2= selected	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST14_04	bridging courses	'Brückenkurse' (zur Vorbereitung auf das Studium)	1 = nicht gewählt 2 = ausgewählt	'Bridging courses' (in preparation for university studies)	1= not selected 2= selected	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST14_05	events for scientific work	Einführungsveranstaltungen/-kurse zum wissenschaftlichen Arbeiten	1 = nicht gewählt 2 = ausgewählt	introductory events/courses on scientific work	1= not selected 2= selected	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST14_06	other	Andere, und zwar	1 = nicht gewählt 2 = ausgewählt	other, namely: ...	1= not selected 2= selected	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1)
ST14_06a		Andere, und zwar (offene Eingabe)	Offene Texteingabe	other, namely: ...	open response	B3.2	only assessed if participants indicated that the summer semester was their first university semester (ST58 = 1). This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Study conditions at home

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Während die Hochschulen aufgrund der Corona-Krise geschlossen sind bzw. waren, sollte Ihr Studium mit Unterstützung der Dozentinnen und Dozenten zuhause weitergehen.		While the universities are or were closed due to the Corona crisis, your course of study should continue at home with the support of the lecturers.			
ST20_01	technical equipment	Wie schätzen Sie die technische Ausstattung bei Ihnen zuhause, z.B. mit WLAN, Druckern, Scannern, Tablets oder Laptops, für die Teilnahme an virtuellen Lehrveranstaltungen aktuell ein?	1 = reicht überhaupt nicht aus 2 = reicht eher nicht aus 3 = reicht eher aus 4 = reicht voll und ganz aus -9 = nicht beantwortet	How do you currently assess the technical equipment at your home, e.g. with Wi-Fi, printers, scanners, tablets or laptops, for participation in virtual courses?	1 = not sufficient at all 2 = rather not sufficient 3 = rather sufficient 4 = fully sufficient -9 = not answered	exact: B3.1 and B3.2 (ST83_01)	
ST20_02	study conditions at home	Wie schätzen Sie die wohnliche Situation bei Ihnen zuhause, z.B. ein ruhiger Platz, für das Lernen zuhause aktuell ein?	1 = reicht überhaupt nicht aus 2 = reicht eher nicht aus 3 = reicht eher aus 4 = reicht voll und ganz aus -9 = nicht beantwortet	How do you currently assess your home situation, e.g. a quiet place, for studying at home?	1 = not sufficient at all 2 = rather not sufficient 3 = rather sufficient 4 = fully sufficient -9 = not answered	exact: B3.1 and B3.2 (ST83_02)	

Set-up of classes at university (upcoming summer semester and past winter semester)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	set-up of courses of the upcoming semester (summer semester 2021)	Wie sind Ihre Lehrveranstaltungen zu Beginn des Sommersemesters 2021 geplant? Mehrfachantworten sind möglich (z.B. Teil der Vorlesungen in Präsenz und Teil der Vorlesungen hybrid). Hybride Lehrveranstaltungen beschreiben solche, die in Präsenz stattfinden, aber auch online übertragen und / oder aufgezeichnet werden		How are your lectures planned at the beginning of the summer semester 2021? Multiple answers are possible (e.g. part of the lectures in presence and part of the lectures hybrid). Hybrid courses describe those that take place in presence, but are also transmitted online and / or recorded.			
ST21	lectures	Vorlesungen:	Anzahl ausgewählte Optionen (ganze Zahl)	lectures	total number of selected responses (integer)	exact: B3.1 and B3.2 (ST80)	
ST21_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person sessions	1= not selected 2= selected	exact: B3.1 and B3.2 (ST80_01)	
ST21_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	exact: B3. and B3.2 1 (ST80_02)	
ST21_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	exact: B3 and B3.2.1 (S80_03)	
ST21_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	exact: B3.1 and B3.2 (ST80_04)	
ST21_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	exact: B3.1 and B3.2 (ST80_05)	
ST22	seminars	Seminare:	Anzahl ausgewählte Optionen (ganze Zahl)	seminars:	total number of selected responses (integer)	B3.1, B3.2	
ST22_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person sessions	1= not selected 2= selected	B3.1, B3.2	
ST22_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B3.1, B3.2	

ST22_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B3.1, B3.2	
ST22_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B3.1, B3.2	
ST22_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B3.1, B3.2	
ST23	labs	Übungen:	Anzahl ausgewählte Optionen (ganze Zahl)	labs:	total number of selected responses (integer)	B3.1, B3.2	
ST23_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B3.1, B3.2	
ST23_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B3.1, B3.2	
ST23_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B3.1, B3.2	
ST23_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B3.1, B3.2	
ST23_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B3.1, B3.2	
ST24	tutorials	Tutorien:	Anzahl ausgewählte Optionen (ganze Zahl)	tutorials:	total number of selected responses (integer)	B3.1, B3.2	
ST24_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B3.1, B3.2	
ST24_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B3.1, B3.2	
ST24_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B3.1, B3.2	
ST24_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B3.1, B3.2	
ST24_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B3.1, B3.2	
ST25_01	other	Sonstiges, und zwar	Offene Texteingabe	other, namely: ...	open response	B3.1, B3.2	This variable has been removed from the publicly available dataset

							to ascertain anonymity of participants.
ST26			Anzahl ausgewählte Optionen (ganze Zahl)		total number of selected responses (integer)	B3.1, B3.2	
ST26_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B3.1, B3.2	
ST26_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B3.1, B3.2	
ST26_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B3.1, B3.2	
ST26_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B3.1, B3.2	
ST26_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B3.1, B3.2	
ST27	set-up of courses of the past semester (winter semester 2020/21)	In welcher Form fanden Ihre Lehrveranstaltungen im Wintersemester statt?	Anzahl ausgewählte Optionen (ganze Zahl)	In what form did your courses take place during the winter semester?	total number of selected responses (integer)		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST27_01		In Präsenz	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST27_02		Virtuell	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST27_03		In hybrider Form (Veranstaltungen finden in Präsenz statt, werden aber online übertragen und / oder aufgezeichnet)	1 = nicht gewählt 2 = ausgewählt	hybrid (courses take place in presence, but are broadcast online and / or recorded)	1= not selected 2= selected		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)

Experienced and expected benefits of the pandemic

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Denken Sie bitte an das vergangene Wintersemester und geben Sie an, inwiefern Sie den folgenden Aussagen zustimmen.		Please think about the past winter semester and indicate the extent to which you agree with the following statements.			only presented if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST29_01	Ich glaube, das Wegfallen von „sozialen Verpflichtungen“ (Kennenlern-Veranstaltungen, Partys usw.) hat mir den Start in das Studium eher erleichtern.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I think the absence of "social obligations" (get-to-know-you events, parties, etc.) made it rather easier for me to start my studies.	1= completely disagree 7= completely agree -9 = not answered		only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST29_02	Ich fand es ganz entspannt, dass ich nicht so viel zu meiner Hochschule musste, sondern vieles von zuhause aus erledigen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I found it quite relaxing that I didn't have to go to my university so much, but could do a lot from home.	1= completely disagree 7= completely agree -9 = not answered	similar: B2 (ST37_02)	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST29_03	Mir ist oft die Decke auf den Kopf gefallen, und ich wäre froh gewesen, mehr Veranstaltungen vor Ort an meiner Hochschule zu haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I had "cabin fever" and I would have been happy to have more events on site at my university.	1= completely disagree 7= completely agree -9 = not answered	similar: B2 (ST37_03)	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST29_04	Dadurch, dass ich vieles für meine Lehrveranstaltungen von zuhause erledigen konnte, war ich viel effizienter und nutzte ich meine Zeit viel besser.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	By being able to do a lot of things for my classes from home, I was much more efficient and made much better use of my time.	1= completely disagree 7= completely agree -9 = not answered	similar: B2 (ST37_04)	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST29_05	Ich war ganz froh, dass ich wegen der Pandemie weniger Zeit an meiner Hochschule war und somit mehr Zeit mit meiner Familie und meinem Freundeskreis aus Schulzeiten verbringen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I was quite happy that I spent less time at my university because of the pandemic, so I was able to spend more time with my family and my friends from school days.	1= completely disagree 7= completely agree -9 = not answered	exact: B2 (ST37_05)	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
ST29_06	Ich hätte gerne mehr Zeit mit meinen Kommiliton*innen im echten Leben, und nicht nur online, verbracht.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would have liked to spend more time with my fellow students in real life, not just online.	1= completely disagree 7= completely agree -9 = not answered	exact: B2 (ST37_06)	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1)
	Bitte beurteilen Sie die folgenden Aussagen im Hinblick darauf, wie Ihre aktuellen Erwartungen an das kommende Sommersemester sind.		Please evaluate the following statements in terms of what your current expectations are for the			only presented if participants indicated that the summer semester was

			upcoming summer semester.			not their first university semester (ST58 = 1)
ST62_01	Ich glaube, das Wegfallen von „sozialen Verpflichtungen“ (Kennenlern-Veranstaltungen, Partys usw.) wird mir den Start in das Studium eher erleichtern.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I think the absence of "social obligations" (get-to-know-you events, parties, etc.) will make it rather easier for me to start my studies.	1= completely disagree 7= completely agree -9 = not answered		only assessed if participants indicated that the summer semester was not their first university semester (ST58 = 1)
ST62_02	Ich finde es ganz entspannt, dass ich nicht so viel zu meiner Hochschule muss, sondern vieles von zuhause aus erledigen kann.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I find it quite relaxing that I don't have to go to my university as much, but can do a lot from home.	1= completely disagree 7= completely agree -9 = not answered		only assessed if participants indicated that the summer semester was not their first university semester (ST58 = 1)
ST62_03	Mir wird oft die Decke auf den Kopf fallen, und ich werde mir wahrscheinlich wünschen, mehr Veranstaltungen vor Ort an meiner Hochschule zu haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I will often get "cabin fever", and I will probably wish I had more events on site at my university.	1= completely disagree 7= completely agree -9 = not answered		only assessed if participants indicated that the summer semester was not their first university semester (ST58 = 1)
ST62_04	Dadurch, dass ich vieles für meine Lehrveranstaltungen von zuhause erledigen kann, bin ich viel effizienter und nutze ich meine Zeit viel besser.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	By being able to do a lot of things for my classes from home, I am much more efficient and I use my time much better.	1= completely disagree 7= completely agree -9 = not answered		only assessed if participants indicated that the summer semester was not their first university semester (ST58 = 1)
ST62_05	Ich bin ganz froh, dass ich wegen der Pandemie weniger Zeit an meine Hochschule sein werde und somit mehr Zeit mit meiner Familie und meinem Freundeskreis aus Schulzeiten verbringen kann.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I am quite happy that I will spend less time at my university because of the pandemic, so I will be able to spend more time with my family and my friends from school days.	1= completely disagree 7= completely agree -9 = not answered		only assessed if participants indicated that the summer semester was not their first university semester (ST58 = 1)
ST62_06	Ich würde gerne mehr Zeit mit meinen Kommiliton*innen im echten Leben, und nicht nur online, verbringen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would like to spend more time with my fellow students in real life, not just online.	1= completely disagree 7= completely agree -9 = not answered		only assessed if participants indicated that the summer semester was not their first university semester (ST58 = 1)

Opinion on future and current online teaching

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST31_01	Ich würde mir wünschen, dass auch nach der Pandemie die Mehrzahl der Lehrveranstaltungen weiterhin online durchgeführt wird.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would like to see the majority of courses continue to be taught online even after the pandemic.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4	
ST31_02	Ich bin der Meinung, alle Lehrveranstaltungen sollten aktuell in Präsenz durchgeführt werden	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I believe all courses should be currently conducted in person	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4	

Drop out intentions and reasons

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST15	Drop-out intentions	Denken Sie zurzeit ernsthaft daran, Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben?	1 = ja 2 = nein	Are you currently seriously thinking about changing your major subject or of giving up your course of study entirely?	1 = yes 2 = no	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester ($ST58 > 1$)
		Sie haben angegeben, dass Sie ernsthaft erwägen Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben. Welche Gründe spielen für Ihre Überlegungen eine Rolle?		You have indicated that you are seriously considering changing your major subject or giving up your course of study entirely. What reasons play a role in your considerations?		B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester ($ST58 > 1$) AND that they were currently thinking about changing their major or dropping out of university altogether ($ST15 = 1$)
ST16_01		Unzufriedenheit mit der Online-Lehre	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Dissatisfaction with online teaching	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester ($ST58 > 1$) AND that they were currently thinking about changing their major or dropping out of university altogether ($ST15 = 1$)
ST16_02		Prüfungen nicht bestanden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Did not pass examination	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester ($ST58 > 1$) AND that they were currently thinking about changing their major or dropping out of university altogether ($ST15 = 1$)
ST16_03		Schwangerschaft	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Pregnancy	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester ($ST58 > 1$) AND that they were currently thinking about changing their major or dropping out of university altogether ($ST15 = 1$)
ST16_04		Unvereinbarkeit von Studium und Erwerbstätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and employment	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester ($ST58 > 1$) AND that they were currently thinking about changing their major or dropping out of university altogether ($ST15 = 1$)
ST16_05		Angebot eines interessanten Arbeitsplatzes	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Interesting job offer	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester ($ST58 > 1$) AND that they were currently thinking about changing their major or dropping out of university altogether ($ST15 = 1$)

ST16_06		überfüllte Lehrveranstaltungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Overcrowded lectures	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_07		zu hohe Studienanforderungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course requirements too high	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_08		nachgelassenes Interesse am Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Loss of interest in subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_09		mangelnde Organisation des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of organization of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_10		Unvereinbarkeit von Studium und Kinderbetreuung	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and childcare	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_11		zu viel Studien- und Prüfungsstoff	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course and examination material too extensive	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_12		fehlende Betreuung durch die Lehrenden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of support from lecturers	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_13		falsche Erwartungen in Bezug auf das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	False expectations with regard to the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_14		finanzielle Engpässe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Financial problems	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_15		Desinteresse an den Berufen, die das Studium ermöglicht	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of interest in the professions covered by the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were

							currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_16		familiäre Gründe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Family reasons	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_17		Krankheit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Illness	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_18		war den Leistungsanforderungen im Studium nicht gewachsen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Unable to meet performance requirements for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_19		Auslandsstudium oder Auslandspraktikum	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course of study abroad or internship abroad	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_20		fehlender Berufs-, Praxisbezug des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of professional and practical relevance of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_21		will/muss schnellstmöglich Geld verdienen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted/had to earn money as quickly as possible	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_22		Zweifel an persönlicher Eignung für das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Doubts about personal suitability for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_23		schlechte Arbeitsmarktchancen in meinem Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Poor job prospects in my subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_24		Wunsch nach praktischer Tätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted to do practical work	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_25		Anonymität der Hochschule	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Anonymity of the higher education institution	1 = plays no role at all 6 = plays a very large role -9 = not answered	B2, B3.1, B4, B5	only assessed if participants indicated that the summer semester was not their first university semester (ST58 > 1) AND that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
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Parents

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Auf den nächsten Seiten möchten wir etwas mehr zu Ihren Eltern erfahren. Die folgenden Fragen beziehen sich auf Ihre Mutter und Ihren Vater. Bitte denken Sie bei der Beantwortung der Fragen an die Person, die in den letzten Jahren für Sie die Mutterrolle bzw. die Vaterrolle übernommen hat. Wenn Sie mit einem oder zwei leiblichen Elternteilen zusammenwohnen, denken Sie bitte an diese Person(en). Diese Rolle könnten für Sie aber auch Stief- oder Pflege-Eltern übernommen haben.		On the next few pages, we would like to learn a little more about your parents. The following questions refer to your mother and father. When answering the questions, please think of the person who has taken on the role of mother or father for you in recent years. If you live with one or two birth parents, please think of that person(s). However, step-parents or foster parents could also have taken on this role for you.		B3.2	
PA03	Wer hat in Ihrem Leben in den letzten Jahren die Mutterrolle eingenommen?	1 = leibliche Mutter 2 = Stiefmutter 3 = Pflegemutter 4 = niemand 5 = eine andere Person, und zwar: ... -9 = nicht beantwortet	Who has taken on the mother role in your life in recent years?	1 = birth mother 2 = step mother 3 = foster mother 4 = nobody 5 = a different person, namely: ... -9 = not answered	B3.2	
PA03_05	eine andere Person, und zwar	Offene Texteingabe	a different person, namely: ...	open response	B3.2	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
PA04	Wer hat in Ihrem Leben in den letzten Jahren die Vaterrolle eingenommen?	1 = leiblicher Vater 2 = Stiefvater 3 = Pflegevater 4 = niemand 5 = eine andere Person, und zwar: ... -9 = nicht beantwortet	Who has taken on the father role in your life in recent years?	1 = birth father 2 = step father 3 = foster father 4 = nobody 5 = a different person, namely: ... -9 = not answered	B3.2	
PA04_05	eine andere Person, und zwar	Offene Texteingabe	a different person, namely: ...	open response	B3.2	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

	Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Wie oft haben Sie ungefähr aktuell Kontakt zu Ihren Eltern? Hiermit ist sowohl Zeit gemeint, die Sie in Person mit Ihren Eltern verbringen, als auch Zeit, die Sie anderweitig mit Ihren Eltern kommunizieren, also z.B. per Telefon, Whats App etc.		For the following questions, please think about the people who have taken on the mother or father role in your life in recent years. Approximately how often do you currently have contact with your parents? This means both time that you spend in person with your parents and time that you otherwise communicate with your parents, e.g. by phone, Whats App, etc.		B3.2	
PA05	Wie oft haben Sie ungefähr aktuell Kontakt zu Ihrer Mutter?	1 = täglich 2 = jeden zweiten Tag 3 = 2x die Woche 4 = wöchentlich 5 = alle 2-3 Wochen 6 = 1x im Monat oder seltener 7 = gar nicht -9 = nicht beantwortet	Approximately how often do you currently have contact with your mother?	1 = daily 2 = every other day 3 = 2x the week 4 = weekly 5 = every 2-3 weeks 6 = 1x a month or less often 7 = not at all -9 = not answered	B3.2	
PA06	Wie oft haben Sie ungefähr aktuell Kontakt zu Ihrem Vater?	1 = täglich 2 = jeden zweiten Tag 3 = 2x die Woche 4 = wöchentlich 5 = alle 2-3 Wochen 6 = 1x im Monat oder seltener 7 = gar nicht -9 = nicht beantwortet	Approximately how often do you currently have contact with your father?	1 = daily 2 = every other day 3 = 2x the week 4 = weekly 5 = every 2-3 weeks 6 = 1x a month or less often 7 = not at all -9 = not answered	B3.2	
SD15	Welchen höchsten Bildungsabschluss hat Ihre Mutter?	1 = Schule beendet ohne Abschluss 2 = Hauptschulabschluss / Volksschulabschluss 3 = Realschulabschluss (Mittlere Reife) 4 = Abschluss Polytechnische Oberschule 10. Klasse (vor 1965: 8. Klasse) 5 = Fachhochschulreife (Abschluss einer Fachoberschule) 6 = Abitur, allgemeine oder fachgebundene Hochschulreife 7 = Hochschulabschluss 8 = Promotion -9 = nicht beantwortet	What is your mother's highest level of education?	1= no degree 2 = lower secondary school (German: Hauptschulabschluss / Volksschulabschluss) 3 = intermediate secondary school (German: Realschulabschluss (Mittlere Reife)) 4 = degree comprehensive school in the former German Democratic Republic (German: Abschluss Polytechnische Oberschule 10.)	B3.2	

				Klasse (vor 1965: 8. Klasse)) 5 = advanced degree, certificate for entering Universities of Applied Sciences (German: Fachhochschulreife (Abschluss einer Fachoberschule)) 6 = advanced degree, general university entrance certificate (German: Abitur) 7 = university degree 8 = PhD -9 = not answered		
SD16	Welche Sprache hat Ihre Mutter als Kind in ihrer Familie gelernt?	1 = Deutsch 2 = Deutsch und eine andere Sprache 3 = Eine andere Sprache außer Deutsch -9 = nicht beantwortet	What language did your mother learn as a child in her family?	1 = German 2 = German and another language 3 = a language other than German -9 = not answered	B3.2	
SD17	Welchen höchsten Bildungsabschluss hat Ihr Vater?	1 = Schule beendet ohne Abschluss 2 = Hauptschulabschluss / Volksschulabschluss 3 = Realschulabschluss (Mittlere Reife) 4 = Abschluss Polytechnische Oberschule 10. Klasse (vor 1965: 8. Klasse) 5 = Fachhochschulreife (Abschluss einer Fachoberschule) 6 = Abitur, allgemeine oder fachgebundene Hochschulreife 7 = Hochschulabschluss 8 = Promotion -9 = nicht beantwortet	What is your father's highest level of education?	1= no degree 2 = lower secondary school (German: Hauptschulabschluss / Volksschulabschluss) 3 = intermediate secondary school (German Realschulabschluss (Mittlere Reife)) 4= degree comprehensive school in the former German Democratic Republic (German: Abschluss Polytechnische Oberschule 10. Klasse (vor 1965: 8. Klasse)) 5 = advanced degree, certificate for entering Universities of Applied Sciences (German: Fachhochschulreife)	B3.2	

				(Abschluss einer Fachoberschule)) 6 = advanced degree, general university entrance certificate (German: Abitur) 7 = university degree 8 = PhD -9 = not answered		
SD18	Welche Sprache hat Ihr Vater als Kind in seiner Familie gelernt?	1 = Deutsch 2 = Deutsch und eine andere Sprache 3 = Eine andere Sprache außer Deutsch -9 = nicht beantwortet	What language did your father learn as a child in his family?	1 = German 2 = German and another language 3 = a language other than German -9 = not answered	B3.2	

Perceived parenting

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Im Folgenden finden Sie einige Aussagen zu Ihren Eltern. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter bzw. in Bezug auf Ihren Vater zustimmen. Geben Sie bitte an, wie sehr Sie diesen Aussagen im Allgemeinen zustimmen. Die folgenden Aussagen beziehen sich jetzt auf Ihre Mutter. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter zustimmen.		For the following questions, please think about the people who have taken on the role of mother or father in your life over the past few years. Below are some statements about your parents. For each statement, please indicate how much you agree with it regarding your mother or regarding your father. Please indicate how much you agree with these statements in general. The following statements are about your mother. For each statement, please indicate how much you agree with it in relation to your mother.		B3.2	
PA10_01	Autonomy support mother item 1	Meine Mutter kann sich in mich hineinversetzen und weiß, was ich von verschiedenen Dingen halte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother seems to know how I feel about things.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_11	Control mother item 1	Meine Mutter wechselt immer das Thema, wenn ich etwas zu erzählen habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother changes the subject whenever I have something to say.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_02	Autonomy support mother item 2	Meine Mutter lässt mir die Wahl, was ich tun möchte, wann immer das möglich ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother, whenever possible, allows me to choose what to do.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_12	Control mother item 2	Meine Mutter unterbricht mich oft.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother often interrupts me.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_03	Autonomy support mother item 3	Meine Mutter hört sich meine Meinung an, wenn ich ein Problem habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother listens to my opinion or perspective when I've got a problem.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_13	Control mother item 3	Meine Mutter ist weniger freundlich zu mir, wenn ich die Dinge nicht so sehe wie sie.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother is less friendly with me if I do not see things her way.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_04	Autonomy support mother item 4	Meine Mutter lässt mich Dinge für mich selbst entscheiden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother allows me to decide things for myself.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_14	Control mother item 4	Meine Mutter vermeidet es mich anzuschauen, wenn ich sie enttäuscht habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother will avoid looking at me when I have disappointed her.	1= completely disagree 7= completely agree -9 = not answered	B3.2	

PA10_05	Autonomy support mother item 5	Meine Mutter ist normalerweise bereit, Dinge aus meiner Sicht zu betrachten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother is usually willing to consider things from my point of view.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_15	Control mother item 5	Wenn ich ihre Gefühle verletzt habe, spricht meine Mutter so lange nicht mehr mit mir, bis ich sie wieder zufrieden gestellt habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	If I have hurt her feelings, my mother stops talking to me until I please her again.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_06	Autonomy support mother item 6	Meine Mutter hilft mir dabei, meinen eigenen Weg zu finden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother helps me to choose my own direction.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_16	Control mother item 6	Meine Mutter versucht ständig zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother is always trying to change how I feel or think about things.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_17	Control mother item 7	Meine Mutter gibt mir die Schuld für die Probleme anderer Familienmitglieder.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother blames me for other family members' problems.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA10_18	Control mother item 8	Meine Mutter bringt meine Fehler aus der Vergangenheit zur Sprache, wenn sie mich kritisiert.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother brings up my past mistakes when she criticizes me.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
		Achtung: Die folgenden Aussagen beziehen sich jetzt auf Ihren Vater. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihren Vater zustimmen.		Attention: The following statements now refer to your father. For each statement, please indicate how much you agree with it in relation to your father.		B3.2	
PA11_01	Autonomy support father item 1	Mein Vater kann sich in mich hineinversetzen und weiß, was ich von verschiedenen Dingen halte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father seems to know how I feel about things.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_11	Control father item 1	Mein Vater wechselt immer das Thema, wenn ich etwas zu erzählen habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father changes the subject whenever I have something to say.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_02	Autonomy support father item 2	Mein Vater lässt mir die Wahl, was ich tun möchte, wann immer das möglich ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father, whenever possible, allows me to choose what to do.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_12	Control father item 2	Mein Vater unterbricht mich oft.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father often interrupts me.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_03	Autonomy support father item 3	Mein Vater hört sich meine Meinung an, wenn ich ein Problem habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father listens to my opinion or perspective when I've got a problem.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_13	Control father item 3	Mein Vater ist weniger freundlich zu mir, wenn ich die Dinge nicht so sehe wie er.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father is less friendly with me if I do not see things his way.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_04	Autonomy support father item 4	Mein Vater lässt mich Dinge für mich selbst entscheiden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father allows me to decide things for myself.	1= completely disagree 7= completely agree -9 = not answered	B3.2	

PA11_14	Control father item 4	Mein Vater vermeidet es mich anzuschauen, wenn ich ihn enttäuscht habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father will avoid looking at me when I have disappointed him.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_05	Autonomy support father item 5	Mein Vater ist normalerweise bereit, Dinge aus meiner Sicht zu betrachten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father is usually willing to consider things from my point of view.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_15	Control father item 5	Wenn ich seine Gefühle verletzt habe, spricht mein Vater so lange nicht mehr mit mir, bis ich ihn wieder zufrieden gestellt habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	If I have hurt his feelings, my father stops talking to me until I please him again.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_06	Autonomy support father item 6	Mein Vater hilft mir dabei, meinen eigenen Weg zu finden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father helps me to choose my own direction.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_16	Control father item 6	Mein Vater versucht ständig zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father is always trying to change how I feel or think about things.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_17	Control father item 7	Mein Vater gibt mir die Schuld für die Probleme anderer Familienmitglieder.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father blames me for other family members' problems.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA11_18	Control father item 8	Mein Vater bringt meine Fehler aus der Vergangenheit zur Sprache, wenn er mich kritisiert.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father brings up my past mistakes when he criticizes me.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
		Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Die folgenden Aussagen beziehen sich auf Ihre Mutter. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter zustimmen.		For the following questions, please think about the people who have taken on the role of mother or father in your life over the past few years. The following statements are about your mother. For each statement, please indicate how much you agree with it in relation to your mother.		B3.2	
PA14_36	Anxious rearing mother item 1	Meine Mutter warnt mich ständig vor schlimmen Dingen, die mir zustoßen könnten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother constantly warns me about bad things that could happen to me.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_41	Premature problem solving mother item 1	Meine Mutter versucht, alle meine Probleme für mich zu lösen, ohne dass ich irgend etwas dafür tun muss.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother tries to solve all of my problems for me without me having to do anything.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_37	Anxious rearing mother item 2	Meine Mutter fürchtet sich vor Dingen, die passieren könnten, wenn sie nicht in der Nähe ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother fears for things that might happen when she is not nearby.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_42	Premature problem solving mother item 2	Meine Mutter nimmt mir oft Aufgaben aus der Hand, ohne mir die Möglichkeit zu geben, mich zuerst selbst daran zu versuchen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother often takes tasks out of my hands without giving me the chance to try them myself first.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_38	Anxious rearing mother item 3	Meine Mutter sieht immer gleich Gefahren, wenn ich mal etwas Neues machen will	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother immediately sees danger whenever I want to do something new.	1= completely disagree 7= completely agree -9 = not answered	B3.2	

PA14_43	Premature problem solving mother item 3	Meine Mutter mischt sich oft in Dinge ein, die ich eigentlich auch selbst schaffen könnte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother often involves herself in things that I could actually solve myself.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_39	Anxious rearing mother item 4	Meine Mutter weist bei allem, was ich tue, auf mögliche Risiken hin.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother points out the potential risks in everything I do.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_44	Premature problem solving mother item 4	Meine Mutter mischt sich in meine Streitigkeiten mit anderen ein (z.B. Geschwister, Freunde, Lehrer).	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother involves herself in my arguments with others (e.g., brother / sister, peers, teachers).	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_40	Anxious rearing mother item 5	Meine Mutter sagt, dass ich ohne sie wahrscheinlich in Schwierigkeiten geraten würde.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother says that without her I would probably end up in trouble.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA14_45	Premature problem solving mother item 5	Meine Mutter regelt viele Dinge in meinem Leben, ohne mich zuerst nach meiner Meinung zu fragen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother arranges a lot of things in my life without asking my opinion first.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
		Achtung: Die folgenden Aussagen beziehen sich jetzt auf Ihren Vater. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihren Vater zustimmen.		Attention: The following statements now refer to your father. For each statement, please indicate how much you agree with it in relation to your father.		B3.2	
PA15_36	Anxious rearing father item 1	Mein Vater warnt mich ständig vor schlimmen Dingen, die mir zustoßen könnten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father constantly warns me about bad things that could happen to me.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_41	Premature problem solving father item 1	Mein Vater versucht, alle meine Probleme für mich zu lösen, ohne dass ich irgendetwas dafür tun muss.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father tries to solve all of my problems for me without me having to do anything.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_37	Anxious rearing father item 2	Mein Vater fürchtet sich vor Dingen, die passieren könnten, wenn er nicht in der Nähe ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father fears for things that might happen when he is not nearby.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_42	Premature problem solving father item 2	Mein Vater nimmt mir oft Aufgaben aus der Hand, ohne mir die Möglichkeit zu geben, mich zuerst selbst daran zu versuchen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father often takes tasks out of my hands without giving me the chance to try them myself first.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_38	Anxious rearing father item 3	Mein Vater sieht immer gleich Gefahren, wenn ich mal etwas Neues machen will	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father immediately sees danger whenever I want to do something new.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_43	Premature problem solving father item 3	Mein Vater mischt sich oft in Dinge ein, die ich eigentlich auch selbst schaffen könnte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father often involves himself in things that I could actually solve myself.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_39	Anxious rearing father item 4	Mein Vater weist bei allem, was ich tue, auf mögliche Risiken hin.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father points out the potential risks in everything I do.	1= completely disagree 7= completely agree -9 = not answered	B3.2	

PA15_44	Premature problem solving father item 4	Mein Vater mischt sich in meine Streitigkeiten mit anderen ein (z.B. Geschwister, Freunde, Lehrer).	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father involves himself in my arguments with others (e.g., brother / sister, peers, teachers).	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_40	Anxious rearing father item 5	Mein Vater sagt, dass ich ohne ihn wahrscheinlich in Schwierigkeiten geraten würde.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father says that without him I would probably end up in trouble.	1= completely disagree 7= completely agree -9 = not answered	B3.2	
PA15_45	Premature problem solving father item 5	Mein Vater regelt viele Dinge in meinem Leben, ohne mich zuerst nach meiner Meinung zu fragen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father arranges a lot of things in my life without asking my opinion first.	1= completely disagree 7= completely agree -9 = not answered	B3.2	

Domain Satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at	Comment
	Nun möchten wir Ihnen einige Fragen zu Ihrer gegenwärtigen Zufriedenheit mit unterschiedlichen Aspekten Ihres Lebens stellen. Bitte antworten Sie auf einer Skala von 0 bis 10. „0“ bedeutet, dass Sie ganz und gar unzufrieden sind, „10“ bedeutet, Sie sind ganz und gar zufrieden. Mit den Zahlen dazwischen können Sie Ihr Urteil abstufen.		We'd like to ask you a few questions about your current level of satisfaction with different aspects of your life. Please answer each question on a scale of 0 to 10. '0' means that you are 'completely dissatisfied', while a '10' means that you are 'completely satisfied.' You can gradate your answer with the numbers in between.		B2, B3.1, B3.2, B4, B5	
SE04_01	Wie zufrieden sind Sie gegenwärtig, alles in allem, mit Ihrem Leben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you currently with your life, all in all?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B2, B3.1, B3.2, B4, B5	
SE04_02	Wie zufrieden sind Sie mit dem, was Sie haben? Denken Sie dabei an Geld, Einkommen und Dinge, die Sie besitzen.	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with what you have? Think of money, income and things you own.	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B2, B3.1, B3.2, B4, B5	
SE04_03	Wie zufrieden sind Sie mit Ihrer Gesundheit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your health?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B2, B3.1, B3.2, B4, B5	
SE04_04	Wie zufrieden sind Sie mit Ihrem Familienleben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your family life?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B2, B3.1, B3.2, B4, B5	
SE04_05	Wie zufrieden sind Sie mit Ihrem Bekannten- und Freundeskreis?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your group of friends?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B2, B3.1, B3.2, B4, B5	
SE04_06	Wie zufrieden sind Sie mit Ihrem Studium?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your higher education?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B2, B3.1, B4, B5	only assessed if participants had indicated that they had been studying in the previous semester (ST58 > 1)

Life Goals

Intrinsic and extrinsic life goals.

German instructions and items: Klusmann, U., Trautwein, U., & Lüdtke, O. (2005). Intrinsische und extrinsische Lebensziele. *Diagnostica*, 51(1), 40–51. <https://doi.org/10.1026/0012-1924.51.1.40>

Only 6 of the 7 subscales were used (personal growth, relationships, community, wealth, fame, and image) and only the dimension importance was assessed (not the dimensions expectations or attainment).

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LZ01_01	Personl growth item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_06	Relationships item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_11	Community item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_16	Wealth item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_21	Fame item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_26	Image item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_02	Personl growth item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_07	Relationships item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_12	Community item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_17	Wealth item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_22	Fame item 2	1 = sehr unwichtig	1 = very unimportant	B3.2

		4 = sehr wichtig -9 = nicht beantwortet	4 = very important -9 = not answered	
LZ01_27	Image item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_03	Personl growth item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_08	Relationships item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_13	Community item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_18	Wealth item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_23	Fame item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_28	Image item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_04	Personl growth item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_09	Relationships item 9	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_14	Community item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_19	Wealth item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_24	Fame item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_29	Image item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_05	Personl growth item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_10	Relationships item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_15	Community item 5	1 = sehr unwichtig	1 = very unimportant	B3.2

		4 = sehr wichtig -9 = nicht beantwortet	4 = very important -9 = not answered	
LZ01_20	Wealth item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_25	Fame item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2
LZ01_30	Image item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B3.2

Personality

Short form of the Big Five Inventory

German instructions and items: Rammstedt, B., & John, O. P. (2005). Kurzversion des Big Five Inventory (BFI-K). *Diagnostica*, 51(4), 195-206.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
NE01_01*	Extraversion item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE01_02*	Agreeableness item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE01_03	Conscientiousness item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE01_04	Neuroticism item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE01_05	Openness item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE01_06	Extraversion item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE01_07	Agreeableness item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE02_08*	Conscientiousness item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE02_09*	Neuroticism item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE02_10	Openness item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2

NE02_11*	Extraversion item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE02_12*	Agreeableness item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE02_13	Conscientiousness item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE02_14	Neuroticism item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE03_15	Openness item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE03_16	Extraversion item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE03_17*	Agreeableness item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE03_18	Conscientiousness item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE03_19	Neuroticism item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE03_20	Openness item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2
NE03_21*	Openness item 5	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B3.2

*Item needs to be recoded

Life Satisfaction

Satisfaction With Life Scale

English instructions and items: Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49(1), 71–75. https://doi.org/10.1207/s15327752jpa4901_13

German instructions and items: Glaesmer, H., Grande, G., Braehler, E., & Roth, M. (2011). The German version of the satisfaction with life scale (SWLS): Psychometric properties, validity, and population-based norms. *European Journal of Psychological Assessment*, 27(2), 127–132. <https://doi.org/10.1027/1015-5759/a000058>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LS01_01	Life satisfaction item 1	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LS01_02	Life satisfaction item 2	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LS01_03	Life satisfaction item 3	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LS01_04	Life satisfaction item 4	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LS01_05	Life satisfaction item 5	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5

Trait Affect

Affect items were chosen to capture all quadrants of the affect circumplex (Russell, 1980). We used the same items as in our previous work (Neubauer et al. (2022, February 22). PACO - Psychological Adjustment to the COVID-19 Pandemic. <https://doi.org/10.17605/OSF.IO/WCERJ>), with two items capture moderate to high arousal positive affect (happy, cheerful), and two items capture low arousal positive affect (relaxed, balanced). The items afraid and angry capture high arousal states of the content domains of anxiety and anger, respectively. The item worried captures moderate arousal and belongs to the content domain of worry, and the item sad captures low arousal and belongs to the content domain of sadness. Additionally, the items lively and exhausted capture the poles of the arousal dimension of the affect circumplex.

Russell, J. A. (1980). A circumplex model of affect. *Journal of Personality and Social Psychology*, 39, 1161–1178.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
		Ich bin im Allgemeinen...		In general I feel...		B2, B3.1, B3.2, B4, B5
AF01_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5

AF01_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5
AF01_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	B2, B3.1, B3.2, B4, B5

Depression

Center for Epidemiological Studies Depression Scale.

English instructions and items: Radloff, L. S. (1977). The CES-D scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401. <https://doi.org/10.1177/014662167700100306>

German instructions and items: Hautzinger, M. (1988). Die CES-D Skala: Ein Depressionsmeßinstrument für Untersuchungen in der Allgemeinbevölkerung. *Diagnostica*, 34(2), 167–173.

Note: The instructions asked participants to consider the items with respect to the last week.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
DP03_01	CES-D item 1	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_02	CES-D item 2	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_03	CES-D item 3	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_04*	CES-D item 4	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_05	CES-D item 5	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang)	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days)	B2, B3.1, B3.2, B4, B5

		4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	4 = most of the time, always (5 to 7 days) -9 = not answered	
DP03_06	CES-D item 6	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_07	CES-D item 7	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_08*	CES-D item 8	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_09	CES-D item 9	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP03_10	CES-D item 10	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_11	CES-D item 11	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_12*	CES-D item 12	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_13	CES-D item 13	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_14	CES-D item 14	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5

DP04_15	CES-D item 15	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_16*	CES-D item 16	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_17	CES-D item 17	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_18	CES-D item 18	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_19	CES-D item 19	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5
DP04_20	CES-D item 20	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B2, B3.1, B3.2, B4, B5

*Item needs to be recoded

Retrospective psychological need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. *Motivation and Emotion*, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. *Journal of Individual Differences*, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf den letzten Monat. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf den letzten Monat zu?		Please read the following statements carefully and then indicate how much you agree with them. Refer to the last month. How much do you agree with the following statements in relation to last month?		B2, B3.1, B3.2. B4, B5
PN01_01	Retrospective relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2. B4, B5
PN01_02	Retrospective relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2. B4, B5
PN01_03	Retrospective competence frustration item 1	...versagt zu haben...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...failure	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2. B4, B5
PN01_04	Retrospective autonomy satisfaction item 1	...Freiraum.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2. B4, B5
PN01_05	Retrospective competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2. B4, B5
PN01_06	Retrospective autonomy satisfaction item 2	...“wahren Ichs”.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2. B4, B5

PN01_07	Retrospective relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...close and connected...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN01_08	Retrospective competence satisfaction item 2	...große Herausforderungen ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN01_09	Retrospective relatedness satisfaction item 3	... Vertrautheit mit den Menschen gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_01	Retrospective autonomy frustration item 1	... Druck gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_02	Retrospective autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_03	Retrospective relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_04	Retrospective relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_05	Retrospective competence satisfaction item 3	... selbst bei schwierigen Dingen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_06	Retrospective autonomy frustration item 3	... Dinge gegen meinen Willen...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_07	Retrospective competence frustration item 2	Ich habe etwas Dummes gemacht...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_08	Retrospective competence frustration item 3	... mit etwas schwer getan, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
PN02_09	Retrospective autonomy satisfaction item 3	... was mich interessiert.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5

Loneliness

8 items from the UCLA loneliness scale. The selection of these items was based on findings by Hays and DiMatteo (1987).

English instructions and items: Russell, D., Peplau, L. A., & Cutrona, C. E. (1980). The revised UCLA loneliness scale: Concurrent and discriminant validity evidence. *Journal of Personality and Social Psychology*, 39(3), 472–480. <https://doi.org/10.1037/0022-3514.39.3.472>

Hays, R. D., & DiMatteo, M. R. (1987). A short-form measure of loneliness. *Journal of Personality Assessment*, 51, 69–81. Doi: 10.1207/s15327752jpa5101_6

German instructions and items: Döring, N., & Bortz, J. (1993). Psychometrische Einsamkeitsforschung: Deutsche Neukonstruktion der UCLA Loneliness Scale. *Diagnostica*, 39(3), 224–239.

The variables in the table and in the data file are listed in the same order as in the publication by Hays & Di Matteo (1987). Note, however, that in the translation by Döring & Bortz (1993) the first item is inverted in the translation (from “no companionship” to “enough companionship”); please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LO02_02*	Loneliness item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LO02_03	Loneliness item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LO02_09 *	Loneliness item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LO02_11	Loneliness item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LO02_14	Loneliness item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LO02_15 *	Loneliness item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5

LO02_17	Loneliness item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
LO02_18	Loneliness item 8	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5

*Item needs to be recoded

Vitality

7 item version of the Subjective Vitality Scale.

English instructions and items: Ryan, R. M., & Frederick, C. (1997). On energy, personality, and health: Subjective vitality as a dynamic reflection of well-being. *Journal of Personality*, 65(3), 529–565. <https://doi.org/10.1111/j.1467-6494.1997.tb00326.x>

German instructions and items: Goldbeck, F., Hautzinger, M., & Wolkenstein, L. (2019). Validation of the German version of the subjective vitality scale – a cross-sectional study and a randomized controlled trial. *Journal of Well-Being Assessment*, 3(1), 17–37. <https://doi.org/10.1007/s41543-019-00019-8>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
VS01_01	Vitality item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
VS01_02*	Vitality item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
VS01_03	Vitality item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
VS01_04	Vitality item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
VS01_05	Vitality item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
VS01_06	Vitality item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
VS01_07	Vitality item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5

*Item needs to be recoded

Attitudes towards Covid-19 related restrictions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
	Beziehen Sie sich bei der Beurteilung der folgenden Aussagen bitte auf die aktuelle Situation rund um die Corona-Pandemie. Denken Sie bitte an die Beschränkungen, die aktuell für Sie gelten (z.B. Kontaktbeschränkungen, Schließungen von Bereichen des öffentlichen Lebens, ...) und beurteilen Sie bitte folgende Aussagen dazu.		In assessing the following statements, please refer to the current situation surrounding the Corona pandemic. Please think about the restrictions that are currently in place for you (e.g. contact restrictions, closures of areas of public life, ...) and please assess the following statements about them.		B2
CV01_01	Die Beschränkungen finde ich in der aktuellen Situation angemessen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I find the restrictions appropriate in the current situation.	1 = completely disagree 5 = completely agree -9 = not answered	B2, B3.1 & B3.2 & B4 & B5 (CV05_01)
CV01_02	Die Beschränkungen schränken meine Grundrechte zu stark ein und müssen deshalb so schnell wie möglich gelockert werden.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions limit my fundamental rights too much and must therefore be relaxed as quickly as possible.	1 = completely disagree 5 = completely agree -9 = not answered	B2, B3.1 & B3.2 & B4 & B5 (CV05_02)
CV01_03	Die Beschränkungen sind unverhältnismäßig.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions are disproportionate.	1 = completely disagree 5 = completely agree -9 = not answered	B2, B3.1 & B3.2 & B4 & B5 (CV05_03)
CV01_04	Ich verstehe, warum die Beschränkungen nötig sind.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I understand why the restrictions are necessary.	1 = completely disagree 5 = completely agree -9 = not answered	B2, B3.1 & B3.2 & B4 & B5 (CV05_04)
CV02_01	Zusammengefasst finde ich die aktuellen Beschränkungen...	1 = nicht strikt genug 2 = 3 = genau passend 4 = 5 = zu strikt -9 = nicht beantwortet	In summary, I find the current restrictions...	1 = not strict enough 2 = 3 = perfectly appropriate 4 = 5 = too strict -9 = not answered	B2, B3.1, B3.2, B4, B5

Covid-19 specific worries

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte beantworten Sie die untenstehenden Fragen zur aktuellen Corona-Pandemie.		Please reply to the questions below concerning the current coronavirus pandemic, COVID-19.		B2, B3.1, B3.2, B4, B5
CV03_01	Corona worries: about my own health	Ich mache mir wegen der Corona-Pandemie Sorgen um meine eigene Gesundheit.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my own health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
CV03_02	Corona worries: about my friends' health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Freunde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my friends' health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
CV03_03	Corona worries: about my family's health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Familie.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my family's health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
CV03_04	Corona worries: about people at risk	Ich mache mir wegen der Corona-Pandemie Sorgen um die Risikogruppen in unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about people at risk in our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
CV03_05	Corona worries: about future of society	Ich mache mir wegen der Corona-Pandemie Sorgen um die Zukunft unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about the future of our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5
CV03_06	Corona worries: about professional future	Ich mache mir wegen der Corona-Pandemie Sorgen um meine berufliche Zukunft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my professional future because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B2, B3.1, B3.2, B4, B5

Covid-19 stress appraisals

Primary Appraisal Secondary Appraisal Scale

German instructions and items: Gaab, J. (2009). PASA – Primary Appraisal Secondary Appraisal. Verhaltenstherapie, 19(2), 114–115.
<https://doi.org/10.1159/000223610>

Instructions were slightly adjusted to refer to the Covid-19 pandemic (as in Brose et al. (2021). Change in mental health symptoms during the COVID-19 pandemic: The role of appraisals and daily life experiences. *Journal of Personality*, 89(3), 468–482.
<https://doi.org/10.1111/jopy.12592>.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please Gaab (2009) for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
				B2, B3.1, B3.2, B4, B5
CV04_01*	Threat item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_02	Challenge item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_03	Self-concept own abilities item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_04	Control item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_05	Threat item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_06*	Challenge item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_07*	Self-concept own abilities item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_08	Control item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5

CV04_09*	Threat item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_10*	Challenge item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_11	Self-concept own abilities item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_12	Control item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_13	Threat item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_14	Challenge item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_15	Self-concept own abilities item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5
CV04_16	Control item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B2, B3.1, B3.2, B4, B5

*Item needs to be recoded

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	B2, B3.1, B3.2, B4, B5 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

B2: Assessment in June / July 2021

relevant for: original sample

The items are listed in the order in which they appeared in the questionnaire

Participant background

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD03	Marital status	Bitte geben Sie Ihren aktuellen Beziehungsstatus an.	1 = single / ledig 2 = in fester Partnerschaft 3 = verheiratet 4 = geschieden 5 = verwitwet -9 = nicht beantwortet	Please state your current relationship status.	1 = single 2 = in permanent relationship 3 = married 4 = separated / divorced 5 = widowed -9 = not answered	B1, B3.1, B3.2; B4, B5	
SD09	Housing situation	Welche dieser Aussagen beschreibt Ihre aktuelle Wohnsituation am besten?	1 = Ich wohne bei meinen Eltern / einem Elternteil und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 2 = Ich wohne bei meinen Eltern / einem Elternteil, würde aber lieber ausziehen. 3 = Ich wohne bei Verwandten und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 4 = Ich wohne bei Verwandten, würde aber lieber ausziehen. 5 = Ich wohne in einer in einer WG / im Studierendenwohnheim und will auch in einer WG / im Studierendenwohnheim wohnen. 6 = Ich wohne in einer WG / im Studierendenwohnheim, würde aber lieber alleine wohnen. 7 = Ich wohne alleine und will auch alleine wohnen. 8 = Ich wohne alleine, würde aber lieber in einer WG / im Studierendenwohnheim wohnen. 9 = keine von diesen, sondern: -9 = nicht beantwortet	Which option best describes your current housing situation?	1 = I live with my parent/s and want to stay here at least for the following months 2 = I live with my parent/s but would rather move out 3 = I live with my relatives and want to stay here at least for the following months 4 = I live with my relatives but would rather move out 5 = I live in a dormitory / private apartment with roommates and also want to live here 6 = I live in a dormitory / private apartment with roommates but would rather live alone 7 = I live alone and also want to live alone 8 = I live alone but would rather live in a dormitory / private apartment with roommates 9 = None of those options, but... -9 = not answered	B1, B3.1, B3.2; B4, B5	
SD09_09	Other housing situation	Keine von diesen, sondern	Offene Eingabe	None of those options, but...	Open response	B1, B3.1, B3.2; B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
SD06_01	Number of household members	Wie viele Personen leben derzeit mit Ihnen zusammen in einem Haushalt- Sie selbst und gegebenenfalls Ihre Kinder miteingerechnet)	Offene Eingabe (Ganze Zahl)	How many persons including yourself are currently living in your household? Please count	Open response (integer)	B1, B3.1, B3.2; B4, B5	

				also children who are only temporarily living in your household.			
SD07		Mit wem wohnen Sie zurzeit in Ihrem Haushalt zusammen? Sie können mehrere Antworten auswählen.	Anzahl gewählter Optionen (ganze Zahl)	Who is currently living in your household? You can choose multiple answers.	total number of selected options (integer)	B1, B3.1, B3.2; B4, B5	
SD07_01	Living alone	mit niemandem	1 = nicht ausgewählt 2 = ausgewählt	Nobody.	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_02	Partner / spouse in household	mit Ehepartner(in)/Partner(in)	1 = nicht gewählt 2 = ausgewählt	Spouse/partner	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_03	Own children in household	mit Ihren eigenen Kindern/Pflegekindern/Adoptivkindern	1 = nicht gewählt 2 = ausgewählt	Children, foster children, adopted children	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_04	Children of partner in household	mit Kindern Ihres Partners/Ihrer Partnerin	1 = nicht gewählt 2 = ausgewählt	Children of partner	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_05	Mother/ mother figure in household	mit Mutter/Stiefmutter/Pflegemutter	1 = nicht ausgewählt 2 = ausgewählt	Mother/ stepmother/ foster mother	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_06	Father/ father figure in household	mit Vater/Stiefvater/Pflegevater	1 = nicht ausgewählt 2 = ausgewählt	Father/stepfather/ foster father	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_07	Siblings in household	mit Geschwistern	1 = nicht ausgewählt 2 = ausgewählt	Siblings	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_08	grandparents in household	mit Großeltern	1 = nicht ausgewählt 2 = ausgewählt	Grandparents	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_09	grandchildren in household	mit Enkeln	1 = nicht ausgewählt 2 = ausgewählt	Grandchildren	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_10	Parents in-law in household	mit Schwiegermutter/-vater/-eltern	1 = nicht ausgewählt 2 = ausgewählt	Mother-in-law /father-in-law	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_11	Other relatives in household	mit anderen Verwandten	1 = nicht ausgewählt 2 = ausgewählt	Other relatives	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
SD07_12	Other household members	mit anderen, nicht verwandten Personen	1 = nicht ausgewählt 2 = ausgewählt	Other persons	1 = not selected 2 = selected	B1, B3.1, B3.2; B4, B5	
zipcode	ZIP code	Wie lautet die Postleitzahl des Ortes, an dem Sie im Moment überwiegend wohnen? Falls Sie nicht in Deutschland wohnen, geben Sie bitte 00000 an.	Offene Texteingabe	Please enter your zip code, or 00000 for residents outside Germany.	Open response	B1, B3.1, B3.2; B4, B5	This variable has been shortened to the first 3 digits to ascertain anonymity of participants.

Current situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD30	Current situation	Was machen Sie derzeit?	1 = Ich studiere. 2 = Ich habe das Studium unterbrochen. 3 = Ich habe das Studium ganz abgebrochen	What are you currently doing?	1 = I'm studying. 2 = I have interrupted my studies. 3 = I dropped out of my studies.	B4	

(Online) teaching organization

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Die folgenden Fragen beziehen sich auf die Organisation an Ihrer Hochschule. Bitte berücksichtigen Sie bei Ihren Einschätzungen den Zeitraum seit Beginn des bisherigen Semesters		The following questions relate to the organization at your university. Please take into account the period of time since the beginning of this semester when making your assessments.		B4	only presented if participants indicated that they are currently studying (SD30 = 1)
		Die folgenden Fragen beziehen sich auf die Organisation an Ihrer Hochschule. Da Sie angegeben haben, dass Sie Ihr Studium unterbrochen haben, berücksichtigen Sie bitte bei Ihren Einschätzungen den Zeitraum seit Beginn des bisherigen Semesters bis zum Zeitpunkt der Unterbrechung.		The following questions refer to the organization at your university. Since you have indicated that you have interrupted your studies, please consider the period since the beginning of this semester until the time of interruption in your assessments.		B4	only presented if participants indicated that they have interrupted their studies (SD30 = 2)
		Die folgenden Fragen beziehen sich auf die Organisation an Ihrer Hochschule. Da Sie angegeben haben, dass Sie Ihr Studium abgebrochen haben, berücksichtigen Sie bitte bei Ihren Einschätzungen den Zeitraum seit Beginn des bisherigen Semesters bis zum Zeitpunkt des Abbruchs.		The following questions refer to the organization at your university. Since you have indicated that you have dropped out of university, please consider the period since the beginning of the previous semester until the time of drop-out in your assessments.		B4	only presented if participants indicated that they have dropped out of university (SD30 = 3)
ST46	support	Wie gut fühlen Sie sich von Ihrer Hochschule bei der Teilnahme an virtuellen Lehrveranstaltungen unterstützt?	1 = schlecht unterstützt 2 = einigermaßen gut unterstützt 3 = gut unterstützt 4 = sehr gut unterstützt -1 = nicht zutreffend -9 = nicht beantwortet	How well do you feel supported by your higher education institution when participating in virtual courses?	1 = poorly supported 2 = reasonably well supported 3 = well supported 4 = very well supported -1 = not applicable -9 = not answered	B4	
ST47	information	Wie gut fühlen Sie sich von Ihrer Hochschule über Schließung und Öffnung, sowie Ihre Teilnahme an virtuellen Lehrveranstaltungen informiert?	1 = schlecht unterstützt 2 = einigermaßen gut unterstützt 3 = gut unterstützt 4 = sehr gut unterstützt -1 = nicht zutreffend	How well informed do you feel by your higher education institution in general about the closure and your participation in virtual courses	1 = poorly supported 2 = reasonably well supported 3 = well supported 4 = very well supported -1 = not applicable	B4	

			-9 = nicht beantwortet		-9 = not answered		
ST48	material	Wie zufrieden sind Sie mit den von Ihrer Hochschule zur Verfügung gestellten Materialien für die virtuellen Lehrveranstaltungen?	1 = schlecht unterstützt 2 = einigermaßen gut unterstützt 3 = gut unterstützt 4 = sehr gut unterstützt -1 = nicht zutreffend -9 = nicht beantwortet	How satisfied are you with the materials provided by your higher education institution for the virtual courses?	1 = poorly supported 2 = reasonably well supported 3 = well supported 4 = very well supported -1 = not applicable -9 = not answered	B4	
ST60	digital infrastructure	Wie zufrieden sind Sie mit der digitalen Infrastruktur Ihrer Hochschule?	1 = schlecht unterstützt 2 = einigermaßen gut unterstützt 3 = gut unterstützt 4 = sehr gut unterstützt -1 = nicht zutreffend -9 = nicht beantwortet	How satisfied are you with the digital infrastructure of your higher education institution?	1 = poorly supported 2 = reasonably well supported 3 = well supported 4 = very well supported -1 = not applicable -9 = not answered	B4	

Experienced benefits of the pandemic

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Bitte berücksichtigen Sie bei der Beantwortung der folgenden Fragen den Zeitraum seit Beginn des bisherigen Semesters bis zur Unterbrechung Ihres Studiums.		When answering the following questions, please consider the period of time since the beginning of the previous semester until you interrupted your studies.			only presented if participants indicated that they have interrupted their studies (SD30 = 2)
	Bitte berücksichtigen Sie bei der Beantwortung der folgenden Fragen den Zeitraum seit Beginn des bisherigen Semesters bis zum Abbruch Ihres Studiums.		When answering the following questions, please consider the period of time since the beginning of the previous semester until you dropped out of university.			only presented if participants indicated that they have dropped out of university (SD30 = 3)
	Denken Sie bitte an das bisherige Semester und geben Sie Ihre Zustimmung zu folgenden Aussagen an.		Please think about the previous semester and indicate your agreement with the following statements.			
ST37_02	Ich fand es ganz entspannt, dass ich nicht zur Uni musste, sondern alles von zuhause aus erledigen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I found it quite relaxing that I didn't have to go to my university so much, but could do everything from home.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (ST29_02)	
ST37_03	Mir ist oft die Decke auf den Kopf gefallen, und ich wäre froh gewesen, Veranstaltungen vor Ort an der Uni zu haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I had cabin fever and I would have been happy to have events on site at my university.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (ST29_03)	
ST37_04	Dadurch, dass ich alles für meine Lehrveranstaltungen von zuhause erledigen konnte, war ich viel effizienter und nutzte ich meine Zeit viel besser	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	By being able to do everything for my classes from home, I was much more efficient and made much better use of my time.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (ST29_04)	
ST37_05	Ich war ganz froh, dass ich wegen der Pandemie weniger Zeit an meiner Hochschule war und somit mehr Zeit mit meiner Familie und meinem Freundeskreis aus Schulzeiten verbringen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I was quite happy that I spent less time at my university because of the pandemic, so I was able to spend more time with my family and my friends from school days.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (ST29_05)	
ST37_06	Ich hätte gerne mehr Zeit meinen Kommiliton*innen im echten Leben, und nicht nur online, verbracht.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would have liked to spend more time with my fellow students in real life, not just online.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (ST29_06)	

Perception of online teaching

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Bitte geben Sie an, wie sehr Sie den folgenden Aussagen zustimmen.		Please indicate how much you agree with the following statements.		B4	
ST30_01	Ich kann mich bei Online-Lehrveranstaltungen gut konzentrieren.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I can concentrate well in online classes.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST30_02	Ich lerne bei Online-Lehrveranstaltungen mehr als in Präsenzveranstaltungen vor Ort.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I learn more in online courses than in in-person classes.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST30_03	Mir fällt es schwer, mich in Online-Lehrveranstaltungen zu motivieren.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I find it difficult to motivate myself in online classes.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST30_04	Online-Lehrveranstaltungen überfordern mich.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	Online classes overwhelm me.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST30_05	Für Online-Lehrveranstaltungen muss ich mehr tun als für Präsenzveranstaltungen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I have to do more for online classes than for in-person classes	1= completely disagree 7= completely agree -9 = not answered	B4	
ST30_06	Online-Lehrveranstaltungen erfordern eine aktiver Teilnahme von mir als Präsenzveranstaltungen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	Online classes require more active participation from me than in person classes.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST30_07	Ich glaube, ich lerne in Online-Lehrveranstaltungen weniger als in Präsenzveranstaltungen vor Ort.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I think I learn less in online classes than in in-person classes.	1= completely disagree 7= completely agree -9 = not answered	B4	

Opinion on future and current online teaching

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST31_01	Ich würde mir wünschen, dass auch nach der Pandemie die Mehrzahl der Lehrveranstaltungen weiterhin online durchgeführt wird.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would like to see the majority of courses continue to be taught online even after the pandemic.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4	
ST31_02	Ich bin der Meinung, alle Lehrveranstaltungen sollten aktuell in Präsenz durchgeführt werden	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I believe all courses should be currently conducted in person	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4	

Financial situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD25		Im Folgenden möchten wir Ihnen einige Fragen dazu stellen, wie Sie Ihr Studium finanzieren. Aus welchen Quellen finanziieren Sie Ihren Lebensunterhalt im aktuellen Semester? Sie können mehrere Antworten auswählen	Anzahl ausgewählter Optionen (ganze Zahl)	In the following we would like to ask you a few questions about how you finance your studies. From which sources do you finance your living in the current semester? You can choose multiple answers	Total number of selected options (integer)	B1, B3.1, B3.2, B4, B5	
SD25_01	Financial support by parents, partner, relatives	Zuwendungen von Eltern, Partner bzw. Partnerin oder Verwandten	1 = nicht gewählt 2 = ausgewählt	Financial support by parents, partner or relatives	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_02	Government sponsored financial support (BAFöG)	Ausbildungsförderung nach BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support (BAFöG)	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_03	Bank loan	Bankenkredit zur Studienfinanzierung	1 = nicht gewählt 2 = ausgewählt	Bank loan	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_04	Own income	eigener Verdienst aus Erwerbstätigkeit	1 = nicht gewählt 2 = ausgewählt	Own income	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_05	Income a spart of my studies	Ausbildungsvergütung, z. B. aus einem dualen Studium	1 = nicht gewählt 2 = ausgewählt	apprenticeship pay e.g. from an integrated degree program	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_06	Own savings	eigene Mittel, die vor dem Studium erworben bzw. angespart wurden	1 = nicht gewählt 2 = ausgewählt	Own savings, earned or saved before studying	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_07	Scholarship other than BAFöG	Stipendium, außer BAFöG	1 = nicht gewählt 2 = ausgewählt	Scholarship other than BAFöG	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_08	Government sponsored financial	staatliche Leistungen, z. B. Kindergeld, Wohngeld, Waisengeld oder Waisenrente, aber nicht BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support other than BAFöG (e.g. Child	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	

	support other than BAFöG			benefit, housing benefit, orphan's benefit or orphan's pension)			
SD25_09	Other sources	andere Finanzquelle, und zwar	1 = nicht gewählt 2 = ausgewählt	Other financial sources	1= not selected 2= selected	B1, B3.1, B3.2, B4, B5	
SD25_09a	Tesx other sources	andere Finanzquelle, und zwar	Offene Texteingabe	Other financial sources	Open response	B1, B3.1, B3.2, B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD32_01	Total money available per month	Wie viel Geld steht Ihnen aktuell durchschnittlich im Monat zur Verfügung? Denken Sie bitte dabei an alle zuvor genannten Finanzquellen. Bitte berücksichtigen Sie dabei auch Beträge, die andere Personen für Sie direkt an Dritte zahlen, z. B. Überweisung der Miete an Ihren Vermieter.	Mir stehen durchschnittlich pro Monat ... € zur Verfügung. Offene Eingabe (Ganze Zahl)	How much money do you currently have on average per month? Please keep in mind all of the previously mentioned sources of finance. Please also keep in mind amounts that other people pay directly to third parties on your behalf, e.g. Transfer of the rent to your landlord	I have an average of ... € available per month. Open response (whole number)	B1, B3.1, B3.2, B4, B5	
SD28	Get by with total funds	Wie kommen Sie mit dem Geld aus, das Sie durchschnittlich im Monat zur Verfügung haben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How do you get along with the money that you have on average every month?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B1, B3.1, B3.2, B4, B5	

Employment

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD29	Employment in addition to studies	Sind Sie neben dem Studium auch erwerbstätig?	1 = Nein 2 = Ja, im Umfang von unter 5 Stunden pro Woche 3 = Ja, im Umfang von 5-10 Stunden pro Woche 4 = Ja, im Umfang von 10-15 Stunden pro Woche 5 = Ja, im Umfang von 15-20 Stunden pro Woche 6 = Ja, im Umfang von 20 Stunden oder mehr pro Woche -9 = nicht beantwortet	Do you also work beside your studies?	1 = No 2 = Yes, less than 5 hours per week 3 = Yes, for 5-10 hours per week 4 = Yes, for 10-15 hours per week 5 = Yes, for 15-20 hours per week 6 = Yes, for 20 hours or more per week -9 = not answered	B1, B3.1, B3.2, B4, B5	only assessed if participants indicated that they are currently studying or that they have interrupted their studies (SD30 = 1 OR SD30 = 2)

Study motivation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Denken Sie bitte für die folgenden Fragen an das bisher vergangene Semester. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem bisherigen Semester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the semester that has passed so far. We would like to know from you for what reasons you have completed tasks and work in your studies. Think of all study-related tasks from the semester so far (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they were currently studying (SD30 = 1)
		Denken Sie bitte für die folgenden Fragen an das bisher vergangene Semester - bis zu dem Zeitpunkt, an dem Sie das Studium unterbrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem bisherigen Semester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the semester that has passed so far - up to the point when you interrupted your studies. We would like to hear from you about the reasons for which you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the semester so far (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they had interrupted their studies (SD30 = 2)
		Denken Sie bitte für die folgenden Fragen an das bisher vergangene Semester - bis zu dem Zeitpunkt, an dem Sie das Studium abgebrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem bisherigen Semester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the semester that has passed so far - up to the point when you dropped out of your studies. We would like to hear from you about the reasons you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the semester so far (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they had dropped out of university (SD30 = 3)
		Ich habe bisher in diesem Semester für mein Studium gearbeitet,...		I have been completing tasks for my study degree so far this semester....			
SM02_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern oder Freunde) das von mir erwartet haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...because other people who are important to me (e.g. parents or friends) expected me to do this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_01), B3.2 (SM10_01), exact:	

						B3.1 (SM12_01), B4, B5 (SM21_01)	
SM02_04	Introjection item 1	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would have felt bad if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_04), B3.2 (SM10_04), exact: B3.1 (SM12_04), B4, B5 (SM21_04)	
SM02_07	Identified item 1	...weil mir die Inhalte meines Studiums persönlich wichtig sind.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because the contents of my studies are personally important to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_07), B3.2 (SM10_07), exact: B3.1 (SM12_07), B4, B5 (SM21_07)	
SM02_10	Intrinsic motivation item 1	...weil mich die Inhalte in meinem Studium sehr interessieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very interested in the contents of my studies	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_10), B3.2 (SM10_10), exact: B3.1 (SM12_10), B4, B5 (SM21_10)	
SM02_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht wären, wenn ich das nicht gemacht hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others would be disappointed in me if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_02), B3.2 (SM10_02), exact: B3.1 (SM12_02), B4, B5 (SM21_02)	
SM02_05	Introjection item 2	...weil ich sehr stolz auf mich bin, wenn ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very proud of myself if I succeed in my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_05), B3.2 (SM10_05), exact: B3.1 (SM12_05), B4, B5 (SM21_05)	
SM02_08	Identified item 2	...weil mein Studium mir dabei hilft, später Dinge erreichen zu können, die mir viel bedeuten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because my studies help me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_08), B3.2 (SM10_08), exact: B3.1 (SM12_08), B4, B5 (SM21_08)	
SM02_11	Intrinsic motivation item 2	...weil mir die Inhalte meines Studiums Spaß bereiten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I enjoy the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_11), B3.2 (SM10_11), exact: B3.1 (SM12_11), B4, B5 (SM21_11)	
SM02_03	Extrinsic motivation item 3	...weil andere mir das vorgeschrieben haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others have been telling me to do so.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (SM12_03), B4, B5 (SM21_03)	
SM02_06	Introjection item 3	...weil ich anderen beweisen möchte, dass ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to prove to others that I can manage my studies well	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_06), B3.2 (SM10_06), exact: B3.1 (SM12_06), B4, B5 (SM21_06)	
SM02_09	Identified item 3	...weil ich die Inhalte meines Studiums verstehen möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to understand the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_09), B3.2 (SM10_09), exact: B3.1 (SM12_09), B4, B5 (SM21_09)	
SM02_12	Intrinsic motivation item 3	...weil ich die Inhalte meines Studiums spannend finde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of my studies exciting.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_12), B3.2 (SM10_12), exact: B3.1 (SM12_12), B4, B5 (SM21_12)	

Study satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Wie bewerten Sie Ihr derzeitiges Studium? Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen		How would you rate your current studies? Please indicate to what extent the following statements are true.			only presented if participants indicated that they were currently studying (SD30 = 1)
	Wie bewerten Sie Ihr Studium? Denken Sie bitte bis zu dem Zeitpunkt zurück, an dem Sie es unterbrochen haben. Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen.		How do you evaluate your studies? Please think back to the time when you interrupted your studies. Please indicate to what extent the following statements are true.			only presented if participants indicated that they had interrupted their studies (SD30 = 2)
	Wie bewerten Sie Ihr Studium? Denken Sie bitte bis zu dem Zeitpunkt zurück, an dem Sie es abgebrochen haben. Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen.		How do you evaluate your studies? Please think back to the time when you dropped out of university. Please indicate to what extent the following statements are true.			only presented if participants indicated that they had dropped out of university (SD30 = 3)
ST73_01	Ich habe richtig Freude an dem, was ich studiere.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I really enjoy the subject I'm studying.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_01), B5 (SS02_01)	
ST73_04	Das Studium frisst mich auf.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course of study is wearing me down.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_04), B5 (SS02_04)	
ST73_02	Insgesamt bin ich mit meinem jetzigen Studium zufrieden.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	On the whole, I am satisfied with my current course of study.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_02), B5 (SS02_02)	
ST73_05	Ich kann mein Studium nur schwer mit anderen Verpflichtungen in Einklang bringen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	It's very difficult for me to reconcile my course of study with my other obligations.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_05), B5 (SS02_05)	
ST73_03	Ich finde mein Studium wirklich interessant.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I find my course of study really interesting.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_03), B5 (SS02_03)	
ST73_06	Ich fühle mich durch das Studium oft müde und abgespannt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course of study often makes me feel tired and exhausted.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_06), B5 (SS02_06)	

ST73_07	Ich tue für mein Studium nicht mehr, als unbedingt erforderlich ist.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I no longer do anything more for my studies than that which is absolutely necessary.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_07), B5 (SS02_07)	
ST73_08	Ich investiere sehr viel Energie, um in meinem Studium erfolgreich zu sein.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I invest a lot of energy in being successful in my degree course.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_08), B5 (SS02_08)	
ST73_09	Ich kann mich mit meinem Studium voll identifizieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I can fully identify with my degree program.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_09), B5 (SS02_09)	
ST73_10	Die Erwartungen, die ich an mein Studium hatte, wurden bisher erfüllt	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	The expectations I had of my degree program have been met so far.	1= completely disagree 7= completely agree -9 = not answered	exact: B4, similar: B3.1 (ST84_10), B5 (SS02_10)	
ST74_01	Ich fühle mich von den Lehrenden anerkannt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I feel accepted by the instructors.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST74_02	Mit den Lehrenden meines Studiengangs komme ich gut zurecht.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I get along well with the instructors in my degree program.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST74_03	Die meisten Lehrenden behandeln mich fair.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	Most of the instructors treat me fairly.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST74_04	Die Lehrenden interessieren sich für das, was ich zu sagen habe.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	The lecturers are interested in what I have to say.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST74_05	Mir ist es während meines bisherigen Studiums gut gelungen, Kontakte zu anderen Studierenden aufzubauen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I have been successful in building contacts with other students during my studies up to now.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST74_06	Ich kenne viele Kommiliton*innen, mit denen ich mich über fachspezifische Fragen austauschen kann.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I know a lot of classmates with whom I can exchange ideas about questions in my field of study.	1= completely disagree 7= completely agree -9 = not answered	B4	
ST74_07	Ich habe viele Kontakte zu Studierenden aus meinem Semester.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I have many contacts with students in my class.	1= completely disagree 7= completely agree -9 = not answered	B4	

Valuation of study situation

Questionnaire on structural conditions (StrukStud)

German items: Schmidt, L. I., Scheiter, F., Neubauer, A., & Sieverding, M. (2018). Anforderungen, Entscheidungsfreiraume und Stress im Studium. *Diagnostica*, 65(2), 63–74. <https://doi.org/10.1026/0012-1924/a000213>

Variable name	Description	Instruction / Response options (German original)	Instruction / Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Bitte beurteilen Sie die folgenden Aussagen zu Ihrem aktuellen Studium.	Please rate the following statements about your current studies.	B4	only presented if participants indicated that they were currently studying (SD30 = 1)
		Bitte beurteilen Sie die folgenden Aussagen zu Ihrem unterbrochenen Studium.	Please rate the following statements about your interrupted studies.	B4	only presented if participants indicated that they had interrupted their studies (SD30 = 2)
		Bitte beurteilen Sie die folgenden Aussagen zu Ihrem abgebrochenen Studium.	Please rate the following statements about the studies from which you dropped out.	B4	only presented if participants indicated that they had dropped out of university (SD30 = 3)
BR01_01	Demands item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR01_02	Demands item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR01_03	Demands item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR01_04*	Demands item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR01_05	Demands item 5	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true	B4	

		-9 = nicht beantwortet	-9 = not answered		
BR01_06	Demands item 6	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR01_07	Demands item 7	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR02_01	Decision latitude skill discretion item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR02_02	Decision latitude skill discretion item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR02_03	Decision latitude skill discretion item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR02_04	Decision latitude skill discretion item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR02_05	Decision latitude skill discretion item 5	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR03_01	Decision latitude decision authority item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR03_02*	Decision latitude decision authority item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	

BR03_03	Decision latitude decision authority item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR04_01	Support lecturers/professors item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR04_02	Support lecturers/professors item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR04_03*	Support lecturers/professors item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR04_04	Support lecturers/professors item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR04_05	Support lecturers/professors item 5	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR05_01	Support fellow students item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR05_02*	Support fellow students item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR05_03	Support fellow students item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	
BR05_04	Support fellow students item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu	1 = does not apply 2 = rather does not apply 3 = rather applies	B4	

		4 = trifft völlig zu -9 = nicht beantwortet	4 = completely true -9 = not answered		
BR05_05	Support fellow students item 5	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B4	

*Item needs to be recoded

Academic Self-Concept

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Wie schätzen Sie sich selbst hinsichtlich Ihres Studiums ein?		How would you describe yourself in terms of your studies?		B4	only presented if participants indicated that they were currently studying (SD30 = 1) OR that they had interrupted their studies (SD30 = 2)
	Wie schätzen Sie sich selbst hinsichtlich Ihres Studiums ein? Bitte denken Sie bei der Beantwortung der Frage an das Studium, das Sie abgebrochen haben.		How would you describe yourself in terms of your studies? When answering the question, please think of the studies you have dropped out of.		B4	only presented if participants indicated that they had dropped out of university (SD30 = 3)
SE05_01	Ich halte meine Begabung für das Studium für ...	1 = niedrig 7 = hoch -9 = nicht beantwortet	I think my talent for studying is ...	1 = low 7 = high -9 = not answered	B4	
SE06_01	Neues zu lernen im Studium fällt mir ...	1 = schwer 7 = leicht -9 = nicht beantwortet	Learning new material in this degree program is ...	1 = difficult 7 = easy -9 = not answered	B4	
SE07_01	Meine studienbezogenen Fähigkeiten sind ...	1 = niedrig 7 = hoch -9 = nicht beantwortet	My study-related skills are ...	1 = low 7 = high -9 = not answered	B4	
SE08_01	Aufgaben im Rahmen des Studiums fallen mir ...	1 = schwer 7 = leicht -9 = nicht beantwortet	I find the tasks required in this course of study...	1 = difficult 7 = easy -9 = not answered	B4	

Graduation success and occupation after graduation

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST17	Wie wahrscheinlich ist es Ihrer Meinung nach, dass Sie Ihr Studium erfolgreich abschließen können?	1 = sehr unwahrscheinlich 2 = eher unwahrscheinlich 3 = ungefähr 50 zu 50 4 = eher wahrscheinlich 5 = sehr wahrscheinlich -9 = nicht beantwortet	How likely is it in your opinion that you will complete the degree program and graduate?	1 = very unlikely 2 = rather unlikely 3 = approximately 50 to 50 4 = rather likely 5 = very likely -9 = not answered	B3.1, B4	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2)
ST18	Wie häufig denken Sie bereits heute darüber nach, was Sie nach dem Studium machen möchten?	1 = nie 2 = selten 3 = manchmal 4 = oft 5 = sehr oft -9 = nicht beantwortet	How often do you think about what you would like to do after completing your degree?	1 = never 2 = rarely 3 = sometimes 4 = often 5 = very often -9 = not answered	B3.1, B4	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2)

Drop out intentions and reasons

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST15	Drop-out intentions	Denken Sie zurzeit ernsthaft daran, Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben?	1 = ja 2 = nein	Are you currently seriously thinking about changing your major subject or of giving up your course of study entirely?	1 = yes 2 = no	B1, B3.1, B4, B5	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium unterbrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had interrupted your studies. What reasons played a role in this?		B3.1, B4, B5	only presented if participants indicated that they had interrupted their studies (SD30 = 2)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium abgebrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had dropped out of your studies. What reasons played a role in this?		B3.1, B4, B5	only presented if participants indicated that they had dropped out of university (SD30 = 3)
		Sie haben angegeben, dass Sie ernsthaft erwägen Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben. Welche Gründe spielen für Ihre Überlegungen eine Rolle?		You have indicated that you are seriously considering changing your major subject or giving up your course of study entirely. What reasons play a role in your considerations?		B1, B3.1, B4, B5	only presented if participants indicated that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_01		Unzufriedenheit mit der Online-Lehre	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Dissatisfaction with online teaching	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_02		Prüfungen nicht bestanden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Did not pass examination	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_03		Schwangerschaft	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Pregnancy	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_04		Unvereinbarkeit von Studium und Erwerbstätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and employment	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_05		Angebot eines interessanten Arbeitsplatzes	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Interesting job offer	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_06		überfüllte Lehrveranstaltungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Overcrowded lectures	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_07		zu hohe Studienanforderungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course requirements too high	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_08		nachgelassenes Interesse am Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Loss of interest in subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_09		mangelnde Organisation des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of organization of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_10		Unvereinbarkeit von Studium und Kinderbetreuung	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and childcare	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_11		zu viel Studien- und Prüfungsstoff	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course and examination material too extensive	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_12		fehlende Betreuung durch die Lehrenden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of support from lecturers	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_13		falsche Erwartungen in Bezug auf das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	False expectations with regard to the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_14		finanzielle Engpässe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Financial problems	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_15		Desinteresse an den Berufen, die das Studium ermöglicht	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of interest in the professions covered by the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_16		familiäre Gründe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Family reasons	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_17		Krankheit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Illness	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_18		war den Leistungsanforderungen im Studium nicht gewachsen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Unable to meet performance requirements for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_19		Auslandsstudium oder Auslandspraktikum	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course of study abroad or internship abroad	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_20		fehlender Berufs-, Praxisbezug des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of professional and practical relevance of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_21		will/muss schnellstmöglich Geld verdienen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted/had to earn money as quickly as possible	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_22		Zweifel an persönlicher Eignung für das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Doubts about personal suitability for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_23		schlechte Arbeitsmarktchancen in meinem Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Poor job prospects in my subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_24		Wunsch nach praktischer Tätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted to do practical work	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_25		Anonymität der Hochschule	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Anonymity of the higher education institution	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B3.1, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD30 = 2 OR SD30 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

Health Status

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
SE01	Wie würden Sie Ihren Gesundheitszustand im Allgemeinen beschreiben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How would you describe your health in general?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B3.1, B4, B5
	Denken Sie bitte nun an Ihre körperliche Gesundheit – dazu zählen körperliche Krankheiten und Verletzungen. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihrer körperlichen Gesundheit nicht gut?		Now thinking about your physical health, which includes physical illness and injury, for how many days during the past four weeks was your physical health not good?		B3.1, B4, B5
SE02_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	On ... days	Open response (integer)	B3.1, B4, B5
	Und denken Sie bitte jetzt an Ihr seelisches Befinden, - dazu zählen auch Stress, Depressionen oder Ihre Stimmung ganz allgemein. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihres seelischen Befindens nicht gut?		And now please think about your mental health - this also includes stress, depression, or your mood in general. On how many days in the last four weeks did you not feel well due to your psychological condition?		B3.1, B4, B5
SE03_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	on ... days	Open response (integer)	B3.1, B4, B5

Domain Satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at	Comment
	Nun möchten wir Ihnen einige Fragen zu Ihrer gegenwärtigen Zufriedenheit mit unterschiedlichen Aspekten Ihres Lebens stellen. Bitte antworten Sie auf einer Skala von 0 bis 10. „0“ bedeutet, dass Sie ganz und gar unzufrieden sind, „10“ bedeutet, Sie sind ganz und gar zufrieden. Mit den Zahlen dazwischen können Sie Ihr Urteil abstimmen.		We'd like to ask you a few questions about your current level of satisfaction with different aspects of your life. Please answer each question on a scale of 0 to 10. ‘0’ means that you are ‘completely dissatisfied’, while a ‘10’ means that you are ‘completely satisfied.’ You can gradate your answer with the numbers in between.		B1, B3.1, B3.2, B4, B5	
SE04_01	Wie zufrieden sind Sie gegenwärtig, alles in allem, mit Ihrem Leben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you currently with your life, all in all?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B3.1, B3.2, B4, B5	
SE04_02	Wie zufrieden sind Sie mit dem, was Sie haben? Denken Sie dabei an Geld, Einkommen und Dinge, die Sie besitzen.	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with what you have? Think of money, income and things you own.	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B3.1, B3.2, B4, B5	
SE04_03	Wie zufrieden sind Sie mit Ihrer Gesundheit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your health?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B3.1, B3.2, B4, B5	
SE04_04	Wie zufrieden sind Sie mit Ihrem Familienleben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your family life?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B3.1, B3.2, B4, B5	
SE04_05	Wie zufrieden sind Sie mit Ihrem Bekannten- und Freundeskreis?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your group of friends?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B3.1, B3.2, B4, B5	
SE04_06	Wie zufrieden sind Sie mit Ihrem Studium?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your higher education?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B3.1, B4, B5	

Life Satisfaction

Satisfaction With Life Scale

English instructions and items: Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49(1), 71–75. https://doi.org/10.1207/s15327752jpa4901_13

German instructions and items: Glaesmer, H., Grande, G., Braehler, E., & Roth, M. (2011). The German version of the satisfaction with life scale (SWLS): Psychometric properties, validity, and population-based norms. *European Journal of Psychological Assessment*, 27(2), 127–132. <https://doi.org/10.1027/1015-5759/a000058>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LS01_01	Life satisfaction item 1	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LS01_02	Life satisfaction item 2	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LS01_03	Life satisfaction item 3	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LS01_04	Life satisfaction item 4	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LS01_05	Life satisfaction item 5	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5

Trait Affect

Affect items were chosen to capture all quadrants of the affect circumplex (Russell, 1980). We used the same items as in our previous work (Neubauer et al. (2022, February 22). PACO - Psychological Adjustment to the COVID-19 Pandemic. <https://doi.org/10.17605/OSF.IO/WCERJ>), with two items capture moderate to high arousal positive affect (happy, cheerful), and two items capture low arousal positive affect (relaxed, balanced). The items afraid and angry capture high arousal states of the content domains of anxiety and anger, respectively. The item worried captures moderate arousal and belongs to the content domain of worry, and the item sad captures low arousal and belongs to the content domain of sadness. Additionally, the items lively and exhausted capture the poles of the arousal dimension of the affect circumplex.

Russell, J. A. (1980). A circumplex model of affect. *Journal of Personality and Social Psychology*, 39, 1161–1178.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
		Ich bin im Allgemeinen...		In general I feel...		B1, B3.1, B3.2, B4, B5
AF01_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5

AF01_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5
AF01_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	B1, B3.1, B3.2, B4, B5

Depression

Center for Epidemiological Studies Depression Scale.

English instructions and items: Radloff, L. S. (1977). The CES-D scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401. <https://doi.org/10.1177/014662167700100306>

German instructions and items: Hautzinger, M. (1988). Die CES-D Skala: Ein Depressionsmeßinstrument für Untersuchungen in der Allgemeinbevölkerung. *Diagnostica*, 34(2), 167–173.

Note: The instructions asked participants to consider the items with respect to the last week.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
DP03_01	CES-D item 1	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_02	CES-D item 2	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_03	CES-D item 3	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_04*	CES-D item 4	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_05	CES-D item 5	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang)	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days)	B1, B3.1, B3.2, B4, B5

		4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	4 = most of the time, always (5 to 7 days) -9 = not answered	
DP03_06	CES-D item 6	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_07	CES-D item 7	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_08*	CES-D item 8	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_09	CES-D item 9	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP03_10	CES-D item 10	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_11	CES-D item 11	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_12*	CES-D item 12	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_13	CES-D item 13	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_14	CES-D item 14	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5

DP04_15	CES-D item 15	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_16*	CES-D item 16	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_17	CES-D item 17	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_18	CES-D item 18	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_19	CES-D item 19	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5
DP04_20	CES-D item 20	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B3.1, B3.2, B4, B5

*Item needs to be recoded

Retrospective psychological need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. *Motivation and Emotion*, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. *Journal of Individual Differences*, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf den letzten Monat. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf den letzten Monat zu?		Please read the following statements carefully and then indicate how much you agree with them. Refer to the last month. How much do you agree with the following statements in relation to last month?		B1, B3.1, B3.2, B4, B5
PN01_01	Retrospective relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN01_02	Retrospective relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN01_03	Retrospective competence frustration item 1	...versagt zu haben...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...failure	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN01_04	Retrospective autonomy satisfaction item 1	...Freiraum.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN01_05	Retrospective competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN01_06	Retrospective autonomy satisfaction item 2	...“wahren Ichs”.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5

PN01_07	Retrospective relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...close and connected...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN01_08	Retrospective competence satisfaction item 2	...große Herausforderungen ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN01_09	Retrospective relatedness satisfaction item 3	... Vertrautheit mit den Menschen gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_01	Retrospective autonomy frustration item 1	... Druck gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_02	Retrospective autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_03	Retrospective relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_04	Retrospective relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_05	Retrospective competence satisfaction item 3	... selbst bei schwierigen Dingen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_06	Retrospective autonomy frustration item 3	... Dinge gegen meinen Willen...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_07	Retrospective competence frustration item 2	Ich habe etwas Dummes gemacht...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_08	Retrospective competence frustration item 3	... mit etwas schwer getan, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
PN02_09	Retrospective autonomy satisfaction item 3	... was mich interessiert.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5

Loneliness

8 items from the UCLA loneliness scale. The selection of these items was based on findings by Hays and DiMatteo (1987).

English instructions and items: Russell, D., Peplau, L. A., & Cutrona, C. E. (1980). The revised UCLA loneliness scale: Concurrent and discriminant validity evidence. *Journal of Personality and Social Psychology*, 39(3), 472–480. <https://doi.org/10.1037/0022-3514.39.3.472>

Hays, R. D., & DiMatteo, M. R. (1987). A short-form measure of loneliness. *Journal of Personality Assessment*, 51, 69–81. Doi: 10.1207/s15327752jpa5101_6

German instructions and items: Döring, N., & Bortz, J. (1993). Psychometrische Einsamkeitsforschung: Deutsche Neukonstruktion der UCLA Loneliness Scale. *Diagnostica*, 39(3), 224–239.

The variables in the table and in the data file are listed in the same order as in the publication by Hays & Di Matteo (1987). Note, however, that in the translation by Döring & Bortz (1993) the first item is inverted in the translation (from “no companionship” to “enough companionship”); please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LO02_02*	Loneliness item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LO02_03	Loneliness item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LO02_09*	Loneliness item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LO02_11	Loneliness item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LO02_14	Loneliness item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LO02_15 *	Loneliness item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5

LO02_17	Loneliness item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
LO02_18	Loneliness item 8	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5

*Item needs to be recoded

Vitality

7 item version of the Subjective Vitality Scale.

English instructions and items: Ryan, R. M., & Frederick, C. (1997). On energy, personality, and health: Subjective vitality as a dynamic reflection of well-being. *Journal of Personality*, 65(3), 529–565. <https://doi.org/10.1111/j.1467-6494.1997.tb00326.x>

German instructions and items: Goldbeck, F., Hautzinger, M., & Wolkenstein, L. (2019). Validation of the German version of the subjective vitality scale – a cross-sectional study and a randomized controlled trial. *Journal of Well-Being Assessment*, 3(1), 17–37. <https://doi.org/10.1007/s41543-019-00019-8>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
VS01_01	Vitality item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
VS01_02*	Vitality item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
VS01_03	Vitality item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
VS01_04	Vitality item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
VS01_05	Vitality item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
VS01_06	Vitality item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
VS01_07	Vitality item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5

*Item needs to be recoded

Perceived Stress

10 items of the Perceived Stress Scale.

English instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/html/pss.html>

German instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/index.html>

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
PS02_01	Perceived stress scale item 1	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_02	Perceived stress scale item 2	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_03	Perceived stress scale item 3	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_04*	Perceived stress scale item 4	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_05*	Perceived stress scale item 5	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_06	Perceived stress scale item 6	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_07*	Perceived stress scale item 7	1 = nie 2 = selten 3 = manchmal 4 = häufig	1 = never 2 = almost never 3 = sometimes 4 = fairly often	B3.1, B4, B5

		5 = sehr oft	5 = very often	
PS02_08*	Perceived stress scale item 8	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_09	Perceived stress scale item 9	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5
PS02_10	Perceived stress scale item 10	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B3.1, B4, B5

*Item needs to be recoded

Attitudes towards Covid-19 related restrictions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
	Beziehen Sie sich bei der Beurteilung der folgenden Aussagen bitte auf die aktuelle Situation rund um die Corona-Pandemie. Denken Sie bitte an die Beschränkungen, die aktuell für Sie gelten (z.B. Kontaktbeschränkungen, Schließungen von Bereichen des öffentlichen Lebens, ...) und beurteilen Sie bitte folgende Aussagen dazu.		In assessing the following statements, please refer to the current situation surrounding the Corona pandemic. Please think about the restrictions that are currently in place for you (e.g. contact restrictions, closures of areas of public life, ...) and please assess the following statements about them.		B1
CV01_01	Die Beschränkungen finde ich in der aktuellen Situation angemessen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I find the restrictions appropriate in the current situation.	1 = completely disagree 5 = completely agree -9 = not answered	B1, B3.1 & B3.2 & B4 & B5 (CV05_01)
CV01_02	Die Beschränkungen schränken meine Grundrechte zu stark ein und müssen deshalb so schnell wie möglich gelockert werden.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions limit my fundamental rights too much and must therefore be relaxed as quickly as possible.	1 = completely disagree 5 = completely agree -9 = not answered	B1, B3.1 & B3.2 & B4 & B5 (CV05_02)
CV01_03	Die Beschränkungen sind unverhältnismäßig.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions are disproportionate.	1 = completely disagree 5 = completely agree -9 = not answered	B1, B3.1 & B3.2 & B4 & B5 (CV05_03)
CV01_04	Ich verstehe, warum die Beschränkungen nötig sind.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I understand why the restrictions are necessary.	1 = completely disagree 5 = completely agree -9 = not answered	B1, B3.1 & B3.2 & B4 & B5 (CV05_04)
CV02_01	Zusammengefasst finde ich die aktuellen Beschränkungen...	1 = nicht strikt genug 2 = 3 = genau passend 4 = 5 = zu strikt -9 = nicht beantwortet	In summary, I find the current restrictions...	1 = not strict enough 2 = 3 = perfectly appropriate 4 = 5 = too strict -9 = not answered	B1, B3.1, B3.2, B4, B5

Covid-19 specific worries

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte beantworten Sie die untenstehenden Fragen zur aktuellen Corona-Pandemie.		Please reply to the questions below concerning the current coronavirus pandemic, COVID-19.		B1, B3.1, B3.2, B4, B5
CV03_01	Corona worries: about my own health	Ich mache mir wegen der Corona-Pandemie Sorgen um meine eigene Gesundheit.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my own health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
CV03_02	Corona worries: about my friends' health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Freunde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my friends' health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
CV03_03	Corona worries: about my family's health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Familie.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my family's health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
CV03_04	Corona worries: about people at risk	Ich mache mir wegen der Corona-Pandemie Sorgen um die Risikogruppen in unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about people at risk in our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
CV03_05	Corona worries: about future of society	Ich mache mir wegen der Corona-Pandemie Sorgen um die Zukunft unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about the future of our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5
CV03_06	Corona worries: about professional future	Ich mache mir wegen der Corona-Pandemie Sorgen um meine berufliche Zukunft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my professional future because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B3.1, B3.2, B4, B5

Covid-19 stress appraisals

Primary Appraisal Secondary Appraisal Scale

German instructions and items: Gaab, J. (2009). PASA – Primary Appraisal Secondary Appraisal. Verhaltenstherapie, 19(2), 114–115.
<https://doi.org/10.1159/000223610>

Instructions were slightly adjusted to refer to the Covid-19 pandemic (as in Brose et al. (2021). Change in mental health symptoms during the COVID-19 pandemic: The role of appraisals and daily life experiences. *Journal of Personality*, 89(3), 468–482.
<https://doi.org/10.1111/jopy.12592>.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please Gaab (2009) for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
				B1, B3.1, B3.2, B4, B5
CV04_01*	Threat item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_02	Challenge item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_03	Self-concept own abilities item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_04	Control item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_05	Threat item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_06*	Challenge item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_07*	Self-concept own abilities item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_08	Control item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5

CV04_09*	Threat item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_10*	Challenge item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_11	Self-concept own abilities item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_12	Control item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_13	Threat item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_14	Challenge item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_15	Self-concept own abilities item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5
CV04_16	Control item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B3.1, B3.2, B4, B5

*Item needs to be recoded

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	B1, B3.1, B3.2, B4, B5 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

B3.1: Assessment in September / October 2021

relevant for: original sample

The items are listed in the order in which they appeared in the questionnaire

Participant background

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD03	Marital status	Bitte geben Sie Ihren aktuellen Beziehungsstatus an.	1 = single / ledig 2 = in fester Partnerschaft 3 = verheiratet 4 = geschieden 5 = verwitwet -9 = nicht beantwortet	Please state your current relationship status.	1 = single 2 = in permanent relationship 3 = married 4 = separated / divorced 5 = widowed -9 = not answered	B1, B2, B3.2; B4, B5	
SD09	Housing situation	Welche dieser Aussagen beschreibt Ihre aktuelle Wohnsituation am besten?	1 = Ich wohne bei meinen Eltern / einem Elternteil und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 2 = Ich wohne bei meinen Eltern / einem Elternteil, würde aber lieber ausziehen. 3 = Ich wohne bei Verwandten und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 4 = Ich wohne bei Verwandten, würde aber lieber ausziehen. 5 = Ich wohne in einer in einer WG / im Studierendenwohnheim und will auch in einer WG / im Studierendenwohnheim wohnen. 6 = Ich wohne in einer WG / im Studierendenwohnheim, würde aber lieber alleine wohnen. 7 = Ich wohne alleine und will auch alleine wohnen. 8 = Ich wohne alleine, würde aber lieber in einer WG / im Studierendenwohnheim wohnen. 10 = Ich wohne mit meinem Partner / meiner Partnerin zusammen 9 = keine von diesen, sondern: -9 = nicht beantwortet	Which option best describes your current housing situation?	1 = I live with my parent/s and want to stay here at least for the following months 2 = I live with my parent/s but would rather move out 3 = I live with my relatives and want to stay here at least for the following months 4 = I live with my relatives but would rather move out 5 = I live in a dormitory / private apartment with roommates and also want to live here 6 = I live in a dormitory / private apartment with roommates but would rather live alone 7 = I live alone and also want to live alone 8 = I live alone but would rather live in a dormitory / private apartment with roommates 10 = I live with my partner 9 = None of those options, but... -9 = not answered	B1, B2, B3.2; B4, B5	Note: response option 10 was added for this assessment as well as for assessments B3.2, B4, and B5 (but was not present in B1 and B2)
SD09_09	Other housing situation	Keine von diesen, sondern	Offene Eingabe	None of those options, but...	Open response	B1, B2, B3.2; B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
SD06_01	Number of household members	Wie viele Personen leben derzeit mit Ihnen zusammen in einem Haushalt- Sie selbst	Offene Eingabe (Ganze Zahl)	How many persons including yourself are currently living in your	Open response (integer)	B1, B2, B3.2; B4, B5	

		und gegebenenfalls Ihre Kinder miteingerechnet)		household? Please count also children who are only temporarily living in your household.			
SD07		Mit wem wohnen Sie zurzeit in Ihrem Haushalt zusammen? Sie können mehrere Antworten auswählen.	Anzahl gewählter Optionen (ganze Zahl)	Who is currently living in your household? You can choose multiple answers.	total number of selected options (integer)	B1, B2, B3.2; B4, B5	
SD07_01	Living alone	mit niemandem	1 = nicht ausgewählt 2 = ausgewählt	Nobody.	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_02	Partner / spouse in household	mit Ehepartner(in)/Partner(in)	1 = nicht gewählt 2 = ausgewählt	Spouse/partner	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_03	Own children in household	mit Ihren eigenen Kindern/Pflegekindern/Adoptivkindern	1 = nicht gewählt 2 = ausgewählt	Children, foster children, adopted children	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_04	Children of partner in household	mit Kindern Ihres Partners/Ihrer Partnerin	1 = nicht gewählt 2 = ausgewählt	Children of partner	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_05	Mother/mother figure in household	mit Mutter/Stiefmutter/Pflegemutter	1 = nicht ausgewählt 2 = ausgewählt	Mother / stepmother / foster mother	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_06	Father/father figure in household	mit Vater/Stiefvater/Pflegevater	1 = nicht ausgewählt 2 = ausgewählt	Father / stepfather / foster father	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_07	Siblings in household	mit Geschwistern	1 = nicht ausgewählt 2 = ausgewählt	Siblings	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_08	grandparents in household	mit Großeltern	1 = nicht ausgewählt 2 = ausgewählt	Grandparents	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_09	grandchildren in household	mit Enkeln	1 = nicht ausgewählt 2 = ausgewählt	Grandchildren	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_10	Parents in-law in household	mit Schwiegermutter/-vater/-eltern	1 = nicht ausgewählt 2 = ausgewählt	Mother-in-law /father-in-law	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_11	Other relatives in household	mit anderen Verwandten	1 = nicht ausgewählt 2 = ausgewählt	Other relatives	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
SD07_12	Other household members	mit anderen, nicht verwandten Personen	1 = nicht ausgewählt 2 = ausgewählt	Other persons	1 = not selected 2 = selected	B1, B2, B3.2; B4, B5	
zipcode	ZIP code	Wie lautet die Postleitzahl des Ortes, an dem Sie im Moment überwiegend wohnen? Falls Sie nicht in Deutschland wohnen, geben Sie bitte 00000 an.	Offene Texteingabe	Please enter your zip code, or 00000 for residents outside Germany.	Open response	B1, B2, B3.2; B4, B5	This variable has been shortened to the first 3 digits to ascertain anonymity of participants.

Current situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD36	Current situation	Wie ist Ihre aktuelle Studiensituation für das Wintersemester 2021/22?	<p>1 = Ich studiere das gleiche Fach an der gleichen Hochschule wie im SoSe 2021.</p> <p>4 = Ich studiere das gleiche Fach wie im SoSe 2021, aber an einer anderen Hochschule.</p> <p>5 = Ich studiere an der gleichen Hochschule wie im SoSe 2021, aber ein anderes Fach.</p> <p>6 = Ich studiere sowohl ein anderes Fach, als auch an einer anderen Hochschule als im SoSe 2021.</p> <p>2 = Ich habe das Studium unterbrochen.</p> <p>3 = Ich habe das Studium ganz abgebrochen.</p>	What is your current situation for the winter semester 2021/22	<p>1 = I study the same subject at the same university as in summer semester 2021.</p> <p>4 = I study the same subject as in summer semester 2021, but at a different university.</p> <p>5 = I study at the same university as in summer semester 2021, but a different subject.</p> <p>6 = I am studying both a different subject and at a different university than in summer semester 2021.</p> <p>2 = I have interrupted my studies.</p> <p>3 = I have discontinued my studies altogether.</p>	similar: B1 (ST05), B5 (SD45)	

Study or other situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Sie haben angegeben, dass Sie im Wintersemester 2021/22 an einer anderen Hochschule studieren als noch im Sommersemester 2021.					only presented if participants indicated that they study at a different university (SD36 = 4)
		Sie haben angegeben, dass Sie im Wintersemester 2021/22 ein anderes Fach studieren als noch im Sommersemester 2021.					only presented if participants indicated that they changed their subject (SD36 = 5)
		Sie haben angegeben, dass Sie im Wintersemester 2021/22 sowohl ein anderes Fach als auch an einer anderen Hochschule studieren als noch im Sommersemester 2021.					only presented if participants indicated that they changed their subject and study at a different university (SD36 = 6)
uni_id	University winter semester 2021/22	An welcher Hochschule studieren Sie im Wintersemester 2021/22?	Ganze Zahl, kodiert die Hochschule	At which university will you be studying in winter semester 2021/22?	integer coding university	B1, B3.2, B5	<p>only assessed if participants indicated that they study at a different university (SD36 = 4 OR SD36 = 6)</p> <p>At B1: question referred to the summer semester 2021</p> <p>At B3.2: question referred to the winter semester 2021 / 2022</p> <p>At B5: question referred to the summer semester 2022</p>
ST02	Federal state of university	In welchem Bundesland liegt Ihre Hochschule?	1 = Baden-Württemberg 2 = Bayern 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hessen 8 = Mecklenburg-Vorpommern 9 = Niedersachsen 10 = Nordrhein-Westfalen 11 = Rheinland-Pfalz 12 = Saarland 13 = Sachsen 14 = Sachsen-Anhalt 15 = Schleswig-Holstein	In which state is your university located?	1 = Baden-Württemberg 2 = Bavaria 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hesse 8 = Mecklenburg-Western Pomerania 9= Lower Saxony 10= Northrhine-Westphalia 11= Rhineland Palatinate 12= Saarland 13= Saxony 14= Saxony-Anhalt	B1, B3.2, B5	only assessed if participants indicated that they study at a different university (SD36 = 4 OR SD36 = 6)

			16 = Thüringen -9 = nicht beantwortet		15= Schleswig-Holstein 16= Thuringia -9 = not answered		
ST03_01	Major/s	Für welches Fach bzw. welche Fächer sind Sie eingeschrieben (z. B. Volkswirtschaftslehre, Bioinformatik, Meteorologie, Sozialwesen, Archäologie)?	Offene Texteingabe	Which major(s) are you enrolled in?	Open response	B1, & B3.2 (ST03_01), B5 (SS05_01)	Only assessed if participants indicated that they changed their subject (SD36 = 5 OR SD36 = 6) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST04	Graduation	Zu welchem Abschluss führt Ihr derzeitiges Studium?	1 = Bachelor 2 = Staatsexamen 3 = künstlerischer Abschluss 4 = kirchlicher Abschluss 5 = Master 6 = Diplom, Magister 7 = Sonstiger Abschluss, und zwar: -9 = nicht beantwortet	To which degree is your current course leading?	1 = Bachelor 2 = State examination 3 = Artistic degree 4 = Ecclesiastical degree 5 = Master 6 = Diploma, Magister 7 = Other degree, which is... -9 = not answered	B1 & B3.2 (ST04), B5 (SS06)	Only assessed if participants indicated that they changed their subject (SD36 = 5 OR SD36 = 6)
ST04_07	Other graduation	Sonstiger Abschluss, und zwar:	Offene Texteingabe	Other degree	Open response	B1 & B3.2 (ST04_07), B5 (SS06_07)	Only assessed if participants indicated that they changed their subject (SD36 = 5 OR SD36 = 6) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD40	other occupation	Sie haben angegeben, dass Sie Ihr Studium abgebrochen oder unterbrochen haben. Was machen Sie derzeit? Sie können mehrere Optionen gleichzeitig auswählen.	Anzahl gewählter Optionen (ganze Zahl)	You have indicated that you have dropped out or interrupted your studies. What are you currently doing? You can choose multiple answers.	total number of selected responses (integer)	B4, B5	only presented if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_01		Ich bin in Vollzeit erwerbstätig.	1 = nicht ausgewählt 2 = ausgewählt	I am employed full-time.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_01		Ich bin in Teilzeit erwerbstätig.	1 = nicht gewählt 2 = ausgewählt	I am employed part-time.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_03		Ich bin arbeitssuchend.	1 = nicht gewählt 2 = ausgewählt	I am looking for work.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_04		Ich mache eine Ausbildung.	1 = nicht gewählt 2 = ausgewählt	I am doing an apprenticeship.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)

SD40_05		Ich mache ein Praktikum.	1 = nicht ausgewählt 2 = ausgewählt	I am doing an internship.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_06		Ich studiere im Ausland.	1 = nicht ausgewählt 2 = ausgewählt	I am studying abroad.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_07		Ich nehme mir Zeit für mich.	1 = nicht ausgewählt 2 = ausgewählt	I am taking time for myself.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_08		Ich bin in Elternzeit / Mutterschutz.	1 = nicht ausgewählt 2 = ausgewählt	I am on parental leave / maternity leave.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_09		Ich pflege eine/-n Angehörige/-n	1 = nicht ausgewählt 2 = ausgewählt	I am taking care of a relative.	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_10		Ich mache etwas Anderes, und zwar	1 = nicht ausgewählt 2 = ausgewählt	I am doing something else, namely ...	1 = not selected 2 = selected	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3)
SD40_10a		Ich mache etwas Anderes, und zwar	offene Antwort	I am doing something else, namely ...	open response	B4, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD36 = 2 OR SD36 = 3) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Employment

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD29	Employment in addition to studies	Sind Sie neben dem Studium auch erwerbstätig?	1 = Nein 2 = Ja, im Umfang von unter 5 Stunden pro Woche 3 = Ja, im Umfang von 5-10 Stunden pro Woche 4 = Ja, im Umfang von 10-15 Stunden pro Woche 5 = Ja, im Umfang von 15-20 Stunden pro Woche 6 = Ja, im Umfang von 20 Stunden oder mehr pro Woche	Do you also work beside your studies?	1 = No 2 = Yes, less than 5 hours per week 3 = Yes, for 5-10 hours per week 4 = Yes, for 10-15 hours per week 5 = Yes, for 15-20 hours per week 6 = Yes, for 20 hours or more per week	B1, B2, B3.2, B4, B5	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
SD41	Regular employment	Sie haben angegeben, dass Sie aktuell erwerbstätig sind: Welche der folgenden Aussagen beschreibt Ihre aktuelle berufliche Tätigkeit am besten?	1 = Ich bin angestellt. 2 = Ich bin vorwiegend angestellt und arbeite nebenbei selbstständig. 3 = Ich bin vorwiegend selbstständig und arbeite nebenbei angestellt. 4 = Ich bin selbstständig -9 = nicht beantwortet	You indicated that you are currently employed: Which of the following statements best describes your current occupation?	1 = I am employed. 2 = I am mainly employed and work part-time self-employed. 3 = I am mainly self-employed and work part-time as an employee. 4 = I am self-employed -9 = not answered	B4, B5	only assessed if participants had indicated that they were employed either full-time or part-time (SD40_01 = 2 OR SD40_02 = 2)

Financial situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD25		Im Folgenden möchten wir Ihnen einige Fragen dazu stellen, wie Sie Ihr Studium finanzieren. Aus welchen Quellen finanziert Sie Ihren Lebensunterhalt im aktuellen Semester? Sie können mehrere Antworten auswählen	Anzahl ausgewählter Optionen (ganze Zahl)	In the following we would like to ask you a few questions about how you finance your studies. From which sources do you finance your living in the current semester? You can choose multiple answers.	Total number of selected options (integer)	B1, B2, B3.2, B4, B5	
SD25_01	Financial support by parents, parnter, relatives	Zuwendungen von Eltern, Partner bzw. Partnerin oder Verwandten	1 = nicht gewählt 2 = ausgewählt	Financial support by parents, partner or relatives	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_02	Government sponsored financial support (BAföG)	Ausbildungsförderung nach BAföG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support (BAFöG)	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_03	Bank loan	Bankenkredit zur Studienfinanzierung	1 = nicht gewählt 2 = ausgewählt	Bank loan	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_04	Own income	eigener Verdienst aus Erwerbstätigkeit	1 = nicht gewählt 2 = ausgewählt	Own income	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_05	Income a spart of my studies	Ausbildungsvergütung, z. B. aus einem dualen Studium	1 = nicht gewählt 2 = ausgewählt	apprenticeship pay e.g. from an integrated degree program	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_06	Own savings	eigene Mittel, die vor dem Studium erworben bzw. angespart wurden	1 = nicht gewählt 2 = ausgewählt	Own savings, earned or saved before studying	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_07	Scholarship other than BAFöG	Stipendium, außer BAföG	1 = nicht gewählt 2 = ausgewählt	Scholarship other than BAFöG	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_08	Government sponsored financial	staatliche Leistungen, z. B. Kindergeld, Wohngeld, Waisengeld oder Waisenrente, aber nicht BAföG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support other than BAFöG (e.g. Child	1= not selected 2= selected	B1, B2, B3.2, B4, B5	

	support other than BAFöG			benefit, housing benefit, orphan's benefit or orphan's pension)			
SD25_09	Other sources	andere Finanzquelle, und zwar	1 = nicht gewählt 2 = ausgewählt	Other financial sources	1= not selected 2= selected	B1, B2, B3.2, B4, B5	
SD25_09a	Tesx other sources	andere Finanzquelle, und zwar	Offene Texteingabe	Other financial sources	Open response	B1, B2, B3.2, B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD32_01	Total money available per month	Wie viel Geld steht Ihnen aktuell durchschnittlich im Monat zur Verfügung? Denken Sie bitte dabei an alle zuvor genannten Finanzquellen. Bitte berücksichtigen Sie dabei auch Beträge, die andere Personen für Sie direkt an Dritte zahlen, z. B. Überweisung der Miete an Ihren Vermieter.	Mir stehen durchschnittlich pro Monat ... € zur Verfügung. Offene Eingabe (Ganze Zahl)	How much money do you currently have on average per month? Please keep in mind all of the previously mentioned sources of finance. Please also keep in mind amounts that other people pay directly to third parties on your behalf, e.g., Transfer of the rent to your landlord	I have an average of ... € available per month. Open response (whole number)	B1, B2, B3.2, B4, B5	
SD28	Get by with total funds	Wie kommen Sie mit dem Geld aus, das Sie durchschnittlich im Monat zur Verfügung haben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How do you get along with the money that you have on average every month?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B1, B2, B3.2, B4, B5	

Retrospective study satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Wie bewerten Sie Ihr Studium im vergangenen Sommersemester? Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen.		How would you evaluate your studies during the past summer semester? Please indicate to what extent the following statements are true.			
ST84_01	Ich hatte richtig Freude an dem, was ich studiere.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I really enjoyed the subject I was studying.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_01), similar: B2, B4 (ST73_01)	
ST84_04	Das Studium hat mich aufgefressen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course if study was wearing me down.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_04), similar: B2, B4 (ST73_04)	
ST84_02	Insgesamt war ich mit meinem Studium im Sommersemester 2021 zufrieden.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	On the whole, I was satisfied with my course of study during summer semester 2021.	1= completely disagree 7= completely agree -9 = not answered	similar: B5 (SS02_02), B2, B4 (ST73_02)	
ST84_05	Ich konnte mein Studium nur schwer mit anderen Verpflichtungen in Einklang bringen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	It was very difficult for me to reconcile my course of study with my other obligations.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_05), similar: B2, B4 (ST73_05)	
ST84_03	Ich fand mein Studium wirklich interessant.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I found my course of study really interesting.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_03), similar: B2, B4 (ST73_03)	
ST84_06	Ich habe mich durch das Studium oft müde und abgespannt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course of study often made me feel tired and exhausted.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_06), similar: B2, B4 (ST73_06)	
ST84_07	Ich habe für mein Studium nicht mehr getan, als unbedingt erforderlich ist.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I no longer did anything more for my studies than that which was absolutely necessary.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_07), similar: B2, B4 (ST73_07)	
ST84_08	Ich habe sehr viel Energie investiert, um in meinem Studium erfolgreich zu sein.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I invested a lot of energy in being successful in my degree course.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_08), similar: B2, B4 (ST73_08)	
ST84_09	Ich konnte mich mit meinem Studium voll identifizieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I could fully identify with my degree program.	1= completely disagree 7= completely agree -9 = not answered	exact: B5 (SS02_09), similar: B2, B4 (ST73_09)	
ST84_10	Die Erwartungen, die ich an mein Studium hatte, wurden im Sommersemester 2021 erfüllt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	The expectations I had of my degree program were met during summer semester 2021.	1= completely disagree 7= completely agree -9 = not answered	similar: B5 (SS02_10), B2, B4 (ST73_10)	

Experienced benefits of the pandemic

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Das vergangene Sommersemester war aufgrund der pandemischen Lage in vielerlei Hinsicht besonders. Wir möchten an dieser Stelle von Ihnen gerne erfahren, ob Sie in dieser Zeit bestimmte Dinge als besonders positiv erlebt haben. Bitte lesen Sie dazu die folgenden Aussagen durch und geben Sie an, wie sehr Sie Ihnen in Bezug auf das vergangene Sommersemester 2021 zustimmen.		The past summer semester was special in many respects due to the pandemic situation. At this point, we would like to hear from you whether you experienced certain things as particularly positive during this time. To do so, please read through the following statements and indicate how much you agree with them regarding the past summer semester of 2021.			
ST94_01	Ich fand es ganz entspannt, dass ich nicht so viel zur Uni musste, sondern vieles von zuhause aus erledigen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I found it quite relaxing that I didn't have to go to my university so often, but could do a lot from home.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (ST29_02), B2 (ST37_02)	
ST94_02	Dadurch, dass ich vieles für meine Lehrveranstaltungen von zuhause erledigen konnte, war ich viel effizienter und nutzte ich meine Zeit viel besser	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	By being able to do a lot of things for my classes from home, I was much more efficient and made much better use of my time.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (ST29_04), B2 (ST37_04)	
ST94_03	Ich war ganz froh, dass ich weniger Zeit an meiner Hochschule war und somit mehr Zeit mit meiner Familie und meinem Freundeskreis aus Schulzeiten verbringen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I was quite happy that I spent less time at my university because of the pandemic, so I was able to spend more time with my family and my friends from school days.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (ST29_05), B2 (ST37_05)	
ST94_04	Dadurch, dass ich nicht so viel vor Ort an der Hochschule sein musste, hatte ich mehr Zeit für meine Hobbys.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	By not having to be in person at the university as much, I had more time for my hobbies.	1= completely disagree 7= completely agree -9 = not answered		
ST94_05	Ich habe mich weniger unter Druck gesetzt gefühlt, mich mit meinen Kommiliton*innen zu treffen	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I felt less pressure to meet up with my fellow students.	1= completely disagree 7= completely agree -9 = not answered		
ST94_06	Wegen der Online-Lehre konnte ich meinen Tagesrhythmus freier gestalten.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	Because of online teaching, I was able to organize my daily rhythm more freely.	1= completely disagree 7= completely agree -9 = not answered		
ST94_07	Wegen der Online-Lehre konnte ich in meinem eigenen Tempo lernen und die Inhalte des Studiums besser verstehen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	Because of online teaching, I was able to learn at my own pace and better understand the content of the class.	1= completely disagree 7= completely agree -9 = not answered		

ST94_08	Dadurch, dass ich alles für meine Lehrveranstaltungen von zuhause erledigen konnte, konnte ich verschiedene Lebensbereiche und Anforderungen besser miteinander in Einklang bringen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	Because I was able to do everything for my classes from home, I was able to better balance different areas of my life and demands.	1= completely disagree 7= completely agree -9 = not answered		
ST94_09	Ich hatte mehr Zeit für die Dinge, die mir neben dem Studium noch wichtig sind.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I had more time for the things that are still important to me besides my studies.	1= completely disagree 7= completely agree -9 = not answered		
ST95_01	Gibt es sonst etwas, das Sie im vergangenen Semester als sehr positiv erlebt haben, und von dem Sie sich wünschen würden, dass es vielleicht auch nach der Pandemie beibehalten wird?	offene Texteingabe	Is there anything else that you have experienced as very positive during the past semester that you would like to see perhaps maintained after the pandemic?	open response		This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Retrospective study motivation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Denken Sie bitte für die folgenden Fragen an das vergangene Sommersemester 2021. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem vergangenen Sommersemester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the past summer semester 2021. We would like to know from you for what reasons you have completed tasks and work in your studies. Think of all study-related tasks from the past summer semester (e.g. attending lectures, working on exercises, reading literature, ...)			only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
		Denken Sie bitte für die folgenden Fragen an das vergangene Sommersemester 2021r - bis zu dem Zeitpunkt, an dem Sie das Studium unterbrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem vergangenen Sommersemester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the past summer semester 2021 - up to the point when you interrupted your studies. We would like to hear from you about the reasons for which you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the past summer semester (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they had interrupted their studies (SD30 = 2)
		Denken Sie bitte für die folgenden Fragen an das vergangene Sommersemester 2021 - bis zu dem Zeitpunkt, an dem Sie das Studium abgebrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem vergangenen Sommersemester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the past summer semester 2021 - up to the point when you dropped out of your studies. We would like to hear from you about the reasons you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the past summer semester (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they had dropped out of university (SD30 = 3)
		Ich habe im vergangenen Sommersemester für mein Studium gearbeitet,...		I have been completing tasks for my study degree so far this semester....			
SM12_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern oder Freunde) das von mir erwartet haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...because other people who are important to me (e.g. parents or friends) expected me to do this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_01), B3.2 (SM10_01), exact: B2	

						& B4 (SM02_01), B5 (SM21_01)	
SM12_04	Introduction item 1	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would have felt bad if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_04), B3.2 (SM10_04), exact: B2 & B4 (SM02_04), B5 (SM21_04)	
SM12_07	Identified item 1	...weil mir die Inhalte meines Studiums persönlich wichtig sind.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because the contents of my studies are personally important to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_07), B3.2 (SM10_07), exact: B2 & B4 (SM02_07), B5 (SM21_07)	
SM12_10	Intrinsic motivation item 1	...weil mich die Inhalte in meinem Studium sehr interessieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very interested in the contents of my studies	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_10), B3.2 (SM10_10), exact: B2 & B4 (SM02_10), B5 (SM21_10)	
SM12_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht wären, wenn ich das nicht gemacht hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others would be disappointed in me if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_02), B3.2 (SM10_02), exact: B2 & B4 (SM02_02), B5 (SM21_02)	
SM12_05	Introduction item 2	...weil ich sehr stolz auf mich bin, wenn ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very proud of myself if I succeed in my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_05), B3.2 (SM10_05), exact: B2 & B4 (SM02_05), B5 (SM21_05)	
SM12_08	Identified item 2	...weil mein Studium mir dabei hilft, später Dinge erreichen zu können, die mir viel bedeuten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because my studies help me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_08), B3.2 (SM10_08), exact: B2 & B4 (SM02_08), B5 (SM21_08)	
SM12_11	Intrinsic motivation item 2	...weil mir die Inhalte meines Studiums Spaß bereiten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I enjoy the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_11), B3.2 (SM10_11), exact: B2 & B4 (SM02_11), B5 (SM21_11)	
SM12_03	Extrinsic motivation item 3	...weil andere mir das vorgeschrieben haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others have been telling me to do so.	1= completely disagree 7= completely agree -9 = not answered	exact: B2 & B4 (SM02_03), B5 (SM21_03)	
SM12_06	Introduction item 3	...weil ich anderen beweisen möchte, dass ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to prove to others that I can manage my studies well	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_06), B3.2 (SM10_06), exact: B2& B4 (SM02_06), B5 (SM21_06)	
SM12_09	Identified item 3	...weil ich die Inhalte meines Studiums verstehen möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to understand the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_09), B3.2 (SM10_09), exact: B2	

					& B4 (SM02_09), B5 (SM21_09)	
SM12_12	Intrinsic motivation item 3	...weil ich die Inhalte meines Studiums spannend finde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of my studies exciting.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_12), B3.2 (SM10_12), exact: B2 & B4 (SM02_12), B5 (SM21_12)

Set-up of classes at university (upcoming winter semester)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	set-up of courses of the upcoming semester (winter semester 2021/22)	Wie sind Ihre Lehrveranstaltungen zu Beginn des Wintersemesters 2021/22 geplant? Mehrfachantworten sind möglich (z.B. Teil der Vorlesungen in Präsenz und Teil der Vorlesungen hybrid). Hybride Lehrveranstaltungen beschreiben solche, die in Präsenz stattfinden, aber auch online übertragen und / oder aufgezeichnet werden		How are your lectures planned at the beginning of the winter semester 2021/22? Multiple answers are possible (e.g. part of the lectures in presence and part of the lectures hybrid). Hybrid courses describe those that take place in presence, but are also transmitted online and / or recorded.		B3.2	only presented if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST80	lectures	Vorlesungen:	Anzahl ausgewählte Optionen (ganze Zahl)	lectures	total number of selected responses (integer)	exact: B1 (ST21), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST80_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person sessions	1= not selected 2= selected	exact: B1 (ST21_01), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST80_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	exact: B1 (ST21_02), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST80_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	exact: B1 (ST21_03), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST80_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	exact: B1 (ST21_04), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST80_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	exact: B1 (ST21_05), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST22	seminars	Seminare:	Anzahl ausgewählte Optionen (ganze Zahl)	seminars:	total number of selected responses (integer)	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST22_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person sessions	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST22_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)

ST22_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST22_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST22_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST23	labs	Übungen:	Anzahl ausgewählte Optionen (ganze Zahl)	labs:	total number of selected responses (integer)	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST23_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST23_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST23_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST23_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST23_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST24	tutorials	Tutorien:	Anzahl ausgewählte Optionen (ganze Zahl)	tutorials:	total number of selected responses (integer)	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST24_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST24_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST24_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST24_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST24_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST25_01	other	Sonstiges, und zwar	Offene Texteingabe	other, namely: ...	open response	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)

							This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
ST26			Anzahl ausgewählte Optionen (ganze Zahl)		total number of selected responses (integer)	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST26_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST26_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST26_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST26_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST26_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)

Study conditions at home

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Bitte beantworten Sie folgenden Fragen dazu, wie Sie Ihre Möglichkeiten zur Umsetzung von Online-Lehre einschätzen.		While the universities are or were closed due to the Corona crisis, your course of study should continue at home with the support of the lecturers.	Please answer the following questions about how you assess your possibilities to implement online teaching.	B3.2	only presented if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST83_01	technical equipment	Wie schätzen Sie die technische Ausstattung bei Ihnen zuhause, z.B. mit WLAN, Druckern, Scannern, Tablets oder Laptops, für die Teilnahme an virtuellen Lehrveranstaltungen aktuell ein?	1 = reicht überhaupt nicht aus 2 = reicht eher nicht aus 3 = reicht eher aus 4 = reicht voll und ganz aus -9 = nicht beantwortet	How do you currently assess the technical equipment at your home, e.g. with Wi-Fi, printers, scanners, tablets or laptops, for participation in virtual courses?	1 = not sufficient at all 2 = rather not sufficient 3 = rather sufficient 4 = fully sufficient -9 = not answered	exact: B1 (ST20_01), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
ST83_02	study conditions at home	Wie schätzen Sie die wohnliche Situation bei Ihnen zuhause, z.B. ein ruhiger Platz, für das Lernen zuhause aktuell ein?	1 = reicht überhaupt nicht aus 2 = reicht eher nicht aus 3 = reicht eher aus 4 = reicht voll und ganz aus -9 = nicht beantwortet	How do you currently assess your home situation, e.g. a quiet place, for studying at home?	1 = not sufficient at all 2 = rather not sufficient 3 = rather sufficient 4 = fully sufficient -9 = not answered	exact: B1 (ST20_02), B3.2	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)

Opinion on future and current online teaching

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST31_01	Ich würde mir wünschen, dass auch nach der Pandemie die Mehrzahl der Lehrveranstaltungen weiterhin online durchgeführt wird.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would like to see the majority of courses continue to be taught online even after the pandemic.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4	
ST31_02	Ich bin der Meinung, alle Lehrveranstaltungen sollten aktuell in Präsenz durchgeführt werden	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I believe all courses should be currently conducted in person	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4	

Graduation success and occupation after graduation

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST17	Wie wahrscheinlich ist es Ihrer Meinung nach, dass Sie Ihr Studium erfolgreich abschließen können?	1 = sehr unwahrscheinlich 2 = eher unwahrscheinlich 3 = ungefähr 50 zu 50 4 = eher wahrscheinlich 5 = sehr wahrscheinlich -9 = nicht beantwortet	How likely is it in your opinion that you will complete the degree program and graduate?	1 = very unlikely 2 = rather unlikely 3 = approximately 50 to 50 4 = rather likely 5 = very likely -9 = not answered	B2, B4	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2)
ST18	Wie häufig denken Sie bereits heute darüber nach, was Sie nach dem Studium machen möchten?	1 = nie 2 = selten 3 = manchmal 4 = oft 5 = sehr oft -9 = nicht beantwortet	How often do you think about what you would like to do after completing your degree?	1 = never 2 = rarely 3 = sometimes 4 = often 5 = very often -9 = not answered	B2, B4	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2)

Drop out intentions and reasons

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST15	Drop-out intentions	Denken Sie zurzeit ernsthaft daran, Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben?	1 = ja 2 = nein	Are you currently seriously thinking about changing your major subject or of giving up your course of study entirely?	1 = yes 2 = no	B1, B2, B4, B5	only assessed if participants indicated that they were currently studying the same subject as during the past semester (SD36 = 1 OR SD36 = 4)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium unterbrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had interrupted your studies. What reasons played a role in this?		B2, B4, B5	only presented if participants indicated that they had interrupted their studies (SD36 = 2)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium abgebrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had dropped out of your studies. What reasons played a role in this?		B2, B4, B5	only presented if participants indicated that they had dropped out of university (SD36 = 3)
		Sie haben angegeben, dass Sie ernsthaft erwägen Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben. Welche Gründe spielen für Ihre Überlegungen eine Rolle?		You have indicated that you are seriously considering changing your major subject or giving up your course of study entirely. What reasons play a role in your considerations?		B1, B2, B4, B5	only presented if participants indicated that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_01		Unzufriedenheit mit der Online-Lehre	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Dissatisfaction with online teaching	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_02		Prüfungen nicht bestanden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Did not pass examination	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_03		Schwangerschaft	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Pregnancy	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_04		Unvereinbarkeit von Studium und Erwerbstätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and employment	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_05		Angebot eines interessanten Arbeitsplatzes	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Interesting job offer	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_06		überfüllte Lehrveranstaltungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Overcrowded lectures	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_07		zu hohe Studienanforderungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course requirements too high	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_08		nachgelassenes Interesse am Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Loss of interest in subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_09		mangelnde Organisation des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of organization of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_10		Unvereinbarkeit von Studium und Kinderbetreuung	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and childcare	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_11		zu viel Studien- und Prüfungsstoff	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course and examination material too extensive	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_12		fehlende Betreuung durch die Lehrenden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of support from lecturers	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_13		falsche Erwartungen in Bezug auf das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	False expectations with regard to the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_14		finanzielle Engpässe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Financial problems	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_15		Desinteresse an den Berufen, die das Studium ermöglicht	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of interest in the professions covered by the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_16		familiäre Gründe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Family reasons	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_17		Krankheit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Illness	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_18		war den Leistungsanforderungen im Studium nicht gewachsen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Unable to meet performance requirements for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_19		Auslandsstudium oder Auslandspraktikum	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course of study abroad or internship abroad	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_20		fehlender Berufs-, Praxisbezug des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of professional and practical relevance of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_21		will/muss schnellstmöglich Geld verdienen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted/had to earn money as quickly as possible	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_22		Zweifel an persönlicher Eignung für das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Doubts about personal suitability for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_23		schlechte Arbeitsmarktchancen in meinem Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Poor job prospects in my subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_24		Wunsch nach praktischer Tätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted to do practical work	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_25		Anonymität der Hochschule	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Anonymity of the higher education institution	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they had interrupted or dropped out of their studies(SD36 = 2 OR SD36 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

Health Status

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
SE01	Wie würden Sie Ihren Gesundheitszustand im Allgemeinen beschreiben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How would you describe your health in general?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B2, B4, B5
	Denken Sie bitte nun an Ihre körperliche Gesundheit – dazu zählen körperliche Krankheiten und Verletzungen. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihrer körperlichen Gesundheit nicht gut?		Now thinking about your physical health, which includes physical illness and injury, for how many days during the past four weeks was your physical health not good?		B2, B4, B5
SE02_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	On ... days	Open response (integer)	B2, B4, B5
	Und denken Sie bitte jetzt an Ihr seelisches Befinden, - dazu zählen auch Stress, Depressionen oder Ihre Stimmung ganz allgemein. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihres seelischen Befindens nicht gut?		And now please think about your mental health - this also includes stress, depression, or your mood in general. On how many days in the last four weeks did you not feel well due to your psychological condition?		B2, B4, B5
SE03_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	on ... days	Open response (integer)	B2, B4, B5

Domain Satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at	Comment
	Nun möchten wir Ihnen einige Fragen zu Ihrer gegenwärtigen Zufriedenheit mit unterschiedlichen Aspekten Ihres Lebens stellen. Bitte antworten Sie auf einer Skala von 0 bis 10. „0“ bedeutet, dass Sie ganz und gar unzufrieden sind, „10“ bedeutet, Sie sind ganz und gar zufrieden. Mit den Zahlen dazwischen können Sie Ihr Urteil abstimmen.		We'd like to ask you a few questions about your current level of satisfaction with different aspects of your life. Please answer each question on a scale of 0 to 10. ‘0’ means that you are ‘completely dissatisfied’, while a ‘10’ means that you are ‘completely satisfied.’ You can grade your answer with the numbers in between.		B1, B2, B3.2, B4, B5	
SE04_01	Wie zufrieden sind Sie gegenwärtig, alles in allem, mit Ihrem Leben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you currently with your life, all in all?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.2, B4, B5	
SE04_02	Wie zufrieden sind Sie mit dem, was Sie haben? Denken Sie dabei an Geld, Einkommen und Dinge, die Sie besitzen.	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with what you have? Think of money, income and things you own.	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.2, B4, B5	
SE04_03	Wie zufrieden sind Sie mit Ihrer Gesundheit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your health?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.2, B4, B5	
SE04_04	Wie zufrieden sind Sie mit Ihrem Familienleben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your family life?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.2, B4, B5	
SE04_05	Wie zufrieden sind Sie mit Ihrem Bekannten- und Freundeskreis?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your group of friends?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.2, B4, B5	
SE04_06	Wie zufrieden sind Sie mit Ihrem Studium?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your higher education?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B4, B5	only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
SE04_07	Wie zufrieden sind Sie mit Ihrer Arbeit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your work?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B4, B5	only assessed if participants indicated that they were employed in some form (SD29 = 2 OR SD29 = 3 OR SD29 = 4 OR SD29 = 5 OR SD29 = 6 OR SD40_01 = 2 OR SD40_02 = 2)

Life Satisfaction

Satisfaction With Life Scale

English instructions and items: Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49(1), 71–75. https://doi.org/10.1207/s15327752jpa4901_13

German instructions and items: Glaesmer, H., Grande, G., Braehler, E., & Roth, M. (2011). The German version of the satisfaction with life scale (SWLS): Psychometric properties, validity, and population-based norms. *European Journal of Psychological Assessment*, 27(2), 127–132. <https://doi.org/10.1027/1015-5759/a000058>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LS01_01	Life satisfaction item 1	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LS01_02	Life satisfaction item 2	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LS01_03	Life satisfaction item 3	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LS01_04	Life satisfaction item 4	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LS01_05	Life satisfaction item 5	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.2, B4, B5

Trait Affect

Affect items were chosen to capture all quadrants of the affect circumplex (Russell, 1980). We used the same items as in our previous work (Neubauer et al. (2022, February 22). PACO - Psychological Adjustment to the COVID-19 Pandemic. <https://doi.org/10.17605/OSF.IO/WCERJ>), with two items capture moderate to high arousal positive affect (happy, cheerful), and two items capture low arousal positive affect (relaxed, balanced). The items afraid and angry capture high arousal states of the content domains of anxiety and anger, respectively. The item worried captures moderate arousal and belongs to the content domain of worry, and the item sad captures low arousal and belongs to the content domain of sadness. Additionally, the items lively and exhausted capture the poles of the arousal dimension of the affect circumplex.

Russell, J. A. (1980). A circumplex model of affect. Journal of Personality and Social Psychology, 39, 1161–1178.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
		Ich bin im Allgemeinen...		In general I feel...		B1, B2, B3.2, B4, B5
AF01_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5

AF01_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5
AF01_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	B1, B2, B3.2, B4, B5

Depression

Center for Epidemiological Studies Depression Scale.

English instructions and items: Radloff, L. S. (1977). The CES-D scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401. <https://doi.org/10.1177/014662167700100306>

German instructions and items: Hautzinger, M. (1988). Die CES-D Skala: Ein Depressionsmeßinstrument für Untersuchungen in der Allgemeinbevölkerung. *Diagnostica*, 34(2), 167–173.

Note: The instructions asked participants to consider the items with respect to the last week.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
DP03_01	CES-D item 1	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_02	CES-D item 2	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_03	CES-D item 3	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_04*	CES-D item 4	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_05	CES-D item 5	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang)	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days)	B1, B2, B3.2, B4, B5

		4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	4 = most of the time, always (5 to 7 days) -9 = not answered	
DP03_06	CES-D item 6	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_07	CES-D item 7	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_08*	CES-D item 8	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_09	CES-D item 9	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP03_10	CES-D item 10	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_11	CES-D item 11	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_12*	CES-D item 12	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_13	CES-D item 13	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_14	CES-D item 14	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5

DP04_15	CES-D item 15	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_16*	CES-D item 16	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_17	CES-D item 17	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_18	CES-D item 18	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_19	CES-D item 19	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5
DP04_20	CES-D item 20	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.2, B4, B5

*Item needs to be recoded

Retrospective psychological need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. *Motivation and Emotion*, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. *Journal of Individual Differences*, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf den letzten Monat. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf den letzten Monat zu?		Please read the following statements carefully and then indicate how much you agree with them. Refer to the last month. How much do you agree with the following statements in relation to last month?		B1, B2, B3.2, B4, B5
PN01_01	Retrospective relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN01_02	Retrospective relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN01_03	Retrospective competence frustration item 1	...versagt zu haben...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...failure	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN01_04	Retrospective autonomy satisfaction item 1	...Freiraum.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN01_05	Retrospective competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN01_06	Retrospective autonomy satisfaction item 2	...“wahren Ichs”.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5

PN01_07	Retrospective relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...close and connected...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN01_08	Retrospective competence satisfaction item 2	...große Herausforderungen ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN01_09	Retrospective relatedness satisfaction item 3	... Vertrautheit mit den Menschen gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_01	Retrospective autonomy frustration item 1	... Druck gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_02	Retrospective autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_03	Retrospective relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_04	Retrospective relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_05	Retrospective competence satisfaction item 3	... selbst bei schwierigen Dingen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_06	Retrospective autonomy frustration item 3	... Dinge gegen meinen Willen...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_07	Retrospective competence frustration item 2	Ich habe etwas Dummes gemacht...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_08	Retrospective competence frustration item 3	... mit etwas schwer getan, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
PN02_09	Retrospective autonomy satisfaction item 3	... was mich interessiert.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5

Loneliness

8 items from the UCLA loneliness scale. The selection of these items was based on findings by Hays and DiMatteo (1987).

English instructions and items: Russell, D., Peplau, L. A., & Cutrona, C. E. (1980). The revised UCLA loneliness scale: Concurrent and discriminant validity evidence. *Journal of Personality and Social Psychology*, 39(3), 472–480. <https://doi.org/10.1037/0022-3514.39.3.472>

Hays, R. D., & DiMatteo, M. R. (1987). A short-form measure of loneliness. *Journal of Personality Assessment*, 51, 69–81. Doi: 10.1207/s15327752jpa5101_6

German instructions and items: Döring, N., & Bortz, J. (1993). Psychometrische Einsamkeitsforschung: Deutsche Neukonstruktion der UCLA Loneliness Scale. *Diagnostica*, 39(3), 224–239.

The variables in the table and in the data file are listed in the same order as in the publication by Hays & Di Matteo (1987). Note, however, that in the translation by Döring & Bortz (1993) the first item is inverted in the translation (from “no companionship” to “enough companionship”); please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LO02_02*	Loneliness item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LO02_03	Loneliness item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LO02_09*	Loneliness item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LO02_11	Loneliness item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LO02_14	Loneliness item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LO02_15*	Loneliness item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5

LO02_17	Loneliness item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
LO02_18	Loneliness item 8	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5

*Item needs to be recoded

Vitality

7 item version of the Subjective Vitality Scale.

English instructions and items: Ryan, R. M., & Frederick, C. (1997). On energy, personality, and health: Subjective vitality as a dynamic reflection of well-being. *Journal of Personality*, 65(3), 529–565. <https://doi.org/10.1111/j.1467-6494.1997.tb00326.x>

German instructions and items: Goldbeck, F., Hautzinger, M., & Wolkenstein, L. (2019). Validation of the German version of the subjective vitality scale – a cross-sectional study and a randomized controlled trial. *Journal of Well-Being Assessment*, 3(1), 17–37. <https://doi.org/10.1007/s41543-019-00019-8>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
VS01_01	Vitality item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
VS01_02*	Vitality item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
VS01_03	Vitality item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
VS01_04	Vitality item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
VS01_05	Vitality item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
VS01_06	Vitality item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5
VS01_07	Vitality item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.2, B4, B5

*Item needs to be recoded

Perceived Stress

10 items of the Perceived Stress Scale.

English instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/html/pss.html>

German instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/index.html>

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
PS02_01	Perceived stress scale item 1	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_02	Perceived stress scale item 2	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_03	Perceived stress scale item 3	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_04*	Perceived stress scale item 4	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_05*	Perceived stress scale item 5	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_06	Perceived stress scale item 6	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_07*	Perceived stress scale item 7	1 = nie 2 = selten 3 = manchmal 4 = häufig	1 = never 2 = almost never 3 = sometimes 4 = fairly often	B2, B4, B5

		5 = sehr oft	5 = very often	
PS02_08*	Perceived stress scale item 8	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_09	Perceived stress scale item 9	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5
PS02_10	Perceived stress scale item 10	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B4, B5

*Item needs to be recoded

Attitudes towards Covid-19 related restrictions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
	Beziehen Sie sich bei der Beurteilung der folgenden Aussagen bitte auf die aktuelle Situation rund um die Corona-Pandemie. Denken Sie bitte an die Beschränkungen, die aktuell für Sie gelten (z.B. Maskenpflicht, Hygieneregeln, 3G-Regel,...) und beurteilen Sie bitte folgende Aussagen dazu.		In assessing the following statements, please refer to the current situation surrounding the Corona pandemic. Please think about the restrictions that are currently in place for you (e.g. mandatory masks, hygiene rules, 3G rule,...) and please assess the following statements about them.		B3.2, B4, B5
CV05_01	Die Beschränkungen finde ich in der aktuellen Situation angemessen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I find the restrictions appropriate in the current situation.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_01), B3.2, B4, B5
CV05_02	Die Beschränkungen schränken meine Grundrechte zu stark ein und müssen deshalb so schnell wie möglich gelockert werden.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions limit my fundamental rights too much and must therefore be relaxed as quickly as possible.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_02), B3.2, B4, B5
CV05_03	Die Beschränkungen sind unverhältnismäßig.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions are disproportionate.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_03), B3.2, B4, B5
CV05_04	Ich verstehe, warum die Beschränkungen nötig sind.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I understand why the restrictions are necessary.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_04), B3.2, B4, B5
CV02_01	Zusammengefasst finde ich die aktuellen Beschränkungen...	1 = nicht strikt genug 2 = 3 = genau passend 4 = 5 = zu strikt -9 = nicht beantwortet	In summary, I find the current restrictions...	1 = not strict enough 2 = 3 = perfectly appropriate 4 = 5 = too strict -9 = not answered	B1, B2, B3.1, B3.2, B4, B5

Covid-19 specific worries

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte beantworten Sie die untenstehenden Fragen zur aktuellen Corona-Pandemie.		Please reply to the questions below concerning the current coronavirus pandemic, COVID-19.		B1, B2, B3.2, B4, B5
CV03_01	Corona worries: about my own health	Ich mache mir wegen der Corona-Pandemie Sorgen um meine eigene Gesundheit.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my own health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.2, B4, B5
CV03_02	Corona worries: about my friends' health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Freunde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my friends' health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.2, B4, B5
CV03_03	Corona worries: about my family's health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Familie.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my family's health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.2, B4, B5
CV03_04	Corona worries: about people at risk	Ich mache mir wegen der Corona-Pandemie Sorgen um die Risikogruppen in unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about people at risk in our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.2, B4, B5
CV03_05	Corona worries: about future of society	Ich mache mir wegen der Corona-Pandemie Sorgen um die Zukunft unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about the future of our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.2, B4, B5
CV03_06	Corona worries: about professional future	Ich mache mir wegen der Corona-Pandemie Sorgen um meine berufliche Zukunft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my professional future because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.2, B4, B5

Covid-19 stress appraisals

Primary Appraisal Secondary Appraisal Scale

German instructions and items: Gaab, J. (2009). PASA – Primary Appraisal Secondary Appraisal. Verhaltenstherapie, 19(2), 114–115.
<https://doi.org/10.1159/000223610>

Instructions were slightly adjusted to refer to the Covid-19 pandemic (as in Brose et al. (2021). Change in mental health symptoms during the COVID-19 pandemic: The role of appraisals and daily life experiences. *Journal of Personality*, 89(3), 468–482.
<https://doi.org/10.1111/jopy.12592>.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please Gaab (2009) for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
CV04_01*	Threat item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_02	Challenge item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_03	Self-concept own abilities item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_04	Control item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_05	Threat item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_06*	Challenge item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_07*	Self-concept own abilities item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_08	Control item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_09*	Threat item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5

CV04_10*	Challenge item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_11	Self-concept own abilities item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_12	Control item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_13	Threat item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_14	Challenge item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_15	Self-concept own abilities item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5
CV04_16	Control item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.2, B4, B5

*Item needs to be recoded

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	B1, B2, B3.2, B4, B5 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

B3.2: Assessment in September / October 2021

relevant for: refreshment sample

The items are listed in the order in which they appeared in the questionnaire

Participant Background

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD01	Gender	Welchem Geschlecht fühlen Sie sich zugehörig?	1 = weiblich 2 = männlich 3 = divers 4 = möchte nicht antworten -9 = nicht beantwortet	What is your gender?	1 = female 2 = male 3 = diverse / non-binary 4 = I prefer to not answer this question -9 = not answered	B1	
SD02_01	Age	Wie alt sind Sie? Ich bin ... Jahre	Offene Eingabe (Ganze Zahl)	How old are you? I am ... years old	Open response (integer)	B1	
SD03	Marital status	Bitte geben Sie Ihren aktuellen Beziehungsstatus an.	1 = single / ledig 2 = in fester Partnerschaft 3 = verheiratet 4 = geschieden 5 = verwitwet -9 = nicht beantwortet	Please state your current relationship status.	1 = single 2 = in permanent relationship 3 = married 4 = separated / divorced 5 = widowed -9 = not answered	B1, B2, B3.1, B4, B5	
SD09	Housing situation	Welche dieser Aussagen beschreibt Ihre aktuelle Wohnsituation am besten?	1 = Ich wohne bei meinen Eltern / einem Elternteil und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 2 = Ich wohne bei meinen Eltern / einem Elternteil, würde aber lieber ausziehen. 3 = Ich wohne bei Verwandten und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 4 = Ich wohne bei Verwandten, würde aber lieber ausziehen. 5 = Ich wohne in einer in einer WG / im Studierendenwohnheim und will auch in einer WG / im Studierendenwohnheim wohnen. 6 = Ich wohne in einer WG / im Studierendenwohnheim, würde aber lieber alleine wohnen. 7 = Ich wohne alleine und will auch alleine wohnen. 8 = Ich wohne alleine, würde aber lieber in einer WG / im Studierendenwohnheim wohnen.	Which option best describes your current housing situation?	1 = I live with my parent/s and want to stay here at least for the following months 2 = I live with my parent/s but would rather move out 3 = I live with my relatives and want to stay here at least for the following months 4 = I live with my relatives but would rather move out 5 = I live in a dormitory / private apartment with roommates and also want to live here 6 = I live in a dormitory / private apartment with roommates but would rather live alone 7 = I live alone and also want to live alone 8 = I live alone but would rather live in a dormitory / private apartment with roommates 10 = I live with my partner 9 = None of those options, but... -9 = not answered	B1, B2, B3.1, B4, B5	Note: response option 10 was added for this assessment as well as for assessments B3.1, B4, and B5 (but was not present in B1 and B2)

			10 = Ich wohne mit meinem Partner / meiner Partnerin zusammen 9 = keine von diesen, sondern: -9 = nicht beantwortet				
SD09_09	Other housing situation	Keine von diesen, sondern	Offene Eingabe	None of those options, but...	Open response	B1, B2, B3.1, B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD06_01	Number of household members	Wie viele Personen leben derzeit mit Ihnen zusammen in einem Haushalt? Sie selbst und gegebenenfalls Ihre Kinder miteingerechnet)	Offene Eingabe (Ganze Zahl)	How many persons including yourself are currently living in your household? Please count also children who are only temporarily living in your household.	Open response (integer)	B1, B2, B3.1, B4, B5	
SD07		Mit wem wohnen Sie zurzeit in Ihrem Haushalt zusammen? Sie können mehrere Antworten auswählen	Anzahl gewählter Optionen (ganze Zahl)	Who is currently living in your household? You can choose multiple answers	total number of selected options (integer)	B1, B2, B3.1, B4, B5	
SD07_01	Living alone	mit niemandem	1 = nicht ausgewählt 2 = ausgewählt	Nobody.	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_02	Partner / spouse in household	mit Ehepartner(in)/Partner(in)	1 = nicht gewählt 2 = ausgewählt	Spouse/partner	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_03	Own children in household	mit Ihren eigenen Kindern/Pflegekindern/Adoptivkindern	1 = nicht gewählt 2 = ausgewählt	Children, foster children, adopted children	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_04	Children of partner in household	mit Kindern Ihres Partners/Ihrer Partnerin	1 = nicht gewählt 2 = ausgewählt	Children of partner	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_05	Mother/mother figure in household	mit Mutter/Stiefmutter/Pflegemutter	1 = nicht ausgewählt 2 = ausgewählt	Mother / stepmother / foster mother	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_06	Father/ father figure in household	mit Vater/Stiefvater/Pflegevater	1 = nicht ausgewählt 2 = ausgewählt	Father / stepfather / foster father	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_07	Siblings in household	mit Geschwistern	1 = nicht ausgewählt 2 = ausgewählt	Siblings	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_08	grandparents in household	mit Großeltern	1 = nicht ausgewählt 2 = ausgewählt	Grandparents	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_09	grandchildren in household	mit Enkeln	1 = nicht ausgewählt 2 = ausgewählt	Grandchildren	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_10	Parents in-law in household	mit Schwiegermutter/-vater/-eltern	1 = nicht ausgewählt 2 = ausgewählt	Mother-in-law /father-in-law	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
SD07_11	Other relatives in household	mit anderen Verwandten	1 = nicht ausgewählt 2 = ausgewählt	Other relatives	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	

SD07_12	Other household members	mit anderen, nicht verwandten Personen	1 = nicht ausgewählt 2 = ausgewählt	Other persons	1 = not selected 2 = selected	B1, B2, B3.1, B4, B5	
zipcode	ZIP code	Wie lautet die Postleitzahl des Ortes, an dem Sie im Moment überwiegend wohnen? Falls Sie nicht in Deutschland wohnen, geben Sie bitte 00000 an.	Offene Texteingabe	Please enter your zip code, or 00000 for residents outside Germany.	Open response	B1, B2, B3.1, B4, B5	This variable has been shortened to the first 3 digits to ascertain anonymity of participants
SD20_01	Siblings	Wie viele Geschwister haben Sie?	Ich habe ... Geschwister. Offene Eingabe (Ganze Zahl)	How many siblings do you have?	I have ... siblings. Open response (integer)	B1	
SD10	Place of birth	Wo sind Sie geboren?	1 = in Deutschland 2 = in einem anderen Land -9 = nicht beantwortet	Where were you born?	1= In Germany 2= In another country -9 = not answered	B1	
SD13	Mother tongue	Welches ist Ihre Muttersprache	1 = Deutsch 2 = Deutsch und eine andere Sprache 3 = Eine andere Sprache außer Deutsch -9 = nicht beantwortet	Which is your native language?	1 = German 2 = German and another language 3 = A language other than German -9 = not answered	B1	
SD19	Migratory background	Ist von Ihren Großeltern jemand außerhalb Deutschlands geboren und nach 1950 nach Deutschland zugezogen?	1 = Ja 2 = Nein 3 = Weiß nicht -9 = nicht beantwortet	Were any of your grandparents born in another country than Germany and moved to Germany after 1950?	1 = Yes 2 = No 3 = I don't know -9 = not answered	B1	
	Time of moving to Germany	Sie haben angegeben, dass Sie nicht in Deutschland geboren sind. Wann sind Sie nach Deutschland gezogen?		You stated that you were not born in Germany. When did you move to Germany?		B1	only assessed if participants indicated that they were not born in Germany (SD10 = 2)
SD11	Month of moving to Germany	Bitte wählen Sie den Monat aus	1 = Januar 2 = Februar 3 = März 4 = April 5 = Mai 6 = Juni 7 = Juli 8 = August 9 = September 10 = Oktober 11 = November 12 = Dezember -9 = nicht beantwortet	Please select a month	1 = January 2 = February 3 = March 4 = April 5 = May 6 = June 7 = July 8 = August 9 = September 10 = October 11 = November 12 = December -9 = not answered	B1	only assessed if participants indicated that they were not born in Germany (SD10 = 2)
SD12_01	Year of moving to Germany	Bitte geben Sie das Jahr über die Tastatur ein	Offene Texteingabe	Please enter the year	Open response	B1	only assessed if participants indicated that they were not born in Germany (SD10 = 2)
SD14	Age of starting to learn German	Sie haben angegeben, dass Deutsch nicht Ihre Muttersprache ist. In welchem Alter haben Sie angefangen, Deutsch zu lernen?	1 = 0-2 Jahre 2 = 3-5 Jahre 3 = 6-9 Jahre 4 = 10-15 Jahre	You stated that German was not your mother tongue. How old were you when you started to learn German?	1 = 0-2 years old 2 = 3-5 years old 3 = 6-9 years old 4 = 10-15 years old	B1	only assessed if participants indicated that their native language was not German (SD10 = 2)

			5 = älter als 15 Jahre -9 = nicht beantwortet		5 = Older than 15 years old -9 = not answered		
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University entrance qualification

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD21	University entrance qualification	Auf welche Weise haben Sie die Studienberechtigung erworben?	1 = Allgemeine Hochschulreife (Abitur) 2 = Fachhochschulreife 3 = Ausbildung 4 = Andere, und zwar: -9 = nicht beantwortet	How did you obtain your university entrance qualification?	1 = advanced degree, University entrance certificate (German: Abitur) 2 = advanced degree, certificate for entering Universities of Applied Sciences (German: Fachhochschulreife (Abschluss einer Fachoberschule)) 3 = Apprenticeship (German: Ausbildung) 4 = Other, that is: -9 = not answered	B1	
SD21_04	Other university qualification	Andere, und zwar:	Offene Texteingabe	Other university entrance qualification, that is:	Open response	B1	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD35	Year of obtaining university qualification	In welchem Jahr haben Sie Ihre Studienberechtigung erworben?	1 = 2021 2 = 2020 3 = vor 2020, und zwar:....	In what year did you obtain your university entrance qualification?	1 = 2021 2 = 2020 3 = prior to 2020, namely:....	similar: B1 (SD22_01)	
SD35_03	other year of obtaining university qualification	vor 2020, und zwar...	Offene Texteingabe	prior to 2020, namely:....	Open response		
SD23_01	Final grade of university qualification	Bitte geben Sie die Abschlussnote Ihrer Hochschulzugangsberechtigung an.	Offene Texteingabe (Dezimalzahl)	Please state your final mark of your university qualification	Open response (decimal number)	B1	

SD24	Federal state of university qualification	In welchem Bundesland haben Sie Ihre Hochschulzugangsberechtigung erworben?	1 = Baden-Württemberg 2 = Bayern 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hessen 8 = Mecklenburg-Vorpommern 9 = Niedersachsen 10 = Nordrhein-Westfalen 11 = Rheinland-Pfalz 12 = Saarland 13 = Sachsen 14 = Sachsen-Anhalt 15 = Schleswig-Holstein 16 = Thüringen 17 = Keines (HZB nicht in Deutschland erworben) -9 = nicht beantwortet	In which state did you obtain your university qualification?	1 = Baden-Württemberg 2 = Bavaria 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hesse 8 = Mecklenburg-Western Pomerania 9= Lower Saxony 10= Northrhine-Westphalia 11= Rhineland Palatinate 12= Saarland 13= Saxony 14= Saxony-Anhalt 15= Schleswig-Holstein 16= Thuringia 17 = None (University entrance qualification not obtained in Germany) -9 = not answered	B1	

Study situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
uni_id	University summer semester 2021	An welcher Hochschule studieren Sie im Wintersemester 2021/22?	Ganze Zahl, kodiert die Hochschule	At which university will you be studying in winter semester 2021/22?	integer coding university	B1, B3.1, B5,	At B1: question referred to the summer semester 2021 At B3.1: question referred to the winter semester 2021 / 2022 At B5: question referred to the summer semester 2022
ST02	Federal state of university	In welchem Bundesland liegt Ihre Hochschule?	1 = Baden-Württemberg 2 = Bayern 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hessen 8 = Mecklenburg-Vorpommern 9 = Niedersachsen 10 = Nordrhein-Westfalen 11 = Rheinland-Pfalz 12 = Saarland 13 = Sachsen 14 = Sachsen-Anhalt 15 = Schleswig-Holstein 16 = Thüringen 17 = meine Hochschule liegt nicht in Deutschland -9 = nicht beantwortet	In which state is your university located?	1 = Baden-Württemberg 2 = Bavaria 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hesse 8 = Mecklenburg-Western Pomerania 9= Lower Saxony 10= Northrhine-Westphalia 11= Rhineland Palatinate 12= Saarland 13= Saxony 14= Saxony-Anhalt 15= Schleswig-Holstein 16= Thuringia 17 = my university is not located in Germany -9 = not answered	B1, B3.1, B5	Note that option 17 was not presented in B1
ST03_01	Major/s	Für welches Fach bzw. welche Fächer sind Sie eingeschrieben (z. B. Volkswirtschaftslehre, Bioinformatik, Meteorologie, Sozialwesen, Archäologie)?	Offene Texteingabe	Which major(s) are you enrolled in?	Open response	B1 & B3.2 (ST03_01), B5 (SS05_01)	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST04	Graduation	Zu welchem Abschluss führt Ihr derzeitiges Studium?	1 = Bachelor 2 = Staatsexamen 3 = künstlerischer Abschluss 4 = kirchlicher Abschluss 5 = Master 6 = Diplom, Magister 7 = Sonstiger Abschluss, und zwar: -9 = nicht beantwortet	To which degree is your current course leading?	1 = Bachelor 2 = State examination 3 = Artistic degree 4 = Ecclesiastical degree 5 = Master 6 = Diploma, Magister 7 = Other degree, which is... -9 = not answered	B1 & B3.2 (ST04), B5 (SS06)	
ST04_07	Other graduation	Sonstiger Abschluss, und zwar:	Offene Texteingabe	Other degree	Open response	B1 & B3.2 (ST04_07), B5 (SS06_07)	This variable has been removed from the publicly

							available dataset to ascertain anonymity of participants
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Study motivation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Menschen unterscheiden sich darin, aus welchen Gründen sie sich für die eine oder andere Richtung in Ihrem Leben entscheiden. Wir möchten von Ihnen erfahren, aus welchen Gründen Sie sich für das Studium entschieden haben, dem Sie im kommenden Wintersemester nachgehen. Bitte beurteilen Sie bei den folgenden Aussagen, wie sehr diese die Gründe beschreiben, aus denen Sie sich für Ihr Studium entschieden haben. Ich habe mich für dieses Studium entschieden, ...		People differ in the reasons why they choose one or another direction in their lives. We would like to know why you chose the study program you are pursuing in the upcoming winter semester. For the following statements, please indicate how much they describe the reasons you chose to pursue your study program. I chose my current study program...			
SM10_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern oder Freunde) das von mir erwarten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...because other people who are important to me (e.g. parents or friends) expect me to do that.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_01), similar: B2 & B4 (SM02_01), B3.1 (SM12_01), B5 (SM21_01)	
SM10_04	Introjection item 1	...weil ich mich schlecht fühlen würde, wenn ich mich nicht für dieses Studium entschieden hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would feel bad if I had not chosen this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_04), similar: B2 & B4 (SM02_01), B3.1 (SM12_04), B5 (SM21_04)	
SM10_07	Identified item 1	...weil mir die Inhalte dieses Studiums persönlich wichtig sind.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because the contents of this study program are important to me.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_07), similar: B2 (SM02_07), B3.1 (SM12_07), B5 (SM21_07)	
SM10_10	Intrinsic motivation item 1	...weil mich die Inhalte in diesem Studium sehr interessieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of this study program very interesting	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_10), similar: B2 & B4 (SM02_10), B3.1 (SM12_10), B5 (SM21_10)	
SM10_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht wären, wenn ich mich nicht dafür entschieden hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others would be disappointed in me if I had not chosen it.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_02), similar: B2 & B4 (SM02_02), B3.1 (SM12_02), B5 (SM21_02)	
SM10_05	Introjection item 2	...weil ich sehr stolz auf mich bin, wenn ich in diesem Studium erfolgreich bin	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very proud of myself if I succeed in this study programm.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_05), similar: B2 & B4 (SM02_05), B3.1	

						(SM02_05), B5 (SM21_05)	
SM10_08	Identified item 2	...weil dieses Studium mir dabei hilft, später Dinge erreichen zu können, die mir viel bedeuten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because this study program help me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_08), similar: B2 & B4 (SM02_08), B3.1 (SM12_08), B5 (SM21_08)	
SM10_11	Intrinsic motivation item 2	...weil mir die Inhalte des Studiums Spaß bereiten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I enjoy the contents of this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_11), similar: B2 & B4 (SM02_11), B3.1 (SM02_11), B5 (SM21_11)	
SM10_03	Extrinsic motivation item 3	...weil ich später einen angesehenen oder gut bezahlten Beruf ausüben möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would like to pursue a respected or well-paid job later on.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_03)	
SM10_06	Introjection item 3	...weil ich anderen beweisen möchte, dass ich dieses Studium abschließen kann.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to prove to others that I can complete this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_06), similar: B2 & B4 (SM02_06), B3.1 (SM12_06), B5 (SM21_06)	
SM10_09	Identified item 3	...weil ich die Inhalte dieses Studiums verstehen möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to understand the contents of this study program.	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_09), similar: B2 & B4 (SM02_09) B3.1 (SM12_09), B5 (SM21_09)	
SM10_12	Intrinsic motivation item 3	...weil ich die Inhalte des Studiums spannend finde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of this study program exciting	1= completely disagree 7= completely agree -9 = not answered	exact: B1 (SM01_12), similar: B2 & B4 (SM02_12), B3.1 (SM12_12), B5 (SM21_12)	

Ideal (study) situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST08	Desired major	Sind Sie für Ihr gewünschtes Fach bzw. Ihre gewünschten Fächer eingeschrieben?	1 = ja 2 = nein, ich hätte lieber ... studiert -9 = nicht beantwortet	Are you enrolled in the major you wanted to enrol in?	1 = Yes 2 = No, I would have rather enrolled in ... -9 = not answered	B1	
ST08_02	Desired major	Nein, ich hätte lieber... studiert	Offene Texteingabe	No, would have rather enrolled in ...	Open response	B1	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST09	Other life path	Hätten Sie statt eines Studiums lieber etwas anderes begonnen? Wenn ja: was?	1 = ja, und zwar: 2 = nein -9 = nicht beantwortet	Instead of studying at a University, would you rather have done something else?	1 = Yes, that is... 2 = No -9 = not answered	B1	
ST09_01	Other life path	Ja, und zwar...	Offene Texteingabe	Yes, that is...	Open response	B1	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
ST10	Desired university	Konnten Sie das Studium an der Hochschule beginnen, an der Sie ursprünglich studieren wollten?	1 = ja 2 = nein -9 = nicht beantwortet	Were you able to enroll at the University you wanted to enroll in)	1 = Yes 2 = No -9 = not answered	B1	
ST19	Friends who study	Wie viele Ihrer Freunde und Freundinnen studieren oder haben studiert?	1 = Niemand 2 = Fast niemand 3 = Weniger als die Hälfte 4 = Ungefähr die Hälfte 5 = Mehr als die Hälfte 6 = Fast alle 7 = Alle -9 = nicht beantwortet	How many of your friends are studying or have studied?	1 = nobody 2 = Almost nobody 3 = less than half 4 = About half 5 = More than half 6 = almost all 7 = all -9 = not answered	B1	

Financial situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD25		Im Folgenden möchten wir Ihnen einige Fragen dazu stellen, wie Sie Ihr Studium finanzieren. Aus welchen Quellen finanziieren Sie Ihren Lebensunterhalt im aktuellen Semester? Sie können mehrere Antworten auswählen	Anzahl ausgewählter Optionen (ganze Zahl)	In the following we would like to ask you a few questions about how you finance your studies. From which sources do you finance your living in the current semester? You can choose multiple answers	Total number of selected options (integer)	B1, B2, B3.1, B4, B5	
SD25_01	Financial support by parents, partner, relatives	Zuwendungen von Eltern, Partner bzw. Partnerin oder Verwandten	1 = nicht gewählt 2 = ausgewählt	Financial support by parents, partner or relatives	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_02	Government sponsored financial support (BAFöG)	Ausbildungsförderung nach BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support (BAFöG)	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_03	Bank loan	Bankenkredit zur Studienfinanzierung	1 = nicht gewählt 2 = ausgewählt	Bank loan	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_04	Own income	eigener Verdienst aus Erwerbstätigkeit	1 = nicht gewählt 2 = ausgewählt	Own income	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_05	Income a spart of my studies	Ausbildungsvergütung, z. B. aus einem dualen Studium	1 = nicht gewählt 2 = ausgewählt	apprenticeship pay e.g. from an integrated degree program	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_06	Own savings	eigene Mittel, die vor dem Studium erworben bzw. angespart wurden	1 = nicht gewählt 2 = ausgewählt	Own savings, earned or saved before studying	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_07	Scholarship other than BAFöG	Stipendium, außer BAFöG	1 = nicht gewählt 2 = ausgewählt	Scholarship other than BAFöG	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_08	Government sponsored financial	staatliche Leistungen, z. B. Kindergeld, Wohngeld, Waisengeld oder Waisenrente, aber nicht BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support other than BAFöG (e.g. Child	1= not selected 2= selected	B1, B2, B3.1, B4, B5	

	support other than BAFöG			benefit, housing benefit, orphan's benefit or orphan's pension)			
SD25_09	Other sources	andere Finanzquelle, und zwar	1 = nicht gewählt 2 = ausgewählt	Other financial sources	1= not selected 2= selected	B1, B2, B3.1, B4, B5	
SD25_09a	Tesx other sources	andere Finanzquelle, und zwar	Offene Texteingabe	Other financial sources	Open response	B1, B2, B3.1, B4, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD32_01	Total money available per month	Wie viel Geld steht Ihnen aktuell durchschnittlich im Monat zur Verfügung? Denken Sie bitte dabei an alle zuvor genannten Finanzquellen. Bitte berücksichtigen Sie dabei auch Beträge, die andere Personen für Sie direkt an Dritte zahlen, z. B. Überweisung der Miete an Ihren Vermieter.	Mir stehen durchschnittlich pro Monat ... € zur Verfügung. Offene Eingabe (Ganze Zahl)	How much money do you currently have on average per month? Please keep in mind all of the previously mentioned sources of finance. Please also keep in mind amounts that other people pay directly to third parties on your behalf, e.g. Transfer of the rent to your landlord	I have an average of ... € available per month. Open response (whole number)	B1, B2, B3.1, B4, B5	
SD28	Get by with total funds	Wie kommen Sie mit dem Geld aus, das Sie durchschnittlich im Monat zur Verfügung haben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How do you get along with the money that you have on average every month?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B1, B2, B3.1, B4, B5	

Employment

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD29	Employment in addition to studies	Sind Sie neben dem Studium auch erwerbstätig?	1 = Nein 2 = Ja, im Umfang von unter 5 Stunden pro Woche 3 = Ja, im Umfang von 5-10 Stunden pro Woche 4 = Ja, im Umfang von 10-15 Stunden pro Woche 5 = Ja, im Umfang von 15-20 Stunden pro Woche 6 = Ja, im Umfang von 20 Stunden oder mehr pro Woche	Do you also work beside your studies?	1 = No 2 = Yes, less than 5 hours per week 3 = Yes, for 5-10 hours per week 4 = Yes, for 10-15 hours per week 5 = Yes, for 15-20 hours per week 6 = Yes, for 20 hours or more per week	B1, B2, B3.1, B4, B5	

Situation before winter semester 2021/22

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST82	Occupation in the past year	Was haben Sie im letzten Jahr (Zeitraum September 2020 bis August 2021) gemacht?	Anzahl ausgewählter Optionen (ganze Zahl)	What have you done in the last year (period September 2020 to August 2021)?	total number of selected options (integer)		only presented if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_01		Freiwilliges soziales Jahr	1 = nicht gewählt 2 = ausgewählt	Volunteer social year	1= not selected 2= selected	B1 (ST32_01)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_02		Work & Travel	1 = nicht gewählt 2 = ausgewählt	work & travel	1= not selected 2= selected	B1 (ST32_02)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_03		Au Pair	1 = nicht gewählt 2 = ausgewählt	Au Pair	1= not selected 2= selected	B1 (ST32_03)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_04		Ich war anderweitig erwerbstätig	1 = nicht gewählt 2 = ausgewählt	I was otherwise employed	1= not selected 2= selected	B1 (ST32_04)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_05		Ich bin gereist	1 = nicht gewählt 2 = ausgewählt	I have travelled	1= not selected 2= selected	B1 (ST32_05)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_06		Ich habe eine Ausbildung begonnen	1 = nicht gewählt 2 = ausgewählt	I started a vocational training	1= not selected 2= selected	B1 (ST32_06)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_07		Ich habe mich beruflich orientiert	1 = nicht gewählt 2 = ausgewählt	I focused on my professional orientation	1= not selected 2= selected	B1 (ST32_07)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_08		Anderes, und zwar	1 = nicht gewählt 2 = ausgewählt	other, namely: ...	1= not selected 2= selected	B1 (ST32_08)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3)
ST82_08a		Anderes, und zwar (offene Eingabe)	Offene Texteingabe	other, namely ...	open response	B1 (ST32_08a)	only assessed if participants indicated that they had obtained their university entrance qualification prior to 2021 (SD35 = 2 OR SD35 = 3) This variable has been removed from the publicly available dataset to ascertain anonymity of participants

Introductory events at university during the Corona pandemic

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST79	introductory events winter semester 2021 /22	Bietet Ihre Hochschule in diesem Wintersemester Einführungsveranstaltungen oder andere Angebote für Studienanfängerinnen und Studienanfänger an?	1 = Ich weiß nicht. 2 = Nein 3 = Ja, diese finden ausschließlich vor Ort statt. 4 = Ja, diese finden ausschließlich virtuell statt. 5 = Ja, diese finden teilweise vor Ort und teilweise virtuell statt.	Is your university offering introductory sessions or other offerings for first-year students this winter semester?	1 = I do not know 2 = No 3 = Yes, they take place exclusively on site. 4 = Yes, they take place exclusively virtually. 5 = Yes, they take place partly on site and partly virtually.	similar: B1 (ST13)	
ST14	Type of introductory events	Welche dieser Einführungsveranstaltungen bietet Ihre Hochschule an?	Anzahl ausgewählte Optionen (ganze Zahl)	Which of these introductory events does your university offer?	total number of selected responses (integer)	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5)
ST14_01	events to get to know each other	Erstsemesterveranstaltungen/-kurse/-foren zum Kennenlernen von Kommiliton*innen	1 = nicht gewählt 2 = ausgewählt	First semester events/courses/forums to get to know fellow students	1= not selected 2= selected	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5)
ST14_02	events for organizational matters	Veranstaltungen/Kurse zur Studienorganisation	1 = nicht gewählt 2 = ausgewählt	Events/courses on the organization of studies	1= not selected 2= selected	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5)
ST14_03	events to get to know central facilities	Einführungsveranstaltungen/-kurse zur Nutzung zentraler Einrichtungen (z.B. Bibliothek, Rechenzentrum, Lern- und Kommunikationsplattformen)	1 = nicht gewählt 2 = ausgewählt	Introductory events/courses on the use of central facilities (e.g. library, computer center, learning and communication platforms)	1= not selected 2= selected	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5)
ST14_04	bridging courses	'Brückenkurse' (zur Vorbereitung auf das Studium)	1 = nicht gewählt 2 = ausgewählt	'Bridging courses' (in preparation for university studies)	1= not selected 2= selected	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5)

ST14_05	events for scientific work	Einführungsveranstaltungen/-kurse zum wissenschaftlichen Arbeiten	1 = nicht gewählt 2 = ausgewählt	introductory events/courses on scientific work	1= not selected 2= selected	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5)
ST14_06	other	Andere, und zwar	1 = nicht gewählt 2 = ausgewählt	other, namely: ...	1= not selected 2= selected	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5)
ST14_06a		Andere, und zwar (offene Eingabe)	Offene Texteingabe	other, namely: ...	open response	B1	only assessed if participants indicated that their university offered introductory events (ST79 = 3 OR ST79 = 4 OR ST79 = 5) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Set-up of classes at university (upcoming winter semester)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	set-up of courses of the upcoming semester (winter semester 2021/22)	Wie sind Ihre Lehrveranstaltungen zu Beginn des Wintersemesters 2021/22 geplant? Mehrfachantworten sind möglich (z.B. Teil der Vorlesungen in Präsenz und Teil der Vorlesungen hybrid). Hybride Lehrveranstaltungen beschreiben solche, die in Präsenz stattfinden, aber auch online übertragen und / oder aufgezeichnet werden		How are your lectures planned at the beginning of the winter semester 2021/22? Multiple answers are possible (e.g. part of the lectures in presence and part of the lectures hybrid). Hybrid courses describe those that take place in presence, but are also transmitted online and / or recorded.		B3.1	
ST80	lectures	Vorlesungen:	Anzahl ausgewählte Optionen (ganze Zahl)	lectures	total number of selected responses (integer)	exact: B1 (ST21), B3.1	
ST80_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person sessions	1= not selected 2= selected	exact: B1 (ST21_01), B3.1	
ST80_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	exact: B1 (ST21_02), B3.1	
ST80_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	exact: B1 (ST21_03), B3.1	
ST80_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	exact: B1 (ST21_04), B3.1	
ST80_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	exact: B1 (ST21_05), B3.1	
ST22	seminars	Seminare:	Anzahl ausgewählte Optionen (ganze Zahl)	seminars:	total number of selected responses (integer)	B1, B3.1	
ST22_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person sessions	1= not selected 2= selected	B1, B3.1	
ST22_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.1	

ST22_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.1	
ST22_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.1	
ST22_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.1	
ST23	labs	Übungen:	Anzahl ausgewählte Optionen (ganze Zahl)	labs:	total number of selected responses (integer)	B1, B3.1	
ST23_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B1, B3.1	
ST23_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.1	
ST23_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.1	
ST23_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.1	
ST23_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.1	
ST24	tutorials	Tutorien:	Anzahl ausgewählte Optionen (ganze Zahl)	tutorials:	total number of selected responses (integer)	B1, B3.1	
ST24_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B1, B3.1	
ST24_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.1	
ST24_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.1	
ST24_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.1	
ST24_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.1	
ST25_01	other	Sonstiges, und zwar	Offene Texteingabe	other, namely: ...	open response	B1, B3.1	This variable has been removed from

							the publicly available dataset to ascertain anonymity of participants.
ST26			Anzahl ausgewählte Optionen (ganze Zahl)		total number of selected responses (integer)	B1, B3.1	
ST26_01		als Präsenzveranstaltung	1 = nicht gewählt 2 = ausgewählt	in-person session	1= not selected 2= selected	B1, B3.1	
ST26_02		als virtuelle Veranstaltung	1 = nicht gewählt 2 = ausgewählt	virtual	1= not selected 2= selected	B1, B3.1	
ST26_03		als hybride Veranstaltungen	1 = nicht gewählt 2 = ausgewählt	hybrid	1= not selected 2= selected	B1, B3.1	
ST26_04		mir nicht bekannt	1 = nicht gewählt 2 = ausgewählt	unknown to me	1= not selected 2= selected	B1, B3.1	
ST26_05		trifft nicht zu	1 = nicht gewählt 2 = ausgewählt	does not apply	1= not selected 2= selected	B1, B3.1	

Study conditions at home

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Bitte beantworten Sie folgenden Fragen dazu, wie Sie Ihre Möglichkeiten zur Umsetzung von Online-Lehre einschätzen.		While the universities are or were closed due to the Corona crisis, your course of study should continue at home with the support of the lecturers.	Please answer the following questions about how you assess your possibilities to implement online teaching.	B3.1	
ST83_01	technical equipment	Wie schätzen Sie die technische Ausstattung bei Ihnen zuhause, z.B. mit WLAN, Druckern, Scannern, Tablets oder Laptops, für die Teilnahme an virtuellen Lehrveranstaltungen aktuell ein?	1 = reicht überhaupt nicht aus 2 = reicht eher nicht aus 3 = reicht eher aus 4 = reicht voll und ganz aus -9 = nicht beantwortet	How do you currently assess the technical equipment at your home, e.g. with Wi-Fi, printers, scanners, tablets or laptops, for participation in virtual courses?	1 = not sufficient at all 2 = rather not sufficient 3 = rather sufficient 4 = fully sufficient -9 = not answered	exact: B1 (ST20_01), B3.1	
ST83_02	study conditions at home	Wie schätzen Sie die wohnliche Situation bei Ihnen zuhause, z.B. ein ruhiger Platz, für das Lernen zuhause aktuell ein?	1 = reicht überhaupt nicht aus 2 = reicht eher nicht aus 3 = reicht eher aus 4 = reicht voll und ganz aus -9 = nicht beantwortet	How do you currently assess your home situation, e.g. a quiet place, for studying at home?	1 = not sufficient at all 2 = rather not sufficient 3 = rather sufficient 4 = fully sufficient -9 = not answered	exact: B1 (ST20_02), B3.1	

Opinion on future and current online teaching

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST31_01	Ich würde mir wünschen, dass auch nach der Pandemie die Mehrzahl der Lehrveranstaltungen weiterhin online durchgeführt wird.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would like to see the majority of courses continue to be taught online even after the pandemic.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4	
ST31_02	Ich bin der Meinung, alle Lehrveranstaltungen sollten aktuell in Präsenz durchgeführt werden	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I believe all courses should be currently conducted in person	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4	

Parents

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Auf den nächsten Seiten möchten wir etwas mehr zu Ihren Eltern erfahren. Die folgenden Fragen beziehen sich auf Ihre Mutter und Ihren Vater. Bitte denken Sie bei der Beantwortung der Fragen an die Person, die in den letzten Jahren für Sie die Mutterrolle bzw. die Vaterrolle übernommen hat. Wenn Sie mit einem oder zwei leiblichen Elternteilen zusammenwohnen, denken Sie bitte an diese Person(en). Diese Rolle könnten für Sie aber auch Stief- oder Pflege-Eltern übernommen haben.		On the next few pages, we would like to learn a little more about your parents. The following questions refer to your mother and father. When answering the questions, please think of the person who has taken on the role of mother or father for you in recent years. If you live with one or two birth parents, please think of that person(s). However, step-parents or foster parents could also have taken on this role for you.		B1	
PA03	Wer hat in Ihrem Leben in den letzten Jahren die Mutterrolle eingenommen?	1 = leibliche Mutter 2 = Stiefmutter 3 = Pflegemutter 4 = niemand 5 = eine andere Person, und zwar: ... -9 = nicht beantwortet	Who has taken on the mother role in your life in recent years?	1 = birth mother 2 = step mother 3 = foster mother 4 = nobody 5 = a different person, namely: ... -9 = not answered	B1	
PA03_05	eine andere Person, und zwar	Offene Texteingabe	a different person, namely: ...	open response	B1	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
PA04	Wer hat in Ihrem Leben in den letzten Jahren die Vaterrolle eingenommen?	1 = leiblicher Vater 2 = Stiefvater 3 = Pflegevater 4 = niemand 5 = eine andere Person, und zwar: ... -9 = nicht beantwortet	Who has taken on the father role in your life in recent years?	1 = birth father 2 = step father 3 = foster father 4 = nobody 5 = a different person, namely: ... -9 = not answered	B1	
PA04_05	eine andere Person, und zwar	Offene Texteingabe	a different person, namely: ...	open response	B1	This variable has been removed from the publicly

					available dataset to ascertain anonymity of participants.	
	Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Wie oft haben Sie ungefähr aktuell Kontakt zu Ihren Eltern? Hiermit ist sowohl Zeit gemeint, die Sie in Person mit Ihren Eltern verbringen, als auch Zeit, die Sie anderweitig mit Ihren Eltern kommunizieren, also z.B. per Telefon, WhatsApp etc.		For the following questions, please think about the people who have taken on the mother or father role in your life in recent years. Approximately how often do you currently have contact with your parents? This means both time that you spend in person with your parents and time that you otherwise communicate with your parents, e.g. by phone, WhatsApp, etc.	B1		
PA05	Wie oft haben Sie ungefähr aktuell Kontakt zu Ihrer Mutter?	1 = täglich 2 = jeden zweiten Tag 3 = 2x die Woche 4 = wöchentlich 5 = alle 2-3 Wochen 6 = 1x im Monat oder seltener 7 = gar nicht -9 = nicht beantwortet	Approximately how often do you currently have contact with your mother?	1 = daily 2 = every other day 3 = 2x the week 4 = weekly 5 = every 2-3 weeks 6 = 1x a month or less often 7 = not at all -9 = not answered	B1	
PA06	Wie oft haben Sie ungefähr aktuell Kontakt zu Ihrem Vater?	1 = täglich 2 = jeden zweiten Tag 3 = 2x die Woche 4 = wöchentlich 5 = alle 2-3 Wochen 6 = 1x im Monat oder seltener 7 = gar nicht -9 = nicht beantwortet	Approximately how often do you currently have contact with your father?	1 = daily 2 = every other day 3 = 2x the week 4 = weekly 5 = every 2-3 weeks 6 = 1x a month or less often 7 = not at all -9 = not answered	B1	
SD15	Welchen höchsten Bildungsabschluss hat Ihre Mutter?	1 = Schule beendet ohne Abschluss 2 = Hauptschulabschluss / Volksschulabschluss 3 = Realschulabschluss (Mittlere Reife) 4 = Abschluss Polytechnische Oberschule 10. Klasse (vor 1965: 8. Klasse) 5 = Fachhochschulreife (Abschluss einer Fachoberschule) 6 = Abitur, allgemeine oder fachgebundene Hochschulreife 7 = Hochschulabschluss 8 = Promotion -9 = nicht beantwortet	What is your mother's highest level of education?	1= no degree 2 = lower secondary school (German: Hauptschulabschluss / Volksschulabschluss) 3 = intermediate secondary school (German Realschulabschluss (Mittlere Reife)) 4= degree comprehensive school in the former German Democratic Republic (German: Abschluss Polytechnische Oberschule 10. Klasse (vor 1965: 8. Klasse)) 5 = advanced degree, certificate for entering Universities of Applied	B1	

				Sciences (German: Fachhochschulreife (Abschluss einer Fachoberschule)) 6 = advanced degree, general university entrance certificate (German: Abitur) 7 = university degree 8 = PhD -9 = not answered		
SD16	Welche Sprache hat Ihre Mutter als Kind in ihrer Familie gelernt?	1 = Deutsch 2 = Deutsch und eine andere Sprache 3 = Eine andere Sprache außer Deutsch -9 = nicht beantwortet	What language did your mother learn as a child in her family?	1 = German 2 = German and another language 3 = a language other than German -9 = not answered	B1	
SD17	Welchen höchsten Bildungsabschluss hat Ihr Vater?	1 = Schule beendet ohne Abschluss 2 = Hauptschulabschluss / Volksschulabschluss 3 = Realschulabschluss (Mittlere Reife) 4 = Abschluss Polytechnische Oberschule 10. Klasse (vor 1965: 8. Klasse) 5 = Fachhochschulreife (Abschluss einer Fachoberschule) 6 = Abitur, allgemeine oder fachgebundene Hochschulreife 7 = Hochschulabschluss 8 = Promotion -9 = nicht beantwortet	What is your father's highest level of education?	1= no degree 2 = lower secondary school (German: Hauptschulabschluss / Volksschulabschluss) 3 = intermediate secondary school (German Realschulabschluss (Mittlere Reife)) 4= degree comprehensive school in the former German Democratic Republic (German: Abschluss Polytechnische Oberschule 10. Klasse (vor 1965: 8. Klasse)) 5 = advanced degree, certificate for entering Universities of Applied Sciences (German: Fachhochschulreife (Abschluss einer Fachoberschule)) 6 = advanced degree, general university entrance certificate (German: Abitur) 7 = university degree 8 = PhD -9 = not answered	B1	
SD18	Welche Sprache hat Ihr Vater als Kind in seiner Familie gelernt?	1 = Deutsch 2 = Deutsch und eine andere Sprache 3 = Eine andere Sprache außer Deutsch -9 = nicht beantwortet	What language did your father learn as a child in his family?	1 = German 2 = German and another language 3 = a language other than German -9 = not answered	B1	

Perceived Parenting

Note: in B3.2, items for autonomy support and control were the same as in B1, however, they were presented in one of two conditions:

1. Condition “old presentation”: This presentation form corresponded to the presentation that was used in B1, i.e., on one page items for maternal autonomy support and control were presented in mixed order followed by items assessing paternal autonomy-support and control (also in mixed order).
2. Condition “new presentation”: In this presentation form, items assessing maternal and paternal autonomy support and control were presented across two pages, i.e., on the first page, items assessing maternal autonomy support were presented followed by items for paternal autonomy-support. The next page contained items assessing maternal and paternal control.

Conditions are coded in the variable RP01.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
RP01_01	order of item presentation		1 = alte Darstellung 2 = neue Darstellung		1 = old presentation 2 = new presentation		
		Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Im Folgenden finden Sie einige Aussagen zu Ihren Eltern. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter bzw. in Bezug auf Ihren Vater zustimmen. Geben Sie bitte an, wie sehr Sie diesen Aussagen im Allgemeinen zustimmen. Die folgenden Aussagen beziehen sich jetzt auf Ihre Mutter. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter zustimmen.		For the following questions, please think about the people who have taken on the role of mother or father in your life over the past few years. Below are some statements about your parents. For each statement, please indicate how much you agree with it regarding your mother or regarding your father. Please indicate how much you agree with these statements in general. The following statements are about your mother. For each statement, please indicate how much you agree with it in relation to your mother.		B1	
PA10_01	Autonomy support mother item 1	Meine Mutter kann sich in mich hineinversetzen und weiß, was ich von verschiedenen Dingen halte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother seems to know how I feel about things.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_11	Control mother item 1	Meine Mutter wechselt immer das Thema, wenn ich etwas zu erzählen habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother changes the subject whenever I have something to say.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_02	Autonomy support mother item 2	Meine Mutter lässt mir die Wahl, was ich tun möchte, wann immer das möglich ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother, whenever possible, allows me to choose what to do.	1= completely disagree 7= completely agree -9 = not answered	B1	

PA10_12	Control mother item 2	Meine Mutter unterbricht mich oft.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother often interrupts me.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_03	Autonomy support mother item 3	Meine Mutter hört sich meine Meinung an, wenn ich ein Problem habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother listens to my opinion or perspective when I've got a problem.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_13	Control mother item 3	Meine Mutter ist weniger freundlich zu mir, wenn ich die Dinge nicht so sehe wie sie.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother is less friendly with me if I do not see things her way.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_04	Autonomy support mother item 4	Meine Mutter lässt mich Dinge für mich selbst entscheiden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother allows me to decide things for myself.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_14	Control mother item 4	Meine Mutter vermeidet es mich anzuschauen, wenn ich sie enttäuscht habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother will avoid looking at me when I have disappointed her.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_05	Autonomy support mother item 5	Meine Mutter ist normalerweise bereit, Dinge aus meiner Sicht zu betrachten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother is usually willing to consider things from my point of view.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_15	Control mother item 5	Wenn ich ihre Gefühle verletzt habe, spricht meine Mutter so lange nicht mehr mit mir, bis ich sie wieder zufrieden gestellt habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	If I have hurt her feelings, my mother stops talking to me until I please her again.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_06	Autonomy support mother item 6	Meine Mutter hilft mir dabei, meinen eigenen Weg zu finden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother helps me to choose my own direction.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_16	Control mother item 6	Meine Mutter versucht ständig zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother is always trying to change how I feel or think about things.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_17	Control mother item 7	Meine Mutter gibt mir die Schuld für die Probleme anderer Familienmitglieder.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother blames me for other family members' problems.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA10_18	Control mother item 8	Meine Mutter bringt meine Fehler aus der Vergangenheit zur Sprache, wenn sie mich kritisiert.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother brings up my past mistakes when she criticizes me.	1= completely disagree 7= completely agree -9 = not answered	B1	
		Achtung: Die folgenden Aussagen beziehen sich jetzt auf Ihren Vater. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihren Vater zustimmen.		Attention: The following statements now refer to your father. For each statement, please indicate how much you agree with it in relation to your father.		B1	
PA11_01	Autonomy support father item 1	Mein Vater kann sich in mich hineinversetzen und weiß, was ich von verschiedenen Dingen halte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father seems to know how I feel about things.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_11	Control father item 1	Mein Vater wechselt immer das Thema, wenn ich etwas zu erzählen habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father changes the subject whenever I have something to say.	1= completely disagree 7= completely agree -9 = not answered	B1	

PA11_02	Autonomy support father item 2	Mein Vater lässt mir die Wahl, was ich tun möchte, wann immer das möglich ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father, whenever possible, allows me to choose what to do.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_12	Control father item 2	Mein Vater unterbricht mich oft.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father often interrupts me.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_03	Autonomy support father item 3	Mein Vater hört sich meine Meinung an, wenn ich ein Problem habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father listens to my opinion or perspective when I've got a problem.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_13	Control father item 3	Mein Vater ist weniger freundlich zu mir, wenn ich die Dinge nicht so sehe wie er.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father is less friendly with me if I do not see things his way.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_04	Autonomy support father item 4	Mein Vater lässt mich Dinge für mich selbst entscheiden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father allows me to decide things for myself.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_14	Control father item 4	Mein Vater vermeidet es mich anzuschauen, wenn ich ihn enttäuscht habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father will avoid looking at me when I have disappointed him.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_05	Autonomy support father item 5	Mein Vater ist normalerweise bereit, Dinge aus meiner Sicht zu betrachten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father is usually willing to consider things from my point of view.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_15	Control father item 5	Wenn ich seine Gefühle verletzt habe, spricht mein Vater so lange nicht mehr mit mir, bis ich ihn wieder zufrieden gestellt habe.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	If I have hurt his feelings, my father stops talking to me until I please him again.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_06	Autonomy support father item 6	Mein Vater hilft mir dabei, meinen eigenen Weg zu finden.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father helps me to choose my own direction.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_16	Control father item 6	Mein Vater versucht ständig zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father is always trying to change how I feel or think about things.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_17	Control father item 7	Mein Vater gibt mir die Schuld für die Probleme anderer Familienmitglieder.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father blames me for other family members' problems.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA11_18	Control father item 8	Mein Vater bringt meine Fehler aus der Vergangenheit zur Sprache, wenn er mich kritisiert.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My father brings up my past mistakes when he criticizes me.	1= completely disagree 7= completely agree -9 = not answered	B1	
		Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Die folgenden Aussagen beziehen sich auf Ihre Mutter. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter zustimmen.		For the following questions, please think about the people who have taken on the role of mother or father in your life over the past few years. The following statements are about your mother. For each statement, please indicate how much you agree with it in relation to your mother.		B1	

PA14_36	Anxious rearing mother item 1	Meine Mutter warnt mich ständig vor schlimmen Dingen, die mir zustoßen könnten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother constantly warns me about bad things that could happen to me.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_41	Premature problem solving mother item 1	Meine Mutter versucht, alle meine Probleme für mich zu lösen, ohne dass ich irgend etwas dafür tun muss.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother tries to solve all of my problems for me without me having to do anything.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_37	Anxious rearing mother item 2	Meine Mutter fürchtet sich vor Dingen, die passieren könnten, wenn sie nicht in der Nähe ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother fears for things that might happen when she is not nearby.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_42	Premature problem solving mother item 2	Meine Mutter nimmt mir oft Aufgaben aus der Hand, ohne mir die Möglichkeit zu geben, mich zuerst selbst daran zu versuchen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother often takes tasks out of my hands without giving me the chance to try them myself first.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_38	Anxious rearing mother item 3	Meine Mutter sieht immer gleich Gefahren, wenn ich mal etwas Neues machen will	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother immediately sees danger whenever I want to do something new.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_43	Premature problem solving mother item 3	Meine Mutter mischt sich oft in Dinge ein, die ich eigentlich auch selbst schaffen könnte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother often involves herself in things that I could actually solve myself.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_39	Anxious rearing mother item 4	Meine Mutter weist bei allem, was ich tue, auf mögliche Risiken hin.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother points out the potential risks in everything I do.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_44	Premature problem solving mother item 4	Meine Mutter mischt sich in meine Streitigkeiten mit anderen ein (z.B. Geschwister, Freunde, Lehrer).	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother involves herself in my arguments with others (e.g., brother / sister, peers, teachers).	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_40	Anxious rearing mother item 5	Meine Mutter sagt, dass ich ohne sie wahrscheinlich in Schwierigkeiten geraten würde.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother says that without her I would probably end up in trouble.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA14_45	Premature problem solving mother item 5	Meine Mutter regelt viele Dinge in meinem Leben, ohne mich zuerst nach meiner Meinung zu fragen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	My mother arranges a lot of things in my life without asking my opinion first.	1= completely disagree 7= completely agree -9 = not answered	B1	
		Achtung: Die folgenden Aussagen beziehen sich jetzt auf Ihren Vater. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihren Vater zustimmen.		Attention: The following statements now refer to your father. For each statement, please indicate how much you agree with it in relation to your father.		B1	
PA15_36	Anxious rearing father item 1	Mein Vater warnt mich ständig vor schlimmen Dingen, die mir zustoßen könnten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father constantly warns me about bad things that could happen to me.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_41	Premature problem solving father item 1	Mein Vater versucht, alle meine Probleme für mich zu lösen, ohne dass ich irgend etwas dafür tun muss.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father tries to solve all of my problems for me without me having to do anything.	1= completely disagree 7= completely agree -9 = not answered	B1	

PA15_37	Anxious rearing father item 2	Mein Vater fürchtet sich vor Dingen, die passieren könnten, wenn er nicht in der Nähe ist.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father fears for things that might happen when he is not nearby.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_42	Premature problem solving father item 2	Mein Vater nimmt mir oft Aufgaben aus der Hand, ohne mir die Möglichkeit zu geben, mich zuerst selbst daran zu versuchen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father often takes tasks out of my hands without giving me the chance to try them myself first.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_38	Anxious rearing father item 3	Mein Vater sieht immer gleich Gefahren, wenn ich mal etwas Neues machen will	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father immediately sees danger whenever I want to do something new.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_43	Premature problem solving father item 3	Mein Vater mischt sich oft in Dinge ein, die ich eigentlich auch selbst schaffen könnte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father often involves himself in things that I could actually solve myself.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_39	Anxious rearing father item 4	Mein Vater weist bei allem, was ich tue, auf mögliche Risiken hin.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father points out the potential risks in everything I do.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_44	Premature problem solving father item 4	Mein Vater mischt sich in meine Streitigkeiten mit anderen ein (z.B. Geschwister, Freunde, Lehrer).	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father involves himself in my arguments with others (e.g., brother / sister, peers, teachers).	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_40	Anxious rearing father item 5	Mein Vater sagt, dass ich ohne ihn wahrscheinlich in Schwierigkeiten geraten würde.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father says that without him I would probably end up in trouble.	1= completely disagree 7= completely agree -9 = not answered	B1	
PA15_45	Premature problem solving father item 5	Mein Vater regelt viele Dinge in meinem Leben, ohne mich zuerst nach meiner Meinung zu fragen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	My father arranges a lot of things in my life without asking my opinion first.	1= completely disagree 7= completely agree -9 = not answered	B1	

Domain Satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
	Nun möchten wir Ihnen einige Fragen zu Ihrer gegenwärtigen Zufriedenheit mit unterschiedlichen Aspekten Ihres Lebens stellen. Bitte antworten Sie auf einer Skala von 0 bis 10. „0“ bedeutet, dass Sie ganz und gar unzufrieden sind, „10“ bedeutet, Sie sind ganz und gar zufrieden. Mit den Zahlen dazwischen können Sie Ihr Urteil abstimmen.		We'd like to ask you a few questions about your current level of satisfaction with different aspects of your life. Please answer each question on a scale of 0 to 10. ‘0’ means that you are ‘completely dissatisfied’, while a ‘10’ means that you are ‘completely satisfied.’ You can gradate your answer with the numbers in between.		B1, B2, B3.1, B4, B5
SE04_01	Wie zufrieden sind Sie gegenwärtig, alles in allem, mit Ihrem Leben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you currently with your life, all in all?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B4, B5
SE04_02	Wie zufrieden sind Sie mit dem, was Sie haben? Denken Sie dabei an Geld, Einkommen und Dinge, die Sie besitzen.	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with what you have? Think of money, income and things you own.	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B4, B5
SE04_03	Wie zufrieden sind Sie mit Ihrer Gesundheit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your health?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B4, B5
SE04_04	Wie zufrieden sind Sie mit Ihrem Familienleben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your family life?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B4, B5
SE04_05	Wie zufrieden sind Sie mit Ihrem Bekannten- und Freundeskreis?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your group of friends?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B4, B5

Life Goals

Intrinsic and extrinsic life goals.

German instructions and items: Klusmann, U., Trautwein, U., & Lüdtke, O. (2005). Intrinsische und extrinsische Lebensziele. *Diagnostica*, 51(1), 40–51. <https://doi.org/10.1026/0012-1924.51.1.40>

Only 6 of the 7 subscales were used (personal growth, relationships, community, wealth, fame, and image) and only the dimension importance was assessed (not the dimensions expectations or attainment).

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LZ01_01	Personl growth item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_06	Relationships item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_11	Community item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_16	Wealth item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_21	Fame item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_26	Image item 1	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_02	Personl growth item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_07	Relationships item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_12	Community item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_17	Wealth item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_22	Fame item 2	1 = sehr unwichtig	1 = very unimportant	B1

		4 = sehr wichtig -9 = nicht beantwortet	4 = very important -9 = not answered	
LZ01_27	Image item 2	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_03	Personl growth item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_08	Relationships item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_13	Community item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_18	Wealth item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_23	Fame item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_28	Image item 3	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_04	Personl growth item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_09	Relationships item 9	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_14	Community item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_19	Wealth item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_24	Fame item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_29	Image item 4	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_05	Personl growth item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_10	Relationships item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_15	Community item 5	1 = sehr unwichtig	1 = very unimportant	B1

		4 = sehr wichtig -9 = nicht beantwortet	4 = very important -9 = not answered	
LZ01_20	Wealth item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_25	Fame item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1
LZ01_30	Image item 5	1 = sehr unwichtig 4 = sehr wichtig -9 = nicht beantwortet	1 = very unimportant 4 = very important -9 = not answered	B1

Personality

Short form of the Big Five Inventory

German instructions and items: Rammstedt, B., & John, O. P. (2005). Kurzversion des Big Five Inventory (BFI-K). *Diagnostica*, 51(4), 195-206.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
NE01_01*	Extraversion item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE01_02*	Agreeableness item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE01_03	Conscientiousness item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE01_04	Neuroticism item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE01_05	Openness item 1	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE01_06	Extraversion item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE01_07	Agreeableness item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE02_08*	Conscientiousness item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE02_09*	Neuroticism item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE02_10	Openness item 2	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1

NE02_11*	Extraversion item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE02_12*	Agreeableness item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE02_13	Conscientiousness item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE02_14	Neuroticism item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE03_15	Openness item 3	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE03_16	Extraversion item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE03_17*	Agreeableness item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE03_18	Conscientiousness item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE03_19	Neuroticism item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE03_20	Openness item 4	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1
NE03_21*	Openness item 5	1 = sehr unzutreffend 5 = sehr zutreffend -9 = nicht beantwortet	1 = not at all true 5 = very true 9 = not answered	B1

*Item needs to be recoded

Life Satisfaction

Satisfaction With Life Scale

English instructions and items: Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49(1), 71–75. https://doi.org/10.1207/s15327752jpa4901_13

German instructions and items: Glaesmer, H., Grande, G., Braehler, E., & Roth, M. (2011). The German version of the satisfaction with life scale (SWLS): Psychometric properties, validity, and population-based norms. *European Journal of Psychological Assessment*, 27(2), 127–132. <https://doi.org/10.1027/1015-5759/a000058>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LS01_01	Life satisfaction item 1	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LS01_02	Life satisfaction item 2	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LS01_03	Life satisfaction item 3	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LS01_04	Life satisfaction item 4	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LS01_05	Life satisfaction item 5	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B4, B5

Trait Affect

Affect items were chosen to capture all quadrants of the affect circumplex (Russell, 1980). We used the same items as in our previous work (Neubauer et al. (2022, February 22). PACO - Psychological Adjustment to the COVID-19 Pandemic. <https://doi.org/10.17605/OSF.IO/WCERJ>), with two items capture moderate to high arousal positive affect (happy, cheerful), and two items capture low arousal positive affect (relaxed, balanced). The items afraid and angry capture high arousal states of the content domains of anxiety and anger, respectively. The item worried captures moderate arousal and belongs to the content domain of worry, and the item sad captures low arousal and belongs to the content domain of sadness. Additionally, the items lively and exhausted capture the poles of the arousal dimension of the affect circumplex.

Russell, J. A. (1980). A circumplex model of affect. *Journal of Personality and Social Psychology*, 39, 1161–1178.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
		Ich bin im Allgemeinen...		In general I feel...		B1, B2, B3.1, B4, B5
AF01_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5

AF01_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5
AF01_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B4, B5

Depression

Center for Epidemiological Studies Depression Scale.

English instructions and items: Radloff, L. S. (1977). The CES-D scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401. <https://doi.org/10.1177/014662167700100306>

German instructions and items: Hautzinger, M. (1988). Die CES-D Skala: Ein Depressionsmeßinstrument für Untersuchungen in der Allgemeinbevölkerung. *Diagnostica*, 34(2), 167–173.

Note: The instructions asked participants to consider the items with respect to the last week.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
DP03_01	CES-D item 1	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_02	CES-D item 2	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_03	CES-D item 3	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_04*	CES-D item 4	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_05	CES-D item 5	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang)	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days)	B1, B2, B3.1, B4, B5

		4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	4 = most of the time, always (5 to 7 days) -9 = not answered	
DP03_06	CES-D item 6	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_07	CES-D item 7	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_08*	CES-D item 8	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_09	CES-D item 9	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP03_10	CES-D item 10	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_11	CES-D item 11	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_12*	CES-D item 12	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_13	CES-D item 13	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_14	CES-D item 14	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5

DP04_15	CES-D item 15	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_16*	CES-D item 16	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_17	CES-D item 17	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_18	CES-D item 18	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_19	CES-D item 19	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5
DP04_20	CES-D item 20	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B4, B5

*Item needs to be recoded

Retrospective psychological need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. Motivation and Emotion, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. Journal of Individual Differences, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf den letzten Monat. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf den letzten Monat zu?		Please read the following statements carefully and then indicate how much you agree with them. Refer to the last month. How much do you agree with the following statements in relation to last month?		B1, B2, B3.1, B4, B5
PN01_01	Retrospective relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN01_02	Retrospective relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN01_03	Retrospective competence frustration item 1	...versagt zu haben...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...failure	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN01_04	Retrospective autonomy satisfaction item 1	...Freiraum.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN01_05	Retrospective competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN01_06	Retrospective autonomy satisfaction item 2	...“wahren Ichs”.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5

PN01_07	Retrospective relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...close and connected...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN01_08	Retrospective competence satisfaction item 2	...große Herausforderungen ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN01_09	Retrospective relatedness satisfaction item 3	... Vertrautheit mit den Menschen gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_01	Retrospective autonomy frustration item 1	... Druck gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_02	Retrospective autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_03	Retrospective relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_04	Retrospective relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_05	Retrospective competence satisfaction item 3	... selbst bei schwierigen Dingen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_06	Retrospective autonomy frustration item 3	... Dinge gegen meinen Willen...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_07	Retrospective competence frustration item 2	Ich habe etwas Dummes gemacht...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_08	Retrospective competence frustration item 3	... mit etwas schwer getan, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
PN02_09	Retrospective autonomy satisfaction item 3	... was mich interessiert.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5

Loneliness

8 items from the UCLA loneliness scale. The selection of these items was based on findings by Hays and DiMatteo (1987).

English instructions and items: Russell, D., Peplau, L. A., & Cutrona, C. E. (1980). The revised UCLA loneliness scale: Concurrent and discriminant validity evidence. *Journal of Personality and Social Psychology*, 39(3), 472–480. <https://doi.org/10.1037/0022-3514.39.3.472>

Hays, R. D., & DiMatteo, M. R. (1987). A short-form measure of loneliness. *Journal of Personality Assessment*, 51, 69–81. Doi: 10.1207/s15327752jpa5101_6

German instructions and items: Döring, N., & Bortz, J. (1993). Psychometrische Einsamkeitsforschung: Deutsche Neukonstruktion der UCLA Loneliness Scale. *Diagnostica*, 39(3), 224–239.

The variables in the table and in the data file are listed in the same order as in the publication by Hays & Di Matteo (1987). Note, however, that in the translation by Döring & Bortz (1993) the first item is inverted in the translation (from “no companionship” to “enough companionship”); please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LO02_02*	Loneliness item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LO02_03	Loneliness item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LO02_09*	Loneliness item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LO02_11	Loneliness item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LO02_14	Loneliness item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LO02_15*	Loneliness item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5

LO02_17	Loneliness item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
LO02_18	Loneliness item 8	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5

*Item needs to be recoded

Vitality

7 item version of the Subjective Vitality Scale.

English instructions and items: Ryan, R. M., & Frederick, C. (1997). On energy, personality, and health: Subjective vitality as a dynamic reflection of well-being. *Journal of Personality*, 65(3), 529–565. <https://doi.org/10.1111/j.1467-6494.1997.tb00326.x>

German instructions and items: Goldbeck, F., Hautzinger, M., & Wolkenstein, L. (2019). Validation of the German version of the subjective vitality scale – a cross-sectional study and a randomized controlled trial. *Journal of Well-Being Assessment*, 3(1), 17–37. <https://doi.org/10.1007/s41543-019-00019-8>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
VS01_01	Vitality item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
VS01_02*	Vitality item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
VS01_03	Vitality item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
VS01_04	Vitality item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
VS01_05	Vitality item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
VS01_06	Vitality item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5
VS01_07	Vitality item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B4, B5

*Item needs to be recoded

Attitudes towards Covid-19 related restrictions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
	Beziehen Sie sich bei der Beurteilung der folgenden Aussagen bitte auf die aktuelle Situation rund um die Corona-Pandemie. Denken Sie bitte an die Beschränkungen, die aktuell für Sie gelten (z.B. Maskenpflicht, Hygieneregeln, 3G-Regel,...) und beurteilen Sie bitte folgende Aussagen dazu.		In assessing the following statements, please refer to the current situation surrounding the Corona pandemic. Please think about the restrictions that are currently in place for you (e.g. mandatory masks, hygiene rules, 3G rule,...) and please assess the following statements about them.		B3.1, B4, B5
CV05_01	Die Beschränkungen finde ich in der aktuellen Situation angemessen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I find the restrictions appropriate in the current situation.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_01), B3.1, B4, B5
CV05_02	Die Beschränkungen schränken meine Grundrechte zu stark ein und müssen deshalb so schnell wie möglich gelockert werden.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions limit my fundamental rights too much and must therefore be relaxed as quickly as possible.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_02), B3.1, B4, B5
CV05_03	Die Beschränkungen sind unverhältnismäßig.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions are disproportionate.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_03), B3.1, B4, B5
CV05_04	Ich verstehe, warum die Beschränkungen nötig sind.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I understand why the restrictions are necessary.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_04), B3.1, B4, B5
CV02_01	Zusammengefasst finde ich die aktuellen Beschränkungen...	1 = nicht strikt genug 2 = 3 = genau passend 4 = 5 = zu strikt -9 = nicht beantwortet	In summary, I find the current restrictions...	1 = not strict enough 2 = 3 = perfectly appropriate 4 = 5 = too strict -9 = not answered	B1, B2, B3.1, B4, B5

Covid-19 specific worries

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte beantworten Sie die untenstehenden Fragen zur aktuellen Corona-Pandemie.		Please reply to the questions below concerning the current coronavirus pandemic, COVID-19.		B1, B2, B3.1, B4, B5
CV03_01	Corona worries: about my own health	Ich mache mir wegen der Corona-Pandemie Sorgen um meine eigene Gesundheit.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my own health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B4, B5
CV03_02	Corona worries: about my friends' health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Freunde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my friends' health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B4, B5
CV03_03	Corona worries: about my family's health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Familie.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my family's health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B4, B5
CV03_04	Corona worries: about people at risk	Ich mache mir wegen der Corona-Pandemie Sorgen um die Risikogruppen in unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about people at risk in our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B4, B5
CV03_05	Corona worries: about future of society	Ich mache mir wegen der Corona-Pandemie Sorgen um die Zukunft unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about the future of our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B4, B5
CV03_06	Corona worries: about professional future	Ich mache mir wegen der Corona-Pandemie Sorgen um meine berufliche Zukunft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my professional future because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B4, B5

Covid-19 stress appraisals

Primary Appraisal Secondary Appraisal Scale

German instructions and items: Gaab, J. (2009). PASA – Primary Appraisal Secondary Appraisal. Verhaltenstherapie, 19(2), 114–115.
<https://doi.org/10.1159/000223610>

Instructions were slightly adjusted to refer to the Covid-19 pandemic (as in Brose et al. (2021). Change in mental health symptoms during the COVID-19 pandemic: The role of appraisals and daily life experiences. *Journal of Personality*, 89(3), 468–482.
<https://doi.org/10.1111/jopy.12592>.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please Gaab (2009) for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
CV04_01*	Threat item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_02	Challenge item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_03	Self-concept own abilities item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_04	Control item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_05	Threat item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_06*	Challenge item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_07*	Self-concept own abilities item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_08	Control item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_09*	Threat item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5

CV04_10*	Challenge item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_11	Self-concept own abilities item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_12	Control item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_13	Threat item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_14	Challenge item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_15	Self-concept own abilities item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5
CV04_16	Control item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B4, B5

*Item needs to be recoded

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	B1, B2, B3.1, B4, B5 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

B4: Assessment in December 2021 / January 2022

relevant for: original sample, refreshment sample

The items are listed in the order in which they appeared in the questionnaire

Participant background

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD03	Marital status	Bitte geben Sie Ihren aktuellen Beziehungsstatus an.	1 = single / ledig 2 = in fester Partnerschaft 3 = verheiratet 4 = geschieden 5 = verwitwet -9 = nicht beantwortet	Please state your current relationship status.	1 = single 2 = in permanent relationship 3 = married 4 = separated / divorced 5 = widowed -9 = not answered	B1, B2, B3.1, B3.2; B5	
SD09	Housing situation	Welche dieser Aussagen beschreibt Ihre aktuelle Wohnsituation am besten?	1 = Ich wohne bei meinen Eltern / einem Elternteil und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 2 = Ich wohne bei meinen Eltern / einem Elternteil, würde aber lieber ausziehen. 3 = Ich wohne bei Verwandten und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 4 = Ich wohne bei Verwandten, würde aber lieber ausziehen. 5 = Ich wohne in einer in einer WG / im Studierendenwohnheim und will auch in einer WG / im Studierendenwohnheim wohnen. 6 = Ich wohne in einer WG / im Studierendenwohnheim, würde aber lieber alleine wohnen. 7 = Ich wohne alleine und will auch alleine wohnen. 8 = Ich wohne alleine, würde aber lieber in einer WG / im Studierendenwohnheim wohnen. 10 = Ich wohne mit meinem Partner / meiner Partnerin zusammen 9 = keine von diesen, sondern: -9 = nicht beantwortet	Which option best describes your current housing situation?	1 = I live with my parent/s and want to stay here at least for the following months 2 = I live with my parent/s but would rather move out 3 = I live with my relatives and want to stay here at least for the following months 4 = I live with my relatives but would rather move out 5 = I live in a dormitory / private apartment with roommates and also want to live here 6 = I live in a dormitory / private apartment with roommates but would rather live alone 7 = I live alone and also want to live alone 8 = I live alone but would rather live in a dormitory / private apartment with roommates 10 = I live with my partner 9 = None of those options, but... -9 = not answered	B1, B2, B3.1, B3.2; B5	Note: response option 10 was added for this assessment as well as for assessments B3.1, B3.2, and B5 (but was not present in B1 and B2)
SD09_09	Other housing situation	Keine von diesen, sondern	Offene Eingabe	None of those options, but...	Open response	B1, B2, B3.1, B3.2; B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

SD06_01	Number of household members	Wie viele Personen leben derzeit mit Ihnen zusammen in einem Haushalt- Sie selbst und gegebenenfalls Ihre Kinder miteingerechnet)	Offene Eingabe (Ganze Zahl)	How many persons including yourself are currently living in your household? Please count also children who are only temporarily living in your household.	Open response (integer)	B1, B2, B3.1, B3.2; B5	
SD07		Mit wem wohnen Sie zurzeit in Ihrem Haushalt zusammen? Sie können mehrere Antworten auswählen.	Anzahl gewählter Optionen (ganze Zahl)	Who is currently living in your household? You can choose multiple answers.	total number of selected options (integer)	B1, B2, B3.1, B3.2; B5	
SD07_01	Living alone	mit niemandem	1 = nicht ausgewählt 2 = ausgewählt	Nobody.	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_02	Partner / spouse in household	mit Ehepartner(in)/Partner(in)	1 = nicht gewählt 2 = ausgewählt	Spouse/partner	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_03	Own children in household	mit Ihren eigenen Kindern/Pflegekindern/Adoptivkindern	1 = nicht gewählt 2 = ausgewählt	Children, foster children, adopted children	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_04	Children of partner in household	mit Kindern Ihres Partners/Ihrer Partnerin	1 = nicht gewählt 2 = ausgewählt	Children of partner	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_05	Mother/ mother figure in household	mit Mutter/Stiefmutter/Pflegemutter	1 = nicht ausgewählt 2 = ausgewählt	Mother / stepmother / foster mother	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_06	Father/ father figure in household	mit Vater/Stiefvater/Pflegevater	1 = nicht ausgewählt 2 = ausgewählt	Father / stepfather / foster father	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_07	Siblings in household	mit Geschwistern	1 = nicht ausgewählt 2 = ausgewählt	Siblings	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_08	grandparents in household	mit Großeltern	1 = nicht ausgewählt 2 = ausgewählt	Grandparents	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_09	grandchildren in household	mit Enkeln	1 = nicht ausgewählt 2 = ausgewählt	Grandchildren	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_10	Parents in-law in household	mit Schwiegermutter/-vater/-eltern	1 = nicht ausgewählt 2 = ausgewählt	Mother-in-law /father-in-law	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_11	Other relatives in household	mit anderen Verwandten	1 = nicht ausgewählt 2 = ausgewählt	Other relatives	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	
SD07_12	Other household members	mit anderen, nicht verwandten Personen	1 = nicht ausgewählt 2 = ausgewählt	Other persons	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B5	

zipcode	ZIP code	Wie lautet die Postleitzahl des Ortes, an dem Sie im Moment überwiegend wohnen? Falls Sie nicht in Deutschland wohnen, geben Sie bitte 00000 an.	Offene Texteingabe	Please enter your zip code, or 00000 for residents outside Germany.	Open response	B1, B2, B3.1, B3.2, B5	This variable has been shortened to the first 3 digits to ascertain anonymity of participants.
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Current situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD30	Current situation	Was machen Sie derzeit?	1 = Ich studiere. 2 = Ich habe das Studium unterbrochen. 3 = Ich habe das Studium ganz abgebrochen	What are you currently doing?	1 = I'm studying. 2 = I have interrupted my studies. 3 = I dropped out of my studies.	B2	only assessed if participants belonged to the refreshment sample
SD43	Current situation	Bitte kreuzen Sie die Aussage an, die Ihre Situation am besten beschreibt.	1 = Ich habe mein Studium bereits vor dem aktuellen Wintersemester abgebrochen. 2 = Ich habe mein Studium in diesem Wintersemester abgebrochen. 3 = Ich habe mein Studium aktuell unterbrochen. 4 = Ich studiere.	Please check the statement that best describes your situation.	1 = I have already dropped out of my studies before the current winter semester. 2 = I have dropped out of my studies this winter semester. 3 = I have currently interrupted my studies. 4 = I am studying.		only assessed if participants belonged to the original sample
SD40	other occupation	Sie haben angegeben, dass Sie Ihr Studium abgebrochen oder unterbrochen haben. Was machen Sie derzeit? Sie können mehrere Optionen gleichzeitig auswählen.	Anzahl gewählter Optionen (ganze Zahl)	You have indicated that you have dropped out or interrupted your studies. What are you currently doing? You can choose multiple answers.	total number of selected responses (integer)	B3.1, B5	only presented if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_01		Ich bin in Vollzeit erwerbstätig.	1 = nicht ausgewählt 2 = ausgewählt	I am employed full-time.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_01		Ich bin in Teilzeit erwerbstätig.	1 = nicht gewählt 2 = ausgewählt	I am employed part-time.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_03		Ich bin arbeitssuchend.	1 = nicht gewählt 2 = ausgewählt	I am looking for work.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_04		Ich mache eine Ausbildung.	1 = nicht gewählt 2 = ausgewählt	I am doing an apprenticeship.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)

SD40_05		Ich mache ein Praktikum.	1 = nicht ausgewählt 2 = ausgewählt	I am doing an internship.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_06		Ich studiere im Ausland.	1 = nicht ausgewählt 2 = ausgewählt	I am studying abroad.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_07		Ich nehme mir Zeit für mich.	1 = nicht ausgewählt 2 = ausgewählt	I am taking time for myself.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_08		Ich bin in Elternzeit / Mutterschutz.	1 = nicht ausgewählt 2 = ausgewählt	I am on parental leave / maternity leave.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_09		Ich pflege eine/-n Angehörige/-n	1 = nicht ausgewählt 2 = ausgewählt	I am taking care of a relative.	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_10		Ich mache etwas Anderes, und zwar ...	1 = nicht ausgewählt 2 = ausgewählt	I am doing something else, namely ...	1 = not selected 2 = selected	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3)
SD40_10a		Ich mache etwas Anderes, und zwar	offene Antwort	I am doing something else, namely ...	open response	B3.1, B5	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD30 = 2 OR SD30 = 3 OR SD43 = 1 OR SD43 = 1 OR SD43 = 2 OR SD43 = 3) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Employment

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD29	Employment in addition to studies	Sind Sie neben dem Studium auch erwerbstätig?	1 = Nein 2 = Ja, im Umfang von unter 5 Stunden pro Woche 3 = Ja, im Umfang von 5-10 Stunden pro Woche 4 = Ja, im Umfang von 10-15 Stunden pro Woche 5 = Ja, im Umfang von 15-20 Stunden pro Woche 6 = Ja, im Umfang von 20 Stunden oder mehr pro Woche	Do you also work beside your studies?	1 = No 2 = Yes, less than 5 hours per week 3 = Yes, for 5-10 hours per week 4 = Yes, for 10-15 hours per week 5 = Yes, for 15-20 hours per week 6 = Yes, for 20 hours or more per week	B1, B2, B3.1, B3.2, B5	only assessed if participants indicated that they are currently studying or that they have interrupted their studies (SD30 = 1 OR SD30 = 2 OR SD43 = 4)
SD41	Regular employment	Sie haben angegeben, dass Sie aktuell erwerbstätig sind: Welche der folgenden Aussagen beschreibt Ihre aktuelle berufliche Tätigkeit am besten?	1 = Ich bin angestellt. 2 = Ich bin vorwiegend angestellt und arbeite nebenbei selbstständig. 3 = Ich bin vorwiegend selbstständig und arbeite nebenbei angestellt. 4 = Ich bin selbstständig	You indicated that you are currently employed: Which of the following statements best describes your current occupation?	1 = I am employed. 2 = I am mainly employed and work part-time self-employed. 3 = I am mainly self-employed and work part-time as an employee. 4 = I am self-employed	B3.1, B5	only assessed if participants had indicated that they were employed either full-time or part-time (SD40_01 = 2 OR SD40_02 = 2)

Financial situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD25		Im Folgenden möchten wir Ihnen einige Fragen dazu stellen, wie Sie Ihr Studium finanzieren. Aus welchen Quellen finanziieren Sie Ihren Lebensunterhalt im aktuellen Semester? Sie können mehrere Antworten auswählen	Anzahl ausgewählter Optionen (ganze Zahl)	In the following we would like to ask you a few questions about how you finance your studies. From which sources do you finance your living in the current semester? You can choose multiple answers	Total number of selected options (integer)	B1, B2, B3.1, B3.2, B5	
SD25_01	Financial support by parents, partner, relatives	Zuwendungen von Eltern, Partner bzw. Partnerin oder Verwandten	1 = nicht gewählt 2 = ausgewählt	Financial support by parents, partner or relatives	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_02	Government sponsored financial support (BAFöG)	Ausbildungsförderung nach BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support (BAFöG)	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_03	Bank loan	Bankenkredit zur Studienfinanzierung	1 = nicht gewählt 2 = ausgewählt	Bank loan	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_04	Own income	eigener Verdienst aus Erwerbstätigkeit	1 = nicht gewählt 2 = ausgewählt	Own income	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_05	Income a spart of my studies	Ausbildungsvergütung, z. B. aus einem dualen Studium	1 = nicht gewählt 2 = ausgewählt	apprenticeship pay e.g. from an integrated degree program	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_06	Own savings	eigene Mittel, die vor dem Studium erworben bzw. angespart wurden	1 = nicht gewählt 2 = ausgewählt	Own savings, earned or saved before studying	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_07	Scholarship other than BAFöG	Stipendium, außer BAFöG	1 = nicht gewählt 2 = ausgewählt	Scholarship other than BAFöG	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_08	Government sponsored financial	staatliche Leistungen, z. B. Kindergeld, Wohngeld, Waisengeld oder Waisenrente, aber nicht BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support other than BAFöG (e.g. Child	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	

	support other than BAFöG			benefit, housing benefit, orphan's benefit or orphan's pension)			
SD25_09	Other sources	andere Finanzquelle, und zwar	1 = nicht gewählt 2 = ausgewählt	Other financial sources	1= not selected 2= selected	B1, B2, B3.1, B3.2, B5	
SD25_09a	Tesx other sources	andere Finanzquelle, und zwar	Offene Texteingabe	Other financial sources	Open response	B1, B2, B3.1, B3.2, B5	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD32_01	Total money available per month	Wie viel Geld steht Ihnen aktuell durchschnittlich im Monat zur Verfügung? Denken Sie bitte dabei an alle zuvor genannten Finanzquellen. Bitte berücksichtigen Sie dabei auch Beträge, die andere Personen für Sie direkt an Dritte zahlen, z. B. Überweisung der Miete an Ihren Vermieter.	Mir stehen durchschnittlich pro Monat ... € zur Verfügung. Offene Eingabe (Ganze Zahl)	How much money do you currently have on average per month? Please keep in mind all of the previously mentioned sources of finance. Please also keep in mind amounts that other people pay directly to third parties on your behalf, e.g. Transfer of the rent to your landlord	I have an average of ... € available per month. Open response (whole number)	B1, B2, B3.1, B3.2, B5	
SD28	Get by with total funds	Wie kommen Sie mit dem Geld aus, das Sie durchschnittlich im Monat zur Verfügung haben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How do you get along with the money that you have on average every month?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B1, B2, B3.1, B3.2, B5	

Access regulations to classes

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Bei den Fragen auf den folgenden Seiten geht es um Ihr Studium und Ihre Hochschule. Bitte geben Sie an, wie der Zutritt zu Ihrer Hochschule in der letzten Semesterwoche vor der Weihnachtspause geregelt war. Falls für einen Bereich, z.B. Lehrveranstaltungen, unterschiedliche Regelungen je nach Veranstaltung gelten, können Sie auch mehrere Optionen auswählen.		The questions on the following pages are about your studies and your university. Please indicate how access to your university was regulated in the last week of the semester before the Christmas break. If one area, e.g. classes, has different regulations depending on the class, you can also select more than one option.			only presented if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07	Wie war der Zutritt zu Lehrveranstaltungen geregelt?	Anzahl ausgewählter Optionen (ganze Zahl)	How was the access to classes regulated?	total number of selected options (integer)		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07_01	Zutritt hatten alle Personen ohne jegliche Einschränkung.	1 = nicht gewählt 2 = ausgewählt	Access was open to all persons without any restriction.	1 = not selected 2 = selected		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07_02	Der Zutritt war nicht möglich. Alle Veranstaltungen fanden online statt.	1 = nicht gewählt 2 = ausgewählt	The access was not possible. All events were held online.	1 = not selected 2 = selected		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07_03	Zutritt hatten Geimpfte, Genesene und Personen mit einem aktuellen negativen Test (3G).	1 = nicht gewählt 2 = ausgewählt	Access was granted to vaccinated, recovered and persons with a current negative test (3G).	1 = not selected 2 = selected		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07_04	Zutritt hatten nur Geimpfte oder Genesene (2G).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons had access (2G).	1 = not selected 2 = selected		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07_05	Zutritt hatten nur Geimpfte oder Genesene. Sie benötigten zusätzlich einen aktuellen negativen Schnelltest (2G+).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons were admitted. They also needed a current negative rapid test (2G+).	1 = not selected 2 = selected		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07_06	Sonstiges, und zwar...	1 = nicht gewählt 2 = ausgewählt	Other, namely...	1 = not selected 2 = selected		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV07_06a	Sonstiges, und zwar...	Offene Texteingabe	Other, namely...	open response		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants

CV07_07	Mir nicht bekannt.	1 = nicht gewählt 2 = ausgewählt	Not known to me.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09	Wie war der Zutritt zur Bibliothek geregelt?	Anzahl ausgewählter Optionen (ganze Zahl)	How was access to the university library regulated?	total number of selected options (integer)		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09_01	Zutritt hatten alle Personen ohne jegliche Einschränkung.	1 = nicht gewählt 2 = ausgewählt	Access was open to all persons without any restriction.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09_02	Der Zutritt war nicht möglich. Alle Veranstaltungen fanden online statt.	1 = nicht gewählt 2 = ausgewählt	The access was not possible. All events were held online.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09_03	Zutritt hatten Geimpfte, Genesene und Personen mit einem aktuellen negativen Test (3G).	1 = nicht gewählt 2 = ausgewählt	Access was granted to vaccinated, recovered and persons with a current negative test (3G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09_04	Zutritt hatten nur Geimpfte oder Genesene (2G).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons had access (2G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09_05	Zutritt hatten nur Geimpfte oder Genesene. Sie benötigten zusätzlich einen aktuellen negativen Schnelltest (2G+).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons were admitted. They also needed a current negative rapid test (2G+).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09_06	Sonstiges, und zwar...	1 = nicht gewählt 2 = ausgewählt	Other, namely...	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV09_06a	Sonstiges, und zwar...	Offene Texteingabe	Other, namely...	open response		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
CV09_07	Mir nicht bekannt.	1 = nicht gewählt 2 = ausgewählt	Not known to me.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV10	Wie war der Zutritt zur Mensa geregelt?	Anzahl ausgewählter Optionen (ganze Zahl)	How was the access to the cafeteria regulated?	total number of selected options (integer)		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV10_01	Zutritt hatten alle Personen ohne jegliche Einschränkung.	1 = nicht gewählt 2 = ausgewählt	Access was open to all persons without any restriction.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV10_02	Der Zutritt war nicht möglich. Alle Veranstaltungen fanden online statt.	1 = nicht gewählt 2 = ausgewählt	The access was not possible. All events were held online.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV10_03	Zutritt hatten Geimpfte, Genesene und Personen mit einem aktuellen negativen Test (3G).	1 = nicht gewählt 2 = ausgewählt	Access was granted to vaccinated, recovered and persons with a current negative test (3G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

CV10_04	Zutritt hatten nur Geimpfte oder Genesene (2G).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons had access (2G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV10_05	Zutritt hatten nur Geimpfte oder Genesene. Sie benötigten zusätzlich einen aktuellen negativen Schnelltest (2G+).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons were admitted. They also needed a current negative rapid test (2G+).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV10_06	Sonstiges, und zwar...	1 = nicht gewählt 2 = ausgewählt	Other, namely...	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV10_06a	Sonstiges, und zwar...	Offene Texteingabe	Other, namely...	open response		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
CV10_07	Mir nicht bekannt.	1 = nicht gewählt 2 = ausgewählt	Not known to me.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11	Wie war der Zutritt zum Hochschulsport geregelt?	Anzahl ausgewählter Optionen (ganze Zahl)	How was the access to university sports regulated?	total number of selected options (integer)		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11_01	Zutritt hatten alle Personen ohne jegliche Einschränkung.	1 = nicht gewählt 2 = ausgewählt	Access was open to all persons without any restriction.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11_02	Der Zutritt war nicht möglich. Alle Veranstaltungen fanden online statt.	1 = nicht gewählt 2 = ausgewählt	The access was not possible. All events were held online.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11_03	Zutritt hatten Geimpfte, Genesene und Personen mit einem aktuellen negativen Test (3G).	1 = nicht gewählt 2 = ausgewählt	Access was granted to vaccinated, recovered and persons with a current negative test (3G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11_04	Zutritt hatten nur Geimpfte oder Genesene (2G).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons had access (2G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11_05	Zutritt hatten nur Geimpfte oder Genesene. Sie benötigten zusätzlich einen aktuellen negativen Schnelltest (2G+).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons were admitted. They also needed a current negative rapid test (2G+).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11_06	Sonstiges, und zwar...	1 = nicht gewählt 2 = ausgewählt	Other, namely...	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV11_06a	Sonstiges, und zwar...	Offene Texteingabe	Other, namely...	open response		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants

CV11_07	Mir nicht bekannt.	1 = nicht gewählt 2 = ausgewählt	Not known to me.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
	Gab es noch weitere Bereiche an Ihrer Hochschule, die von Zutrittsregelungen betroffen waren? Bitte geben Sie an, welcher Bereich betroffen war und wählen Sie die entsprechenden Beschränkungen aus.		Were there any other areas at your university that were affected by access regulations? Please indicate which area was affected and select the appropriate restriction.			only presented if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV17_01	Sonstiger Bereich, und zwar...	Offene Texteingabe	Other area, namely	open response		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
CV16	Sonstiges	Anzahl ausgewählter Optionen (ganze Zahl)	Other area	otal number of selected otions (integer)		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV16_01	Zutritt hatten alle Personen ohne jegliche Einschränkung.	1 = nicht gewählt 2 = ausgewählt	Access was open to all persons without any restriction.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV16_02	Der Zutritt war nicht möglich. Alle Veranstaltungen fanden online statt.	1 = nicht gewählt 2 = ausgewählt	The access was not possible. All events were held online.	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV16_03	Zutritt hatten Geimpfte, Genesene und Personen mit einem aktuellen negativen Test (3G).	1 = nicht gewählt 2 = ausgewählt	Access was granted to vaccinated, recovered and persons with a current negative test (3G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV16_04	Zutritt hatten nur Geimpfte oder Genesene (2G).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons had access (2G).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV16_05	Zutritt hatten nur Geimpfte oder Genesene. Sie benötigten zusätzlich einen aktuellen negativen Schnelltest (2G+).	1 = nicht gewählt 2 = ausgewählt	Only vaccinated or recovered persons were admitted. They also needed a current negative rapid test (2G+).	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV16_06	Sonstiges, und zwar...	1 = nicht gewählt 2 = ausgewählt	Other, namely...	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
CV16_06a	Sonstiges, und zwar...	Offene Texteingabe	Other, namely...	open response		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
CV16_07	nicht zutreffend	1 = nicht gewählt 2 = ausgewählt	not applicable	1 = not selected 2 = selected		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

Own form of attendance at classes

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
CV12	Bitte denken Sie für die folgende Frage an das bisherige Semester.		For the following question, please think about the previous semester.			only presented if participants had indicated that they were currently studying (SD30 = 1 OR SD43 = 4)
CV13	Bitte denken Sie für die folgende Frage an das bisherige Semester - bis zu dem Zeitpunkt, an dem Sie Ihr Studium unterbrochen haben.		For the following question, please think of the previous semester - up to the time you interrupted your studies.			only presented if participants had indicated that they had interrupted their studies (SD30 = 2 OR SD43 = 3)
CV14	Bitte denken Sie für die folgende Frage an das bisherige Semester - bis zu dem Zeitpunkt, an dem Sie Ihr Studium abgebrochen haben.		For the following question, please think of the previous semester - up to the time you dropped out of your studies.			only presented if participants had indicated that they had dropped out of their studies this wintersemester (SD30 = 3 OR SD43 = 2)
CV15	In welcher Form haben Sie an Ihren Lehrveranstaltungen teilgenommen?	1 = Ich habe vollständig in Präsenz teilgenommen. 2 = Ich habe überwiegend in Präsenz und nur teilweise online teilgenommen. 3 = Ich habe überwiegend online und nur teilweise in Präsenz teilgenommen. 4 = Ich habe vollständig online teilgenommen. -9 = nicht beantwortet	In what form did you attend your classes?	1 = I attended entirely in presence. 2 = I attended mainly in presence and only partly online. 3 = I attended mainly online and only partially in presence. 4 = I attended completely online. -9 = not answered		only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

(Online) teaching organization

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Die folgenden Fragen beziehen sich auf die Organisation an Ihrer Hochschule. Bitte berücksichtigen Sie bei Ihren Einschätzungen den Zeitraum seit Beginn des bisherigen Semesters		The following questions relate to the organization at your university. Please take into account the period of time since the beginning of this semester when making your assessments.		B2	only presented if participants indicated that they are currently studying (SD30 = 1 OR SD43 = 4) and that they attended classes at least partly online (CV15 >1)
		Die folgenden Fragen beziehen sich auf die Organisation an Ihrer Hochschule. Da Sie angegeben haben, dass Sie Ihr Studium unterbrochen haben, berücksichtigen Sie bitte bei Ihren Einschätzungen den Zeitraum seit Beginn des bisherigen Semesters bis zum Zeitpunkt der Unterbrechung.		The following questions relate to the organization at your university. Since you have indicated that you have interrupted your studies, please consider the period since the beginning of this semester until the time of interruption in your assessments.		B2	only presented if participants indicated that they have interrupted their studies (SD30 = 2 OR SD43 = 3) and that they attended classes at least partly online (CV15 >1)
		Die folgenden Fragen beziehen sich auf die Organisation an Ihrer Hochschule. Da Sie angegeben haben, dass Sie Ihr Studium abgebrochen haben, berücksichtigen Sie bitte bei Ihren Einschätzungen den Zeitraum seit Beginn des bisherigen Semesters bis zum Zeitpunkt des Abbruchs.		The following questions relate to the organization at your university. Since you have indicated that you have dropped out of university, please consider the period since the beginning of the previous semester until the time of drop-out in your assessments.		B2	only presented if participants indicated that they have dropped out of university this winter semester (SD30 = 3 OR SD43 = 2) and that they attended classes at least partly online (CV15 >1)
		Die folgende Frage bezieht sich auf die Organisation an Ihrer Hochschule. Bitte berücksichtigen Sie bei Ihrer Einschätzung den Zeitraum seit Beginn des bisherigen Semesters.		The following question relates to the organization at your university. Please take into account the period of time since the beginning of this semester when making your assessment.			only presented if participants indicated that they are currently studying (SD30 = 1 OR SD43 = 4) and that they attended classes only in person (CV15 = 1)
		Die folgende Frage bezieht sich auf die Organisation an Ihrer Hochschule. Da Sie angegeben haben, dass Sie Ihr Studium unterbrochen haben,		The following question relates to the organization at your university. Since you have indicated that you have interrupted your studies, please			only presented if participants indicated that they have interrupted their studies (SD30 = 2 OR SD43 = 3) and that they

		berücksichtigen Sie bitte bei Ihrer Einschätzung den Zeitraum seit Beginn des bisherigen Semesters bis zum Zeitpunkt der Unterbrechung.		consider the period since the beginning of this semester until the time of interruption in your assessment.			attended classes only in person (CV15 = 1)
		Die folgende Frage bezieht sich auf die Organisation an Ihrer Hochschule. Da Sie angegeben haben, dass Sie Ihr Studium abgebrochen haben, berücksichtigen Sie bitte bei Ihrer Einschätzung den Zeitraum seit Beginn des bisherigen Semesters bis zum Zeitpunkt des Abbruchs.		The following question relates to the organization at your university. Since you have indicated that you have dropped out of university, please consider the period since the beginning of the previous semester until the time of drop-out in your assessment.			only presented if participants indicated that they have dropped out of university this winter semester (SD30 = 3 OR SD43 = 2) and that they attended classes only in person (CV15 = 1)
ST46	support	Wie gut fühlen Sie sich von Ihrer Hochschule bei der Teilnahme an virtuellen Lehrveranstaltungen unterstützt?	1 = schlecht unterstützt 2 = einigermaßen gut unterstützt 3 = gut unterstützt 4 = sehr gut unterstützt -9 = nicht beantwortet	How well do you feel supported by your higher education institution when participating in virtual courses?	1 = poorly supported 2 = reasonably well supported 3 = well supported 4 = very well supported -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) and that they attended classes at least partly online (CV15 >1)
ST47	information	Wie gut fühlen Sie sich von Ihrer Hochschule über Schließung und Öffnung, sowie Ihre Teilnahme an virtuellen Lehrveranstaltungen informiert?	1 = schlecht informiert 2 = einigermaßen gut informiert 3 = gut informiert 4 = sehr gut informiert -9 = nicht beantwortet	How well informed do you feel by your higher education institution in general about the closure and your participation in virtual courses	1 = poorly informed 2 = reasonably well informed 3 = well informed 4 = very well informed -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) and that they attended classes at least partly online (CV15 >1)
ST48	material	Wie zufrieden sind Sie mit den von Ihrer Hochschule zur Verfügung gestellten Materialien für die virtuellen Lehrveranstaltungen?	1 = sehr unzufrieden 2 = eher unzufrieden 3 = eher zufrieden 4 = sehr zufrieden -9 = nicht beantwortet	How satisfied are you with the materials provided by your higher education institution for the virtual courses?	1 = very dissatisfied 2 = rather dissatisfied 3 = rather satisfied 4 = very satisfied -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) and that they attended classes at least partly online (CV15 >1)
ST60	digital infrastructure	Wie zufrieden sind Sie mit der digitalen Infrastruktur Ihrer Hochschule?	1 = sehr unzufrieden 2 = eher unzufrieden 3 = eher zufrieden 4 = sehr zufrieden -9 = nicht beantwortet	How satisfied are you with the digital infrastructure of your higher education institution?	1 = very dissatisfied 2 = rather dissatisfied 3 = rather satisfied 4 = very satisfied -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

Satisfaction with the handling of Covid-19 at university

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
CV18	Wie zufrieden waren Sie insgesamt damit, wie Ihre Hochschule in diesem Semester bisher mit der Covid-19-Pandemie umgegangen ist?	1 = sehr unzufrieden 2 = eher unzufrieden 3 = eher zufrieden 4 = sehr zufrieden -9 = nicht beantwortet	Overall, how satisfied were you with how your university has handled the Covid 19 pandemic so far this semester?	1 = very dissatisfied 2 = rather dissatisfied 3 = rather satisfied 4 = very satisfied -9 = not answered	B5	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) in B5: question referred to “the past winter semester”
CV19_01	Welche Aspekte bewerten Sie im Bezug auf den Umgang Ihrer Hochschule mit der Covid-19-Pandemie als besonders positiv?	Offene Texteingabe	Which aspects do you rate as particularly positive with regard to your university's handling of the Covid 19 pandemic?	Open response	B5	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
CV20_01	Welche Aspekte bewerten Sie im Bezug auf den Umgang Ihrer Hochschule mit der Covid-19-Pandemie als besonders negativ?	Offene Texteingabe	What aspects do you rate as particularly negative in relation to your university's handling of the Covid 19 pandemic?	Open response	B5	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
CV21_01	Gibt es Dinge, die sich durch die Covid-19-Pandemie an Ihrer Hochschule verändert haben und die Ihrer Meinung nach auch nach der Pandemie beibehalten werden sollten?	Offene Texteingabe	Are there things that have changed at your university as a result of the Covid 19 pandemic that you think should be maintained after the pandemic?	Open response	B5	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants

Perception of online teaching

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Bitte geben Sie an, wie sehr Sie den folgenden Aussagen zustimmen.		Please indicate how much you agree with the following statements.		B2	only presented if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST30_01	Ich kann mich bei Online-Lehrveranstaltungen gut konzentrieren.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I can concentrate well in online classes.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST30_02	Ich lerne bei Online-Lehrveranstaltungen mehr als in Präsenzveranstaltungen vor Ort.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I learn more in online courses than in in-person classes.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST30_03	Mir fällt es schwer, mich in Online-Lehrveranstaltungen zu motivieren.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I find it difficult to motivate myself in online classes.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST30_04	Online-Lehrveranstaltungen überfordern mich.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	Online classes overwhelm me.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST30_05	Für Online-Lehrveranstaltungen muss ich mehr tun als für Präsenzveranstaltungen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I have to do more for online classes than for in-person classes	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST30_06	Online-Lehrveranstaltungen erfordern eine aktiver Teilnahme von mir als Präsenzveranstaltungen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	Online classes require more active participation from me than in person classes.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST30_07	Ich glaube, ich lerne in Online-Lehrveranstaltungen weniger als in Präsenzveranstaltungen vor Ort.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I think I learn less in online classes than in in-person classes.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

Opinion on future and current online teaching

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST31_01	Ich würde mir wünschen, dass auch nach der Pandemie die Mehrzahl der Lehrveranstaltungen weiterhin online durchgeführt wird.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I would like to see the majority of courses continue to be taught online even after the pandemic.	1= completely disagree 7= completely agree -9 = not answered	B1,B2, B3.1, B3.2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST31_02	Ich bin der Meinung, alle Lehrveranstaltungen sollten aktuell in Präsenz durchgeführt werden	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I believe all courses should be currently conducted in person	1= completely disagree 7= completely agree -9 = not answered	B1,B2, B3.1, B3.2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

Study motivation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Denken Sie bitte für die folgenden Fragen an das bisher vergangene Semester. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem bisherigen Semester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the semester that has passed so far. We would like to know from you for what reasons you have completed tasks and work in your studies. Think of all study-related tasks from the semester so far (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they were currently studying (SD30 = 1 OR SD43 = 4)
		Denken Sie bitte für die folgenden Fragen an das bisher vergangene Semester - bis zu dem Zeitpunkt, an dem Sie das Studium unterbrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem bisherigen Semester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the semester that has passed so far - up to the point when you interrupted your studies. We would like to hear from you about the reasons for which you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the semester so far (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they had interrupted their studies (SD30 = 2 OR SD43 = 3)
		Denken Sie bitte für die folgenden Fragen an das bisher vergangene Semester - bis zu dem Zeitpunkt, an dem Sie das Studium abgebrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus		For the following questions, please think about the semester that has passed so far - up to the point when you dropped out of your studies. We would like to hear from you about the reasons you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the semester so far (e.g.			only presented if participants indicated that they had dropped out of university (SD30 = 3 OR SD43 = 2)

		dem bisherigen Semester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		attending lectures, working on exercises, reading literature, ...)			
		Ich habe bisher in diesem Semester für mein Studium gearbeitet,...		I have been completing tasks for my study degree so far this semester....			only presented if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern oder Freunde) das von mir erwartet haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...because other people who are important to me (e.g. parents or friends) expected me to do this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_01), B3.2 (SM10_01), exact: B3.1 (SM12_01), B2, B5 (SM21_01)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_04	Introjection item 1	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would have felt bad if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_04), B3.2 (SM10_04), exact: B3.1 (SM12_04), B2, B5 (SM21_04)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_07	Identified item 1	...weil mir die Inhalte meines Studiums persönlich wichtig sind.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because the contents of my studies are personally important to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_07), B3.2 (SM10_07), exact: B3.1 (SM12_07), B2, B5 (SM21_07)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_10	Intrinsic motivation item 1	...weil mich die Inhalte in meinem Studium sehr interessieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very interested in the contents of my studies	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_10), B3.2 (SM10_10), exact: B3.1 (SM12_10), B2, B5 (SM21_10)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht wären, wenn ich das nicht gemacht hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others would be disappointed in me if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_02), B3.2 (SM10_02), exact: B3.1 (SM12_02), B2, B5 (SM21_02)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_05	Introjection item 2	...weil ich sehr stolz auf mich bin, wenn ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very proud of myself if I succeed in my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_05), B3.2 (SM10_05), exact: B3.1 (SM12_05), B2, B5 (SM21_05)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

SM02_08	Identified item 2	...weil mein Studium mir dabei hilft, später Dinge erreichen zu können, die mir viel bedeuten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because my studies help me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_08), B3.2 (SM10_08), exact: B3.1 (SM12_08), B2, B5 (SM21_08)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_11	Intrinsic motivation item 2	...weil mir die Inhalte meines Studiums Spaß bereiten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I enjoy the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_11), B3.2 (SM10_11), exact: B3.1 (SM12_11), B2, B5 (SM21_11)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_03	Extrinsic motivation item 3	...weil andere mir das vorgeschrieben haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others have been telling me to do so.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (SM12_03), B2, B5 (SM21_03)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_06	Introduction item 3	...weil ich anderen beweisen möchte, dass ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to prove to others that I can manage my studies well	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_06), B3.2 (SM10_06), exact: B3.1 (SM12_06), B2, B5 (SM21_06)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_09	Identified item 3	...weil ich die Inhalte meines Studiums verstehen möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to understand the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_09), B3.2 (SM10_09), exact: B3.1 (SM12_09), B2, B5 (SM21_09)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM02_12	Intrinsic motivation item 3	...weil ich die Inhalte meines Studiums spannend finde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of my studies exciting.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_12), B3.2 (SM10_12), exact: B3.1 (SM12_12), B2, B5 (SM21_12)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM17		Gibt es andere Gründe, aus denen Sie Aufgaben und Arbeiten in Ihrem Studium erledigt haben?	1 = nein 2 = ja, und zwar: -9 = nicht beantwortet	Are there any other reasons for which you have completed assignments and work in your studies?	1 = no 2 = yes, namely: -9 = not answered		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SM17_02		Ja, und zwar: ...	Offene Texteingabe	yes, namely: ...	open response		only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Study satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Wie bewerten Sie Ihr derzeitiges Studium? Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen		How would you rate your current studies? Please indicate to what extent the following statements are true.			only presented if participants indicated that they were currently studying (SD30 = 1 OR SD43 = 4)
	Wie bewerten Sie Ihr Studium? Denken Sie bitte bis zu dem Zeitpunkt zurück, an dem Sie es unterbrochen haben. Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen.		How do you evaluate your studies? Please think back to the time when you interrupted your studies. Please indicate to what extent the following statements are true.			only presented if participants indicated that they had interrupted their studies (SD30 = 2 OR SD43 = 3)
	Wie bewerten Sie Ihr Studium? Denken Sie bitte bis zu dem Zeitpunkt zurück, an dem Sie es abgebrochen haben. Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen.		How do you evaluate your studies? Please think back to the time when you dropped out of university. Please indicate to what extent the following statements are true.			only presented if participants indicated that they had dropped out of university this wintersemester (SD30 = 3 OR SD43 = 2)
ST73_01	Ich habe richtig Freude an dem, was ich studiere.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I really enjoy the subject I'm studying.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_01), B5 (SS02_01)	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_04	Das Studium frisst mich auf.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course of study is wearing me down.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_04), B5 (SS02_04)	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_02	Insgesamt bin ich mit meinem jetzigen Studium zufrieden.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	On the whole, I am satisfied with my current course of study.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_02), B5 (SS02_02)	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_05	Ich kann mein Studium nur schwer mit anderen Verpflichtungen in Einklang bringen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	It's very difficult for me to reconcile my course of study with my other obligations.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_05), B5 (SS02_05)	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_03	Ich finde mein Studium wirklich interessant.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I find my course of study really interesting.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_03), B5 (SS02_03)	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

ST73_06	Ich fühle mich durch das Studium oft müde und abgespannt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course of study often makes me feel tired and exhausted.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_06), B5 (SS02_06)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_07	Ich tue für mein Studium nicht mehr, als unbedingt erforderlich ist.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I no longer do anything more for my studies than that which is absolutely necessary.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_07), B5 (SS02_07)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_08	Ich investiere sehr viel Energie, um in meinem Studium erfolgreich zu sein.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I invest a lot of energy in being successful in my degree course.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_08), B5 (SS02_08)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_09	Ich kann mich mit meinem Studium voll identifizieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I can fully identify with my degree program.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_09), B5 (SS02_09)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST73_10	Die Erwartungen, die ich an mein Studium hatte, wurden bisher erfüllt	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	The expectations I had of my degree program have been met so far.	1= completely disagree 7= completely agree -9 = not answered	exact: B2, similar: B3.1 (ST84_10), B5 (SS02_10)	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST74_01	Ich fühle mich von den Lehrenden anerkannt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I feel accepted by the instructors.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST74_02	Mit den Lehrenden meines Studiengangs komme ich gut zurecht.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I get along well with the instructors in my degree program.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST74_03	Die meisten Lehrenden behandeln mich fair.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	Most of the instructors treat me fairly.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST74_04	Die Lehrenden interessieren sich für das, was ich zu sagen habe.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	The lecturers are interested in what I have to say.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST74_05	Mir ist es während meines bisherigen Studiums gut gelungen, Kontakte zu anderen Studierenden aufzubauen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I have been successful in building contacts with other students during my studies up to now.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST74_06	Ich kenne viele Kommiliton*innen, mit denen ich mich über fachspezifische Fragen austauschen kann.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I know a lot of classmates with whom I can exchange ideas about questions in my field of study.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
ST74_07	Ich habe viele Kontakte zu Studierenden aus meinem Semester.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I have many contacts with students in my class.	1= completely disagree 7= completely agree -9 = not answered	B2	only assessed if participants had <u>not</u> indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

Valuation of study situation

Questionnaire on structural conditions (StrukStud)

German items: Schmidt, L. I., Scheiter, F., Neubauer, A., & Sieverding, M. (2018). Anforderungen, Entscheidungsfreiraume und Stress im Studium. *Diagnostica*, 65(2), 63–74. <https://doi.org/10.1026/0012-1924/a000213>

Variable name	Description	Instruction / Response options (German original)	Instruction / Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Bitte beurteilen Sie die folgenden Aussagen zu Ihrem aktuellen Studium.	Please rate the following statements about your current studies.	B2	only presented if participants indicated that they were currently studying (SD30 = 1 OR SD43 = 4)
		Bitte beurteilen Sie die folgenden Aussagen zu Ihrem unterbrochenen Studium.	Please rate the following statements about your interrupted studies.	B2	only presented if participants indicated that they had interrupted their studies (SD30 = 2 OR SD43 = 3)
		Bitte beurteilen Sie die folgenden Aussagen zu Ihrem abgebrochenen Studium.	Please rate the following statements about the studies from which you dropped out.	B2	only presented if participants indicated that they had dropped out of university (SD30 = 3 OR SD43 = 2)
BR01_01	Demands item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR01_02	Demands item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR01_03	Demands item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR01_04*	Demands item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR01_05	Demands item 5	1 = trifft nicht zu 2 = trifft eher nicht zu	1 = does not apply 2 = rather does not apply	B2	only assessed if participants had not indicated that they had

		3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	3 = rather applies 4 = completely true -9 = not answered		dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR01_06	Demands item 6	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR01_07	Demands item 7	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR02_01	Decision latitude skill discretion item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR02_02	Decision latitude skill discretion item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR02_03	Decision latitude skill discretion item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR02_04	Decision latitude skill discretion item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR02_05	Decision latitude skill discretion item 5	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR03_01	Decision latitude decision authority item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR03_02*	Decision latitude decision authority item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

BR03_03	Decision latitude decision authority item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR04_01	Support lecturers/professors item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR04_02	Support lecturers/professors item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR04_03*	Support lecturers/professors item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR04_04	Support lecturers/professors item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR04_05	Support lecturers/professors item 5	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR05_01	Support fellow students item 1	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR05_02*	Support fellow students item 2	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR05_03	Support fellow students item 3	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
BR05_04	Support fellow students item 4	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu	1 = does not apply 2 = rather does not apply 3 = rather applies	B2	only assessed if participants had not indicated that they had dropped out of their studies prior

		4 = trifft völlig zu -9 = nicht beantwortet	4 = completely true -9 = not answered		to the start of the winter semester 2021/22 (SD43 != 1)
BR05_05	Support fellow students item 5	1 = trifft nicht zu 2 = trifft eher nicht zu 3 = trifft eher zu 4 = trifft völlig zu -9 = nicht beantwortet	1 = does not apply 2 = rather does not apply 3 = rather applies 4 = completely true -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

*Item needs to be recoded

Academic Self-Concept

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Wie schätzen Sie sich selbst hinsichtlich Ihres Studiums ein?		How would you describe yourself in terms of your studies?		B2	only presented if participants indicated that they were currently studying (SD30 = 1 OR SD43 = 4) OR that they had interrupted their studies (SD30 = 2 OR SD43 = 3)
	Wie schätzen Sie sich selbst hinsichtlich Ihres Studiums ein? Bitte denken Sie bei der Beantwortung der Frage an das Studium, das Sie abgebrochen haben.		How would you describe yourself in terms of your studies? When answering the question, please think of the studies you have dropped out of.		B2	only presented if participants indicated that they had dropped out of university (SD30 = 3 OR SD43 = 2)
SE05_01	Ich halte meine Begabung für das Studium für ...	1 = niedrig 7 = hoch -9 = nicht beantwortet	I think my talent for studying is ...	1 = low 7 = high -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SE06_01	Neues zu lernen im Studium fällt mir...	1 = schwer 7 = leicht -9 = nicht beantwortet	Learning new material in this degree program is ...	1 = difficult 7 = easy -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SE07_01	Meine studienbezogenen Fähigkeiten sind...	1 = niedrig 7 = hoch -9 = nicht beantwortet	My study-related skills are ...	1 = low 7 = high -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)
SE08_01	Aufgaben im Rahmen des Studiums fallen mir...	1 = schwer 7 = leicht -9 = nicht beantwortet	I find the tasks required in this course of study...	1 = difficult 7 = easy -9 = not answered	B2	only assessed if participants had not indicated that they had dropped out of their studies prior to the start of the winter semester 2021/22 (SD43 != 1)

Graduation success and occupation after graduation

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST17	Wie wahrscheinlich ist es Ihrer Meinung nach, dass Sie Ihr Studium erfolgreich abschließen können?	1 = sehr unwahrscheinlich 2 = eher unwahrscheinlich 3 = ungefähr 50 zu 50 4 = eher wahrscheinlich 5 = sehr wahrscheinlich -9 = nicht beantwortet	How likely is it in your opinion that you will complete the degree program and graduate?	1 = very unlikely 2 = rather unlikely 3 = approximately 50 to 50 4 = rather likely 5 = very likely -9 = not answered	B2, B3.1	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2 OR SD43 = 3 OR SD43 = 4)
ST18	Wie häufig denken Sie bereits heute darüber nach, was Sie nach dem Studium machen möchten?	1 = nie 2 = selten 3 = manchmal 4 = oft 5 = sehr oft -9 = nicht beantwortet	How often do you think about what you would like to do after completing your degree?	1 = never 2 = rarely 3 = sometimes 4 = often 5 = very often -9 = not answered	B2, B3.1	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2 OR SD43 = 3 OR SD43 = 4)

Drop out intentions and reasons

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST15	Drop-out intentions	Denken Sie zurzeit ernsthaft daran, Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben?	1 = ja 2 = nein	Are you currently seriously thinking about changing your major subject or of giving up your course of study entirely?	1 = yes 2 = no	B1, B2, B3.1, B5	only assessed if participants indicated that they were currently studying or that they had interrupted their studies (SD30 = 1 OR SD30 = 2 OR SD43 = 3 OR SD43 = 4)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium unterbrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had interrupted your studies. What reasons played a role in this?		B2, B3.1, B5	only presented if participants indicated that they had interrupted their studies (SD30 = 2 OR SD43 = 3)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium abgebrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had dropped out of your studies. What reasons played a role in this?		B2, B3.1, B5	only presented if participants indicated that they had dropped out of university (SD30 = 3 OR SD43 = 2)
		Sie haben angegeben, dass Sie ernsthaft erwägen Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben. Welche Gründe spielen für Ihre Überlegungen eine Rolle?		You have indicated that you are seriously considering changing your major subject or giving up your course of study entirely. What reasons play a role in your considerations?		B1, B2, B3.1, B5	only presented if participants indicated that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_01		Unzufriedenheit mit der Online-Lehre	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Dissatisfaction with online teaching	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_02		Prüfungen nicht bestanden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Did not pass examination	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR

							that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_03		Schwangerschaft	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Pregnancy	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_04		Unvereinbarkeit von Studium und Erwerbstätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and employment	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_05		Angebot eines interessanten Arbeitsplatzes	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Interesting job offer	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_06		überfüllte Lehrveranstaltungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Overcrowded lectures	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_07		zu hohe Studienanforderungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course requirements too high	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_08		nachgelassenes Interesse am Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Loss of interest in subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_09		mangelnde Organisation des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of organization of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_10		Unvereinbarkeit von Studium und Kinderbetreuung	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and childcare	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_11		zu viel Studien- und Prüfungsstoff	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course and examination material too extensive	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_12		fehlende Betreuung durch die Lehrenden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of support from lecturers	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_13		falsche Erwartungen in Bezug auf das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	False expectations with regard to the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_14		finanzielle Engpässe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Financial problems	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_15		Desinteresse an den Berufen, die das Studium ermöglicht	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of interest in the professions covered by the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_16		familiäre Gründe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Family reasons	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_17		Krankheit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Illness	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_18		war den Leistungsanforderungen im Studium nicht gewachsen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Unable to meet performance requirements for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_19		Auslandsstudium oder Auslandspraktikum	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course of study abroad or internship abroad	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_20		fehlender Berufs-, Praxisbezug des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of professional and practical relevance of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_21		will/muss schnellstmöglich Geld verdienen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted/had to earn money as quickly as possible	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR

							that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_22		Zweifel an persönlicher Eignung für das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Doubts about personal suitability for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_23		schlechte Arbeitsmarktchancen in meinem Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Poor job prospects in my subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_24		Wunsch nach praktischer Tätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted to do practical work	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_25		Anonymität der Hochschule	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Anonymity of the higher education institution	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B5	only assessed if participants indicated that they had interrupted or dropped their studies this winter semester (SD30 = 2 OR SD30 = 3 OR SD43 = 2 OR SD43 = 43) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

Health Status

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
SE01	Wie würden Sie Ihren Gesundheitszustand im Allgemeinen beschreiben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How would you describe your health in general?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B2, B3.1, B5
	Denken Sie bitte nun an Ihre körperliche Gesundheit – dazu zählen körperliche Krankheiten und Verletzungen. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihrer körperlichen Gesundheit nicht gut?		Now thinking about your physical health, which includes physical illness and injury, for how many days during the past four weeks was your physical health not good?		B2, B3.1, B5
SE02_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	On ... days	Open response (integer)	B2, B3.1, B5
	Und denken Sie bitte jetzt an Ihr seelisches Befinden, - dazu zählen auch Stress, Depressionen oder Ihre Stimmung ganz allgemein. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihres seelischen Befindens nicht gut?		And now please think about your mental health - this also includes stress, depression, or your mood in general. On how many days in the last four weeks did you not feel well due to your psychological condition?		B2, B3.1, B5
SE03_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	on ... days	Open response (integer)	B2, B3.1, B5

Domain Satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at	Comment
	Nun möchten wir Ihnen einige Fragen zu Ihrer gegenwärtigen Zufriedenheit mit unterschiedlichen Aspekten Ihres Lebens stellen. Bitte antworten Sie auf einer Skala von 0 bis 10. „0“ bedeutet, dass Sie ganz und gar unzufrieden sind, „10“ bedeutet, Sie sind ganz und gar zufrieden. Mit den Zahlen dazwischen können Sie Ihr Urteil abstimmen.		We'd like to ask you a few questions about your current level of satisfaction with different aspects of your life. Please answer each question on a scale of 0 to 10. '0' means that you are 'completely dissatisfied', while a '10' means that you are 'completely satisfied.' You can gradate your answer with the numbers in between.		B1, B2, B3.1, B3.2, B5	
SE04_01	Wie zufrieden sind Sie gegenwärtig, alles in allem, mit Ihrem Leben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you currently with your life, all in all?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B5	
SE04_02	Wie zufrieden sind Sie mit dem, was Sie haben? Denken Sie dabei an Geld, Einkommen und Dinge, die Sie besitzen.	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with what you have? Think of money, income and things you own.	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B5	
SE04_03	Wie zufrieden sind Sie mit Ihrer Gesundheit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your health?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B5	
SE04_04	Wie zufrieden sind Sie mit Ihrem Familienleben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your family life?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B5	
SE04_05	Wie zufrieden sind Sie mit Ihrem Bekannten- und Freundeskreis?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your group of friends?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B5	
SE04_06	Wie zufrieden sind Sie mit Ihrem Studium?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your higher education?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B5	only assessed if participants had indicated that they are currently studying (SD30 = 1 OR SD43 = 4)
SE04_07	Wie zufrieden sind Sie mit Ihrer Arbeit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your work?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B3.1, B5	only assessed if participants had indicated that they were employed in some form (SD29 = 2 OR SD29 = 3 OR SD29 = 4 OR SD29 = 5 OR SD29 = 6 OR SD40_01 = 2 OR SD40_02 = 2)

Life Satisfaction

Satisfaction With Life Scale

English instructions and items: Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49(1), 71–75. https://doi.org/10.1207/s15327752jpa4901_13

German instructions and items: Glaesmer, H., Grande, G., Braehler, E., & Roth, M. (2011). The German version of the satisfaction with life scale (SWLS): Psychometric properties, validity, and population-based norms. *European Journal of Psychological Assessment*, 27(2), 127–132. <https://doi.org/10.1027/1015-5759/a000058>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LS01_01	Life satisfaction item 1	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LS01_02	Life satisfaction item 2	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LS01_03	Life satisfaction item 3	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LS01_04	Life satisfaction item 4	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LS01_05	Life satisfaction item 5	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5

Trait Affect

Affect items were chosen to capture all quadrants of the affect circumplex (Russell, 1980). We used the same items as in our previous work (Neubauer et al. (2022, February 22). PACO - Psychological Adjustment to the COVID-19 Pandemic. <https://doi.org/10.17605/OSF.IO/WCERJ>), with two items capture moderate to high arousal positive affect (happy, cheerful), and two items capture low arousal positive affect (relaxed, balanced). The items afraid and angry capture high arousal states of the content domains of anxiety and anger, respectively. The item worried captures moderate arousal and belongs to the content domain of worry, and the item sad captures low arousal and belongs to the content domain of sadness. Additionally, the items lively and exhausted capture the poles of the arousal dimension of the affect circumplex.

Russell, J. A. (1980). A circumplex model of affect. *Journal of Personality and Social Psychology*, 39, 1161–1178.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
		Ich bin im Allgemeinen...		In general I feel...		B1, B2, B3.1, B3.2, B5
AF01_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5

AF01_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5
AF01_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B5

Depression

Center for Epidemiological Studies Depression Scale.

English instructions and items: Radloff, L. S. (1977). The CES-D scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401. <https://doi.org/10.1177/014662167700100306>

German instructions and items: Hautzinger, M. (1988). Die CES-D Skala: Ein Depressionsmeßinstrument für Untersuchungen in der Allgemeinbevölkerung. *Diagnostica*, 34(2), 167–173.

Note: The instructions asked participants to consider the items with respect to the last week.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
DP03_01	CES-D item 1	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_02	CES-D item 2	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_03	CES-D item 3	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_04*	CES-D item 4	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_05	CES-D item 5	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang)	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days)	B1, B2, B3.1, B3.2, B5

		4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	4 = most of the time, always (5 to 7 days) -9 = not answered	
DP03_06	CES-D item 6	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_07	CES-D item 7	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_08*	CES-D item 8	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_09	CES-D item 9	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP03_10	CES-D item 10	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_11	CES-D item 11	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_12*	CES-D item 12	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_13	CES-D item 13	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_14	CES-D item 14	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5

DP04_15	CES-D item 15	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_16*	CES-D item 16	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_17	CES-D item 17	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_18	CES-D item 18	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_19	CES-D item 19	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5
DP04_20	CES-D item 20	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B5

*Item needs to be recoded

Retrospective psychological need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. *Motivation and Emotion*, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. *Journal of Individual Differences*, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf den letzten Monat. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf den letzten Monat zu?		Please read the following statements carefully and then indicate how much you agree with them. Refer to the last month. How much do you agree with the following statements in relation to last month?		B1, B2, B3.1, B3.2, B5
PN01_01	Retrospective relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN01_02	Retrospective relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN01_03	Retrospective competence frustration item 1	...versagt zu haben...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...failure	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN01_04	Retrospective autonomy satisfaction item 1	...Freiraum.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN01_05	Retrospective competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN01_06	Retrospective autonomy satisfaction item 2	...“wahren Ichs”.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5

PN01_07	Retrospective relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...close and connected...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN01_08	Retrospective competence satisfaction item 2	...große Herausforderungen ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN01_09	Retrospective relatedness satisfaction item 3	... Vertrautheit mit den Menschen gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_01	Retrospective autonomy frustration item 1	... Druck gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_02	Retrospective autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_03	Retrospective relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_04	Retrospective relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_05	Retrospective competence satisfaction item 3	... selbst bei schwierigen Dingen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_06	Retrospective autonomy frustration item 3	... Dinge gegen meinen Willen...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_07	Retrospective competence frustration item 2	Ich habe etwas Dummes gemacht...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_08	Retrospective competence frustration item 3	... mit etwas schwer getan, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
PN02_09	Retrospective autonomy satisfaction item 3	... was mich interessiert.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5

Loneliness

8 items from the UCLA loneliness scale. The selection of these items was based on findings by Hays and DiMatteo (1987).

English instructions and items: Russell, D., Peplau, L. A., & Cutrona, C. E. (1980). The revised UCLA loneliness scale: Concurrent and discriminant validity evidence. *Journal of Personality and Social Psychology*, 39(3), 472–480. <https://doi.org/10.1037/0022-3514.39.3.472>

Hays, R. D., & DiMatteo, M. R. (1987). A short-form measure of loneliness. *Journal of Personality Assessment*, 51, 69–81. Doi: 10.1207/s15327752jpa5101_6

German instructions and items: Döring, N., & Bortz, J. (1993). Psychometrische Einsamkeitsforschung: Deutsche Neukonstruktion der UCLA Loneliness Scale. *Diagnostica*, 39(3), 224–239.

The variables in the table and in the data file are listed in the same order as in the publication by Hays & Di Matteo (1987). Note, however, that in the translation by Döring & Bortz (1993) the first item is inverted in the translation (from “no companionship” to “enough companionship”); please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LO02_02*	Loneliness item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LO02_03	Loneliness item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LO02_09*	Loneliness item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LO02_11	Loneliness item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LO02_14	Loneliness item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LO02_15*	Loneliness item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5

LO02_17	Loneliness item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
LO02_18	Loneliness item 8	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5

*Item needs to be recoded

Vitality

7 item version of the Subjective Vitality Scale.

English instructions and items: Ryan, R. M., & Frederick, C. (1997). On energy, personality, and health: Subjective vitality as a dynamic reflection of well-being. *Journal of Personality*, 65(3), 529–565. <https://doi.org/10.1111/j.1467-6494.1997.tb00326.x>

German instructions and items: Goldbeck, F., Hautzinger, M., & Wolkenstein, L. (2019). Validation of the German version of the subjective vitality scale – a cross-sectional study and a randomized controlled trial. *Journal of Well-Being Assessment*, 3(1), 17–37. <https://doi.org/10.1007/s41543-019-00019-8>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
VS01_01	Vitality item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
VS01_02*	Vitality item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
VS01_03	Vitality item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
VS01_04	Vitality item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
VS01_05	Vitality item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
VS01_06	Vitality item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
VS01_07	Vitality item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5

*Item needs to be recoded

Perceived Stress

10 items of the Perceived Stress Scale.

English instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/html/pss.html>

German instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/index.html>

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
PS02_01	Perceived stress scale item 1	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_02	Perceived stress scale item 2	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_03	Perceived stress scale item 3	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_04*	Perceived stress scale item 4	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_05*	Perceived stress scale item 5	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_06	Perceived stress scale item 6	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_07*	Perceived stress scale item 7	1 = nie 2 = selten 3 = manchmal 4 = häufig	1 = never 2 = almost never 3 = sometimes 4 = fairly often	B2, B3.1, B5

		5 = sehr oft	5 = very often	
PS02_08*	Perceived stress scale item 8	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_09	Perceived stress scale item 9	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_10	Perceived stress scale item 10	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5

*Item needs to be recoded

Attitudes towards Covid-19 related restrictions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
	Beziehen Sie sich bei der Beurteilung der folgenden Aussagen bitte auf die aktuelle Situation rund um die Corona-Pandemie. Denken Sie bitte an die Beschränkungen, die aktuell für Sie gelten (z.B. Maskenpflicht, Hygieneregeln, 3G-Regel,...) und beurteilen Sie bitte folgende Aussagen dazu.		In assessing the following statements, please refer to the current situation surrounding the Corona pandemic. Please think about the restrictions that are currently in place for you (e.g. mandatory masks, hygiene rules, 3G rule,...) and please assess the following statements about them.		B3.1, B3.2, B5
CV05_01	Die Beschränkungen finde ich in der aktuellen Situation angemessen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I find the restrictions appropriate in the current situation.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_01), B3.1, B3.2, B5
CV05_02	Die Beschränkungen schränken meine Grundrechte zu stark ein und müssen deshalb so schnell wie möglich gelockert werden.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions limit my fundamental rights too much and must therefore be relaxed as quickly as possible.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_02), B3.1, B3.2, B5
CV05_03	Die Beschränkungen sind unverhältnismäßig.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions are disproportionate.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_03), B3.1, B3.2, B5
CV05_04	Ich verstehe, warum die Beschränkungen nötig sind.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I understand why the restrictions are necessary.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_04), B3.1, B3.2, B5
CV02_01	Zusammengefasst finde ich die aktuellen Beschränkungen...	1 = nicht strikt genug 2 = 3 = genau passend 4 = 5 = zu strikt -9 = nicht beantwortet	In summary, I find the current restrictions...	1 = not strict enough 2 = 3 = perfectly appropriate 4 = 5 = too strict -9 = not answered	B1, B2, B3.1, B3.2, B5

Covid-19 specific worries

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte beantworten Sie die untenstehenden Fragen zur aktuellen Corona-Pandemie.		Please reply to the questions below concerning the current coronavirus pandemic, COVID-19.		B1, B2, B3.1, B3.2, B5
CV03_01	Corona worries: about my own health	Ich mache mir wegen der Corona-Pandemie Sorgen um meine eigene Gesundheit.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my own health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
CV03_02	Corona worries: about my friends' health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Freunde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my friends' health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
CV03_03	Corona worries: about my family's health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Familie.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my family's health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
CV03_04	Corona worries: about people at risk	Ich mache mir wegen der Corona-Pandemie Sorgen um die Risikogruppen in unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about people at risk in our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
CV03_05	Corona worries: about future of society	Ich mache mir wegen der Corona-Pandemie Sorgen um die Zukunft unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about the future of our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5
CV03_06	Corona worries: about professional future	Ich mache mir wegen der Corona-Pandemie Sorgen um meine berufliche Zukunft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my professional future because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B5

Covid-19 stress appraisals

Primary Appraisal Secondary Appraisal Scale

German instructions and items: Gaab, J. (2009). PASA – Primary Appraisal Secondary Appraisal. Verhaltenstherapie, 19(2), 114–115.
<https://doi.org/10.1159/000223610>

Instructions were slightly adjusted to refer to the Covid-19 pandemic (as in Brose et al. (2021). Change in mental health symptoms during the COVID-19 pandemic: The role of appraisals and daily life experiences. *Journal of Personality*, 89(3), 468–482.
<https://doi.org/10.1111/jopy.12592>.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please Gaab (2009) for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
CV04_01*	Threat item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_02	Challenge item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_03	Self-concept own abilities item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_04	Control item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_05	Threat item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_06*	Challenge item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_07*	Self-concept own abilities item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_08	Control item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_09*	Threat item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5

CV04_10*	Challenge item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_11	Self-concept own abilities item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_12	Control item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_13	Threat item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_14	Challenge item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_15	Self-concept own abilities item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5
CV04_16	Control item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B5

*Item needs to be recoded

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	B1, B2, B3.1, B3.2, B5 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

B5: Assessment in March / April 2022

relevant for: original sample, refreshment sample

The items are listed in the order in which they appeared in the questionnaire

Participant background

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD03	Marital status	Bitte geben Sie Ihren aktuellen Beziehungsstatus an.	1 = single / ledig 2 = in fester Partnerschaft 3 = verheiratet 4 = geschieden 5 = verwitwet -9 = nicht beantwortet	Please state your current relationship status.	1 = single 2 = in permanent relationship 3 = married 4 = separated / divorced 5 = widowed -9 = not answered	B1, B2, B3.1, B3.2; B4	
SD09	Housing situation	Welche dieser Aussagen beschreibt Ihre aktuelle Wohnsituation am besten?	1 = Ich wohne bei meinen Eltern / einem Elternteil und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 2 = Ich wohne bei meinen Eltern / einem Elternteil, würde aber lieber ausziehen. 3 = Ich wohne bei Verwandten und will auch zumindest in den nächsten Monaten weiter hier wohnen bleiben. 4 = Ich wohne bei Verwandten, würde aber lieber ausziehen. 5 = Ich wohne in einer in einer WG / im Studierendenwohnheim und will auch in einer WG / im Studierendenwohnheim wohnen. 6 = Ich wohne in einer WG / im Studierendenwohnheim, würde aber lieber alleine wohnen. 7 = Ich wohne alleine und will auch alleine wohnen. 8 = Ich wohne alleine, würde aber lieber in einer WG / im Studierendenwohnheim wohnen. 10 = Ich wohne mit meinem Partner / meiner Partnerin zusammen 9 = keine von diesen, sondern: -9 = nicht beantwortet	Which option best describes your current housing situation?	1 = I live with my parent/s and want to stay here at least for the following months 2 = I live with my parent/s but would rather move out 3 = I live with my relatives and want to stay here at least for the following months 4 = I live with my relatives but would rather move out 5 = I live in a dormitory / private apartment with roommates and also want to live here 6 = I live in a dormitory / private apartment with roommates but would rather live alone 7 = I live alone and also want to live alone 8 = I live alone but would rather live in a dormitory / private apartment with roommates 10 = I live with my partner 9 = None of those options, but... -9 = not answered	B1, B2, B3.1, B3.2; B4	Note: response option 10 was added for this assessment as well as for assessments B3.1, B3.2, and B4 (but was not present in B1 and B2)
SD09_09	Other housing situation	Keine von diesen, sondern	Offene Eingabe	None of those options, but...	Open response	B1, B2, B3.1, B3.2; B4	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

SD06_01	Number of household members	Wie viele Personen leben derzeit mit Ihnen zusammen in einem Haushalt- Sie selbst und gegebenenfalls Ihre Kinder miteingerechnet)	Offene Eingabe (Ganze Zahl)	How many persons including yourself are currently living in your household? Please count also children who are only temporarily living in your household.	Open response (integer)	B1, B2, B3.1, B3.2; B4	
SD07		Mit wem wohnen Sie zurzeit in Ihrem Haushalt zusammen? Sie können mehrere Antworten auswählen.	Anzahl gewählter Optionen (ganze Zahl)	Who is currently living in your household? You can choose multiple answers.	total number of selected options (integer)	B1, B2, B3.1, B3.2; B4	
SD07_01	Living alone	mit niemandem	1 = nicht ausgewählt 2 = ausgewählt	Nobody.	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_02	Partner / spouse in household	mit Ehepartner(in)/Partner(in)	1 = nicht gewählt 2 = ausgewählt	Spouse/partner	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_03	Own children in household	mit Ihren eigenen Kindern/Pflegekindern/Adoptivkindern	1 = nicht gewählt 2 = ausgewählt	Children, foster children, adopted children	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_04	Children of partner in household	mit Kindern Ihres Partners/Ihrer Partnerin	1 = nicht gewählt 2 = ausgewählt	Children of partner	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_05	Mother/ mother figure in household	mit Mutter/Stiefmutter/Pflegemutter	1 = nicht ausgewählt 2 = ausgewählt	Mother / stepmother / foster mother	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_06	Father/ father figure in household	mit Vater/Stiefvater/Pflegevater	1 = nicht ausgewählt 2 = ausgewählt	Father / stepfather / foster father	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_07	Siblings in household	mit Geschwistern	1 = nicht ausgewählt 2 = ausgewählt	Siblings	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_08	grandparents in household	mit Großeltern	1 = nicht ausgewählt 2 = ausgewählt	Grandparents	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_09	grandchildren in household	mit Enkeln	1 = nicht ausgewählt 2 = ausgewählt	Grandchildren	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_10	Parents in-law in household	mit Schwiegermutter/-vater/-eltern	1 = nicht ausgewählt 2 = ausgewählt	Mother-in-law /father-in-law	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_11	Other relatives in household	mit anderen Verwandten	1 = nicht ausgewählt 2 = ausgewählt	Other relatives	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	
SD07_12	Other household members	mit anderen, nicht verwandten Personen	1 = nicht ausgewählt 2 = ausgewählt	Other persons	1 = not selected 2 = selected	B1, B2, B3.1, B3.2; B4	

zipcode	ZIP code	Wie lautet die Postleitzahl des Ortes, an dem Sie im Moment überwiegend wohnen? Falls Sie nicht in Deutschland wohnen, geben Sie bitte 00000 an.	Offene Texteingabe	Please enter your zip code, or 00000 for residents outside Germany.	Open response	B1, B2, B3.1, B3.2, B4	This variable has been shortened to the first 3 digits to ascertain anonymity of participants.
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Personal Goals

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	<p>Auf dieser Seite möchten wir gerne mehr zu Ihren persönlichen Zielen erfahren.</p> <p>Denken Sie bitte an Ihre persönlichen Ziele, die Sie momentan anstreben. Denken Sie dabei an Ziele, die Sie in den kommenden drei Wochen aktiv verfolgen. Diese Ziele können sich auf verschiedene Lebensbereiche beziehen, z. B. auf Ihre Ausbildung, Ihre Arbeit, Ihre Familie oder auf Sie selbst.</p> <p>Bitte geben Sie im Folgenden drei persönliche Ziele stichpunktartig an. Wenn Sie möchten, können Sie diese Ziele gerne näher erläutern.</p>		<p>On this page we would like to learn more about your personal goals.</p> <p>Please think of your personal goals that you are currently striving for. Think of goals that you are actively pursuing over the next three weeks. These goals can be related to different areas of your life, such as your education, your job, your family, or yourself.</p> <p>Please list three personal goals below in bullet form. If you wish, you are welcome to explain these goals in more detail.</p>			
GO01_01	Erstes persönliches Ziel:	Offene Texteingabe	First personal goal:	open response		This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
GO01_02	Optional: detailliertere Erläuterung des ersten Ziels	Offene Texteingabe	Optional: more detailed explanation of the first goal	open response		This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
GO02_01	Zweites persönliches Ziel:	Offene Texteingabe	Second personal goal:	open response		This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
GO02_02	Optional: detailliertere Erläuterung des zweiten Ziels	Offene Texteingabe	Optional: more detailed explanation of the second goal	open response		This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
GO03_01	Drittes persönliches Ziel:	Offene Texteingabe	Third personal goal:	open response		This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
GO04_02	Optional: detailliertere Erläuterung des dritten Ziels	Offene Texteingabe	Optional: more detailed explanation of the third goal	open response		This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Past and current (study) situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD44		Was haben Sie zu Beginn des Wintersemesters 2021/22 gemacht?	1 = Ich habe studiert. 2 = Ich habe gearbeitet 3 = Ich habe etwas anderes gemacht.	What did you do at the beginning of the winter semester 2021/22?	1 = I studied. 2 = I worked 3 = I did something else.		
SD45		Wie ist Ihre aktuelle Situation für das Sommersemester 2022?	1 = Ich studiere das gleiche Fach an der gleichen Hochschule wie im WiSe 2021/22. 4 = Ich studiere das gleiche Fach wie im WiSe 2021/22, aber an einer anderen Hochschule. 5 = Ich studiere an der gleichen Hochschule wie im WiSe 2021/22, aber ein anderes Fach. 6 = Ich studiere sowohl ein anderes Fach, als auch an einer anderen Hochschule als im WiSe 2021/22. 2 = Ich habe das Studium unterbrochen. 3 = Ich habe das Studium ganz abgebrochen.	What is your current situation for the summer semester 2022?	= I study the same subject at the same university as in winter semester 2021/22. 4 = I study the same subject as in winter semester 2021/22, but at a different university. 5 = I study at the same university as in winter semester 2021/22, but a different subject. 6 = I study both a different subject and at a different university than in winter semester 2021/22. 2 = I have interrupted my studies. 3 = I have completely discontinued my studies.	similar: B1 (ST05), B3.1 (SD36)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
		Sie haben angegeben, dass Sie zu Beginn des Wintersemesters 2021/22 gearbeitet haben.		You have indicated that you were working at the beginning of the winter semester 2021/22.			only presented if participants indicated that they worked at the beginning of the winter semester 2021/22 (SD44 = 2)
		Sie haben angegeben, dass Sie zu Beginn des Wintersemesters 2021/22 nicht studiert, sondern etwas anderes gemacht haben		You have indicated that you were not studying at the beginning of the winter semester 2021/22, but were doing something else.			only presented if participants indicated that they did something else at the beginning of the winter semester 2021/22 (SD44 = 3)
SD49		Hat sich seitdem etwas an dieser Situation verändert oder wird sich zum April 2022 etwas an dieser Situation verändern?	1 = nein 2 = ja, und zwar:	Has anything changed in this situation since then or will anything change in this situation as of April 2022?	1 = no 2 = yes, namely:		only assessed if participants indicated that they worked or did something else at the beginning of the winter semester 2021/22
SD49_02		ja, und zwar:	offene Texteingabe	yes, namely:	open response		only assessed if participants indicated that they worked or did something else at the beginning of the winter semester 2021/22 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

		Sie haben angegeben, dass Sie im Sommersemester 2022 an einer anderen Hochschule studieren als noch im Wintersemester 2021/22.					only presented if participants indicated that they study at a different university (SD45 = 4)
		Sie haben angegeben, dass Sie im Sommersemester 2022 ein anderes Fach studieren als noch im Wintersemester 2021/22.					only presented if participants indicated that they changed their subject (SD45= 5)
		Sie haben angegeben, dass Sie im Sommersemester 2022 sowohl ein anderes Fach als auch an einer anderen Hochschule studieren als noch im Wintersemester 2021/22.					only presented if participants indicated that they changed their subject and study at a different university (SD45 = 6)
uni_id	University summer semester 2022	An welcher Hochschule studieren Sie im Sommersemester 2022?	Ganze Zahl, kodiert die Hochschule	At which university will you be studying in summer semester 2022?	integer coding university	B1, B3.1, B3.2	only assessed if participants indicated that they study at a different university (SD345 = 4 OR SD45 = 6) At B1: question referred to the summer semester 2021 At B3.1 and B3.2: question referred to the winter semester 2021 / 2022
ST02	Federal state of university	In welchem Bundesland liegt Ihre Hochschule?	1 = Baden-Württemberg 2 = Bayern 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hessen 8 = Mecklenburg-Vorpommern 9 = Niedersachsen 10 = Nordrhein-Westfalen 11 = Rheinland-Pfalz 12 = Saarland 13 = Sachsen 14 = Sachsen-Anhalt 15 = Schleswig-Holstein 16 = Thüringen 17 = meine Hochschule liegt nicht in Deutschland -9 = nicht beantwortet	In which state is your university located?	1 = Baden-Württemberg 2 = Bavaria 3 = Berlin 4 = Brandenburg 5 = Bremen 6 = Hamburg 7 = Hesse 8 = Mecklenburg-Western Pomerania 9= Lower Saxony 10= Northrhine-Westphalia 11= Rhineland Palatinate 12= Saarland 13= Saxony 14= Saxony-Anhalt 15= Schleswig-Holstein 16= Thuringia 17 = my university is not located in Germany -9 = not answered	B1, B3.1, B3.2	only assessed if participants indicated that they study at a different university (SD45 = 4 OR SD45 = 6)

SS05_01	Major/s	Für welches Fach bzw. welche Fächer sind Sie eingeschrieben (z. B. Volkswirtschaftslehre, Bioinformatik, Meteorologie, Sozialwesen, Archäologie)?	Offene Texteingabe	Which major(s) are you enrolled in?	Open response	B1, B3.1, B3.2 (ST03_01)	Only assessed if participants indicated that they changed their subject (SD45 = 5 OR SD45 = 6) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SS06	Graduation	Zu welchem Abschluss führt das Studium, für das Sie im Sommersemester 2022 eingeschrieben sind?	1 = Bachelor 2 = Staatsexamen 3 = künstlerischer Abschluss 4 = kirchlicher Abschluss 5 = Master 6 = Diplom, Magister 7 = Sonstiger Abschluss, und zwar: -9 = nicht beantwortet	What degree will the course lead to for which you are enrolled in the summer semester of 2022?	1 = Bachelor 2 = State examination 3 = Artistic degree 4 = Ecclesiastical degree 5 = Master 6 = Diploma, Magister 7 = Other degree, which is... -9 = not answered	B1, B3.1, B3.2 (ST04)	Only assessed if participants indicated that they changed their subject (SD45 = 5 OR SD45 = 6)
SS06_07	Other graduation	Sonstiger Abschluss, und zwar:	Offene Texteingabe	Other degree	Open response	B1, B3.1, B3.2 (ST04_07)	Only assessed if participants indicated that they changed their subject (SD45 = 5 OR SD45 = 6) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD40	other occupation	Sie haben angegeben, dass Sie Ihr Studium abgebrochen oder unterbrochen haben. Was machen Sie derzeit? Sie können mehrere Optionen gleichzeitig auswählen.	Anzahl gewählter Optionen (ganze Zahl)	You have indicated that you have dropped out or interrupted your studies. What are you currently doing? You can choose multiple answers.	total number of selected responses (integer)	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_01		Ich bin in Vollzeit erwerbstätig.	1 = nicht ausgewählt 2 = ausgewählt	I am employed full-time.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_01		Ich bin in Teilzeit erwerbstätig.	1 = nicht gewählt 2 = ausgewählt	I am employed part-time.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_03		Ich bin arbeitssuchend.	1 = nicht gewählt 2 = ausgewählt	I am looking for work.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)

SD40_04		Ich mache eine Ausbildung.	1 = nicht gewählt 2 = ausgewählt	I am doing an apprenticeship.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_05		Ich mache ein Praktikum.	1 = nicht ausgewählt 2 = ausgewählt	I am doing an internship.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_06		Ich studiere im Ausland.	1 = nicht ausgewählt 2 = ausgewählt	I am studying abroad.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_07		Ich nehme mir Zeit für mich.	1 = nicht ausgewählt 2 = ausgewählt	I am taking time for myself.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_08		Ich bin in Elternzeit / Mutterschutz.	1 = nicht ausgewählt 2 = ausgewählt	I am on parental leave / maternity leave.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_09		Ich pflege eine/-n Angehörige/-n	1 = nicht ausgewählt 2 = ausgewählt	I am taking care of a relative.	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_10		Ich mache etwas Anderes, und zwar	1 = nicht ausgewählt 2 = ausgewählt	I am doing something else, namely ...	1 = not selected 2 = selected	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3)
SD40_10a		Ich mache etwas Anderes, und zwar	offene Antwort	I am doing something else, namely ...	open response	B3.1, B4	only assessed if participants indicated that they interrupted their studies or dropped out of university (SD45 = 2 OR SD45 = 3) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Employment

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD29	Employment in addition to studies	Sind Sie neben dem Studium auch erwerbstätig?	1 = Nein 2 = Ja, im Umfang von unter 5 Stunden pro Woche 3 = Ja, im Umfang von 5-10 Stunden pro Woche 4 = Ja, im Umfang von 10-15 Stunden pro Woche 5 = Ja, im Umfang von 15-20 Stunden pro Woche 6 = Ja, im Umfang von 20 Stunden oder mehr pro Woche	Do you also work beside your studies?	1 = No 2 = Yes, less than 5 hours per week 3 = Yes, for 5-10 hours per week 4 = Yes, for 10-15 hours per week 5 = Yes, for 15-20 hours per week 6 = Yes, for 20 hours or more per week	B1, B2, B3.1, B3.2, B4	only assessed if participants indicated that they are currently studying (SD45 = 1 OR SD45 = 4 OR SD45 = 5 OR SD45 = 6)
SD41	Regular employment	Sie haben angegeben, dass Sie aktuell erwerbstätig sind: Welche der folgenden Aussagen beschreibt Ihre aktuelle berufliche Tätigkeit am besten?	1 = Ich bin angestellt. 2 = Ich bin vorwiegend angestellt und arbeite nebenbei selbstständig. 3 = Ich bin vorwiegend selbstständig und arbeite nebenbei angestellt. 4 = Ich bin selbstständig	You indicated that you are currently employed: Which of the following statements best describes your current occupation?	1 = I am employed. 2 = I am mainly employed and work part-time self-employed. 3 = I am mainly self-employed and work part-time as an employee. 4 = I am self-employed	B3.1, B4	only assessed if participants had indicated that they were employed either full-time or part-time (SD40_01 = 2 OR SD40_02 = 2)

Financial situation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
SD25		Im Folgenden möchten wir Ihnen einige Fragen dazu stellen, wie Sie Ihr Studium finanzieren. Aus welchen Quellen finanziieren Sie Ihren Lebensunterhalt im aktuellen Semester? Sie können mehrere Antworten auswählen	Anzahl ausgewählter Optionen (ganze Zahl)	In the following we would like to ask you a few questions about how you finance your studies. From which sources do you finance your living in the current semester? You can choose multiple answers	Total number of selected options (integer)	B1, B2, B3.1, B3.2, B4	
SD25_01	Financial support by parents, partner, relatives	Zuwendungen von Eltern, Partner bzw. Partnerin oder Verwandten	1 = nicht gewählt 2 = ausgewählt	Financial support by parents, partner or relatives	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_02	Government sponsored financial support (BAFöG)	Ausbildungsförderung nach BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support (BAFöG)	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_03	Bank loan	Bankenkredit zur Studienfinanzierung	1 = nicht gewählt 2 = ausgewählt	Bank loan	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_04	Own income	eigener Verdienst aus Erwerbstätigkeit	1 = nicht gewählt 2 = ausgewählt	Own income	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_05	Income a spart of my studies	Ausbildungsvergütung, z. B. aus einem dualen Studium	1 = nicht gewählt 2 = ausgewählt	apprenticeship pay e.g. from an integrated degree program	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_06	Own savings	eigene Mittel, die vor dem Studium erworben bzw. angespart wurden	1 = nicht gewählt 2 = ausgewählt	Own savings, earned or saved before studying	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_07	Scholarship other than BAFöG	Stipendium, außer BAFöG	1 = nicht gewählt 2 = ausgewählt	Scholarship other than BAFöG	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_08	Government sponsored financial	staatliche Leistungen, z. B. Kindergeld, Wohngeld, Waisengeld oder Waisenrente, aber nicht BAFöG	1 = nicht gewählt 2 = ausgewählt	Government sponsored financial support other than BAFöG (e.g. Child	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	

	support other than BAFöG			benefit, housing benefit, orphan's benefit or orphan's pension)			
SD25_09	Other sources	andere Finanzquelle, und zwar	1 = nicht gewählt 2 = ausgewählt	Other financial sources	1= not selected 2= selected	B1, B2, B3.1, B3.2, B4	
SD25_09a	Tesx other sources	andere Finanzquelle, und zwar	Offene Texteingabe	Other financial sources	Open response	B1, B2, B3.1, B3.2, B4	This variable has been removed from the publicly available dataset to ascertain anonymity of participants
SD32_01	Total money available per month	Wie viel Geld steht Ihnen aktuell durchschnittlich im Monat zur Verfügung? Denken Sie bitte dabei an alle zuvor genannten Finanzquellen. Bitte berücksichtigen Sie dabei auch Beträge, die andere Personen für Sie direkt an Dritte zahlen, z. B. Überweisung der Miete an Ihren Vermieter.	Mir stehen durchschnittlich pro Monat ... € zur Verfügung. Offene Eingabe (Ganze Zahl)	How much money do you currently have on average per month? Please keep in mind all of the previously mentioned sources of finance. Please also keep in mind amounts that other people pay directly to third parties on your behalf, e.g. Transfer of the rent to your landlord	I have an average of ... € available per month. Open response (whole number)	B1, B2, B3.1, B3.2, B4	
SD28	Get by with total funds	Wie kommen Sie mit dem Geld aus, das Sie durchschnittlich im Monat zur Verfügung haben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How do you get along with the money that you have on average every month?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B1, B2, B3.1, B3.2, B4	

Time spent at university classes (past semester)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Zunächst möchten wir von Ihnen gerne erfahren, wie viel Zeit Sie im vergangenen Wintersemester ungefähr in verschiedenen Arten von Veranstaltungen (z.B. Vorlesungen, Seminare, ...) verbracht haben.		First of all, we would like to know from you approximately how much time you spent in the past winter semester in different types of classes (e.g. lectures, seminars, ...).			only presented if participants indicated that they are currently studying (SD45 = 1 OR SD45 = 4 OR SD45 = 5 OR SD45 = 6)
	Zunächst möchten wir von Ihnen gerne erfahren, wie viel Zeit Sie im vergangenen Wintersemester ungefähr in verschiedenen Arten von Veranstaltungen (z.B. Vorlesungen, Seminare, ...) verbracht haben. Bitte berücksichtigen Sie dabei den Zeitraum bis zu dem Zeitpunkt, an dem Sie Ihr Studium unterbrochen haben		First of all, we would like to know from you approximately how much time you spent in the past winter semester in different types of events (e.g. lectures, seminars, ...). Please take into account the period up to the point when you interrupted your studies			only presented if participants indicated that they interrupted their studies (SD45 = 2)
	Zunächst möchten wir von Ihnen gerne erfahren, wie viel Zeit Sie im vergangenen Wintersemester ungefähr in verschiedenen Arten von Veranstaltungen (z.B. Vorlesungen, Seminare, ...) verbracht haben. Bitte berücksichtigen Sie dabei den Zeitraum bis zu dem Zeitpunkt, an dem Sie Ihr Studium abgebrochen haben.		First, we would like to know from you approximately how much time you spent in different types of events (e.g. lectures, seminars, ...) during the past winter semester. Please take into account the period up to the point in time when you dropped out of your studies.			only presented if participants indicated that they dropped out of their studies (SD45 = 3)
SS10_SM	Bitte denken Sie dafür zunächst an die Gesamtzeit, die Sie im vergangenen Semester ungefähr pro Woche in universitären Veranstaltungen verbracht haben (d.h., es geht um eine ungefähre Anzahl an Semesterwochenstunden). Ob Sie die Zeit online oder in Präsenz verbracht haben, spielt dabei keine Rolle. Vor- oder Nachbereitungszeiten für die Veranstaltungen zählen allerdings nicht dazu. Wie viel Prozent Ihrer Gesamtzeit haben Sie im vergangenen Semester in den folgenden Veranstaltungsarten verbracht? Bitte achten Sie darauf, dass sich Ihre Angaben insgesamt zu 100% addieren. Das können Sie unter „Summe“ kontrollieren.	Summe (ganze Zahl)	For this purpose, please first think about the total time you spent in the past semester approximately per week in university classes (i.e., we are talking about an approximate number of semester hours per week). Whether you spent the time online or in attendance does not matter. However, preparation or wrap-up time for classes does not count. In the past semester, what percentage of your total time did you spend in each of the following types of courses? Please make sure that your total adds up to 100%. You can check this under "Total".	sum (integer)		only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS10_01	Vorlesungen: ...%	ganze Zahl	lectures: ...%	integer		only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS10_02	Seminare: ...%	ganze Zahl	seminars: ...%	integer		only assessed if participants indicated that they have been studying at the beginning of the

						winter semester 2021/22 (SD44 = 1)
SS10_03	Übungen: ...%	ganze Zahl	labs: ...%	integer		only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS10_04	Tutorien: ...%	ganze Zahl	tutorials: ...%	integer		only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS10_05	Sonstiges: ...%	ganze Zahl	other: ...%	integer		only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS11_01	Wenn Sie in der Kategorie „Sonstiges“ eine Angabe gemacht haben, geben Sie bitte hier an, welche Art von Veranstaltung(en) Sie damit meinen:	offene Textantwort	If you made an entry in the "Other" category, please indicate here what type of class(es) you mean:	open response		only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants

Retrospective study satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
	Wie bewerten Sie Ihr Studium im vergangenen Wintersemester? Bitte geben Sie an, inwieweit die folgenden Aussagen zutreffen.		How would you evaluate your studies during the past winter semester? Please indicate to what extent the following statements are true.			only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_01	Ich hatte richtig Freude an dem, was ich studiere.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I really enjoyed the subject I was studying.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_01), similar: B2, B4 (ST73_01)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_04	Das Studium hat mich aufgefressen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course of study was wearing me down.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_04), similar: B2, B4 (ST73_04)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_02	Insgesamt war ich mit meinem Studium im Wintersemester 2021/22 zufrieden.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	On the whole, I was satisfied with my course of study during winter semester 2021/22.	1= completely disagree 7= completely agree -9 = not answered	similar: B3.1 (ST84_02), B2, B4 (ST73_02)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_05	Ich konnte mein Studium nur schwer mit anderen Verpflichtungen in Einklang bringen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	It was very difficult for me to reconcile my course of study with my other obligations.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_05), similar: B2, B4 (ST73_05)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_03	Ich fand mein Studium wirklich interessant.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I found my course of study really interesting.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_03), similar: B2, B4 (ST73_03)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_06	Ich habe mich durch das Studium oft müde und abgespannt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	My course of study often made me feel tired and exhausted.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_06), similar: B2, B4 (ST73_06)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_07	Ich habe für mein Studium nicht mehr getan, als unbedingt erforderlich ist.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I no longer did anything more for my studies than that which was absolutely necessary.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_07), similar: B2, B4 (ST73_07)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)

SS02_08	Ich habe sehr viel Energie investiert, um in meinem Studium erfolgreich zu sein.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I invested a lot of energy in being successful in my degree course.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_08), similar: B2, B4 (ST73_08)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_09	Ich konnte mich mit meinem Studium voll identifizieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I could fully identify with my degree program.	1= completely disagree 7= completely agree -9 = not answered	exact: B3.1 (ST84_09), similar: B2, B4 (ST73_09)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SS02_10	Die Erwartungen, die ich an mein Studium hatte, wurden im Wintersemester 2021/22 erfüllt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	The expectations I had of my degree program were met during winter semester 2021/22.	1= completely disagree 7= completely agree -9 = not answered	similar: B3.1 (ST84_10), B2, B4 (ST73_10)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)

Satisfaction with the handling of Covid-19 at university

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
CV18	Wie zufrieden waren Sie insgesamt damit, wie Ihre Hochschule im vergangenen Wintersemester mit der Covid-19-Pandemie umgegangen ist?	1 = sehr unzufrieden 2 = eher unzufrieden 3 = eher zufrieden 4 = sehr zufrieden -9 = nicht beantwortet	Overall, how satisfied were you with how your university has handled the Covid 19 pandemic during the past winter semester?	1 = very dissatisfied 2 = rather dissatisfied 3 = rather satisfied 4 = very satisfied -9 = not answered	B4	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1) in B1: question referred to "this semester so far"
CV19_01	Welche Aspekte bewerten Sie im Bezug auf den Umgang Ihrer Hochschule mit der Covid-19-Pandemie als besonders positiv?	Offene Texteingabe	Which aspects do you rate as particularly positive with regard to your university's handling of the Covid 19 pandemic?	Open response	B4	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
CV20_01	Welche Aspekte bewerten Sie im Bezug auf den Umgang Ihrer Hochschule mit der Covid-19-Pandemie als besonders negativ?	Offene Texteingabe	What aspects do you rate as particularly negative in relation to your university's handling of the Covid 19 pandemic?	Open response	B4	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
CV21_01	Gibt es Dinge, die sich durch die Covid-19-Pandemie an Ihrer Hochschule verändert haben und die Ihrer Meinung nach auch nach der Pandemie beibehalten werden sollten?	Offene Texteingabe	Are there things that have changed at your university as a result of the Covid 19 pandemic that you think should be maintained after the pandemic?	Open response	B4	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Retrospective study motivation

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
		Denken Sie bitte für die folgenden Fragen an das vergangene Wintersemester 2021/22. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem vergangenen Wintersemester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the past winter semester 2021/22. We would like to know from you for what reasons you have completed tasks and work in your studies. Think of all study-related tasks from the past winter semester (e.g. attending lectures, working on exercises, reading literature, ...)			only assessed if participants indicated that they are currently studying (SD36 = 1 OR SD36 = 4 OR SD36 = 5 OR SD36 = 6)
		Denken Sie bitte für die folgenden Fragen an das vergangene Wintersemester 2021/22- bis zu dem Zeitpunkt, an dem Sie das Studium unterbrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dabei an alle studienbezogenen Aufgaben aus dem vergangenen Wintersemester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		For the following questions, please think about the past winter semester 2021/22 - up to the point when you interrupted your studies. We would like to hear from you about the reasons for which you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the past winter semester (e.g. attending lectures, working on exercises, reading literature, ...)			only presented if participants indicated that they had interrupted their studies (SD30 = 2)
		Denken Sie bitte für die folgenden Fragen an das vergangene Wintersemester 2021/22- bis zu dem Zeitpunkt, an dem Sie das Studium abgebrochen haben. Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie bis zu diesem Zeitpunkt Aufgaben und Arbeiten in Ihrem Studium erledigt haben.		For the following questions, please think about the past winter semester 2021/22- up to the point when you dropped out of your studies. We would like to hear from you about the reasons you have completed assignments and work in your studies up to this point. Think of all study-related tasks from the past winter semester (e.g.			only presented if participants indicated that they had dropped out of university (SD30 = 3)

		Denken Sie dabei an alle studienbezogenen Aufgaben aus dem vergangenen Wintersemester (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		attending lectures, working on exercises, reading literature, ...)			
		Ich habe im vergangenen Sommersemester für mein Studium gearbeitet,...		I have been completing tasks for my study degree so far this semester....			only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern oder Freunde) das von mir erwartet haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...because other people who are important to me (e.g. parents or friends) expected me to do this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_01), B3.2 (SM10_01), exact: B2 & B4 (SM02_01), B3.1 (SM12_01)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_04	Introjection item 1	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I would have felt bad if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_04), B3.2 (SM10_04), exact: B2 & B4 (SM02_04), B3.1 (SM12_04)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_07	Identified item 1	...weil mir die Inhalte meines Studiums persönlich wichtig sind.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because the contents of my studies are personally important to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_07), B3.2 (SM10_07), exact: B2 & B4 (SM02_07), B3.1 (SM12_07)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_10	Intrinsic motivation item 1	...weil mich die Inhalte in meinem Studium sehr interessieren.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very interested in the contents of my studies	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_10), B3.2 (SM10_10), exact: B2 & B4 (SM02_10), B3.1 (SM12_10)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht wären, wenn ich das nicht gemacht hätte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others would be disappointed in me if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_02), B3.2 (SM10_02), exact: B2 & B4 (SM02_02), B3.1 (SM12_02)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)

SM21_05	Introduction item 2	...weil ich sehr stolz auf mich bin, wenn ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I am very proud of myself if I succeed in my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_05), B3.2 (SM10_05), exact: B2 & B4 (SM02_05), B3.1 (SM12_05)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_08	Identified item 2	...weil mein Studium mir dabei hilft, später Dinge erreichen zu können, die mir viel bedeuten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because my studies help me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_08), B3.2 (SM10_08), exact: B2 & B4 (SM02_08), B3.1 (SM12_08)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_11	Intrinsic motivation item 2	...weil mir die Inhalte meines Studiums Spaß bereiten.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I enjoy the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_11), B3.2 (SM10_11), exact: B2 & B4 (SM02_11), B3.1 (SM12_11)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_03	Extrinsic motivation item 3	...weil andere mir das vorgeschriven haben.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because others have been telling me to do so.	1= completely disagree 7= completely agree -9 = not answered	exact: B2 & B4 (SM02_03), B3.1 (SM12_03)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_06	Introduction item 3	...weil ich anderen beweisen möchte, dass ich mein Studium gut hinbekomme.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to prove to others that I can manage my studies well	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_06), B3.2 (SM10_06), exact: B2 & B4 (SM02_06), B3.1 (SM12_06)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_09	Identified item 3	...weil ich die Inhalte meines Studiums verstehen möchte.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I want to understand the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_09), B3.2 (SM10_09), exact: B2 & B4 (SM02_09), B3.1 (SM12_09)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)
SM21_12	Intrinsic motivation item 3	...weil ich die Inhalte meines Studiums spannend finde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... because I find the contents of my studies exciting.	1= completely disagree 7= completely agree -9 = not answered	similar: B1 (SM01_12), B3.2 (SM10_12), exact: B2 & B4 (SM02_12), B3.1 (SM12_12)	only assessed if participants indicated that they have been studying at the beginning of the winter semester 2021/22 (SD44 = 1)

Drop out intentions and reasons

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at / similarly assessed at	Comment
ST15	Drop-out intentions	Denken Sie zurzeit ernsthaft daran, Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben?	1 = ja 2 = nein	Are you currently seriously thinking about changing your major subject or of giving up your course of study entirely?	1 = yes 2 = no	B1, B2, B3.1, B4	only assessed if participants indicated that they were currently studying the same subject as past semester (SD45 = 1 OR SD45 = 4)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium unterbrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had interrupted your studies. What reasons played a role in this?		B2, B3.1, B4	only presented if participants indicated that they had interrupted their studies (SD45 = 2)
		Sie haben zu Beginn der Befragung angegeben, dass Sie Ihr Studium abgebrochen haben. Welche Gründe spielten dafür eine Rolle?		At the beginning of the survey, you stated that you had dropped out of your studies. What reasons played a role in this?		B2, B3.1, B4	only presented if participants indicated that they had dropped out of university (SD45 = 3)
		Sie haben angegeben, dass Sie ernsthaft erwägen Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben. Welche Gründe spielen für Ihre Überlegungen eine Rolle?		You have indicated that you are seriously considering changing your major subject or giving up your course of study entirely. What reasons play a role in your considerations?		B1, B2, B3.1, B4	only presented if participants indicated that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_01		Unzufriedenheit mit der Online-Lehre	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Dissatisfaction with online teaching	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_02		Prüfungen nicht bestanden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Did not pass examination	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45 = 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_03		Schwangerschaft	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Pregnancy	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_04		Unvereinbarkeit von Studium und Erwerbstätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and employment	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_05		Angebot eines interessanten Arbeitsplatzes	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Interesting job offer	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_06		überfüllte Lehrveranstaltungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Overcrowded lectures	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_07		zu hohe Studienanforderungen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course requirements too high	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_08		nachgelassenes Interesse am Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Loss of interest in subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_09		mangelnde Organisation des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of organization of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_10		Unvereinbarkeit von Studium und Kinderbetreuung	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Incompatibility of course of study and childcare	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_11		zu viel Studien- und Prüfungsstoff	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course and examination material too extensive	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_12		fehlende Betreuung durch die Lehrenden	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of support from lecturers	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_13		falsche Erwartungen in Bezug auf das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	False expectations with regard to the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_14		finanzielle Engpässe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Financial problems	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

ST16_15		Desinteresse an den Berufen, die das Studium ermöglicht	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of interest in the professions covered by the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_16		familiäre Gründe	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Family reasons	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_17		Krankheit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Illness	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_18		war den Leistungsanforderungen im Studium nicht gewachsen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Unable to meet performance requirements for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_19		Auslandsstudium oder Auslandspraktikum	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Course of study abroad or internship abroad	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_20		fehlender Berufs-, Praxisbezug des Studiums	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Lack of professional and practical relevance of the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_21		will/muss schnellstmöglich Geld verdienen	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted/had to earn money as quickly as possible	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_22		Zweifel an persönlicher Eignung für das Studium	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Doubts about personal suitability for the course of study	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_23		schlechte Arbeitsmarktchancen in meinem Fach	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Poor job prospects in my subject	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_24		Wunsch nach praktischer Tätigkeit	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Wanted to do practical work	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)
ST16_25		Anonymität der Hochschule	1 = spielt überhaupt keine Rolle 6 = spielt eine sehr große Rolle -9 = nicht beantwortet	Anonymity of the higher education institution	1 = plays no role at all 6 = plays a very large role -9 = not answered	B1, B2, B3.1, B4	only assessed if participants indicated that they had interrupted or dropped their studies (SD45 = 2 OR SD45= 3) OR that they were currently thinking about changing their major or dropping out of university altogether (ST15 = 1)

Health Status

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
SE01	Wie würden Sie Ihren Gesundheitszustand im Allgemeinen beschreiben?	1 = sehr schlecht 2 = eher schlecht 3 = mittelmäßig 4 = eher gut 5 = sehr gut -9 = nicht beantwortet	How would you describe your health in general?	1 = very poor 2 = poor 3 = moderate 4 = good 5 = very good -9 = not answered	B2, B3.1, B4
	Denken Sie bitte nun an Ihre körperliche Gesundheit – dazu zählen körperliche Krankheiten und Verletzungen. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihrer körperlichen Gesundheit nicht gut?		Now thinking about your physical health, which includes physical illness and injury, for how many days during the past four weeks was your physical health not good?		B2, B3.1, B4
SE02_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	On ... days	Open response (integer)	B2, B3.1, B4
	Und denken Sie bitte jetzt an Ihr seelisches Befinden, - dazu zählen auch Stress, Depressionen oder Ihre Stimmung ganz allgemein. An wie vielen Tagen in den letzten vier Wochen ging es Ihnen dann wegen Ihres seelischen Befindens nicht gut?		And now please think about your mental health - this also includes stress, depression, or your mood in general. On how many days in the last four weeks did you not feel well due to your psychological condition?		B2, B3.1, B4
SE03_01	an ... Tagen	Offene Eingabe (Ganze Zahl)	on ... days	Open response (integer)	B2, B3.1, B4

Domain Satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at	Comment
	Nun möchten wir Ihnen einige Fragen zu Ihrer gegenwärtigen Zufriedenheit mit unterschiedlichen Aspekten Ihres Lebens stellen. Bitte antworten Sie auf einer Skala von 0 bis 10. „0“ bedeutet, dass Sie ganz und gar unzufrieden sind, „10“ bedeutet, Sie sind ganz und gar zufrieden. Mit den Zahlen dazwischen können Sie Ihr Urteil abstimmen.		We'd like to ask you a few questions about your current level of satisfaction with different aspects of your life. Please answer each question on a scale of 0 to 10. '0' means that you are 'completely dissatisfied', while a '10' means that you are 'completely satisfied.' You can gradate your answer with the numbers in between.		B1, B2, B3.1, B3.2, B4	
SE04_01	Wie zufrieden sind Sie gegenwärtig, alles in allem, mit Ihrem Leben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you currently with your life, all in all?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B4	
SE04_02	Wie zufrieden sind Sie mit dem, was Sie haben? Denken Sie dabei an Geld, Einkommen und Dinge, die Sie besitzen.	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with what you have? Think of money, income and things you own.	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B4	
SE04_03	Wie zufrieden sind Sie mit Ihrer Gesundheit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your health?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B4	
SE04_04	Wie zufrieden sind Sie mit Ihrem Familienleben?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your family life?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B4	
SE04_05	Wie zufrieden sind Sie mit Ihrem Bekannten- und Freundeskreis?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your group of friends?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, B3.2, B4	
SE04_06	Wie zufrieden sind Sie mit Ihrem Studium?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your higher education?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B1, B2, B3.1, 45	only assessed if participants had indicated that they are currently studying (SD45 = 1 OR SD45 = 4 OR SD45 = 5 OR SD45 = 6)
SE04_07	Wie zufrieden sind Sie mit Ihrer Arbeit?	1 = ganz und gar unzufrieden 11 = ganz und gar zufrieden -9 = nicht beantwortet	How satisfied are you with your work?	1 = completely dissatisfied 11 = completely satisfied -9 = not answered	B3.1, B4	participants indicated that they were employed in some form (SD29 = 2 OR SD29 = 3 OR SD29 = 4 OR SD29 = 5 OR SD29 = 6 OR SD40_01 = 2 OR SD40_02 = 2 OR SD44 = 2 AND SD49 = 1)

Life Satisfaction

Satisfaction With Life Scale

English instructions and items: Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The satisfaction with life scale. *Journal of Personality Assessment*, 49(1), 71–75. https://doi.org/10.1207/s15327752jpa4901_13

German instructions and items: Glaesmer, H., Grande, G., Braehler, E., & Roth, M. (2011). The German version of the satisfaction with life scale (SWLS): Psychometric properties, validity, and population-based norms. *European Journal of Psychological Assessment*, 27(2), 127–132. <https://doi.org/10.1027/1015-5759/a000058>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LS01_01	Life satisfaction item 1	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LS01_02	Life satisfaction item 2	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LS01_03	Life satisfaction item 3	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LS01_04	Life satisfaction item 4	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LS01_05	Life satisfaction item 5	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	1 = completely disagree 7 = completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4

Subjective age

English instruction and items: Galambos, N. L., Turner, P. K., & Tilton-Weaver, L. C. (2005). Chronological and subjective age in emerging adulthood: The crossover effect. *Journal of Adolescent Research*, 20(5), 538–556. <https://doi.org/10.1177/0743558405274876>

German instruction and items: own translation

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
SA01_01	... I feel...	1 = viel jünger als ich bin 4 = so alt wie ich bin 7 = viel älter als ich bin -9 = nicht beantwortet	1 = much younger than I am 4 = as old as I am 7 = much older than I am -9 = not answered	
SA01_02	...same-sex friends...	1 = viel jünger als ich bin 4 = so alt wie ich bin 7 = viel älter als ich bin -9 = nicht beantwortet	1 = much younger than I am 4 = as old as I am 7 = much older than I am -9 = not answered	
SA01_03	...opposite-sex friends...	1 = viel jünger als ich bin 4 = so alt wie ich bin 7 = viel älter als ich bin -9 = nicht beantwortet	1 = much younger than I am 4 = as old as I am 7 = much older than I am -9 = not answered	
SA02_01	... I look...	1 = viel jünger als ich bin 4 = so alt wie ich bin 7 = viel älter als ich bin -9 = nicht beantwortet	1 = much younger than I am 4 = as old as I am 7 = much older than I am -9 = not answered	
SA03_01	...intersts and activties...	1 = viel jünger als ich bin 4 = so alt wie ich bin 7 = viel älter als ich bin -9 = nicht beantwortet	1 = much younger than I am 4 = as old as I am 7 = much older than I am -9 = not answered	

Emerging adulthood

Inventory of the Dimensions of Emerging Adulthood

English instructions and items: Reifman, A., Arnett, J. J., & Colwell, M. J. (2007). Emerging adulthood: Theory, assessment and application. *Journal of Youth Development*, 2(1), 37–48. <https://doi.org/10.5195/jyd.2007.359>

German items: Duris, J. (2009). Erleben des Erwachsenwerdens und Bewertung von alltäglichen Risikosituationen [Diploma thesis, uniwien]. DataCite.

Note: In the present work, only 28 out of 31 items of the original instrument were used (the subscale other focus was not included, only the subscales “identity explorations”, “possibilities”, “instability”, “self-focus” and “in-betweenness”).

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
EA01_01	Possibilities item 1	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_02	Possibilities item 2	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_03	Instability item 1	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_04	Possibilities item 3	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_05	Self-focus item 1	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	

EA01_06	Instability item 2	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_07	Self-focus item 2	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_08	Instability item 3	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_09	Instability item 4	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_10	Self-focus item 3	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_11	Instability item 5	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_12	Identity explorations item 1	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_13	Self-focus item 4	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_14	Possibilities item 4	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_15	Instability item 6	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu	1 = do not agree at all 2 = rather disagree 3 = rather agree	

		4 = stimme voll zu -9 = nicht beantwortet	4 = fully agree -9 = not answered	
EA01_16	Self-focus item 5	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_17	Instability item 7	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_18	Possibilities item 5	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_19	Self-focus item 6	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_20	Identity explorations item 2	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_21	Identity explorations item 3	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_22	Identity explorations item 4	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_23	Identity explorations item 5	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_24	Identity explorations item 6	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	

EA01_25	Identity explorations item 7	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_26	In-betweenness item 1	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_27	In-betweenness item 2	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	
EA01_28	In-betweenness item 3	1 = stimme gar nicht zu 2 = stimme eher nicht zu 3 = stimme eher zu 4 = stimme voll zu -9 = nicht beantwortet	1 = do not agree at all 2 = rather disagree 3 = rather agree 4 = fully agree -9 = not answered	

Trait Affect

Affect items were chosen to capture all quadrants of the affect circumplex (Russell, 1980). We used the same items as in our previous work (Neubauer et al. (2022, February 22). PACO - Psychological Adjustment to the COVID-19 Pandemic. <https://doi.org/10.17605/OSF.IO/WCERJ>), with two items capture moderate to high arousal positive affect (happy, cheerful), and two items capture low arousal positive affect (relaxed, balanced). The items afraid and angry capture high arousal states of the content domains of anxiety and anger, respectively. The item worried captures moderate arousal and belongs to the content domain of worry, and the item sad captures low arousal and belongs to the content domain of sadness. Additionally, the items lively and exhausted capture the poles of the arousal dimension of the affect circumplex.

Russell, J. A. (1980). A circumplex model of affect. *Journal of Personality and Social Psychology*, 39, 1161–1178.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
		Ich bin im Allgemeinen...		In general I feel...		B1, B2, B3.1, B3.2, B4
AF01_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4

AF01_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4
AF01_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	B1, B2, B3.1, B3.2, B4

Depression

Center for Epidemiological Studies Depression Scale.

English instructions and items: Radloff, L. S. (1977). The CES-D scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401. <https://doi.org/10.1177/014662167700100306>

German instructions and items: Hautzinger, M. (1988). Die CES-D Skala: Ein Depressionsmeßinstrument für Untersuchungen in der Allgemeinbevölkerung. *Diagnostica*, 34(2), 167–173.

Note: The instructions asked participants to consider the items with respect to the last week.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
DP03_01	CES-D item 1	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_02	CES-D item 2	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_03	CES-D item 3	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_04*	CES-D item 4	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_05	CES-D item 5	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang)	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days)	B1, B2, B3.1, B3.2, B4

		4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	4 = most of the time, always (5 to 7 days) -9 = not answered	
DP03_06	CES-D item 6	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_07	CES-D item 7	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_08*	CES-D item 8	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_09	CES-D item 9	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP03_10	CES-D item 10	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_11	CES-D item 11	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_12*	CES-D item 12	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_13	CES-D item 13	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_14	CES-D item 14	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4

DP04_15	CES-D item 15	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_16*	CES-D item 16	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_17	CES-D item 17	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_18	CES-D item 18	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_19	CES-D item 19	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4
DP04_20	CES-D item 20	1 = kaum oder überhaupt nicht (weniger als 1 Tag) 2 = manchmal (1 bis 2 Tage lang) 3 = oft (3 bis 4 Tage lang) 4 = meistens, die ganze Zeit (5 bis 7 Tage lang) -9 = nicht beantwortet	1 = hardly or not at all (less than 1 day) 2 = sometimes (1 or 2 days) 3 = often (3 or 4 days) 4 = most of the time, always (5 to 7 days) -9 = not answered	B1, B2, B3.1, B3.2, B4

*Item needs to be recoded

Retrospective psychological need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. *Motivation and Emotion*, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. *Journal of Individual Differences*, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf den letzten Monat. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf den letzten Monat zu?		Please read the following statements carefully and then indicate how much you agree with them. Refer to the last month. How much do you agree with the following statements in relation to last month?		B1, B2, B3.1, B3.2, B4
PN01_01	Retrospective relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN01_02	Retrospective relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN01_03	Retrospective competence frustration item 1	...versagt zu haben...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...failure	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN01_04	Retrospective autonomy satisfaction item 1	...Freiraum.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN01_05	Retrospective competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN01_06	Retrospective autonomy satisfaction item 2	...“wahren Ichs”.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4

PN01_07	Retrospective relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...close and connected...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN01_08	Retrospective competence satisfaction item 2	...große Herausforderungen ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN01_09	Retrospective relatedness satisfaction item 3	... Vertrautheit mit den Menschen gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_01	Retrospective autonomy frustration item 1	... Druck gespürt, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_02	Retrospective autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_03	Retrospective relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_04	Retrospective relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_05	Retrospective competence satisfaction item 3	... selbst bei schwierigen Dingen.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_06	Retrospective autonomy frustration item 3	... Dinge gegen meinen Willen...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_07	Retrospective competence frustration item 2	Ich habe etwas Dummes gemacht...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_08	Retrospective competence frustration item 3	... mit etwas schwer getan, ...	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
PN02_09	Retrospective autonomy satisfaction item 3	... was mich interessiert.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4

Loneliness

8 items from the UCLA loneliness scale. The selection of these items was based on findings by Hays and DiMatteo (1987).

English instructions and items: Russell, D., Peplau, L. A., & Cutrona, C. E. (1980). The revised UCLA loneliness scale: Concurrent and discriminant validity evidence. *Journal of Personality and Social Psychology*, 39(3), 472–480. <https://doi.org/10.1037/0022-3514.39.3.472>

Hays, R. D., & DiMatteo, M. R. (1987). A short-form measure of loneliness. *Journal of Personality Assessment*, 51, 69–81. Doi: 10.1207/s15327752jpa5101_6

German instructions and items: Döring, N., & Bortz, J. (1993). Psychometrische Einsamkeitsforschung: Deutsche Neukonstruktion der UCLA Loneliness Scale. *Diagnostica*, 39(3), 224–239.

The variables in the table and in the data file are listed in the same order as in the publication by Hays & Di Matteo (1987). Note, however, that in the translation by Döring & Bortz (1993) the first item is inverted in the translation (from “no companionship” to “enough companionship”); please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
LO02_02*	Loneliness item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LO02_03	Loneliness item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LO02_09*	Loneliness item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LO02_11	Loneliness item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LO02_14	Loneliness item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LO02_15*	Loneliness item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4

LO02_17	Loneliness item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
LO02_18	Loneliness item 8	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4

*Item needs to be recoded

Vitality

7 item version of the Subjective Vitality Scale.

English instructions and items: Ryan, R. M., & Frederick, C. (1997). On energy, personality, and health: Subjective vitality as a dynamic reflection of well-being. *Journal of Personality*, 65(3), 529–565. <https://doi.org/10.1111/j.1467-6494.1997.tb00326.x>

German instructions and items: Goldbeck, F., Hautzinger, M., & Wolkenstein, L. (2019). Validation of the German version of the subjective vitality scale – a cross-sectional study and a randomized controlled trial. *Journal of Well-Being Assessment*, 3(1), 17–37. <https://doi.org/10.1007/s41543-019-00019-8>

The variables in the table and in the data file are listed in the same order as in the publications cited above; please see these publications for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
VS01_01	Vitality item 1	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
VS01_02*	Vitality item 2	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
VS01_03	Vitality item 3	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
VS01_04	Vitality item 4	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
VS01_05	Vitality item 5	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
VS01_06	Vitality item 6	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
VS01_07	Vitality item 7	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	1= completely disagree 7= completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4

*Item needs to be recoded

Perceived Stress

10 items of the Perceived Stress Scale.

English instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/html/pss.html>

German instructions and items retrieved here: <https://www.cmu.edu/dietrich/psychology/stress-immunity-disease-lab/scales/index.html>

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
PS02_01	Perceived stress scale item 1	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B4
PS02_02	Perceived stress scale item 2	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B4
PS02_03	Perceived stress scale item 3	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B4
PS02_04*	Perceived stress scale item 4	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B4
PS02_05*	Perceived stress scale item 5	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B4
PS02_06	Perceived stress scale item 6	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B4
PS02_07*	Perceived stress scale item 7	1 = nie 2 = selten 3 = manchmal 4 = häufig	1 = never 2 = almost never 3 = sometimes 4 = fairly often	B2, B3.1, B4

		5 = sehr oft	5 = very often	
PS02_08*	Perceived stress scale item 8	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_09	Perceived stress scale item 9	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5
PS02_10	Perceived stress scale item 10	1 = nie 2 = selten 3 = manchmal 4 = häufig 5 = sehr oft	1 = never 2 = almost never 3 = sometimes 4 = fairly often 5 = very often	B2, B3.1, B5

*Item needs to be recoded

Attitudes towards Covid-19 related restrictions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
	Beziehen Sie sich bei der Beurteilung der folgenden Aussagen bitte auf die aktuelle Situation rund um die Corona-Pandemie. Denken Sie bitte an die Beschränkungen, die aktuell für Sie gelten (z.B. Maskenpflicht, Hygieneregeln, 3G-Regel,...) und beurteilen Sie bitte folgende Aussagen dazu.		In assessing the following statements, please refer to the current situation surrounding the Corona pandemic. Please think about the restrictions that are currently in place for you (e.g. mandatory masks, hygiene rules, 3G rule,...) and please assess the following statements about them.		B3.1, B3.2, B5
CV05_01	Die Beschränkungen finde ich in der aktuellen Situation angemessen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I find the restrictions appropriate in the current situation.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_01), B3.1, B3.2, B4
CV05_02	Die Beschränkungen schränken meine Grundrechte zu stark ein und müssen deshalb so schnell wie möglich gelockert werden.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions limit my fundamental rights too much and must therefore be relaxed as quickly as possible.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_02), B3.1, B3.2, B4
CV05_03	Die Beschränkungen sind unverhältnismäßig.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions are disproportionate.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_03), B3.1, B3.2, B4
CV05_04	Ich verstehe, warum die Beschränkungen nötig sind.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I understand why the restrictions are necessary.	1 = completely disagree 5 = completely agree -9 = not answered	B1 & B2 (CV01_04), B3.1, B3.2, B4
CV02_01	Zusammengefasst finde ich die aktuellen Beschränkungen...	1 = nicht strikt genug 2 = 3 = genau passend 4 = 5 = zu strikt -9 = nicht beantwortet	In summary, I find the current restrictions...	1 = not strict enough 2 = 3 = perfectly appropriate 4 = 5 = too strict -9 = not answered	B1, B2, B3.1, B3.2, B4

Covid-19 specific worries

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Also assessed at
		Bitte beantworten Sie die untenstehenden Fragen zur aktuellen Corona-Pandemie.		Please reply to the questions below concerning the current coronavirus pandemic, COVID-19.		B1, B2, B3.1, B3.2, B4
CV03_01	Corona worries: about my own health	Ich mache mir wegen der Corona-Pandemie Sorgen um meine eigene Gesundheit.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my own health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
CV03_02	Corona worries: about my friends' health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Freunde.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my friends' health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
CV03_03	Corona worries: about my family's health	Ich mache mir wegen der Corona-Pandemie Sorgen um die Gesundheit meiner Familie.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my family's health because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
CV03_04	Corona worries: about people at risk	Ich mache mir wegen der Corona-Pandemie Sorgen um die Risikogruppen in unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about people at risk in our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
CV03_05	Corona worries: about future of society	Ich mache mir wegen der Corona-Pandemie Sorgen um die Zukunft unserer Gesellschaft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about the future of our society because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4
CV03_06	Corona worries: about professional future	Ich mache mir wegen der Corona-Pandemie Sorgen um meine berufliche Zukunft.	1= stimme überhaupt nicht zu 7= stimme voll und ganz zu -9 = nicht beantwortet	I am worried about my professional future because of the coronavirus pandemic.	1= Completely disagree 7= Completely agree -9 = not answered	B1, B2, B3.1, B3.2, B4

Covid-19 stress appraisals

Primary Appraisal Secondary Appraisal Scale

German instructions and items: Gaab, J. (2009). PASA – Primary Appraisal Secondary Appraisal. Verhaltenstherapie, 19(2), 114–115.
<https://doi.org/10.1159/000223610>

Instructions were slightly adjusted to refer to the Covid-19 pandemic (as in Brose et al. (2021). Change in mental health symptoms during the COVID-19 pandemic: The role of appraisals and daily life experiences. *Journal of Personality*, 89(3), 468–482.
<https://doi.org/10.1111/jopy.12592>.

The variables in the table and in the data file are listed in the same order as in the publications cited above; please Gaab (2009) for exact wording.

Variable name	Description	Response options (German original)	Response options (English translation)	Also assessed at
CV04_01*	Threat item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_02	Challenge item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_03	Self-concept own abilities item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_04	Control item 1	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_05	Threat item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_06*	Challenge item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_07*	Self-concept own abilities item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_08	Control item 2	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_09*	Threat item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4

CV04_10*	Challenge item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_11	Self-concept own abilities item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_12	Control item 3	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_13	Threat item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_14	Challenge item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_15	Self-concept own abilities item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4
CV04_16	Control item 4	1= trifft überhaupt nicht zu 7= trifft voll und ganz zu -9 = nicht beantwortet	1= not at all true 7= completely true -9 = not answered	B1, B2, B3.1, B3.2, B4

*Item needs to be recoded

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Also assessed at
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	B1, B2, B3.1, B3.2, B4 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Section 2: Study Part 2 (weekly assessments)

This second section contains all measures that were assessed in study part 2 (online questionnaires that were administered every week during the summer semester 2021 and the winter semester 2021/22). Questionnaires were sent out every Friday.

Weeks during summer semester 2021: week 1 (April 16, 2021) – week 15 (July 23, 2021)

Weeks during winter semester 2021/22: week 16 (October 21, 2021) – week 30 (February 18, 2022)

Study and work-related activity past week

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
	Im Folgenden würden wir gerne mehr zu Ihrer vergangenen Woche erfahren. Wie viele Stunden haben Sie in der vergangenen Woche für die folgenden Tätigkeiten aufgewendet? Wenn Sie eine Tätigkeit nicht ausgeführt haben, tragen Sie bitte die Zahl 0 ein.		Below we would like to know more about your past week. How many hours did you spend on the following activities during the past week? If you did not perform an activity, please enter the number 0.		
ST39_01	Besuch von Lehrveranstaltungen (Vorlesungen, Seminare, Übungen, Praktika usw.) ... Std.	Offene Eingabe (Dezimalzahl)	Attendance of courses (lectures, seminars, exercises, internships, etc.) ... hrs.	open response (decimal number)	
ST39_02	Selbststudium (z. B. Vor-, Nachbereitung, Referate, Fachlektüre, studentische Lerngruppen, Haus-/Abschlussarbeiten, Prüfungsvorbereitung, auch Repetitorien) ... Std.	Offene Eingabe (Dezimalzahl)	Self-study (e.g. preparation, follow-up, presentations, reading, student study groups, homework/final papers, exam preparation, also revision courses) ... hrs.	open response (decimal number)	
ST39_03	sonstige studienbezogene Tätigkeiten (z. B. Bücher ausleihen, Sprechstunden, Weg zur Hochschule und zurück) ... Std.	Offene Eingabe (Dezimalzahl)	Other study-related activities (e.g. borrowing books, office hours, travel to and from the university) ... hrs.	open response (decimal number)	
ST39_04	Erwerbstätigkeit ... Std.	Offene Eingabe (Dezimalzahl)	Employment ... hrs.	open response (decimal number)	
ST39_05	Zeit für Erziehung / Pflege von Kindern und/oder Angehörigen ... Std	Offene Eingabe (Dezimalzahl)	Time spent raising / caring for children and/or dependents ... hrs..	open response (decimal number)	only assessed in weeks 16-30
ST76	Haben Sie in der vergangenen Woche eine Prüfung abgelegt / Klausur geschrieben?	Anzahl ausgewählter Optionen	Did you have an exam / test in the past week?	Total number of selected responses	only assessed in weeks 12-15
ST76_01	Nein, ich hatte in der vergangenen Woche keine Prüfung	1 = nicht gewählt 2 = ausgewählt	No, I did not have an exam in the past week	1 = not selected 2 = selected	only assessed in weeks 12-15
ST76_02	Ja, ich habe (mindestens) eine Klausur in Präsenz / vor Ort geschrieben	1 = nicht gewählt 2 = ausgewählt	Yes, I had (at least) one written exam in presence / on site	1 = not selected 2 = selected	only assessed in weeks 12-15
ST76_03	Ja, ich habe (mindestens) eine Klausur als Onlineprüfung geschrieben	1 = nicht gewählt 2 = ausgewählt	Yes, I had (at least) one written exam as online exam	1 = not selected 2 = selected	only assessed in weeks 12-15
ST76_04	Ja, ich hatte (mindestens) eine mündliche Prüfung in Präsenz / vor Ort	1 = nicht gewählt 2 = ausgewählt	Yes, I had (at least) one oral exam in presence / on site	1 = not selected 2 = selected	only assessed in weeks 12-15
ST76_05	Ja, ich hatte (mindestens) eine mündliche Prüfung online	1 = nicht gewählt 2 = ausgewählt	Yes, I had (at least) one oral exam online	1 = not selected 2 = selected	only assessed in weeks 12-15
ST76_06	Ja, ich habe (mindestens) eine andere Prüfung abgelegt, und zwar	1 = nicht gewählt 2 = ausgewählt	Yes, I had (at least) one other exam, namely	1 = not selected 2 = selected	only assessed in weeks 12-15
ST76_06a	und zwar...	Offene Texteingabe	namely:	open response	only assessed in weeks 12-15 This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Current study situation

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
SD42	Welche dieser Aussagen beschreibt Ihre Situation in der vergangenen Woche am besten?	1 = Ich studiere. 2 = Ich bin berufstätig. 3 = Keine der beiden.	Which of these statements best describes your situation this past week?	1 = I am studying 2 = I am employed 3 = Neither of the two	only assessed in weeks 16-30. In week 30, the following note was added in the instructions: "If you are currently on semester break, please select the option "I am studying"."

Set-up of classes past week

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
	Wie fanden in der vergangenen Woche Ihre Lehrveranstaltungen statt?		In what format did you classes take place during the past week?		for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST40	Vorlesungen:	Anzahl ausgewählter Optionen (ganze Zahl)	lectures:	Total number of selected responses (integer)	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST40_01	In Präsenz	1 = nicht gewählt 2 = ausgewählt	in person	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST40_02	Virtuell	1 = nicht gewählt 2 = ausgewählt	virtual	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST40_03	Hybrid	1 = nicht gewählt 2 = ausgewählt	hybrid	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST40_04	nicht zutreffend (keine Vorlesung diese Woche)	1 = nicht gewählt 2 = ausgewählt	not applicable (no lecture this week)	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
	Seminare:	Anzahl ausgewählter Optionen (ganze Zahl)	seminars	Total number of selected responses (integer)	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST41_01	In Präsenz	1 = nicht gewählt 2 = ausgewählt	in person	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST41_02	Virtuell	1 = nicht gewählt 2 = ausgewählt	virtual	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST41_03	Hybrid	1 = nicht gewählt 2 = ausgewählt	hybrid	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST41_04	nicht zutreffend (kein Seminar diese Woche)	1 = nicht gewählt 2 = ausgewählt	not applicable (no seminar this week)	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
	Übungen:	Anzahl ausgewählter Optionen (ganze Zahl)	labs:	Total number of selected responses (integer)	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST42_01	In Präsenz	1 = nicht gewählt 2 = ausgewählt	in person	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST42_02	Virtuell	1 = nicht gewählt 2 = ausgewählt	virtual	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)

ST42_03	Hybrid	1 = nicht gewählt 2 = ausgewählt	hybrid	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST42_04	nicht zutreffend (keine Übung diese Woche)	1 = nicht gewählt 2 = ausgewählt	not applicable (no lab this week)	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
	Tutorien:	Anzahl ausgewählter Optionen (ganze Zahl)	tutorials:	Total number of selected responses (integer)	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST43_01	In Präsenz	1 = nicht gewählt 2 = ausgewählt	in person	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST43_02	Virtuell	1 = nicht gewählt 2 = ausgewählt	virtual	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST43_03	Hybrid	1 = nicht gewählt 2 = ausgewählt	hybrid	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST43_04	nicht zutreffend (kein Tutorium diese Woche)	1 = nicht gewählt 2 = ausgewählt	not applicable (no tutorial this week)	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST44_01	Sonstiges, und zwar:	Offene Texteingabe	Other, namely:	open response	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST45	Sonstiges	Anzahl ausgewählter Optionen (ganze Zahl)	Other	Total number of selected responses (integer)	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST45_01	In Präsenz	1 = nicht gewählt 2 = ausgewählt	in person	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST45_02	Virtuell	1 = nicht gewählt 2 = ausgewählt	virtual	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST45_03	Hybrid	1 = nicht gewählt 2 = ausgewählt	hybrid	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST45_04	nicht zutreffend (keine sonstigen Lehrveranstaltungen diese Woche) ^b	1 = nicht gewählt 2 = ausgewählt	not applicable (no other classes this week)	1 = not selected 2 = selected	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)

Time spent at work

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
ST96 ^c	Wie viele Stunden haben Sie in der vergangenen Woche insgesamt auf Ihrer Arbeitsstelle verbracht?	1 = Ich habe ... Std auf meiner Arbeitstelle verbracht 2 = nicht zutreffend -9 = nicht beantwortet	How many hours in total did you spend at your workplace last week?	1 = I spent ... hrs at my workplace. 2 = not applicable -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST96_01	Ich habe ... Std. auf meiner Arbeitsstelle verbracht.	Offene Eingabe (Dezimalzahl)	I spent ... hrs. at my workplace.	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST97 ^c	Wie viele Stunden haben Sie in der vergangenen Woche insgesamt im Home Office verbracht?	1 = Ich habe... Std im Home Office verbracht 2 = nicht zutreffend -9 = nicht beantwortet	How many total hours did you work from home last week?	1 = I spent ... hrs working from home. 2 = not applicable -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST97_01	Ich habe ... Std. im Homeoffice verbracht.	Offene Eingabe (Dezimalzahl)	I spent ... hrs. working from home.	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST98 ^c	Wie lange sind Sie in der vergangenen Woche insgesamt von zu Hause zu Ihrer Arbeitsstelle (und wieder zurück) pendelt?	1 = Ich bin ... Std zu meiner Arbeitsstelle (und wieder zurück) gependelt 2 = nicht zutreffend -9 = nicht beantwortet	How long was your total commute to and from work last week?	1 = I spent ... hrs commuting to (and from) work. 2 = not applicable -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST98_01	Ich bin ... Std. zu meiner Arbeitsstelle (und wieder zurück) pendelt.	Offene Eingabe (Dezimalzahl)	I spent ... hrs commuting to (and from) my workplace.	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)

Time spent on other activities

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
WA01	Im Folgenden finden Sie eine Liste von Aktivitäten. Kreuzen Sie bitte dort alle Aktivitäten an, denen Sie in der vergangenen Woche nachgegangen sind. Geben Sie bitte auch an, wie lange Sie die Aktivitäten ungefähr durchgeführt haben. Angaben von halben und viertel Stunden sind möglich (z.B. 0,5 oder 5,25)	Anzahl ausgewählter Optionen (ganze Zahl)	Below you will find a list of activities. Please tick all the activities you have done in the past week. Please also indicate for how long you carried out the activities. Half and quarter hours are possible (e.g., 0.5 or 5,25).	Total number of selected responses (integer)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_01	Arbeiten (beruflich)	1 = nicht gewählt 2 = ausgewählt	Work (professional)	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_02	Arbeiten (im Haushalt)	1 = nicht gewählt 2 = ausgewählt	Work (chores at home)	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_03	Kinder oder Angehörige betreuen / pflegen	1 = nicht gewählt 2 = ausgewählt	Looking after / caring for children or relatives	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_04	Mit Freunden / Verwandten kommunizieren (z.B. Telefon, Chat, persönlich, ...)	1 = nicht gewählt 2 = ausgewählt	Communicating with friends / relatives (e.g. phone, chat, in person, ...)	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_05	Spazieren gehen	1 = nicht gewählt 2 = ausgewählt	Going for a walk	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_06	Sport machen	1 = nicht gewählt 2 = ausgewählt	Doing sports	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_07	Einkaufen	1 = nicht gewählt 2 = ausgewählt	Shopping	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_08	Gartenarbeit	1 = nicht gewählt 2 = ausgewählt	Gardening	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_09	Beten / Meditieren	1 = nicht gewählt 2 = ausgewählt	Praying / meditating	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_10	Mediennutzung (z.B. Fernsehen, Videospiele, private Internetnutzung...)	1 = nicht gewählt 2 = ausgewählt	Media use (e.g., television, video games, private Internet use...)	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_11	Lesen oder anderen Hobbys alleine nachgehen; Zeit für mich	1 = nicht gewählt 2 = ausgewählt	Reading or pursuing other hobbies alone; time for myself	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_12	Sonstiges, und zwar	1 = nicht gewählt 2 = ausgewählt	Other, namely:	1 = not selected 2 = selected	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA01_12a	Sonstiges, und zwar:	Offene Texteingabe	Other, namely:	Open response	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3) This variable has been removed from the publicly available dataset to ascertain anonymity of participants
WA02_01	Arbeiten (beruflich): ... Stunden	Offene Eingabe (Dezimalzahl)	Work (professional):... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)

WA02_02	Arbeiten (im Haushalt): ... Stunden	Offene Eingabe (Dezimalzahl)	Work (at home) :... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_03	Kinder oder Angehörige betreuen / pflegen: ... Stunden	Offene Eingabe (Dezimalzahl)	Looking after / caring for children or relatives:... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_04	Mit Freunden / Verwandten kommunizieren (z.B. Telefon, Chat, persönlich, ...): ... Stunden	Offene Eingabe (Dezimalzahl)	Communicating with friends / relatives (e.g. phone, chat, in person, ...):... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_05	Spazieren gehen: ... Stunden	Offene Eingabe (Dezimalzahl)	Going for a walk:... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_06	Sport machen: ... Stunden	Offene Eingabe (Dezimalzahl)	Doing sports:... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_07	Einkaufen: ... Stunden	Offene Eingabe (Dezimalzahl)	Shopping:... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_08	Gartenarbeit: ... Stunden	Offene Eingabe (Dezimalzahl)	Gardening:... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_09	Beten / Meditieren: ... Stunden	Offene Eingabe (Dezimalzahl)	praying / meditating:... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_10	Mediennutzung (z.B. Fernsehen, Videospiele, private Internetnutzung...): ... Stunden	Offene Eingabe (Dezimalzahl)	Media use (e.g., television, video games, private Internet use...):... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_11	Lesen oder anderen Hobbys alleine nachgehen; Zeit für mich: ... Stunden	Offene Eingabe (Dezimalzahl)	Reading or pursuing other hobbies alone; time for myself:... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA02_12	Sonstiges, und zwar: ... Stunden	Offene Eingabe (Dezimalzahl)	Other, namely: ... hours	Open response (decimal number)	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)

Weekly study satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
	Wie bewerten Sie Ihr derzeitiges Studium? Bitte geben Sie an, inwieweit die folgenden Aussagen auf Sie zutreffen. Denken Sie dabei an die vergangene Woche.		How would you rate your current studies? Please indicate to what extent the following statements apply to you. In doing so, think about the past week.		for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_01	Diese Woche hatte ich richtig Freude an dem, was ich studiere.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I really enjoyed the subject I am studying.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_04	Diese Woche hatte ich das Gefühl, dass mich das Studium auffrisst.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week my course of study was wearing me down.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_02	Diese Woche war ich insgesamt mit meinem Studium zufrieden.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	On the whole I was satisfied with my current course of study this week.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_05	Diese Woche konnte ich mein Studium nur schwer mit anderen Verpflichtungen in Einklang bringen.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week it was very difficult for me to reconcile my course of study with other obligations.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_03	Diese Woche fand ich mein Studium wirklich interessant.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I found my course of study really interesting.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_06	Diese Woche fühlte ich mich durch das Studium müde und abgespannt.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week my course of study made me feel tired and exhausted.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_07	Diese Woche habe ich für mein Studium nicht mehr gemacht, als unbedingt erforderlich war.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I no longer did anything more for my studies than that which was absolutely necessary.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
ST49_08	Diese Woche habe ich sehr viel Energie investiert, um in meinem Studium erfolgreich zu sein	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I invested a lot of energy in being successful in my degree course	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)

ST49_09	Diese Woche konnte ich mich mit meinem Studium voll identifizieren.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I could fully identify with my degree program.	1 = completely disagree 7 = completely agree -9 = not answered	for weeks 1-15: always assessed for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
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Weekly job satisfaction

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
	Wie bewerten Sie Ihr derzeitiges Studium? Bitte geben Sie an, inwieweit die folgenden Aussagen auf Sie zutreffen. Denken Sie dabei an die vergangene Woche.		How would you rate your current studies? Please indicate to what extent the following statements apply to you. In doing so, think about the past week.		only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_01	Diese Woche hatte ich richtig Freude an meiner Arbeit	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I really enjoyed my job	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_04	Diese Woche hatte ich das Gefühl, dass mich die Arbeit aufrisst.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week my job was wearing me down.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_02	Diese Woche war ich insgesamt mit meiner Arbeit zufrieden.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	On the whole I was satisfied with my job this week.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_05	Diese Woche konnte ich meine Arbeit nur schwer mit anderen Verpflichtungen in Einklang bringen.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week it was very difficult for me to reconcile my job with other obligations..	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_03	Diese Woche fand ich meine Arbeit wirklich interessant.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I found my job really interesting.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_06	Diese Woche fühlte ich mich durch die Arbeit müde und abgespannt.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week my job made me feel tired and exhausted.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_07	Diese Woche habe ich für meine Arbeit nicht mehr gemacht, als unbedingt erforderlich war.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I no longer did anything more for my job than that which was absolutely necessary.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_08	Diese Woche habe ich sehr viel Energie investiert, um in meiner Arbeit erfolgreich zu sein	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I invested a lot of in being successful in my job	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
ST99_09	Diese Woche konnte ich mich mit meiner Arbeit voll identifizieren.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	This week I could fully identify with my job.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)

Weekly stressors

Stressor occurrence was measured similarly as reported by Brose et al. (2011). Participants indicated whether each of eight negative events had occurred “in the past week” or not. The choice of categories was based on the Daily Inventory of Stressful Experiences (Almeida, Wethington, & Kessler, 2002). Participants could also indicate whether any other distressing event occurred that was not part of our list.

Almeida, D. M., Wethington, E., & Kessler, R. C. (2002). The Daily Inventory of Stressful Experiences: An interview-based approach for measuring daily stressors. *Assessment*, 9, 41–55.

Brose, A., Schmiedek, F., Lövdén, M. & Lindenberger, U. (2011). Normal aging dampens the link between intrusive thoughts and negative affect in reaction to daily stressors. *Psychology and Aging*, 26, 488-502. doi:10.1037/a0022287

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
WA03		Bei den folgenden Fragen geht es um Ereignisse, die in der vergangenen Woche geschehen sein könnten. Uns interessieren Ereignisse, die von Personen als irritierend oder aufwührend empfunden werden.		The following questions are about events that may have happened in the past week. We are interested in events that people find irritating or upsetting.		only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA03_01	Stressor, argument	Hatten Sie in der vergangenen Woche eine Auseinandersetzung oder eine Unstimmigkeit mit jemandem?	1 = nein 2 = ja -9 = nicht beantwortet	Did you have an argument or disagreement with someone last week?	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA03_02	Stressor, friend or relative	Hat sich bei einem Freund oder Verwandten etwas Negatives ereignet, das Sie aufgewühlt oder bewegt hat?	1 = nein 2 = ja -9 = nicht beantwortet	Did anything negative happen with a friend or relative that upset or moved you?	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA03_03	Stressor, health	Hat sich bei Ihnen in der vergangenen Woche im Bereich Gesundheit etwas Negatives ereignet, das Sie aufgewühlt oder bewegt hat?	1 = nein 2 = ja -9 = nicht beantwortet	Did anything negative happen to you in the past week in the area of health that upset or moved you	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA03_04	Stressor, work	Hat sich bei der Arbeit etwas Negatives ereignet, das Sie aufgewühlt oder bewegt hat?	1 = nein 2 = ja -9 = nicht beantwortet	Did anything negative happen at work that upset or moved you?	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA03_05	Stressor, household	Hat sich in Ihrem Haushalt etwas Negatives ereignet, das Sie aufgewühlt oder bewegt hat?	1 = nein 2 = ja -9 = nicht beantwortet	Did anything negative happen in your household that upset or moved you?	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA03_06	Stressor, leisure	Hat sich in Ihrer Freizeit etwas Negatives ereignet, das Sie aufgewühlt oder bewegt hat?	1 = nein 2 = ja -9 = nicht beantwortet	Did anything negative happen in your free time that upset or moved you?	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)

WA03_07	Stressor, financial	Gab es in finanzieller Hinsicht etwas, das für Sie wichtig war (z.B. finanzielle Engpässe)?	1 = nein 2 = ja -9 = nicht beantwortet	Financially, was there anything that was important to you (e.g., financial shortages)?	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA03_08	Stressor, other	Hat sich etwas Weiteres ereignet, das die meisten Leute als irritierend oder aufwühlend empfinden würden?	1 = nein 2 = ja -9 = nicht beantwortet	Did anything further occur that most people would find irritating or upsetting?	1 = no 2 = yes -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3)
WA04_01	Other stressor: what?	Falls sich in der vergangenen Woche etwas Weiteres ereignet hat: Was hat sich ereignet?	Offene Texteingabe	If anything further occurred in the past week: What occurred?	Open response	only assessed in weeks 16-30 and only if participants indicated that they were neither studying nor employed (SD42 = 3) This variable has been removed from the publicly available dataset to ascertain anonymity of participants

Experienced benefits of the pandemic

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
	Denken Sie bitte an die vergangene Woche zurück und geben Sie Ihre Zustimmung zu folgenden Aussagen an.		Please think back to last week and indicate your agreement with the following statements.		only presented in weeks 1-15
ST50_02	Diese Woche fand ich es ganz entspannt, dass ich nicht so viel zu meiner Hochschule musste, sondern vieles von zuhause aus erledigen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	This week I found it quite relaxing that I didn't have to go to my university so often, but could do a lot from home.	1= completely disagree 7= completely agree -9 = not answered	only presented in weeks 1-15
ST50_03	Diese Woche ist mir oft die Decke auf den Kopf gefallen, und ich wäre froh gewesen, mehr Veranstaltungen vor Ort an meiner Hochschule gehabt zu haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	This week I had cabin fever and I would have been happy to have more events on site at my university.	1= completely disagree 7= completely agree -9 = not answered	only presented in weeks 1-15
ST50_04	Dadurch, dass ich vieles für meine Lehrveranstaltungen von zuhause erledigen konnte, war ich diese Woche viel effizienter und nutzte ich meine Zeit viel besser.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	By being able to do a lot of things for my classes from home, I was much more efficient this week and made much better use of my time.	1= completely disagree 7= completely agree -9 = not answered	only presented in weeks 1-15
ST50_05	Diese Woche war ich ganz froh, dass ich wegen der Pandemie weniger Zeit an meiner Hochschule war und somit mehr Zeit mit meiner Familie und meinem Freundeskreis aus Schulzeiten verbringen konnte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	This week I was quite happy that I spent less time at my university because of the pandemic, so I was able to spend more time with my family and my friends from school days.	1= completely disagree 7= completely agree -9 = not answered	only presented in weeks 1-15
ST50_06	Diese Woche hätte ich gerne mehr Zeit mit meinen Kommiliton*innen im echten Leben, und nicht nur online, verbracht.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	This week I would have liked to spend more time with my fellow students in real life, not just online.	1= completely disagree 7= completely agree -9 = not answered	only presented in weeks 1-15

Weekly study motivation

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie Aufgaben und Arbeiten in Ihrem Studium erledigt haben. Denken Sie dafür bitte bei den folgenden Fragen an die vergangene Woche. Beziehen Sie alle studienbezogenen Aufgaben in der vergangenen Woche mit ein (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...). Ich habe diese Woche für mein Studium gearbeitet,...		We would like to hear from you about the reasons you completed assignments and work in your studies. For this purpose, please think about the past week for the following questions. Include all study-related tasks in the past week (e.g. attending lectures, working on exercises, reading literature, ...). I worked for my studies this week....		for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern, Freunde, Dozent*innen) das von mir erwartet haben	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...because other people who are important to me (e.g. parents, friends or lecturers) expected me to do this.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_04	Introjection item 1	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because I would have felt bad if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_07	Identified item 1	...weil mir die Inhalte meines Studiums persönlich wichtig waren.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because the contents of my studies were personally important to me	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_10	Intrinsic motivation item 1	...weil mich die Inhalte in meinem Studium sehr interessiert haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because I was very interested in the contents of my studies	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht gewesen wären, wenn ich das nicht gemacht hätte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because others would be disappointed in me if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_05	Introjection item 2	...weil ich sehr stolz auf mich bin, wenn ich mein Studium gut hinbekomme.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because I am very proud of myself if I succeed in my studies.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_08	Identified item 2	...weil mein Studium mir dabei hilft später Dinge erreichen zu können, die mir viel bedeuten.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because my studies help me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_11	Intrinsic motivation item 2	...weil mir die Inhalte meines Studiums Spaß bereitet haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because I enjoy the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_03	Extrinsic motivation item 3	...weil andere mir das vorgeschrieben haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because others have been telling me to do so.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_06	Introjection item 3	...weil ich anderen beweisen wollte, dass ich mein Studium gut hinbekomme.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because I wanted to prove to others that I can manage my studies well	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)

SM03_09	Identified item 3	...weil ich die Inhalte meines Studiums verstehen wollte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because I wanted to understand the contents of my studies.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)
SM03_12	Intrinsic motivation item 3	...weil ich die Inhalte meines Studiums spannend fand.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... because I found the contents of my studies exciting.	1= completely disagree 7= completely agree -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)

Weekly job motivation

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Wir würden gerne von Ihnen erfahren, aus welchen Gründen Sie Aufgaben und Arbeiten im Rahmen Ihrer beruflichen Tätigkeit erledigt haben. Denken Sie dafür bitte bei den folgenden Fragen an die vergangene Woche. Beziehen Sie alle beruflichen Aufgaben in der vergangenen Woche mit ein.		We would like to hear from you about the reasons for which you have completed tasks and work in the course of your professional activities. For this purpose, please think about the past week for the following questions. Include all professional tasks in the past week.		only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_01	Extrinsic motivation item 1	...weil mir wichtige Personen (z.B. Eltern, Kolleg*innen, Vorgesetzte) das von mir erwartet haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	...because other people who are important to me (e.g. parents, colleagues or supervisors) expected me to do this.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_04	Introjection item 1	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because I would have felt bad if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_07	Identified item 1	...weil mir die Inhalte meiner Arbeit persönlich wichtig waren.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because the contents of my job were personally important to me	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_10	Intrinsic motivation item 1	...weil mich die Inhalte meiner Arbeit sehr interessiert haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because I was very interested in the contents of my job	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_02	Extrinsic motivation item 2	...weil andere von mir enttäuscht gewesen wären, wenn ich das nicht gemacht hätte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because others would be disappointed in me if I had not done this.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_05	Introjection item 2	...weil ich sehr stolz auf mich bin, wenn ich meine Arbeit gut hinbekomme.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because I am very proud of myself if I succeed in my job.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_08	Identified item 2	...weil meine Arbeit mir dabei hilft später Dinge erreichen zu können, die mir viel bedeuten	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because my job helps me to achieve things later on that mean a lot to me.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_11	Intrinsic motivation item 2	...weil mir die Inhalte meiner Arbeit Spaß bereitet haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because I enjoy the contents of my job.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_03	Extrinsic motivation item 3	...weil andere mir das vorgeschriven haben.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because others have been telling me to do so.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_06	Introjection item 3	...weil ich anderen beweisen wollte, dass ich meine Arbeit gut hinbekomme.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because I wanted to prove to others that I can manage my job well	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)

SM16_09	Identified item 3	...weil ich die Inhalte meiner Arbeit verstehen wollte.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because I wanted to understand the contents of my job.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)
SM16_12	Intrinsic motivation item 3	...weil ich die Inhalte meiner Arbeit spannend fand.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	... because I found the contents of my job exciting.	1= completely disagree 7= completely agree -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they were currently employed (SD42 = 2)

Drop out intentions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
ST52	Haben Sie in der vergangenen Woche ernsthaft daran gedacht, Ihr jetziges Hauptfach zu wechseln oder Ihr Studium ganz aufzugeben?	1 = ja, kurzzeitig 2 = ja, öfter 3 = nein -9 = nicht beantwortet	In the past week, have you seriously considered changing your current major or dropping out of college altogether?	1 = yes, briefly 2 = yes, more often 3 = no -9 = not answered	for weeks 16-30: only assessed if participants indicated that they were currently studying (SD42 = 1)

Perceived challenges and opportunities of the pandemic

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
	<p>Wir möchten im Folgenden von Ihnen erfahren, wie sehr Sie in der vergangenen Woche Einschränkungen oder Erleichterungen in Ihrem Alltag durch die Corona-Pandemie erlebt haben. Denken Sie dafür bitte an die folgenden Lebensbereiche und geben Sie an, inwiefern Sie in diesen Bereichen die Pandemie als eine Einschränkung erlebt haben (weil Sie z.B. aufgrund aktueller Einschränkungen etwas nicht machen konnten, das Sie gerne gemacht hätten), oder als eine Erleichterung (weil Sie z.B. Dinge von zu Hause aus erledigen konnten und deshalb Zeit einsparen konnten, oder weil Sie Dinge nicht machen konnten, die Sie ohnehin nicht hätten machen wollen).</p> <p>Haben Sie in den folgenden Bereichen in der vergangenen Woche Einschränkungen oder Erleichterungen durch die Pandemie erlebt?</p>		<p>In the following, we would like to find out to what extent you have experienced limitations or easements in your everyday life as a result of the Corona pandemic in the past week. Please think about the following areas of your life and indicate to what extent you have experienced the pandemic as a limitation (because, for example, you could not do something you would have liked to do due to current restrictions), or as an easement (because, for example, you could do things from home and therefore save time, or because you could not do things you would not have wanted to do anyway).</p> <p>Have you experienced any limitations or easement from the pandemic in the following areas in the past week?</p>		only assessed in weeks 16-30
CP01_01	Studium	1 = starke Einschränkungen 2 = eher Einschränkungen 3 = weder noch 4 = eher Erleichterungen 5 = starke Erleichterungen -9 = nicht beantwortet	Study	1 = strong limitations 2 = rather limitations 3 = neither 4 = rather easment 5 = strong easment -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they are studying (SD42 = 1)
CP01_02	Arbeitsalltag	1 = starke Einschränkungen 2 = eher Einschränkungen 3 = weder noch 4 = eher Erleichterungen 5 = starke Erleichterungen -9 = nicht beantwortet	Work life	1 = strong limitations 2 = rather limitations 3 = neither 4 = rather easment 5 = strong easment -9 = not answered	only assessed in weeks 16-30 and only if participants indicated that they are working (SD42 = 2)
CP01_03	Familie	1 = starke Einschränkungen 2 = eher Einschränkungen 3 = weder noch 4 = eher Erleichterungen	Family	1 = strong limitations 2 = rather limitations 3 = neither 4 = rather easment	only assessed in weeks 16-30

		5 = starke Erleichterungen -9 = nicht beantwortet		5 = strong easment -9 = not answered	
CP01_04	Freunde	1 = starke Einschränkungen 2 = eher Einschränkungen 3 = weder noch 4 = eher Erleichterungen 5 = starke Erleichterungen -9 = nicht beantwortet	Friends	1 = strong limitations 2 = rather limitations 3 = neither 4 = rather easment 5 = strong easment -9 = not answered	only assessed in weeks 16-30
CP01_05	Hobbies	1 = starke Einschränkungen 2 = eher Einschränkungen 3 = weder noch 4 = eher Erleichterungen 5 = starke Erleichterungen -9 = nicht beantwortet	Hobbies	1 = strong limitations 2 = rather limitations 3 = neither 4 = rather easment 5 = strong easment -9 = not answered	only assessed in weeks 16-30
CP02_01	Gibt es etwas, dass Sie diese Woche als besonders einschränkend erlebt haben?	Offene Texteingabe	Is there anything that you have experienced this week as particularly limiting?	Open response	only assessed in weeks 16-30 This variable has been removed from the publicly available dataset to ascertain anonymity of participants
CP03_01	Gibt es etwas, dass Sie diese Woche als eine besondere Erleichterung erlebt haben?	Offene Texteingabe	Is there anything that you have experienced this week as a particular easement?	Open response	only assessed in weeks 16-30 This variable has been removed from the publicly available dataset to ascertain anonymity of participants

Attitudes towards Covid-19 related restrictions

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
	Beziehen Sie sich bei der Beurteilung der folgenden Aussagen bitte auf die aktuelle Situation rund um die Corona-Pandemie. Denken Sie bitte an die Beschränkungen, die aktuell für Sie gelten (z.B. Maskenpflicht, Hygieneregeln, 3G-Regel,...) und beurteilen Sie bitte folgende Aussagen dazu.		In assessing the following statements, please refer to the current situation surrounding the Corona pandemic. Please think about the restrictions that are currently in place for you (e.g. mandatory masks, hygiene rules, 3G rule,...) and please assess the following statements about them.		only assessed in weeks 18, 21, 25, and 29
CV05_01	Die Beschränkungen finde ich in der aktuellen Situation angemessen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I find the restrictions appropriate in the current situation.	1 = completely disagree 5 = completely agree -9 = not answered	only assessed in weeks 18, 21, 25, and 29
CV05_02	Die Beschränkungen schränken meine Grundrechte zu stark ein und müssen deshalb so schnell wie möglich gelockert werden.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions limit my fundamental rights too much and must therefore be relaxed as quickly as possible.	1 = completely disagree 5 = completely agree -9 = not answered	only assessed in weeks 18, 21, 25, and 29
CV05_03	Die Beschränkungen sind unverhältnismäßig.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	The restrictions are disproportionate.	1 = completely disagree 5 = completely agree -9 = not answered	only assessed in weeks 18, 21, 25, and 29
CV05_04	Ich verstehe, warum die Beschränkungen nötig sind.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet	I understand why the restrictions are necessary.	1 = completely disagree 5 = completely agree -9 = not answered	only assessed in weeks 18, 21, 25, and 29
CV02_01	Zusammengefasst finde ich die aktuellen Beschränkungen...	1 = nicht strikt genug 2 = 3 = genau passend 4 = 5 = zu strikt -9 = nicht beantwortet	In summary, I find the current restrictions...	1 = not strict enough 2 = 3 = perfectly appropriate 4 = 5 = too strict -9 = not answered	only assessed in weeks 18, 21, 25, and 29
CV06_01	Bitte beantworten Sie noch die folgende Frage zur aktuellen Corona-Pandemie. Die steigenden Inzidenz-Zahlen bereiten mir Sorgen.	1 = stimme überhaupt nicht zu 5 = stimme voll und ganz zu -9 = nicht beantwortet		1 = completely disagree 5 = completely agree -9 = not answered	only assessed in weeks 18, 21, 25, and 29

Weekly retrospective psychological need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. *Motivation and Emotion*, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. *Journal of Individual Differences*, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf die letzte Woche. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf die vergangene Woche zu?		Please read the following statements carefully and mark in how far you agree to them, referring to the past week.		
PN03_01	Retrospective relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1 = completely disagree 7 = completely agree -9 = not answered	
PN03_02	Retrospective relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1 = completely disagree 7 = completely agree -9 = not answered	
PN03_03	Retrospective competence frustration item 1	...versagt zu haben...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...failure	1 = completely disagree 7 = completely agree -9 = not answered	
PN03_04	Retrospective autonomy satisfaction item 1	...Freiraum	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1 = completely disagree 7 = completely agree -9 = not answered	
PN03_05	Retrospective competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1 = completely disagree 7 = completely agree -9 = not answered	
PN03_06	Retrospective autonomy satisfaction item 2	...“wahren Ichs”.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1 = completely disagree 7 = completely agree -9 = not answered	
PN03_07	Retrospective relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu	...close and connected...	1 = completely disagree 7 = completely agree	

			-9 = nicht beantwortet		-9 = not answered	
PN03_08	Retrospective competence satisfaction item 2	...große Herausforderungen ...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1 = completely disagree 7 = completely agree -9 = not answered	
PN03_09	Retrospective relatedness satisfaction item 3	... Vertrautheit mit den Menschen gespürt,...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_01	Retrospective autonomy frustration item 1	... Druck gespürt, ...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_02	Retrospective autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_03	Retrospective relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_04	Retrospective relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_05	Retrospective competence satisfaction item 3	... selbst bei schwierigen Dingen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_06	Retrospective autonomy frustration item 3	... Dinge gegen meinen Willen...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_07	Retrospective competence frustration item 2	Ich habe etwas Dummes gemacht...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_08	Retrospective competence frustration item 3	... mit etwas schwer getan, ...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1 = completely disagree 7 = completely agree -9 = not answered	
PN04_09	Retrospective autonomy satisfaction item 3	... was mich interessiert.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1 = completely disagree 7 = completely agree -9 = not answered	

Weekly affect

Affect was assessed using the same items as in B1, B2, B3.1, B3.2, B4, and B5. Instructions referred to how participants felt during the past week.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Ich war in der vergangenen Woche ...		In the past week I was...		
AF04_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	
AF04_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	
AF04_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	
AF04_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	
AF04_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	
AF04_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	
AF04_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	
AF04_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	
AF04_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	
AF04_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	

Time spent with parents

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Wie oft hatten Sie in der vergangenen Woche Kontakt zu Ihren Eltern? Hiermit ist sowohl Zeit gemeint, die Sie in Person mit Ihren Eltern verbracht haben, als auch Zeit, die Sie anderweitig mit Ihren Eltern kommuniziert haben, also z.B. per Telefon, Whats App etc.		For the following questions, please think about the people who have taken on the role of mother or father in your life in recent years. Approximately how much time have you spent with your parents in the past week? This means both time you have spent in person with your parents and time you have spent communicating with your parents in other ways, e.g. by phone, Whats App, etc.		
PA17	Contact mother	Wie oft hatten Sie in der vergangenen Woche Kontakt zu Ihrer Mutter?	1 = mehrmals täglich 2 = einmal pro Tag 3 = 3-4 mal 4 = 1-2 mal 5 = gar nicht -9 = nicht beantwortet	How often have you had contact with your mother in the past week?	1 = several times a day 2 = once a day 3 = 3-4 times 4 = 1-2 times 5 = not at all -9 = not answered	
PA_18	Contact father	Wie oft hatten Sie in der vergangenen Woche Kontakt zu Ihrem Vater?	1 = mehrmals täglich 2 = einmal pro Tag 3 = 3-4 mal 4 = 1-2 mal 5 = gar nicht -9 = nicht beantwortet	How often have you had contact with your father in the past week?	1 = several times a day 2 = once a day 3 = 3-4 times 4 = 1-2 times 5 = not at all -9 = not answered	

Perceived parenting

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Im Folgenden finden Sie einige Aussagen zu Ihren Eltern. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter bzw. in Bezug auf Ihren Vater zustimmen. Geben Sie bitte an, wie sehr Sie diesen Aussagen in Bezug auf die vergangene Woche zustimmen. Die folgenden Aussagen beziehen sich auf Ihre Mutter. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter zustimmen.		Below are some statements about your parents. For each statement, please indicate how much you agree with it in relation to your mother or in relation to your father. Please indicate how much you agree with these statements in relation to the past week. The following statements are about your mother. For each statement, please indicate how much you agree with it in relation to your mother.		only presented if participants indicated that they had spent at least some time with both parents (PA17 AND PA18 < 5)
		Denken Sie für die folgenden Fragen bitte an die Person, die in Ihrem Leben in den vergangenen Jahren die Mutterrolle eingenommen hat. Im Folgenden finden Sie einige Aussagen zu Ihrer Mutter. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter zustimmen. Geben Sie bitte an, wie sehr Sie diesen Aussagen in Bezug auf die vergangene Woche zustimmen.		For the following questions, please think of the person who has taken on the role of mother in your life over the years. Below are some statements about your mother. For each statement, please indicate how much you agree with it in relation to your mother. Please indicate how much you agree with these statements in relation to the past week.		only presented if participants indicated that they had spent at least some time with their mother but not with their father (PA17 < 5 AND PA18 = 5 OR PA18 = -9)
PA19_01	Autonomy support mother item 1	Diese Woche hat mich meine Mutter meine eigenen Entscheidungen treffen lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my mother allowed me to make choices of my own.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their mother (PA17 < 5)
PA19_05	Control mother item 1	Diese Woche hat mich meine Mutter in einem Gespräch unterbrochen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my mother interrupted me during a conversation.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their mother (PA17 < 5)
PA19_02	Autonomy support mother item 2	Diese Woche hat mich meine Mutter bewusst nach meiner Meinung zu etwas gefragt.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my mother deliberately asked my opinion about some things	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their mother (PA17 < 5)
PA19_06	Control mother item 2	Diese Woche hat meine Mutter versucht zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my mother tried to change how I feel or think about things.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their mother (PA17 < 5)
PA19_03	Autonomy support mother item 3	Diese Woche hat mich meine Mutter Dinge für mich selbst entscheiden lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu	This week my mother allowed me to decide things for myself.	1= completely disagree 7= completely agree	only presented if participants indicated that they had spent at least some time with their mother (PA17 < 5)

			-1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet		-1 = not applicable (no contact this week) -9 = not answered	some time with their mother (PA17 <5)
PA19_07	Control mother item 3	Diese Woche hat mir meine Mutter Schuldgefühle eingeredet.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my mother made me feel guilty about something.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their mother (PA17 <5)
PA19_04	Autonomy support mother item 4	Diese Woche war meine Mutter bereit, Dinge aus meiner Sicht zu betrachten	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my mother was willing to consider things from my point of view	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their mother (PA17 <5)
PA19_08	Control mother item 4	Diese Woche war meine Mutter weniger freundlich zu mir, weil ich etwas getan habe, das ihr nicht gepasst hat.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my mother was less friendly with me because I did something she disapproved.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their mother (PA17 <5)
		Achtung: Die folgenden Aussagen beziehen sich jetzt auf Ihren Vater. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihren Vater zustimmen		Attention: The following statements refer to your father. For each statement, please indicate how much you agree with it in relation to your father.		only presented if participants indicated that they had spent at least some time with both parents (PA17 AND PA18 <5)
		Denken Sie für die folgenden Fragen bitte an die Person, die in Ihrem Leben in den vergangenen Jahren die Vaterrolle eingenommen hat. Im Folgenden finden Sie einige Aussagen zu Ihrem Vater. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihren Vater zustimmen. Geben Sie bitte an, wie sehr Sie diesen Aussagen in Bezug auf die vergangene Woche zustimmen.		For the following questions, please think of the person who has taken on the role of father in your life over the years. Below are some statements about your father. For each statement, please indicate how much you agree with it in relation to your father. Please indicate how much you agree with these statements in relation to the past week.		only presented if participants indicated that they had spent at least some time with their father but not with their mother (PA18 < 5 AND PA17 = 5 OR PA18 = -9)
PA20_01	Autonomy support father item 1	Diese Woche hat mich mein Vater meine eigenen Entscheidungen treffen lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father allowed me to make choices of my own.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)
PA20_05	Control father item 1	Diese Woche hat mich mein Vater in einem Gespräch unterbrochen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father interrupted me during a conversation.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)
PA20_02	Autonomy support father item 2	Diese Woche hat mich mein Vater bewusst nach meiner Meinung zu etwas gefragt.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father deliberately asked my opinion about some things	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)

PA20_06	Control father item 2	Diese Woche hat mein Vater versucht zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father tried to change how I feel or think about things.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)
PA20_03	Autonomy support father item 3	Diese Woche hat mich mein Vater Dinge für mich selbst entscheiden lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father allowed me to decide things for myself.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)
PA20_07	Control father item 3	Diese Woche hat mir mein Vater Schuldgefühle eingeredet.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father made me feel guilty about something.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)
PA20_04	Autonomy support father item 4	Diese Woche war mein Vater bereit, Dinge aus meiner Sicht zu betrachten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father was willing to consider things from my point of view	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)
PA20_08	Control father item 4	Diese Woche war mein Vater weniger freundlich zu mir, weil ich etwas getan habe, das ihm nicht gepasst hat.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (kein Kontakt diese Woche) -9 = nicht beantwortet	This week my father was less friendly with me because I did something he disapproved.	1= completely disagree 7= completely agree -1 = not applicable (no contact this week) -9 = not answered	only presented if participants indicated that they had spent at least some time with their father (PA18 <5)

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

Section 3: Study Part 3 (ambulatory assessment)

This third section contains all measures that were assessed in study part 3 (ambulatory assessment).

ESM: 5 quasi-randomized beeps/day

EOD: end of day questionnaire

ESM

relevant for: original sample

The items are listed in the order in which they appeared in the questionnaire

Location and social context

Variable name	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
UM01	Wo sind Sie gerade?	1 = Zu Hause 2 = Bei Freund*innen 3 = An meiner Hochschule 4 = Im Bus, in der Bahn, im Auto 5 = Einkaufen / Besorgungen erledigen 6 = Draußen (Spazieren, beim Sport, ...) 7 = An meiner Arbeitsstelle 8 = Woanders, und zwar: -9 = nicht beantwortet	Where are you right now?	1 = At home 2 = With friends 3 = At my university 4 = On the bus, in the train, in the car 5 = Shopping / running errands 6 = Outside (walking, doing sports, ...) 7 = At my workplace 8 = Elsewhere, namely: -9 = not answered	
UM01_08	Woanders, und zwar	Offene Texteingabe	Elsewhere, namely:	Open response	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
UM02	Sind Sie gerade mit anderen zusammen oder alleine? Sie können mehrere Antworten auswählen.	Anzahl ausgewählter Optionen	Are you currently with others or alone? You can select multiple answers.	Total number of selected responses	
UM02_01	alleine	1 = nicht gewählt 2 = ausgewählt	alone	1 = not selected 2 = selected	
UM02_02	Mit Partner*in	1 = nicht gewählt 2 = ausgewählt	With partner	1 = not selected 2 = selected	
UM02_03	Mit meinen Eltern	1 = nicht gewählt 2 = ausgewählt	With my parents	1 = not selected 2 = selected	
UM02_04	Mit anderen Verwandten	1 = nicht gewählt 2 = ausgewählt	With other relatives	1 = not selected 2 = selected	
UM02_05	Mit Freund*innen	1 = nicht gewählt 2 = ausgewählt	With friends	1 = not selected 2 = selected	
UM02_06	Mit Kommiliton*innen/Kolleg*innen	1 = nicht gewählt 2 = ausgewählt	With fellow students/colleagues	1 = not selected 2 = selected	
UM02_07	Mit mir fremden Personen	1 = nicht gewählt 2 = ausgewählt	With strangers	1 = not selected 2 = selected	

Momentary affect

Affect was assessed using the same items as in B1, B2, B3.1, B3.2, B4, and B5. Instructions referred to how participants feel right now.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Ich bin jetzt gerade...		Right now, I feel...		
AF05_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	
AF05_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	
AF05_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	
AF05_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	
AF05_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	
AF05_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	
AF05_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	
AF05_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	
AF05_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	
AF05_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	

Study related information

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
	Haben Sie seit dem Aufstehen/ seit der letzten Befragung für Ihr Studium gearbeitet?		Have you worked for your studies since getting up / since the last survey?		instructions depended on the number of the survey (since getting up: first survey of the day)
DS01	Denken Sie dabei an alle möglichen studienbezogenen Aufgaben (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen oder Recherche von Literatur, ...).	1 = ja 2 = nein	Think of all possible study-related tasks (e.g., attending lectures, working on exercises, reading or researching literature, ...).	1 = yes 2 = no	
DS02	Was haben Sie gemacht? Sie können mehrere Antworten auswählen.		What did you do? You can select multiple answers.		only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_01	Eine Vorlesung, ein Seminar oder eine Übung besucht	1 = nicht gewählt 2 = ausgewählt	Attended a lecture, seminar or lab	1 = not selected 2 = selected	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_02 ^a	Einen Vortrag im Rahmen meines Studiums gehalten	1 = nicht gewählt 2 = ausgewählt	Held a presentation in one of my classes	1 = not selected 2 = selected	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_03	In einer Gruppe im Rahmen einer Übung, Labors o.ä. gearbeitet	1 = nicht gewählt 2 = ausgewählt	Worked in a group as part of an exercise, laboratory, etc.	1 = not selected 2 = selected	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_04	Übungsaufgaben bearbeitet	1 = nicht gewählt 2 = ausgewählt	Worked on assignments	1 = not selected 2 = selected	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_05	Texte gelesen	1 = nicht gewählt 2 = ausgewählt	Read texts	1 = not selected 2 = selected	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_06	Vor- oder Nachbereitung	1 = nicht gewählt 2 = ausgewählt	Preparation or follow-up	1 = not selected 2 = selected	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_07	Anderes, und zwar	1 = nicht gewählt 2 = ausgewählt	other, namely:	1 = not selected 2 = selected	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
DS02_07a	Anderes, und zwar	offene Texteingabe	other, namely:	open response	only assessed if participants indicated that they have worked for their studies (DS01 = 1) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.
DS03	Wie lange haben Sie seit dem Aufstehen/ seit der letzten Befragung für Ihr Studium gearbeitet?	1 = Weniger als eine halbe Stunde 2 = Eine halbe Stunde bis Stunde 3 = Eine Stunde bis zwei Stunden	How long have you worked for your studies since getting up/ since the last survey?	1 = Less than half an hour 2 = Half an hour to an hour 3 = One hour to two hours 4 = Two to three hours	instructions depended on the number of the survey (since getting up: first survey of the day)

		4 = Zwei bis drei Stunden 5 = Mehr als drei Stunden -9 = nicht beantwortet		5 = More than three hours -9 = not answered	
DS04	Was haben Sie seit dem Aufstehen / seit der letzten Befragung gemacht? Sie können mehrere Antworten auswählen.		What did you do since getting up / since the last survey? You can select multiple answers.		only assessed if participants indicated that they did not work for their studies (DS01 = 2) instructions depended on the number of the survey (since getting up: first survey of the day)
DS04_01	für meinen Nebenjob gearbeitet	1 = nicht gewählt 2 = ausgewählt	worked for my part-time job	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_02	mich um Kinder / andere Familienangehörige gekümmert	1 = nicht gewählt 2 = ausgewählt	took care of children / other family members	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_03	Zeit mit Freunden verbracht	1 = nicht gewählt 2 = ausgewählt	spent time with friends	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_04	auf social media unterwegs	1 = nicht gewählt 2 = ausgewählt	on social media	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_05	ferngesehen, Videospiele gespielt	1 = nicht gewählt 2 = ausgewählt	watched TV, played video games	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_06	Musik gehört	1 = nicht gewählt 2 = ausgewählt	listened to music	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_07	Sport gemacht	1 = nicht gewählt 2 = ausgewählt	played sports	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_08	spazieren gegangen	1 = nicht gewählt 2 = ausgewählt	went for a walk	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_09	gebetet / meditiert	1 = nicht gewählt 2 = ausgewählt	prayed / meditated	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_10	gelesen	1 = nicht gewählt 2 = ausgewählt	read	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_11	anderes, und zwar	1 = nicht gewählt 2 = ausgewählt	other, namely	1 = not selected 2 = selected	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS04_11a	anderes, und zwar	Offene Texteingabe	other, namely	open response	only assessed if participants indicated that they did not work for their studies (DS01 = 2) This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

DS05	Hätten Sie seit dem Aufstehen / seit der letzten Befragung eigentlich für Ihr Studium arbeiten sollen?	1 = Nein, ich hatte frei. 2 = Ja, aber ich habe mich dagegen entschieden.	Were you supposed to have been working for your studies since getting up / since the last survey?	1 = No, I was at leisure time. 2 = Yes, but I decided against it.	only assessed if participants indicated that they did not work for their studies (DS01 = 2) instructions depended on the number of the survey (since getting up: first survey of the day)
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Study motivation / motivation for other task

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
	Warum haben Sie seit dem Aufstehen / seit der letzten Befragung für Ihr Studium gearbeitet? Ich habe seit dem Aufstehen/ seit der letzten Befragung für mein Studium gearbeitet,...		Why have you worked for your studies since getting up / since the last survey? I have worked for my studies since getting up / since the last survey....		only presented if participants indicated that they have worked for their studies (DS01 = 1) instructions depended on the number of the survey (since getting up: first survey of the day)
SM04_01	...weil andere von mir enttäuscht gewesen wären, wenn ich das nicht gemacht hätte	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because others would have been disappointed in me if I had not done so	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
SM04_03	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I would have felt bad if I had not done this.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
SM04_05	...weil mir die Arbeit, die ich gemacht habe, persönlich wichtig war.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because the work I did was personally important to me.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
SM04_07	...weil ich die Arbeit interessant fand.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I found the work interesting.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
SM04_02	...weil ich musste (z.B. wegen Pflichtveranstaltung, oder als Voraussetzung für ein Seminar).	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I had to (e.g. because of a compulsory course, or as a prerequisite for a seminar).	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
SM04_04	...weil ich mir selbst oder anderen beweisen wollte, dass ich etwas gut kann.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I wanted to prove to myself or others that I can do something well.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
SM04_06	...weil ich Inhalte meines Studiums besser verstehen wollte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I wanted to understand the contents of my studies better.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
SM04_08	...weil mir die Arbeit Spaß bereitet hat.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I enjoyed the work.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they have worked for their studies (DS01 = 1)
	Denken Sie bitte an eine Tätigkeit, die Sie seit dem Aufstehen / seit der letzten Befragung mindestens 30 Minuten gemacht haben.		Please think of an activity that you have done for at least 30 minutes since the last survey. I have pursued this activity....		only assessed if participants indicated that they did not work for their studies (DS01 = 2) instructions depended on the number of the survey (since getting up: first survey of the day)
DS15_01	...weil andere von mir enttäuscht gewesen wären, wenn ich das nicht gemacht hätte	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because others would have been disappointed in me if I had not done so	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS15_03	...weil ich mich schlecht gefühlt hätte, wenn ich das nicht gemacht hätte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I would have felt bad if I had not done this.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)

DS15_05	...weil mir die Tätigkeit,persönlich wichtig war.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because the activity I did was personally important to me.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS15_07	...weil ich die Tätigkeit interessant fand.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I found the activity interesting.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS15_02	...weil ich musste	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I had to.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS15_04	...weil ich mir selbst oder anderen beweisen wollte, dass ich etwas gut kann.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I wanted to prove to myself or others that I can do something well.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS15_06	...weil ich etwas besser verstehen wollte.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I wanted to understand it better.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)
DS15_08	...weil mir die Tätigkeit Spaß bereitet hat.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -9 = nicht beantwortet	...because I enjoyed the activity.	1 = completely disagree 7 = completely agree -9 = not answered	only assessed if participants indicated that they did not work for their studies (DS01 = 2)

Emotion regulation

Items were delineated and adapted from: Izadpanah, S., Barnow, S., Neubauer, A. B., & Holl, J. (2019). Development and validation of the Heidelberg Form for Emotion Regulation Strategies (HFERST): Factor structure, reliability, and validity. *Assessment*, 26, 880-906.

<http://dx.doi.org/10.1177/1073191117720283>

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Wie sind Sie seit dem Aufstehen / seit der letzten Befragung mit Ihren Gefühlen umgegangen? Bitte entscheiden Sie aus dem Bauch heraus, inwieweit die unteren Aussagen auf Sie zutreffen.		How have you dealt with your feelings since getting up / since the last survey? Please decide from your gut to what extent the statements below apply to you.		instructions depended on the number of the survey (since getting up: first survey of the day)
ER02_01	Reappraisal item 1	Ich habe versucht, auch die guten Aspekte in einer schlechten Situation zu erkennen.	1 = überhaupt nicht 7 = sehr -1 = nicht zutreffend -9 = nicht beantwortet	I have tried to see the good aspects in a bad situation as well.	1 = not at all 7 = very -1 = not applicable -9 = not answered	
ER02_03	Reappraisal item 2	Ich habe mich auf die guten Seiten meiner Situation konzentriert, um mich besser zu fühlen.	1 = überhaupt nicht 7 = sehr -1 = nicht zutreffend -9 = nicht beantwortet	I focused on the good aspects of my situation to feel better.	1 = not at all 7 = very -1 = not applicable -9 = not answered	
ER02_04	Suppression	Ich habe meine Gefühle unterdrückt.	1 = überhaupt nicht 7 = sehr -1 = nicht zutreffend -9 = nicht beantwortet	I suppressed my feelings.	1 = not at all 7 = very -1 = not applicable -9 = not answered	
ER02_06	Reappraisal item 3	Ich habe meine Gefühle geändert, indem ich über meine aktuelle Situation anders nachgedacht habe.	1 = überhaupt nicht 7 = sehr -1 = nicht zutreffend -9 = nicht beantwortet	I changed my feelings by thinking differently about my current situation.	1 = not at all 7 = very -1 = not applicable -9 = not answered	
ER02_08	Sumination	Ich habe immer wieder über meine Gefühle oder meine Situation nachgedacht.	1 = überhaupt nicht 7 = sehr -1 = nicht zutreffend -9 = nicht beantwortet	I have thought about my feelings or situation over and over again.	1 = not at all 7 = very -1 = not applicable -9 = not answered	

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.

EOD

relevant for: original sample

The items are listed in the order in which they appeared in the questionnaire

Daily need fulfillment

Balanced Measure of Psychological Needs Scale

English instructions and items: Sheldon, K. M., & Hilpert, J. C. (2012). The balanced measure of psychological needs (BMPN) scale:: An alternative domain general measure of need satisfaction. *Motivation and Emotion*, 36(4), 439–451. <https://doi.org/10.1007/s11031-012-9279-4>

German instructions and items: Neubauer, A. B., & Voss, A. (2016). Validation and revision of a German version of the Balanced Measure of Psychological Needs scale. *Journal of Individual Differences*, 37(1), 56–72. <https://doi.org/10.1027/1614-0001/a000188>

Note: As suggested by Neubauer & Voss (2016), one item from the original scale (one item assessing relatedness frustration) has been changed.

Variable name	Description	Instruction (German original), excerpt	Response options (German original)	Instruction (English translation), excerpt	Response options (English translation)	Comment
		Bitte lesen Sie die folgenden Aussagen sorgfältig durch und geben Sie dann an, wie sehr Sie diesen zustimmen. Beziehen Sie sich dabei auf den heutigen Tag. Wie sehr stimmen Sie folgenden Aussagen in Bezug auf den heutigen Tag zu?		Please read the following statements carefully and mark in how far you agree to them, referring to the past week.		
PN05_01	Daily relatedness satisfaction item 1	...Kontakt mit Menschen zu sein...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...contact with people who care for me...	1 = completely disagree 7 = completely agree -9 = not answered	
PN05_02	Daily relatedness frustration item 1	...zurückgewiesen oder ausgegrenzt.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...excluded or ostracized.	1 = completely disagree 7 = completely agree -9 = not answered	
PN05_03	Daily competence frustration item 1	...versagt zu haben...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...failure	1 = completely disagree 7 = completely agree -9 = not answered	
PN05_04	Daily autonomy satisfaction item 1	...Freiraum	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...things my own way	1 = completely disagree 7 = completely agree -9 = not answered	
PN05_05	Daily competence satisfaction item 1	...schwieriges Projekt abgeschlossen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...competed difficult project.	1 = completely disagree 7 = completely agree -9 = not answered	
PN05_06	Daily autonomy satisfaction item 2	...“wahren Ichs”.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... true self.	1 = completely disagree 7 = completely agree -9 = not answered	

PN05_07	Daily relatedness satisfaction item 2	...nahe und verbunden gefühlt.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...close and connected...	1 = completely disagree 7 = completely agree -9 = not answered	
PN05_08	Daily competence satisfaction item 2	...große Herausforderungen ...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...mastered hard challenges.	1 = completely disagree 7 = completely agree -9 = not answered	
PN05_09	Daily relatedness satisfaction item 3	...starke Vertrautheit...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...strong sense of intimacy...	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_01	Daily autonomy frustration item 1	... Druck gespürt, ...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... pressure ...	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_02	Daily autonomy frustration item 2	... vorgeschrieben, was ich tun soll.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...people telling me...	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_03	Daily relatedness frustration item 2	... nicht wertgeschätzt gefühlt.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... unappreciated...	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_04	Daily relatedness frustration item 3	... Unstimmigkeiten oder Konflikte...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... disagreements or conflicts...	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_05	Daily competence satisfaction item 3	... selbst bei schwierigen Dingen.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...even at the hard things.	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_06	Daily autonomy frustration item 3	... Dinge gegen meinen Willen...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	...things against my will.	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_07	Daily competence frustration item 2	Ich habe etwas Dummes gemacht...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	I did something stupid ...	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_08	Daily competence frustration item 3	... mit etwas schwer getan, ...	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... struggled doing something...	1 = completely disagree 7 = completely agree -9 = not answered	
PN06_09	Daily autonomy satisfaction item 3	... was mich interessiert.	1 = stimme überhaupt nicht zu 7 = stimme voll und ganz zu -9 = nicht beantwortet	... doing what interests me.	1 = completely disagree 7 = completely agree -9 = not answered	

Daily affect

Affect was assessed using the same items as in B1, B2, B3.1, B3.2, B4, and B5. Instructions referred to how participants felt today.

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Ich war heute...		Today, I felt...		
AF02_01	Positive affect, high arousal 1	...glücklich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...happy	1= not at all 7= very -9 = not answered	
AF02_02	Negative affect, high arousal 1	...ängstlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...afraid	1= not at all 7= very -9 = not answered	
AF02_03	Negative affect, low arousal 2	...traurig	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...sad	1= not at all 7= very -9 = not answered	
AF02_04	Positive affect, low arousal 2	...ausgeglichen	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...balanced	1= not at all 7= very -9 = not answered	
AF02_05	Low arousal	...erschöpft	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...exhausted	1= not at all 7= very -9 = not answered	
AF02_06	Positive affect, high arousal 2	...fröhlich	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...cheerful	1= not at all 7= very -9 = not answered	
AF02_07	Negative affect, low arousal 2	...besorgt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...worried	1= not at all 7= very -9 = not answered	
AF02_08	High arousal	...voller Energie	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...lively	1= not at all 7= very -9 = not answered	
AF02_09	Negative affect, high arousal 2	...wütend	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...angry	1= not at all 7= very -9 = not answered	
AF02_10	Positive affect, low arousal 2	...entspannt	1= überhaupt nicht 7= sehr -9 = nicht beantwortet	...relaxed	1= not at all 7= very -9 = not answered	

Classes and time spent studying

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
ST53	In welcher Form haben Ihre Lehrveranstaltungen heute stattgefunden?	Anzahl ausgewählter Optionen (ganze Zahl)	In what format did your courses take place today?	Total number of selected responses (integer)	
ST53_01	In Präsenz	1 = nicht gewählt 2 = ausgewählt	in person	1 = not selected 2 = selected	
ST53_02	Virtuell	1 = nicht gewählt 2 = ausgewählt	virtual	1 = not selected 2 = selected	
ST53_03	Hybrid	1 = nicht gewählt 2 = ausgewählt	hybrid	1 = not selected 2 = selected	
ST53_04	Ich hatte heute keine Lehrveranstaltung	1 = nicht gewählt 2 = ausgewählt	I did not have a class today	1 = not selected 2 = selected	
	Wie viel Zeit haben Sie heute in etwa für Ihr Studium aufgewendet? Beziehen Sie alle studienbezogenen Aufgaben des heutigen Tages mit ein (z.B. Besuch von Vorlesungen, Bearbeiten von Übungsaufgaben, Lesen von Literatur, ...)		Approximately how much time did you spend on your studies today? Include all study-related tasks of today (e.g. attending lectures, working on exercises, reading literature, ...).		
DS06_01	... Stunden und	Offene Eingabe (Ganze Zahl)	... hours and	open response (integer)	
DS06_02	... Minuten	Offene Eingabe (Ganze Zahl)	... minutes	open response (integer)	

Daily study satisfaction

Items delineated from the NEPS (Blossfeld, H.-P., & Roßbach, H.-G. (2019). *Education as a Lifelong Process: The German National Educational Panel Study (NEPS)* (2nd revised edition 2019). Springer VS; Ciando.)

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
	Wie bewerten Sie Ihr derzeitiges Studium? Bitte geben Sie an, inwieweit die folgenden Aussagen auf den heutigen Tag zutreffen.		How would you rate your current studies? Please indicate to what extent the following statements apply to today.		
ST54_01	Heute hatte ich richtig Freude an dem, was ich studiere.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today I really enjoyed the subject I am studying.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_04	Heute hatte ich das Gefühl, dass mich das Studium aufzrisst.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today my course of study was wearing me down.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_02	Heute war ich mit meinem Studium insgesamt zufrieden.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	On the whole I was satisfied with my current course of study today.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_05	Heute konnte ich mein Studium nur schwer mit anderen Verpflichtungen in Einklang bringen.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today it was very difficult for me to reconcile my course of study with other obligations.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_03	Heute fand ich mein Studium wirklich interessant.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today I found my course of study really interesting.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_06	Heute fühlte ich mich durch das Studium müde und abgespannt.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today my course of study made me feel tired and exhausted.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_07	Heute habe ich für mein Studium nicht mehr gemacht, als unbedingt erforderlich war.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today I no longer did anything more for my studies than that which was absolutely necessary.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_08	Heute habe ich sehr viel Energie investiert, um in meinem Studium erfolgreich zu sein	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today I invested a lot of energy in being successful in my degree course	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_09	Heute konnte ich mich mit meinem Studium voll identifizieren.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today I could fully identify with my degree program.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_10	Heute wurden die Erwartungen, die ich an mein Studium hatte, erfüllt.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today the expectations I had of my degree program were met.	1 = completely disagree 7 = completely agree -9 = not answered	
ST54_11	Ich habe heute ernsthaft daran gedacht, mein Hauptfach zu wechseln oder das Studium ganz aufzugeben.	1 = trifft überhaupt nicht zu 7 = trifft völlig zu -9 = nicht beantwortet	Today I seriously considered changing my major subject or of giving up my course of study entirely?	1 = completely disagree 7 = completely agree -9 = not answered	

Time spent with parents

Variable name	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
	Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Wie viel Zeit haben Sie heute in etwa mit Ihren Eltern verbracht? Hiermit ist sowohl Zeit gemeint, die Sie in Person mit Ihren Eltern verbracht haben, als auch Zeit, die Sie anderweitig mit Ihren Eltern kommuniziert haben, also z.B. per Telefon, Whats App etc.		For the following questions, please think about the people who have taken on the role of mother or father in your life in recent years. Approximately how much time have you spent with your parents today? This means both time you have spent in person with your parents and time you have spent communicating with your parents in other ways, e.g. by phone, Whats App, etc.		
	Wie viel Zeit haben Sie heute mit Ihrer Mutter verbracht?		How much time did you spend with your mother today?		
PA21_01	... Stunden und	Offene Eingabe (Ganze Zahl)	... hours and	open response (integer)	
PA21_02	... Minuten	Offene Eingabe (Ganze Zahl)	... minutes	open response (integer)	
	Wie viel Zeit haben Sie heute mit Ihrem Vater verbracht?		How much time did you spend with your father today?		
PA22_01	... Stunden und	Offene Eingabe (Ganze Zahl)	... hours and	open response (integer)	
PA22_02	... Minuten	Offene Eingabe (Ganze Zahl)	... minutes	open response (integer)	

Perceived parenting

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
		Denken Sie für die folgenden Fragen bitte an die Personen, die in Ihrem Leben in den vergangenen Jahren die Mutter- bzw. Vaterrolle eingenommen haben. Im Folgenden finden Sie einige Aussagen zu Ihren Eltern. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter bzw. in Bezug auf Ihren Vater zustimmen. Geben Sie bitte an, wie sehr Sie diesen Aussagen in Bezug auf heute zustimmen. Die folgenden Aussagen beziehen sich auf Ihre Mutter. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihre Mutter zustimmen.		For the following questions, please think about the people who have taken on the role of mother or father in your life over the years. Below are some statements about your parents. For each statement, please indicate how much you agree with it regarding your mother or regarding your father. Please indicate how much you agree with these statements in relation to today. The following statements refer to your mother. For each statement, please indicate how much you agree with it in relation to your mother.		
PA23_01	Autonomy support mother item 1	Heute hat mich meine Mutter meine eigenen Entscheidungen treffen lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my mother allowed me to make choices of my own.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA23_03	Autonomy support mother item 2	Heute hat mich meine Mutter Dinge für mich selbst entscheiden lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my mother allowed me to decide things for myself.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA23_02	Autonomy support mother item 3	Heute hat mich meine Mutter bewusst nach meiner Meinung zu etwas gefragt.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my mother deliberately asked my opinion about some things.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA23_05	Control mother item 1	Heute hat mich meine Mutter in einem Gespräch unterbrochen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my mother interrupted me during a conversation.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA23_04	Autonomy support mother item 4	Heute war meine Mutter bereit, Dinge aus meiner Sicht zu betrachten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my mother was willing to consider things from my point of view.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA23_07	Control mother item 2	Heute hat mir meine Mutter Schuldgefühle eingeredet.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my mother made me feel guilty about something.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA23_06	Control mother item 3	Heute hat meine Mutter versucht zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt)	Today my mother tried to change how I feel or think about things.	1= completely disagree 7= completely agree -1 = not applicable (no contact today)	

			-9 = nicht beantwortet		-9 = not answered	
PA23_08	Control mother item 4	Heute war meine Mutter weniger freundlich zu mir, weil ich etwas getan habe, das ihr nicht gepasst hat.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my mother was less friendly with me because I did something she disapproved.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
		Achtung: Die folgenden Aussagen beziehen sich auf Ihren Vater. Bitte geben Sie bei jeder Aussage an, wie sehr Sie ihr in Bezug auf Ihren Vater zustimmen.		Attention: The following statements refer to your father. For each statement, please indicate how much you agree with it in relation to your father.		
PA24_01	Autonomy support father item 1	Heute hat mich mein Vater meine eigenen Entscheidungen treffen lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father allowed me to make choices of my own.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA24_03	Autonomy support father item 2	Heute hat mich mein Vater Dinge für mich selbst entscheiden lassen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father allowed me to decide things for myself.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA24_02	Autonomy support father item 3	Heute hat mich mein Vater bewusst nach meiner Meinung zu etwas gefragt.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father deliberately asked my opinion about some things.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA24_05	Control father item 1	Heute hat mich mein Vater in einem Gespräch unterbrochen.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father interrupted me during a conversation.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA24_04	Autonomy support father item 4	Heute war mein Vater bereit, Dinge aus meiner Sicht zu betrachten.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father was willing to consider things from my point of view.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA24_07	Control father item 2	Heute hat mir mein Vater Schuldgefühle eingeredet.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father made me feel guilty about something.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA24_06	Control father item 3	Heute hat mein Vater versucht zu beeinflussen, wie ich mich fühle oder was ich denke.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father tried to change how I feel or think about things.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	
PA24_08	Control father item 4	Heute war mein Vater weniger freundlich zu mir, weil ich etwas getan habe, das ihr nicht gepasst hat.	1 = Stimme überhaupt nicht zu 7 = Stimme voll und ganz zu -1 = nicht zutreffend (heute kein Kontakt) -9 = nicht beantwortet	Today my father was less friendly with me because I did something he disapproved.	1= completely disagree 7= completely agree -1 = not applicable (no contact today) -9 = not answered	

Open comments

Variable name	Description	Instruction (German original)	Response options (German original)	Instruction (English translation)	Response options (English translation)	Comment
OK01_01	Comment	Möchten Sie uns sonst noch etwas mitteilen?	Offene Texteingabe	Is there anything else you would like to share with us?	Open response	This variable has been removed from the publicly available dataset to ascertain anonymity of participants.