2/25/25 Update (incorporating Counsel feedback)

about-you-self-care

show to: everyone Header breadcrumb < Back Used "condition" instead of "disability" because it sounds less specific and less formalized. This is in response to taxpayers who reacted to the word "disability" and thought it meant a very specific thing with an official diagnosis. For any part of <TY>, did you have a physical or mental condition that made you unable to care for yourself? The physical or mental condition could be permanent or temporary, and it should be temporary, in response to taxpayers who thought a temporary serious enough that you needed either: Help to dress, clean, or feed yourself Constant care to keep yourself or others safe

keeping to help people figure out if their condition is applicable/valid and to reassure them that they don't need a really specific type of proof (like a disability diagnosis)

condition could be

permanent or

injury may not apply

Save and continue

Why do we ask if you're unable to care for yourself?

Do I need to have records to show I'm unable

to care for myself?

O Yes

O No

Why do we ask if you're unable to care for yourself?

We ask about a person's ability to care for themselves to figure out if they qualify for certain tax benefits. For example, this information is used to determine if someone is a qualifying person for the Child and Dependent Care Credit (CDCC).

The CDCC is a tax benefit that helps taxpayers who paid for the care of a family or household member while working or looking for work.

As you complete your federal tax return, we'll ask questions to check if the CDCC applies to you.

Learn more about who is a qualifying person for the CDCC.

Link: Child and Dependent Care Credit

https://www.irs.gov/taxtopics/tc602

Link: Learn more about qualifying people for the CDCC

https://www.irs.gov/publications/p503#en _US_2023_publink1000203267

Do I need to have records to show I'm unable to care for myself?

You won't be asked to send any records with your federal tax return, but the IRS may ask for records later.

If you're asked for records, you'll need something that documents the length and nature of the physical or mental condition. For example:

- A doctor's note
- Medical records or diagnoses
- Records of an accident

spouse-mfj-self-care

show to:

taxpayers with MFJ spouse



Do I need to have records to show

repeat snack from

about-you-self-care

someone is unable to care for

themselves?

Why do we ask if they're unable to care for themselves?

We ask about a person's ability to care for themselves to figure out if they qualify for certain tax benefits. For example, this information is used to determine if someone is a qualifying person for the Child and Dependent Care Credit (CDCC).

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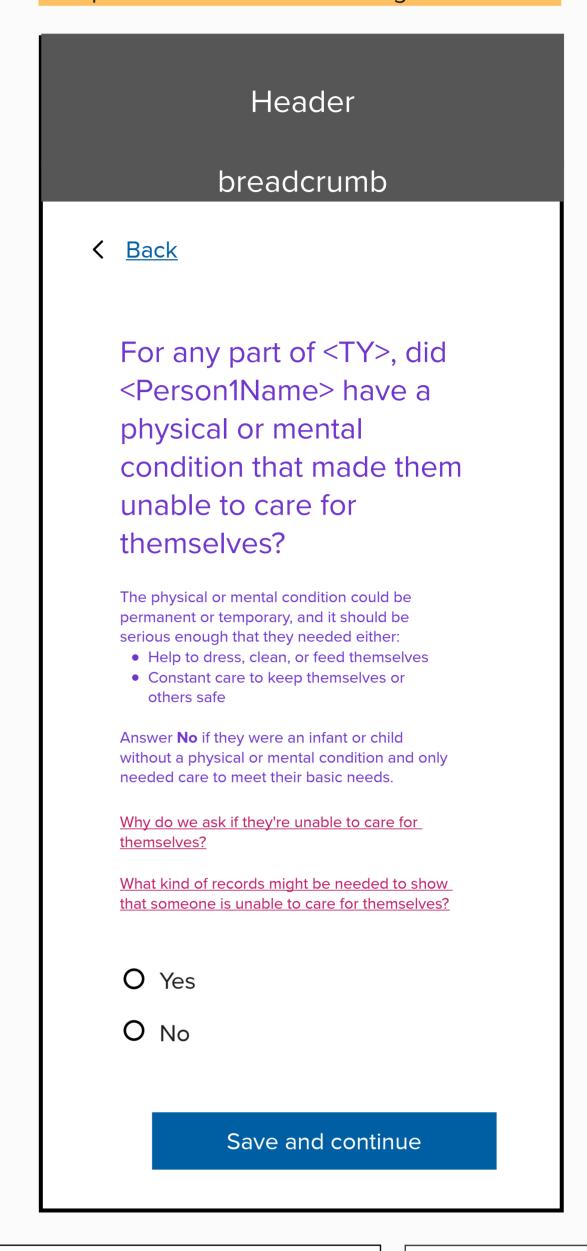
Link: Learn more about qualifying people for the CDCC

https://www.irs.gov/publications/p503#en _US_2023_publink1000203267

add-person-self-care

show to:

tp who are still in the running for cdcc



Why do we ask if they're unable to care for themselves?

repeat snack from spouse-mfj-self-care Do I need to have records to show someone is unable to care for themselves?

repeat snack from about-you-self-care