

**Professor:**

**John Karahalis, P.D.**

**Course Title:**

**Introduction to Psychology**

**OBJECTIVES OF THE COURSE:**

1. To acquaint the student with a basic understanding of the terms, concepts and principles of Psychology.
2. To provide an overall view of the origins of human development.
3. To explore and define the scientific method and how it relates to research and theories in Psychology.
4. To present an objective overview of the various fields in psychology and how they compare and contrast.
5. To introduce the student to the use and application of psychological instruments.
6. To examine the principles of learning and how they relate to present theories of how a person “thinks”.
7. To help the students develop an awareness and appreciation of the problems psychologists address.
8. To learn the foundations of childhood development and how it relates to adult human behavior.
9. To gain an understanding of behavior modification, i.e. (Contingency Management) and how it relates to every day life.
10. To serve as a prerequisite for advanced courses in Psychology.