

# <sup>1</sup> Static Equilibrium in Remote Alaska

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## Software

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## <sup>9</sup> Summary

<sup>10</sup> This course module intertwines physics education with the unique challenges faced by <sup>11</sup> Alaska's remote communities. It begins with fundamental statics concepts, emphasizing <sup>12</sup> forces in equilibrium and vector problem-solving. Progressing through equilibrium in <sup>13</sup> structures and torque, it culminates in practical applications like bridge construction <sup>14</sup> in Alaska. The course, aimed at first-year high school students, introduces Python <sup>15</sup> programming for physics applications. It's structured for in-person and self-guided learning <sup>16</sup> on CoLab. The Alaska context adds depth, exploring social, ecological, and engineering <sup>17</sup> challenges in these communities, emphasizing the necessity of interdisciplinary collaboration <sup>18</sup> for sustainable solutions.

<sup>19</sup> This course module, designed for first-year high school students with no prior knowledge <sup>20</sup> of static equilibrium and programmatic data analysis, serves as an introductory bridge to <sup>21</sup> programming through high school physics. It is structured as a multi-week course that <sup>22</sup> introduces Python programming and its application in physics. The module comprises five <sup>23</sup> units tailored for an in-person learning environment, featuring live coding sessions and <sup>24</sup> explanations, followed by independent or pair coding activities. Hosted on CoLab, it sup- <sup>25</sup> ports both self-guided and classroom-based learning, extending educational opportunities <sup>26</sup> beyond the traditional classroom setting.

## <sup>27</sup> Statement of Need

### <sup>28</sup> Contextualized STEM Content

<sup>29</sup> The benefits of contextualized science, technology, engineering, and mathematics (STEM) <sup>30</sup> teaching are well known. "Contextualized Modules in Physics for Junior High School <sup>31</sup> Students" by Marzan indicated that contextualized modules in physics enabled students to <sup>32</sup> outperform the traditional lecture group in post-test evaluations (Marzan, 2018). Similar <sup>33</sup> results were seen by Cid in "Contextualized magnetism in secondary school: learning <sup>34</sup> from the LHC (CERN)" (Cid, 2005). That article discussed the introduction of simple <sup>35</sup> physical calculations related to magnetic phenomena in old accelerators and the Large <sup>36</sup> Hadron Collider. They discussed how these calculations can be used in classrooms to <sup>37</sup> spark students' curiosity, aid their understanding of physical concepts, and illustrate <sup>38</sup> the connection between theoretical physics ("cold equations") and the dynamic world of <sup>39</sup> scientific research. Furthering the discussion about contextualized education, Cech's article <sup>40</sup> in Nature, titled "Education: Embed social awareness in science curricula," emphasizes <sup>41</sup> the need for a more integrated approach to teaching socially responsible students science, <sup>42</sup> technology, engineering, and mathematics (STEM) in general (Cech, 2014). The study

43 conducted by Cech showed that engineering students often leave university less interested  
44 in public welfare than when they started, which is contrary to what should be happening.  
45 The article suggests that STEM education should incorporate social issues throughout its  
46 curricula, not just in separate ethics courses. This is based on the premise that STEM  
47 practitioners who understand the role of their profession in society are better equipped to  
48 solve real-world problems. The article concludes that addressing public-welfare concerns  
49 should be a fundamental part of STEM education, suggesting that even a small proportion  
50 of homework and exam questions focusing on the social implications of scientific work  
51 could help reverse the trend of disengagement from these crucial issues. This approach is  
52 vital for producing well-rounded professionals capable of addressing the complex challenges  
53 of our time.

54 Cech was not alone in this sentiment and the idea has been echoed in works such as “The  
55 people part of engineering: Engineering for, with, and as people” by Fila et al ([Fila et  
56 al., 2014](#)). This was also seen in “History of Science in Physics Teaching Possibilities  
57 for Contextualized Teaching?” by Jardim et al which discusses the use of a historical  
58 approach in science education, particularly in physics, to provide a more contextualized  
59 understanding of the development of scientific knowledge ([Jardim et al., 2021](#)). The  
60 primary aim is to explore how lessons incorporating a Cultural History of Science approach  
61 can enable activities that encourage students to consider their socio-cultural context, with  
62 a specific reference to Brazilian scientific production. It also investigates how students  
63 can develop a deeper understanding of scientific practices through classroom discussions  
64 inspired by this approach, focusing on both historical contexts and students’ own social  
65 environments. The approach allows students to recognize that science is developed by  
66 various social actors, in different settings beyond the laboratory and involves diverse  
67 actions. The findings suggest that this method of teaching science is effective in historically  
68 contextualizing science development while also enabling students to reflect on scientific  
69 production within their social context. Furthermore, this was discussed in the context of  
70 high school education in Upegui et al’s , “Integration of the Topic of Social Justice into  
71 High School Biology Curricula” ([Upegui et al., 2022](#)). That study found that this more  
72 contextualized approach not only enhances students’ understanding of STEM concepts  
73 but also prepares them for comprehensive participation in society by making them aware  
74 of and sensitive to social inequities.

### 75 Examining our case study

76 In rural Alaska, the importance of contextualizing STEM decisions with social considera-  
77 tions is a clear need. Pathways are vital between remote communities to essential services,  
78 traditional hunting grounds, and educational facilities. These pathways, often dependent  
79 on frozen rivers and lakes during the colder months, have been the lifeblood of subsistence  
80 farming, hunting, and gathering traditions for generations. However, as the impacts  
81 of climate change intensify, the once reliable pathways face a series of unprecedented  
82 challenges that threaten to unravel the fabric of community life. Rising temperatures  
83 lead to delayed freezing and early thawing of rivers and lakes, resulting in thinner, less  
84 predictable ice. What was once a reliable and sturdy path across frozen rivers and lakes  
85 has become increasingly treacherous, posing significant dangers to those relying on these  
86 natural highways. Remote communities now grapple with the uncertainty of if and when  
87 their vital connections will be safe to traverse. As climate change disrupts the delicate  
88 balance of Alaska’s ecosystem, storms have also grown in frequency and intensity. The  
89 once-familiar natural rhythm of seasonal changes has been upended, leaving communities  
90 vulnerable to unpredictable weather patterns. Fierce winds, heavy precipitation, and  
91 intense storms wreak havoc on the pathways, jeopardizing mobility and making travel  
92 arduous and dangerous.

93 In response to these challenges, building bridges has emerged as a promising solution to  
94 ensure reliable connections between remote communities. Bridges can offer year-round

access, providing a lifeline during the warming months when traditional pathways are impassable in winter. The benefits of bridges are apparent, enabling greater access to essential services, healthcare facilities, and educational opportunities. They can foster economic growth by facilitating trade and commerce, uplifting these communities through improved connectivity. While building bridges can bring numerous benefits to remote communities, some drawbacks can significantly impact local culture and subsistence farming lifestyles. These drawbacks stem from changes in access, mobility, and cultural dynamics that can alter the traditional way of life in these communities. In this perspective piece, we shed light on the intricate relationship between social science and engineering challenges faced in building and maintaining bridges in remote Alaska. The course highlights the social, cultural, and ecological challenges of Alaska, fostering critical thinking and problem-solving skills. This comprehensive approach ensures students are not only academically prepared but also socially and environmentally aware, addressing the urgent need for interdisciplinary education in today's rapidly changing world.

### DEVELOPMENT, CULTURE, AND SUSTAINABILITY ARE NOT MUTUALLY EXCLUSIVE.



Figure 1: Description of Image

The community of Aleknagik (pop. 197) is located on both the north and south shores at the outlet of Aleknagik Lake where it flows into the Wood River (*Profile of General Population and Housing Characteristics: 2010 Demographic Profile Data*, 2010). Residents of Aleknagik are predominantly Alaska Native (91%) and are Yup'ik-speaking peoples called the Kiatagmiut, whose traditional territory included the Nushagak River drainage to the east into the Wood River lakes, including Aleknagik Lake (Veltre, 1996). A school was established in 1933 that brought together several communities to the present location. In 1959, a road was constructed to connect the south shore with the regional hub of Dillingham. The road was upgraded in the 1980s and paved in the mid-2000s. The Wood River Bridge was constructed in 2015, connecting the two sides of the community. Until then, the north shore, where the school as well as city and tribal government offices are located, was accessible only via boat in the summer or snow machine in the winter, or via small aircraft that can land on the state-maintained runway (Holen et al., 2012). The bridge now allows frequent travel to Dillingham (pop. 2,226), a regional hub and one of two main harbors for the Bristol Bay fishery, the largest sockeye salmon fishery in the world (*Dept of Labor Research & Analysis - State of Alaska*, 2021). Dillingham has a paved runway that can handle large jet aircraft, and it has two grocery stores, a bulk food store, a bank, a middle and high school, the University of Alaska Fairbanks (UAF) Bristol Bay campus, a hospital, and other services provided by a small city (*Harvests and Uses of Wild Resources in Dillingham, Alaska*, 2010, 2010).

The Wood River Bridge was a long-sought infrastructure project. Studies for the bridge began in the early 2000s after an earmark from Senator Ted Stevens. Two longtime state legislators from the region, Rep. Bryce Edgmon of Dillingham and Sen. Lyman Hoffman

of Bethel, pushed the project forward with local support that led to an appropriation from the Alaska Legislature of \$20 million in 2008. A long line of mayors from Aleknagik kept the bridge momentum going with legislative support as well as support from AKDOT (Dischner & Bendinger, 2021). The Wood River Bridge was a successful project with broad support. In order to understand the impacts of the Wood River Bridge on the wellbeing of Aleknagik residents, we conducted both questionnaire surveys and in-depth interviews from 2022 to 2024. The results suggest that the bridge has reduced travel fatalities across the river substantially; has improved accessibility to shopping, healthcare, education, and hunting on the south side of the lake; and has increased social interactions between the two sides of Aleknagik. The residents, however, are also concerned with the growing number of tourists and with people from outside of the village more easily accessing their natural resources (e.g., berry picking and salmon fishing).

## 144 Overview, Content, and Structure

### 145 Target audience

146 The target audience is primarily high school students who are new to the concepts of static  
147 equilibrium and programmatic data analysis. This course is designed to introduce these  
148 students to the fundamentals of physics through a practical and interactive approach,  
149 incorporating Python programming as a tool for learning and problem-solving. The content  
150 is tailored to engage young learners who have an interest in physics and computational  
151 analysis, and who are keen on understanding real-world applications, particularly in the  
152 unique environmental and social context of Alaska's remote communities. By the end of  
153 the module, students should be able to:

- 154 • Understand and apply basic principles of statics and forces in equilibrium.
- 155 • Analyze structural equilibrium in various scenarios, particularly in bridge construc-  
156 tion.
- 157 • Utilize Python programming for data analysis and problem-solving in physics.
- 158 • Integrate social, ecological, and engineering perspectives to address challenges in  
159 Alaska's remote communities.
- 160 • Develop critical thinking and interdisciplinary problem-solving skills relevant to  
161 real-world issues.

### 162 Content

163 The content of this course focuses on introducing high school students to statics in physics,  
164 emphasizing real-world applications in the context of Alaska's remote communities. It  
165 covers fundamental concepts like forces in equilibrium, structural equilibrium, and the  
166 principles of torque, while intertwining these lessons with Python programming for data  
167 analysis. The course also addresses the social, ecological, and engineering challenges  
168 specific to Alaska, aiming to foster a deeper understanding of interdisciplinary approaches  
169 in problem-solving and the importance of sustainable, community-focused solutions. A  
170 summary of each unit can be found in Table 1 below:

**Table 1:** Summary of course material. ## Course Content:

Lesson	Content Summary	Google CoLab
1	This lesson introduces the fundamental concepts of statics, focusing on the principles of forces in equilibrium. It provides an understanding of how to solve problems involving force vectors, both through graphical and analytical methods. The lesson emphasizes the importance of understanding the conditions for equilibrium in various physical scenarios, and it guides students in applying these principles to practical, real-world problems.	<a href="#">Open in Colab</a>
2	The lesson covers concepts like support forces and net force, and teaches students how to apply the principles of vertical and horizontal equilibrium. It emphasizes visualizing parametric relationships and includes practical examples like evaluating the stability of a person standing on ice.	<a href="#">Open in Colab</a>
3	This lesson introduces the concepts of torque and rotational equilibrium. This lesson teaches students how to calculate torque and understand its role in physical systems, particularly focusing on its application in various equilibrium scenarios	<a href="#">Open in Colab</a>
4	This lesson reinforces understanding of forces and equilibrium in physics and engineering, with a focus on practical problem-solving.	<a href="#">Open in Colab</a>
5	This lesson focuses on understanding conditions for static equilibrium in bridges, including balancing forces and torques. Students learn about internal forces like shear forces and moments that contribute to equilibrium.	<a href="#">Open in Colab</a>

### **171      Experience of Use**

172      The high school physics teacher who implemented this curriculum expressed a positive and  
 173      engaging experience with the course material. According to her comments, students were  
 174      actively engaged as they worked through the background information on the challenges  
 175      faced by Alaska's remote communities and followed along with the Python code. They  
 176      particularly appreciated the practical application of the curriculum, where they explored  
 177      how the thickness of ice impacts its load-bearing capacity. The students also weighed in on  
 178      their experience with the curriculum. They found the walkthrough on writing and running  
 179      the code to be very detailed, however they believed the information could be condensed  
 180      for members with some prior background in Python. In conversations with the high school  
 181      teacher, it was discussed to leave the curriculum in its current form but to encourage those  
 182      who might use it to critically evaluate the level of coding experience in their students and  
 183      potentially provide two versions, one with all the python explanation and one without for  
 184      those who already have a coding background. Overall the students were enthusiastic about  
 185      the curriculum's ability to bridge the gap between coding skills and real-life applications;  
 186      the high school teacher found that this curriculum successfully fostered a meaningful  
 187      connection between programming, physics, and real-world challenges.

### **188      Conclusion**

189      This course module serves as an example of the transformative potential of contextualized  
 190      STEM education. By intertwining physics education with the unique challenges faced

191 by Alaska's remote communities, this curriculum not only equips high school students  
192 with a solid foundation in statics and Python programming but also instills in them a  
193 profound understanding of the real-world implications of their learning. The curriculum's  
194 ability to bridge the gap between theoretical knowledge and practical application, while  
195 addressing social, ecological, and engineering challenges, underscores the need for interdis-  
196 ciplinary collaboration in today's rapidly changing world. As climate change intensifies  
197 and communities grapple with unprecedented challenges, the importance of preparing the  
198 next generation of STEM practitioners who are not only academically proficient but also  
199 socially and environmentally aware cannot be overstated. This curriculum showcases the  
200 potential of education modules to inspire critical thinking, problem-solving skills, and a  
201 sense of social responsibility in young minds. It provides a model that can be adapted  
202 and expanded to empower students across diverse contexts and communities.

## 203 **Author's Contributions**

204 TN has been teaching high school physics at the Academy of Our Lady of Mercy Lourdes  
205 Hall since 1993. RN and TN created the physics materials. HR, MM, GQ, and DH  
206 provided social science context. DH provided context about rural Alaska.

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