

# <sup>1</sup> An Interactive Notebook for Learning Nonlinear Programming with Constraints

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## Software

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## <sup>5</sup> Summary

This Jupyter notebook introduces the fundamental concepts of nonlinear programming.<sup>6</sup> Using interactive plots, the notebook explains the gradient descent algorithm for optimization,<sup>7</sup> as well as the penalty method for incorporating constraints. It also demonstrates<sup>8</sup> how to apply nonlinear programming using the Python package SciPy and concludes with<sup>9</sup> an outlook on automatic differentiation. The notebook can easily be run from any browser<sup>10</sup> via Binder without additional technical prerequisites. It can also be run locally without many dependencies.

## <sup>13</sup> Statement of Need

The gradient descent algorithm, introduced by Augustin-Louis Cauchy in 1847 Cauchy<sup>14</sup> ([1847](#)), has become one of the most widely used algorithms, with applications ranging from<sup>15</sup> economics (e.g., portfolio optimization Suykens et al. ([2014](#)); game theory Daskalakis &<sup>16</sup> Panageas ([2018](#))), to engineering Martins & Ning ([2021](#)), operations research Taha ([2017](#)),<sup>17</sup> and machine learning Goodfellow et al. ([2016](#)); (?).<sup>18</sup>

Even though gradient descent is very intuitive once a mental picture of the algorithm is formed,<sup>19</sup> students often struggle to grasp the basic concepts. Considering that, it is even<sup>20</sup> more difficult for students to picture how constraints change the nature of the problem<sup>21</sup> and how the penalization method works.<sup>22</sup>

Often, gradient descent is explained by formulas or 2D plots. Visualizing the single descent<sup>23</sup> steps for a function with values in  $\mathbb{R}$  misses the richness of the method in more dimensions,<sup>24</sup> and displaying plots for functions with values in  $\mathbb{R}^2$  is always a projection. But the<sup>25</sup> function surface is best understood when one can rotate it in space to view it from different<sup>26</sup> angles—much like turning an object in one's hands or observing a statue from various<sup>27</sup> perspectives.<sup>28</sup>

That is exactly what this Jupyter notebook delivers: The student can actively rotate 3D<sup>29</sup> plots of the function surface to easily grasp its structure. On top of that, the student can<sup>30</sup> choose parameters herself and progress through the steps interactively.<sup>31</sup>

For this reason, we have developed a Jupyter notebook designed for undergraduate and<sup>32</sup> graduate students from diverse backgrounds to study gradient descent through hands-on<sup>33</sup> exploration.<sup>34</sup>

Furthermore, being a Jupyter notebook with Python code offers the advantage that it<sup>35</sup> can be run from any browser via Binder without additional technical prerequisites, which<sup>36</sup> significantly lowers the activation energy required to start learning. Alternatively, this<sup>37</sup> notebook can also be easily run on the student's computer without relying on external<sup>38</sup> servers, making it easy to maintain.<sup>39</sup>

## <sup>40</sup> Description, Instructional Design, and Project Story

- <sup>41</sup> This notebook uses interactive contour and surface plots to build intuition for gradients  
<sup>42</sup> and optimization.
- <sup>43</sup> This notebook first motivates gradient descent by giving a practical example of a constrained  
<sup>44</sup> optimization problem. After that, intuition for the basic concept of a gradient is developed.  
<sup>45</sup> Then, gradient descent is demonstrated, where each step can be tried out individually. In  
<sup>46</sup> this way, the user can experience first-hand the role of the step size and the starting point.  
<sup>47</sup> Next, the use of the Python package SciPy for nonlinear programming is explained.
- <sup>48</sup> This notebook also covers nonlinear programming with constraints. It begins by developing  
<sup>49</sup> intuition for various forms of constraints and continues with an explanation and illustration  
<sup>50</sup> of penalization. It also shows how constraints can be taken into account in the previously  
<sup>51</sup> introduced SciPy nonlinear programming approach.
- <sup>52</sup> Since classical gradient descent with analytic or finite-difference derivatives is not suitable  
<sup>53</sup> for many applications—including deep learning—the final section provides an outlook on  
<sup>54</sup> automatic differentiation.
- <sup>55</sup> This module is regularly used in a data science class for undergraduate students of  
<sup>56</sup> mathematics but is also suitable for other classes where gradient descent is needed and for  
<sup>57</sup> students with less mathematical background.

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