

# MCSD: A MATLAB Tool for Monte-Carlo Simulations of Diffusion in biological Tissues

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#### **Software**

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# Summary

Understanding diffusion processes is particularly important for clinical imaging to distinguish between healthy and pathological tissues or between benign and malignant lesions. Computational models of diffusion allow us to predict specific architectural properties of biological tissues which correlate to the measured values of diffusion imaging, thus providing a deeper understanding of certain pathologies *in vivo*. Here we present a free and open-source MATLAB tool developed for that purpose.

In homogeneous and isotropic media, diffusion has a Gaussian behavior and is statistically described by Einstein's Brownian motion equation. A probability density function (PDF) of the proportion of particles displaced in a given direction (Einstein, 1956). In complex heterogeneous environments such as biological tissues, the movement of water molecules is highly constrained by barriers such as those related to cellular components: membranes, organelles and large proteins, in which case, diffusion has a non-gaussian behavior, and tissue micro-structural complexity is characterized by observing the deviation from a normal distribution (Jensen & Helpern, 2010).

Diffusion-Weighted Imaging (DWI), Diffusion Kurtosis Imaging (DKI) and Diffusion Tensor Imaging (DTI), are different Magnetic Resonance Imaging (MRI) techniques which take advantage of water diffusion properties in biological tissues for the purpose of characterizing tissue micro-structural complexity in vivo. These techniques have shown to be very useful in quantifying the complexity of tissue barriers, and for characterizing microstructural changes due to injury, treatment, disease or even normal physiological changes such as aging, including in cases of anisotropic diffusion, namely the case of white matter in the brain, where diffusion is essentially parallel to axonal membranes but highly restricted in the directions perpendicular to axons (Basser, Mattiello, & LeBihan, 1994a, 1994b; Fieremans, Jensen, & Helpern, 2011; Henriques, Correia, Nunes, & Ferreira, 2015; Jensen, Helpern, Ramani, Lu, & Kaczynski, 2005).

Monte-Carlo simulations can be used to investigate the sensitivity of models of diffusion, kurtosis of diffusion, and anisotropy and further offer a deeper understanding on the various parameters defining the complexity of biological tissues, such as the cell radii distribution and type, permeability of membranes, intracellular volume fraction and values of intracellular and extracellular diffusion. (Fieremans, Novikov, Jensen, & Helpern, 2010; Lee, Bennett, & Debbins, 2013; Meier, Dreher, & Leibfritz, 2003; Sousa & Ferreira, 2015; Szafer, Zhong, & Gore, 1995). By correlating theoretical and computational models insights with knowledge acquired from imaging techniques it is possible to better understand various pathologies.

Some theoretical and computational models were developed in this direction, but as far as we know only one free open-source tool, the UCL Camino Diffusion MRI Toolkit (Cook et



al., 2006), was designed and made available for researchers in this field to test their basic predictions. The Monte-Carlo Simulations of Diffusion MCSD package and the tutorial we present here were created for that purpose and their aim is to be simple and useful for both beginners and advanced users of MATLAB.

MCSD is a simple and free open-source MATLAB (The MathWorks Inc, 2018) tool designed to simulate diffusion processes in complex environments such as biological tissues. It allows to investigate the sensitivity of models of diffusion, kurtosis of diffusion, and anisotropy, and it can be used to complement our knowledge about microstructural changes due to injury, treatment, disease or even normal physiological changes such as aging. Currently, MCSD is used by the Brain Connectivity Project (<a href="http://hatdferreira.wixsite.com/brainconnectivity/home">http://hatdferreira.wixsite.com/brainconnectivity/home</a>) to investigate such problems. It is very useful for researchers in medicine, neuroscience and biomedical engineering, and because of its flexibility, this package might also be useful for researchers from other fields.

With this tool it is possible to create 1, 2 or 3-D cell environments and simulate the brownian motion of particles subject to movement constraints, such as permeable or impermeable cell membranes or other types of barriers the user may want to define when designing his own complex environment. Additionally, MCSD offers a small set of functions to calculate particles' displacements, and any measures the user may want to define, as well as their compartmental components in all cartesian directions.

### Installation and details

The MATLAB toolbox MCSD is available at <a href="https://github.com/davidnsousa/mcsd">https://github.com/davidnsousa/mcsd</a>. In MATLAB the Statistics and Machine Learning Toolbox is required for a complete functioning of the package. MCSD is fully compatible with Octave too. To use it download the package and add the folder mcsd/mcsd MATLAB/Octave search path via the addpath() MATLAB/Octave built-in function. MCSD provides the following functions:

- cells() designs 1, 2 and 3-D cell environments according to a user defined cell radii distribution and a specified region to pack the cells.
- rwalkfree() generates the random walk of one or multiple particles in a free environment without any barriers.
- rwalk() generates the random walk of one or multiple particles in the presence of barriers.
- displacement() calculates the displacement of the particles in every orthogonal direction.
- cmeasures() calculates a user-defined measure of the particles' displacement distribution in all cartesian directions, including compartmental components.
- where() indicates what particles are inside or outside compartments at a specific step of the random walk trajectory.
- fanisotropy() calculates the fractional anisotropy of diffusion.

In the MATLAB/Octave command line type help followed by the name of each one of the functions above for further details about input and output parameters. In the github repository, at tutorial/, the user can also find a tutorial with more details and various examples. A replication script of the tutorial examples is also provided for MATLAB users.

Combining theoretical and computational insights about diffusion processes with the knowledge acquired from imaging techniques has proved to be an important research direction for understanding the micro-structural complexity of biological tissues. But,



as yet, no simple and free open-source tools are available for researchers in this field to test their basic predictions. MCSD offers such possibility. The functions provided by MCSD are highly flexible and useful for the design of complex random walk environments such as biological tissues. In fact, although MCSD was developed specifically to simulate diffusion processes in such environments, researchers from other fields might find this package useful as well.

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