

# PyBispectra: A toolbox for advanced electrophysiological signal processing using the bispectrum

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## **Summary**

Various forms of information can be extracted from electrophysiology data. Of this, phase-amplitude coupling, time delays, and non-sinusoidal waveshape characteristics are of great interest, providing mechanistic insights into physiology and pathology. However, methods commonly used for these analyses possess notable limitations. Recent work has revealed the bispectrum - the Fourier transform of the third order moment - to be a powerful tool for the analysis of electrophysiology data, overcoming many such limitations. Here we present PyBispectra, a package for bispectral analyses including phase-amplitude coupling, time delays, and non-sinusoidal waveshape.

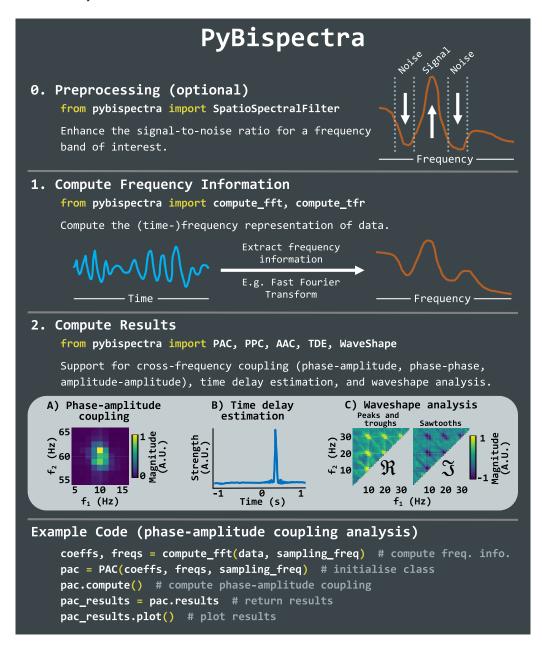
#### Statement of need

Analysis of phase-amplitude coupling, time delays, and non-sinusoidal waveshape can be applied to various forms of electrophysiology data, including: electroencephalography; magnetoencephalography; local field potentials; electromyography; and electrocardiograhy. These analyses provide important mechanistic insights into bodily functions (Canolty & Knight, 2010; Sherman et al., 2016; Silchenko et al., 2010), for instance to investigate core nervous system roles like movement and memory, including their perturbation in disease (Bazzigaluppi et al., 2018; Binns et al., 2025; Cole et al., 2017; De Hemptinne et al., 2013). However, traditional analysis methods have critical limitations in terms of robustness, interpretability, and computational demand that hinder their utility. In contrast, the bispectrum measures non-linear signal interactions in a frequency-resolved manner (Nikias & Raghuveer, 1987), overcoming traditional limitations for the analysis of phase-amplitude coupling (Zandvoort & Nolte, 2021), non-sinusoidal waveshape (Bartz et al., 2019), and time delays (Nikias & Pan, 1988).

Despite these benefits, the bispectrum has seen little use in electrophysiology research, in part due to the lack of an accessible toolbox tailored to electrophysiology data. Code written in MATLAB exists for some analyses (see e.g., github.com/sccn/roiconnect, github.com/Zuse-Dre1/AnalyzingWaveshapeWithBicoherence), however it is spread across multiple repositories and often not as toolboxes. Furthermore, this requires a paid MATLAB license, limiting accessibility. Code for computing the bispectrum exists in the free-to-use Python language



(Bachetti et al., 2024), however these implementations are not tailored for electrophysiology data, and while other Python packages perform some of these analyses on electrophysiology data (Cole et al., 2019; Denker et al., 2024), they do not make use of the bispectrum. The PyBispectra package addresses this by providing a comprehensive toolbox for bispectral analysis of electrophysiology data (Figure 1), including tutorials to facilitate an understanding of these analyses.



**Figure 1:** Overview of the PyBispectra toolbox. Optional preprocessing methods are supported for the multivariate analysis of waveshape. Tools are provided for computing spectral representations of time series data, as well as for computing cross-frequency coupling, time delays, and non-sinusoidal waveshape, with schematic visualisations of results shown. Also shown is an example code snippet for analysing phase-amplitude coupling.



#### **Features**

#### Phase-amplitude coupling

Phase-amplitude coupling is the interaction between the phase of a lower frequency oscillation and amplitude of a higher frequency oscillation. For neural signals, it has been posited as a mechanism for the integration of information across spatiotemporal scales (Canolty & Knight, 2010), with perturbations in disease (Bazzigaluppi et al., 2018; De Hemptinne et al., 2013). Common methods for quantifying phase-amplitude coupling involve bandpass filtering signals in the frequency bands of interest and using the Hilbert transform to extract phase and amplitude information (Canolty et al., 2006; Tort et al., 2010), with several limitations. First, the bandpass filters require precise properties that are not readily apparent, with poorly designed filters smearing information across a broad spectral range (Zandvoort & Nolte, 2021). Second, the Hilbert transform is a relatively demanding procedure, contributing to a high computational cost. Finally, when analysing interactions between signals, spurious coupling estimates can arise due to interactions within each signal (Pellegrini et al., 2023). In contrast, bandpass filtering is not required with the bispectrum, preserving the spectral resolution and reducing the risk of misinterpreting results (Zandvoort & Nolte, 2021). Furthermore, bispectral analysis relies on the computationally cheap Fourier transform. Finally, spurious across-signal coupling estimates can be corrected for using bispectral antisymmetrisation (Chella et al., 2014; Pellegrini et al., 2023). PyBispectra provides tools for performing bispectral phase-amplitude coupling, with options for antisymmetrisation and a univariate normalisation procedure that bounds coupling scores in a standardised range for improved interpretability (Shahbazi et al., 2014).

## Time delays

Time delay analysis identifies latencies of information transfer between signals, providing insight into the physical connections between recording sites (Binns et al., 2025; Silchenko et al., 2010). A traditional analysis method is cross-correlation, quantifying the similarity of signals at a set of time lags. However, this approach has a limited robustness to noise (Nikias & Pan, 1988) and a vulnerability to spurious zero time lag interactions arising due to volume conduction and source mixing in the sensor space. On the other hand, the bispectrum is resilient to Gaussian noise (Nikias & Pan, 1988), and antisymmetrisation can be used to correct for spurious zero time lag interactions (Chella et al., 2014; Jurhar et al., 2025). PyBispectra provides tools for bispectral time delay analysis, with options for antisymmetrisation.

### Non-sinusoidal waveshape

Non-sinusoidal activity can be distinguished through features such as sawtooth signals and a dominance of peaks or troughs. For neural signals, this indicates properties of interneuronal communication (Sherman et al., 2016), with perturbations seen in disease (Cole et al., 2017). Analysis can be performed on time series data using peak finding-based procedures (Cole et al., 2017), however this is computationally demanding for high sampling rate data. A further complication comes from the desire to isolate frequency-specific neural activity, with bandpass filtering suppressing non-sinusoidal information (Bartz et al., 2019). Attempts to address this remain limited by a risk of contamination from frequencies outside the band of interest (Cole et al., 2017). In contrast, the bispectrum captures frequency-resolved non-sinusoidal information directly (Bartz et al., 2019) in a computationally efficient manner. PyBispectra provides tools for analysing non-sinusoidal waveshape using the bispectrum, including the option of univariate normalisation to bound values in a standardised range for improved interpretability (Shahbazi et al., 2014).



#### Supplementary features

Two common issues faced when analysing electrophysiology data are a limited signal-to-noise ratio and interpreting high-dimensional data (Cohen, 2022). Spatio-spectral decomposition is a multivariate technique that addresses these problems, capturing key aspects of frequency-specific information in a high signal-to-noise ratio, low-dimensional space (Nikulin et al., 2011). This decomposition is supported by PyBispectra for the analysis of non-sinusoidal waveshape, with extensions like harmonic power maximisation targetting non-sinusoidal information (Bartz et al., 2019).

Other features of PyBispectra include plotting tools for the visualisation of results, low-level compilation with Numba (Lam et al., 2015), and support for parallel processing. Data formats follow conventions from popular signal processing packages like MNE-Python (Gramfort et al., 2013), and helper functions are provided as wrappers around MNE-Python and SciPy (Virtanen et al., 2020) tools to facilitate processing prior to bispectral analyses. Furthermore, tools for amplitude-amplitude and phase-phase coupling are also provided, following literature recommendations for identifying genuine phase-amplitude coupling (Giehl et al., 2021). Finally, analyses are accompanied by detailed tutorials, facilitating an understanding of how the bispectrum can be used to analyse electrophysiology data.

### **Conclusion**

Altogether, the bispectrum is a robust and computationally efficient tool for the analysis of phase-amplitude coupling, time delays, and non-sinusoidal waveshape. Bispectral approaches overcome key limitations of traditional methods which have hindered electrophysiology research. To aid the uptake of bispectral methods, PyBispectra provides access to these tools in a comprehensive, easy-to-use package, tailored for use with electrophysiology data.

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