

Powerlifting USA

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'...the most important people in the production of this publication are the many hundreds of lifters, fans, meet directors, advertisers, and administrators who have made enormous contributions to its success, through their own love for the sport this is their magazine.'

POWERLIFTING USA (ISSN 0199-8536) is published monthly for \$31.95 by Powerlifting USA Magazine Co., 2486 Ponderosa Dr. North, Suite D-216, Camarillo, CA 93010. Periodicals postage paid at Camarillo, CA and additional mailing offices. POSTMASTER: Send address changes to POWERLIFTING USA, P.O. Box 467, Camarillo, California 93011.

PRINTED IN THE USA

SUBSCRIPTION RATES: (US funds)
USA addresses, 1 yr.....\$31.95
USA addresses, 2 yr.....\$58.95
First Class Mail, USA, 1 yr\$54.00
Outside USA, surface mail .. \$42.00
US Outside USA, air mail ..\$84.00 US

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ON THE COVER Ron Palmer, Jesse Kellum, and Garry Franks history making 931 deadlift at the WPO Semi-Finals.

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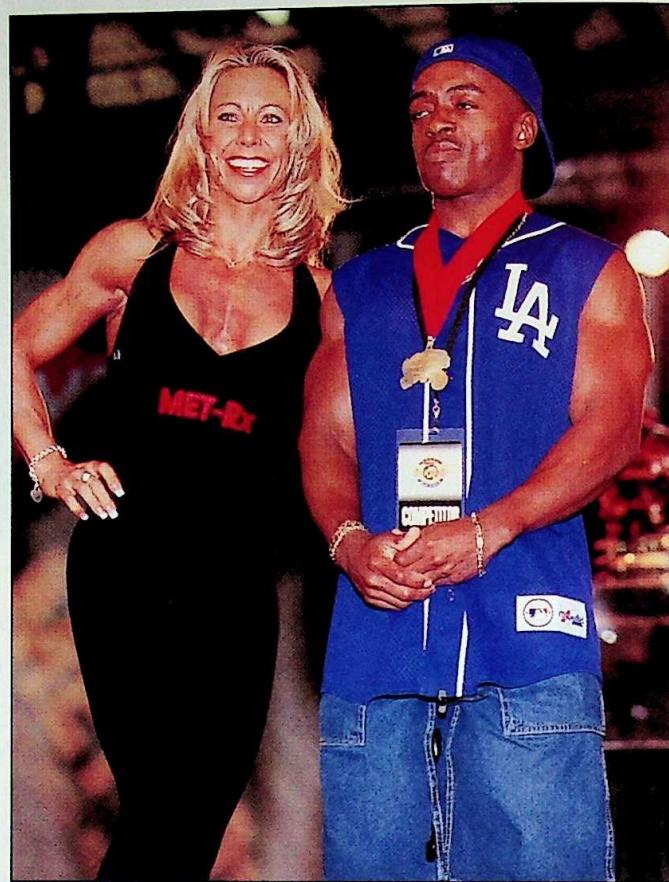
A new supershow of fitness has been born, and powerlifting is a significant part of it from the get-go. The GNC SHOW of STRENGTH, a concept co-developed by Scott Johnson, the Chairman/CEO of Basic Media Group, and Jim Lorimer of Arnold Classic fame, was bumped up a year in the planning phase from 2003, and was staged at the enormous Morial Convention Center (named for the first African-American mayor of the city, among his many other firsts) ... right next to the French Quarter in fabulous New Orleans. It is hoped that this event, which is set for the "Big Easy" again next year, will become the third premier bodybuilding/fitness expo in the country, alongside the Arnold Classic and the Mr. Olympia contest. WPO President Kieran Kidder took advantage of the chance for a premium slot in this initial presentation and thus re-scheduled his Bench Bash for Cash and the WPO Semifinals to coincide. Some of the lifting flights actually took place on the central stage, arranged much like the Arnold Classic, fronted by spectator seating and numerous commercial booths, and others were staged at a special location in the facility where some of the truly heavy events (strongman and/or PL) could be more practically staged. Powerlifting was right there with very prestigious new men's and women's bodybuilding and fitness competitions (Gunter Schlierkamp upset multi-Mr. O. Ronnie Coleman ... there was over

The WPO SEMI-FINALS

as told by Powerlifting USA Editor Mike Lambert

\$320,000 in prize money at stake for these contests), an international wrestling event (the Kurt Angle Classic USA vs. the World duals, including the return from injury of upset Olympic Gold Medalist Rulon Gardner, plus a series of Louisiana high school bouts), and a great NASS strongman competition. Cash prizes were contested by the powerlifters (reportedly \$2500 for 1st place, \$1000 for 2nd, and \$500 for 3rd - sponsored by MetRX) as well as qualifying slots to compete in the WPO Finals to be held at the next Arnold Classic.

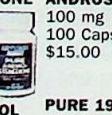
The event was promoted on a major local radio station, broadcasting from the site on opening day, and as a matter of post "9/11" respect, police, fire, and military personnel were allowed in for free (regular admission was a modest \$10). New NASS President (and former APF/WPC powerlifting superstar) Willie Wessels was a very well spoken host for the strongman competition (along with former PLer and strongman vet Gary Mitchell), and a number of the competitors had powerlifting backgrounds and got along well with the athletes there for the powerlifting events (they even used APT lifting straps in their pulling events). Mark Phillipi, Odd Haugen, Steve Kirit, and Karl Gillingham used their pow-

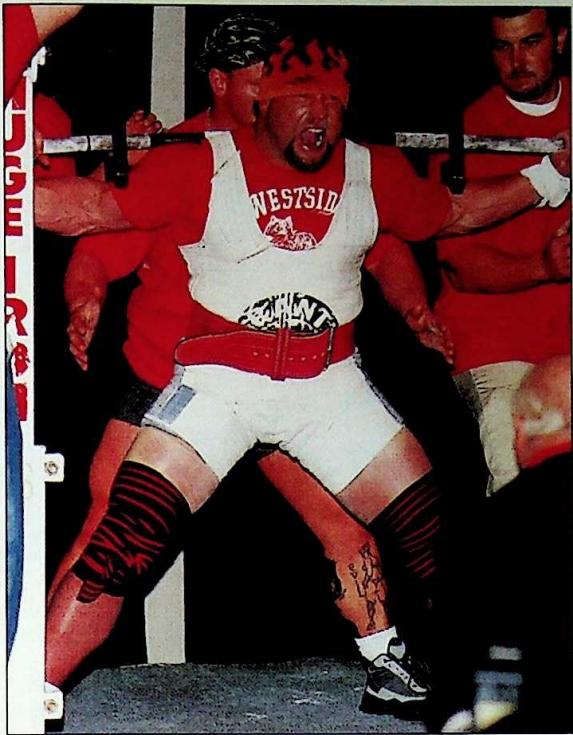


Hennis Washington with his WPO medal presented by a MetRX lady.

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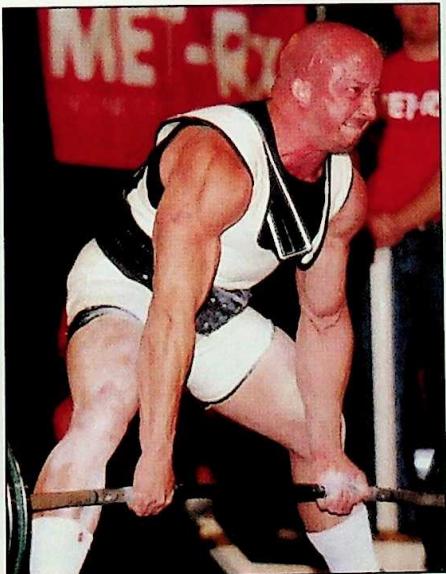
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Chuck Vogelpohl was on fire, and didn't flame out with 964.

plugged their sponsors so often they sounded like stock car racers!) A major armwrestling tournament was also on the card. Bodybuilding aficionados could literally train with the Pros ... namely the likes of Shawn Ray, Bob Cicherillo, Kathy Priest, and Gunter Schlierkamp ... at various times during the expo. Lucky fans walked into the convention center full of anticipation and walked out with large, giveaway promotional bags full of free t-shirts, literature, and dozens of complimentary supplement samples.

The now renowned WPO card girls were on hand to introduce each lifter and their attempt, but cheerleaders from nearby Tulane University did the job on this first day of competition. Both Hennis Washington and August Clark Jr. were in ripped shape and would have done well in a lightweight bodybuilding championship, but they went at it in Powerlifting, taking it to the final



Brian Schwab balanced lifts = big total.

deadlifts, with Hennis winning on lighter bodyweight. Washington's 606 squat was slow, strong, and smooth as silk. August took two tries to get his 451 bench, and then tried an incredible 473 on an unsuccessful 4th attempt. Amy Weisberger competed with the men and missed only a 314 bench and 479 deadlift. She's almost as great a spectator as a participant, taking in the sights and sounds of this mammoth event after her bout with the heavy iron on the platform was over.

Brian Schwab was tops in a competitive 148 lb. class, missing a 639 squat, a world record 447 bench, and a 606 deadlift or his total would have been even bigger. His 424 bench seemed particularly easy. Sakari Selkainaho of Finland gamely kept the pressure on Brian, and missed only a 396 bench and a 578 pull, to which he gave a terrific effort after his 562 try had seemed to injure him. T.J. Hoerner was off their torrid pace, but tried a 4th attempt with a world record 684 squat that didn't come to be.

There was even a higher standard and closer competition in the 165s, where WPO lightweight champ Tony Conyers went 9/10 (missing a humungous 778 world record 4th attempt squat), but Ron Palmer was even more awesome — cutting to 165 after lifting at 185 a couple of weeks earlier. The weight loss effort was so extreme that Herb Grossbrenner indicated Ron had to get to the hospital to rehydrate afterwards. He missed a 755 4th attempt squat, but set a new all time total record with his 683 deadlift (1884), but he had even more in him and barely missed his final 705 deadlift, which would have cracked the 1900 total barrier. The weights he moves are so impressive when you consider how tall and lean he is compared to his competitors. Angelo Berardinelli came back with a sweet 760 squat on his third and then went a WPO world record 782 on a fourth attempt for another great success.

At 181, a lean Joe Dougherty handled Levi Alday, missing attempts at 771 in the squat, 490 and 507 in the bench, but making all three DLs. Alday missed a 501 BP and a 639 DL (twice). The 198s were awesome: John Wardell missed, then made a super 848 squat, but was not close on his BPs with 507 and 518 and was out. Matt Zweng, who had upset Kellum at their last big WPO clash, missed an 870 squat, looked Jesse in the eye as he walked off the platform, shook his hand, took a 518 bench, and that was it. Tatu Avola of Finland was starkly impressive with a slowly fought up 815 squat. He missed a 518 bench and 738 deadlift on third attempts, but that still left a big time 2033 lb. total. Tony Caprari, only 21 years of age, missed 826 in the squat and 822 (with the record breaking plates added to the bar) in the deadlift or his breakthrough 2044 total would have been even bigger. Arnold Coleman came in light for the weight class and went 8/8 for 2105, but all this excellence was to be superseded as Jesse Kellum was on home turf (Mandeville, LA) and ready to avenge his WPO loss. Virtually every one of his lifts looked easy: 821, an 888 world record, and he

(WPO Semifinal article continued on page 85)

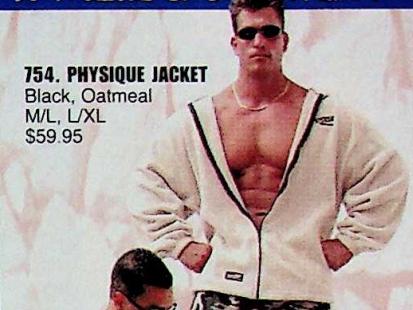
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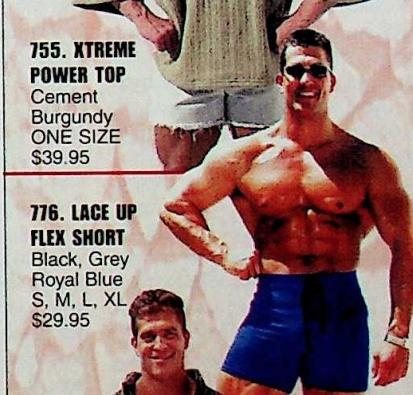
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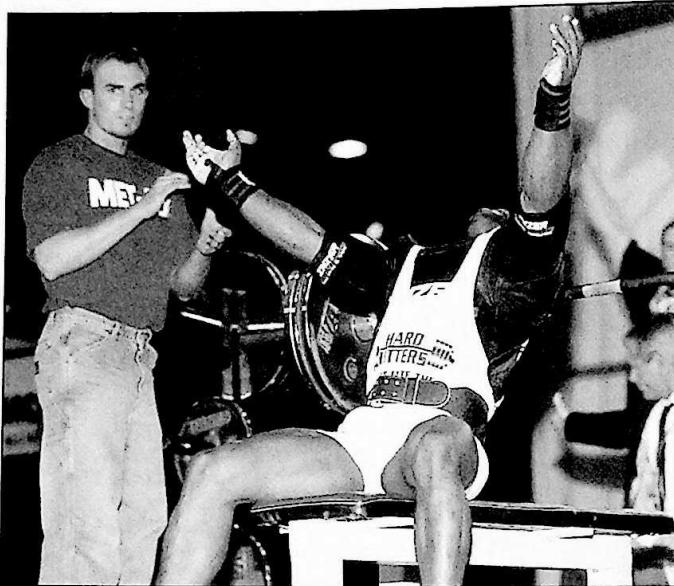
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The W.P.O Bench Bash for Cash was part of the GNC Show of Strength Spectacular held Nov. 10th at the magnificent Ernest N. Morial Convention Center located in the heart of New Orleans, LA, along the banks of the Mississippi River and within walking distance of the famed French Quarter and historic Jackson Square. The facility itself encompasses about 3 city blocks. It was quite a walk to Section F, where the competition was held, once you got entered the building.

WPO LIGHTWEIGHTS (148-165): Kevin Harmon of Fulton, MS @ 146.8 hoisted 352.7 on his final try to rank 5th among the finishers. Brian Strickland of Lakeland, FL came in 4th with a lift of 385.8 at 165. Third overall was Joe Mukite of Elgin, IL. Joe was going head to head against the Ragin' Cajun himself - August Clark Jr. of Folsom, LA. Clark had established a WR lift @ 132 two days prior of 451.9 lbs. in the WPO PL Semi-Finals, but he was a 148er here. Mukite opened with 424.4. Clark followed with 435.4 to take the lead. For his 2nd attempt Clark went for a WPO single lift WR and pressed 203.0 (447.5) - a good lift. Mukite, who'd done 450 back in April, felt confident to beat Clark, so called for 205 kg. (451.9) to take the record away, but failed to lift it in two tries. Clark was in a 'feeding frenzy' and took the same weight to beat his own WR, set moments before. With his coach/mentor - the great Jesse Kellum - urging him on, Clark took a 4th attempt with 207.5 (457.4) and made a yet another record to finish 2nd overall. The WPO lightweight Division winter was Marcus Schick from Germany. Despite having blocks to rest his feet on, Markus had trouble stabilizing following the handoff. Schick, at 74.1 bwt., missed his 529.1 opener, but came back

WPO BENCH BASH FOR CASH

As Reported for PL USA by Herb Glossbrenner



EXUBERANCE!!! ... August Clark Jr. blazed new trails as a lightweight

with a shaky 2nd attempt success to win the first place prize money. A subsequent try for a WR with 567.7 was too much.

WPO MIDDLEWEIGHTS (181-220): In 5th place in the Middleweights was Kent Spires of Homestead, FL. Kent's best ever lift of 534.6 @ 181 was done a year ago. Here he got 3W for his strong 529.1 opening lift. Jumping to 551.1, he failed twice. On his last try the bar barely cleared his chest. 4th place went to the eldest of twin brothers, who both lifted in this competition. Bart Kelley of Easley, SC came in here at 217.8 and was the first born (15 minutes earlier than brother Brad - 21 JUL 1971). Bart opened at 529.1, then missed 551.1, before coming back and blasting it up a good 3rd attempt. In 3rd place was Rick Lawrence, 37, from Holiday, FL. This former BP specialist joined the 600 club a couple of years ago, and has been doing 3 lift meets since then. At 218.7 Rick commenced with 551.1 - good. He missed 573.2, but came back for a rousing success on a final try. Runner-up hailing from IL was Bill Gallagher, 29, Bill @ 191.8 was halfway between weight classes. He'd done 540 last Feb @ 181 and 585 @ 198 in a later meet. Bill looked right on track to do his best. He lifted, in turn, 551.1, then 573.2. Try as he might, he just couldn't lock out his 3rd lift with 584.2. Coming all the way from Zurich, Switzerland, Rene Imesch, 29, weighed 208.2. Rene has a best lift of 562 @ 198 done last year in Amberg, GER. Letting his body-weight increase he achieved a tre-

mendous lift of 275 kg (606.2) back in April weighing 207.7 at the WPC European BP Championships. Rene came to win and he did just that. He erred on his opener with 573.2, but increased to 584.2 on his 2nd attempt - good lift. For a final effort he nailed an excellent 270 kg., 595.2, to take home the top cash prize.

WPO HEAVYWEIGHTS (242-Superheavy) - Among the non-finishers was Michael Hummell, 247.1, out of Del Ray Beach, FL. Mike tried 573.2 and 600.7 (with the aid of a prosthesis in place of his missing left hand) - missed both and was out. Bill Carpenter, 29, of Dubuque, IA had high hopes coming in. He's 15th ranked in the World, All Time, at 242 with his best result of 290 kg. (639.4 lbs.) achieved this past March. Weighing 234.8, Bill missed his big opener with 655.8 and a subsequent increase to 672.4 also went nowhere and Bill was eliminated. Down, but not out, he'll be back! Beau Moore, 36, of Redington Square, FL had an official best lift of 722 to his credit weighing some 40 lbs. heavier. Having already done the 3 lift competition the day prior, Beau was entered to lift here also, but decided to pass. Finishing 4th was Tom Holzapfel, 38, 265.2 from Omaha, NE. Coming in with a best result of 580, Tom wanted to make sure he qualified for the WPO Finals next March, so he opened with a 501.5 success to assure that. Tom shirtd up and went straight to 600.7. He locked it out, but raised his hips for no lift, then missed again on a 3rd. In 3rd place was the other Kelly twin, Brad,

who came in at 238.7. Brad performed some rather strange head and hand gestures before he commenced to bench, but put together a three good lifts; 611.8, 633.8, and finally 650.3 - a PR by 20 kg. The twins wanted me to inform you that they both were clean.

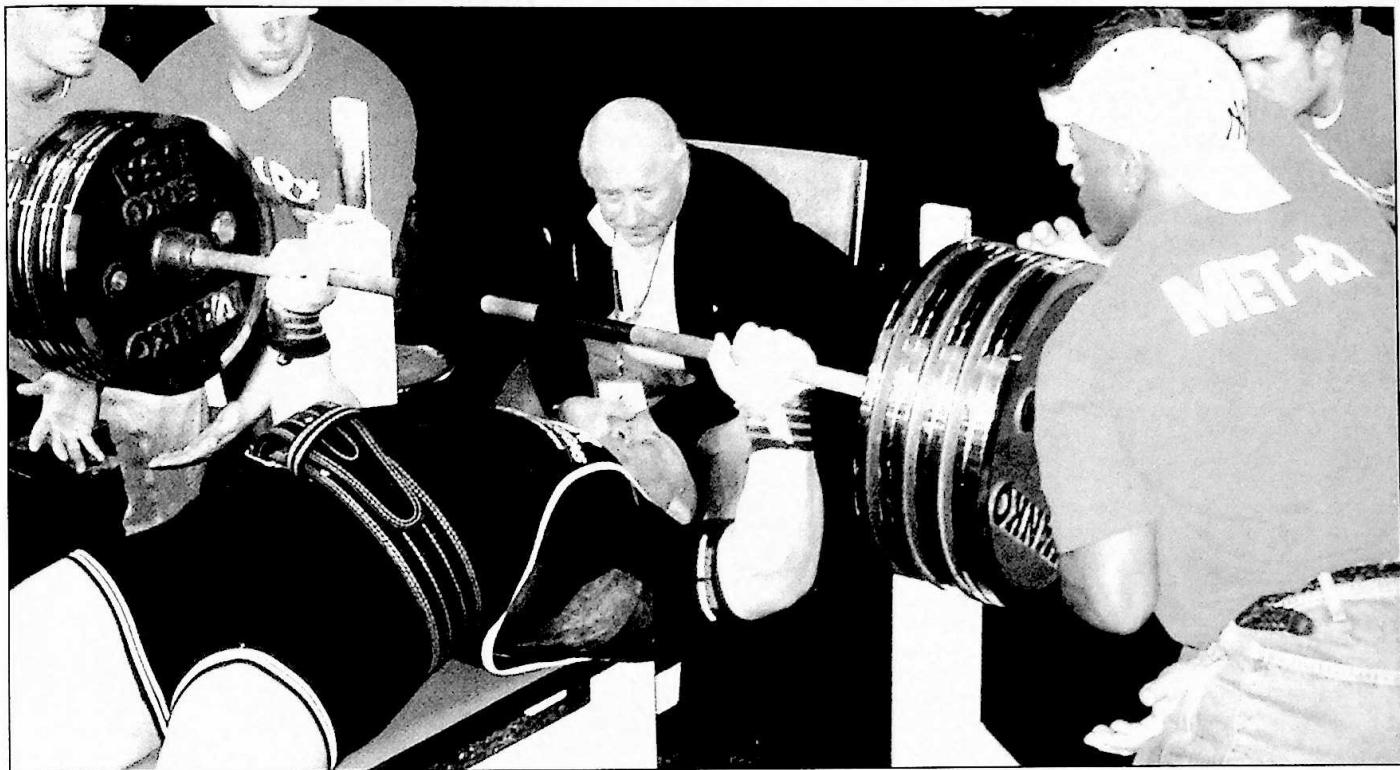
In 2nd place was John Zemmin, of Allen Park, MI. John was very impressive establishing a WPO, 275 class World Record of 327.5 kg. (722.1) on a 2nd attempt, coming through after missing this as his opener. This was worth a \$1000 extra cash for John. He leapt to a huge 347.5 (766.1) on a 3rd attempt hoping to own outright the biggest 275 BP of All-Time and exceed the mark of 760 held by Bill Crawford of Queensbury, NY. Not to be, this day, but congrats to John for producing yet another PR in his quest for excellence.

Big Clay Brandenburg, 28, of Southgate, MI is the huge training partner of John. At 394.6, he's almost as broad as he is tall. Clay opened with 328 kgs. going for the WPO Superheavyweight WR. He couldn't get the bar to touch his chest. Up to 345 kg. (760.6) for his 2nd attempt - also unable to make it. On a final try Clay went for 350 kg. (771.6). This time he was able to get it down and launched it up. The bar froze an inch from lockout. Another one bites the dust.

This left one man to prove that he is the strongest Bench Presser in the World, not just now but of all time. Scot Mendelson, 33, of Valley Glen, CA weighed in bigger than ever at 138.3 kg. (304.9). Since that was 2 days before he lifted (WPO allows a 48 hr. weigh-in), Scot got hungry and went on an eating binge. He tells me that the day he lifted he actually weighed between 318 and 322. Scot, recently, has been snowed by a deluge of BP shirts - each manufacturer wanting to provide the one which would give him that big stroke. Well, none of them panned out. One was guaranteed not to rip. He was told that he'd break both arms before the shirt would tear. A couple of weeks before coming here Scot put it on, and leaned toward the bar doing a partial pushup, and it split from breastbone to abdomen. What to do? Mendelson stuck with his 'old reliable' - the INZER EHDHP double polyester that he'd used since winning the '01 WPC BP Worlds in Johannesburg, RSA (738.6). The same one that he won the 2002 Arnold Classic with (755.1) and, yes, the same shirt he punched 766.1 with up in Canada. Would the MAGIC FABRIC hold up? Warming up here, Scot took 735 in the back



GERMAN POWER ... Markus Schick with Gunter Schlierkamp



Scot Mendelson ... sapped by three tries to get 782 passed, he came this close with an historic 804 attempt. (Herb Glossbrenner photograph)

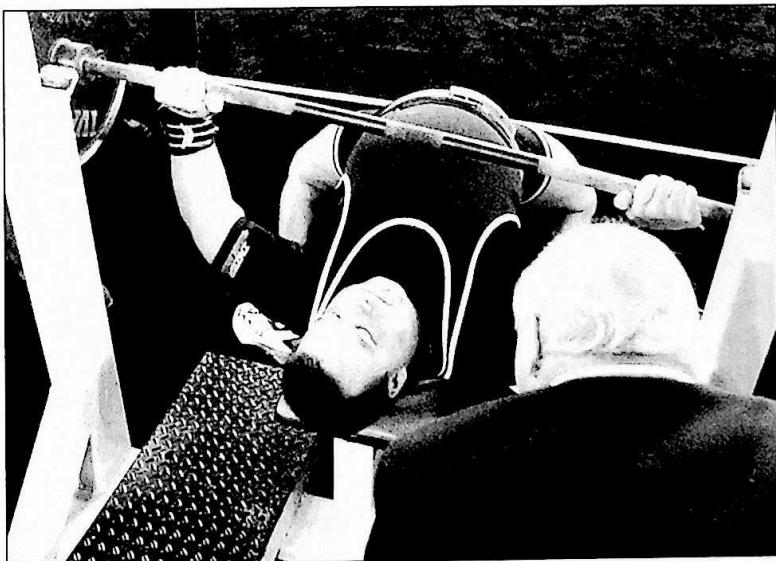
warming up, but couldn't get the load to his chest. He came out for his opener with 355 kg. (782.6 lbs.) looking incredibly big, his poly shirt skin tight stretched against his massive upper body. Scot was not THRILLED TO THE GILLS but he was JACKED TO THE MAX. With a couple of club like blows to the head by Big Daddy John Ford, Scot rushed to the bench, kicked his legs back to where he has the best leverage, fidgeted until he had his shoulders braced just right, and then came the handoff. He brought it down and touched his chest awaiting the press command from APF President Ernie Frantz. The signal came and the

monster payload exploded from his ten inch thick pectoral launching pad; traveling upward with great velocity and locking without the slightest bit of difficulty. You can imagine my shock, as well as everyone else's, when 2 reds came on. The side judges said his hips raised ever so slightly from the bench. The weight looked light, so he repeated. It was a carbon copy of the first lift, blasted up strongly to lockout with no waver or hesitation. Bedlam erupted, followed by gasps of dismay. Again -- 2 red lights. The side officials said his buttocks came off the bench once again. There would be no gifts today! If he was to get credit for it, he

would have to do it perfectly. Last chance. Scot came out fuming. Once again he took the monster load chestward, paused with it, and -- following the press command -- pressed it up powerfully. This time GOOD LIFT -- all three judges agreed. Having endured that fiasco, Scot went straight to the weight held trained for all along and was prepared to do; 365 kg.(804.7 lbs.) Unfortunately, even a superhuman has his limitations. Imagine benching 782.6 three times in succession, then trying 804.7. Scot blasted it within a scant three or four inches of completion before his strength finally waned. Imagine doing this in an old used double poly shirt. It was a big disappointment for Scot, who wanted to retire as the undisputed best there ever was. He will postpone his retirement until after the Arnold Classic in March where he promises he will deliver the Big One. Is there anything left in his magic shirt? Yes, I'm certain there is. Scot wants Kennelly (especially) and any other claimants to show up and face him and suffer defeat with head held high like a man. There is no shame in coming in 2nd to Scot Mendelson, who is simply the strongest bench presser the World has ever seen. If anyone has any doubts, show up on March 2, 2003

and see for yourself. The TRUE KING OF THE MONSTER BENCHERS is Scot Mendelson. Everybody knows it, including his challengers. BE THERE and BEWARE!

Scot's wife Maricelle was on hand along with his children Jade Beven and Troy Scott as well as his sisters, proud father, and dozens of his clients (Scot is a personal trainer) to share in this moment. For winning the WPO Heavyweight Division, Mendelson won \$3500 plus \$1000 for setting his WR 782.6 BP. Total earnings were \$4500 - worth the trip. Oh, yes, Scot and Maricelle are expecting their third child any time now. As far as the biggest BP - Scot will deliver that himself March 2, 2003 in Columbus, Ohio. Pardon my redundancy.



You Be The Judge ... on this attempt by Brad Kelly ... or is it by Bro Bart Kelly?

WPO Bench Bash for Cash 10 NOV 02 - New Orleans, LA				
Class	BP1	BP2	BP3	BP4
148	435	447	452	457
August Clark Jr.	424	454	454	
Joe Mukite	325	352	352	352
Kevin Harmon				
165	529	529	567	
Markus Shick	385	402	402	
Brian Strickland				
181	529	554	554	
Kent Spires	551	573	584	
198	573	584	595	
Bill Gallagher	551	573	584	
220	551	573	573	
Rene Imesch	529	554	554	
Bart Kelly	611	633	650	702
242	655	672		
Brad Kelly	501	600	600	
Bill Carpenter				
275	722	722	782	804
Tom Holzapfel				
308	722	722	766	
Scot Mendelson	722	722	782	
John Zemmln				
SHW	722	722	774	
C. Brandenburg				

Where do good young lifters come from? Desire, teamwork, challenging experiences and dedicated coaching is a good bet. These attributes were on display in Putzu, Taiwan, where the 2nd IPF Subjuniors World Championships were held September 25-29, 2002. The 2002 meet is the first in which a USA Subjunior Team has competed. Last year's inaugural 2001 team was primed for Sochi, Russia, but missed out due to travel concerns immediately following the 9-11 incident in NYC. With this year's arrival of Team USA, and increased international participation in powerlifting on the women's side, the 2002 ranks increased to 49 women (from 33 in Russia) and 48 men (from 42) despite late no-shows by countries experiencing travel problems. Participating in Taiwan were lifters from, Australia, Finland, India, Japan, Russia, Sri Lanka, USA, Uzbekistan, and from our gracious host, Chinese Taipei.

Team USA, consisting of 10 women and 10 men (most in their first international competition), came through with 5 GOLD, 5 SILVER and 2 BRONZE medals with numerous subjunior WRs and PRs, finishing 2nd only to a deep and technically polished Russian team. This showing is largely due to the coaching and organizational efforts by a staff headed by Tod Miller (Plainwell, MI), with Joe Lewis (Neenah, WI), Trey Cunningham (Louisiana Tech U., Ruston, LA) and Larry Maile, (Anchorage, AK).

Scoresheets only hint at the experience and team building gained by these young lifters, who qualified as champions and alternates for the National HS meet this spring in St. Louis. Bonding into a team was

IPF Subjunior Worlds as told to Powerlifting USA by John Dickey

instant among sub-cuzzes (as the 'subjunior cousins' called themselves). Some have competed and partied with each other for several years at national meets, so little introduction was needed for the core 'old-timers', the 18 year olds. From there, a shared enthusiasm for powerlifting by veterans and novices kicked in, and the team became Team USA. The 'real' old-timers on the trip found quick humor and fellowship in discussing how obsessions with powerlifting have taken sons and daughters to remote places.

Just after noon on a Sunday, two groups of lifters met in Detroit and New Orleans to begin 17 hour flights/layovers for a westward chase of the sun across the international date line. This first travel 'day' felt about 36 hours long. Schedules held well enough for the two groups to converge at the Chang-Kai Chek airport at the north tip of Taiwan in Taipei, where the entire 2002 Subjunior Team actually met for the first time. After clearing customs, the group boarded busses for a 3 1/2 hour trek, 2/3 of the way down the island on Highway 1, an interstate-style freeway that runs the length of Taiwan (which is about 1/4 the area of our own Michigan, Wisconsin, or Louisiana), to Chia-Yi city. Near Chia-Yi city we then turned west toward the sea and the venue at Putzu. First hoot - the women's team finding 'squatty-potty' facilities by at a free-way rest stop ... well, we sure weren't in the States anymore!

The busses arrived at the Chia

Chou Hotel in Putzu in evening darkness with no need to reset watches, but our 'body clocks' told us that it was 7:00 in the morning and not 7:00 in the evening. Kudos to Coach Miller for planning arrival a few days early help make what jet-lag adjustments we could.

The real adventures began on the first morning, when we got a first look at Putzu. Putzu (population about 30,000) is a bustling blend of the old and the new, East and West - crowded streets (few sidewalks), ornate temples, farmers markets, and street shopping ... sprinkled with 7-11s, Starbucks, and a McDonalds (first hero of the trip ... McD's ... for saving lives on the coaching staff). The streets were full of cars, bicycles, but especially mopeds, the transportation of choice in the city. The Taiwanese people were always friendly, or at least curious of the conspicuous strangers walking the street. The local old-timers, especially, liked having their pictures taken with us. School children came out to try out their English. First shopping pursuit for some was for the popular decorative pillows to help soften the ultra-firm bedding at the Chia Chou. Soon, the Pro internet cafe was located near the center of town, a place to catch up on the weekend football scores and maintain contact with the powerlifting community in the states via the USAPL Forum website, all for \$20 Taiwanese per hour (about 65 cents US). It was also found that mopeds could be rented daily or about \$200

Taiwanese (\$6.50 U.S.), which became a great source of noisy early morning fun for our Russian hotel mates.

On our second evening, several coaching staff and lifters bussed to the venue for a coaches' meeting and a chance to scope out the site. The venue was under an eye-catching tent-style fabric roof of the 10,000 seat Chia-Yi county stadium, which stood in modern architectural contrast to the nearby subtropical gardens and farms and the traditional city of Putzu. During the competition, good weather, the translucent fabric roof, and the white-walled stadium interior provided a bright, naturally lit setting for the officials and single performance platform at the basketball midcourt.

The venue offered two warm-up platforms provided in a sub-ground level loading dock area that ran underneath the length of the stadium. Later, during competition days, cheery Taiwanese ladies set up an impromptu kitchen at one end of the warm up area that kept a 30 foot banquet table loaded with a buffet of Taiwanese food. On inspection, the lifting equipment was fine, the only minor compliant being uneven warm-up and performance platforms. The platforms were constructed of numerous 4 x 4s bolted together, some of which were not quite 4 x 4. Depending on where the rack was located, the footing could be uneven, or, after setting the feet, the bar could start to roll away from a lifter into a trough between uneven beams. Leaving the stadium after dark ... the first games of the week on the plaza in front of the stadium ... Taiwanese firemen casting rolled fire hoses toward wooden 10-pins. Two parents assisting the group presented their volunteer fireman's cards from home and joined in.

Women's Summary

44 kg - Leading off the meet in this division (which lost one lifter to the weigh-in room) were Chen Yuan-Min (Taiwan) and Erin Dickey (USA). Dickey took the GOLD for the USA with a 300 kg total (422.43 Wilks), scoring a subjunior WR for bench (65.0 kg) and deadlift (127.5 kg). Erin went 8/9, only missing on an ambitious 2nd WR attempt on the bench. Yuan-Chen took the SILVER for host Taiwan with a solid 275 kg total, and a (brief) subjunior WR on deadlift, promising for a young international newcomer who was one of only two women 14 years of age in the 49 member women's field.

48 kg - This division was arguably the deepest of the meet, featuring the only two 500+ Wilks scores of the meet. Jenn Maile (USA) won the GOLD with a 430 kg total and a 570 Wilks. Maile, a veteran international competitor, began her ascent



2002 USAPL Subjunior World Team ... front row: Coach Larry Maile, Jennifer Maile, Erin Dickey, Leslie Kiletico, Maggen Millin, Caleb Williams, Molly Dennany, Ryan Smith, Derek Baker. 2nd row: Ashley Sanders, Alyssa Hitchcock, Amber Mesik, Carly Nogle, Brently Marchand, Michael Hafenbrack. 3rd row: Cody Walters, Erica Headrick, Drew Traub, Nick Rasmussen, Kyle Ricchio. 4th row: John Burford, Coach Joe Lewis, Coach Trey Cunningham, Coach Tod Miller. Back row: warmup assistants Andy Millin and John Dickey



Gold ... Maile (above), Dickey



with a 160 kg SQ, breaking the subjunior WR of 157.5 kg set minutes earlier by last year's 44 kg winner, Anna Ryzhkova (Russia). From there, Maile dominated in bench (90 kg) and D (180 kg) for a 430 total, outlifting Ryzhkova's SILVER medal 377.5 total (500.75 Wilks). Oxana Sokovnina (Russia), who was initially slated for the 44 kg division, won the BRONZE with a 295 total. Following were 4th - Borkotoky/Sikhamo (India, 280 kg total), 5th - Leslie Kiletico (USA, 262.5), 6th - Lin/Hui-Chiao (Taiwan, 252.5), 7th - Srisapall Bharati (India, 237.5), and Yumi Kokue (Japan, 200).

52 kg - The top of this division was dominated by a shootout between Russian lifters Natalya Tokareva and Maria Chouschina. Tokareva took an early lead with a subjunior WR 162.5 kg SQ and then captured the GOLD by holding off teammate Chouschina with a 385.0 total (489.37 Wilks), besting Chouschina's SILVER total of 367.5. The most drama in this division was for the BRONZE. Chang Shu-Ching (Chinese Taipei, 282.5 total) edged Keiko Matsuura (Japan, 280.0) for the bronze by pulling 10 more kilos on a 3rd deadlift. Following for 4th was Aya Hasada (Japan, 250.0). Carly Nogle (USA) was headed for an apparent bronze, but DQ'd on

deadlifts.

56 kg - Olga Ustinova (Russia) lead off with a subjunior WR 160 kg SQ and took the GOLD in the 56 kg division with a technically perfect 9/9, 400 kg total (471.96 Wilks). The battle for SILVER featured more last-lift drama. Alyssa Hitchcock (USA) took an early 127.5 - 120 kg SQ lead over Ai Takei (Japan), who responded with a strong 85 - 67.5 kg bench advantage (best bench of the division) over Hitchcock, for a 10 kg subtotal lead. Hitchcock, in turn, pulled a 3rd deadlift 147.5 - 135 advantage over Takai for a 342.5 total and slim 2.5 kg edge for the silver. Following were: 4th/5th - Minako Kaneda (Japan, 305.0) and B.V.S Laxmi (India, 305), 6th - Wang Shu-Jung (Taiwan, 295.0) and 7th - Arpana (India, 260.0).

60 kg - This division was a near repeat of the previous for the medal contenders. Following her 56 kg teammate, Margarit Kosareva (Russia) lead off with a subjunior WR 182 kg SQ and took the GOLD in the 60 kg division with a perfect 9/9, 445 kg total (497.42 Wilks), and bests for this weight division in all lifts. Amber Mesik (USA) took an early 145.0 - 137.5 kg SQ lead over Lo Hsiu-Jung (Chinese Taipei), who responded with a 85.0 - 75.0 kg bench advantage over Mesik, for a 2.5 kg subtotal lead. This time, Mesik pulled a 157.5 - 145 deadlift advantage over Hsiu-Jung for a 377.5 total and a bit more comfortable 10 kg edge for the silver. Following were: 4th - Ushari Mallika (India, 322.5 total), Eriko Sekiguchi (Japan, 230.0) and 5th - Yoko Mori (Japan, 210.0).

67.5 kg - The Russian women continued their run of outstanding performances as Vera Khalyavina won GOLD with an 8/9, 442.5 kg total (455.02 Wilks) and 105.0 subjunior WR (women's best) bench. Chen Ting-Yi (Chinese Taipei, 370.0 total) took SILVER while Satyendresh Kiran (India, 347.5) took BRONZE when Molly Dennany (USA, 337.5), the youngest lifter of the division, just missed a 3rd deadlift for the medal. Following was Mami Yamazaki (Japan, 205.0).

75 kg - Alina Polyanskaya (Russia) dominated for GOLD in this division with bests in all lifts, including subjunior WRs in SQ (190.0), deadlift (180.0) and total (460.0, 437.64 Wilks). Ashley Sanders (USA) took SILVER with second-best in all lifts for a 382.5 total. Yang Ya-Feng (Chinese Taipei) took BRONZE with a 302.5 total. Following were: Aswathy Kaimala (India, 270.0), and Chie Kaiga (Japan, 245.0).

82.5 kg - This division featured only two lifters, losing one to the weigh-in room. Ya-Wen Chang (Chinese Taipei) took GOLD with a 485 total (443.14 Wilks). Maggen Millin (USA) took SILVER with a 397.5 total.

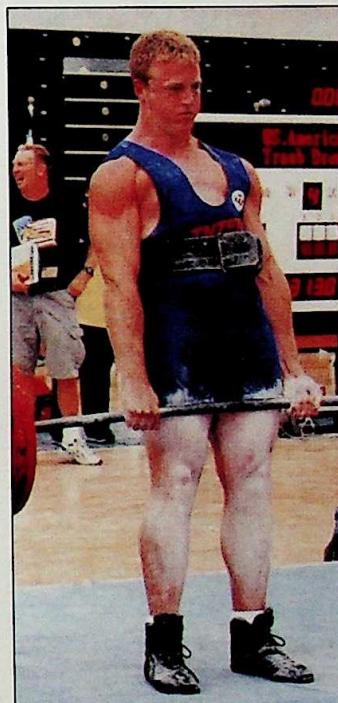
90 kg - This division was only one of two of the meet in which a lifter scored a subjunior WR on every lift. Yulia Stesenko (Uzbekistan) took GOLD with WRs of 190 kg SQ, 105.0 kg bench, and 170.0 deadlift for a 465.0 kg total (416.40 Wilks). Natalya Savinykh (Russia, 432.5 total) held on for SILVER, in spite of BRONZE medallist Ambili Gopalakrishnan's (India, 410.0 kg total) subjunior WR 172.5 kg deadlift, set moments earlier by Stesenko. Following were: 4th - Phukon Kakoli (India, 320.0) and 5th - Ya-Ju Hsu (Chinese Taipei, 272.5)

90+ kg - Ya-Yun Weng (C. Taipei) took GOLD with a strong 165.0 deadlift for a 445.0 kg total (369.52 Wilks), outdistancing SILVER medallist Alexandra Rogova (Russia, 427.5 total), and young and newly-emerging BRONZE medalist Erika Headrick (USA, 380.0).

Men's Summary

52 kg - Evgeny Bychaev (Russia) held off teammate's Mikhail Buranov superior 185.0 kg deadlift to take GOLD with a 465.0 total (459.09 Wilks) to Buranov's 455.0 total for SILVER. Michael Hafenbrack (USA 425.0) finished a strong 9/9 day with the BRONZE, deadlifting 182.5 kg, second only to Buranov in this division. To cap off this division, Buranov nailed a subjunior WR 190 kg on a 4th lift, ending a strong 10/10 day, only needing a better bench for the gold. Kenta Kusakabe (Japan) was DQ'd, running into technical problems and unable to get a good bench.

56 kg - Anton Cheremushnikov (Russia 487.5 total, 447.72 Wilks)



Drew Traub got an IPF Subjunior World Record in the deadlift - 689

took GOLD on 9/9 lifting. Yen-Hao Liu (Chinese Taipei, 407.5) took SILVER. Like his teammate in the previous division, Yutaro Shimizu (Japan) DQ'd when running into technical problems on bench. Unfortunately, among the missing competitors in a depleted division was Vincent Niedoliwka for Team USA, who scored a 502.5 total in this division at High School Nationals this past spring.

60 kg - Vitaliy Borisov (Russia) turned in the second best men's lifting of the meet with a 580.0 kg total (495.43 Wilks) for the GOLD. Chih-Lun Su (Chinese Taipei) came up just short with a 567.5 total for the SILVER, just missing on two last dead lifts to tie. Taiji Ito (Japan, 460.0) took BRONZE. Following were: 4th - Ryan Smith (USA, 452.5) with a new best on bench, 5th - Yusuke Suzuki (Japan 450.0) and 6th - Harinder Singh (India, 430.0).

67.5 kg - Caleb Williams (USA) turned in the best men's lifting of the meet with a 620.0 total (496.24 Wilks) for GOLD on a 6/9 day that was technically close to being even better. Chen-Hsien Lee (Chinese Taipei) finished with strong deadlifting for SILVER, capping a 9/10 day with a successful 265.0 kg 4th deadlift for a subjunior WR. Serguey Faysulin (Russia, 572.5) took BRONZE. Following were: 4th - Sandeep Kumar (India, 515.0), 5th - Brendt Marchand (USA, 470.0), and 6th - Yusuke Takeda (Japan, 450.0).

75.0 kg - Largely on the strength of a 172.0 subjunior WR bench, Alexey Ermando Ortega (Russia) took GOLD with a 665.0 total (476.53 Wilks). Kyle Ricchio (USA) went 9/9 and registered new bests on bench, deadlift, and total lifts (607.5) for SILVER. Sami Brunfeldt (Finland, 587.5) took BRONZE. Following was: 4th - Hibino Tomoyuki (Japan, 505.0).

82.5 kg - Dmitry Saltykov (Russia) easily won this division with a subjunior WR 732.5 kg total (493.99 Wilks) on 9/9 lifting that included a 6/6 on two subjunior WR attempts in every lift: SQ (290.0), bench (170.0) and deadlift (272.5). Juhani Salo (Finland, 615.0) took SILVER. Appa K Duggesh (India, 562.5) took BRONZE by making up a 10 kg deficit to win by 2.5 on a last deadlift, edging Chiung-Te Wu (Chinese Taipei). Following was: 5th - Naoki Inoue (Japan).

90.0 kg - Alexander Maximov (Russia) narrowly took GOLD with a 712.0 total (475.59 Wilks), winning by 2.5 kg over Konstantin Pozdeev, who missed a last deadlift and settled for SILVER. Eban Traeger (Australia, 647.5) took BRONZE on the strength his deadlift, edging Derek Baker (USA, 637.5) who made a new best on SQ.

This year's WPC World Championship was held October 22-27th under the direction of Minna Osterberg in Helsinki, Finland. There were 157 lifters representing 20 Nations. The host had the most: Finland (40), USA (35), Great Britain (21), Latvia (14) Slovakia (6), Germany (6), Italy (5), Russia (4), Azerbaijan (4), Austria (4), France (5), Belgium (3) Estonia (2), South Africa (2), Sweden (2), Canada (1), Australia (1), Yugoslavia (1), Switzerland (1). Three other nations participated in the Bench Press Championships: Iran, Hungary and Poland, thus bringing the total number of countries active in these championships at a record 23!

The competition was held at a spacious sports arena less than 15 minutes from the beautiful meet hotel headquarters: The Radisson SAS Hesperia. There was a breakfast buffet for all open at 6 AM each morning that was out of this world. A streetcar or tram within a couple of blocks of the hotel transported us to the lifting venue for about US \$1.50 each way. It was almost a 7000 mile trip from Los Angeles, with a nine hour time difference. Everybody from the States had their world turned from day to night. It took a few days to get sleeping patterns adjusted to the drastic change.

This was a wonderful competition. It was the 2nd time I'd traveled to

WPC World Championships

as told to Powerlifting USA by Herb Glossbrenner

Europe, and a turnaround from the attempted coup to overthrow WPC President Ernie Frantz at the 1998 WPC Worlds in Graz, AUT. Now the great country of Austria thrives under the direction of its new president Franz Mares and his lovely wife Edith Pomgranz. Both were present in Helsinki. Edith, a champion lifter herself, did not move iron but spent all week judging while Franz served as the meet emcee. He kept the crowd alive with tongue in cheek humor during crucial lifts ... "Get behind so and so - he MUST MAKE ZIS WAIT OR HE BOMZSAOT". Once in the Deadlift he noted that the "RACK HEIGHT IS ZERO!" They will be hosting the WPC World Cup in Austria this December. WPC President Ernie Frantz was absent at the bedside of his ill mother who is 91. Thanks to all the officials who worked so hard, providing the best scrutinizing of lifts I've seen in any World Championship. Radar Capehart made the trip from Texas. Bob Packer came from California. He, along with John Ford of Daly City, arranged for a sponsor who provided nice team uniforms for all the USA lifters. (A big thank you to EXTREME H2O a company that manufactures sports drinks).

Maris Sternberg was on hand and more than once she went to bat for lifters, in the capacity as technical director. Maris took minutes of the WPC General Meeting along with new WPC President Kieran Kidder who made a big impression. He proved that not only can he talk the talk, but walk the walk as well with his spectacular lifting.

I must give my heartfelt thanks to Sakari Selkainaho, who brought a local Finnish TV Station in to air the final day's Men's Open competition on national TV. These men were very professional and careful not to deliberately block the view of other members of the media who were taking pictures. A huge thank you to computer man Tero Virta who sought me out and made sure that I got all the tabular results immediately following each day's session. They take the media very seriously in Europe.

I must say something about the terrible dilemma that has befallen our comrades in WPC South Africa. Facing the clout of the South African Minister of Sport, the WPC South Africa organization has been forced to dissolve. An IPF representative in South Africa noted that drug testing policies were not prevalent in the WPC and

how could the Government fund an organization that did not follow the IPF guidelines? This caused great problems to our dear friends over there who had the thumbscrews tightened and had no recourse but to bow to their government's authority. The poor athletes over there have no right to chose. Everyone in the WPC extends their condolences to Neville Primich and all the fine officials who have been a part of the WPC since its inception.

At the WPC Meeting in Capetown last year it was voted to eliminate the submasters group (33-39) from World Competition. Henceforth, 3 lifters from each Nation will be eligible to qualify in the various other divisions for the Worlds. Here those winning their categories in the submaster group at the USA Nationals in Fresno were allowed to participate in the Open Division here. The first day of lifting took place on Tuesday, October 22, with the lifting beginning at 10 AM.

TEEN WOMEN AND MEN - Can you believe that a 14 year old girl captured everyone's heart with a spectacular display of lifting prowess, set 4 World Records, surpassed the Women's Open APF Elite rating by a huge margin, and won the outstanding teen lifter award - outdoing her male counterparts by a whopping 176.77 points on the Reshel formula? Nichelle Whitfield, a mere 120.6 lbs., put on a lifting

WPC WORLD CHAMPIONSHIPS (KG) - 22-27 OCT 02 - Helsinki, Finland														
TW56	SQ1	SQ2	SQ3	BP1	BP2	BP3	ST	DL1	DL2	DL3	TOT			
Whitfield N. 4th	+60 +62.5	160	172.5	80	85	87.5	260	155	167.5	+72.5	427.5			
TW67.5														
Rogovaya Irina	115	120	+25	55	57.5	60	180	120	125	130	310			
TM56														
Madar Martin 4th	110 145	125	+45	65	70	+72.5	195	125	140.5	+50	335.5			
TM60														
Askerov Vasif 4th	+60	160	170	85	95	95	255	190	200	207.5	462.5			
Mannering Jason	135	+50	150	85	90	90	235	165	180	+85	415			
TM75														
Mareks Porcijs	220	220	235	120	130	135	355	200	215	225	580			
Siska Martin	+80	180	190	92.5	100	105	280	170	180	+85	460			
Hayward Blake	240	+240	240											
TM82.5														
Rasulov Azer	200	220	230	110	125	+30	355	+20	215	+25	570			
TM90														
Grigorjevs A.	250	250	260	150	+63	163	423	200	220	+40	643			
TM110														
Oerel Brent	260	+202.5	282.5	165	172.5	+77.5	455	252.5	+272.5	+272.5	707			
TM125														
Benjamin Joshua	192	215	232.5	142.5	155	165	397	167.5	187.5	202.5	600			
Meluch Andrej	200	220	230	120	130	+35	360	190	+200		550			
WM56														
Dujardin Yveline	155	170	180	100	107.5	+55	287.5	160	170	+80	457.5			
WM67.5														
Kusau Eva	90	90	90	45	50	56	140	95	105	+10	245			
WM75														
Packer Kimberly	165	177.5	+22.5	72.5	75	75	250	142.5	155	+60	405			
WM82.5														
Ranalan Tarja	170	+80	+85	150	160	+67.5	330	180	200	+45	530			
MM60 45-49														
Hagner Heikki 75-79	155	+67.5	+67.5	80	85	90	245	212.5	225	240	485			
Gellman David	65	65		65	75	75	130	100	120		250			
MM67.5 50-54														
Sviderskiy V. 55-59	160	170	180	100	110	120	300	100	110		410			
Mullan Budgie 60-64	140	150	160	95	102.5	+107.5	262.5	150	+65		412.5			
Glossbrenner H MM75 kg 40-44	102.5			98	+10	+10	200.5	142.5			343			
Mannerling D Bzdok Wolfgang 45-49	255	270	285	+92.5	+92.5	192.5	462.5	240	250	260	722.5			
Cirigliano R. 50-54	+45	195	230	+25	125	137.5	367.5	245	+272.5	272.5	640			
Boutle Paul 82.5 kg 40-44	202.5	222.5	232.5	115	127.5	132.5	365	200	217.5	232.5	597.5			
Pilkkanen Hannu 45-49	260	260	280	+60	165	175	435	250	+270	+270	685			
Petersen D. MM90 kg 40-44	227.5	245	255	137.5	142.5	147.5	392.5	215	235	245	637.5			
Ivanusins Juris Hamalainen Eino	260	+270	270	155	162.5	+70	432.5	290	300		732.5			
	250	260	140	150	160	420	240	265	280	700				

Bianchi Sergio 50-54	255	270	280	140	150	157.5	427.5	232.5	240	250	677.5			
Lalfer Paul	260	280	300	160	170	+75	450	240	260	285	735			
Bulans Karlis	250	270	280	125	140	150	430	290	305	325	735			
Kelola Pekka 55-59	230	245	250	145	152.5	155	400	220	240	250	650			
Brown Robyn 60-64	250	+270	270	150	160	+65	430	260	280	710				
Nouguomanov V 65-69	220	240	255	140	150	155	410	200	210	220	630			
Bassman Robert 65-69	195	+220	+220	+50	+50	150	345	195	+25	+25	540			
Wilson Pete 45-49	+72.5	172.5	190	140	150	+57.5	340	155	167.5	185	525			
MM 100 kg 40-44														
Pessell George	272.5	287.5	300	192.5	+202.5	+202.5	492.5	272.5	295	+30	787.5			
Hayes Jeff 45-49	142.5			105			247.5	145			392.5			
Ranta Jarmo 50-54	315	335	345	185	+92.5		530	295	310	322	852.5			
Buhl Heinz 50-54	300	+320	320	180	190	+200	510	230	270	290	800			
Suurkivi Rain 50-54	230	250	+272.5	130	140		390	210	230	260	620			
Luker Alan 50-54	320	+390		152.5	157.5	160	480	320	342.5	350	830			
Stroj Heinz 50-54	220	240		140	150	160	400	240	260	270	660			
Burgard John MM 110kg 40-44	210	+335	+335	132.5	+142.5	142.5	352.5	207.5	227.5	237.5	580			
Avigliano Joe 45-49	327.5	+342.5	+342.5	160	167.5	175	502.5	250	272.5	290	792.5			
Wheeler Ken 50-54	280	290	300	+40	140	142.5	432.5	260	270	277.5	710			
Reinholds Dainis 55-59	250	290	270	150	160		430	260	270	280	700			
West Bill 45-49	320	360	370	190	205	+20	565	280	310	320	875			
Marshall Lee 45-49	350	+380	380	180	190	195	575	300	320	340	915			
Morris Troy 45-49	295	320	340	+205	205	+227.5	525	+295	295		820			
Rintanen Olavi 55-59	310	325		200	210	220	545	315	335	350	895			
Siska Jan 55-59	275	290	300	170	180	+85	480	300	315	320	795			
Rantanen Pekka 140 kg 55-59	300	310	+320	180	190	+200	500	260	280	290	780			
Visser Ian 140 kg 55-59	260	290	300	160	180	190	480	220	230	240	700			
Meek Brian 140+ kg 40-44	312.5	357.5	382.5	210	232.5	+237.5	615	265	285	307.5	922.5			
William B 45-49	272.5	300	+320	222.5	+222.5	+222.5								
Tregloan Peter 45-49	350	+375		190	200	200	540	310	330	330	850			
Tartia Lauri 45-49	290	300	310	200	210	+25	510	280	300	310	820			
Paavilainen V. WJ 52	270	300	310	+70	+70	+70								
Cappallo Licla 45-49	80	85	90	45	50	55	140	90	105	+10	245			
WJ 60														
Salahova Alisa WO 52	120	+175	+175	45	55	+57.5	175	120	140	155	330			
Watson Leslie WO 56	85	85	85											
Hellal Marie WO 67.5	127.5	135	+140	70	75	77.5	212.5	145	152.5	+157.5	365			

display that flabbergasted even the most died-in-the-wool male chauvinist. This little gal from Burbank, CA has only just entered her first year of Junior High School. You can call it genetics, perfect coaching by her coach Joe Avigliano, an anomaly or whatever. Her strength is uncanny, her demeanor mild. She listens, trains hard, and has achieved in less than two years far beyond what most train a lifetime to achieve. As pretty as a picture post card, she had her friends put the colors of her beloved L.A. Lifting Club in her hair (red, black and white). Her 352.7 SQ opener was huge, but she let out a squeal of anxiety when she lost her balance. Her 2nd attempt, easily done, was followed by a glorious success with 380.3. On a 4th attempt she nearly made 182.5 kg (402.3) a weight she has already done in practice. BP: all 3: 176, 187, and finally 193. The last lift broke her own WR done last May in Fresno, CA. Whitfield's 341 DL opener gave her the World title. She followed with 369.3, another WR lift, surpassing her own WR TOT of 914.9 with an aggregate of 427.5 kg (942.6 lbs). A final try with 380.3 stayed grounded, but she will make this and a whole lot more, and soon. Everyone wanted their picture taken with the "little girl who is so incredibly strong". Getting a week off from school was indeed a privilege. How could it have been denied her. There is always a price to pay

as Nichelle brought her homework along, and did it going back on the plane. Before she is through she will have explored territories of strength that we could not visualize in our wildest imagination. Nichelle wanted me to be sure and thank Joe and Nance for all the love and support they have given, her parents for allowing her to make this trip - a rare opportunity for one so young, and everyone at the L.A. Lifting Club for all the encouragement and support they've given her.

The only other Teen Female was Irina Rogovava, 19, RUS winning the 18-19, 148 class with 683.4 TOT. Outstanding among the Male Teens were: Vasif Askerov, 18, from AZE with a 1019.6 TOT @ 132 and Jason Manner, 17, also 132 in the 16-17 group with a 396.8 DL and 914.9 TOT. His famous father David, who participated in the Men's Masters, is somewhat of a British PL legend.

ALL WOMEN MASTERS and MEN MASTERS (THROUGH 148) lifted Tuesday, Oct 22nd in the afternoon. Kim Packer, 40, Bob's blushing bride from Fresno, CA grabbed herself a gold medal in the 40-44 Women's group with her 892.9 TOT. Kim is sweet as a big piece of sugar pie. Tarja Rantanen, 44, FIN @ 194.6, totaled huge (1168.4) making a stupendous BP of 352.7 on a 2nd attempt. Most impressive was 42 year old Yveline



Best Women Lifters .. Teen -
Nichelle Whitfield (left), Open -
Nance Avigliano (Glossbrenner)

Dujardin, BEL. At 130.3 she made amazing lifts of 396.8 SQ, 236.9 BP, and 374.8 DL for 1008.6 TOT, a cascade of WRs. Eva Kusau, 67, of Germany rewrote the WPC record book in her category. In the men's

division David Gellman, 76, representing CAN but living in MEX, brought his lovely daughter along who took 20 rolls of pix and got so hooked on PL that she plans to start doing it herself. David proved himself with a gold medal. Vladimir Sviderskiy, 51, RUS won the 50-54 148s with a 909.4 TOT. An injured Budgie Mullan, 58, took home a gold with 9.09.4 TOT. Lufthansa Airlines lost my bag of lifting gear worth \$1100 dollars, so I endured the pain of a pulled groin, and registered piddly lifts, set a WR measly 216 BP sans shirt and brought home a gold at 60-64, 148. I was CURSED UPON but AVERTED A BOMB.

MEN'S MASTERS (165 thru 198 on WED OCT 23 AM took place with the remaining of the categories in the afternoon) David Manner, 42, salvaged his do or die 424 final BP try to stay alive and win the 40-44, 165s with a 1592 TOT. Wolfgang Bzdok, also 42 of GER, was close behind in 2nd with 1554.2! USA had three gold medalists. Richard Cirigliano, 47, had to do his 600.7 DL twice to get official credit - TOT 1410.9. Richard's job takes him globe hopping. He can train only on the run. He left right after he lifted to make a business engagement in NOR. Paul Boutte, 50, of Vidor, TX - whose face is cracked cause he smiles too much - found out he was lifting against a Russian. I told him that in the entire History of PL a Russian had

Avigliano Nance	200	227.5	240	97.5	102.5	+05	302.5	195	200	202.5	505
Steggles Lee	180	202.5	202.5	105	113	+17.5	293	175	185	242.5	478
WO 75											
Michiels Wendy	170	180	190	90	110	110	300	17	180	192.5	492.5
WO 82.5											
Krista Ford	207.5	235	227.5	82.5	87.5	107.5	342.5	207.5	235	242.5	577.5
Alaspala Jonna	130	152.5	152.5	70	75	82.5	212.5	140	+55	155	367.5
MJ52											
Mihail Sabarovs	150	160	167.5	95	100	105	272.5	170	+95	+95	442.5
MJ60											
Adrian Zalcman	180	192.5	200	112.5	+20	+20	305	180	200	215.5	505
Carpenter Dan	177.5	+05	+05	112.5	1172.5	+22.5	295	187.5	+95	+95	482.5
MJ67.5											
Pieter Calus	180	195	205	120	132.5	+35	337.5	200	220	230	567.5
MJ 75											
Jaakkola Juha	230	230	245	167.5	+75	175	405	225	235	242.5	640
Miller Andy	210	220	230	130	142.5	150	380	215	230	235	615
Chappel Darren	180	200	200	95	105	110	310	180	+00	200	510
MJ 82.5											
Farajov Akbar	210	242.5	255	150	170	182.5	437.5	220	250	277.5	715
Uldis Laudams	240	255	262.5	+00	180	+05	435	225	255	262.5	690
Orwain Rowland	+00	190	+10	100	105	110	300	190	205	217.5	517.5
Klampfer Roland	175	195	+10	85	95	95	280	190	+25	222.5	470
MJ 90											
Peralta Samuli	335	345	345	245	250	+20	585	300	+10	+10	885
4th		345					260				
Varvas Jyrki	290	310	230	215	25	+22.5	545	310	+25	+40	855
Jenkins Chris	260	280	290	160	170	+77.5	450	280	+00	+10	750
Hecre Jeremy	205	220	230	175	+02.5	+02.5	405	210	220	225	630
Hanson David	242.5	242.5	242.5								
MJ 100											
Schwab B.	350	380	390	205	217.5	+22.5	597.5	310	327.5	332.5	925
Ivars Cirilus	290	305	315	230	250	565	330	345	362.5	595	
Haukijarvi Ilkka	350	365	370	220	+25	225	595	+00	+00	200	595
Jalko Eero	300	310	322.5	+00	+00	+00					
MJ110											
Ristiluoma Pertti	+00	300	220	226.5	232.5	526.5	270	285	295	821.5	
Bugbee Morgan	320	332.5	332.5	182.5	190	+97.5	510	265	275.5	285	795
Hautamaki M.	290	305	305	190	200	+05	575	280	290	300	780
Rogers Carl	280	300	300	155	162.5	170	450	260	+00	+00	710
Siska Jan	255	275	280	150	157.5	+66	437.5	245	255	262.5	692.5
MJ125											
Konstantin K.	340	360	380	240	260	270	650.5	375	390.5		1041
Korpela Jaakko	360	375	400.5	190	200	+05	575	280	300	305	875
Pajunaja Lasse	330	+00	320	220	235	+45	555	290	+00	+00	845
Zack Hudak	367.5	367.5	367.5								
MJ140											
Kaspars B.	320	340	355	210	220	+25	575	320	+35	+35	895
MJ140+											
Lehlonen Timo	350	365	375	240	+20		615	305	320	+10	935
MO60											
Haaparanta Toni	215	230	240	120	130	+15	370	200	215	+20	585
Luca Cavagna	+10	+10	212.5	105	110	+15	322	185	192.5	+00	515
Werner Uwe	+40	140	+70	135	145	148	288	150			438
MO67.5											
Morozovs V	240	260	275	160	175	+05	450	240	260	277.5	710
Hoerner TJ	267.5	267.5	267.5	142.5	152.5	+57.5	420	247.5	260	+25	680

Heiskanen Timo	235	242.5	245	+25	125	+27.5	370	240	240	240	610
Randall Phil	190	210	225	120	130	+40	340	200	220	220	560
Luca Segre	+10	+10	210	125	130	+35	340	210	220	220	560
Centauro V	187.5	210	210	+22.5	122.5	+40	310	192.5	210	+22.5	520
Luca Cavagna	+10	190	200	95	100	105	305	175	185	+10.5	490
MO75											
Almqvist Martin	260	267.5	267.5	+05	185	+07.5	452.5	270	275		722.5
Selkainaho S	260	+25	275	165	175	180	455	245	260	270	715
Reichard Gary	257.5	+25	275	127.5	137.5	137.5	402.5	257.5	275	295	677.5
Siska Rudolf	185	200	+25	90	97.5	97.5	290	170	175	+100	465
MO82.5											
Ron Palmer	320	320	347.5	205	215	212.5	560	292.5	310	320	880
Laine Jarmo	350	350	360	195	200	205	555	297.5	315	325	870
Mursu Ilkka	310	320	320	205	205	205	525	290	305	320	830
Neil Arnold	260	285	300	160	+70	+70	445	230	240	245	685
MO90											
Avola Tatu	330	350	360	220	230	235	570	310	332.5	352.5	902.5
Wardell John	337.5		375	217.5	227.5	227.5	555	272.5	292.5	317.5	847.5
Kegrice Jaes	287.5	+10	320	175	182.5	187.5	507.5	292.5	310	315	822.5
Althias Erik	290	310	320	175	185	190	505	285	300	315	805
Nonis Ed	270	290	290	200	205	205	490	260	270	280	760
Erlholt Toni	270	290	300	170	182.5	182.5	460	240	265	285	725
Leppiaho Jarno	305	320	330	205	205	205	495	260	270	280	725
Persson S	330	330	330					200	200	200	
MO100											
Selsam Harald	350	402	402	215	+25	+25	617.5	310	320	320	927.5
Rajala Anto	370	370	360	225	225	225	595	325	325	325	920
Pontinen Kari	330	335	345	200	+10	+10	545	290	305	315	850
Maguire Patrick	300	300	325	225	225	225	525	300	310	325	835
Primo Richard	225	240	240	140	+45	+45	387.5	240	250	260	637
Rautio Kimmo	300	300	315	215	+25	+25	530	200	200	200	
MO110											
Ihalainen Jani	365	380	395	+10	210	215	610	320	330	352	940
Hiissa Harri	340	360	370	210	220	220	580	300	320	327.5	907.5
Gorrell Jim	355	355	372.5	205	+25	+25	600	305	320	320	905
Middleton Steven	335	350	360	+10	210	217.5	577.5	290	305	322.5	882.5
Lewandowski Dirk	290	310	310	150	+67.5	+67.5	477.5	260	270	285	747.5
Herbulot Herve	270	290	302.5	150	167.5	167.5	452.5	270	285	297.5	737.5
Kangas Krister	350	380	380	190	210	215	595	350	360	360	
Wasmer Elmar	295	305	305	+10	+10	+10					
MO125											