

What I Think About Tagging When I Think About Running...

by Mark Beech, *Leader in Running Fitness*

As a Leader in Running Fitness I frequently need to plan, evaluate and risk assess running routes for groups of runners, much of the information I use is stored only in my mind, but maybe some points could fit within OpenStreetMap tags?



Whilst my discipline might be called *Road Running*, I prefer to keep my runners away from traffic as much as possible.



Where ever possible I plan routes to avoid crossing major roads, but as this is not always possible I like to know where it is safe and appropriate to cross.



I need to be sure that the footpaths are wide enough, to accommodate not just the runners but also other innocent path users.

For some reason a few of the runners don't seem to enjoy the hilliest of routes, so I have a mental map of the inclines of the roads we use regularly.



For about half the year we have to run in the dark, so between October and March I plan routes that stick to well lit roads.



I've never had to use it, but with people potentially overdoing it on the hills it is comforting to know where the nearest AEDs are located.