

Issue 1



what is
the path to
maximizing

f this is all there is about life, we all deserve to be pitied!

MORG Being enrolled in some school before age two, trying to understand some really abstract, sometimes weird concepts. Struggling all the way to get some satisfaction that seem to keep eluding us in our search for a 'more' that obviously doesn't exist on this side of creation.

The temporary excitement we derive from the food we eat, wears of several designs, drinks, sex, academic achievements...; the list is endless.

After catching up with whatever we might have been chasing with our time, our days, our years and our lives, we end up with the same feeling that inspired the chase at the beginning; "There should be more to life than these..."

Destiny: God's ordained Plan, Purpose and End for everyman, is our focus on grenepages in this edition.

Yes, there's more to live for than what you have right now!

Yes, there's a way to get that satisfaction that you so strongly desire!

Yes, there's a way to live life to its fullest!

I'm hopeful that going through these pages, you will find the answer to your heart-bothering question.

Yes, there's more to life than these!!

This is our first edition.

Pobi Olowookere

*Femi Sobayo*TREASURES-IN-JAR
OF CLAY



CONSCIOUSLY MAKE IT HAPPEN Bimbo Joan
MINISTERING
RHYTHMS



STAND IN TO STAND OUT

Toyin Seth-Ogungbe' TEE-WAI



WINNING PAST THE FINISH LINE

Tobi Olowookere GRACEDPAGES



IT'S THE DEVIL BUT YOU ARE THE SINNER

Adeyinka Oresanya THE DAUGHTER'S INSPIRATIONS



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CONSCIOUSLY MAKE IT HAPPEN



hether you know it, acknowledge it, appreciate it, cherish it, or ignore it, some things are independent of your consent, they just happen. You don't have business asking why they happened, encouraging them not to happen or creating barriers to prevent them from happening; they just happen!

Electricity does not ask you for permission before electrocuting you if you touch a life-wire; it is in its nature to do so. It does not even count if you work with the power company; just respect yourself by respecting a charged life-wire.

If you miss stepping on the next rung of a ladder as you climb a three-storey building, gravity does

not ask if you don't mind falling. Even if your middle name is "Anti-gravity", gravity is no respecter of persons! Gravity just happens.

Fire has no business with your approval to burn if you trespass into its territory. Its business is not to seek your approval, but for it to consume trespassers.

So don't sit back and ask, "Why me?" Oh, so you think that everything should roll around you by default? Everything just happens. They are not committed to you UNTIL you CONSCIOUSLY take steps to benefit from their 'happening-ness'.

That's why Electricity was harnessed to give us light, to cook us beans and fry us plantain, to wash our clothes and iron our clothes, to dry our

women's
hair and
condition
our air.
Gravity was
harnessed
to provide



us flight and fire also harnessed for our benefits.

Don't sit on the cushion chair relaxed expecting your life to take its toll towards your desire; harness it with God actively engaged with you.

Life is good!

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eds of gold are filled with fiery groans
Yet precious than the beds of rose you'll ever know
'cos when you lie in them you can't tarry in sleep
You groan, and wake, becoming all that you should be

comment







Building your spirit Teaching it to know no limit Building your mind So your words & actions come out right

Keep oiling your lamp
Keep it burning through the night
And when the morning's back
Save some more oil and walk with the brighter light

Why shy away from the rough roads?
Isn't there you'll find the precious stones?
Step aside and prepare for the journey ahead
It's a temporal pain but a joy that knows no end

Build your work and make it fit Be the best you can be at your field Do your part To others, be a path...

Tread the roads
But never alone
Let the lead of His presence
And your peace will be endless

Find your 'doors', find your 'gates'
Trust in His power and His grace
Nations, their kings and their queens
All will build your walls, 'cos you didn't quit

When we stand strong within
Then, we stand out indeed
Our light shines in darkness
Till the whole world sees us as brightness.

STAND IN to STAND OUT

MINISTERING RHYTHMS



"But He knows the way that I take; when He has tested me, I will come forth as gold." Job 23:10



manded you not to eat?"(1)

"Yes I have eaten, BUT the woman you gave me

caused it", Adam blamed Eve. Eve was his excuse!

"It's true I gave it to Adam, its true I also ate it first, BUT it

very action, both right and wrong have reasons behind them. Man moves from one wrong doing

to the other each day. Man wrongs fellow man. Man wrongs God. Even men who know the right things choose the

wrong. When asked, everyone has a 'genuine' reason for his or her actions. The reason behind a wrong doing or a punishable behaviour is its excuse. Is it not? Worse is the act of blaming others for your own wrong doing. "He caused it! She caused it! They started it!"

The scriptures can't be clearer on this subject; no matter your excuse, your sin is your sin. No matter who or what you hold responsible, you are accountable to God for all your actions.

Adam and Eve committed the first sin, which didn't occur without its own excuses. Everyone had someone else to blame until the last person- the devil -who expectedly had no other person to blame. For a man to have an excuse for sin is therefore not new to God. The devil carried all the blame in Eden, but not all the

shame. God seemed to say, "Yes it's the devil, but you

are the sinners." He asked, "Who told you that you are

naked, have you eaten from the tree whose fruit I com-

IT'S THE DEVIL BUT

was the serpent that deceived me." Eve blamed the serpent; the serpent was Eve's excuse. And so the Lord turned to the serpent.

Surprisingly, he didn't ask the serpent any question like he did to the others. He said to him, "Because you have

done this, you are caused more than all animals domestic and wild. You will crawl on your belly, groveling in the dust as long as you live, and I will cause hostility between you and the woman and between your offspring and her off-



spring. He will strike your head and you will strike his heel"(2)

That could have been all if excuses were good reasons. God didn't stop there. Yes the devil caused it but God

References

1) Genesis 3:11

(2) Genesis 3:14-15

(3) Genesis 3:16 (4) Genesis 3:17-19 (5) Matthew 24:13

is too beautiful to resist."

then said to the woman, "I will sharpen the pain of your pregnancy and in pain you will give birth, you will desire to control your husover you."(3)

sponsible? It might be the devil, but you will still be the sinner. God hasn't stopped the business of repaying everyman according to his deeds. You can't paint the devil blacker than he already is. What can you say to God that will surprise him about the one who masterminded a coup against him? band but he will rule The bible, talking about these last days, gives many excuses why believers might fail God: Many false prophets ine, drought, persecution, and killings of the saints. Sin

He didn't stop there. To the man he said, "The ground is shall appear to deceive many; there shall be wars, famcursed for your sake, all your life you will **struggle to scratch a living** from it. It will grow thistles and thorns for will be the order of the day in the world. Even the you, though you will eat of its grains. By the sweat of you<mark>r church will be so rocked by sin that the love of many</mark>

will wax cold, but it didn't end without saying that despite all these, only those

OU ARE THE SINNE

bow, you will have food to eat until you return to the ground from which you were made, for you were made from the dust and to dust you shall return."(4)

It was the devil, but every single person carried the re-

sponsibility for his sins. It was the devil, but till now, the me. He stole from the church purse whole world hasn't fully recov-

ered from the consequences. do? Who will you point to when God asks you, "Have you done what I asked you not to do?" He innocent your excuse paints you, by any third party.

who endure till the end shall be saved. (5) "We lived in a pagan community, we wanted to love God." That would be a good excuse but you will still be

a sinner. "I loved God, I followed His servant- my Pastor, I trusted him, but he disappointed

and slept with a chorister. He abused

my own wife in the name of deliver-

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What is your excuse for what you <code>ance. He made me lose my love for God." That will</code> be a good excuse, but you will still be a sinner. No matter what a man does, no matter what the enemy does to you, you will carry every responsibility for your will ask everyman to give account wrongdoings. The Christian race is a love affair between of all he has done. No matter how you and God alone. It is not expected to be influenced

it will never be able to save you from that sin. No matter Despite all the pressure, He still says come. If He says how black the excuse paints the one who caused you to come, it's because you can, so come to Him. Disregard the world, it doesn't worth anything. Stay true to God, and that is the only lifeline you have.

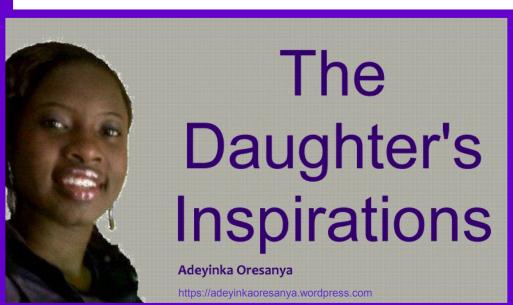
stumble; you will be held responsible for all your sins. Should another man's irresponsibility make you irre-

The reason you want to give to fail God is the reason the devil needs to nail you!



"Segun, for Christ's sake, why are you being persistent about this?" Ronke threw up her hands in exasperation. "You of all people know this is absolutely wrong, we can't do this. I really love you but I can't allow this."

TH



See Ronke, I know we are supposed to abstain from pre-marital sex, I even talked about it in bible study two weeks ago." Segun said. "But you need to understand I am a man, I have needs, I have urges. It's becoming so strong and my

love for you is not making it easy either." He placed his hands in his pockets and turned to face her. One could see he was agitated.

"I have needs too, Segun, but those needs have to wait till marriage to be met, I love you too and,"

"Are you really sure about that?" Segun countered, "Because if it is as strong as mine for you, you will understand me, we will be on the same pedestal."

"God! Segun, I can't believe you are saying this, and you know where we both stand in Christ, we are both-"

"Excos in fellowship and children of God, yes I know that, but I also know that fresh and hot blood flow through my veins." He removed his hands from his pockets and grabbed the rails. "I think we need a break, Ronke, at least for us to

Tears rolled down the face of Ronke. She was so confused about it all, she didn't even know if to call



him back or just allow him be. A break? What's happening? Lord, what do I do? I am so confused! I know what your word says yet my heart is hurting, my body aches for the one I love? I am on the verge of losing him.

She had been with Segun for the past two years and they had been so sure God is calling them to be together forever. Segun was the Bible Study Secretary of their fellowship and she was the Assistant Choir Director. When they came together, it was with strong conviction in their hearts that God wanted them to be together, until when they started having sexual pressures. She actually knew how he

E STRUGGLING VIRGIN

cool off. I need to think about us."

"A break? Till when? How?"

"I don't know, I really need to settle some things. Look, I have to go now. I have SOC 411 by 7 am tomorrow and Professor will not tolerate lateness, you know."

"Can I call you tomorrow after class?"

"Did you hear what I said at all? A break means no contact, please." He replied as he left her at the Sports Complex of the Obafemi Awolowo University, Ile-Ife. felt... ever since Segun had kissed her there at the sports complex, holding on has been difficult. Yet she knew it was sin to do so and had made up her mind never to do it again until marriage. What would she do now?

Lord, are you there? Are you listening to me? Is it ok for all these guys to leave just because I say 'no' each time? I am in my final year lord, if Segun puts an end to our relationship, won't I fall into the category of sisters waiting for brothers to approach them after refusing those that

came in their prime? I am so confused! Lord please help me. Please, please...

A month later, Ronke was walking along the sidewalk on her way to her faculty, the Faculty of Social Sciences, when she saw Segun holding hands with a cute lady, on their way to the Amphitheater, barely three days after breaking it up finally! Now, that was the last straw that broke the camel's back. She felt like someone just rubbed salt to her wounds...

She changed her direction back to the Sports Complex, a place of prayer and comfort for so many. She reached the Main Bowl and walked down to the far corner, and then burst out crying, Oh Segun, how could you? How could you? She couldn't take it anymore. Segun was the

third guy that left her because she refused to sleep with any of them. Of the three, Segun was the most promising- a child of God, handsome, with a sense of humor and from a good home.

Lord, why is this happening to me? Why? I love you Lord but I love Segun too! Why did you allow him to leave me, why? If he, your child too, could want to sleep with me, isn't it right to do so? We were going to get married! Lord I am so confused! She began to cry profusely. Then she started to sing and to speak in tongues, because she just didn't know what to say.

Twenty minutes later, she brought out a notepad, the special book she wrote the impressions of the Lord upon her heart in- one of the special ways God communicated with her. She took out a pen and began to write...

"Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body."

1Corinthians 6:18 KJV

"Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy, meditate on these things." Philippians 4:8 KJV

The Lord desires for you to wait till marriage before you have sex, because he knows that sex is sweet only when you wait to marry the right partner.

"If you know how much I love you, Darling Daughter, your heart will not be this weary. Only if you know what I planned for you before the foundations of the world, hence the commandments I laid down in the scriptures- I wanted sex in a relaxed atmosphere for you, one with no shame, no desperation to please or to do difficult things to

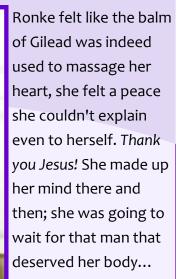
make him stay and not leave, and that can only happen in marriage- a place where he would have already made a commitment to stay with you before enjoying the pleasures of your body. That was why I said it is a sin against yourself, allowing

him to take pleasures from you without the forever commitment to take care of your body, soul and spirit, through thick and thin.

"It is so true according to my word, that I love you so deeply that I call you my daughter. The enemy of your soul hates you so much, hence he has set things in place to weaken your mind and make you feel you need sex now, that you must have it now-pornography, sex adverts, TV series- he polluted everywhere, so as to deprive you of your full blessing.

"But I have given you an escape through my wordyou are only to think of things that are of virtue and praiseworthy- the Bible, edifying books, good films, and you know if they are good or not. Why don't you focus on these things, your mind must not be blank at any point in time. "I have a daughter like you who has saturated her library with books and films made by Christians. Though she is not free from temptation, she is well able to overcome because she recognized my place of escape for her and took it!

"Aderonke, concerning the man you will marry, I have already settled you, wait for him, beloved."



Three years later, Ronke stood at the left hand side of her groom, before the Lord, her Pastor and all witnesses to say 'I do' with peace in her heart and gratitude to the Lord. The wait was indeed worth it. Toba deserved her body of all men she had met. He actually proved it; he was a God lover who poured the same love on her. He always said she was God's daughter and so he had to take care of God's possession! Can you imagine? She couldn't imagine how she would have felt now if she had allowed the other guys to sleep with her.

He deserved the gift tonight, all of me, she thought as the groom removed her veil in preparation for their first kiss.....



rowing up, destiny was one of the most ambiguous words to us in the Christian circle. We heard people

unexplainable force that makes something to happen to people irrespective of their choice, decision, action or desire.

That doesn't describe destiny.

As believers, we should not think of destiny like the world thinks of fate because if you think that way you will accept anything the devil throws your way in the name of destiny. Destiny is not

fate and fate is not destiny. In fact, as far as we are concerned as believers, there is nothing as fate; we only have destinies in God. Every man has a destiny in God.

What then is destiny?

Your destiny is the sum total of the PURPOSE, the PLAN and the WILL of God for your life. What do I

mean by this? Your destiny

includes all of the purpose, the plan and the will of God for you. Your destiny is made up of what God purposed that you should become and do on the earth. It also includes the plan of God for you and what God wants you to do on the earth. Sometimes, the words destiny and purpose are interchangeably used. Also, destiny can sometimes be used to refer to the plan of God for your life or the will

of God for you. My concern here is not the se-

WHAT IS DESTINY?

mention
it, but no one
really seems
understandwas all
destiny
was elusive to us.

I have heard people equate fate to destiny. Fate is not destiny. Fate is like saying, "what will be, will be" irrespective of what you do or what you don't do. Fate is perceived to be an

mantics of those words but to help you get an understanding of what your destiny is.

God has a purpose for your life. He has plans that He wants you to fulfill. When you walk in the purpose, plan and will of God for your life, you are fulfilling your destiny. If you don't, irrespective of how successful you might be, then you are not fulfilling your destiny.

Your destiny is from God and from God alone. Your destiny is not a product of your circumstances and situation. God has a plan for your life. Your problems or the environment in which you were born doesn't determine your destiny. God already predestined you for His plan and purpose long before you were conceived in your mother's womb.

Ephesians 2:10 AMP

For we are God's [own] handiwork (His workmanship), recreated in Christ Jesus, [born anew] that we may do those good works which God **predestined** (**planned** before hand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live].

Ephesians 2:10 NLT

For we are GOD'S masterpiece, He has created us anew in Christ Jesus, so we can do the good things he **planned** for us **long ago**.

Do you see now? Your destiny is from God. Your destiny doesn't depend on who your parents are. It doesn't matter whether they are poor or rich, or if they are believers or not. God determines your destiny and where you were born or who your parents are can't alter it. Each one of us has a destiny in God.

Your destiny is the good life that God prearranged and made ready for you to live Eph 2:10 AMP.









comment

Your destiny is a good life in God. Don't let anyone tell you that you have a negative or evil destiny. God didn't create anyone with a negative destiny. All our destinies in God are good and pleasant ones. It is the lie of the devil and religious misconception as well as unfounded myths that tell people that their destiny is negative or evil. God has planned that you should

live a good life. He is a good God that has destined each one of us to live a good life after the manner of His life. If you have been religiously brainwashed into thinking that the negative things that are happening in your life is your destiny, it is time to spit out that garbage and live the good and blessed life that God has ordained for you.



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estiny is the sum total of God's design for your life. Yes, design! Every manufacturer has a design for his product likewise God has his on you and every individual.

Examples abound of people who fulfilled their destiny.

Abraham did become what God said to him¹; great, blessed, famous and a blessing². He had that promas a shepherd boy to his father's instruction to visit his brothers on the battlefield¹³.

The wailing Prophet had his life laid out¹⁴ even though his abilities seemed opposite15. Jeremiah rose above his limitations and lived out his destiny of crying against his nation¹⁶ by responding to God's instructions¹⁷.

Peter and

They se-

the other disciples were ordinary everyday people¹⁸. Their

walk into destiny was tied to obeying instructions of the nature "follow me..."19, "go into..."20.

cured their destiny when they obeyed the instruction to "tarry..."21, 22.

Saul whom we call Paul confirmed he was set apart from his mother's womb to be a great missionary²³. His effort made him otherwise!²⁴ Then came by the dramatic encounter with specific in-

structions²⁵; the obedience of which saw him living

We have our destiny set aside for us from the

out what he was born for²⁶.

foundations of the earth²⁷; before we were conceived²⁸. We were no ordinary child or ordinary now though we may be seen as such²⁹. We have been born anew to restore us to the default settings and anointed of the Holy Spirit to empower us to be who and what God want us to be. However, we will only walk into this by obeying the father's instructions.

The path to destiny is obedience!

ised seed

which is Christ³. Abraham lived his destiny by obeying God's instructions⁴.

From birth, it was obvious Moses was no ordinary **child**⁵. He arrived this planet with a mission to deliver the Israelites⁶. What a destiny! Though he was trained⁷ and had the passion⁸, the job was still undone⁹. Moses was only able to live his destiny when he started obeying God's instructions¹⁰.

The man loved by God¹¹ and many- **David -was**

anointed for his destiny of leading the people of God¹². He walked into his destiny when he responded



comment

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- Genesis 24:1
- Genesis 12:2-3 2.
- Galatians 3:16
- Genesis 12:1,4
- Exodus 2:2

- Exodus 3:10
- 7. Exodus 2:10
- Exodus 2:11-12
- Exodus 2:15
- Exodus 4:12-17
- Acts 13:22

- 1Samuel 16:12-13
- 1Samuel 17:12-20
- 14. Jeremiah 1:5
- 15. Jeremiah 1:6
- Jeremiah 1:10
- Jeremiah 1:17

- 18. Acts 4:13
- Matthew 4:19-20
- Matthew 28:19-20
- Luke 24:49 21.

22.

- Acts 2:1-4 Galatians 1:15-16
- 24. Galatians 1:13-14
- 25. Acts 9:3-6
- 26. 2Timothy 4:7
- 27. Ephesians 2:10
- Psalms 139:16
- 29. 2Corinthians 4:7



have had to do this run many times, because that's what I do. For some reason today felt different as I bowed my right knee, while sizing up the distance to the finish line, I awaited the whistle. At the sound of the whistle I ran with everything in me. I thought of the drills, wounds, aches and the strain that had got me to this place. I could see the faces of those who couldn't wait to see me fail, the indifference of some onlookers and the loving smiles of my loved ones as they cheered me on. But much more, I realized I had stopped seeing the other competitors; it was just me!

Something in me wanted to break into an early celebration as I figured I had outrun all the others. But the lost. Everyone began to applaud me and I watched words of my coach rang loud in my ears, "Learn to run my loved ones victory dance and even my rivals

past the finish line!" To the amazement of many I doubled my steps, and then it happened.

It was unexpected, but I slipped and fell face down. Mixed feelings gripped me as I wondered how many I will have to contend with, how

many had gone past me and how I will catch up if I stood up and tried again. Then it occurred to me I was trigued after all. I answered in all honesty, "I was told really hurting. I contemplated giving up, but right before me was the finish line and I ventured again, for I

thought, "My pain must amount for something!"



Not bothering to look over my shoulder, I began again and this time I was driven by more. I ran with passion, for the love of the art, for victory; even much more, for my pain.

I noticed everyone cheering but I did not bother to know why, as i just kept running. "Stop! Stop!!" They cried out. Wondering why everyone looked awed and fearing I had broken some rules, worst still that I had



looked at me with respect. For the first time it dawned on me I had won.

Curious, the man to robe me asked why I kept running even when i had reached and past the finished line.

Smiling, I realized the reason everyone looked inby the best that winning begins at the finish line".

comment









he story of the man at the pool of Bethesda is a very familiar story. It is popular for the slackness of the in-firmed man who instead of saying 'yes' to Jesus' question began to beat around the bush. Many claimed he was focusing on his weakness, posing them as an excuse and

Another view of the story shows something more. The man had no help and he needed to first admit same. Notice the Bible records that Jesus saw him and knew how long he had been there. Jesus knew exactly what the man needed





and how desperate he was. Between the time Jesus saw him and his healing was his acknowledgement of his helpless state. This is my port of call.

"I have no man", the in-firmed man said. At that point, he was facing the reality that even if the strength of man could cut it, he had no one. For Jesus, that alone probably translated to mean 'YES! I will be made whole', because He is the One who sees our hearts and hears our thoughts Jesus is our ever present help in the time of even before we speak.

To access our miracles as well as breakthroughs for others around us, we must realize that the secret of our strength comes from us being empty of our own self-effort. We will then realize that there are no boundaries, barriers, or limitations for us because Jesus knows no boundaries, barriers, or limitations.

The I-have-no-man zone is the safest zone for any believer to dwell. It will enable us to fix our gaze on God soon enough;

after all ...vain is the help of man but through God we shall do valiantly after all ...we are instructed to put not our trust in

princes, nor in the son of man, in whom there is no help

after all ...both he that helpeth shall fall, and he

that is helped shall fall down, and they all shall fail together

after all ...it is better to trust in the Lord than to put confidence in man

after all ...men of low degree are vanity, and men of high degree are a lie: to be laid in the balance, they are altogether lighter than vanity And above all ...every man at his best state is altogether vanity. **Selah**

trouble. The one who has numbered all the hair on our head is always mindful of our deepest desires. But He needs us to acknowledge that we have no power of our own; to have the humility of a child-like heart and understand that true strength does not originate with us but with Christ who lives in us.

We can do all things through Christ who strengthens us and that strength is made perfect in our weakness. Without Him, we can do no -thing. comment

So let some trust in Chariots and leave others to trust in Horses but we will remember the name

of the Lord our God. He knows about all our struggles and he hears us even before we speak. Such unspeakable Love!



Every grown up man/woman today was once a teenager. It is an inevitable phase in everyone's life. It cannot be skipped, jumped or deleted.

een-hood is an inevitable passage into adulthood, so we sensitize today's teenagers about the importance of this particular phase of their lives and how to maximise it because it has a whole lot to do with what their future will look like.

Every child within the ages of 12-19 is a teenager,

irrespective of the stature, look or weight. Don't let your stature make you feel too high or less of yourself.

Dear teenagers, this stage of your life is very crucial to your future because at this stage of your life, your mind becomes more

active than be-

fore; you gradually begin to build up your own ideas, views and attitudes about life. Such ideas and views gradually build up a new attitude in you, either good or

bad, and they determine your sense choice and decision. Now check out the equation;

YOUR VIEWS, IDEAS + NEW ATTITUDES = YOUR CHOICE AND DECISION = YOUR FUTURE.

Permit me to tell you that the things you expose your mind to through what you see, hear or read determine your new ideas, views and attitude, and they all determine your future.

For instance, if all what you mind to as a teenager now are books, music, videos and television programmes that place too much value on money, sex and fame, don't be surprised when you find yourself having a strong desire for such things. As a matter of fact, such things become your driving force in life. No wonder there are many youths today who despise hard work and honesty, but will rather do anything to get money in order to impress people. This is because they got exposed to such ungodly lifestyle through

<u>Maximizing</u> Teen-hood

Ibukun Abraham



what they watch, read or listen to. And now they have developed wrong value system which is now affecting their ways of life. Mind you, many of those celebrities you watch or

read about are fake, as fake as the makeup they wear. They make you feel life is all about money, fame and sex, but meanwhile, deep inside them, they are unfulfilled and unhappy. Therefore, be careful of what you watch, read or listen to. To balance the equation of life, check out this complete formula;

WHAT YOU SEE, READ AND LISTEN TO =

WHAT YOU SEE, READ AND LISTEN TO =
YOUR IDEAS, VIEWS AND ATTITUDE AS A

TEENAGER.....Equation 1

YOUR IDEAS, VIEWS AND ATTITUDE = YOUR
CHOICES AND DECISIONS AS YOU GROW INTO

ADULTHOOD....Equation 2

YOUR CHOICES AND DECISIONS = YOUR FUTURE

AS A FULLY GROWN

ADULT.....Equation 3

Here are my questions for you;

What kind of future do you desire for yourself?

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things you consistently expose your mind, sight and ears too?

Are the things you watch, read and listen to



helping you to build good ideas, views, and attitudes as a teenager?

Ponder deeply on these three questions and be sincere in your answers to them. This stage of your life cannot be skipped, neither can it be repeated. You have just this one life to live, and either you like it or not, we all are products of our yesterday's choices and decisions. Bear in mind that those choices and decisions were also a result of our ideas, views and attitudes that we developed while growing up as a teenager. Never forget that those ideas, views and attitude were not inborn, they were a result of what we exposed our mind, sight and ears to (maybe videos, real life events, television programmes, novel, discussion, magazine, social media, etc.).

Till next edition, ponder on these things and begin to make every necessary correction before it's too late. Life is a fertile field; it gives back to you in multiples whatsoever you plant in it. What are you planting into your life now as a teenager?

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