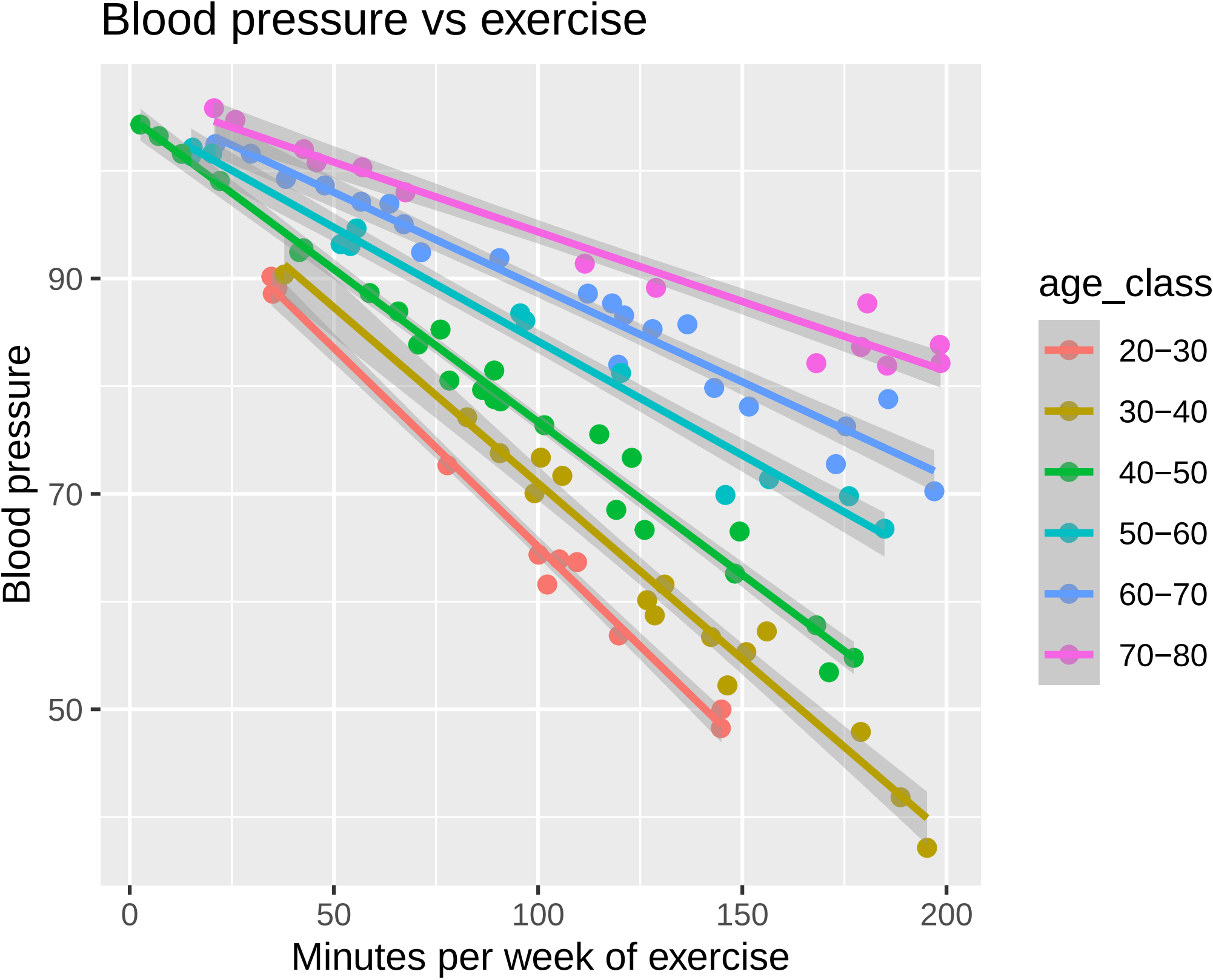
Blood pressure vs exercise
Blood pressure
90
70
50
0
50
100
150
200
Minutes per week of exercise
age_class
20−30
30−40
40−50
50−60
60−70
70−80