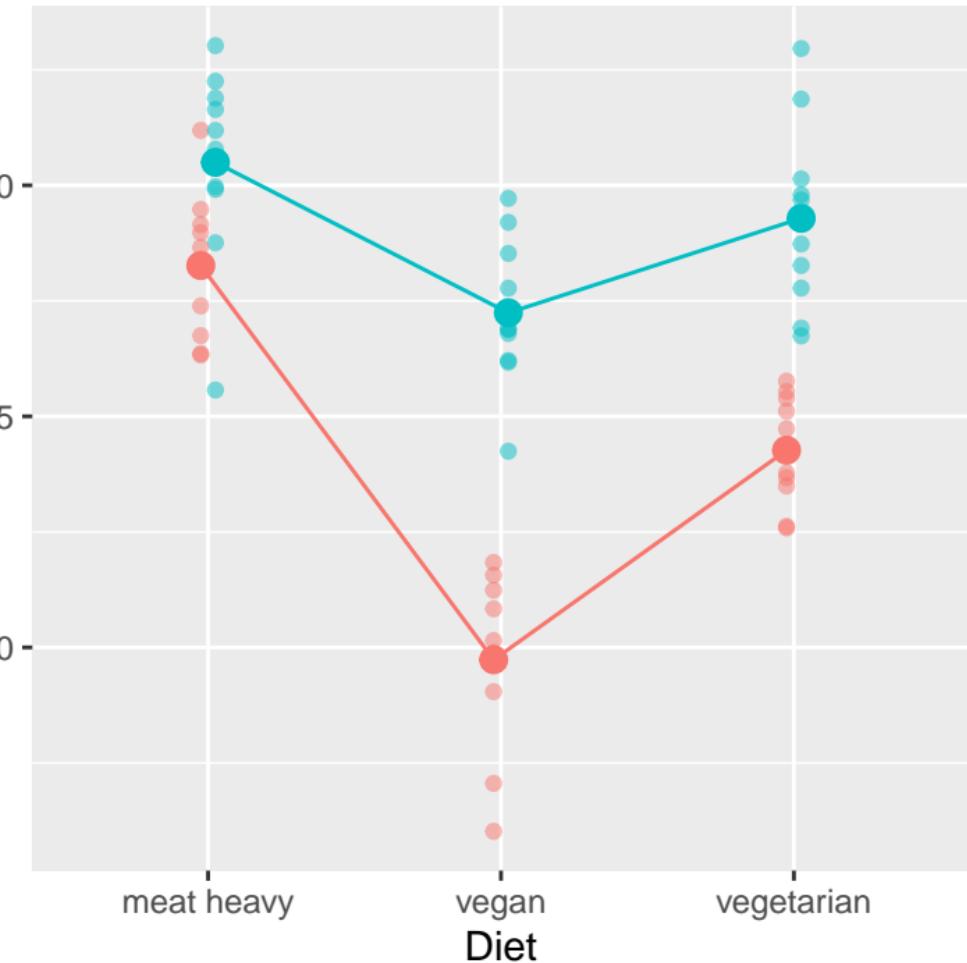


Blood pressure vs diet

Blood pressure



Exercise

- high
- low

meat heavy

vegan

vegetarian

Diet