#### MEDICAL SUMMARY RECORD

Name: \_\_\_\_\_ Age or DOB \_\_\_\_\_ Breed guess \_\_\_\_\_

Altered? Y/N (Per contract, all puppies must be altered by 6 months of age) Rescue ID #				
Initial	5 way vaccine	5 way vaccine		
<b>5 way vaccine</b> Date	Date	Date		
	(sticker)	(sticker)		
5 way vaccine	Bordetella	Snap Test done on dogs over 7 months of age- Circle result:		
Date	Date	months of age- circle result.		
(sticker)	(sticker)	<u>Heartworm</u> +/ - <u>Lyme</u> +/- <u>Ehrlichia</u> +/- <u>Anaplasma</u> +/-		
Next Due Date		Date		

Ivermectin based heartworm preventative (Dogs need this EVERY MONTH)	Flea and tick prevention
	Name of med
Date/s	Date/s
Next due date	Next due date
Wormer dates	Coccidia treatment
Nemex : Drontal puppy:	Toltrazuril dates
Panacur:Allwormer chew:	Dog Food

Rabies shot date (See shelter or vet record)\_\_\_\_\_\_

Treatment notes and additional supplements given:\_\_\_

## **Humane Society Recommended Vaccinations\*\***

- Monthly Flea & Tick Prevention Available online (1-800-Petmeds or PetcareRX and at Petsmart/Petco)
- Monthly Heartworm Prevention Prescription from vet; available online

#### **Puppies & Young Adults:**

- 6-8 weeks: First puppy shot (DHLPP)
- 8 weeks: bordetella
- 11-12 weeks: Second puppy shot (DHLPP) + Corona
- 15-16 weeks: Third puppy shot (DHLPP)
- Multiple dewormings should be completed
- 4 months or older: Rabies shot
- 7-9 months: First heartworm test

#### **Adult Dogs:**

- DHLPP Yearly
- Heartworm Test Yearly
- Rabies 1-3 years (after first two shots)
- Bordetella Yearly

#### It is recommended that adopted dogs are heartworm tested every six months.

\*\* Please be sure to consult with your vet as to the proper vaccinations and vaccination schedule for your dog.

OPH does not give Lyme or Lepto vaccinations to dogs in the rescue organization.

OPH does not conduct blood analysis (unless medically needed for apparent illness) or DNA tests on adoptable dogs.



- A microchip without an enrollment is like a cell phone without service.
- Thank you for taking an important step in your pet's health and well being by micro chipping your pet! But, you must not forget the most important part -ENROLLMENT! In order to get your pet home safe and sound, you must enroll your information in the HomeAgain database— Enroll your pet today, and save \$9.00 off your enrollment!
- In order to receive the discounted rate of \$10.99, you must enroll your microchip by either:
  - Logging in at homeagain.com/chipfurkeeps with the Petfinder Shelter
     ID; VA600, then select "For Pet Parents" and proceed with information.
  - You may also enroll by calling 1-866-802-5650 and providing the Petfinder Shelter ID; VA600.
- Give your pets the protection they deserve give them HomeAgain!



## Heartworm Disease Prevention

It is recommended that you get your adopted dog heartworm tested every 6 months.

#### This Disease Must be Taken Seriously

Heartworm disease is a serious issue for dogs. One mosquito bite could result in this disease being transmitted to your unprotected dog. The treatment is expensive. And left untreated, heartworm is fatal.

#### **Information**

Heartworms are transmitted by mosquitoes and, once mature, take residence in the heart and large vessels of the lungs. If your dog has been recently infected or has a mild infection, it may show no signs of the illness. As the disease progresses your dog may show signs of lethargy, coughing, exercise intolerance, loss of appetite or difficulty breathing. In cats the signs are vomiting, coughing, diarrhea or difficulty breathing.

#### **Facts**

- Puppies should be started on Heartworm preventative by 8 weeks of age (depending on the product being used).
- Dogs should be tested on a regular basis (recommendation by most vets is to be tested yearly)
- Heartworms are parasitic worms that normally live free floating in the right ventricle of the heart and nearby blood vessels.
- The parasites are transmitted from one individual to another by mosquitoes.
- Heartworm is diagnosed with blood tests, and/or X-rays, along with other tests.
- Yes a test result can be a "false negative" or a "false positive"
- Heartworm has been diagnosed in all 50 states and also worldwide. In most areas of the country Heartworm is an important pet health care issue.
- Your pet may have heartworms if he/she exhibits any of the following symptoms: anorexia, weight loss, exercise intolerance, lethargy, coughing.

#### **Prevention**

Monthly heartworm prevention is not only required for all dogs adopted from OPH, but strongly recommended for any dog. Additionally, the American Heartworm Society recommends year-round prevention, even in seasonal areas. In addition to protecting your dog from heartworm, most monthly heartworm preventives have activity against intestinal parasites. Many of these same intestinal parasites that infect dogs can also infect people, so please speak with your vet about the best preventative for your dog.

#### Resources

- https://www.heartwormsociety.org/
- http://www.petsandparasites.org/dog-owners/heartworms/
- <a href="https://healthypets.mercola.com/sites/healthypets/archive/2011/11/22/cheaper-safer-therapy-for-heartworm.aspx">https://healthypets.mercola.com/sites/healthypets/archive/2011/11/22/cheaper-safer-therapy-for-heartworm.aspx</a>

## About your new family member

## First things first...

#### 1. Be Patient

- Every dog in our rescue has a story. They have all been through several transitions prior to entering
  your life. Please be patient with them!! Adjustments into a new home can take a day, a week or a
  month. Each dog is different.
- You should expect it to be 48-72 hours before true personality comes out.
- o The dog may not eat out of fear, uneasiness, or confusion for a day or two. Continue to offer food.
- Transitional behavior problems are common; your dog may be nervous or may bolt away from you or dart out the front door – be prepared for these reactions
- Above all try to find a workable solution. Don't give up without trying different options and reaching out for help.

#### 2. Resources

 We want to provide you with resources to help set your new dog up for success! Please be sure to visit our website, www.ophrescue.org for information about pet ownership.

### 3. Schedule Vet Visit

 You MUST take your dog to the vet within two weeks of adopting. This will ensure your vet looks over the records and recommends additional vaccines, if needed.

#### What do I need?

#### 4. Food

- We recommend exploring healthy dog food brands. Recommended brand names include Blue Buffalo, Wellness, Taste of the Wild, Merck, Nutro and Authority.
- o Look at the ingredient list for each food. If corn, grain and/or chicken-by-product are the first two ingredients, then the nutrition quality of the food isn't great.
- Wet vs. Dry Food ~ Many people will decide to only feed their dog dry food, which is perfectly
  acceptable. Mixing in wet food is great for dogs that may not receive enough water from eating just dry
  food.
- Your dog may have loose stool when transitioning to a new food. If you encounter this, add chicken and rice (boiled human version) to their diet to help transition. If they don't seem interested, add wet food or chicken to their food to encourage them to eat. If the problem persists beyond the first 24 hours (or is accompanied by vomiting or diarrhea) then let us know and contact a vet. If you do not contact us, we cannot help in problem solving.

#### 5. Dog Collar

- Whether you want a plain or fancy variety collars are important and will be an item you use daily. It is important to pick out a collar that will fit and be comfy for the dog.
- Experts recommend a space between the dog's neck and the collar to be at least 2 fingers wide. The dog collar should never be too loose or too tight. Take your dog when you buying a collar.
- Consider a dog harness for larger dogs or dogs who pull while on walks.

#### 6. Dog leash

- When selecting a leash, it needs to be strong enough to hold your dog. Both retractable leashes and regular cloth leashes are good options.
- o Additionally, many stores sell leashes that are clearly marked with the breeds the leash is suitable for.

#### 7. Grooming accessories

- Just like us, dogs need grooming too! The grooming accessories will vary by breed. If you have a dog
  that will need relatively little grooming, that is with a short coat, then you will need only a basic toolkit,
  which includes dog shampoo, a toothbrush and toothpaste, and basic dog brush.
- We also recommend including salmon oil or other vitamin supplements to increase the shine in your dog's coat and to reduce itchy skin for dogs (especially in the winter or for dogs who like to swim!).

#### 8. Bones

 Every dog should have milk bones, rawhides or nylabones to chew on. These will help if they are teething, will help with the dental care of your dog, and will occupy them if they are destructive in the home.

#### 9. Dog beds and crate

 Dog beds and crates are great for dogs. It gives the dog a 'retreat' and they will value having their own comfy space where they can go when cold or sleepy. Crates are wonderful for housetraining!

#### 10. Dog toys and treats

- Most dogs love playing, and just like children, love their toys! It is especially important if you are away for long periods of time that your dog has something to play with. It's best to give them a variety of toys as this will keep them occupied and away from your flip flops and slippers!
- Treats and toys should be both age and size appropriate for your dog. If the toy is too big, the dog won't be able to play with it. Toys can also be used to train and challenge your dog!

#### 11. Heartworm Prevention and Flea Prevention

- Ensure your new dog receives monthly flea/tick prevention and heartworm prevention. Flea prevention is available at Petco, PetValu and online at discounted prices at PetCareRx, Entirely Pets, and 1-800-Pet-Meds.
- You need a prescription to buy heartworm prevention. It is available through your vet or the online sites with proof of a prescription.

## 12. Shopping

- Websites we recommend for your dog! There are great deals out there –
- o Entirely Pets, 1-800-Petmeds, PetCareRx, Jeffers Pet Supply, and www.budgetpetcare.com.
- o Coupons for these various websites are available on the internet retailmenot.com, coupon cabin, etc.!

## **Training**

### 13. Manage Behavior

- Dogs are pack animals, so you should be the leader in their eyes. As their leader, you should set them
  up for success... not failure. So look around and "puppy proof" your home. Don't leave out shoes or
  other items they may try to chew on. Don't leave your new dog unattended in the home.
- When you are unable to supervise them, confine them to a crate, kitchen or other secure area.
- o Keep them on a leash to avoid them darting in front of a car or running to chase a neighbor's cat.

### 14. Chewing

- Providing your puppy with approved chewing opportunities will help to eliminate the chances for him/her to chew things they shouldn't. Anytime your puppy is left in a crate or secured space, it should have a chew toy available to keep it busy.
- o If you do catch your dog chewing, make an "aagghhtt" sound and remove the object from the dog (or the puppy from the object if it's something large like a piece of furniture). Immediately provide a suitable substitute for the puppy to chew on and praise the puppy for chewing the approved object.
- Taste deterrents such as Bitter Apple can be used also. These will leave an unpleasant taste in the puppy's mouth and discourage it from chewing that object again.
- You can also use a Kong and stuff it with all natural peanut butter for your puppy to chew on. You can
  freeze the Kong, adding longer lasting mental and physical stimulation for your puppy. The cold will also
  help ease the pain of teething.
- Puppy proofing a house should be very similar to child proofing a house!

#### 15. Potty Training

- Have a routine for your new dog to ensure a smooth transition for potty training. Be consistent at all times. Pick a place where you would like for the dog to go potty and when it's time to go out, go to that spot, on leash, and stand quietly for 10 minutes waiting for the dog to go to the bathroom.
- o If after about 10 minutes he/she does not eliminate, take him/her back inside without saying a word and wait about 10 minutes and then try again. The first few times it may take a while. Be patient.
- Once he/she does go CELEBRATE and offer a treat. Once the dog consistently goes to the spot, incorporate the word "potty" to associate the word with the action. You can do this by simply saying "good potty" to the dog the second he/she starts to eliminate. You must praise/treat right after the potty is done.

#### 16. Exercise

- Getting your puppy the proper amount of exercise is imperative. If your dog is bored they will get
  into trouble. Because they are pets, they depend on <u>You</u> to ensure they are exercised.
- Exercise is crucial for high energy breeds such as labs, hounds and terriers as these dogs were bred to do a specific job. Feeding this need for stimulation will help your puppy act in a more appropriate manner in the house.
- Exercise can come in many forms or fashions but it's important to know what is actually stimulating him/her and what is not.
- Use your imagination and we can't stress enough the importance of making sure he is both physically AND mentally exhausted. Chances are if you're not tired, neither is your dog!

#### 17. Crate

Crating your dog while you are away from home can be scary for new adopters. Most foster dogs
are crated while the foster is at work. We do this to help the dog transition into the home of
families who need to use crates and to ensure the dog's safety while we are away. Here are some
great tips! <a href="http://www.raisingspot.com/intro-crate-training">http://www.raisingspot.com/intro-crate-training</a>

#### 18. Cat Introduction

- o Introducing dogs and cats should be a slow process. Please consider reviewing these materials for suggestions.
- https://www.americanhumane.org/fact-sheet/introducing-dogs-to-cats/
- o https://www.wikihow.com/Make-a-Cat-and-Dog-Get-Along

#### 19. Resources

Google and YouTube have great resources available!

#### Records

#### 20. Records

Make copies of your records – many dogs have eaten records!

## **Expenses**

- 21. Be prepared for these costs following adoption
  - Vet Visit Office fees range from \$35 \$75
  - Heartworm preventative for 1 year
  - o Flea preventative for 1 year
  - Most vets will also recommend a fecal examination to ensure there are no residual worms
  - Many states and counties require you to register your dog and will charge a fee for such registration
  - o Additional vaccinations outside the scope of what OPH provides Includes Lyme and Lepto
  - Activate your microchip This is well worth it in case something spokes your new companion
  - Dewormer we do deworm your dog, but many dogs require multiple cycles of dewormer

### Other Resources for Children & Parents

- You can buy the Doggone Crazy! board game, Dog Detective e-book, printed story books, coloring books, stickers and body language flashcards at www.DogGoneSafe.com.
- O May I Pet Your Dog? The How-to Guide for Kids Meeting Dogs (and Dogs Meeting Kids) by Stephanie Calmenson teaches children in pre-school through second grade when and how to approach a dog.
- o The website www.LivingWithKidsandDogs.com offers all sorts of useful information for parents, as well as a link to order the book Living With Kids and Dogs...Without Losing Your Mind by Colleen Pelar.
- o If you are expecting a baby, look at http://www.DogsandStorks.com to find answers for many of your questions and concerns. This is also a great site if you have an infant or toddler at home.

#### Pet's Health

OPH and our shelter and rescue partners do not knowingly transport or adopt out a dog that is sick, injured or aggressive. There are several ailments, illnesses, and viruses that can take hours, days, and even weeks to display symptoms. A few of these ailments include parvo, kennel cough, intestinal parasites, worms and mange. Many times, the stress of transport, a new schedule and/or a new environment can cause the undetected health issues to begin to show symptoms. OPH is committed to providing the best care we can for all of the dogs we rescue. Basic vaccines and deworming are provided prior to transport (unless health or age prohibit such actions) and we provide additional deworming, vaccinations, parasite treatment and probiotics for every dog that arrives in our care. If a serious health issues arises, we ask that you contact us so we can provide guidance and contact the shelter or location where the dog came from. We encourage you to read the "Guide to New Arrivals" that we provide as well as read up on common ailments. We cannot give you prescription meds and we cannot reimburse for your vet bills.

As the new owner, if problems arise, you understand that Operation Paws for Homes cannot help you if we are not informed of the problem. It is the responsibility of the new owner to provide medical attention and maintenance vaccinations if/as necessary, as well as all preventative care required such as grooming, teeth cleaning, nail trimming, flea and heartworm preventative. We are happy to provide recommendations to the extent we are able.

#### **Parasites**

Dogs and Puppies do have parasites sometimes. These can be picked up in most outdoor environments. We treat for common parasites a soon as possible once they enter our care. However, one deworming may not be enough. Some veterinarians suggest that 90% of puppies have some form of parasite. The percentage is lower in adult dogs but they do fall victim as well. A 2<sup>nd</sup> or 3<sup>rd</sup> treatment is often needed to kill off the hatched eggs the first deworming did not eliminate. The most common parasites that we see are roundworms, whipworms, tapeworms, hookworms, coccidia, and giardia. Most of these parasites can be eradicated with an over the counter medication called Panacur (It has other names as well but the generic is Fenbendazole). It is sold in most pet stores and can be ordered online <a href="https://www.chewy.com/s?query=fenbendazole&nav-submit-button="htt

#### **Return Policy**

You are required to contact OPH if you are unable or unwilling to keep the dog you adopted. You have signed a legally binding contract that requires you to contact us prior to rehoming the dog on your own or turning the dog into a shelter. Failure to comply will result in legal action and/or we will levy a fine. We take this seriously as we work hard to save each dog and promise them the best life.

#### **Adoption Costs**

The adoption fees associated with adopting one of our dogs allow us to rescue and save many more dogs in need. OPH pays a fee for every single dog we bring into our rescue. These fees include, but are not limited to, vaccinations, deworming, parasite treatment, spay/neuter, surgery and basic care for each dog. The adoption fee is important as we must provide the best care possible to each dog and we want to support the shelters and organizations we work with in the rural areas. These fees also help us to pay for quarantine, boarding, transportation and urgent care for dogs when necessary. Please understand that all money spent by you in the form of the adoption fee is used to save more dogs and to provide the care and treatment of each dog in the rescue.

## Nutrition & Foods to Avoid

**Toxic Foods** - Common household food and items that dog should never be allowed to ingest.

Toxic Items to Avoid		Notes and Comments	
•	Chocolate/caffeine		
•	Onion	Be very careful with onions!	
•	Mushrooms		
•	Grapes/raisins	even a handful can have effects	
•	Broccoli	in large quantities	
•	Coffee, Coffee Grounds, Tea, Soda	whom ford required	
•	Raw fish	when fed regularly small doses results in toxic effect	
•	Nutmeg	Small doses results in toxic effect	
•	Sugar-free foods		
•	Baby food with onion powder	large doses of iron can cause severe damage	
•	Human vitamins with iron	large doses of from earl eduse severe damage	
•	Macadamia nuts	poultry bones splinter and can cause several damage	
•	Poultry bones	all parts of the avocado and avocado tree are toxic	
•	Avocado		
•	Several plants and flowers!!	Plant info: <a href="http://www.entirelypets.com/toxicplants.html">http://www.entirelypets.com/toxicplants.html</a>	

<sup>\*\*</sup> This list is not inclusive.

The list was created from information on the following websites: <a href="www.peteducation.com">www.entirelypets.com</a>. Another great resource: <a href="http://www.aspca.org/pet-care/poison-control/">http://www.aspca.org/pet-care/poison-control/</a>. Please visit their sites for more complete information on toxic foods for dogs.

visit their sites for more complete information on toxic roods for dogs.

**Vitamins & Probiotics** – We highly recommend including vitamins and probiotics in your dog's diet. **Bactaquin** Digestive Health Supplement and **Forti Flora** Supplement are two probiotics we use in the rescue.

Nutrition - Resources with information on dog food, treats, and alternative foods for the health and care of your dog.

- When changing foods, use boiled chicken and rice together to help transition from one food brand to another. It cuts down on loose stool and helps the dog transition.
- To check out how dog foods stack up against each other nutritionally we recommend this website: www.dogfoodanalysis.com
- Dog Food ratings: http://www.the-puppy-dog-place.com/dog-food-ratings.html
- How much to feed: http://www.dogbreedinfo.com/feeding.htm.
- Nutritional information about dog food, explanations of dog food ingredients, and an up-to-date list of dog food recalls: <a href="http://www.dogfoodproject.com">http://www.dogfoodproject.com</a>
- Nutritional comparisons for dog food brands: <a href="http://www.the-puppy-dog-place.com/dog-food-comparisons.html">http://www.the-puppy-dog-place.com/dog-food-comparisons.html</a>
- **Supplements**: Dogs with itchy skin may suffer from a lack of nutrients, flea bites or a compromised immune system. Improper diet and fleas contribute to problems. Consider adding supplements to your dog's diet such as multi-vitamins and salmon oil: http://www.stopdogitching.com/dog-supplements.html
- Recipes for dog food and treats: <a href="http://recipes4gourmetdogs.com">http://recipes4gourmetdogs.com</a>
- All natural dog foods and treats: <a href="http://dish.allrecipes.com/homemade-pet-food/">http://dish.allrecipes.com/homemade-pet-food/</a>

## **FUN PLACES TO GO WITH YOUR NEW FAMILY MEMBER**

## **V**IRGINIA

AttractionLocationInfoMt. Vernon EstateMt. VernonMust be leashed.

Great Falls National Park
Bull Run National Park
Shirlington Dog Park
Great Falls
Malking trails, must be leashed
Walking trails, must be leashed
Walking trails, must be leashed
Has a lazy river for dogs!

Baron Cameron ParkRestonDog park, fenced, sectioned by dog sizeShenandoah MountainsLurayGreat hiking trails; must be leashesPulce St. Dog ParkAlexandria

Duke St. Dog Park Alexandria Fenced area

Vienna Dog Park Vienna Fenced areas with agility activities More Dog Friendly Attractions: <a href="http://www.dogfriendly.com/server/travel/quides/att/attstateVA.shtml">http://www.dogfriendly.com/server/travel/quides/att/attstateVA.shtml</a>

#### WASHINGTON D.C.

<u>Attraction</u> <u>Info</u>

C&O Canal Towpath

Capital Crescent Trail

National Arboretum

Rock Creek Park

Capitol River Cruises

Caniton Marina - Doggy Happy Hour

Helix Lounge - Doggy Happy Hour

FDR Memorial

184 mile path, must stay leashed.

Walking trails, must be leashed.

City park, must be leashed.

Water tour of DC for both of you!

Select Mondays from 5 to 9 p.m.

Select Wednesdays from 5 to 8 p.m.

FDR Memorial Outdoor memorial, must be leashed. Gangplank on the Potomac Cruise, must be leashed if off the boat.

National Mall

Must be leashed.

We The Dogs of DC

https://www.wethedogsdc.org/twopawsup?fbclid=IwAR3 c6rfC9q9-

We The Dogs of DC <a href="https://www.wethedogsdc.org/tv577zD0ysueGYyPbmWoPTI9kweCEhkQolJnRTiieyARv2s8">https://www.wethedogsdc.org/tv577zD0ysueGYyPbmWoPTI9kweCEhkQolJnRTiieyARv2s8</a>

#### **MARYLAND**

Attraction Location Quiet Waters Park Annapolis Dog park, fenced, off the leash. https://baltimore.org/info/latrobe-park Latrobe Park Baltimore Hersh's Baltimore https://hershs.com/ Checkerspot Brewing Baltimore https://www.checkerspotbrewing.com/ Chesapeake Bay National Park Park, must stay leashed. Annapolis Gaithersburg Dog Park Gaithersburg Dog park, fenced, off the leash. College Park Dog Park College Park Dog park, fenced, off the leash. John G. Lancaster Park Lexington Park Dog Park, fenced, off the leash. Canton Dog Park Baltimore Dog park, fenced, sectioned by dog size. Hard Times Café & Café Nola Frederick Dogs can join you in outdoor seating section!

#### **PENNSYLVANIA**

<u>Attraction</u>	<u>Location</u>	<u>Info</u>
Aldus Brewery	Hanover	http://www.aldusbrewing.com/phone/index.html
Bethlehem Dog Park	Bethlehem	Dog park
Gettysburg National Park	Gettysburg	Civil War Military Park
Beau's Dream Dog Park	Lancaster	Dog park with pool

Dog Friendly Attractions in Pennsylvania: https://www.bringfido.com/attraction/state/pennsylvania/

Great overview of dog friendly places: <a href="http://www.ecoanimal.com/dogfun/pennsylvania.html">http://www.ecoanimal.com/dogfun/pennsylvania.html</a>

Hiking Trails in PA that are dog friendly: <a href="http://www.hikewithyourdog.com/States/Pennsylvania.html">http://www.hikewithyourdog.com/States/Pennsylvania.html</a>

Another great PA resource for dog friendly locations - http://www.dogster.com/local/pa

#### **General sites:**

<u>Hiking with Your dog: http://www.hikewithyourdog.com/</u>
<u>Traveling with Your dog: http://www.dogfriendly.com/</u>

Multifunction Resource for Bringing Fido with you: http://www.bringfido.com/

Don't forget your dogs are always welcome at Petsmart, Petco and other pet resource Stores! It is a great way to socialize for the four legged-friend in your family.

~~~ Are we missing your favorite dog spot? Please send us an email and let us know so we can share with other OPH dogs!

<sup>\*\*</sup> More DC Locations to visit: https://www.bringfido.com/attraction/city/washington\_dc\_us/

<sup>\*\*</sup> Additional Maryland Dog Parks: <a href="http://www.dogfriendly.com/server/travel/quides/dogpark/dogparkstateMD.shtml">http://www.dogfriendly.com/server/travel/quides/dogpark/dogparkstateMD.shtml</a>
Dog Friendly Attractions in Maryland: <a href="https://www.bringfido.com/attraction/state/maryland/">https://www.bringfido.com/attraction/state/maryland/</a>

## Pet Insurance

It's an easy decision when you bring home your two-legged bundle of joy- all the routine doctor visits, and the vaccines and sick visits, you wouldn't consider going a week into your precious bundle of joy's life without medical insurance. So when you bring home your furry bundle of joy from the adoption event, why would that be any different?

There are an estimated 78 million furchildren in the United States, and each day, on average 50,000 of those families spend around \$250 on a vet visit- and that is a routine, scheduled visits! The average "emergency room" visit for a dog costs 25,000 families a whopping \$650 a day and the numbers only go up from there!

In 2009, only 5 million pets in the United States were covered by some form of insurance. In 2011 the number of pets jumped to nearly 12 million and in the last two years, that number has continued to increase by roughly 20% each year! But, like insurance for your family, it can be difficult to navigate, difficult to understand, and downright frustrating.

There are companies that ask for monthly stipends from as little as \$5.00 ranging up to \$100.00 a month- all offering a variety of coverage and included services. No one company stands out from the rest; rather each company offers different costs and benefits. The smaller stipend plans offer basic healthcare coverage, while you pay most of the additional expenses; while some of the more costly options pay nearly all of the expenses and reward you for things like vaccination upkeep, spay/neuter of covered pets, routine healthcare upkeep. Much like with insurance for humans, the right option for your pet is dependent on what your home budget allows, as well as your personal choice on the topic.

We don't advocate for one company or another, but many of our fosters and adopters find that having pet insurance has taken a burden off their backs when it comes to having funds available for the emergent needs when your pup devours a towel or is injured at the park, or in some cases, for just good old fashioned routine care!

One slip on the ice can result in a substantial injury costing you \$2,000 +. Large medical issues can be costly and pet insurance can help pet owners in planning and preparing for accidents and health problems that come later in a dog's normal life.

We encourage you to consider the purchase of a policy that would help you and your wallet - making ownership of a pup that much more eniovable!

Compare the offerings of various companies at Reviews.com - http://www.reviews.com/pet-insurance/ Here are some options to consider:

- Embrace http://www.embracepetinsurance.com/
- PetFirst www.petfirst.com
- VPI Pet Insurance <u>www.petinsurance.com</u>
- 24 Pet Watch www.24petwatch.com
- ASPCA Pet Insurance www.aspcapetinsurance.com
- Trupanion www.trupanion.com

## Help Us Help More Dogs!

#### **Amazon Smile**

Do you use Amazon to shop? Did you know you can shop and support OPH at the same time? Adding OPH to your shopping trips is easy. For Amazon, simply go to - http://smile.amazon.com. Select "Operation Paws for Homes" as your choice of Charity. Then shop! It's literally that easy and you can get done shopping and know you helped to save dogs at the same time.

#### **GoodSearch**

OPH has joined over 100k other non-profit organizations and schools on GoodSearch. GoodSearch is a search engine, powered by Yahoo, that donates a penny per search to a designated cause. Designate Googsearch.com as your primary search engine and start contributing to the rescue, rehabilitation, and placement of dogs in need, one search at a time!

Select "Operation Paws for Homes" as your cause: GoodSearch.com

With your iGive account our dogs will receive a donation every time you shop at over 1,000 online stores, including Crate and Barrel, Buy Buy Baby, Petco, Toys R Us, and over 1,300 more.

Select "Operation Paws for Homes": https://www.igive.com/welcome

#### Chewy.com

Order your food with Chewy and they'll proudly donate \$20 to Operation Paws For Homes Rescue

- -Huge selection of pet food, treats and supplies.
- -Fast, free shipping
- -24/7 customer service
- -Save 20% off your first order

Don't forget to use our special link when you place your order.

https://www.chewy.com/rp-resources/2487

Support us simply by walking your dog! Use the app each time you grab for the leash. It's healthy for you, your dog, and OPH. The average donation is 25 cents per mile. Find Operation Paws for Homes listed under Alexandria VA, Baltimore MD, Hanover PA and Washington DC.

Visit - http://www.wooftrax.com/ and select "Operation Paws for Homes"

## Dogs and Children

Dogs and humans speak different languages, and nowhere is this difference more clear than when kids and dogs get together. Signs of affection from kids — hugging, kissing, playing dress-up, sharing a blanket — can make dogs feel threatened. Dogs also often feel unsafe around the high-pitched voices and quick, unpredictable movements that are so natural to children. Dogs express their discomfort through signals that people often don't recognize or understand. This can lead to a bite or nip that is not a child's or dog's fault, but rather our own.

If you're a parent, you love your kids and your dog, and want them to become happy companions. If you're a "pet parent" without kids in the home, you want your dog to develop good relationships with children who visit, as well as those you meet in public.

## Key points to remember:

- Learn to read your dog's stress signals. If your dog isn't enjoying your child, it's time to intervene.
- Carefully supervise all play between your child and dog. Being in the same room with them isn't enough.
- Recognize that when your dog growls, he is warning you, in the best way he knows how, that he is overstressed and needs your help.
- Remember that the same dog that loved your baby may not be as comfortable when that same baby is a toddler, young child, or teenager.
- Keep in mind that sometimes, it's best to put your dog in a separate area <u>before</u> your children's friends arrive, so that your dog isn't revved up by the loud noises and sudden, quick movements that ensue.

## Even a "Good Dog" Can Bite

Head lowering or turning, a tucked tail, moving away, lip licking, shaking off (as if wet), yawning or a half-moon eye (white arc around the iris) are all messages from your dog that he is stressed and needs to get away. When we miss their signs of distress, our dogs may end up growling to let us know that they have had enough.

Punishing a growl won't protect your child. Rather, it will teach your dog to bite without a growled warning!

Parents are typically surprised to learn that most dog bites to children occur when parents are in the same room. We don't notice that what we think of as cute is stressful for our dogs. We miss the signs.

But even "good" dogs will bite if no one is helping them and they see no other way out. Supervise interactions and intervene early. Let your dog escape to a "safe" place before he feels a need to protect himself.

### **Tolerance vs. Enjoyment**

Your dog, especially if he's mellow, may tolerate some of your child's more rambunctious antics. But when your child chases, falls on, picks up, hugs or grabs your dog, most dogs don't enjoy it. Unless your dog is enjoying, not just tolerating, the interaction with your child, it's a good idea to separate the two. Likewise, when your child has had enough of your dog's nipping, jumping or licking, give your child somewhere safe to go.

Make sure their time together is happy, and give them a break before your child is upset or your dog is stressed.

#### Conditioning is not a guarantee

Some parents have tried pulling tails, ears, and bumping into dogs to prepare them for children. Not only is this unfair to your dog, it also doesn't guarantee that your dog will tolerate children doing the same. Your dog has a unique relationship with each person; so, focus on building a good relationship between your dog and your child.

Teach your dog to associate your child with good things happening by giving your dog special treats when your infant or toddler is around. Teach your school-age child how to gently offer a treat and make sure your children have activities of their own, even though your dog is in the same room.

## Good intentions are not enough

Many children mean well when they're with your dog, but that's not enough. Your dog can be unhappy when children do things that are uncomfortable—like hugging, kissing, patting the dog's head, going into his crate, or lying down on him. At home and in public, help children who run up to your dog learn what your dog likes and how to read his signals. Encourage them to pet your dog on his chest or under his chin, and then only if your dog approves. Teach them that if your dog backs away or looks away, it's time for a nice goodbye. They may even be pleased that they have learned some "Doglish".

## Teens can be as tough as toddlers

Your field of vision has to grow as your child does. Even if your dog was fine around your baby, when that same child begins crawling, walking and falling, it's a new ballgame. Young children and teens present their own set of dangers, like riding bikes, throwing balls, having friends over, and running around the house. Just because your teen has grown up with dogs and can reason (kind of) doesn't mean that he won't do mindless things around your dog.

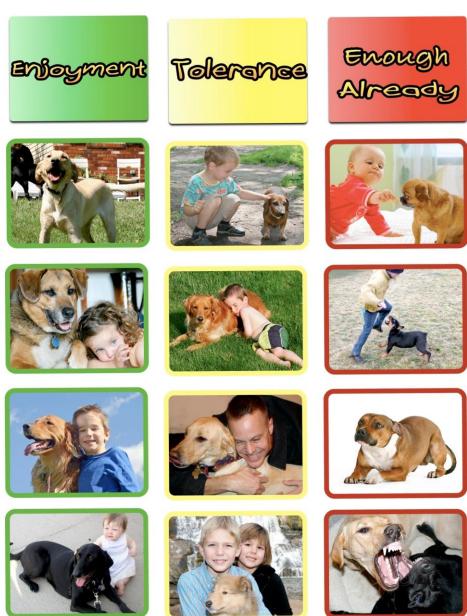
And when your children's friends come over, it may be best to separate your dog from the chaos by putting him in his own space with a stuffed Kong or interactive toy before those friends arrive.

## Supervision is critical

Supervision means more than being in the same room with your child and dog. Paying attention to what goes on, and letting your dog escape when he needs to, will help your child and dog learn how to enjoy each other. Children and dogs can build memories together that last a lifetime, but they can't do it without your guidance and support.

## **Enough Already**

The chart below is presented, with the kind permission of its author Colleen Pelar. Notice the different body language in each column, and remember that if your dog is tolerating, rather than enjoying, your child at that moment, it's time to help your dog escape before things escalate. Be safe, rather than sorry.



## Canine Blood Donor Program

#### BLUE RIDGE VETERINARY BLOOD BANK

120 EAST CORNWELL LANE PURCELLVILLE, VA 20132 1-800-949-3822 WWW.BRVBB.COM

Could your dog be a life saver? Canine Blood Donor Program Information

#### Could your dog become a life saver?

A donation of blood means giving the gift of life to an animal that is sick or injured. The demand for blood products continues to increase, and we need the help of willing canine volunteers to meet this need. Give you dog a chance to be someone's hero. We are the largest veterinary blood bank and our standards are providing the leading edge for the industry. Our canine donor base consists of ALL volunteer donors – no cages or no compounds of caged dogs! Just real dogs living in real homes that make periodic visits from your loving homes, into the hands of our specially trained and caring staff.

#### Why do dogs need blood transfusions?

Dogs may need blood transfusions for different reasons. Your dog's blood is made of red blood cells, white blood cells, platelets and plasma. Blood can be separated into these various components so that the specific transfusion needs of your dog can be met. The most common transfusions involved the use of red blood cells or plasma. Red blood cells are used in the treatment of anemia (low red blood cell count), following an accident or during surgery when blood is lost, when your dog's body cannot produce enough red blood cells by itself or when diseases cause the body to destroy its own red blood cells.

Plasma contains proteins or enzymes which help to clot the blood. It can be used to treat bleeding due to liver disease or bleeding seen with the accidental ingestion of rodent poisons. Plasma is also used when the protein or albumin of the patient becomes very low. Another component of plasma, cryoprecipitate, is used in the treatment of hemophilia or in other inherited bleeding problems.

#### Do dogs have blood types?

Blood types are determined by molecules 9proteins and carbohydrates) on the surface of the red blood cells. Dogs have at least six characterized blood types, also known as dog erythrocyte antigens (aka DEA). The antigens are DEA 1.1, 1.2, 3, 4, 5 and 7. The blood type considered most important in dogs is DEA 1.1. Dogs can either be negative or positive for DEA 1.1. Dogs that are negative for DEA 1.1 and the majority of other blood types are considered "universal" blood donors. Dogs that are positive for DEA 1.1 can only give blood safely to dogs that are also DEA 1.1 positive. The majority of dogs are DEA 1.1 positive and only a SMALL percentage of dogs are "universal" donors.

#### Donor dogs must be:

- Healthy and happy
- Greater than 35lbs
- Between 9 months and 7 ½ yrs of age.
- Able to lay still for 10 minutes (with help)
- Up to date on rabies and dhlppcv
- Current on monthly flea/tick heartworm preventatives year round
- Not on any long term medications (exceptions apply)

#### What is a donation like?

Our donors come in once every 5-7 weeks to donate blood. We ask that families that decide to join the program commit to 5-8 donations a year. Some families that come see us every 6 weeks donate in upwards of 9 times a year! We use the same equipment that is used in human medicine. Blood is collected from the jugular vein and takes between 5-10 minutes. We take between 225mls and 450mls depending on your dog's size and temperament, which equates to 1-2 measuring cups. After the collection the dogs get lots of treats and praise as well as a high energy meal. The total time your dog spends with us is about 20 minutes!

#### What happens to the blood?

After the whole blood is collected, it is spun in a centrifuge to separate the red cells from the plasma. We can process two units of packed red blood cells and plasma from one 450mls donation. This means a single donation could potentially help save 4 dogs! Packed red blood cells can be kept refrigerated for 5 weeks and plasma can be kept frozen for 1-5 years.

Since we make such a large investment in your pet to screen and qualify them as a donor, we ask that you make the commitment to volunteer donations consistently.

We can't say Thank You enough; we would not be able to do it without each and every one of our LIFE SAVERS!

## It's Yucky, but it's a Fact of Puppyhood!

## Remember - Worms can kill so be prepared.

Puppies and worms.... Not exactly what you thought you would be reading about right?! Well, unfortunately puppies are prone to worms and its best to be prepared. Operation Paws for Homes provides this information to you for educational purposes. Not all adopters are keenly aware of the risks associated with worms in puppies. To help out our adopters, we provide the following facts about worms and puppies:

- 1. Almost all puppies have worms. They are born with them or the worms are transmitted while nursing from their mom!
- 2. Puppies and nursing moms must be wormed many times (every 1-2 weeks) to get rid of all of the worms. The gestation period for worms includes the eggs, hatchlings, and adult worms. As a result, dogs and puppies may need to be dewormed multiple times. Most wormers only kill the adult worms, so a second or third dewormer may be needed to kill eggs and young worms.
- 4. Just because you do not see worms, does not mean that they are not there.
- 5. Most wormers work by releasing the adult worms from intestinal wall causing them to come out in their poop.
- 6. Some worms can be transmitted to humans. Wash your hands after handling the puppy or cleaning up poop! So far, no one has gotten worms- Lets keep it that way!
- 7. Many monthly heartworm preventatives include a wormer to keep adult dogs worm free.
- 8. The good news is its fairly easy to help treat worms if you use dewormer and are diligent! The bad news is-if left untreated, worms will lead to serious health problems.

#### **Additional Web Based Sources:**

- 1. The Puppy Place <a href="http://www.the-puppy-dog-place.com/puppy-worms.html">http://www.the-puppy-dog-place.com/puppy-worms.html</a>
- 2. Companion Animal Parasite Council http://www.petsandparasites.org/dog-owners/index.html

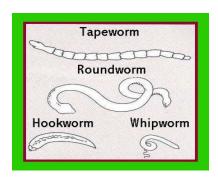
#### Different Worms to Be Aware of:

**Roundworms** -The most common of dog worm infestations. They are commonly passed from mother to puppy before their birth or during nursing. Infected puppies appear to have a pot belly and any dog left untreated will quickly become severely infested. Roundworms have a spaghetti type appearance.

**Flatworms or Hookworms** – These worms hook themselves inside of your dog's intestinal tract, as well as, their lungs and liver and feed on blood from the blood in the walls. They cannot be seen without a stool sample and microscope. Hookworms can kill by making the dog or puppy anemic (draining their blood).

**Whipworms** - Are worms that live in your pup's colon and can't be seen without a microscope. The feed from the intestinal walls and cause other ailments and symptoms such as diarrhea.

**Tapeworms** - These worms have many flat segments that are the size of a grain of rice. If you see these in your puppy's poop, you will need a special wormer to get rid of them- Usually Panacur, Drontal or Droncit.



## Spay & Neuter Clinics & Low Cost Options

## **Virginia**

#### Potomac Spay Neuter Clinic

9975 Pennsylvania Ave. Manassas, VA 20110 571.208.0199

http://www.potomacspayneuter.org/

Offers discounts at many vet clinics in the area. No restrictions on income.
Finally a great option in NOVA!

#### Prince William SPCA/Neuter Commuter

PO Box 6631

Woodbridge, VA 22195 (703) 772-2799

https://pwspca.org/programs/spay-neuter/

#### Shenandoah Valley Spay & Neuter Clinic

910 N. Liberty Street Harrisonburg, VA 22802 (540) 437-1980 http://www.spayandneuterclinic.org/

## Animal Welfare League of Arlington

2650 South Arlington Mill Arlington, VA 22206 (703) 931-9241 www.awla.org/

#### SPAY, Inc

PO Box 100220 Arlington, VA 22210 (703) 522-7920 http://www.spay.org/

## Virginia Kincheloe Spay/Neuter Clinic

452 TV Drive

Fredericksburg/Spotsylvania VA 22408 (540) 507-7461 http://www.kincheloeclinic.org/clinic.htm

### Fauquier SPCA Spay/Neuter Clinic\*\*

9350 Rogues Rd (Rt 602) Casanova,VA (540) 788-9000 x208 http://www.fauquierspca.com/clinic.html

#### **District of Columbia**

#### Washington Humane Society\*\*

1001 L Street, SE Washington, DC 20003 (202) 608-1356

http://support.washhumane.org/

\*\* OPH works with WHS on a regular basis!

## **Maryland**

### **Animal Welfare Society/Howard County**

8556 Davis Rd Columbia, MD 21045 (410) 465-4350

https://www.awshc.org/

#### **Frederick County Humane Society**

1832 Rosemont Ave. Frederick, MD 21702 (301) 694-8300 http://www.fchs.org/inde

http://www.fchs.org/index.htm

#### **Humane Society of Baltimore County**

1601 Nicodemus Rd. Reisterstown, MD 21136 (410) 833-8848 http://www.bmorehumane.org/

## **PAW Veterinary Clinic**

13653 Unionville Rd Mt Airy, MD 21771

https://www.vetmtairy.com/

#### **Maryland SPCA**

3300 Falls Rd. Baltimore, MD 21211 (410) 235-8826 http://www.mdspca.org/

#### **Humane Society of Charles County**

PO Box 1015 Waldorf, MD 20604 (301) 645-8181 http://www.humanesocietycc.org/

#### Spay Now, Inc.

7401 Van Dusen Road Laurel, MD 20707 Phone: (301) 483-7080 http://www.spaynow.org/

#### Spay Now, Inc.

125 Pullman Crossing, Suite 101 Grasonville, MD 21638 (410) 827-6464

http://www.spaynow.org/services

#### Spay, Inc.

Serves Washington, D.C. area (703) 522-7920 On-line form at http://www.spay.org/request.html

## Friends of Animals

1-800-321-PETS

http://www.friendsofanimals.org/programs/spayneuter/index.html

## Spay & Neuter Clinics & Low Cost Options

## **Pennsylvania**

| SNAP of PA Spay Neuter Assistance Program, Inc PO Box 126702 Harrisburg, PA 17112-6702 (717) 732-5377 Serving South Central Pennsylvania http://www.snapofpa.org/coupon.html                                                                                                                       | Adams County Prevent A Litter Society, Inc. (ACPALS) PO Box 3682 Gettysburg, PA 17325 Phone: (717) 624-3408 http://www.adamscountyspca.org/                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Central Pennsylvania Animal Alliance Via its De-Sex in the City Program, provides free spay/neuter to dogs in the City of Harrisburg (717) 576-0899. Also partners with Operation CatNIP to offer free spay/neuter for cats in the City of Harrisburg. http://www.cpaa.info/lowcostspayneuter.html | Organization for Responsible Care of Animals (717) 397-8922 Low-Cost Spay/Neuter Assistance Program A program for pets of low-income people 1-866-472-7387 401 East Orange Street Lancaster, PA 17602 http://orcarescue.org/ |
| York County SPCA 3159 Susquehanna Trail North York, PA 17406 (717) 764-6109 https://www.ycspca.org/                                                                                                                                                                                                | Humane Society of Harrisburg Area, Inc. 7790 Grayson Road Harrisburg, PA 17111 Phone: (717) 564-3320 http://www.humanesocietyhbg.org/low-cost-voucher-clinics Rental fee and deposit required.                               |

## LOW COST VACCINATIONS

There are great options available for booster shots and other tests that will have you a great deal of money.

- 1. Luv My Pet numerous locations
- 2. VIP Pet Care Clinics throughout VA, MD and PA offering low cost vaccinations and testing
- Potomac Spay Neuter Clinic Visit their website and compare to your last vet bill.
   Washington Humane Society Clinic Same comment as above
- 5. Spay Now Visit their website and compare prices

## Puppy Mange ~ Common Ailment for Puppies

Puppy Mange is the non-typical term for Demodex Mange. Mange? Sounds horrible right? Did you know every dog has this mite living on them? Yes, it's true. Did you know that changes in environment, a new home, new food, and several other life changes can trigger a "mange outbreak"? It's true.

While many dogs will never experience an outbreak of mange, puppies coming from shelters, rescues and breeders may be affected by this condition due to the life changes the dog will experience after adoption/purchase. Read more about this condition before getting freaked out or loosing hope!

#### **OVERVIEW**

#### What is it?

Demodectic mange, also known as "puppy mange" or "demodex," is a microscopic mite. All dogs raised normally by a mother possess the mite. Mites are passed from mom to pup in the first few days of life. Most dogs never suffer an outbreak from the mites. However, when conditions change in the dog's life and/or the dog's immune system is compromised), the mites may gain in number causing issues for the dog.

### Symptoms

The increased number of demodex mites on a dog can manifest themselves through a couple of symptoms that people can watch for. First, demodex may lead to patchy hair loss with a normal skin appearance underneath the spots. This is a localized form of demodex. In addition to the hair loss, the dog may experience itching (mild or a moderate amount of itching). In several cases of demodex, the hair loss can be widespread and the dog's itching may be moderate to severe.

#### **TREATMENT**

Some mild cases of demodex will resolve themselves without treatment. Once a dog's immune system is able to control the number of mites, the demodex may clear up without antibiotics. Mitiban baths, probiotics, and ivermectin are commonly used to treat dogs with demodex. Internally at OPH, we treat demodex with proven methods that we have consulted with vets on. Vets will offer a range of treatment plans. Most involve mitiban dibs and ivermectin. We strongly encourage the use of probiotics to help the dog's immune system.

#### **FAQ**

#### 1. Is Demodex contagious?

Demodex mange, unlike sarcoptic mange, is not considered to be contagious. Further, isolation of dogs is not generally thought to be necessary. It is believed that mites are only transferable from mom to newborn pup. As in life, there are exceptions where mites can move from one dog to another. New studies are evaluating whether mites can be transferred. However, studies still believe that if the dog is healthy, no outbreak occurs.

#### 2. What dogs are most prone to outbreaks?

Puppies and dogs who are less than 18 months old.

#### 3. What if my vet says the dog may have to be euthanized for this condition?

With all due respect, get a new vet. This is incredibly common and your vet should never say such a thing.

#### 4. How often does OPH see cases of demodex?

At least once a month. We have successfully treated dozens of cases of demodex from mild cases to severe cases. All of the dogs have gone on to live happy, healthy lives.

#### **REFERENCES**

- 1. http://marvistavet.com/demodectic-mange.pml
- 2. <a href="http://drbarchas.com/demodex">http://drbarchas.com/demodex</a>
- 3. <a href="https://vcahospitals.com/know-your-pet/mange-demodectic-in-dogs">https://vcahospitals.com/know-your-pet/mange-demodectic-in-dogs</a>



## OPH RESOURCES FOR YOU & YOUR DOG

This is a list of individuals and businesses that have partnered with OPH and have supported the rescue with donations and discounts to our OPH dogs. If you patronize their business, please thank them for their support of OPH.

## **Boarding Facilities, Day Care & Dog Sitting**

#### **PENNSYLVANIA**

Country Comfort Kennels Delta, PA (717) 456-5177 Cozy Canine LLC Fairfield, PA (717) 642-9557 Lakeside Pet Resort, Hanover, PA (717) 632-1929

#### **VIRGINIA**

Bark & Boarding, Bailey's Crossroads, VA (703) 931-5057 Burke Centre Pet Sitting, Burke, VA (703) 250-7387 Country Club Kennels, Locust Grove, VA (540) 854-6000 Dog Tales Daycare, Chantilly, VA (703) 263-7252 Dogwood Hill Kennels Reva, VA (540) 547-4033 For Jake's Sake, Mechanicsville, VA (804) 564-3356 Health Hound Play Ground, Sterling, VA (703) 464-0056 Old Towne Pet Resort, VA & MD locations (888) 475-3580 Royal Pet Haven LLC, Alexandria, VA (703) 329-7070 Walking the Dogs, Springfield, VA (703) 473-9768 Willow Run Kennels Linden, VA (540) 364-2121 Whole Dogz, Alexandria, VA (703) 751-3649

## Veterinarians



MARYLAND & DC P.A.W. Veterinary Clinic, Mt. Airy, MD (301) 829-1229

Spay Now Animal Surgery Clinic, Laurel, MD, (301) 483-7080 Village Vet of Urbana, Ijamsville, MD (301) 228-0780

#### **PENNSYLVANIA**

Cape Horn Vet Clinic, Red Lion, PA (717) 501-4800 Clearview Animal Hospital, Hanover, PA (717) 632-4757 Shrewsbury Vet Clinic, Shrewsbury, PA, (717) 235-6846 PAWS Animal Hospital, Hanover, PA (717) 633-7297 **VIRGINIA** 

Anicira Veterinary Center, Manassas, VA (571) 208-0199 Animal Clinic of Clifton, Dr. Ylva Bostrom, (703) 802-0490 Arlington Animal Hospital (703) 920-5300

Blue Ridge Veterinary Associates, Purcellville, VA (540) 338-7387

Caring Hands of Bristow, VA, (703) 368-7300 DC Vets, Purcellville, VA, (540) 338-0878

Helping Hands Affordable Vet Surgery & Dental Care, Richmond, VA (804) 355-3500

Parkway Veterinary Clinic, Burke, VA (703) 323-9020

Piedmont Pets Veterinary Care, Warrenton, VA (540) 349-4900 Southpaws VCA, Fairfax, VA (703) 752-9100

## Dog Trainers

### MARYLAND & DC



Creekside Canine Training, (301) 606-8099 www.creeksidecanine.com

Dog Latin Dog Training, Garrett Park, MD, Doglatindogtraining.com, (202) 412-0708

Drew Sandberg Dog Training - Columbia, MD (410) 707-4966

Lionheart K9 Dog Training- Finksburg, MD www.lionheartk9.com, (443) 522-0227

Paws & Possibilities - Anne Arundel, Prince George's Counties & Baltimore, MD, pawsandpossibilities.com (855) 558-PAWS (7297)

Peacable Paws, Fairplay, MD-Pat Miller (301) 582-9420

Show Me Your Dog-Baltimore, MD www.showmeyourdog.com, (443) 429-0445

#### **PENNSYLVANIA**

Cold Creek Dog Training-Southern & Central PA www.coldcreekdogtraining.com

#### **VIRGINIA**

Always There Pet Care, Falls Church, VA www.alwaystherepetcare.com/ (703) 241-2287

Dog Tranquility, Springfield, VA. (703) 786-3201 www.dogtranquility.com

Dogwood Hill Kennels, Reva, VA. Trainer Guy Kovner, (540) 547-4033

Furever K9, Northern VA & Metro DC www.fureverk9.com (703) 728-5319

K9 Harmony, Frederick, MD www.k9harmony.us (571) 317-1036

Mandala Dog Training, Springfield, VA www.mandaladog.com (571) 247-1591

Old Towne Pet Resort, www.oldetownepetresort.com (888) 475-3580

Valerie Mocogni, Woodbridge, VA, vmoccogni@gmail.com

## **Doa Groomers**



For Pet's Sake, Alexandria, VA (703) 931-2600

Purrfect Grooming, Falls Church, VA (703) 237-0595

Think Like A Dog, Lexington Park, MD (410) 446-0865

Old Towne School for Dogs, Alexandria, VA (703) 836-7643

#### More resources listed on back



Allen Pearson, Northern VA, www.allenpearsonsphotos.com

Michael Garth Photographer, Lorton, VA, www.michaelgarth.com

WAGS Professional Pet Photography, Nancy Slattery, Shrewsbury, PA 717-855-7131

Email <a href="mailto:nancyslat@gmail.com">nancyslat@gmail.com</a>

## **Pet Food & Supplies**

Chewy (on-line pet food and supplies) (800) 672-4399 www.chewy.com

Just for Pets, Dover, PA (717) 292-4329 www.justforpetsyorkpa.com

Natures Nibbles, Alexandria, Virginia (703) 931-5241 www.naturesnibbles.com

Natures Pet Place, Hanover, PA (717) 632-2000 www.naturespetplace.com

Pet Valu, Locations everywhere! www.petvalu.com

## **Specialized Services**

CUSTOM PET WATER COLOR PORTRAITS by Lustre Art, Joanne Lustre, www.lustreart.com <u>lustreportraits@gmail.com</u> (100% profits go to OPH)

MICROCHIP PROTECTION, **Home Again**, (888) 466-3232 www.homeagain.com

PET WASTE REMOVAL, Northern Virginia, **POOP 911**, (703) 969-4072 www.poop911.com

PET WASTE REMOVAL, Frederick Maryland, **The Scoop Squad**, (301) 606-1169 www.scoop-squad.com

# Keep Me Safe

Before coming to OPH, I didn't have a safe home to call my own. My experiences have made me scared and uncertain of my surroundings. I am going to need some extra help from you to help me feel safe.

#### If I am scared, I might:

- Run and hide from people
   Try to slip off of my collar
- Growl or bark when approached. Fear direct eye contact
- Dart out of doors Push through doors and gates
- Jump fences

### In addition to my 2 week shutdown, you can help me adjust by:

- Speaking in a happy tone
   Avoiding direct eye contact
- Letting me approach you Approaching in a zigzag
- Gently petting when I approach Ignoring me and letting me
- Giving treats observe
- Moving slowly around me

•

## Make sure I don't get away by:

- Crating me during car transports or securely tying my leash to a structure inside the car
- Using a properly adjusted martingale collar or harness on walks
- Walking me on a leash for potty breaks (even if you have a fenced yard)
- Being cautious near doors and when getting in and out of the car
- Keeping a collar with tags on me at all times
- Registering my microchip



#### If I do get away, do the following (first few weeks):

- 1. Keep an eye on where I am, but do not chase me or call for me
- 2. Contact my foster family, lostdog@ophrescue.org and your adoption coordinator
- 3. Contact the microchip company to ensure your personal information is up to date

Thank you for keeping me safe and giving me a home!



