

# Prescription opioids in the global addiction and overdose crisis



Opioid plant derived drugs are used in various therapeutic ways but are also linked to several **adverse effects**.

In the US, the Daily Defined Dose of opioid (DDD) per million per day is **51,878** while in Western Europe, the same DDD for opioids is **12,305**.

Up to **70%** of post prescription doses go **unused** and proceed to feed an **illegal market** from where **3/4** of the **misuse** of opioids originates.

*You are about to prescribe an opioid treatment ?*

## Alternatives

- Major surgery : is opioid-free analgesia possible ?
- Chronical pain : did you considered chiropractor ?
- Acupuncture
- Hypnotherapy, aromatherapy
- Physical activity is also a powerful analgesic

## Advices to provide

- Prevention about misuse and overdose
- Store in children-safe places
- Do not share with anyone. What is good for the patient isn't for his neighbour

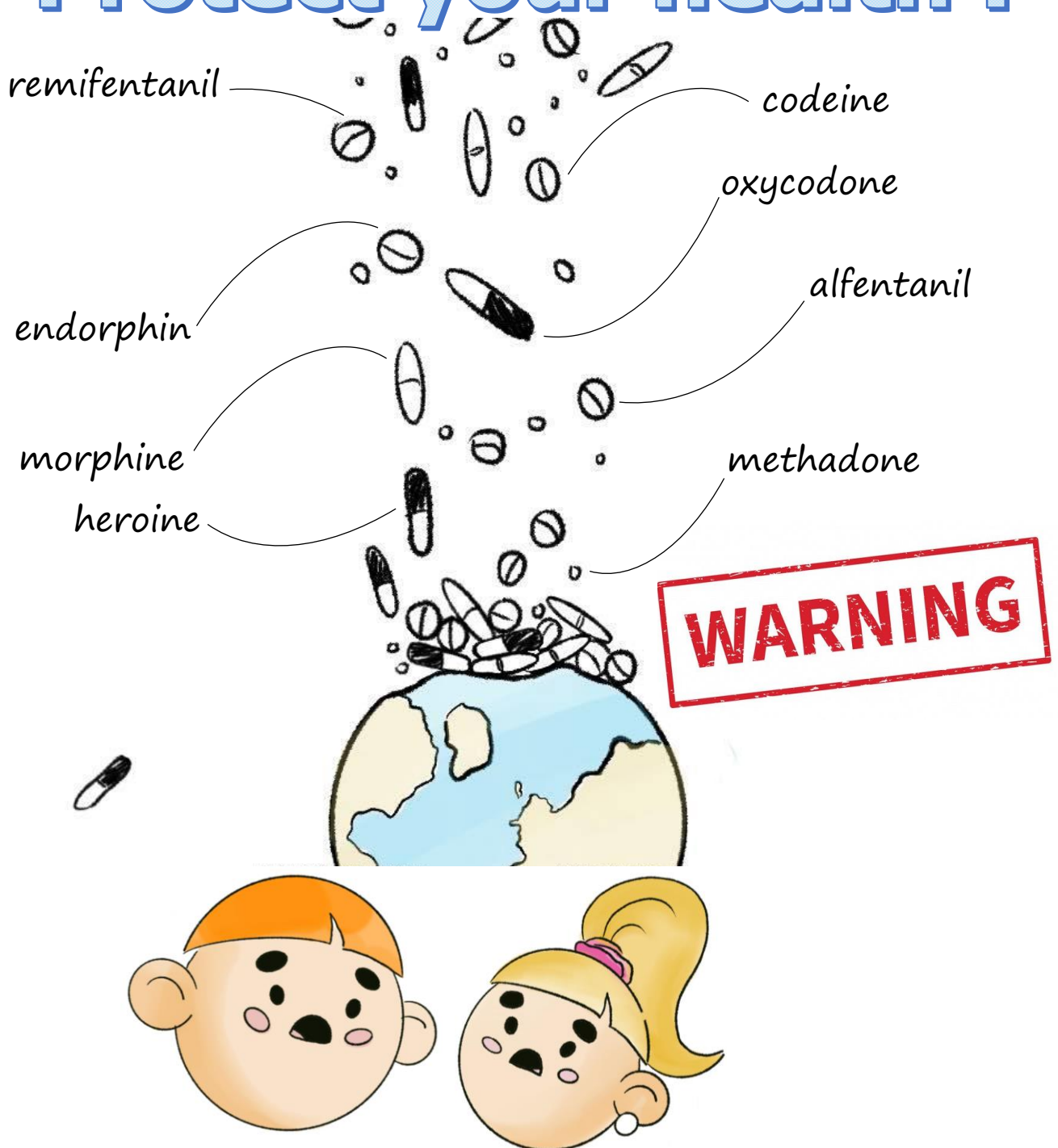
### References :

*Preventing opioid prescription after major surgery: a scoping review of opioid-free analgesia*, J. Fiore & al. , 2019.

*Risk Factors for Opioid-Use Disorder and Overdose*, Lynn R. Webster, MD, 2017.

*The Misuse of Prescription Opioids : A threat for Europe?* Jan van Amsterdam & Wir van den Brink, Current Drug Abuse Reviews, 2015

# Protect your health !



Opioids can be **addictive**  
and **dangerous**

You are not alone ! Professionals can help you.

<https://opioidsph.github.io/>



#### References :

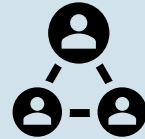
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# End the stigma of OPIOID USE DISORDER

Education – Prevention – Referral



*Opioid use disorder affects all ethnic, racial, economic, religious and age group*

What can **YOU** do to help ?

- *be aware and prepared :*

**Nalaxone / Narcan** can reverse the effects of an overdose if administrated in time

- *Learn about treatments :*

- ✓ Detox
- ✓ Rehabilitation
- ✓ Medication-assisted treatment
- ✓ Support network

- *Prevent addiction :*

1. Ask professionals about **alternatives**
2. Only take what is prescribe to **you**
3. Properly dispose of **unused** medication
4. Store in **children-safe** places

**What are opioids ?**

OPIOIDS are drugs, prescribed to trait pain, such as morphine, endorphin or fentanyl. Heroin is also an opioid, but illegal.



**What is opioid addiction ?**

Opioid addiction is a chronic disease, which is known to induce long lasting damages in the brain and may affect it for month or years

- For assistance, call :

**0 800 23 13 13**



[opioidsph.github.io/](https://opioidsph.github.io/)

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