

Internship Overview:

Fall 2025 Semester Summary | Yujing (Jean)

December 2, 2025

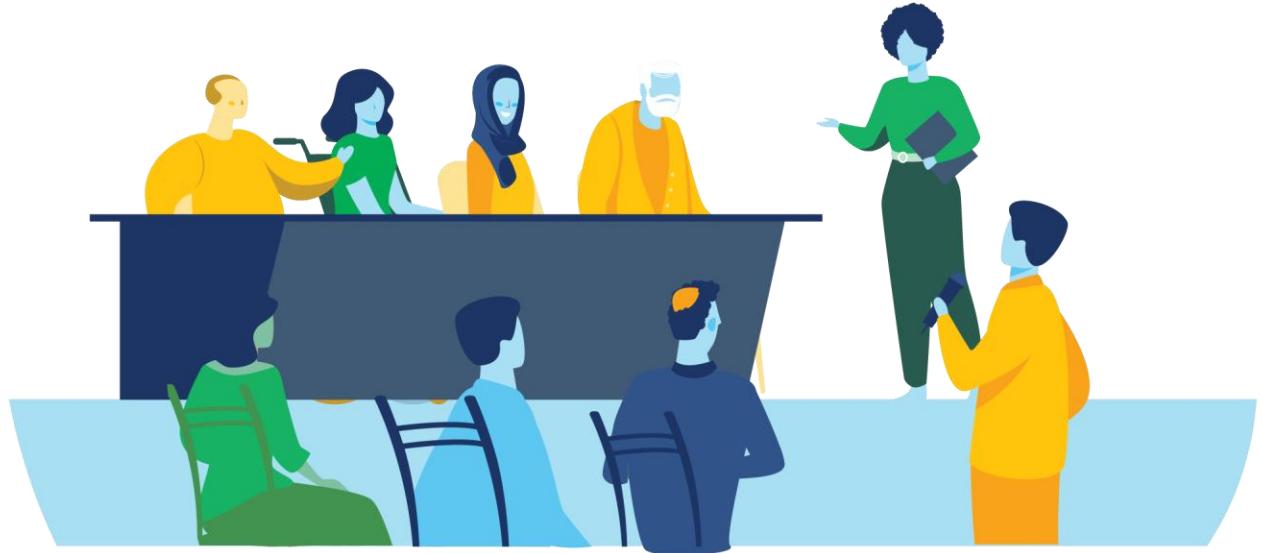


**Global Hub for
Participatory
Democracy**

Onboarding & First Impressions

Getting Started (Aug 18 - Aug 27)

- ✓ Met with the team (Amanda, Aidana, Melissa) to align on goals.
- ✓ Established a working schedule: Mondays & Wednesdays, 2 PM - 6 PM.
- ✓ Completed core training: "Introduction to PD" & "How to use the Playbook".
- ✓ **Reflection:** The course content is rich and user-friendly, offering a solid foundation in participatory democracy.



LMS Content & Case Studies

Enriching the Curriculum (Sep 3 - Sep 17)

✓ Researched diverse youth-focused case studies from Uganda, Philippines, Nigeria, and Kenya.

✓ Added "Case Study 2: ShareKoLang" to the Youth Session.

✓ Identified key examples like NUDIPU-Youth (Uganda) and the Kenya Youth Manifesto.

✓ Updated the Learning Management System (LMS) with new materials.

Sep 8, 2025

- [LMS Content Style doc](#)
- Instructions: copy <div> containers, edit text, add image, edit file code #, edit button link and source link
- Task: add Case Study 2: ShareKoLang: A deliberative democracy dialogue to LMS session 6 (youth)

Sep 3, 2025

1. First week of internship
 - a. Spent more than 8 hours
 - b. Completed all 12 courses: building inclusive democracy
2. Thoughts on courses?

The course content is incredibly rich and provides access to a wealth of authentic information, which greatly broadens one's perspective. It's especially helpful for those new to participatory democracy, as finding these kinds of resources and websites can often be challenging.

The design is very user-friendly—the color scheme, fonts, spacing, and layout all feel well-balanced, and each page presents just the right amount of information.

I also appreciate how clear the progress tracking is, and that it's easy to revisit previous content at any time.

The course is thoughtfully structured: it introduces concepts step by step, uses practical examples, flowcharts, and engaging activities to illustrate participatory democracy—not just in theory—and overall makes the learning experience both effective and motivating.

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Including Youth With Disabilities in Uganda's Development: NUDIPU-Youth

NUDIPU-Youth successfully organized and mobilized up to 1,000 young people with disabilities in Uganda to advocate for their inclusion in economic and political life. From 2016 to 2019, the project used advocacy and gender trainings to empower 500 YWDs and trained 72 journalists to improve media reporting on disability issues. Dialogue meetings with stakeholders, including government officials and CSOs, led to policy changes, such as the revision of the National Youth Policy to include YWDs in the Youth Livelihood Fund. The initiative resulted in tangible outcomes, with 28 YWDs securing employment or volunteer positions and some gaining further skills training abroad. This collective action not only shifted community perceptions but also increased the representation of YWDs on boards of directors and in government bodies, including the National Youth Council.

[Explore the resource](#) ➔



Source: [Participedia](#)

Nigerian Advocacy Against Sexual Assault

In response to a 2011 gang rape video from Abia University, Nigerian youth leveraged social media to drive a nationwide movement against sexual assault, with blogger Linda Ikeji's post shared 149+ times and groups like Enough is Enough Nigeria mobilizing public outrage to demand governmental action. This youth-led digital advocacy exposed systemic failures, reduced stigma for victims, and pushed the issue into public discourse,



Source: [Participedia](#)

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Unit name: Navigating the Participation Playbook

How to complete it: ✓ With a checkbox
 With a question After a period of time

Select a video: Use YouTube
 Use a video Use a presentation

Search on YouTube and select the video you want, or paste a URL here Search

Editor toolbar:

```
1 |<p></p>
2 |<div style="text-align: right;"><select id="languageDropdown">
3 |<option value="en">English</option>
4 |<option value="es">Spanish</option>
5 |<option value="fr">French</option>
6 |<option value="pt">Portuguese</option>
7 |<option value="zh-TW">Chinese (Traditional)</option>
8 |<option value="de">German</option>
9 |</select><button id="my-reset-button">Reset</button></div>
10|<p style="text-align: left; font-family: "Open Sans"; font-size: 13px;">Module 2: How to use the
11|Participation Playbook (3/7)</p>
12|<hr>
13|<br>
14|<h1 style="text-align: center; color: rgb(5, 109, 255); font-family: "Open Sans";">Navigating <span
15|style="background-color: rgb(255, 255, 255);>t</span>he
16|dashboard</h1>
17|<h2 style="text-align: left; font-family: "Open Sans"; color: rgb(11, 38, 91);">Video 3</h2>
18|<p style="text-align: left; font-family: "Open Sans";">On this page, you will view our third video which
19|will show you how to navigate on the Playbook website using the
20|dashboard.</p>
```

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Navigating the dashboard

Video 3

On this page, you will view our third video which will show you how to navigate on the Playbook website using the dashboard.

Please note: The Playbook you need to complete to finish the program and receive a certificate is the Inclusive Democracy Playbook, which can be accessed directly here: <https://participationplaybook.org/wizard/inclusive-democracy>

While we offer multiple Playbooks—such as Digital Participation and Mainstreaming Participation—only the completion of the Inclusive Democracy Playbook is required for certification. You can select your subtitle language by clicking 'settings' on the bottom right hand corner of the video, selecting 'cc/subtitles' and choosing from the list.

[Open the Participation Playbook](#) *



Project Kickoff: Guide to LMS Video



Scripting (Sep 24 - Oct 29)

Drafted a detailed script using the "Guide to LMS" template to ensure clear, step-by-step instructions for new users.



Drafting (Oct 22 - Oct 29)

Started the video creation process in Canva, setting up the project assets and organizing screen recording permissions.



Objectives (Oct 29 - Nov 26)

Goal: Create a concise (2-3 min) video covering sign-up, navigation, surveys, and messaging within the LMS.

Scripting & Drafting

Skill Building (Oct 29 - Nov 5)

This phase involved writing the detailed script and producing the first visual draft of the "Guide to LMS" video in Canva.

I worked on building and refining the content structure with detailed guidance from Aidana

	Describe graphics and/or title	Describe what the video/frame will be showing	Narration (captions to be translated in 4 languages)
Frame 1	Getting Started with Your Learning Platform	<p>Animated intro (text) "Guide to the People Powered Online Learning Portal" on a clean background (PP color)</p>  <p>PRIMARY CMYK: 80/59/0/0 RGB: 5/109/255 HEX: #056dff</p>	Welcome to our People Powered Online Learning Portal Guide. This quick video will show you how to navigate the People Powered Learning Management System, or LMS, a platform used for online courses and accelerator program sessions.
Frame 2	Accessing the LMS	<p>(animation showing the process like a screen recording)</p> <p>A web browser opens, types the LMS URL, and lands on the login page. Text appears: "Go to the website address provided." + add computer and phone versions</p>	First, let's access the learning portal. Go to the unique website address provided for your course or program.

Advanced Editing in Canva

Skill Building (Oct 22 - Oct 29)

This phase focused on mastering Canva's video editing suite. I implemented dynamic effects like zoom-ins to highlight key interface elements.

The Challenge: Synchronizing the speed of desktop screen recordings with mobile interface mockups.

The Solution: Carefully adjusted playback speeds and added transitions to ensure a seamless visual flow between devices.



Refining the Content

Polishing the Experience (Nov 12)

Re-recorded screen captures to improve resolution and clarity.

Added clear **Section Titles** (e.g., "How to find your courses") to guide the viewer.

Integrated realistic laptop and phone mockups for a professional look.

Implemented feedback: Removed redundant clicks and streamlined the navigation flow.



The AI Narration Journey

Exploration (Nov 19)

Researched and tested multiple AI voice platforms including PlayHT, WellSaid Labs, and Murf AI.

Compared features based on natural tone, cost, and customization options.

Selection: ElevenLabs

Chose **ElevenLabs** (Voice: Jessica) for its superior natural-sounding quality. Unlike Canva's built-in AI, it offered precise control over speed and intonation, perfect for an instructional guide.

Finalizing the Project

Ready for Launch (Nov 26)

- ✓ Merged the final AI narration audio with the visual video track.
- ✓ Conducted final synchronization checks to ensure audio cues matched screen actions perfectly.
- ✓ Prepared the video file for publication on YouTube and the People Powered homepage.

The image shows a screenshot of a YouTube channel page. At the top, there is a navigation bar with a menu icon, the YouTube logo, and a search bar. Below the navigation bar, a large blue call-to-action button with yellow text reads "FIND YOUR COURSE AND CLICK TO 'START COURSE'". To the left of this button is a laptop screen displaying a course landing page titled "How to engage youth in participatory programs?". The landing page features a "Start course" button and a video thumbnail showing three people at a table. To the right of the laptop is a smartphone screen showing a mobile version of the same course landing page with a "Start course" button. Below the main button, the channel title "Guide to the People Powered Online Learning Portal" is displayed, along with the channel's profile picture, subscriber count (166), and a "Subscribe" button. To the right of the channel information are standard YouTube interaction buttons for likes, dislikes, shares, and more.

Key Learnings & Skills



Technical Skills

Mastered Canva video editing, AI voiceover generation (ElevenLabs), and LMS content management.



Domain Knowledge

Deepened understanding of Participatory Democracy through global case studies and playbook resources.



Soft Skills

Enhanced remote collaboration, effective communication, and iterative design based on feedback.

Future Roadmap

Dec 2

Present Project
on Team Call

Dec 5

Publish Video to
YouTube & Web

Dec 12

Final Semester
Wrap-up

Spring 2026

Continue Internship
& New Projects

Thanks!

Thank you for your guidance and support this
semester.