

# Instructions for Setting Up Claude Code for the Study

Here are the instructions you'll need to follow to set up your Anthropic API key.

## 1. Retrieve your API key

You will receive an Anthropic API key through a Bitwarden Send link delivered by email. This link is personalized for you and **will expire in 7 days**. Open the link and copy your API key.

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## 2. Create or update your local `.env` file

If your project does not already have a `.env` file, create one in the project root:

```
None  
touch .env
```

Then open the `.env` file in your editor and add:

```
None  
ANTHROPIC_API_KEY=your_api_key_here
```

Replace `your_api_key_here` with the key you copied from the Bitwarden page.

You can verify the key is loaded correctly by running:

```
None  
cat .env
```

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## 3. Create local Claude configuration

These commands ensure Claude only uses the key **inside this project**, not globally.

Run the following **inside your project directory**:

### 3.1 — Create a project-local Claude config folder

```
None  
mkdir -p .claude
```

### 3.2 — Create the Claude settings file

```
None  
cat << 'EOF' > .claude/settings.json  
{  
    "apiKeyHelper": "./.claude/get-api-key.sh"  
}  
EOF
```

### 3.3 — Create the helper script that loads the API key

```
None  
cat << 'EOF' > .claude/get-api-key.sh  
#!/bin/bash  
  
# Load project-local .env file  
set -o allexport  
source "$(dirname "$0")/../../.env"  
set +o allexport  
  
# Output the API key to Claude Code  
echo "$ANTHROPIC_API_KEY"  
EOF
```

### 3.4 — Make the script executable

```
None  
chmod ug+x .claude/get-api-key.sh
```

You can test that the key loads correctly by running `bash .claude/get-api-key.sh`. If this prints API key, then your setup is complete.

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#### **4. Now launch Claude Code**

Since your API key is configured locally, you should not need to sign up or go through any login prompt.