

Instructions for Setting Up Claude Code for the Study

Here are the instructions you'll need to follow to set up your Anthropic API key.

1. Retrieve your API key

You will receive an Anthropic API key through a Bitwarden Send link delivered by email. This link is personalized for you and **will expire in 7 days**. Open the link and copy your API key.

2. Create or update your local `.env` file

If your project does not already have a `.env` file, create one in the project root:

```
None  
touch .env
```

Then open the `.env` file in your editor and add:

```
None  
ANTHROPIC_API_KEY=your_api_key_here
```

Replace `your_api_key_here` with the key you copied from the Bitwarden page.

You can verify the key is loaded correctly by running:

```
None  
cat .env
```

3. Create local Claude configuration

These commands ensure Claude only uses the key **inside this project**, not globally.

Run the following **inside your project directory**:

3.1 — Create a project-local Claude config folder

```
None
mkdir -p .claude
```

3.2 — Create the Claude settings file

```
None
cat << 'EOF' > .claude/settings.json
{
  "apiKeyHelper": "./.claude/get-api-key.sh"
}
EOF
```

3.3 — Create the helper script that loads the API key

```
None
cat << 'EOF' > .claude/get-api-key.sh
#!/bin/bash

# Load project-local .env file
set -o allexport
source "$(dirname "$0")/../../.env"
set +o allexport

# Output the API key to Claude Code
echo "$ANTHROPIC_API_KEY"
EOF
```

3.4 — Make the script executable

```
None
chmod ug+x .claude/get-api-key.sh
```

You can test that the key loads correctly by running `bash .claude/get-api-key.sh`
If this print API key, then your setup is complete.

4. Now launch Claude Code

Since your API key is configured locally, you should not need to sign up or go through any login prompt.