**Patient ID:** Click here to enter text.

**Date:** Click here to enter a date.

Check only one box within each of the 17 sections below.

# 1. Memory problems

No memory problems.

Mild memory problems; I am often forgetful and can only partially remember some events.

Moderate memory problems that mean I get disoriented sometimes and can sometimes get confused easily.

Severe memory problems which mean I have difficulty remembering what day it is or where I am, and often get confused.

Very severe memory problems; I sometimes forget where I am and what day it is; I have great difficulty making decisions or solving problems.

# 2. Hallucinations/visions

“Hallucinations” are things you can see that are invisible to others.

I never see things which are invisible to other people.

I experience very vivid dreams.

Sometimes I see things which are invisible to other people but I know they are not real.

Sometimes I see things which are invisible to other people and I believe they are real.

I see things which are invisible to other people most of the time and I believe they are real.

# 3. Mood

I do not get sad for long periods.

I sometimes get sad for longer than normal, i.e. more than a few days or a week.

I sometimes get sad for greater than a week at a time.

I get sad for extended periods during which I lose weight, cannot sleep, and have poor appetite.

I get sad for extended periods and have thoughts about suicide.

# 4. Motivation

My levels of motivation are about normal.

I have become less assertive and more passive.

I have lost some of my initiative and am less interested in hobbies.

I have lost some of my initiative and am uninterested in my daily routine.

I am withdrawn and initiate very little activity.

# 5. Speech

The way I speak has not changed.

The way I speak has changed, but other people understand me without any problem.

The way I speak has changed somewhat, and sometimes I have to repeat to make myself understood.

The way I speak has changed enough, and frequently I have to repeat to make myself understood.

The way I speak has changed so much that other people have difficulty understanding me or do not understand me at all.

# 6. Excessive saliva

I have not noticed that I have excessive saliva and I do not drool.

I have noticed a slight increase in the amount of saliva and on occasion I drool at night on my pillow.

I have moderate excess of saliva and occasionally I drool during the day.

I have a marked excess of saliva and frequently drool during the day.

I drool so much that I have to carry a handkerchief at all times.

# 7. Swallowing

I do not have difficulty swallowing and I do not choke.

I do have difficulty swallowing but I rarely choke.

I do have difficulty swallowing and occasionally choke.

I do have difficulty swallowing and I need soft food to be able to eat.

I am incapable of swallowing and I need nasogastric intubation or I have had a gastrostomy.

# 8. Handwriting

I have not noticed changes in the way I write.

My handwriting is somewhat slower or my letter formation is smaller.

My handwriting is moderately slower and my letter formation is smaller, but everything I write can be understood.

My handwriting is much altered and there are some words that cannot be understood.

My handwriting is deteriorated and most of the words cannot be understood.

# 9. Cutting food

I do not cut food more slowly and I have no difficulty managing my utensils.

I am somewhat slower and clumsier than before, but I am still capable of eating without help.

I am slower and clumsier than before, and I need help cutting some foods.

Someone has to cut my food, but I can still eat on my own.

I have to be fed because I cannot do it on my own.

# 10. Dressing

I do not find it difficult to get dressed, nor am I slower than before.

I get dressed more slowly, but need little help.

I get dressed slower and sometimes need help buttoning my clothes, tying my shoes or getting my arm in the sleeves.

I need substantial help to get dressed, but I can still do some things on my own.

I have to be dressed by someone else.

# 11. Hygiene

*Hygiene* refers to bathing, brushing your teeth, fixing your hair, and *going to the bathroom.*

I have not slowed down when performing hygiene activities.

I am a little slower dealing with my hygiene, but I do not need help.

I am slower and need help bathing and using the facilities.

I am slower and need help bathing, brushing my teeth, fixing my hair, and going to the bathroom.

I need help with everything and I wear a Foley catheter.

# 12. Turning in bed

I do not have difficulty turning in bed or fixing the blankets.

I am somewhat clumsy or slower turning in bed or fixing the blankets.

I am capable of turning in bed or fixing the blankets but with great difficulty.

I am capable of turning in bed, but I need help to complete the task.

I am incapable of turning in bed or fixing the blankets without help.

# 13. Falling

I have not fallen.

I have fallen, but rarely.

Occasionally I have fallen but it happens less than once a day.

I fall on average once a day.

I fall every day and more than once.

# 14. Freezing

*“Freezing” is defined as being unable to walk because you feel as if your feet are stuck to the ground.*

I have not experienced freezing.

I have experienced freezing when I walk, but on rare occasions. Or sometimes when I start walking I experience freezing.

Occasionally I experience freezing.

Frequently I experience freezing while walking and occasionally I have fallen because of it.

Frequently I experience freezing while walking and frequently, I have fallen because of it.

# 15. Walking

The way I walk and my arm movement has not changed.

The way I walk has changed but it is not a problem.

I have moderate difficulty while walking, but I do not need help.

I have great difficulty walking and need help.

I cannot walk alone or with help.

# 16. Tremors

I do not have visible tremors.

Occasionally I do have visible tremors.

I have moderate tremors that bother me.

I have intense tremors that interfere with some activities.

I have intense tremors that interfere with the majority of my activities.

# 17. Numbness

I do not feel numbness, tingling, or discrete pain, which I can attribute to my Parkinson's disease.

On occasion, I do feel numbness, tingling, or discrete pain, which I can attribute to my Parkinson's disease.

Frequently, I do feel numbness, tingling, or pain, that I can attribute to my Parkinson's disease.

Frequently I feel painful sensations attributable to my Parkinson's disease.

I feel extreme pain attributable to my Parkinson's disease.