



# Pre-research (June-July)

## The Purpose of this stage :

- Decide project background and the artwork direction

## 1. First Proposal

<https://s3-us-west-2.amazonaws.com/secure.notion-static.com/53933c38-3bac-4a2a-a511-997194f3540f/Proposal.pdf>

# **MSc Creative Making: Advanced Final Project Proposal**

**Kexin Mei**

**20013506**

**University of the arts London London**

**The United Kingdom**

**k.mei0320201@arts.ac.uk**

## **Research Background:**

The female body has always been a constant topic of discussion, the traditional perfect body--slim body, tall height, but with the continuous increase in the discussion of the female body in the media, the female body is gradually becoming deformed in public opinion. In a book "Female Body Narratives in Visual Culture", it is mentioned that the body is a small word, feminism is a righteousness, the so-called pumpkin waist, elephant legs, such "body humiliation" is just consumerism enslaving women to spend money" A common means of creating an image. The prevailing economic concepts of "self-discipline" and "self-control" further rationalize the male aesthetic's gaze on the female body.

I want to accuse this phenomenon by retrieving comments on women's bodies on the Internet and combining real women's body photos to create different content of images through machine learning, and displaying these machine-learned pictures through the website; at the same time, I also want to Create a web keywords browsing[google chrome] tool to emotionally tag comments about women's bodies on the Internet, or display them on a website.

## 2. Meeting recording 6.23

Me:

### First Stage

#### Information

1

Do you know what women go through in their bodies after childbirth, do you understand those horrible stretch marks, they are great individuals, but they are no longer 'teenage girls'?

**Inspiration:**

The reason why I started thinking about this subject is because as a woman, I think I have the right to procreate, and although I may not get pregnant for a short time now, I have always wanted to have children of my own, so I will go through such a process in the future.

At my current stage, I don't yearn for pregnancy, every girl fantasizes about having her own child, but when talking about pregnancy, some girls are happy, some are nervous, but when I think about the girl's body after pregnancy and childbirth, this is the forgotten part, we always cheer the moment of our pregnancy, we will record the process of our pregnancy, but we rarely understand the 'imprint' of women after pregnancy is over. I thought of a recent variety show, the female guest was divorced and had a child, when the male guest asked him if he was willing to date him, he said "Why did he choose me, I am no longer a girl, my figure has been out of shape, there are many stretch marks on my body, he can obviously have a better choice"

**I began to fear getting pregnant, I was afraid of becoming an ugly woman with an out-of-shape body, I was afraid of not having self-confidence. The outside world is always placing us that pregnant women can recover their body in a few days, but the reality is far more difficult than imagined, those changes after giving birth will not disappear, and immediately recovering the body is just a fantasy**

**Aim**

How to help women like me face up to the issues they face after childbearing

Reduced anxiety about body shape in women after childbearing

The public sees that women are not just mothers after giving birth

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I didn't feel around my cesarean section scar. More spider veins. The chest is larger, but flatter. Despite targeted weight training, the abdominal muscles remain weak... So my stomach roiled even more. The skin is relatively dry. Hair whitens. Stretch marks. My periods are heavier but shorter. My joints are more sore.

I am quite healthy and active person, but the excessive around my stomach right now makes me feel bad every day. It will never go away. He neither how much weight I lost, my abdominal muscles are still there. Targeted training of these bodies is also quite harmful, carrying them can cause the uterus to fall out of the abdomen, so being too active is not a good idea. I really regret in the end of my marriage.

My chest kept sagging and the skin below the areola was larger. My uterus is like a stone. I have grey hair now.

My cesarean section has changed and now have an umbilical hernia after a cesarean section and surgery. I have an obstetric fistula that causes bladder damage and painful periods.

It's like a lot of our accident injuries.

I think I should thank my body when she seemed to suggest that it was acceptable to give up control of her own body or have a functional purpose that took into account the mother's body.

"Good" mothers are considered to be focused on their children rather than themselves.

Women like their stretch marks, which compensate for what culture tells them about their bodies. They feel more relaxed about it, but they don't want it.

**One said she wanted someone to know about the physical changes in pregnancy, the role of cesarean and vaginal birth, and how to feel when something is wrong after childbirth.**

**Fighting. This is a trace of my battle, and I'm very proud???**

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9 ways pregnancy can change your body permanently

1. Wider hips  
2. Bigger feet  
3. Smaller or larger breasts  
4. Deeper areola, labia, and even moles  
5. Urinary incontinence  
6. Melasma  
7. Soft hair  
8. Stretch marks  
9. The personality is more tense due to permanent changes in the brain

While stretch marks usually disappear within a few months to a year or less after you give birth, Kukulich says they never go away completely.

And the personality is more tense due to permanent changes in the brain

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**Physical changes after pregnancy**

**What was done**

self-lost? I'm just a 'motherly person'?

How do I love myself and my body?

The public ignores this aspect, and no one understands and

Use other objects to symbolize changes in a woman's body after pregnancy?

tree stump

Display screen + Raspberry Pi

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**Answer of previous question**

**use what image?**

Use images collected online about what your body looks like

**the way of interact?**

I would like to refer to Filip Cotic's work, behind which is a female figure, the virtual me, with several displays to show the changes in body after pregnancy

**the visitor can feel ?**

How to help women like me face up to the issues they face after childbearing

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**Artwork**

One woman dedicated to helping women do just that is Barcelona artist and feminist Cinta Tort Carrò, who is turning women's stretch marks into beautiful works of art and showing the world that your body naturally evolves without shame

https://www.elle.com/de/health/body-and-skin/stretch-marks/1037587/stretch-marks-art-work-artist-cinta-tort-carrò

https://www.youtube.com/watch?v=Q2P3a40K

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**Artwork Filip Cusic**

The use of mirrors and plaster casts in his performances illustrates an era of image obsession and selfie. Using her own body or working with models and co-actors, Cusic often depicts the process of change or transformation, suggesting that the body, sexuality and identity are fluid present and possible futures

## Caroline Sinderson:

1. think more deeper about your project theme
2. why use this topic, connect your experience
3. think about more information about this topic and then think about the way you want to show

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## 2. 7.1 Meeting Recording

### Me:

#### What

- the female body which discussed on the internet
- traditional body [in china or Asia] slim body, tall height, white [let the female body become deformed in public opinion]
- the male aesthetic gaze on the female body

#### How

- My project is as a woman's accusation of the excessive slander and insult of women's body on the Internet

this project can serve as an outlet for women to examine the unfair treatment of public discussions about women's bodies.

- my dataset might be about some comments on women's bodies on the internet
- then combine the real women's photos to create some images by machine learning
- recently , I just think about the way to display that [website/ vr world]
  - if I have enough time , I'd like to create a google chrome tool , that can tag some comments when user browsing the website , show on the website

#### Research Contents :

1. Use second-hand information and first-hand research to understand the harm caused to women by the current Internet slander of women's bodies, and the meaning of women's bodies in feminist literature
2. Categorize various websites, and select the most defamatory website for criticism (the design is more centralized)

## **Caroline Sindors:**

- How use image ? the interact way ?
- Help show the point your trying to make?
- How do machine learning to get there, what interaction?
- Body normize is not good ?
- What image?
- How show are?
- How people feel about that ?
- Why machine learning?
- Fashion modle in their field?

## **Final Artwork Outline**

### **The disciplined mushroom**

### **A visual interactive installation shows a woman's eating disorder problem under patriarchal scrutiny**

#### **Introduction**

The relationship between the female body and food:

It has been reported that the symptoms of eating disorders occur in women, and women are always inextricably linked to food, and the words feminine and famine present these two tight states

My experience:

In high school, there was a period of low self-esteem, fasting and dieting, and there was a period of special attention to the calorie index value of food, resulting in a tendency to anorexia now.

Purpose of the project:

The author insists on taking an ecofeminist position, discussing the health imbalance of eating disorders among women, criticizing the female body under the patriarchal gaze, and women's aversion to food in the process, and ultimately natural food waste and consumption, the author hopes to convey the natural value that society should liberate the female body and respect naturalness (the naturalness of the female body itself and the protection of natural resources).

## **Design direction:**

(1) The relationship between the thin female body and food

Acquisition of image data/establishment of database

Reasons to use mushrooms:

[1] During the eating disorder, the family remedy for the overall conditioning of my body, mushrooms can help digestion

[2] The metaphor of the image, the metaphor of sex

[3] The Matsutake of Doom mentions the deconstruction of the original dualism from the perspective of natural feminism; Matsutake represents feminist intentions;

## **Technology :**

- Machine learning (VQGAN+CLIP) presents a distorted image of a mushroom woman
- Use Unity to show virtual AR inside a physical mushroom
- Two Video, both ends of the scene built by Blender
- Use distance to control the switching of the two videos