# glucose-monitoring-final

December 11, 2023

## 1 A Data Analysis on the Study "CGM Intervention in Teens and Young Adults with Type 1 Diabetes"

The aim of this notebook is to perform statistical analysis on the study "CGM Intervention in Teens and Young Adults with Type 1 Diabetes".

For the study the device that was implemented for the CGM patients was the Dexcom G5 which is a class II medical device. A class II medical device is an intermediate-risk device that must meet general controls as well and special controls.

 $Link\ to\ the\ clinical\ study:\ https://classic.clinical\ trials.gov/Provided Docs/32/NCT03240432/Prot\_SAP\_000.pdf$ 

The Dexcom G5 transmits real time glucose readings every 5 minutes to a mobile medical app and will sound an alarm when a patient glucose level reaches too high or too low.

Type 1 diabetes is generally caused by the autoimmmune destruction of the insulin producing bcells found in the pancreas. This leads the disease to manifest itself in the form of hyperglycaemia, which is high blood glucose level. This occurs due the insulin producing cells being destroyed, thus there is no insulin available to break down the blood glucose [1].

About 8% of people who have diabetes will be diagnosed with type 1. Along with this 90% of children and young adults with diabetes will have type 1. [2]

```
[]: #Install packages
import warnings
warnings.filterwarnings("ignore")
import numpy as np
import pandas as pd
import io
import requests
import matplotlib.pyplot as plt
from tabulate import tabulate
import scipy.stats
import math
```

The necessary packages that are needed to complete the statistical analysis are installed.

For this analysis I will be looking at how CGM compares with that of blood glucose monitoring, through comparing the overall blood glucose level and glycemic variability. The hypothesis presented in this study are as follows:

- 1. Null hypothesis: There is no difference in blood glucose level at week 26 between those using BGM and CGM
- 2. Alternative hypothesis: There is a nonzero difference in blood glucose level at week 26 between those using BGM and CGM.

This will be calculated using a significance level of 0.05.

```
[]: path="/content/drive/MyDrive/Python/roster2.csv"
from google.colab import data_table
data_table.enable_dataframe_formatter()
df1=pd.read_csv(path)
df1
```

	df1									
[]:		RecID	PtID	SiteID	Er	nrollDt	I	RandDt T	rtGroup	\
	0	10	70	11	29/01/2000	00:00	13/02/2000	14:28	CGM	
	1	43	47	11	01/03/2000	00:00	15/03/2000	09:41	BGM	
	2	44	136	11	02/03/2000	00:00	18/03/2000	15:06	BGM	
	3	48	39	11	08/03/2000	00:00	24/03/2000	11:38	CGM	
	4	62	91	11	23/03/2000	00:00	07/04/2000	14:56	CGM	
		•••			•••		•••			
	179	132	168	3	25/05/2000	00:00	14/07/2000	15:01	BGM	
	180	138	71	3	02/06/2000	00:00	17/06/2000	12:40	CGM	
	181	166	67	3	30/07/2000	00:00		NaN	NaN	
	182	173	130	3	20/08/2000	00:00	06/09/2000	15:39	CGM	
	183	177	184	3	31/08/2000	00:00	28/09/2000	16:34	BGM	
	_	AgeAsO	fEnroll		•		ase1PtStatus	Phase2F		\
	0				servational		Completed	_	NaN	
	1			21	Extension		Completed		mpleted	
	2			19	Extension		Completed	Со	mpleted	
	3				servational		Completed		NaN	
	4			15 Obs	servational	Ext	Completed		NaN	
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	179				Primary servational		Dropped		NaN NaN	
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	182				Primary		Dropped		NaN NaN	
	183			14	servational		Completed	Co	NaN hatad	
	103			14	Extension	KC1	Completed	CC	mpleted	
	]	Phase3P	tStatus	I	hase2RandDt	. Pi	hase2StartDt	Phase2T	rtGroup	\
	0	Со	mpleted		Nal	J	NaN		NaN	
	1		NaN	16/09	9/2000 16:44	16/0	9/2000 00:00		Alarms	
	2		NaN	17/09	9/2000 15:18	3 17/0	9/2000 00:00	No	Alarms	
	3	Со	mpleted		Nal	J	NaN		NaN	
	4		mpleted		Nal	J	NaN		NaN	
			•••		•••			•••		
	179		NaN		Nal	J	NaN		NaN	
	180	Co	mpleted		Nal	1	NaN		NaN	

181 182 183	NaN Completed NaN	30/03/2001	NaN NaN 16:12	30/03/2001	NaN NaN 00:00	NaN NaN Alarms
	Phase3RandDt	Phase3St	artDt	Phase3TrtGr	oup	
0	NaN	13/08/2000	00:00		NaN	
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2	NaN		NaN		NaN	
3	NaN	17/09/2000	00:00		NaN	
4	NaN	07/10/2000	00:00		NaN	
	•••		•••	•••		
179	NaN		NaN		NaN	
180	NaN	13/12/2000	00:00		NaN	
181	NaN		NaN		NaN	
182	NaN	10/03/2001	00:00		NaN	
183	NaN		NaN		NaN	

[184 rows x 17 columns]

A dataframe was created using the roster data collected during the trial. The roster dataframe provides us with information which included, the ages of the patients, the treatment group, if the patient completed each phase of the trial.

The trial was split into two main phases:

- 1. Phase 1: Randomized Trial
- 2. Phase 2: Extension Phase 2nd Randomization

Phase 1 involved screening, blinded CGM and baseline before randomization took place. If a pateint failed at any of the pre-trial testing such as ineligible HbA1c they were dropped from the trial. Once admitted onto the trial the participents were randomized into a CGM and BGM group. Both groups were monitored for 26 weeks, with in person and over the phone check ups. In this study the BGM group was the control group.

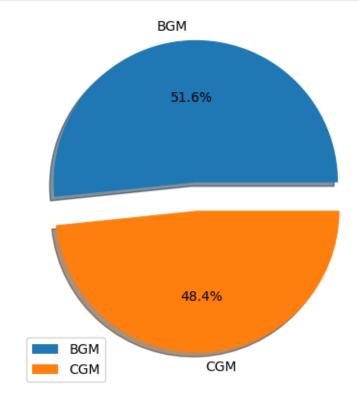
Phase 2 began after the 26 week visit from phase 1. Participents who were in the CGM group from phase one then got to choose if they would have the alarm on or off for their CGM device. Participents in the BGM group of phase 1 were now to receive CGM. This time however they were randomised into 2 groups to deteremine whether their device would have alarms or not.

For this analysis I will only be considering Phase 1 of the trial

[]:	df1.groupby('TrtGroup').count()									
[]:		RecID	PtID	SiteID	EnrollDt	RandDt	AgeAsOfEnrollD	t StudyPhase \		
	${ t TrtGroup }$									
	BGM	79	79	79	79	79	7	9 79		
	CGM	74	74	74	74	74	7	74 74		
		Phase1PtStatus		us Phas	Phase2PtStatus Ph		PtStatus Phase	2RandDt \		
	TrtGroup									

BGM	79	32		38	32	
CGM	74	0		70	0	
	Phase2StartDt	Phase2TrtGroup	Phase3RandDt	Phase3StartDt	, \	
${ t TrtGroup}$						
BGM	32	32	0	38	}	
CGM	0	0	0	70	)	
	Phase3TrtGroup					
${ t Trt Group}$						
BGM	0					
CGM	0					

The group function was used to group the treatment groups together to show the number of patients in each section of the trial, BGM and CGM.



The information that was presented in the above table due to the groupby function was then able to be processed and presented in the form of a pie chart.

```
[]: path="/content/drive/MyDrive/Python/Screening.csv"
from google.colab import data_table
data_table.enable_dataframe_formatter()
df2=pd.read_csv(path)
df2
```

Warning: Total number of columns (63) exceeds max\_columns (20). Falling back to pandas display.

	Panac	LO GIOPI	Luj.										
[]:		RecID	PtID	Pa	rentLogi	nVisitID	EligCrit	Met	ExclCritAl	sent	Sex \	\	
	0	12	70			16		1		1	M		
	1	41	47			82		1		1	F		
	2	42	136			91		1		1	F		
	3	45	39			102		1		1	M		
	4	69	91			228		1		1	M		
		•••	•••										
	166	128	180			561		1		1	M		
	167	131	168			612		1		1	F		
	168	132	71			623		1		1	M		
	169	159	130			955		1		1	F		
	170	164	184			1034		1		1	F		
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	2		-		Latino				White		/1989		
	3		-		Latino				White		/1987		
	4	Not Hi	spanic	or	Latino				White	04/05	/1996	00:00	Э
	• •				•••				•••		•••		
	166		_		Latino	American	Indian/A	lask				Nal	N
	167	Not Hi	spanic	or	Latino				White			Nal	N
	168	Not Hi	spanic	or	Latino				White	07/11	/1998	00:00	Э
	169	Not Hi	spanic	or	Latino				White	20/06	/1999	00:00	Э
	170	Not Hi	spanic	or	Latino				White			Nal	N
		DiagDt	Approx		PreExi	stMedCond	PtCurrM	ed :	SHNumEverB	SHMo	stRece	ent.R	\
	0	Diagro	NaN		TIODAI	Yes		es	NaN	Dinio	5011000	NaN	`
	1		NaN	•••		Yes		es	NaN			NaN	
	2		1.0	•••		Yes		es	NaN			NaN	
	3		1.0	•••		Yes		es	NaN NaN			NaN	
				•••									
	4		NaN	•••		Yes		No	NaN			NaN	
	166					 V	 V			•••		MoM	
	166		NaN N-N			Yes		es	NaN N-N			NaN NaN	
	167		NaN	•••		Yes		es	NaN			NaN	
	168		1.0	•••		No		No	NaN			NaN	

169	NaN		No No	NaN	N	JaN
170	NaN		No Yes	NaN	N	JaN
SHLast12Mo		SHSeizComaNumB	SHSeizComaLa	st12MonthsB		\
0	NaN	NaN		NaN	NaN	
1	${\tt NaN}$	NaN		NaN	NaN	
2	${\tt NaN}$	NaN		NaN	NaN	
3	NaN	NaN		NaN	NaN	
4	NaN	NaN		NaN	NaN	
	•••	•••		•••	•••	
166	NaN	NaN		NaN	NaN	
167	NaN	NaN		NaN	NaN	
168	${\tt NaN}$	NaN		NaN	NaN	
169	${\tt NaN}$	NaN		NaN	NaN	
170	${\tt NaN}$	NaN		NaN	NaN	
DKAMostRec	entB	DKALast12MonthsE	3			
0	NaN	NaN	J.			
1	NaN	NaN	J.			
2	NaN	NaN	J.			
3	NaN	NaN	J.			
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166	NaN	NaN	J			
167	NaN	NaN	Į.			
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169	NaN	NaN	J			
170	NaN	NaN	V			

[171 rows x 63 columns]

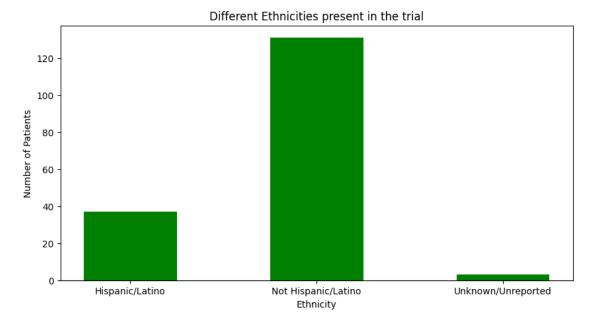
A new dataframe was created using the data from the intial screening, which provided the background information for potential participants of the trial.

Race	American Indian/Alaskan	Native A	sian \	
Ethnicity				
Hispanic or Latino		0	0	
Not Hispanic or Latino		1	6	
Unknown/not reported		0	0	
Race	Black/African American	More than	one race	\
Ethnicity				
Hispanic or Latino	3		4	
Not Hispanic or Latino	12		6	

Race	Unknown/not	reported	White
Ethnicity			
Hispanic or Latino		9	21
Not Hispanic or Latino		0	106
Unknown/not reported		0	2

A contingency table was created to show the different ethnicities and races of the patients completing the study.

```
[]: data = {'Hispanic/Latino':37, 'Not Hispanic/Latino':131, 'Unknown/Unreported':3}
fig = plt.figure(figsize = (10,5))
Ethnicity = list(data.keys())
Values = list(data.values())
plt.bar(Ethnicity, Values, color = 'green', width = 0.5)
plt.xlabel('Ethnicity')
plt.ylabel('Number of Patients')
plt.title('Different Ethnicities present in the trial')
plt.show()
```



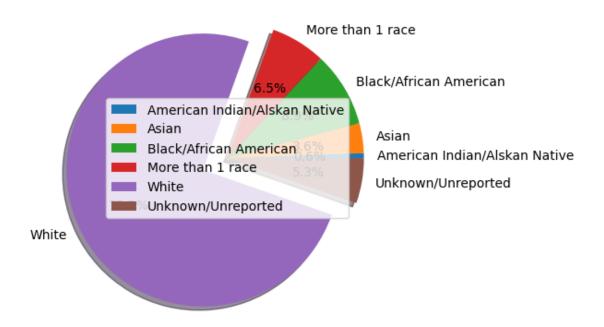
The data from the contingency table was used to create this bar chart showing the different ethnicities

```
[]: y = np.array([1, 6, 15, 11, 127, 9])

mylabels = ['American Indian/Alskan Native', 'Asian', 'Black/African American',

→'More than 1 race', 'White', 'Unknown/Unreported']

myexplode =([0,0,0,0,0.2,0])
```



Following on a pie chart was created showing the different races.

```
[]: path="/content/drive/MyDrive/Python/adverseevent.csv"
from google.colab import data_table
data_table.enable_dataframe_formatter()
df3=pd.read_csv(path)
df3
```

Warning: Total number of columns (47) exceeds max\_columns (20). Falling back to pandas display.

[]:	RecID	PtID	${\tt ParentLoginVisitID}$	${\tt AENotifiedDt}$	MedicalCondition	\
0	20	154	NaN	03/09/2000 00:00	Diabetic ketoacidosis	
1	15	107	NaN	04/08/2000 00:00	Hypoglycemia	
2	30	1	NaN	11/01/2001 00:00	Depression	
3	34	52	NaN	08/02/2001 00:00	Hypoglycemia	
4	35	52	NaN	11/08/2000 00:00	Diabetic ketoacidosis	
5	23	87	NaN	08/10/2000 00:00	Vomiting	
6	40	106	NaN	05/07/2001 00:00	Pyelonephritis	

7	13	56	NaN	22/06/2000		Panic attack
8	21	144	NaN	17/08/2000		Syncope
9	25	144	NaN	06/11/2000		Fainting
10	24	183	NaN	03/09/2000		Hyperglycemia
11	17	148	NaN	14/09/2000		Suicidal ideation
12	41	95	NaN	22/08/2001		Hypoglycemia
13	42	95	NaN	22/08/2001		Hypoglycemia
14	39	131	NaN	25/04/2001		Diabetic ketoacidosis
15	6	72	NaN	24/04/2000		Allergic skin reaction
16	31	116	NaN	28/12/2000		Hyperglycemia
17	27	27	NaN	17/12/2000		Hyperglycemia
18	10	140	NaN	29/06/2000		Appendicitis
19	28	94	NaN	31/12/2000		Diabetic ketoacidosis
20	2	161	NaN	03/03/2000		Hyperglycemia
21	5	161	NaN	07/04/2000		Suicidal ideation
22	7	85	NaN	18/06/2000	00:00	Pregnancy
23	32	88	NaN	28/04/2001		Uterine fibroid
24	9	133	NaN	30/06/2000	00:00	Concussion
25	37	133	NaN	30/06/2000	00:00	Hypoglycemia
26	14	57	NaN	15/08/2000	00:00	Hyperglycemia
27	3	152	NaN	03/03/2000	00:00	Hypoglycaemic seizure
28	8	152	NaN	13/06/2000	00:00	Hypoglycemia
29	36	6	NaN	10/03/2001	00:00	Hypoglycemia
30	22	43	NaN	04/10/2000	00:00	Gastroenteritis
31	33	96	NaN	01/07/2000	00:00	Hypoglycemia
32	18	71	NaN	22/09/2000	00:00	Diabetic ketoacidosis
	Med	${f licalCondition}{f MM}$	AdverseE	ventType	A.	EOnsetDt AEPrEnroll $\setminus$
0	Diabet	ic ketoacidosis		NaN O	3/09/20	00:00 No
1		Hypoglycemia		NaN O	4/08/20	00:00 No
2		Depression		NaN O	4/01/20	01 00:00 Yes
3		Hypoglycemia		NaN O	7/02/20	01 00:00 No
4	Diabet	ic ketoacidosis		NaN O	5/07/20	00 00:00 Yes
5		Vomiting		NaN O	8/10/20	00:00 No
6		Pyelonephritis		NaN 1	7/06/20	01 00:00 No
7		Panic attack		NaN O	8/06/20	00:00 No
8		Syncope		NaN 1	3/08/20	00:00 No
9		Fainting		NaN O	5/11/20	00:00 No
10		Hyperglycemia		NaN O	2/09/20	00 00:00 No
11	St	icidal ideation		NaN 1	4/09/20	00 00:00 Yes
12		Hypoglycemia		NaN 2	0/07/20	01 00:00 No
13		Hypoglycemia		NaN 2	2/07/20	01 00:00 No
14	Diabet	ic ketoacidosis		NaN 2	4/04/20	01 00:00 Yes
15	Allergi	c skin reaction		NaN 2	4/04/20	00 00:00 No
16		Hyperglycemia		NaN 1	6/12/20	00 00:00 No
17		Hyperglycemia		NaN 1	7/12/20	00 00:00 No
18		Appendicitis		NaN 1	3/06/20	00 00:00 No

10	Dishatia batasaidasi	_	N-N 10	/10/0000	00.00	M -
19	Diabetic ketoacidosi			/12/2000		No
20	Hyperglycemi			/02/2000		No
21	Suicidal ideation			/03/2000		No
22	Pregnanc	•		/05/2000		No
23	Uterine fibroi	d	NaN 22	/12/2000	00:00	No
24	Concussion	n	NaN 26	/05/2000	00:00	No
25	Hypoglycemi	a	NaN 26	/05/2000	00:00	No
26	Hyperglycemi	a	NaN 15	/08/2000	00:00	No
27	Hypoglycaemic seizur	е	NaN 27	/02/2000	00:00	No
28	Hypoglycemi		NaN 13	/06/2000	00:00	No
29	Hypoglycemi			/03/2001	00:00	No
30	Gastroenteriti			/10/2000		No
31	Hypoglycemi			/07/2000		No
32	Diabetic ketoacidosi			/09/2000		Yes
02	Diabetic Retodelacti	Ь	Nan Zi	7 007 2000	00.00	105
	AENotedStdyVisExam	MMAESorious	MMUnexpecte	4 AEDalo	StdyDrug	gDevice \
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1	No	Yes	Na.			NaN NaN
2	No	Yes	Na			NaN
3	No	Yes	Na			NaN
4	No	Yes	Na			NaN
5	No	No	N			NaN
6	No	Yes	Na	N		NaN
7	No	No	Na	N		NaN
8	No	Yes	Na	N		NaN
9	No	Yes	Na	N		NaN
10	No	Yes	Na	N		NaN
11	No	Yes	Na	N		NaN
12	No	No	Na	N		NaN
13	No	No	Na	N		NaN
14	No	Yes	Na	N		NaN
15	No	No	N	0		NaN
16	No	No	Na	N		NaN
17	No	No	Na			NaN
18	No	Yes	Na			NaN
19	No	No	Na			NaN
20	No	No	Na			NaN
21	N -	Yes	Na.			NaN
22	Mo	No	Na.			NaN
23	No	Yes	Na.			NaN NaN
24	No	No	Na.			NaN NaN
25	No	Yes	Na			NaN
26	No	No	Na			NaN
27	No	Yes	Na			NaN
28	No	Yes	Na			NaN
29	No	Yes	Na			NaN
30	No	No	Na	N		NaN

31	No	Yes	NaN	NaN	
32	No	Yes	NaN	NaN	
	AERelStdyDrugDeviceUncertain	MMHospD	iscRntObtained	\	
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26	NaN	No,	Not Requested		
27	NaN	No,	Not Requested		
28	NaN	No,	Not Requested		
29	NaN	No,	Not Requested		
30	NaN	No,	Not Requested		
31	NaN	No,	Not Requested		
32	NaN	No,	Not Requested		
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	AERelStdyTrtHighLvl	AERelStd	vTrtWhich AERel	lStdyDrugDeviceHighLvl	\
0	NaN	•	NaN	NaN	
1	NaN		NaN	NaN	
2	NaN		NaN	NaN	
3	NaN		NaN	NaN	
4	nan Nan		NaN	NaN	
5	Study diagnostic procedure		NaN N-N	NaN	
6	NaN		NaN	NaN	
7	NaN		NaN	NaN	

8	NaN	NaN	NaN
9	NaN	NaN	NaN
10	NaN	NaN	NaN
11	NaN	NaN	NaN
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13	NaN	NaN	NaN
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21	NaN	NaN	NaN
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24	NaN	NaN	NaN
25	NaN	NaN	NaN
26	NaN	NaN	NaN
27	NaN	NaN	NaN
28	NaN	NaN	NaN
29	NaN	NaN	NaN
30	NaN	NaN	NaN
31	NaN	NaN	NaN
32	NaN	NaN	NaN

.StdyTrtHighLvl	MMAERelStdy	AERelStdyDrugDeviceWhich	
NaN		NaN	0
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stic procedure	Study diagnostic	NaN	5
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25	NaN	NaN
26	NaN	NaN
27	NaN	NaN
28	NaN	NaN
29	NaN	NaN
30	NaN	NaN
31	NaN	NaN
32	NaN	NaN

[33 rows x 47 columns]

Another dataframe was created to show the data collected on adverse events that occured during the trial. An adverse event is "any untoward medical occurence in a study participant, irrespective of the relationship between the adverse event and the device(s) under investigation."

# []: df3.groupby('AEIntensity').count()

Warning: Total number of columns (46) exceeds max\_columns (20). Falling back to pandas display.

[]:	AEIntensity	RecID	PtID	Parent	LoginVisitID	AENo	tifiedDt Me	edicalCondit	ion	\
	Mild	4	4		0		4		4	
	Moderate	16	16		0		16		16	
	Severe	13	13		0		13		13	
	pevere	13	13		O		13		13	
		Medica	.1Condi	tionMM	AdverseEvent	Туре	AEOnsetDt	AEPrEnroll	\	
	AEIntensity									
	Mild			4		0	4	4		
	Moderate			16		0	16	16		
	Severe			13		0	13	13		
		AENote	dStdyV	isExam	MMAESerio	us M	MUnexpected	\		
	AEIntensity		J		•••		•			
	Mild			4	•••	4	2			
	Moderate			16	•••	16	0			
	Severe			13	•••	13	0			
		AERelS	tdyDru	gDevice	AERelStdyDr	ugDev	iceUncertai	n \		
	AEIntensity		•	=	·	-				
	Mild			0			(	)		
	Moderate			0			(	)		

DCVCIC	Ŭ		O .	
AEIntensity	MMHospDiscRptObtained	AERelStdyTrtHighLvl	AERelStdyTrtWhich	\
Mild	4	1	0	
Moderate	16	0	0	
Severe	13	0	0	
AEIntensity	AERelStdyDrugDeviceHigh	Lvl AERelStdyDrugDe	viceWhich \	
Mild		0	0	
Moderate		0	0	
Severe		0	0	
	MMAERelStdyTrtHighLvl			
AEIntensity				
Mild	1			
Moderate	0			
Severe	0			
[3 rows x 46	columns]			

0

0

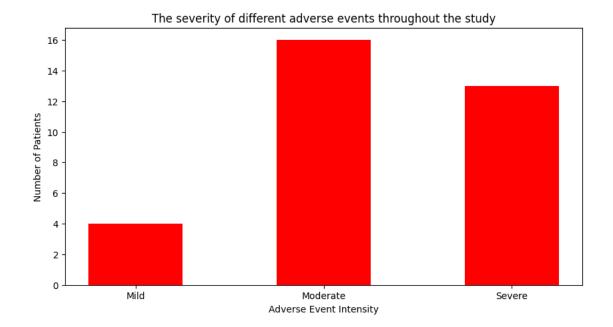
Severe

Groupby was used to group the events based on their severity. For the study an adverse event was rated on a three point scale as either mild, moderate or severe. As this is just a measures of intensity a severe event may not be that serious. How the intensity rating was decided is seen below.

- 1. Mild: Usually transient, requires no special treatment, and does not interfere with the participant's daily activities
- 2. Moderate: Usually causes a low level of inconvience or concern to the participant and may interfere with daily activities, but is usually ameliorated by simple therapeutic measures
- 3. Severe: Interrupts a participants's usual daily activities and generally requires systemic drug therapy or other treatment.

Whether or not the adverse event was caused due to the study will be decided by the study investigator.

```
[]: data = {'Mild':4, 'Moderate':16, 'Severe':13}
fig = plt.figure(figsize = (10,5))
Adverse_event_intensity = list(data.keys())
Values = list(data.values())
plt.bar(Adverse_event_intensity, Values, color = 'red', width = 0.5)
plt.xlabel('Adverse Event Intensity')
plt.ylabel('Number of Patients')
plt.title('The severity of different adverse events throughout the study')
plt.show()
```



This data was then visualised in the bar chart.

```
[]: path="/content/drive/MyDrive/Python/Adverse event.csv"
from google.colab import data_table
data_table.enable_dataframe_formatter()
df4=pd.read_csv(path)
df4
```

Warning: Total number of columns (31) exceeds max\_columns (20). Falling back to pandas display.

[]:	RecID	PtID	${\tt ParentLoginVisitID}$	D DKAC	ccurDt DKA	OccurDtApprox	\	
0	4	154	NaN	03/09/2000	00:00	NaN		
1	12	52	NaN	N 05/07/2000	00:00	NaN		
2	7	183	NaN	02/09/2000	00:00	NaN		
3	13	131	NaN	V 24/04/2001	00:00	NaN		
4	10	116	NaN	N 16/12/2000	00:00	NaN		
5	9	27	NaN	N 17/12/2000	00:00	NaN		
6	11	94	NaN	N 12/12/2000	00:00	NaN		
7	2	161	NaN	1 28/02/2000	00:00	NaN		
8	3	57	NaN	N 15/08/2000	00:00	NaN		
9	6	71	NaN	V 21/09/2000	00:00	NaN		
	DKAOcc	urDtUnk	DKAMetCriteria 0	GlucLevel Glu	ıcLevelUnits	GlucLevelUnk	•••	\
0		NaN	Cant deter	288.0	mg/dL	NaN	•••	
1		NaN	Definitely	600.0	mg/dL	NaN	•••	
2		NaN	No	328.0	mg/dL	NaN		

```
3
              NaN
                        Definitely
                                          587.0
                                                           mg/dL
                                                                              NaN
4
              NaN
                                 No
                                          516.0
                                                           mg/dL
                                                                              NaN
5
              NaN
                                 No
                                          331.0
                                                           mg/dL
                                                                              NaN
6
              NaN
                        Definitely
                                          617.0
                                                           mg/dL
                                                                              NaN
7
              NaN
                        Cant deter
                                                              NaN
                                                                              1.0
                                            NaN
8
              NaN
                                 No
                                          532.0
                                                           mg/dL
                                                                              NaN
9
              NaN
                                          478.0
                                                           mg/dL
                        Definitely
                                                                              NaN
                 EventCauseStdyDev EventCauseNonStdy
   CerebEdema
                                                                 DKAOutcome
0
                                                                       Other
            No
                                  No
                                                           Fully recovered
1
            No
                                  No
                                                      Yes
2
            No
                                  No
                                                       No
                                                           Fully recovered
3
            No
                                  No
                                                      Yes
                                                           Fully recovered
4
            No
                                  No
                                                      Yes
                                                           Fully recovered
5
                                                           Fully recovered
            No
                                  No
                                                      Yes
6
            No
                                 Yes
                                                       No
                                                           Fully recovered
7
      Unknown
                                                           Fully recovered
                                  No
8
      Unknown
                                                           Fully recovered
                                  No
                                                      Yes
9
                                                                       Other
      Unknown
                                 Yes
                                                      Yes
   SensorWear
                               SensorGlucUnits SensorGlucUnk
                                                                  AutoInsDelivWear
                 SensorGluc
0
           Yes
                         NaN
                                            NaN
                                                            1.0
                                                                                  No
1
      Unknown
                         NaN
                                            NaN
                                                            NaN
                                                                                  No
2
           Yes
                         NaN
                                            NaN
                                                            1.0
                                                                                  No
3
            No
                                                            NaN
                         NaN
                                            NaN
                                                                                  No
4
            No
                         NaN
                                            NaN
                                                            NaN
                                                                                  No
5
           Yes
                         {\tt NaN}
                                            NaN
                                                            1.0
                                                                                  No
6
            No
                                            NaN
                                                            NaN
                         {\tt NaN}
                                                                                  No
7
            No
                         NaN
                                            NaN
                                                            NaN
                                                                                  No
8
            No
                                                            NaN
                         NaN
                                            NaN
                                                                                  No
9
           Yes
                                                             1.0
                         NaN
                                            NaN
                                                                                  No
   AutoInsDelivMode
0
                  NaN
1
                  NaN
2
                  NaN
3
                  NaN
4
                  NaN
5
                  NaN
6
                  NaN
7
                  NaN
8
                  NaN
                  NaN
```

[10 rows x 31 columns]

A dataframe was created on the data related to Diabetic Ketoacidosis, which involves symptoms

such as polyuria, nausea or vomitting, serum ketones>1.5 mmol/L or large/moderate keytones; either arterial blood pH<7.30 or venous pH<7.24 or serum biocarbonate<1.5; and treatment provided in a healthcare facility.

Diabetic ketoacidosis is a serious condition that can occur as a result of diabetes. The lack of insulin means the body cannot use sugar for energy so instead uses fat. However the breakdown of fat releases chemicals known as ketones. Ketones are acidic, and if let unchecked to build up can make the blood acidic.

Although it can affect people with type 2 diabetes it mainly occurs in people with type 1.

```
[]: a = df4[['GlucLevel']].mean()
b = df4[['GlucLevel']].std()
print(a)
print(b)
```

GlucLevel 475.222222

dtype: float64

GlucLevel 127.762258

dtype: float64

From the calculations above we can see that when diabetic ketoacidosis occurs the average blood glucose is much higher than what it should be, highlighting how dangerous it can.

Along with this the standard deviation is also larger indication a high glycemic variability.

```
DKAOutcome Fully recovered Other
DKAMetCriteria
Cant deter 1 1
Definitely 3 1
No 4 0
```

A simply contingency table was created to show the outcome and if the event met the criteria for it to have thought to be caused by the trial itself.

```
[]: path="/content/drive/MyDrive/Python/Device CGM.csv"
    from google.colab import data_table
    data_table.enable_dataframe_formatter()
    df5=pd.read_csv(path)
    df5
```

Warning: total number of rows (1048575) exceeds max\_rows (20000). Falling back to pandas display.

```
2
          1539487
                      39
                                                   651
                                                        21/04/2000 04:41
3
                      39
                                                   651
                                                        21/04/2000 04:46
          1539488
4
         1539489
                      39
                                                   651
                                                        21/04/2000 04:51
                                                   872
                                                        18/02/2000 14:44
1048570
         2932875
                     152
         2932876
                     152
                                                   872
                                                        18/02/2000 14:49
1048571
1048572
                                                   872
                                                        18/02/2000 14:54
         2932877
                     152
1048573
                                                   873
                                                        09/03/2000 13:34
         2932878
                     182
                                                   873
                                                        09/03/2000 13:34
1048574
         2932879
                     182
           RecordType
                        Value
                                Units
                                        SortOrd
0
                                mg/dL
                  CGM
                          135
                                           7880
1
                  CGM
                          133
                                mg/dL
                                           7881
2
                  CGM
                          133
                                mg/dL
                                           7882
3
                  CGM
                          133
                                mg/dL
                                           7883
4
                  CGM
                          134
                                mg/dL
                                           7884
                           •••
1048570
                  CGM
                          233
                                mg/dL
                                           3276
1048571
                          230
                                mg/dL
                  CGM
                                           3277
1048572
                  CGM
                          229
                                mg/dL
                                           3278
1048573
         Calibration
                          215
                                mg/dL
                                              1
1048574
         Calibration
                                mg/dL
                                              2
                          211
```

[1048575 rows x 8 columns]

This dataframe contains the readings obtained from the CGM device for the CGM group. As can be seen from the dataframe glucose values were taken every 5 seconds.

```
[]: df5_1 = df5[['RecordType', 'Value',]]
df5_1.groupby(['RecordType', 'Value']).count()
```

## []: Empty DataFrame

Columns: []
Index: [(CGM, 39), (CGM, 40), (CGM, 41), (CGM, 42), (CGM, 43), (CGM, 44), (CGM, 45), (CGM, 46), (CGM, 47), (CGM, 48), (CGM, 49), (CGM, 50), (CGM, 51), (CGM, 52), (CGM, 53), (CGM, 54), (CGM, 55), (CGM, 56), (CGM, 57), (CGM, 58), (CGM, 59), (CGM, 60), (CGM, 61), (CGM, 62), (CGM, 63), (CGM, 64), (CGM, 65), (CGM, 66), (CGM, 67), (CGM, 68), (CGM, 69), (CGM, 70), (CGM, 71), (CGM, 72), (CGM, 73), (CGM, 74), (CGM, 75), (CGM, 76), (CGM, 77), (CGM, 78), (CGM, 79), (CGM, 80), (CGM, 81), (CGM, 82), (CGM, 83), (CGM, 84), (CGM, 85), (CGM, 86), (CGM, 87), (CGM, 88), (CGM, 89), (CGM, 90), (CGM, 91), (CGM, 92), (CGM, 93), (CGM, 94), (CGM, 95), (CGM, 96), (CGM, 97), (CGM, 98), (CGM, 99), (CGM, 100), (CGM, 101), (CGM, 102), (CGM, 103), (CGM, 104), (CGM, 105), (CGM, 106), (CGM, 107), (CGM, 108), (CGM, 109), (CGM, 110), (CGM, 111), (CGM, 112), (CGM, 113), (CGM, 114), (CGM, 115), (CGM, 116), (CGM, 117), (CGM, 118), (CGM, 119), (CGM, 120), (CGM, 121), (CGM, 122), (CGM, 123), (CGM, 124), (CGM, 125), (CGM, 126), (CGM,

127), (CGM, 128), (CGM, 129), (CGM, 130), (CGM, 131), (CGM, 132), (CGM, 133),

```
(CGM, 134), (CGM, 135), (CGM, 136), (CGM, 137), (CGM, 138), ...]
[838 rows x 0 columns]
```

The data was grouped together by value and record type to show which values were actually taken from the CGM device and which were obtained for callibration of the device.

```
[]: CGM_glucose_value_total = df5['Value'].count()
print(CGM_glucose_value_total)
```

#### 1048575

The total number of glucose readings was calculated using the count function. This value is used in later calculations.

```
[]: CGM_glucose_values_in_sections = df5_1.groupby(pd.cut(df5_1['Value'], [0, 80, 4180, 600])).count()
print(CGM_glucose_values_in_sections)
```

	${ t RecordType}$	Value
Value		
(0, 80]	67806	67806
(80, 180]	409535	409535
(180, 600]	571234	571234

Using the groupby and cut functions the values were separted into three different range groups:

- 1.0 80
- 2. 80 180
- 3. 180 600

These values were chosen as for a diabetic the normal blood glucose value range is between 80 and 180 mg/dL. Although they can vary due to different confounding factors such as if the person has ate recently, usually if the value goes below or above this range it can be considered hypoglycemia or hyperglycemia respectfully.

As stated earlier for a type 1 diabetic it is far more common fro them to experience hyperglycemia.

\*Value 600 was chosen as no value went above this number.

```
[]: less_than_70 = (67806/CGM_glucose_value_total)*100
between_70_150 = (409535/CGM_glucose_value_total)*100
greater_than_150 = (571234/CGM_glucose_value_total)*100
print(less_than_70)
print(between_70_150)
print(greater_than_150)
```

```
6.466490236749875
39.05633836397015
```

54.477171399279975

The values that were found above were then divided by the CGM\_glucose\_value\_total, which was found earlier, and multiplied by to give the percentage of values in each group.

This was displayed in the table below.

```
[]: myCGMdata = [
        ['<80', '6.46'],
        ['80<GL<180', '39.06'],
        ['>180', '54.48'],
]

head = ['CGM Glucose Value', 'Percentage of Values in that Range']
print(tabulate(myCGMdata, headers=head, tablefmt = 'grid'))
```

+	<b></b>
CGM Glucose Value	Percentage of Values in that Range   +====================================
<80	6.46
80 <gl<180< td=""><td>  39.06  </td></gl<180<>	39.06
>180	54.48     .
+	+

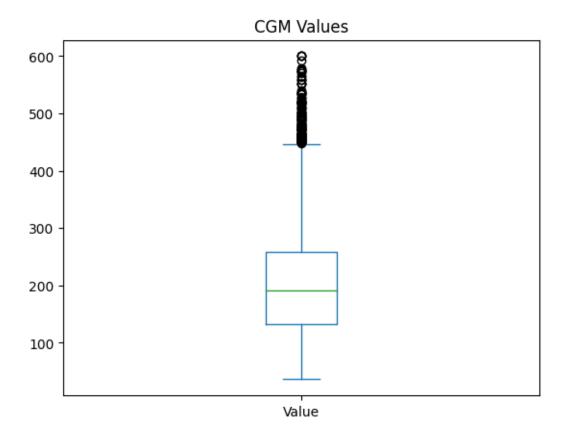
From the table it can be seen that the group that has the highest percentage is the greater than 180 group. This suggests that from the glucose values measured alot of the participents may have been verging on becoming hyperglycemic, however this table does not give an indicator of how far over the 180  $\rm mg/dL$  each value was.

This can be further investigated by comparing this data with dataframe 3, which holds the information about adverse events. This dataframe shows that 5 hyperglyemic events occurred throughout the study.

For this study however hyperglycemia was only classed as an adverse event if it met one of the following criteria:

- 1. The event involved DKA or;
- 2. In the absence of DKA if evaluation or treatment was obtained at a healthcare provider facility

```
[]: df5['Value'].plot(kind='box', title = 'CGM Values')
plt.show()
```



The data can also be displayed in a box plot showing the different values the CGM takes on throughout the study.

The box plot helps to visualise where most of the values fall which supports the calculations performed above.

```
[]: path="/content/drive/MyDrive/Python/CGM RCT.csv"
from google.colab import data_table
data_table.enable_dataframe_formatter()
df6=pd.read_csv(path)
df6
```

Warning: total number of rows (1048575) exceeds max\_rows (20000). Falling back to pandas display.

```
[]:
              PtID
                                               Value TrtGroup
                                  DeviceDtTm
                                                                nightFlg
     0
                 70
                     29JAN2000:16:11:21.000
                                                  93
                                                           CGM
                                                                        0
                 70
                     29JAN2000:16:16:21.000
                                                  92
                                                           CGM
                                                                        0
     1
     2
                                                  96
                                                           CGM
                                                                        0
                 70
                     29JAN2000:16:21:21.000
     3
                 70
                     29JAN2000:16:26:22.000
                                                           CGM
                                                                        0
                                                 101
     4
                 70
                     29JAN2000:16:31:21.000
                                                 107
                                                           CGM
                                                                        0
```

```
1048570
           44 15JUL2000:17:54:09.000
                                         186
                                                  BGM
                                                               0
               15JUL2000:17:59:09.000
                                         186
                                                  BGM
                                                               0
1048571
           44
1048572
           44
               15JUL2000:18:04:09.000
                                         193
                                                  BGM
                                                               0
1048573
           44
               15JUL2000:18:09:09.000
                                         216
                                                  BGM
                                                               0
1048574
           44 15JUL2000:18:14:09.000
                                                               0
                                         227
                                                  BGM
                 visit
                                        period
0
         Randomization
                                   1) Baseline
         Randomization
                                   1) Baseline
1
2
         Randomization
                                   1) Baseline
3
         Randomization
                                   1) Baseline
4
         Randomization
                                   1) Baseline
1048570 13 week visit 2) Follow-up (Phase 1)
1048571 13 week visit 2) Follow-up (Phase 1)
1048572 13 week visit 2) Follow-up (Phase 1)
1048573 13 week visit 2) Follow-up (Phase 1)
1048574 13 week visit 2) Follow-up (Phase 1)
```

[1048575 rows x 7 columns]

Warning: total number of rows (1048575) exceeds max\_rows (20000). Falling back to pandas display.

```
[]:
                         DateTime Glucose Value
                                                   Patient ID
     0
             2000-01-29 16:11:21
                                                            70
                                               93
     1
             2000-01-29 16:16:21
                                               92
                                                           70
     2
             2000-01-29 16:21:21
                                               96
                                                            70
     3
             2000-01-29 16:26:22
                                              101
                                                           70
             2000-01-29 16:31:21
                                              107
                                                            70
     1048570 2000-07-15 17:54:09
                                              186
                                                            44
     1048571 2000-07-15 17:59:09
                                                            44
                                              186
     1048572 2000-07-15 18:04:09
                                              193
                                                            44
     1048573 2000-07-15 18:09:09
                                              216
                                                            44
     1048574 2000-07-15 18:14:09
                                              227
                                                            44
```

[1048575 rows x 3 columns]

From df6 a new dataframe named df6 1 was created to only show the DateTime, Glucose Value

and Patient ID columns. Along with this the format of the DateTime column was adjusted so that it was able to represent the date and time in a more clear format.

```
[]: df6_2 = df6_1[df6_1['Patient ID']==70]
df6_2
```

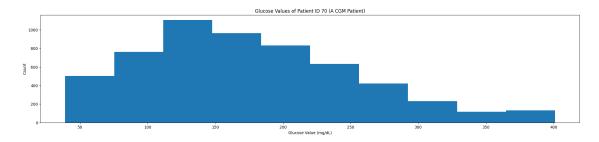
```
[]:
                      DateTime Glucose Value
                                                Patient ID
     0
          2000-01-29 16:11:21
                                            93
                                                         70
          2000-01-29 16:16:21
     1
                                            92
                                                         70
     2
          2000-01-29 16:21:21
                                            96
                                                         70
     3
          2000-01-29 16:26:22
                                           101
                                                         70
          2000-01-29 16:31:21
                                           107
                                                         70
                                                         70
     5693 2000-08-05 15:30:03
                                           315
     5694 2000-08-05 15:35:03
                                           289
                                                         70
     5695 2000-08-05 15:40:03
                                           309
                                                         70
     5696 2000-08-05 15:45:03
                                           306
                                                         70
     5697 2000-08-05 15:50:03
                                           293
                                                         70
```

[5698 rows x 3 columns]

df\_2 was created to only show the glucose values of Patient ID 70

```
[]: plt.figure(figsize=(25,5))
    plt.hist(df6_2['Glucose Value'] )
    plt.xlabel('Glucose Value (mg/dL)')
    plt.ylabel('Count')
    plt.title('Glucose Values of Patient ID 70 (A CGM Patient)')
```

## []: Text(0.5, 1.0, 'Glucose Values of Patient ID 70 (A CGM Patient)')



From df6 2 a histogram showing Patient ID 70's glucose values can be created.

```
[]: df6_2_1 = df6_1[df6_1['Patient ID'] == 44] df6_2_1
```

```
[]: DateTime Glucose Value Patient ID 1042741 2000-03-25 18:48:32 107 44
```

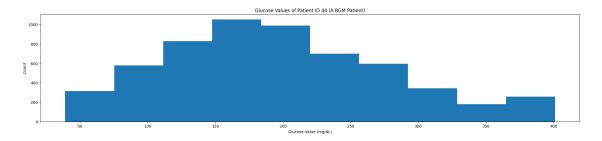
```
1042742 2000-03-25 18:53:31
                                         107
                                                       44
1042743 2000-03-25 18:58:31
                                         106
                                                       44
1042744 2000-03-25 19:03:31
                                         100
                                                       44
1042745 2000-03-25 19:08:31
                                         103
                                                       44
1048570 2000-07-15 17:54:09
                                         186
                                                       44
                                                       44
1048571 2000-07-15 17:59:09
                                         186
1048572 2000-07-15 18:04:09
                                         193
                                                       44
1048573 2000-07-15 18:09:09
                                                       44
                                         216
1048574 2000-07-15 18:14:09
                                         227
                                                       44
```

[5834 rows x 3 columns]

df6\_2\_1 was created in the same way as df6\_2 but this time it was to extract the glucose values of Patient Id 44.

```
[]: plt.figure(figsize=(25,5))
   plt.hist(df6_2_1['Glucose Value'] )
   plt.xlabel('Glucose Value (mg/dL)')
   plt.ylabel('Count')
   plt.title('Glucose Values of Patient ID 44 (A BGM Patient)')
```

## []: Text(0.5, 1.0, 'Glucose Values of Patient ID 44 (A BGM Patient)')



Again a histogram was created using the glucose values of Patient ID 44.

Patient ID 70 and 44's glucose values were extracted as 70 belongs to the CGM group whereas 44 belongs to the BGM. The histograms show that both patients blood glucose values follow a nealry normal distribution, which is important for later calculations.

A new dataframe was created using the data collected from the the randomised control trial, also known as Phase 1 of the study. This included information such as the glucose value, treatment group and which visit it was recorded at.

```
[]: df6_3 = df6[['TrtGroup', 'Value', 'visit']]
print(df6_3)
```

```
TrtGroup Value visit
O CGM 93 Randomization
```

```
CGM
                      92
                          Randomization
1
2
              CGM
                      96
                          Randomization
3
              CGM
                     101
                          Randomization
4
              CGM
                     107
                          Randomization
1048570
             BGM
                     186
                          13 week visit
1048571
             BGM
                     186
                          13 week visit
1048572
             BGM
                     193
                          13 week visit
                          13 week visit
1048573
             BGM
                     216
1048574
             BGM
                     227
                          13 week visit
```

[1048575 rows x 3 columns]

```
[]: x = df6_3.groupby(['TrtGroup', 'visit']).mean()
print(x)
y = df6_3.groupby(['TrtGroup', 'visit']).std()
print(y)
```

```
Value
TrtGroup visit
BGM
         13 week visit
                       207.815593
         26 week visit
                       222.780212
        Randomization 209.203342
CGM
         13 week visit 202.397047
         26 week visit 199.408356
        Randomization 211.729527
                            Value
TrtGroup visit
BGM
                       96.215428
         13 week visit
         26 week visit
                       97.894132
        Randomization 96.755793
CGM
         13 week visit
                       84.315317
         26 week visit
                       85.696603
        Randomization 94.019137
```

The groupby function was used to group the data togther by treatment group and visit. The mean and standard deviation functions were then applied to find the mean glucose value and the standard deviations at randomization (week 0 of the trial), week 13 and week 26 visits for the different treatment groups.

```
[]: CGM_CV_randomization = (94.019/211.729)*100
    CGM_CV_week26 = (85.697/199.408)*100
    BGM_CV_randomization = (96.756/209.203)*100
    BGM_CV_week26 = (97.894/222.780)*100
    print(CGM_CV_randomization)
    print(CGM_CV_week26)
    print(BGM_CV_randomization)
    print(BGM_CV_week26)
```

```
44.405348346235044
42.97570809596406
46.24981477321071
43.942005566029266
```

From the standard deviations I was able to calculate the coefficient of variation (CV). The CV summarizes the variation as a proportion of the mean value. This can be used instead of standard devaition as someone with a higher mean glucose level will also have a higher standard deviation. By using CV this helps to normalize glucose variability. [3]

Ideally most experts want to see a CV of 33% or lower. From the results above we can see that none of the the CV values meet this goal. However, we can also see that both the CV of the CGM and BGM did fall over the course of the size weeks. While BGM did have a bigger improvement, the CGM still has the lowest CV value meaning it has the least glucose variability.

```
[]: J_CGM_rand = 0.001*(211.729 + 94.019)**2
J_CGM_26 = 0.001*(199.408 + 85.697)**2
J_BGM_rand = 0.001*(222.78 + 98.756)**2
J_BGM_26 = 0.001*(209.203 + 97.894)**2
print(J_CGM_rand)
print(J_CGM_26)
print(J_BGM_rand)
print(J_BGM_26)
```

93.48183950400004 81.28486102500001 103.385399296 94.30856740899998

Above the J-index has also been calculated for the CGM and BGM values at randomization and week 26. The J-index is similar to the CV value as it is also a parameter for measuring the average blood glucose level and its variability over time. [4]

From above again we can see that that both groups showed an improvement in variability from randomization to week 26. Along with this although BGM had the biggest difference CGM still had the lowest variability.

The J-index is still a relativitely new parameter for calculating glucose variability and has not yet been widely adopted by health-care proffesionals. CV is the more common parameter.

```
[]: SE = math.sqrt(((8.31**2)/74) + ((1.135**2)/79))
T = (12.32 - 13.57)/(SE)
scipy.stats.t.sf(abs(T), df=73)
```

## []: 0.10180795365833413

As it can be seen from the 2 histograms created using the glucose values from Patient Id's 70 and 44, the glucose values follow a nearly normal distribution, meaning a T-test can be performed to find the p-value for the hypothesis test. As this was to compare the difference from randomization and week 26 for the CGM and BGM, the differences for CGM and BGM between the 2 weeks was calculated, and it was these values that were used in the calculation.

From this we got a p-value that is equal to 0.102. As this is bigger than the signficance level of 0.05, we fail to reject the null hypothesis, that was stated at the beginning of this notebook. This means that from the data provided there is currently not enough evidence to suggest that CGM leads to lower glucose variability compared to that of BGM.

## References

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- [3] A. Brown, D. Gopisetty (2018 October) "Understanding Average Glucose, Standard Deviation, CV, and Blood Sugar Variability" dia Tribe Learn [online] https://diatribe.org/understanding-average-glucose-standard-deviation-cv-and-blood-sugar-variability
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