

Veteran Resume Resource Guide

This document outlines 2 resources you can use to help you create and /or update your resume. You can always reach us at placement@codeup.com with any additional questions!

Verification of Military Experience and Training (VMET)

1. Gathers all reported demographic, training, and experience records in one place.
2. Describes your service related occupations in civilian terms.

How to get a copy of your VMET document?

1. Sign into milConnect : <https://myaccess.dmdc.osd.mil/identitymanagement/app/login>

Once you obtain a copy you can use that to inform your resume and transfer over relevant information and tailor it accordingly.

O*NET Online: Military Crosswalk Search: <https://www.onetonline.org/crosswalk/MOC/>

1. You can conduct a "Military Crosswalk Search" by searching by occupation code or title by branch of service.
2. Once you find your job code or title, you can then access the following information to help you with resume:
 1. Descriptions of tasks related to the occupation
 2. List of technology skills used
 3. Work activities
 4. Detailed work activities
 5. List of soft skills
 6. List of knowledge skills needed
 7. Other related characteristics needed for job