[Template:Refimprove](/wiki/Template:Refimprove" \o "Template:Refimprove) [Template:Wiktionary](/wiki/Template:Wiktionary) [thumb|right|260px|*The Drunkard's Progress*, a lithograph by](/wiki/File:The_Drunkard's_Progress_-_Color.jpg) [Nathaniel Currier](/wiki/Nathaniel_Currier) supporting the temperance movement (January 1846) [thumbnail|upright=1.2|An allegorical map on temperance, accompanied by a lengthy poem. The 'Religion Channel' was a strong current away from 'Misery Regions' and the 'Reprobate Empire,' 1846](/wiki/File:William_Meacham_Murrell,_Map_on_Temperance,_1846_Cornell_CUL_PJM_1052_01.jpg) **Teetotalism** is the practice or promotion of complete personal [abstinence](/wiki/Abstinence) from [alcoholic beverages](/wiki/Alcoholic_beverage). A person who practices (and possibly advocates) teetotalism is called a teetotaler (also spelled teetotaller; plural teetotalers or teetotallers) or is simply said to be teetotal. The teetotalism movement was first started in [Preston](/wiki/Preston,_Lancashire), England, in the early 19th century.[[1]](#cite_note-1)