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Top 5 Important Holidays During the American Calendar Year

The United States has many important national holidays. These holidays range from days that the early settlers celebrated to days that different cultures celebrate. Here, we have picked five holidays that we consider to be the biggest, and we will talk about them in reverse order.

Number Five: Super Bowl Sunday

The fifth most important holiday is Super Bowl Sunday. Super Bowl Sunday is not an actual holiday in America, but since it falls on a Sunday, it is widely observed. It is the championship game of the NFL or the National Football League, the major professional football league. The game draws one of the biggest, if not the biggest, audiences of any TV event each year, and even people who are not usually football fans will tune in. People will usually throw barbecue parties with a lot of food and beer and play football in the street during halftime. Since the audience is so big, many companies make special commercials for the event. These are popular and many people talk about them the next day at work.

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Number Four: New Year's Eve

The fourth most significant holiday is New Year's Eve and not New Year's Day. People like to celebrate New Year's Eve with parties or at bars with friends and family. There's usually a lot of drinking involved and games as well. The highlight of the night is the countdown to end the year, when people gather, usually around the TV, and count down the last ten seconds together. When they reach zero, they yell out "Happy New Year!" People then will kiss a loved one or a complete stranger to celebrate the new year. You can see people rush around at the last minute trying to find the right person to kiss.

Number Three: Independence Day

The third most important holiday is Independence Day, the fourth of July. It's a day to remember America declaring its independence from Britain. America was a group of British colonies, and after much frustration over the treatment they were receiving from the King of England, the colonists had Thomas Jefferson write the Declaration of Independence on July 4, 1776. These days it is celebrated with games, picnics, and barbecues in backyards, at parks, and on beaches. Fireworks are also a main event on this day, and people gather to watch public firework displays.

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Number Two: Thanksgiving Day

The second most significant holiday is Thanksgiving Day, which is held on the third Thursday of November each year. It's celebrated by getting together, usually with extended family, and is marked by eating lots of food. The most traditional food to eat on Thanksgiving is turkey. Since it's a large bird, it's perfect for large groups of friends and family. The turkey is traditional because it is a reminder of how the early European settlers in America shared a harvest meal with the Native Americans long ago. That's why Thanksgiving is not only a harvest celebration like they have in other countries, but it reminds Americans of the many things to be thankful for.

Number One: Christmas Day

The number one holiday in the United States is Christmas Day. This day, the twenty-fifth of December, is really big in America, and like Thanksgiving, a lot of people travel across the country to be with their relatives. It is a time for giving presents and eating feasts, which makes this holiday popular for children and adults alike. Most people gain weight during the holiday period between Thanksgiving and the New Year, and the biggest culprit is Christmas because of the big feasts and sweet desserts. Some people serve turkey again, but you also see ham, roast beef, and other dishes. Eggnog is a popular dessert at this time, which can be non-alcoholic for children or spiked with rum or brandy for adults.

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