

## Gowning and gloving another person

(0:17 - 0:33)

Hello, everybody. I am Mike from Surge Tech Academy, and today I'm going to demonstrate the steps for gowning and gloving another person. Now, most often I would have my goggles and my mask on, but for today, education purposes, I'm going to have those off.

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Now, usually the person that's going to come into the room is a surgeon, but it can be another scrub tech, can be a nurse, can be a resident, whoever. At this point, I've already gown and gloved myself, and my field and myself are sterile. So first, the person walks into the room and I have to present the towel to them.

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Now, I know how much I hate those white paper towels, so I always give my surgeon a cloth towel. So on the short edge of the towel, I create a cuff and I place the towel into the surgeon's right hand. Now, while they are drying their hands, I don't have to watch them do that.

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I can go on to the next step, and I'm going to go ahead and grab the gown. Now, a couple of things. I always present the gown pointing towards the surgeon.

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I extend the gown all the way to the floor, making sure I don't touch anything unsterile. I like to grab the very side edges of the gown. Now, there are a couple ways we can cuff our hands.

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I like to do this little twirly action, so that way my fingers are completely cuffed. Some people just grab the gown and put on. It's really up to you.

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The key is you want to make sure all your fingers are covered. So after I've made a good cuff, the arm holes are open, the surgeon's going to walk in, and I'm going to drop the gown right about the ears. Now, the key to this is I have a good cuff with my gloves going in, but coming out, they're open.

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So if I extend too far and I come back, the risk is that I could touch the bonnet or their goggles.

So I always tell my students, drop at the ears. After I've dropped the gown, I'm going to expose the hands.

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Again, sometimes the surgeon's going to take care of this on their own. Sometimes the circulator will pull on the gown. But again, we're going to expose the hands.

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Next, we're going to grab the glove. I tell my students always to do the right glove first. Now, there's a couple techniques we can use when we glove the surgeon.

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So I think the best way is to completely cover our hands. And how we do that is by we invert the very edge of the glove. So I'm going to go ahead and invert the very edge and put my thumbs underneath.

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Now, the key is I want to get a perfect circle for the surgeon to put their hand in. So palm is facing towards the surgeon. The writing is facing towards the servant.

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And I'm going to present the glove to them, and the surgeon's going to put it in. Awesome. Now, the left glove is a lot easier.

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I just extend the glove completely. The palm and the writing are facing the surgeon. I just extend the glove.

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Now, this is where I use the second method of gloving. Here, my thumbs are out. They're not protected, but it's pretty hard to get them contaminated.

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So you can either completely cover your fingers or just have your thumbs out. The surgeon's going to grab the glove and extend it to that perfect circle and put their hand in. Awesome.

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So, at this point, the surgeon's going to grab the tie. I'm going to grab the green part. The surgeon's going to turn and pull and tie.

(3:42 - 3:49)

And there we have it. We just gown and gloved another team member. So, until next time, I want you to have a great day in surgery.

(3:50 - 3:53)

Be sure to be a superstar in your OR.