

Submissive BDSM Play Partner Check List.

This checklist should be filled out by a Sub and provided to their Dom/Top before playing with them.

This will provide a quick "head-start" to identifying limits, negotiating and finding common ground for play. Dominants may wish to work through the checklist, to get a better handle on their specific interests. Switches should go through the checklist twice; one person's Dom and Sub interests may be very different. For each item, you need to provide two answers:* For experience, write YES or NO next to each item to indicate if you have ever DONE that activity. Mark N/A if it does not apply to your gender.*

-Mark with an asterisk (*) those items which you are willing to do only with your current sex partner(s), but not with casual play-partners.-Note any additional information or nuances, which might be important for your Dom to know in the margin to the right. For example, under diapers you might wish to distinguish between "wetting" and "soiling".

There is intentionally some overlap between categories. Unless otherwise stated, the Sub is the recipient/target of the activity.

Experience, WillingnessNotes & Nuances Yes/No, NO or 0-5 or ?

- Abrasion:
- Age play:
- Anal sex:Anal plugs (small):Anal plugs (large):
- Anal plug (public, under clothes):
- Animal roles:
- Arm & leg sleeves (arm-binders):
- Aromas:
- Asphyxiation:
- Auctioned for charity:
- Ball stretching:
- Bathroom use control:
- Bestiality:
- Beating (soft):
- Beating (hard):
- Blindfolds:
- Being serviced (sexual):
- Being bitten:
- Breast/chest bondage:
- Breath control:
- Branding:
- Boot worship:
- Bondage (light):
- Bondage (heavy):
- Bondage (multi-day):
- Bondage (public, under clothing):
- Breast whipping:
- Brown showers (scat):
- Cages (locked inside of):
- Caning:Castration fantasy:
- Catheterisation:
- Cattle prod (electrical toy):
- Cells/Closets (locked inside of):
- Chains:
- Chamber-pot use:
- Chastity belts:
- Chauffeuring:
- Choking:
- Chores (domestic service):
- Clothespins:
- Cock rings/straps:
- Cock worship:
- Collars (worn in private):

- Collars (worn in public):
- Competitions (with other Subs):
- Corsets (wearing casually):
- Corsets (trained waist reduction):
- Cross-dressing:
- Cuffs (leather):
- Cuffs (metal):
- Cutting:
- Diapers (wearing):
- Diapers (wetting):
- Diapers (soiling):
- Dilation:
- Dildoes:
- Double penetration:
- Electricity:
- Enemas (for cleansing):
- Enemas (retention/punishment):
- Enforced chastity:
- Erotic dance (for audience):
- Examinations (physical):
- Exercise (forced/required):
- Exhibitionism (friends):
- Exhibitionism (strangers):
- Eye contact restrictions:
- Face slapping:
- Fantasy abandonment:
- Fantasy rape:
- Fantasy gang rape:
- Fear (being scared):
- Fisting (anal):
- Fisting (vaginal):
- Flame play:
- Following orders:
- Food play (cucumbers, sorbet, etc):
- Foot worship:
- Forced bedwetting:
- Forced dressing:
- Forced eating:
- Forced homosexuality:
- Forced heterosexuality:
- Forced masturbation:
- Forced nudity (private):
- Forced nudity (around others):
- Forced servitude: Forced smoking: Full head hoods:
- Gags (clothe):
- Gags (inflatable):
- Gags (phallic):
- Gags (rubber):
- Gags (tape):
- Gas masks:
- Gates of Hell (male):
- Genital sex:
- Given away to another Dom (temp):
- Given away to another Dom (perm):
- Golden showers:
- Gun play:
- Hairbrush spankings:
- Hair pulling:
- Hand jobs (giving):
- Hand jobs (receiving):
- Harems (serving w/other subs):
- Harnessing (leather):

- Harnessing (rope):
- Having food chosen for you:
- Having clothing chosen for you:
- Head (give fellatio/cunnilingus):
- Head (receive fellatio/cunnilingus):
- High heel wearing:
- High heel worship:
- Homage with tongue (non-sexual):
- Hoods:
- Hot oils (on genitals):
- Hot waxing:
- Housework (doing):
- Human puppy dog:
- Humiliation (private):
- Humiliation (public):
- Hypnotism:
- Ice cubes:
- Immobilisation:
- Infantilism:
- Initiation rites:
- Injections:
- Intricate (Japanese)
- rope bondage:
- Interrogations:
- Kidnapping:
- Kneeling:
- Knife play:
- Leather clothing:
- Leather restraints:
- Lectures for misbehaviour:
- Licking (non-sexual):
- Lingerie (wearing):
- Manacles & Irons:
- Manicures (giving):
- Massage (giving):
- Massage (receiving):
- Medical scenes:
- Modeling for erotic photos:
- Mouth bits:
- Mummification:
- Name change (for scene):
- Name change (legal, permanent):
- Nipple clamps:
- Nipple rings (piercings):
- Nipple play/"torture":
- Nipple weights:
- Oral/anal play (rimming):
- Over-the-knee spanking:
- Orgasm denial:
- Orgasm control:
- Outdoor scenes:
- Outdoor sex:
- Pain (mild):
- Pain (medium):
- Pain (severe):
- Persona training (in scene):
- Personality modification (RL):
- Phone sex (serving Dom):
- Phone sex (serving Dom's friends):
- Phone sex (commercial provider):
- Piercing (temporary, play-pierce):
- Piercing (permanent):

- Plastic surgery:
- Prison scenes:
- Prostitution (public pretense):
- Prostitution (actual):
- Pony slave:Public exposure:
- Punishment scene:
- Pussy/cock whipping:
- Pussy worship:Riding crops:
- Riding the "horse" (crotch torture):
- Rituals:Religious scenes:
- Restrictive rules on behaviour:
- Rubber/latex clothing:
- Rope body harness:
- Saran wrapping:
- Scarification:
- Scratching - getting:
- Scratching - giving:
- Sensory deprivation:
- Serving:Serving as art:
- Serving as ashtray:
- Serving as furniture:
- Serving as a maid:
- Serving as toilet (urine):
- Serving as toilet (faeces):
- Serving as waitress/waiter:
- Serving orally (sexual):
- Serving other doms (supervised):
- Serving other doms (unsupervised):
- Sexual deprivation (short term):
- Sexual deprivation (long term):
- Shaving (body hair):
- Shaving (genital hair):
- Shaving (head hair):
- Skinny-dipping:
- Sleep deprivation:
- Sleepsacks:
- Slutty clothing (private):
- Slutty clothing (public):
- Spandex clothing:
- Spanking:
- Speech restrictions (when, what):
- Speculums (Anal):
- Speculums (vaginal):
- Spitting:
- Spreader bars:
- Standing in corner:
- Stocks:
- Straight jackets:
- Strap-on-dildos (sucking on):
- Strap-on-dildos (penetrated by):
- Strap-on-dildos (wearing):
- Strapping (full body beating):
- Suspension (upright):
- Suspension (inverted):
- Suspension (horizontal):
- Supplying new partners for Dom:
- Swallowing faeces:
- Swallowing semen:

- Willingness quick-key:

NO I WILL NOT DO that item under ANY circumstances (a hard limit).

1 Don't want to do, but will. 2 Willing to do,

4 LIKE doing, would like it on a regular basis.

5 WILD TURN-ON, would like it as often as possible.