

# JamesOsewe

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## Professional Summary

Nursing professional with a strong attention to detail and a collaborative approach to patient care. Skilled in practical nursing techniques and committed to delivering efficient and high-quality care in diverse healthcare systems.

## Core Competencies

- Patient Assessment and Monitoring
- Emergency response and triaging
- Medication Administration
- Wound care and Management
- Patient Education and Counselling
- Care Planning and Implementation
- Documentation and Reporting

## PROFESSIONAL EXPERIENCE

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### 2 DEC – PRESENT: CONTRACT NURSE – KILIFI COUNTY REFERRAL HOSPITAL

- Administer prescribed medications and treatment.
- Taking vital signs and interpreting like blood pressure, pulse rate and temperature.
- Keeping accurate medical records and charts.
- Educating patients about health conditions and care plans.
- Responding to emergencies and deteriorating patients and patient conditions quickly and appropriately.
- Conducting wound care and dressing changes.

### 4 AUG– 28 NOV 2024: GUEST CARE NURSE SPECIALIST – GENEVA GUEST HOUSE

- Provided on-site medical assistance to guests.
- Addressed minor injuries, illnesses, and wellness concerns during customer stay.

### 3 NOV – 7 DEC 2023: SUBCOUNTY EXPERIENCE – VIPINGO SUB COUNTY HOSPITAL

- Monitored KEPI stores
- Dispensed vaccines to other facilities
- Supervised health centres and dispensaries within the area

#### **17 OCT – 3 NOV 2023: PSYCHIATRY EXPERIENCE - PORTREITZ MOMBASA**

- Dispensed drugs to patients
- Provided Nursing care to patients with psychiatric conditions
- Conducted group therapies
- Counselling patients
- Admitted new clients

#### **4 AUG – 18 SEP 2023: IMMUNIZATION AND RURAL MANAGEMENT EXPERIENCE – GOTANI HEALTH CENTER**

- Administered Immunization
- Offered Family planning services
- Conducted deliveries and offered Ante Natal Care and Post Natal Services.

#### **23 JUN – 20 JUL 2023: THEATRE – KILIFI COUNTY REFERRAL HOSPITAL**

- Scrubbed and assisted surgeons during surgical procedures.

#### **5 JAN – 6 FEB 2023: NEWBORN UNIT - KILIFI COUNTY REFERRAL HOSPITAL**

- Performed assessment of newborns
- History taking and physical examination of newborns
- Provided nursing care to newborns
- Health education to the mothers on care of the newborns

#### **24 OCT - 25 DEC 2022: MATERNITY – MTWAPA SUB COUNTY HOSPITAL**

- Admissions and Discharges
- Monitored labour using partograph
- Conducted normal deliveries
- Managed and diagnosed complications during labour
- Performed assessment of newborns using APGAR score

#### **3 OCT- 21 OCT 2022: CASUALTY - KILIFI COUNTY REFERRAL HOSPITAL**

- Admission and triage
- Management of medical records
- Managed Patients Brought in With Emergencies.

#### **4 APR – 7 MAY 2022: NURSING CARE EXPERIENCE – MARIAKANI HOSPITAL**

- Provided nursing care to patients
- Admissions and Discharges
- Counselling and offered psychological support to patients

## 18 FEB – 27 MAR 2022: MCH EXPERIENCE – RABAI HEALTH CENTRE

- History taking and physical examination of new clients
- Administered Immunizations
- Provided appropriate health care services
- Conducted health education

## EDUCATION

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### Kenya Medical Training College

*Diploma Kenya Registered Community Health Nurse*

2021-2024

- **Grade:** Credit

**Kenyatta University** *Bachelors of  
Science Microbiology*

- **Grade:** *Second Class Lower Division*

2012/2016

### Kenya Certificate of Secondary Education

*Ramba Boys High School*

2008-2011

- **Grade:** A-

## LICENSES AND CERTIFICATES

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- Registered Nurse Certification issued by Nursing Council of Kenya.
  - Basic Life Provider Certification issued by American Heart Association.

## REFERENCES

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### Francis Okoth

Managing Director – Geneva Guest House

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**Margret Osare**

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