

GRADE 1

➤ **HYGIENE AND NUTRITION ACTIVITIES**

NAME: _____ CLASS _____

TR: _____

AVERAGE GRADE

AVERAGE POINTS

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HYGIENE AND NUTRITION ACTIVITIES

	RATE THE CHILDS ABILITY TO:	✓ INDICATE CHILD'S PERFORMANCE IN EACH QUESTION (use red pen)				
QSN	The child can...	EXCEEDING EXPECTATION	MEETING EXPECTATIONS	APPROACHING EXPECTATIONS	BELOW EXPECTATION	
1	<p>Name any two healthy habits.</p> <p>a. _____</p> <p>b. _____</p> <p>What is the name of the first teeth a baby grows?</p> <p>a. _____</p> <p>b. _____</p> <p>Identify the forms of medicine</p> <p>a. _____</p> <p>b. _____</p> <p>Name materials used to wash our bodies.</p>					

	<p>a. _____</p> <p>b. _____</p>					
2	<p>What is a latrine and what is a toilet?</p> <p>Name two toileting behaviours.</p> <p>a. _____</p> <p>b. _____</p> <p>Why do we eat food?</p> <p>a. _____</p>					

	<p>Name two foods that are green in colour.</p> <p>a. _____</p> <p>b. _____</p> <p>How does a rotten egg smell?</p>					
3	<p>Name two good eating behaviours.</p> <p>a. _____</p> <p>b. _____</p> <p>Where do we buy food?</p>					

	<p>c. What causes accidents at home?</p> <p>d. Identify dangerous chemicals at home</p>					
5	What is a first aid kit?					

	<p>What is first aid?</p> <p>What is in the first aid kit?</p> <p>How do you wash hands?</p>					
<p>Remarks:</p>						