

GRADE 1

➤ **HYGIENE AND NUTRITION ACTIVITIES**

NAME: \_\_\_\_\_ CLASS\_\_\_\_\_

TR: \_\_\_\_\_

AVERAGE GRADE

AVERAGE POINTS

## HYGIENE AND NUTRITION ACTIVITIES

	RATE THE CHILDS ABILITY TO:	✓ INDICATE CHILD'S PERFORMANCE IN EACH QUESTION (use red pen)				
QSN	The child can...	EXCEEDING EXPECTATION	MEETING EXPECTATIONS	APPROACHING EXPECTATIONS	BELOW EXPECTATION	
1	Name any two healthy habits.					
	a. _____					
	b. _____					
	What is the name of the first teeth a baby grows?					
	a. _____					
b. _____						
Identify the forms of medicine						
a. _____						
b. _____						
Name materials used to wash our bodies.						

	a. _____  b. _____					
2	What is a latrine and what is a toilet?  Name two toileting behaviours.  a. _____  b. _____  Why do we eat food?  a. _____					

	<p>Name two foods that are green in colour.</p> <p>a. _____</p> <p>b. _____</p> <p>How does a rotten egg smell?</p>				
3	<p>Name two good eating behaviours.</p> <p>a. _____</p> <p>b. _____</p> <p>Where do we buy food?</p>				

	<p>Why do we clean fruits before eating?</p> <hr/>				
	<p>Where do we buy meat?</p> <hr/>				
4	<p>a. What accidents can happen in the house?</p> <p>b. What is drowning?</p>				

	c. What causes accidents at home?					
	d. Identify dangerous chemicals at home					
5	What is a first aid kit?					

	What is first aid?					
	What is in the first aid kit?					
	How do you wash hands?					
<b>Remarks:</b>						