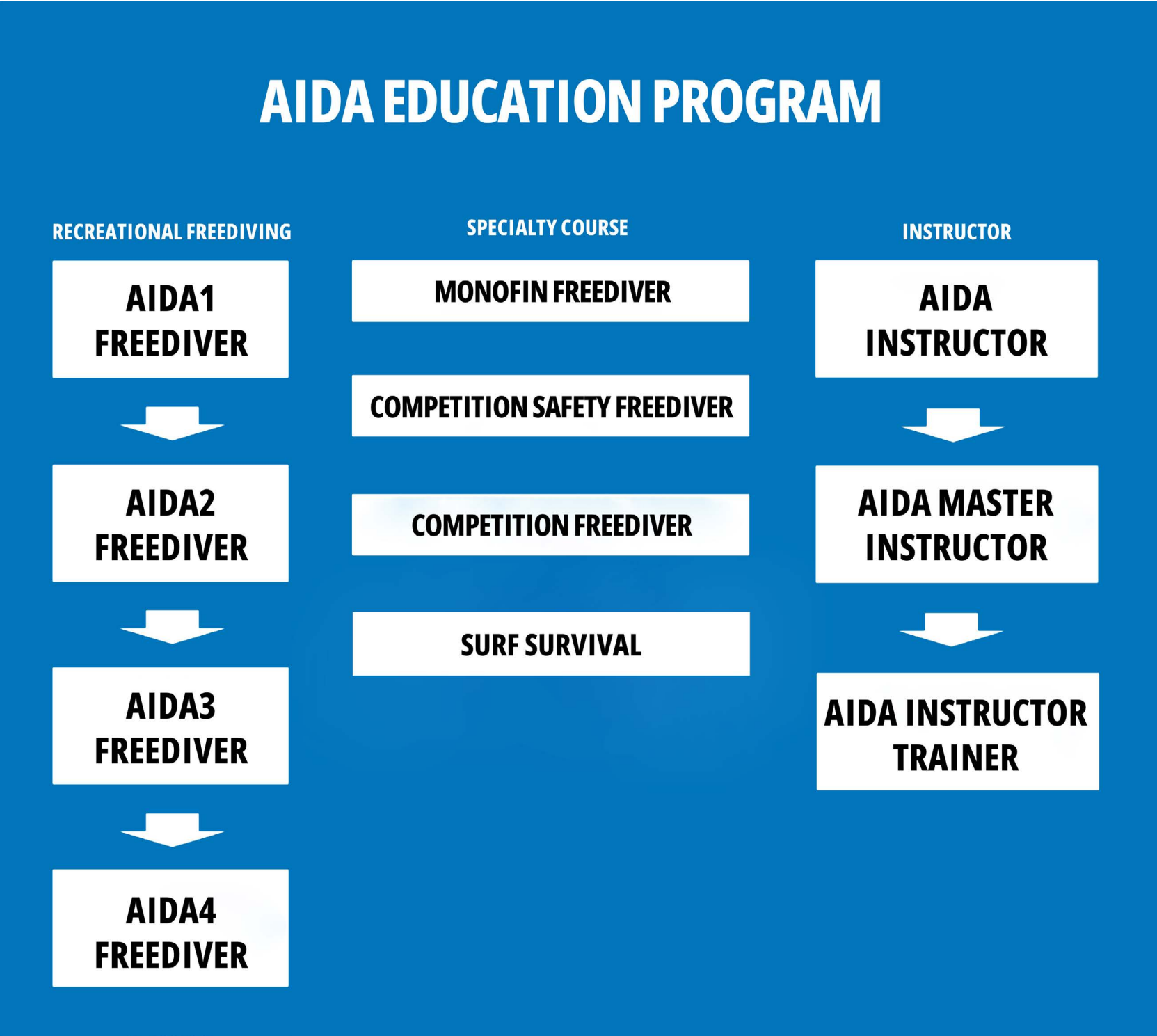




events always ask for a lot of manpower in administration, printing, driving around, helping hands here and there and good souls. Volunteering in an AIDA event is great fun and a perfect way for you to get to know your local freedive community! You can find your national AIDA organization through the official AIDA website.



Freediving education program

The goal of the AIDA Education Program is to share the knowledge and skills to enjoy freediving in a safe and responsible way. It caters for absolute beginners as much as for advanced freedivers and takes you through a comprehensive, professional qualification structure all the way up to AIDA Instructor level.