

1° EUROPEAN HIP SPORT MEETING

Rizzoli Institute

Research Center Codivilla-Putti
Bologna Italy

May, 19th-20th
2016

Chairmen:

Dante Dallari
(Bologna, Italy)

Manuel Ribas
(Barcellona, Spain)

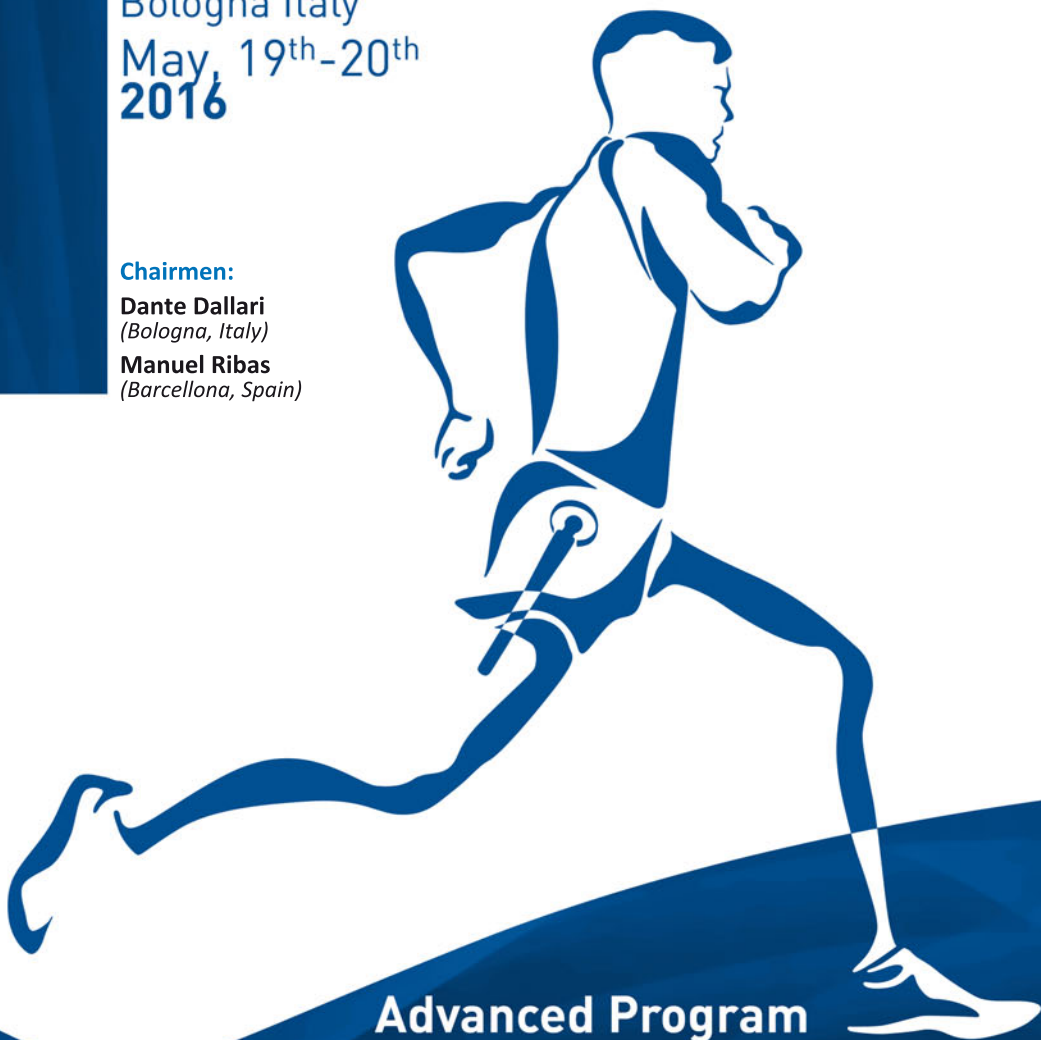
AUSPICES REQUESTED

EUCOMED CODE:
pre-clearance Ref EMT2922

SIOT
*Società Italiana
di Ortopedia e Traumatologia*

OTODI
*Ortopedici Traumatologi
Ospedalieri d'Italia*

SECCA
*Sociedad Española
de Cirugía de Cadera*



Advanced Program

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Chairmen

Dante Dallari, Bologna, Italy

Manuel Ribas, Barcellona, Spain

Scientific Committee

Dante Dallari, Bologna, Italy

Maurilio Marcacci, Bologna, Italy

Manuel Ribas, Barcellona, Spain

Aldo Toni, Bologna, Italy

Scientific Secretariat

Vittorio Belotti, Barcellona, Spain

Cesare Stagni, Bologna, Italy

Therapeutic area:

**ORTHOPAEDICS, SPORT MEDICINE,
PHYSICAL MEDICINE & REHABILITATION**

Recently there has been an increase of sports practice among the average people, leading to a rise of acute and chronic hip pathologies. The treatment of hip disease in sports patient is a big challenge for the orthopedic surgeon. The patient evaluation, in particular young with high functional demands, is necessarily complex and multidisciplinary; from surgical point of view, it is essential to verify whether the indication is towards conservative surgery or hip replacement surgery.

The advent of arthroscopic surgery in recent years has allowed us to improve our knowledge of hip joint diseases, such as femoroacetabular impingement that is typical of sports and overuse activity. A correct and early diagnosis of the disease can address promptly to a conservative surgical treatment that could reduce the progress of the degenerative pathology.

However, when the joint is permanently damaged, the only reliable solution is prosthetic surgery, and this opens many concerns, which the orthopedic surgeon should know how to manage nowadays, such as which implant to use, which biomaterials, which surgical approach or which sport to practice after surgery.

The topics of the course are numerous and very challenging, because there are many aspects to consider, both for the orthopedic surgeon, the sports physician and physiotherapist. Our aim is to improve the knowledge of the hip pathology related to sports and overuse activities and to address to the proper treatment of a young and active patient, comparing the experiences of internationally recognized experts.

Best regards

Dante Dallari

Manuel Ribas

PRELIMINARY FACULTY

Behensky Hannes	<i>Innsbruck, Austria</i>
Bovè Toni	<i>Barcellona, Spain</i>
Buly Robert	<i>New York, US</i>
Capanna Rodolfo	<i>Firenze, Italy</i>
Cardenas Carlomagno	<i>Barcellona, Spain</i>
Chiron Philippe	<i>Toulouse, France</i>
Dallari Dante	<i>Bologna, Italy</i>
Decook Charles	<i>Gainesville, US</i>
Donatelli Robert	<i>Las Vegas, US</i>
Epinette Jean Alain	<i>Bruay-Laboussière, France</i>
Faldini Cesare	<i>Bologna, Italy</i>
Fontana Andrea	<i>Milano, Italy</i>
Gomez Gonzalo	<i>Buenos Aires, Argentine</i>
Griffin Damian	<i>Warwick, Great Britain</i>
Llopis Rafael	<i>Madrid, Spain</i>
Marcacci Maurilio	<i>Bologna, Italy</i>
Marin Oliver	<i>Madrid, Spain</i>
Pignatti Giovanni	<i>Bologna, Italy</i>
Plosky Michael R.	<i>Indianapolis, US</i>
Rani Nicola	<i>Bologna, Italy</i>
Ribas Manuel	<i>Barcellona, Spain</i>
Schilders Ernest	<i>London, Great Britain</i>
Soballe Kjeld	<i>Aarhus, Denmark</i>
Stagni Cesare	<i>Bologna, Italy</i>
Toni Aldo	<i>Bologna, Italy</i>
Zaffagnini Stefano	<i>Bologna, Italy</i>
Zenz Peter	<i>Vien, Austria</i>



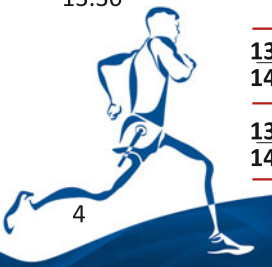
Thursday, March 19th

08.00	Registration
08.30	Welcome RECEPTION AND OPENING CEREMONY Presidential Messages Authorities

09.00	Session 1
10.30	ACUTE HIP SPORTS INJURIES
09.00	Hip Biomechanics and Kinematics S. Zaffagnini
09.15	Hip sports injuries: conservative treatment
09.30	Hip sports injuries: surgical treatment G. Gomez
09.45	Functional recovery and return to sport activity after acute injury of the hip T. Bovè
10.00	Discussion
10.30	
11.00	<i>Coffee time & exhibition visit</i>

11.00	Session 2
13.00	NEW TRENDS IN THE TREATMENT OF FAI
11.00	Hip Arthroscopy D. Dallari
11.20	Miniopen approach M. Ribas
12.00	Conservative management in hip preservation R. Donatelli
12.20	Infiltrative treatment: rationale and clinical application N. Rani
12.30	Lecture
13.00	R. Capanna
13.00	<i>Buffet Lunch</i>
13.30	

13.30	Satellite Symposium	Room 1
14.00		
13.30	Satellite Symposium	Room 2
14.00		



Thursday, March 19th

14.00 Session 3

16.15 CHRONIC HIP AND GROIN PAIN

14.00 Anatomy inguinal related pain
E. Schilders

14.40 Labral tears (suture and reconstructive techniques)
D. Griffin

15.00 Osteocondral Lesion
A. Fontana

15.20 Snapping Hip and Muscle injury
C. Cardenas

15.40 Extra-articular impingement
O. Marin

16.00 Post surgical rehabilitation after hip arthroscopy

16.20 Evidence in the FAI treatment
D. Griffin

16.40 Round table

18.00 Discussion on original cases: what do we have to take in mind

Friday, March 20th

08.30 Session 4

09.30 FEMORAL AND ACETABULAR OSTEOTOMIES

08.30 Periacetabular Osteotomy: the gold standard in mild dysplastic sportsman
K. Soballe

09.00 Femoral Osteotomy: it's role?
R. Buly

09.30 Discussion
10.00

10.00 *Coffee time & exhibition visit*
10.30

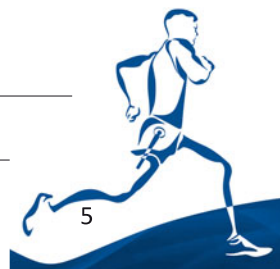
10.30 Session 5

12.45 HIP ARTHROPLASTY IN ACTIVE PATIENTS

Surgical Approaches:

10.30 Anterior approach without traction table
H. Behensky

10.50 Anterior approach with traction table
C. Decook



Friday, March 20th

11.10 Anterolateral approach
P. Chiron

11.30 Lateral Approach
A. Toni

10.50 Postero Lateral Approach
R. Buly

11,10 Innovative Approach
C. Cardenas

12.10
12.45 Discussion

12.45
13.45 *Buffet Lunch*

13.45 **Session 6**

15.15 **IMPLANT CHOICE**

13.45 Resurfacing: is it still a place in sportsman?
M. Ribas

14.00 Dual Mobility
J.A. Epinette

14.15 Metal-ceramic polyethylene
P. Zenz

14.30 Ceramic-ceramic
D. Dallari

14.45
15.15 Biomaterials in hip arthroplasty: effects on impact activities
A. Toni

15.15 **Session 7**

17.00 **INTERACTIVE ROUND TABLE WHICH PROSTHESIS, FOR WHAT KIND OF SPORTS?**

17.00 **Session 8**

18.20 **HIP REHABILITATION AND POST-OP MANAGEMENT IN THE ACTIVE PATIENTS**

17.00 Functional recovery after hip arthroplasty

17.20 Valutazione e riequilibrio neuromuscolare della cinematica dell'anca
M.R. Plosky

17.40 Fast-Track after THA: implications in active patients
R. Llopis

18.00
18.20 Discussion

18.30 Closing remarks

Presentation Guidelines

Speakers must adhere strictly to the scheduled times according the programme.

ORAL PRESENTATIONS

The Speaker Ready Room will be staffed with technicians who can assist with any compatibility or formatting issues.

WINDOWS:

- Presentations should be created with Microsoft Office Xp, 2003, 2007 or 2010.
 - Presentations have to saved in PPT – PPTX – PPS – PPSX format.
 - Presentations created with OpenOffice or Apple Keynote will not be accepted.
 - To ensure that the presentations are well prepared, we strongly advice you to bring your presentation to the Speaker Ready Room on CD-Rom/DVD-Rom or USB stick and check the presentation with the preview technical staff at least 1 hours before your presentation is scheduled.
 - Videos must be copied to the same folder as the presentation. Accepted video formats: .WMV, .AVI, .MPG; otherwise you have to bring your presentation to the Speaker Ready Room at least 4 hours before your presentation is scheduled, in order to have time to check or convert your videos with the technical staff.
 - If you plan to play a DVD as part of your presentation, please notify a technician in the Speaker Ready Room so arrangements can be made for assistance in the meeting room.
 - Please do not combine multiple presenters' PowerPoints into one file and submit it under one name. The disclosure system requires separate presentations to be launched for each presenter.
 - Standard Windows fonts only are allowed; otherwise font must be copied to the same folder as the presentation.
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MAC:

- You have to save your work in PowerPoint format PPT.
 - Standard Windows fonts only are allowed; otherwise, font must be copied to the same folder as the presentation.
 - Videos must be copied to the same folder as the presentation. Accepted video formats: .WMV, .AVI, .MPG; **anyhow** you have to bring your presentation and your laptop to the Speaker Ready Room at least 4 hours before your presentation is scheduled to check or convert your video with the technical staff.
 - Accepted picture file formats: .JPG, .GIF, .BMP; otherwise, you have to bring your presentation and your laptop to the Speaker Ready Room at least **1 hours before your presentation is scheduled**, to check or convert your picture with the technical staff.
 - At Organizing Secretariat's discretion, you may be able to use your own Macbook if the export is unsatisfactory.
 - Be sure to use the mouse to advance your slides, not the keyboard, as you will only have a mouse at the lectern to advance your presentation. Left click advances the slides; right click goes back. **No external hyperlinks are allowed.** It is not possible to use slides or VHS.
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General Information

MEETING VENUE

Rizzoli Institute - Via G.C. Pupilli, 1 - 40136 Bologna, Italy

LANGUAGE

The official language is English

REGISTRATION available online

	Early fee, until March 10 th	Late fee & on site
Medical Doctor	150,00 €	200,00 €
Physiotherapists	50,00 €	70,00 €
Resident	50,00 €	70,00 €

Registration fees are VAT INCLUDED.

The registration fee include: congress kit, Abstracts book, admission to the exhibition area, certificate of attendance, refreshments during breaks, lunches

Online registration fee will close on May 9th, 2016. After this date only onsite registrations will be accepted.

How to pay

All payments must be made in € (Euro) only as follows:

- **cheque, eurocheque**, made payable to: Ad Arte Srl - Bologna - Italy
- **credit card** VISA, EUROCARD, MASTERCARD, AMERICAN EXPRESS
all payments made by credit card will be debited in € (Euro)
- **cash**

CME - Continuing Medical Education

Italian CME will be provided.

Cancellation policy

Possible substitutions may be made in writing at any time. Notification of cancellation or substitutions must be made in written to the Organizing Secretariat.

Accommodation

For information and/or reservation please contact the Organizing Secretariat Ad Arte Srl:
info@adarteventi.com - www.adarteventi.com

Ph. +39 051 19936160 – Fax +39 051 19936700

All the bookings made through the official Secretariat will include a private transfer during the 2 days of the congress

Please ensure your Hotel reservation is made by January 20th 2016. After this date room availability is not guaranteed.

Privacy

According to art. 10/Law 675/96 Ad Arte srl is authorised to use your personal data for purposes connected to Congress management. Ad Arte srl with head offices in Bologna – Via Massimo d'Azeglio 51 - shall be responsible for data processing. Your rights to access your personal details and to supplement, correct and update the same, are guaranteed by art. 7 of Law n. 196/2003.

ORGANIZING SECRETARIAT



Via G. Di Vittorio 2 - 40057 Cadriano di Granarolo E. (BO)
Tel. +39 051 19936160 - Fax +39 051 19936700
info@adarteventi.com • www.adarteventi.com