

ESSIC Annual Meeting 2015

September 17-19, 2015
A. Gemelli - Catholic University – Rome

Meeting Chair: Mauro Cervigni

The ESSIC has been founded in 2004 and since then, promoted and developed the knowledge of the Interstitial Cystitis among the few European experts and European scientific societies. During the years the Society did a great and successful job, even though at the beginning with some difficulty, on the changing of the nomenclature; as well as creating a linking with other scientific organizations outside Europe (US, Asia), including the organization of some joint meetings.

Nowadays some international Organizations (AUA, ICI, EAU) proposed some Guidelines for Bladder Pain Syndrome/Interstitial Cystitis (BPS/IC) to the scientific international community, without giving specific details.

Until now the ESSIC focused mainly on BPS/IC assessment. This Annual Meeting represents a pivotal meeting for our Society trying to delineate a global proposal for guidelines as a manual approach. The idea is to organize some lectures focused on the "hot topic" and then a final draft with the algorithms of the single arguments in the near future.

SCIENTIFIC PROGRAMME

THURSDAY, SEPTEMBER 17th, 2015

14.00	Registration	
14.15	Welcome and Introduction	

1st SESSION | Preliminary remarks and assessment 1

CME 55'

14.30	Where are we today?	P. Hanno, J. Nordling	15'
14.45	The complexity of Chronic Pelvic Pain	M. Fall	15'
15.00	Why ESSIC uses the name BPS	J.P. van de Merwe	10'
15.10	Q&A		15'

2nd SESSION | Preliminary remarks and assessment 2

CME 35'

15.25	The MAPP program	R. Moldwin	10'
15.35	Phenotyping: how can you prove the value?	C. Nickel, D. Shoskes	10'
15.45	Q&A		15'

16.00 – 16.30 COFFEE BREAK

16.30	ABSTRACT SESSION Oral / Poster / Video Communications		60'
17.30	1 st Day Closing		

3rd SESSION | Diagnosis 1**CME 1h 40'**

08.30	The "coating": a passive or an active element?	G. Tajana, G. Hohlbrugger	20'
08.50	The neurogenic component of BPS/CPPS	J.J. Wyndaele	15'
09.05	The GI apparatus and its interferential role on the associated symptoms	Gasparrini	15'
09.20	Associated rheumatic conditions (Fibromyalgia, Chronic Fatigue Syndrome, Sjogren Syndrome)	J. P. van de Merwe	15'
09.35	Pelvic floor: the posture and associated disorders (TMJ Syndr. etc.)	K. Whitmore, K. M. Peters	20'
09.55	Q&A		15'

4th SESSION | Diagnosis 2**CME 1h 15'**

10.10	Vulvodynia: an isolated gynecologic condition or a possible consequence of BPS?	F. Murina, L. Micheletti	10'
10.20	Pudendal neuropathy: a confusable disease	E. Bautrant	10'
10.30	Pelvic endometriosis: a confusable disease	R. Marana	10'
10.40	The CPP and dyspareunia: its impact on pat's sexuality	K. Whitmore	20'
11.00	The emerging role of BPS in the male population	J. C. Nickel	10'
11.10	Q&A		20'

11.30 – 12.00 COFFEE BREAK

12.00	ABSTRACT SESSION Oral / Poster / Video Communications		30'
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13.30 – 14.30 LUNCH**5th SESSION | Diagnosis 3****CME 1h 15'**

14.30	The functional and neurophysiologic assessment	M. Cervigni, J. J. Wyndaele	15'
14.45	Bio-Markers still far to be a diagnostic test?	D. Erickson, P. M. Hanno	10'
14.55	Cysto-Hydrodistension: the way I do it ESSIC proposal	T. Ueda, M. Fall	20'
15.15	The histologic assessment: ESSIC criteria	C. Kabjorn-Gustafsson	15'
15.30	Q&A		15'

15.45	Annual General Meeting & Coffee		60'
16.45	2 nd Day Closing		

6th SESSION | TREATMENT 1

CME 50'

09.00	Pain control is mandatory	Rossi	15'
09.15	The "coating" problem and its management	M. Cervigni	15'
09.30	The mastocytosis: should it guide treatment?	E. Ostardo	10'
09.40	Q&A		10'

7th SESSION | TREATMENT 2

CME 1h 40'

09.50	Round Table. Focus on neuro-stimulation Sacral/Tibial/Deep Magnetic Brain	P. Van Kerrebroeck M. Spinelli M. Inghilleri F. Cappellano K. M. Peters	40'
10.30	Which the role of Botox on BPS/IC patients	J. J. Wyndaele P. Dinis de Oliveira A. Zaitcev A. Giannantoni	40'
11.10	Q&A		20'

11.30 – 12.00 BRUNCH

8th SESSION | TREATMENT 3

CME 40'

12.00	The management of Hunner lesions	Y. Logadottir	10'
12.10	Hyperbaric Oxygen treatment	A. van Ophoven	10'
12.20	The role of surgery	J. Nordling	10'
12.30	Q&A		10'

9th SESSION | PATIENTS ORGANIZATIONS

CME 1h 30'

12.40	The International Bladder Foundation Patients Organization	V. Ratner, J. Meijlik	15'
12.55	Welfare reimbursement and disability recognition Law NR.104: an Italian model	L. Nasta, M. G. Zampino	15'
13.10	An international registry for BPS: a future option or an utopia ? (EURORDIS, Eur. Comm, WHO, etc)	J. P. van de Merwe	10'
13.20	Q&A		20'
13.40	ESSIC management of BPS Patients	J. Nordling, P. M. Hanno	15'
13.55	CONCLUSIONS	J. J. Wyndaele, M. Cervigni	15'

14.10 Closing

SPONSORED SYMPOSIA

Sponsored Lectures and Symposia are available upon request. Please contact the Organizing Secretariat by email to essic@defoe.it , within 15th March 2015.

FACULTY

E. Baurant	F. Murina
F. Cappellano	L. Nasta
M. Cervigni	J C. Nickel
C. Chapple	J. Nordling
P. Dinis De Oliveira	E. Ostardo
D. Erickson	K. M. Peters
M. Fall	V. Ratner
Gasparini	Rossi
A. Giannantoni	D. Shoskes
P. M. Hanno	M. Spinelli
G. Hohlbrugger	G. Tajana
E. Jannini	T. Ueda
M. Inghilleri	J. P. Van De Merwe
C. Kabjorn-Gustafsson	P. E.V.A. Van Kerrebroeck
Y. Logadottir	A. Van Ophoven
R. Marana	K. Whitmore
J. Meijlink	J. J. Wyndaele
L. Micheletti	A. Zaitcev
R. Moldwin	M. G. Zampino

CME POINTS

This course is accredited for 200 participants. CME points are available for Italian Gynecologists, Urologists, Surgeons and Nurses, Physiotherapists interested in the management of BPS.

Italian CME credits assignment is subordinate to the attendance of the event, to the return of the event evaluation form, and to the positive outcome of the final evaluation test, for which each participant shall answer properly 75% of the proposed questions.

Registration

Send registration form to the organizing secretariat together with the receipt of payment, made before 01 September 2015. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

Registration Costs	until 31 July	After 31 July
MD, MhD	€ 350,00*	€ 450,00*
MD, MhD (ESSIC Members)	€ 300,00*	€ 400,00*
Nurse & Care Workers	€ 200,00*	€ 300,00*
Nurse & Care Workers (ESSIC Member)	€150,00*	€ 250,00*
Students & Residents	€150,00*	€ 250,00*
Patients	€ 50,00*	€ 50,00*

* Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area.

Hotel

For hotel reservations please contact the organizing secretariat.

Sponsors & Exhibitors

Companies interested in sponsoring or exhibiting at the event are invited to contact the organizing secretariat.

Organizing Secretariat and Italian CME Provider

Defoe Congressi

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