

## AOTrauma Course—Foot & Ankle

18 Apr 2016 - 20 Apr 2016, Bristol, United Kingdom

### Monday, 18 Apr 2016 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:00	08:20	Other Registration, coffee and meet groups		Vesalius Lecture Theatre Breakout Area	20
08:20	08:30	Lecture Welcome and introduction to course		Vesalius Lecture Theatre	10
		MODERATOR: NIMA HEIDARI			0
08:30	08:45	Lecture Initial assessment		Vesalius Lecture Theatre	15
08:45	09:10	Lecture Soft tissue reconstruction		Vesalius Lecture Theatre	25
09:10	09:40	Lecture Patient positioning (interactive demonstration)		Vesalius Lecture Theatre	30
09:40	09:55	Tea & coffee		Vesalius Lecture Theatre Breakout Area	15
		MODERATOR: TBC			0
09:55	10:15	Lecture Pilon anatomy and classification		Vesalius Lecture Theatre	20
10:15	10:35	Lecture Pilon fractures - Approaches & fixation options		Vesalius Lecture Theatre	20
10:35	11:15	Discussion Case discussions - Pilon/Distal tibia (Groups 1 & 2)		Vesalius Lecture Theatre	40
10:35	11:15	Workshop ORIF Pilon with 3.5LCP/VA options (Groups 3 & 4)		Vesalius Wet Lab	40

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					0
11:15	11:55	Discussion Case discussions - Pilon/distal tibia (Groups 3 & 4)		Vesalius Lecture Theatre	40
11:15	11:55	Workshop ORIF Pilo with 3.5 LCP/VA options (Groups 1 & 2)		Vesalius Wet Lab	40
11:55	13:00	Lecture The David Stainsby Lecture		Vesalius Lecture Theatre	65
13:00	13:40	Lunch		Vesalius Lecture Theatre Breakout Area	40
<b>13:40</b>	<b>15:55</b>	<b>MODERATOR: TBC</b>			<b>135</b>
13:40	14:10	Lecture How we walk (interactive demonstration)		Vesalius Lecture Theatre	30
14:10	14:30	Lecture Weber C/Syndesmotic injuries		Vesalius Lecture Theatre	20
14:30	14:50	Lecture The posterior malleolus		Vesalius Lecture Theatre	20
14:50	15:10	Lecture Diabetic and osteoporotic fractures		Vesalius Lecture Theatre	20
15:10	15:55	Workshop (cadaver) Explore the syndesmosis/ankle  External fixation of the foot & ankle		Vesalius Wet Lab	45
15:55	16:10	Tea & coffee		Vesalius Lecture Theatre Breakout Area	15

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
<b>16:10</b>	<b>18:00</b>	MODERATOR: CLAIRE TOPLISS			<b>110</b>
16:10	16:30	Workshop (dry bone) Build your own talus		Vesalius Lecture Theatre	20
16:30	16:50	Lecture Talus fractures		Vesalius Lecture Theatre	20
16:50	17:10	Lecture Osteochondral injuries		Vesalius Lecture Theatre	20
17:10	18:00	Workshop (cadaver) ORIF Talus Talus neck screws Malleolar Osteotomy		Vesalius Wet Lab	50
		COURSE DINNER - UNDER THE STARS BAR - 8PM			0

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### Tuesday, 19 Apr 2016 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
08:00	08:10	Lecture Coffee & Questions		Vesalius Lecture Theatre	10	
		MODERATOR: JAMES STANLEY			0	
08:10	08:30	Workshop Build you own calcaneum		Vesalius Wet Lab Breakout Room	20	
08:30	08:50	Lecture Anatomy & classification of the calcaneal fracture		Vesalius Lecture Theatre	20	
08:50	09:10	Lecture The extended lateral approach and calcaneal fracture management		Vesalius Lecture Theatre	20	
09:10	09:30	Lecture Percutaneous calcaneal fracture management		Versalius Lecture Theatre	20	
09:30	09:40	Presentation 3D Image Intensification - Siemens Presentation		Vesalius Wet Lab	10	
09:40	10:40	Workshop (cadaver) ORIF calcaneum (Groups 1 & 3)		Vesalius Wet Lab	60	
09:40	10:40	Discussion Case Discussions (Groups 2 & 4)		Vesalius Lecture Theatre	60	
					0	
10:40	11:40	Workshop (cadaver) ORIF Calcaneum (Groups 2 & 4)		Vesalius Wet Lab	60	

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Tuesday, 19 Apr 2016 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
10:40	11:40	Discussion Case Discussions; Hindfoot injuries (with coffee) (Groups 1 & 3)		Vesalius Lecture Theatre	60
		MODERATOR: TBC			0
11:40	12:00	Lecture Calcaneal malunions		Vesalius Lecture Theatre	20
12:00	12:25	Discussion Ask David		Vesalius Lecture Theatre	25
12:25	13:10	Lunch		Vesalius Lecture Theatre Breakout Area	45
		MODERATOR: SEAN NORK			0
13:10	13:30	Discussion Chopart joint injuries		Vesalius Lecture Theatre	20
13:30	13:50	Lecture Lisfranc Injuries		Vesalius Lecture Theatre	20
13:50	15:05	Discussion Case discussions; Midfoot/Forefoot injuries (with coffee) (Groups 1 & 3)		Vesalius Lecture Theatre	75
13:50	15:05	Workshop (cadaver) ORIF Cuboid/Navicular/Lisfranc (Groups 2 & 4)		Vesalius Wet Lab	75
					0

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
15:05	16:20	Lecture Case Discussions; Midfoot/Forefoot Injuries (with coffee) (Groups 2 & 4)		Vesalius Lecture Theatre	75	
15:05	16:20	Workshop (cadaver) ORIF Cuboid/Navicular/Lisfranc (Groups 1 & 3)		Vesalius Wet Lab	75	
16:20	17:05	Lecture Below knee amputation - how it should be done		Vesalius Lecture Theatre	45	
		MODERATOR: STEVE MITCHELL			0	
17:05	18:10	Discussion The Dirty Laundry - Faculty & Delegates Worst Cases		Vesalius Lecture Theatre	65	

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### Wednesday, 20 Apr 2016 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
08:00	08:20	Other Coffee & questions		Vesalius Lecture Theatre	20	
		MODERATOR: ANDREW OPPY			0	
08:20	08:40	Lecture Metatarsal/Phalangeal fractures		Vesalius Lecture Theatre	20	
08:40	09:05	Discussion Tendon/Ligament Injuries		Vesalius Lecture Theatre	25	
09:05	09:25	Lecture Compartment Syndrome in the foot		Vesalius Lecture Theatre	20	
09:25	10:20	Lecture Still Stumped? VA foot, VA ankle, pilon plates, Ex-fix, including instruments (with coffee)		Vesalius Wet Lab Breakout Room	55	
		MODERATOR: SUE DEAKIN			0	
10:20	10:40	Lecture Fine wire fixation in the foot & ankle		Vesalius Lecture Theatre	20	
10:40	11:05	Lecture CRPS		Vesalius Lecture Theatre	25	
11:05	12:25	Discussion Interactive discussion - The foot & ankle trauma Unit		Vesalius Lecture Theatre	80	

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### Wednesday, 20 Apr 2016 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
12:25	12:35	Lecture Summary & Feedback		Vesalius Lecture Theatre	10	
12:35	13:00	Close of Course, evaluation and light lunch		Vesalius Lecture Theatre Breakout Area	25	