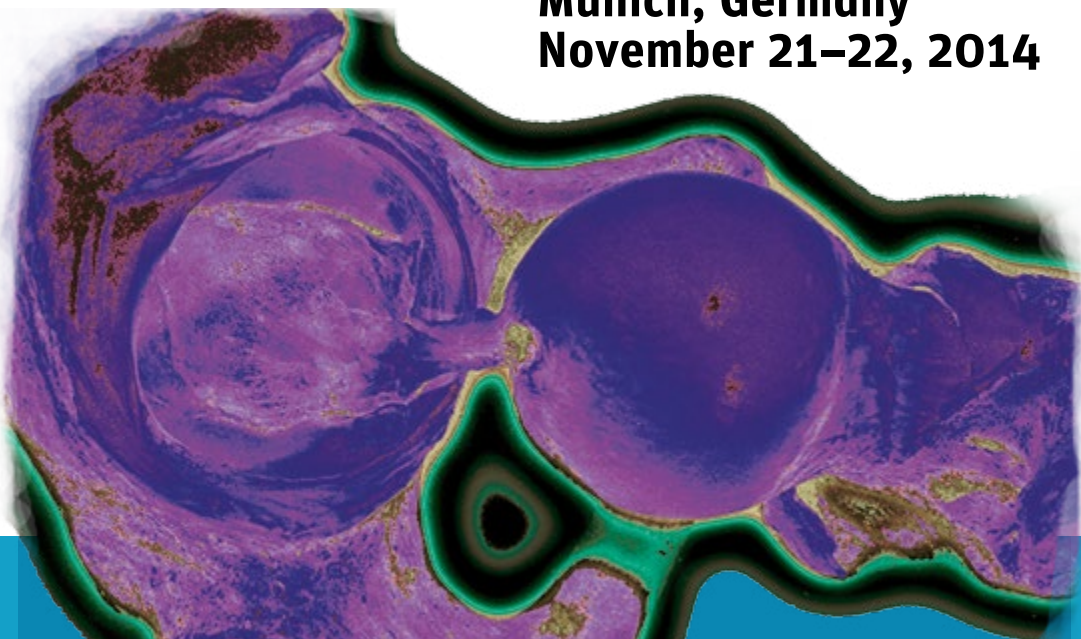


# 6<sup>th</sup> International Hip Arthroscopy Meeting

Munich, Germany  
November 21–22, 2014



- Live Arthroscopies
- Intra-/Extraarticular
- Capsule & Stability
- Cartilage & Labrum Repair

## CHAIRMEN

M. Dienst, GER  
R. Villar, UK

## INVITED FACULTY

A. Fontana, IT  
H. Gollwitzer, GER  
B. Kelly, USA  
D. Kohn, GER

M. Kusma, GER  
C. Lampert, SUI  
F. Laude, FR  
M. Lehmann, GER

H. Martin, USA  
G. Möckel, GER  
M. Philippon, USA  
P. Rego, PT

H. Sadri, SUI  
M. Tannast, SUI  
F. Thorey, GER  
& others

## VENUE

Alte Kongresshalle  
Munich, Germany

## INFORMATION

[www.hipmeeting.de](http://www.hipmeeting.de)

## REGISTRATION

[www.intercongress.de](http://www.intercongress.de)



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WELCOME ADDRESS

Dear Colleagues

We are delighted to announce our 6<sup>th</sup> International Hip Arthroscopy Meeting, which will again take place in the “Alte Kongresshalle” in the heart of Munich, from November 21–22, 2014. This year’s course will focus on the technique of joint access, management of extra- and intraarticular impingement and repair of labrum and cartilage. Step-by-step guidelines on how to enter the joint and, most importantly, how to work within it will be provided.

Again, live arthroscopies with different surgeons from Europe and the United States will be transmitted into the lecture hall. Different techniques of access including the extraarticular, peripheral and central compartment first approaches will be presented, and the treatment of various intra- and extraarticular pathologies demonstrated, provoking constructive discussions in the auditorium.

We look forward to welcoming you to Munich in November!

Michael Dienst

Richard N. Villar



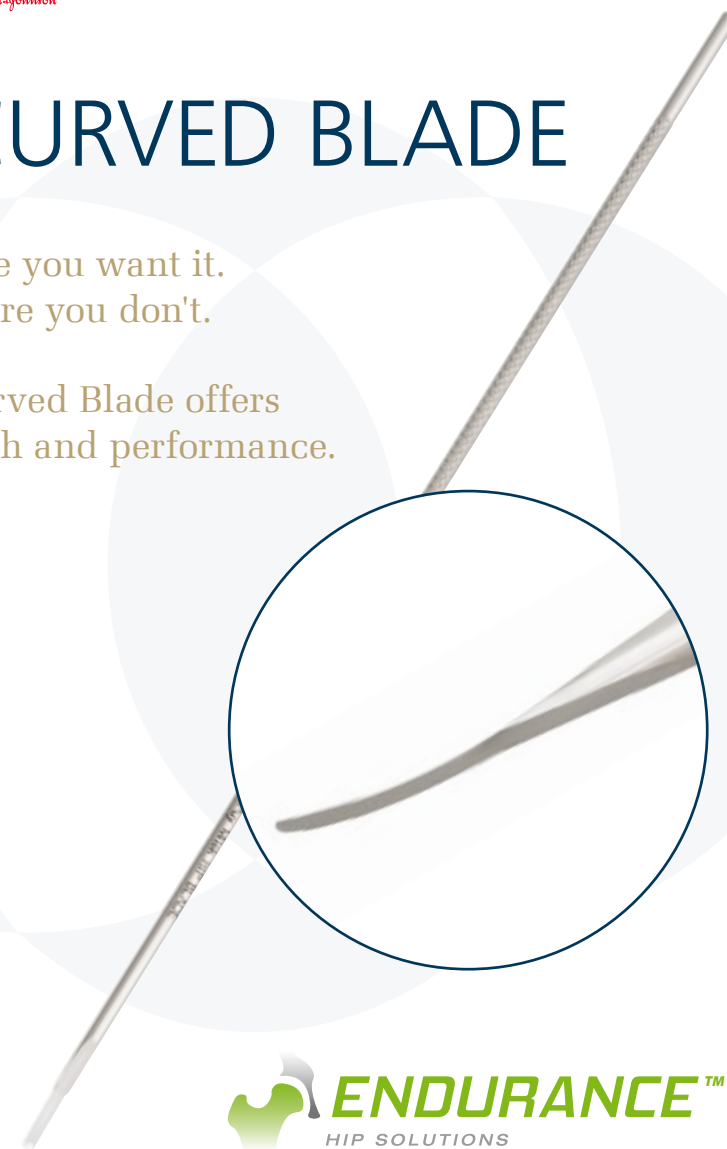
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**Venue** Alte Kongresshalle  
Theresienhöhe 15, 80339 Munich, Germany

**Date** Friday, November 21, 2014  
Saturday, November 22, 2014

**Chairmen** Michael Dienst, MD, Munich, Germany  
Richard N. Villar, FRCS, Cambridge, United Kingdom

**Invited Faculty** Andrea Fontana, MD, Milano, Italy  
Hans Gollwitzer, MD, Munich, Germany  
Bryan Kelly, MD, New York City / New York, USA  
Dieter Kohn, MD, Homburg / Saar, Germany  
Matthias Kusma, MD, Mannheim, Germany  
Christoph Lampert, MD, St. Gallen, Switzerland  
Frédéric Laude, MD, Paris, France  
Michael Lehmann, MD, Heidelberg, Germany  
Hal Martin, MD, Dallas / Texas, USA  
Gregor Möckel, MD, Berlin, Germany  
Marc Philippon, MD, Vail / Colorado, USA  
Paulo Rego, MD, Lisbon, Portugal  
Hassan Sadri, MD, Geneva, Switzerland  
Moritz Tannast, MD, Berne, Switzerland  
Fritz Thorey, MD, Heidelberg, Germany  
& others

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**Internet** www.hipmeeting.de  
www.intercongress.de

**Fiscal Organiser,  
Congress & Exhibition  
Management** Intercongress GmbH  
Phone: +49 761 69699-0, Fax: +49 761 69699-11  
Email: hip@intercongress.de

**Live Arthroscopies** Sana Klinik München-Sendling  
OCM-Klinik



**Online-Registration** www.hipmeeting.de/Registration

**Registration Fees** The registration fee includes attendance at all lectures and live surgeries.

	up to Nov. 02, 2014	from Nov. 03, 2014
Chairman / Private practise	€ 350	€ 400
Assistant Professor / Doctor	€ 290	€ 340
Resident* / Fellow* / Doctor in Training*	€ 210	€ 250
Physiotherapist* / Nurse*	€ 120	€ 160

\*only with certificate

Congress Dinner, Friday, Nov. 21, 2014	€ 40	€ 40
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**Symposium  
Language** English

**CME Credit** The "Landesärztekammer Bayern" (State Accreditation Council) designates the educational activity of the International Hip Arthroscopy Meeting for a maximum of 19 points.



ISAKOS approval pending

The meeting has the AGA Seal of approval.

**07:15–08:00 Registration and Breakfast**

**08:00–08:10 Welcome**

**08:10–08:20 Hip Arthroscopy – Presidential Guest Lecture**

**08:20–09:20 Arthroscopic Access**

Positioning – Pearls & Pitfalls

Portals – Anatomy & Diagnostic Round

Capsule & Ligaments – How they contribute to Hip Stability

Battle I Capsular Release:

Ballooning & Selective Incisions without Repair

Battle I Capsular Release: Wide Capsular Incision with Repair

Battle II CC 1<sup>st</sup> vs PC 1<sup>st</sup>: Central Compartment 1<sup>st</sup>

Battle II CC 1<sup>st</sup> vs PC 1<sup>st</sup>: Peripheral Compartment 1<sup>st</sup>

Battle II CC 1<sup>st</sup> vs PC 1<sup>st</sup>: Extraarticular 1<sup>st</sup>

Discussion

**09:20–09:30 Live Hip Arthroscopy I – Extraarticular Psoas Tenotomy in THA**

Case Presentation

**09:30–10:00 LIVE HIP ARTHROSCOPY I**

Dienst

**10:00–10:30 Coffee Break and Visit of Industrial Exhibition**

**10:30–11:10 Diagnostics**

Physical Exam – What is important?

Radiological Exam: X-Ray – Evaluation of Standard Projections

MRI & MRA

New Radiology – Dynamic – Reconstruction – Traction – dGEMRIC

Discussion

**11:10–11:30 Live Hip Arthroscopy II – Synovial Disease / PC 1<sup>st</sup>**

Case Presentation

**11:30–13:15 LIVE HIP ARTHROSCOPY II**

Dienst

**13:15–14:30 Lunch Break and Visit of Industrial Exhibition**

**Workshops**

**14:30–14:55 Bone Resection – Cam & Pincer**

Cam Resection – Easy & Pistol Grip

Pincer Resection – Localized & Global

Discussion

**14:55–15:00 Live Hip Arthroscopy III – FAI / CC 1<sup>st</sup>**

Case Presentation

**15:00–16:45 LIVE HIP ARTHROSCOPY III**

Dienst / Kelly

**16:45–17:15 Coffee Break and Visit of Industrial Exhibition**

**17:15–18:30 Extraarticular Endoscopy**

Psoas Tenotomy – Joint Level vs Lesser Trochanter

Ischiofemoral Impingement

Subspinal – ISIS Resection with & without Rectus Detachment

Peritrochanteric – Bursectomy, IT-Band-Release

& Gluteus Medius Repair

Gluteal & Ischial – Piriformis & Hamstrings

Discussion

**18:30 Closing Remarks of the 1<sup>st</sup> Day**



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**07:30–08:00 Breakfast and Registration**

**08:00–08:05 ISHA – International Society of Hip Arthroscopy**

**08:05–08:45 Articular Cartilage Repair**

Abrasion & Microfracture  
AMIC  
ACI/MACI  
Fibrin Fixation  
Discussion

**08:45–08:50 Live Hip Arthroscopy IV – FAI/CC 1<sup>st</sup>**

Case Presentation

**08:50–10:30 LIVE HIP ARTHROSCOPY IV**

Dienst / Philippon

**10:30–11:00 Coffee Break and Visit of Industrial Exhibition**

**11:00–12:00 Acetabular Labrum**

Labral tears – When to debride, resect & repair  
Rim trimming without labral detachment  
Rim trimming with labral detachment  
Reconstruction of the labrum  
What should we do with the labrum / labral cysts in DDH?  
Discussion

**12:00–13:15 Lunch Break and Visit of Industrial Exhibition**

**13:15–13:20 Live Hip Arthroscopy V**

Case Presentation

**13:20–15:05 LIVE HIP ARTHROSCOPY V**

Dienst / Lehmann

**15:05–16:00 Miscellaneous**

Hip arthroscopy in children – When & How?  
Does the combination of FAI and DDH exist?  
Learning from complications – The “AGA experience”  
Postoperative rehabilitation  
Discussion

**16:00 Closing Remarks and Adjourn**

### Congress Dinner at the Augustinerkeller

**Friday, November 21, 2014, 19:30 h**

The congress dinner takes place at the Augustinerkeller, one of the traditional public beer houses in Munich. While drinking the freshly tapped Augustiner beer, enjoy the Bavarian ambience and typical cuisine. Be entertained of the live sounds from the Caribbean to Louisiana's zydeco and the New Orleans' blues performed by the band Free Beer & Chicken within the special atmosphere of the Augustiner cellars beneath the city of Munich.

Fee: € 40

Please consider that you have to register for the congress dinner separately.

**Address:** Augustinerkeller, Arnulfstr. 52, 80335 Munich

**Directions:** The Augustinerkeller is in walking distance from the central station. The best way to get there is by public transport:

Subway U1, U2, U4 and U5, Stop Central Station / Hauptbahnhof  
Urban rail S1–S8, Stop Central Station or Hackerbrücke  
Tram 16 and 17, Stop Hopfenstraße



## Friday, November 21, 2014

## DePuy Synthes



## Smith &amp; Nephew GmbH



## Current topic on Hip Arthroscopy

Thomas Heyse, MD, Marburg, Germany

## Saturday, November 22, 2014

## Arthrex GmbH



Moderation: Hans Gollwitzer, MD, Munich, Germany

**Labrum repair – technical pearls and innovative techniques  
for anatomic reconstruction**

Gregor Möckel, MD, Birkenwerder, Germany

**Patient Set Up: Positioning and Portal Placement**

Michael Lehmann, MD, Heidelberg, Germany

**Extra Articular: Endoscopic Gluteus Medius Repair**

Hans Gollwitzer, MD, Munich, Germany

## CONMED Deutschland GmbH



**Tips and Tricks for Labrum repair. Presented on selected case examples.**

**Practice on models. The new generation of suture anchors.**

Alexander Moser, MD, Heidelberg, Germany

## Piramal Life Sciences



**Therapeutic strategies in hip chondral lesion treatment**

Speakers: Ara Kassarian, MD, Madrid, Spain

Marc Tey, MD, Barcelona, Spain

Catherine Marchand, PhD, Montreal, Canada

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## Partners

Arthrex GmbH

85757 Karlsfeld, Germany



DePuy Synthes

4528 Zuchwil, Switzerland



KARL STORZ GmbH & Co. KG

78532 Tuttlingen, Germany



## Exhibitors

Arthrex GmbH

85757 Karlsfeld, Germany

ArthroCare (Deutschland) AG

42859 Remscheid, Germany

CONMED Deutschland GmbH

64521 Groß-Gerau, Germany

DePuy Synthes

4528 Zuchwil, Switzerland

Geistlich Biomaterials, Business Unit Surgery

76534 Baden-Baden, Germany

KARL STORZ GmbH & Co. KG

78532 Tuttlingen, Germany

Piramal Life Sciences

H7V 4B3 Laval, Canada

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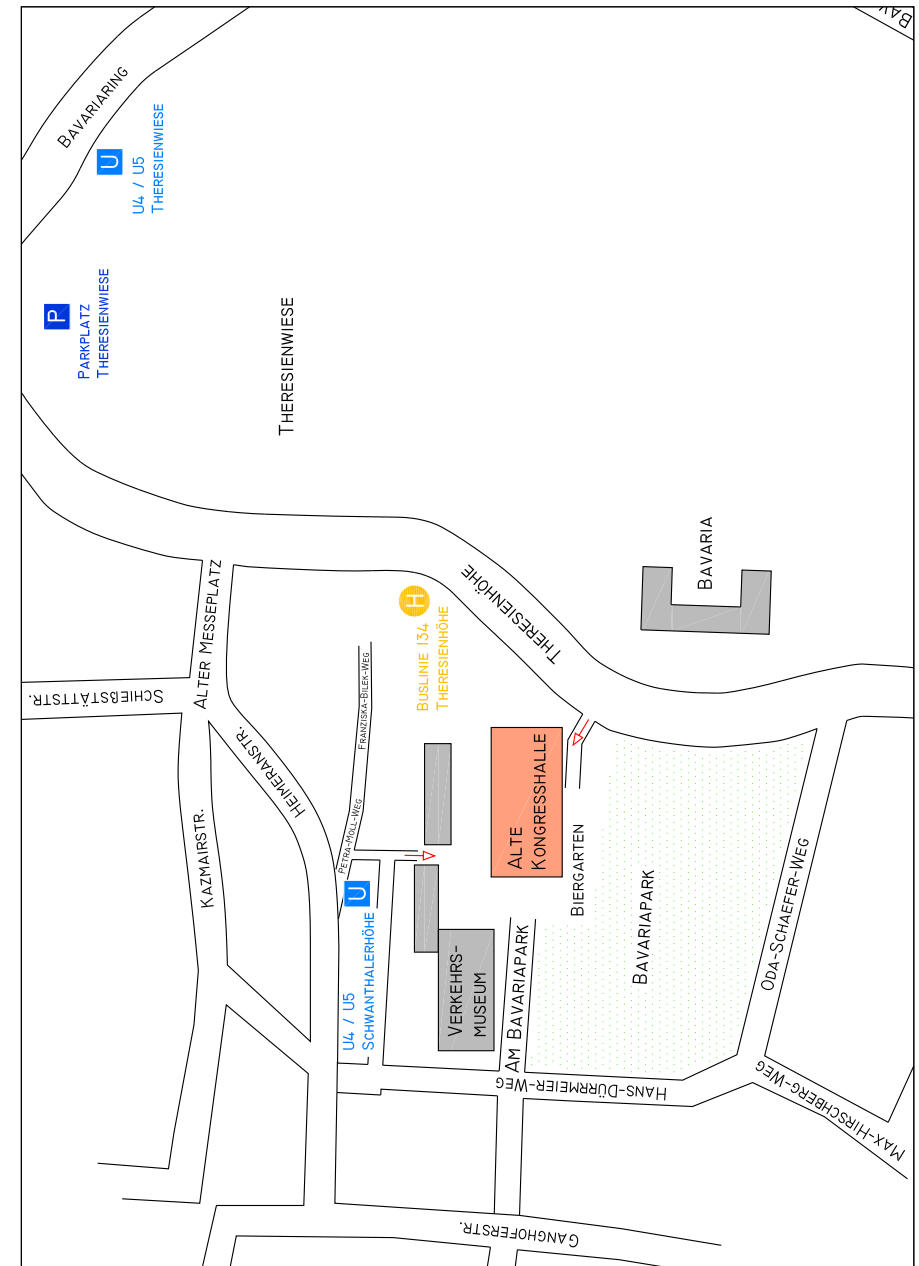
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The **Alte Kongresshalle** is located in the centre of Munich right next to the 'Theresienwiese'. The congress hall, built in 1952/53, was for many years the biggest event location of its kind. Today, the Alte Kongresshalle is one of the preserved and protected historic buildings of the old Munich fairground. It was completely restored in 2007 and offers space for more than 800 delegates, latest congress technology and an attractive exhibition area within the entrance hall and access area to the main lecture hall.



**Getting to the Alte Kongresshalle is easy.** Parking space is available in walking distance to the convention area. From the central station of Munich, the subway U4/5 with direction to 'Laimer Platz' takes you in less than 5 minutes to the stop 'Schwanthalerhöhe/Theresienwiese'. From the international airport, the S-Bahn/urban rail S1 or S8 take you in less than 45 minutes to the stop 'Hackerbrücke'.

<b>Address</b>	Alte Kongresshalle, Theresienhöhe 15, Munich
<b>Parking</b>	Theresienwiese; Parking Garage Heimeranplatz
<b>By Train</b>	Direct ICE connections to Nuremberg, Stuttgart, Frankfurt, Hamburg and Salzburg Distance main train station – Alte Kongresshalle: 2 km
<b>Subway</b>	U4 / U5 Schwanthalerhöhe
<b>S-Bahn/urban rail</b>	'Hackerbrücke' plus 15 minutes walk to the venue
<b>Airport</b>	Munich Franz-Josef-Strauß (MUC) <a href="http://www.munich-airport.com">www.munich-airport.com</a>  S-Bahn / urban rail: S1 or S8 to 'Hackerbrücke', 45 min., about € 11  Taxi: 30–45 min., about € 65





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Cologne ↔ Munich	€ 460	€ 301	€ 284	€ 185
Hanover ↔ Munich	€ 428	€ 269	€ 264	€ 165
Berlin ↔ Munich	€ 422	€ 263	€ 260	€ 161
Frankfurt ↔ Munich	€ 328	€ 169	€ 202	€ 103

Intercongress GmbH and Deutsche Bahn wish you a pleasant journey!

\* An advance booking of at least three days is required. Changes and reimbursement before the first day of validity are possible. Changes and reimbursement conditions at the time of the ticket booking according to Conditions of Carriage of the DB of Sparpreis fares. Changes and reimbursement are excluded from the first day of validity onwards. Passengers restrict themselves to a particular train and travel times. For a supplement of Euro 40 full flexible tickets are also available for domestic travels within Germany.

\*\* The booking line is available from Monday to Saturday 07:00am to 10:00pm. Calls will be charged at Euro 0.20 per call, from mobiles Euro 0.60 per call at maximum.

\*\*\* Prices are subject to change.

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**NOTE: Pop-ups must be enabled otherwise the booking platform window will not open.**

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### Accommodation



We would like to kindly advise you to organise your hotel booking as early as possible. We arranged special rates for our participants in advance. To make a reservation please use the reservation form from our cooperation partner **HRS – Hotel Reservation Service** at the congress website [www.hipmeeting.de/Accommodation](http://www.hipmeeting.de/Accommodation)

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