

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

18 Mar 2016 - 19 Mar 2016, Rome, Italy

Friday, 18 Mar 2016 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
07:30	08:00	Other Participant registration			30
08:00	08:15	Opening remarks Welcome and introduction	Christian Kammerlander; Tomasz Nizegorodcew; An Sermon		15
08:15	10:00	Preoperative phase - Group discussion	Emanuele Marzetti; An Sermon		105
08:15	10:00	Discussion (small group) Group A	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		105
08:15	10:00	Discussion (small group) Group B	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		105
08:15	10:00	Discussion (small group) Group C	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		105
08:15	10:00	Discussion (small group) Group D	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		105

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:15	10:00	Discussion (small group) Group E	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		105
08:15	10:00	Lecture Small lectures (7') Principles of comanaged care Comorbidity and perioperative optimization Functional status, treatment goals, and prognosis	Han Hegeman; Hans Jürgen Heppner; Emanuele Marzetti		105
10:00	11:45				105
10:00	10:30	Lecture Anticoagulation	Markus Gosch		30
10:30	10:45	Lecture Ethical considerations on decision making	Steve Coppens; An Sermon		15
10:45	11:00	Coffee Break			15
11:00	11:45	Discussion Small group discussions	Markus Gosch; Han Hegeman; Martin Hessmann; Ulrich Liener; Emanuele Marzetti; Marlies Regtuijt		45
11:45	12:45	Operative phase - Group discussion			60
11:45	12:45	Discussion (small group) Group A	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		60

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:45	12:45	Discussion (small group) Group B	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		60
11:45	12:45	Discussion (small group) Group C	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		60
11:45	12:45	Discussion (small group) Group D	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		60
11:45	12:45	Discussion (small group) Group E	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		60
11:45	12:45	Lecture Regional versus general anesthesia—does it matter? Bleeding	Steve Coppens; Martin Hessmann		60
12:45	15:30				165
12:45	13:45	Lunch Break			60
13:45	15:30	BREAK OUT GROUP: SURGEONS	Christian Kammerlander; Tomasz Nizegorodcew		105

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
13:45	14:20	Discussion Case-based discussion Proximal humerus Conclusions: Evidence and trends	Martin Hessmann		35
14:20	14:55	Discussion Case-based discussion Around the elbow Conclusions: Evidence and trends	Han Hegeman		35
14:55	15:30	Discussion Case-based lecture and discussion Around the wrist Conclusions: Evidence and trends	Christian Kammerlander		35
13:45	15:30	BREAK OUT GROUP: HOSPITALISTS, GERIATRICIANS & ANESTHESIOLOGISTS: Preoperative management	Steve Coppens; Emanuele Marzetti		105
13:45	14:10	Discussion Case based discussion—Preoperative optimization	Hans Jürgen Heppner		25
14:10	14:30	Discussion Case based discussion—Diagnostic procedures and assessment tools	Emanuele Marzetti		20
14:30	15:00	Discussion Case based discussion—Sarcopenia and frailty – can we treat it?	Marlies Regtuijt		30

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15:00	15:30	Discussion Cases based discussion—Pain medication – can we do more?	Steve Coppens		30	
15:30	18:30				180	
15:30	16:30	Discussion Small group discussions	Markus Gosch; Han Hegeman; Martin Hessmann; Ulrich Liener; Emanuele Marzetti; Marlies Regtuijt		60	
16:30	16:50	Coffee Break			20	
16:50	17:00	Lecture Atypical fractures	Ulrich Liener		10	
17:00	18:00	Lecture Orthogeriatric co-management Implementation Problems coming along Questions & answers	Markus Gosch; Christian Kammerlander		60	
18:00	18:15	Discussion Cases from participants	Tomasz Nizegorodcew		15	
18:15	18:30	Closing remarks Closing remarks and ARS	Christian Kammerlander; Tomasz Nizegorodcew; An Sermon		15	

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Saturday, 19 Mar 2016 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:30	09:30	Discussion Small group discussions	Markus Gosch; Han Hegeman; Martin Hessmann; Ulrich Liener; Emanuele Marzetti; Marlies Regtuijt		60
09:30	13:00	Preoperative and rehabilitation phase - Group discussion	Christian Kammerlander; Emanuele Marzetti		210
09:30	11:00	Discussion (small group) Group A	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		90
09:30	11:00	Discussion (small group) Group B	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		90
09:30	11:00	Discussion (small group) Group C	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		90
09:30	11:00	Discussion (small group) Group D	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		90

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Saturday, 19 Mar 2016 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
09:30	11:00	Discussion (small group) Group E	Steve Coppens; Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Ulrich Liener; Emanuele Marzetti; Tomasz Nizegorodcew; An Sermon		90
09:30	11:00	Lecture Small lectures (7') Pain management Full weight bearing Postoperative medical management Sarcopenia Delirium	Steve Coppens; Markus Gosch; Hans Jürgen Heppner; Ulrich Liener; Marlies Regtuijt		90
11:00	11:20	Coffee Break			20
11:20	13:00	BREAK OUT GROUP: SURGEONS	Tomasz Nizegorodcew; An Sermon		100
11:20	11:45	Discussion Case-based discussion Femoral neck fractures Per-/subtrochanteric fractures Conclusions: Evidence and Trends	Tomasz Nizegorodcew		25
11:45	12:10	Discussion Case-based discussion Pelvis and acetabulum Conclusions: Evidence and Trends	Martin Hessmann		25

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
12:10	12:35	Discussion Case-based discussion Periprosthetic femur fractures Conclusions: Evidence and Trends	An Sermon		25
12:35	13:00	Discussion Case-based discussion Fractures around the knee and ankle Principles, typical failures, and solutions Conclusions	Ulrich Liener		25
11:20	13:00	BREAK OUT GROUP: GERIATRICIANS & ANESTHESIOLOGISTS	Emanuele Marzetti; Marlies Regtuijt		100
11:20	11:40	Discussion Case-based discussion Evaluation and management of falls	Markus Gosch		20
11:40	12:00	Discussion Case-based discussion Prevention and treatment of delirium	Hans Jürgen Heppner		20
12:00	12:20	Discussion Case-based discussion Polypharmacy: Medications in the elderly	Emanuele Marzetti		20
12:20	12:40	Discussion Case based discussion Treatment and prevention of malnutrition	Marlies Regtuijt		20
12:40	13:00	Lecture Surgical basics	Han Hegeman		20

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
13:00	13:45	Lunch Break			45
13:45	15:00				75
13:45	14:45	Discussion Secondary fracture prevention—case Osteoporosis management—treatment algorithm	Markus Gosch; Hans Jürgen Heppner		60
14:45	15:00	Closing remarks Closing remarks, ARS, and distribution of certificates	Christian Kammerlander; Tomasz Nizegorodcew; An Sermon		15