

Program

OrthoDays 2016

International Foot and Ankle Course

January 20– 22, 2016



Host

Prof. Beat Hintermann and international faculty

Venue

AMTS, MuttENZ, Switzerland

Welcome Message

I am pleased to announce that the 19th International Foot and Ankle Course will be held at the new AMTS (Academy for Medical Training and Simulation) in MuttENZ, Switzerland, between the 20th and 22nd of January 2016.

New ideas, new faces and a new course structure await you at the OrthoDays 2016. Superb educational opportunities – the latest products and services – networking with colleagues – seeing old friends and making new ones. The new approach with two full-days of practical exercises in the Wet Lab will ensure a high exchange of knowledge and expertise, and it will improve your skills as a foot and ankle surgeon. Case discussions with experts will be stimulating and groundbreaking. We encourage you to participate actively and to share your thoughts and experiences. An outstanding international faculty welcomes you to share this unique opportunity with us.

We hope for a once in a life time experience for all.

Prof. Beat Hintermann

Patronage/Program

Prof. Beat Hintermann

Kantonsspital Baselland, Klinik für Orthopädie und Traumatologie des Bewegungsapparates, 4410 Liestal, orthodays2016@ksbl.ch

Organization/Registration

santémedia AG, Hotelgasse 10, 3000 Bern 8

T: +41 31 312 42 64, F: +41 31 312 42 63, info@orthodays.ch

Venues, Driving Directions, Parking

Location

AMTS Academy for Medical Training and Simulation
Kriegackerstrasse 100,
CH-4132 MuttENZ BL
info@amts.ch, www.amts.ch

The AMTS is located in the upper three floors of the «Rennbahntowers» in MuttENZ.

Public transport

If you are coming from Basel, then you can reach us with the train lines S1 and S3 or with the tram line 14 (tram stop MuttENZ Zum Park). From the train station you can reach us by foot (approximately 900 m) or by bus with the lines 47 or 63 (Bus stop MuttENZ Fachhochschule).

Driving directions

If coming from Zürich (A2) take the highway exit 6 Birsfelden / Hagnau and then follow the directions to MuttENZ.

If coming from Basel (A2) take the highway exit 6 Hagnau and follow H18 in direction Delémont /MuttENZ. On H18 take the exit MuttENZ-Süd.

Accommodation

Courtyard by Marriott Basel

Hardstrasse 55, 4133 Pratteln
T: +41 61 827 17 17, F: +41 61 827 17 18
frontoffice@bslcy.ch
www.courtyardbasel.com

Driving directions and public transportation

To access the hotel, take the highway exit Pratteln. The hotel can then be reached within two minutes. From the trainstation it is an 8 minute walk.

Parking

The hotel has 500 parking spaces available indoor in their parking garage and 200 parking spaces outdoor.

The daily rate is CHF 30.-.

Program

OrthoDays 2016

International Foot and Ankle Course

Wednesday, January 20th

Time	Theme/Subject	Speaker
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08:30	Announcements	B. Hintermann
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08:40	Presidential welcome SFAS	N. Espinosa
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Moderators **N.Espinosa, B.Hintermann**

Anatomy of the medial hindfoot

08:45	Anatomy of the medial hindfoot	J. Nunley
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09:15	Practical Exercise I (cadaveric specimens)	J. Nunley, R. Ruiz
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10:30 Coffee break

Anatomy of the lateral hindfoot

11:00	Anatomy of the lateral hindfoot	B. Ribbans
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11:15	Practical Exercise II (cadaveric specimens)	B. Ribbans, M. Knupp
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12:30 Lunch

Anatomy of the midfoot

13:30	Anatomy of the midfoot	K. Wapner
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14:00	Practical Exercise III (cadaveric specimens)	K. Wapner, M. Assal
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15:15 Coffee Break

Anatomy of the forefoot

15:45	Anatomy of the forefoot	H. Trnka
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16:15	Practical Exercise IV (cadaveric specimens)	H. Trnka, E. Wagner
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17:30 Free preparation

18:30 Adjourn, transfer to the hotel

Thursday, January 21st

Time	Theme/Subject	Speaker
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Moderators	C. Ortiz, E. Wagner
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Forefoot Disorders

08:00	Decision making for hallux valgus surgery: my algorithm	H. Trnka
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08:30	Practical Exercise V (cadaveric specimens)	
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Hallux valgus surgery	
• Scarf	M. Knupp
• Lapidus	H. Trnka
• Akin	R. Ruiz
• MTP I-arthrodesis	N. Espinosa
(various techniques / solutions by different companies)	

10:30 Coffee break

11:00	Practical Exercise VI (cadaveric specimens)	
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Forefoot reconstruction	
• Plantar plate repair	C. Nery
(various techniques / solutions by different companies)	
• Hammer toe	C. Ortiz
• Bunionette	E. Wagner

12:30 Lunch

Thursday, January 21st

Time	Theme/Subject	Speaker
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Moderators	B. Ribbans, C. Nery	
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13:30 Practical Exercise VII (cadaveric specimens)

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|---|----------------------|
| Midfoot and lateral hindfoot | |
| • Lisfranc reconstruction | M. Assal |
| • Peroneus longus to brevis transfer
(various techniques / solutions by different companies) | B. Hintermann |
| • Peroneal tendon dislocation | B. Ribbans |
| • Lateral ligament reconstruction
(various techniques / solutions by different companies) | M. Knupp |
| • Lateral column lengthening osteotomy | B. Hintermann |
| • Medial sliding osteotomy | S. Stufkens |

15:30 Coffee break

16:00 Practical Exercise VIII (cadaveric specimens)

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| Medial Hindfoot | |
| • Spring ligament repair | J. Nunley |
| • FDL transfer | E. Wagner |
| • TTC fusion with intramedullary rod
(various techniques / solutions by different companies) | K. Wapner |
| • Insertional tendonitis of Achilles | C. Ortiz |

17:30 Case discussions in small groups

18:45 Adjourn, transfer to the hotel

20:00 **Get-together at the Hotel Marriott**

Friday, January 22nd

Time	Theme/Subject	Speaker
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Moderators	H. Trnka, R. Ruiz	
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Updates / Current Techniques in Foot and Ankle Surgery

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| 08:00 | Acquired flatfoot deformity of the adult | R. Ruiz |
| 08:20 | Ligamentous instability of ankle joint complex | C. Ortiz |
| 08:40 | Osteochondral lesions – now and in the future? | J. Nunley |
| 09:00 | Ankle arthritis – what lies beyond replacement and fusion? | B. Hintermann |

09:20	The failed ankle fracture – what now ?	M. Knupp
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09:40	Forefoot surgery – a cook book or an art?	H. Trnka
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10:00 Coffee break

Friday, February 22nd

Time	Theme/Subject	Speaker
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	Moderator	K. Wapner
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Foot Reconstruction - Learn from the master (Case based discussion round)

10:30	How I did this case	J. Nunley
10:45	How I did this case	C. Ortiz
11:00	How I did this case	H. Trnka
11:15	How I did this case	N. Espinosa
11:30	How I did this case	M. Assal
11:45	How I did this case	M. Knupp

12:00 Lunch

	Moderator	J. Nunley
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Foot Reconstruction - Learn from the master (Case based discussion round)

13:00	My worst case	H. Trnka
13:15	My worst case	M. Knupp
13:30	My worst case	C. Ortiz
13:45	My worst case	C. Nery
14:00	My worst case	N. Espinosa
14:15	My worst case	E. Wagner
14:30	My worst case	M. Assal
14:45	My worst case	K. Wapner
15:00	My worst case	B. Ribbans

15:15	Case discussions from the audience	J. Nunley
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16:00	Discussion and final remarks	B. Hintermann
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16:15 Adjourn

Assal Mathieu, MD

Clinique La Colline, Av. de Beau-Séjour 6,
1206 Genève 14, Switzerland
mathieu.assal@bluewin.ch

Espinosa Norman, MD

SFAS President, Foot and Ankle Institute,
Kappelstrasse 7, 8002 Zürich, Switzerland
espinosa@fussinstitut.ch

Hintermann Beat, MD

Orthopaedic Department, Cantonal Hospital
Baselland, 4410 Liestal, Switzerland
beat.hintermann@ksbl.ch

Knupp Markus, MD

Orthopaedic Department, Cantonal Hospital
Baselland, 4101 Bruderholz, Switzerland
markus.knupp@ksbl.ch

Nery Caio, MD

Rua Afonso Brás 817, V.N. Concalcao
Sao Paulo, Brazil
caionerymd@gmail.com

Nunley James, MD

Department of Orthopaedics, Duke University
Medical Center, Box 2923, Durham,
North Carolina 27710-0001, USA
nunle001@mc.duke.edu

Ortiz Cristian, MD

Clinica Alemana, Vitacura, Av. Manquehue
Norte 1410, Santiago de Chile, Chile
cortiz@alemana.cl

Ribbans William J, MD, PhD

University of Northampton, The County Clinic,
57 Billing Road, Northampton, NN1 5DB,
United Kingdom
billribbs@uk-doctors.co.uk

Ruiz Roxa, MD

Hospital Militar Central, Av. Pershing S/N
Jesus Maria, Lima, Peru
roxarw@yahoo.com

Stufkens Sjoerd, MD PhD

Academic Medical Center, University,
Amsterdam
s.a.stufkens@amc.uva.nl

Trnka Hans-Jörg, MD

Foot and Ankle Center Vienna, Alserstraße
43/8D, A-1080 Vienna, Austria
trnka@fusszentrum.at

Wagner Emilio, MD

Clinica Alemana, Vitacura, Av. Manquehue
Norte 1410, Santiago de Chile, Chile
ewagner@alemana.cl

Wapner Keith, MD

Penn Medicine, 230 West Washington Square,
Philadelphia, PA 19106, USA
twinsuns1@comcast.net

Fees, Credits, Registration, Accommodation

Fees

Foot & Ankle, January 20– 22, 2016

CHF 2500.–

SFAS members

CHF 2400.–

Credits

16 Credits

Language

The Foot & Ankle course will be held in English, simultaneous translation will not be provided.

Number of Participants/Registration

The number of participants is limited. The registrations are accepted in the order of entrance. Please register by filling out the form at the end of this brochure or online (www.orthodays.ch), You will receive the confirmation and the invoice as an e-mail.

Accommodation

Hotel accommodation is not included in the course fee. If needed, accommodation needs to be booked and paid by the participants themselves.

A limited number of rooms have been reserved for course participants to special rates at the Seminarhotel Courtyard by Marriott Basel.

Partners, Exhibitors

The Conference is compliant with the Eucomed Code of
Ethical Business Practice

OrthoDays 2016

International Foot and Ankle Course

Registration Form

Title / Titel

Miss, Mister / Frau, Herr

Postal code, City / PLZ, Ort

First Name / Vorname

Country / Land

Surname / Familienname

Phone / Telefon

University, Hospital / Universität, Spital

E-Mail

Address / Adresse

☐

Registration
CHF 2500.-

☐

Registration as
SFAS Member, 2400.-

I'll join the free Get-Together Party on January 21st, 8 pm
Ich nehme an der gratis Get-Together Party am 21. Jan. 20h teil

☐

Yes/Ja

☐

No/Nein

The number of participants is limited. The registrations are accepted in the order of entrance. You will receive the confirmation and the invoice as an e-mail. The cancellation fee amount is CHF 100.-. A cancellation is no longer possible after the 24th of December 2015.

Registration:

santémédia AG, OrthoDays 2016, Hotelgasse 10, 3000 Bern 8, info@orthodays.ch, Fax: +41 31 312 42 63, Phone: +41 31 312 42 64

Hotel reservation directly via Courtyard by Marriott Basel

Hardstrasse 55, 4133 Pratteln, T: +41 61 827 17 17, F: +41 61 827 17 18, frontoffice@bslcy.ch

Teilnehmerzahl beschränkt. Die Teilnahme erfolgt in der Reihenfolge der Anmeldung. Nach der Anmeldung erhalten Sie per Mail eine Bestätigung und die Rechnung. Stornierungsgebühr CHF 100.-. Nach dem 24. Dezember 2015 ist keine Stornierung mehr möglich.

Anmeldung an:

santémédia AG, OrthoDays 2016, Hotelgasse 10, 3000 Bern 8, info@orthodays.ch, Fax: +41 31 312 42 63, Phone: +41 31 312 42 64

Hotelreservation direkt an Courtyard by Marriott Basel

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