

## NICOLA'S FOUNDATION

### The institutional aims of the Foundation are:

- to promote research and education for a health care system centred around the person and therefore more humane
- spread the scientific culture, in particular for prevention and regenerative medicine and surgery
- develop basic and applied research projects, from stem cells to biotechnologies, involving young Italian researchers, in turn avoiding the "brain drain"
- contribute to education and scientific development in the biomedical field, also in favor of developing countries, with scholarships
- support medical and scientific education by involving Universities, authorities, welfare centers and institutions in order to contribute to the development of the "Italian System"
- promote scientific support and health campaigns.

### The Mission

The Foundation's Mission, non-profit and in respect of the ethical, moral and cultural principles dictated by the founders can be summarized as follows:

- promote the organization of conferences in order to disseminate the scientific results attained both by their own researchers and by international research centres and universities in general
- to promote studies and research in medicine with particular attention to the fields of orthopaedics, biologic-bio mechanics, genetics and tissue engineering as well as bioengineering, biomechanics and oncology
- to promote meetings and create collaborations and interaction with the institutions, universities, public and private study centres, including specific projects of support and economic aid
- to promote socially supportive activities through specific projects for support and economic aid in favour of the disadvantaged or institutions or religious congregations which operate in the field of solidarity and humanitarian aid
- to promote the study of methods and systems to develop and improve both the surgical and diagnostic procedures of diseases by means of stem cell transplantation as well as by using other experimental techniques
- to promote initiatives for scientific propaganda both in the schools and national and international university settings besides permanent education and up dates for health personnel
- to develop and organize centres, at a national and international level for E.B.M. (Evidence Based Medicine)
- to develop and organize centres, nation- and worldwide for the development of experimental surgery and novel techniques.

### HOW TO REACH THE ICLO TEACHING AND RESEARCH CENTER

The course will be held at the ICLO Teaching and Research Center - St. Francis de Sales, housed within the Nicola's Foundation in Arezzo (via A. Einstein, 12).

By car: take the Autostrada del Sole "A1" highway, turn off at the Arezzo exit and follow the signs for "Arezzo-Bibbiena-Sansepolcro".

After about 5 km, turn right onto Via Luigi Galvani and continue for approx. 500 mt then turn left onto Via Lebole. Take the underpass and turn left onto Via Fratelli Lumiere. You will see the Hotel AC Arezzo sign; the Congress venue is the pink building behind the AC Hotel Arezzo.

#### Course Venue

ICLO  
Teaching and Research Center  
San Francesco di Sales  
12, Via A. Einstein  
52100 Arezzo - Tuscany -Italy

#### Organizing Secretariat



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under the patronage of



**SICSeG**  
Società Italiana di Chirurgia della Spina e del Gomito



# INTERNATIONAL ELBOW COURSE

Italy, Arezzo - ICLO Teaching and Research Center  
December 3-5, 2015

#### ITALIAN FACULTY

Renzo Angeloni (Firenze)  
Paolo Angelo Arrigoni (Milano)  
Davide Blonna (Torino)  
Andrea Celli (Modena)  
Alessandra Colozza (Faenza)  
Felice Di Palma (Sassuolo)  
Maurizio Fontana (Faenza)

Giuseppe Giannicola (Roma)  
Enrico Guerra (Bologna)  
Alessandro Marinelli (Bologna)  
Luigi Adriano Pederzini (Sassuolo)  
Giuseppe Porcellini (Cattolica)  
Roberto Rotini (Bologna)  
Pierluigi Tos (Torino)

#### INTERNATIONAL FACULTY

Mehmet Demirtas (Turkey)  
Emilio Lopez Vidriero (Spain)  
Nuno Sevivas (Portugal)

Roger Van Riet (Belgium)  
Alexander Van Tongel (Belgium)

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## Thursday, December 3, 2015

**06.30 pm** Registration

**08.30 pm** Dinner

## Friday, December 4, 2015

**08.30 am** Introduction

### ARTHROSCOPY

Moderators: *L. Pederzini - R. Rotini*

**08.40 am** Arthroscopy set up and portals - *A. Van Tongel*

**08.55 am** Epicondylitis - Epitrochleitis - *P. Arrigoni*

**09.10 am** PRP and conservative treatments in Epicondylitis - Epitrochleitis - *E. Lopez Vidiero*

**09.25 am** Arthroscopy in degenerative elbow (OCD included) - *L. Pederzini*

**09.40 am** Arthroscopy in traumatic elbow (fractures included) - *E. Guerra*

**09.55 am** Arthroscopy and Instability - *G. Porcellini*

**10.10 am** Discussion

**10.20 am** Coffee-break

### INSTABILITY

Moderators: *G. Giannicola, R. Van Riet*

**10.30 am** Biomechanical patterns of injuries and associated - *N. Lesions Sevivas*

**10.40 am** Classifications - *A. Celli*

**10.50 am** Medial instability - *L. Pederzini*

**11.00 am** Lateral instability - *R. Van Riet*

**11.10 am** Complex Instability - *G. Giannicola*

**11.20 am** The role of interosseous membrane - *M. Fontana*

**11.35 am** Distal biceps - *F. Di Palma*

**11.50 am** Discussion

**12.05 am** Cad Lab: Arthroscopy and instability (part I)

**01.00 pm** Lunch

**02.00 pm** Cad Lab: Arthroscopy and instability (part II)

**04.45 pm** Coffee-break

**05.00 pm** Distal humerus fractures - *A. Marinelli*

**05.15 pm** Olecranon and coronoid fractures - *P. Tos*

**05.30 pm** Radial head fractures - *M. Demirtas*

**05.45 pm** Discussion

**06.00 pm** Radial Head Prosthesis - *D. Blonna*

## Saturday, December 5, 2015

### TOTAL ELBOW ARTHROPLASTY

Moderators: *L. Pederzini - R. Rotini*

**08.30 am** Open Approaches - *A. Colozza*

**08.40 am** Indications - *M. Fontana*

**08.50 am** Surgical Techniques - *R. Angeloni*

**09.00 am** Revisions TEA - *R. Rotini*

**09.15 am** Discussion

**09.35 am** Coffee-break

**09.45 am** Cad Lab: Radial head and total elbow replacement

**01.00 pm** Conclusions

**01.30 pm** Lunch

## Registration Form

First Name	Last Name
Place of birth	Date of Birth
Address	
City	District
Mob	Tel
Email	Fiscal Code
Place of Work	Address
City	District

Occupation/ Field ☐ Freelance ☐ Student ☐ Employee ☐ Government Employee

You are pleased to fill in this Registration Form and deliver it with your Professional Curriculum Vitae via fax (+39.0575.1948500) or by e-mail g.vestrini@iclo.eu. The Course is a limited enrolment Course; the Organizing Secretariat will take care to inform you about your acceptance or non acceptance of the participation.

Date	Signature
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We inform you that, as expected by the D.Lgs 196/2003, we may use your data in relation with the carrying out of this event. The holder of the forementioned handlings is Iclo Srl based in Arezzo.

### Invoice details

Title	Prof
Dr	Affiliation
State	City
Address	Postal Code
Email	Phone
VAT Identification Number	

### Confirmation/Invoice

Registrations will be handle accordingly with the first-come, first served system. You will receive a confirm of your registration by e-mail as soon as we will receive the money transfer.

### Payment

Banca Valdichiana Credito Cooperativo Toscano-Umbro

Transfer to: ICLO srl

Agency: Arezzo Centro n.14

IBAN: IT36 I0848914 10100000 0370978

BIC/SWIFT: ICRAITRRDLO

Please indicate your surname, name and "International Elbow Course" Bank charges are the responsibility of the participant and should be paid at source in addition to the registration and accommodation fees.

**Registration Fee (Vat included) 1.600€**

**SICSeG Members\*: 1.280€**

\*The Organization secretary will check the SICSeG status member before approving the registration

**Registration Fee includes:** hotel 4\* for 2 nights, catering services as per program, two dinners, insurance, educational material, single use surgical dressing kits and instruments, attendance certificate