

AOTrauma Europe Masters Course—Complex Elbow Fractures with Anatomical Specimens

30 Mar 2015 - 31 Mar 2015, Leiden, Netherlands

Monday, 30 Mar 2015 (Day 1)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
09:30	10:00	Lecture Participant registration			30
10:00	10:15	Lecture Welcome and introduction, ARS evaluation			15
10:15	12:50	Module 1: The lateral elbow			155
10:15	10:45	Discussion Case discussion			30
10:45	11:05	Lecture How to choose the correct surgical approach?			20
11:05	11:25	Lecture Management of radial head fractures and forearm instability			20
11:25	11:35	Lecture Shear fractures of the capitellum and trochlea			10
11:35	11:50	COFFEE BREAK / LOCATION CHANGE TO ANATOMICAL SPECIMEN LAB			15
11:50	12:50	Workshop (cadaver) Anatomical specimen lab – Kocher approach – EDC approach- radial nerve exposure – ORIF of radial head fracture – Radial head arthroplasty			60
12:50	13:35	LUNCH BREAK			45
13:35	17:10	Module 2: The medial elbow			215

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13:35	14:10	Discussion Case discussion			35
14:10	14:30	Lecture How to choose the correct surgical approach?			20
14:30	14:50	Lecture Management of coronoid fractures			20
14:50	15:00	Lecture Management of medial epicondyle fractures			10
15:00	15:15	COFFEE BREAK / LOCATION CHANGE TO ANATOMICAL SPECIMEN LAB			15
15:15	17:00	Workshop (cadaver) Anatomical specimen lab – Lateral Column approach for contracture release – Ulnar nerve dissection – Medial coronoid approaches – Medial column approach for contracture release			105
17:00	17:10	Discussion Time to reflect on the main take-home message, discussion and summary			10

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Tuesday, 31 Mar 2015 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:30	13:00	Module 3: The posterior elbow			270
08:30	09:30	Discussion Case discussion			60
09:30	09:50	Lecture How to choose the correct surgical approach?			20
09:50	10:10	Lecture Management of distal humerus fractures			20
10:10	10:30	Lecture Olecranon management and fixation options			20
10:30	10:50	Lecture The stiff elbow			20
10:50	11:05	COFFEE BREAK / LOCATION CHANGE TO ANATOMICAL SPECIMEN LAB			15
11:05	13:00	Workshop (cadaver) Anatomical specimen lab - Proximal radial nerve exposure - Paratricipital exposures - Olecranon osteotomy - Distal humeral fracture plating - Proximal ulna and coronoid ORIF			115
13:00	13:45	LUNCH BREAK			45
13:45	16:10	Module 4: Complex elbow instability			145
13:45	14:15	Discussion Case discussion			30

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Tuesday, 31 Mar 2015 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
14:15	14:35	Lecture Identifying complex instability patterns			20	
14:35	14:50	COFFEE BREAK / LOCATION CHANGE TO ANATOMICAL SPECIMEN LAB			15	
14:50	16:00	Workshop (cadaver) Anatomical specimen lab - Repair of lateral collateral ligament - Application of external fixation			70	
16:00	16:10	Closing remarks Discussion, summery, and distribution of certificates			10	