

**Preliminary Program**  
**20<sup>th</sup> Course in Shoulder Surgery Balgrist**



**September 11-12, 2014**

**Christian Gerber, MD & Dominik C. Meyer, MD**

## Thursday, September 11<sup>th</sup>, 2014 (Prosthetic Reconstruction)

07:30	Registration / Commercial Exhibition in the Lobby	
08:00	Welcome	<b>Gerber</b>
08:10	Anatomical Knowledge Necessary for Shoulder Surgery	<b>Wieser (tbc)</b>
08:25	Biomechanical Concepts of Total Shoulder Replacement	<b>Nyffeler</b>
08:40	Live Surgery I (Moderator: Meyer) Open Shoulder Surgery	<b>Gerber</b>
10:00	Coffee Break / Commercial Exhibition in the Lobby	
10:30	Discussion	
10:45	Theory on Open Shoulder Surgery	<b>Riede</b>
11:00	Workshop I Workshop II	<b>(Grp 1-6)</b> <b>(Grp 7-12)</b>
12:45	Lunch (Cafeteria), Coffee & Commercial Exhibition (Lobby)	
13:45	Live Surgery II (Moderator: Jost) Open Shoulder Surgery	<b>Gerber</b>
15:15	Coffee Break / Commercial Exhibition in the Lobby	
15:45	Workshop III Workshop IV	<b>(Grp 7-12)</b> <b>(Grp 1-6)</b>
17:30	Discussion	
17:45	End of Day 1	
19:00	Evening Program	

### Credits

Applied for 16 credits at SGOT (Swiss Society of Orthopedic Surgery and Traumatology) and 12 at EACCME

### Course Fee

CHF 1200 (approx. EUR 1000) including mentioned meals, no accommodation

### Sponsors

We thank our main sponsors and the Anatomy Departments of the Universities of Zurich and Bern for supporting this course:



University of  
Zurich<sup>UZH</sup>



## Friday, September 12<sup>th</sup>, 2014 (Instability & Rotator Cuff)

07:45	Commercial Exhibition in the Lobby (Auditorium)	
08:00	«Shoulder Secrets»	<b>Meyer</b>
08:15	Live Surgery (Moderator: Meyer) Arthroscopic Bankart Repair	<b>Gerber</b>
09:00	Live Surgery (Moderator: Gerber) Shoulder Stabilization according to Latarjet	<b>Meyer</b>
10:15	Coffee Break / Commercial Exhibition in the Lobby	
10:45	Discussion	
11:00	Workshop V: Arthroscopic Knot Tying	<b>Gerber</b>
11:20	Workshop VI: Arthroscopic Shoulder Stabilization	
12:30	Lunch (Cafeteria), Coffee & Commercial Exhibition (Lobby)	
13:30	Scientific Principles of Rotator Cuff Repair <ul style="list-style-type: none"><li>• Biomechanics</li><li>• Biology</li></ul>	<b>Meyer</b> <b>Zumstein</b>
13:50	Live Surgery (Moderator: Meyer) Arthroscopic Rotator Cuff Repair	<b>Gerber</b>
15:00	Coffee Break / Commercial Exhibition in the Lobby (Auditorium)	
15:30	Workshop VII: Arthroscopic Rotator Cuff Repair	
16:45	Discussion	
17:15	End of Course	

*(Program subject to change)*

### Hosts/Faculty

Christian Gerber, MD, Chairman and Medical Director, Balgrist University Hospital  
Bernhard Jost, MD, Head of Orthopedics and Traumatology Department, Cantonal Hospital St. Gallen

Dominik Meyer, MD, Head of Shoulder & Elbow Surgery, Balgrist University Hospital  
Richard Nyffeler, MD, Head of Upper Extremities Team, Klinik Sonnenhof, Bern  
Ulf Riede, MD, Head of Shoulder Surgery, Buergerspital Solothurn, Solothurn  
Karl Wieser, MD, Consultant Shoulder & Elbow Surgery, Balgrist University Hospital  
Matthias Zumstein, MD, Head of Shoulder, Elbow & Orthopaedic Sports Medicine, University of Bern, Inselspital, Bern

### Workshops

First day: cadaver shoulders / second day: shoulder models

### Registration/Information

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