



# Risk Reducing Surgery (RRS)

## *(Live surgery)*

### Faculty

- *Kristjan Asgeirsson*  
*Nottingham Breast Institute*
- *Amy Colwell*  
*Massachusetts General Hospital*
- *Amy Degnim*  
*Mayo Clinic, Rochester*
- *Douglas Macmillan*  
*Nottingham Breast Institute*
- *Stephen McCulley*  
*Nottingham Breast Institute*
- *Steven Narod*  
*University of Toronto*



**Venue -** **Klíníkin Ármúla**  
**Reykjavic, Iceland**

**5<sup>th</sup> May**

9.30 am     ***Risk and Risk Management***

- Risk associated with BRCA and other mutations     Narod
- Effectiveness of surgical risk-reducing strategies     Degnim
- Effectiveness of non-surgical risk-reducing strategies     Narod

10.45 am     ***Coffee***

11.15 am     ***Risk Reducing Surgery***

- The pathway to RRS     Asgeirsson
- Case selection for RRS     Colwell
- RRS and autologous recon     McCulley
- When not to do a direct to implant     Macmillan
- Direct to implant after WLE and radiotherapy     Colwell
- Safe risk reducing surgery in the obese     Macmillan

1.00 pm     ***Lunch***

2.00 pm     ***Technique in Direct To Implant Reconstruction***

- The NSM Macmillan
- Forming the pocket
  - Sub-pectoral Colwell
  - Pre-pectoral Macmillan
- Selecting the lower pole support device Asgeirsson
- Selecting the implant Macmillan
- Wound closure and drain management Colwell
- Pain relief Degnim
- Predicting / monitoring mastectomy flap ischaemia Degnim
- Aftercare Macmillan
- The formula 1 approach Asgeirsson

4.00 pm     ***Break***

5.00 pm     ***Blue Lagoon***

7.30 pm     ***Dinner***

**6<sup>th</sup> May**

9.00 am     *Live Surgery*

- Mark-ups
- Bilateral risk-reducing mastectomy and DTI
- Exchange of TE to implant and fat grafting

### *Controversies - through the day*

- Contralateral risk reducing surgery Degnim
- The two-surgeon or one surgeon model
  - Two is better than one Colwell
  - One comes before two McCulley
- Population based genetic testing – is that where we are heading?  
Narod
- Risk associated with benign breast disease  
How big is it and how to manage it? Degnim
- Risk associated with DCIS  
Time for a proportionate approach? Narod