

AOTrauma Course—Basic Principles of Fracture Management

16 Nov 2015 - 19 Nov 2015

Basingstoke, United Kingdom

Monday, 16 Nov 2015 (Day 1)

Start	End	Title		Moderators/Faculty	Location/Documents	Duration
09:30	10:30	Other	AO Skills Lab Pre-Course Meeting (Faculty only)		Discussion Rooms	60
10:30	11:30	Other	Pre-course Meeting (Faculty only)		Lecture Theatre	60
11:30	18:30	Moderator for the day				420
11:30	12:00	Other	Registration with Coffee & Sandwiches		Blue Cafe Bar	30
12:00	12:10	Lecture	Introduction - AO philosophy		Lecture Theatre	10
12:10	12:30	Lecture	Open fractures		Lecture Theatre	20
12:30	12:50	Lecture	Soft tissue management and compartment syndr		Lecture Theatre	20
12:50	13:10	Lecture	Spectrum of stability - Achieving stability - screw t		Lecture Theatre	20
13:10	13:30	Lecture	Achieving stability - plate technique		Lecture Theatre	20
13:30	13:40	Travel time to practical				10
13:40	14:40	Workshop	Practical 1: AO Skills Lab - Round 1			60
14:40	15:00	Tea, Coffee & Cake			Blue Cafe Bar	20
15:00	16:00	Workshop	Practical 1: AO Skills Lab - Round 2			60
16:00	16:05	Travel time to discussion rooms				5
16:05	17:05	Discussion	Dicussion 1: Fracture healing and soft tissue		Discussion Rooms	60
17:05	18:30	Workshop	Practical 2: Absolute stability		Practical Room	85

Tuesday, 17 Nov 2015 (Day 2)

Start	End	Title		Moderators/Faculty	Location/Documents	Duration
08:45	17:25	Moderator for the day				520
08:45	09:00	Lecture	Relative stability - External fixators		Lecture Theatre	15
09:00	09:05	Travel time to practical				5
09:05	10:05	Workshop	Practical 3: External fixation		Practical Room	60
10:05	10:20	Tea & Coffee			Caspian & Andaman	15
10:20	10:35	Lecture	Relative stability - Intramedullary techniques		Lecture Theatre	15
10:35	10:40	Travel time to practical room				5
10:40	12:00	Workshop	Practical 4: Intramedullary nailing (including distal		Practical Room	80
12:00	12:45	Lunch			Caspian & Andaman	45
12:45	14:15	Discussion	Discussion 2: Diaphyseal fractures		Discussion Rooms	90
14:15	14:20	Travel time to lecture				5

14:20	14:40	Lecture	Fractures of the proximal femur	Lecture Theatre	20
14:40	14:55	Tea & Coffee		Caspian & Andaman	15
14:55	15:55	Workshop	Practical 5: Proximal femoral fracture	Practical Room	60
15:55	16:00	Travel time to discussion rooms			5
16:00	17:00	Discussion	Patient positioning and radiation safety in surgery	Discussion Rooms	60
17:00	17:05	Travel time to lecture			5
17:05	17:25	Lecture	AO Principles - What have we learnt so far?	Lecture Theatre	20

Wednesday, 18 Nov 2015 (Day 3)

Start	End	Title		Moderators/Faculty	Location/Documents	Duration
08:15	16:15	Moderator for the day				480
08:15	09:25	Workshop	Practical 6: Locking plates inc Elephant screw mc		Practical Room	70
09:25	09:40	Tea & Coffee			Caspian & Andaman	15
09:40	10:30	Workshop	Practical 7: Tension Band Wiring		Practical Room	50
10:30	10:35	Travel time to lecture				5
10:35	10:55	Lecture	Fractures of the wrist		Lecture Theatre	20
10:55	11:15	Lecture	Fractures of the forearm		Lecture Theatre	20
11:15	11:45	Lecture	Pre-operative planning and interactive session		Lecture Theatre	30
11:45	12:30	Lunch			Caspian & Andaman	45
12:30	13:00	Workshop	Practical 8: Planning of the radius and ulna		Practical Room	30
13:00	14:00	Workshop	Practical 8: Radius and ulna		Practical Room	60
14:00	14:15	Tea & Coffee			Caspian & Andaman	15
14:15	15:45	Discussion	Discussion 3: Articular fractures		Discussion Rooms	90
15:45	15:50	Travel time to lecture				5
15:50	16:15	Lecture	Fractures of the ankle		Lecture Theatre	25

Thursday, 19 Nov 2015 (Day 4)

Start	End	Title		Moderators/Faculty	Location/Documents	Duration
09:00	15:50	Moderator for the day				410
09:00	09:25	Workshop	Practical 9: Planning of ankle fractures		Practical Room	25
09:25	10:25	Workshop	Practical 9: Type C ankle fractures		Practical Room	60
10:25	10:40	Tea & Coffee			Caspian & Andaman	15
10:40	11:10	Lecture	Emergency management of pelvis fractures and i		Lecture Theatre	30
11:10	11:40	Lecture	Polytrauma		Lecture Theatre	30
11:40	12:00	Lecture	Damage control orthopaedics		Lecture Theatre	20
12:00	12:40	Lunch			Caspian & Andaman	40

12:40	13:55	Workshop	Practical 10: DCO ex-fixes	Practical Room	75
13:55	14:00	Travel time to lecture			5
14:00	14:45	Lecture	Decision making - complications	Lecture Theatre	45
14:45	15:35	Lecture	AO Principles - Application to clinical cases	Lecture Theatre	50
15:35	15:50	Closing remarks	Summary and close of course	Lecture Theatre	15