



**AESTHETIC DERMATOLOGY CONGRESS**  
**4-5 December 2015**

**DAY ONE: Friday, 4 December 2015**

**08:50 Opening remarks from the Chair:** Dr Mahaveer Mehta

**SESSION 1: LASERS AND DERMATOLOGIC SURGERY**

**Moderator:** Dr Ibrahim Al Aradi

**09:00** Ablative procedures for facial rejuvenation  
Dr Mohamad Kashmar

**09:20** Aesthetical indications in the perioral area with Botox  
Prof Redaelli Alessio

**09:40** Thread lift - stitching off the age  
Dr Piyali Chatterjee

**10:00** Combining lasers and other energy devices in aesthetic practice  
Dr Mahaveer Mehta

**10:20** How to close large and tricky surgical defects?  
Dr Ibrahim Al Aradi

**10:40** Q&A

**11:00 COFFEE BREAK**

**SESSION 2: KEYNOTE PRESENTATION**

**Moderator:** Dr Mahaveer Mehta

**11:30** The development and applications of surgical tumescent and bi-level tumescent anesthesia:  
A personal voyage  
Prof Dr Lawrence Field

**12:00** Q&A

**12:15 LUNCH BREAK**

**SESSION 3: AESTHETIC DERMATOLOGY PROCEDURES**

**Moderator:** Dr Nilesh Goyal

**13:30** Facial rejuvenation with integrated techniques: fillers, Botox, threads  
Prof Redaelli Alessio



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13:45 Acne scar management with subcision and fractional CO2 Laser  
Dr Nilesh Goyal

14:00 Mohs micrographic surgery for skin cancers  
Dr Syed A. A. Shah

14:15 Acne scarring: my approach in management  
Dr Ibrahim Al Aradi

14:30 **Immediate scarless facelifts by chemical myoplasty and myopexy**  
Dr Alain Tenenbaum

14:45 Skin conditioning and chemical peels  
Dr Pegah Ceric-Dehdari

15:00 Q&A

**15:15 COFFEE BREAK**

**SESSION 4: BODY CONTOURING AND LIPOSCULPTURE PROCEDURES**

**Moderator:** Dr Nilesh Goyal

15:45 The submental space and cervico-mental angle: A dermatologic surgeon's half-century of exponential exploration  
Prof Lawrence Field

16:15 Autologous fat transfer  
Dr Nilesh Goyal

16:30 **Q&A**

**SESSION 5: HAIR LOSS MANAGEMENT AND HAIR TRANSPLANT SURGERY**

**Moderator:** Dr Ashraf Reda

16:45 Hair fall after bariatric surgery and how to manage  
Dr Fatma Mostafa

17:00 The value of trichoscopy in clinical practice  
Dr Hanieh Erdmann



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17:15 Q&A

17:30 CLOSE OF DAY ONE

**DAY TWO: Saturday, 5 December 2015**

**SESSION 6: FILLERS, NEUROTOXINS AND CHEMICAL PEELS**

**Moderator:** Dr Mahaveer Mehta

09:15 Complication of fillers  
Dr Alain Tenenbaum

09:30 Mid-face fillers  
Dr Aleisa Abdullah

09:45 Botulinum for lower face  
Dr Aleisa Abdullah

10:00 Botox to treat TMJ and Myofacial pain  
Dr Maen Al Khateeb

10:15 Q&A

10:30 COFFEE BREAK

**SESSION 7: Platelet Rich Plasma (PRP)**

**Moderator:**

11:00 Ablative CO2 laser with PRP: my experience  
Prof Redaelli Alessio

11:15 Platelet Rich Plasma in scars  
Dr Anirudha Gulanikar

11:30 PRP: Does it work in aesthetic dermatology?  
Dr Ibrahim Al Aradi

11:45 How to enhance the results of aesthetic procedures using PRP  
Dr Rolf Soehnchen, UAE



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12:00 Q&A

**12:15 LUNCH BREAK**

**SESSION 8: WHAT'S NEW IN AESTHETICS?**

**Moderator:** Dr Syed A. A. Shah

13:30 PRP: my experience in facial rejuvenation and hair restoring  
Prof Redaelli Alessio

13:45 The vascular lasers tips and pearls  
Dr Ibrahim Al Aradi

14:00 How I manage acne scars with a combination treatment of different modalities  
Dr Anirudha Gulanikar

14:15 How adult stem cell therapy work as anti-ageing  
Dr Hanieh Erdmann

14:30 Q&A

**14:45 COFFEE BREAK**

**SESSION 9: ENTREPRENEURSHIP; HOW TO SET-UP A DERMATOLOGIC SURGERY CLINIC OR LASER/AESTHETIC CLINIC**

**15:15 Panel Discussion:**

Topics covered are practice management, the development of the aesthetic practice team, and best practices in the Middle East

**Moderator:**

Dr Mahaveer Mehta

**Panelists:**

Dr Ibrahim Al Aradi

Dr Nilesh Goyal

Prof Redaelli Alessio

Prof Lawrence Field

**16:00 END OF CONFERENCE**



**AESTHETIC DERMATOLOGY CONGRESS**  
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**AESTHETIC LIVE DEMONSTRATIONS**

**Sunday, 6 December 2015**

**American Academy of Cosmetic Surgery Hospital, Dubai, UAE**

- 8:15**                    **Opening remarks from ICAAM Chairs:**  
Dr Michael Salivaras and Dr Mahaveer Mehta
- 8:30 – 09:30**        **How to enhance aesthetic results with Mechano Stimulation**  
Dr Rieke Smit
- 09:30 – 10:30**      **How to combine PRP with aesthetic procedures to achieve outstanding and longer lasting results**  
Dr Krzysztof Gojdz
- 10:30– 12:00**       **Thread lifts (PDO, PLLA, revitalising, suspension threads)**  
Prof Redaelli Alessio and Dr Piyali Chatterjee
- 12:00 – 13:00**       Lunch Break
- 13:00 – 14:30**       **Scarless “Serdev Suture” lifting methods**  
Dr Nikolay Serdev
- 14:30 – 15:30**       **Neck/ double chin liposuction**  
Dr Al Aradi
- 15:30 – 16:00**       Coffee break
- 16:00 – 17:30**       **Immediate butt reshaping in 3D by projection instead of volume augmentation**  
Dr Alain Tenenbaum
- 17:30**                   **End of live demonstrations**



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**CHAIR:**

**Dr Mahaveer Mehta**, Dermatologist and Medical Director, **Dr Mahaveer Mehta Medical Centre, Dubai, UAE**

**COMMITTEE MEMBERS:**

**Dr Ashraf Reda**, Consultant Dermatologist & Laser Specialist, **Mediclinic Welcare Hospital, Dubai, UAE**

**Dr Ibrahim Al Aradi**, Consultant, Dermatology & Dermatologic Surgery, Al-Salam International & Al-Sabah Hospitals, Kuwait

**Dr Nilesh Goyal**, Director, Juvenis Clinic; Consultant, Bombay Hospital and Lilavati Hospital Mumbai, India

**Prof Redaelli Alessio**, Aesthetic Specialist, Visconti di Modrone Medical Center, Milan, Italy

**SPEAKER FACULTY**

**Dr Aleisa Abdullah**, Consultant Dermatologist and Laser Surgery, **King Saud University Hospital, Riyadh, KSA**

**Dr Alain Tenenbaum**, Facial Plastic Surgeon; Inventor, **Endopeel, Lugano, Switzerland**

**Dr Anirudha Gulanikar**, Associate Professor, **Mahatma Gandhi Mission Medical College, Aurangabad, New Delhi, India**

**Dr Fatma Mostafa**, Consultant Dermatologist, **University Hospital, Sharjah, UAE**

**Dr Hanieh Erdmann**, Specialist Dermatologist, Hair Restoration Surgeon, **Clinica Joelle, Dubai, UAE**

**Prof Dr Lawrence M. Field**, Founder, **International Traveling Mentorship Program (ITMP), San Luis Obispo, California, USA**

**Dr Maen Al Khateeb**, Director of Dental Department; Senior Dentist (Cosmetic, Implantology); Oral & Maxillofacial Surgeon, **American Academy of Cosmetic Surgery Hospital, Dubai, UAE**

**Dr Mohamad Kashmar**, Consultant Cosmetic Dermatologist, **Cosmoderm Clinics, Jeddah, KSA**

**Dr Pegah Ceric-Dehdari**, Specialist Dermatologist and Laser Specialist, **CosmeSurge, Dubai, UAE**



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**Dr Piyali Chatterjee**, Regional Medical Head, **Kaya Skin Clinic Arabia**, Kolkata, India

**Dr Rolf Soehnchen**, Consultant Dermatologist, **Cooper Dermatology Clinic**, Dubai, UAE

**Dr Syed Shah**, Consultant Dermatologist, **American Hospital**, Dubai, UAE