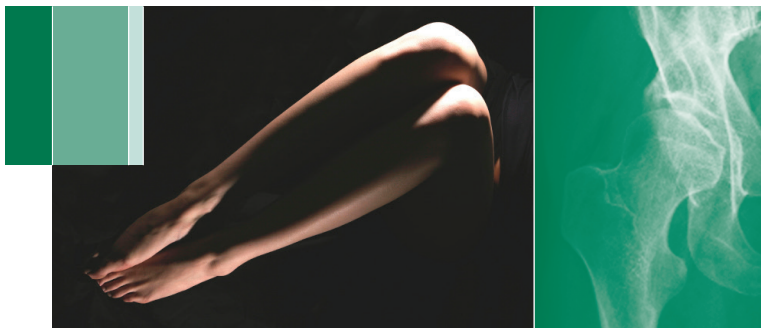


# Instructional Course

15-16 November 2013



Workshops / Live Surgery



## EFORT Instructional Course

Basel, Switzerland: 15-16 November 2013

### Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

- Joint preserving surgery around the hip
- Joint preserving surgery around the knee
- Joint preserving surgery around the ankle

#### Hands-on Workshops:

- Hip: Osteotomies, arthroscopy, impingement surgery, chondral repair
- Knee: Osteotomies, arthroscopy, chondral repair, ligament repair
- Ankle/Hindfoot: Osteotomies, arthroscopy, chondral repair, ligament repair

# Welcome



Victor  
Valderrabano



Pierre  
Hoffmeyer

Dear Colleagues,

The relevance of osteoarthritis as a condition has increased significantly in recent decades. All over the world, the treatment of osteoarthritis today still focuses on alleviating symptoms. This results in significant costs for the healthcare sector.

During the 20th century, the options for dealing with osteoarthritis evolved from resection arthroplasty and arthrodesis and from there to total joint arthroplasty. The value of joint-preserving surgery (JPS) has been highlighted in the past, and deserves our attention once again when considering the importance of keeping autologous joint structures in order to achieve normal biomechanical function and proprioception, as well as factors such as sporting activities, and the future potential use of osteochondral tissue engineering.

This course offers a comprehensive approach to joint-preserving surgery on the lower extremities. The Faculty of this meeting is composed of respected experts who will share their vast experience with the audience. Basel has played an important role in the history of EFORT, and this course represents something of a trip back to our roots. Professor Erwin Morscher, former chairman of the Orthopaedic Department at the University of Basel, was one of the founding fathers of EFORT and a former EFORT president. Today we are honoured to host the EFORT Instructional Course on joint-preserving surgery here in Basel in November 2013.

We look forward to welcoming you!

Yours,

A handwritten signature in black ink, appearing to be 'V. Valderrabano'.

Victor Valderrabano  
Chairman IC Basel 2013

A handwritten signature in black ink, appearing to be 'P. Hoffmeyer'.

Pierre Hoffmeyer  
EFORT President  
2012-2013

# Programme

Friday, 15 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

Schedule	Topic
7:30	Registration
8:00	Opening and welcome
8:10	About EFORT

### JPS around the hip

Schedule	Topic
8:30	Osteoarthritis
8:45	Hip arthroscopy
9:00	HIP JPS - the Dresden algorithm
9:15	HIP JPS - the Bern algorithm
9:30	LIVE SURGERY
10:30	Coffee break
11:00	Workshop - JPS around the hip Acetabular osteotomies Proximal femur osteotomies Hip arthroscopy
12:30	Lunch

# Programme

Friday, 15 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

### JPS around the knee

Schedule	Topic
13:30	Ligament instability in JPS
13:45	Meniscus preservation and transplantation in JPS
14:00	Cartilage repair in JPS
14:15	Varus Knee OA
14:30	Valgus Knee OA
14:45	Patellofemoral OA
15:00	Discussion
15:30	Coffee break
16:00	<b>Workshop - JPS around the knee</b> Osteotomies around the knee Meniscus transplantation / chondral repair ACL and MPFL repair
17:30	End of the day
19:30	Course Dinner

# Programme

Saturday, 16 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

### JPS around the ankle

Schedule	Topic
8:00	Ankle osteoarthritis
8:15	Arthroscopic surgery of ankle degeneration
8:30	Open surgery: Osteochondral & cartilage ankle lesions
8:45	Ligament repair in ankle JPS
9:00	JPS for varus ankle/hindfoot OA
9:15	JPS for valgus ankle/hindfoot OA
9:30	Discussion
9:45	Case discussion: Multilevel surgery
10:15	Coffee break
10:45	<b>Workshop - JPS around the ankle</b> AMIC in talus osteochondral lesions Arthroscopy and ligament repair Tibia and calcaneus osteotomies
12:15	Lessons learned
12:30	End of the course

# Information

## Course fee

### Participants

EUR 305.00

### Late (08–15.11.2013) and on-site registration

EUR 350.00

### Residents in training

EUR 210.00

### Dinner

EUR 50.00

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## Credits

Application for CME credits  
ongoing

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## Course language

English – no simultaneous  
translation

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## Scientific committee

Prof. Dr. Dr. Victor Valderrabano

## Venue

Universitätsspital Basel  
Spitalstrasse 21  
4031 Basel  
Switzerland

Auditorium: ZLF klein

## Registration

[www.efort.org/ic/basel2013](http://www.efort.org/ic/basel2013)

## Opening hours

Friday 15 November: 07.00 – 17.30  
Saturday 16 November: 07.30 – 12.30

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