



RESISTANT **HYPERTENSION** & RELATED COMORBIDITIES



European
Society of
Hypertension



Hellenic Society of
Hypertension



University of Athens
School of Medicine

JUNE
11-12
2014

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University of Athens
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ESH Working Group
Interventional treatment
of Hypertension



HCS Working Group
Arterial Hypertension

Official pre-ESH/ISH Congress Satellite symposium

UPDATE ON RESISTANT HYPERTENSION AND
RELATED COMORBIDITIES

11-12 JUNE 2014

DIVANI CARAVEL HOTEL

Editorial

Dear Colleagues,

As you all already know, the Joint Meeting of the European Society of Hypertension (ESH) and International Society of Hypertension (ISH) is held for the first time in Athens, Greece June 13-16, 2014. In this context we are really pleased to welcome you in Athens and thank you for joining us in this premiere of the **Official pre-ESH Congress Satellite Symposium**, entitled **“Update on Resistant Hypertension and Related Comorbidities”**.

For the medical community taking care of hypertensive patients (cardiologists, internists, nephrologists, general practitioners) this Symposium aims to provide a forum of exchanging current knowledge and sharing clinical experience for the management of difficult to control hypertension. Nowadays approximately 10-15% of treated hypertensives suffer from uncontrolled high blood pressure despite prescription of multidrug therapy. Resistant hypertension is also more common among patients with other comorbidities like chronic kidney disease, atherosclerotic cardiovascular disease, diabetes mellitus and sleep apnea syndrome.

The Symposium's sessions including round tables, debates and lively discussions have a double scope: First to help physicians understand the complex pathophysiology and the difficulties in establishing the diagnosis of resistant hypertension and secondly to ensure a successful integration of pharmacological strategies and interventional procedures for better treating patients presenting with difficult to control hypertension.

Having the above in mind, we are excited to share with you the final scientific program and the knowledge of international experts as a foretaste of the main Joint Meeting of the ESH and ISH 2014.

Costas Tsioufis, Roland E. Schmieder

SCIENTIFIC PROGRAM

Wednesday, June 11, 2014

16.00-16.30 Registrations - Coffee

16.30-18.00 ROUND TABLE I

Evaluating cardiac damage in the resistant hypertensive patient

Chairmen: **A. Hatzitolios, T. Makris**

Hypertrophy: ECG vs echo/MRI

P. Kalogeropoulos

Ischemia: treadmill exercise test vs stress echo/SPECT

L. Poulimenos

Heart rate abnormalities: pulse palpation/ECG vs ECG holter monitoring

D. Tsiachris

Heart failure with preserved ejection function: echo vs biochemistry

L. Rallidis

Comments: **V. Adamopoulou, E. Triantafillidi, S. Sideris, P. Stougianos**

18.00-19.30 ROUND TABLE II

Evaluating non cardiac target organ damage in the resistant hypertensive patient

Chairmen: **A. Achimastos, A. Lazaridis**

Kidney dysfunction: Serum creatinine vs urinary albumin excretion

P. Zebekakis

Vascular damage: Intima-media thickness vs stiffness

A. Protogerou

Peripheral arterial disease: ABI, physical examination vs duplex ultrasonography

A. Naka

Sympathetic overactivity: MSNA vs biochemical indexes

K. Dimitriadis

Comments: **D. Rousos, A. Androulakis, K. Filis, M. Marketou**

19.30-20.15 PODIUM DISCUSSION

Current status of uncontrolled Hypertension in the Balkan area

Moderators: **S. Erdine, M. Papavasiliou, P. Stylianou**

Panelists: **D. Lovic, B. Jelacovic, M. Dorobanțu, V. Kotsis**

20.15-20.45 SATELLITE LECTURE (GALENICA)

Eneas - multiple cardiovascular protection; two substances in perfect harmony

Chairman: **C. Tsioufis**

Speaker: **M. Dorobanțu**

Thursday, June 12, 2014

08.45

WELCOME ADDRESS

C. Tsioufis, *Chairman of the Symposium*

R.E. Schmieder, *Co-Chairman of the Symposium*

09.00-11.00 ROUND TABLE III

Resistant Hypertension: unraveling debated issues

Chairmen: **C. Borghi**, **J. Lekakis**, **Ath. Manolis**

Current prevalence

G. Bakris

Current definition

V. Papademetriou

The role of sleep apnea syndrome

J. Floras

Are drugs enough for all cases?

M. Dumas

Why interventions are often needed?

C. Tsioufis

Comments: **G. Stergiou**, **P. Sarafidis**, **C. Thomopoulos**, **E. Andreadis**,

C. Grassos

11.00-11.15 Coffee break

11.15-13.30 ROUND TABLE IV

Management of difficult to control hypertension

Chairmen: **D. Alexopoulos**, **R. Cifkova**, **G. Parati**

Pseudoresistance

J. Redon

Matter of drug adherence

S. Kjeldsen

Anti-aldosterone antagonists are a must

M. Azizi

Anti-aldosterone antagonists are dangerous

M. Burnier

Sympatholytic agents are neglected

G. Mancia

Comments: **A. Pittaras**, **D. Papadopoulos**, **D. Vlachakos**, **C. Savopoulos**,

R. Kalaitzidis

13.30-14.00 SATELLITE LECTURE (BENNETT - CHIESI)

Combination of Manidipine + Delapril. Efficacy and target organ damage protection

Chairman: **R.E. Schmieder**

Speaker: **C. Tsioufis**

Thursday, June 12, 2014

14.00-15.00 Lunch

15.00-16.15 **ROUND TABLE V**

Interventional therapy of hypertension

*Chairmen: **I. Kallikazaros, C. Stefanadis***

Is the Sympathetic Nervous System a guide for responders to Renal Denervation?

G. Grassi

Efficacy and safety of Renal Denervation: an update

R.E. Schmieder

Update on new interventional devices

F. Mahfoud

*Comments: **I. Zarifis, A. Ziakas, A. Manginas***

16.15-16.30 Coffee break

16.30-18.00 **ROUND TABLE VI**

The complex hypertensive patients and its management

*Chairmen: **Ant. Manolis, D. Tousoulis, M. Viigimaa***

Atrial fibrillation and the new anticoagulants

E. Agabiti-Rosei

Diabetes mellitus: Choosing the blood pressure targets. Antihypertensive and diabetic drug therapy

P. Nilsson

Heart failure patients: Modern concepts of treatments

G. Filippatos

Hypertension and dementia

A. Coca

*Comments: **I. Skiadas, C. Vlachopoulos, A. Kitsiou, K. Spengos***

18.00-19.00 **PODIUM DISCUSSION**

Hypertension therapy in the future

*Moderators: **A. Dominiczak, A. Zanchetti***

*Panelists: **G. Bakris, F. Mahfoud, G. Mancia, V. Papademetriou,***

J. Redon, R.E. Schmieder, C. Tsioufis, P. Van de Borne

19.00-19.30 **SATELLITE LECTURE (MENARINI)**

Hypertension and chronic coronary artery disease: New therapeutic choices

*Chairman: **G. Mancia***

*Speaker: **C. Tsioufis***

19.30 **CLOSING REMARKS**

C. Tsioufis, R.E. Schmieder

FACULTY

Achimastos A. (GR)	Kallikazaros I. (GR)	Redon J. (ES)
Adamopoulou V. (GR)	Kalogeropoulos P. (GR)	Rousos D. (GR)
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Kalaitzidis R. (GR)	Rallidis L. (GR)	Ziakas A. (GR)

GENERAL INFORMATION

Official pre-ESH congress Satellite Symposium

Update on Resistant Hypertension and related comorbidities

Chairman: **C. Tsioufis**, Secretary of ESH

Co-Chairman: **R.E. Schmieder**, Vice president of ESH

Venue location & Dates

The official pre-ESH Satellite Symposium will be held from Wednesday 11th to Thursday 12th 2014 in Athens, at DIVANI CARAVEL HOTEL (Vasileos Alexandrou 2, Kesariani, Athens 16121, Greece, <http://www.divanis.com/caravel>) OLYMPIA Hall

Registration - Certificate of attendance - Credits

The registration fee for the participants is 80,00 €. All registered participants are entitled to receive a Certificate of Attendance.

The Certificate will be issued only upon display of participant badge, which will be issued by the Symposium secretariat and only upon satisfactory attendance.

The Symposium is accredited with **9 CME credits** by the Panhellenic Medical Association.

Official Language

The official language of the course is English.

There will be interpretation from Greek to English language and vice versa.

Exhibition

The Symposium will be accompanied by a major exhibition where pharmaceutical and/or equipment/device industries will display relevant products and therapeutic developments.

Organizing Bureau - Secretariat

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