

**SESSION 4**  
**CARDIOVASCULAR PREVENTION IN DIABETES**  
**FROM A CARDIOLOGISTS POINT OF VIEW**

Teacher: D. Castagno

- 08.30 *Outline the possible diagnostic flow-chart and treatment for cardiac rhythm disorders. Study cases*
- 09.30 Discussion
- 10.00 *Conclusive presentation and state of the art*
- 10.30 *Break*
- 10.45 *Outline the possible diagnostic flow-chart and treatment for heart failure. Study cases*
- 11.15 Discussion
- 12.00 *Conclusive presentation and state of the art*
- 12.30 *Lunch*

**ORGANIZING AGENCY AND ECM PROVIDER**

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**Provider Id:** 3726 Event RES n° 144611 Edition n. 1  
Credits (Italian CME): 18,0

Educational Goal: Implementation in daily routine of key issues and procedures of evidence based practice (EBM - EBN - EBP) (1).

Participants: 40 MD (cardiology, endocrinology, geriatrics, diabetes and metabolic diseases, internal medicine, nephrology, neurology).

**PROMOTER**

Chaira Medica Association  
No-profit organization for the study of endocrine and metabolic disorders  
Chieri (Turin) - Italy  
medicachaira@gmail.com  
www.chairamedica.it

**SCIENTIFIC DIRECTOR**

Carlo B. Giorda  
Metabolism and Diabetes Unit, ASL TOS - Turin, Italy  
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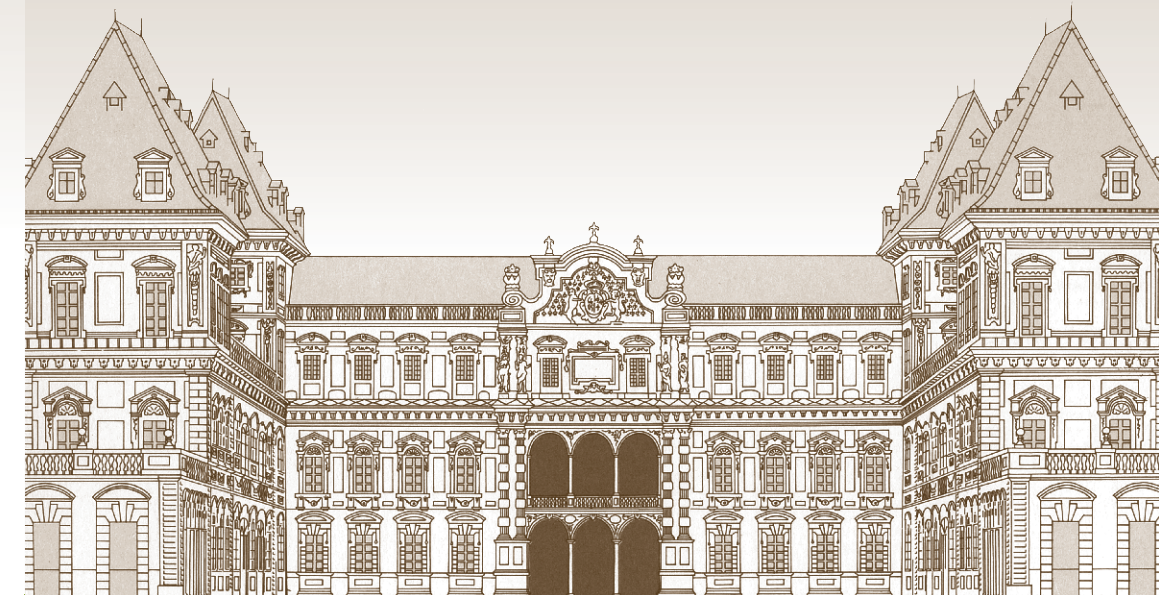
This initiative has been realized thanks to an unrestricted grant from



This event is compliant with the Eucomed Code of Ethical Business Practice  
(www.ethicalmedtech.eu)

7<sup>th</sup> Post-graduate Updating Course

**CURRENT STRATEGIES**  
**TO OPTIMALLY TREAT PATIENTS**  
**WITH DIABETES**  
**AND CO-MORBIDITIES**



Turin, Italy  
March 10 - 12, 2016

Hotel NH Ambasciatori  
C.so Vittorio Emanuele, 104

Post-graduate Updating Course

This is a highly interactive practical course. Appropriate space will be given to workgroups where participants will share knowledge and technical abilities to treat high risk patients. Diagnostic (lab, echo, echodoppler) and therapeutic options will be addressed. Experts will take part in the plenary discussions and give summary and conclusive presentations on the topics.

Target: Cardiologists, Endocrinologists, Geriatrics, Diabetologists, Internists, Nephrologists and Neurologists

Participation includes:

- course attendance and training materials
- certificate of attendance **issued after final examination**
- Continuous Medical Education (ECM) certification for Italian participants

FACULTY

F. Broglio  
Dep  
Italy

D. Castagno  
Divisione di Cardiologia - Città della Salute e della Scienza di Torino  
Dipartimento di Scienze Mediche  
Università degli Studi di Torino - Italy

C.B. Giorda  
Diabetes Unit,  
ASL TO5 - Turin - Italy

R. Manti  
Diabetes Unit,  
ASL TO5 - Turin - Italy

C. Origlia  
Diabetes Unit,  
ASL TO5 - Turin - Italy

G.T. Russo  
Dipartimento di Medicina Clinica e Sperimentale  
Università degli Studi di Messina  
Messina - Italy

14.00 Update on the course  
*Speaker:* C.B. Giorda, Turin (Italy)

14.30 **PLENARY SESSION AND OPENING LECTURE**  
**New drugs and new directions for diabetes treatment and prevention of complications**  
*Speaker:* C.B. Giorda, Turin (Italy)

**SESSION 1**  
**DIABETES AND THYROID, THYROID AND DIABETES**  
*Teacher:* F. Broglio

15.00 *Outline the keypoints of management of diabetes and thyroid as co-morbidities. Study cases*

15.30 Discussion

16.15 *Conclusive presentation and state of the art on the interaction between diabetes and thyroid*

16.45 *Coffebreak*

17.00 *Outline the possible role of an interconnected SMBG System or flash monitoring or CMS in the management of specific cases. Study cases*

17.30 Discussion

18.15 *Conclusive presentation and state of the art*

18.45 End of session

**SESSION 2**  
**GENDER MEDICINE: DIABETES AND METABOLIC DISORDERS FROM A GENDER PERSPECTIVE**  
*Teacher:* G. Russo

08.45 *Outline the keypoints of a different approach men versus women in diabetes and metabolic disease. Study cases*

09.15 Discussion

10.00 *Conclusive presentation and state of the art*

10.30 *Coffebreak*

10.45 *Outline the keypoints of a different approach men versus women in cv prevention. Study cases*

11.15 Discussion

12.00 *Conclusive presentation and state of the art*

12.30 *Lunch*

**SESSION 3**  
**HOW TO HANDLE INNOVATION AND NEW DRUGS FOR METABOLIC DISORDERS**  
*Teachers:* G.B. Giorda, R. Manti, C. Origlia

13.30 *Use of SLGT2: from a study case to an update*

14.00 *Use of GLP-1 RA: from a study case to an update0*

14.30 *Use of DPP4-i: from a study case to an update*

15.00 *General discussion*

15.15 *Coffebreak*

15.30 *The new basal insulin era: new molecules and biosimilars*

16.00 *PCSK-9 inhibitors (dutch score) and ezetimibe in management of lipid disorders*

16.45 *Update and revision of hypertension therapy in diabetes*

17.30 Sponsored lectures or industries' presentations

17.45

18.00

18.15

18.30

18.45

19.00 End of session