

AOSpine Advanced Course—Degenerative Spine

14 Nov 2014 - 15 Nov 2014, Riga, Latvia

Friday, 14 Nov 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:30	09:00	Opening remarks Welcome and opening remarks			30
09:00	09:15	Lecture How to recognize a patient with degenerative spine			15
09:15	09:30	Lecture Patient complaints			15
09:30	09:45	Lecture My investigations to get understanding			15
09:45	10:00	Lecture What is behind degenerative spine syndrome?			15
10:00	10:15	Lecture Main radiological diagnostic tools			15
10:15	10:30	Lecture How to avoid radiological pitfalls			15
10:30	10:45	Lecture Supplementary diagnostics: EMG, Dexa, Bone scan, Petscan			15
10:45	11:00	Discussion Discussion			15
11:00	11:15	Coffee Break			15

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11:15	11:30	Lecture How to choose the right direction			15
11:30	11:45	Lecture Invasive vs noninvasive diagnostics			15
11:45	12:00	Lecture EOS and upright MRI: Why do I need them?			15
12:00	12:15	Lecture Biometrical measurements for lumbar spine. Normal and pathological alignment			15
12:15	12:30	Lecture Treatment steps			15
12:30	13:30	Lunch break			60
13:30	13:45	Lecture Long vs. short instrumentation. MIS vs. standard approach			15
13:45	14:00	Lecture Stabilization and decompression vs. decompression			15
14:00	14:15	Lecture PLIF and TLIF: Indications, contraindications, complications etc			15

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14:15	14:30	Lecture OLIF and XLIF: Indications, contraindications, complications etc			15
14:30	14:45	Lecture ALIF and disc replacement			15
14:45	15:00	Lecture How to choose the right method			15
15:00	15:15	Lecture Complications for posterior and anterior approaches			15
15:15	15:30	Discussion Discussion			15
15:30	16:00	Coffee break			30
16:00	17:30	Discussion (small group) Group A. Small group discussions—6 case report analysis and presentation			90
16:00	17:30	Lecture Group B. Small group discussions—6 case report analysis and presentation			90
17:30	18:00	Lecture Summary of 1st day			30

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Saturday, 15 Nov 2014 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
09:00	11:00	Workshop Practical excersize—Minimally Invasive Surgery			120
11:00	11:30	Coffee break			30
11:30	11:45	Lecture Summary of practical			15
11:45	12:00	Case presentation Case presentation—Degenerative disk disease			15
12:00	12:15	Case presentation Case presentation—High grade spondylolysthesis			15
12:15	12:30	Case presentation Case presentation—Disc spondylolysthesis			15
12:30	12:45	Case presentation Case presentation—Multi-level degenerative disk disease and deformity			15
12:45	13:00	Case presentation Case presentation—Degenerative scoliosis			15
13:00	13:15	Lecture Summary			15