



10TH Biennial

ISAKOS 2015

JUNE 7-11, 2015  LYON, FRANCE

Preliminary Program

www.isakos.com/2015Congress





On behalf of the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, we cordially invite you to the 10th Biennial ISAKOS Congress in Lyon, France. This is a special year for ISAKOS as it is the 20th anniversary of the Society! The ISAKOS Congress continues to be considered a premier international meeting, providing a diverse and unique opportunity for attendees to share, discuss and learn the latest advancements in arthroscopy, knee surgery and sports medicine.



The five-day Congress will include a variety of educational opportunities such as surgical demonstrations, paper presentations, debates, lectures, symposia and instructional course lectures. Lunch time hands-on

workshops, electronic posters and technical exhibits will also be offered. The ISAKOS Congress provides a variety of new prophylactic, therapeutic and surgical technique information, allowing attendees to expand their knowledge and enhance their surgical skills.

We encourage you to submit abstracts early—the deadline to submit is September 1, 2014. The abstracts will be considered for podium paper presentations and electronic posters. In addition, exceptional abstracts are encouraged to apply for several ISAKOS Awards for outstanding clinical or laboratory research. Awards include honoraria and free registration and are recognized in an Awards Ceremony at the Congress.

The beautiful city of Lyon is a classic backdrop for an ISAKOS Congress. With more than 2000 years of colorful, tumultuous and thriving history, this French city celebrates the art of living, luxury and fine cuisine. The ISAKOS Congress will also host a variety of social events such as; the Welcome Reception for all Congress attendees and their guests, a spouse and guest program and a special tour program.

You are a vital part of the 10th Biennial ISAKOS Congress! We hope you will plan to participate in the international experience that is the ISAKOS Congress.

We look forward to seeing you in Lyon!

Masahiro Kurosaka
President 2013–2015

Anastasios D. Georgoulis
Program Chair 2013–2015

Congress Information

ISAKOS Congress at the Lyon Convention Centre at the Cité Internationale
Sunday, June 7 – Thursday, June 11, 2015

Pre-Courses at the Lyon Convention Centre at the Cité Internationale
Saturday, June 6, 2015

Expected Attendance

More than 4,000 surgeons specializing in arthroscopy, knee surgery and orthopaedic sports medicine.

Conference Location



Lyon Convention Centre
at the Cité Internationale
50 Quai Charles de Gaulle
69463 Lyon cedex 06
FRANCE
www.ccc-lyon.com

2015 Congress Content

- Pre-Course: Advances in the Management of Knee Pathology: ACL, Meniscus, Patellofemoral, Osteotomy, and Chondral Pathology
- Pre-Course: International Update on Surgical Controversies of the Shoulder
- Pre-Course: ISAKOS and FIFA: Treatment of Soccer Players
- Sports Rehabilitation Concurrent Course: Global Perspectives for the Physical Therapist & Athletic Trainer
- Five meeting days with more than 275 Scientific Papers
- Panel Discussions, Debates, Symposia
- Instructional Course Lectures
- Paper and ePoster Presentations
- Lunchtime Lectures and Workshops
- Surgical Demonstrations
- Technical Exhibits
- CME Certification
- Spouse and Guest Morning Café
- Welcome Reception

CME Hours

The 10th Biennial ISAKOS Congress, the three Pre-Courses and the Sports Rehabilitation Concurrent Course will be planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship.

Educational Objectives

- Discuss new initiatives in medicine and technology as they relate to arthroscopy, knee surgery and orthopaedic sports medicine.
- Evaluate clinical cases and practice evidence-based, informed orthopaedic care.
- Demonstrate the application of current techniques, procedures and research.
- Identify and analyze current research data pertaining to the fields of ankle, foot, knee, hip, wrist, elbow, shoulder and sports medicine.

Technical Exhibits

Attendees must be registered for the meeting in order to access the Exhibit Hall.

Exhibits will be open:

Sunday, June 7	08:30–15:30 and 17:30–20:00
Monday, June 8	08:30–15:30
Tuesday, June 9	08:30–15:00
Wednesday, June 10	08:30–15:30

What's Online?

- Program at a Glance
- Daily Interactive Agenda
- Social Programs and Events
- Travel and Tours
- Hotel Accommodations
- Exhibit Information
- Sponsorships
- Lunchtime Sessions
- Surgical Demos
- And more!

www.isakos.com/2015congress

Thank you for your interest in registering for the 2015 ISAKOS Congress in Lyon, France!



Registration Fees

 (All prices are in US dollars.)

	Early by 2/28/15	Late by 4/30/15	Onsite After 4/30/15
ISAKOS Congress Registration			
Member*			
US \$700	US \$800	US \$900	
Non-Member			
US \$950	US \$1,050	US \$1,150	
Presenter / Faculty			
US \$775	US \$875	US \$975	
Allied Health**			
US \$400	US \$500	US \$600	
Resident / Fellow**			
US \$400	US \$500	US \$600	
Exhibitor Representative***			
US \$600	US \$600	US \$725	
ICLs			
No Additional Fee—Included in Registration			
Pre-Courses – Saturday, June 6, 2015			
Advances in Management of Knee Pathology: ACL, Meniscus, Patellofemoral, Osteotomy and Chondral Pathology			
US \$175	US \$200	US \$225	
International Update on Surgical Controversies of the Shoulder			
US \$175	US \$200	US \$225	
ISAKOS and FIFA: Treatment of Soccer Players			
US \$175	US \$200	US \$225	
Concurrent Course – Sunday, June 7 – Tuesday, June 9			
Sports Rehabilitation Concurrent Course Only†			
US \$375	\$425	US \$475	
Sports Rehabilitation Concurrent Course with Congress Registration			
US \$200	US \$200	US \$200	
Social Activities			
Welcome Reception			
No Additional Fee—Included in Registration			
Spouse and Guest Morning Café			
US \$75	US \$100	US \$125	

* Active and Associate Members Only. Members are required to have paid all dues owed to ISAKOS. If dues are not paid prior to registering, they will be requested at the time of registration.

** Allied Health and Resident/Fellow Registrants must provide proof of status prior to picking up badge onsite. Those who are unable to provide proof of status will be asked to pay the full registration price.

*** Exhibitor representative must provide proof of affiliation (business card) with the exhibiting company and a photo ID in order to receive their badge. Badges will not be given to anyone other than the individual named on the badge.

† Price includes Physiotherapy Course and Exhibit Access only. Registrants cannot attend ICLs and other ISAKOS Congress sessions.

ISAKOS Congress Pre-Courses

ISAKOS Congress Pre-Courses offer the opportunity to start your Congress experience, on Saturday, June 6, 2015. Pre-Courses are offered for a small additional registration fee. Advanced Registration is encouraged—2013 Congress Pre-Courses sold out.

Advances in the Management of Knee Pathology: ACL, Meniscus, Patellofemoral, Osteotomy, and Chondral Pathology

Elizabeth A. Arendt, MD, USA

David Anthony Parker, MBBS, BMedSci, FRACS,
AUSTRALIA

Willem M. Van Der Merwe, MBChB, FCS, SA Ortho,
SOUTH AFRICA

This pre-course will provide a comprehensive update and overview of the latest knowledge and techniques relevant to the management of knee pathology for the orthopaedic surgeon. The course will be suitable for the subspecialist knee surgeon and also the general orthopaedic surgeon with an interest in knee surgery, and will cover a diverse collection of topics to provide a clinically relevant comprehensive summary of current knowledge and latest trends. The topics will include Primary and Revision ACL Surgery, Management of Patellofemoral Instability, Meniscal Repair and Meniscectomy, Realignment Osteotomy, and Management of Chondral Pathology. The day will consist of a series of expert and evidence-based lectures in the morning, and cadaveric practical demonstrations in the afternoon. In addition to the lectures there will be debates and panel discussions, particularly on controversial topics.



International Update on Surgical Controversies of the Shoulder

Guillermo R. Arce, MD, ARGENTINA

Philippe Hardy, PhD, FRANCE

Eiji Itoi, MD, PhD, JAPAN

ISAKOS is pleased to offer a surgical skills oriented pre-course on Shoulder procedures. The goal of the International Update on Surgical Controversies of the Shoulder pre-course is to evaluate the optimal use of diverse techniques for a variety of upper extremity surgical procedures. This pre-course will also help participants to formulate surgical protocols for upper extremity procedures that integrate strategies to avoid potential complications. This pre-course is unique in its presentation of surgical techniques, involving demonstrations, as well as pearls and pitfalls, and discussions for each topic. Featured procedures will include Instability with Arthroscopic and Open Reconstructions, Biceps Tenodesis, Glenohumeral Arthroscopic Arthrolysis, Arthroscopic Subscapularis Repair, Double Row Rotator Cuff Repair, Latissimus Dorsi Harvesting and Shoulder Arthroplasties.



ISAKOS and FIFA: Treatment of Soccer Players

Moises Cohen, MD, PhD, BRAZIL

Joao Espregueira-Mendes, MD, PhD, PORTUGAL

Jose F. Huylenbroek, MD, BELGIUM

Bert R. Mandelbaum, MD, DHL (hon), USA

This pre-course is designed for anyone involved in the treatment or management of soccer players. As the most popular sport in the world, there is a unique need for specific information on the treatment of soccer athletes. This course will be co-sponsored with the Fédération Internationale de Football Association (FIFA), to accomplish ISAKOS' mission is to "advance the worldwide exchange and dissemination of education, research and patient care in arthroscopy, knee surgery and orthopaedic sports medicine," as well as FIFA's to "Develop the game, touch the world, build a better future". This course is a great opportunity for athletes, team physicians, athletic trainers and coaches to learn more about the treatment of soccer players!

ISAKOS Congress— Sports Rehabilitation Concurrent Course:

James J. Irrgang PT, PhD, ATC, FAPTA, USA

Lynn Snyder-Mackler PT, ScD, FAPTA, USA

Erik Witvrouw PhD, PT, QATAR

ISAKOS is pleased to offer the third ISAKOS Sports Rehabilitation Concurrent Course. The Sports Rehabilitation Concurrent Course will be held on Sunday, June 7 through Tuesday, June 9.

The ISAKOS Sports Rehabilitation Concurrent Course is intended for physicians, athletic trainers, physiotherapists and coaches concerned with the management or prevention of injuries to the athlete. These topics will be viewed through the international perspective of a diverse and multinational faculty of orthopaedic surgeons and physical therapists.

Topics of presentation include Biomechanics of Exercise, Effects of Graft Type and Technique on Post-Operative Rehabilitation, Functional Training and Return to Activity, New Treatments for Muscle Injuries, Treatment Options for Tendinopathy, Electrical Stimulation for Rehabilitation of Muscle Injuries, and Anatomy of Major Joints.

Lectures

- New Insights into the Surgical Anatomy and Clinical Biomechanics of the ACL
- Anatomical ACL Reconstruction. State of the Art
- ACL Augmentation: Precise Technique, Clinical Results
- Highlights in the Evolution of ACL Surgery
- Pediatric ACL Injury
- Diagnosis & Treatment of the Young Throwing Athlete
- Tissue Engineering of Musculoskeletal Tissues: Articular Cartilage, Meniscus and Temporomandibular Joint
- Articular Cartilage Regeneration Using Autologous Peripheral Blood Stem Cells
- Xenografts in Orthopaedics: the Future of Ligament Replacement
- Hand Injuries in Sport
- ACL and Meniscus Combined Injury—Management in the Acute or Chronic Case

Instructional Course Lectures

ICLs will be free of charge to all attendees and will be offered on Monday, June 8 through Thursday, June 11 from 07:30–09:00.



Monday, June 8

Partner Society Instructional Course Lecture: ESSKA

ICL #01 Advances in Knee Osteotomy

ICL #02 How to Avoid Intra-Operative Complications in ACL Reconstruction

ICL #03 Management of Multi-Ligament Knee Injuries

ICL #04 The Painful Total Knee Replacement: A Comprehensive Approach

ICL #05 Shoulder Instability: An International Perspective

ICL #06 Acute Ankle Injuries in the Athlete

ICL #07 An Introduction to Hip Arthroscopy

ICL #08 Elbow Instability in the Athlete

Tuesday, June 9

Partner Society Instructional Course Lecture: AOSSM

ICL #09 Critical Issues in the Care of the Injured Athlete

Partner Society Instructional Course Lecture: SLARD

ICL #10 Which Patient Needs Surgery for Rotator Cuff Tendinopathy or Tear?

ICL #11 Pediatric ACL Reconstruction

ICL #12 Surgery for Patellofemoral Instability

ICL #13 Unicompartmental Knee Replacement

ICL #14 Shoulder Instability: Managing the Bone and Soft Tissue Defects

ICL #15 Introduction to Wrist Arthroscopy

ICL #16 Surgery for Chronic Ankle Instability

Wednesday, June 10

Partner Society Instructional Course Lecture: APKASS

ICL #17 The Frontline of Cartilage Repair

Partner Society Instructional Course Lecture: AANA

ICL #18 Multidirectional Shoulder Instability

ICL #19 The Importance of Surgical Technique in the Outcome of TKR

ICL #20 Management of PCL injuries: An Evidence-Based Approach

ICL #21 Long Term Results of Different ACL Grafts in Competitive Sports

ICL #22 Ankle Arthroscopy: Indications and Technique

ICL #23 An Update on Elbow Arthroscopy: A Case-Based Approach

ICL #24 Management of the Stiff Shoulder

Thursday, June 11

ICL #25 Revision ACL Reconstruction

ICL #26 Surgery for Isolated Patellofemoral Osteoarthritis

ICL #27 Osteotomy for Knee Instability

ICL #28 ACL Re-Injury Risk After Return to Competitive Sports: Predictors and Preventions

ICL #29 Osteochondral Lesions of the Talus

ICL #30 Innovative Treatment of Cartilage Lesions

ICL #31 Management of Massive Rotator Cuff Tears

ICL #32 Chronic Tendonitis: Physiotherapy, Injections or Surgical Intervention?

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Symposia

Ankle

Advances in Ankle Arthroscopy

Arthroscopy & Orthopaedics

Education in Arthroscopy and the Role of Simulators

Biologics

Biologic Therapies for Cartilage

Biological Treatments for Ligament Injuries

Meniscus Scaffold or Allografts? Where are we in 2015?

Elbow & Wrist

Advances in Elbow and Wrist Arthroscopy in Athletically Active Patients

Hip

Advances in Hip Arthroscopy

Knee

Knee Collateral Ligaments

Preserving the Meniscus

Knee: ACL

Cartilage and ACL Injury

Failed ACL Reconstruction

Healing of ACL & ACL Grafts—Clinical Implications

Innovative Knowledge on ACL Biomechanics

Knee Laxity and Rotation Measurement

Remnants Preserving ACL Reconstruction

Short Grafts for ACL Reconstruction

The Different Aspects of an Anatomical ACL Reconstruction

The Shape of the ACL—Implications to Surgery



Knee: Patellofemoral Joint

Medial Patellofemoral Ligament: Anatomy, Injury & Reconstruction

Knee: Total Knee Replacement

Computer Assisted Orthopaedic Surgery: CAOS or CHAOS?

In Vivo TKA Kinematics: How to Describe it, How to Use it

Physical Activity After Knee Replacement

The Unhappy TKR Patient Whose X-Ray Looks Fine: Can we Predict, Prevent and Treat

Shoulder

State of Art in A-C Joint Dislocations

The Biceps Tendon in the Young & Athletically Active Patient

Shoulder: Instability

Decision Making in Shoulder Instability

Posterior Shoulder Instability

The Throwing Shoulder: Where Are We Now?

Shoulder: Rotator Cuff

Biology & Biomechanics: Rotator Cuff

Critical Concepts in Rotator Cuff Repair

Cuff Arthropathy: Indications and Limitations of Reverse Shoulder Arthroplasty

Treatment of Massive Rotator Cuff Tears

Sports Medicine

Chondral Lesions in Soccer Players

Elite Athletes: Managing Injury, Patients and Team



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ISAKOS Awards

The ISAKOS Fellowship and Awards Program is committed to recognizing researchers whose work has contributed to better understanding within the fields of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine.

Presenting authors are allowed one submission per award. Additionally, each abstract may only be applied to one of the following awards. To be considered for an Award or Fellowship, abstracts and award applications must be submitted before September 1st, 2014, unless otherwise noted.

www.isakos.com/awards

John J. Joyce Award

Sponsored by Smith & Nephew, Inc.

The John Joyce Award is given to the best arthroscopy paper read by an orthopaedic surgery resident during the Congress Scientific Program. Orthopaedic residents and fellows, with a study related to arthroscopic treatment, are encouraged to apply for this award.

Richard B. Caspari Award

Sponsored by Mitek Sports Medicine

The Richard B. Caspari Award is intended for the best upper extremity paper read at the scientific program of the Congress. The Richard B. Caspari Award was established with the intention of stimulating and rewarding abstracts and presentations in the subject of the upper extremity.

Scientific Research Award

Sponsored by Ossür

The Scientific Research Award is awarded to the best scientific paper read at the Scientific Program of the Congress. The Scientific Research Award was created with the intention to stimulate and reward abstracts and presentations in the subject of Scientific Research.

Albert Trillat Young Investigator's Award

Sponsored by Stryker

The Albert Trillat Young Investigator's Award is given in recognition for a young researcher who has done outstanding clinical laboratory research contributing to the understanding, care or prevention of injuries to the knee.

Achilles Orthopaedic Sports Medicine Research Award

Sponsored by DJO, Inc.

The Achilles Orthopaedic Sports Medicine Research Award was created to recognize the researcher(s) who have performed the most outstanding clinical or laboratory research in the field of sports medicine, such as the care and prevention of injuries.

Patellofemoral Research Excellence Award

Sponsored by The Patellofemoral Foundation, Inc.

The Patellofemoral Research Excellence Award was established to encourage outstanding research leading to improved understanding, prevention and treatment of patellofemoral pain or instability.

ISAKOS Fellowships

The Patellofemoral Traveling Fellowship

Sponsored by the Patellofemoral Foundation, Inc. and DJO Inc.

The Patellofemoral Traveling Fellowship is available on a competitive basis to an orthopaedic surgeon interested in the study and advancement of understanding of the patellofemoral joint. The fellowship is intended to promote better understanding and communication around the world regarding patellofemoral pain.

The Upper Extremity Traveling Fellowship

The ISAKOS Upper Extremity Fellowship is intended to promote better understanding and communication regarding injuries or conditions involving the structures of the Upper Extremity. This Traveling Fellowship is available on a competitive basis to an orthopaedic surgeon interested in the study and advancement of understanding of the Upper Extremity.

New for 2015!

The Masaki Watanabe Arthroscopy Traveling Fellowship

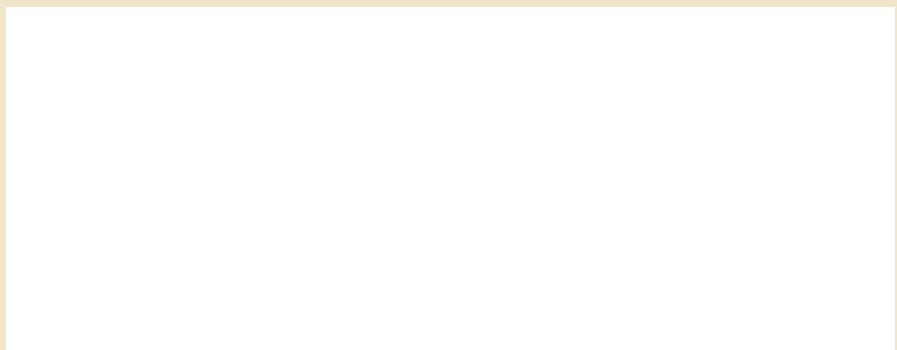
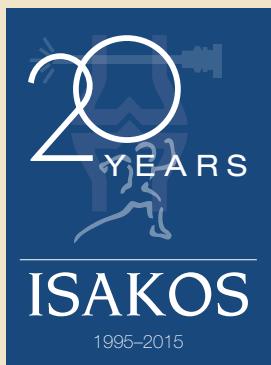
The Masaki Watanabe Arthroscopy Traveling Fellowship will provide funding for two young arthroscopic surgeons to learn more about the current practice of arthroscopic surgery from well-respected experts in the field.

www.isakos.com/awards/fellowships.aspx





**International Society of Arthroscopy,
Knee Surgery and Orthopaedic Sports Medicine**
2410 Camino Ramon, Suite 215
San Ramon, CA 94583-4318 USA
Telephone: +1 925 807-1197
Fax: +1 925 807-1199
isakos@isakos.com
www.isakos.com



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