

ERAS INTRODUCTORY COURSE

Introduction team to ERAS

This is a one day course that gives the participant an overview of the principles of Enhanced Recovery programmes and how to start an ERAS programme in their hospital using the ERAS Society implementation programme. Some of the world experts in ERAS, who are also experienced in implementation of ERAS will be faculty for the course.

The course has been designed for the whole multidisciplinary team that wants to know how to initiate an ERAS program in their hospital.

Time Wednesday 23 April 2014

ERAS philosophy and basics

13:00	ERAS an Overview
13:30	The Importance of a Team
13:45	ERAS for the surgeon
14:00	ERAS for the anesthetist
14:15	ERAS for the nurse
14:30	The Patient at the Centre of Care
14:45	Panel Discussion
15:00	Coffee break

Preoperative elements and the evidence

15:30	Preoperative Education and Preparation
16:00	Pre op Medical Optimization
16:20	No more overnight fasting?
16:35	Bowel Preparation – Prophylactic Antibiotics
16:50	Panel Discussion
17:15	End Day 1

Time Thursday 24th April

Intraoperative elements and evidence

08:00	Anaesthesia Care
08:20	Fluid Management
08:40	Open or Laparoscopic
09:00	Management of Tubes, Drains, Catheters, Lines
09:20	Panel Discussion
09:40	Coffee break

Postoperative protocol elements and the evidence

10:00	Multimodal Analgesia and Opioid Sparing Strategies
10:20	Promoting Early Feeding and Early Mobilization
10:40	Implementing ERAS
11:00	Interactive audit
11:20	Panel Discussion
12:00	End of course

ERAS PROGRAMME DAY BY DAY

Time Thursday 24 April 2014 SPEAKER

12:00 – 12:50 Pre-congress sponsored lunch session

ERAS Congress Scientific Program

13:00 – 13:30	Welcome ERAS developments since last conference	J. Ramirez (ES) O. Ljungqvist (SE) & K. Fearon (UK)
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13:30 – 15:15	Perspectives on Outcome The surgeon The anaesthetist The nurse The manager Outcomes for the patient The media's outcomes Panel discussion	W. Allum (TBA) C. Royce (AU) V. Addor (CH) A. Greisser (CH) C. Canfield (CA) R. Ellis (UK)
15:15 – 15:45	Poster break	
15:45 – 16:15	Debate: Do you need all ERAS elements? YES NO	N. Demartines (CH) T. Rockall (UK)
16:15 – 17:45	What can we do before and after admission of the ERAS patient? The role of nutrition in ERAS surgery Prophylaxis of venous thromboembolism in ERAS patients ERAS after discharge	J. Nygren (SE) D. Bergqvist (SE) A. Balfour (UK)
17:45 – 18:45	Satellite symposia	
19:00 – 20:30	Welcome reception	

Time	Friday 25 April 2014	SPEAKER
08:00 – 09:00	Breakfasts sponsored symposia	
09:00 – 11:00	Organizing the hospital for ERAS Organizing the hospital for ERAS Implementation - Pitfalls – successes Sustainability of ERAS Economic benefits of process standardization	D. Watson (CA) M. Hubner (CH) J. Ramirez (ES) O. Peters (CH)
11:00 – 11:30	Poster break & Exhibition walk	
11:30 – 12:15	Henrik Kehlet Lecture ERAS health economics	A. Senagore (US)
12:15 – 13:30	Oral presentations: 6-8 best abstracts	
13:30 – 14:30	Lunch – sponsored session	
14:30 – 16:30	ERAS for co-morbid/emergency surgery patients Management of the older frail patient: pre-admission Nurse-led recovery and discharge planning Pathophysiology of emergency general surgery Emergency general surgery and ERAS	L. MacDonald (UK) D. Hjort (DK) M. Scott (UK) C. Peden (UK)
16:30 – 17:00	Poster break & Exhibition walk	
17:00 – 19:00	ERAS developments in a. Upper GI/pancreatic surgery b. Orthopedics c. Urology d. Thoracic surgery	K. Lassen (NO) H. Kelhet (DK) Y. Cerantola (CH) T. Batchelor (UK)

Time	Saturday 26 April 2014	SPEAKER
08:30 – 09:15	ERAS Society Lecture Measuring cognition after surgery and anaesthesia	S. Newman (UK)
09:15 – 10:30	Oral posters	
10:30 – 11:00	Poster break & Exhibition walk	
11:00 – 11:30	Debate: Colloids optimize outcomes YES NO	M. Mythen (UK) A. Senagore (US)
11:30 – 12:30	Lunch satellite symposia	
12:30 – 14:30	The goose and the golden egg: Laparoscopic surgery and ERAS Anesthesia and monitoring Fluids: how much and when? Pain management Recovery after lap surgery	M. Scott (UK) T. Miller (US) G. Baldini (CA) R. Kennedy (UK)
14:30 – 14:45	Closing session – What's next?	O. Ljungqvist (SE) & K. Fearon (UK)

NB: This programme is up to date as of 5th December 2013 and some minor modifications may occur.
An update with all the speakers' names will be done in January 2014.