

The 3rd European Obesity Academy - Program design

European Obesity Academy (EOA) is a two year program for surgeons and endocrinologists during their specialty training, focusing on obesity research and treatment. The program is suitable for physicians in their early research career, planning to, or recently having enrolled in, a PhD program. The EOA program is approved for CME (Continuing Medical Education) credits.

The primary aim of this education and research program is to develop the next generation of leaders within the therapeutic area of obesity to the highest standard of expertise. This requires basic knowledge of obesity as well as scientific education and leadership training. A secondary aim is to create a European wide obesity network.

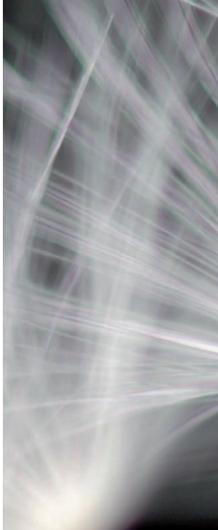
The EOA program is divided into five meetings with three main areas of focus:

- Obesity
- Science & Research
- Leadership

The scientific section will be arranged jointly by the local host and the organizing committee. The organizers, representing Karolinska Institutet, Stockholm, and Linköping University, Sweden, will be responsible for the scientific program.

The main benefits of the EOA program are:

- Access to an extensive network of senior and junior physicians from other European countries.
- Planning and conduct of clinical and experimental research projects.
- In addition to the meetings, there will be opportunities to build collaborations for future scientific studies/research.



Preliminary plan of meetings

Meeting 1. November 25-27, 2015 Ängavallen, Malmö, Sweden

One of the themes of the first meeting is team building. The participants will be distributed into working groups based on proposed research project ideas. These working groups will continue throughout the rest of the meetings. Furthermore, during this meeting, the topics of the obesity education will be current surgical and internal medicine methods to counteract obesity. We will also discuss publication guidelines.

Meeting 2. March 2016 Final dates and location to be decided

At this meeting the groups will define and present hypotheses and ideas for realistic research projects. The issue of obtaining ethical approval will be discussed. The topic for the obesity education section will be the metabolic syndrome, whilst the scientific section will focus on realistic project planning and management. The leadership training will deal with how to present a winning project idea. The members of the group will leave the second meeting with a clearly defined research project. After the meeting, the participants are expected to continue their collaborative work by creating the final research protocol and applying for ethical approval.

Meeting 3. October 2016 Final dates and location to be decided

The final research protocols will be presented and the projects should then be ready to commence. Current medical treatment in obesity will be discussed and the question "What is good science?" considered. We plan to cover main statistical issues in research and how to collect and process data. The implication of Good Clinical Practice will be discussed. The leadership training will focus on the internal work within the group. After this meeting, commencement of studies, such as inclusion of patients in research projects or setup of experiments is expected.

Meeting 4. March 2017 Final dates and location to be decided

The obesity section will focus on patient selection, whereas the scientific training is planned to aim at how to improve presentation of research data. How to handle daily work problems such as conflicts within groups will be covered during the leadership session. There will also be time for personal development.

Meeting 5. September 2017 Final dates and location to be decided

The research projects should now be completed and we should be able to discuss and interpret the data. The obesity section of the meeting will cover treatment results and complications and the scientific section will focus on data analysis. The leadership training focuses on conflict management.



Practical details

EOA is intended for surgeons and endocrinologists in their specialty training, who have a specific interest in obesity research and treatment and who are in their early research career. The program encompasses two years and requires both the time and the possibility to attend the full program. The program will qualify for 12 CME credits per each 2-days workshop meeting, and will be accredited by The European Accreditation Council for CME (EACCME®) in Brussels. The program language is English.

Applications should be submitted no later than the 31st of August 2015 to the EOA program coordinator by email to medinetholmberg@telia.com; or by ordinary mail to Medinet, Attn:
Bengt Holmberg, Askims Röseväg 19A, SE-43640 Askim, SWEDEN.
The registration fee is EUR 1500.

The application should include CV, as well as a recommendation letter with approval from a supervisor with appropriate authority at the hospital. The application will be reviewed by the organizing committee and a maximum of 30 participants will be selected for enrollment.

We look forward to receiving your application and meeting you in November 2015.

Organizing Committee

Faculty from Karolinska Institutet, Stockholm, and Linköping University in Sweden.

Prof. Anders Thorell, Professor of Surgery, Karolinska Institutet, Stockholm, Sweden Sr Consultant Surgeon, Ersta Hospital, Stockholm, Sweden

Dr. Ylva Trolle Lagerros, Assoc Professor, Karolinska Institutet, Stockholm, Sweden Residency Department of Endocrinology, Karolinska University Hospital Huddinge. Sweden

Dr. Mikael Wirén, Assoc Professor, Linköping University, Sweden Sr Consultant Surgeon Vrinnevi Hospital, Norrköping, Sweden

Bengt Holmberg, Program Coordinator EOA Medinet, Gothenburg, Sweden

For further information please contact

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For more information, please visit our website: www.eoa.nu.









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European Obesity Academy is an education and research program for tomorrow's leaders within obesity treatment. The objectives of the program are to stimulate scientific development, clinical experience and future recruitment within the field of obesity.

European Obesity Academy is a co-operation between Karolinska Institutet, Stockholm, and Linköping University – two of the leading medical universities in Europe – and Ethicon – part of the Johnson & Johnson family of companies and a leading provider of bariatric & metabolic solutions for healthcare professionals and their patients.