

AOTrauma Course—Basic Principles of Fracture Management

27 Jan 2014 - 30 Jan 2014, Dublin, Ireland

Monday, 27 Jan 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
09:30	10:30	Other Kit refresher for faculty		Anatomy Lab	60	
10:30	11:30	Other Pre-course meeting for faculty		Albert Lecture Theatre	60	
11:30	11:31	Lecture Moderator			1	
11:31	12:00	Other Registration with Coffee & light lunch		Front Hall	29	
12:00	12:15	Lecture Welcome, overview, objectives and what is AO and their principles?		Albert Lecture Theatre	15	
12:15	12:35	Lecture Bone properties and modes of healing		Albert Lecture Theatre	20	
12:35	12:55	Lecture The language of trauma		Albert Lecture Theatre	20	
12:55	13:20	Lecture Open fractures		Albert Lecture Theatre	25	
13:20	13:25	Other Travel time to practical			5	

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
13:25	14:20	Workshop (dry bone) Practical 1: Surgical instruments, reduction techniques, direct and indirect - no video & drop screen		Anatomy Lab	55
14:20	14:50	Tea, Coffee & Biscuits		Front Hall	30
14:50	15:10	Lecture Spectrum of stability		Albert Lecture Theatre	20
15:10	15:25	Lecture Achieving stability - Screw technique		Albert Lecture Theatre	15
15:25	15:50	Lecture Achieving stability - Plate technique		Albert Lecture Theatre	25
15:50	15:55	Other Travel time to practical			5
15:55	16:55	Workshop (dry bone) Practical 2: Absolute stability, Part I		Anatomy Lab	60
16:55	17:00	Other Travel time to discussion			5
17:00	18:15	Discussion (small group) Discussion 1: Fracture healing and soft tissue (including tea, coffee & cake)		Discussion Rooms	75
18:15	18:20	Other Travel time to practical			5

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
18:20	19:50	Workshop (dry bone) Practical 2: absolute stability, Part II		Anatomy Lab	90	
19:50	20:05	Lecture Faculty meeting (participants do not attend)		Albert Lecture Theatre	15	

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Tuesday, 28 Jan 2014 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
08:40	08:41	Other Moderator for the day -			1	
08:41	08:55	Lecture Relative stability - External fixators		Albert Lecture Theatre	14	
08:55	09:00	Other Travel time to practical			5	
09:00	10:00	Workshop (dry bone) Practical 3: External fixation		Anatomy Lab	60	
10:00	10:20	Tea & Coffee		Front Hall	20	
10:20	10:35	Lecture Relative stability - Intramedullary techniques		Albert Lecture Theatre	15	
10:35	10:40	Other Travel time to practical			5	
10:40	12:00	Workshop (dry bone) Practical 4: Intramedullary nailing (includes distal targeting 15 mins)		Practical Room	80	
12:00	12:50	Lunch		College Hall	50	
12:50	14:20	Discussion (small group) Discussion 2: Diaphyseal fractures (at this stage hand out questions for what we have learnt for far session on Wednesday)		Discussion Rooms	90	

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Tuesday, 28 Jan 2014 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
14:20	14:25	Other Travel time to lecture			5	
14:25	14:45	Lecture Fractures of the proximal femur		Albert Lecture Theatre	20	
14:45	15:05	Tea & Coffee		Front Hall	20	
15:05	16:05	Workshop (dry bone) Practical 5: Proximal Femoral Fracture		Anatomy Lab	60	
16:05	16:10	Other Travel time to lecture			5	
16:10	16:30	Lecture AO Principles - What have we learnt so far?		Albert Lecture Theatre	20	
16:30	17:00	Lecture Discussion of the day		Albert Lecture Theatre	30	
17:00	17:15	Lecture Faculty meeting (participants do not attend)		Albert Lecture Theatre	15	

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Wednesday, 29 Jan 2014 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:45	08:46	Other Moderator for the day -			1
08:46	09:45	Workshop (dry bone) Practical 6: Tension Band Wiring		Anatomy Lab	59
09:45	10:05	Tea & Coffee		Front Hall	20
10:05	11:05	Discussion Patient positioning		Discussion Rooms	60
11:05	11:10	Other Travel time to practical			5
11:10	12:20	Workshop (dry bone) Practical 7: Locking plates		Anatomy Lab	70
12:20	13:10	Lunch		College Hall	50
13:10	13:30	Lecture Fractures of the wrist		Albert Lecture Theatre	20
13:30	13:50	Lecture Fractures of the forearm		Albert Lecture Theatre	20
13:50	14:20	Lecture Pre-operative planning and interactive session		Albert Lecture Theatre	30
14:20	14:25	Other Travel time to practical			5

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Wednesday, 29 Jan 2014 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
14:25	14:55	Lecture Practical 8: Planning of radius and ulna fracture fixation around practical tables with table instructors		Anatomy Lab	30
14:55	15:55	Workshop (dry bone) Practical 8: Radius and ulna		Anatomy Lab	60
15:55	16:15	Tea & Coffee		Front Hall	20
16:15	17:45	Discussion (small group) Discussion 3: Articular fractures		Discussion Rooms	90
17:45	17:50	Other Travel time to lecture			5
17:50	18:15	Lecture Discussion of the day		Albert Lecture Theatre	25
18:15	20:00				105
20:00	23:15	COURSE DINNER - Brasserie Sixty6			195

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Thursday, 30 Jan 2014 (Day 4)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:30	08:31	Other Moderator for the day -			1
08:31	08:50	Lecture Fractures of the ankle		Albert Lecture Theatre	19
08:50	08:55	Other Travel time to practical			5
08:55	09:20	Workshop (dry bone) Practical 9: Planning of ankle fractures around practical tables with table instructors		Anatomy Lab	25
09:20	10:20	Workshop (dry bone) Practical 9: Type C ankle fractures		Anatomy Lab	60
10:20	10:40	Tea & Coffee		Front Hall	20
10:40	11:10	Lecture Emergency management of pelvis fractures and pelvic binder demo		Albert Lecture Theatre	30
11:10	12:10	Lecture Decision making - Polytrauma and open fractures (Panel of Experts)		Albert Lecture Theatre	60
12:10	12:55	Lunch		Front Hall	45
12:55	13:15	Lecture Damage control orthopaedics		Albert Lecture Theatre	20

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Thursday, 30 Jan 2014 (Day 4)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
13:15	13:20	Other Travel time to practical			5	
13:20	14:35	Workshop (dry bone) Practical 10: DCO Ex-fixes		Anatomy Lab	75	
14:35	14:40	Other Travel time to lecture			5	
14:40	15:30	Lecture AO Principles - Application to clinical cases		Albert Lecture Theatre	50	
15:30	16:15	Lecture Decision making - complications		Albert Lecture Theatre	45	
16:15	16:25	Lecture Summary and close of course		Albert Lecture Theatre	10	