

Monday,	23 Jun	2014	(Day 1)
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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
10:30	11:30	Other Pre-course Meeting			60
11:30	12:00	Other Registration with Coffee & Sandwiches			30
12:00	12:15	Opening remarks Welcome, overview, objectives and what is AO and their principles?	Jonathan Monk; Arthur Stephen		15
12:15	12:35	Lecture Bone properties and modes of healing			20
12:35	12:55	Lecture The language of trauma			20
12:55	13:20	Lecture Open fractures			25
13:20	13:25	Travel time to practical			5
13:25	15:05	Workshop Playground Session			100
15:05	15:30	Tea, Coffee & Cake			25
15:30	15:45	Lecture Spectrum of stability			15
15:45	16:00	Lecture Achieving stability - screw technique			15



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Monday, 23 Jun 2014 (Day 1) Moderators/Faculty 16:00 16:15 15 Lecture Achieving stability - Plate technique Travel time to practical 16:20 17:20 60 Workshop Practical 1: Absolute stability - Part 1 17:20 17:25 Travel time to discussion 17:25 18:25 60 Discussion Discussion 1: Fracture healing and soft tissue (inc Tea, Coffee & Cake) 18:25 Travel time to practical 18:30 75 19:45 Workshop Practical 2: Absolute stability - Part 2 19:45 20:00 15 Other **Faculty Meeting**



Tuesday,	24 Ju	ın 2014	(Day 2)
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ruesuay	, 24 Jun	2014 (Day 2)			
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:40	08:55	Lecture Relative stability - External fixators			15
08:55	09:00	Travel time to practical			5
09:00	10:00	Workshop Practical 3: External Fixation			60
10:00	10:20	Tea & Coffee			20
10:20	10:35	Lecture Relative stability - Intramedullary techniques			15
10:35	10:40	Travel time to practical			5
10:40	12:00	Workshop Practical 4: Intramedullary nailing (included distal targeting)			80
12:00	12:50	Lunch			50
12:50	14:20	Discussion Discussion 2: Diaphyseal fractures			90
14:20	14:25	Travel time to lecture			5
14:25	14:45	Lecture Fractures of the proximal femur			20
14:45	15:05	Tea & Coffee			20



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Tuesday, 24 Jun 2014 (Day 2) 60 15:05 16:05 Workshop Practical 4: Proximal Femoral Fracture Travel time to lecture 16:10 16:30 20 Lecture AO Principles - What have we learnt so far? 16:30 17:00 30 Discussion Discussion of the day



Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:45	09:45	Workshop Practical 6: Tension Band Wiring			60
09:45	10:05	Tea & Coffee			20
10:05	11:05	Discussion Patient positioning			60
11:05	11:10	Travel time to practical			5
11:10	12:20	Workshop Practical 7: Locking plates inc Elephant screw model			70
12:20	13:10	Lunch			50
13:10	13:30	Lecture Fractures of the wrist			20
13:30	13:50	Lecture Fractures of the forearm			20
13:50	14:20	Lecture Pre-operative planning and interactive session			30
14:20	14:25	Travel time to practical			5
14:25	14:55	Workshop Practical 8: Planning of radius and ulna fracture			30
14:55	15:55	Workshop Practical 9: Radius and ulna			60



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Wednesday, 25 Jun 2014 (Day 3) 16:15 15:55 Tea & Coffee 20 16:15 17:45 90 Discussion Discussion 3: Articular fractures 17:45 17:50 Travel time to lecture 17:50 18:15 25 Lecture Discussion of the day 18:15 **18:15** Course Dinner at 8pm 0



Thursday, 26 Jun 2014 (Day 4)	Γhursday,	26 Jun	2014 ((Day 4
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		1 2014 (Day 4)			
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:30	08:50	Lecture Fractures of the ankle			20
08:50	08:55	Travel time to practical			5
08:55	09:20	Workshop Practical 10: Planning of ankle fractures			25
09:20	10:20	Workshop Practical 11: Type C ankle fractures			60
10:20	10:40	Tea & Coffee			20
10:40	11:10	Lecture Emergency management of pelvis fractures and pelvic binder demo			30
11:10	12:10	Lecture Decision making - Polytrauma and open fractures (Panel of Experts)			60
12:10	12:55	Lunch			45
12:55	13:15	Lecture Damage control orthopaedics			20
13:15	13:20	Travel time to practical			5
13:20	14:35	Workshop Practical 12: DCO Ex-fixes			75



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Thursday, 26 Jun 2014 (Day 4) 14:35 14:40 Travel time to discussion rooms 14:40 15:30 50 Discussion AO Principles - Application to clinical cases 15:30 Travel time to lecture 15:35 16:20 45 Lecture Decision making - complications 16:20 16:30 10 Lecture Summary and close of course