

**PORTO HIP MEETING 2016**

JULY, 1-2

(Oporto - Portugal)

**Scientific Program**

**President:** Jorge Cruz de Melo

**Vice-President:** Rui Lemos

**Coordination:** Manuel Padín

**Invited President:** SPOT President

**Organizing Comission:**

Jorge Cruz de Melo (The Porto Hip Unit)

Rui Lemos (CHVNG)

Fernando Leal (The Porto Hip Unit)

André Sarmiento (CHVNG)

Silvio Dias (CHEDV)

Eurico Monteiro (CHEDV)

Pedro Silva (Braga)

Manuel Padín (The Porto Hip Unit)

Jose Ramón Caeiro Rey (Sogacot)

David Sá (CHVHG)

**Faculty:**

Damian Griffin (United Kingdom)

Ángel Villamor (Spain)

Eric Margalet (Spain)

Luis Pérez-Carro (Spain)

Manuel Ribas (Spain)

Jenaro Fernandez-Valencia (Spain)

Alberto Sánchez (Spain)

Raul Torres (Spain)

Oliver Marín (Spain)

Manuel Valle Ortiz (Spain)

Miguel Hermida Sanchez (Spain)

Jose Ramon Caeiro Rey (Spain)

Roberto Casal (Spain)

Ana Castel (Spain)

Michael Dienst (Germany) - Not confirmed yet

Jorge Cruz de Melo (Portugal)

Fernando Leal (Portugal)

Silvio Dias (Portugal)

André Sarmiento (Portugal)

Rui Lemos (Portugal)

David Sá (Portugal)

Pedro Silva (Portugal)

Pedro Dantas (Portugal)

Paulo Rego (Portugal)

António Figueiredo (Portugal)

Pedro Simas (Portugal) & Others

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**Magistral Lecture**

Michael Dienst (not confirmed yet)

**Invited Society**

**SOGACOT ( Sociedade Galega de Ortopedia e Traumatología)**

**Friday 1 July 2016**

8:20 Opening

**Table 1: Non - Arthritic painfull hip: Diagnosis**

**Moderator:**

- 8:30 Clinical hip anatomy, FAI concepts and peri-articular pathology  
SOGACOT
- 8:40 Physiatrist view in diagnosis and treatment  
Catarina Branco
- 8:50 Radiological study of non-arthritic hip  
Daniel Fonseca
- 9:00 FAI: Prevalence, etiopathogeny and treatment  
When is to treat surgically?  
Pedro Simas
- 9:20 Hip arthroscopy history.  
Roberto Casal/ Carlos Irizarri
- 9:30 Discussion

**Table 2: Surgical treatment of FAI. Surgical Techniques**

**Moderator:**

- 9:40 Hip Surgical dislocation  
Paulo Rego
- 9:50 Mini-open anterior approach  
Manuel Ribas
- 10:00 Hip arthroscopy  
Eric Margalet
- 10:10 Clinical case - Discussion.

10:20 COFFE BREAK

**Table 3: Treatment of labral and chondral lesions**

**Moderator:**

- 10:40 Decision Algorithm for the treatment of pathology of the labrum.  
Ángel Villamor
- 10:50 How and when to repair the labrum? Suture techniques and implant type.  
Oliver Marin-Pena
- 11:00 When to perform a labrum reconstruction? Reconstruction techniques.  
Pedro Dantas
- 11:10 Chondro-labral junction lesion. Labrum or cartilage? Algorithm of treatment  
Damián Griffin
- 11:20 Cartilage preservation: Microfractures and fibrin adhesive in treatment of chondral delimitation  
Jorge Cruz de Melo
- 11:30 New Techniques for treatment of cartilage defects of the hip.

Eric Margalet

11:40 Clinical Case

**Table 4: Hip Capsule**

**Moderator:**

11:50 Does surgical technique (approach) influences the hip stability?

Raul Torres

12:00 Biomechanics assessment of capsulotomy, capsulectomy and capsular repair in the hip rotation.

Eurico Monteiro

12:10 Hip instability. How to diagnose? Capsular reconstruction and augmentation.

Luis Pérez-Carro

12:20 Adhesive capsulitis - a rare entity. Diagnosis and treatment.

Pedro Silva

12:30 Discussion

**12: 40 MAGISTRAL Lecture**

Michael Dienst (Not confirmed)

**13:15 Lunch**

**Table 6: The Limits of Hip Arthroscopy**

**Moderator:**

14:00 What is the role of arthroscopy in the dysplastic hip.

Paulo Rego

14:10 Hip arthroscopy in global Pincer and "Coxa Profunda"

Jorge Cruz de Melo

14:20 Beyond the limit. Indication for PAO, surgical dislocation and femoral osteotomy

Manuel Ribas

14:30 Tonnis classification. FAI in Tonnis 2 hips

Oliver Marin-Pena

14:40 Learning curve and complications in hip arthroscopy

André Sarmento

14:50 Discussion

**Table 7: How to treat FAI**

**Moderator:**

15:00 Technological support in the evaluation, diagnosis and treatment of FAI

Alberto Sanchez

15:10 When and how to treat Pincer

Damian Griffin

15:20 When and how to treat CAM

Ángel Villamor

15:30 Rehabilitation post surgery. What information physiatrist need.

Fernando Almeida

15:40 Discussion

15:50 COFFE BREAK

**Table 8: Beyond the FAI. Other intra-articular and extra-articular pathologies**

**Moderador:**

16:20 Deep gluteal "syndrome". Myth or Reality? Diagnosis and treatment.

Luis Perez Carro

16:30 Endoscopic treatment of deep gluteal syndrome. Neurolysis of the sciatic and performs tenotomy. Results.

Fernando Leal

16:40 Per - trochanteric space pathology

Ana Castel

16:50 Intra-articular impingement without bony "deformity". Fat pad impingement, iliopsoas impingement and iliopectineal impingement

Pedro Dantas

17:00 Arthroscopic treatment of bone and soft tissues tumors

Silvio Dias

17:10 Clinical case

17:30 Closing day 1

**Saturday 2nd July 2016**

**Table 1: Hip arthroplasty. Patient optimization and preparation**

**Moderator:**

- 8:30 Quality in the preoperative evaluation. Risk evaluation and pre-operative optimization
- 8:40 Surgical approaches in THR. How to choose the best approach
- 8:50 How to minimize blood loss in hip surgery.
- 9:00 Prevention of venous thromboembolism in hip surgery.
- 9:10 Postoperative pain management in hip surgery
- 9:20 Hip arthroplasty in young patients.
- 9:30 Discussion

**Table 2: Hip DDA in adult. From diagnosis to treatment**

**Moderator:**

- 9:40 Diagnosis of hip dysplasia. Clinic. Radiology and classification
- 9:50 DDA. When to operate?
- 10:00 Hip preservation surgery in the treatment of DDA. When to do PAO
- 10:10 Learning curve and complications of PAO
- 10:20 THR in DDA. What solutions do we have for acetabulum?
- 10:30 THR in DDA. What solutions do we have for femur?
- 10:40 Discussion

10:50 COFFE BREAK

**Table 3: Hip Revision surgery**

**Moderator:**

- 11:10 Failure causes in THR
- 11:20 Revision of short stems for conventional stems. It is easy?
- 11:30 Periprosthetic fractures. Diagnosis and treatment.
- 11:40 Acetabular revision in major defects. Experience with structural graft
- 11:50 Femoral revision in major defects. Long stems
- 12:00 Discussion

**Table 4: MISCELLANEOUS**

**Moderator:**

- 12:10 Poisoning by cobalt of prosthetic origin.
- 12:20 Metal on metal. It is still a solution?
- 12:30 Inserts. State of the art.
- 12:40 THR in hip fusion.
- 12:50 Periprosthetic infection. Classification and diagnosis

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13:00 Periprosthetic infection treatment

13:10 Discussion

13:30 Closure