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25th Scandinavian Hand Society Meeting

May 14-16 • 2014

Radisson Blu Hotel
Bryggen
Bergen, Norway



Congress President
Yngvar Krukhaug

Organiser
Scandinavian Society for Surgery
of
the Hand, in collaboration with
Norwegian Society for Surgery of
the Hand, Norwegian Hand
Therapy
Society and the Organising
Committee

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Registration

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17th of May– Norwegian constitution day

Each year on the 17th of May Norwegians fill the streets with cheers and flags in celebration of Norway's constitution, adopted in 1814.

The 17th of May celebrations vary from place to place, but usually follow a traditional pattern that makes this the highlight of the year for most Norwegian children. A must in the celebrations are the children's parades, made up of school classes marching with the school band through the local community. Most of the children carry small Norwegian flags and the route is lined with enthusiastic onlookers. Dressed in their best, the children then engage in games and activities, and for many this is the one day of the year where the supply of ice cream and hot dogs is endless.

Dress

Most people dress in their best spring clothes, with a Norwegian flag or May 17 ribbon pinned to their lapel. It has become increasingly popular to wear the national dress, the bunad, on this occasion. The bunad varies in appearance from region to region and the magnificent sight of national costumes from all over the country is one of the reasons why this day truly represents a celebration of Norwegian tradition and history.

Food

May is the month when spring really blooms in Norway, and this influences the menu chosen for the day. While hot dogs and ice cream are popular with the children, the adult population often stick to cured meats, sausages, traditional sour cream porridge and many throw barbecues. Desserts and cakes are a must, and many schools and families give breakfast parties before the parade starts.

The "russ" celebration- ending 13 years of school

17th of May is also the day students in their last year of upper secondary school celebrate the end of 13 years of school, even though many still have to pass final exams. They call themselves "russ" and illustrate their standing through colorful overalls depending on their line of study. High spirits are the norm and the festivities usually last day and night. Many transport themselves around town in self-decorated buses and vans with slogans and booming music.

Why not stay over the weekend and participate in this extraordinary celebration?

We have rooms available at the Radisson Blu Hotel Bryggen until the 18th of May.

Just register this together with the hotel registration when you register for the congress



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