



**Aesthetic Plastic Surgery Congress | 4-5 December 2015
Conrad Dubai, UAE**

DAY ONE: Friday, 4 December 2015

08:50 **Opening remarks from the Chair:** Dr Michael Salivaras

SESSION 1: KEYNOTE PRESENTATION

09:00 Body contouring after massive weight loss: My journey
Dr Al Aly

SESSION 2: CERVICOFACIAL AND PERIORBITAL REJUVENATION I

Moderator: Dr Zuhair Al-Fardan

09:30 Mid-face ageing: fat grafting, implants or mid-face lift?
Dr Mario Pelle Ceravolo

09:50 Face lift as permanent treatment for ageing face
Dr Hamid Karimi

10:05 Scarless transcutaneous Serdev Suture® SMAS lifts and/or tissue augmentation on face
Dr Nikolay Serdev

10:20 Periorbital rejuvenation and canthopexy
Dr Ashok Gupta

10:35 Coffee break

SESSION 3: CERVICOFACIAL AND PERIORBITAL REJUVENATION II

Moderator: Dr Firas Hamdan

11:00 Periocular fat grafting technique and suggestions to make it easy and safe
Dr Mario Pelle Ceravolo

11:20 The Big 5: My new approach to treat the anterior neck ageing without opening the neck
Dr Mario Pelle Ceravolo

11:45 Minimal invasive high definition face and neck lipo-contouring
Dr Hasan Ali

12:00 Minimal invasive procedure for facial rejuvenation
Dr Matteo Vigo

12:15 Q&A



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12:30 LUNCH BREAK

SESSION 4: RHINOPLASTY

Moderator: Dr Shahram Sajjadi

- 13:30 The intended and unintended effects of rhinoplasty surgical maneuvers
Dr Al Aly
- 13:45 Septorhinoplasty for the Arabic nose: Simple endonasal techniques
Dr Mamdouh Salah A Mottaleb
- 14:00 Medical rhinoplasty: a possibility for Caucasian, Far East patients and for some post-surgical defects
Prof Redaelli Alessio
- 14:15 Q&A

SESSION 5: AESTHETIC BREAST SURGERY I

Moderator: Dr Mohan Rangaswamy

- 14:30 Periareolar mastopexy: tips and tricks
Dr Mario Pelle Ceravolo
- 14:45 Mastopexy augmentation
Dr Zuhair Al-Fardan
- 15:00 Using microthane implants in breast surgery to avoid complications
Dr Shahram Sajjadi
- 15:15 Reduction mammoplasty and mastopexy; 10 years survey
Dr Hamid Karimi
- 15:30 Mammoplasty Pitanguy and ancillary manoeuvres
Dr Michael Salivaras

15:45 COFFEE BREAK



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SESSION 6: AESTHETIC BREAST SURGERY II

Moderator: Dr Matteo Vigo

- 16:00 Breast augmentation using autologous fat grafting method
Dr Hasan Ali
- 16:15 Gynecomastia correction by stealth approach
Dr Mohan Rangaswamy
- 16:30 My approach to gynecomastia treatment
Dr Guillermo Blugerman
- 16:45 Gynecomastia: multi-modality, incision-less approach
Dr Firas Hamdan
- 17:00 Q&A

SESSION 7: SPECIAL TOPICS - COMPLICATIONS

Moderator: Dr Hamid Karimi

- 17:15 Complication of fillers
Dr Alain Tenenbaum
- 17:30 Soft tissue fillers complications
Dr Francesco de Melo
- 17:45 Q&A
- 18:00 CLOSE OF DAY ONE



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DAY TWO: Saturday, 5 December 2015

08:50 Opening remarks from the Chair: Dr Michael Salivaras

SESSION 8: KEYNOTE PRESENTATION

09:00 Structural abdominoplasty
Dr Tim Papadopoulos

09:30 COFFEE BREAK

SESSION 9: BODY CONTOURING I

Moderator: Dr Venkata Ratnam

10:00 Belt lipectomy
Dr Al Aly

10:15 Body lift 1
Dr Tim Papadopoulos

10:30 Body lift 2
Dr Sabet Salahia

10:45 Avelar buttock and thigh lift
Dr Firas Hamdan

11:00 Q&A

SESSION 10: BODY CONTOURING II

Moderator: Dr Sabah Al Marush

11:10 Thigh reduction
Dr Al Aly

11:25 Posterior scar brachioplasty
Dr Tim Papadopoulos



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11:40 Deep supported thigh lift and brachioplasty
Dr Guillermo Blugerman

11:55 Abdominoplasty and liposuction
Dr Sabet Salahia

12:10 Abdominoplasty: Evolution and optimisation
Dr B Venkata Ratnam

12:25 Q&A

12:30 LUNCH BREAK

SESSION 11: BODY CONTOURING III

Moderator: Dr Sabet Salahia

13:30 Calf augmentation without implants
Dr Guillermo Blugerman

13:45 Calf Augmentation with implants
Dr Michael Salivaras

14:00 Vaser body contouring and fat grafting
Dr Saba Al Marush

14:15 Ultrasound assisted liposuction versus laser liposuction
Dr Francesco de Melo

14:30 Scarless transcutaneous Serdev Suture® lifts and/or tissue augmentation on body areas
Dr Nikolay Serdev

14:45 Male and female butts 3D reshaping without volume augmentation
Dr Alain Tenenbaum

15:00 Q&A

15:15 COFFEE BREAK



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SESSION 12: AESTHETIC GENITAL SURGERY

Moderator: Dr Hasan Ali

- 15:30 Non-invasive laser vaginal rejuvenation
Dr Alexandros Bader
- 15:45 A combined approach to aesthetic gynaecology
Dr Krzysztof Gojdz
- 16:00 Q&A

SESSION 13: SPECIAL TOPICS II

Moderator: Dr Francesco de Melo

- 16:15 Managing the body dysmorphic disorder patient
Dr Adil Karrani
- 16:30 Operating the depressed patient, what to expect
Dr Adil Karrani
- 16:45 How to combine PRP with aesthetic surgery to enhance results
Dr Sabet Salahia
- 17:00 PRP, Stem cells and fat grafting: Myths and reality
Dr Mohan Rangaswamy
- 17:15 Q&A

SESSION 14: PRACTICE MANAGEMENT

- 17:30 **Panel discussion:**
How to achieve the best practice safely and effectively:
Social media, customer service, practice management and legalities

Panelists:

Dr Alain Tenenbaum
Dr Firas Hamdan
Dr Michael Salivaras
Dr Tim Papadopoulos
Dr Zuhair Al-Fardan



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18:00 **END OF CONFERENCE**

AESTHETIC LIVE DEMONSTRATIONS AND WORKSHOPS

Sunday, 6 December 2015

American Academy of Cosmetic Surgery Hospital, Dubai, UAE

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| 8:15 | Opening remarks from ICAAM Chairs:
Dr Michael Salivaras and Dr Mahaveer Mehta |
| 8:30 | How to enhance aesthetic results with Mechano Stimulation
Dr Rieke Smit |
| 09:30 | How to combine PRP with aesthetic procedures to achieve outstanding and longer lasting results
Dr Krzysztof Gojdź |
| 10:30 | Thread lifts (PDO, PLLA, revitalising, suspension threads)
Prof Redaelli Alessio and Dr Piyali Chatterjee |
| 12:00 | Lunch Break |
| 13:00 | Scarless “Serdev Suture” lifting methods
Dr Nikolay Serdev |
| 14:30 | Neck/Double chin liposuction
Dr Al Aradi |
| 15:30 | Immediate butt reshaping in 3D by projection instead of volume augmentation
Dr Alain Tenenbaum |
| 16:00 | Q&A |
| 17:00 | End of live demonstrations and workshops |



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Chair:

Dr Michael Salivaras, Aesthetic & Reconstructive Plastic Surgeon, **Clinica Joelle, Dubai, UAE**

Committee Members:

Dr Firas Hamdan, Cosmetic Surgeon, **Cosmetic Surgery Clinic, Beirut, Lebanon**

Dr Zuhair Al-Fardan, Plastic and Reconstructive Surgeon, Asst. Prof. College of Medicine,
UAE University, Medical Director, Eternal Clinic, **Al Ain, UAE**

Speaker Faculty:

Dr Adil Karrani, President, **The Arab Psychiatric Association**; President, **Emirate Psychiatric Society**;
Consultant Psychiatrist, **Rashid Hospital, Dubai**

Dr Al Aly, President, **Aesthetic Surgery Education & Research Foundation**; Former Co-chair of
Education, **American Society of Aesthetic Plastic Surgery**; Consultant Plastic Surgeon, **Cleveland Clinic
Abu Dhabi, Abu Dhabi, UAE**

Dr Alain Tenenbaum, Facial Plastic Surgeon, **Inventor of Endopeel, Switzerland**

Dr Alexandros Bader, Gynaecologist, Specialist in Aesthetic and Cosmetic Vaginal Surgery, **Cosmetic V
Surgeon, Keep Femina, Athens, Greece**

Dr Ashok Gupta, Consultant Plastic & Micro Vascular Surgeon, **Dubai, UAE**

Dr B Venkata Ratnam, Plastic Surgeon; Vice- President, **Emirates Plastic Surgery Society, NMCS
Hospital, Abu Dhabi, UAE**

Dr Francesco de Melo, Consultant Plastic Surgeon, **Aesthetica Clinic, Dubai, UAE**

Dr Guillermo Blugerman, President, **Argentinean Association of Cosmetic Medicine and Surgery**; Co-
founder and Director, **Clinic of Excellence in Plastic Surgery B&S.**; President Elect, **WAOCS, Buenos
Aires Argentina**

Dr Hamid Karimi, Associate Professor of Plastic, Reconstructive and Aesthetic Surgery,
Iran University of Medical Sciences, Tehran, Iran

Dr Hasan Ali, Consultant Plastic, Reconstructive & Aesthetic Surgeon, **American Academy of Cosmetic
Surgery Hospital, Dubai, UAE**

Dr Krzysztof Gojdz, Founder, Owner, **Holistic Clinic, Warsaw, Poland**



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Dr Mamdouh Salah A Mottaleb, Head of Plastic Surgery Unit, **Mataria Teaching Hospital, Cairo, Egypt**;
Plastic Surgery Consultant, **Elaj Medical Centre, Ajman, UAE**

Dr Mario Pelle Ceravolo, President, **AICPE (Italian Association of Aesthetic Plastic Surgery)**; Chief of
Plastic Surgery, **Mercede Hospital, Rome, Italy**

Dr Matteo Vigo, Chief of Surgery, Chief Medical Officer, **American Academy of Cosmetic Surgery
Hospital, Dubai, UAE**

Dr Mohan Rangaswamy, Consultant Plastic Surgeon, Aesthetic, Reconstructive and Hand Surgery,
Plastic Surgery Works, Dubai, UAE

Dr Nikolay Serdev, President, **National Bulgarian Society for Aesthetic Surgery and Aesthetic Medicine**,
Sofia, Bulgaria

Prof Redaelli Alessio, Aesthetic Specialist, **Visconti di Modrone Medical Center, Milan, Italy**

Dr Saba Al Marush, Specialist Plastic Surgeon, **Medcare Hospital, Dubai, UAE**

Dr Sabet Salahia, Consultant Plastic Surgeon, **Cosmesurge and Emirates Clinics, Dubai, UAE**

Dr Shahram G. Sajjadi, Medical Director, Specialist Plastic, Reconstructive and Aesthetic Surgeon,
Specialist Medical Centre, Dubai, UAE

Dr Tim Papadopoulos, Plastic & Cosmetic Surgeon; Founder & Director, **Cosmetic Culture Clinics**;
President, **Australasian Society of Aesthetic Plastic Surgery (ASAPS), New South Wales, Australia**