






18th Annual Conference of the International Society for Bipolar Disorders
Amsterdam, the Netherlands
13-16 July 2016
Congress website: <http://isbd2016.com/>
Society website: <http://www.isbd.org/>

LEARNING OBJECTIVES

After participating in this educational event, learners should be able to:













- Address individual needs in compliance with their Continuous Professional Development (CPD) plan.
- Discuss the latest research outcomes in the field of psychiatry and mood disorders.
- Exchange ideas and knowledge in the field of psychiatry and mood disorders across continents, institutions, and individuals.
- Summarize new results from studies in bipolar and other mood disorders.
- Review the most important aspects of diagnosis and treatment of Bipolar Disorders.
- Identify the opportunities to young researchers to present their studies about Bipolar Disorders.

SCIENTIFIC PROGRAMME

LEGEND:				TRACKS:	
PRE-CONFERENCE INTERNATIONAL SATELLITES	KEYNOTE LECTURE	POSTER SESSION	RAPID COMMUNICATIONS	CLINICAL 	INTERFACE 
(PRE-CONFERENCE)COURSES	BRAINSTORMING SESSION	SAMUEL GERSHON AWARD PRESENTATIONS	INDUSTRY SESSION	TREATMENT 	EXPERT BY EXPERIENCE 
OPENING AND AWARDS CEREMONY	PARALLEL SYMPOSIUM	ADVOCACY PROGRAM	SOCIETY MEMBERSHIP MEETING	BASIC SCIENCE 	

Time	Wednesday, July 13, 2016				
	Aula	Agora 1	Aurora	Agora 2	Agora 3
8:30	Registration Opens				
9:30		BIPOLAR DISORDER IN WOMEN THROUGHT THE REPRODUCTIVE LIFE CYCLE: A CASE-BASED APPROACH AND EVIDENCE BASED GUIDELINES	ESSENTIAL GUIDE TO LITHIUM TREATMENT IN MOOD DISORDERS: A PROACTICAL COURSE	CLINICAL TRANSLATION OF EVIDENCE-BASED MEDICINE IN BIPOLAR DISORDER	DESIGNING AND CONDUCTING LONGITUDINAL HIGH-RISK STUDIES OF THE OFFSPRING OF BIPOLAR PARENTS: TWO DECADES OF EXPERIENCE TO SHARE
12:30	Break				Lunch Break (provided) 12.30 -13.30
13:00		ARE MOOD DISORDERS CHRONOBIOLOGICAL DISORDERS? A SATELLITE SYMPOSIUM OF THE SOCIETY OF LIGHT TREATMENT AND BIOLOGICAL RHYTHMS (SLTBR)	NUTRITIONAL PSYCHIATRY: PREVENTION, TREATMENT AND MECHANISMS (ISNPR SATELLITE)	STATE OF THE ART IN DIAGNOSING, ASSESSING AND TREATING BIPOLAR DISORDER: A TRAINING COURSE TO IMPROVE YOUR SKILLS AS A BIPOLAR EXPERT	13:30 -DESIGNING AND CONDUCTING LONGITUDINAL HIGH-RISK STUDIES OF THE OFFSPRING OF BIPOLAR PARENTS: TWO DECADES OF EXPERIENCE TO SHARE (cont)
16:00	Tea Break				
16:30	OPENING CEREMONY				
17:00	17:00 - ON THE VERGE OF INSANITY VAN GOGH AND HIS ILLNESS 17:30 - VINCENT VAN GOGH :BIOGRAPHY, FAMILY HISTORY, AND ARTISTIC GENIUS 18:00 - : WAS IT WISE TO SEPARATE BIPOLAR FROM UNIPOLAR DEPRESSIVE DISORDER?				
18:30	AWARDS CEREMONY				
19:30 - 21:00	WELCOME RECEPTION IN THE EXHIBITION AREA				

Time	Thursday, July 14, 2016					
	Aula	Auditorium	Lecture Hall	Agora 1	Aurora	Agora 2
7:30	Registration Opens					
7:50				NEW APPROACHES TO MEASURING AND ANALYZING PHENOMENOLOGY IN BIPOLAR DISORDERS	MANIC TRANSITION DUE TO ANTIDEPRESSANTS: HOW FREQUENT? HOW LIKELY? NEW EVIDENCE FROM STEP-BD STUDY USING PROPENSITY SCORES	
8:50	Short Break					
9:00	ANTIBIOTICS FOR AFFECTIVE DISORDERS - FOCUS ON MINOCYCLINE	EXPERTS EXPERIENCE - A LONG WAY TO GO?	COMORBIDITY & BIPOLAR SUBTYPE INFLUENCE USE OF ANTIDEPRESSANTS IN BIPOLAR DISORDER: IN MEMORIAM LORI L ALTSHULER MD	INNOVATIVE BRAIN IMAGING APPROACHES TO YOUTH DEPRESSION	RAPID COMMUNICATION 1	HOW TO ACHIEVE PUBLISHING SUCCESS ? A COURSE OF THE EDITORS OF 'BIPOLAR DISORDERS' AND THE 'JOURNAL OF AFFECTIVE DISORDERS'
10:30	Short Coffee Break					
10:50	10:50 - BEYOND DATA: DELIVERING EFFICIENCIES IN HEALTH CARE AND PERSVASIVE SYSTEMS 11:30 - BIOMARKERS AS PREDICTORS OF ANTIDEPRESSANT RESPONSE					HOW TO ACHIEVE PUBLISHING SUCCESS ? A COURSE OF THE EDITORS OF 'BIPOLAR DISORDERS' AND THE 'JOURNAL OF AFFECTIVE DISORDERS' (cont)
12:10						
12:15 - 13:30	NOON INDUSTRY SATELLITE SYMPOSIUM <i>(Industry Session not included in main event CME/CPD credit)</i>	12:10 - 14:15: Break and Visit of the Exhibition			WOMENS NETWORKING MEETING (12:15 - 13:25)	
13:30	NOON INDUSTRY SATELLITE SYMPOSIUM <i>(Industry Session not included in main event CME/CPD credit)</i>				ISBD MEMBERSHIP MEETING	
14:15	KETAMINE IN MOOD DISORDERS	NUTRITIONAL PSYCHIATRY: THE GUT-MICROBIOME AND DIETARY MISMATCH IN THE ETIOLOGY AND TREATMENT OF MOOD DISORDERS	MANAGING BIPOLAR II DISORDER: PHENOMENOLOGY, TREATMENTS, AND FUTURE DIRECTIONS	NEUROCHEMICAL IMAGING IN BIPOLAR DISORDER: STATE OF THE ART	RAPID COMMUNICATION 2	
15:45	Short Tea Break					
16:00	CONTEMPORARY CHALLENGES IN THE MANAGEMENT OF BIPOLAR DISORDER	BIPOLAR DISORDER, PREGNANCY AND CHILDBIRTH – LIVING WITH UNCERTAINTY	SPECIAL TOPICS IN PEDIATRIC BIPOLAR DISORDER: AN UPDATE FROM THE ISBD PEDIATRIC BIPOLAR TASK FORCE	NEUROINFLAMMATION IN BIPOLAR DISORDER: WHAT CAN WE SEE?	REAL TIME ASSESSMENT OF PSYCHOPATHOLOGY AND BEHAVIOR IN BIPOLAR DISORDER USING EMENTAL HEALTH TECHNOLOGIES: SELF-ASSESSMENT AND OBJECTIVE MARKERS	
17:30 - 19:00	POSTER SESSION 1 IN THE POSTER AREA					
18:30 - 19:45	EVENING INDUSTRY SATELLITE SYMPOSIUM <i>(Industry Session not included in main event CME/CPD credit)</i>					

Time	Friday, July 15, 2016				
	Aula	Auditorium	Lecture Hall	Agora 1	Aurora
7:30	Registration Opens				
7:50				E-HEALTH FOR DEPRESSION: HOW TO USE IT IN MENTAL HEALTH CARE SETTINGS?	HOW DO WE OVERCOME THE BARRIERS TO INTEGRATING A STAGING APPROACH INTO CLINICAL PRACTICE?
8:50	Short Break				
9:00	 CONTRASTING GUIDELINES FOR MAJOR DEPRESSIVE DISORDER: CANADIAN, AUSTRALIAN AND BRITISH PERSPECTIVES	 PATIENT'S PERSPECTIVE ON SELF-MANAGEMENT OF DEPRESSION: WHAT WORKS?	 CHILD BIRTH AS A TRIGGER FOR BIPOLAR DISORDERS	 ALLOSTATIC LOAD, CELLULAR DISTRESS AND TREATMENT RESPONSIVITY IN MOOD DISORDERS	RAPID COMMUNICATION 3
10:30	Short Coffee Break				
10:50	10:50 - MOOD DISORDER GENETICS: OVERVIEW FOR CLINICIANS 11:30 - WHAT HAVE NETWORK META-ANALYSES TAUGHT US ABOUT TREATMENT OF MOOD DISORDERS: IS IT TIME TO REVISIT THE HIERARCHY OF EVIDENCE?				
12:10					
12:15 - 13:30	NOON INDUSTRY SATELLITE SYMPOSIUM <i>(Industry Session not included in main event CME/CPD credit)</i>	12:10 - 14:15 Break and Visit of the Exhibition			ISBD EAST ASIAN BIPOLAR SUMMIT (12:15 - 13:25)
13:30	NOON INDUSTRY SATELLITE SYMPOSIUM <i>(Industry Session not included in main event CME/CPD credit)</i>				ISAD MEMBERSHIP MEETING
14:15	 NEW DATA ON THE EFFECTS OF LITHIUM BEYOND MOOD STABILIZATION	 SUICIDE PREVENTION	 CROSS-NATIONAL DIFFERENCES IN BIPOLAR OFFSPRING FROM A RESEARCH AND CLINICAL PERSPECTIVE	 UNRAVELING DEPRESSION MECHANISMS THROUGH GENOMICS	RAPID COMMUNICATION 4
15:45	Short Tea Break				
16:00	 ENGAGING PATIENTS IN EHEALTH TECHNOLOGY ENABLED CARE: A CANMAT SYMPOSIUM	 PHYSICIAN ASSISTED SUICIDE IN PSYCHIATRY; IS THERE SOMETHING TO BE LEARNED FROM THE DUTCH LAW AND PRACTICE?	 STAGING MODELS IN UNIPOLAR DEPRESSION AND BIPOLAR DISORDER	 MITOCHONDRIAL BIONERGETICS AND GENETICS IN BIPOLAR DISORDER	SAMUEL GERSHON AWARD PRESENTATIONS
17:30 - 19:00	POSTER SESSION 2 IN THE POSTER AREA				
18:30 - 19:45	EVENING INDUSTRY SATELLITE SYMPOSIUM <i>(Industry Session not included in main event CME/CPD credit)</i>				

Time	Saturday, July 16, 2016				
	Aula	Auditorium	Lecture Hall	Agora 1	Aurora
8:20	ADVOCACY PROGRAM REGISTRATION OPENS			HOW TO MANAGE BIPOLAR DISORDER IN PREGNANCY AND POSTPARTUM DISORDER	WEIGHING THE METABOLIC AND CARDIOVASCULAR RISKS AND BENEFITS OF ANTIDEPRESSANT USE
9:20					
9:30					
10:00	JUST DO IT: BEHAVIORAL AND PHYSICAL ACTIVATION IN DEPRESSIVE AND BIPOLAR DISORDERS	BIPOLAR DISORDER IN WOMEN, NEUROENDOCRINE AND IMMUNE RELATED MECHANISMS	PHYSICAL AND MENTAL COMORBIDITY AS A SOURCE OF HETEROGENEITY OF BIPOLAR SPECTRUM DISORDERS	FROM THE MACRO-STRUCTURE TO THE MICRO- ARCHITECTURE OF SLEEP: SEASONALITY, CIRCADIAN RHYTHMS, GENETIC AND INTRA-CELLULAR INFLUENCES ON CHRONOBIOLOGY OF BIPOLAR DISORDER	ACTIVATION AS AN ESSENTIAL SYMPTOM OF MANIA: TOWARDS A RESEARCH AGENDA
11:00					
Coffee Break and Visit the Exhibition					
11:30	11:30 - SAD FACTS ABOUT THE COURSE OF DEPRESSION. A SYNOPSIS OF KEY NESDA FINDINGS 12:10 - WHAT CAN WE LEARN FROM BIPOLAR OFFSPRING STUDIES?		COGNITIVE OUTCOME IN BIPOLAR DISORDER: CURRENT STATUS AND FUTURE DIRECTIONS FOR TARGETING TREATMENT	NEURAL MECHANISMS OF PSYCHOLOGICAL TREATMENTS	
12:50	Break and Visit the Exhibition				
13:00					
13:30	PATIENT SELFMANAGEMENT AND FUNCTIONAL RECOVERY IN UNIPOLAR AND BIPOLAR DISORDER	PATIENT PARTICIPATION IN RESEARCH	POSTER SESSION 3 IN THE POSTER AREA		
14:30					
15:00	ADVOCACY PROGRAM DISCUSSION		ADVANCES IN THE DIAGNOSIS AND TREATMENT OF LATE-LIFE DEPRESSION	THINC-IT: NEW TOOLS TO ASSESS COGNITIVE DYSFUNCTION IN MAJOR DEPRESSIVE DISORDER	BIPOLAR DISORDER BY THE NUMBERS: META ANALYTIC SUMMARY OF THE FIELD
16:00	Adjourn				

ISBD 2016 Scientific Programme

Wednesday, July 13, 2016

Pre-Conference International Satellite: ARE MOOD DISORDERS CHRONOBIOLOGICAL DISORDERS? A SATELLITE SYMPOSIUM OF THE SOCIETY OF LIGHT TREATMENT AND BIOLOGICAL RHYTHMS (SLTBR)

13:00 - 16:00

Agora 1

- Chair: Klaus Martiny (Denmark)
- 13:00 **OPENING REMARKS**
Invited Speaker: Klaus Martiny (Denmark)
- 13:05 **INTRODUCTION IN CHRONOTHERAPY**
M.C.M. Gordijn (Netherlands)
- 13:40 **CHRONOTHERAPY AND BIPOLAR DISORDERS**
F. Benedetti, C. Locatelli (Italy)
- 13:40 **CHRONOTHERAPY AND BIPOLAR DISORDERS**
C. Locatelli, F. Benedetti (Italy)
- 14:15 **SEASONAL AFFECTIVE DISORDER, THE DUTCH APPROACH**
Y. Meesters (Netherlands)
- 14:50 **LIGHT THERAPY FOR NONSEASONAL DEPRESSION**
R.W. Lam (Canada)
- 15:25 **SLEEP AND MOOD FOR PATIENTS WITH MAJOR DEPRESSION WHEN DISCHARGED FROM INPATIENT WARDS**
K. Martiny, L. Lauritsen, L. Andersen, E.C. Olsson, S.R. Søndergaard, L.B. Nørregaard, Løventoft. P.(2), H. Mørch, I. Hageman Pedersen, L. Vedel Kessing (Denmark)

Pre-Conference International Satellite: NUTRITIONAL PSYCHIATRY: PREVENTION, TREATMENT AND MECHANISMS (ISNPR SATELLITE)

13:00 - 16:00

Aurora

- Chair: Felice Jacka (Australia)
- 13:00 **WELCOME**
Invited Speaker: Felice Jacka (Australia)
- 13:05 **THE BRAIN-GUT-MICROBE AXIS AS A TARGET FOR GUT-FOCUSED TREATMENT INTERVENTIONS**
Invited Speaker: Ted Dinan (Ireland)
- 13:30 **A RANDOMISED, CONTROLLED TRIAL OF A DIETARY INTERVENTION FOR ADULTS WITH MAJOR DEPRESSION (THE 'SMILES' TRIAL): RESULTS**
F.N. Jacka, A. O'Neil, C. Itsiopoulos, D. Castle, R. Opie, S. Dash, S. Cotton, C. Mihalopoulos, M.L. Chatterton, O. Dean, L. Brazionis, A. Hodge, M. Berk (Australia)

- 13:45 **A RANDOMISED, CONTROLLED TRIAL INVESTIGATING EFFECTS OF MEDITERRANEAN-STYLE DIET ON DEPRESSION, ANXIETY, STRESS, AND HEALTH-RELATED QUALITY OF LIFE IN PEOPLE WITH DEPRESSIVE SYMPTOMS: 3-MONTH OUTCOMES**
N. Parletta, D. Zarnowiecki, J. Cho, A. Wilson, S. Bogomolova, A. Villani, B. Meyer, S. Blunden, C. Itsiopoulos, L. Segal, K. O'Dea (Australia)
- 14:00 **A DOUBLE BLIND, RANDOMISED, PLACEBO-CONTROLLED TRIAL OF A PROBIOTIC FORMULATION FOR THE SYMPTOMS OF DEPRESSION**
A.R. Romijn, J.J. Rucklidgea, R.G. Kuijera, C. Framptonb (United Kingdom)
- 14:15 **NETWORKING BREAK**
- 14:25 **PERSONALIZED MEDICINE WITH OMEGA-3 FATTY ACIDS FOR DEPRESSION: CLINICAL AND BIOLOGICAL ASPECTS**
Kuan-Pin Su (Taiwan)
- 14:40 **ADHERENCE TO MEDITERRANEAN DIET AND LIFESTYLE IN OUTPATIENTS WITH BIPOLAR DISORDER - NEUROCOGNITIVE AND SOCIAL FUNCTIONING CORRELATES**
V. Balanzá-Martínez, F. Meliá, P. Sierra, A. Sánchez-Villegas, F.N. Jacka (Spain)
- 14:55 **A PRO-INFLAMMATORY DIET IS ASSOCIATED WITH INCREASED RISK OF DE NOVO DEPRESSION AT 5-YEAR FOLLOW UP IN AUSTRALIAN WOMEN**
S. Dash, N. Shivappa, J.R. Hebert, A. O'Neil, S. Quirk, A. Stuart, L.J. Williams, J.A. Pasco, F.N. Jacka (Australia)
- 15:00 **THE ASSOCIATION BETWEEN DIETARY PATTERNS AMONG DIFFERENT ETHNIC GROUPS AND DEPRESSIVE SYMPTOMS: THE HELIUS-DIETARY PATTERNS STUDY**
 - (Netherlands)
- 15:05 **THE ASSOCIATION BETWEEN COGNITIVE VULNERABILITES AND PERSONALITY TRAITS AND BMI IN PERSONS WITH DEPRESSION AND/OR ANXIETY DISORDERS**
N. Paans (Netherlands)
- 15:10 **THE ROLE OF OBESITY MEASURES IN THE DEVELOPMENT AND PERSISTENCE OF MAJOR DEPRESSIVE DISORDER**
D. Gibson-Smith (Netherlands)
- 15:15 **POLYUNSATURATED FATTY ACIDS IN MAJOR DEPRESSIVE DISORDERS**
C. Thesing, M. Bot, E. Giltay, B. Penninx (Netherlands)
- 15:20 **THE LINK BETWEEN MINDFUL EATING AND DEPRESSIVE SYMPTOMS AND THE MEDIATING ROLE OF PSYCHOLOGICAL EATING STYLES**
 Invited Speaker: Laura Winkens (Netherlands)
- 15:25 **LEPTIN DYSREGULATION IS SPECIFICALLY ASSOCIATED WITH MAJOR DEPRESSION WITH ATYPICAL FEATURES: EVIDENCE FOR A MECHANISM CONNECTING OBESITY AND DEPRESSION**
Yuri Milaneschi*, Femke Lamers, Mariska Bot, Brenda WJH Penninx (Netherlands)
- 15:30 **METABOLIC DYSREGULATION IN DEPRESSION AND ANXIETY: ASSOCIATIONS OVER TIME**
Sarah Hiles(1), Dóra Révész(1), Femke Lamers(1), Erik Giltay(2), Brenda Penninx(1) (Netherlands)
- 15:35 **SERUM VITAMIN B12 AND DEPRESSIVE SYMPTOMS IN OLDER ADULTS: A LONGITUDINAL STUDY AMONG OLDER ADULTS**
 Invited Speaker: Liset Elstgeest (Netherlands)
- 15:40 **IMPROVED DEPRESSIVE SYMPTOMATOLOGY AMONG ADOLESCENTS FOLLOWING A WHOLE SYSTEM OBESITY PREVENTION INTERVENTION: FINDINGS FROM AUSTRALIAN CAPITAL TERRITORY IT'S YOUR MOVE**
E. Hoare, M. Malakellis, A. Sanigorski, N. Crooks, S. Allender, M. Nichols, B. Swinburn, C. Chikwendu, P. Kelly, L. Millar (Australia)
- 15:45 **WAYS FORWARD, FUTURE COLLABORATIONS AND RESEARCH**
 Invited Speaker: Felice Jacka (Australia)

Break: TEA BREAK

16:00 - 16:30

Aula

Opening and Awards Ceremony: OPENING CEREMONY

16:30 - 17:00

Aula

Keynote Lecture: KEYNOTE 1,2,3

17:00 - 18:30

Aula

17:00 **ON THE VERGE OF INSANITY VAN GOGH AND HIS ILLNESS**

Invited Speaker: Louis Van Tilborgh (Netherlands)

17:30 **VINCENT VAN GOGH : BIOGRAPHY, FAMILY HISTORY, AND ARTISTIC GENIUS**

J.R. Calabrese (USA)

18:00 **WAS IT WISE TO SEPARATE BIPOLAR FROM UNIPOLAR DEPRESSIVE DISORDER?**

J. Angst (Switzerland)

Opening and Awards Ceremony: AWARDS CEREMONY

18:30 - 19:30

Aula

Opening and Awards Ceremony: WELCOME RECEPTION IN THE EXHIBITION AREA

19:30 - 21:00

Aula

Thursday, July 14, 2016

Brainstorming Session: NEW APPROACHES TO MEASURING AND ANALYZING PHENOMENOLOGY IN BIPOLAR DISORDERS

07:50 - 08:50

Agora 1

Chair: Jan Scott (United Kingdom)

07:50 **MEASURING MOOD SYMPTOMS: MULTIDIMENSIONAL ASSESSMENT OF THYMIC STATES (MATHYS) AND GROUP-BASED TRAJECTORY MODELING (GBTM)**

C. Henry (France)

08:20 **MEASURING BEHAVIORAL SYMPTOMS: ACTIGRAPHY STUDIES AND NON-LINEAR MODELS OF TEMPORAL DISTURBANCES IN MOOD DISORDERS**

G. Murray (Australia)

Brainstorming Session: MANIC TRANSITION DUE TO ANTIDEPRESSANTS: HOW FREQUENT? HOW LIKELY? NEW EVIDENCE FROM STEP-BD STUDY USING PROPENSITY SCORES

07:50 - 08:50

Aurora

Chair: Paul Vöhringer (Chile)

07:50 **GENETICS OF MANIC TRANSITION DUE TO ANTIDEPRESSANTS**

R.H. Perlis (USA)

08:20 **A PROPENSITY SCORE**

P.A. Vöhringer (Chile)

Break: SHORT BREAK

08:50 - 09:00

Aula

Parallel Session: ANTIBIOTICS FOR AFFECTIVE DISORDERS - FOCUS ON MINOCYCLINE

09:00 - 10:30

Aula

Chair: Olivia Dean (Australia)

09:00 **TREATMENT OF BIPOLAR DEPRESSION WITH MINOCYCLINE AND/OR ASPIRIN: AN ADAPTIVE, DOUBLE-BLIND, RANDOMIZED, PLACEBO-CONTROLLED CLINICAL TRIAL (NCT01429272)**

J.B. Savitz, T.K. Teague, B.E. Wurfel, M. Meyer, M. Macaluso, D. Drevets, W. Yates, O. Gleason, S.H. Preskorn, W.C. Drevets (USA)

09:30 **THE EFFICACY OF MINOCYCLINE AS AN ADJUNCTIVE TREATMENT FOR MAJOR DEPRESSIVE DISORDER; A DOUBLE BLIND, RANDOMISED, PLACEBO**

CONTROLLED TRIAL

Invited Speaker: Olivia Dean (Australia)

- 10:00 **WHY SHORT-TERM TREATMENT OF DEPRESSION WITH TETRACYCLINES MAY BE BENEFICIAL, WHILE LONG-TERM TREATMENTS MAY BE DETRIMENTAL.**
M. Maes (Australia)

Parallel Session: EXPERTS EXPERIENCE - A LONG WAY TO GO?

09:00 - 10:30

Auditorium

Chair: Christian Simhandl (Austria)

- 09:00 **STARTING A SELF HELP GROUP AND KEEPING IT ALIVE AND HOW A BRAINBUS HELPED REDUCE STIGMA IN THE GERMAN-SPEAKING PART OF SWITZERLAND**
M. Selo (USA)
- 09:30 **BECOMING AN EXPERT BY EXPERIENCE – A LONG HARD ROAD**
M. Kolbe (Switzerland)
- 10:00 **EXPERT BY EXPERIENCE – A CARER’S (DAUGHTER’S) STORY**
J. Ladurner (Austria)

Parallel Session: COMORBIDITY & BIPOLAR SUBTYPE INFLUENCE USE OF ANTIDEPRESSANTS IN BIPOLAR DISORDER: IN MEMORIAM LORI L ALTSHULER MD

09:00 - 10:30

Lecture

Chair: Trisha Suppes (USA)

- 09:00 **DEPRESSION AS THE MAIN ILLNESS BURDEN IN BIPOLAR DISORDER**
Kupka R.(1) (Netherlands)
- 09:30 **ANTIDEPRESSANT NON-RESPONSE AND SWITCH RISK IN BIPOLAR DEPRESSION**
M.A. Frye (USA)
- 10:00 **ANTIDEPRESSANT TREATMENT IN ACUTE AND MAINTENANCE PHASE OF BIPOLAR DEPRESSION**
S.L. McElroy (USA)

Parallel Session: INNOVATIVE BRAIN IMAGING APPROACHES TO YOUTH DEPRESSION

09:00 - 10:30

Agora 1

Chair: Christopher Davey (Australia)

- 09:00 **CORTICAL BRAIN ALTERATIONS IN MAJOR DEPRESSIVE DISORDER (MDD) FROM ADOLESCENCE TO ADULTHOOD: FINDINGS FROM THE ENIGMA-MDD WORKING GROUP**
L. Schmaal, D. Hibar, P. Thompson, D. Veltman, For the ENIGMA-MDD Working Group(3), N.C.A.A.T.N.I.G.C.K.S. 1) VU university medical center (Dept. Psychiatry (Netherlands)
- 09:30 **INFLEXIBLE FUNCTIONAL CONNECTIVITY OF BRAIN NETWORKS IN ADOLESCENT DEPRESSION**

T.C. Ho, M.D. Sacchet, C.G. Connolly, D.S. Margulies, A.N. Simmons, I.H. Gotlib, T.T. Yang (USA)

10:00 **MAPPING THE SELF IN DEPRESSION**
C.G. Davey, J. Pujol, B.J. Harrison (Australia)

Rapid Communications: RAPID COMMUNICATIONS 1

09:00 - 10:30

Aurora

09:00 **Development and Validation of A Risk Prediction Algorithm for Recurrence of Major Depression**

J. Wang (Canada)

09:15 **Is longer lithium duration associated with an elevated risk of CKD in older lithium users?**

S. Rej, N. Herrmann, K. Shulman, H. Fischer, K. Fung, Z. Harel, A. Gruneir (Canada)

09:30 **Slow identification of facial happiness in early adolescence predicts onset of depression during eight years of follow-up**

C. Vrijen, C.A. Hartman, A.J. Oldehinkel (Netherlands)

09:45 **AFFECTIVE INSTABILITY, CHILDHOOD TRAUMA AND MAJOR AFFECTIVE DISORDERS**

S. Marwaha, K. Gordon-Smith, M. Broome, P. Briley, L. Forty, A. Perry, N. Craddock, I. Jones, L. Jones (United Kingdom)

10:00 **MANIA TRIGGERED BY SLEEP LOSS: IMPLICATIONS FOR POSTPARTUM PSYCHOSIS**

K. Swaden Lewis, A. Di Florio, L. Forty, K. Gordon-Smith, L. Jones, A. Perry, N. Craddock, I. Jones (United Kingdom)

10:15 **DIFFERENCES IN THE PRESENTATION OF SYMPTOMS OF MAJOR DEPRESSIVE DISORDER ACROSS THE LIFE SPAN**

R. Schaakxs, H. Comijs, F. Lamers, A. Beekman, B. Penninx (Netherlands)

Course: HOW TO ACHIEVE PUBLISHING SUCCESS?

09:00 - 12:00

Agora 2

Chair: Allan Young (United Kingdom)

09:00 **HOW HAS PUBLISHING CHANGED AND HOW IS LIKELY TO CHANGE IN THE NEAR FUTURE? AND WHO PUBLISHES AND WHY?**

Invited Speaker: Allan Young (United Kingdom)

09:10 **WHAT JOURNAL SHOULD I PUBLISH IN? AND WHAT DOES AN IDEAL PAPER LOOK LIKE?**

Invited Speaker: Gin Malhi (Australia)

09:20 **DISCUSSION OF ABOVE TWO PRESENTATIONS**

09:40 **WHAT ARE THE COMMON PROBLEMS THAT EDITORS IDENTIFY EARLY THAT LEAD TO REJECTION OF A PAPER?**

Invited Speaker: Jair Soares (USA)

09:50 **WHAT ARE THE PROBLEMS THAT REVIEWERS IDENTIFY THAT LEAD TO REJECTION OF A PAPER?**

Invited Speaker: Paolo Brambilla (Italy)

10:00 **DISCUSSION OF ABOVE TWO PRESENTATIONS**

- 10:20 **BREAK**
- 10:35 **HOW TO RESPOND TO REVIEWERS' COMMENTS, AND CREATE A REVISION THAT WILL ENSURE SUCCESS?**
Invited Speaker: Gin Malhi (Australia)
- 10:50 **WHAT TO DO IF A PAPER IS ULTIMATELY REJECTED?**
Invited Speaker: Jair Soares (USA)
- 11:00 **DISCUSSION OF ABOVE TWO PRESENTATIONS**
- 11:20 **PANEL DISCUSSION**

Break: SHORT COFFEE BREAK

10:30 - 10:50 Aula

Keynote Lecture: KEYNOTE 3,4

10:50 - 12:10 Aula

- 10:50 **DELIVERING EFFICIENCIES IN HEALTH CARE AND PERVASIVE SYSTEMS**
S. Venkatesh (Australia)
- 11:30 **BIOMARKERS AS PREDICTORS OF ANTIDEPRESSANT RESPONSE**
Invited Speaker: Sidney Kennedy (Canada)

Industry Satellite Symposium: NOON INDUSTRY SATELLITE SYMPOSIUM
(Industry Session not included in main event CME/CPD credit)

12:15 - 13:30 Aula

Break: 12:15 - 14:15 LUNCH BREAK AND VISIT OF THE EXHIBITION

12:15 - 14:15 Aula

Women's Networking Meeting: WOMEN'S NETWORKING MEETING

12:15 - 13:25 Aurora

Industry Satellite Symposium: NOON INDUSTRY SATELLITE SYMPOSIUM
(Industry Session not included in main event CME/CPD credit)

13:30 - 14:15

Aula

Society Membership Meeting: ISBD MEMBERSHIP MEETING

13:30 - 14:15

Aurora

Parallel Session: KETAMINE IN MOOD DISORDERS

14:15 - 15:45

Aula

Chair: Allan Young (United Kingdom)

14:15 **KETAMINE, GLUTAMATE AND BRAIN IMAGING**
J. Stone, (United Kingdom)

14:45 **CLINICAL EXPERIENCE WITH KETAMINE FOR TREATMENT RESISTANT DEPRESSION**
R. McShane, H. Trueman (United Kingdom)

15:15 **INTRANASAL ESKETAMINE IN TREATMENT-RESISTANT DEPRESSION, A DOSE RESPONSE STUDY – DOUBLE BLIND AND OPEN LABEL EXTENSION DATA**
J. Singh (USA)

Parallel Session: NUTRITIONAL PSYCHIATRY: THE GUT-MICROBIOME AND DIETARY MISMATCH IN THE ETIOLOGY AND TREATMENT OF MOOD DISORDERS

14:15 - 15:45

Auditorium

Chair: Felice Jacka (Australia)

14:15 **EXPERT BY EXPERIENCE: HOW A NUTRITIONAL INTERVENTION HELPS MANAGE MY BIPOLAR DISORDER**
I. Van de Nes, E. Nederhof (Netherlands)

14:37 **DIET AND MENTAL HEALTH: A PLEA FOR A 'PALEO-DEFICIT' PERSPECTIVE**
V. Balanzá-Martínez, A.C. Logan, M.A. Katzman (Spain)

14:59 **PSYCHOBOTICS: AN EFFECTIVE DIETARY COMPONENT FOR GOOD MENTAL HEALTH**
T. Dinan (Ireland)

- 15:21 **THE ASSOCIATION BETWEEN DIETARY MISMATCH AND VULNERABILITY TO PSYCHOPATHOLOGY.**
E. Nederhof, R.J.T. Mocking, M. Nicolaou, E. Vermeulen, E. Derks, M. Snijder (Netherlands)

Parallel Session: MANAGING BIPOLAR II DISORDER: PHENOMENOLOGY, TREATMENTS, AND FUTURE DIRECTIONS

14:15 - 15:45 Lecture

- Chair: Holly Swartz (USA)
- 14:15 **BIPOLAR II IS NOT BIPOLAR I**
E. Vieta (Spain)
- 14:45 **IS BIPOLAR II RESPONSE TO TREATMENT REALLY THE SAME AS BIPOLAR I DISORDER?**
T. Suppes (USA)
- 15:15 **INTERPERSONAL AND SOCIAL RHYTHM THERAPY AS A TREATMENT FOR BIPOLAR II DEPRESSION**
H.A. Swartz, P. Rucci, M.E. Thase, M. Wallace, E. Carretta, K. Celedonia, E. Frank (USA)

Parallel Session: NEUROCHEMICAL IMAGING IN BIPOLAR DISORDER: STATE OF THE ART

14:15 - 15:45 Agora 1

- Chair: Allan Young (United Kingdom)
- 14:15 **IMAGING NEUROTRANSMITTER SYSTEMS IN BIPOLAR DISORDER: MONOAMINES AND BEYOND**
N/A (United Kingdom)
- 14:45 **MEASURING GLUTAMATERGIC SYSTEMS IN BIPOLAR DISORDER WITH MAGNETIC RESONANCE SPECTROSCOPY**
M. Taylor (United Kingdom)
- 15:15 **IMAGING LITHIUM IN THE BRAIN IN BIPOLAR DISORDER**
D. Cousins (United Kingdom)

Rapid Communications: RAPID COMMUNICATIONS 2

14:15 - 15:45 Aurora

- 14:15 **Genome-wide analysis of over 106,000 individuals identifies 9 neuroticism-associated loci**
D. Smith, V. Escott-Price, G. Davies, A. McIntosh, J. Pell, I. Deary, M. O'Donovan (United Kingdom)
- 14:30 **IN VIVO IMAGING OF OXIDATIVE STRESS AND WHITE MATTER INTEGRITY IN FRONTO-LIMBIC STRUCTURAL CONNECTIVITY IN YOUNG ADULTS WITH MAJOR DEPRESSION AND BIPOLAR DISORDER**
D. Hermens, S. Hatton, R.S. Lee, E.M. Scott, J. Lagopoulos, I.B. Hickie (Australia)

- 14:45 **SUPRAGENUAL ANTERIOR CINGULATE LACTATE AND GLUTATHIONE LEVELS IN EUTHYMIC BIPOLAR I DISORDER: 1H-MRS STUDY**
M. Soeiro-de-Souza, R. Moreno, D. Moreno, B. Pastorello, A. Henning, M.C. Otaduy (Brazil)
- 15:00 **Cortisol levels in fingernails and neurocognitive performance in euthymic bipolar I patients and healthy controls**
A. Herane Vives, V. De Angel, E. Cheung, S. King, S. Fischer, R. Halari, C.K. Chang, A. Papadopoulos, A. Cleare, A.H. Young (United Kingdom)
- 15:15 **INDIVIDUAL PREDICTION OF RISK IN ADOLESCENT OFFSPRING OF PARENTS WITH BIPOLAR DISORDER AND SCHIZOPHRENIA USING MACHINE LEARNING IN MRI BRAIN SCANS**
H. Schnack, N. Van Haren, M. Hillegers, R. Kahn (Netherlands)
- 15:30 **Blame rebalance fMRI feedback proof-of-concept trial in major depressive disorder**
R. Zahn, J. Weingartner, R. Basilio, P. Bado, P. Mattos, J. Sato, R. De Oliveira-Souza, L.F. Fontenelle, J. Moll (United Kingdom)

Break: SHORT TEA BREAK

15:45 - 16:00

Aula

Parallel Session: CONTEMPORARY CHALLENGES IN THE MANAGEMENT OF BIPOLAR DISORDER

16:00 - 17:30

Aula

- Chair: Lakshmi Yatham (Canada)
- 16:00 **ATYPICAL ANTIPSYCHOTIC ADJUNCTIVE THERAPY FOR MAINTENANCE TREATMENT: HOW LONG?**
L.N. Yatham (Canada)
- 16:30 **LITHIUM OR ATYPICAL ANTIPSYCHOTIC FOR MAINTENANCE TREATMENT AFTER FIRST EPISODE MANIA?**
M. Berk, R. Daglas, O. Dandash, M. Yücel, L. Henry, K. Hallam, C. Macneil, M. Hasty, C. Pantelis, B. Murphy, L. Kader, S. Damodaran, M.T. Wong, P. Conus, P.D. McGorry, S.M. Cotton (Australia)
- 17:00 **ANTIDEPRESSANT ADJUNCTIVE THERAPY FOR BIPOLAR DEPRESSION: EVIDENCE VS EXPERT OPINION**
E. Vieta (Spain)

Parallel Session: BIPOLAR DISORDER, PREGNANCY AND CHILDBIRTH – LIVING WITH UNCERTAINTY

16:00 - 17:30

Auditorium

- Chair: Ian Jones (United Kingdom)
- 16:00 **BIPOLAR DISORDER PREGNANCY AND CHILDBIRTH**
Invited Speaker: Ian Jones (United Kingdom)
- 16:30 **BIPOLAR DISORDER PREGNANCY AND CHILDBIRTH**
Invited Speaker: Veerle Bergink (Netherlands)

17:00 **BIPOLAR DISORDER PREGNANCY AND CHILDBIRTH**
Invited Speaker: Clare Dolman (United Kingdom)

Parallel Session: SPECIAL TOPICS IN PEDIATRIC BIPOLAR DISORDER: AN UPDATE FROM THE ISBD PEDIATRIC BIPOLAR TASK FORCE

16:00 - 17:30 Lecture

Chair: Benjamin Goldstein (Canada)

16:00 **PEDIATRIC BIPOLAR DISORDER: META ANALYSIS OF PREVALENCE, PHENOMENOLOGY, AND EVIDENCE-BASED ASSESSMENT**
A.R. Van Meter, J. Genzlinger, G. Egerton, E.A. Youngstrom (USA)

16:30 **NEURO-IMMUNE CHANGES IN OFFSPRING OF A BIPOLAR PARENT: A FOLLOW-UP STUDY FROM ADOLESCENCE TO ADULTHOOD**
M. Hillegers, E. Mesman, G. Snijders, W. Nolen, H. Drexhage, (Netherlands)

17:00 **EARLY INTERVENTION IN BIPOLAR DISORDER: EFFECTS OF A PROGRAM OF FAMILY-FOCUSED TREATMENT FOR GENETICALLY PREDISPOSED YOUTH WITH PRODROMAL SYMPTOMS**
D. Miklowitz, P. Walshaw, C. Armstrong, C. Schneck, M. Singh, A. Garrett, K. Chang (USA)

Parallel Session: NEUROINFLAMMATION IN BIPOLAR DISORDER: WHAT CAN WE SEE?

16:00 - 17:30 Agora 1

Chair: Bartholomeus C.M. (Benno) Haarman (Netherlands)

16:00 **VOLUME, METABOLITES AND NEUROINFLAMMATION OF THE HIPPOCAMPUS IN BIPOLAR DISORDER**
B.C.M. Haarman, R.F. Riemersma-Van der Lek, H. Burger, J. Doorduyn, H.A. Drexhage, W.A. Nolen (Netherlands)

16:30 **RELATIONSHIP BETWEEN NEUROTOXIC KYNURENINE METABOLITES AND HIPPOCAMPAL STRUCTURE IN BIPOLAR DISORDER**
J. Savitz, R. Dantzer, B.E. Wurfel, J. Bodurka, T.K. Teague, W.C. Drevets (USA)

17:00 **INFLAMMATORY CYTOKINES: WHITE MATTER FRACTIONAL ANISOTROPY, SEROTONIN BINDING USING POSITRON EMISSION TOMOGRAPHY, AND SEROTONIN FUNCTION USING FMRI AND SEROTONIN REUPTAKE BLOCKADE**
F. Lotrich (USA)

Parallel Session: REAL TIME ASSESSMENT OF PSYCHOPATHOLOGY AND BEHAVIOR IN BIPOLAR DISORDER USING EMENTAL HEALTH TECHNOLOGIES: SELF-ASSESSMENT AND OBJECTIVE MARKERS

16:00 - 17:30 Aurora

Chair: Lars Vedel Kessing (Denmark)

- 16:00 **MOOD INSTABILITY AND BIPOLAR DISORDER: DERIVING USEFUL BIOSIGNATURES FROM MULTIDIMENSIONAL, TIME STAMPED, STREAMED DATA**
J. Geddes, P. Harrison, C. Harmer, K. Nobre, A. Bilderbeck, K. Saunders (United Kingdom)
- 16:30 **SMARTPHONE BASED AMBULATORY ASSESSMENT OF EARLY WARNING SIGNS IN BIPOLAR DISORDER: DESIGN AND DIFFICULTIES OF A RANDOMIZED CONTROLLED TRIAL**
M. Bauer, E. Mühlbauer, U. Ebner-Priemer, E. Severus (Germany)
- 17:00 **SMARTPHONES FOR SELF-MONITORING AND OBJECTIVE ELECTRONIC BIOMARKERS OF ILLNESS ACTIVITY IN BIPOLAR DISORDER – WHAT DO WE KNOW FROM SCIENTIFIC DATA?**
L. Kessing (Denmark)

Poster Session: POSTER SESSION 1 IN THE RECEPTION/POSTER AREA

17:30 - 19:00

Poster Area

Industry Satellite Symposium: EVENING INDUSTRY SATELLITE SYMPOSIUM
(Industry Session not included in main event CME/CPD credit)

18:30 - 19:45

Aula

Friday, July 15, 2016

Brainstorming Session: E-HEALTH FOR DEPRESSION: HOW TO USE IT IN MENTAL HEALTH CARE SETTINGS?

07:50 - 08:50

Agora 1

Chair: Anneke Schaik (Netherlands)

07:50 **EVALUATION OF BLENDED COGNITIVE THERAPY AND VIDEOCONFERENCING FOR PATIENTS WITH DEPRESSION : THE MASTERMIND STUDY IN THE NETHERLANDS**
M. Mol, E. Dozeman, D.J.F. Van Schaik, P.C.D. Vis, H. Riper, J.H. Smit (Netherlands)

08:20 **THE COST-EFFECTIVENESS OF BLENDED COGNITIVE THERAPY FOR DEPRESSION, THE E-COMPARED STUDY IN THE NETHERLANDS**
L. Kemmeren, D.J.F. Van Schaik, H. Riper, J.H. Smit (Netherlands)

Brainstorming Session: HOW DO WE OVERCOME THE BARRIERS TO INTEGRATING A STAGING APPROACH INTO CLINICAL PRACTICE?

07:50 - 08:50

Aurora

Chair: Eduard Vieta (Spain)

08:50 **EXAMINING REAL AND PERCEIVED BARRIERS TO INTEGRATING A STAGING APPROACH INTO CLINICAL PRACTICE**
Z. Dodd. S.(1 (Australia)

09:20 **INTEGRATING A STAGING APPROACH INTO CLINICAL PRACTICE**
M. Rapado-Castro (Spain)

Break: SHORT BREAK

08:50 - 09:00

Aula

Parallel Session: CONTRASTING GUIDELINES FOR MAJOR DEPRESSIVE DISORDER: CANADIAN, AUSTRALIAN AND BRITISH PERSPECTIVES

09:00 - 10:30

Aula

Chair: Milev Roumen (Canada)

09:00 **CANMAT GUIDELINES IN MDD: MAKING A DIFFICULT CHOICE**
S. Kennedy (Canada)

09:30 **GUIDELINES FOR MOOD DISORDERS: THE VIEW FROM THE UK.**
A. Young (United Kingdom)

10:00 **THE RANZCP MOOD DISORDERS GUIDELINES: A SUBEQUATORIAL VIEW**
G. Malhi (Australia)

Parallel Session: PATIENT'S PERSPECTIVE ON SELF-MANAGEMENT OF DEPRESSION: WHAT WORKS?

09:00 - 10:30

Auditorium

Chair: Aart Schene (Netherlands)

09:00 **PERSONAL LEADERSHIP IN COPING WITH CHRONIC DEPRESSION.**

P. Oostelbos (Netherlands)

09:30 **HELPFUL SELF-MANAGEMENT STRATEGIES FOR DEPRESSION ACCORDING TO PATIENTS: A NATIONWIDE QUESTIONNAIRE**

R.A. Van Grieken, M.W.J. Koeter, W. Van den Brink, A.H. Schene (Netherlands)

10:00 **SELF-MANAGEMENT AND RECOVERY FROM DEPRESSIVE DISORDERS: RESEARCH FINDINGS AND SUPPORTIVE INTERVENTIONS FROM THE PERSPECTIVE OF POSITIVE AND COMMUNITY PSYCHOLOGY**

S. Coulombe, J. Houle, S. Radziszewski, P. Labelle, (Canada)

Parallel Session: CHILDBIRTH AS A TRIGGER FOR BIPOLAR DISORDERS

09:00 - 10:30

Lecture

Chair: Veerle Bergink (Netherlands)

09:00 **CHILDBIRTH AS A TRIGGER FOR BIPOLAR DISORDERS: WHAT CAN WE LEARN FROM EPIDEMIOLOGICAL POPULATION-BASED STUDIES?**

T. Munk-Olsen (Denmark)

09:30 **CHILDBIRTH AS A TRIGGER FOR BIPOLAR DISORDERS: WHAT CAN WE LEARN FROM LARGE PATIENT COHORTS?**

I. Jones (United Kingdom)

10:00 **CHILDBIRTH AS A TRIGGER FOR BIPOLAR DISORDERS: WHAT CAN WE LEARN FROM IMMUNOLOGICAL AND CLINICAL STUDIES?**

A.P. .M.C.D.O.P.G.2. Bergink V (Netherlands)

Parallel Session: ALLOSTATIC LOAD, CELLULAR DISTRESS AND TREATMENT RESPONSIVITY IN MOOD DISORDERS

09:00 - 10:30

Agora 1

Chair: Susannah Tye (USA)

09:00 **REDOX MODULATIONS IN PSYCHIATRIC ILLNESSES**

H. Kim, L.T. Young, A.C. Andreazza (Canada)

09:30 **INFLAMMATION AND MITOCHONDRIAL DYSFUNCTION IN BIPOLAR DISORDER**

F. Kapczinski (USA)

- 10:00 **METABOLIC DEFICIENCY IS A RATE LIMITING FACTOR IN ANTIDEPRESSANT AND MOOD STABILIZER TREATMENT RESPONSIVITY**
S. Tye, (USA)

Rapid Communications: RAPID COMMUNICATIONS 3

09:00 - 10:30

Aurora

- 09:00 **Kidney cancer, chronic renal insufficiency and lithium or anticonvulsants prescriptions in patients with mood disorders**
B. Etain, C. Nevoret, S. Katsahian, F. Bellivier (France)
- 09:15 **HYPOTHYROIDISM RISK COMPARED AMONG NINE COMMON BIPOLAR DISORDER THERAPIES IN A LARGE US COHORT**
C.G. Lambert, A.J. Mazurie, N.R. Lauve, N.G. Hurwitz, S.S. Young, R.L. Obenchain, N.W. Hengartner, D.J. Perkins, M. Tohen, B. Kerner (USA)
- 09:30 **STEM CELLS CIRCULATING IN PERIPHERAL BLOOD IN PATIENTS WITH BIPOLAR DISORDER: THE EFFECT OF LONG-TERM LITHIUM TREATMENT**
J. Rybakowski, E. Ferensztajn-Rochowiak, J. Kucharska-Mazur, M. Ratajczak, M. Michalak, J. Samochowiec (Poland)
- 09:45 **TOWARD EVIDENCE-BASED MEDICINE: THE USE OF BAYES FACTORS TO EVALUATE THE EFFICACY OF ANTIDEPRESSANTS**
R. Monden, A. Roest, E.J. Wagenmakers, D. Van Ravenzwaaij, R. Morey, K. Wardenaar, S. De Vos, P. De Jonge (Netherlands)
- 10:00 **Outcomes of three treatment strategies in bipolar disorder patients initiating conventional mood stabilizers and antipsychotic drugs**
M. Tournier, Neumann, E. Pambrun, A. Weill, J.P. Chaffiol, A. François, B. Bégaud, G. Maura, H. Verdoux (France)
- 10:15 **ADJUNCTIVE NUTRACEUTICALS FOR TREATMENT OF UNIPOLAR AND BIPOLAR DEPRESSION**
J. Sarris (Australia)

Break: SHORT COFFEE BREAK

10:30 - 10:50

Aula

Keynote Lecture: KEYNOTE 5,6

10:50 - 12:10

Aula

- 10:50 **MOOD DISORDER GENETICS: OVERVIEW FOR CLINICIANS**
N.*. Craddock (United Kingdom)
- 11:30 **WHAT HAVE NETWORK META-ANALYSES TAUGHT US ABOUT TREATMENT OF MOOD DISORDERS: IS IT TIME TO REVISIT THE HIERARCHY OF EVIDENCE?**
A. Cipriani (United Kingdom)

Industry Satellite Symposium: NOON INDUSTRY SATELLITE SYMPOSIUM
(Industry Session not included in main event CME/CPD credit)

12:15 - 13:30

Aula

Break: 12:15 - 14:15 LUNCH BREAK AND VISIT OF THE EXHIBITION

12:15 - 14:15

Aula

ISBD East Asian Bipolar Summit: ISBD EAST ASIAN BIPOLAR SUMMIT

12:15 - 13:25

Aurora

Industry Satellite Symposium: NOON INDUSTRY SATELLITE SYMPOSIUM
(Industry Session not included in main event CME/CPD credit)

13:30 - 14:15

Aula

Society Membership Meeting: ISAD MEMBERSHIP MEETING

13:30 - 14:15

Aurora

Parallel Session: NEW DATA ON THE EFFECTS OF LITHIUM BEYOND MOOD STABILIZATION

14:15 - 15:45

Aula

14:15 Chair: Allan Young (United Kingdom)
EFFECTS OF MICRO-DOSE LITHIUM ON NEUROBLASTOMA CELL LINES: FROM THE CELL TO CLINICAL USE
N. Kapusta, (Austria)

- 14:45 **EFFECTS OF LITHIUM, ILLNESS BURDEN AND INSULIN RESISTANCE ON THE BRAINS OF PATIENTS WITH BIPOLAR DISORDERS**
T. Hajek (Canada)
- 15:15 **LITHIUM AND RENAL AND UPPER URINARY TRACT TUMORS – RESULTS FROM A NATION-WIDE POPULATION-BASED STUDY.**
L. Vedel Kessing (Denmark)

Parallel Session: SUICIDE PREVENTION

14:15 - 15:45

Auditorium

- Chair: Ulrich Hegerl (Germany)
- 14:15 **PATIENT PERSPECTIVE ON SUICIDE AND SUICIDE PREVENTION IN THE CONTEXT OF DEPRESSION AND BARRIERS IN THE HEALTH CARE SYSTEM**
T. Müller-Rörich (Germany)
- 14:45 **LESSONS LEARNED BY LISTENING TO THE ANONYMOUS VISITORS OF THE NATIONAL DUTCH SUICIDE PREVENTION PLATFORM 113ONLINE**
J. Mokkenstorm, (Netherlands)
- 15:15 **EUROPEAN ALLIANCE AGAINST DEPRESSION: SUICIDE PREVENTION AND SELF-HELP RESOURCES IN COMMUNITY-BASED MULTI-LEVEL INTERVENTION PROGRAMMES**
U. Hegerl, EAAD consortium(2) (Germany)

Parallel Session: CROSS-NATIONAL DIFFERENCES IN BIPOLAR OFFSPRING FROM A RESEARCH AND CLINICAL PERSPECTIVE

14:15 - 15:45

Lecture

- Chair: Manon Hillegers (Netherlands)
- 14:15 **OFFSPRING OF PARENTS WITH BIPOLAR ILLNESS FROM THE US ARE MORE ILL THAN THOSE FROM THE NETHERLANDS AND GERMANY**
R.M. Post, L.L. Altshuler, R.W. Kupka, S.L. McElroy, M.A. Frye, M. Rowe, H. Grunze, T. Suppes, P.E. Keck Jr, G.S. Leverich, W.A. Nolen (USA)
- 14:45 **PSYCHOPATHOLOGY IN THE DUTCH BIPOLAR OFFSPRING STUDY AND THE PITTSBURGH BIPOLAR OFFSPRING STUDY (BIOS): SIMILARITIES AND DIFFERENCES**
E. Mesman, B.B. Birmaher, E.M. Derks, M. Vleeschouwer, M.B. Hickey, B.I. Goldstein, T. Goldstein, D. Axelson, K. Monk, R. Diller, D. Hafeman, D.J. Sakolsky, M. Vink, C.G. Reichart, M. Wals, F.C. Verhulst, W.A. Nolen, M.H.J. Hillegers (Netherlands)
- 15:15 **PSYCHIATRIC DIAGNOSES AND TREATMENTS FOR OFFSPRING OF BIPOLAR PARENTS IN AUSTRALIAN VS. USA COHORTS**
A.L. Glowinski, J.I. Nurnberger Jr., G. Roberts, M.G. McInnis, H. Wilcox, H.J. Edenberg, H. Liu, D.L. Koller, T. Foroud, N. Ghaziuddin, A. Frankland, P.B. Mitchell, The Bipolar High Risk Consortium (USA)

Parallel Session: UNRAVELING DEPRESSION MECHANISMS THROUGH GENOMICS

Chair: Nicholas Craddock (United Kingdom)

14:15 **IDENTIFYING THE GENETIC CONTRIBUTION TO DEPRESSION**

C. Lewis (United Kingdom)

14:45 **GENOMIC DISSECTION OF MAJOR DEPRESSION CLINICAL HETEROGENEITY**

Y. Milaneschi, W.J. Peyrot, F. Lamers, J. Verduijn, D.I. Boomsma, B.W.J.H. Penninx (Netherlands)

15:15 **GENE-BY-ENVIRONMENT INTERACTION IN MAJOR DEPRESSIVE DISORDER?**

W.J. Peyrot, Y. Milaneschi, N. Mullins, C.M. Lewis, D.I. Boomsma, B.W.J.H. Penninx (Netherlands)

Rapid Communications: RAPID COMMUNICATIONS 4

14:15 **COGNITIVE RESERVE IN BIPOLAR DISORDER: IS IT A RESILIENCE FACTOR?**

I. Grande, J. Sanchez-Moreno, C. Torrent, C. Bonnin, B. Sole, E. Jimenez, C. Varo, R. Tabares-Seisdedos, V. Balanza-Martinez, E. Valls, J. Ayuso-Mateos, E. Vieta, A. Martinez-Aran (Spain)

14:30 **Prediction and Modification of the Risk of Future Recurrence by Mindfulness-Based Cognitive Therapy in Patients with Major Depressive Disorder**

M. Huijbers, J.M. Sluis, S. Löcke, C.A. Figueroa, J. Spijker, P. Spinhoven, A.M. Speckens, H.G. Ruhé (Netherlands)

14:45 **FEASIBILITY AND ACCEPTABILITY OF WEB-BASED ENHANCED RELAPSE PREVENTION FOR BIPOLAR DISORDER (ERPONLINE)**

F. Lobban (United Kingdom)

15:00 **CHRONOTYPES AND PSYCHOLOGICAL VULNERABILITY FACTORS OF DEPRESSION IN A LARGE COHORT**

N. Antypa, W. Van der Does, B. Verkuil, M. Molendijk, B. Penninx (Netherlands)

15:15 **6-YEAR COURSE OF OBJECTIVE PHYSICAL FUNCTION IN PERSONS WITH DEPRESSIVE AND ANXIETY DISORDERS**

B. Lever-van Milligen, F. Lamers, J. Smit, B. Penninx (Netherlands)

15:30 **NEUROCOGNITIVE PERFORMANCE AS AN ENDOPHENOTYPE FOR MOOD DISORDER SUBGROUPS**

A.K. Merikangas, L. Cui, V. Flagg, M.E. Calkins, T.M. Moore, R.C. Gur, R.E. Gur, K.R. Merikangas (USA)

Break: SHORT TEA BREAK

Parallel Session: ENGAGING PATIENTS IN EHEALTH TECHNOLOGY-ENABLED CARE: A CANMAT SYMPOSIUM

- Chair: Raymond Lam (Canada)
- 16:00 **FOSTERING PATIENT ENGAGEMENT WITH ONLINE INTERVENTIONS: A MIXED-METHODS EXPLORATION**
E.E. Michalak, G. Murray (Canada)
- 16:30 **ONLINE MINDFULNESS-BASED INTERVENTION FOR LATE STAGE BIPOLAR DISORDER: OPPORTUNITIES AND CHALLENGES**
G. Murray, N. Leitan, M. Berk, N. Thomas, E.E. Michalak, L. Berk, S. Johnson, S. Jones, N. Allen, M. Kyrios (Australia)
- 17:00 **THE MOODNETWORK: A PATIENT CENTERED OUTCOMES RESEARCH INSTITUTE (PCORI) PATIENT POWERED RESEARCH NETWORK**
A.A. Nierenberg (USA)

Parallel Session: PHYSICIAN ASSISTED SUICIDE IN PSYCHIATRY; IS THERE SOMETHING TO BE LEARNED FROM THE DUTCH LAW AND PRACTICE?

- Chair: Willem Nolen (Netherlands)
- 16:00 **THE HISTORY OF THE DUTCH EUTHANASIA DEBATE RESULTING IN THE EUTHANASIA LAW (2002)**
W.A. Nolen (Netherlands)
- 16:30 **EUTHANASIA IN UNBEARABLE AND INCURABLE PSYCHIATRIC SUFFERING: AN ACT OF MERCY FOR THE PATIENT AND HIS OR HER LOVED ONES**
P. Stärcke (Netherlands)
- 17:00 **THE GERMAN DISCUSSION ON PHYSICIAN ASSISTED SUICIDE IN THE NETHERLANDS**
S. Notzon (Germany)

Parallel Session: STAGING MODELS IN UNIPOLAR DEPRESSION AND BIPOLAR DISORDER

- Chair: Michael Berk (Australia)
- 16:00 **NEUROBIOLOGICAL CORRELATES OF A CLINICAL STAGING MODEL IN YOUTH MENTAL HEALTH**
I. Hickie, D. Hermens, S. Naismith, J. Lagopoulos, R. Robbilar, E. Scott (Australia)
- 16:30 **STAGING OF MAJOR DEPRESSIVE DISORDER, ARE WE RIGHT?**
J. Verduijn, Y. Milaneschi, B.W.J.H. Penninx, A.T.F. Beekman (Netherlands)
- 17:00 **STAGING SEQUENCE IN BIPOLAR DISORDER: A LIFETIME RETROSPECTIVE STUDY**
R.W. Kupka, A. Van der Markt, U. Klumpers, W.A. Nolen, R.M. Post (Netherlands)

Parallel Session: MITOCHONDRIAL BIONERGETICS AND GENETICS IN BIPOLAR DISORDER

16:00 - 17:00

Agora 1

Chair: Flavio Kapczinski (USA)

16:00 **MITOCHONDRIAL BIOENERGETICS AND REDOX MODULATIONS IN PATIENTS WITH MITOCHONDRIAL DISEASE OR BIPOLAR DISORDER**

G. Scola, A.C. Andreazza (Canada)

16:30 **NEUROBIOLOGY OF BIPOLAR DISORDER: MITOCHONDRIAL HYPOTHESIS AND BEYOND.**

T. Kato (Japan)

17:00 **INTERACTION BETWEEN MITOCHONDRIAL AND NUCLEAR SNPS MODIFY RISK OF BIPOLAR DISORDER**

E. Ryu, M. Frye, J. Biernacka (USA)

Samuel Gershon Award Presentation: SAMUEL GERSHON AWARD PRESENTATIONS

16:00 - 17:30

Aurora

16:00 **A DIFFUSION TENSOR IMAGING TRACTOGRAPHY STUDY IN BIPOLAR DISORDER PATIENTS COMPARED TO FIRST DEGREE RELATIVES AND HEALTHY CONTROLS**

A. Mahapatra, S.K. Khandelwal, P. Sharan, A. Garg, N.K. Mishra (India)

16:22 **EXPONENTIAL STATE TRANSITION DYNAMICS IN THE REST-ACTIVITY ARCHITECTURE OF PATIENTS WITH BIPOLAR DISORDER**

A. Ortiz, K. Bradler, L. Radu, M. Alda, B. Rusak (Canada)

16:44 **SYMPTOM DIMENSIONS AND TRAJECTORIES OF FUNCTIONING AMONG BIPOLAR YOUTH: A CLUSTER ANALYSIS**

A.T. Peters, S.M. Weinstein, A. Isaia, A. Van Meter, D.N. Henry, A.E. West (USA)

17:06 **INCREASED HIPPOCAMPAL, THALAMUS AND AMYGDALA VOLUME IN LONG-TERM LITHIUM-TREATED BIPOLAR I DISORDER PATIENTS COMPARED WITH UNMEDICATED PATIENTS AND HEALTHY SUBJECT**

C. Vargas, C. López-Jaramillo, A.M. Diaz (Colombia)

Poster Session: POSTER SESSION 2 IN THE RECEPTION/POSTER AREA

17:30 - 19:00

Poster Area

Industry Satellite Symposium: EVENING INDUSTRY SATELLITE SYMPOSIUM
(Industry Session not included in main event CME/CPD credit)

18:30 - 19:45

Aula

Saturday, July 16, 2016

Brainstorming Session: HOW TO MANAGE BIPOLAR DISORDER IN PREGNANCY AND POSTPARTUM DISORDER

08:20 - 09:20

Agora 1

Chair: Bart Geerling (Netherlands)

08:20 **PHARMACOTHERAPY FOR PREGNANT AND NURSING WOMEN WITH BIPOLAR DISORDER**

W. Bobo, A. Stevens, B. Geerling (USA)

08:50 **WEIGHING THE RISKS**

A. Stevens, W. Bobo, B. Geerling (Netherlands)

Brainstorming Session: WEIGHING THE METABOLIC AND CARDIOVASCULAR RISKS AND BENEFITS OF ANTIDEPRESSANT USE

08:20 - 09:20

Aurora

Chair: Brenda Penninx (Netherlands)

08:20 **WEIGHING THE METABOLIC AND CARDIOVASCULAR RISKS AND BENEFITS OF ANTIDEPRESSANT USE: THE EPIDEMIOLOGICAL PERSPECTIVE**

B. Penninx (Netherlands)

08:50 **WEIGHING THE METABOLIC AND CARDIOVASCULAR RISKS AND BENEFITS OF ANTIDEPRESSANT USE: THE CLINICAL PERSPECTIVE**

C. Otte (Germany)

Break: SHORT BREAK

09:20 - 09:30

Aula

Parallel Session: JUST DO IT: BEHAVIORAL AND PHYSICAL ACTIVATION IN DEPRESSIVE AND BIPOLAR DISORDERS

09:30 - 11:00

Aula

Chair: Nathalie Kelderman (Netherlands)

Chair: Henricus Ruhe (Netherlands)

09:30 **HOW CAN YOU WIN AN OLYMPIC MEDAL WHEN YOU WERE DEPRESSED**

S. Groothuis (Netherlands)

- 10:00 **SIMPLY DO IT! BEHAVIORAL ACTIVATION FOR AFFECTIVE DISORDERS**
C.L.H. Bockting, (Netherlands)
- 10:30 **BIPOLAR ACTIVITY**
G. Malhi (Australia)

Parallel Session: BIPOLAR DISORDER IN WOMEN, NEUROENDOCRINE AND IMMUNE RELATED MECHANISMS

09:30 - 11:00 Auditorium

- Chair: Aysegul Ozerdem (Turkey)
- 09:30 **ALTERATIONS IN PERIPHERAL NEUROSTEROID LEVELS AND N-METHYL-D-ASPARTATE RECEPTOR (NMDAR) ANTIBODIES DURING EUTHYMIA IN BIPOLAR DISORDER**
A. Ozerdem, K. Doyuran, G. Can, A. Ersen, E. Misir, Z. Tunca, P. Akan (Turkey)
- 10:00 **PUBERTY-SPECIFIC PRESENTATIONS OF BIPOLAR DISORDER**
J.N. Holtzman, S. Miller, F. Hooshmand, P.W. Wang, K.D. Chang, K.C. Goffin, S.J. Hill, T.A. Ketter, N.L. Rasgon (USA)
- 10:30 **IMMUNE MECHANISMS IN POSTPARTUM PSYCHOSIS**
V. Bergink, (Netherlands)

Parallel Session: PHYSICAL AND MENTAL COMORBIDITY AS A SOURCE OF HETEROGENEITY OF BIPOLAR SPECTRUM DISORDERS

09:30 - 11:00 Lecture

- Chair: Martin Preisig (Switzerland)
- 09:30 **COMORBIDITY OF MOOD DISORDER SUBTYPES AND PHYSICAL DISORDERS IN THE NIMH FAMILY STUDY OF MOOD SPECTRUM DISORDERS**
Invited Speaker: Kathleen Merikangas (USA)
- 10:00 **CARDIOVASCULAR RISK FACTORS ARE ASSOCIATED WITH HETEROGENEITY IN ADOLESCENT BIPOLAR DISORDER**
B. Goldstein, K. Merikangas, C. Blanco, J. Hatch, M. Naiberg (Canada)
- 10:30 **MENTAL AND CARDIOVASCULAR RISK FACTORS ACROSS BIPOLAR SPECTRUM DISORDERS IN ADULTS**
M. Preisig, M. Strippoli, E. Castelao, C. Vandeleur, G. Waeber, P. Vollenweider (Switzerland)

Parallel Session: FROM THE MACRO-STRUCTURE TO THE MICRO-ARCHITECTURE OF SLEEP: SEASONALITY, CIRCADIAN RHYTHMS, GENETIC AND INTRA-CELLULAR INFLUENCES ON CHRONOBIOLOGY OF BIPOLAR DISORDER

09:30 - 11:00 Agora 1

Chair: Michael Bauer (Germany)

- 09:30 **THE IMMUNOLOGICAL MODULATION OF SLEEP IN BIPOLAR DISORDER & SLEEP AS A RISK FACTOR FOR THE DEVELOPMENT OF AFFECTIVE DISORDERS**
P. Ritter (Germany)
- 10:00 **OBJECTIVE PARAMETERS OF SLEEP AND CIRCADIAN RHYTHMS: AN ACTIGRAPH AND MELATONIN STUDY IN BIPOLAR AND MAJOR DEPRESSIVE DISORDER**
B. Frey (Canada)
- 10:30 **BIPOLAR DISORDER HAS ITS SEASONS! CLINICAL AND MOLECULAR CHARACTERISTICS OF BIPOLAR DISORDER WITH SEASONAL PATTERNS.**
P.A. Geoffroy (France)

Parallel Session: ACTIVATION AS AN ESSENTIAL SYMPTOM OF MANIA: TOWARDS A RESEARCH AGENDA

09:30 - 11:00

Aurora

- Chair: Jan Scott (United Kingdom)
- 09:30 **MOTOR ACTIVITY AS AN ESSENTIAL SYMPTOM OF MANIA: A CONSENSUS-BASED CONCEPTUALISATION AND SYSTEMATIC REVIEW**
J. Scott (United Kingdom)
- 10:00 **MOTOR ACTIVATION AND SUBJECTIVE ENERGY AS CORE CONSTRUCTS IN UNIPOLAR AND BIPOLAR MOOD DISORDERS: EVIDENCE FROM CLINICAL AND TWIN STUDIES**
I. Hickie, E. Scott (Australia)
- 10:30 **NEW APPROACHES TO ACTIVATION: OBJECTIVE ASSESSMENT OF ACTIVITY IN BIPOLAR DISORDER IN CLINICAL AND COMMUNITY SAMPLES**
K.R. Merikangas (USA)

Break: COFFEE BREAK AND VISIT THE EXHIBITION

11:00 - 11:30

Aula

Keynote Lecture: ADVOCAY KEYNOTE 7,8

11:30 - 12:50

Aula

- 11:30 **SAD FACTS ABOUT THE COURSE OF DEPRESSION. A SYNOPSIS OF KEY NESDA FINDINGS**
B. Penninx (Netherlands)
- 12:10 **WHAT CAN WE LEARN FROM BIPOLAR OFFSPRING STUDIES?**
M. Hillegers (Netherlands)

Parallel Session: COGNITIVE OUTCOME IN BIPOLAR DISORDER: CURRENT STATUS AND FUTURE DIRECTIONS FOR TARGETING TREATMENT

11:30 - 12:50

Lecture

Chair: Joseph Calabrese (USA)

11:30 **NEUROCOGNITION IN BIPOLAR DISORDER: EVIDENCE FOR HETEROGENEITY AND ITS ASSOCIATED CORRELATES**

K.E. Burdick (USA)

11:56 **CAN EARLY INTERVENTION IN BIPOLAR DISORDER IMPACT COGNITIVE FUNCTIONING?**

L.N. Yatham (Canada)

12:22 **COGNITIVE REMEDIATION AND NON PHARMACOLOGICAL INTERVENTIONS IN BIPOLAR DISORDER**

E. Vieta, C. Mar Bonnín, (Spain)

Parallel Session: NEURAL MECHANISMS OF PSYCHOLOGICAL TREATMENTS

11:30 - 12:50

Agora 1

Chair: Cynthia Fu (United Kingdom)

11:30 **NEURAL CHANGES IN DEPRESSED PATIENTS DURING PSYCHODYNAMIC PSYCHOTHERAPY: AN FMRI AND EEG STUDY USING AN ATTACHMENT PARADIGM**

K. Labek, S. Taubner, H. Kessler, H. Kächele, M. Cierpka, G. Roth, R. Viviani, O. Pogarell, S. Karch (Austria)

11:56 **DEPRESSIVE STATE DEPENDENCY OF FUNCTIONAL BRAIN ACTIVATION DURING EMOTIONAL MEMORY FORMATION IN MAJOR DEPRESSIVE DISORDER: POTENTIAL IMPLICATIONS FOR TREATMENT RESPONSE MARKERS.**

H. Ai, E. Opmeer, J. Marsman, N.J.A. Van der Wee, D.J. Veltman, A. Aleman (Netherlands)

12:22 **CAN THE NEURAL CORRELATES OF COGNITIVE BEHAVIOURAL THERAPY INFORM THE MECHANISMS THERAPEUTIC RESPONSE: POTENTIAL MODERATORS, MEDIATORS AND CONTRASTS WITH PHARMACOLOGICAL THERAPIES**

C. Fu (United Kingdom)

Break: LUNCH BREAK AND VISIT THE EXHIBITION

12:50 - 13:30

Aula

Poster Session: POSTER SESSION 3 IN THE RECEPTION/POSTER AREA

13:00 - 14:30

Poster Area

Parallel Session: PATIENT SELFMANAGEMENT AND FUNCTIONAL RECOVERY IN UNIPOLAR AND BIPOLAR DISORDER

13:30 - 15:00

Aula

Chair: Ralph Kupka (Netherlands)

Chair: Netty Turkenburg (Netherlands)

13:30 **SELF-MANAGEMENT AND DIALOG: A PILOT STUDY OF AN ONLINE PERSONAL HEALTH RECORD FOR BIPOLAR DISORDER**

S.C.G.H. Van de Heuvel, D. Meije, E.J. Regeer, R. Riemersma, R.W. Kupka (Netherlands)

14:00 **FROM EXCLUSION TO ACCEPTANCE; HOW NORMAL LIFE BEATS BIPOLAR**

E. Ten Kulve (Netherlands)

14:30 **PERSONAL LEADERSHIP AND FUNCTIONAL RECOVERY**

P. Oostelbos (Netherlands)

Parallel Session: PATIENT PARTICIPATION IN RESEARCH

13:30 - 15:00

Auditorium

Chair: Henricus Ruhe (Netherlands)

Chair: Willem Nolen (Netherlands)

13:30 **INTRODUCTION: WHY PATIENTS IN RESEARCH? THE FUNDER**

Invited Speaker: Jolanda Huizer (Netherlands)

13:40 **INTRODUCTION: WHY PATIENTS IN RESEARCH? THE FUNDER**

Invited Speaker: Peter Groot (Netherlands)

13:47 **INTRODUCTION: WHY PATIENTS IN RESEARCH? THE RESEARCHER**

Invited Speaker: Aart Schene (Netherlands)

13:54 **QUESTION 1. TOPICS FOR RESEARCH IN UNIPOLAR DISORDER**

Invited Speaker: Gabriëlle Verbeek (Netherlands)

14:01 **QUESTION 1. TOPICS FOR RESEARCH IN UNIPOLAR DISORDER**

Invited Speaker: Eva Maassen (Netherlands)

14:08 **QUESTION 1. TOPICS FOR RESEARCH. THE MQ PERSPECTIVE**

Invited Speaker: Sophie Dix (United Kingdom)

14:18 **QUESTION 2. HOW TO PARTICIPATE IN RESEARCH TRULY? A PAN-EUROPEAN PERSPECTIVE**

Invited Speaker: Erik Van der Eycken (Belgium)

14:25 **QUESTION 2. HOW TO PARTICIPATE TRULY? EXPERINECES FROM OUTSIDE PSYCHIATRY**

Invited Speaker: Anne-Floor Scholvinck (Netherlands)

14:32 **PANEL DISCUSSION. HOW CAN PATIENTS TRULY PARTICIPATE IN PSYCHIATRIC RESEARCH**

Parallel Session: ADVANCES IN THE DIAGNOSIS AND TREATMENT OF LATE-LIFE DEPRESSION

14:30 - 16:00

Lecture

Chair: Benoit Mulsant (Canada)

14:30 **AGE, AGING AND DEPRESSION: ANYTHING NEW?**

A.T.F. Beekman (Netherlands)

15:00 **ADVANCES IN THE TREATMENT OF LATE-LIFE DEPRESSION**

B.H. Mulsant (Canada)

15:30 **TREATMENT-RESISTANT DEPRESSION IN LATE LIFE: NEW RESEARCH FINDINGS**

E. Lenze (USA)

Parallel Session: THINC-IT: NEW TOOLS TO ASSESS COGNITIVE DYSFUNCTION IN MAJOR DEPRESSIVE DISORDER

14:30 - 16:00

Agora 1

Chair: Bernhard T. Baune (Australia)

14:30 **COGNITIVE DYSFUNCTION IN DEPRESSION: RELATIONSHIP TO FUNCTIONING AND SUBJECTIVE ASSESSMENT**

R.W. Lam (Canada)

15:00 **ASSESSMENT OF COGNITIVE DYSFUNCTION IN PATIENTS WITH DEPRESSION: WHICH NEUROPSYCHOLOGICAL TEST IS BEST?**

J. Harrison ()

15:30 **THINC-IT, A TABLET-BASED SCREENING TOOL FOR COGNITIVE DYSFUNCTION IN DEPRESSION**

R.S. McIntyre, (Australia)

Parallel Session: BIPOLAR DISORDER BY THE NUMBERS: META ANALYTIC SUMMARY OF THE FIELD

14:30 - 16:00

Aurora

Chair: Anna Van Meter (USA)

14:30 **META-ANALYSIS OF EPIDEMIOLOGICAL STUDIES OF ADULT BIPOLAR DISORDER**

A.L. Moreira, A.R. Van Meter, J. Genslinger, E.A. Youngstrom (Portugal)

15:00 **THE BIPOLAR PRODROME: META-ANALYSIS OF SYMPTOM PREVALENCE PRIOR TO INITIAL OR RECURRENT MOOD EPISODES**

A.R. Van Meter, E.A. Youngstrom, C.U. Correll (USA)

15:30 **BIAS IN PERIPHERAL BIOMARKERS FOR BIPOLAR DISORDER: AN UMBRELLA REVIEW OF META-ANALYSES**

A. Cravalho (Brazil)

Parallel Session: ADVOCACY PROGRAM DISCUSSION

15:00 - 16:00

Aula

Break: ADJOURN

16:00 - 16:30

Aula
