

The ²⁰¹⁶ Porto Meniscus

Preserve the future!

Porto 2016
4-6 February
Porto Palácio Congress
Porto Portugal

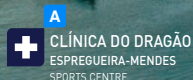
3rd
International
Meeting
2016

THE ORGANIZING COMMITTEE

João Espregueira Mendes
Philippe Beaufils
Rene Verdonk
Nicolas Pujol

Helder Pereira
Philippe Boisrenoult
Miguel Oliveira
Peter Verdonk

2nd ANNOUNCEMENT



Porto.

www.the-meniscus.org

- ALMQVIST Fredrik (BELGIUM)
- ABDELKAFY Ashraf (Egypt)
- AMIS Andrew (United Kingdom)
- ARAÚJO João Pedro (Portugal)
- BEAUFILS Philippe (France)
- BECKER Roland (Germany)
- BOISRENOULT Philippe (France)
- BROPHY Bob (USA)
- COHEN Moises (Brasil)
- CONDELLO Vincenzo (Italy)
- DE CONINCK Tineke (Belgium)
- DEJOUR David (France)
- DELLA VILLA Stephano (Italy)
- DENTI Matteo (Italy)
- DHOLLANDER Aad (Belgium)
- ENGLUND Martin (Sweden)
- ESPREGUEIRA MENDES João (Portugal)
- GOMES Sergio (Portugal)
- GOMEZ-BARRENA Enrique (Spain)
- GONCALVES Henrique (France)
- GRAVELEAU Nicolas (France)
- GUNEPIN François-Xavier (France)
- HANGODY Laszlo (Hungary)
- HANTES Michael (Greece)
- HULET Christophe (France)
- KLOS Burt (The Netherlands)
- KON Elisaveta (Italy)
- KOPF Sebastian (Germany)
- LA PRADE Robert (USA)
- LEYES Manuel (Madrid)
- LOUREIRO Nuno (Portugal)
- LUSTIG Sébastien (France)
- KARAHAN Mustafa (Turkey)
- MADRY Henning (Germany)
- MONLLAU Juan-Carlos (Spain)
- OLIVEIRA Miguel (Portugal)
- OLLIVIER Matthieu (France)
- PEREIRA Helder (Portugal)
- PIONTEK Tomasz (Poland)
- POPESCU Dragos (Spain)
- PUJOL Nicolas (France)
- REIS RUI Luis (Portugal)
- SEIL Romain (Luxemburg)
- SMIGIELSKI Robert (Poland)
- SONNERY COTTET Bertrand (France)
- SPALDING Tim (United Kingdom)
- VAN HAVER Annemieke (Belgium)
- VAN TIENEN Tony George (the Netherlands)
- VERDONK Peter (Belgium)
- VERDONK René (Belgium)
- ZAFFAGNINI Stefano (Italy)

Program

Thursday 4 February

- 8:00 Welcome, Badges, Registration
- 8:50 Opening remarks. *Ph. Beaufils, R. Verdonk*
- 9:00 Opening session. *J. Espregueira Mendes*
- 9:10 Current daily practice in meniscal surgery. *J. Espregueira Mendes*
- 9:20 Meniscal repair: biomechanics. *A. Amis*
- 9:30 Meniscal repair: out-in procedure. *A. Abdelkafy*
- 9:40 All-inside technique: new trends. *P. Verdonk*
- 9:50 Bimeniscal tears repairs. *H. Goncalves*
- 10:00 Meniscal repair: long term clinical results. *F.X. Gunepin*
- 10:10 Imaging of the repaired meniscus. *S. Gomes*
- 10:20 Meniscal repair: bad prognosis predictive factors. *D. Popescu*
- 10:30 Meniscal repair: complications. *M. Hantes*
- 10:40 Discussion
- 11:00 COFFEE BREAK**
- 11:30 Meniscal Belt: I/ Meniscomfemoral ligament: anatomy and biomechanics. *A. Amis*
- 11:40 Meniscal Belt: II/ Intermeniscal ligament: anatomy and biomechanics. *M. Ollivier*
- 11:50 **Guest lecture - Meniscal root tears: diagnosis, technique and outcomes (lateral and medial side).** *R. La Prade*
- 12:20 **Case presentation and discussion: meniscal repair, root tears.** *S. Kopf*
- 12:50 LUNCH**
- 13:50 Meniscosynovial lesions: surgical anatomy. *F.X. Gunepin*
- 14:00 **Guest lecture - Meniscosynovial lesions: surgical technique and results.** *B. Sonnery Cottet*
- 14:20 Ultrasound Imaging of the Meniscus. *B. Klos*
- 14:30 Meniscal hypermobility and popliteomeniscal fascicle tears. *R. Seil*
- 14:40 QoL after meniscal repair. *Ph. Boisrenoult*
- 14:50 Which rehab program after meniscal repair. *J. Pedro Araújo, N. Loureiro*
- 15:00 **Cross fire: Meniscectomy or repair in High level athletes. Were are we now? With cases presentation.** *J. Espregueira Mendes, M. Cohen, B. Brophy*

- 15:20 **Case presentation and discussion.** *Ph. Beaufils*
- 15:50 **COFFEE BREAK**
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- 16:20 Meniscal radial tears: repair technique and results. *S. Lustig*
- 16:30 **Guest lecture - Horizontal meniscal tears: Diagnostic, surgical treatment, results.** *N. Pujol*
- 16:50 Meniscal cysts: treatment. *Ch. Hulet*
- 17:00 Meniscal wrapping. *T. Piontek*
- 17:10 Tissue engineering for meniscal repair: growth factors and PRP. *S. Kopf*
- 17:20 Tissue engineering for meniscal repair: hydrogels and cell based therapy. *H. Pereira*
- 17:30 **Case presentation and discussion.** *H. Pereira*
- 18:50 **WELCOME RECEPTION**
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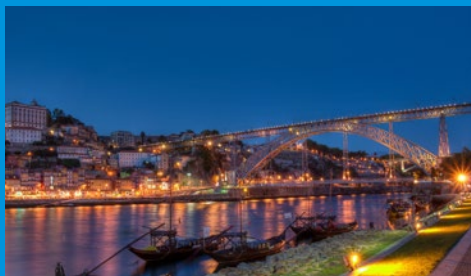


WELCOME RECEPTION

February 4 - 18:50

PORTO PALACIO HOTEL

PORTO PALÁCIO
CONGRESS HOTEL & SPA
★★★★★



Program

Friday 5 February

- 8:00 Anterior segment of lateral meniscus: a specific anatomy. *M. Ollivier*
- 8:10 Lateral Meniscal allograft transplantation: with or without bone plugs ? *J.C. Monlau*
- 8:20 Lateral Meniscal allograft transplantation: long term results. *P. Verdonk*
- 8:30 Medial Meniscal allograft transplantation: technique and results. *N. Graveleau*
- 8:40 Combined surgery associated with Meniscal allograft transplantation: HTO, cartilage repair or reconstruction. *S. Zaffagnini*
- 8:50 Meniscal allograft transplantation and cartilage coverage. *A. Dholander*
- 9:00 Meniscal scaffold: current concepts. *T. van Tienen*
- 9:10 Meniscal scaffold: Outcomes. *T. Spalding*
- 9:20 Meniscal scaffold: influence of cartilage covering. *N. Pujol*
- 9:30 Scaffolds and allografts: management of failures. *T. Spalding*
- 9:40 Nu Surface®: concepts and preliminary results. *V. Condello*
- 9:50 **Case Presentation and Discussion.** *J.C. Monlau*

10:20 COFFEE BREAK

- 10:50 Short term subsequent meniscal surgery after ACL reconstruction. *B. Brophy*
- 11:00 Meniscus and ACL: long term results after ACL reconstruction. *Ch. Hulet*
- 11:10 Postmeniscectomized knee and ACL deficiency: what to do? *H. Pereira*
- 11:20 Meniscectomy: complications and management (except chondrolysis). *S. Lustig*
- 11:30 Rapid chondrolysis after meniscectomy: update. *B. Sonnerly Cottet*
- 11:40 Meniscectomy and rehabilitation. *S. Della Villa*
- 11:50 Degenerative meniscal tears: causes, origins, consequences. *M. Englund*
- 12:00 Meniscal extrusion: current concepts. *T. de Coninck*
- 12:10 Knee morphotype and early degeneration: novel insights. *A. Van Haver*
- 12:20 Degenerative meniscal tears: treatment without osteoarthritis. *R. Becker*
- 12:30 **Round table - Which treatment for which lesion or how correctly choose between arthroscopic debridement, meniscectomy or abstension.**
Chairmen: Ph. Beaufils, R. Becker

13:00 LUNCH

- 14:10 **Guest lecture - Early OA: Cell based therapies.** *L. Reis Rui*

- 14:30 Early OA: place for PRP? *E. Kon*
14:40 Early OA: Place for Hyaluronic acid injections? *H. Madry*
14:50 Early OA: Place for Hydrogels? *M. Oliveira*
15:00 Early OA: external and internal «braces». *F. Almqvist*
15:10 Early OA: place of HTO. *M. Denti*

15:20 **Round table - Future trends in meniscus surgery.**

M. Oliveira, E. Gomez Barrena, S. Zaffagnini

Chairman: R. Verdonk

15:50 **COFFEE BREAK**

- 16:20 Microfracturing: update. *M. Karahan*
16:30 Mosaicplasty for femoral condyle lesions: indications and techniques.
J. Espregueira Mendes
16:40 Mosaicplasty for femoral condyle lesions: results. *L. Hangody*
16:50 ACI, MACI and MASI update. *A. Dhollander*
17:00 MaioRegen®: indication, results. *E. Kon*
17:10 AMIC (Chondroglide®): indication and results. *T. Piontek*
17:20 Algorithm for treatment of focal chondral lesions in young patients (OCD excluded).
H. Madry
17:30 Juvenile osteochondritis dissecans of the knee: treatment. *R. Seil*
17:40 Adult Osteochondritis dissecans of the knee: treatment. *N. Pujol*
17:50 Osteochondritis: algorithm and synthesis. *P. Beaufils*
18:00 **Case presentation and discussion.** *M. Leyes*

20:00 **CONGRESS DINNER**

CONGRESS DINNER - February 5

**VINUM Restaurant & Wine bar,
Graham's Port Lodge, Porto**



VINUM
RESTAURANT & WINE BAR

Program

Saturday 6 February

Concurrent Sessions

> 1/ THE MENISCUS : RELIVE SURGERIES

An interactive Session

- 8:50 Introduction. *Ph. Beaufils, J. Espregueira Mendes, R. Verdonk*
9:00 Anatomy of the meniscus. *P. Boisrenoult, R. Smigielski*
9:30 Capsulomeniscal lesion: treatment by posterior approach. *B. Sonnery Cottet*
10:00 Root tear. *S. Kopf*

10:30 COFFEE BREAK

- 11:00 Horizontal meniscal cleavage: medial and lateral open repair. *N. Pujol*
11:30 Meniscal transplantation. *P. Verdonk*
12:00 Meniscus scaffold implantation. *JC. Monllau*

> 2/ BASIC SCIENCE SESSION

Chairmen : *H. Pereira, M. Oliveira*

12:30 END OF CONGRESS

www.the-meniscus.org



The 2016 Porto Meniscus

GENERAL INFORMATION

VENUE: PORTO PALACIO CONGRESS

Av. Boavista, 1269
4100-130 Porto - Portugal

AIRPORT: Dr. Francisco Sá Carneiro, 11 km away from the city centre
+351 229 432 400

BY CAR (from Lisbon and Spain)

The A1 motorway, the first exit after the Arrábida Bridge (Bessa Leite), the Hotel is located on the right side of the Avenida da Boavista.

BY TRAIN

7 km from the Campanhã railway station.
Subway direct lines: A / C / E / B / F (www.metrodoporto.pt)
Stop at «Casa da Musica» Station.
10 minutes walk to the Porto Palacio Congress.



INFORMATION & REGISTRATION

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