

# COMMITTEES

VIII ANNUAL MEETING OF HIP SURGERY IN YOUNG ADULT

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- ▶ J. Sueiro
- ▶ J. Nardi
- ▶ J.L. De Gregorio
- ▶ A. Calvo

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# VIII ANNUAL MEETING OF HIP SURGERY IN YOUNG ADULT

"Current concepts in young adult hip surgery: from conservative surgery to hip arthroplasty"

Thursday 12<sup>th</sup> and Friday 13<sup>th</sup> March 2015  
Hospital Universitario Infanta Leonor (Madrid)



Hospital Universitario  
Infanta Leonor  
Comunidad de Madrid

PONENTES

- ▶ Alfredo Alonso (Spain)

▶ Agustí Bartra (Spain)

▶ Christof Berberich (Spain)

▶ Diego Collado (Spain)

▶ José Cordero (Spain)

▶ Ana Cruz Pardo (Spain)

▶ Ricardo Cuellar (Spain)

▶ Basilio de la Torre (Spain)

▶ Felipe Delgado (Spain)

▶ Jenaro Fernández-Valencia (Spain)
- ▶ Nicolás Fiz (Spain)

▶ Raúl García Bógalo (Spain)

▶ Laurent Jacquot (France)

▶ Per Kjaersgaard-Andersen (Denmark)

▶ Christian Kothny (Germany)

▶ Ricardo Larrainzar (Spain)

▶ Frederic Llordachs (Spain)

▶ Sabine Mai (Germany)

▶ Oliver Marín Peña (Spain)

▶ Claudio Mella (Chile)
- ▶ Luis Pérez-Carro (Spain)

▶ Paulo Rego (Portugal)

▶ Manel Ribas (Spain)

▶ Juan Ribera (Spain)

▶ Alberto Sánchez (Spain)

▶ Alberto Serrano (Venezuela)

▶ Rafael Sierra (USA)

▶ Jan Somers (Belgium)

▶ Alex Soriano (Spain)

▶ José Sueiro (Spain)
- ▶ Marc Tey (Spain)

▶ Félix Tomé (Spain)

▶ Raúl Torres (Spain)

▶ Manuel Villanueva (Spain)

▶ Luigi Zagra (Italy)

08:00 – 08:45

Registrations

08.45 – 09:00

Welcome – O. Marín-Peña , R. Larrainzar

09:00 – 11:10

Hip Preservation Surgery Crossfire

» 09:00 - 09:40

“Crossfire I” This is my favourite approach for FAI, Why? - **Moderator: J. Ribera**

- ▶ Mini-anterior approach - M. Ribas
- ▶ Safe surgical hip dislocation - P. Rego
- ▶ Arthroscopic approach - L. Perez-Carro
- ▶ Discussion

» 09:40 - 10:10

“Crossfire II” How should we manage hip cartilage lesions? - **Moderator: R. Cuellar**

- ▶ Microfractures alone - C. Mella
- ▶ Microfractures adding a “membrane” - M. Tey
- ▶ Infiltrations, is there a place for them? - M. Villanueva
- ▶ Discussion

» 10:10 - 10:50

“Crossfire III” Surgical treatment of symptomatic mild dysplasia - **Moderator: P. Rego**

- ▶ Hip arthroscopy is enough - R. Torres
- ▶ PAO + open the capsule at the same time - D. Collado
- ▶ PAO + delayed hip arthroscopy - C. Mella
- ▶ Discussion

10:50 – 11:00

Official Welcome by Authorities

11:00 – 11:30

Coffee break

11:30 – 12:30

Avascular necrosis of the hip - **Moderator: B. de la Torre**

- ▶ Arthroscopic management with PRP on hip avascular necrosis - N. Fiz
- ▶ Core decompression with and without concentrated cell infusion in AVN. Are there any difference? - A. Cruz
- ▶ Video technique: bone decompression and concentrated cell infiltration - R. Sierra
- ▶ Discussion and case presentation

12:30 – 13:30

Surgical Workshops (I): Hip preserving surgery/ Hip arthroplasty in young adult

13:30 – 14:30

Lunch

14:30 – 15:30

Surgical Workshops (II): Hip preserving surgery/ Hip arthroplasty in young adult

15:30 – 16:30

Surgical Workshops (III): Hip preserving surgery/ Hip arthroplasty in young adult

16:30 – 17:30

Infected THA in young adult - **Moderators: J. Cordero, R. García Bógalo**

- ▶ Prevention, last border? - M. Villanueva
- ▶ Concern about diagnosis - C. Berberich
- ▶ One stage revision surgery - M. Ribas
- ▶ Two stages revision surgery - R. Sierra
- ▶ Antibiotic management for orthopaedic surgeons - A. Soriano
- ▶ Discussion

17:30 – 17:45

Anterior approach in THA. A new fashion? - C. Kothny

17:45 – 19:30

Live Surgery (I)

“PATH approach for THA” **Dr. J. Somers”** J. Somers

**Moderator: C. Kothny**

09:00 – 11:00

“Crossfire” in THA in Young Adult

» 09:00 – 09:40

“Crossfire I” How can I get in? - **Moderator: C. Kothny**

- ▶ MAASH approach - F. Delgado
- ▶ Anterior approach with traction table - L. Jacquot
- ▶ “Bikini” anterior approach - D. Collado
- ▶ Postero-lateral approach - R. Sierra
- ▶ Discussion

» 09:40 – 10:40

“Crossfire II” Which couple bearing should I use in young adult? - **Moderator: R. Torres/J. Sueiro**

- ▶ Ceramic on ceramic - A. Cruz
- ▶ Metal on metal - M. Ribas
- ▶ Polyethylene-ceramic - R. Sierra
- ▶ Polyethylene-oxinium - J. Fernández Valencia
- ▶ E-poli - P. Kjaersgaard - Andersen
- ▶ Tribofit - S. Mai
- ▶ Discussion

» 10:40 – 11:15

“Crossfire III” Which stem is better for young adult? - **Moderator: J. Sueiro/A. Serrano**

- ▶ Short stem - C. Kothny
- ▶ Conventional uncemented stem - L. Jacquot
- ▶ Cemented stem - J. Somers
- ▶ Discussion

11:15 – 11:45

Coffee break

11:45 – 12:45

Surgical Workshops (IV): Hip preserving surgery/ Hip arthroplasty in young adult

12:45 – 14:15

Controversies in THA in Young adults - **Moderator: J. Fernández - Valencia**

- ▶ Ceramic on ceramic THA: is squaking still a concern? - L. Zagra
- ▶ Failed fixation in hip fracture and acetabular fractures. what to do now? - R. Sierra
- ▶ Sport activities after THA - O. Marin-Peña
- ▶ Navigation in THA. Does it worth? - L. Jacquot
- ▶ Why a rapid recovery program in THA - P. Kjaersgaard-Andersen
- ▶ “Fast track” in THA: the Spanish experience - A. Bartra
- ▶ Hip surgeon 2.0: social networks and communication with patients/colleagues - J. Fernández - Valencia
- ▶ Discussion

14:15 – 14:30

Closing remarks - O. Marín-Peña, R. Larrainzar

14:30 – 15:00

Farewell cocktail

