

## AOTrauma Course—Basic Principles of Fracture Management

25 Jan 2016 - 28 Jan 2016, Dublin, Ireland

### Monday, 25 Jan 2016 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:00	09:00	Other AO Skills Lab Pre-Course Meeting (Faculty only)		Discussion Rooms	60
09:00	10:00	Other Pre-course Meeting (Faculty only)		Lecture Theatre	60
<b>10:00</b>	<b>17:00</b>	Moderator for the day			<b>420</b>
10:00	10:30	Other Registration with Coffee & Sandwiches		Blue Cafe Bar	30
10:30	10:40	Lecture Introduction - AO philosophy		Lecture Theatre	10
10:40	11:00	Lecture Open fractures		Lecture Theatre	20
11:00	11:20	Lecture Soft tissue management and compartment syndrome		Lecture Theatre	20
11:20	11:40	Lecture Spectrum of stability - Achieving stability - screw technique		Lecture Theatre	20
11:40	12:00	Lecture Achieving stability - plate technique		Lecture Theatre	20
12:00	12:10	Travel time to practical			10
12:10	13:10	Workshop Practical 1: AO Skills Lab - Round 1			60
13:10	13:30	Tea, Coffee & Cake		Blue Cafe Bar	20

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### Monday, 25 Jan 2016 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
13:30	14:30	Workshop Practical 1: AO Skills Lab - Round 2			60	
14:30	14:35	Travel time to discussion rooms			5	
14:35	15:35	Discussion Discussion 1: Fracture healing and soft tissue		Discussion Rooms	60	
15:35	17:00	Workshop Practical 2: Absolute stability		Practical Room	85	

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### Tuesday, 26 Jan 2016 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
<b>08:00</b>	<b>16:40</b>	Moderator for the day			<b>520</b>
08:00	08:15	Lecture Relative stability - External fixators		Lecture Theatre	15
08:15	08:20	Travel time to practical			5
08:20	09:20	Workshop Practical 3: External fixation		Practical Room	60
09:20	09:35	Tea & Coffee		Caspian & Andaman	15
09:35	09:50	Lecture Relative stability - Intramedullary techniques		Lecture Theatre	15
09:50	09:55	Travel time to practical room			5
09:55	11:15	Workshop Practical 4: Intramedullary nailing (including distal targeting)		Practical Room	80
11:15	12:00	Lunch		Caspian & Andaman	45
12:00	13:30	Discussion Discussion 2: Diaphyseal fractures		Discussion Rooms	90
13:30	13:35	Travel time to lecture			5
13:35	13:55	Lecture Fractures of the proximal femur		Lecture Theatre	20
13:55	14:10	Tea & Coffee		Caspian & Andaman	15
14:10	15:10	Workshop Practical 5: Proximal femoral fracture		Practical Room	60

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### Tuesday, 26 Jan 2016 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
15:10	15:15	Travel time to discussion rooms			5
15:15	16:15	Discussion Patient positioning and radiation safety in surgery		Discussion Rooms	60
16:15	16:20	Travel time to lecture			5
16:20	16:40	Lecture AO Principles - What have we learnt so far?		Lecture Theatre	20

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### Wednesday, 27 Jan 2016 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
<b>08:00</b>	<b>16:00</b>	Moderator for the day			<b>480</b>
08:00	09:10	Workshop Practical 6: Locking plates inc Elephant screw model		Pracitcal Room	70
09:10	09:25	Tea & Coffee		Caspian & Andaman	15
09:25	10:15	Workshop Practical 7: Tension Band Wiring		Pracitcal Room	50
10:15	10:20	Travel time to lecture			5
10:20	10:40	Lecture Fractures of the wrist		Lecture Theatre	20
10:40	11:00	Lecture Fractures of the forearm		Lecture Theatre	20
11:00	11:30	Lecture Pre-operative planning and interactive session		Lecture Theatre	30
11:30	12:15	Lunch		Caspain & Andaman	45
12:15	12:45	Workshop Practical 8: Planning of the radius and ulna		Practical Room	30
12:45	13:45	Workshop Practical 8: Radius and ulna		Practical Room	60
13:45	14:00	Tea & Coffee		Caspian & Andaman	15
14:00	15:30	Discussion Discussion 3: Articular fractures		Discussion Rooms	90
15:30	15:35	Travel time to lecture			5

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### Wednesday, 27 Jan 2016 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
15:35	16:00	Lecture Fractures of the ankle		Lecture Theatre	25

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Thursday, 28 Jan 2016 (Day 4)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
<b>08:00</b>	<b>14:50</b>	Moderator for the day			<b>410</b>
08:00	08:25	Workshop Practical 9: Planning of ankle fractures		Practical Room	25
08:25	09:25	Workshop Practical 9: Type C ankle fractures		Practical Room	60
09:25	09:40	Tea & Coffee		Caspian & Andaman	15
09:40	10:10	Lecture Emergency management of pelvis fractures and pelvic binder demo		Lecture Theatre	30
10:10	10:40	Lecture Polytrauma		Lecture Theatre	30
10:40	11:00	Lecture Damage control orthopaedics		Lecture Theatre	20
11:00	11:40	Lunch		Caspian & Andaman	40
11:40	12:55	Workshop Practical 10: DCO ex-fixes		Practical Room	75
12:55	13:00	Travel time to lecture			5
13:00	13:45	Lecture Decision making - complications		Lecture Theatre	45
13:45	14:35	Lecture AO Principles - Application to clinical cases		Lecture Theatre	50
14:35	14:50	Closing remarks Summary and close of course		Lecture Theatre	15