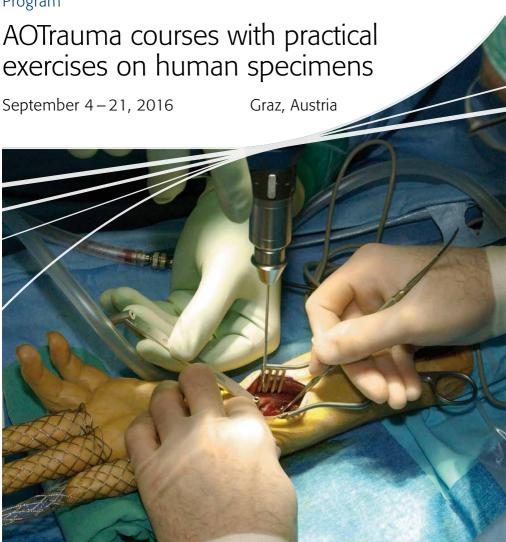


## Program



Home to Trauma & Orthopaedics

#### Value statement

AOTrauma is committed to improve patient care outcomes through the highest quality education. We strive to combine the right knowledge and surgical skills that empower the orthopaedic and trauma surgeons to put theory into practice and to improve fracture management for the benefit of the patient.

## The AO Principles of fracture management

Fracture reduction and fixation to restore anatomical relationships.



Fracture fixation providing absolute or relative stability, as required by the "personality" of the fracture, the patient and the injury.

Early and safe mobilization Preservation of the blood supply to soft tissues and bone by gentle reduction techniques a whole and careful handling.

and rehabilitation of the injured part and the patient as

The first AO Course was held in Davos in 1960 – these early courses pioneered psychomotor techniques by teaching practical skills of AO Techniques.

Since those early days over 250.000 surgeons and 135.000 ORP staff from over 110 countries have attended AO Courses — we now launch AOTrauma to move our education to the next level.

# Foreword

Since 1960 Prof. Thiel has developed his own method of embalming cadavers in Graz. The aim was to facilitate both students and doctors of medicine to find conditions on cadavers comparable to living persons. Thus an optimal possibility was created: Surgeons of different special fields are now enabled to train surgery on cadavers as an exercise before acting on patients. In addition new instruments and new methods of surgical approaches have been and can be developed.

Thiel's method of embalming was published in 1992 and 2002 in "Annals of Anatomy". Doctors and anatomists from all over the world have come to Graz in the meantime to learn his method in order to use it in their homelands for students education and in postgraduate courses for doctors.

Based on this embalming Prof. Thiel published also an atlas named "Photographic Atlas of Practical Anatomy". The first edition - translated into many languages - is out of print, the second edition has been on sale since December 2002.

The main advantage of the new embalming is that the cadavers colour, consistency and movability are preserved to a very great extent. In Addition the storable stock solution and the working solutions are bactericidal, fungicidal and virucidal.

The institute of anatomy in Graz houses approximately one thousand doctors every year, who visit the institute to attend our workshops and postgraduate courses on embalmed cadavers as a result of the special facilities given.

Friedrich Anderhuber, O.Univ.-Prof. Dr.

Value statement

The AO Principles of fracture management

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8-27 Courses (see page 7)

28 Organization

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28 Course information

28 Registration & Course fees

29 Information

29 Course venue

29 Hotel information The course is dealing with surgical approaches, anatomy and techniques of osteosynthesis.

The main interest is extended pracital exercises and handson-work on cadavers at the Institute of Anatomy by only two participants for each working station.

Beside the scientific program Graz – chosen 2003 as Europe's Culture Capital UNESCO world Heritage Site - has a lot of attractions and sightseeing.

Wolfgang Grechenig, Ao. Univ.-Prof. Dr.

## Chairmen



**Grechenig Wolfgang, Ao.Univ.-Prof. Dr.**Medical Univ. Graz, Univ. Clinic Traumatology, Graz, Austria



**Wagner Michael, Univ.-Prof. Dr.** President AOTrauma Austria, Vienna, Austria

# Faculty and Table Instructors

Anderhuber	Friedrich	o. UnivProf. Dr.	Med. Univ Graz, Institut für Anatomie, Graz
Bakota	Bore	MD	General Hospital, Karlovacs, Croatia
Berner	Arne	OA Priv. Doz. Dr.	Univ. Klinik für Unfallchirurgie, Regensburg, Germany
Berzins	Uldis	Dr.	Univ. Klinik für Unfallchirurgie, Graz
Clement	Hans G.	OA Priv. Doz. Dr.	Unfallkrankenhaus, Graz
Cretnik	Andrej	MD	University Clinical Centre, Traumatology, Maribor, Slovenia
Feigl	Georg	UnivProf. Dr.	Med. Univ Graz, Institut für Anatomie, Graz
Gänsslen	Axel	OA Dr. med.	Klinikum der Stadt Wolfsberg, Unfallchirurgie, Germany
Grass	Rene	Prof. Dr. med.	Univ. Klinikum Carl Gustav Carus, Dresden, Germany
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Ivanic	Gerd	Prim. Doz. Dr.	Privatklinik Graz-Ragnitz, Graz
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Matzi	Veronika	OÄ Priv. Doz. Dr.	Unfallkrankenhaus, Graz
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Mohajer	Azizbaig	OA Dr.	LKH Stolzalpe, Orthopädie, Murau
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Orthner	Ernst	Univ. Doz. Dr.	Fußzentrum, Wels
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Weinberg	Annelie	Prof. Dr.	Graz
Zellner	Johannes	Priv. Doz. Dr.	Univ. Klinik für Unfallchirurgie, Regensburg, Germany

## Course objectives

- to broaden the knowledge and comprehension of operative fracture treatment according to the level of education or speciality
- · to assist in decision making as to the optimal treatment modality according to the AO
- to learn about the latest developments in research and clinical investigation
- to become acquainted with new techniques and technologies as well as alternative approaches in fracture treatment
- to improve the manual skills by practicing on different bone models
- to understand the evolution of AO Philosophy and Education - what is new and what is still valid as well as the rationale behind any changes

## Target audience

- Trauma surgeons
- Orthopedic surgeons

## Course description

The topics will be taught in lectures.

The lectures are followed by practical exercises on human specimens of the Anatomical Institute.

During these dissections key steps are projected on the screens.

Each working place is limited to 2 participants.

Faculty members are there to help you.

Each participant has one side of a complete head and neck site to dissect and one side to assist.

Instruments, gloves and gowns are supplied.

## Course overview

AOTrauma Introductory Course  Principles in Operative Fracture Treatment Chairman: Grechenig	September 04, 2016	Page 8
AOTrauma Advanced Course  Approaches & Osteosynthesis  Hands-on-Course in Traumatology  Chairman: Grechenig	September 05 – 09, 2016	Page 9
AOTrauma Workshop  "Fracture Management during the Growth"  Chairperson: Weinberg	September 09, 2016	Page 14
AOTrauma Course  Pelvic Advanced  Chairmen: Gänsslen, Lindahl	September 10 – 13, 2016	Page 15
AOTrauma Course Foot & Ankle Surgery Chairman: Grechenig, Orthner	September 14 – 17, 2016	Page 19
AOTrauma Course  Hand Surgery  Chairmen: Grechenig, Kastelec	September 18–21, 2016	Page 24

# Sunday, September 04, 2016

#### AOTrauma Introductory Course

#### **WORKSHOP: Principles in operative fracture treatment**

TIME	AGENDA ITEM
09:00 - 10:00	Registration
10:00 - 10:15	Welcome
10:15 - 10:45	Standard and new screws
10:45 - 11:00	How to drill, tap, measure length,
11:00 – 12:30	Practical exercises: screws (different clinical applications)
12:30 - 13:00	Standard and new plates
13:00 – 13:45	COMMON LUNCH
13:45 - 14:00	Principles in angle stable plate fixation
14:00 – 16:00	Practical exercises: Classical principles in plate fixation (neutralisation, compression, bridging) - LCP principles, DLS - Anatomical plates (prox.humerus-Philos, distal radius two column plate)
16:00 – 16:30	COFFEE BREAK
16:30 – 16:45	Tension band
16:45 – 19:30	Practical exercises: tension band
19:30	End of day 1

# Monday, September 05, 2016

#### AOTrauma Course

#### Approaches and Osteosynthesis – Hands-on-Course in Traumatology

TIME	AGENDA ITEM
07:30 – 08:15	Registration
08:15 - 08:30	Welcome
08:30 - 08:55	Organisational comments
08:55 – 09:15	Surgical approaches shoulder
09:15 - 09:45	Practical exercises: anatomy of the shoulder
09:45 - 10:10	Practical exercises: subclavial artery
10:10 – 10:30	Practical exercises: approaches to the SC / AC joint / clavicle plating, drilling coracoid process anatomy $$
10:30 - 11:00	COFFEE BREAK
11:00 – 11:30	MIO – upper extremity
11:30 – 12:30	Practical exercises: anterior approach to the glenohumeral joint, approach subacromial space, medial approach (vessels, nerves)
12:30 – 13:30	Practical exercises: humeral shaft fracture – anterolateral approach and plating
13:30 – 14:15	COMMON LUNCH
	COMMON ECTOR!
14:15 – 14:30	Humeral shaft fracture treatment
14:15 - 14:30 14:30 - 15:00 15:00 - 15:30	Humeral shaft fracture treatment
14:30 – 15:00	Humeral shaft fracture treatment  Practical exercises: anatomy – glenohum. joint posterior
14:30 – 15:00 15:00 – 15:30	Humeral shaft fracture treatment  Practical exercises: anatomy – glenohum. joint posterior  Practical exercises: posterior approach to the glenohumeral joint
14:30 - 15:00 15:00 - 15:30 15:30 - 16:00	Humeral shaft fracture treatment  Practical exercises: anatomy – glenohum. joint posterior  Practical exercises: posterior approach to the glenohumeral joint  Practical exercises: surgical anatomy of the radial nerve
14:30 - 15:00 15:00 - 15:30 15:30 - 16:00 16:00 - 16:30	Humeral shaft fracture treatment  Practical exercises: anatomy – glenohum. joint posterior  Practical exercises: posterior approach to the glenohumeral joint  Practical exercises: surgical anatomy of the radial nerve  Practical exercises: humeral shaft fracture – dorsal approach and plating
14:30 - 15:00 15:00 - 15:30 15:30 - 16:00 16:00 - 16:30 16:30 - 17:00	Humeral shaft fracture treatment  Practical exercises: anatomy – glenohum. joint posterior  Practical exercises: posterior approach to the glenohumeral joint  Practical exercises: surgical anatomy of the radial nerve  Practical exercises: humeral shaft fracture – dorsal approach and plating  COFFEE BREAK

# Tuesday, September 06, 2016

#### AOTrauma Course

#### Approaches and Osteosynthesis – Hands-on-Course in Traumatology

TIME	AGENDA ITEM
08:15 – 09:00	Practical exercise: surgical anatomy upper extremity – muscles, nerves
09:00 – 10:00	Practical exercises: surgical approaches - elbow dorsal (olecranon osteotomy) - Boyd, - Bryan Morrey
10:00 - 10:30	Approaches elbow
10:30 - 10:45	Video: Bryan Morrey
10:45 – 11:15	BREAK
11:15 – 11:45	Forearm fracture
11:45 – 12:15	Practical exercises: anatomy
12:15 – 13:30	Practical exercises: surgical approaches - shaft of the ulna, - elbow anterior, artery - radius anterior (Henry), - radius posterior (Thompson)
13:30 – 14:30	Practical exercises: forearm shaft fracture surgical approach / plating
14:30 – 15:15	COMMON LUNCH
15:15 – 15:45	Practical exercises: approach axillar artery
15:45 – 16:00	Video: dermatofasciotomy upper extremity
16:00 – 16:15	Practical exercise: dermato fasciotomy upper extremity
16:15 – 16:30	Practical exercise: puzzle carpal bones
16:30 – 17:00	Surgical approaches to the distal radius
17:00 – 17:15	BREAK
17:15 – 17:45	Practical exercise: distal radius – surgical approach
17:45 – 18:30	Practical exercise: approaches hand
18:30 - 18:45	Video: nerves upper extremity
18:45 – 20:00	<b>Practical exercise:</b> - proximal amputation, - coniotomy, - digital thoracocentesis
20:00	End of day 3

# Wednesday, September 07, 2016

#### AOTrauma Course

#### Approaches and Osteosynthesis – Hands-on-Course in Traumatology

TIME	AGENDA ITEM
08:30 - 09:00	Approaches knee
09:00 - 09:30	Practical exercise: anatomy
09:30 - 09:55	Practical exercise: dorsal approach to the knee
09:55 - 10:10	Practical exercise: approach popliteal artery
10:10 - 10:30	Practical exercise: dorsal approach to the ankle
10:30 - 11:00	BREAK
11:00 – 11:30	Anatomy ankle
11:30 – 12:00	Practical exercises: surgical approach to the knee – anterior / medial / lateral – muscles specimens
12:00 - 12:30	Practical exercises: tibia head medial / lateral
12:30 – 13:00	Practical exercises: surgical approach to the ankle – anterior / lateral / medial
13:00 – 13:45	COMMON LUNCH
13:45 - 14:15	Principles in angle stable plate fixation
14:15 - 14:30	Practical exercise: surgical anatomy (bone puzzle)
14:30 - 15:00	Practical exercises: approaches: talus / calcaneus
15:00 – 15:15	Practical exercise: anatomy
15:15 – 15:30	Practical exercises: approach – Chopart / Lisfranc
15:30 – 15:50	BREAK
15:50 - 16:10	Practical exercises: approach femoral artery
16:10 - 16:20	Practical exercise: surgical anatomy to the foot
16:20 - 16:45	Practical exercises: special surgical exposures to the foot
16:45 – 19:15	Practical exercises: preparation anatomy foot
19:15	End of day 4

## Thursday, September 08, 2016

#### AOTrauma Course

#### Approaches and Osteosynthesis – Hands-on-Course in Traumatology

TIME	AGENDA ITEM
08:15 - 08:45	Principles of treatment: femur shaft fracture
08:45 - 08:55	Video: surgical approaches to the femur
08:55 – 09:15	Practical exercise: MIPO femur
09:15 - 09:45	Practical exercise: femur shaft fracture lateral approach and plating
09:45 - 10:15	Practical exercise: medial approach to the distal femur, Amputation
10:15 - 10:45	Exposures for intramedullary nailing
10:45 – 11:15	BREAK
11:15 – 11:25	Video: nerves lower extremity
11:25 – 12:15	Practical exercise: surgical anatomy of the nerves of lower extremity
12:15 - 12:35	Approach pelvis
12:35 – 13:30	COMMON LUNCH
13:30 - 14:00	Video: gastrocnemius / soleus muscle flap
14:00 – 17:30	WORKSHOP - Gastrocnemius / soleus muscle flap - IM-nailing – artificial bone – demonstration – lecture hall - Anatomy Tour - pelvic tamponade, approaches pelvis
17:30	End of day 5

# Friday, September 09, 2016

#### AOTrauma Course

#### Approaches and Osteosynthesis – Hands-on-Course in Traumatology

TIME	AGENDA ITEM
08:00 - 08:20	Compartmentsyndrom – lower extremity
08:20 - 08:30	Video: dermatofasciotomy lower extremity
08:30 - 09:00	Practical exercise: dermatofasciotomy in the lower extremity
09:00 - 09:10	Video: approaches tibia shaft
09:10 - 09:25	Practical exercise: MIPO tibia
09:25 - 10:15	Practical exercise: tibia shaft fracture: anterior approach and plate fixation
10:15 - 10:30	Practical exercise: peroneal nerve preparation
10:30 - 10:45	Cancellous bone graft-iliac crest
10:45 - 11:00	Practical demonstration: graft harvesting
11:00 – 11:15	BREAK
11:15 – 11:45	Approaches hip
11:45 – 12:30	Demonstration: surgical anatomy – hip / pelvis
12:30	End of day 5

# Friday, September 09, 2016

#### AOTrauma Workshop

## Fracture management during the growth

AGENDA ITEM	
Scientific Organisation: A. Weinberg, MD, Prim. Univ. Prof.	
1. Paediatric trauma: what is different to adults	
2. Biomechanics ESIN (elastic stable intramedullary nailing) and technical principles, indications, limits	
3. Operative treatment of diaphyseal fractures: femur fractures, Forearm fractures	
Hands on course ESIN – femur, tibia (plastic bone)	
4. Postoperative care and implant removal	
5. Operative treatment of metaphyseal fractures: K-wire osteosynthesis/Screw fixations	
6. Supracondylar humerus fractures: different treatment options (ESIN, Fixateur externe and k-wire osteosynthesis)	
Hands on course K-wire stabilisation: lateral condyle humerus, medial epicondyle humerus, supracondylar fracture, subcapital fracture humerus (cadaver and plastic bone)	
End of day 6	

# Saturday, September 10, 2016

## AOTrauma Course

#### **Pelvic Advanced Course**

TIME	AGENDA ITEM	
08:15 – 08:30	Welcome	
08:30 - 08:40	Organisational comments	
	PELVIS	
08:40 - 09:05	Classification	
09:05 – 09:15	Hemipelvectomy	
09:15 – 09:30	External fixateur / pelvic clamp	
09:30 - 09:50	Video : pelvic clamp	
09:50 – 12:40	Practical exercise: 1+2) external fixateur 3) hemipelvectomy 4) patient positioning / x-ray	5) pelvic packing 6) pelvic clamp
11:00 – 11:30	COFFEE BREAK	
12:40 - 12:50	SIJ / sacrum	
12:50 - 13:10	Symphysis	
13:10 - 14:15	LUNCH PROVIDED	
14:15 – 16:30	Practical exercise: 1+2) plating symphysis, ISG anterior 3) SIJ dorsal: plate ilioiliacal	4) Sacral rods 5+6) SIJ screwing percutanous
16:30 – 17:15	Pelvic ring disruptions – principles of treat	ment
17:15 – 17:45	COFFEE BREAK	
17:45 – 18:00	Intrapelvic approach	
18:00 – 18:15	Practical exercise: symphysis: approa	ch
18:15 – 18:30	Practical exercise: SIJ anterior anaton	ny
18:30 - 19:00	Practical exercise: SIJ approach	
19:00	End of day 1	

# Sunday, September 11, 2016

#### AOTrauma Course

#### **Pelvic Advanced Course**

TIME	AGENDA ITEM
08:15 - 08:30	Sacrum fracture
08:30 - 08:50	Lumbopelvic fixation
08:50 - 09:10	Principles of treatment in complex trauma
09:10 - 09:55	Practical exercise: SIJ and sacrum dorsal anatomy
09:55 - 10:40	Practical exercise: approach sacrum, screws, plate dorsal
10:40 - 11:10	COFFEE BREAK
	ACETABULUM
11:10 - 11:40	Classification
11:40 – 13:40	Practical exercises: 1) Acetabulum plate position dorsal ORIF joint specimen 2) Anatomy ileoinguinal approach 3) Lumbopelvic fixation 4) Classification pelvis 5) + 6) Classification acetabulum
13:45 - 14:15	Practical exercise: anatomy
14:15 - 14:30	Video: approach iliacal, femoral artery
14:30 - 15:00	Video: ilioinguinal approach
15:00 – 15:30	Practical exercise: ilioinguinal approach
15:30 – 15:45	COFFEE BREAK
15:45 – 16:10	Computer-assisted perc. fracture treatment
16:10 – 16:25	Acetabulum fracture: ORIF dorsal
16:25 – 16:40	Acetabulum fracture: ORIF ventral
16:40 - 17:10	Practical exercise: ORIF acetabulum
17:10	End of day 2

# Monday, September 12, 2016

## AOTrauma Course

## **Pelvic Advanced Course**

TIME	AGENDA ITEM
08:15 - 08:45	Pipkin fracture
08:45 - 09:15	Reduction technique
09:15 - 09:35	Video: approach Kocher Langenbeck
09:35 - 10:00	Practical exercise: Kocher Langenbeck
10:00 - 10:15	Practical exercise: hamstring – refixation
10:15 - 10:30	Video: vessels, nerves hip
10:30 – 12:30	Practical exercises: 1) ilioinguinal approach 2) trochanter osteotomy 4) anatomy 5) Intrapelvic approach anatomy 6) hip luxation "Ganz"
12:30 – 13:00	LUNCH PROVIDED
13:00 - 14:30	Case discussion
14:30 - 14:50	COFFEE BREAK
14:50 - 15:10	Fracture in the elderly
15:10 - 15:20	Video: anterior approach hip
15:20 - 15:45	Practical exercise: anterior approach hip
15:45 – 16:00	Fracture children
16:00 - 16:30	Hip arthroscopy
16:30 - 18:00	Discussion
18:00	End of day 3

# Tuesday, September 13, 2016

#### AOTrauma Course

#### **Pelvic Advanced Course**

TIME	AGENDA ITEM
08:30 - 08:50	Infections
08:50 - 09:15	Hip arthrodesis – indication/technologie
09:15 - 09:35	Intertrochanteric fracture
09:35 – 10:00	Periprosthetic fracture
10:00 - 10:30	COFFEE BREAK
10:30 – 14:00	Practical exercise: 1) minimal invasive approach 2) Arthroscopy hip 3) clinical Videos 4) Femur neck screwing, DHS, buttress plate, PFN, PFNA 5) hip arthrodese
14:00 - 15:00	Final meeting with all the facultys
	End of day 4

# Wednesday, September 14, 2016

## AOTrauma Course

## **Foot and Ankle Surgery**

TIME	AGENDA ITEM			
08:15 - 08:30	Welcome			
08:30 - 09:00	Achilles tendon			
09:00 - 09:15	Demonstration: percutaneous technique			
09:15 - 10:30	Practical exercises: achilles tendon, suture, reconstruction, anchor, VY plasty			
10:30 - 10:45	Practical exercises: anatomy (puzzle)			
10:45 – 11:30	Practical exercises: anatomy (tendon, vessels, nerves)			
11:30 – 12:00	COFFEE BREAK			
12:00 – 12:15	Ancle fracture classification			
12:15 - 12:45	Ancle fracture treatment			
12:45 - 13:30	Practical exercises: approaches ancle			
13:30 - 14:15	Practical exercises: osteosynthesis ancle			
14:15 – 15:00	LUNCH			
15:00 – 15:30	Pilon tibial fracture			
15:30 – 17:00	Practical exercises: ORIF / PILON (plates, hybrid fixateur)			
17:00 – 17:30	COFFEE BREAK			
17:30 – 17:50	Chronic ancle instability			
17:50 – 19:15	Practical exercises: chronic ancle instability (Retinaculum flap, Peronaeus brevis plasty)			
19:15	End of day 1			

# Thursday, September 15, 2016

#### AOTrauma Course

#### **Foot and Ankle Surgery**

TIME	AGENDA ITEM			
08:15 - 08:35	The mangled extremity			
08:35 - 09:00	Compartment syndrome lower extremity			
09:00 - 09:30	Practical exercises: MIPO Tibia distal, fibula			
09:30 - 09:45	Video: compartment syndrome. Fasciotomy			
09:45 - 10:15	Practical exercises: Fasciotomy			
10:15 - 10:30	COFFEE BREAK			
10:30 - 11:00	Talus			
11:00 – 11:15	Video: nerves lower extremity			
11:15 – 11:45	Practical exercises: anatomy talus, constructive anatomy of the talus (plastillin)			
11:45 – 12:00	Practical exercises: osteosynthesis talus			
12:00 - 12:15	Dorsal approach, distal tibia			
12:15 - 12:45	Practical exercises: dorsal approach ancle / talus			
12:45 – 13:15	LUNCH			
13:15 - 13:45	Calcaneal fractures			
13:45 - 14:00	Calcaneal fractures – percutan techniques			
14:00 - 14:10	Practical exercises: anatomy calcaneus			
14:10 - 14:20	Video: calcaneus lateral approach			
14:20 - 14:40	Practical exercises: calcaneus lateral approach			
14:40 - 15:00	Practical exercises: calcaneus medial approach			
15:00 – 16:00	Practical exercises: osteosynthesis calcaneus – artificial bone			

# Thursday, September 15, 2016

## AOTrauma Course

## **Foot and Ankle Surgery**

TIME	AGENDA ITEM
16:00 – 16:30	COFFEE BREAK
16:30 - 16:50	Chopart / Lisfranc
16:50 - 17:00	Video: Lisfranc
17:00 – 17:20	Metatarsal V fracture trent
17:20 – 19:00	Practical exercises: 1) calcaneus percutane technique, 2) osteosynthesis metatarsalia 3) metatarsale V fixation – demonstration, 4) approaches Chopart / Lisfranc
19:00	End of day 2

# Friday, September 16, 2016

## AOTrauma Course

## **Foot and Ankle Surgery**

TIME	AGENDA ITEM
08:15 - 08:45	Anatomy ancle
08:45 - 09:15	Acute and chronic syndesmosis lesions
09:15 - 09:25	Video: nerves lower extremity
09:25 - 10:15	Practical exercises: reconstruction tibia-fibula Syndesmosis
10:15 - 10:45	COFFEE BREAK
10:45 - 11:15	General principles in arthrodesis
11:15 - 11:45	Prosthesis ancle
11:45 – 12:15	Arthroscopy ancle / subtalar
12:15 - 12:30	Subtalar arthrodesis
12:30 – 14:30	Practical exercises: 1) arthrodesis ancle 2) subtalar arthrodesis 3) prosthesis
14:30 – 15:30	LUNCH
15:30 - 16:00	Fracture metatarsal phalangens
16:00 - 17:00	Case discussion
17:00 - 18:00	Practical exercises: Demo approaches
18:00 - 19:00	Workshop Arthroscopy
19:00	End of day 3

# Saturday, September 17, 2016

## AOTrauma Course

## **Foot and Ankle Surgery**

TIME	AGENDA ITEM
08:30 – 10:00	A) Clinical examination foot and ancle B) Anatomy: - vessels - nerves - biomechanics, - tendons
10:00 - 10:30	COFFEE BREAK
10:30 - 10:45	Peronaeus tendon luxation
10:45 - 11:00	Tibialis posterior transfer
11:00 – 11:15	Tibialis posterior insufficiency
11:15 – 11:30	Arthrodese Chopart / Lisfranc
11:30 – 13:00	Practical exercises: 1) peronaeus tendon luxation 2) tibialis posterior transfer 3) tibialis posterior insufficient 4) walk around anatomy 5) ultrasound achilles tendon
13:00 – 13:30	LUNCH
13:30 – 14:15	Hallux valgus trent – general principles
14:15 – 17:00	Practical exercises: forefoot 1) anatomy approaches 2) TMT1 arthrodesis 3) MTP1 arthrodesis 4) Chevron
17:00	End of day 4

# Sunday, September 18, 2016

## AOTrauma Course **Hand Surgery**

TIME	AGENDA ITEM
09:00 - 09:15	Welcome
09:15 - 09:45	Distal radius fracture trent
09:45 - 11:00	Practical exercises: distal radius fracture – plating
11:00 - 11:10	Practical exercises: surgical anatomy
11:10 - 11:40	Practical exercises: surgical approaches
11:40 - 12:00	Practical exercises: approaches metacarpals/phalangeals
12:00 – 12:30	LUNCH
12:30 – 12:45	Compartmentsyndrom upper extremity
12:45 – 14:15	Practical exercises: 1) fasciotomy 2) anatomy
14:15 - 14:40	Scaphoid fracture / non unions
14:40 - 15:00	External fixateur
15:00 – 15:30	COFFEE BREAK
15:30 – 15:50	ORIF / MC / Phalanges
15:50 – 16:05	Fracture thumb
16:05 – 16:15	Video: scaphoid percutaneous technique
16:15 – 18:30	Practical exercises: 1.) external fixateur 2.) osteosynthesis scaphoid 3.) percutaneous screw fixation 4.) ORIF / MC
18:30	End of day 1

# Monday, September 19, 2016

## AOTrauma Course **Hand Surgery**

TIME	AGENDA ITEM		
08:30 - 09:00	Forearm fracture		
09:00 - 09:30	Compressions syndromes upper extremity		
09:30 – 11:10	Practical exercises: anatomy 1) extensor apparatus, flexor tendons, carpal tunnel 2) biomechanics 3) vessels and nerves		
	Practical exercises: CTS, trigger finger, Guyon, De Quervain, UCL, approach Scaphoid, approach Bennett		
11:10 – 11:30	COFFEE BREAK		
11:30 – 12:00	Rizarthrosis – principles of trent		
12:00 - 12:30	Denervation		
12:30 – 14:00	Practical exercises: 1) denervation 2) resection arthroplasty 3) arthrodesis MCP I plasty 4) praeparation vessel / nerves 5) walk around anatomy		
14:00 – 14:45	LUNCH		
14:45 – 15:15	Wrist arthrosis – principles of trent		
15:15 – 15:45	Carpal instability		
15:45 – 16:15	Perilunate fracture trent		
16:15 – 18:30	Practical exercises: carpal bones - puzzle 1) arthrodesis wrist 2) midcarpal arthrodesis 3) proximal row carpectomy 4) dorsale capsulodesis 5) perilunate fracture trent		

# Tuesday, September 20, 2016

## AOTrauma Course **Hand Surgery**

TIME	AGENDA ITEM
08:30 - 09:00	Problems at the distal radioulnar joint
09:00 - 09:15	Ulnocarpal abutment syndrome
09:15 - 09:45	Ulna shortening / Kapandji / Darrach
09:45 – 11:15	Practical exercises: 1) Ulna shortening 2) Kapandji 3) Darrach 4) TFCC 5) PIP volar approach
11:15 – 11:45	COFFEE BREAK
11:45 – 12:15	Wrist arthroscopy
12:15 - 12:30	Video: wrist arthroscopy
12:30 – 13:40	Practical exercises: 1) wrist arthroscopy 2) ultrasound hand 3) clinical examination hand Video: extensor aponeurosis
13:45 – 14:45	Practical exercises: anatomy, snow plastic, distal refixation (Lengemann / anchor suture) arthrolysis PIP
14:45 – 15:00	COFFEE BREAK
15:00 – 15:15	Arthrodesis finger joints
15:15 – 15:45	Arthrodesis of the wrist
15:45 – 16:45	Practical exercises: arthrodesis finger joints
16:45 – 17:00	Corrective osteotomie MC/phalanges
17:00 – 18:00	Practical exercises: corrective osteotomie MC / phalanges
18:00	End of day 3

# Wednesday, September 21, 2016

## AOTrauma Course **Hand Surgery**

TIME	AGENDA ITEM
08:15 - 08:20	Organizational comments
08:20 - 08:35	Principles in hand surgery
08:35 - 08:55	Extensor tendon injuries
08:55 - 09:15	Flexor tendon injuries
09:15 - 09:30	Replantation
09:30 - 11:00	Practical exercises: 1) Extensor tendon suture/distal refixation 2) Extensor indicis plasty 3) Flexor tendon suture 4) Pulley refixation/reconstruction
11:00 – 11:20	COFFEE BREAK
11:20 - 11:40	Nerv injuries and neuroma trent
12:00 – 12:20	Burn injuries and scar management
12:20 - 12:40	Infections of the hand
12:40 - 13:00	Dupuytren's contracture
13:00 - 14:00	LUNCH
14:00 - 14:30	Local hand flaps
14:30 - 14:50	Amputation
14:50 – 18:30	Practical exercises: 1) Scar trent / Z-plasty 2) Rhomboid flaps 3) Crossfinger/reversed crossfinger flap 4) Moberg flap 5) Foucher flap 6) Distal pedicled metacarpal artery flap
18:30	End of day 4

## Organization

#### **AO Foundation**

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## Local Chair

#### Grechenig Wolfgang, Ao. Univ.-Prof. Dr.

LKH Universitätsklinikum Graz Univ. Klinik für Unfallchirurgie Auenbruggerplatz 5 A-8036 Graz

## Course information

#### **AO Course office**

Mag. (FH) Sylvia Reischl Phone +43 664 925 3869

e-Mail reischl.sylvia@ao-courses.com

## Registration & Course fees

Please register online:

AOTrauma Introductory Course http://GRAZ1609 BAS.aotrauma.org

AOTrauma Course Approaches & Osteosynthesis http://GRAZ1609\_ADV\_AS.aotrauma.org

AOTrauma Symposium Fracture Management during Growth

http://GRAZ1609\_GROWTH.aotrauma.org

AOTrauma Course Pelvic & Acetabulum http://GRAZ1609 PE AS.aotrauma.org

AOTrauma Course Foot & Ankle

http://GRAZ1609\_FA\_AS.aotrauma.org

AOTrauma Course Hand & Wrist

http://GRAZ1609 HA AS.aotrauma.org

September 4, 2016 Course Fee: € 140,-

September 5-9, 2016

Course Fee: € 1.179,-

September 9, 2016 Course Fee: € 120,-

September 10-13, 2016

Course Fee: € 820,-

September 14-17, 2016

Course Fee: € 820,-

September 18-21, 2016 Course Fee: € 820,-

#### Course fee

Covers admission, course bag, coffee breaks and lunch breaks.

#### Course account

Name of Account: "AO Kurssekretariat", Bank Austria/Creditanstalt Salzburg

IBAN: AT11 1100 0009 5161 6200

**BIC: BKAUATWW** 

Please pay in Euro before August 20, 2016 and state your name on every remittance slip. Bank charges must be paid by the participant.

After receipt of payment you will receive a confirmation of your registration.

Payment by credit card will not be accepted!

No refund for cancellations within 10 days before the event.

## Course Information

#### **Accreditation info**

An application has been made to the UEMS-EACCME® for CME accreditation of this event

#### **Evaluation guidelines**

All AOCMF courses apply the same evaluation process, either ARS (audience response system) or paper and pencil questionnaires. This will help AOCMF to ensure that we continue to meet your training needs.

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#### Security

Security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

#### No insurance

The course organization does not take out insurance to cover any individual against accidents, thefts or other risks.

#### Mobile phone use

Mobile phone use is not allowed in the lecture halls and in other rooms during educational activities. Please be considerate of others by turning off your mobile phone.

#### Transportation

Not provided for participants

#### Dress code

Casual

#### **Course language**

English









## Course venue

Anatomical Institute of the Medical University Graz 8010 Graz, Harrachgasse 21 (Entrance Goethestrasse 33)

## Hotel information

https://www.graztourismus.at/en

Hotel costs have to be paid separately and are not included in the course fee.

Notes		



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