

5TH ANNUAL ABRACADABRA

DIABETES NURSING CONFERENCE

**TACKLING THE
CHALLENGES OF
MANAGING DIABETES
IN IRELAND:**

**PRAGMATIC
SOLUTIONS
FOR
COMPLEX
SCENARIOS**

Registration for
this conference is

FREE

Friday 8 February 2013

The Osprey Hotel, Naas

Sponsored by Eli Lilly and Company (Ireland) Limited, Boehringer Ingelheim Limited and BD Medical-Diabetes Care



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TACKLING THE CHALLENGES OF MANAGING DIABETES IN IRELAND:

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The number of people with diabetes in Ireland continues to grow rapidly, putting pressure on the healthcare system and the healthcare professionals who care for them. As diabetes nurses, how do we deal with the complex issues facing people with diabetes, along with the crises that may arise?

By providing relevant and practical guidance, the 5th Annual Irish ABRACADABRA Diabetes Nursing Conference aims to tackle the challenges presented in the management of diabetes in order for you to expand your skills in this demanding environment.

Sessions will cover:

- Challenges and change.
- Management of issues in type 1 diabetes.
- Insulin management in more complex situations.

Programme planning committee

Kathleen Crerand, Diabetes Nurse Specialist PCCC, County Donegal

Rita Forde, Advanced Nurse Practitioner, Dublin

Yvonne Moloney, Clinical Midwife Specialist (Diabetes), Limerick

Helen Twamley, Clinical Nurse Specialist, Dublin

CONFIRMED SPEAKERS INCLUDE:

Dr. Sean Dinneen, Consultant Endocrinologist, Galway

Dr. Mark Hannon, Endocrinology Research Fellow and SpR, Dublin

Lisa Killarney, Diabetes Nurse Specialist, Dublin

Dr. Gerry Molloy, Lecturer in Psychology, Galway

Dr. Diarmuid Smith, Consultant Endocrinologist, Dublin

5TH IRISH ABRACADABRA AWARDS

The 5th Irish ABRACADABRA Awards will acknowledge ideas and innovations within diabetes nursing. All nurses involved in the care of people with diabetes are invited to enter.

Entrants need to describe in either 700 words or less, or in a poster format, anything they have done as part of their diabetes nursing role (without external funding) that improved or has the potential to improve the outcome and/or quality of life for people with diabetes. The intervention/project/audit can be a local success story or a larger national initiative. **Entries should be submitted by 11 January 2013.**

The judging panel will shortlist three entries, the authors of which will be invited to attend the conference as guests of Eli Lilly and Company (Ireland) Ltd, Boehringer Ingelheim Ltd, BD Medical-Diabetes Care and SB Communications Group. The first prize winner will also receive a unique ABRACADABRA Award Trophy. The award of recognition will be presented at the Naas meeting on 8 February 2013.

For more details on entry requirements please contact:
info@sbcommunicationsgroup.com or **0044 (0) 20 7627 1510**

SESSION 1: CHALLENGES AND CHANGE

09.00 – 09.15 Registration

09.15 – 09.45 Update on the National Diabetes Programme

09.45 – 10.20 Structured education in Ireland

- Irish national survey on educational programmes including DAFNE.
- Programme evaluations.
- Providing evidence to secure future funding for programmes.

**10.20 – 11.00 Tackling the problem of poor medication adherence:
Is it about motivation for meds or skills for pills?**

- An insight into the reasons for intentional non-adherence.
- Strategies and skills to promote concordance in prescribing decisions.

11.00 – 11.20 COFFEE AND POSTER REVIEW

SESSION 2: MANAGEMENT OF ISSUES IN TYPE 1 DIABETES

11.20 – 11.50 Intensive exercise in diabetes

- Balancing exercise with food intake.

11.50 – 12.30 Transitioning to adulthood services

- Challenges for patients, HCPs and parents, including age of sexual consent/contraception.

12.30 – 13.00 LUNCH

13.00 – 13.15 ABRACADABRA award presentation

SESSION 3: INSULIN MANAGEMENT IN MORE COMPLEX SITUATIONS

13.15 – 13.45 Scenario 1: Gastroparesis

- When to suspect, and how to identify it.
- Managing the extremes of blood glucose levels.

13.45 – 14.15 Scenario 2: Declining renal function

- The challenge of variable renal clearance of insulin.
- Prolonged hypoglycaemia and how to deal with it.
- Managing insulin in people with declining renal function.

14.15 – 14.30 COFFEE

14.30 – 15.00 Scenario 3: Cognitive impairment

- How to recognise cognitive impairment.
- Tools for identifying cognitive impairment e.g. mini mental score examinations (MMSEs): Should these be used in practice?
- Minimising the risks of insulin therapy in those with impaired cognitive function.

15.00 – 15.30 Scenario 4: Patients with cystic fibrosis and other respiratory diseases

- Cystic fibrosis-related diabetes.
- When to start insulin.
- The value of a continuous glucose monitoring system.

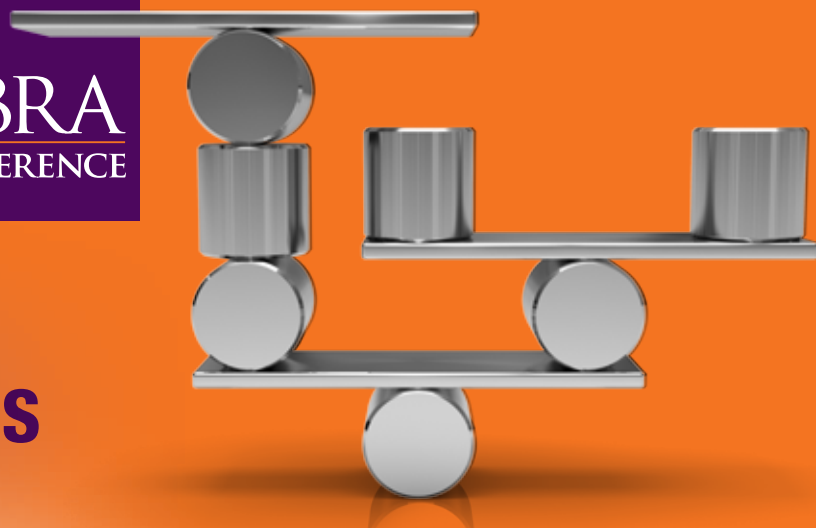
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BOOKING FORM

I would like to book a place at the 5th Irish ABRACADABRA Conference and will also require (please tick):

- ☐ **Symposium dinner** on Thursday 7 February 2013
☐ **Accommodation** for Thursday 7 February 2013

Personal details

Please fill in your name, job title and place of work as you would like them to appear on the delegate list. Please use BLOCK CAPITALS. (If you wish to book more than one place, please photocopy this form or write other names on a separate sheet.)

Title: Full name:

Post/job title:

Place of work:

Daytime telephone:

Email address*:

* Please note that confirmation will be sent by email

Correspondence address:

Postcode:

Special requests (e.g. dietary):

☐ Please tick here if you wish to be notified about the 6th Irish ABRACADABRA Diabetes Nursing Conference taking place in 2014

Terms and conditions:

This is a free event for healthcare professionals only. Places will be allocated on a first-come, first-served basis.

Completed booking forms should be posted, emailed or faxed to:

The Events Team, SB Communications Group, 1.03 Enterprise House, 1-2 Hatfields, London, SE1 9PG
Tel: 0044 (0)20 7627 1510 Fax: 0044 (0)20 7627 1570 Email: bookings@sbcommunicationsgroup.com