

AO Trauma Course-Foot and Ankle
07 April-09 April 2016, Athens, Greece

Thursday, 07 April 2016 (Day 1)

08.30-08.50	Registration
08.50-09.00	Welcome and introduction to the course
09.00-09.15	Hindfoot anatomy
09.15-09.35	Ankle fractures
09.35-09.55	Pilon fractures
09.55-10.15	"Posterior Pilon" fractures
10.15-10.30	Coffee break
10.30-11.45	Practical exercise 1- Type C Malleolar Fracture (00108)
11.45-12.05	Calcaneal fractures. Where are we today?
12.05-12.25	Fractures of the talus
12.25-12.45	Osteochondral injuries of the talus
13.00-14.15	Lunch break
14.15-15.30	Practical exercise 2- Fractures of the talus (24019)
15.30-15.50	Lisfranc injuries
15.50-16.10	Midfoot injuries
16.10-16.30	Phalangeal and metatarsal fractures

End of Day 1

Friday, 08 April 2016 (Day 2)

08.30-09.45	Practical exercise 3- Lisfranc Fracture dislocation (24017)
09.45-10.00	Acute Achilles tendon ruptures
10.00-10.20	Late Achilles tendon ruptures
10.20-10.40	Coffee break
10.40-11.50	Practical exercise 4- ORIF of intraarticular calcaneal fractures (24026)
11.50-12.10	Ankle arthritis: Treatment alternatives
12.10-12.30	Ankle fusion
12.30-12.45	Subtalar and talonavicular fusion
12.45-13.05	Triple fusion
13.05-14.20	Lunch break
14.20-15.30	Practical exercise 5- Ankle Arthrodesis (24032)
15.30-15.50	Ankle instability
15.50-16.10	Acquired flatfoot

16.10-16.30 Principles of cavovarus correction
16.30-16.50 Peroneal tendons pathology
16.50-17.05 Stress fractures of the foot and ankle

End of Day 2

Saturday, 09 April 2016 (Day 3)

08.30-08.50 Compartment syndrome of the foot
08.50-09.10 Metatarsalgia: Treatment Algorithm
09.10-09.30 Hallux valgus deformity: When and how we operate
09.30-09.50 Hallux Rigidus
09.50-10.10 Coffee break
10.10- 11.10 Case discussion (6 cases)
11.10-11.30 Rheumatoid foot: treatment options
11.30-11.50 Iatrogenic forefoot deformities: how to solve the problem?
11.50-12.30 Bring your cases
12.30 Closing remarks

End of Day 3