

**32nd OTEMATH Congress**  
**Thessaloniki, 9-11/5/13**

**Thursday 9/5/13**

**Room A**

0730-0800      Registrations

07.30 - 08.00 General Assembly on non-quorum OTEMATH repetition Friday, the 10th of May

08.00 - 10.00 Chair: F. Saiech - I. Sarris

Free announcements - Diseases and injuries of the humerus

10.00 - 11.30 Chair: J. E. Christoforidis - H. Bismpinas

Round table of shoulder injuries

I. Christoforidis J. Gigis D. Karataglis

11.30 - 12.00 Break - Coffee

12.00 - 13.00 Chair: H. Dimitriou - I. Sarris

Injuries and diseases of peripheral nerve of the upper extremities

H. Dimitriou, B. Halides, St. Papalexandris D. Arapoglou

13.00 - 14.00 Chair: Dimitrios Ch - Ch Gekas

Short lectures:

Chair: J. E. Christoforidis - I. Gigis

Suprascapular nerve syndrome

P. Papadopoulos

Subacromial impingement syndrome

D. Karataglis

wrist arthroscopy

P. Gkivisis

14.00 - 14.30 Lunch

14.30 - 16.00 Chair: A. Matiakis - A. Lucas

Roundtable physiotherapy - Principles physiotherapeutic of upper limb rehabilitation

A. Matiakis

16.00 - 17.00 Chair: Ch. Gekas - B. Assad

Roundtable wrist injuries

P. et Gkivisis

17.00 - 17.15 Break - Coffee

17.45 - 18.45 Chair: HM Kyrkos - F. Saiech

Scientific exhibits to be awarded -

Discussion of the finalists from the jury

18.45 - 19.00 Break

19.00 - 22.00 Opening Ceremony

19.00 - 19.30 Addresses

19.30 - 20.30

20.30 - 21.00 Chair: J. F. Bischiniotis

Speaking of general interest / Aiani Kozani and Upper Macedonia  
Georgia Karamitrou - Montesidi  
21.00 - 21.30 Interlude  
21.30 Welcome Reception

## **Room B**

08.00 - 10. 00 Free announcements - Diseases  
and knee and hip injuries  
10.00 - 11.30 Chair: A. Kyriakides - A. Nikolaidis  
Round Table: Primary total knee arthroplasty  
Preoperative planning-Technical  
D. Alvanos  
Ligament balancing in total knee arthroplasty  
A. Beletsiotis  
The choice of stent  
Ch Zidrou  
The harmonization of modular surfaces compared  
the polyethylene wear  
D. Metaxiotou  
11.30 - 12.00 Break - Coffee  
Chair: A. Karathanasis - H. Bismpinas  
12.00 - 12.30 Lecture: Patellofemoral pain  
St. Papastergiou  
12.30 - 13.00 Lecture: Complications of total knee arthroplasty  
A. Kyriakides  
13.00 - 14.00 Round table: Multi ligament knee injuries  
Vrangalas B., M. Savvides, P. Christodoulou, H. Bismpinas  
14.00 - 14.30 Lunch  
14.30 - 15.00 Chair: N. Hood - K. Papavasiliou  
Integrating biological ACL graft  
E. Pantazis  
15.00 - 15.30 unicompartmental knee arthroplasty  
D. Alaseirlis  
15.30 - 17.00 Chair: P. Gigis-K. Natsis  
Roundtable sports injuries  
Distracted fractures in athletes  
Lyrtzis X.  
Tendinopathy Achilles tendon in athletes  
Anastasopoulos N.  
Muscle injuries in athletes  
HOOD N.  
Tibial crest periostitis in athletes  
K. Natsis  
17.00 - 17.15 Break - Coffee  
17.15 - 18.45 Chair: G. Maliogkas - K. Cheetahs  
Orak communications - Sports injuries

## **Room C**

15.00 - 17.00  
Experts Feedback  
- difficult  
problems  
addressed in  
injuries of the upper  
extremities  
Ditsios K., I. Sarris  
17.00 - 17.15  
Break - Coffee  
17.15 - 18.45  
free  
announcements:  
diseases and  
injuries of the upper extremities

## **Friday 10/5/13**

### **Room A**

07.30 - 08.00 Registration - Registration  
07.30 - 08.00 General Assembly on non-quorum OTEMATH repetition 19.45  
08.00 - 09.00 Chair: M. Koimtzis - F. Tsivikis  
Oral communications - Orthopedic infections  
09.00 - 09.45 Chair: A. Karathanasis - D. Efthimiadis  
Lecture: Treatment of periprosthetic infection of total hip replacements  
G. Petsatodis  
09.45 - 10.15 Chair: J. St. Bischiniotis - G. Gouvas  
Speaking of general interest: "The Future of Orthopaedics and Orthopaedic  
surgeons»  
10.15 - 11.00 Chair: G. Kapetanos - I. Sarris  
Reconstructive microsurgery traumatic brachial plexus lesions  
N. Daoutis  
Lecture: Chair: Ch. Demetriou - St. Paraschou  
11.00 - 11.30 Local flaps in the treatment of osteomyelitis of the lower  
extremities  
E. Demiris  
11.30 - 12.00 Break - Coffee  
12.00 - 13.15 Round Table: Current issues total hip arthroplasty.  
Moderator: D. - A. Verettas  
Hip arthroplasty with ceramic articulating surfaces.  
It's the perfect combination?  
K. Kazakos  
The position the hip arthroplasty with metal articulating surfaces?  
G. Drossos  
Long-term results of arthroplasty using XLPE.

G. Dingas

13.15 - 14.00 Chair: D. Takis - I. Karagounis

Lecture: Complications of total knee arthroplasty

A. Kyriakides

14.00 - 14.30 Lunch

14.30 - 16.00 Chair: D. - A. Verettas - K. Kazakos

Roundtable intramedullary nailing hip fractures in the elderly

A. Hatzigiannakis

16.00 - 17.15 Chair: M. FGM - P. Liopa

Roundtable nursing - Prevention and treatment of postoperative for delirium in elderly patients undergoing orthopedic surgery for hip and knee

Liopa P., A. Migkou, M. KANO, A. Gkritzeli

17.15 - 18.00 Chair: D. - A. Verettas - K. Kazakos

Lecture: microdiscectomy for treatment of lumbar disc herniation

A. Hatzigiannakis

18.00 - 19.15 Chair: P. Nanos - I. Kyrkos

New system for Your Care to address the system of care Greece in crisis (3rd and 4th DOE)

19.15 - 20.30 General Assembly OTEMATH

20.30 Gala dinner

## **Room B**

08.00 - 09.00 Chair: N. Laliotis - D. Metaxiotou

Oral presentations in pediatric orthopedics

09.00 - 10.00 Chair: A. Eleftheropoulos - D. Hadjiemmanuil

Oral presentations in foot

10.00 - 11.30 Chair: D. - A. Verettas - G. Drossos

Considerations in the diagnosis and treatment of controversial cases in child orthopaedics

I. Kirkos, Laliotis N., N. Brand, E. Vlahos

11.30 - 12.00 Break - Coffee

11.30 - 12.00 Chair: A. Eleftheropoulos - Th Dovas

Lecture: long bone defects in lower extremities

N. Laliotis

12.00 - 12.30 Chair: D. - A. Verettas - G. Kapetanios

Lecture: Treatment of permanent deformation from the disease Legg - Calvé - Perthes

I. M. Kirkos

12.00 - 12.30 Lecture: Exploring dysplasia in hip disease

Th Beslikas

12.30 - 14.00 Chair: A. Kyriakides - D. Metaxiotou

Round Table: Complications of fractures in the developing skeleton

Moderator: D. Metaxiotou

Uniqueness in the developing skeleton

I. Anastasopoulos

Complications in fractures of the elbow region

Th Beslikas

Complications of hip fracture area  
M. Kirkos  
Complications of fractures in the knee area  
B. Goulios  
14.00 - 14.30 Lunch  
14.30 - 15.00 Chair: D. Intzes - A. Dimitriadis  
Epicondylitis of the elbow - tennis elbow  
I. Sarris  
15.00 - 16.30 Complications of fractures of long bones  
Moumtzidelis T., I. Delon, G. Vassiliadis, D. Alaseirlis  
16.30 - 17.00 Surgical treatment of acetabular fractures  
K. Papageorgiou  
17.00 - 18.00 Chair: D. Makris - G. Gkoudelis  
Roundtable: Endoscopic diagnostic  
and therapeutic exploration of the hip  
Chr. Paliompeis, A. Tzaveas, A. Papavassiliou  
18.00 - 19.00 Addressing the provincial hospital infections  
Francs, Julianna pastor, P. Liopa,  
E. Burden, E. Poravas

#### **Room C**

08.00 - 10.00 Chair: J. Pappas - B. Goulios  
Oral communications arm  
10.00 - 11.30 Chair: Ch Gekas - P. Gkivisis  
Residents Roundtable on hand injuries  
A. Dimitriadis, C. Gekas, A. Giannaraki  
11.30 - 12.00 Break - Coffee  
12.00 - 12.30 Lecture: New aspects in the treatment of fractures of the lower  
end of the radius - Indications and surgical treatment  
A. Dimitriadis  
12.30 - 13.15 Chair: H. Bismpinas - D. Karataglis  
Lecture: The reduction of the first traumatic shoulder dislocation - Method  
Perez  
Clans Saiech  
13.15 - 14.00 Chair: F. Saiech - P. Christodoulou  
13.15 - 13.40 Lecture: Knee Dislocation restoring anterior and posterior  
cruciate ligament in a year  
A. Karathanasis  
13.40 - 14.00 Lecture: Common mistakes when investigating arthroscopic  
shoulder  
H. Bismpinas  
14.00 - 14.30 Lunch  
14.30 - 15.30 Chair: A. Papavasiliou - A. Tzaveas  
Oral announcements on arthroscopic diagnostic and therapeutic  
approach to the hip.  
15.30 - 16.00 Chair: I. Beslikas - N. Laliotis  
Lecture: Postoperative infections after arthroscopic knee  
G. Constantinides

16.00 - 16.30 Chair: K. Theologian - A. Bagkala  
Quality of care in health services  
P. Liopa  
16.30 - 17.00 Chair: D. Metaxiotou - Ch Sinopidis  
Lecture: Trapping upper limb neuropathies  
G. Constantinides

**Saturday, 11/5/13**

**Room A**

08.00 - 09.00 Chair: K. Theologian - D. Alaseirlis  
Oral notices injuries and spinal disorders  
09.00 - 09.45 Chair: A. Karathanasis - D. Albanian  
Speaker: Konstantinos Natsis  
Lecture: Anatomical approach for surgery of lumbar spine  
09.45 - 10.30 Round Table: New data on the treatment of idiopathic and  
secondary scoliosis of thoracolumbar spine  
10.30 - 11.00 Chair: A. Christodoulou - P. Antonarakis  
Recent findings in the cervical disc replacement  
P. Selviaridis  
11.15 - 11.30 Break - Coffee

11.30 - 12.40 Chair: G. Kapetanios - G. Latsis  
Round Table: Osteoporosis - Myths and Facts  
Diagnostic approach to osteoporosis  
Biochemical markers of bone turnover  
Ch Zidrou  
DEXA - Imaging Methods  
A. Karponis  
Assessment of fractured risk  
M. Potoupnis  
Current treatment options - Guidelines  
. Postmenopausal osteoporosis senile  
M. Potoupnis  
Male Osteoporosis  
A. reaped  
Osteoporosis and corticosteroids  
Ch Zidrou  
12.40 - 13.00 Chair: A. reaped - Ch Zidrou  
Lecture: BMP and osteoporosis  
K. Dakis  
13.00 - 14.30 Chair: A. Kyriakides - K. Kazakos  
Lecture: Factors destabilization diatrochantirion fractures  
and ways to avoid them  
D-A Verettas  
14.30 - 15.00 Break - Coffee  
15.00 - 16.30 Chair: A. Christodoulou - P. Antonarakis  
Round Table: Soft tissue sarcomas

diagnosis, treatment, remedial policies  
Petsatodis G., E. Samoladas J. Bukovina, E. Chytiroglou  
16.30 - 17.00 Chair: E. Samoladas - I. Bukovina  
Lecture: The role of chemotherapy in the treatment of tumors of the musculoskeletal  
G. Fountzilas  
17.00-17.30 Chair: D. Albanian - N. Panos  
Oral announcements foot  
17.30 - 18.00 Chair: J. St. Bischiniotis - A. Giannaraki  
Distraction osteogenesis - 60 years later. Where we are  
I. Hatzokos  
18.00 - 18.15 Break - Coffee  
18.15 - 19.00 Chair: G. Gouvas - E. Kalivas  
Lecture: Technical conservation movement in spine surgery -  
Past, present - no future  
N. glans  
Lecture: Relationship between obesity and osteoarthritis  
A. Constantinides  
Lecture: The role of the modifying agents in the treatment of diseases of collagen in the hands of Orthopaedic  
Th Temekonidis  
19.30 - 19.45 End of Conference - Conclusions

## **Room B**

08.00 - 09.00 Chair: P. Christodoulou - A. Chatzidelios  
Oral notices injuries femur - hip  
09.00 - 10.00 Round table. Tibial plateau fractures  
A. Karanikolas  
10.00 - 11.15 Chair: K. Ditsios - A. Constantinides  
Lectures: traumatic elbow stiffness  
B. Psihoyos  
Lecture: The role of arthroscopy of the knee in patellofemoral pain  
A. Karathanasis  
Lecture: Selective use of preoperative regional anesthesia in anterior foot surgery - Prospective study verifies technique without the use of ultrasound  
B. Alexopoulos  
11.15 - 11.30 Break - Coffee  
11.30 - 12.15 Chair: P. Chantzidis - A. Karanikolas  
Lecture: Basic research ruptured rotator cuff - New data  
K. Ditsios  
12.15 - 13.00 Arthroscopy assisted reduction of tibial plateau fractures  
A. Ververidis  
13.00 - 14.30 Chair: P. Nanos - I. Kyrkos - P. Bogiatzidis  
New system for Your Care to address the system of care Greece in crisis (3rd and 4th DYPE)  
14.30 -15.00 Break - Coffee  
15.00 - 16.30 Chair: A. Kyriakides - N. glans

Round Table: Soft tissue sarcomas  
diagnosis, treatment, remedial policies  
Petsatodis G., E. Samoladas J. Bukovina, E. Chytiroglou  
16.30 - 17.15 Chair: E. Samoladas - I. Bukovina  
17.15 - 17.40 Lecture: Genetic burden of malignant tumors of the  
musculoskeletal  
K. Papavasiliou  
17.45 - 18.15 The role of chemotherapy in the treatment of tumors of the  
musculoskeletal  
G. Fountzilas  
18.00 - 19.00 Lecture: Technical edge retention in malignant tumors of the  
femur  
K. Tzanidis  
19.00 - 19.45 End of Conference - Conclusions

### **Room C**

08.00 - 10.00 Chair: B. Makris - G. Constantinides  
Oral notices orthopedic traumatology  
leg pelvis  
10.00 - 11.15 Chair: K. Papageorgiou - A. Eleftheropoulos  
Lecture: How to stay safe with minimal technical  
invasion in the forefoot surgery.  
D. Hadjiemmanuil  
Lecture: Exploring metatarsial pain  
A. Constantinides  
Lecture: Fractures of the ankle  
B. Assad  
11.15 - 11.30 Break - Coffee  
11.00 - 12.00 Round Table: Assessment of total quality service  
in Orthopaedics and Traumatology  
A. Spanos - K. Theologian  
12.00 - 13.00 Techniques and Tricks in total knee arthroplasty  
A. Nikolaidis  
13.00 - 14.00 Chair: P. Chantzidis - P. Christodoulou  
Lecture: The clinical characteristics and risk factors of  
the adjacent segment degeneration in the lumbar arthrodesis with implants  
K. Dakis  
14.30 - 15.00 Break - Coffee  
15.00 - 16.30 Chair: G. Petsatodis - A. Kyriakides - G. Gouvas  
Roundtable intramedullary nailing 424 GSNE  
16.30 - 17.00 Chair: P. Chantzidis - P. Antonarakis  
Emergency stabilization of fractures THOMSS  
B. Lykomitros  
17.00 - 18.30 Chair: Hatzokos I. - I. Bischiniotis  
Oral notices Orthopaedic Research