



## AOTrauma Masters Seminar— Proximal Femur

April 26–27, 2013 Barcelona, Spain



Home to Trauma & Orthopaedics

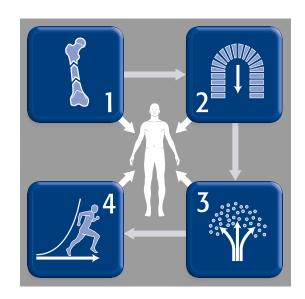
### Value statement

AOTrauma is committed to improve patient care outcomes through the highest quality education. We strive to combine the right knowledge and surgical skills that empower the orthopaedic and trauma surgeons to put theory into practice and to improve fracture management for the benefit of the patient.

## The AO principles of fracture management

Fracture reduction and fixation to restore anatomical relationships.

Early and safe mobilization and rehabilitation of the injured part and the patient as a whole.



Fracture fixation providing absolute or relative stability, as required by the "personality" of the fracture, the patient, and the injury.

Preservation of the blood supply to soft tissues and bone by gentle reduction techniques and careful handling. The first AO Course was held in Davos in 1960—these early courses pioneered psychomotor techniques by teaching practical skills of AO Techniques. Since those early days over 250,000 surgeons and 135,000 ORP staff from over 110 countries have attended AO Courses—we now launch AOTrauma to move our education to the next level.

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## Dear AOTrauma course participant,

We have the honor to welcome you to the AOTrauma Europe Regional Masters Seminar—Proximal Femur run by the AOTrauma Specialty! We hope you will enjoy your course and the entire experience.

**What is AOTrauma?** We are the "clinical division"—a community for Trauma and Orthopaedics within the AO Foundation. As an AO Specialty we aim to integrate and align applied and clinical research, education, and community development functions into one direction—AOTrauma for the benefit of our members, stakeholders, and patients.

**How AOTrauma benefits you?** By working as a single team we will focus and better leverage our resources, expertise, and skills to create and deliver new and greater value to our members.

**What does this mean in education?** AOTrauma is committed to providing you the best possible educational experience by continuously embracing and introducing new educational techniques to help you learn and more effectively implement your knowledge for the benefit of your patients.

**Why join AOTrauma?** Joining AOTrauma means you are part of the "Trauma & Orthopaedic" community within the AO. AOTrauma will help you develop lifelong friendships and relationships; we will help you access our "knowledge network" and get involved in new opportunities that advance trauma care.

Yours sincerely,



**Kodi Kojima**Chairperson AOTrauma
Education Commission



**Nikolaus Renner** Chairperson AOTrauma International Board



**Peter Brink**Chairperson AOTrauma
EU Education Committee

### Goal of the course

This seminar is aimed at the experienced surgeon who is willing to share and express his/her experiences with other participants and specialists in the field. Past experience in the field of musculoskeletal trauma is mandatory. This seminar includes open group discussions that are led by experts in the field providing an overview of current subject knowledge. Personal preferences will be expressed and treatment methods for particular problems presented and discussed.

## Course description

AOTrauma Masters Seminars teach current concepts and techniques at the highest level for experienced learners in orthopedic trauma. The latest techniques in operative fracture management dealing with the toughest orthopedic trauma problems are presented. Best evidence is presented with cases including content dedicated to open discussions. The open group discussions are led by experts in the field providing an overview of current subject knowledge. Personal preferences will be expressed and treatment methods for particular problems presented and discussed.

All participants are invited to bring cases, open or closed, for the audience discussion sessions.

## Target participants

Participants should have completed the AOTrauma Courses—Principles in Operative Fracture Management and Advances in Operative Fracture Management. Past experience in the field of musculoskeletal trauma is mandatory. Participants taking this seminar will have many years of personal experience in orthopedic trauma surgery. They should be specialists in orthopedics and traumatology with experience in treating these types of fractures and discussing various treatment solutions.

In order to make the course a valuable learning experience, English knowledge is a prerequisite.

### Course objectives

Upon completion of this course, participants will be better able to:

- Explain and direct management of fractures of the proximal femur based on patient age, fracture location and type
- Treat proximal femur fractures using the latest principles and techniques in internal fixation and arthroplasty
- Prevent, identify, and treat complications associated with fractures of the proximal femur
- Recognize and adapt treatment according to differences between fractures in elderly patients and younger adults
- Initiate and comanage patient care with those involved in the healthcare team

## Chairpersons



**Eduard Norberto Bayona** Barcelona, Spain



**Matej Cimerman** Ljubljana, Slovenia

## Faculty

| Berlusconi    | Marco        | Milan       | Italy          |
|---------------|--------------|-------------|----------------|
| Caba Doussoux | Pedro        | Madrid      | Spain          |
| Kastelec      | Matej        | Ljubljana   | Slovenia       |
| Keel          | Marius       | Bern        | Switzerland    |
| McFadyen      | lain         | Brighton    | United Kingdom |
| Schaser       | Klaus-Dieter | Berlin      | Germany        |
| Velkes        | Steven       | Petah Tikva | Israel         |
|               |              |             |                |

## Friday, April 26, 2013

| TIME        | AGENDA ITEM                   | WHO                               |
|-------------|-------------------------------|-----------------------------------|
| 13:00-14:00 | Registration and lunch        |                                   |
| 14:00-14:15 | Welcome                       | E Norberto/M Cimerman             |
| 14:15-14:45 | Applied surgical anatomy      | M Keel                            |
| Module 1    | 31-A fractures                | E Norberto                        |
| 14:45-15:00 | Stable and unstable fractures | M Berlusconi                      |
| 15:00-15:30 | Case discussion 1             | M Berlusconi                      |
| 15:30-15:45 | What is the best implant?     | M Keel                            |
| 15:45-16:30 | COFFEE BREAK                  |                                   |
| Module 2    | 31-B fractures                | M Keel                            |
| 16:30–16:45 | Treatment dilemmas            | M Cimerman                        |
| 16:45-17:45 |                               | N A . C.                          |
|             | Case discussion 2             | M Cimerman                        |
| 17:45–18:00 | Final remarks                 | M Cimerman  E Norberto/M Cimerman |
|             |                               |                                   |
|             |                               |                                   |
| 17:45–18:00 | Final remarks                 |                                   |

## Saturday, April 27, 2013

| TIME        | AGENDA ITEM                                   | WHO                                     |
|-------------|---|---|
| Module 3    | Subtrochanteric fractures                     | S Velkes                                |
| 09:00-09:15 | Nailing                                       | I McFadyen                              |
| 09:15-09:45 | Case discussion 3                             | I McFadyen                              |
| 09:45-10:00 | Plating                                       | E Norberto                              |
| 10:00-10:30 | Case discussion 4                             | E Norberto                              |
| 10:30-11:00 | COFFEE BREAK                                  |   |
| 11:00-11:15 | Why can the treatment fail?                   | M Cimerman                              |
| 11:15-11:45 | Case discussion 5–roundtable discussion       | I McFadyen/E Norberto                   |
| Module 4    | 31-C fractures                                | I McFadyen                              |
| 11:45–12:00 | Pipkin fractures—description and treatment    | KD Schaser                              |
| 12:00-13:00 | Case discussion 6-audience discussion session | I McFadyen                              |
| 13:00-14:00 | LUNCH BREAK                                   |   |
| Module 5    | Special cases                                 | M Cimerman                              |
| 14:00-14:15 | Combined fractures                            | P Caba Doussoux                         |
| 14:15-14:30 | Periprosthetic fractures                      | S Velkes                                |
| 14:30-14:45 | Proximal femoral fractures in children        | M Kastelec                              |
| 14:45-15:45 | Case discussion 7                             | P Caba Doussoux/<br>M Kastelec/S Velkes |
| 15:45-16:00 | COFFEE BREAK                                  |   |
| 16:00–16:15 | Pseudoarthrosis                               | KD Schaser                              |
| 16:15-16-30 | Infection                                     | S Velkes                                |
| 16:30-17:45 | Case discussion 8-audience discussion session | S Velkes                                |
| 17:45-18:00 | Closing remarks, distribution of certificates | E Norberto/M Cimerman                   |
| 18:00       | End of seminar                                |   |

### Course organization

#### **AOTrauma**

AOTrauma Education
Jennifer Singer-Rupp
Clavadelerstrasse 8
7270 Davos Platz, Switzerland
Phone +41 81 414 27 01
Fax +41 81 414 22 83

Email jsinger@aotrauma.org

## Course logistics

#### **Industrial Partner**

Synthes GmbH Stephanie Pavlovic Luzernstrasse 21 4528 Zuchwil, Switzerland Phone +41 32 720 42 25 Fax +41 32 720 46 89

Email pavlovic.stephanie@ao-courses.com

Website www.depuysynthes.com

### Course information

#### Course fee

AOTrauma Masters Seminar—Proximal Femur: EUR 400.00. Included in course fee are conference bag with documentation, coffee breaks, course dinner and course certificate.

#### **Accompanying persons**

A fee of EUR 100.00 will be charged, which includes coffee breaks, lunches, and the course dinner, without access to lecture and workshop rooms.

#### Registration

www.aotrauma.org/coursedirectory.aspx

#### Accreditation

AOTrauma Courses are accredited for continuing medical education (CME) programs. The number of credit points or hours varies from country to country. The final information and number of credit points will be distributed with the course certificate.

#### **Evaluation guidelines**

All AOTrauma courses apply the same evaluation process, either Audience Response System (ARS) or paper and pencil questionnaires. This will help AOTrauma to ensure that we continue to meet your training needs. In some regions, CME accreditation is dependent on the participant's evaluation results.

#### Security

Security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

#### **Intellectual property**

Course materials, presentations, and case studies are the intellectual property of the course faculty. All rights are reserved. Check hazards and legal restrictions on www.aotrauma.org/legal. Recording, photographing, or copying of lectures, practical exercises, case discussions, or any course materials is absolutely forbidden.









The AO Foundation reserves the right to film, photograph, and audio record during their events. Participants must understand that in this context they may appear in these recorded materials. The AO Foundation assumes participants agree that these recorded materials may be used for AO marketing and other purposes, and made available to the public.

#### No insurance

The course organization does not take out insurance to cover any individual against accidents, thefts or other risks.

#### Mobile phone use

Mobile phone use is not allowed in the lecture halls and in other rooms during educational activities. Please be considerate of others by turning off your mobile phone.

#### **Dress code**

Casual

#### Course language

English

## Hotel accommodation for participants

#### Hotel Barceló Atenea Mar

Paseo Garcia faria, 37-47 08019 Barcelona Spain

Tel. +34 93 531 60 76 Fax. +34 93 531 60 90

Website: http://www.barceloateneamar.com/Accommodation

#### for participants

Double room for single use: € 120.00/night

Double room: € 130.00/night

Breakfast included

Above rates are quoted per room per night and include 10% VAT. Tourism taxes of €1.21 are not included. A quota of rooms have been blocked until 25 March 2013. After this date, room reservation and room rate depend upon availability.

For reservation please use the hotel reservation form (download www.aotrauma.org) and email or fax it directly to b.manso@barcelo.com/Fax.: +34 93 531 60 90.

## Upcoming courses

| DATE                  | EVENT   | PLACE                |
|-----------------------|---|----------------------|
| 12–14 May, 2013       | AOTrauma Europe Masters Workshop with Anatomical<br>Specimens – Shoulder                        | Lucerne, Switzerland |
| 27–28 May, 2013       | AOTrauma Europe Masters Seminar – Fragility<br>Fractures and Orthogeriatrics                    | Stockholm, Sweden    |
| 04–05 July, 2013      | AOTrauma Europe Masters Seminar – Bone<br>Reconstruction  | Milan, Italy         |
| 2–3 September, 2013   | AOTrauma Europe Masters Workshop with Anatomical<br>Specimens – Foot and Ankle                  | Innsbruck, Austria   |
| 4–5 September, 2013   | AOTrauma Europe Masters Workshop with Anatomical Specimens – Knee Fractures                     | Innsbruck, Austria   |
| 17-19 September, 2013 | AOTrauma Europe Masters Workshop with Anatomical<br>Specimens – Pelvic and Acetabular Fractures | London, UK           |
| 7–8 November, 2013    | AOTrauma Europe Masters Seminar – Pediatric<br>Fracture Management                              | Birmingham, UK       |
| 17–18 January, 2014   | AOTrauma Europe Masters Seminar – Osteotomies around the Knee                                   | Lyon, France         |

## Notes



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