

**OBS-GYNE CONGRESS
27 - 29 MARCH 2016**

**Midwifery Conference
27 & 28 March 2016**

**Day One: Sunday 27 March 2016
Woman-centered care conference**

Good communication between women and healthcare professionals is essential and every opportunity is encouraged to provide each woman and her family with appropriate information and support.

High Quality Maternity Care is responsive to each individual, using a team approach, and acting without delay when complications occur; is organized to maximize efficient use of resources, with women and families feeling safe and knowing that their views are considered when making decisions about their care.

This Midwifery Congress aims to remind us of the importance of partnership and that professional knowledge and skills play an important role in providing optimal care that follows the principles of effective care, supporting women's own innate capacity and physiology around the time of childbirth.

08:50 Opening and welcome remarks by the conference Chair

Ms Noreen Healy, Director of Nursing and Midwifery, **Al Ain Cromwell Hospital**; President - Midwives Section, **Emirates Nursing Association, Abu Dhabi, UAE**

09:00 Keynote presentation: Midwifery and Woman Centred Shared Care

Dr Rita Borg Xuereb, Midwifery Head of Department: Faculty of Health Sciences, **University of Malta**; ICM Board Member and Representative for the Southern European Region & ICM Education Standing Committee, **The Hague, Netherlands**

10:00 Woman Centred Care and breastfeeding

Ms Hayat Ramadan Ahmed, Deputy Director: Nursing and Senior Charge Nurse, labour Room, **Fujairah Hospital, Fujairah Medical Zone, UAE**

10:30 Coffee break

11:00 Seen, but not heard - men and childbirth

Professor Ged Williams, Nursing & Allied Health Consultant, **SEHA, Abu Dhabi Health Services**; Founding Chair of **World Critical Care Nurses**

11:30 Sudden Infant Death – The ABC of Safe Sleeping - Keeping Our Babies Safe

Ms Sarah Jane Ball, Clinical Resource Nurse, **Corniche Hospital, Abu Dhabi, UAE**

12:00 TBC

Johnson & Johnson

14:00 Post-partum depression

Dr Yaseen Aslam, Consultant Psychiatrist & Medical Director, **The Lighthouse Arabia, Dubai, UAE**

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14:30 Post-partum depression – a journey

Ms Andrea Allen, Founding Member, **Out of the Blues, Dubai, UAE**

15.00hrs Refreshments

15:15 Embracing technology in antenatal education

Ms Karen Wilmot, The Virtual Midwife, Midwife, Yoga Instructor, MSc Adult Education, Clinical Hypnotherapist, Author and Public Speaker, **Bali**

15:45 TBC

Dr Atf Ghérissi, Assistant Master in Educational Sciences, Applied School of Health Science and Technology, **El Manar University, Tunis, Tunisia**

16:30 Critical concepts in CPR: A look at the new American Heart Association 2015 emergency cardiovascular care resuscitation guidelines for maternal & neonatal resuscitation

Ms Caitlin Picker, Director, Training Education & Development, **Uniteam Medical Assistance**,

17:15 Take home message

Dr Rita Borg Xuereb, Midwifery Head of Department: Faculty of Health Sciences, **University of Malta**; ICM Board Member and Representative for the Southern European Region & ICM Education Standing Committee, **The Hague, Netherlands**

17:30 Closing remarks and end of day one

Day 2: Monday 28 March 2016

Complementing practice - evidence based interactive practical workshop

The workshop aims to compliment midwifery practice by equipping the midwife with up to date skills & tools to manage obstetric emergencies confidently. The workshop will also highlight women as important valuable decision makers in the care they receive & contributing members of the team.

The objectives of the workshop:

- Demonstrate effective skills for obstetric emergencies
- Explain the importance of early recognition & response to obstetric emergencies using closed loop communication, debrief & effective documentation
- List the appropriate resources required to manage the emergency whilst ensuring a safe outcome

The benefits of attending the workshop:

- Maintain & develop new updated, evidenced based midwifery skills
- Enrich & develop leadership qualities
- Build confident midwives
- Network with a group of experience midwives
- Develop & enhance communication skills

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- Cultivate a culture of mutual respect
- Foster an attitude of sharing knowledge

Programme

08:30 Opening and Welcome Remarks by the conference Chair

Ms Noreen Healy, Director: Nursing and Midwifery, **Al Ain Cromwell Hospital**; President - Midwives Section, **Emirates Nursing Association, Abu Dhabi, UAE**

08:40 Inside out - communication and teamwork

Practical scenario and demonstration – explains the principles of effective communication, how effective communication and teamwork can reduce errors

Ms Tracy Roake, Clinical Resource Midwife, **Corniche Hospital, Abu Dhabi, UAE**

Ms Joanne Hubbard, Education Manager, **Corniche Hospital, Abu Dhabi, UAE**

09:45 HypnoBirthing

Ms Nic Bambury, HypnoBirthing Teacher, Doula, Acupressure Certified Instructor, EFT Practitioner, NLP Master and Mind Body Coach

10:15 Coffee break

Groups rotate to all skills stations throughout the day

10:30 Skill station 1 - Shoulder dystocia

Shoulder Dystocia is one of the leading causes of childbirth mortalities & injuries and accounts for about 1% of all deliveries. This session will provide the midwife with the methodology used in early recognition as well as manoeuvres used to manage shoulder dystocia effectively.

11:15 Skill station 2 - Neonatal resuscitation

An essential session on the latest techniques to resuscitate a new born effectively

12:00 Lunch break

13:00 Vaginal breech skills overview

13:15 Skill station 3 - Breech

Up skilling opportunity for midwifery practice on rare emergencies, this session will focus on techniques & manoeuvres used to deliver healthy vaginal breech babies

14:00 Skill station 4 – Debrief, documentation & risk management

The midwife will learn the art of debriefing & highlight the importance of using Proformas & documentation tools. Risk management will be discussed to reiterate the importance of accurate & clear documentation & other valuable ways to reduce risk & enhance patient safety.

14:45 Coffee break

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15:00 Postpartum haemorrhage overview

An interactive & proactive session to provide a platform for cognitive thinking, and practical examples of early recognition of PPH, causes of PPH & quantification of blood loss.

- Quantifying blood loss – activity
- PPH Proforma tools & group activities

16:00 Take home message

Dr Rita Borg Xuereb, Midwifery Head of Department: Faculty of Health Sciences,
University of Malta; ICM Board Member and Representative for the Southern European Region & ICM
Education Standing Committee, **The Hague, Netherlands**

16:15 End of conference