

1st EUROPEAN ROMA FOCUS MEETING

gynecology & obstetrics:
best outpatient practice



Rome January 22-25 2014
Angelicum Congress Center



www.romafocusmeeting.it

ADVANCED PROGRAM



Dear Colleague,

as you well know, during our work every day we face clinical questions, which often are difficult to solve. There could be cases in which making a decision is controversial, particularly in outpatient setting.

The purpose of this conference is to meet the specialist needs, trying to find an answer to questions that arise in our daily clinical practice, offering insights on hot topics. All invited speakers are experts in their field, with recognized teaching skills.

Each presentation will be judged in real time by congress attendants, for quality, completeness and clarity of exposition.

After each session a workshop on clinical cases will be held and congress attendants will have the opportunity to participate in an interactive manner in problems solving, encouraging the exchange of knowledge and experiences between colleagues.

We are confident that this innovative approach to communication and scientific update will be appreciated and constructive. Our goal is to give scientifically validated and useful information in order to follow the best practice in our daily activity, meeting international Guidelines and recommendations.

In order to achieve this there will also be interactive sessions between participants and more accredited opinion leaders in the industry, with the aim to create a friendly environment.

Pierluigi Benedetti Panici

Gian Carlo Di Renzo

Sergio Pecorelli

Vincenzo Scotto di Palumbo





News and Updates

- Technology and computer science in Gynecology and Obstetrics
- Sexuality in pregnancy and puerperium
- Sexuality in menopause
- HRT in elderly
- Wellness and Fitness in pregnancy
- Wellness and Fitness in menopause
- HPV: new indications to vaccination
- Preservation of fertility
- Treatment of infertility
- Updates in the treatment of fibroids and AUB
- Tips and tricks for the treatment of persistent vulvovaginitis
- Sex hormones are neuroprotective?
- Nutrition in pregnancy
- Cosmetology in Obstetrics
- Cosmetology and Plastic Surgery in Gynecology
- Updates in endometriosis
- Updates in HRT
- Updates in contraception
- Updates in chronic pelvic pain

Main Topics

- Guidelines in Obstetrics and Gynecology
- Cochrane Reviews in Obstetrics and Gynecology
- Best Practice
- Contraception
- Dysfunction of the pelvic floor
- Chronic Pelvic Pain
- Ultrasound: Gynecology, Obstetrics, 3D
- Endometriosis: management and treatment
- Gynecological endoscopy
- HPV
- Infections in Gynecology
- Infections in Obstetrics
- Menopause
- Treatment of preterm birth / abortion
- Osteoporosis
- Poliabortivity
- Pre-pregnancy screening
- Stem cells in Obstetrics and Gynecology
- Laser and radiofrequency
- Legal medicine in outpatient setting

Guidelines Cochrane Reviews Evidence Based Medicine



Program at-a-glance

Time	Wednesday January 22 2014	Thursday January 22 2014
08:00-08:30		Registration
08:30-09:00		Selected Free Communications
09:00-09:30		Session 1 Chronic Pelvic Pain and Endometriosis
09:30-10:00		
10:00-10:30		
10:30-11:00		Coffee break
11:00-11:30		Plenary Lecture PID Update
11:30-12:30		Session 2 Sexually transmitted disease
12:30-13:00		
13:00-14:00	Registration	Lunch & Poster Session Lunch Session Update on laser therapy: rejuvenation
14:00-14:30	Pre-Congress Courses Office Hysteroscopy Ultrasound in Gynecology: Hot Topics	Plenary Lecture Contraception and Sexuality
14:30-15:30		Session 3 Contraception
15:30-16:00		Coffee break
16:00-16:30		
16:30-17: 00		Session 4 Gynecological Endocrinology
17: 00-17:30		
17:30-18:00		Plenary Lecture Pregnancies beyond the human biological fecundity
18:00-18:30		
18:30-19:00		
19:00-19:30		



Friday January 24 2014	Saturday January 25 2014
Selected Free Communications	Selected Free Communications
Session 5 Menopause	Session 9 Oncology
Plenary Lecture Hormonal Therapy update	Plenary Lecture Update in Gynecologic oncology treatment
Coffee break	Coffee break
Session 6 Obstetrics 1	Plenary Lecture Infertility and PMA outcome
Lunch & Poster Session Lunch Session Sexual male and female dysfunction	Session 10 Clinical Sexuology
Plenary Lecture Nutrition in Pregnancy	Lunch
Session 7 Obstetrics 2	Post-Congress Courses Reproductive Medicine Breast Care Menopause
Coffee break	
Plenary Lecture Prenatal diagnosis is not invasive anymore	
Session 8 Diagnostic Gynecology	
Plenary Lecture The Gynecological Office in the XXI Century	

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Thursday, 23



08.00 Registration

08.15 Selected Free Communications

08.45 Opening remarks

Session 1

Chronic Pelvic Pain and Endometriosis

09.00 Chronic pelvic pain: diagnosis and management

09.20 Endometriosis: what's new in medical therapy?

09.40 Endometriosis: when and which surgery?

10.00 Clinical cases and Discussion

10.30 Coffee break

11.00 Plenary Lecture
PID Update

Session 2

Sexually Transmitted Diseases

11.30 New emergencies

11.50 STD and adolescence

12.10 Recurrent Vaginosis/Vaginitis

12.30 Clinical cases and Discussion

13.00 Lunch

Lunch Session:

Update on laser therapy: rejuvenation

Microscopic and ultrastructural findings after fractionated
CO2 laser treatment

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Clinical experience with microablative, fractionated, vaginal photo-rejuvenation
Fractionated CO2 laser treatment in oncologic patients

**14.00 Plenary Lecture
Contraception and Sexuality**

**Session 3
Contraception**

- 14.30** Family planning guidelines WHO
- 14.50** Hormonal contraception: is there a real progress?
- 15.10** Long acting reversible contraceptives
- 15.30** Emergency contraception

15.50 Clinical cases and Discussion

16.10 Coffee break

**Session 4
Gynecological Endocrinology**

- 16.30** Hyperandrogenism
- 16.50** Thyroid in female disorders
- 17.10** Perimenopause
- 17.30** SERM and SPRMs

17.50 Discussion

**18.00 Plenary Lecture
Pregnancies beyond the human biological fecundity**

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Friday, 24



08.00 Selected Free Communications

Session 5 Menopause

- 08.30** Osteoporosis management
- 08.50** Urogynecological dysfunction: Local Therapy
- 09.10** HRT and Cardiovascular issues
- 09.30** Are sex hormones neuroprotective?

09.50 Clinical cases and Discussion

10.30 Plenary Lecture Hormonal Therapy update

11.00 Coffee break

Session 6 Obstetrics 1

- 11.20** Preterm birth prevention today
- 11.40** Diabetes and Hypertension: Prediction and prevention
- 12.00** Threatened Preterm Labour: Management (Fibronectin)
- 12.20** Update on GBS infection intrapartum

12.40 Clinical cases and Discussion

13.00 Lunch

Lunch Session:

Sexual male and female dysfunction

Classification and epidemiology of male disorders

Therapy of erectile dysfunction and early ejaculation

Female sexual health: how to approach the patient

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**14.00 Plenary Lecture
Nutrition in Pregnancy**

**Session 7
Obstetrics 2**

- 14.30** Probiotics in pregnancy
- 14.50** Early and late growth restriction
- 15.10** Management of pregnancy at term

15.30 Clinical cases and Discussion

16.00 Coffee break

**16.30 Plenary Lecture
Prenatal diagnosis is not invasive anymore**

**Session 8
Diagnostic Gynecology**

- 17.00** What can 3D sonography really add to 2D in gynecology?
- 17.20** Outpatient endoscopic procedures: indications, reliability and limits
- 17.40** Minimal requirement for obstetrical sonography
- 18.00** AUB diagnosis and treatment

18.20 Clinical cases and Discussion

**18.30 Plenary Lecture
The Gynecological Office in the XXI Century**

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Saturday, 25



08.00 Selected Free Communications

Session 9 Oncology

08.30 Screening in gynecology

08.50 HPV and P16

09.10 Management of pre-malignant vulvar lesions

09.30 Update in ovarian cancer treatment

09.50 Clinical cases and Discussion

10.30 Plenary Lecture
Update in Gynecological oncology treatment

11.00 Coffee break

11.30 Plenary Lecture
Infertility and PMA outcome



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Session 10: Clinical Sexuology

- 12.00** Vulvodynia
- 12.20** Sexuality in pregnancy and puerperium
- 12.40** Female sexual disorders: anorgasmia
- 13.00** Cosmetics in Gynecology and Obstetrics

13.20 Clinical cases and Discussion

13.30 Closing remarks

Lunch



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Wednesday, 22



Pre-Congress Courses

Office Hysteroscopy

Both lectures and hands-on sessions will be the core of this Course. The lectures will cover the main aspects of modern hysteroscopy, from diagnostic to office-procedures, to major operative procedures in the operating theater. The hands-on sessions will enable the participants to practice on inanimate models with the latest technology and instruments.

14.00 Indications

14.30 Limits

15.00 Complications: diagnosis and management

15.30 Hysteroscopy in the XXI Century

16.00 **Coffee break**

16.30 AUB diagnosis and treatment

17.00 Office hysteroscopy: definition between laws, regulations and DRG

17.30 New indication for hysteroscopy: isthmocoele

18.00 Instruments: which innovations?

18.30 Hands-on

19.30 **Conclusions**



■ Ultrasound in Gynecology: Hot Topics

This Course will cover all the current aspects of ultrasonography in gynecology, from the use of contrast media for the evaluation of tubal patency to the use of 3D ultrasound for the diagnosis of uterine malformations, from the US diagnosis of deep endometriosis to the use of US in urogynecology.

14.00 Evaluation of pelvic floor disorders

14.30 Tubal factor of infertility: what can the US evaluation say?

15.00 Uterine septum: which diagnostic technique?

15.30 Evaluation of the adnexal mass in the XXI century

16.00 **Coffee break**

16.30 Preoperative US evaluation in endometrial cancer

17.00 US in the diagnosis of deep endometriosis

17.30 Pelvic anatomy as seen by ultrasound

18.00 Surgical complications: diagnosis by ultrasound

18.30 How to implement your scan with the 3D software

19.00 **Conclusions**

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Saturday, 25



Post-Congress Courses

Reproductive Medicine

This Course will cover all the steps of the diagnosis and treatment of the infertile couple. The information given will be evidence-based and will follow strictly current guidelines on the topic.

14.30 Infertility: definition and epidemiology

15.00 Evaluation of the male partner

15.30 Evaluation of the female partner

16.00 PID and its consequences on infertility

16.30 Coffee break

17.00 Ovarian reserve: assessment and clinical significance

17.30 The "Poor responder" patient

18.00 IVF and ICSI: indications, results

18.30 Fertility preservation: an update

19.00 Conclusions

Breast Care

A full coverage of breast diseases will be proposed in this Course. Epidemiology, screening, diagnosis, benign disease, breast cancer, management of breast cancer survivors will be the topics covered by the renowned Faculty.

14.30 Epidemiology and natural history of breast cancer

15.00 Screening in low and high risk patients

15.30 Diagnostic methods compared: RX versus ultrasound

16.00 Indications for MRI



16.30 Coffee break

17.00 Management of fibroadenoma and benign disease

17.30 Management of lobular and ductal in situ carcinoma

18.00 HRT in breast cancer survivors

18.30 Management of BRCA 1-2 positive patients

19.00 Problems in the management of patients with breast implants

19.30 Conclusions

Menopause

Join this Course to get the ultimate news on postmenopause and the use of hormone replacement therapy and alternative treatments.

Also, insights on physiopathology and sexuality in postmenopause will be provided.

14.30 Best practice in HRT

15.00 Menopause and cardiovascular disease

15.30 Sexual aspects of Quality of Life

16.00 Osteoporosis

16.30 Coffee break

17.00 Local therapy

17.30 Pelvic floor rehabilitation in postmenopause

18.00 Premature Ovarian failure

18.30 Hormonal therapy and breast cancer

19.00 Prophylactic ovariectomy: yes or not

19.30 Future directions in menopausal symptoms treatment

20.00 Conclusions



Invited Speakers

R. Angioli, Roma
S. Arbel-Alon, Israele
G. Baiocchi, Perugia
C. Bastianelli, Roma
P. Benedetti Panici, Roma
C. Benedetto, Torino
S. Bettocchi, Bari
N. Biglia, Torino
C. M. Bilardo, Netherlands
M. Biondi, Roma
J. Bitzer, Switzerland
T. Boni, Roma
A. Bonifacio, Roma
G. Bonoldi, Verona
R. Brunelli, Roma
V. Bruni, Firenze
M. Busacca, Milano
A. Cagnacci, Modena
S. Cameron, UK
M. Candiani, Milano
G. Carta, L'Aquila
A. Caruso, Roma
E. Cicinelli, Bari
P. Ciolli, Roma
G. Clerici, Perugia
N. Colacurci, Napoli
R. Corosu, Roma
S. Costa, Bologna
G. De Placido, Napoli
F. De Seta, Trieste
P. Devroey, Belgium
A. Di Lieto, Napoli
G. C. Di Renzo, Perugia
A. Di Spiezio Sardo, Napoli
J. Donnez, Belgium
C. Exacoustos, Roma
A. Fabbri, Roma
R. Fabbri, Bologna
A. P. Ferraretti, Bologna
E. Ferrazzi, Milano
M. Franchi, Verona

L. Frigerio, Bergamo
F. Fruzzetti, Pisa
M. Gambacciani, Pisa
A. R. Genazzani, Pisa
V. Gentile, Roma
F. Ghezzi, Varese
L. Gianaroli, Bologna
F. Gotsch, Verona
P. Greco, Foggia
S. Greggi, Napoli
S. Guaschino, Trieste
M. Guida, Salerno
A. Lanzone, Roma
G. Lazdane, Latvia
F. Leone, Milano
D. Lorusso, Milano
D. Loutradis, Greece
F. Maneschi, Latina
R. Marci, Ferrara
G. B. Massi, Firenze
M. Monti, Roma
M. Moscarini, Roma
L. Muzii, Roma
R. E. Nappi, Pavia
K. Nicolaidis, UK
A. Palacios, Spain
I. Palaia, Roma
A. M. Paoletti, Cagliari
S. Pecorelli, Brescia
F. Pediconi, Roma
J. P. Peña-Rosas, G. Perniola, Roma
F. Petraglia, Siena
E. Piccione, Roma
M. G. Piccioni, Roma
D. Pietrangeli, Roma
M. G. Porpora, Roma
S. Schettini, Potenza
F. M. Primiero, Roma
G. Raimondo, Napoli
F. Raspagliesi, Milano
G. Rizzo, Roma

N. Rizzo, Bologna
G. M. Rosano, Roma
P. Saccucci, Roma
M. G. Salerno, Pisa
E. Sartori, Brescia
L. Savelli, Bologna
M. Serfaty, France
J. Schenker, Israel
V. Scotto di Palumbo, Roma
N. Scuderi, Roma
A. Shennan, UK
M. Sideri, Milano
P. Sismondi, Torino
T. Susini, Firenze
A. Testa, Roma
A. Tozzi, Roma
A. L. Tranquilli, Ancona
R. Tripodi, Roma
F. Zullo, Catanzaro
M. A. Zullo, Roma
E. Zupi, Siena

International Scientific Board

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Tours

Ancient City Tour

35,00 € p.p. (tour duration 2.3 h)

Capitol, Church of Saint Peter in Chains, Colosseum, Palatine, Roman Forum, Tiber River, Capitoline Hill, Circus Maximus, Jewish Quarter, Piazza Venezia, Teatro Marcello



Borghese Gallery

60,00 € p.p. (tour duration 3.0 h)

Antonio Tempesta, Borghese Gallery, David of Bernini, Gian Lorenzo Bernini, Tiziano, Apollo and Dafne of Bernini, Caravaggio, David with the head of Golia of Caravaggio, La Pietà of Rubens, Villa Borghese



Squares and Fountains

35,00 € p.p. (tour duration 3.0 h)

Campo di Fiori, Piazza Navona, Pantheon, Spanish Steps



Vatican and St. Peter Tour

60,00 € p.p. (tour duration 4.0 h)

Gallery of the maps, Michelangelo Buonarroti, Museum Pio Clementino, Sistine Chapel, St. Peters Basilica, Vatican, Grave of Pope John Paul II, Michelangelo Last Judgement, Pinecone courtyard, St Peter's Square, Tapestries Gallery



Tivoli

72,00 € p.p. (tour duration 4.0 h)

Baths of Tivoli, Tivoli, Villa Adriana, Villa D'Este



Assisi and Orvieto

110,00 € p.p. (tour duration 11.0 h)

Orvieto, Tuscan Hills, Assisi, Church of Saint Claire, Saint Francis Birthplace, Townhall Square, Roman Temple of Minerva, Saint Francis Basilica, Church of Saint Mary of the Angels, Chapel of the Portiuncula



Naples and Pompei

130,00 € p.p. (tour duration 11.0 h)

Abbey of Montecassino, Naples, Pompei



1st EUROPEAN ROMA FOCUS MEETING



Registration Form

First Name			Last Name		
<input type="checkbox"/> Delegate	<input type="checkbox"/> Student	<input type="checkbox"/> Resident	<input type="checkbox"/> Nurse		
Specialty:					
Institute					
Post code		City		Country	
Mob. Phone					
E-mail					
C. Fisc.			P. Iva (only for italian participants)		

Congress Registration Fee

Until November 30, 2013

- | | |
|-----------------------------------|--------------------|
| <input type="checkbox"/> Delegate | € 400,00 Vat incl. |
| <input type="checkbox"/> Student | € 150,00 Vat incl. |
| <input type="checkbox"/> Resident | € 150,00 Vat incl. |
| <input type="checkbox"/> Nurse | € 150,00 Vat incl. |

After November 30, 2013

- | | |
|-----------------------------------|--------------------|
| <input type="checkbox"/> Delegate | € 550,00 Vat incl. |
| <input type="checkbox"/> Student | € 200,00 Vat incl. |
| <input type="checkbox"/> Resident | € 200,00 Vat incl. |
| <input type="checkbox"/> Nurse | € 200,00 Vat incl. |

Pre e Post Congress Courses Registration Fee

- | | |
|---|--------------------|
| <input type="checkbox"/> Office Hysteroscopy | € 150,00 Vat incl. |
| <input type="checkbox"/> Ultrasound in Gynecology: Hot Topics | € 150,00 Vat incl. |
| <input type="checkbox"/> Reproductive Medicine | € 110,00 Vat incl. |
| <input type="checkbox"/> Breast Care | € 110,00 Vat incl. |
| <input type="checkbox"/> Menopause | € 110,00 Vat incl. |

Hotel Accomodation

Many hotels are located at walking distance from the congress venue

Hotel ***

- | | |
|--|--------------------|
| <input type="checkbox"/> Single room B&B | € 110,00 Vat incl. |
| <input type="checkbox"/> Double room B&B | € 150,00 Vat incl. |

Hotel ****

- | | |
|--|--------------------|
| <input type="checkbox"/> Single room B&B | € 140,00 Vat incl. |
| <input type="checkbox"/> Double room B&B | € 180,00 Vat incl. |

check in	check out	totale €
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In order to secure an accommodation suiting your needs, please book as soon as possible.

Payment

- Bank transfer to the order of Ellesse Eventi Srl
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Abstract submission

Registered participants January submit one abstract to be considered as Poster or as Selected Free Communication.

The text with title, presenting author, his affiliation and e-mail, should not exceed 2000 characters. The abstract must be sent to the Organizing Secretariat by email romafocusmeeting@ellesseeventi.it within November 30th 2013, and have been reviewed and approved by the Scientific Committee. Once accepted, the full paper can be presented in 6 slides, containing the following sections: Background, Materials & Methods, Results, Conclusions.

ECM Accreditation

The Congress is accredited with the total of 12 Italian credits and each Course is accredited with the total of 4 Italian credits.



Congress Venue

Angelicum Congress Center
Pontificia Università San Tommaso d'Aquino
Largo Angelicum 1, Roma





Congress Venue

Angelicum Congress Center
Pontificia Università San Tommaso d'Aquino
Largo Angelicum 1, Roma





Organizing Secretariat

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Web

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Language and Translation

Official languages are Italian and English.
In the Congress simultaneous translation will be provided

Abstract deadline November 30, 2013

Registration on-line **www.romafocusmeeting.it**