

Friday 1st July 2016

08:00 REGISTRATION OPENING

8:30 Opening Comments. Welcome session
Jorge Cruz de Melo - Rui Lemos

SESSION 1: PAINFUL HIP IN YOUNG ADULT, NON-ARTHRITIC: DIAGNOSIS AND TREATMENT

Moderator: Fernando Leal - Olliver Marin-Penna

- 8:40 Diagnosis and treatment of FAI (Femoroacetabular Impingement). Physiatrist point of view
Jorge Moreira (?)
- 8:50 Radiological evaluation of the painful hip in young adult. What examinations should be preformed? What should radiologist know? What information can be obtained?
Daniel Fonseca
- 9:00 FAI: Prevalence, etiology and treatment. When surgically treat?
Pedro Simas
- 9:10 History hip arthroscopy
Roberto Casal
- 9:20 Learning curve and complications in hip arthroscopy
Manuel Hermida Sánchez
- 9:30 Tricks and pearls of articular technique approach; outside-in, central to peripheral and peripheral to central
Ángel Villamor
- 9:40 Discussion

SESSION 2: SURGICAL TREATMENT OF FAI. ROUNDTABLE: SURGICAL TECHNIQUE

Moderator: Pedro Dantas - Angel Villamor

- 9:50 Approach and treatment by secure hip dislocation
Paulo Rego
- 10:00 Approach and treatment by anterior mini-open approach
António Figueiredo
- 10:10 Approach and treatment by hip arthroscopy
Pedro Dantas
- 10:20 Discussion
- 10:30 COFFEE BREAK

SESSION 3: SURGICAL TREATMENT OF FEMOROACETABULAR DEFORMITY

Moderator: Paulo Rego - Raul Torres

- 10:50 Informatic applications in orthopaedics. Use in diagnosis and evaluation of FAI.
[Alberto Sánchez](#)
- 11:00 When and how to treat CAM deformity
[Damian Griffin](#)
- 11:10 When and how to treat Pincer deformity
[Angel Villamor](#)
- 11:20 Arthroscopic treatment of global Pincer by coxa profunda and protusio acetabuli
[Jorge Cruz de Melo](#)
- 11:30 Beyond the limits. Indications for periacetabular osteotomies (PAO) and femoral osteotomies
[Manuel Ribas](#)
- 11:40 Discussion

SESSION 4: TREATMENT OF LABRUM AND CARTILAGE LESIONS

Moderator: Jorge Cruz de Melo - Manuel Ribas

- 11:50 Labrum arthroscopic treatment. Treatment algorithm of labrum lesions
[Pedro Dantas](#)
- 12:00 When to preform labrum repair? Labrum reconstruction techniques
[Eric Margalet](#)
- 12:10 Condrolabral lesion. Cartilage or labrum? Treatment algorithm
[Damian Griffin](#)
- 12:20 Classification and treatment of cartilage lesions in the Hip.
[Andre Sarmento](#)
- 12:30 Cartilage delamination. Microfractures and fibrin glue in the preservation of cartilage.
[Fernando Leal](#)
- 12:40 New techniques in the treatment of cartilage defects in the Hip. AMIC, CARGEL, Mesenchymatous cells.
[Eric Margalet](#)
- 13:00 Discussion
- 13:30 **WORK LUNCH**

SESSION 5: MISCELLANEOUS 1

Moderator: Pedro Silva - Éric Margalet

- 14:30 Intra-articular non-osseous impingement. FAT-PAD impingement. Iliopsoas impingement and iliopsoas impingement
[Fernando Leal](#)
- 14:40 Arthroscopic treatment of intra-articular bone and soft-tissue tumors
[Eurico Monteiro](#)



PORTO HIP MEETING 2016

4th Edition

President: Jorge Cruz de Melo

- 14:50 Does surgical technique affects hip stability? Preserve, reduce and repair of capsulotomy.
Raul Torres
- 15:00 Revision arthroscopy and joint capsule. How do we find capsule?
Jorge Cruz de Melo
- 15:10 Discussion

SESSION 6: MISCELLANEOUS 2

Moderator: Eurico Monteiro - Lafayette Lage

- 15:20 Does Tonnis 2 FAI benefit from arthroscopic treatment?
Oliver Marin-Peña
- 15:30 Sub-spine impingement. Diagnosis, classification and treatment
Olivier Marin-Pena
- 15:40 Rehabilitation after surgical treatment. What information is important for the Physiatrist.
Fernando Almeida
- 15:50 Surgical treatment of FAI. Short and mid term results.
Pedro Silva
- 16:00 Hip viscosupplementation for FAI and arthritis
- 16:10 Discussion
- 16:20 **COFFEE BREAK**

SESSION 7: EXTRA-ARTICULAR ENDOSCOPY

Moderator: Sílvia Dias - Ana Castel

- 16:40 Deep gluteus syndrome. Myth or reality? Diagnosis, classification and treatment
Jorge Cruz de Melo
- 16:50 Endoscopic treatment of deep gluteus syndrome. Sciatic neurectomy and piriform tenotomy
Éric Margalet
- 17:00 Trochanteric space treatment: greater trochanteric pain syndrome (GTPS)
Ana Castel
- 17:10 Ischiofemoral impingement syndrome. Endoscopic treatment
Sílvia Dias
- 17:20 Endoscopic treatment of external snapping hip
Damian Griffin
- 17:30 Endoscopic pubic symphysectomy for athletic osteitis pubis with or without FAI.
Manuel Ribas
- 17:40: Discussion
- 18:00 **END OF DAY**



PORTO HIP MEETING 2016

4th Edition

President: Jorge Cruz de Melo

Saturday 2nd July 2016

08:00 SECRETARIAT OPENING

SESSION 8: AROUND TOTAL HIP ARTHROPLASTY

Moderator: Francisco Costa Almeida - António Figueiredo

- 8:30 Preoperative evaluation. Risk factors and patient optimization.**
Marcos Pacheco
- 8:40 How to reduce blood transfusion needs in hip surgery.**
Rui Lemos
- 8:50 Thromboembolism prevention in hip surgery: routine and high risk patients.**
Sara Morais
- 9:00 Postoperative pain control in hip surgery.**
Neusa Lages
- 9:10 Physical therapy in total hip arthroplasty. What role in preparation and rehabilitation of the patient?**
Jorge Moreira
- 9:20 The prehistory of Total hip arthroplasty**
José Ramón Caeiro-Rey
- 9:30 Discussion**

SESSION 9: PRIMARY TOTAL HIP ARTHROPLASTY

Moderator: David Sá - José Ramón Caeiro Rey

- 9:40 Modular neck adapters for hip arthroplasty stems. Advantages and disadvantages**
Raul Torres
- 9:50 Short bone-conserving femoral stems. Mini-invasion and more bone stock preservation. Why low adherence?**
Sérgio Araujo
- 10:00 Cemented femoral stem. "The Time Honored Solution". Do we cement less than we should?**
Manuel Seara
- 10:00 Noncemented femoral stem. 30 years of Corail**
- 10:10 Hemi-resurfacing as an option to metal-on-metal bear on hip arthroplasty**
Lafayette Lage
- 10:20 Hip Resurfacing as an option to the correct patient in the hands of experienced surgeon?**
Manuel Ribas
- 10:30 Randomized controlled trial of total hip arthroplasty vs hip resurfacing in the treatment of osteoarthritis in young patients.**
Damian Griffin
- 10:40 Discussion**
- 10:50 COFFEE BREAK**



PORTO HIP MEETING 2016

4th Edition

President: Jorge Cruz de Melo

SESSION 10: HIP DYSPLASIA DISEASE IN THE ADULT - FROM DIAGNOSIS TO TREATMENT

Moderator: Andre Sarmiento - Jenaro Fernandez

- 11:10 Hip dysplasia diagnosis. Symptoms, radiological evaluation and classification.
Joaquim Ramos
- 11:20 Conservative surgery in the treatment of hip dysplasia. When to perform periacetabular osteotomies (PAO)
Paulo Rego
- 11:30 Learning curves and complications with periacetabular osteotomies. (PAO)
Manuel Ribas
- 11:40 Total hip arthroplasty in hip dysplasia - what solutions for acetabulum
David Sá
- 11:50 Total hip arthroplasty in hip dysplasia - what solutions for femur
Jose M Galdo
- 12:00 Discussion

SESSION 11 TOTAL HIP ARTHROPLASTY - COMPLEX CASES AND REVISION

Moderator: Cruz de Melo - Rui Lemos

- 12:10 Arthrodesis or ankylosis of the hip. Is possible to regain function? Care, tricks and pearls
António Figueiredo
- 12:20 Total hip arthroplasty recurrent dislocation. When and how to solve?
Francisco Costa e Almeida
- 12:30 Revision from short bone-conserving femoral stem to standard stem. Is it that simple?
Jenaro Fernández
- 12:40 Intraoperative fractures. How to avoid, identify and treat?
Jenaro Fernández
- 12:50 The 7 deadly sins of hip revision surgery.
Manuel Valle Ortiz
- 13:00 Discussion
- 13:20 **END OF PORTO HIP MEETING 2016**