# Under the Patronage of The Prime Minister H.E. Dr. Abdullah Al Nsour



# **EASD**

European Association for the Study of Diabetes

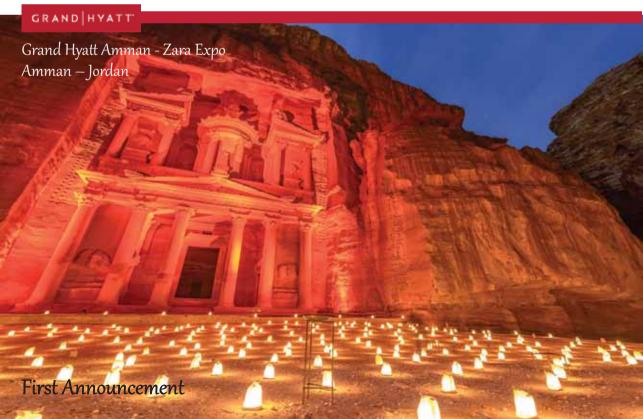
European Association for the Study of Diabetes The National Center for Diabetes, Endocrinology and Genetics

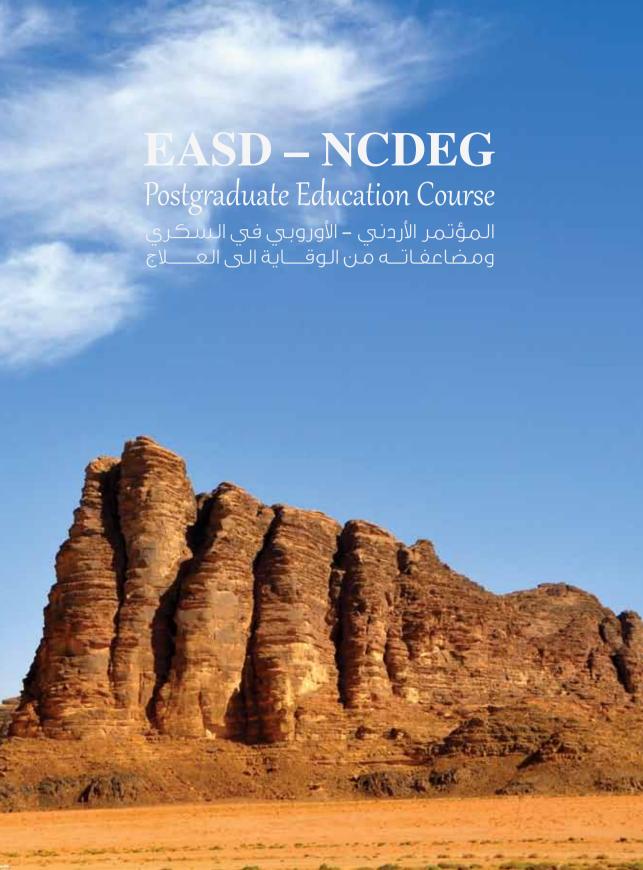
> الجمعية الأوروبية لدراسة مرض السكري المركز الوطنى للسكرى والغدد الصم والوراثة

# EASD - NCDEG

Postgraduate Education Course المؤتمر الأردني – الأوروبي في السكري ومضاعفاته من الوقاية الى العالم

14-16 July 2016







# Local Organizing Chairman: H.E. Prof. K. Ajlouni

# **Organizing Committee**

## H.E. Prof. Kamel Ajlouni

President of the National Center for Diabetes, Endocrinology and Genetics

#### **Prof. Leszek Czupryniak**

Chair, EASD Postgraduate Education

## Dr. Mohamed El-Zaheri

President of the Jordanian Society for the Care of Diabetes

#### **Dr. Rashad Nasser**

President of the Jordanian Society of Endocrinology, Diabetes & Metabolism

#### Dr. Nadim Jarrah

President of Jordan Chapter of the American Association of Clinical Endocrinologists

#### Dr. Mousa Abu-Jbara

National Center for Diabetes, Endocrinology and Genetics

## **Brian Carey**

**EASD Postgraduate Education Organizer** 







## SCIENTIFIC COMMITTEE

Dr. Mohamed El-Zaheri

Dr. Fares Haddad

Dr. Dana Hiyasat

Dr. Nahla Khawaja

Dr. Mousa Abu-Jbara

Chairman

## FINANCIAL COMMITTEE

Dr. Mohammed Khateeb

Dr. Dana Hiyasat

Dr. Nahla Khawaja

Dr. Mousa Abu-Jbara

Chairman

## **SOCIAL COMMITTEE**

Dr. AbdelKareem Khawaldeh

Dr. Nahla Khawaja

Mrs. Kefaya Salhab

Miss. Wafa'a Khashroum

Chairman







# Major Topics of the Preliminary Scientific Program

- 1. Stem Cells where are we?
- 2. What is new in diabetes oral drugs and insulins?
- 3. Are guidelines for universal use (ADA or EASD or NICE)?
- 4. The impact of socioeconomic factors on the choice of treatment.
- 5. Diabetes and cancer
- 6. Diabetes and osteoporosis and fracture
- 7. Diabetes and Alzheimer
- 8. Diabetes and hepatitic problems
- 9. Diabetes and Vit. D deficiency
- 10. Neonatal diabetes and special types, DIDMOAD as example.
- 11. What is new in the treatment of diabetic neuropathy?
- 12. Diabetes and sexual dysfunction (males and females)
- 13. Immunity and diabetes: cause and / OR results.
- 14. Prediabetes, diabetic complications in prediabetes should we treat, when to treat
- 15. Gestational diabetes, diabetes and pregnancy.
- 16. Diabesity
- 17. Metabolic surgery
- 18. Hypertension in diabetes
- 19. Dyslipidemia in diabetes
- 20. Coagulation in diabetes and prediabetes
- 21. How far are we in Jordan in controlling, diabetes, hypertension and dyslipidimia
- 22. Hypoglycemia
- 23. Reproduction and diabetes
- 24. Diabetic foot; Jordanian experience compared with others.
- 25. The Vascular effects of insulin resistance







## REGISTRATION

Name:	
Nationality:	Position:
Affiliation:	Address:
Telefax:	Email:
Date of Application:	
Number of Accompanying Persons (s	):
Name of Accompanying Person (s):	

## HOTEL ACCOMMODATION

Single / Double 150JD (\$ 210) / 190JD (\$ 270)

GRAND HYATT AMMAN (5 stars)

Grand Room (Main venue of the Conference)

- Above rates per night per room and Inclusive of 10% service charge & 16% sales tax.
- Above rates include Buffet Breakfast.
- Parking is free for participants.

## CME:

This conference will be accredited (CMEs) by the Jordanian Medical Council.







#### General Information

## **Currency:**

One Jordanian Dinar is equivalent to 1.4 US Dollar. Foreign currency may be exchanged freely at any bank or money exchanger. Credit cards are accepted in most hotels, restaurants and shopping malls.

#### **Insurance Liability:**

It is suggested that participants obtain travel and health insurance before they depart from their countries. The organizers will not be liable for any accident, injury or illness that may occur.

## **Visa Requirements and Passports**

You must possess a passport, valid for at least 3 months.

Nationals of most countries can obtain a visa at Amman Airport upon arrival. However participants requiring a visa should apply to Jordan Embassies or Diplomatic Missions in their countries.

#### **Electrical Current:**

220 V. When using 110V, you need an adapter.

## Language:

The official language of the Conference is English

#### Weather:

Temperature in July is expected to be around 25-30C

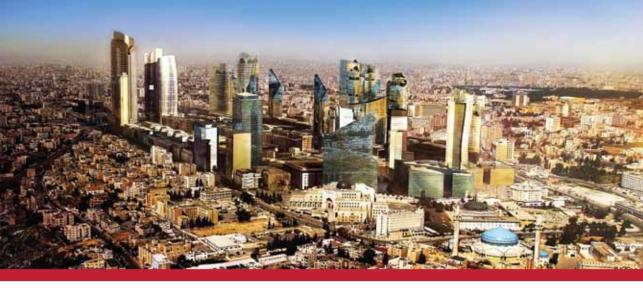
#### **Time Zone**

Jordan is three hours ahead of Greenwich Mean Time (GMT).

#### Travel Assistance

Lack of funds should not be a reason for exclusion from participating in this course. If you require assistance with funding for your travel, please contact brian.carey@easd.org





#### **PRIVATE TOURS**

Private tours can be arranged, not during the hours of the scientific programme. Tours can be arranged via Jordan Valley – please use the contact details below.

#### Sightseeing Tour in Amman

(Half-day Tour)

Amman is the modern and ancient capital of Jordan, known in history as Philadelphia & Rabbath-Ammon in the Roman-Greco period. Originally spread over seven hills like Rome, Amman now covers twenty hills. The city is crowned by the Citadel, a hill with the ruins of the Temple of Hercules, and a museum with artifacts dating back to the earliest settlement in the region, some 7,000 years ago. At the foot of the citadel lies the 5,000 - seat Roman Amphitheater; while there visit the museum of Popular Tradition and the Folklore museum, one flanks either side of the Amphitheater.



#### Tour to Jerash

(Half-Day Tour)

An easy 25 minutes drive from Amman is the Roman City of Jerash, known in the past as Gerasa or Pompeii of the East. It is considered the best preserved and most complete city of the Decapolis, a confederation of ten Roman cities dating back to first century B.C. Within the city you will see the great oval Forum, approached by what is termed the Street of Columns. This forum was once the center of social activity. There are two public baths, three theaters, and a hippodrome. There is also a nymphaeum, which is a complex of fountains and sculptures. You may walk under the triumphal arch built in honor of Emperor Hadrian, and let your mind return to the dream of time in the Temple of Artemis.

One of Jordan's most highly anticipated culture / fun events is the annual Jerash Festival held for two weeks each summer. During the remainder of the year there is an impressive and unique sound-and-light show given within the walls of the ancient city.





#### Religious Tour to Ma'daba, Mount Nebo, Baptism Site & Dead Sea

(Full-Day Tour)

#### Ma'daba:

Thirty minutes drive south from Amman, along the 5,000 – year old King's Highway is the city of Madaba (Madaba of the Bible). Madaba's chief attraction is the contemporary Greek Orthodox Church of St. George. The church contains the earliest surviving original mosaic map of the Holy Land dating back to the sixth century.



Ten minutes drive from Mount Nebo, Some 2000 years ago, John the Baptist lived and baptized in a settlement called "Bethany Beyond the Jordan" (John 1:28). This important site of early Christianity, which Jesus also visited, has been rediscovered in Jordan, about 1500 meters east of the Jordan River. It has been carefully excavated by international archeologists, receiving pilgrims and visitors.



## Dead Sea

Ten minutes drive from Baptism Site, at 1,306 feet (400meters) below sea level, this is the lowest spot on Earth. As the name suggests, the sea is devoid of life due to an extremely high content of salts and minerals, giving the waters their curative powers, recognized since the days of Herod the Great, more than 2500 years ago. Take a swim where it is impossible to sink, and bath in the water that have flowed from the river Jordan and from the hills of



#### **Mount Nebo:**

Ten minutes to the west is the most revered site in Jordan: Mount Nebo, the memorial of Moses, the presumed site of the prophet's death and burial place. The Byzantines built a small church whose floor is still covered with marvelous mosaics.







#### Historical Tour to Petra

(Full-Day Tour)

Three hours driver south from Amman is the most famous attraction in the Kingdom. In July 2007, Petra was ranked second among the New Seven Wonders of the World. Three hours drive south from Amman is the most famous attraction in the kingdom, Petra fortress city. Literally carved out of craggy rocks, by the Nabataeans 800 B.C.. Fortified behind a narrow deep siq (gorge) that slowly winds through a massive rock wall. It is a wading, one kilometer long fissure between the overhanging clefts that seem to meet 300 feet overhead. Within Petra you will see soaring temples, royal tombs, Roman theatre, water channels, arched gates and others.

Petra was discovered when a Swiss explorer disguised as ab Arab, fell on it in 1812.

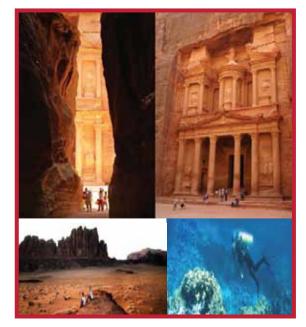
# 2 days Petra, Wadi Rum & Aqaba

(2 day tour)

Stunning in its natural beauty, Wadi Rum epitomizes the romance of the desert. With its "moonscape" of ancient valleys and towering sandstone mountains. Climbers are especially attracted to Wadi Rum because of its sheer granite and sandstone cliffs, while hikers enjoy its vast empty spaces. Wadi Rum is best known because of its connection with the British officer T.E. Lawrence. You can rent out a four-wheel-drive jeep with a Bedouin driver. Also available are camels, which you can hire. For those with the sense of adventure, the best way to see Wadi Rum is by hiking and camping in it.

In Aqaba, King Solomon built a fleet that sailed to Ophir (Somalia) and returned with 420 talents of gold. The Aqaba fort was rebuilt in 1587 AD. In one of the most exciting discoveries in recent times, archaeologists in Aqaba have unearthed what they believe to be the world's oldest church, from the late 3rd Century AD.

Surrounded by rugged purplish mountains, Aqaba enjoys formidable weather throughout the year. The Gulf of Aqaba is a world known diving area. Aqaba itself offers eager divers the chance to experience virgin coral reefs, rare marine life forms, and encounters with friendly sea animals like turtles and dolphins.









## **JORDAN VALLEY**

Conferences, Exhibitions & Travel Services

Tel: (+962) 6 461 8448 Fax: (+962) 6 461 8558

Mobile: (+962) 79 5772707

(+962) 777 300252

E-mail: info@jordan-valley.com

medical@jordan-valley.com



