

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Pre course: Sunday, 06 Apr 2014

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
18:00	20:00	Other Faculty pre-course meeting		The Bristol Hotel (Conference Area)	120	

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Monday, 07 Apr 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:00	08:20	Other Registration, coffee and meet groups		Vesalius Lecture Theatre Breakout Area	20
08:20	08:30	Lecture Welcome and introduction to course	Stephen Mitchell	Vesalius Lecture Theatre	10
08:30	08:45	Lecture Initial assessment	Stephen Mitchell	Vesalius Lecture Theatre	15
08:45	09:10	Lecture Soft tissue reconstruction	Umraz Khan	Vesalius Lecture Theatre	25
09:10	09:40	Lecture Patient positioning (interactive demonstration)		Vesalius Lecture Theatre	30
09:40	09:55	Tea & coffee		Vesalius Lecture Theatre Breakout Area	15
09:55	10:15	Lecture Pilon anatomy and classification	Claire Topliss	Vesalius Lecture Theatre	20
10:15	10:35	Lecture Pilon fractures - Approaches & fixation options	Mark Jackson	Vesalius Lecture Theatre	20
10:35	11:15	Lecture Case discussions - Pilon/Distal tibia (Groups 1 & 2)		Vesalius Wet Lab Breakout Room	40
10:35	11:15	Lecture ORIF Pilon with 3.5LCP/VA options (Groups 3 & 4)		Vesalius Wet Lab	40
					0

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Monday, 07 Apr 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:15	11:55	Discussion Case discussions - Pilon/distal tibia (Groups 3 & 4)		Vesalius Wet Lab Breakout Room	40
11:15	11:55	Discussion ORIF Pilo with 3.5 LCP/VA options (Groups 1 & 2)		Vesalius Wet Lab	40
11:55	13:00	Lecture The David Stainby Lecture	David Stainsby	Vesalius Lecture Theatre	65
13:00	13:40	Lunch		Vesalius Lecture Theatre Breakout Area	40
13:40	14:10	Lecture How we walk (interactive demonstration)	Roger Atkins	Vesalius Lecture Theatre	30
14:10	14:30	Lecture Weber C/Syndesmotic injuries		Vesalius Lecture Theatre	20
14:30	14:50	Lecture The posterior malleolus		Vesalius Lecture Theatre	20
14:50	15:10	Lecture Diabetic and osteoporotic fractures	James Livingstone	Vesalius Lecture Theatre	20
15:10	15:55	Workshop (cadaver) Explore the syndesmosis/ankle  External fixation of the foot & ankle	Roger Atkins; Sue Deakin; Stephen Hepple; Mark Jackson; Umraz Khan; James Livingstone; Stephen Mitchell; Sean Nork; David Stainsby; Claire Topliss	Vesalius Wet Lab	45
15:55	16:10	Tea & coffee		Vesalius Lecture Theatre Breakout Area	15

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Monday, 07 Apr 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
16:10	16:30	Workshop (dry bone) Build your own talus		Vesalius Lecture Theatre	20	
16:30	16:50	Lecture Talus fractures		Vesalius Lecture Theatre	20	
16:50	17:10	Lecture Osteochondral injuries	Stephen Mitchell	Vesalius Lecture Theatre	20	
17:10	18:00	Workshop (cadaver) ORIF Talus Talus neck screws Malleolar Osteotomy	Roger Atkins; Sue Deakin; Stephen Hepple; Mark Jackson; Umraz Khan; James Livingstone; Stephen Mitchell; Sean Nork; David Stainsby; Claire Topliss	Vesalius Wet Lab	50	
		COURSE DINNER - Brace & Browns - 8PM			0	

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Tuesday, 08 Apr 2014 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:40	09:00	Coffee & Questions		Vesalius Lecture Theatre	20
09:00	09:30	Workshop Build you own calcaneum		Vesalius Lecture Theatre	30
09:30	09:50	Lecture Anatomy & classification of the calcaneal fracture	Mark Jackson	Vesalius Lecture Theatre	20
09:50	10:20	Lecture The extended lateral approach and calcaneal fracture management	Roger Atkins	Vesalius Lecture Theatre	30
10:20	10:30	Presentation 3D Image Intensification - Siemens Presentation		Vesalius Wet Lab	10
10:30	11:15	Workshop (cadaver) ORIF calcaneum (Groups 1 & 3)		Vesalius Wet Lab	45
10:30	11:15	Discussion Case Discussions (Groups 2 & 4)		Lecture Theatre	45
					0
11:15	12:00	Workshop (cadaver) ORIF Calcaneum (Groups 2 & 4)		Vesalius Wet Lab	45

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Tuesday, 08 Apr 2014 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:15	12:00	Discussion Case Discussions; Hindfoot injuries (with coffee) (Groups 1 & 3)		Vesalius Wet Lab Breakout Room	45
12:00	12:25	Lecture Calcaneal malunions	Roger Atkins	Vesalius Lecture Theatre	25
12:25	13:10	Lunch		Vesalius Lecture Theatre Breakout Area	45
13:10	13:35	Discussion Chopart joint injuries		Vesalius Lecture Theatre	25
13:35	14:00	Lecture Lisfranc Injuries		Vesalius Lecture Theatre	25
14:00	15:30	Discussion Case discussions; Midfoot/Forefoot injuries (with coffee) (Groups 1 & 3)		Vesalius Lecture Theatre	90
14:00	15:30	Workshop (cadaver) ORIF Cuboid/Navicular/Lisfranc (Groups 2 & 4)		Vesalius Wet Lab	90
					0

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Tuesday, 08 Apr 2014 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
15:30	17:00	Lecture Case Discussions; Midfoot/Forefoot Injuries (with coffee) (Groups 2 & 4)		Vesalius Lecture Theatre	90	
15:30	17:00	Workshop (cadaver) ORIF Cuboid/Navicular/Lisfranc (Groups 1 & 3)		Vesalius Wet Lab	90	
17:00	17:45	Discussion Delegate Cases/Faculty's 'My worst case ever'	Roger Atkins; Sue Deakin; Stephen Hepple; Mark Jackson; Umraz Khan; James Livingstone; Stephen Mitchell; Sean Nork; David Stainsby; Claire Topliss	Vesalius Lecture Theatre	45	

## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Wednesday, 09 Apr 2014 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
09:00	09:20	Other Coffee & questions		Vesalius Lecture Theatre	20	
09:20	09:40	Lecture Metatarsal/Phalangeal fractures		Vesalius Lecture Theatre	20	
09:40	10:05	Discussion Tendon/Ligament Injuries		Vesalius Lecture Theatre	25	
10:05	10:25	Lecture Compartment Syndrome		Vesalius Lecture Theatre	20	
10:25	11:20	Lecture Still Stumped? VA foot, VA ankle, pilon plates, Ex-fix, including instruments (with coffee)		Vesalius Wet Lab Breakout Room	55	
11:20	11:40	Lecture Fine wire fixation in the foot & ankle		Vesalius Lecture Theatre	20	
11:40	12:05	Lecture CRPS	Roger Atkins	Vesalius Lecture Theatre	25	
12:05	13:25	Lecture The foot & ankle trauma Unit		Vesalius Lecture Theatre	80	
13:25	13:35	Lecture Summary & Feedback	Stephen Mitchell	Vesalius Lecture Theatre	10	



## AOTrauma Course—Foot and Ankle

07 Apr 2014 - 09 Apr 2014, Bristol, United Kingdom

### Wednesday, 09 Apr 2014 (Day 3)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
13:35	14:00	Close of Course, evaluation and light lunch		Vesalius Lecture Theatre Breakout Area	25