

10th EFAS Congress

**Hotel Rey Juan Carlos I
Palau Congressos de Catalunya
Barcelona, Spain**



16th-18th October 2014



2ND ANNOUNCEMENT

Register Online www.efas.co

Early Registration Deadline 16th August 2014

WELCOME

Dear Colleagues

It is with great pleasure that I send you the 2nd Announcement for the 10th EFAS Congress which will be hosted in Barcelona on 16-18 October 2014. The Scientific Committee has planned an interesting programme of Keynote Lectures and we have received an unprecedented number of abstracts for the Free Paper session which are currently being assigned to the programme. We are delighted to include an International Guest Session in this congress programme and we welcome colleagues from APSFAS, COFAS, FLAMECIP, KFAS who will present views from around the world.

We look forward to meeting you in Barcelona.



Antonio Viladot
EFAS President and Local Host

Invited Keynote Speakers

P. H. Ågren	P. Diebold	E. Maceira	P. Rippstein
F. Alvarez	J. Döhle	N. Maffulli	T. Schepers
S. Bendall	N. Espinosa	X. Martin	M. Thomas
P. Barouk	P. Golano	M. Monteagudo	Y. Tourné
J.L. Besse	M. Guelfi	S. Parsons	V. Valderrabano
A. Dalmau	B. Hintermann	E. Rabat	J. Vega
M. Davies	W. Jeffcoate	S. Rammelt	J. Vernois
M. Delmi	H. Kofoed	D. Redfern	A. Viladot
M. De Prado	J. W. Louwerens	M. Richter	M. Walther
			I. Winson

Organiser:

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Scientific Committee:

Fernando Alvarez
Antonio Dalmau
Marino Delmi
Johannes Hamel
Fabian Krause
Eduard Rabat
David Redfern (Chair)
Alexandre Rochwerger
Dishan Singh
Francesca Vannini
Antonio Viladot (Local Host)

10th EFAS International Congress

16TH-18TH October 2014

PRELIMINARY PROGRAMME



THURSDAY 16TH OCTOBER 2014

07:00 Registration
 07:50 Opening Ceremony:
A. Viladot, EFAS President,
D. Redfern, Chair of EFAS Scientific Committee,
G. Concheiro, President SEMCPT

08:00-09:20 **SESSION 1 SYMPOSIUM: FOREFOOT; THE PLANTAR PLATE**

08:00 Anatomy of the lesser toe MTPJ *P. Golano*
 08:10 Mechanics, Pathomechanics and classification *A. Viladot*
 08:20 When, why and how I repair the plantar plate *M. Thomas*
 08:30 Why and how I manage without plantar plate repair *E. Maceira*
 08:40 Minimally invasive options *D. Redfern*
 08:50 Discussion

09:20-10:25 **SESSION 2 FREE PAPERS**

10:25-10:55 Coffee Break, Exhibition and Posters

10:55-12:10 **SESSION 3 SYMPOSIUM: SPORTS; THE ACHILLES**

10:55 Defining insertional, non-insertional & Haglund's Achilles pathology *S. Bendall*
 11:05 The role of modern biologics and the evidence *N. Espinosa*
 11:15 The role of the gastrocnemii *P. Barouk*
 11:25 The Zadek osteotomy in distal Achilles pathology *P. Rippstein*
 11:35 Arthroscopic treatment options for Achilles pathology *I. Winson*
 11:45 Discussion
 12:10-14:10 Lunch, Exhibition, Industry Workshops and Posters

14:10-15:10 **SESSION 4 SYMPOSIUM: SPORTS; ARTHROSCOPY**

(VIDEO based presentations)
 "My technique and tips for..."
 14:10 Posterior ankle endoscopy *N. Espinosa*
 14:20 Arthroscopy/endoscopy of subtalar joints /sinus tarsi *X. Martin*
 14:30 Arthroscopic Subtalar Fusion *S. Parsons*
 14:40 Tendonoscopy in the foot & ankle *J. Vega*
 14:50 Hallux MTPJ arthroscopy *M. Walther*
 15:00 Discussion

15:20-16:00 **SESSION 5 FREE PAPERS**

16:00-16:30 Coffee Break, Exhibition and Posters

16:30-17:25 **SESSION 6 POSTER SESSION**

18:30 Welcome Reception, Gardens, Hotel Rey Juan Carlos I

FRIDAY 17TH OCTOBER 2014

08:00-09:20

SESSION 7 DIABETES: CHARCOT ARTHROPATHY

- 08:00 Aetiology and Current Medical Therapy In Charcot Arthropathy Of The Foot and Ankle *W. Jeffcoate*
- 08:25 Should we reconstruct; does it really work? *P.-H. Ågren*
- 08:35 When and how to intervene in acute dislocation of Charcot midfoot
J.W. Louwerens
- 08:55 Total Ankle Replacement and Diabetes *J.L Besse*

09:20-10:10

SESSION 8 FREE PAPERS

- 10:10 Coffee, Exhibition and Posters

10:40-11:40

SESSION 9 INTERNATIONAL GUEST SYMPOSIUM

- 10:40-10:55 Fresh-frozen allograft for reconstruction of massive osteochondral defects of the talus *J. Y. Arauz, FLAMECIP*
- 10:55-11:10 Reconstruction of the Chronic Subtalar Instability using the Semitendinosus Allograft Tendon and Biotenodesis Screws *H. G. Jung KFAS*
- 11:10-11:25 Title to be confirmed *K. L. Tang, COFAS*
- 11:25-11:40 Title to be confirmed *H. S. F. Yip, APSFAS*
- 11:40 Discussion

11:45-13:15

SESSION 10 EFAS GENERAL ASSEMBLY

- 13:15-14:30 Lunch, Exhibition, Industry Workshops and Posters
- 14:30 THE PRESIDENT'S LECTURE:
The Past, Present And Future of Total Ankle Replacement *H. Kofoed*
- 15:00-15:10 Presidents Farewell/Inauguration; *A. Viladot's* Farewell
and Inauguration of New President, *M. Richter*

15:10-16:25

SESSION 11 HINDFOOT: THE ADULT ACQUIRED FLATFOOT

- 15:10 Anatomy, pathology and classification of adult acquired flatfoot *M. Delmi*
- 15:20 Current Concepts / Treatments for stage II disease *B. Hintermann*
- 15:35 I don't need a tendon transfer in stage II disease *M. Monteagudo*
- 15:45 Why and how I use an arthroeresis screw *F. Alvarez*
- 15:55 Treatment in stage III and IV *J. Dohle*
- 16:05 Discussion

16:25-16:55

SESSION 12 FREE PAPERS

- 16:55-17:15 Coffee, Exhibition and Posters

17:15-18:10

SESSION 13 ROUND TABLE "MIS & OPEN TECHNIQUES IN THE FOREFOOT" (CASE LED DEBATE)

- Case 1:** 42yr old marathon runner with isolated stiff hammered 2nd toe (iatrogenic short 1st ray) but only occasional mild associated metatarsalgia
- 17:15 My open surgical solution *Y. Tourné*
- 17:20 My MIS solution *E. Rabat*
- 17:25 Panel and floor debate

Case 2: 75yr old lawyer with bilateral multiple triplanar lesser toe deformities (mild asymptomatic hallux valgus) but minimal metatarsalgia

17:30 My open surgical solution *M. Guelfi*

17:35 My MIS solution *J. Vernois*

17:40 Panel and floor debate

Case 3: 36yr old female with symptomatic type II/III bunionette

17:45 My open surgical solution *P. Diebold*

17:50 My MIS solution *M. De Prado*

17:55 Panel and floor debate

18:10 Adjourn

20:00 EFAS Congress & Presidents' Dinner, Xalet de Montjuic

SATURDAY 18TH OCTOBER 2014

08:00-08:50 SESSION 14 FREE PAPERS

08:50-09:35 SESSION 15 SYMPOSIUM RESEARCH: BIOLOGICS IN THE FOOT & ANKLE

08:50 Augmentation of bone union *V. Valderrabano*

09:00 Hyaline cartilage repair *A. Dalmau*

09:10 Tendon / Ligament repair *N. Maffulli*

09:20 Discussion

09:35-10:05 EFAS Research Award 2014 - PRESENTATIONS

10:05-10:45 SESSION 16 FREE PAPERS

10:45 – 11:00 EFAS RESEARCH AWARD 2014 - AWARD PRESENTATION

11:00 – 11:30 Coffee, Exhibition and Posters

11:30-12:30 SESSION 17 SYMPOSIUM TRAUMA

11:30 Current evidence for optimal management of calcaneal fracture *T. Schepers*

11:40 Current evidence for optimal management of Achilles rupture *M. Richter*

11:50 The osteoporotic ankle fracture - recognition and treatment options *S. Rammelt*

12:00 Avoiding syndesmotic malreduction and treating this complication *M. Davies*

12:10 Arthroscopic ATFL reconstruction *J. Vega*

12:20 Discussion

12:30 – 12:45 AWARDS PRESENTATION CEREMONY

EFAS Best oral clinical paper award/ EFAS Best poster award/ IFFAS Award

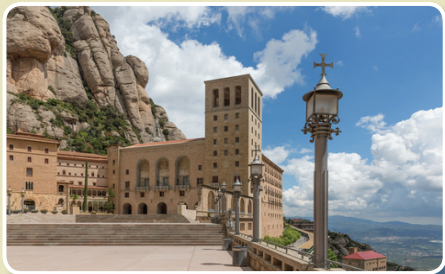
12:45 Closing Ceremony

followed by light lunch and depart / afternoon social excursion



PARTNER AND FAMILY PROGRAMME

It is possible to book Tours on the Registration form. Tours dependent on minimum booking numbers.



TOUR TO MONTSERRAT

Visit the spiritual centre of the Catalan people in the monastery built into the mountains. Spectacular mountain landscapes.

WALKING TOUR BARCELONA'S GOTHIC ROMAN, & MEDIEVAL QUARTER

Walking tour including Ramblas, walled city, 14th century subterranean areas, and 4th Century Gothic Palace.

WORLD OF GAUDI

Tour will give insight into the mind of Antoni Gaudi visiting some of his more notable works including Passeig de Gracia, Casa Milà, La Sagrada Familia, Park Güell.

TOUR TO GIRONA AND FIGUERAS

Visit to Roman city of Girona, ancient temples, palaces and 14th Century Cathedral. Tour to Figueras where Salvador Dali lived and worked.



CONGRESS SOCIAL EVENTS

Thursday 16th October – Welcome Reception

Welcome Reception including Spanish Wines and Tapas served in the lush 19th Century Mediterranean gardens of the Hotel Rey Juan Carlos I

Friday 17th October – Congress and Presidents Dinner

Guests will be transported to Xalet de Montjuic on the hillside overlooking Barcelona for an evening of fine wines, dinner and excellent Spanish hospitality.

Saturday 18th October - Cava Tasting & Gourmet Dinner at Cava & Hotel Mastinell. Guests will travel to El Penedès region 30 minutes from Barcelona to have a guided Cellar Visit, Cava Tasting and Private Gourmet Dinner with Wines

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HOST CITY AND CONGRESS VENUE

BARCELONA, SPAIN

The city is the capital of Catalunya, a region of Northern Spain that has its own unique culture, traditions and personality. Barcelona is home to masterpieces of many great architects including Antoni Gaudí whose work is admired around the world as being one of the most unique and distinctive styles in modern architecture. Barcelona now boasts a new seafront area and the famous La Rambla leads down to the refurbished Port Vell which has become a popular leisure area.

A gastronomic city, Barcelona has an abundance of fine restaurants and due to its wonderful Mediterranean climate visitors can dine al fresco in October in temperatures of 18° (65F).



Congress Venue – Hotel Rey Juan Carlos I

The venue for the EFAS Congress is the Hotel Rey Juan I Carlos part of the Palau Congressos de Catalunya complex. Encircling the Palau and hotel are 25,000m² 19th century Gardens which makes the location an oasis on the edge of Barcelona city. Located on the Diagonal, the city's main avenue, the venue is walking distance from shopping, cultural and financial centres and guests can take the Metro into the city centre. The congress venue offers contemporary meeting space along with 432 bedrooms, bars, restaurants, indoor and outdoor pools and fitness facilities.

How to reach Barcelona

By Air: **Barcelona El Prat Airport** (IATA: BCN ICAO: LEBL) is situated 14kms from the City. The congress venue is 15 minute by car or taxi from the airport and the taxi fare c€20. By train/metro to journey is 40 minutes. Take the train from the Airport to Sants Estació station. From the station, take the metro line number 3 (green line) to Zona Universitaria and the hotel is a short walk from the metro stop. The venue is very accessible for access to the motorways to Madrid, France and the Mediterranean coastline.

INDUSTRY WORKSHOPS

Industry Workshops are scheduled during the lunch breaks on Thursday 16th and Friday 17th October 2014. Details will be printed in the Final Programme.

Thursday 16th: **GRAMEDICA®**

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Friday 17th: **DePuySynthes**
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