

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

05 May 2014 - 06 May 2014, Aachen, Germany

Monday, 05 May 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
07:30	08:00	Other Participant registration			30
08:00	08:15	Opening remarks Welcome and introduction	Markus Gosch; Christian Kammerlander; Hans-Christoph Pape		15
08:15	11:00	Video based case discussion: Complicated hip fractures	Stephen Kates		165
08:15	11:00	Discussion (small group) Group A	Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Stephen Kates; Matthias Knobe; Ulrich Liener; Thomas Luger; Joseph Nicholas; Hans-Christoph Pape; Marlies Regtuijt; Tobias Roth		165
08:15	11:00	Discussion (small group) Group B	Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Stephen Kates; Matthias Knobe; Ulrich Liener; Thomas Luger; Joseph Nicholas; Hans-Christoph Pape; Marlies Regtuijt; Tobias Roth		165
08:15	11:00	Discussion (small group) Group C	Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Stephen Kates; Matthias Knobe; Ulrich Liener; Thomas Luger; Joseph Nicholas; Hans-Christoph Pape; Marlies Regtuijt; Tobias Roth		165

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

05 May 2014 - 06 May 2014, Aachen, Germany

Monday, 05 May 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:15	11:00	Discussion (small group) Group D	Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Stephen Kates; Matthias Knobe; Ulrich Liener; Thomas Luger; Joseph Nicholas; Hans-Christoph Pape; Tobias Roth		165
08:15	11:00	Discussion (small group) Group E	Markus Gosch; Han Hegeman; Hans Jürgen Heppner; Martin Hessmann; Christian Kammerlander; Stephen Kates; Matthias Knobe; Ulrich Liener; Thomas Luger; Joseph Nicholas; Hans-Christoph Pape; Marlies Regtuijt; Tobias Roth		165
08:15	11:00	Lecture Small lectures (7') Principles of comanaged care - J Nicholas Regional versus general anesthesia—does it matter? - T Luger Comorbidity and perioperative optimization - HJ Heppner Delirium - M Gosch Functional status, treatment goals, and prognosis - C Kammerlander	Markus Gosch; Hans Jürgen Heppner; Christian Kammerlander; Thomas Luger; Joseph Nicholas		165
11:00	11:20	Coffee Break			20
11:20	13:20				120

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

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Monday, 05 May 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:20	13:20	BREAK OUT GROUP: SURGEONS	Christian Kammerlander		120
11:20	12:05	Discussion Case-based discussion Proximal humerus Conclusions: Evidence and trends	Martin Hessmann		45
12:05	12:40	Discussion Case-based discussion Around the elbow Conclusions: Evidence and trends	Stephen Kates		35
12:40	13:20	Discussion Case-based lecture and discussion Around the wrist Conclusions: Evidence and trends	Han Hegeman		40
11:20	13:20	BREAK OUT GROUP: HOSPITALISTS, GERIATRICIANS & ANESTHESIOLOGISTS: Preoperative management	Markus Gosch		120
11:20	11:55	Discussion Case based discussion—Preoperative optimization	Marlies Regtuijt		35

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

05 May 2014 - 06 May 2014, Aachen, Germany

Monday, 05 May 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
11:55	12:30	Discussion Case based discussion—Diagnostic procedures and assessment tools	Joseph Nicholas		35	
12:30	12:55	Discussion Case based discussion—Sarcopenia and frailty – can we treat it?	Markus Gosch		25	
12:55	13:20	Discussion Cases based discussion—Pain medication – can we do more?	Thomas Luger		25	
13:20	14:00	Lunch Break			40	
14:00	18:30	Small group discussions			270	
14:00	15:00	Discussion (small group) Group 1	Markus Gosch; Tobias Roth		60	
14:00	15:00	Discussion (small group) Group 2	Han Hegeman; Marlies Regtuijt		60	
14:00	15:00	Discussion (small group) Group 3	Hans Jürgen Heppner; Martin Hessmann		60	
15:00	15:30	Lecture Anticoagulation	Tobias Roth		30	

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

05 May 2014 - 06 May 2014, Aachen, Germany

Monday, 05 May 2014 (Day 1)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
15:30	16:20	Lecture Complicated anesthesia management - T Luger Postoperative medical management - HJ Heppner Assessment of malnutrition, sarcopenia, and frailty - J Nicholas	Hans Jürgen Heppner; Thomas Luger; Joseph Nicholas		50	
16:20	16:40	Coffee Break			20	
16:40	17:20	Lecture Treatment of osteoporosis and secondary fracture prevention Case discussion and treatment algorithm	Markus Gosch; Tobias Roth		40	
17:20	17:30	Lecture Implant augmentation	Christian Kammerlander		10	
17:30	17:40	Lecture Atypical fractures	Ulrich Liener		10	
17:40	18:20	Lecture Geriatric fracture center Major steps of implementation Questions and answer	Christian Kammerlander; Stephen Kates		40	
18:20	18:30	Closing remarks Closing remarks and ARS			10	

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

05 May 2014 - 06 May 2014, Aachen, Germany

Tuesday, 06 May 2014 (Day 2)

Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:30	13:00	Small group discussions			270
08:30	09:30	Discussion (small group) Group 1	Markus Gosch; Tobias Roth		60
08:30	09:30	Discussion (small group) Group 2	Han Hegeman; Marlies Regtuijt		60
08:30	09:30	Discussion (small group) Group 3	Hans Jürgen Heppner; Martin Hessmann		60
09:30	13:00	BREAK OUT GROUP: SURGEONS	Christian Kammerlander		210
09:30	10:20	Discussion Case-based discussion Femoral neck fractures Per-/subtrochanteric fractures Conclusions: Evidence and Trends	Matthias Knobe		50
10:20	11:15	Discussion Case-based discussion Pelvis and acetabulum Conclusions: Evidence and Trends	Martin Hessmann		55
11:15	11:30	Coffee Break			15

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

05 May 2014 - 06 May 2014, Aachen, Germany

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:30	12:15	Discussion Case-based discussion Periprosthetic femur fractures Conclusions: Evidence and Trends	Ulrich Liener		45
12:15	12:45	Discussion Case-based discussion Fractures around the knee Principles, typical failures, and solutions Conclusions	Hans-Christoph Pape		30
12:45	13:00	Discussion Case-based discussion Update on osteoporotic spine fractures	Christian Kammerlander		15
09:30	13:00	BREAK OUT GROUP: HOSPITALISTS, GERIATRICIANS & ANESTHESIOLOGISTS	Markus Gosch		210
09:30	09:55	Discussion Case-based discussion Evaluation and management of falls	Marlies Regtuijt		25
09:55	10:20	Discussion Case-based discussion Prevention and treatment of delirium	Markus Gosch		25

AOTrauma Europe Masters Course—Fragility Fractures and Orthogeriatrics

05 May 2014 - 06 May 2014, Aachen, Germany

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
10:20	10:45	Discussion Case-based discussion Polypharmacy: Medications in the elderly	Joseph Nicholas		25
10:45	11:15	Discussion Case based discussion Treatment and prevention of malnutrition	Marlies Regtuijt		30
11:15	11:30	Coffee Break			15
11:30	12:00	Lecture Surgical basics	Tobias Roth		30
12:00	13:00	Discussion Round table discussion: How do you manage...	Markus Gosch; Joseph Nicholas; Marlies Regtuijt		60
13:00	13:45	Lunch Break			45
13:45	15:00				75
13:45	14:05	Discussion Case based discussion Assessment and treatment of pain	Marlies Regtuijt		20
14:05	14:15	Discussion Case based discussion The unstable and critically ill patient	Hans Jürgen Heppner		10

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05 May 2014 - 06 May 2014, Aachen, Germany

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
14:15	14:45	Lecture Geriatric rehabilitation from Traumatologic and Geriatric Perspective	Markus Gosch; Hans-Christoph Pape		30	
14:45	15:00	Closing remarks Closing remarks, ARS, and distribution of certificates	Markus Gosch; Christian Kammerlander; Hans-Christoph Pape		15	