

First Announcement

AOSpine Principles Course— Everything you always wanted to know about thoracolumbar spinal basics

2 October, 2015

NIJMEGEN, NETHERLANDS



Welcome to Nijmegen

Dear colleagues,

We welcome you to Nijmegen for this AOSpine Educational Event. The history of Nijmegen goes back over 2000 years with first descriptions of the city during the Roman empire times. In 1402 the city became a Hanzestad, opening trading opportunities with other cities in the North Sea and East Sea area. Between 1655 and 1679 the first steps into an academic environment were taken, but it took until 1923 for the Radboud University to be founded.

In present times Nijmegen has 170,000 inhabitants and is the 10th largest city in The Netherlands. In the recent past Nijmegen was host to several AOSpine courses, including "hands on" specimen courses and combined meetings with other societies or research groups. We therefore feel the challenge to fit in this educational tradition and strive to bring you the optimal learning experience with this Principles Course.

We hope the day will fulfill your expectations, and help you start with the AOSpine network.

Sincerely,



Philip Horsting
Chairperson
Netherlands



Eric Kraaneveld
Co-Chairperson
Netherlands



Alberto Diez Ulloa
Educational Advisor
Spain

Description of the Event

This course addresses the basics of thoracolumbar anatomy and pathology from different points of view, addressed by specialists in their respective fields, all centered around a basic understanding of spinal function. Basic practical exercises are part of this educational event.

Participants will experience lectures about thoracolumbar spinal basics, small group faculty lead case discussions, and workshops. To increase the educational effect and interaction the number of participants during the workshop is limited to two per work station. Experienced faculty will guide the workshop. Videos will be available throughout the practical exercises for review purposes.

Target Participants

Spine surgery interested residents (neurology, neurosurgery, orthopedics, trauma, anaesthesia, rehab medicine). Spine surgery fellows and spinal surgeons with less than 3 years experience.

Event Objectives

Increase understanding of relevant (functional) anatomy and its relation with clinical and radiological pathology.

Understanding of clinical complaints and relevant anatomy and anatomical variations of the thoracolumbar spine.

Proposed Faculty

- | | | |
|---------------|---------|----------------|
| • Altena | Mark | Netherlands |
| • Bartels | Ronald | Netherlands |
| • Broere | Dan | Netherlands |
| • Emery | Richard | France |
| • Hoogendoorn | Roel | Netherlands |
| • Klezl | Zdenek | United Kingdom |
| • Morrison | Robert | Germany |
| • Obradov | Marina | Netherlands |

Overview

Friday, 2 October, 2015

Session 1: Spine fundamentals

- Basic/functional anatomy
- Radiological fundamentals
- Neurological fundamentals
- Pathological entities

Session 2: Practicals

Group A:

- Case discussions (neurology)
- Case discussions (radiology)

Group B:

- Saw bone decompression

NB. Groups A & B will rotate once to allow for completion of both case discussions and hands on session.

Session 3: Pathology fundamentals

- Stability / balance
- Pain

Session 4: Practicals

Group A:

- Case discussions (stability / balance)
- Case discussions (pain)

Group B:

- Saw bone pedicle screws

NB. Groups A & B will rotate once to allow for completion of both case discussions and hands on session.

Project Manager

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Information and Registration

Online: <http://NIJMEGEN1510.aospine.org>

Course fee

AOSpine members	Euro 225.– (10% discount)
AOSpine non-members	Euro 250.–

Included in course fee

Course certificate, course bag, course materials, lunch & coffee breaks

CME Accreditation

An application has been made to the UEMS-EACCME® for CME accreditation of this event

Venue

Sint Maartenskliniek
PQ-Complex
Hengstdal 3
6522 JV NIJMEGEN

Phone: +31 24 365 9116
<https://www.maartenskliniek.nl>





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please visit our web site:
www.aospine.org/coursedirectory.aspx