

# BOFAS 2015

## Day 1 Wednesday 11<sup>th</sup> November

08.00 Registration & Coffee

08.45 Welcome to BOFAS 2015 –

09.00-10.30 **Instructional 1:** Ankle 'instability'

*Chairs:*

09.00 – 09.10	The Brostrom in 2015: when and how?
09.10 – 09.20	When to reinforce the Brostrom and how?
09.20 – 09.30	Is there still a role for non-anatomic repair?
09.30 – 09.40	Who needs an osteotomy?
09.40 – 09.50	The subtle cavus foot.
09.50 – 10.00	Role of arthroscopy in the Mx of syndesmotic instability.

10.00 – 10.30 Discussion

10.30-11.00 Tea/Coffee

11.00-12.30 Free Papers

*Chairs:*

12.30-13.30 Lunch

13.30-15.00 **Instructional 2:** Hindfoot/midfoot deformity

13.30 – 13.40	Correction of mal-united calcaneus fractures:beyond the bone block
13.40 – 13.50	
13.50 – 14.00	Correcting severe cavo-varus:are fusions really the wrong approach ?
14.00 – 14.10	
14.10 – 14.20	Deltoid ligament insufficiency: acute and chronic
14.20 – 14.30	Do we put implants in flat feet: adults/children ?
14.30 – 15.00	Discussion

15.00-15.30 Tea/Coffee

15.30-16.00 **Keynote Speaker:** *Christopher di Giovanni*

16.00-17.30 **Instructional 3:** Forefoot/Sports 'pot pouri'  
*Chairs:*

16.00 – 16.10	Lapidus vs Scarf in 2015
16.10 – 16.20	Navicular fractures; stress and otherwise
16.20 – 16.30	DMO: what's the evidence? Does it have a role?
16.30 – 16.40	Turf toe: when conservative care fails ...
16.40 – 16.55	How I manage insertional Achilles' tendinopathy - USA
16.55 – 17.10	How I manage insertional Achilles' tendinopathy - Europe
17.10 – 17.30	Discussion

18.00-19.00 **Poster Viewing & Networking  
Reception**

# Day 2 Thursday 12<sup>th</sup> November

## **08.30 – 12.30 Workshops**

08.30 – 09.30

09.30 – 11.10

11.10 – 12.30

11.30 – 12.30

? Wright Medical Surgical Skills lab at MATTU

? TAR Manufacturer's 'champions' debate:  
'Why our TAR is best – pros/cons'

## **08.30 – 12.30 AHP Meeting**

## **09.00 – 13.00 GP Meeting**

## **09.00 – 10.30 Difficult Cases Meeting**

13.00 – 14.00 Lunch

## **14.00 – 15.30 Free Papers**

*Chairs:*

**15.30 – 16.45 Symposium:**

How do I get my fractures/arthrodeses to unite?

15.30 – 16.00	Unified fracture theory – David Elliott & Bob Handley
16.00 – 16.10	Orthobiologics: are they any use? -
16.10 – 16.20	Why I graft: -
16.20 – 16.30	Why I don't graft: - David Elliott
16.30 – 16.45	Discussion

**16.45 – 17.15 Tea/Coffee**

**17.15 – 18.15 Instructional 4:**

Ankle fractures

17.15 – 17.25	How to assess stability: which ones need fixing?
17.25 – 17.35	Syndesmosis: when does it need fixing and how?
17.35 – 17.45	Posterior malleolus fractures: which ones to fix and how?
17.45 – 17.55	Medial malleolus fractures: are they all the same?
17.55 – 18.05	Osteoporotic ankle fractures: tips and tricks
18.05 – 18.15	Discussion

**18.15 – 18.45 Keynote Speaker:** *Roy Lilley*

**20.00 BOFAS Annual Dinner  
(Mercedes-Benz World)**

# Day 3 Friday 13<sup>th</sup> November

## **08.00 – 08.30 Update 1: Outcomes: Any progress ?**

*Chair:*

08.00 – 08.10 ProOne personal

*Matt Solan*

08.10 – 08.20 BOFAS Registry

*Paul Halliwell*

08.20 – 08.30 Hospital Registry

*Andy Molloy*

08.30 – 08.40 NJR/Tarva trial update

*Andy Goldberg*

## **08.50 – 09.00 Update 2:**

*Chair:*

08.50 – 09.00 DVT prophylaxis in F&A surgery: A US perspective

*Christopher di Giovanni*

## **09.15 – 09.30 Update 3: Diabetic foot management in the UK**

*Chair:*

09.15 – 09.25 The current state of affairs:

*Fred Robinson*

09.25 – 09.35 The desired state of affairs:

*Matt Solan*

## **09.45 – 11.15 Free Papers**

*Chairs:*

**11.15 – 11.45** Tea/Coffee

## **11.45 – 13.00 Current Debates**

*Chairs:*

### **11.45 – 12.30** 1. Achilles tendon rupture:

11.45 – 12.00 'Why I would have mine surgically repaired'  
*Speaker*

12.00 – 12.15 'Why I would have mine managed functionally'  
*Claire Topliss*

12.15 – 12.30 Discussion

### **12.30 – 12.45** 2. Calcaneus fractures: where are we now? *Nikos Gougoulas*

12.45 – 13.00 Discussion

## **13.00 – 13.45** Lunch

## **13.45 – 13.55 Best Paper/Best Poster Prize Presentations** *Anthony Sakellariou/Matt Solan*

## **14.00 – 14.30 Keynote Speaker:** *Steven Haddad*

## **Close of Scientific Meeting**

## **14.30 – 15.45 BOFAS AGM**