

Program

# OrthoDays 2017

**International Foot and Ankle Course**

**January 25 – 27, 2017**



Host

**Prof. Beat Hintermann and international faculty**

Venue

**AMTS, MuttENZ, Switzerland**

## Welcome Message

Yes, it is true. The next year's foot course will be the 20<sup>th</sup> Course! It will be again held at the new AMTS (Academy for Medical Training and Simulation) in Muttentz, Switzerland, between the 27<sup>th</sup> and 29<sup>th</sup> January, 2017. We tried to get an adapted program which includes a special symposium about what are the breakthroughs in foot and ankle surgery of the last years. The practical exercises will be still a main part of the course, but a bit differently. There will be a Video-symposium with current surgical techniques.

New ideas, new faces and a new course format await you during the OrthoDays 2017. Superb educational opportunities – the latest in products and services – networking with colleagues – seeing old friends and making new acquaintances. The new approach with two full-day practical exercises in the Wet Lab will ensure a high exchange of knowledge and expertise, and it will enlarge your skills in foot and ankle surgery. Case discussions with experts will be stimulating and groundbreaking and we encourage participating actively. An outstanding international faculty welcomes you to share this unique opportunity with us.

We hope for a once in a life time experience for all.



Prof. Beat Hintermann

### Patronage/Program

#### **Prof. Beat Hintermann**

Kantonsspital Baselland, Klinik für Orthopädie und Traumatologie des Bewegungssapparates, 4410 Liestal, [orthodays2017@ksbl.ch](mailto:orthodays2017@ksbl.ch)

### Organization/Registration

conidea GmbH, Waldheimstrasse 22, 3604 Thoune, Switzerland  
T: +41 33 335 02 79, [orthodays2017@conidea.ch](mailto:orthodays2017@conidea.ch)

# Program

## OrthoDays 2017 International Foot and Ankle Course

### Wednesday, January 25<sup>th</sup>

Time	Theme/Subject	Speaker
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08:30	Announcements	<b>B. Hintermann</b>
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08:40	Presidential welcome address SFAS	<b>N. Espinosa</b>
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	Moderators	<b>N. Espinosa, B. Hintermann</b>
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#### **Anatomy of the medial hindfoot**

08:45	Anatomy of the medial hindfoot	<b>J. Nunley</b>
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09:05	<b>Practical Exercise I</b> (cadaveric specimens)	<b>J. Nunley, R. Ruiz</b>
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10:30	Coffee break	
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#### **Anatomy of the lateral hindfoot**

11:00	Anatomy of the lateral hindfoot	<b>B. Ribbans</b>
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11:05	<b>Practical Exercise II</b> (cadaveric specimens)	<b>B. Ribbans, M. Knupp</b>
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12:30	Lunch	
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Time	Theme/Subject	Speaker
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	Moderators	<b>C. Ortiz, C. Nery</b>
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#### **Forefoot Disorders I**

13:30	Decision making	<b>H. Trnka</b>
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#### **Videosymposium I: How I do it?**

14:00	Hallux valgus: TMI 1-fusion	<b>M. Assal</b>
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14:15	Hallux valgus: Proximal osteotomies	<b>E. Wagner</b>
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14:30	Hallux valgus: Distal osteotomies	<b>M. Knupp</b>
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14:45	Hallux rigidus: Joint preserving surgery	<b>J. Nunley</b>
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15:00	Hallux rigidus: MTP 1-fusion	<b>N. Espinosa</b>
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15:15	Metatarsalgia: Metatarsal osteotomies	<b>H. Trnka</b>
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15:30	Coffee Break	
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16:00	<b>Practical Exercise III</b> (cadaveric specimens) (under supervision of experts) Forefoot surgeries	
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17:30	Case discussions	<b>H. Trnka</b>
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18:30	Adjourn, Transfer to the Hotel	
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## Thursday, January 26<sup>th</sup>

Time	Theme/Subject	Speaker	Time	Theme/Subject	Speaker
	Moderators	K. Wapner, H. Trnka		Moderators	M. Knupp, E. Wagner
	<b>Anatomy of the Mid- and Forefoot</b>			<b>Medially unstable foot / Valgus foot</b>	
08:00	Anatomy of the midfoot	K. Wapner	13:30	My treatment algorithm	E. Wagner
08:20	Anatomy of the forefoot (incl. plantar plate)	H. Trnka		<b>Video-Symposium III: How I do it ?</b>	
08:40	Mini-Battle: Should the plantar plate be repaired?		13:50	Medial ligament reconstruction	B. Hintermann
	• No	J. Nunley	14:05	FDL-transfer	C. Ortiz
	• Yes	C. Nery	14:15	Medial sliding osteotomy	E. Wagner
			14:25	Lateral column lengthening osteotomy	R. Ruiz
09:00	<b>Practical Exercise IV (cadaveric specimens)</b>		14:35	Medial closing wedge osteotomy of tibia	F. Krause
	Plantar plate repair	C. Nery			
	Lisfranc reconstruction	M. Assal			
10:00	Coffee Break		14:45	<b>Practical Exercise VI (cadaveric specimens)</b> (under supervision of experts)	
	<b>Laterally unstable foot / Varus foot</b>			Medial foot reconstruction in algalus foot	
10:30	My treatment algorithm	F. Krause	16:00	Coffee Break	
	<b>Video-Symposium II: How I do it ?</b>			Moderator	B. Ribbans
10:50	Lateral ligament reconstruction	B. Ribbans		<b>Foot Reconstruction – Learn from the master</b> (Case based discussion round)	
10:05	Z-osteotomy of calcaneus	M. Knupp	16:30	How I did this case	H. Trnka
10:15	PL- to PB-tendon transfer	A. Barg	16:45	How I did this case	C. Ortiz
11:30	<b>Practical Exercise V (cadaveric specimens)</b> (under supervision of experts)		17:00	How I did this case	F. Krause
	Lateral foot reconstruction in varus foot		17:15	How I did this case	N. Espinosa
12:30	Lunch		17:30	How I did this case	M. Assal
			17:45	How I did this case	M. Knupp
			18:00	How I did this case	K. Wapner
			18:15	How I did this case	E. Wagner
			18:30	How I did this case	C. Nery
			18:45	Adjourn, Transfer to the Hotel	
			20:00	<b>Get-together Hotel Marriot</b>	

## Friday, January 27<sup>th</sup>

**Time Theme/Subject Speaker**

Moderators **R. Ruiz, B. Hintermann**

### Breakthroughs in Foot and Ankle Surgery in the last 20 years

08:00 Forefoot surgery **H. Trnka**  
 08:15 Midfoot surgery **K. Wapner**  
 08:30 Hindfoot (with/without peritalar) instability **A. Barg**  
 08:50 Acquired flatfoot of the adult **R. Ruiz**  
 09:00 Ankle osteoarthritis: joint preserving surgery **M. Knupp**  
 09:20 Ankle osteoarthritis: total ankle replacement **B. Hintermann**  
 09:40 Hindfoot fusion **N. Espinosa**  
 10:00 20 years of education in Switzerland **J. Nunley**

10:30 Coffee Break

Moderator **K. Wapner**

### Case discussions

10:30 Case I – what to do ? **A. Barg**  
 10:40 Case II – what to do ? **C. Nery**  
 10:50 Case III – what to do ? **B. Ribbans**  
 11:00 Cases from the audience **Participants**

12:00 Lunch

**Time Theme/Subject Speaker**

Moderator **J. Nunley**

### Foot Reconstruction – Learn from the master (Case based discussion round)

13:00 My worst case **H. Trnka**  
 13:15 My worst case **M. Knupp**  
 13:45 My worst case **C. Nery**  
 14:00 My worst case **N. Espinosa**  
 14:15 My worst case **E. Wagner**  
 14:30 My worst case **M. Assal**  
 14:45 My worst case **B. Hintermann**  
 15:00 My worst case **M. Knupp**  
 15:15 My worst case **F. Krause**  
 15:30 My worst case **C. Ortiz**  
 15:45 Discussion and final Remarks **B. Hintermann**

16:00 Adjourn

End of the course

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## Venues, Driving Directions, Parking

### Location

**AMTS** Academy for Medical Training and Simulation  
Kriegackerstrasse 100,  
CH-4132 MuttENZ BL  
info@amts.ch, www.amts.ch  
The AMTS is located in the upper three floors of the «Rennbahntowers» in MuttENZ.

### Public transport

If you are coming from Basel, then you can reach us with the train lines S1 and S3 or with the tram line 14 (tram stop MuttENZ Zum Park).  
From the train station you can reach us by foot (approximately 900 m) or by bus with the lines 47 or 63 (Bus stop MuttENZ Fachhochschule).

### Driving directions

If coming from Zürich (A2) take the highway exit 6 Birsfelden / Hagnau and then follow the directions to MuttENZ.  
If coming from Basel (A2) take the highway exit 6 Hagnau and follow H18 in direction Delémont /MuttENZ. On H18 take the exit MuttENZ-Süd.

((evtl. Hinweis auf Parkplatz-situation, werde ich mit AMTS abklären))

### Accommodation

#### Courtyard by Marriott Basel

Hardstrasse 55, 4133 Pratteln  
T: +41 61 827 17 17, F: +41 61 827 17 18  
frontoffice@bslcy.ch  
www.courtyardbasel.com

#### Driving directions and public transportation

To access the hotel, take the highway exit Pratteln. The hotel can then be reached within two minutes. From the train station it is an 8 minute walk.

#### Parking

The hotel has 500 parking spaces available indoor in their parking garage and 200 parking spaces outdoor.  
The daily rate is CHF 30.-.

## Fees, Credits, Registration, Accommodation

### Fees

**Foot & Ankle, January 20– 22, 2016**

CHF 2500.–

SFAS members

CHF 2400.–

### Credits

16 Credits

### Language

The Foot & Ankle course will be held in English, simultaneous translation will not be provided.

### Number of Participants/Registration

The number of participants is limited. The registrations are accepted in the order of entrance. Please register by filling out the form at the end of this brochure or online ([www.orthodays.ch](http://www.orthodays.ch)). You will receive the confirmation and the invoice as an e-mail.

### Accommodation

Hotel accommodation is not included in the course fee. If needed, accommodation needs to be booked and paid by the participants themselves.

A limited number of rooms have been reserved for course participants to special rates at the Seminarhotel Courtyard by Marriott Basel.



# OrthoDays 2017

## International Foot and Ankle Course

### Registration Form

Title / Titel

Miss, Mister / Frau, Herr

Postal code, City / PLZ, Ort

First Name / Vorname

Country / Land

Surname / Familienname

Phone / Telefon

University, Hospital / Universität, Spital

E-Mail

Address / Adresse

☐

Registration  
CHF 2500.-

☐

Registration as  
SFAS Member, 2400.-

I'll join the free Get-Together Party on January 21<sup>st</sup>, 8 pm  
Ich nehme an der gratis Get-Together Party am 21. Jan. 20h teil

☐

Yes/Ja

☐

No/Nein

The number of participants is limited. The registrations are accepted in the order of entrance. You will receive the confirmation and the invoice as an e-mail. The cancellation fee amount is CHF 100.-. A cancellation is no longer possible after the 30<sup>th</sup> of December 2016.

#### Registration:

conidea GmbH, Waldheimstrasse 22, 3604 Thun, orthodays2017@conidea.ch, T: +41 33 335 02 79

#### Hotel reservation directly via Courtyard by Marriott Basel

Hardstrasse 55, 4133 Pratteln, T: +41 61 827 17 17, F: +41 61 827 17 18, frontoffice@bslcy.ch

Teilnehmerzahl beschränkt. Die Teilnahme erfolgt in der Reihenfolge der Anmeldung. Nach der Anmeldung erhalten Sie per Mail eine Bestätigung und die Rechnung. Stornierungsgebühr CHF 100.-. Nach dem 31. Dezember 2016 ist keine Stornierung mehr möglich.

#### Anmeldung an:

conidea GmbH, Waldheimstrasse 22, 3604 Thun, orthodays2017@conidea.ch, T: +41 33 335 02 79

#### Hotelreservation direkt an Courtyard by Marriott Basel

Hardstrasse 55, 4133 Pratteln, T: +41 61 827 17 17, F: +41 61 827 17 18, frontoffice@bslcy.ch