

**AUSPICES  
REQUESTED**

EUCOMED CODE: pre-clearance Ref EMT2922

**SIOT** – *Italian Society of Orthopedics*

**OTODI** – *Italian Orthopedics and Traumatology Organization*

**SECCA** – *Spain Society Hip Surgery*

# 1° EUROPEAN HIP SPORT MEETING

**Rizzoli Institute**

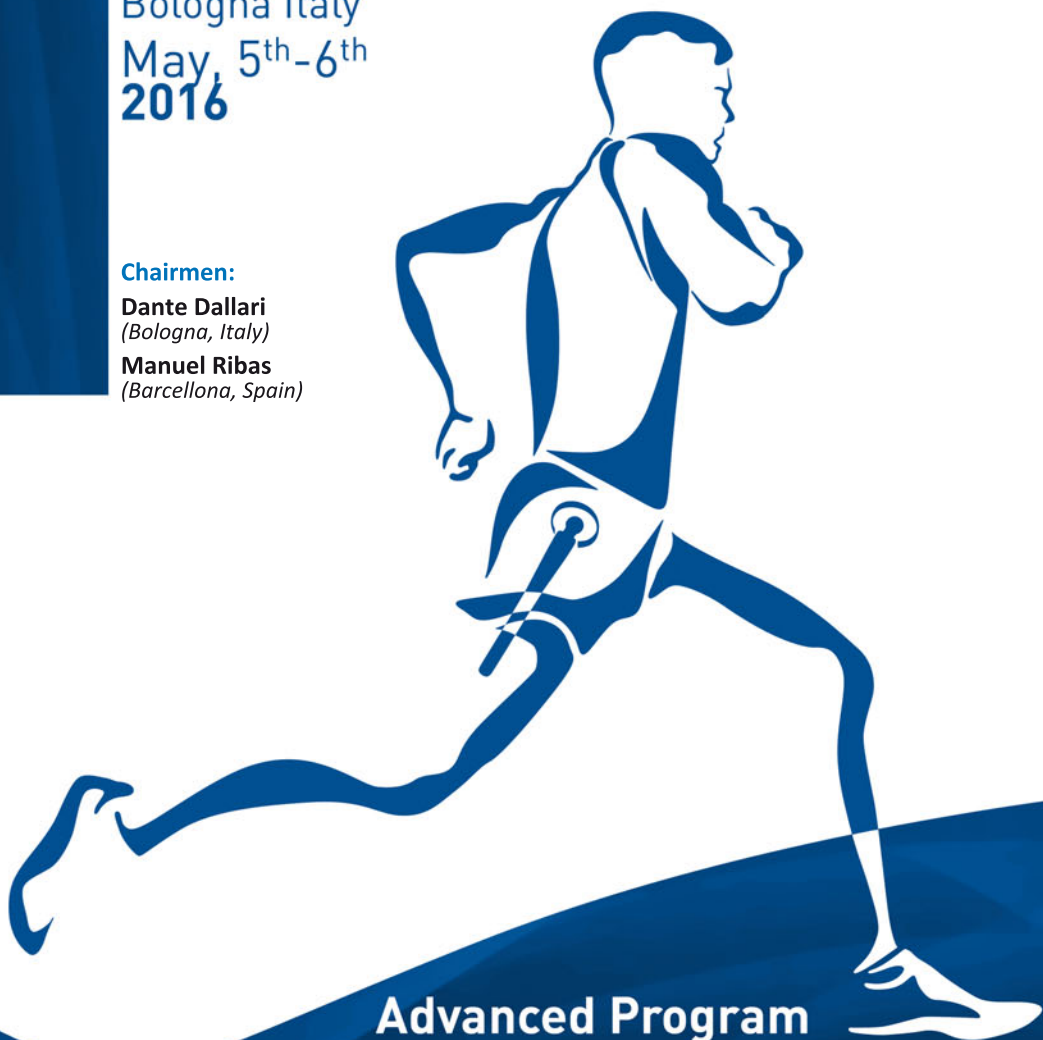
Research Center Codivilla-Putti  
Bologna Italy

May, 5<sup>th</sup>-6<sup>th</sup>  
**2016**

**Chairmen:**

**Dante Dallari**  
*(Bologna, Italy)*

**Manuel Ribas**  
*(Barcellona, Spain)*



**Advanced Program**

# 1<sup>o</sup> EUROPEAN HIP SPORT MEETING

**Rizzoli Institute**

Research Center Codivilla-Putti • Bologna Italy

May, 5<sup>th</sup>-6<sup>th</sup>, 2016

## Chairmen

**Dante Dallari**, *Bologna, Italy*

**Manuel Ribas**, *Barcelona, Spain*

## Organizing Committee

**Maurilio Marcacci**, *Bologna, Italy*

**Aldo Toni**, *Bologna, Italy*

**Cesare Stagni**, *Bologna, Italy*

## Main Topics:

- ACUTE HIP SPORTS INJURIES
- NEW TRENDS IN THE TREATMENT OF FAI
- CHRONIC HIP AND GROIN PAIN
- FEMORAL AND ACETABULAR OSTEOTOMIES IN SPORTSMAN
- HIP ARTHROPLASTY IN ACTIVE PATIENTS
- IMPLANT CHOICE
- INTERACTIVE ROUND TABLE: WHICH PROSTHESIS, FOR WHAT KIND OF SPORT?
- HIP REHABILITATION AND POST-OP MANAGEMENT IN THE ACTIVE

## Therapeutic area:

**ORTHOPEDIC,  
PHYSIATRISTS, PHYSIOTHERAPISTS**

## Faculty

Behensky Hannes	Innsbruck, Austria
Benedetti Maria Grazia	Bologna, Italy
Berti E	Bologna, Italy
Bovè Toni	Barcelona, Spain
Buly Robert	New York, US
Capanna Rodolfo	Firenze, Italy
Cara Lewis	Boston, US
Cardenas C.	Barcelona, Spain
Chiron Philippe	Toulouse, France
Dallari Dante	Bologna, Italy
De Cook	US
Epinette Jean Alain	Bruay-Laboussière, France
Faldini Cesare	Bologna, Italy
Fontana Andrea	Milano, Italy
Gomez Gonzalo	Buenos Aires, Argentine
Griffin D.	Oxford, Great Britain
Llopis Rafael	Spain
Marcacci Maurilio	Bologna, Italy
Marín Oliver	Madrid, Spain
Pignatti Giovanni	Bologna, Italy
Plosky Michael R.	US
Rani Nicola	Bologna, Italy
Ribas Manuel	Barcelona, Spain
Schilders Ernest	London, Great Britain
Soballe Kjeld	Denmark
Stagni Cesare	Bologna, Italy
Toni Aldo	Bologna, Italy
Zaffagnini Stefano	Bologna, Italy
Zenz P.	Austria

Recently there has been an increase of sports practice among the average people, leading to a rise of acute and chronic hip pathologies. The treatment of hip disease in sports patient is a big challenge for the orthopedic surgeon. The patient evaluation, in particular young with high functional demands, is necessarily complex and multidisciplinary; from surgical point of view, it is essential to verify whether the indication is towards conservative surgery or hip replacement surgery.

The advent of arthroscopic surgery in recent years has allowed us to improve our knowledge of hip joint diseases, such as femoroacetabular impingement that is typical of sports and overuse activity. A correct and early diagnosis of the disease can address promptly to a conservative surgical treatment that could reduce the progress of the degenerative pathology.

However, when the joint is permanently damaged, the only reliable solution is prosthetic surgery, and this opens many concerns, which the orthopedic surgeon should know how to manage nowadays, such as which implant to use, which biomaterials, which surgical approach or which sport to practice after surgery. The topics of the course are numerous and very challenging, because there are many aspects to consider, both for the orthopedic surgeon, the sports physician and physiotherapist. Our aim is to improve the knowledge of the hip pathology related to sports and overuse activities and to address to the proper treatment of a young and active patient, comparing the experiences of internationally recognized experts.

Best regards

**Dante Dallari**

**Manuel Ribas**

## Thursday, March 17<sup>th</sup>

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08.00 Registration

08.30 Welcome RECEPTION AND OPENING CEREMONY  
Presidential Messages  
Authorities

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### 09.00 **Session 1**

#### 10.30 **ACUTE HIP SPORTS INJURIES**

09.00 Hip Biomechanics and Kinematics  
**S. Zaffagnini**

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09.15 Hip sports injuries: conservative treatment

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09.30 Hip sports injuries: surgical treatment  
**G. Gomez**

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09.45 Functional recovery and return to sport activity after acute injury of the hip  
**T. Bovè**

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10.00 Discussion  
10.30

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10.30 **Coffee time & exhibition visit**  
11.00

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### 11.00 **Session 2**

#### 13.00 **NEW TRENDS IN THE TREATMENT OF FAI**

11.00 Hip Arthroscopy  
**D. Dallari**

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11.20 Miniopen approach  
**M. Ribas**

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12.00 Conservative management in hip preservation  
**L. Cara**

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12.20 Infiltrative treatment: rationale and clinical application  
**N. Rani**

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12.30 Lecture  
13.00 **R. Capanna**

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13.00 **Buffet Lunch**  
13.30

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13.30 **Satellite Symposium** **Room 1**  
14.00

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13.30 **Satellite Symposium** **Room 2**  
14.00

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## Thursday, March 17<sup>th</sup>

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### **14.00** Session 3

#### **16.15** CHRONIC HIP AND GROIN PAIN

14.00 Anatomy inguinal related pain  
**E. Schilders**

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14.40 Labral tears (suture and reconstructive techniques)  
**D. Griffin**

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15.00 Osteocondral Lesion  
**A. Fontana**

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15.20 Snapping Hip and Muscle injury  
**C. Cardenas**

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15.40 Extra-articular impingement  
**O. Marin**

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16.00 Post surgical rehabilitation after hip arthroscopy

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16.20 Evidence in the FAI treatment  
**D. Griffin**

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### **16.40** Round table

**18.00** Discussion on original cases: what do we have to take in mind

**E. Schilders**

**C. Cardenas**

**D. Griffin**

**O. Marin**

**A. Fontana**

**D. Griffin**

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## Friday, March 18<sup>th</sup>

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### **08.30** Session 4

#### **09.30** CHRONIC HIP AND GROIN PAIN

08.30 Periacetabular Osteotomy: the gold standard in mild dysplastic sportsman  
**K. Soballe**

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09.00 Femoral Osteotomy: it's role?  
**R. Buly**

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09.30 Discussion  
10.00

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**10.00** *Coffee time & exhibition visit*  
**10.30**

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### **10.30** Session 4

#### **12.45** HIP ARTHROPLASTY IN ACTIVE PATIENTS

**Surgical Approaches:**

10.30 Anterior approach without traction table  
**H. Behensky**

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10.50 Anterior approach with traction table  
**P. Zenz, De Cook**

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## Friday, March 18<sup>th</sup>

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11.10 Anterolateral approach  
**P. Chiron**

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11.30 Lateral Approach  
**A. Toni**

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10.50 Postero Lateral Approach  
**R. Buly**

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11,10 Innovative Approach  
**C. Cardenas**

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12.10  
12.45 Discussion

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12.45 **Buffet Lunch**

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### 13.45 **Session 5**

#### **15.15 IMPLANT CHOICE**

13.45 Resurfacing: is it still a place in sportsman?  
**M. Ribas**

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14.00 Dual Mobility  
**J.A. Epinette**

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14.15 Metal-ceramic polyethylene  
**P. Zenz**

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14.30 Ceramic-ceramic  
**D. Dallari**

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14.45 Biomaterials in hip arthroplasty: effects on impact activities  
15.15 **A. Toni**

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### 15.15 **Session 6**

#### **17.00 INTERACTIVE ROUND TABLE WHICH PROSTHESIS, FOR WHAT KIND OF SPORTS?**

**H. Behensky**  
**R. Buly**  
**F. Catani**

**P. Chiron**  
**D. Dallari**  
**J.A. Epinette**

**Garcia-Cimbrelo**  
**M. Ribas**  
**A. Toni**

**P. Zenz**

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### 17.00 **Session 7**

#### **18.20 HIP REHABILITATION AND POST-OP MANAGEMENT IN THE ACTIVE PATIENTS**

17.00 Functional recovery after hip arthroplasty  
**M.G. Benedetti**

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17.20 Valutazione e riequilibrio neuromuscolare della cinematica dell'anca  
**M.R. Plosky**

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17.40 Fast-Track after THA: implications in active patients  
**R. Llopis**

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18.00  
18.20 Discussion

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18.30 Closing remarks

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# Presentation Guidelines

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Speakers must adhere strictly to the scheduled times according the programme.

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## ORAL PRESENTATIONS

The Speaker Ready Room will be staffed with technicians who can assist with any compatibility or formatting issues.

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### WINDOWS:

- Presentations should be created with Microsoft Office Xp, 2003, 2007 or 2010.
  - Presentations have to saved in PPT – PPTX – PPS – PPSX format.
  - Presentations created with OpenOffice or Apple Keynote will not be accepted.
  - To ensure that the presentations are well prepared, we strongly advice you to bring your presentation to the Speaker Ready Room on CD-Rom/DVD-Rom or USB stick and check the presentation with the preview technical staff at least 1 hours before your presentation is scheduled.
  - Videos must be copied to the same folder as the presentation. Accepted video formats: .WMV, .AVI, .MPG; otherwise you have to bring your presentation to the Speaker Ready Room at least 4 hours before your presentation is scheduled, in order to have time to check or convert your videos with the technical staff.
  - If you plan to play a DVD as part of your presentation, please notify a technician in the Speaker Ready Room so arrangements can be made for assistance in the meeting room.
  - Please do not combine multiple presenters' PowerPoints into one file and submit it under one name. The disclosure system requires separate presentations to be launched for each presenter.
  - Standard Windows fonts only are allowed; otherwise font must be copied to the same folder as the presentation.
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### MAC:

- You have to save your work in PowerPoint format PPT.
  - Standard Windows fonts only are allowed; otherwise, font must be copied to the same folder as the presentation.
  - Videos must be copied to the same folder as the presentation. Accepted video formats: .WMV, .AVI, .MPG; **anyhow** you have to bring your presentation and your laptop to the Speaker Ready Room at least 4 hours before your presentation is scheduled to check or convert your video with the technical staff.
  - Accepted picture file formats: .JPG, .GIF, .BMP; otherwise, you have to bring your presentation and your laptop to the Speaker Ready Room at least **1 hours before your presentation is scheduled**, to check or convert your picture with the technical staff.
  - At Organizing Secretariat's discretion, you may be able to use your own Macbook if the export is unsatisfactory.
  - Be sure to use the mouse to advance your slides, not the keyboard, as you will only have a mouse at the lectern to advance your presentation. Left click advances the slides; right click goes back. **No external hyperlinks are allowed.** It is not possible to use slides or VHS.
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# General Information

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## MEETING VENUE

### Rizzoli Institute

Via G.C. Pupilli, 1 - 40136 Bologna, Italy

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## LANGUAGE

The official language is English

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## REGISTRATION

	Early fee, until Febr. 10 <sup>th</sup>	Late fee & on site
Orthopedic	100,00 €	150,00 €
Physiatrists	100,00 €	150,00 €
Student, Resident	50,00 €	70,00 €
Physiotherapists	50,00 €	70,00 €
Registration fees are VAT INCLUDED.		

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**The registration fee include:** congress kit, Abstracts on USB stick, admission to the exhibition area, certificate of attendance, refreshments during breaks, lunches

Online registration fee will close on March 10<sup>th</sup>, 2016. After this date only onsite registrations will be accepted.

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## How to pay

All payments must be made in € (Euro) only as follows:

- **cheque, eurocheque**, made payable to: Ad Arte Srl - Bologna - Italy
  - **credit card** VISA, EUROCARD, MASTERCARD, AMERICAN EXPRESS  
all payments made by credit card will be debited in € (Euro)
  - **cash**
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## Cancellation policy

Possible substitutions may be made in writing at any time. Notification of cancellation or substitutions must be made in written to the Organizing Secretariat.

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## Accommodation

For information and/or reservation please contact the Organizing Secretariat Ad Arte Srl:

[info@adarteventi.com](mailto:info@adarteventi.com) - [www.adarteventi.com](http://www.adarteventi.com)

Ph. +39 051 19936160 – Fax +39 051 19936700

All the bookings made through the official Secretariat will include a private transfer during the 2 days of the congress

Please ensure your Hotel reservation is made by January 20th 2016. After this date room availability is not guaranteed.

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## Privacy

According to art. 10/Law 675/96 Ad Arte srl is authorised to use your personal data for purposes connected to Congress management. Ad Arte srl with head offices in Bologna – Via Massimo d'Azeglio 51 - shall be responsible for data processing. Your rights to access your personal details and to supplement, correct and update the same, are guaranteed by art. 7 of Law n. 196/2003.

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## SEGRETERIA ORGANIZZATIVA



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