



JENSON JOSH Y

COLLEGE STUDENT

I am from CHRIST (Deemed to be University, Bangalore), a UG student looking to enhance my personal and professional growth skills. I am studying bachelor's in Economics, Sociology, and Psychology. Exposure to Neuropsychology, Behavioural Economics, and Forensic psychology. An emotionally intelligent person with excellent interpersonal and observational abilities. Meticulous and detail-oriented, and enjoys a fast-paced atmosphere

📞 7022279462

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📍 F. 302, Sai Nethra Apartment,
4th Cross, Ananth Nagar,
Electronic city. Bangalore-
560100.

SOFT SKILLS

- Creative spirit
- Reliable and Professional
- Organisation Skills
- Time management
- Team player
- Fast learner
- Active Listener
- Leadership Skills.

PERSONAL SKILLS

- Creative Artist- Painting.
- Photography
- Dancing
- Script Writer
- Theatre Artist
- Football - Goalkeeper

PROFESSIONAL EXPERIENCE

LET US DREAM - BANGALORE

Senior Mentor – Youth Community Leadership

August 2020 - April 2023

- Help in the overall development of the student
- Conduct summer camp for students
- Enhanced working relationships by participating in the team.
- Building activities.
- Maintained trusting student relationships by providing both
- Educational and emotional support to students.
- Monitored progress through classwork, coursework, and project
- marking to provide extra support for struggling students

AAHWAHAN FOUNDATION - BANGALORE

Intern

November 2021- March 2022

- Educated residents and their families regarding other community resources.
- Distributed food to the vulnerable community.

TECHNICAL SKILLS

- Canva Pro
- Microsoft Excel
- Microsoft Word
- Microsoft PowerPoint

LANGUAGES SPOKEN

- English
- Hindi
- Malayalam
- Kannada
- Tamil

INTERESTS

- Music
- Dance
- Trekking
- Reading and Watching Thrillers
- Social Work
- Outdoor Games.

ADDITIONAL COURSES

- 1) Online Course on COVID-19 Contact Tracing from John Hopkins University, United States.
- 2) Credit Course on Introduction to Data Science, Christ University, Bangalore.
- 3) Credit Course on Indian Constitution Laws, Christ University, Bangalore.
- 4) Value added course on Community Engagement and Social Responsibility, Christ University, Bangalore.

DECLARATION:

I hereby certify that the above-furnished details are true to the best of my knowledge.

Date: 26/06/23
Place: Bangalore

(Jenson Joshy)

- Participated in the Art of Living Centre
- Conducted Activities and sessions
- Organized small events

EDUCATION

CHRIST [Deemed to be University], BANGALORE, INDIA.

July 2020 - June 2023

Bachelors of Arts in Psychology, Sociology, and Economics.

Research:

1. Proposal on Sleep Hygiene and Stress in University Students.
2. Sociological Concept of Age and Domination.

CHRIST JUNIOR COLLEGE, BANGALORE, INDIA

Karnataka Pre University Board 2017 -19

- Secured 59.67%

CHRIST SCHOOL, BANGALORE, INDIA

Karnataka Secondary Education Examination Board

- Secured 87.84%

ACHIEVEMENTS

- Member of the Student Welfare Organisation, Christ University 2021-23..
- Youth Mentor 2020-23
- Sports Co-ordinator under the department of Social Science, Christ University 2023.
- Leader of Association of Christian Christites 2022-23.
- Cultural Secretary, SFS college 2019-20.
- Scored A++ in State level Matrix Abacus.
- Represented Christ College at various inter-intra competitions..
- Won academic proficiency award at the school level.
- Holds an 'A' certificate in NCC Air force wing (Junior Division)
- Have participated in numerous art competitions -Dance, Theatre, Mime, Science Exhibitions.