



SUSHMA RASAILY

Summary

Dedicated and enthusiastic Nutrition professional with an experience in the similar community Nutrition and hospital setting. Committed to work with passion and zeal to enhance my skills, capabilities and knowledge

Work Experiences

Health Officer :Nepali Technical Assistance Group (NTAG), Dhankuta,Nepal

Project: Dengue Outbreak Response, N-18 funded by UKAID and START FUND NEPAL

Aug 2023- Oct 2023

Major Responsibilities:

- Provide training in the application of public health education principles and concepts on Dengue prevention and control.
- Work closely in coordination with government and other stakeholders
- Coordination and collaboration with municipalities and health offices for the
- Organize search and destroy campaign mobilizing the local community people.
- Establish Health and Nutrition Club at School for Dengue prevention and Control.
- Manage for the distribution of Dengue management kit in coordination with municipality.
- Engage and educate the public to take dengue preventive and self-protection steps.
- Work closely with all partners of project for the implementation of project activities.
- Provide support to Program Coordinator on data management and analysis.
- Report writing and develop case studies within the time period of project.

Nutrition Officer: Nepali Technical Assistance Group(NTAG) , Jumla,Nepal

Project: Building Hope Along the Karnali River Basin (BHAKARI) funded by USAID.

Personal Information:

**Anamtole, Dharan-13,
Nepal**

9745503820

rasailysushma35@gmail.com

Skills :

Computer Application

(Microsoft word,

PowerPoint presentation,

Microsoft excel)

Coreldraw (Beginner)

Leadership

Adaptability

Teamwork

Time management

Problem Solving

Communication

Creativity

Languages:

Nepali, English, Hindi

Hobbies:

Travelling

Playing instruments

Writing poem

Cooking

Sept 2022- June 2023

Major responsibilities:

- Conduct food demonstration at BHAKARI communities in assigned district in coordination with partner NGOs and district Mercy Corps team. Ensure government agencies especially health and municipality officials are involved with the objective of continuing nutrition activities after the pull-out of BHAKARI project
- Establish close coordination with other staff of BHAKARI to integrate nutrition messages into other thematic components.
- Support Mercy Corps district team in implementation of nutrition activities.
- Coordinate with other thematic teams for integration of nutrition messages to sensitize the beneficiaries on nutrition.
- Work in collaboration with partner NGO for the design and development of SBCC materials on nutrition as per the requirements of the project.
- Provide necessary support in data collection, monitoring, and supportive supervision in the BHAKARI implementing areas.
- Coordinate and report about district activities to NTAG central and cluster team on regular basis.
- Coordinate with Mercy Corps, partner NGOs, government stakeholders and other nutrition program implementing organization, wherever necessary.
- Execute any other activities that might create a platform for sustainability of the project.

Dietician Trainee: Sri Sathya Sai Institute of Higher medical sciences, Prasanthigram ,AP, India

Dec 2021-March 2022

Major responsibilities:

- Developing nutrition plans for clients.
- Compiling information and tracking client progress towards their health goals.
- Take IP ward wise rounds to know about the patients' health condition, dietary habits and diet follow up.
- Entering patient information patient database.
- Provide nutrition education and counseling for patients
- Food service Management
- Record and Documentation

Community Nutritionist Trainee : Sahayata - Nutrition, Health, Education and Research Foundation Kolkata, India

July – October 2021

Major responsibilities:

- Counseling of the community people regarding the diet and disease.
- Nutrition assessment done to identify micronutrient deficiencies , malnutrition,, NCD, anemia etc .
- Understanding, Interpretation and use of standard regulatory bodies(NIN, ICMR,WHO,UNICEF).
- Formulation of diet plans.
- Presentation and interpretation of evidence based new nutrition intervention

Education

2015-2019 **Bachelor of Science** in Food and Nutritional Sciences, Sri Sathya Sai Institute of Higher Learning (Deemed to be University), Andhra Pradesh, India

2019-2021 **Master of Science** in Food and Nutritional Sciences (*Specialization in Applied Nutrition*),Sri Sathya Sai Institute of Higher Learning (Deemed to be University),Andhra Pradesh, India

Courses

Attended online courses on the topic-**Weight Management: Beyond Balancing Calories** through Coursea.

Attended online courses on the topic- **Maternal Nutrition Programming in Emergencies by UNICEF.**

Attended online course on- **Introduction to Data Analysis using Microsoft Excel** through Coursea.

Attended 3 day training courses on **Foundational Humanitarian Training** by Mercy Corps

Voluntering

Tutor, Sai Learning Tutition- August 2021-October2021

Gram Seva, Sri Sathya Sai Institute of Higher Learning- October 2015 -2019

