



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**March 22, 1982**

**Joseph:** Greetings to you. I am Joseph.

I know that it seems to you that we are repeating things too often. Perhaps sometimes you may even be bored, and perhaps it seems that we dwell too much on certain things. In the past we have given you many basic principles to work upon, things that you should do. By and large our suggestions have not been too well followed. I agree that sometimes we were rather vague. There was a purpose behind this as certain truths cannot be learned until one reaches a certain stage of development.

We feel now that many of these truths must be pinpointed. You must understand exactly what you are up against, what you have to do, what you have to deal with so that you might better deal with it. So now we have reached the point where you must begin to understand and begin to work with yourself. You must understand your nature, what and who you are, where you came from and where you are going.

Now one can postpone their development as much as they would like, or one may advance their development as much as they would like. But we feel that those of you here are interested in becoming a part of this New Age. You want to help in its development, its establishment. If this is your desire and the desire is really sincere, then you will begin to do the work that is necessary for you to do if you are to become a useful Light center in the establishing of the New Age.

In this New Age, if you are to be a useful Light center, you must at least have some mastership over the lower self. You may not reach perfection for that is a long way off, but you will need to have a much higher degree of mastership over these emotions than you now have. You are being given the facts about these emotions and how to deal with them. The rest, my friends, can only be up to you. You cannot climb a stairway unless you put forth the effort necessary to climb that stairway step by step.

Sometimes it may seem the way is too hard, is too tiresome. You may feel you do not have the strength to go on. But always remember, you are a creator in your own right, and through the proper procedures you can create that which you desire. If you desire yourself to

be in command of these situations, then you can. We are telling you and have been telling you that the awakening of the will is the answer to this success.

The will has many functions. You often hear people say "He has not the will to get well, or the will to live," and this is true. The will is the healer. If one has the will to be healthy, to have a healthy body and a healthy mind, he can have this. For this will, will express through the subjective mind and bring about that which he desires. It will control as you will allow it to control and direct it to control. That will when awakened and combined with the intellect, can be a force more powerful than you can think or realize.

As you develop more and more, you will realize more and more how great these two in unison can be. They can bring about the environment that you desire. Your intuitive power will increase along with the awakening of the will. Your intellect will become stronger. You will have greater power of visualization and concentration.

I could go on and on but I do not think that is necessary. We are only trying to awaken you to what you really are.

If you could know some of the Great Ones who once stood at your very point in evolution, it would awe you as to their development. You would perhaps say, "Can I ever reach that state of consciousness?" And we would answer, "Yes, you can, if you so desire and have the will to do so."

So, beloved ones, visualize your future as you would have it, and then work toward that point and that is what you shall be.

I leave you, my friends, by extending to each of you my most sincere love, my peace and my blessings.

May the Great Ones pour forth their love and their blessings to each of you.

Go in peace, go in peace. Peace. ✿