



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Joseph: Since you were discussing children tonight and we had mentioned in the past that we would speak upon this subject, we thought that this might be a good time to do so.

We are appalled at the way Earth people, especially in your land where you claim to have such great scientific knowledge, that your younger generation, by and large, is deteriorating due to lack of nutrition, lack of love and understanding being given to your children. Also we are appalled at the numbers of children who are having severe learning problems. The children that are going through your educational systems and not being able to read and write and the child abuse that goes on in your world. How can you expect to have a future generation of well balanced people?

We see parents giving children stimulants, such as coffee, tea and colas—especially the colas and soft drinks since the colas are the worst as they contain even more caffeine than coffee. Yet many parents wouldn't think of giving their children coffee, but they allow them to consume cola.

More children, in the generation prior to this one, due to their genes, were able to handle these chemicals that have been placed in your foods without so much effect. Each generation will find themselves more affected by your processed foods and chemical preservatives. We are, however, happy to see that some of your people, though it be a small portion, is awakening to the fact that these things are causing great damage to the children.

Questioner: And that includes sugar and junk foods, I suppose?

Joseph: Any refined food, sugar, grains, that are refined to the point of having no food value and only serve to congest and clog the digestive system. But even those of your science who are willing to search, have discovered that by eliminating these things from the diet of these problem children, that they have become entirely different individuals. They are able to learn and are able to control themselves. They are no longer problem children. Yet most of your parents are not willing to accept these things as fact. Or perhaps they do not want to put the time and effort into it to find

out for themselves. They don't want to be bothered, they want to go along in the same old rut. They want to have their pleasures rather than devote the time and effort that it would take to do these things for their children.

It would be good if parents realized that they are responsible for their children; they are held responsible by universal law. As your Master that you call Jesus once said, "The sins of the parents may be inflicted unto the third generation of their children." As parents they are responsible for those children and they should not be brought into this dimension by parents unless they are willing to assume their responsibility. Too many parents want children for the pleasure that the children might bring to them. But they find later when they have not assumed their responsibility, that the children become a great problem and burden to them.

Questioner: Many parents think karma causes their children to behave badly.

Joseph: That is not karma. This is the fault of your society.

Questioner: Will you explain what Jesus meant when he said, "Each one will be accountable to the child's Guardian Angel?"

Joseph: He meant that parents will be held accountable by the law of cause and effect and that their karma would be great.

Child abuse is another thing that causes great harm to the individual child. A child that has been abused will have a great resentment and hatred built up in him. He is bound to have this if he or she is abused, beaten. It may take the children one, two or three incarnations to overcome this.

There have been cases when an individual soul came in to fill his final karma so that he might be accepted as a chela or even might be accepted for his first initiation. And he or she thought that they were choosing the parents that would give them the kind of love and attention that they would need to become a well-rounded soul. But the parents were not wise in choosing the correct teachers for this child. Perhaps they sent him off to a school where they thought he would get special learning and attention, but instead he

had an abusive teacher who caused resentment and hatred to build up in him. This was so strong in him because of the abuse that he received that he was not able to accomplish his goal for that lifetime and had to return for another lifetime in order to accomplish this.

So teachers of children should be carefully chosen, teachers who have love and understanding. We do not mean by this that children should not be disciplined. They should learn discipline and responsibility and we find a great lack of this in child training. They are allowed to be wasteful, they are allowed to do almost anything that they wish. So we have to discipline but we do it in love. If we tell a child that he cannot do a certain thing, we explain to him why he cannot and what the results would be. Sometimes they have to learn on their own but we must guide them in the proper way.

Many children today, due to the lack of family closeness, sense a rejection. Most of your parents spend very little time with their children. They take them to a baby sitter or have a baby sitter come in while they seek out their pleasures. Very few families today have a family hour when they all get together and discuss family affairs, activities and become one as family. This has been allowed to deteriorate to a great extent, especially in your country, where the family life is almost non-existent. I mean true family life where the whole family feels close as a family and who discuss and solve their family problems as a family. These things are very important if we are to have children that are well-rounded and well-balanced.

They need to be well educated, and a child who feels rejected becomes hostile and it is difficult for him to learn. A well fed child nutritionally, and one who is loved and knows that they are loved and wanted; who has their love returned when they give it, will be a well-balanced person and will get along well with their associates. Parents must come to realize this. Some are beginning to come into this realization, are finding their erroneous ways and are doing something about it. But they are few.

There is no greater way for one to serve God than to raise their children to be well-balanced children.

There is no way in which you can avoid being responsible for your children for the law will react negatively if you fail to do this.

Questioner: I would like to ask what Jesus meant when he said that every child needs to have this love when he incarnates, regardless of his karmic debts. And if he receives this love he can overcome and grow much faster spiritually than otherwise. Every child is born with the capability, if it is given love, of becoming a beautiful soul.

Joseph: The child may have karma to pay, but this does not mean that he has to be mistreated, or mis-fed, or abused, or unforgiven and unloved. All children

come in with tendencies of various kinds some good, some bad. So it is up to the parents to help the child overcome the tendencies that are not desirable. And if there are tendencies that are good, then they should be encouraged and developed in that child.

Too little attention is given to the abilities and talents of children. Too often the parents want the child to be what they want them to be rather than trying to discover what the child ought to be according to his talents and abilities. What is worse than having a square peg in a round hole? In other words, having to follow a profession that is not desirable for you or following it only because it is something that rewards well momentarily.

Questioner: Why do children choose abusive parents?

Joseph: Children or souls choose parents because they feel that with those parents they will receive that which they desire in their life pattern, but this doesn't always work out. Some children find very soon after they have incarnated, that they are not getting what they want or need and will withdraw, go back, or as you call it, die.

Sometimes karma is involved in the choosing of parents but this does not relieve the parent of giving love. In many cases the parents are not of evil intent, they were just raised that way. If people were educated to the fact that they are responsible, then it is up to them to help these children. How are they going to get off this wheel of incarnation, getting back into the same situations, lifetime after lifetime, when as a child they are retarded every time. So it is up to the parents to do this.

Questioner: The parents themselves are the victims of this society. It's a vicious circle.

Joseph: Yes, it is. But if your society was aware of this and people were trained to understand this, you could reverse the situation and more and more parents would become aware of their responsibilities and fulfill their obligations.

As I have mentioned, people are just beginning to be aware of their responsibilities and in the New Age you will find a much different situation because the parents will raise their children properly and teach them to do the same thing when they are parents and so it will expand. But your society has allowed the situation of child neglect to become very bad before trying to do anything about it.

Many of these cases, such as hyperactive children, could so easily be solved because most of these are due to bad nutrition. But it is very difficult for most parents to take the time and effort that it takes to change their eating habits, as the children eat as the parents do. It almost has to become a family thing.

Many children that are coming into the world today are very sensitive to these chemicals and refined foods and

they are finding it very difficult to even exist as it is causing diseases of all kinds. It is definitely causing critical illnesses among the young.

It is sad, too, that all of these people who are not fulfilling their responsibilities now, will not go into the New Age and will suffer the consequences of not obeying the law towards their children. As I have said it can be an endless cycle, but in time it must and will be learned.

Questioner: It seems we are becoming more institutionalized with day care, preschool. Many of the Communist countries are doing this and we do it with our old people. I don't like what I see with the old people and I'm frightened it will happen to our children. Is there a way of having preschools, such as Findhorn, a community where I'm sure the children get lots of love? Are we harming or helping our children with our preschools?

Joseph: Preschools can be beneficial because it teaches a child, very young, to learn to associate with other children. It is no different than the late school if the child only spends a few hours a day there. But if the child is put in an all day long school of small children while the parents work, it is not good if it happens day after day because they lose contact with the parent.

I know that, due to your divorce rates and so forth, many women find this necessary and the only way that they can manage, is to place their children in schools. And this again, is one of the weaknesses of your society. When people learn to marry properly they will not have this problem.

Now, my friends, I have spent quite some time with you tonight and your hour is getting late. So, as I leaves I extend to each of you my love, my blessings and my peace.

May all of the Great Ones pour forth their love and their blessings, and as you go forth, may you find peace and joy. May you find many ways to serve your fellow man.

Go in peace.

Jesus said, "You men, for shame! The greatest is the servant of the rest."

And then he called to him a little child; he took it in his arms and said, "The greatest is the little child, and if you would be great at all you must become as is this child in innocence, in truth, in purity in life.

"Great men scorn not the little things of earth; he who regards and honors such a child, regards and honors me, and he who scorns a child, scorn me.

"If you would enter through the kingdom gate you must be humble as this little child.

"Hear me, you men, this child, as every other child, has one to plead its cause before the throne of God.

"You scorn it at your peril, men, for lo, I say, its counterpart beholds the face of God at every moment, every day.

"And hear me once again, he who shall cause a little one to stumble and to fall is marked, accursed; and it were better far if he had drowned himself.

"But woe to him who causes other men to stumble and to fall." ✠