



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**June 5, 1976**

**Zalhem:** Greetings to you, Children of Earth, I am Zalhem.

I should like to spend a few moments at this time on the subject of consciousness. This is a word that is very loosely used by Earth people. Perhaps if you were to inquire about the meaning of this word from various peoples, you would receive a different definition from each one.

I should like to touch upon consciousness as we view it. Now consciousness is a word which means to us to be conscious of. Now we all know that we are creators and that we continually create through our thoughts. That which we create through our thinking is that which we are conscious of. To be conscious of something you must be that which you are conscious of.

Now often you hear an expression from someone who has been where spiritual truths were discussed or some teacher may have discussed certain spiritual truths and people have prayed together. After this is over you will hear the expression, "My, was there not a great high consciousness here at this gathering?" To us this is not consciousness, this was merely the raising of vibrations due to several people being gathered together and raising their thoughts to more pleasant things and discussing spiritual things which rises the emotions and the vibrations. For you see, if this were a state of consciousness, it would not be gone after the meeting had ended. The consciousness would be the same because that person would be that consciousness.

Another term that is loosely used by Earth people is "Brotherly love." You hear much about it, but you see very little of it practiced. For if it were practiced by your people you would not have the turmoil and all of the problems that plague your civilization. It has not become a part of their consciousness.

To know about something does not make it a part of your consciousness, for your consciousness is that which you are. It is a here thing. It is the NOW in time and space.

You hear much about cosmic consciousness. Cosmic consciousness is only a part of consciousness—

consciousness is not a fixed thing. It changes as you broaden your scopes. There are so many levels of consciousness that it would be impossible to conceive of them, for whatever man is at the moment is his state of consciousness. Not what he knows about but what he is. So how would you define cosmic consciousness? It is only a term that Earthman has created. Any state of consciousness could be termed cosmic consciousness. Consciousness is likened to a musical octave or vibration. Each octave is a different vibration, and as you move from one octave to another your consciousness changes for that which you are is your consciousness.

Now you may be aware, or you may not be aware of the many octaves throughout space. Each octave is a different state of consciousness, for life is consciousness in itself. And the octave of that life which you are on is your octave of consciousness. It helps to become aware of all of these things, for man will never gain greater consciousness unless he becomes aware of the fact that there are higher states of consciousness and he strives to attain them. But each octave has a purpose, a lesson and a goal to be attained. Earthman will not move to a higher octave as whole until he becomes brotherly love, until he attains this.

However there is individual consciousness and there is a group consciousness. An individual can rise from the group consciousness that he is now in, to a higher consciousness if he so desires. He is not bound to any one stage of consciousness. But he must conquer the state which he is now in and in order to do that he must be conscious of the fact that it is necessary to do this. Thus, he creates the opportunity to do so.

This, my friends, is the way consciousness is viewed from the higher octaves. And we have tried and are continually trying to impress upon Earth man the importance of some of the things that must become a part of his consciousness, such as the love of his brother man and the importance of his service to his fellow man. For it is only through the development of this love that Earthman will be able to rise up out of the dilemma which he finds himself in and move into a new state of consciousness. One of brotherly love, of justice

for all, where the realization of the oneness of all life becomes a part of his consciousness.

In other words, he becomes conscious of his relationship to all mankind, not only to mankind of Earth but to all mankind, to all life throughout creation for life exists throughout space. It is a never-ending state of consciousness, continually changing as man is able to become a higher state of consciousness or raise his consciousness to a higher state or a higher octave.

I hope that this little talk has been of some help to you. If it has I am happy.

We, of the other octaves of life, are always happy to see any of our brothers, our sisters, reach a new octave for we know that they have reached a higher rung on that long climb to perfection. And when anyone makes another step on this ladder there is rejoicing throughout the heavens.

As I leave you I extend to each of you my most sincere love and blessings. I ask that all the Great Masters pour forth their blessings upon you, and may the realization of your relationship to all mankind and to all life become clearer day-by-day.

Go in peace, go in peace. Bless you, one and all.

#### **June 5, 1976**

Some members of our group had said that they would like to have some kind of symbol that would represent the work and the teachings of Center R.

So we decided that the universal symbol of a circle with a cross within it would be appropriate as the Teachers had used this symbol many times through the years. Then we decided to superimpose a small letter R at the center of the cross since we had been designated by the Confederation as Center R at the beginning of our contact with the Space Brothers.

On June 2 we developed this idea into a physical reality by placing a gold paper circle with a gold cross within it and a gold letter R at the center of the cross upon a purple background, in a 9 x 11 gold metal picture frame.

This was hung on the wall with a gold candle placed beneath it, which we lighted for our meditation. We were all helped and inspired by this symbol and we were very grateful and surprised that the Teachers performed the following ceremony while Zalhem was speaking to us:

**Clyde:** Samuel and Joseph both appeared here tonight. Joseph was carrying a large gold goblet which was about 18 in. high and 8 in. across. On one side of it the words "Brotherly Love" were engraved and on the other side was the symbol that we had made which you see here tonight.

Joseph did some chanting and made some symbols over this goblet and then handed it to me and asked

me to take it to each one of you, which I did. It seemed as though you each came out of your physical bodies and stood up as you drank from this goblet.

(Names) were here, too. They looked very real to me, just as though they were here in the physical. Standing with them were four other people whose faces I could not see clearly. They, in turn, also drank from the cup.

Then after each one had drunk from the cup, I gave it back to Joseph who then asked me to drink from it, which I did. Then Joseph and Samuel did more chanting and made more symbols and departed shortly after that. ☸