

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Teacher: In the future, groups working together with a single purpose in mind, bent upon accomplishing a great good and a great service for mankind, will be very valuable. And those who know how to conduct a group of this type with cooperation, with aoneness, will be the valuable ones in the future.

They must be able to work in unison, each doing their part, working together as one, as an organism, so to speak, where the service of each one fits together with the other, without thought of power, with only thought of service. One can learn to train others to express their talents and to see the importance of allowing others to express according to their own talents and be able to train others to do this. It takes a great talent to accomplish this and few have it. The future depends upon the ability of people to work together as one, both with their fellow man and with all of nature or of Creation, for it must be a function of aoneness.

Questioner: How long can it take to become a disciple?

Teacher: You have been given the things that are necessary for you to accomplish and only you know, and those who are watching you, when you have accomplished these things. This is a privilege that has been extended but does not have to be accepted and we will not criticize or condemn those who do not accept. It is up to each individual, if he or she would like to try to qualify for this. Do not expect to do this in a few moments or a few days; it is going to require much effort in self-discipline and control.

By the guidelines you should be able to at least, fairly closely, judge your progress. I, or no one else has the right to tell you where you stand upon this path for you must be the judge of yourself as to your progress. Much of your qualification will depend upon your own evaluation of your progress.

All of you should be aware that we are in very rapidly changing times and what seems today to be the logical thing to do, a year or two hence may change it entirely. So do not worry too much about the future for it will bring what is best for you at that time. Flowing and changing with the times is very important also in these rapidly changing times. Two years hence may make a

great difference in your thinking and in your doing. So live today, give your best today and tomorrow will take care of itself.

Questioner: Do you have any comments to make about the book that we have on the Brotherhood? ("Gateway to Liberation" by Mary Gray). Is it authoritative?

Teacher: Yes, it is a very good explanation of the Brotherhood and all of the books that have been coming to the people of your group have been books that have been definitely guided to you in order to bring out some of the things we have been talking about on your plane. This is good. Books are good. They have a very valuable use. But as we have said many times, to read a thing is not to experience it, and to know, one must experience. But through our reading and our studies, we are made aware of things which lead us into experiences.

Questioner: We feel that we have been guided to books that will enhance your teachings and disinterested in other books that would not.

Teacher: That is right. Other books would not have benefitted you at this time. There will be other books as time goes on and you will learn more of the things that will be necessary for you to know.

Questioner: Are we right in assuming that this is all we have time for, i.e. the books that have been and will be helpful in understanding the things that you have been talking about and teaching?

Teacher: Various ones have various needs you see, but we will bring things to you that will be of benefit in your progress, for the times to come. And it is going to be especially important for those of the younger generation who are working in this field, and by this I do not mean the youngsters. But those, such as you and the instrument, will not require the training that some of the younger ones will for you will not be required to do the things that the younger ones will.

Questioner: Could you give us any information on the exercises for protection from negativity that were promised to us?

Teacher: Yes, I am aware of this and I do not know just why this has not been mentioned before. I am sure it has been an oversight.

Questioner: Are you familiar with the "Five Rites of Rejuvenation" and would you suggest these?

Teacher: Yes. Also the Cabala rites of psychic defense and that sort of thing. I would suggest, and I know that this would be approved by the Brothers, that everyone acquire copies of "Psychic Self-Defense" brochures. The one that is published by Mr. Riley Crabb is very good and is the Kabala rites, which is one of the finest. I would suggest that you have copies of that and study and use these rites because in the times to come this sort of thing is going to become more prevalent. There is going to be more of it, especially on the psychic level and it is necessary to be able to recognize it when it is happening and be able to defend yourself against it.

Questioner: Since we have had classes on converting energy into matter, etc., how can we begin to work with this on this level?

Teacher: My suggestion would be at this time that most of your efforts be in observing how nature works in this respect. The actual knowledge of the manipulation of these laws is being given to you on another subtle level and will be available to you when it is needed. The time is not yet right for that so I would not worry too much about not having the conscious knowledge of the manipulation of these laws at this time. But rather be aware of it by observing this in the daily goings on about you.

Questioner: Would a pyramid help us to observe these laws at work?

Teacher: Not as much as nature herself. This is only a concentration of energies. You see it brings certain cosmic energies into a concentration here which brings about certain results which we will not take the time to go into now. Nature is constantly doing this and man is doing it to an extent. Daily you convert water, which is matter, into energy which is a process on a lower scale. Also you produce electricity and nature herself is continually doing this in her process of reproduction. So as you observe these things, realize the beauty of what is going on. Man does not appreciate how great nature is and how finely balanced she is and how perfectly she functions. Findhorn is a good example.

The main thing at this time is to realize the importance of observing and practicing attuning yourself to nature and she will respond. She contains a great love force which is part of the Deva world for they are entities of great love and they pour forth this love energy into their plant life and you can tune into this. \$