



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Peace, peace. Greetings to you my brothers and sisters, I am Zalhem.

I shall take just a few moments tonight and speak briefly about a subject that we feel is very important.

We have mentioned many times in our dissertations the importance of developing selflessness, of forgetting self and devoting ourselves to the service of others. Becoming selfless, we feel is very little understood. To become selfless, to forget oneself and to put the service of others first, is to lose all criticism, condemnation and resentment toward others. Until one has accomplished this he will not be able to comprehend what is meant by the brotherhood of man. He will not be able to realize his aoneness with his brother man, with all life.

The first thing is to lose self. When you have lost self, you cannot have resentment or hatred toward any of your brother men. No one can do or say anything that will make you do anything but love this brother and return to him or her, love. Love conquers all things and only through love shall you conquer. Hatred, resentment, retaliation, can only bring more of the same.

Think well upon what your Great Master said in His darkest hours, "Forgive them, Father, for they know not what they do." This is not the way of your world, but if you are to enter the Kingdom you cannot be of this world. You can be in it, but not of it. These things will not affect you because you will not allow them to affect you. You have too much love for your fellow man, you realize the importance of the aoneness. You will not think evil thoughts toward another or even critical thoughts toward another, for you will realize that your thought is strong and powerful.

For when you think critically of another, you may be harming that person as you may trigger in him or her something that otherwise would not have been triggered and which caused them to do that which they would not have done. The more powerful you become, the more dangerous you become unless you use these thoughts in constructive and positive ways. Criticizing another, if only in thought, can be harmful and you are responsible for your thoughts. So, my friends, when we

speak of becoming selfless, we are speaking of something that perhaps is much more important than you think or realize.

If one allows themselves to become selfish, possessive and defensive to a great enough degree, they can destroy themselves physically and mentally. The greatest power in the universe to build one in strength, is love. The greatest power to build is love, the greatest power to destroy is hatred. Two opposites and one who loses oneself, who becomes selfless, will become powerful for he will learn to love.

Love is the power that motivates the Universe. Hatred is the power that destroys it. So one can be a builder or destroyer. Each has this choice to make. This is a subject that is well worth a great deal of thought, a great deal of meditation and prayer. Think well upon these things.

As I leave you, I extend to each of you our greatest love and understanding. May you find great joy and peace through your service to mankind. Peace, and may the peace of all the Great Ones rest in your hearts.

Peace, go in peace, go in peace. ✿