



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Yaum: Greetings to you, my friends, I am Yaum.

I came to you tonight by special permission of the instrument and his teacher. We did not feel that it was necessary for an introduction again, for I feel that now we are old friends. Is this not so?

Questioner: Yes. Thank you.

Yaum: It is my pleasure to come among you again tonight, and for a few moments I will speak with you.

I am sure that each of you by this time are beginning to realize the importance of self-development, for, my friends, we are and when I say we, I mean those of us who are working, attempting to bring a realization to people like yourselves—the realization of the importance of self-development at this time. It is quite difficult for those of us who must contact you in this manner, such as I am now doing, to give you complete instruction and guidance in the many things that will be necessary for you to do in order to raise your consciousness into the high realization.

You must realize that in true reality all is consciousness, for where your consciousness is, there is your understanding. This, I am sure that you can understand, for you see it before you every day. That which you can bring in to realization will be that which you can be conscious of. Therefore, my dear friends, it is necessary for you to use every avenue possible to expand this consciousness, try to realize the importance of this, for you can only receive that which your consciousness will allow you to receive. Do I make sense to you, my friends?

Questioner: Yes.

Yaum: I find some difficulty in trying express exactly what I would like to in your terms. I hope that I am making myself somewhat clear to you. As I started to say sometime back—we are attempting to bring to you opportunities to learn new ways of expanding this consciousness. Some of you have been using various types of breathing exercises, and these are good and will bring to you great benefits, both spiritually and physically. They will aid you a great deal in expanding your consciousness, for through these developments, you will find newer and greater experiences coming to

you that will broaden your consciousness, and there is so much for you to become conscious of, for the things that you see and contact in your physical world, can only expand your consciousness to a small degree, for there is much, much more that is not seen on the physical. So, my friends, we cannot urge you enough, we cannot say too much about the importance of this development.

All of you are aware that great changes are coming to your planet and to your system, and they are coming very, very soon. They are taking place every day that you pass—some smaller, some greater, but the greater ones are yet to come, and some of them will be great, for they will affect your whole system. Your whole solar system will change, and this solar system will exist in a new vibration that will have great effect upon the peoples of all the planets in this system.

Most of you, I believe that most of you, are aware that in the new Age your system will be exposed to the rays of two suns, and this my friends will make the difference. You will be exposed to entirely different rays that will have great effect upon man. This is the reason, my friends, that it is so important for Earth people to grow in spiritual understanding, for the new vibrations that shall emanate from the two sun combination, will be of such a nature that man will not be able to exist in this vibration, unless he has a certain degree of spiritual development, and I am sure that all of you here want to move into this new vibration, to use your terms, with flying colors, and I know that each one of you here can do this if you so desire.

For this will be an age of such grandeur as you have never seen or even dreamed of. Does this sound, my friends, like it would be worth working for?

Questioner: Yes.

Yaum: Then I ask you with all my heart, to work that you might each be able to enjoy and experience this new Age.

I want to thank you, my friends, for accepting me into your presence again tonight. It has been my pleasure to be with you. Do you have a question, my friend?

Questioner: Yes. Could you tell me the best way possible to develop a great love within one's own heart for his creator and his fellow man?

Yaum: This, my friend, is a matter of growth that requires great self-discipline and effort upon your part. In your environment that you have lived in for so long, you have become a part of a race consciousness, where man has lived with the thought of an eye for an eye, a tooth for a tooth. He has lived with the thought of serving himself first, and then serving his fellow man or his creator. This is a matter of growth, of practice.

When you are exposed to certain criticism, condemnations or what have you, what is your first reaction? It is to hit back, was it not, to strike back, to get even. What did your great master say in regard to these things?

Questioner: To turn the other cheek.

Yaum: Yes, and to go the extra mile and many other things did he say concerning these matters. But I ask you, my friends, do you do these things? Do you attempt to practice them? This requires great self-discipline, does it not?

For spiritual growth you must discipline yourself. Do not allow anger to enter your heart, for anger, you all know, does something to you. It does something to you that you cannot counteract very rapidly. It will destroy you both mentally and physically if you allow it. Have I answered your question, my friend?

Questioner: Yes, thank you.

Yaum: I am told, my friends, that I have stayed my time with this instrument, and I must now release him, so I will bid you all goodnight again. It has been my pleasure and my joy to be again in your presence,

Goodnight, my beloved friends. ☸