



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Anthon: Peace be with thee, my friends.

Have ye ever attempted to really realize what is meant by being one with the whole, with universal mind, or shall we say, with all creation? I know that each of ye are familiar with cellular structure, with molecules and such, so let us liken our mind or perhaps I should say, our pure mind or what ye would perhaps term, spirit mind—let us visualize our portion of this as one of the minute cells of universal mind, moving continually through the great sea of space where flows this complete mind.

As we bring our consciousness into the realization of this and the relationship of this minute cell, which we shall refer to as the I, or the I AM, we visualize ourselves as one of these, moving among the many. And in our quietness we bring ourselves into complete harmony and attunement with that which surrounds us, which we are a part of, and which is a part of us. As we come into this attunement, we begin to find great truth, great love, great wisdom and understanding of this one great mind, becoming a part of us, of the I, and we find arising in our consciousness great amounts of truth and understanding. But in order to tap this source of truth we must become a part of it.

All things, my friends, come about through the broadening of one's consciousness, and in order to broaden our consciousness, to bring into it greater things, we must start with the intellectual mind, exercising the broadening of this consciousness. At first it may not seem at all real, but as we practice we find the subconscious and the conscious coming closer together, cooperating more, in bringing about that which we seek to know. Nothing can become real to us unless we bring it within our consciousness, the scope of our consciousness. Truth is, consciousness must be developed to bring truth into it.

Each of ye are well aware that many of your people pass a whole life time with a consciousness so narrow that it takes in practically nothing, even in the knowledge of your intellectual world. Man will be just what his consciousness can take in.

So I say to each of thee, my friends, let your consciousness become ever wider and ever higher.

Realize your oneness with creation, with this great universal mind or intelligence, that you might receive that which is rightfully yours to have, for you, as children of the most high, are entitled to all of his creations. They are yours to claim and to have; they are mine to claim and to have. There is great plenty for all. Become conscious of these facts and go farther than believing them. Know them to such an extent that the knowing is a part of your being.

My love and my peace I leave with thee, goodnight, my friends,

I am Anthon. ☸