



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**July 5, 1962**

**Anthony:** Peace be with thee, my friends, I am Anthony:

Beloved friends, it has been our purpose in the period of time that we have communicated with you, to attempt to bring to you truths, techniques and information that would help thee in thy growth.

We have attempted to bring to you these things that would help you to help yourself. We have also brought you information concerning your civilization, its problems and its solution. We have attempted to point to you, in many ways, the things that should be obvious to your civilization, yet seem to be overlooked by most. These efforts have been put forth to persons all across the surface of your planet who have shown interest in these things.

It is in this way that we have attempted to help men of earth to help themselves. But, we find that many of these people who seemed to be sincere in their efforts to learn, who are sincere in the efforts of increasing and broadening their consciousness, yet, many find themselves lacking in courage, holding a bushel over their light, lifting it slightly, occasionally, allowing only a small portion to shine forth. I say to you, beloved friends, those who would serve their humanity at this time when it is so desperately needed, must cast off the bushel and allow their light to shine forth, to have the courage of their conviction, to stand forth for all men to see.

For what is there to fear? There are only a few things that you could possibly fear: perhaps a loss of prestige, perhaps some criticism, perhaps some opposition, perhaps ... Beloved ones, what is more important today? Is it more important to withhold these things, or is it more important that a great civilization take its place in the Universal Brotherhood of man, to take its place as a civilization that can live in peace, in love, in understanding? Is it more important that man learn the truth about himself, to discover his true being? Man will only make these discoveries when he comes to the realization of the importance of accomplishing these things.

We sincerely hope that this civilization, in this process of evolution, will pass safely over the threshold into a new concept—a new concept of life— where strife and

struggle and chaos no more exists, where man lives with peace of mind, with true peace of mind, where man knows no longer the struggle for survival, but knows life in its true essence,

Such great things await this civilization, if it but can step across the threshold, things of such greatness that your consciousness at this time could not conceive of it. I ask you, beloved ones—and I direct this to all those who are seeking truth and understanding—is this not worth striving for, worth all the effort that can be exerted, worth all the sacrifices that can be made?

Beloved, may each of you have great success, and may each of you display great courage in your service, in your efforts to bring your civilization across the threshold.

Peace be with thee, my friends, peace, peace, peace.  
Go in peace. ✨