

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## August 16, 1969

**Teacher:** Greetings to you, beloved friends, peace be with you.

First, I should like to express my appreciation to the instrument and his mentor for this opportunity to speak with you. I wish to extend my special greetings to my son here and to say a very few words to him. I shall attempt to be brief, realizing that your hour is late.

My son, I have been with you through this sojourn. I have been at your side many times in your hours of need, and I have attempted to help and guide you over some of these stony paths. There have been times when you responded well. There have been other times when perhaps my efforts were wasted. I have this to say to you now. Cultivate your awareness. Become aware in all things that are taking place within you. There is much more occurring within your being at this time than you think or realize. This is the time, now is the hour, to let those inner realizations come into being, to be aware, and to develop. For the time is fast approaching when all of you will need to muster all of the strength that is within you to overcome the things that are at hand.

Yes, my dear ones, there is much to be faced in the days ahead upon your planet, and you shall need all of the spiritual strength and knowledge that you can acquire. We, who are in the invisible spectrum, that is to say, we are invisible to your normal physical senses, are standing by to afford all of the help that we can. But we cannot do your growing for you, we cannot bring about your spiritual growth and understanding, for these things only come from your own efforts. These must be earned to be realized. No one can give you the experience necessary for your growth. You must experience in your own way in order to acquire that which is needed by you.

Search within, my friends. Search deep within, for only there will you find what you are looking for. Intellectual knowledge will not bring about spiritual understanding. The intellect has its place and so has the spiritual, and true wisdom and understanding come only from within.

Great love and tolerance are a must in the days ahead. Your great Master, when he said "Love ye one another," spoke not empty words. This is a must to any

civilization if it wishes to survive. For without love man cannot exist for long. This is the foundation for all spiritual growth and understanding. For until you understand the word love, and let it come forth in your being, you have little. This is the Christ Consciousness. This is the symbology of your Christmas. As was the Christ born in the manger, so must he be born in your heart and grow to maturity. Think ye upon these things. Think ye well and let the realization of the importance dawn in your consciousness.

Now, beloved ones, I do not wish to keep you. May the blessings of the great Ones rest with you. May each of you come into the full realization of Universal or Cosmic Love, and may ye soon be able to demonstrate it to its fullest in your life.

Peace be with you, beloved ones, Peace, Peace. \*