

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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October 12, 1984

Joseph: Greetings to you, my brothers and sisters, I am Joseph.

Our brother Zalhem is off on another mission at this time, so I have come to fill in for him. Now if you like, I will give you a color treatment as he has been doing, if you so desire.

If you will, I would like to have you follow me in the concentration of the colors. This will be good exercise for you. If you have any trouble in following, do not worry about that. Every little bit helps in bringing forth these vibrations. As I mentioned, it is good exercise for your mind.

So let us relax now. Let us let go of all of the cares and the worries and the tensions. We are going to let go of all of that now and just relax. We are going to take a moment or so now just to relax and let go. Let all of those tensions flow from you. You are peaceful, you are at rest, and all of the muscles of your body are relaxing, and are becoming very relaxed. Moment by moment you are becoming more relaxed. You are letting yourself drift into a mental state of relaxation. You are letting go. There is nothing so important that you need to worry about it now. You can save that for later, if you must. You are completely relaxed. Your eyes are closed and you're relaxed. Allow that body to just sag into relaxation. All of the weight and tensions are being lifted from you. They are flowing away, and all is peace and calm. You are ready to receive. You are ready to just let the vibrations flow to you. There is no resistance whatsoever.

Now I am going to draw forth the medium orange color or vibration, the life giving energy. I am filling your auras with this. See this energy flowing to you, filling your aura, surrounding you. See your body absorbing this energy. See it flowing to every cell, every atom of your body. You are absorbing it. It is flowing, flowing, flowing to you. Every atom is absorbing it, taking advantage of this energy. It is giving each atom and cell new energy, new strength, vitality. You are now filled with energy. You have much vitality.

Now we are going to use the light green vibration, about the shade of a pea pod. We are calling this forth

now, calling this vibration to us. It is now flowing toward each of you in great abundance.

I want you to see this with greater density around the head. It is not only restful and beneficial to the physical eye, it also has the same effect upon the eye of spirit. It is especially beneficial to earth people. Earth's basic color is green. It is known throughout the seers of space as the green planet. Absorb plenty of this energy, for it will bring you into greater rapport with mother Earth.

Now we will call forth the deep blue, a blue about the shade of your small plums. Let this energy flow to you freely. Absorb it.

Take plenty of it so that it can stay with you. This blue vibration is also very protective against outside negative vibrations.

Maintain a knowing of this vibration being with you at all times, it will help you to guard against depression. It will help you to maintain a feeling of well-being and self-esteem.

Now we are going to call forth the gold vibration of the sun. We are going to let this vibration fill our aura from head to toe, to the point where we look like a golden egg. This is also a life-giving energy. It is a vibration that gives us strength, and helps our mental capabilities to improve. It helps us to establish better insight into the knowledge that we seek.

Take this energy in abundance. Let it absorb you, fill you to overflowing, take it in. Let it fill, not only your aura, but your body.

Every cell and atom is becoming absorbed in this. You are filled to overflow.

Now that you have absorbed all of these vibrations, you have a new feeling for life a new zest for doing, a new feeling of well-being, peace and of joy. And so it is, my brothers and sisters.

Now that you have come out of this, would you like some conversation?

Questioner: Are the microwave ovens that are available at this time harmful to our bodies?

Joseph: I would not recommend them. However, they are much safer than they were in the beginning. They are not entirely without ill-effects. There is always some leakage from them. That leakage cannot be avoided.

Questioner: Does this leakage go into the food?

Joseph: There is some that goes into the food. The food does retain some of the radiation, but that is not as harmful as the waves that are expelled from the oven itself. This leakage is held to about the minimum that it can be held. I do not recommend them. You are already exposed to so much microwaves that you do not need any more from a device that you would keep in your home and use extensively.

Questioner: Do you have any comments on our changing economic situation?

Joseph: I do not think so, over and above what has already been said. It is progressing about as planned. You can see the change taking place in your buying and selling system, which is another step towards the elimination of money altogether.

Questioner: Will you comment on the rumors that suggest three major happenings that will occur on planet Earth this fall or sometime before the first of the year?

Joseph: I am not aware of any great events that are going to happen before the first of the year. That would be more than events that normally happen.

Questioner: These statements came from psychic sources.

Joseph: Often these statements are made and events do happen. It depends upon what you term a major or minor event. Often these predictions are made and then at the end of the time, we find the most major thing that happened and say "that was it." I do not see any great major catastrophes or events that are scheduled to happen in the balance of this year.

Questioner: What about the influence of the conjunction of the planets in 1985?

Joseph: The conjunction of the planets in 1984 was not a major one but that was one of the conjunctions. The comet Halley will be due within the next two years. There has always been some major event when that has passed through.

Now your question concerns the night side of power. Since I am not an expert in that field, I would like to see if Nathaniel would answer that for you.

(At this time Joseph contacted Nathaniel.)

Yes, he is available. He has more expertise in that field than I in the field of electrical energies and electronics. So I will withdraw and let my brother take over. It has been my pleasure to spend this time with you. If I have been of any help, I am happy. I extend my blessings

and my love to each of you. I will now turn over the instrument to my brother.

Nathaniel: Greetings to you, my brothers and sisters. I am Nathaniel. Now you wanted some explanation about the night side and the day side of power, and why you on planet Earth are using the day side, which in reality is positive and negative. Before the turn of this century electric power was introduced and used primarily at that time for lighting purposes. The system in use at that time was known as a direct current. When Mr. Tesla came into the picture somewhat after the turn of the century. He discovered and developed the process of what is known as the poly system or alternating current, which means it alternates back and forth in cycles, and can be produced in any number of cycles that are desired. The common use in your country as you know is that of 60 cycles, that means that it changes cycles 60 times every second. In other parts of the world they use different cycle rates. So in order to use this current and to transmit it distances, it had to be raised, the voltage had to be raised, which is the equivalent of pressure through transformers. This was then transmitted to distant points where they wanted to use the energy. Before being used it had to be stepped down by another transformer. This system worked very well. At the time that he developed and perfected this it was seen by the "powers" of that time that this system had great potentiality over the direct current, which could not be stepped up and down through transformers. The direct current was only able to be transmitted certain distances because of the drop off of voltage, due to the line resistance. So this system was further developed and used as the power of this country, but what they did not realize at that time was that it also had disadvantages. To take the extreme example, when this power has to be stepped up to thousands of volts to be run long distances, you know what the results are along these lines. The ozone problem, and the ions that are given off from these high power lines has been found to be disturbing to cattle or whatever might be near these lines, including people. This also takes place on a smaller scale with the wiring in your house. So this system has its disadvantages.

Questioner: Does it give off positive ions?

Nathaniel: Yes, it gives off positive ions, and also other waves of energy.

Later on Tesla discovered the disadvantages of the poly system, and began on another phase of it. Now, in the poly system the power is transmitted over wires, with the earth being used as the negative side of the circuit. You realize that the system will not work unless the system is grounded. So you have to have the earth there to complete the circuit.

In the night side or the negative side, the opposite procedure is used and this Mr. Tesla began to see and to develop, and he did develop it. In this process the reverse is used. The power is transmitted through the

earth. He demonstrated this by lighting banks of lights several miles away. The power goes through the earth on the negative side and through the air on the positive side. In order for this system to work it must be stepped up into a higher frequency. It is a different type of current. It is not an alternating current, as you know it in the poly system.

Questioner: It is not direct current, either.

Joseph: No it is not direct current either. It originates in DC, but the DC is converted to a high frequency current, and this frequency can be varied to whatever you desire.

Questioner: What is the frequency range that this power is transmitted on?

Nathaniel: The frequency that you use depends upon the distance that you want. To transmit it, and the amount of energy that you want to transmit. This would be up in the megacycles, very high frequency. The Tesla coil is an example of bringing the direct current up to a higher voltage yet a low amperage where it can be, through other processes, brought up to a high frequency. An example of this would be the Lakhovsky multiple wave oscillator which used a principle of this type. In his system, he took alternating current and converted it to direct current, running it through a high coil and then using a series of antennas and resonators to bring it up to a high frequency. With his resonator each coil had a different frequency the idea was that the various cells of the body have different frequencies. and it (mwo) was designed to cover the full range of the body's frequencies so it could recharge any cell in the body. That mwo machine was based on the same principle only it would have to be carried to a little different degree. In Atlantis the night side energy was the type that was originally developed, and that's what they used for power. There is no limit as to the distance that it could be transmitted.

Questioner: Does the negative side power system have a bad side to it?

Nathaniel: No. The problem was that they, the money powers, had already invested millions of dollars in the poly system. They had already put in plants to produce power, power lines, and those who had made those huge investments were not willing to lay that aside and go into this other process.

Questioner: Does this night side system require any wires?

Nathaniel: No, it does not require any wires for transmission. It is transmitted through the earth. It does have to use an antenna to complete the positive side of the circuit.

Questioner: In the new age will the night side system be used?

Nathaniel: I think the night side system will be used in the new age because, after the old system is gone, the investment will not be such an obstacle. Those who had invested money in the various parts of the power industry, wire and pole production and the power plants, were not about to go along with a new system. It was proven to them that the new system would work.

Questioner: Thank you for coming to talk to me about this.

Nathaniel: It was my pleasure. Joseph thought it best that I talk to you.

I am not saying that he does not know about this subject, he has knowledge of it too but it is closer to my field of operation. Of course that is not our only field. Our main interest above all else is growth and knowledge, to gain greater spirituality and greater power to help mankind.

As I leave, I extend to each of you my love, my peace, my joy, and I ask the blessings of the Great Ones to be bestowed upon each of you now. Peace, beloved ones, peace. Peace, peace, peace. \$