



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to you, my children, I am Zalhem.

There are many things that you will need to learn, many things you will need to develop and to overcome—if you are to trod the Path of Liberation.

One of the major things that you must attain is Humility, Humbleness. There is no place on the Path for the “big I” and this is not easy for many, for many have built their egos high. They like to stand out and be noticed, to receive recognition and praise for that which they do. This is somewhat a way of life upon planet Earth.

Many times as you trod the Path you will think you have been forgotten. You will think that all of your work has gone unnoticed because you have received no recognition. That “old devil self” is very difficult to overcome. He continually rears his head and you must smite him down.

If you would be drawn to one of the Masters, it will be very necessary to attain a high degree of Humbleness. Humility, service, will draw the attention of the Master. He sees those who are serving with humility, with love and dedication. His attention is drawn automatically to these and he will watch them closely. He will know your every attainment.

So as you move along, cultivate this attribute. Never complain for lack of recognition. Serve only with the thought of serving your fellow man, thinking never of self, but only what you can do for others. To brighten the life of another should bring to you great pleasure, great satisfactions although this accomplishment may not have been noticed by anyone, or at least seemingly so. So that is what we mean when we say you must become selfless.

We realize that these things are not easy to accomplish. It requires great discipline and great effort on the part of each individual, but in time you will see the value and reap the rewards and you will wonder why you have not accomplished these things much sooner.

I leave you, my friends, by extending to each of you my love and my blessings and I ask the Great Ones to invoke their blessings upon you that you might have

more strength and more desire to overcome those things which seem to you impossible.

Go in peace, beloved ones, go in peace. May your path grow ever brighter as you trod the corridors of time.

Peace, peace, peace. ☸