



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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July 31, 1984

Joseph: Greetings to you, my beloved children, I am Joseph.

I would like to spend a few moments with you discussing the subject of Life Readings and things of that nature that are so prevalent today. This subject became popular back around the early fifties when the works of Edgar Cayce became well known. Those who were interested in metaphysics, spiritualism and that type of thing, began to seek this type of reading. Back then, there were very, very few people involved in this kind of thing. Very few had even thought about doing a Life Reading, as you call it.

As more and more people became familiar with the works of Edgar Cayce and the subject of reincarnation, the demand for information about past lives began to grow, and more and more mediums began to give what are now known as Life Readings—looking into the past lives of individuals and interpreting what they saw there. At that time, the great majority of the mediums were known as spiritualists who were working with astral entities from what we call the purgatory plane, and there are various degrees of that plane. It was quite some time before this became very popular, but as time passed, interest increased and more people began seeking the Life Readings.

Whenever there is a demand for something, that demand will be met, however that might be. Therefore, as these readings became more popular, there were many who tried to duplicate the Cayce work. They were trying to be his equal, but unfortunately, this did not happen, except in an extremely few cases. It requires a high type of communication with those upon the upper plane, and they do not do much of that kind of work. Anyway, this is how it all became so popular.

Now is the time when people who are sensitive will become more sensitive, and those who are not will become even less sensitive. The problem has been that those who have sought knowledge in metaphysics, and consider themselves to be metaphysicians, were looking for an easy way to improve their situation. They do not realize that nothing is gained easily, whether it be health, wealth, happiness or whatever their goal might be. No great knowledge, nor any great

advancement in evolution ever came without work. If they do not have the burning desire that will cause them to diligently seek their goal and work toward it, they will not gain very much. It will not just come to them, although that is what they are seeking.

Another reason for the popularity of this type of reading is that many of these readings appeal to the ego, and this attracts people who love to have their egos fed. They may be totally unaware that this is what they desire. But even if they were aware, it is not likely that they would admit it. If you were to suggest to them that they were egotistical, they would be very indignant indeed.

Questioner: That is true, but what about people who believe that they are being guided by those from a higher realm, and who feel that they are benefitting from that guidance?

Joseph: Isn't it somewhat egotistical to think that someone is on your shoulder every moment of the day, guiding every move that you make? Do you think that those in the higher realms have time for this? Even your own guardian angel does not have time to sit on your shoulder all the time. Even if they had the time, if they were to guide and direct you in every move you made, and continually directed you into perfect situations, you would never learn anything yourself. It is through self-effort and trial and error that we learn and grow. We must learn from our mistakes, and the only people who never make mistakes are the ones who never do anything.

Now it is true that your guardian angel will guide you at certain times, but often they will guide you into what you would consider undesirable situations so that you might learn something, however, most of the time the decisions are left up to you. They may make a mental suggestion to you at times, but the decision as to whether to follow it or not is up to you. You do not know where this suggestion is coming from. It comes into your mind as a thought, but it is up to you to decide whether it is the right or wrong thing to do.

How much are these people really learning from these readings? Most of the time you will find that the information they found helpful is something they should have known themselves. All you have to do is analyze

your situations a little bit and you will know what is right for you to do. For instance, if there is inharmony between two individuals, then you must analyze where the problem is and determine the right way to solve it.

Let us look at it from another angle now. We have two forces at work in the universe, which you call good and evil, or the positive and the negative, or the forces of light and darkness, and there is a constant battle going on between these two forces. The forces of darkness choose very clever and devious ways to work in order to throw people off the track and prevent them from gaining the knowledge that they should have. Many of the so-called angels who are coming through these sensitives, or mediums, are from the dark forces. They pose as some high being and feed the ego of these people, injecting a lot of truth and love, and so forth. This makes it all sound very loving and beautiful, which is what these people want to hear, but they only get one side of the story. Everything looks beautiful, for you are looking at the world through rose-colored glasses.

Now how are you going to combat the dark forces you do not know they exist, or if you believe that you have yourself surrounded with a protective light and the dark forces can't possibly get to you? This is not as easily done as it might seem. It takes a lot of work, practice, and knowledge to be able to produce the protective light that will protect you from all of the negatives that surround you.

The opposition also works by injecting false information along with the truth, and this causes people to get into some very difficult situations. For instance, many of these are promoting psychic development for individuals who know nothing whatsoever about the psychic realm. They encourage these people to develop their psychic ability and to try to make contact with their teachers and other higher beings. When they do make a contact, the being will pretend to be from a higher plane, and these individuals will have no way of knowing that they are not. They will be encouraged to continue this type of thing until the lower being has gained control over them, and you have a case of possession on your hands.

This happens over and over again. These people do not warn you about the dangers involved. Instead, they encourage you to go where angels fear to tread. However, if you are wise, you can spot these individuals in a short time by studying their works a little bit. Listen to what they are saying and what they are encouraging others to do, as well as what they are doing themselves. If they are feeding people's egos or doing other things that you know are dangerous, and if they are injecting things that are contrary to the old, established rules and occult teachings that have been known for centuries to be true, then beware. They are not from the forces of light.

Often, the problem is that the entities coming through the mediums may not be particularly evil, but are

merely teaching their own beliefs carried over from previous lifetimes, and which contain a mixture of truth and falsehood. As is the case with many people upon your planet today who are going around teaching what they believe to be the truth, part of it may be true, but much of it is false. They believe they are teaching the truth, while one who is wiser and more knowledgeable would recognize that they are not.

There are many ways in which the dark forces do their work. Sometimes they use mind power to influence the entity who is coming through the medium. There are those among the Dark Brotherhood, who are also Master Minds, and they can control the minds of others, so we have to be very careful, discerning and analytical if we are to determine the validity of the material that is coming through. The only way that one can do that is to know what to look for and use good judgment. Most of you who have worked with us have a pretty good idea of what to look for, but many people do not. They believe that simply because it is coming from another dimension means that it has to be the truth.

Another thing you should watch for is whether the entity coming through has an ego and builds himself up to be a Great One. Look out for those because a true Master will be a very humble individual. He will state truths simply and briefly, and he will not claim to be an Archangel, a great Master from the highest realm, a high member of the Great Brotherhood, or anything of that type. Yes, we are members of a brotherhood, but we are not Solar Spirits, and we have a long way to go to reach that level. We have a work to do and that means that we will accept the most menial job and do it, if that is our job to do. We do not claim greatness, for we are still on the ladder of evolution. We have come through your state of evolution and we once stood where you stand today. But we have passed beyond that and we still have many rungs to climb yet on the ladder of evolution.

We are humbled to be of what service we can to you at Center R. We do not claim to know everything and at times we have had to admit that we do not know. But I can say that we have trod the same path that you are now treading. We are no longer earthbound, but we still have the option of returning to Earth for missions, and if we are given an assignment of that kind, we will carry it out. We have superiors that we take orders from, and for a number of years now, one of our missions has been to work with your group at Center R.

We only try to serve and we are humbled if we have been of service to you. We help in any way that we can, but we cannot do your work for you. We can only point the way, as did the Master whom you call Jesus. That is all that He did. He pointed the way, but there were few who followed. We do not claim to be His equal, but we are determined to do our best at the level where we stand today. Does that give you any better

understanding of the subject and the cases that you were wondering about?

Answer: Yes, it does. Thank you.

Joseph: You see, most of the people who have gotten involved in these things have done so through ignorance. I do not mean that they are ignorant people, only that they are ignorant in certain fields because they have not gained the knowledge of those subjects. Because of their ignorance, they have built up some wrong beliefs with the encouragement of their teachers and others whom they have followed.

There are many in this field today who are highly intellectual and what you would call well-educated, with high degrees in various subjects, but they are completely ignorant when they get into the field of metaphysics. Although they have barely scratched the surface of this subject, many of these people are going out as teachers and some are promoting others who are sensitives. They are not sensitives themselves, so they find and promote one who is a sensitive in order to gain recognition in this field and to earn a livelihood. They want to be recognized as knowledgeable in this field, but if you were to pin them down, you would find that they know very little.

Questioner: Joseph, there is a series of teachings known as, "A Course in Miracles," that is very popular now. I understand that a certain member of our government, very near the head, is active in the "Course in Miracles." I also understand that he is a channel and is distributing information through these groups. I understand this is nationwide. Are you familiar with this?

Joseph: Vaguely. It is rather difficult to follow and be aware of all of the various things that are going on. I have not investigated this case, so I have very little knowledge of it. But the fact that this individual is highly educated and intellectual causes him to be accepted, and his information to be regarded as truth. Much of the information coming through, merely feeds the ego and is not the ultimate in truth.

The dark forces encourage that type of thing very much because they can gain much ground that way. Anything they can do that will slow people down or get them off the track makes it just that much better for them. They have gotten them over on their side where they can control them. They also work in very subtle ways to disrupt a civilization and cause negativity.

Questioner: We have certainly experienced that many times in our 25 years. Do you think that if Saint Germaine were teaching publicly that he would announce himself as such?

Joseph: No, I do not. I do not think that he would encourage people to worship him, either. This organization worships Saint Germaine like the Christians worship Jesus, and you know that Jesus

discouraged that. He did not want to be worshiped, and neither does any other high being.

Questioner: Could you comment briefly on the spirit of unhappiness present in the lives of those who otherwise seem to be working toward the Light? Could this be an effort by the dark forces to divert us?

Joseph: Often it is, yes. They bring about influences to throw people off the track and depress them, and that type of thing. They work in all manner of ways and that is why we need to keep positive, be knowledgeable, and keep our light burning bright. When one is down and depressed, it gives them a chance to push you down further, and believe me, they do. So we have to keep alert, always be positive, and know that we are in charge. This is what we are going to do. We are going to develop our power and become what we intend to become, not what someone else would have us to be.

Now, my friends, I must leave, and as I leave, I extend to each of you my most sincere love and blessings, and I invoke the blessings of the Great Ones upon each of you. May you find peace and happiness in your hearts, for that is the only place you will find it.

Go in peace, beloved ones, go in peace.

Be peaceful, be loving, be joyous. ❄