



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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February 2, 1981

Zalhem: Greetings to you, my children, I am Zalhem.

Tonight Joseph and I are going to pass among you and do some work for you. We hope that each of you will benefit. So now we shall prepare to carry this out.

I shall move around you anticlockwise and my brother here will move clockwise.

Now I would like each of you to become completely relaxed. Do not focus your attention upon us and our movements, but allow yourselves to become completely relaxed.

Think of yourself as you were when you were a small child relaxing in the arms of your mother, with her love enfolding you.

Let yourself completely relax—every muscle of your body.

Lay aside all of your tensions and cares, for they are not real. Allow the God-part of you to stand forth.

Now we shall proceed.

(Long pause.)

It is done. Beloved ones, go in peace. Peace, peace. ☸