

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Yaum: Greetings to you, my friends.

It is again my privilege to come among you to enjoy your pleasant company. I should like to give special greetings to our visitors here tonight and say that it is my privilege to be in your presence. My friends, do you have a special subject that you would like to discuss tonight?

Questioner: Will you help us to further understand how we can prepare ourselves for the Christ Child to be born in our hearts?

Yaum: My dear friends, you become so involved in the mundane things of life, the everyday living, shall we say, that you lose sight of the opportunities that you have to grow. If one is to grow spiritually, to really have the Christ Child born in your heart and have it develop then it is necessary to put forth the efforts.

I know that it becomes discouraging to many of you because your progress does not seem to be as great as you would like to have it. You see there must be much love allowed to grow in your consciousness. You must develop that love and I believe that, perhaps, the difficulty in developing this with many of you is that you cannot get the proper concept of love. You think of it too much on a physical level of loving someone through emotions. This is not the sort of thing that we are talking about. We are talking about a state of consciousness where you actually feel a closeness, an a oneness with all about you. A realization that this is all a part of the whole. A part of God's creation, regardless of what it might be, even as the smallest mundane creature to the great expanse of the universe.

Try to realize your a oneness with this and the necessity of cooperating with all of this and of realizing the importance and the function of all of nature, for God is nature. You cannot separate God from anything for he is the all in all. Each of us and each of his creatures, the plants or any expression is a part of this whole and we are all tied together by a thread. There is a thread that runs through all creation which joins us all together and we must try to come into a realization of this, you see. Then we begin to get a picture of the vastness, of the greatness of God and love for all things begins to

grow and take on a feeling or a state of consciousness of love.

A good place to start is in trying to be of service to your fellow men, your fellow creatures, in every way possible, in every opportunity that you can and to try to take on an attitude or appreciation, an attitude of gratitude. Be ever thankful for all of the things that you have and count your blessings rather than to dwell upon the things that you do not like. For many of the things that you do not like in your life, many of your so called problems and challenges, are great opportunities to grow.

It is necessary to weed out the old concepts of an "eye for an eye" or a "tooth for a tooth." Do not let anger, hate, greed or lust enter your mind. What another has is theirs, that is nothing to thee. As your Master Jesus said, "What is that to thee, follow thou Me." But it is necessary, my friends, to attain this attitude of praise and joy. Do not be afraid to praise God for without him you are nothing. Without him you have nothing. For all that you have or ever will have belongs to him. It is yours to use. So praise Him continually and give thanks to him for the things that you have.

Ask continually to be led in the path of righteousness and he will lead you if you are sincere, but let his will lead you. Let his will be done in you and pray continually that his will might be revealed to you. This can be done much easier, my friends, if you will remove self. Realize the insignificance of self and the greatness of God, the God within you. Let this manifest through his will. Thy will be done through the Spirit. Let this Christ love develop. Cultivate it in these ways and be not timid when it comes to praising and glorifying your God. I do not mean that you have to do our in the street and shout, "Praise God."

But as you go about your daily tasks, instead of disliking your task and making a drudgery out of it, bless it and praise God that you have this task to do and do it to the best of your ability, asking God to help you to do it more perfectly. Always serve to your fullest capacity for anything that you do that is beneficial or helpful to another in any way, shape or form is serving your God. For even as you do it unto the least of these, and this means the very least, the smallest creature, you do it unto him. But when you go about your daily

tasks in a mood of resentment, the task becomes very difficult and it wears you down very rapidly. You see many people believe that it does not matter how they carry our their daily tasks and obligations but I say to you, that man is also judged in these things and if he cannot be faithful in the smaller things, how can he expect to be given greater responsibilities? Does this somewhat answer your question?

Questioner: Yes.

Questioner: Does praising and thanking God help to keep the negative thoughts from coming to mind?

Yaum: When these thoughts come to you, start praising God if you can't get rid of them any other way.

Questioner: They seem to pop out from the subconscious mind before we know it, in certain unexpected, trying situations.

Yaum: My child, every thought that you have, every word that you speak sinks into the inner. When you declare a thing it becomes a part of you. When you have put enough love into your heart, these negative things will be crowded out by the Christ love.

Questioner: I think that I speak for everyone here tonight that it is an honor and a privilege to have you with us again. Would you care to explain to us in more detail some of the suggestions that Oxal made to us recently concerning some coming events?

Yaum: I think that Oxal's suggestion of keeping extra water and food stored was meant generally for people in these times, regardless of where you live, because there are many things going to happen. Many things are taking place today. What would happen, and you realize how much of this is already going on and it is getting worse day-by-day, what would happen to your water system if someone would drop a bomb into it and put it out of commission for awhile? Or perhaps some of your power supplies would be damaged by some of these radicals? And this situation is going to get worse before it gets better.

The karma has not been paid yet in these things and there will also be, of course, many cataclysms. I have not followed all of these things recently as it is a great time consuming effort to try to follow all of these developments going on in the world. But there will be many acts of nature which will cause disruption in all parts of your world in the near future. This area is not exempt from that. So it is wise to have some preparation for this. I realize that water is something that you will have to replenish so it is a good idea to have extra on hand and replenish it every so often that it is usable water, you see.

If your water or power system was out even for a few days or a week or two weeks it would bring about very difficult situations and if it were for a longer time it would be much worse. You will have to use your own ingenuity and knowledge and wisdom as to how to

store food and water and have some reserve on hand, if possible. We think it would be wise. We are not directing you to do this, we are making suggestions that we feel would be wise to follow. In the areas where I have worked the last few years there have been many, many people who have died of starvation when lack of proper water and food, et cetera when things of this type have happened.

Questioner: Is there anything more that you can tell us about the coming times?

Yaum: I think that most of you understand pretty well the situations that you face today, the changes that are taking place, the Earth revolution.

Questioner: Would you comment on the Middle East situation?

Yaum: I think that the situation will develop where Israel will take its place as has been prophesied in your scriptures by the prophets of old. This is a procedure that is fulfilling the destiny of a people. They have paid their karma and now they are coming back.

Questioner: Are there enough light workers in your area?

Yaum: There are never enough in these areas. We have need of all the help that we can get. But there are many people here who are growing spiritually and who are taking their place in the world development and the changes that are to come. No nation or people are completely without spiritual understanding, spiritual help.

Questioner: How can we help young people?

Yaum: I think that if you continue, if your group is dedicated and if everyone is sincere and is willing to serve, the opportunities will present themselves as you go along and if you are prepared to meet these situations. As yet, perhaps you are not prepared, you are not ready. The time is not right, for when the teacher is ready the pupil will appear.

Questioner: When one passes on, can they stay in the astral realm to serve if they choose?

Yaum: We get into a very complex problem here in trying to explain to those who have not yet reached a state of development where they can understand the completeness of man. There are very, very few in the astral realm who could be considered as highly evolved teachers. In the first place it is necessary for Man, in most cases, for the ego of Man to have a period between incarnations to readjust and to rest. To sort of withdraw from the Earth problems, the Earth expressions. I believe this period is called "Devashan" by some of the schools of higher learning. Then there is the other portion of Man which stays in the astral and this gets quite complex in trying to bring it down to where physical Man can understand this separation which takes place.

Questioner: Could the book, "Dweller on two planets," be helpful here?

Yaum: Yes, I think this book goes about as far as one could go in trying to explain it in an understandable way. What you are actually leaving behind is the astral shell and the memory pattern of the individual. The individuality, you might say, is left with that. The complete memory of Earth is not taken, it loses the memory of Earth as it passes to the other realm. This is taught in all the schools of high learning. The book "Dweller on two planets," is correct in this matter. I am not familiar with the book "Earth dweller returns."

My friends, too often in seeking truth, we want revelations. We want the things that you were asking for earlier this evening. You want to receive revelations, and as you say, the baptism of the Holy Spirit.

But too often in searching for this, too much time is spent in trying to find out why and how it happens. Too much time is spent in searching "way out."

Your people today are spending huge sums of money for occult books, searching through all of the occult writings and most of these are nothing more than one person's experience or beliefs. And where you are missing the boat, my friends, is in the little book that is upon your shelf and perhaps has been gathering dust for many years.

The "Book of Books," which was compiled by many of the sages of old and contains all of the secrets that you will find in any occult book. You have merely to read it, study, meditate and pray and you will find the secrets that will lead you to his kingdom.

Now, my friends, it is necessary for me to vacate this instrument. I wish to extend to each of you my blessings, my love and my understanding. If I have been of any help to you, I am grateful. May all the great Masters pour forth their blessings upon you and may each of you in his own way find that which you are seeking and may the Christ light shine forth from your heart and grow ever brighter day-by-day.

Peace be with you, my friends.

Peace. Peace. Go in Peace. *