



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Hatton: I greet you, my friends, in the Love and Light of the Infinite Creator. I am Hatton.

I shall be with you for only a moment, my friends, for there are others who wish to speak with you tonight. They have asked permission to do so. So now, my friends, I will step aside for another.

Teacher 1: Good evening to you, my friends, and to you, my son, my Love and my blessings. I have been with you for a long time. I should like to state at this time that you are following well your path. You are not straying too much from that which was meant for you, although at times you have given me much concern.

You have, my son, a definite task to perform. Follow that which you are now doing, for that shall lead you into the path, or rather into the work which is intended for you. The work which you are now doing will bring you eventually to the status of a teacher through the method or methods that you are now learning, you shall be able to bring Understanding and Truth to certain individuals with great rapidity when the time is right. So, continue to search for more truth and more understanding and search through meditation to that contact of the higher consciousness, for therein shall you receive the real Truth, the real Understanding. Sharpen your awareness, for I am sending you a great deal of Truth.

Questioner 1: Thank you!

Teacher 1: This you are receiving satisfactorily at this time, but the time grows short and it is necessary that we learn faster, so sharpen your awareness. Try to be aware of all things.

Questioner 1: Can I ask a question?

Teacher 1: Yes, my son.

Questioner 1: I am a little confused on my dietary understanding. Have you any suggestion along this line?

Teacher 1: My son, that which you put in your stomach is not nearly as important as that which you put in your mind. Follow your own guidance and desire. Use moderation in all things, but remember the food of the mind is of most importance.

Questioner 1: Thank you!

Teacher 1: Good food is important to the physical, but I believe that you have all of this knowledge available to you. The main thing to remember is moderation. Earth people eat too much, far too much, but when the mind is peaceful and the heart is light, the food digests much easier and produces much more energy. My peace to you, my son.

Questioner 1: I thank you very much for coming. Thanks very much.

Teacher 1: And now, my friends, there is yet another who wishes to speak to the dear sister. My friends, I bring to you another.

Teacher 2: Greetings to you, my friends, and to you, my sister, I extend my heartfelt Love and Understanding. You have been greatly distressed of late. You have gathered about you a great deal of concern, of worry, of environment that you have not been able to shake off. Beloved one, yours is not the task of absorbing the problems of others. Yours is only to send them your Love, your good thoughts, your light, and in so doing raise their consciousness. Be in this world, but not of it. This is not new. To see another suffer is not a pleasant sight, but know always that your Creator is a Just Creator. His Laws are just and no man suffers needlessly. The great healers of the universe are very careful not to absorb the disease of the healed, for you see soon they would be useless in their work. So they must be strong. They must rise above, as did your Master, for it is through their faith that they are made whole. He would say, "Pick up thy bed and walk," or "Thy faith has made thee whole," and "Go and tell no man," or "Sin no more." With that, his duty had been performed and was forgotten. Think upon these things and realize their significance.

There is much harmony lacking in your world today. Harmony is very necessary for the function of the creation, for the creation functions well in harmony and so does the individual. So we must create harmony within ourselves, harmonize ourselves with our Creator and with creation. And to be in harmony with creation, we must think positively, we must Love positively. We must see creation for what it is, God's expression. We must see men for what they are, God's creation. We

must see ourselves for what we are, God's creation—
God's perfect creation. Know yourself for what you are.
Hold your head high and declare your rightful place in
creation. I am That I Am. When you realize this,
beloved, nothing disturbs you, for you know and
realize, what you are.

Nothing that anyone can say or do will disturb you, for
you know that you are in your rightful place, doing that
which is for you.

Do you have a question, my daughter?

Questioner 2: Are you aware of what my real concern
is?

Teacher 2: You have many concerns. What would you
like to ask? We must establish peace within ourselves,
you must be at peace with all creation. Nothing is as
important as our own self-development, for until we
have grown within ourselves, we are of very little value
to others, and none can retard our growth, and no one
can speed it. It is up to us as individuals, but we must
cast out all fear and doubt. We must grow through our
own efforts.

Questioner 2: I don't understand why you are not
aware, if you are close to me, why you are not aware of
the one answer I've been searching for two years.

Teacher 2: We will discuss that at another time.

Questioner 2: I would like to ask you if you contacted
my sister, E., because she asked me to confirm it.

Teacher 2: Do you need confirmation?

Questioner 2: Well, I don't, but you do.

Teacher 2: I believe I gave you confirmation at that
time.

Questioner 2: Thank you.

Teacher 2: Have I said enough?

Questioner 2: Yes, thank you for helping me.

Teacher 2: My Love and my peace I give unto you.

Hatton: My friends, I hope that this little session has
given you some satisfaction. These things we do not do
too often. I am not too sure that at all times something
has been gained by such things. However, if this has
been of benefit to you, I am happy.

Questioner 2: It's always wonderful to hear from you.

Questioner 1: I appreciate this opportunity that you
gave me. Thank you very much.

Hatton: If you have received benefit, it is my pleasure
to have brought it to you.

And now, my friends, I will leave you. May the Love,
the Light and the Understanding of the Infinite One be
with you always. My Peace I leave with you. I am
Hatton. ❀