



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Samuel: Greetings to you, my children. I am Samuel.

It is good that you are working upon these healing procedures, and if you continue to do this, you will find that more and more your efforts will be rewarded.

You will be able to increase the power by exercising it. It is like a weak muscle. If you continue to exercise it, it will become strong. As your power becomes greater, so can we add more power to yours. We strongly urge you to do this exercise.

To those who would be healed, we would suggest that they try to prepare themselves for healing by attempting to eliminate any blocks that might cause resistance to these energies. Energies of this type can be likened to the flow of electrical power. The less resistance that is set up in the line of flow, the more power can flow over the line.

So you see, there are various things involved in the workings of these energies. The more you work with this, the more you will learn about it and the greater the understanding you will receive.

It will behoove all of you in the coming times to have strong, healthy bodies, for there will be times of great stress when your bodies and your minds will be exposed to extreme stresses.

We do not especially like to talk about these things. We do not like "doom and gloom," but we feel that only those who are prepared to face and to handle these things will be useful in establishing the New Age, and will be able to carry on through these times and be of assistance to others. There will be much to be done and it will require strong souls to do the tasks.

I know that none of you are blind to these things. You see the things that we have talked about in the past shaping up and coming into being, and it is happening more rapidly day-by-day. So I say to you, that the time is not far off when souls will be tried and only those who walk in the Light and are souls of great strength will survive in the fire. They will be the ones who, at the right time, will be removed for a short time while your planet goes through the latter stages of its convulsions.

After that, they will again be returned to build a New Age, a new civilization based upon justice for all and love for all, and with a consciousness of all for all. Man will live in harmony with both his fellow man and all nature, including plant and animal life and all of nature's creations.

All must be at peace with each other and live and let live, rather than the survival of the fittest. The survival of the fittest is coming to a close and you will enter a state of survival for all. Does this not sound like a better world in which to live?

This is what must happen on planet Earth. Man must regain the knowledge that he has had in the past, the knowledge of who and what he is and what he is capable of. He must realize and know all of these things and then put his powers to work for the good of all.

If man is successful in this, he shall build a civilization that is beyond your present comprehension, where joy and peace prevail and are always present. He shall no longer know grief, sorrow and pain, but rather, peace, joy and love.

With this I shall leave, and as I leave I extend to each of you my joy and peace, my love and understanding. I ask that the blessings, the love and the peace of all the Great Ones be bestowed upon each of you now.

Go in peace, go in peace. Peace, peace. ☸