

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Samuel: Greetings to thee, my friends, I am Samuel.

I am pleased that you have so many here tonight. We are pleased that you are showing the interest in the subject that you have chosen for discussion this evening. I am sure that in pursuing this subject you are going to learn much, not only about nutrition and food, but as you study these things and begin to understand the exactness, the preciseness with which nature functions you will begin to understand both yourself and your Creator much clearer.

Nature functions in complete harmony and man, if he is to function well, must also function harmoniously. Which means that each gland, each organ and each cell of the body when functioning in compete harmony, will bring about health and well-being such as you've never believed could exist. You see your Creator provided everything necessary for this harmony, but man in his eagerness to gain knowledge and power. has attempted to change nature, to do things in a much faster and more profitable way. He has not studied nature carefully or he would see how every minute cell. atom, proton, all of these things, are individual entities in themselves, each having its own function and knowing its own part. And if it is supplied as nature intended it to be, it will function harmoniously and will do its part to the fullest that was intended for it. But man, through his stupidity, has tried to change these things, to do it his way and in so doing has brought about inharmony in nature.

Now the question of adjusting to inharmony was brought forth and if you will think of it in this way, you will see why adjustment is not possible. If all things in nature, in order to function properly, must function in harmony. How can any one part of nature adjust to inharmony? This does not conform with the law of your Creator and in order to function properly one must conform to the law and be in harmony with the law or with nature which is the law. All of these laws were set in motion in the creation period and nothing can change the law, You can violate the law but you cannot change it for it set for all time. It is and always will be. In violating the law you only bring about inharmony and inharmony results in many things.

In the case of the physical body, or even the soul, inharmony comes forth in sickness, in mental instability and malfunction of the soul itself. In other parts of nature it reacts in violence, such as storms, earth tremors and the like. Your Earth itself is an entity and has a soul and when you bring about inharmony in the functioning of a planet it will react just as your physical body reacts. It becomes sick and will react in many ways. So you see, my friends, in the study of these things you are going to see the delicate way in which nature functions and man has only scratched the surface in discovering how minute some of these functions are. A few of your great minds have done great research in these fields and have made great discoveries, others refuse to investigate, it might upset their theories, it might interfere with their power to make greater earthly gains. So they go on in their old ways working against nature or God, rather than cooperating with Him.

As you show sincerity in your search for God, many opportunities will come for you to gain greater understanding, but much of this is going to have to be done through your own efforts. We cannot do these things for you, we can suggest and we can help to guide those who are sincere in the direction for finding that which they seek. It is the old adage, "Seek and you shall find, knock and it shall be opened unto you." But you must seek and knock. The Father will see that you receive and that the door is opened. Peace be with you, my friends, peace, peace. I leave you, my beloved friends, with this blessing.

May the blessings of the Father and of all the Great Ones, who so diligently work in his behalf, be invoked upon each of you here this night. And may each of you gain great understanding of Creation through your seeking and your knocking.

Peace be with you, beloved ones, peace, go in peace.