



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

Copyright © 2012 Clyde Trepanier

**May 1, 1984**

**Zalhem:** Greetings, my children. I am Zalhem.

Do you have any questions for me today?

**Questioner:** We are trying to get a better understanding of the Holy Spirit. Could you comment on this?

**Zalhem:** The Holy Spirit, or Holy Breath, is merely another phase of Deity, or the Trinity of which you often speak.

**Questioner:** According to the Scriptures, Jesus' disciples received the Holy Spirit at Pentecost. Are there many on our planet who have received the same thing that they did?

**Zalhem:** No, there are not very many who have received this power to the degree that the disciples did, for there are degrees to everything, you see. But there are others who have received a great deal of power. What actually happens is this. There is an awakening within the individual of a power that he already has. This is handled by the Great Ones, those of the Brotherhood who are, you might say, pulling the strings on planet Earth. Deity does not do any of these things, for Deity can only work through its creations. The higher a creation has evolved, the greater is its responsibility, and the greater the things it can do. In the hierarchy of our planet, there is a great mass of beings who are in charge of planet Earth and its evolvment. They are all of varying degrees of development, and there are those of a certain degree who are responsible for this type of awakening in Earth people.

**Questioner:** A friend of mine was telling me about a lady that she knows who has passed over to the other side. It seems that this lady is able to relate to both sides, and she is able to keep in touch with what is going on here as well as over there. She tells my friend that she plants rose gardens with her friends on the other side, but is still concerned with her friends that are over here. Is this unusual, and does it mean that she is more advanced because she is aware of both planes at the same time?

**Zalhem:** Perhaps, but not necessarily, because many of the lower entities over there are conscious of Earth

life, too, and cannot let go of it. They keep coming back here to satisfy the carnal desires that they developed when they were incarnated here. When they excarnate, they still have those desires, and often they will possess other weaker minds here to satisfy those desires.

**Questioner:** I think that this lady communicates with her friends here by means of a channel. She has told them that a lot of people who have made the transition to the other side do not want to accept the fact that they are no longer incarnated in a physical body, and she tries to help them by explaining that they have made the transition and must leave behind their lives on the physical plane. However, she visits quite often, with a lady here in the physical who is an old and dear friend of hers. Often she will come to visit when her friend is out taking her morning walk, as if to let her know that she is still conscious of her, even though she has passed over to the other side.

**Questioner:** Do you think it is healthy for that lady to be living in two worlds?

**Zalhem:** Not if this is carried too far. She should really be trying to develop herself over there, and adapting to that particular praise of life rather than coming back here. I would say that she is definitely earthbound. If she were coming here with the definite purpose of helping others, then it would be highly desirable, but it is doubtful that this is the case in her situation. There are many individuals like that over there. They have difficulty in letting go of their Earth attachment after they have passed over, for they are still very materialistic.

Now I must leave, and as I leave, I extend my blessings and my love to each of you. As you go forth, may you find peace, joy, and fulfillment in your ongoing. I ask that the blessings of the Great Ones be bestowed upon each of you now.

Go in peace. ☸