

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to you, my children.

According to my understanding you are anticipating getting together as a study group to study some of the higher teachings, and also to continue studying the healing arts.

This is fine and agreeable with us. We will do our best to work with you in this way. But we do want to make clear that we expect complete harmony in the group, at least as far as it is humanly possible for you to attain this. When inharmony exists in a group, it is very difficult for us to work with that group. This is not to say that we cannot, because we have, we have done this.

But we feel that now is the time, if individuals are to be sincere in their search for spiritual knowledge and spiritual growth, that they will have to conform and make great efforts to conform to Universal Laws and to put them in motion. The greater harmony you can have in a group, the greater will be your attainment, for it is only through harmony that people can be drawn closer together.

So an effort must be made to try to develop what you call unconditional love. It is one thing to express emotional love to another and it is another thing to have unconditional love. It is a love where you see past the weaknesses of another, where you know that if they have weaknesses there is a reason for these weaknesses. It is something that they need to overcome. It is necessary to realize that each of us has these weaknesses and they vary from individual to individual. But each has his own battle, and the way this battle is fought, will depend upon his spiritual growth.

No one can keep your spiritual growth from you if you are determined to develop. For he who seeks will find, and to those who knock, it will be opened. No one can prevent you from spiritual growth, only you yourself can do that and often people do this. We cannot be held back by another, and if we are, we must look to ourselves. This does not mean that we have to trample on other people to gain. This is unnecessary, and here again, is where wisdom comes in.

We must try to use wisdom in all things, and develop an unconditional love where we can discuss differences without friction. It is seldom that two individuals see things in the same light, but in discussion, we often are able to come to agreements, or to at least reach a point where we understand each other. All of these things are necessary if we are to have harmony. Emotional love expressed does not mean anything unless we have a true love behind it.

The time has come when, if we are to work with individuals and groups, we must insist that this be the case, for beloved ones, time is getting short. What you need to develop for the coming situations that you find yourselves in, needs to be developed as rapidly as you can.

May each of you establish love in your own hearts, then extend it to all others.

Peace, beloved ones, peace, love and understanding.

October 26, 1981

Zalhem: Greetings to you, my children.

I would like to say a few words concerning spiritual growth or spiritual attainment, shall we say, rather than spiritual growth or actually becoming spiritual or being a spiritual individual.

Now there are many individuals who are negatively good because they have never been tempted, or they have not had the opportunity to go wrong in this lifetime. So they are declared to be spiritual individuals. There are also many who teach various religions, and metaphysical teachers who are also declared by their peers to be very spiritual individuals. No doubt some of these have attained some of the qualities of becoming spiritual.

The occultists believe a spiritual person is one whose intuitiveness has been awakened, one who has gained control over their lower selves. He is one who has been purified through suffering, one who tells the truth because he loves truth. He is one who is pure because he loves purity more than anything else in the universe, and not because they fear some present or future punishment.

If animal man is to become spiritual man, then there are three attributes he must attain or at least two attributes that he must attain. We will not go into the third because that is not important at this time. Some time we will explain this.

But omniscience and omnipotence are the two attributes that one must gain some greater or lesser attainment in before they can become or be declared a spiritual soul.

Omniscience is the first to be attained. It means to gain all knowledge, or to have all knowledge. How can man act properly until he knows how to act properly, until he has developed his mental powers to a point where he can concentrate on something other than himself long enough to attain that which he wants to know about any one subject? It is as impossible for an ego to attain spiritual knowledge until he has developed his mental powers to a point where he can receive spiritual things. It is as impossible as it is for an animal to speak, to communicate through language. The animal may have some knowledge or realization that there is such a thing as a language, he may even be able to understand a few words with which he is familiar. But he will never gain the power of speech until he evolves to a point where he can obtain a subjective, or higher mind of his own to enlighten him.

True, it is that the animal may improve in his growth in the association with man, and through proper training may evolve much faster, but he will never have the power of speech until he becomes a human being.

Neither will animal man become spiritual man until he develops his mental powers to a point where he can receive the things of spirit. How can man grow in knowledge when his power of concentration is so weak that he can only hold his concentration for a very few moments on any one thing?

Omnipotence is the second necessary attribute which means to be all-powerful. If one is to become omnipotent his power of concentration must be developed to the point where he can at least call forth and use the blue and yellow energies. He must be able to concentrate well enough to do this. He who has gained these powers, or a small fraction of these powers, should also be able to bring about and control harmony in his own life. He should be able to control his own physical condition or health condition in his own body. He should be able to at least temporarily remove it from others.

He who has gained even a small understanding of these two attributes will never become a victim of circumstance or a ward of charity, for he will be able to control his own environment. This is our interpretation of a spiritual individual. Sounds very easy to attain, does it not?

The secret to all growth is concentration and visualization, used of course, for your own

development and the good of mankind but never for selfish purposes. Often these powers are highly attained and then used for selfish purposes, and once this is started by an individual it is very hard to turn it around for good. It can only lead to destruction, which is often referred to as the second death. We will not go into that for it is too unpleasant. But those that you find in this situation are those who have gained mental powers and used them for the benefit of themselves and to the detriment of others. All people on the spiritual path should be ever mindful of this fact and act accordingly.

Ponder these things well, my children, ponder them well. My love and my peace I give unto you.

May the joy, the peace, and the blessings of all the Great Ones be bestowed upon you now.

May each of you grow rapidly in your search for greater truth, and may you be able to apply this truth to the benefit of mankind through service.

May your thoughts be ever, not for self, but for what you can do for your brother and all mankind.

Peace, peace, peace. \$