



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Now I would like each of you to relax, completely relax. Let go of all of your tensions, your fears, your doubts. Become very, very relaxed, no tensions whatsoever.

Now that you are in this relaxed state, I want you to visually bring into the center of this room anyone whom you wish to help physically, mentally or whatever. Bring as many as you like of those that you think need help.

Now this may be a little difficult for you. It may take a few moments to gather these together. Each one of you hold now within your own mind, those whom you wish to include. Now that you have gathered them together, they are all here in the room with us. We have drawn them here.

Now we are going to draw to us the Blue vibrant energies. We are going to use the medium blue. As we attune to this vibration, it flows to us. We draw this energy to us, and it begins to flow to us in great abundance. We direct it to the center of this room, and it is flowing to all of these individuals, bringing to them new, highly charged atoms.

These atoms are flowing to each of these individuals. These atoms are driving out the old, discharged atoms and replacing them with new, highly charged magnetic atoms, each being drawn by the law of attraction and repulsion to the area where it is needed.

We see each one of these individuals taking on a new attitude. They are gaining a greater feeling of well-being and harmony. They are beginning to harmonize with their own physical bodies. Harmony brings greater feelings of peace and well-being. Where harmony exists disease cannot exist. Where harmony exists negativity cannot exist. Negative thinking passes away. Their thinking becomes optimistic instead of pessimistic. Harmony begins to reign.

Disease is inharmony in the body brought about by inharmonious thinking. All conditions are a manifestation of thought, therefore, we are projecting into these individuals the importance of right thinking, of positive and harmonious thinking.

You are peace, you are harmony. You are Mind. Mind controls all things, so you will remain peaceful and harmonious.

Peace, my beloved ones, peace. Be peaceful, be harmonious. Be joyous and remain positive.

My peace, my blessings, I leave with you, and I invoke the blessings of the Great Ones upon each of you. Go in peace. ☸