



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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December 19, 1983

Zalhem: We have covered so many topics over the years that there is not much left to talk about that would come within your scope of understanding. Nevertheless, please ask any questions that you have.

Questioner: Would you please comment on a certain contact's material that is known as the "Golden Density," and would you also tell us if this could be coming from the Sun?

Zalhem: No, it is not coming from the Sun. It is possible, however, that it is coming from the yellow density or part of the yellow vibration. Density and vibration mean the same thing, and the range of color known as the yellow density is the second highest color encircling our planet.

Gold is only one portion of the yellow density, as all colors have a range of vibration within that same density. The Sun is yellow and gives off a vibration that is more in the gold range. When you refer to the various colors, as you know them, you are actually talking about the finer, etheric vibrations of those colors that come within the range of the physical eye.

Questioner: Is this material, known as the "Golden Density," of a very high vibration?

Zalhem: Yes, it is. It comes from a being of a high vibration, who is somewhere in that density, and is presented in the first person tense, which is more appealing to Earth people.

Questioner: Another author tells a beautiful story about Mary and Jesus, and about Jesus speaking from the Sun. Will you please comment?

Zalhem: I do not like to disillusion anyone, but I doubt that His voice would come from the Sun itself. The verbal impression that was received could be coming from any of various places within the scope of the Universe, whether that be within the density of your own planet or that of another. Often, people get the impression that because an experience is of a certain nature, coming to them at a time when they are involved in a certain activity, that it must be coming from some specific entity such as Jesus, and from somewhere like the Sun. This has great appeal, and it is very uplifting to certain individuals.

This doesn't really matter, however, for it is the content of the material that is important. Many people think that God actually speaks to them verbally, even though Universal Consciousness does not function in that way. But that does not detract from the importance of the message. If it is uplifting for them to think this, and if the material is beneficial, there should be no concern as to its source. It is the message that counts.

If one, who had no knowledge of the function or vast extent of the Hierarchy, were to experience a vision of a great Light Being, they would surely identify that Being as their Avatar. A Christian would say it was Jesus, a Buddhist would say it was Buddha—and it could be, but that would not necessarily be true. There are many, many Beings of Great Light who are nowhere near the top of the ladder, so to speak. There are Beings of such Great Light that we could not even look upon them.

Questioner: Are those we refer to as "Angels" actually members of the Hierarchy?

Zalhem: Usually, yes. Most people think that when someone appears from another dimension, he must be an Angel or a God using wings for transportation. These Beings are not great, highly developed individuals, but rather in the category of messengers and servants. They carry out certain duties, and so forth, and then they can advance from that realm into a higher one. There are many stages of evolution. We are constantly evolving and will eventually go through all of these realms as we advance.

Great importance and holiness have been attributed to Angels due to the way they have been described in your scriptures. I do not mean to degrade the Angels in any way, for they are a very important part of the scheme of things. Many of these are individuals who have performed great service to humanity and have graduated from this place or another.

When you get to a certain point in your evolution, you have choices as to the different ways that you can go. For instance, here on Earth you might choose to be a lawyer, a physician, or any of the various professions that one can follow. The same holds true throughout evolution. Usually, we will go through many different

professions, for in order to be all-knowing, we must learn to do almost everything.

If you are familiar with some of the Great Masters who have served here, you know that most of them are proficient in many fields. St. Germaine, for instance, is a good illustration. He was a noted musician, a physician, a chemist, he could do almost anything. He was not actually a saint, however. He merely acquired that title when he purchased property from the royalty who carried that name.

St. Germaine did not experience physical death as you know it either, for he possessed all the secrets of longevity, such as the Philosopher's Stone and various potions, etc. On several occasions he entered a Brotherhood Retreat for awhile and it was thought, when he reappeared, that he had come back to life again. After about 200 years, he reentered the Brotherhood Retreat for the last time and has not appeared since.

Although he had many friends, he had many enemies as well. He was highly esteemed in the royal circles of that time, and he was entertained many times in their homes. Often, he was sent to perform certain missions for them, as he was practicing medicine at that time and was able to cure almost every disease. This, of course, aroused great jealousy and made many enemies in the medical field.

Questioner: Are there beings in the Sun?

Zalhem: There are intelligences within the Sun, but they are beyond our comprehension. They would not have any connection with our vibration here, and would probably not even be aware of us. I do not know how many intelligences might be there, nor do I know of anyone who does know.

Questioner: It is almost impossible for us to comprehend these great types of intelligences and the fact that they radiate these life-giving energies, these rays of Peace and Love to planet Earth. It is truly awe-inspiring.

Zalhem: You could not live without these rays or energies. You can see now why it is necessary for the Great Ones, whose work is to create these energies, to be all-knowing, can you not? Great knowledge is required to plan these things and to create all of the forces that need to be used.

As Man evolves spiritually, his physical and material environment evolves accordingly. Therefore, those souls who have graduated from this cycle of evolution into the New Age will derive benefit and support from the new sun that is now coming in to form a binary sun system. This plan, along with many others, was conceived many thousands, and in some cases, millions of years ago in your time.

Those in the New Age, as you refer to it, will need the additional rays of the new sun to evolve and grow as

Deity has planned in the overall scheme of evolution. This all fits together in a way that is wondrous in its scope and intelligence, but it is difficult for Man to understand in his present state of development.

You are beginning to get very slight and fleeting glimpses of the true nature of Universal Consciousness and the way that it functions. However, there is still a great deal of knowledge on this subject that you have not been given.

You cannot jump into things which are beyond your understanding. First you must start at a certain point, and then one door after another will open until you begin to understand. Gradually, you will overcome your old beliefs and the myths concerning these things, and as you begin to apply your new understanding, you will find your consciousness expanding and enabling you to comprehend greater things.

You must learn the lesser laws and master those first. The lower Mind which you have taken on has dragged you down through the centuries. Now you are learning what you must conquer and how to go about it. This takes a great deal of thought and the development of the Will. Once you have accomplished this, you have made a great step forward on the path to higher knowledge.

This is where habit enters in. Habit has to be conquered, for it is much easier to fall back into the old habits than it is to go a new way. Until we begin to master ourselves somewhat, it will be very difficult to rise very high upon the ladder. This cannot be accomplished all at once. Even your Master Jesus, a very advanced being, had not completely conquered the lower self. But he had overcome it to a degree, and in the last 2000 years he has gained much more.

He will be a different being when he returns, for he has continued to evolve during those 2000 years and he is more advanced now than he was back then. Many of his followers are going to be very disappointed, for he will have to turn them away and many of these will be people who taught and healed in his name. He stated this very clearly in your Bible.

Questioner: It seems like we have to spend so much of our time just taking care of ourselves, our homes, and so forth. Why is this?

Zalhem: Habit has a lot to do with this. We have established certain routines which often take up more time than is necessary. Of course, we do have certain needs that must be taken care of in this vibration. But if we develop our minds to function quickly and make decisions quickly, we can develop routines that will accomplish far more in less time. This is very apparent in certain individuals who accomplish so much, and yet they seem to have time for everything. These people seem to find the quickest and best ways to do everything and so they accomplish a great deal. It is a matter of working with one's self.

You have spent a lot of time learning about food, self-preservation, and Nature. This is not time wasted, for you have gained knowledge and an appreciation for Mother Earth.

You also have learned what you need, what you do not need, and what your priorities should be. Much time is wasted by those who feel that they must “keep up with the Joneses,” which is neither necessary nor desirable. Just know your own needs.

When you are doing a task, it is well to concentrate upon it, for then you will do it right and do it efficiently as well. This is why an organized person accomplishes so much. He concentrates and accomplishes his tasks quickly.

Questioner: Would you please comment on the subject of “Life Readings”?

Zalhem: Most life readings are of very little value, and in some cases, they are damaging. The main problem arises when the medium tries to commercialize the readings. The medium then becomes overworked, and when that happens there are going to be problems. There are a few mediums who are doing good work, but they do not accept every person who requests a reading. They carefully screen these people to determine if there is anything from a past life that is causing problems in their present life, and if that knowledge would help them correct their problems. This information could be obtained from one’s own High Self if one developed the ability to do that.

The visualization of the Sun that you have been practicing is a very good procedure to use, for it develops the abilities to concentrate and visualize. The Sun procedure can be very beneficial once you have accomplished the art of attuning yourself to it. There are only a very few people throughout the world who have this knowledge and practice this visualization. It seems to be very difficult to get enough people together who are willing to put forth the effort to do this, for it does take time and effort. People get enthusiastic about a new idea for awhile and then they lose interest when they discover that it requires time and effort. They do not realize the importance of this new information that has been revealed to this civilization for the first time.

Blue is a good color to start with, as I think it is one of the easier colors to visualize. And as you draw this blue energy to you, you are surrounding yourself with an energy that will protect you from negativity.

Questioner: Would it be helpful to attune one’s self to the Sun and then direct these rays of peace and love to President Reagan to help him with the decisions that he has to make?

Zalhem: The President does not make these decisions himself. He is more or less forced into decisions, as are all the heads of your world governments, by what are

known as the “International Bankers” and by those who control the energy sources of the world, such as oil, coal, uranium, etc. There are several families including the Rockefellers, the Rothschilds, the Duponts, and others. They are involved in a struggle to control the energy sources of the world, and they are the ones who have to be persuaded or influenced for good. This same group of people has ruled the world for centuries. It would be best to send peace and love to the Masters to be used wherever it is most needed.

Well, my friends, I have stayed my time. It has been my pleasure to spend this time with you. As I leave, I extend my love and my blessings to each of you.

May your progress be rapid. May you grow into a new understanding of peace, of love, and of joy.

Go forth, beloved go forth in peace, in love, and be joyful. ✨