

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Oxal: Greetings in the Light, my friends, I am Oxal.

As we observe your planet and your people from our vantage point here in space, we see a great change taking place and this change is increasing day-by-day. We observe, in most of your people, a great unrest and confusion. They know not why this is and many do not even realize that they are confused and restless. This has been the case for a long time, yet it has gradually increased. They are trying to overcome this by the pursuit of carnal pleasures and some by violence. I'm sure all of you have been aware of the increase in violence among your people in the past few years. Much of this has been due, to the confused minds that have been brought about by the new energies that are flowing to your planet. There has been a gradual increase of these energies as you move farther and farther into the new area of space which will be the influencing area of vibrations for the New Age which you are entering.

At the period of time during the overlap or the cusp of these ages, your planet and your people are exposed to a double set of vibrations and this in itself brings about a double influence. The new influences are taking over, the old are passing away and those who cling desperately to old will find themselves having these difficulties. It is not well to hold to the old, for Man can only progress by change. The old has served its purpose and is of no more use to you, so let it go and move on to the new.

Many will not be able to do this but those of you who do will find a new and much greater life. Your planet is also going through a change. We observe your planet not as you do but as an entity in itself, a living breathing entity upon which Man has resided for many, many thousands of years, much longer than your science would like to believe. Yet they are gradually coming to this conclusion.

Your civilization, as others, has not been kind to the entity that has supported them. They have treated her ruthlessly, have stripped her of her minerals, of her trees and plants. They have taken and taken and have given nothing in return and your planet has become very ill, so it must go through a healing and cleansing

process which has already begun. And in this process much violence will occur. The upheavals will be great, some have already been great, but it has nowhere reached its peak but soon it shall and cleansed it will be. The law takes care of all these things by cause and effect.

It is hoped that the new civilization that will develop in the New Age will be much wiser, will respect the laws and will understand that nothing is free. All things must be paid for. You cannot take without giving and when you give you will receive. This is an important law to remember. Man must develop the great love and respect for the planet upon which he lives, which supports him, for without it he cannot survive on this level. So he must learn to respect it and to give back when he takes. If these laws are followed your planet will support you in great abundance and in health, for she can give you all that you need for survival and you can survive at a level where it is pleasant and you can be happy and content.

We hope that Man will realize these things in the times to come, we hope that he will learn from those who know, and there are many among you upon your planet today who know and realize these things and know how they should be handled. But your people have not been willing to listen to these people, they have not respected them, but rather they have persecuted them. This cannot be, it must not be if Man is to survive and grow into an intelligent, happy individual.

My friends, I leave you by extending to you the love, light and understanding of my people. I am Oxal. \$