



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**September 3, 1966**

**Teacher:** Greetings to you, my beloved friends:

Since you are desirous of having communication from other realms of life, I have volunteered to come to you. It is my joy and my pleasure to share with you my understanding and that is all that we can do, for all that I can give you is my understanding and what is Truth to me. Whether you accept it as such is entirely up to you and does not offend me in any way whatsoever.

Today your civilization stands at the fork of the road, so to speak. They must make a choice whether they shall follow the path of emotions, of self-desires, of selfish gains and what have you or whether they shall follow the path of the heart and the mind, the heart being symbolic of love.

In generations past and until now, your civilization has been ruled entirely by the emotions, the dictates of the emotions. This is why you have had conflict, you have had wars, you have had disease and many of the undesirable things which you encounter in your life. So at this stage of evolution you must make a choice as a civilization.

Progress has been made by your great minds in discovering the powers of what you call mind, discovering man's innermost abilities. Man has within him the power to accomplish all things, once he has discovered this power and how to use it. But along with this power goes a great responsibility and a great necessity for wisdom, for if it is otherwise used, it can destroy as well as create. The decision beloved ones, is entirely up to you, People of Earth no one can make this decision for you. Your civilization must make this decision and act upon it, on its own. We can only assist and guide you as you allow us to. Through your own efforts and as you put forth more effort, we can give you more help.

There is no greater discovery than to discover one's self, for within man himself lies the secrets of the universe. It is a long hard journey. Many thousands of years ago in your time, when I entered upon the course and study of what is known among the Great Masters as Kabala, I became discouraged many times. I felt within me that it was too much, that I could never grasp some of these concepts but as I struggled on in

evolution, I discovered that as I put forth the effort and the determination it became a little easier as I moved forward, each step became a little easier.

I do not claim to have reached the ultimate, the ultimate is still far beyond me but I have gone far enough to know that it is worthwhile. The joys and happiness that I have already experienced have been worth my efforts millions of times over. So I struggle on as you are struggling on, always attempting to reach back to help a deserving brother and also reaching forward for a helping hand of those beyond. This all of you can do, these things all of you can accomplish and must accomplish sooner or later. It is only a matter of time, as you would say.

In the evolution of man it is necessary to continually widen your consciousness, to be able to accept new ideas and new methods, to weigh them, to try them and to use them in developing your consciousness and always being discerning, casting aside that which you find not to be truth and grabbing onto that which you feel to be Truth after you have tested it and proven it. This is something that is necessary—prove all things to your own satisfaction. Make it work for you for unless it works for you and brings you good, raises you to a higher level of understanding, brings you more wisdom. Unless it does these things, it is worthless, cast it aside.

The great step that Man of Earth needs to take, or should I say, in the state of evolution in which Man of Earth exists, the most important thing for him to attempt is to overcome self, to master self, to overcome desires of the flesh, the emotions. There is no greater accomplishment than to master self. Once you have mastered or should I say, become Master over the flesh and the emotions, you have taken one of the greatest steps forward in evolution. I know that it is not easy, I know its difficulties for I have passed through them. I know that the desires are strong, that the emotions are strong and that as one exists in what you call a physical, chemical shell, that it is difficult to see beyond this. It is difficult to put aside its desires. But once it has been accomplished you will find great joy.

The transformation of your planet is rapidly taking place. It is being exposed in its travel through space to new vibrations, to new influences which will bring about

the New Age. A transition of this type is not easy for a civilization, yet it must come about. There are those from the realms of greater understanding which are here to help you and are helping you wherever possible. At the change of every age this takes place. Great Masters of the Universe come to your aid, to help you. Some will enter fleshly bodies as you are wearing, and come among you as they did in the past. Heed them when they come; follow their teachings, earnestly and diligently. Do not falter and your rewards will be great. There will be those of you who cannot do this. Many of those are already known and will be removed. But those who have the desire and are willing to put forth the effort to materialize this desire will receive that help and will accomplish their desires.

The process of the change is now in progress and has been for some time. The new influences are apparent at this time and shall be felt more and more as your planet moves farther into the new area of space. So, my friends, the Kingdom again is at hand, take advantage of it, for those who do not, face another age of evolution. As you are aware, all men must reach the higher states at sometime but each has his choice as to how long he would like to take. If he desires to he can accomplish it now, if he does not, he can take a few more thousand years or more. No man is forced to accept anything. So you see, it is all a matter of choice, a choice that each must make within himself and then discover one's self and you will find this is the greatest discovery that you have ever made. But the choice lies in man himself and no one else.

Now, beloved ones, I must leave you, but I should like to invoke upon you the blessings, the love and the understanding of the Great Masters who rule the Universe. I ask that they send forth their love, their light to you. And may each of you receive a great blessing from this.

Their peace now rests within the heart of each of you. Receive it, bless it and absorb it.

Peace be with you, my beloved.

Peace, peace, peace. ❀