



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Oxal: Greetings to you, my friends, I am Oxal.

A great amount of confusion seems to be present among people of Shan at this time, and this appears to be increasing. Now, my friends, why should this be? Whenever you find an awakening taking place with great numbers of people when they have started a search en masse for truth, this condition will prevail for a time. Now this is not alarming to us, for it is a sign of growth. Out of confusion will come understanding, but for many it will not be easy for them, and the reason for this is that they have not learned to seek properly. In other words they are attempting to reach out and grab truth from every corner and to cram it into their being. They are trying to digest faster than their digestive system is able to receive it. They are not separating.

You see understanding comes slowly, and we must allow it to become a part of us, as we are able to use and prove its worth. Many are inclined to take fragments of truth and build around this a philosophy and through this attempt to gather a great following, but truth needs no proof, for truth shall prove itself. Each of your religious organizations today have followed this pattern, and this is why the separation, why your peoples are divided against themselves. Each believing that he or his group of followers have the truth. Earth people must soon learn that truth and understanding are only gotten by effort and through the efforts of the individual. No teacher of truth that is a true teacher of truth, will seek for pupils, nor will he expound his truth before the non believers or attempt to sell his truth to anyone, so to speak. True Masters of truth will never be found shouting or selling their wares in any manner. They wait to be sought out by the seeker of truth, and when they are found, they give in love, in understanding and freely. They are very careful that their pupil learns, as he is able to receive and understand. A true Master of truth is very cautious with his pupils, for he knows that they must receive only as they can absorb and understand and use what they have to the advantage of all concerned.

A great amount of the confusion that exists among truth seekers today upon planet Earth, is caused by those who are selling their wares or those who have become overzealous, realizing that they have found a shred of

truth. They are anxious to share it, to give it to everyone they meet. Oft times they enlarge upon their truth without knowledge of what they are doing, and thus they spread confusion. True understanding will only come through quiet meditation of these truths—meditating upon them, letting them flow that we might view them and test them and bring into our being that which brings us peace, love and understanding. It is good to listen to the experiences and truths of others, but do not let them confuse you, for they are only the experiences of others and your understanding will not come through the experience of another, but only through your own.

But by continually pondering the experiences of others, we block experiences for ourselves. Why attempt to understand the experience of another when you cannot possibly know the reason for his experience? Being individuals, as we are, we must have individual experiences, and how can we expect to understand the experiences of another when we know nothing of his soul growth? Rather let us learn relaxation. Learn to unfold and let go of the tensions and to draw within that we might receive an understanding of our own experiences, that we might take advantage of them and benefit from them. For unless we grow by our experiences, we are not making progress. So let us not condemn or criticize that which we have, but let us use it to the best advantage that we might move ever onward and forward, reaching each time another step toward our goal of perfection.

I leave you by extending to you the love and understanding of my people.

I am Oxal. ❄