



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**March 20, 1976**

**Yaum:** Good evening to you, my friends.

It has been sometime since I have visited you and since you have gathered tonight, I thought I might spend a few moments with you. I will not stay too long because the boy's throat is a little rough tonight so perhaps I should not use it too long. So if you have a few questions that wouldn't be too involved or too lengthy, I shall be glad to share my understanding with you.

**Questioner:** Does it still look like Vice President Rockefeller might be President?

**Yaum:** This is the plan of the "powers that be" and if their present plans work out that they have in mind and that they have had in mind for some time, this will no doubt occur.

**Questioner:** Who do you think would be the best President?

**Yaum:** I do not think that those who are seeking the office really have the peoples interest at heart. I hesitate to make any definite statement as to who should or should not be President at this time. Those who are qualified to do a good job do not want the job because it would require too much sacrifice for them. They also know that they cannot oppose or control the powers that be. Too much power is held in the hands of a few that cannot be overcome by one man. It would take many people as you would have to change your whole government personnel in order to do this. No one man has the ability to oppose these great powers without help from many other sources.

If your people would realize this and choose many people for your governing body, who are interested in working for the good of all, good things could be accomplished. But no one President has that much power, he has to have the backing of many others to make the changes that would be necessary.

**Questioner:** Could you tell us the source of the many types of germs that are causing so much illness? Also, if we can purify ourselves enough to resist them?

**Yaum:** These disease germs are the result of man's pollution of the air, water and food, which is producing

new types of germs, not only in your country but in other countries, too. In some of the more populated countries, it is much worse as they have not developed processes for eliminating pollution that is very productive of such things. Man's physical body has not developed any resistance to these new disease germs. Eventually the physical body does develop resistance to any type of disease, but this takes a long time.

Yes, man can overcome these things by purifying his body both spiritually and physically through proper nutrition, which strengthens the body and gives it resistance against disease. It is very, very difficult for you to do this because of the poor, inadequate type of nutrition that you are able to get. But you will gradually build up your resistance, especially those of you of the younger generation, as it is more difficult for the older ones to do so.

**Questioner:** Do some people have a natural immunity or resistance to disease?

**Yaum:** Yes, they may be immune to certain things but not to all things, due to the chemical makeup of the individual. One must have a strong body and a strong spirit to withstand the coming times.

But as long as people tolerate the production of pollution producing things, it will remain with you. But if people would refuse to buy these products, you would find the situation changing very quickly as in your profit system a product that does not make a profit, is not long produced.

By and large your people do not act, as most of them do not believe that disease can be caused by pollution because they are brainwashed by statements of so-called authorities who deny it. A very small percentage of Earth people think for themselves. They look to others who they regard as authorities for their information and do not take the trouble to find out for themselves. And as long as these attitudes prevail, they will have difficulty in eliminating this sort of thing. As long as man lets someone else do his thinking for him he will never learn very much.

The people have the power in their hands but not enough of them use it as they have been brainwashed into looking to authority. Most of the so-called authorities are only covering up their ignorance with big

lies and lengthy statements which mean nothing. Men who are wise and know that he knows, do not need to do this. He puts his facts in simple terms that everyone can understand and makes them brief and to the point. Whenever you hear someone who is supposed to be a great authority expound at great length, in great terms, in words you do not understand, you can know very quickly that he does not know what he is talking about. You find this quite prevalent, do you not?

**Questioner:** Yes.

**Questioner:** Can you tell us what method you are using now in speaking to us? For instance, is the physical body you use in China being watched over by someone there or are you using a bi-location technique where one can be seen in two places simultaneously?

**Yaum:** Well, now this can be done either way if one has the know-how. Sometimes I may leave my body in the dormant state in a safe place where I will not be disturbed. I often do this as it is part of my work to move about in a non-physical form. This is the way I gather much information. But there are times when it is necessary to be doing two things at one time and this is much more difficult as it requires much more know-how, concentration, etc. So it can be done two ways. We prefer to leave the body dormant, then go about our mission that is necessary at that time.

**Questioner:** In bi-location, does one create an additional body to use?

**Yaum:** No, it is a matter of knowing the law of energy and matter and being able to transmute these; to gather energy and form it, etc. This is very complicated. I could spend an hour on this and still you would not comprehend it.

**Questioner:** Have there not been some on our planet who could do this?

**Yaum:** Yes, there have been some.

**Questioner:** What is your occupation?

**Yaum:** I do not have an occupation as such. I merely am based in China and am not active in the commercial or any other field as such. I do some teaching and am known among some of my associates as a teacher. Some of them are aware of my other work and some are not. I do whatever is necessary to fit into the flow of things and not attract special attention. But my main work is working with a group who follow the world events. We are in all of the great gatherings that take place and know what is going on. Some of what we have learned can be discussed with you, some would be too frightening to you. Now I must leave. It has been my privilege to be with you. May the blessings of all the Great Ones be with you. My peace and my love are with you. Go in peace. ☸