



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**February 7, 1984**

**Zalhem:** Greetings to you, my children, I am Zalhem.

We plan to perform a certain exercise here today. I will give you a description of that exercise, and if it is agreeable with you, we will proceed.

I would like to take each one of you separately and use this exercise to clean out your auras. When I have finished and you have returned to your seat, Joseph and Samuel will give you a color treatment while I proceed with the next person. Is that agreeable to all of you?

**Questioner:** Wonderful! We would be blessed to have our auras cleansed of this vibration.

**Zalhem:** Very well. I would like you to stand now and we will take you one at a time.

*(Zalhem continues speaking as the cleansing is taking place.)*

As you go through your daily life you pick up debris in your aura, and sometimes this stays with you for quite awhile. So in order to obtain the best results from the various color energies, it is best to cleanse the aura first. When the debris has been removed there is less resistance. You pick up debris when you are close to other people and this is unavoidable. Sometimes this debris appears as bulges or weak spots in your aura, and we pat these back into place.

**Questioner:** Do we create our own debris as well?

**Zalhem:** Of course. Our own negative thoughts will do this to our auras. However, much of it is due to being close to other individuals. Even a virus can put some debris in your aura. These things always have some effect.

Now it will be a few minutes until Joseph and Samuel are finished, so if you have anything that you would like to discuss during this time, I will try to answer any questions you may have.

**Questioner:** First, we would like to express our gratitude to you for coming to our assistance in this manner and helping us to function better in this vibration. Thank you, Zalhem.

**Zalhem:** It is my pleasure.

**Questioner:** Are each of us being treated with a specific color according to our individual needs, or are all of us receiving the same treatment?

**Zalhem:** In this case, we are giving each of you a range of colors that will affect most anything that needs treatment. There are definite colors in varying shades which are used for treating various things. Each of these colors has a wide range of vibrations; the higher the vibration the lighter the color. The healer must clairvoyantly observe the aura of each individual and apply the right color to the right place. It is quite an art and requires a great deal of study and practice.

**Questioner:** Is it possible for us to mentally cleanse our auras during our meditation?

**Zalhem:** Oh yes. This can be done by drawing the various colors into your aura through the practice of visualization. The basic colors in order of vibration are as follows: Orange is the life-giving energy and all life must have this in order to exist. Without it there would be no life. This is followed by green, blue, yellow, and then white, which is the highest color range of all. It is beyond the ability of carnal man to visualize the true white light.

If you were to observe a being that vibrates on the white range, it would blind you. This was demonstrated in your Bible when Paul was blinded while traveling on the road to Damascus. He was visited by a being from the very low part of the white range, and this experience left him blind for several days afterward.

Very little of the yellow vibration is seen on planet Earth. I did not mention the red range because it is of a low vibration. It is the range of vibration belonging to the animal kingdom. However, there are people who vibrate in that range, too.

Each individual vibrates on a certain color which is determined by the level of his evolvment. This would be the predominant color in his aura. A highly developed mind can take one look at that ego and know exactly where he stands on the ladder of evolution.

The same thing is true with planets. Each planet vibrates on a certain color, depending on its evolution. planet Earth is the fourth planet in its evolutionary

cycle. It vibrates in the green range, therefore, its predominant color is green. An adept or Master can look off into space and determine what stage of evolution a planet is in by its color. This is why they are sometimes referred to as the "red planet," "green planet," "blue planet," etc. It is the same as with people. Although there are many colors in your aura, there will be one color which predominates.

**Questioner:** Is it possible for a person's aura to drop in vibration to a lower color?

**Zalhem:** Definitely. If he falls back in his evolvment, his color will change accordingly. Your color changes with your vibration. Every thought has a certain level of vibration and this is reflected in the color of your aura. For instance, when a person becomes angry, streaks of red will begin to appear in his aura. The more angry he becomes, the redder his aura becomes. One who goes on into fits of rage will draw to him all of the anger on the planet. This flows to him in the form of the color red. As he becomes more and more angry, his aura becomes a darker red. If he becomes angry enough, it will go down to a dirty brown.

**Questioner:** You haven't mentioned black. Edgar Cayce said that black was the color of death. Is that correct?

**Zalhem:** Well, it could be given that definition.

**Questioner:** Does brown become black as the vibration goes down?

**Zalhem:** Yes, as it gets deeper in color and lower in vibration it eventually becomes black. I did not mention the black vibration earlier. It is the lowest and is located within the Earth, in what is known as Hell or Hades. There are many levels of that vibration also, and many descriptions have been written of Hell, such as those that appear in your Scriptures. Hell has many degrees or levels of vibration, and as you continue in your studies you will learn about this and how it works.

The priesthood has used this to frighten people and get them to conform to their teachings. They describe the very worst area, of course, and have convinced people that if they do not do as they teach them, this is where they will go, which is farthest from the truth.

The only ones who end up in this worst area are those who continue to refuse to cooperate with the law after being given many, many opportunities to work with the law rather than against it. These people become seekers after evil instead of seekers after good, and the longer they continue this, the lower they sink. Even so, they are always given a chance to make a turnaround, up to a certain point.

The Masters go down into these realms to try to give these people another chance, if they so desire. You cannot do anything for anyone unless they have the desire to make a turnaround. If they do not want to, you cannot force them.

You will learn about this eventually. This is one of the tests that a Master must go through. He must descend into these realms and that is not an easy task, for it requires a great deal of poise.

**Questioner:** Is that what is meant by the term, "Walking through the Valley of the Shadow of Death"?

**Zalhem:** Yes, it really is the Valley of the Shadow of Death.

Now, I think I have stayed my time.

**Questioner:** Thank you again, Zalhem, and thank you, too, Samuel and. Joseph.

**Zalhem:** If we have been of any benefit, we are grateful. As I leave, I extend to each of you my blessings, my peace and my joy. I ask that the blessings of the Great Ones be bestowed upon you now.

Go in peace, beloved ones, go in peace. Peace, peace, peace. ☸