



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**Nathaniel:** Greetings to you, my children, I am Nathaniel.

For some time now we have been emphasizing to you the importance of developing your power of concentration. Now, I noted that you went through an exercise here tonight which perhaps was a little long, and a little difficult, but regardless it is a good exercise.

The important thing for you to realize is that you are a creator. Every moment of your life you are creating through your own thoughts and your careless visualizations. You are creating your tomorrows, your are creating your next lifetime, because what you think and desire and visualize goes out to Deity and Deity is obligated by Universal Law to return to you that which you request and which you visualize.

Now, would it not be much wiser for one to understand this and to realize that it is necessary to send out the right thoughts, those that will bring back to you that which will be good for you, which will advance your process of evolution and bring to you that which will bring you happiness, peace and love, and most of all understanding and knowledge? For if you demand these things and visualize them, they must, by law, come back to you. So why should we visualize a lot of things that will bring to us unhappiness, bring to us sickness, disease? If you think disease and sickness sooner or later it will become a reality. If you think health and happiness and send forth those thoughts, sooner or later, depending upon your ability to visualize, they will become reality. This, my friends, is the key. The stronger that your visualization and concentration becomes, the more rapidly you can draw to you the things that you want and need, regardless of what it might be.

Throughout this Universe flows the life giving energies, or let us say energy, because in reality it is all one energy, coming from one source. Yet this energy has within it many divisions, many different vibrations. It is like streams within streams of water, each having its own purpose, its own function. Once you have learned about these energies, what they are, what their purposes are, what their colors are, and you have built your visualization to a point where you can tune

yourself in to the vibrations that you desire at that time, then you can bring to you that which you need. The process can be speeded up. Those who function in the higher subjective planes, who are well versed in the knowledge of these energies, and have developed their powers of visualization and concentration, can bring to them anything they desire within a very few moments.

Now, I do not mean to imply that you can reach this point of concentration and visualization very rapidly. It takes time and much effort. It may require a great deal of overcoming upon your part, of making great changes in your ways of thinking and doing. But every step you take in that direction will improve your life, and it does not take a very high degree of capability in this field to bring about noticeable results in a very short time.

But once you have learned to use this power that lies within you, and learned to use the energies that are flowing about you and through you, you can do great services for others. You yourself will become a greater light and will be able to serve humanity in more effective ways, improving not only your life but the life of others. It is difficult, or let us say, impossible, to give to others what you do not have yourself. So your first obligation is to build your own light center. You are a center of light, and it is up to you to build that light to a point where it can become a service to mankind. Your greatest progress in this direction will be in developing your own power of concentration and visualization.

But along with that, you must also build integrity, character. You must cast out fear, and of course all of the side effects of fear, such as anger, vanity, lust, and many others. Because the purer you are and the purer are your thoughts, the greater will be your power. And you will not be using these energies for anything but good. The problem with all knowledge, with all development is that anyone can learn to do these things regardless of his intentions or his desires. He can use them for his own selfish gain and they will work, but eventually the law reacts to those which use them wrongly, and they react very violently. So it is of the uppermost importance, when searching and developing your ability to use the cosmic energies, that you stay positive and use them always for positive purposes.

There is nothing wrong with using the law to create something that you need. Deity had never intended for you to be in lack or to be in poverty. But to use them just to gain power over others, and to gain wealth for the sake of having wealth, and things of this nature are not acceptable and the law will react upon the user when he uses the law in this way. But if you are ever to reach greater heights in evolution, it can only be done through developing your own abilities.

There was a certain time in the evolution of man when his evolution was controlled, as in the animal evolution. The animals will evolve regardless, because his evolution is controlled, and he moves forward accordingly. Man up to a certain point in evolution was the same, but as he began to individualize, this control was gradually removed. The more he became individualized the more responsibility was put upon him.

This is true throughout evolution. The higher you go on the rung of the ladder of evolution, the greater will be your responsibility, and you become more and more responsible for your own evolution. As you know, nothing stands still. Everything either moves forward or backward. So you either have to move up the ladder, or you will slide back down the ladder.

It is up to each individual as to how he will choose, whether he will choose the path of service, of love, knowledge, or whether he will choose the path of materialism, of self gain, the path of taking instead of giving. That is the path that moves downward.

The path of service, the path of love, the path of knowledge, properly pursued will raise you rung by rung upon the ladder of evolution.

So, my friends, and to all Earth People, which way would you rather go? Would you rather become a God, one who rules the planets, one who controls the energies and directs them, who creates or helps to create planets, stars and so forth? People of Earth, which do you choose? It is your choice.

I leave you, beloved friends, by extending to each of you my most sincere blessings, my love, my peace. As you go forth in your journey of life, may you direct your efforts, day-by-day, to gain the knowledge and the wisdom that is necessary to give you the power to climb that ladder more rapidly.

Go in peace, beloved ones, go in peace. Peace, Peace, Peace. ☸