



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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## **January 6, 1958**

**Mr. X.:** Again, I am afforded the opportunity to speak with some of you, and with some of you for the first time.

As I have stated before, I am a newcomer in your city. I have only been here a few weeks. However, there is a purpose in my speaking to those of you to whom I have spoken. For I shall be working with this group, and with some others who are indirectly connected with this group. I am aware of your activities, of your accomplishments. I have been well briefed upon all of you.

Since you shall be hearing from more than one of us, I shall designate myself as Mr. X.. You will be given other identifications.

As you were told, the activity in your city is being steeped up. All of the workers in the Light shall find their activity increased.

We are observing all persons who are interested in Truth, who are seeking enlightenment. Each sincere seeker shall be given much help, a great deal of help, both from us who are working within your city, and from those who are working from craft. Also, the activity of the etheric realm is steeped up. They are also increasing their forces.

You are each going to find your awareness becoming more keen. You shall find more and more inspiration flowing to you. You shall not be aware from whence it comes, for that is not important, but you shall feel the inner urges, urging you onward. Your growth and your perceptions shall become more keen. You shall become more alert with each passing day, if you cooperate. These things can only be done with your cooperation.

You must have a desire to serve, to learn and to accomplish. Each of you should have this desire within you. It should be burning brightly within each one of you. For each of you, as have many others, has come to serve. Do not let that desire become lost in this vibration.

Lose yourself in the service. Forget self. Discipline is necessary, my beloved friends and brothers and sisters. Self-discipline must be practiced. Simplicity, in

all that you do. Lead the simple life. Feed the spirit that which shall cause it to grow in the Light. Feed the body that which shall cause it to grow in perfection. Bring about balance in yourselves, for this is necessary in order to do good work. The soul, the mind, and the body must be brought into balance.

Think on these things, beloved ones, for now we are asking you to put forth the last effort.

I leave you in the Love, Light and Understanding in the Infinite One. Goodnight, beloved friends. ✨