



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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January 19, 1961

Anthon: Peace be with thee, my friends, I am Anthon.

Tonight, each of thee are receiving great amounts of energy, set up here by a group of beings, each having a particular interest in one of thee. We hope that your awareness is such that this energy is felt and enjoyed by you, for around each there exists this energy for you to absorb and take into your being, that it might assist you, both in your well being and in the physical, chemical, part of you. Sit yourself erect and deeply breathe this energy into your being, visualizing it passing to every cell, every fiber of your being. See it raising you mentally and spiritually, absorb it and partake of it generously, for it is yours to use. Let it fill your lungs and penetrate on through every cell, every fiber, every part of your being. Knowing that you are being raised to new heights.

Do not become alarmed if you acquire a feeling of lightness. For this energy taken in great quantities for a few moments, may cause you to feel that you about to float. Continue taking this into your being as I speak. Those of us who are with you tonight, have great love for you. We are interested in your well-being and will do everything in our power to assist you in your climb and search for new spiritual understanding.

We are attempting to direct and guide you in the right paths and still allow you free choice. The manner in which you follow this guidance, will depend upon your awareness. We will not infringe upon your privacy, nor force you to do anything against your will, but we will attempt in small ways to guide you into paths that will bring about the opportunities for you to grow, to know yourself and to understand your fellow man. We will attempt to keep you upon the path of Light.

We hope that you have received great good from what we have done here tonight. The good that you receive will depend upon your capability to receive it.

Questioner: We are grateful and thankful for this Light.

Anthon: We are grateful for having the opportunity to serve you. It is our privilege and our pleasure.

And now, beloved friends, may the Light, the Love and the Peace of the Infinite Spirit of Creation engulf each of you and may you in your search for Truth grow

rapidly and reach heights that are beyond your expectations.

Peace be with thee, my friends, Peace ♣