



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to thee, my beloved children, I am Zalhem.

Seekest ye His light, beloved ones? Why seekest ye His light? Would you have healing? Would you have understanding? Would you have greater love? His light surrounds each and every one of you this moment in great abundance. Receive it, use it, direct it, for it is given for you for you to receive, to absorb and to use.

It is difficult at times for us to understand why Earth people do not receive and use that which is given to them by their creator. Yet they use only what is necessary for their existence, not knowing or realizing that their very existence depends upon this great life giving energy that flows throughout the universe, giving life and intelligence to all. How much of this you consume and use depends upon your ability to conceive the power of this great energy.

Try to realize, my friends that this is all about you at all times. You can concentrate it and gather it more abundantly about you through your own concentration, drawing it to you, concentrating it and absorbing it and acting as a channel for it to flow in concentrated form to others.

You say, "but I do not have this ability, but I say to you, my friends, that all mankind has this ability. They need only to develop it, to lower their resistance to it and let it flow. No man is limited in his power, in his capacity. He is only limited by his own concepts, his own inability to expand his consciousness, to perceive.

Too many Earth people give too much time in thinking about their weaknesses rather than their greatness. Know, my friends, that you can be as great as you want to be. You are not limited, you are a co-creator with your creator. Think about this, let it grow on you, realize your potential. Set your goals and sights high, look ever upward knowing that you are a part of this great universal mind and that all things are available to you. You need only to bring yourself in harmony with this great universal mind. Harmony is necessary in all things. What you call illness is inharmony—you're not in harmony with His laws. Anything that you would label as evil is only out of tune with its surroundings. Learn to harmonize your thoughts with the universal thought.

Let not the actions, the words or the thoughts of another cause inharmony in you. Do not blame your inharmony upon the actions of others, for they can only bring inharmony into your life if you allow it. You must rise above their inharmony for as you rise in consciousness you will help to draw others to a higher consciousness. Your effect upon the race consciousness will be felt.

Each individual who raises himself to a higher consciousness, to a higher understanding has his effect upon the consciousness of those about him.

It may not be apparent to you but it is there. It is like unto the laws of averages, each one contributes to the race consciousness and the higher each individual climbs the ladder of understanding, of love and of wisdom, the more he draws unto him others, and thus the race consciousness is improved.

May each of you, beloved ones, have received much of His light this night and may each of you leave here with a greater feeling of love, with a greater understanding of thyself, with a greater peace in your heart.

Go in Peace, beloved ones, go in Peace.

Sickness is only inharmony. Learn to concentrate the light around you. ✿