

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Samuel: Greetings to you, my children, I am Samuel.

I thought that since you had decided to study this book, "The History and Power of Mind" by Richard Ingalese, that I might say a little to you about the author. Little if any, is mentioned about the authors in these books and that was for a reason, of course.

Richard Ingalese and his wife, Isabella, were both adepts. They came to this planet in the latter part of the 19th century. It was decided at that time by the Hierarchy that more occult knowledge should be brought to your people. They were assigned to come at that time and become teachers for those who were seeking the higher knowledge. They worked very closely together. Both of them taught the classes as you will see in some of their writings in their books. Some of the lectures are given by him and some by her.

They were rather an unusual couple in that they were twin souls and their development or evolvement was very close to being upon the same level. Therefore they could be given this opportunity to work together on such a project. It is unusual for twin souls to reach that stage of evolvement at about the same time, long before they become androgynous.

But they had a great desire to help those who really wanted to learn, so they established a school in New York City and gave classes in the higher learnings. They had the opportunity to work and study under some very advanced Masters, and in some of their works, they were allowed to quote from the diaries of these Masters.

Their instructions were to give their Truths as simply as was possible, to bring into a language and words that could be comprehended quite easily by their pupils.

In the first part of their works they did not have any idea that they would publish their lectures in book form. But they had many requests from their students that they do this, so they consulted with their Masters, who then gave them permission to proceed in publishing their lectures, as they thought it would be a good idea to do so. They have been a great help to many people but to others they have been trash.

These lectures are not the ultimate in occult science. They are basic, but they do give as much as can be given to the undeveloped. And if the undeveloped will take these laws as they are explained in these lectures and apply them, they will find that they will be very beneficial and will speed their way to greater Truths, to greater knowledge and power.

But before one can receive the greater knowledge, they must prepare themselves for it. The greater secrets of the occult science cannot be revealed to minds that are not prepared to receive it. To gain access to the greater knowledge you must gain the lesser knowledge first and put it to use.

We have talked a great deal about developing and strengthening your mind, your powers of concentration and visualization, and I believe that as you go further into these studies, you will realize more and more that you are mind. If you are to become omniscient and omnipotent you must develop and use the mind.

As I leave, my friends, I extend to each of you my love, my peace and joy. As the days go by, may each of you gain more and more knowledge that will move you farther and farther along the Path to true spirituality.

Go in peace, beloved ones, go in peace. \$