



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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## **March 21, 1961**

**Oxal:** Greetings in the Light, my friends, I am Oxal of Arcturus.

You have met here in the name of understanding. This, my friends, is a word that is greatly and widely used upon your planet, yet little effort is put forth to attempt to exercise and use understanding; so little of this really exists. First, you must attempt to exercise understanding in your daily routine of life. Try to understand your fellow man, why he does and says the things that he does, why his beliefs and his actions are what they are. Try to understand that his environment may be different than yours. Extend to him your love, your friendship, and your understanding.

The people from other planets within your system have been attempting, for many, many years in your time, to extend their understanding and friendship to the people of your earth, yet they have been turned away, rebuked in almost every attempt that has been made. Great offers have been made by these beings to aid your people, to raise your civilization to new standards, but these efforts have gone unnoticed and unaccepted by the powers that be.

These beings have offered to bring to your planet new science, new economic systems and to eliminate all disease and all sickness among your peoples, providing all wars be eliminated from your planet, that your people come together in agreement to live side by side in peace, in love. But your leaders argue that this cannot be done by the people of planet Earth in their present understanding, and that in order to bring about a change of this nature, would bring great chaos and suffering to your people. They argue that a system of this kind could not be transformed rapidly, yet we know this can and will be done eventually.

But, as we see it from our vantage point, the opposition to our plans fear most of all the loss of power. Power in the hands of a few would be eliminated, for all mankind would work for the good of mankind, and would not consider self gain in his efforts to raise his standards.

A great spiritual growth would be needed among your people in order to bring these things into being, but here again, my friends, we have ways and means of helping you in this respect. We come to planet Earth

with no other thought in mind than to extend a helping hand, to raise our brothers upon planet Shan to new and higher standards, to bring to them a way of life that heretofore has not been known upon your planet, and to bring to them peace, not only peace between peoples, but peace of mind, and this, beloved friends, is the greatest achievement that man can have.

But man will not know true peace of mind until he understands himself, his brother and his universe, and allows to rise up within him a love which makes him at one with all creation. In other words, he blends himself into the one mind of creation, where peace does reign supreme. When man achieves this, he experiences true peace, true love, true understanding, true life, and he really begins to live. He knows love as love exists in creation, not as you know it in your way of life, for this is not love.

We, the Sons of Adoni, are in your skies waiting, watching individuals, helping, guiding, directing those who choose to attempt to reach this state of understanding. When this choice is made in true love, in sincerity, and some effort is made to reach out, we will be there to help.

I leave you, my friends, by extending to you the love, light and understanding of my people.

I am Oxal. ✨