



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**March 27, 1961**

**Yaum:** Good evening to you, my friends, I am Yaum.

I came here tonight with my friend Anthon, and he and the instrument insist I speak to you for a few moments. I hope this will be agreeable with you. I must explain to your new friends here tonight, that my English is not too satisfactory. In fact, I had not attempted to use your language until I spoke through this instrument. So, I will ask you to bear with me and excuse my mistakes in your English. Perhaps you may even have to help me out occasionally with one of your words. Will you do this ?

**Questioner:** Yes.

**Yaum:** Thank you. I hope I am improving. I am making an effort to become more familiar with your language. However, I do speak several other languages quite fluently.

My friends, what shall we talk about tonight? How about light.

Shall we talk for a few moments about this thing of which we speak so much called light? Does this meet with your approval?

**Questioner:** Yes. Thank you.

**Yaum:** What is this thing we so often speak of called light? We make some very astounding claims for it, do we not? Well, in my experience, and in my understanding, I find that this is a very powerful and real energy. It is known among the higher beings, or beings of higher understanding, I should say, as an energy, containing all life-giving substance, and it is drawn from the atmosphere. Perhaps I should not use that word. It is quite difficult to find words to express some of these things, but this energy exists throughout space, throughout all eternity. It is something that is found everywhere, no matter where you are, it is there, and you have only to call upon it.

In other words, through your own thinking, your own thought power you bring this energy into concentration about you, or about someone or something which you ask to direct it to. Do I make myself clear? It is not really something that you create, for it is there, it is always there, it is everywhere, it is the energy of the

universe upon which all things depend. Without this energy you could neither exist in the physical, or as even a spiritual being, for it is the life-giving energy of all things of the universe, of all creation.

By bringing this into concentration you are increasing its power, or rather bringing more of it together. I am trying to gather some words here which would make or bring to you the realization of how this great power works.

You might compare it to your electricity, for instance. This you are somewhat familiar with. You can have in a circuit of electricity either a low voltage or a high voltage; the higher you increase the voltage, the more power you have. In other words, you are concentrating more of this energy in one place, so to speak. And with Light, it is quite the same; the more of it you can bring into concentration, the more effective it becomes. It is possible to concentrate enough of this energy about you, to create a field that would be impenetrable. It would work somewhat as the field around a spaceship. In the spaceship, a field of energy is created around the craft at all times. Nothing in space can touch the surface of the craft, because of the field of energy that is created about it. You could push your hand as hard as you could against the side of the craft, but you could not touch the surface of the craft itself, for this field of energy would not allow you to do so. A similar force of energy, if concentrated enough about you, would serve as a protective wall about your being, nothing could touch you. Is this not something, my friends? If we learn to concentrate enough of this energy about us, nothing in the world, nothing in the Universe could bring harm to you physically.

There are many ways of concentrating this energy. Those who have higher understanding of science, are able to do this scientifically through what you would call, I suppose, mechanical means, or being done through a device of some nature. But it is not necessary to have this sort of method, for you can do it through your own mind concentration, through visualizing. It is possible, by visualizing and concentrating, calling forth this energy, to build it about you, to where it can actually be seen by the spiritual eye, as you call it. And in some concentrated forms, it can even be seen by your physical eyesight.

But there are certain laws of nature, universal laws, that are also effective in the controlling of these energies. Love is one of these, for when you are using the universal laws, if you are using them in an attitude of love, devotion, humility, reverence, your concentration, or your powers to concentrate this energy is increased many fold. Love, as it is known and referred to by Earth people, is not what I speak of. It is quite difficult to put into words just what we mean when we speak of love. I should say that it is more of a reverence, a feeling of a oneness with all creation, with all things of nature, of the trees, of your brother man, of the animal world, of the planet, of the planets, of the universe. Feeling a great reverence, so to speak, and feeling a part of all this, and knowing that you are a part of all of this, and that you are responsible, in a minute way for all of this creation. Therefore you feel, you have rather, a feeling for it, that you are part of it, somewhat as you feel that you are a part of your children. It is more of the love that you feel for your children, but is still not quite the same, for Earth people have a tendency to feel a possessive love for their children, and this, my friends, is not a true love. For we have to realize that these children, are not for us to possess, but rather they are a part of all of this creation. We are merely instruments for them to manifest into a physical, chemical expression of life, and that they are only a part of us in relation to this chemical, physical world, so to speak.

But this is the closest thing in your expression here in the physical, chemical life expression to real love. I know that there are many parents who do have this type of love for their children. However, there are the other kind too, who do not realize that they are a separate expression of life and must express in their own way.

But really, love is something you cannot really understand until you come in to a thorough realization of it, and have really begun to feel this a oneness with all creation. I feel that I have not at all made myself clear on this, but it is a most difficult thing to try to put into words that can be clearly understood.

*(Solex Mal to Anthon.)*

My friends, I am told I have a few moments yet, so I shall be happy to attempt briefly to answer one or two questions, if you have any that would help clear up what we have been talking about?

**Questioner:** Can we realize this aoneness with all creation in this physical life?

**Yaum:** It is quite possible to realize this in this physical life, for I think, at least I believe, that I have a fair realization of this love, and I am living at this time, and have been for quite some time in a physical, chemical body, as you are in. There is no reason why this cannot be realized here.

**Questioner:** Can we, by concentrating this light around us more often, more rapidly reach this state of a oneness?

**Yaum:** I believe I could state that this would help, for this energy has a spiritual effect on anyone who has a concentration of it about them. In other words, it does help to open your spiritual centers, which of course, does speed up, so to speak, your spiritual growth, but in using any of the energies or laws of the universe, attempt always to use them unselfishly, in love, with an attitude of love and reverence for this great power, which is actually what you speak of as God Himself.

**Questioner:** Will you give us a description of humility?

**Yaum:** Surely you must know humility when you see it, do you not? For he, who was humble, your great Master, whom you call Jesus, was he not a humble being? Did he not always refer to himself as the least among them and the least among you? You see, my friends, I am not a higher being than you, my teacher is not a higher being than I, he is merely at a different level of understanding, and he does not feel that he is better than I, or that he is wiser. He is merely trying to help me, to help to bring me to a higher level of understanding. But he would not pass up the lowliest of persons. He does not feel that he is above anything or anybody.

**Questioner:** Can you work more closely with us, to increase our Light in service to others?

**Yaum:** We cannot increase your light. We can add ours to yours. However, we who are working in the light, are continually sending our light, attempting to concentrate energies where they will do the most good for your people and your planet. We will be glad, at any time, to help you in any way we can.

I should like to state, that I know that your teachers are all working closely with each of you, and they are, shall we say, giving you as much of their light as you can use, at all times. So, you see, my friends, it depends a great deal upon your ability to use the help you are given. You must take advantage of it. Do the things that are suggested to you. If you will follow the instructions that are given to you by your teachers, you will live in love as they suggest. If you eliminate ego, anger and all of these things, your light will increase greatly. Does this answer your question?

**Questioner:** Yes, thank you, and I hope you will tell us more about yourself the next time you visit us. Are you in the United States?

**Yaum:** No, I am not. There is not much to say about myself. I am not a very important person. I might say that I am a very good friend of the teacher of the instrument and I come to you by his request many times. He has told me a great deal about all of you and your activities and I am very interested. I am happy to see that people are attempting, at least, to spread love

and understanding and brotherhood among the people of Earth, and I say to you, my friends, it has never been needed more than it is needed at this time upon planet Earth.

Now, my friends, I have carried on here long enough. I do not wish to bore you. It has been my pleasure to again be with you and I wish to extend my gratitude for being allowed to come into your midst, and I hope I shall be welcomed again at a later time. Now, I must leave. I extend to each of you my deepest love and blessings, and may each of you reach very rapidly the heights in spiritual understanding that you aspire to.

Goodnight, my beloved friends, goodnight. ♣