



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**July 20, 1982**

**Zalhem:** Greetings to you, my children, I am Zalhem.

It is my pleasure to be among you again. Now, *(name)*, I have not forsaken you. Will you take your place and we will proceed to give you your treatment? I have already cleansed your auras.

*(Name)*, I would like you to relax, become completely relaxed. Lay aside all of your troubles, all of your anxieties. Place them over here upon the shelf, so that you will have no cares.

*(Name)*, you are a child of Deity. You are one of his centers of Light or Consciousness. Your desire is to develop as Deity has intended you to develop, to become and to be a useful progressive center of Light. This you want to be, for that is a part of the will of Deity. That is why you were created.

You have chosen a vehicle in which to function. This vehicle you use in this dimension to carry out your service, both to Deity and to your fellow man. So you want to have as near as possible a good functioning vehicle so that you might serve to the best of your ability. Therefore, you will do everything possible to keep this vehicle in good functioning order. Therefore, you will function upon the positive side.

The mind is the captain of this vehicle and can cause it to be what it wills it to be through your own thoughts and actions. Therefore, you will think only in terms of positiveness. You will think of this vehicle as being a good, solid, perfect vehicle in which to travel and to carry out your functions.

*(Name)*, you are mind. Mind is the creator of all things, therefore, you are a creator. You can create whatever you desire if you desire it strongly enough. You will eliminate all condemnation. You will develop poise, for without poise you cannot rise above the negative vibrations that surround you. They can only affect you to the point that you allow them to. Your own positive thinking, your own poise, will give you the power to rise above these things. You will see them as they really are, not as they appear to be.

Always remember that this world, that this universe, functions under the law of cause and effect. There cannot be an effect without a cause. There cannot be a

cause without an effect. So we look for the cause, rather than the effect. The effect cannot be eliminated—until we have found the cause. Once we have found the cause, the solution becomes clear.

*(Name)*, you are a son of God, or of Deity, created in the image and likeness of the great Cosmic Spirits that were responsible for bringing you into being. These great Spirits endowed you with all of the powers that they have. But you must awaken these powers within yourself, and until you come to the realization that you are a son of God, endowed with all these powers, these powers will not be awakened. It is up to each of us to come to these realizations, and then go to work to develop them.

Never underestimate yourself. You can accomplish that which you will to accomplish. So awaken that will, set your goals, determine that you will be that which you desire, and will accomplish that which you desire. Too often we use the word can't. We say, "I cannot do this or that. There is no such thing as not being able to do what you will to do, if you are willing to put forth the effort, and to awaken the determination within you to do this.

So, *(Name)*, you are an all-powerful son of God. Know this. Let it sink deep into your innermost being. Come to this realization, and determine that you will not allow any conditions or any individuals to deter you from your goal to serve, to accomplish that which you desire.

Now, *(name)* and *(name)*, I want you to come forward and we will lay hands upon *(name)*. We are going to saturate her with the orange vibration, to give her energy and new life. *(Name)*, will you place your right hand here under the left breast? And *(Name)*, will take this position right here at the back of the head on the neck area.

We are calling forth the orange vibration. We see it pulsating, radiant, penetrating, filling *(name)*'s body and her aura.

*(Pause for three to five minutes.)*

It is done.

*(Name)*, you are now going to be peaceful, joyous, happy, in harmony with the world about you. You are

filled with peace, joy. You have resistance to the negative vibrations from wherever they might come.

Now, beloved ones, I must be on my way. As I leave I extend to each of you my most sincere love and blessings. May you find that peace within you that will bring you happiness, and the ability to harmonize with all things. May peace surround you every one.

Go in peace, walk in peace. Be peace. ♣