



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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February 15, 1983

Zalhem: Greetings to you my children, I am Zalhem.

Questioner: This is from Richard and Isabella Ingalese's material: are most of the half souls or egos on this planet separated by a long way, in evolutionary terms from their polarity?

Zalhem: Do you mean are all of them like that?

Questioner: Are most like that?

Zalhem: No definitely not. There are many more who are not like that. There are many who are in the physical here and are advanced beyond their other polarity, and there are many who are somewhat on the same level of evolution. Often, I say often, it's not too often, but occasionally this does happen, that in every so many lifetimes that the two come together in a relationship, could be man and wife, brother and sister, farther and daughter, father and son, or what have you. This often happens.

Questioner: But how advanced does a guardian angel or a wisdor have to be, over there their polarity, when their assigned to their other polarity?

Zalhem: They would have to be graduated off this wheel of incarnation. There are many, many different situations, and many different levels, often the one may have to leave their charge. In other words, the lower self may have gotten so out of control that they may no longer control it, then they would either go down with it if they become too involved with it, and then go through the second death with the lower self or they would leave the lower self and eventually find another.

Questioner: Another true polarity?

Zalhem: No, another lower mind, another animal mind.

Questioner: But it wouldn't be their true polarity? Would that be lost as it goes through the second death? Would that be lost forever?

Zalhem: Would which be lost? If I become so unruly, and uncontrollable that my higher self cannot do anything with me, and considers me completely lost, and does not want to go down with me, it will leave, or withdraw, and you have nothing left but an animal mind. And there are a lot of those on your planet today.

When they pass from this life, depending upon how strong they are, they (the lower self, animal mind) may incarnate another time, or two, but it would not be more than a time or two because they are sinking lower and lower all the time, and they will go into the lower red zone where they are gradually absorbed.

Questioner: But I was thinking of one high self, who was the polarity of the low self, so it would be the other polarity?

Zalhem: For instance, say myself, I have my animal body and my higher body, or higher mind that has nothing to do with my other

Polarity. We are operating as two separate entities at this time. Is that clear?

Questioner: Let's take S. for instance, he is the other half of his polarity, and he goes on the downward path, then does his higher self or the other half of his polarity find another polarity, as S. goes through the second death? This is the situation that I am asking about.

Zalhem: Well, you're getting into a very complicated ...

Questioner: If this happens to the one polarity then what happens to the other?

Zalhem: Well there could be a couple of things that could happen there, you get into a very complicated matter there, which really is not of any importance to you at this time. If the polarity of this man is below his level, neither one of them has reached a high enough state to come back and act as a guardian angel, as you call them, to the other, so they would have other beings assigned to them. A much smaller percentage of the people of planet Earth have their other half as a Guardian Angel. And this only happens when the one polarity has advanced to the point where they have left this planet, has moved on to Venus temporarily, and they will come back and act as a guardian angel temporarily, for their polarity, to try to speed them up and help them along.

Questioner: There probably aren't that many entities in this group that we're in who have gotten off the wheel of incarnation?

Zalhem: You are right, there are not. The percentage is rather small, compared to the population of planet

Earth. And the reason that your population has increased in the past hundred years is because more souls have been allowed to incarnate because of the times that are coming, when the sheep must be separated from the goats. Everybody is being given a last chance.

Questioner: A last chance to turn themselves around?

Zalhem: For this period, and then at what they call the judgment day, they separate, it is going to take place. There will be different grades of this. Depending on their vibrations, will depend on what the results will be.

Questioner: When I visualize orange energy going into bushes and trees, at this point, am I actually accomplishing anything, or am I just practicing for the future?

Zalhem: No, your efforts are not wasted. Of course, the stronger you are mentally, the more effect that you will have, but it's bound to have some effect. Even someone that knows nothing about this, by tender loving caring of the plants, the plants respond to this, by the mental flow of energy, if it is of a kind of positive and loving nature it has an effect upon the plant. This has been proven here in experiments. They call it praying over the plant, actually what they are doing is, they are sending good loving positive energies to the plants that can be utilized by the plants. As I have said the greater becomes your concentration and visualization of this orange vibration, the more of it you can draw to yourself and then pass it on to the plant. Practice is what makes us perfect.

Questioner: Is this going to happen again, the judgment day, and moving into another vibration, a period where a large group of people will come into ... Like what is happening now. Is this going to happen again?

Zalhem: No, this will be the one. This only happens at the midterm in your evolutionary cycle. And I speak of your evolutionary cycle as the time that the Sons of God, or the Ovals, whatever term you like to use, came to planet Earth until they have finished their cycle of evolvment, and it reaches a point where there must be a weeding out. You could liken it unto a field of corn, or whatever. You plant your rows and after they have reached a certain point, you thin them out.

You take out the weak ones, and leave the strong ones.

Questioner: Do you only do that once?

Zalhem: You only do that once with your crop don't you? That would be liken unto an evolutionary cycle of man. Man is a much slower growing plant. His cycles do not repeat as rapidly as do the plants.

Questioner: Then you couldn't compare this with the fall of Atlantis?

Zalhem: No, there was not that separation there because you have incarnating into your planet, and have had for the last two hundred years, many from Atlantis who were not altogether what you term, advanced beings. But there comes a time in this cycle, in the middle of this cycle, approximately, it is a little past the middle really, where man has to be put on his own.

He is responsible from then on and the weak are weeded out and depending on the evolvment and the efforts that have been put into, and whether they have been working on the constructive side.

There are many who have been on the constructive side, but they have been lazy. They have not advanced as they should have, but they are still good people. And then there are those that are strictly on the destructive side or the downward side. So there has to be, you see, a time where this is taken care of, otherwise you would have a mess in your next cycle, within the cycle, the New Age you call it, because they would not fit into this New Age at all. They would not be comfortable. They would be destructive. So it has to be done.

But you see, man has not learned yet to take a proper of these things. He lumps all mankind together in one category you might say. But if you look at it more from natures' standpoint. You can liken it unto the plant, and as your last Master Teacher, who established your Christian religion, brought out in his teachings, he likened it unto a sower, sowing his seed. Some fall on the stony ground, some fall on fertile ground, and they grow strung and healthy plants, where others are weak and scrawny. And he likened this in other ways too. Like the pruning example that he made, but people have failed to grasp what he was saying, and have interpreted in the wrong ways. You have to realize that the individuals with which he was working with at that time, as far as the masses were concerned, had to be taught on a very limited basis, in parable and symbols and so forth. They could not understand the full truth of these things.

Questioner: You said that there are a substantial number of people on the planet that have lost their higher self, anyone of those individuals who only has a lower self, what would be the difference between that individual and a dog? Is there a difference in the actions that they might take?

Zalhem: Not in reality, he becomes often worse than the dog, because the dog in most cases has gained a higher form of intelligence, or consciousness than have they. But they have been functioning through a different brain, and have been able to express through language and so forth, and are more advanced in those arts. But in their thinking, their negative thinking, they are still an animal, and that is the type that is committing many of these terrible crimes that are happening today, and have they not been on the increase? That is because more and more have lost their higher selves, and are

nothing more than animals in a more advanced body. It is possible that a dog could have better judgment through the training that he has had from loving and experienced human beings, or man. The animal is dependent upon man to raise his vibrations, and his consciousness, and it is only through man that he will reach a high state of consciousness.

Questioner: Will there be animals in the New Age?

Zalhem: Well, yes there will be animals, but they will be somewhat a different species. Because they will be more advanced also, but man will still be responsible. But he will know that he is responsible for them. These animals will be more intelligent. They will respond more quickly, more easily. They will be easier to bring up. But the animal kingdom is in a state of evolvement, the same as the others. Much of the animal kingdom here, during the change over, will be absorbed back into Universal Consciousness.

Questioner: Because they haven't been treated right by their human beings?

Zalhem: Because they won't fit into the New Age. They will be too vicious you might say.

February 15, 1983

(Guided healing session.)

Zalhem: Greetings to you my children, I am Zalhem. I have taken care of your auras, we will get on with the rest of it. *(Name)*, will you take your place, and we shall see what we shall see.

Questioner: I don't think that I am very receptive today.

Zalhem: Well, perhaps we can convince you to be receptive. Now I want you all to relax, become completely relaxed, let go of all the tension, all the cares, become one with all Creation. Let yourself blend into Universal Consciousness. You are now one with It, Universal Consciousness. You are a minute part of this one Great Consciousness or Mind. Since you are a part of this Great Mind therefore you must be Mind. This is a part that is endowed with all of the aspects of the Great Mind which is everywhere. So vast that it is beyond the comprehension of the finite. But it is not necessary that we be able to comprehend the all-ness of this. It is only necessary that we understand the functions that affect us.

In your Scriptures it is stated that in the beginning there was the word, and the word was with God. What is this word. This word is law, the word of the Great Consciousness or Mind is law. It functions entirely by law. Since you are a part of the Great Consciousness you must function by that law. The only reason that man suffers is because he has broken some of the laws. The first step in learning to cooperate with the laws is to be positive. To have a positive mind, to think positive. To be optimistic.

(Name), you are mind, you are mind, yet part of the Great Mind, and your desire is to function as a positive part of that Great Mind. To be one with it, in harmony, in harmony with it. Always functioning as a harmonious part of this Great Consciousness. Harmony is necessary if we are to function as a whole and healthy being. Positiveness brings about harmony, well-being, therefore if we think positively, harmoniously, the body will respond in harmony.

Nothing is as negative as it may seem to be. It is necessary that we see the negativity about us in a positive manner, therefore adding to the solution of the problem, rather than becoming a part of the problem. We are what we think. Therefore let us think positively of our selves. Know that we are the Creator endowed with all of the powers of our Creator, and that we can, through the efforts of our thinking, change that which we desire to change.

Now, *(name)* and *(name)*, I wish you would concentrate upon the medium blue. We are going to surround H. with it. We are going to fill her aura with it, and let it be absorbed into her body, into every cell, and every atom of the chemical body. As this is being absorbed your well being, your peace of mind should increase. You are becoming more peaceful, more relaxed. You are beginning to see all things in a positive harmonious way. This blue vibration is penetrating every atom of your being, both physical and mental. Even your mind is made up of atoms, of a very, very fine nature, a very high vibration. And these atoms are absorbing this vibration. So be it. Let us relax for a moment.

Now we will turn to green. We are going to see this light green vibration pouring into her aura, filling it to a saturation point. We are going to direct it especially to the head area, to the eyes, to the head and neck area. See this green vibration penetrating the eyes, bringing new atoms to renew the cells. She is filled to overflowing. Now let us relax again, release the green.

Now we are going to direct the orange to her. This is to replace some of the vital energies of the body. We see this orange vibration flowing to H., filling her aura. Recharging the nerve and energy fields of her body. Flowing into all, into and through all of the energy channels and increasing the energy, that H. will have the new vitality. It is flowing up and down her spine, bringing new energies to all of the centers. Now your energies are renewed. You are stronger and greater. You have more vitality and so be it.

Peace my daughter peace. Love and understanding go with you, bless you, bless you. ✨