



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

Copyright © 2012 Clyde Trepanier

April 18, 1960

Anthon: Peace be with you, my friends, I am Anthon.

I have with me tonight again, my friend Yaum, who spoke with thee sometime past and I wonder, my friends, if you should like to hear from him again tonight? Answer Yes. Then it shall be so and I will step aside now that he might speak a few words with you.

Yaum: Good evening to you, my friends. Once more it is my pleasure to come into your home and spend a few moments with you. I wish to extend to you my thanks for your courtesy to me.

It has been my privilege now for some time to move about among mankind upon this planet. As you know—I believe I told you before—that most of my life upon this planet has been spent in the Mystic Schools, so now as I come out and move among mankind, I find conditions much more deplorable than I had expected. The spirituality of mankind has risen very, very little over a period of several thousand years. Man knows so little of himself, of his purpose in life, why he is here, and what life is all about. The condition in the minds of Earth man is quite deplorable.

Man, however is beginning to get a slight glimpse of something that is greater than himself, something that lies beyond what he knows as life, here and now. Many of your scientists are exploring the possibility of something greater than man as man seems to know himself here. However, there is a great difference in opinion among your so called great minds. However, they are attempting to prove in a scientific way what lies beyond what they know as life here. So far none of them who are searching in this manner have come up with any definite proof for themselves or their associates. Nor, my friends, will they reach any definite proof until they themselves begin to search both scientifically and spiritually, for the great mysteries of the universe shall not be solved on a scientific basis entirely.

You see, my friends, they are attempting to separate, and you cannot separate or divide creation or your creator. So if mankind on planet Earth is to come into the knowledge that he seeks, it is going to be necessary for him to raise his spiritual understanding, for until he does this, he will never be able to tie

together the science and the spiritual. For unless man becomes a spiritual being, he will not know and understand the greater sciences of the universe. For in these sciences lies such great power that man, unless he has spirituality in some sort of balance with his scientific knowledge, it would be very, very dangerous for mankind as a whole.

Questioner: Excuse me, before you leave, may we ask a question?

Yaum: Yes, I will attempt to answer it for you to the best of my knowledge.

Questioner: Will you give us some more help in spiritual healing?

Yaum: Specifically, what would you like to know?

Questioner: More concerning the healing of the spine and ruptured discs.

Yaum: There are many reason that man suffers as he does in this environment and there are many ways of bringing about healing. Many of the great Masters who have trod this planet form time to time over the Ages have had great healing powers. These men were men who had a great knowledge of the universal laws. They were beings who had great spiritual and scientific understanding. Therefore they were able to do great work in healing. But, my friends, to heal another is not always the answer to his or her problem, for most of our suffering is a result of our own actions, our own thinking, but most of all, my friends, to bring about balance within our physical being it is necessary to think positively, to eliminate the things that bring suffering to us.

Questioner: Does a muscle or bone injury need a physical manipulation or adjustment, or replacement, along with positive thinking?

Yaum: Not necessarily, for many, many things of this nature in mankind have returned themselves to normal through the actions of the person themselves. While we are on this subject, to make my point more clearly, I should like to go a little farther by saying, that many of these things of which you speak, such as trouble that develops in the spinal column, such as injured discs, or the pads, I believe, that are located between these vertebrae—I believe you call this type of thing “gristle,”

your medical profession knows no cure for these injuries. They will tell you that once these pads are injured or damaged in any way, that they will never heal.

They will tell you that because there is no blood circulation through this material, it will not heal. But I say to you, my friends, they have healed. Many people have had injuries of this type and they have healed. For nature can heal anything that it can create. But there are times that man through his own thinking, prevents the healing of these things. There are those who have great power to bring about this healing, but unless man can bring about within his own being the elimination of the conditions that cause suffering, he shall not be without it very long. There have been healing among those you know, I am sure. I am sure that all of you know of those who have been healed and the healing was only temporary.

Questioner: Why can't healers come among us and heal the pain so that we can more easily think lovingly and positively?

Yaum: There have been many healers among you. Some of you here have had great healers work for you. My friends, I must say this, however great the healer might be, unless you do your part, he is quite helpless. There are many stories told of your great Master, whom you call Jesus, bringing about great healings during his time here, but all the stories are not told of the failures that he had, for there were many people who came to him seeking healing without faith and without love in their hearts and they were not healed.

So I say to you, my friends, if you seek healing, fill your hearts with love. Let not your heart be angered, for one second of anger in your heart will do you more damage than ten hours of love can counteract. If you seek healing, my friends, take stock of yourself, be honest in your calculations, then start doing the things that you know will bring peace, satisfaction and love into your being. When you do this, my friends, someone will be there to help you at the right time and you shall receive the help that you need.

I am told, my friends, that I have stayed my time with this instrument. His teacher is standing by and keeping guard for him. I want to thank you again, my friends, for having me as your guest tonight. If anything I have said has been of any benefit to you, I am happy. I hope I have said nothing that will disturb you. Now again, I bid you goodnight. I extend to you my blessings.

Farewell, my friends. ❀