



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**April 19, 1962**

**Yaum:** Good evening to you, my friends.

With your permission I should like to discuss for a few minutes the subject that you have been discussing. Perhaps I can help you, perhaps I cannot.

My friends, this is a subject which I realize, is close to many people. It is a subject that they are not able to come to a satisfactory conclusion on, shall we say? Now let us first consider your own planet. There are many systems, many concepts, among your own races of people. Is this not so? Marriage, for instance, marriage responsibilities are much different in various locations upon your planet and the mating is brought about in different ways. In some places the female chooses the male. He has nothing to say about it and in many places the male is allowed to have as many wives as he chooses. Now there is no law in nature controlling these things, for man was created, of course, to propagate his race. This, in your environment, is true upon many other planets and is the only way that man can reproduce, that man can come back into the physical to express.

But, my friends, as with many other things with Earth people, they do not have the understanding of themselves, of their true nature, of how they are intended to express. As man grows spiritually, the physical things takes on a much different aspect to him. Some things become more important, as other things become less important. I have told you before you are all things. You have expressed in many forms in reaching the point where you now stand, and as we move on through life expressing, experiencing, we find that our concepts continually change, for our consciousness begins to widen to take in more. And so it is with these things. Man has not understood the true purpose of sex. The sex organs, or glands have much, a much greater function than to reproduce, for they are producing the very life giving energies that gives man the vitality and the energies that are necessary for him.

They not only reproduce life but they give off the energies that helps life in this body to continue and to be normal. This is born out, I believe so greatly, by the reactions that happen when, through surgery, these glands are removed. Life becomes more difficult. You

often find it necessary to supply drugs to replace this life giving energy. Man of Earth has not realized the importance of this. He has abused himself in not being able to control the animal urge which is produced in this way and this is one reason, my friends, that cancer is so prevalent among your people. If man would waste less of his energies, cancer would not be so prevalent among your people. I mean that man has been wasting his energies for the pleasure he receives.

He is not controlling his emotions, his urges and in this way he is wasting his energies that are produced by these glands.

I would say this about the people on planets that have reached a higher state of evolution that they have an understanding of this. They know the functions of these things and they do not use their energies in a wasteful manner. Mating takes place in a much different manner and this will vary on different planes of life, different levels of evolution of man, depending upon his evolution. There are levels of life where sex does not exist even. It is not needed, for they do not need to reproduce in this manner. But on some other planets in your system that are, let us say, nearer to your state of evolution but still have a greater understanding a man and a woman do not mate unless they have the background, the soul evolvement that will allow them to live together in rapport, where they have great things in common and enjoy each other, not for sex, but they enjoy the very "beingness" of each other.

When a soul wishes to incarnate into life on this planet of this nature, it is made known to certain ones whom they would prefer to incarnate through, and it is brought about.

They realize their a oneness. They realize and know that they are merely providing a body for a soul to come into a physical being and they will take this child, they love it, care for it, raise it and educate it and they would take any child and love it just as much, for they realize it is only another soul expressing and that their responsibility is just as great to one soul as to another. For you see, my friends we are all one, one in this great expression of life.

It saddens me to say this, but some of your more primitive races have a greater realization of this than do

your more highly civilized races. Some, of what you call savage races upon your planet, have a much greater understanding in some ways about these things than does your civilized world. I think you would find some of your South Sea islands, for instance, that if a child was to be left parentless, it would be taken by another father and mother and raised as though it were their own. They would love it just as much. It would receive just as much love and care, be fed and clothed as well as would their own. I am sorry to say that this does not always happen in your civilization, for if this were true you would not have institutions filled with parentless children.

So you see, my friends, we must grow into many of these understandings and as we grow in understanding, as our spiritual knowledge and understanding increases, all things become more clear, for you need less and less man-made laws and customs as you begin to understand and know the Universal laws and you live by them. You find as you do this, life becomes much richer.

**Questioner:** What can you suggest one can do when one mate does not agree or grow with the other?

**Yaum:** Since you are bound by rules of society, customs, these things are difficult to deal with if you were to do the thing that is right for you, you cause someone also to suffer and it becomes quite difficult. I know and realize, my friend, that you have a great problem and a great decision to make. But here again, you became a victim of society. I cannot give you a "cut and dried" solution to this but you have to take into consideration all of the facts involved, weigh them carefully and do the thing that you feel deep within your own being is right for all concerned, or shall we say, is the best solution and will be as near as possible, the best for all. It is difficult to say, but I realize your situation and there are many, many, situations of this kind existing upon planet Earth.

**Questioner:** How would it be handled in the next state of evolution?

**Yaum:** This problem would never exist. It started back here in the mating process. Your educational system does not include this thing and it should. You see, if children were taught in your educational institutions the importance of this and how to go about choosing a mate, these problems would not exist, you would not have them. A mating would last, if made properly, would last a normal lifetime in most cases, where it does not there is mutual understanding that both of them will come to a realization that they have reached a point where they are no longer able to carry on in mutual understanding, in other words, they have grown too far apart and they realize this and there is no problem. This will happen simultaneously, for they understand these things, and when they no longer have common bonds, they will seek someone with whom they can have a common bond. You no longer

can happily exist together when one is way up here and the other is way down there.

**Questioner:** Is it normal or the usual thing to mate in the next step of evolution, rather than to live alone?

**Yaum:** It is normal, but not necessary. Many do not. This is an individual problem. It is very simple when it is understood, but instead of understanding of this being taught to your children, they are taught instead all about the past wars and war heroes, but the things that really effect their future life are not talked about.

**Questioner:** Is it beneficial to send the creative energy forces or substances up the spine.

**Yaum:** This is very beneficial, but regardless of whether you do this or not, you will get effect from the energies and secretions that these glands produce, that go into your bloodstream.

**Questioner:** Do you get the same beneficial effect from those energies even though they are not used or expressed for procreation?

**Yaum:** Your people have made sex a sport, so to speak, and they are wasting those energies at tremendous rates, energies that would prevent disease, prevent cancer and many other things. I do not say that sex must be limited entirely for the purpose of procreation, but I say that it must be used in moderation, as all things must be in moderation, but to make a sport of it, is something different, used daily as some people do.

**Questioner:** Is it true that when this substance is exchanged, as in procreation, between the two sexes, a physical benefit is derived?

**Yaum:** There is a certain amount of benefit there, if, again, in moderation. This is not a wicked thing, a criminal thing; it is not as is viewed by many people. This is a natural, normal part of nature, and is to be used as such. There is benefit from the sex act besides procreation, but it is not necessary for your well being.

**Questioner:** What is moderation?

**Yaum:** I could not draw a certain line, but certainly a man should have enough judgment to know when he is being controlled by his urges, his emotions, or when he is controlling them.

**Questioner:** What did Jesus mean by coveting?

**Yaum:** This is a mental thing of which he spoke. He named many things. You do not covet anything that your neighbor has because you know that what he has is his and you do not need what he has for there is plenty for you. There is plenty throughout all nature, you do not need to want what your neighbor has.

**Questioner:** Is it natural to have this rapport with more than one at a time?

**Yaum:** Nature does not make any division. Polygamy and monogamy are man's own concepts and Man has been left certain things that he must judge for himself and draw his own conclusions, and there again, we go back to moderation, to judgment, to commonsense. In a higher understanding, they have learned to suppress these desires, these urges, they have learned complete control and they realize the importance and the danger in allowing these urges to control them. Therefore their energies are spent in other ways. Each one has to learn to master these urges in his own way, to control them.

My friends, it has been my very great pleasure to spend this time with you. If I have been of any help, any benefit to you, I am very happy.

**Questioner:** Thank you. You have been very helpful.

**Yaum:** My friends, I wish to extend to you my very deepest blessings and my very greatest hope that soon all of you will come into the realization of your great oneness with all of creation. Try to realize this, my friends, for all is what you call God, and you are a part of it.

Goodnight to you, my friends, goodnight to you. ❀