



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**September 8, 1959**

**Teacher:** I greet you, beloved friends, in love, in light and in understanding.

We who are, shall I say, the opposite life of existence to yours, perhaps even that is a poor expression. You know beloved friends, it becomes quite difficult for us to convey to you in words of your language a complete understanding of what we are attempting to convey to you. We do not particularly like the expression of 'higher realms', for we do not feel that we are above you. It is merely that on some things, let us say, we have a little better understanding. Therefore we are anxious to help those of you who are seeking higher understanding. This we try to do in many ways. We are limited in the help that we can give you by universal law. We dare not and will not invade your own free will, but we are anxious that each of you grow as rapidly as is possible according to your pattern, for each of you do have a pattern of growth that is to be followed by you. Often individuals are behind schedule, so to speak, and we attempt to help them in every way possible.

You see, Earth man is often misled by his race consciousness. He knows deep within that this or that is what he should be doing, but he does not conform because of what seems, to the individual, would cause criticism or perhaps disruptions in certain customs. In other words, "This is not the way it is being done, therefore I must conform to the customs." People of Earth have long been victims of customs. These have become a part of the race consciousness of Earth people. Many of these customs must be broken.

Evolution of individuals depends greatly upon the determination and the desires of each individual. Man must learn to know that the greatest evolution will come, as you as an individual learns to use the universal laws. Man is first obligated to himself. There is nothing that is more important to each of us than our own individual development, for in order to serve and to benefit those about us, we must first be able to radiate the love and understanding that goes with evolution. Each, as he becomes conscious of his own being, realizes his oneness with all creation. Realize that you are a part of this one great power, each of us a tiny minute part, yet each of us expressing as an individual, yet a part of the whole. This, beloved ones, is quite

difficult to bring to you in your present level of understanding. Parts and counterparts, division upon division, have each a small, yet important part of the whole.

But I must repeat, that at the level that Earth people stand today, the first step is love. To try to see the perfection of creation in everything that we see. This at times may seem impossible, yet, as we practice going within and bringing ourselves into a oneness with that higher part of us, with that higher consciousness, we begin to get more and more of this feeling of a oneness. In this great silence, as we become more and more familiar with this, we begin to take on the realization of how and why there is but one expression. Truly, truly, beloved ones, ye are all Gods and Goddesses. It is only a matter of time.

Let each of start right where we are, from this day forward, with what we have at hand. We shall begin our work and upon this and let us build. Let us meet every situation with love and understanding, let us know that nothing is by chance, that each experience that comes our way, regardless of how minute is an experience brought to us whereby we may learn. For we learn only by experience, no other way. Experience, beloved ones, is our only teacher. I could talk to you for hours, attempting to explain how to accomplish a certain feat, but until you have accomplished it, you do not know. You only know what I have told you. So let us be thankful and grateful for every lesson in each experience, for no one present experience will repeat itself, if we have learned from it.

So you see, beloved ones, we really have no choice but to take what we have at hand and mold from that, that which we would like to be. We have created what we have, therefore if we wish higher understanding, we must start by creating it, for all of us are creators, and we create that which we desire most. Every thought that we send out is creative. It creates and returns, so, you see, what we think is most important. Let us think in high and positive terms, visualizing always the highest, building our light through love and understanding. Day-by-day it becomes brighter, the radiance of our being begins to attract, and we find ourselves in the midst of great joy, great Peace, great understanding and we find attracted to us those who

are seeking the understanding that we can give them. It is amazing how the radiance of one's light attracts and how far this attraction sometimes reaches. I am sure that all of you here have experienced this to a degree.

My daughter, let not your heart be troubled, you seek to know his truth and it shall be known unto you. Your purpose is high, your efforts are strong. Sometimes one becomes impatient, but to all of those who sincerely seek and who patiently trod the path, all things shall come in due time.

Now, my friends, I am told that I have stayed my time with this instrument, so I must leave you. My love and my blessing I leave with each of you. Peace be with you, beloved ones, peace be with you now. ☸