



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

Copyright © 2012 Clyde Trepanier

October 26, 1984

Zalhem: Greetings to you, my children, I am Zalhem.

Questioner: It's so nice to have you back with us again. You have been gone for quite awhile.

Zalhem: I go where the hierarchy sends me, as do all good brothers. Now what can I do for you today? If you would like a little treatment today I would be glad to minister to you.

Questioner: Thank you we can always use that.

Zalhem: Let us get relaxed now. Let go of all those tensions. Be positive, positive, positive.

Questioner: Yes, I know. I say that.

Zalhem: You have to do a little more than say it. You have to be it, do it, be positive. Is everyone relaxed now? See yourself in a garden of flowers and enjoy the aroma, and let yourself relax in that. Let go now. Let go. You have just stopped to smell the roses. We are now going to call forth the orange vibration. We need lots of energy. We are going to absorb it. Let it flow to your inner most being, rejuvenating and giving you strength and vitality.

Your aura is filled with this vibration now, absorb it. Keep letting it flow to you. Absorb lots of it. There is lots of orange vibration in your auras now, absorb it.

Now we are going to put some green into your auras. I am not asking you to visualize, just relax. Let go. Let it flow as I fill your auras with this. This vibration should be very soothing to you, restful. Green the primary color of your planet, should be very soothing, relaxing to you. That is why you get an uplifting feeling when you are in green pastures, in the garden where the green is plentiful.

Now I shall call forth the blue vibration. This will be for your protection against the influence of unwanted entities, for your resistance to negative vibrations, negative thoughts, any negativity that comes your way. Try to maintain some of this vibration in your aura at all times.

Questioner: How do we do that?

Zalhem: By visualizing the blue vibration. If nothing else, think blue, if you think blue, you see blue. When

you think of a blue dress that you love, does it not come to your mind? It is necessary to think of something blue that pleases you, and then see that blue, and then see that blue encircling you.

Now then, we shall top all of this off with some golden vibration, like the gold of the sun. This vibration is uplifting. It makes one have a greater sense of well-being. That is why you feel better when the sun is shining. It is uplifting to the mind. It is much easier to become depressed and negative on a dark and dreary day then when the sun is shining forth. Carry this energy with you at all times. The sun can be shining for you even on a dark and dreary day, if you so desire, for if you draw this energy to you, even when things seem dark and dreary it will lift your spirits. It will change your outlook. It will lift you up. It is a peace giving energy. A person who always sees things in a positive way and is joyous and happy is carrying a certain amount of this vibration in their auras at all times. Some of these things are well to remember and to remind yourself of from time to time. As your old saying goes, "Every cloud has a silver lining." I would prefer a golden lining. So let us remember that when things seem dark and dreary, look up at that cloud and see that golden lining and things will change for you. This has been my pleasure and I hope that all of you have benefitted.

Questioner: Is Halloween the celebration of a negative festival that used to exist or have we put the negativity into the event?

Zalhem: This all came out of superstition many, many years ago when people believed in goblins and all of that. It also has some mythology in back of it. It is not anything that is particularly negative. It's what you make out of it. The children seem to enjoy it, but it can be taken too far with the children too, in that things can be made too horrible, this could cause fear to rise in the children's mind, which could be detrimental. It should be kept on a light, fun basis, and not made too devious, but this is one of the problems of today. You are seeing more and more horrible looking costumes coming out of this. Years ago you did not see this. It was kept on a lower level. This is due to the times. You are seeing it in your movies, on your television. The negative are getting more negative and it's coming to a

point where the separation is going to have to take place, the weeding out.

Questioner: Do you think that this might be stepped up?

Zalhem: No, I do not think so. It will be here soon enough.

Questioner: What hierarchy were you talking about that directs your activities?

Zalhem: The hierarchy of planet Earth. That is my closest authority.

I belong to planet Earth, I no longer am on the wheel of incarnation.

Questioner: Do you mean that you are in one of the realms surrounding this planet?

Zalhem: Right, and not the highest one either. When you get into the white range you would no longer be coming back to earth at all.

Questioner: Would you still be under the jurisdiction of the hierarchy of planet Earth if you were in the white range of this planet.

Zalhem: Sure, all those who are concerned with planet Earth are under the hierarchy of planet Earth. Those in the white range still belong to this evolutionary cycle. You are still not a solar god yet, even when you are in the top ranges of this planetary heaven, as you call it, you're still not a Solar Deity. But there's where you make your choice as to which way you are going. There are many steps in between the white range of earth and becoming a Solar Deity. When you get into the white range of the planet, when you have graduated into that range, you then have a choice as to whether you want to go into the period of Nirvana and spend the rest of your time in peace and bliss, and gradually be absorbed back into Universal Consciousness, or you have the choice of going on and becoming a Solar Deity.

Questioner: Can that choice be made in our earth atmosphere?

Zalhem: Yes, and many others also.

Questioner: What do you mean others?

Zalhem: Many other planets in the same position in other evolutionary systems. Each evolutionary cycle has its group that go right along with it until the end of the evolutionary cycle.

Questioner: The colors that we normally visualize such as orange, pea green, electric blue, and sun gold, can you tell us the vibratory rate, in cycles per second, that these colors have?

Zalhem: Every color has many cycles, it will depend upon the shade of the color as to the number of cycles per second that it is vibrating in. It would be a complicated process. We could figure it out. We would

take a specific shade of a specific color. Mathematically you could then figure out what the vibrational rate would be, but this would be a complicated formula.

Questioner: Could we use our mathematics to figure it out?

Zalhem: Surely. Mathematics is mathematics, but it runs into many, many figures. The principles of mathematics is the same through all realms. You start from the black and go up from there. There are millions of different frequencies.

Questioner: What is the comparison between the frequency of the communication bands used on earth, and the frequency rates of these colors?

Zalhem: Well, that's much less complicated, and much fewer cycles per second. The exception would be your very low colors, like your black and red. The black itself has many different frequency rates, and then of course it fades off into the browns, and then the reds. The black would begin somewhere around seven or eight cycles per second.

Questioner: Almost nothing.

Zalhem: Yes, and it does fade out to nothing. That's where the final absorption comes.

Now, I extend to each of you my most sincere love and blessings and I hope that each of you have received some blessings this day, and if you have, I am grateful. Nothing gives me more pleasure than to have helped someone just a little bit so that they can move another step forward in their search for the truth. I ask that the blessings and the love of the Great Ones be bestowed upon each of you now. Go in peace, my beloved children, go in peace. Walk in peace. ☸