



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Nathaniel: Greetings to you, my children, I am Nathaniel. It is my privilege to come among you again at this time.

You have covered in your studies a number of different subjects, each one having its place and its importance in bringing about your awareness. Hypnosis is another step along the way. This may not seem to you to be a very important subject. You may feel that you know enough about it to satisfy yourself, but in order to guard against the influences that are put upon you it is well that you understand their workings and what you need to do to protect yourself.

There are many phases of hypnotism. Some of them you are subject to in your daily life. You may think that little is known about these subjects among the negative forces, such as those who would influence you to their ways of thinking, to their views, who would influence you to act as they would have you act. They have much knowledge of these powers and how to use them in subtle ways. You are subject to these influences day after day. The only way that you can avoid these influences is to become aware of them and how they function, and to develop your awareness so that you realize when these things are being used against you.

All of these things that you need to protect yourself against, requires mental development. You must become aware of what is going on about you at all times and not be lulled into a state of satisfaction, of smugness where you feel that you are not subject to these things. The highly intellectual mind is just as subject to these influences as is a lesser intellectual mind. But it is the development of that mind along the lines of awareness, giving power to that mind through using it, exercising it through concentration and visualization, that none of these things can come near you, once you are of what is going on about you and you put up the barriers to ward them off. A strong mind will not be subjected to the hypnotic powers of another and it is only through the strengthening of the intellect that you can successfully combat and avoid these things. As we have often said, "You are the master of your ship, but you must learn to control it, to guide it properly so that you do not run aground."

It is amazing how few of your people realize their own potentialities. They are satisfied to go on seeking the pleasures of the materialistic world, forgetting that these things are only temporary.

The only thing that any individual can take with them is the knowledge and the strength that they have gained through sincere seeking. All of the rest must be left behind and the footprints that you leave behind will depend upon how you demonstrated them in your life, upon what your accomplishments were. If those accomplishments are only a materialistic accomplishment, they will mean little to those who follow after you. It is the only thing that we can leave and when we leave those footprints that give courage and inspiration to others to follow in our footsteps, then it has been worthwhile. This realization is going to come to more and more individual egos as time passes and the events of the future unveil themselves. Then will those who have wasted their time seeking the carnal pleasures, who have sought only to eat and to be merry, will realize the fallacy of their pursuit when all of this crumbles away to nothingness.

So, beloved ones, seek always that knowledge and understanding that will bring to you a greater life, one of understanding. A life that will allow you to find a peace within yourself so that you can come to the realization that you and the Father are one. When you really come to this discovery and it reveals itself in its fullness, you will find a joy and a peace that you had never thought was possible. As your great Master once said, "Seek and you shall find, knock and it shall be opened unto you." No greater truth was ever spoken.

But each of us must do our own seeking and our own knocking. The sincere individual who seeks and knocks, who really wants to know, will find the answers. The answers will come in ways that you can conceive and digest them, for nothing will come to you except that which you are able to comprehend at that time. But as you grow step by step, your comprehension will widen, your ability to comprehend will be greater and greater, and greater secrets of the universe will be revealed to you.

Pray always, always, that you have the wisdom to use these secrets, to use them correctly. Power can be sweet but it can also be dangerous in the hands of the

unwise. So pray that you are able to withstand the temptations, that you will use the wisdom that you have gained.

I leave you, my friends, by extending to each of you my love, my blessings.

May each of you make great strides in your quest for Truth. I invoke the blessings of all the Great Ones upon each of you.

Go in peace, walk in peace. Be peace. ♣