

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Samuel: Greetings to you, my children. I am Samuel.

Now I know that many of you who are students of metaphysics are aware of certain events that are about to take place, and you are concerned as to how you should prepare yourselves for these times that lie ahead. It is well to do all that you can in the outer in order to be prepared. As you have been told many times, it is wise to lay-by during the years of plenty, for everything moves in cycles with times of plenty and times of lack. Some refer to it as "feast or famine."

Your people have been very wasteful during the times of plenty. This is especially true of your nation, but there are other nations that are guilty of this, too. This waste will only make things worse when the times grow lean, for in nature, waste is not tolerated. Nature does not waste anything. Universal Mind, Universal Consciousness, God, or whatever term that you may choose to use, has made this a law, and it has always been a law. Nothing is wasted in Universal Mind. Everything is absorbed back into Universal Consciousness when it has spent itself and is no longer useful. Even a planet that has lost its usefulness will be destroyed, and the particles used in its creation will be absorbed back into Universal Consciousness, to be used again in another Cosmic Day.

Only a very few of your people have learned this lesson, and many times you have found yourselves facing undesirable situations because of your wastefulness. For example, the resources of planet Earth have been wasted ruthlessly. The opinion seemed to be that your resources were unlimited. Now you are beginning to find out that there is a limit to what your planet can give out, and you are encountering many shortages of various kinds.

Now, I do not mean by this that you have to be miserly, for it was intended that you have all that you need for a good and plentiful life. But you should not be wasteful because you think there is plenty of something. This same principle applies whether it is a nation or an individual, for your nations are composed of individuals. Your people waste food while others go hungry, and you waste energy, as well. For example, your electrical power is wasted in huge quantities. For a long time,

this waste was encouraged by those who produced and sold the power, so it was wasted in great quantities. Now, even though it has become far more expensive, they go right on wasting it, and the continual waste of anything will eventually bring about a shortage.

This is something to bear in mind. Another example is the depletion of your farmland due to overproduction. Because the land has not been allowed to replenish itself, they now have to use artificial means to maintain production. This gives you an inferior product that is detrimental to the health and welfare of mankind in general. Your population is becoming very aware of this problem now, due to the depleted food supply and the efforts of various environmental groups to bring this to their attention. However, this awareness has come about too late. If they had been more concerned a long time ago, you would not find yourselves in the situation that you are in today.

Much of the waste that created this problem upon your planet, was brought about by greed and a lust for power and money. You have all fallen victim to their greed by responding to their encouragement to use these resources wastefully. By and large, the people of your nation are the most wasteful of all the nations in the world. There are one or two others that come close, but yours is the most guilty. Now, due to the law of cause and effect, there will be some very difficult times ahead.

As I said earlier, you would do well to prepare as much as you can in the outer for these coming times. Above all, pay need to what we have tried to encourage you to do for a long time. Realize, also, that you can affect your future environment through your creative thinking and visualization, as well as by your actions. So it is well that you pay a great deal of heed to what you think. After all, you are where you are today because of your past thinking. If you are not where you think you should be, then it would be wise to review your past ways of thinking, and to change your negative thoughts to positive creative thoughts. Think in terms of what you would like to have and what you would like to be. Hold these thoughts continually in your mind, and picture the situations and things that you desire. Do not waste your thoughts on self-pity or on frivolous, selfish

things. Think selfless thoughts, and through this method, your path can be much smoother.

Of course, all these thoughts will do very little unless you combine them with action. For instance, if you are thinking in terms of improved situations, financial conditions, or whatever it might be, Universal Consciousness is aware of this. Ideas and opportunities will come your way, my friends, but unless you are aware and recognize these things, and act upon them, you will gain very little.

Mind is a builder. Everything must first be created in the mind and then it will come into manifestation, if you follow through with the right action to bring it about. First you must learn to recognize these ideas and opportunities. Sometimes an idea of action will come to you which does not seem logical to your carnal, reasoning mind. But if you are wise and follow it through to completion, you are apt to find that it is fruitful.

Oh, I grant you that you will make errors sometimes. No one has ever achieved any great success without making errors, but this is how we learn. When you have failed to accomplish something you are working on, or when something does not work out quite the way that you had planned, you should analyze it very carefully. Know that there is a lesson there to be learned, and then learn that lesson so that you don't make that same mistake again.

My friends, you all have this ability. You are mind, functioning in a physical vehicle. Everything in this material world was first conceived by mind and then brought into manifestation, and this includes the planet on which you live. So you can improve your conditions if you have the will to do so, and you can avoid much discomfort and suffering if you will but use that which you have.

Now I have said enough. Is there anything else that you would like cleared up before I leave?

**Questioner:** Could you comment a bit about the value of being with people of like mind for comfort and protection?

**Samuel:** Oh, this is a foregone conclusion. There is power in numbers, and if two or more can concentrate on a subject that is common to all, it can be brought into manifestation sooner.

**Questioner:** Do you think it is too early to be thinking in these terms?

**Samuel:** It is never too early to work on something that you need or are going to need for a better life as long as it is not a selfish desire. Selfish desires can be manifested just as easily, but the problem is that they may backfire on you, to use your terminology. Make sure that what you are trying to accomplish is something that is good for all concerned, and that it will not harm or deprive anyone. That is the main thing.

**Questioner:** Thank you. Have we had our auras cleansed today?

**Joseph:** Yes, Joseph and Nathaniel have worked on all of you.

**Questioner:** Well, thank you. We need that kind of help, and we appreciate your coming to share your knowledge and love with us.

Joseph: It is my pleasure. Now as I leave you, my beloved ones, I extend to each of you my blessings, my peace, and my love. May your consciousness grow stronger day-by-day, and may you improve your power of thought and concentration day-by-day, so that you might find peace and joy in all that you do.

Peace, beloved ones, peace. \$