



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**April 4, 1984**

**Nathaniel:** Greetings to you, my children. I am Nathaniel.

I have not spoken with you for some time, so I decided to pay you a little visit. Now, I would like to comment a little upon the discussion you had about creating certain things through visualization and concentration.

There is nothing wrong in having an abundant supply to meet your needs, nor in having some left over for pleasure and doing good for others, nor in having some in reserve. There is nothing wrong with any of that. However, we must always be on guard lest we become a slave to material things, rather than master over them. There is no need for a great abundance of material possessions far greater than you could possibly use or need. You only need what will make you comfortable, and there is nothing wrong with that. We do not need great luxury, but we are entitled to comfort and to enjoy the good things of life. However, as we have stated many times before, everything must be done in moderation, no matter what it may be.

The same rule applies to the opposite extreme. There are those people who, like the Fakirs of India, deprive themselves of everything. Some of these even go around in sackcloth because they believe that they must not have anything. They become filthy because they do not bathe, for they think that by doing this they are pleasing God. You always have the extremes in either direction, but the wise man chooses the middle of the road and develops his ability to create what he needs.

We encourage you to develop these abilities of concentration and visualization so that you can improve the functioning of your mind and, thereby, learn to control your own environment. You do not have to be a Master Mind to accomplish this. If you would develop a very small percentage of your abilities in these areas, you could control your own environment.

This is not a great accomplishment in mental development. Those who have really progressed a long way in their development are out there creating planets, solar systems, and so forth, and carrying out the will of Universal Consciousness. They are the ones who truly know the will of God, as you put it. But you do

not have to reach this state in order to control your own environment. There are those among your people who are doing this every day. These laws are like the rains that fall upon the just and the unjust.

There are those individuals who are creating and controlling their environment solely for selfish purposes and eventually, the law will react and they will pay the penalty. So in your creations, be sure that your purpose is just and that there are no selfish motives behind your creations. Be sure that you are not creating them in order to impress your fellow man, or to rise to positions of importance so that you might satisfy your desire for power.

Here again, we have the same theme. There is no objection to rising to positions of importance and power if you are doing it for a just reason, such as using that power to benefit and advance the evolution of mankind. What is your purpose? That is the key word.

So be sure when you ask for something and are doing your creating, that it is going to be something that will improve your situation so that you can better serve your fellow man, and so that you can be of assistance in advancing the evolution of at least some of your fellow men. There are many ways that you can serve that will be beneficial to others, that will cause them to take a new look at life and perhaps, take a different path than they have been following. This may be a turning point in their process of evolution.

Now I know that at your level of evolution, you may find it difficult to be sure that what you are creating will be good for you. This can only be determined by your own inner feelings when you are meditating on the subject. Ask to be shown whether this is right for you, and if you ask, you are bound to get a response one way or the other. Develop your own intuitive nature and you will know by that inner feeling, whether it is right or not. These feelings are the answers that you need to look for, to recognize, and to follow.

Too often, these answers come and they are not recognized because we are too busy with other things and do not get still long enough to listen. The answers do not always come in the silence, but they are created out of the silence. They may come at another time when you least expect it. You will know and you will

know that you know. You have all had this type of experience, so you know that it can and does happen.

Often, we allow the lower self to talk us out of these answers when they come. We must learn to suppress and master this lower nature, so that it cannot discourage us or talk us out of what we know is truth. You often do this without realizing it. You allow this lower mind to discourage you and to tell you that it cannot be, or it is against all commonsense, etc. This is the nature of the animal mind, but we must train it to think otherwise, and raise it up to the level of consciousness of the higher self.

You can do this, beloved ones. You can do all of the things that we have talked about, if you are willing to put forth the effort. If you are willing to take the time from your very busy lives to do this, you will find that your life is not as busy as you thought it was.

Think upon these things, beloved ones. Think upon them seriously and make your decision. Are you going to move forward or backward? Nothing stands still for very long. Sometimes we may hit a short plateau, but it is not written in the law that anything can remain static.

Beloved ones, you have the desire and the knowledge to move forward. I am sure that all of you want to move forward, so put forth the effort, make the decision, be determined that you will succeed, and your progress may surprise you.

I leave you, beloved ones, by extending to each of you my blessings, my understanding and my love. May the blessings of all the Great ones be bestowed upon you. May you find peace and joy such as you have never known. Go in peace, beloved ones, go in peace. ☸