



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Joseph: Greetings to you, my beloved, I am Joseph.

Today I am going to answer some of your questions. I ask that you confine them to the subjects that you have been studying, or at least related to that. We will try to keep this within certain limits of time. So, if one of you have a question that you would like to start with, I will see what I can do.

Questioner: Is sex prohibited on the Probationary Path?

Joseph: You are aware, of course, of the position the occultist takes concerning sex. If not, I will repeat it. We feel that sexual energies should be used for procreation only and should be well controlled. We realize that this is a tremendous drive, a tremendous energy, and that this energy must be properly used and directed. If this is done this life-giving energy can become very beneficial to the individual. But this is something that must be learned and we do not recommend trying to do this until you have reached a certain point on the Path.

Now, as to the Probationary Path: we consider that one is on the Probationary Path when he has made the decision to follow the Path to grow and to learn. This normally is about a seven year period. If the pupil is successful in his endeavor, at the end of seven years, he will receive a Teacher. If he is not, successful he will not.

Now, in relation to sex: for one who is on the Probationary Path it would depend some on the individual as to the requirements that were put forth. It would not be objectionable if he were married and wished to use this for procreation purposes, to allow another soul to incarnate. But to use it otherwise, it would be.

Questioner: If one had been on the Path for two or three years, then made mistake, would he have to start from the beginning again? It's hard not to make mistakes during those seven years.

Joseph: My dear, everyone makes mistakes. The fact that you make a mistake upon the Path does not necessarily set you back. It is what you do with that error that counts. If you err and learn and benefit from

that error, then this is not in any way objectionable. The main thing upon the Probationary Path is that you are sincere, and that you are putting forth every possible effort to grow and to evolve. You understand that you are on your own primarily. Upon the Path, you do receive some guidance and help, depending upon your own efforts. If one, on the Path, continues to err constantly, foolishly, because he is not doing his homework, then that is a different matter. But the decision to walk the Path can only be made by you, and when you have made that decision, and if you are sincere in your efforts and work diligently at it, the Masters will be aware of you.

Questioner: During that approximate seven years, is service to others a large part of what you must do, along with your own self-improvement?

Joseph: The Path to the Kingdom is a path of service from the beginning. Always be aware of opportunities to serve your fellow man, to extend a helping hand to those who are struggling below you. Be aware of opportunities to improve the evolution of man, to help to move it forward. Every time you help another to gain on his path, you have forwarded the evolution of mankind. The occultist's path has always been a path of service and will ever be.

Questioner: I think that we all understand what a terrible emotion anger is. But over and over again we determine not to be angry. Is there anything we can do to prepare ourselves, so that in that moment when we have a choice we'll be more able to control ourselves?

Joseph: Most anger results out of fear. We fear that someone is doing us wrong, or someone is criticizing us, or whatever it might be. But to avoid being angry one of the first steps one must take is to become selfless. Most anger occurs in self-defense. We feel that we have to defend ourselves against something that someone has done or said. When we get ourselves out of the way and look objectively at what has taken place, we find that there is no need for anger. Also before we allow ourselves to let that emotion surface, we should just stop and think before we speak. Words of anger are usually expressed without much thought, and if you take time to think, the emotion begins to settle back and we find no reason to respond.

Also we should realize the results of anger and what it does to us. It poisons the body, it causes unhappiness. We feel bad for quite some time after we have allowed ourselves to become angry. So we are doing more damage to ourselves than we are to the other person with whom we are angry. By realizing all of these things and putting them to use, we will find ourselves becoming less and less angry.

Questioner: Then it comes down to the strength of the resolve? We should think before we speak, before we allow ourselves to get out of control.

Joseph: That is right, and realizing that it is so detrimental to us. When we become angry we attune ourselves to the red vibration, and we begin to draw the anger of the world to us. The more angry we become, the more anger we draw to us, the more damage we do to ourselves. That is why some people, when they become a little bit angry then start to think about it and talk about it continually, go more and more into the red range. They become more and more angry and rave and rant and do all kinds of negative things. You know murder is often a result of anger. It depends on what degree of anger you allow yourself to get in to.

Questioner: It makes me think that I should stop at the point of recognizing a grievance.

Joseph: Yes, you should. If you think that anyone is doing you wrong, you should stop and look at what you're doing to have caused that emotion in that other person. We attract these things, and if we give out anger we are going to draw anger to us. If we give out love, we will get love in return. It's the law of attraction and repulsion.

Questioner: Would it be well to visualize blue and silently say, "peace"?

Joseph: Yes, anything like that can help you to suppress that emotion. In responding to anger in another person you can suppress that anger in that person more quickly by extending love to them, rather than by visualizing blue energy, because love begets love and anger begets anger. If you respond in anger, the other person responds more angrily until it becomes a very, very undesirable situation.

Questioner: Will you give a little dissertation on selflessness?

Joseph: It is not wrong to desire something for yourself, to have something for yourself. We mean by selflessness to not make ourselves important. When we perform a service for someone we do not perform that service expecting any return, or to be honored for that service. We do it out of our hearts because we want to do it, and we expect nothing in return. Selflessness is expecting nothing in return for that which you give. This can be applied to the mental, the physical, or what have you.

This is not to say that you cannot want something for yourself but you do not desire self-recognition. You never do anything for the purpose of being honored or recognized. You do it because you want to give a service, and give out of the love in your heart.

The Great Ones are giving, giving, giving forth all the time to mankind. They are the Silent Brotherhood. They are called the Silent Brotherhood because they give forth silently, never trying to put themselves out front, or to be recognized, or even to be known. Their work is done in secret as they have never required recognition for self.

Questioner: Will you comment on the Richard and Isabella Ingalese books for our out of town friends who are studying with us?

Joseph: They will receive the most help by studying these things, these laws, and by putting them into use. These books are basic Truths. They do not reveal any great occult secrets because they were not given for that purpose. They were and are given for new occult students who are trying to learn the basic laws, trying to put them into motion and get themselves onto the Path. And as they grow and improve themselves and evolve to higher states of consciousness, eventually they will be given greater Truths.

As we mentioned here before, if one decides to trod the Path, and sincerely treads the Path of Probation, he can, in seven years, receive a Teacher. That is not to say that all of them who think that they have entered upon the Path, have entered upon the Path. Also that is not to say that all of them will have advanced to a point in seven years where they can receive a Teacher. But seven years is the minimum.

Questioner: Will you comment on the phrase, "to receive a Teacher"?

Joseph: When you are ready and have made certain accomplishments and have evolved to a certain point, you will receive a Teacher. The Teacher will be here in a physical vehicle, also. He or she may be a chela, and the chances are that it probably will be a chela, one who is an advanced student. At that point you will not get a Master as a Teacher.

Now, my friends, I have stayed my time. As I leave I extend to each of you my most sincere love and my blessings.

I call forth the love and the blessings of the Great Ones to surround each of you.

May you find peace within yourself. Search for this peace, ask that you might find it. Until you find this peace within yourself you'll never truly be happy. Without this you can only be negative happy and you want to be positive happy.

Go in peace, my friends. Peace, peace, peace. ☸