



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Questioner: When I am visualizing colors, should I be able to see them or am I just imagining the colors?

Zalhem: It does not matter as long as they become clear to you. As you visualize the colors, you find them becoming more clear and you will have more and more control over them. At first the color will come and go and fade from one to another. All of these things are part of the process of development. The more that you try to do this, the more you practice the more control you will have. The object is to be able to control what you see, to be able to visualize and see what you want to see. Color is a good thing to practice on but eventually you will be able to produce a clear picture of whatever you want. If you are trying to visualize something that you are trying to manifest, you would create a clear mental picture of that. The clearer that picture is and the longer you can hold it, up to a certain point, the faster it will manifest because it is impressing this upon Universal Mind more clearly and indelibly than a weaker picture would. This practice is not done with the third eye, but instead is done in the mind. Anything that you can produce in your mind clearly, is developing your concentration and your visualization. When you perfect the picture that you are working on, then go on to something that is harder.

Questioner: Would I start sending these colors to others, or would I keep the colors for my own benefit?

Zalhem: Yes, you can send this to others, but mostly you are doing this for yourself to develop your mind, your mind power. Our mind has unlimited power to create. It is through the visualization and the concentration that the creation takes place. Anything that is visualized must eventually manifest; if it is clearly and rightly done. By this I do not mean that a flighty vision is going to manifest. If we have a need for something in our lives and we wish to manifest it, then we would start to visualize it and concentrating on it as often as we can. The more that we can concentrate on it, and the clearer the picture that we can get, the faster it will manifest. This is why, of course, that a Master Mind can create almost instantly. They have such mental power that they can make such a clear strong picture that it is drawn to them very rapidly. So it is a matter of developing. It really does not matter what we

visualize. We do not want to visualize something that we do not want, or something that we do not want to happen to us. Always keep this on the positive side. If we are practicing color visualization, then we can do this in whatever manner might be the easiest for us. If you are using one method and you can do it very easily, then go to something else. This is exercising your mind power.

Questioner: It is difficult for me to visualize certain things, such as safety or security. Should I take a symbol of this and visualize the symbol?

Zalhem: Yes, start off with something easy or simple to start with, then often something will come to you that gives you pleasure to visualize, and yet it does not mean anything significant. Anything that you can visualize and concentrate on increases that mind power. As you continue to practice, it gets easier and the mind grows stronger, and then you can visualize greater things and more difficult things. Don't stay on the easy thing forever. When you have mastered that, move on to something more difficult. By doing this, you are straining the mind a little more and causing it to get stronger. The mind behaves like a muscle; when you have gone through the minor exercise, then you increase them, and the muscle gets stronger and stronger. It is the same thing with the mind. The power of the mind is limitless. Whole galaxies are created by mind. Everything in the Universe was once a picture in the mind, somewhere.

Questioner: What are some of the properties of the purple vibration?

Zalhem: It is part of the blue range. Each color has many shades and as you move up the octaves on the scale, the vibrations get higher on that particular shade until it then goes off onto a higher range, which causes another color. The color is only indicated by the vibration. Vibration is color. It is a beneficial color. It has some healing effect on certain things. It is effective in the mental field. It helps to strengthen the mental capacity. It is an offshoot of the blue, and therefore has some of the qualities of the blue which is a protective vibration. It helps to ward off negativity. The higher blue vibration is more effective for protection than is the purple, but it still has it's effect.

Questioner: Have you been given a new assignment?

Zalhem: Yes, I have been in the process of change for several months. I have worked with the ego that is taking my place in my present job, and he has now taken that over, and I am still, in somewhat of a training stage for my new work.

Questioner: We are pleased that it still includes us.

Zalhem: It will not interfere with our relationship. We still have the Circle R responsibilities.

Questioner: Can you tell us the length of time normally spent in the astral in between incarnations?

Zalhem: The time will vary with different people depending upon their evolution. Some incarnate sooner at certain times than at other times. Usually the least evolved, the faster they (an ego) will incarnate. The animals will vary, according to their state of consciousness and the type of animal they are expressing in. In that field you could say that the time between incarnations would be about the same as the time during incarnations. For instance, a dog would incarnate sooner than would an elephant or a horse, because their life span is longer. By and large, unevolved egos would incarnate at least every hundred years. As they become more and more evolved, the time between incarnations would become longer. That would be because they would be more apt to evolve in the subjective plane more than would an unevolved, or a lesser-evolved ego. The less an ego is evolved, the more his or her evolution takes place upon the physical plane. Time in the subjective plane is much different than in the objective plane, time passes much faster. One hundred years in the subjective plane would seem like perhaps five years here. A lot of that is due to your comprehension or calculation of time here, which is based upon the movement of the earth in its rotation around the sun.

Now, I would like to extend to each of you my most sincere love and my blessings, and to invoke the blessings of the Great Ones upon each of you. Go forth, my children, with joy in your hearts, with love in your hearts and peace in your minds. Peace, beloved ones, peace.

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(Golden goblet ceremony.)

Clyde: Nathaniel and Samuel are here, chanting and making symbols before the goblets. Now the light is beginning to build, surrounding and enveloping the goblets. Your Wiccanors are also assisting. They are all dressed in their ceremonial robes of purple and gold.

Zalhem: Greetings to you, my children, I am Zalhem.

Now we have charged your goblets and the fluid within them with the green, blue, purple and gold vibrations. If you were to view them at this moment with the eye of Spirit, you would see the colored glow about them. The

only thing that would come close to describing it is what you see in the rainbow, only it would look somewhat different in that the vibrations are moving and intertwining with each other.

Questioner: How long would these colors remain visible to the eye of Spirit?

Zalhem: For a very long time. They will last indefinitely unless they are exposed to a severe amount of negativity which would dissipate them somewhat.

Questioner: Do you mean negativity from people or the environment around them?

Zalhem: Negative vibrations about them created by the individuals about them, would tend to weaken them somewhat, and if they were severe enough, it would dissipate them. But it would require a very severe attack of negativity.

It would be good to drink water or juice night and morning. However, there is nothing purer than pure water and water will do just as well as juices. If liquid is placed in the goblet for a short period of time, a few moments, it will pick up the vibrations. Do not leave liquids in the goblets for several hours.

Your own mental attitude is very important. It would be beneficial to have an attitude of reverence and gratitude which builds up more positive energy and your benefits will be greater. Or as you say, "bless it," and resolve again to develop in your innermost being the characteristic words used in the original ceremonies.

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(The Toasts.)

Zalhem: Now if you would like to take your cups while they are new and fully charged with the liquid, perhaps one of you would like to propose a toast, as you call it.

Questioner: I would like to. I would like to thank you for the honor and the love that you have given us. It is beyond our ability to express our appreciation. We do thank you. We hope that we will be able to demonstrate and live the laws that you have taught us so diligently, so patiently, with so much love and understanding. We thank you and bless you. Our hearts are filled with gratitude and love. We salute you.

Zalhem: Thank you, it is my pleasure and the pleasure of all those of Circle R, to have had the opportunity to serve you through the years, and we hope that our efforts have been fruitful and satisfying to all those who have participated.

And now, may each of you as you quaff from these cups, come into a realization of the importance of the symbols or words that we used in the original ceremonies, for each of these, (such as love, brotherly love, hope, charity, etc.), have great importance in the development of man. They are characteristics that we

need to develop that they might become a part of our being, a true expression that comes forth from our being at all times.

And may each of you in your search for Truth and Knowledge, make great progress in the very near future. May each of you come into a true realization of what and who you are, of your potentialities. May your realize the importance of your own development, for it is only through your own development that you can better serve your Creators.

Realize that you are an important part, created out of Universal Consciousness, and that it is your duty and your obligation to do your part in furthering the evolution of Universal Consciousness and mankind. Let us drink to that ... May the Great Ones impress you deeply of the importance of your being and your responsibilities.

And so it is.

Now, I would like to extend to each of you my most sincere love and blessings, and invoke the blessings of the Great Ones upon each of you.

Go forth, my children, with joy and love in your hearts, and with peace in your mind.

Peace, beloved ones, peace. ☸