



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**November 14, 1986**

**Joseph:** Greetings to you my children, I am Joseph.

It is my pleasure to have the opportunity to spend this time with you again. Is there anything that you would like to discuss?

**Questioner:** Would you please talk to us about life and what it is like on other realms, such as the astral realm around our planet.

**Joseph:** It is difficult to give you a detailed description of what it is going to be like when you get over there. It depends a lot on the individual, the consciousness of the individual, as to what they will experience. There is a wide variation. That is why so many of the writings, from communications with those over there, who describe their particular experiences, are so varied. They often seem contradictory. This is not really true. In other words they are seeing through a 'knothole in the fence', and when you peak through the knothole, you are limited as to what you see. This is the explanation as to why experiences are different with different individuals. They are seeing a very small percentage of the whole. The individual's experiences will be according to the individual's evolution, their evolvment. The evolvment of the individual will determine what their experiences will be.

There are several planes or levels of vibration, and your state of consciousness will determine what plane you will end up on. Everyone goes to the same plane to begin with, but from there, after a short time, they go to whatever plane suits their vibrations or their state of evolution. Everyone will be attracted or drawn to whatever plane of vibration that they belong in, either up or down.

**Questioner:** In this vibration, it seems that we are brought together with people of like minds. Is this true in the astral plane?

**Joseph:** Not necessarily. We are drawn together with people of like vibrations, you could say like minds, but not necessarily the same people that you were drawn to here. Often people on your plane who are closely related in family type relations are not of the same vibration. The evolvment of one may be considerably

ahead of the other person. So they are not going to be on the same level or plane in the astral.

**Questioner:** Will someone who makes the transition to the astral miss the friends and family that are still in this vibration?

**Joseph:** Not necessarily. No. You must remember that you have lived many lifetimes here. You have had many associations, You have dwelt with, have associated with and loved many, different ones. There are certain ties. Each individual is an individual and progresses at his own rate. Your feelings on the astral will not be the same as they are in this vibration because the physical emotions are not as predominate. They can be.

For instance, there are those who have not learned in any way to control their emotions, who are possessive and so forth, and when they get over there, they have a tendency to hang onto their attachments here. For instance, a person might be very attached to a relative and might be very possessive of that person here on earth. When they go in to the astral they may feel the same way because they have not evolved enough to overcome this type of thing. They will find themselves doing the same type of thing over there, although it is an imaginary thing.

**Questioner:** With the same person?

**Joseph:** Yes. For example, a mother is very attached to her son. She has been very possessive of this son. She is all wrapped up in her son. If she is not evolved enough to understand this situation and the importance of release, she will set up a situation in the astral similar to what she had on earth. In her mind, she is living this same thing. There is an example of this in the book "Dweller on two planets."

It is the same with people who have a burning desire to have done something in their life that they did not get to do. That desire will carry over, (*into the astral*) and they will find themselves doing it over there. It could be anything.

Eventually this state will pass for most people. For some, depending upon how severe it is with them, it goes on until they are ready to incarnate again. It sort of fades out and they find themselves back here again.

They of course have forgotten all of that. It is blanked out. It is possible for some strong desires to be carried into the next life.

Those who have gone on to higher planes, who are more evolved, will not have that problem because they know better. They have learned that lesson. We must learn not to be possessive but to allow each individual his or her own freedom.

For instance, a mother who cannot let her children go out and express on their own, is not being fair to that child. This is something that has to be learned by everyone. This child is just not your child, it is God's child and was created free. Free to express. Guidance yes, but possessiveness no. The same applies to material possessions also. One who is obsessed with owning material possessions can carry that over into the astral plane.

**Questioner:** How would that person satisfy their obsession with material items in the astral?

**Joseph:** This person would go about collecting all kinds of things.

**Questioner:** Imaginary things?

**Joseph:** It is all imaginary, yes. It is in the mind, but everything is in the mind. It is in the mind here. For you, here, it materializes on a different plane, a different vibration. In the astral it materializes also, but on a different plane of vibration. It is just as real to them as your material items are to you in this vibration.

**Questioner:** Will the feelings (*emotions*) that we have for people that we are close to, change when we are on the other side (*astral*)?

**Joseph:** You see emotion is something that has to be controlled and often on a physical plane people become so emotionally involved with others, it could be anyone, that they cannot let go and give them that freedom that they need. On the other plane this could change. One could have an emotional tie with another person, but if they understood the truth of this situation, this would not bother them on the other plane. They would be able to adjust to that. Karma can also enter into this a great deal. Certain people are drawn together because of their karma. When these people come back into the physical they incarnate into certain families, into certain relationships with other people in order to work out a karmic debt.

**Questioner:** Who arranges this type of thing?

**Joseph:** The Lords of Karma, and those who are in charge of that type of thing. There are many who work on that. Throughout space, there are more egos who are involved in all of these different phases of the evolution of man. than you can imagine

**Questioner:** Would you comment on the thoughts that some people have concerning the avoidance of karmic

debt, by either doing something positive, or as we have heard some people say "by working through it."

**Joseph:** You can ease your karma by dealing with it properly, in a positive loving manner. One must be careful not to create more negative karma. The problem so often is, that people in paying their karma create more negative karma by not dealing with it in a positive way. This is why we have to develop the love nature. To be able to deal with all situations with unconditional love. If we find ourselves in a position where we are dealing with other individuals and it does not seem to be working out, and it might seem that we are being mistreated, or something of that kind, we have to meet that situation with love.

We have to learn to let that Christ Spirit, that Love Spirit, come through and deal with all situations in that manner, by seeing the Christ Love in the other individual. Rather than becoming upset and allowing ourselves to become negative, we have to learn to deal with the situation in love. Put it in the hands of the Father within. Know that the Christ Love within you will attune itself with the Christ Love in the other individual.

All situations, in reality, are solved through love, and that part of you, the love nature, needs to be developed and let come forth. So you see all situations can be solved in a positive manner if we use the right methods. It takes two to make an argument or a fight, as you call it. We do not allow ourselves to become a part of that. We do not have to buckle under to people, to be trodden upon, but we can alleviate those situations through love rather than anger. Anger has never solved any problem.

**Questioner:** Do you have any advice on how we can solve some of the problems that we are faced with?

**Joseph:** Do not think negative thoughts. Think positive thoughts. Keep a loving attitude towards everyone and everything. Instead of contemplating upon your problems and troubles all of the time, contemplate on something pleasant. Turn some of your problems over to God, that God within you, within each one of us. Release your problems to the Father within. Declare your freedom, have faith and know that he has those answers. Listen for those answers. There is no problem on the face of this Earth, that is not solvable, if you do it in the right way. If you take the correct approach. The answers are all there, right within you. Attune yourself to that and the answers will come. That is the best advice that I can give anyone.

Ponder this well and apply it. Nothing works if you do not apply it. You can have all the knowledge in the world and if you do not apply it, it is not going to help you any.

Now I must leave. As I leave I extend to each of you my love, my blessings, my joy and my peace.

May you go ever onward and upward in your evolution.  
May you reach that point where all is clear and you  
realize your oneness with your Maker.

Go in Peace beloved ones. Peace, Peace, Peace. ☸