

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: My greetings to you, my children, I am Zalhem.

Since you have had considerable discussion concerning the civilizations of your planet, I thought perhaps I might make a few comments concerning this.

It is difficult for those in the three dimensional, chemical world, to think in terms of more than a few hundred or a few thousand years. And I know that there have been references made many times concerning man's existence upon planet Earth, the length of time that he has been here upon this planet. Usually references are made that refer to time as it has been established by the records and the findings of your archeologists.

In their findings they have never been able to establish definite records on some of the older civilizations. That is to say they have not been able to prove them, and there are many schools of thought among these researchers as to the time that man has existed upon your planet. Findings that they have come upon have indicated to them that civilizations such as Atlantis, Lemuria and Mu, did at one time exist upon your planet. Beyond that they have not, to my knowledge, been able to establish any proof of other civilizations.

These, in my calculations, have been fairly recent civilizations upon your planet. But the historical records as they are, make it rather difficult to trace any provable records more than a few thousand years. So they have set some figures as to when they believe that these civilizations existed. These figures were set in years and then often these figures have been changed when they have found other proofs that they feel, according to their abilities to determine this, have changed their calculations and figures.

Now in my own calculations and research concerning this matter, and these are strictly my own findings and none other, I would estimate that man has been upon planet Earth approximately one billion years. Now there have been civilizations that have come and gone of which you will have no records of, or any proof, or any remains, because too many times the earth has changed and they are buried so deeply that they will never be found. They have gone into the dust of the earth and are no more.

So there is no proof of these civilizations. The living proof only lasts a few thousand years. It is very difficult for your science to bring definite proof of anything of perhaps more than fifty to a hundred thousand years and I doubt much if that proof could stand scrutiny. But nevertheless there are some of the cosmic records that still exist which indicate that man has existed off and on for much, much greater periods than man has any indication of.

To my knowledge your people have not even been aware of the civilization of Mu which existed a half-million years ago. Its destruction came then by a great earthquake which destroyed millions or killed millions of people and drove millions more out of the Himalaya area. And at the same time that area was hit by one of the, or perhaps the greatest, snowstorm in history. Even to this day in that area great blizzards occur almost daily. The Chinese and the East Indians are part of that civilization. Those that were driven out or were able to escape with their lives. They do not know this in their present state of awareness. Yet this is the reason that the Chinese look upon the Himalayas as a holy area, but in the dim, long past they have lost the reason for this.

Also time calculations have changed many times through the thousands and thousands of years. The solar system and the earth and all of the other planets have gone through many changes because all existence is in a state of constant change. And at certain times great changes came about very suddenly, so it is difficult to pin down many of these things to exact figures that would fit into your time frame. But it matters little when we are speaking in terms of millions of years. Time varies according to consciousness, too.

I would also like to say that we have in our dissertations over the years, covered many subjects. We have talked about many things. None of the things that we have talked about have been complete. Most any subject that you could choose would require volumes to cover. It is not our intention to cover all of these subjects in detail. Our intention is to give you enough so that if you are seeking and are anxious to know, you will start to think on your own and you will start to search within. We only try to spur you on that you might search out for yourself.

The fact that we say something, or give our opinion on something. or share our knowledge with you, does not make this so to you. And that is the way it should be. Do not accept a thing as true because someone has said so, or because someone has written it as truth in a book. You must determine for yourself whether a thing be true or false. Your truth will depend upon your consciousness as you can only conceive that which you are conscious of.

So, my friends, do not accept what we say as a final word, but use your own minds to determine whether it be truth to you or not. We do not expect everyone to accept everything we say as truth, and never are offended when they do not.

All men will never agree on all subjects, this would be an impossible situation, because no two people are in the same state of consciousness. It is only through expanding our consciousness that we can conceive of greater things, that we can conceive of greater heights.

Now, my friends, I have taken too much of your time. I leave you by extending to you my most sincere love and blessings.

I call upon all of the Great Ones to pour forth their blessings upon you. May the road grow ever smoother for you.

Go in peace, my friends, go in peace and love. Peace, peace, peace. \$