



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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June 16, 1960

Anthon: Blessings to thee, my friends.

What seek ye most, beloved ones, what seek ye most in life? Would you be so kind as to answer this for me?

Questioner: We seek more understanding of life in all realms, that we may better serve the creator and our fellow man.

Anthon: Have you ever considered your own individuality in this vast sea of life? Have you ever attempted to analyze the size and importance of the lone individual? When you view it among the whole, it becomes almost nothing, is this not so? How many, I wonder, among your Earth people, realize the nothingness of their own individuality? This is important, my friends, very important, for until one comes into this realization, he will not be able to master his own ego.

You see many things happening about you today. Yes, you see them falling on your right and on your left, because they have not realized the nothingness of their own individuality. They have allowed their own ego to master them; they wish to be known as authorities. The downfall of many individuals is brought about through this very thing called ego. It seems that Earth people will go to great lengths, to great extremes, to save face, so to speak. He cannot face the fact that he may have been wrong, I say to you, my dear friends, you see this happening all about you. Recognize these things for what they are and profit by them. See that this does not happen to thee. You, my beloved friends, have been given many opportunities by which to learn these things; many experiences have passed your way for you to observe, analyze and grow by.

Do not let them slip by without profiting, without growing, without being a better individual for them,

Many of us who have been interested in those of you who have gathered here, have watched, have prayed for your growth. We have aided you wherever possible without invading your own rights and privileges. Our love is deep for all of thee, yet we know that each of you must grow by your experiences, that we cannot experience for you—we can only help in our way to protect you and in our way drop certain hints and

suggestions to you. But you, beloved ones, must make the choice, must have the experience and must either learn or fail to learn from it.

But I say in all sincerity, guard against the influences of ego. If it becomes necessary to lose a little face, do it in love and humility, and you will be rewarded, for this seems to be the most difficult thing for Earth people to face. So let us rise above these things, let us place our faith in the highest, knowing full well that no one can bring harm to us in any way, if our ideals are above reproach. Turning the other cheek is not an easy thing to do in your level of understanding, but it is not as difficult as it seems, not nearly as difficult as it seems.

There is a great amount of light to be shed upon the people of Earth, but it is not possible to shed this light unless you have it, and when you have it, there is no question about it, for it will be recognized by all. You will not need to impress anyone that you have the light, for it will be very evident in your own life. For those who have it, it shines so brightly that it is not doubted by any. Our own lives will reveal the amount of light that we carry, so we need not impress anyone. These are things, my friends, that we believe are well to bear in mind at all times, and these are the things that you, as teachers, should impress upon the seekers. "I of myself can do nothing, but the father within me doeth the works."

So be it, beloved friends. My love and my blessings go with you.

I am Anthon. ✿