

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## November 26, 1974

**Yaum:** Good evening to you, my friends. It is my pleasure to come among you. I wish to extend my special greetings to our new guests here tonight and extend to them my love.

Now my friends, if there are some special things that you should like to talk about I shall be happy to share my understanding with you. This does not mean that you have to accept what I say as the truth. I can only share my understanding with you and you must draw your own conclusions. Our time, perhaps, will have to be rather brief tonight since the hour is late.

**Questioner:** A lot of people have asked me if there is any way that we can help the young people to find a goal for their life. Could you comment on this?

Yaum: I believe that most of your young people today have been so confused by their elders that it is difficult for them to find the proper goals. On the other hand many of your young people today are much wiser than some of their elders give them credit for. They have observed the world around them and they do not like what they see. Many of them have tried to find an escape, you see.

The best way that you can help anyone is by living the example. If you see someone who is happy, joyous, successful, and really enjoying life, you want to know what this person has, do you not? This is your best method of trying to convince your young people that they have something greater to attain. It is difficult for them to see a desirable future when they observe their world around them. So what they need is more people to be examples for them, and it is difficult to find very many people of this type.

So, what we would like to see, those of us who are working for the betterment of your civilization, is more people living what they know to be right, instead of giving lip service to it and not living up to it, you see. I do not know of a better answer to give you, than to become one of those, to let your light so shine that they will want to follow in your footsteps, to have what you have. They are not looking for great material gains. They want peace of mind, spiritual understanding, and to live a happy life.

Questioner: We have been meditating at our house on Tuesday nights for about a year and half now, and it has always been my wish that we would develop a contact with the Space Brothers. I was wondering if you know of our meditation group, and if you know if this should be or not?

Yaum: I am not familiar with your particular group, but may I ask why you want a space contact? What is your purpose, your desire?

Questioner: I feel that some experiences that we have had since we started meditating at our house, and the truths that were being taught through an instrument, did draw people into a search for spiritual truths that might not have come to this any other way. Also I'm sure there are some with mixed motivations, too.

Yaum: Too often you will find something of this type will draw to you many curiosity seekers. This is one thing that you have to guard against so that your group does not become entirely dependent upon something of this type, and does not develop into a phenomena seeking group, you see. If you seek phenomena this is what you will get. If you are truly searching for spiritual truth and understanding, when the pupil is ready the teacher will appear.

Now, this teacher may not be a spaceman, as you call him, but what difference does it make, if the teacher appears. Sometimes in attempting to draw a certain kind of teacher, you may go amiss. So, I would suggest that you work sincerely, and that you gather about you in your group, people who are truly seeking spiritual understanding. This is what you should keep uppermost as your purpose, and at the right time a teacher will come to you when he is needed. Whether he will be a space teacher, a teacher in the physical, or an etheric teacher, it does not matter as long as you get the truths that you are seeking.

So I would just seek the truth. If you knock, the door will be opened. If you ask, you will receive. As long as you keep it upon that plane, what you will receive will be what you need, what will do you the most good, give you the greatest opportunity to grow. It is as simple as that.

**Questioner:** Thank you for those words. They largely answer my request to point the way. I have ten

grandchildren, and of them I am inordinately proud. They are developing so beautifully, but I often feel confused at my impotence in communicating with my contemporary adults. What you have just said has been helpful as a direction pointer for that. The young people seem much more open than the adults that I have difficulty communicating with.

Yaum: Yes, they are. The children that are coming along today, by and large, are advanced souls who have come in at a time when they are needed, when they can do the most good. Many of these young people today, who seemingly have gone astray, are going to be awakened to new truths and new understanding that will make them capable of being a great help in bringing about the new age, the new civilization.

Most of your civilization is going to be lost in this transfer, and the few that are left to establish this new age and its new concepts are going to have to be great souls. They are going to need great spiritual knowledge, good scientific knowledge, and be strong, for they are going to build a civilization upon the rock and not upon the sand, as this one has been built.

So be patient with these young ones. Try to give them good guidance, but do it in a manner in which they can accept it and understand. Give them love, patience, and they will develop. Did you have something further to ask, sir?

Questioner: I am concerned about the problem of communicating to adults. It seems inevitable in a large civilization that there are many loyalties involved. Now, loyalty seems a very useful virtue, but many of our misdirected loyalties have to be abandoned, which seems a very negative thing. This troubles me sometimes, and I am also troubled about my own negative tendency to criticize my own contemporary neighbors.

Yaum: Well, of course, we do not have the right to judge others, and as you say, there are many misdirected loyalties. Loyalty is great when directed properly, and if you are loyal to the right concepts and actions, but to be loyal to something that is evil is not right. There is much of this, so as far as trying to communicate with others in trying to give them concepts, you will find that this will be very difficult in most cases, because so many of your people have been sort of brainwashed. They have become so steeped in their beliefs and their customs, that it would be very difficult to try to change them, and in reality, we have no right to try to change somebody if they do not want to be changed. We cannot, in fact.

So, there Is not much use in wasting a great amount of effort on those who are of closed minds. They will grow in time, but some grow much more slowly than others. So put your efforts where they will do the most good. Those who are of at least partially open minds, who are

seeking and wanting to know something better and wanting help, are the ones that you can help. In other words, by casting your pearls before the swine you are only wasting them. You are wasting your efforts and your strength, whereas directed toward someone who is ready, you would be planting sends in fertile ground, not among the rocks.

**Questioner:** First of all, I want to thank you for coming here and being with us.

You have come a long way and I'd like to thank you for your time and energy and say that I'm very pleased and privileged to be here.

I have three questions, if you would care to answer them. The first concerns a friend of mine, whom I would like very much to help. The second concerns a proposed trip back to the Philippines at the end of January, to further investigate this phenomena of psychic surgery in which I have been involved.

This concerns a specific area with which this group is very familiar and that is the change of vibration. I would appreciate your comment as to whether this would be a prudent and practical trip for me to make. The third is a technical matter regarding the capacity of the individual to journey outside the body as you do. Would it be possible for someone like me to have assistance in learning to do this?

Yaum: First of all, I do not know of this friend of whom you speak. This is something that I would have to look into. Since I operate in the physical, I do not function as some of the etheric teachers do. Therefore, I am not familiar with things that they might be in specific areas, because I have been concentrating more upon a special work, you see. Now what did you have in mind for this friend?

Questioner: My friend has been, for all practical purposes, completely paralyzed for between five and six months. I have been meditating and praying in order to learn how I might be of help in restoring him to health. When I say that, I mean as a catalyst to provoke forces greater than I, which I believe can be done.

**Yaum:** Yes, I sense that you have been trying to use your healing power on him. I would continue this and get all the help you can from other healers. Do you anticipate taking him to the psychic healers of the Philippines?

Questioner: No, he is not capable of travel.

Yaum: Then I would work with all of the healers that I could find here, but I would try to find advanced healers. Here is something else you might consider. It is not always possible to bring about a healing with a person, for there may be other things such as karmic debts that enter in, which will not allow this to happen. But this should not keep you from trying. You should not say that this is a karmic thing and there is nothing

that we can do for him. You should continue trying to help him by using your own energy, and everyone has healing powers. Also, I would suggest that you call upon Spirit to help you, for there are many in the etheric realm who specialize in healing. There are also many advanced souls in the astral realm that are helping to do healing and they are looking for channels that they can work through. Now you can develop this, but I would also get other healers to work with me. If they cannot come to him, they can use absent healing. Everything is effective for this power is not limited in any way.

**Questioner:** I already have at least two groups working with him other than ourselves, a church in the Philippines, and two healers in Chicago. They are the only Americans I know of who can open the body. They are praying for him very religiously.

Yaum: It is not always necessary to open the body. Many of the healings take place with no opening of the body at all, as you have seen in many cases. I would have any type of healer whether he be the surgeon type or whatever. Sometimes one healer can be more successful than another as there is a greater blending of the souls, you see. So there are many aspects to this. I would continue to try. I do not know this special case, but regardless of that, the same principles would apply. Very often the karmic thing may enter in, and it may be necessary for him to experience this. It may be that he has a certain time before he can be healed, or his time to depart from his physical vehicle might be near. But at least I would pray and ask that what is for his highest good would come to him for this is the most important. Whatever he needs for his soul growth is what you really want him to have.

Is your trip to the Philippines mostly an investigative one?

**Questioner:** I have been there before, but this time I am going there with accredited healers. I will be working with them and among them. In that sense, it is investigative.

Yaum: This should be very good. This may be just what you need to increase your own healing power. I see you developing a great deal of healing power, I would work with it and follow it. I would work with any good healer that you can find to work with, and those are excellent healers over there. They are doing a great work.

There are many forms of healing that have been brought to the front in the past few years. This has been for a purpose, to acquaint people and to make them aware of what can actually be done. So I would follow it.

Now concerning your question on out-of-body travel. If you are really interested in doing this, then I would find a good teacher who knows what he is doing and who can guide you and instruct you. There are certain

dangers to this when you do not understand and know what you are doing. There are many books written upon your planet that advocate this sort of thing and tell you how to do it, but we do not feel that this is adequate for full safety. You might follow some of these instructions and do all right, but you have no one there to help you if you get into trouble. So it is wise to have a good teacher who knows what he is doing.

Questioner: Do you know of any?

Yaum: I do not know of any in this area. There may be but I do not know of them. As I say, I have not followed many of the things that have been going on in many areas and I would have to do a little research to find out. We have been very busy in our group, especially this last year, and have had very little time for outside things.

**Questioner:** Are you familiar with the "Kirlian" type of photography, and do you know how we can use it to help people more than we are at this time?

Yaum: Well, yes, I know about this. It is a process that is being used to photograph the energy around living things. If your camera that you are working with could take a picture of the full body under the conditions that you are using for small areas, you could find much more interesting results. But I think that this is doing a great deal to make people aware of the effect of their mind upon their body energies, and I think that when people understand this, they are going to try to live a better life and try to do away with more anger, hatred, et cetera, and try to develop more love and more positive thought, spending more thought in prayer and meditation. So this is doing a great deal. I don't know of any more that you could do other than to make people aware of it. That is what you are doing.

Now, my friends, I would like to extend to each of you my love and my blessings. I would like to express my gratitude for your welcoming me among you. If I have been of any service I am happy. I ask the blessings of all the Great Ones to be bestowed upon each of you this night, and may you go forth in peace. As you approach your coming festive season, may the Christchild be born again in the hearts of each of you.

Peace, peace, peace. \*