

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Mr. R.: Good evening to you, my friends, I am Mr. R.

Cycles come and cycles go. Life is a continual series of cycles. Cycles of experiences, cycles of growth, but know this, beloved ones, that each step is a step nearer to that perfection that all mankind is seeking. Bear in mind also that this spiral of evolution moves ever onward and upward. Where it ends we know not. In our travels of the universe we have discovered life in all cycles of evolution, but thus far we have not found the ultimate. But this we are sure of, that when one seeks in love and understanding, it grows ever more beautiful, step by step, for as you grow and are able to absorb more and more of this universal love. life takes on a newer and more inspiring love and understanding. We are here to give our service in love and understanding that we might grow and know a higher and more beautiful understanding.

As Man, through his evolution, reaches a better understanding of himself, he also reaches a higher understanding of creation and what it is all about. Life cannot be without meaning or without purpose, for were it to be so, there would be no need for life, for evolution. As we reach that higher understanding of our own being, we are able to conceive the a oneness that actually exists between all of us, for we are one. We are one in creation. Let us then try to bring into our being the realization of our a oneness. I in you and you in me. We are all Universal Mind, each expressing a fragment of this universal mind, each taking on his portion of individuality which goes to make up the whole. Functioning as you are at this time. I realize that it is difficult to get a clear picture of this existence. But as you go deeper within and reach that higher part of you, the I AM of you, as you come closer and closer with this part of yourself, this understanding shall come to you. And when you have reached this understanding many things will become clear.

I know that you grow impatient. You become impatient with us, because we are not able to bring to you this understanding, but were we to attempt to do so, we should bring about confusion. This simple fact has been brought to you many times. You can only receive as you are prepared to receive. Truths that are beyond your comprehension tend only to confuse you.

I assure you, beloved ones, we do not attempt to withhold, we only attempt to protect you. Patience is a virtue. Take what you have today, use it in love and understanding. Prove that which you know, and if you are sincere in your seeking, you shall receive it as rapidly as your capabilities permit. There are many, many things concerning life that we realize you must know, but we also realize the capabilities that you have. And do not think for one moment, my friends, that you are any different than we, for we face the same situation.

We may have a higher understanding, but we are only a step or two ahead of you, and we too must seek and learn, and we too have limitations and can receive only as we prepare ourselves.

Planet Earth is moving forward in its evolution at a rapid pace at this moment. The consciousness of Earth people is being raised at a greater pace than has occurred in many centuries, and soon she shall emerge with a new look and a new vibration. Her people will know a life such as has never been known upon this planet, and we who have volunteered to come here, rejoice that we are able to serve in this great event.

I leave you in love. My peace I give unto you.

Goodnight, beloved friends. 3