



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Oxal: Greetings in the light, my friends, I am Oxal of Arcturus.

You have met here tonight on the eve of the launching of a satellite that is to help Earth people in their spiritual awakening. It is true, my friends, that this is being done, as many other things are being done for planet Earth. The purpose of the device is to bring about a method of amplification of the efforts of those who are attempting sincerely to raise their spiritual consciousness or understanding. This will be effective to every effort made towards spiritual evolvement, providing sincerity and true effort is present. It is impossible for anyone to use this energy in any other manner. Any selfish motive in the minds of any individual attempting to gain benefit from this energy, will automatically cancel any benefit that might be derived. Also at this time, any love or light that is sent by you to the Masters shall also be increased to them, and they in turn can amplify it again and return it to the people of Earth.

I would strongly suggest that any of you seeking spiritual enlightenment might put forth extra efforts during these periods. I would suggest especially that you use to a degree some of the breathing exercises that are described in some of your written material. I do not feel that it is my prerogative at this time to go into this, for I think you have this information. By using this method you are able to draw within your being these energies and have the benefit that you would normally receive, greatly enhanced. So much for that.

Earth people are so greatly in need of help at this time. If they would only realize their need and accept the help that is offered them. People of Earth have a great deal to face in the very near future, and they shall need all of the help that is available to them. planet Earth, in order to avoid total destruction, must bring a new Brotherhood of Man. This can only be done if man will accept the laws of his creator and abide by them, and the greatest of these laws is that "Ye must love one another." For to hate another is to hate yourself. For you are part of the whole. All man, all mankind are one in creation.

It is time that Earth man realized his true existence. It is time that he stops living for himself and starts living for the whole. There is no other way, my friends, for any other way will go against the laws of your creator. Therefore man, to exist for long, must learn to love. You see, the great difficulty for Earth man is that he does not understand, he thinks of love as emotion, but true love, my friends, is understanding. Therefore we must learn to understand ourselves first of all. When we have learned to understand ourselves, then we begin to understand our brothers, and when we understand man as man is, then we begin to love.

Because we know man is what he is, because he is man, and we realize that man is only expressing to gain experience so that he might know truth, and when we have this understanding, we lose hate, greed, jealousy, resentment and all of the things that go to make up the conditions that are found upon planet Earth today. Beloved friends, we realize how much this has been repeated. But what else is there to say? Because before man can have anything of value spiritually, he must have understanding, and the first step in understanding is to know thyself. As you meditate upon this sincerely, you shall find many answers coming to you, many realizations or revelations as they are sometimes called by Earth people.

Much more help is awaiting Earth people if only they will make the effort to gain understanding. When Earth man has attained understanding, even to a shall degree, peace will reign on planet Earth. for with only a slight amount of understanding, Man will see the utter futility of war, or hate and greed. So, my dear friends, take advantage of every opportunity to raise your consciousness.

Encourage your friends to do likewise, for as you raise your consciousness, you have improved the race consciousness of planet Earth to a degree and this is the thing that will eventually turn the tide. The time is now. Time has run out for planet Earth. The prophecies are being fulfilled, therefore man of Earth has no choice. The only choice he has is whether he will go with his planet into the new age, or leave his planet for one that is of like vibration. For in the new age planet

Earth will have a new and higher vibration, and in order to live upon it spiritual understanding will be necessary.

And now, my friends, I must leave. I extend to you the love and the blessings of my people.

I am Oxal. ❄