



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**March 23, 1981**

**Zalhem:** Greetings to you, my children, I am Zalhem.

There has been much controversy among many of your people at this time concerning the origin of man and how he evolved upon your earth. There is much discussion in educational circles as to whether they should teach the Darwin theory or that given in your book of religious history. In my opinion, the average man has a great way to go yet in learning about how man has really developed to the point where he stands today. The Darwin theory has much validity as they have brought out some very scientific facts in the evolvement of physical man. But it is only a part truth. The story that is told in your religious histories is so vague, and some of it ridiculous, that a true thinker could not possibly accept this as a complete explanation of the creation of man.

I am not going to go into this in detail as it would take many hours of lecturing to bring about a clear picture of the true development, or evolvement of mankind upon planet Earth. If you are truly interested in learning to know and understand this, the truth will come to you when you are ready for it. It has been put in writings that are available. Since it would require many hours of lecturing to cover the subject completely, as it would with other subjects, also, we feel, therefore, that when you are ready and interested enough, this information will be made available to you. This is also true in other areas.

Not all writers in the occult field cover such subjects. Most of them in their writings prefer to stick to basic subjects, subjects that have to do with the evolvement of man and where he stands today. But man is fast reaching the point where many of these truths will be necessary for him to know in order to understand completely who and what he is, where he came from and what his purpose is in this cycle of evolution.

Man still has a long way to go in this cycle of evolution in time as you view time. In cosmic time it is rather short as your evolutionary period is considerably past the halfway mark. The evolvement of man is not a rapid procedure. It is a very, very slow procedure for the majority. But there are always the few who move rapidly, who are sincere and determined to reach their

goal as rapidly as they possibly can. And those are the ones who today are working with the Hierarchy of your planet and your solar system. There is no limit to how rapidly an individual ego can progress. It is entirely up to the individual and how much effort he is willing to put into it.

Over the years we have talked to you about many of the basic things that you need to do to prepare for this and that are necessary for you to accomplish if you are to move on.

Most do not realize how they are held back by their fears, and as we have said many times, fear is man's worst enemy. There are many, many phases of fear as we have often mentioned. The same things can be said of your emotions and many other things that we have talked about. But unless you recognize these things in yourself and attempt to conquer them, your progress will be very slow. But every time you have conquered one phase of your fear, or your emotions or what have you, you have made another step forward in your progress of evolvement.

Do not become discouraged, do not look back. Look ever onward and forward with a determination that you will reach that goal that you have set, at the time you have decided that it should be reached. Continually set these goals with a determination of accomplishing them. It is always well to put a time limit upon your goals, otherwise you will procrastinate. But if you continually do this and continually search for the things that you need to set goals for, the progress will gradually gain momentum and the Path will become shorter.

Never forget that you are a son of God and that you, as a son of God, are master of your destiny. You cannot be controlled by those lower forces, that animal nature, that lower mind that is a part of you. Know that, since you are a son of God, you can become master of this and bring that lower nature of the mind up to the level of a son of God. Never forget this, my friends. Keep that realization uppermost in your minds and drive ever onward, never looking back, for the past is passed. There is only the now, and what you do now is forging your tomorrows. So now is the time to act with power, with love, with wisdom, moving ever onward and upward, rung by rung.

You have that power, for your mind is as strong, as good as any other mind. It is made of the same atoms. It is a part of that Creative Mind, that great Universal Consciousness, as are all other minds. So, therefore, do not accept the fact that you are inferior. Know only that you can develop your mind to be as strong as any other mind through your own efforts, your determination, your own will. In the final analysis, it is the will that accomplishes all things. If you have the will to do it, you can do it, regardless of what it may be. Nothing is impossible to that individual ego who has the will to do what he wishes to do.

But always be sure that you direct this will in the right direction. A will can be also destructive if it is used in a destructive manner, but he who uses his will in a destructive manner, sooner or later destroys himself. And as the Master that you call Jesus once said "What profiteth a man if he gains the whole world and loses his own soul"? This, beloved ones, is what can happen if the will is wrongly directed. I have said enough.

**Questioner:** Will you please stay and join with us in our prayers for others?

**Zalhem:** Yes, when I vacate this body I will stay and join you in your prayers.

May each of you as you go forward on your journey of life, find the will to gain that knowledge to grow and to gain wisdom.

May you ever direct this will rightly so that it may always bring you that which shall raise you up and bring you to new plateaus, to new levels of evolution.

May you grow ever in wisdom that your knowledge will bring you peace, joy and love.

May your will always be directed to helping others.

May you always be willing to lend a helping hand to that brother who needs just a little help in order that he might reach another rung.

Go in peace, my friends, go in peace.

Peace, peace, peace. ♣