



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**May 2, 1959**

**Oxal:** Break through Otavana. Greetings in the light, my friends, I am Oxal of Arcturus.

There has been a slight delay in our coming through due to technical difficulties. We are now being relayed through another craft which is closer to your surface. We also, my friends, occasionally encounter technical difficulties, but this is not what I wish to speak to you about.

I know that in your minds are many questions. This is always so in the mind of a seeker. We should like to answer all questions for you. We should like to give you our entire understanding, as we know it, but I am sure that you realize this could not be done, for man, regardless of his level of understanding, can only receive and absorb that which he is capable of at the moment. For man grows in truth in cycles. We, as you, are still seeking, we are only a step or two ahead of you in understanding, for man seeks ever more and more of that great truth and understanding that permeates through all space.

We have traveled space through many systems and many galaxies.

We have not found the ultimate, nor yet have found anyone who feels that they have the ultimate in truth. Life is vast and is a never endless spiral, moving ever onward and upward to higher understanding of truth. As man learns more of himself, begins to understand his own being, he begins to understand and know life. Love is a subject that is much discussed among Earth people, but the understanding of love is something different and until man understands and knows his own being, he will not know love, nor will he feel that great universal love for mankind. For when man knows and understands his own being and his a oneness with all others and with all Creation, then he begins to know love. For we are all one in this vast sea of life. Each expressing individually but yet a part of the whole. It is difficult, my friends, to put into words, that would be understood the expression of these things. They come only from that inner knowing and I say to you again as I have said many times that within each of you is all truth. Man really never finds the truth except within himself. For this higher consciousness, higher self or

what so ever you prefer to call it, is the part of you and I mean just that, it is the part of you that is able to contact the One intelligence of which you are a part of and draw from this all knowledge, for there is nothing new in Creation. All of it has always been and always shall be. But as man evolves, he comes closer and closer to this great Intelligence and he draws more and more truth. There is no teacher, no book, no source of information that can give you the truth in a better way that you will understand, than your own higher consciousness.

But Man, in order to contact, to bring about this aoneness, must still this outer and draw deep into the inner, and that was what your great Teacher meant when He said to go into the closet and close the door. You must learn to close that door, close out the outer and become one with the inner, and this my friends, requires effort and patience. But each individual is capable of doing just this and each individual will accomplish this very thing. Some will do it sooner and some later, but time is eternal. There is no end, in fact, there is no time.

We aboard the Otavana, have come to this system by request. We have been in your system for approximately four years in your time. We are attempting, in the case of Earth People, to help them help themselves. That is all that we can do. We do not attempt to force anyone. The decision, beloved friends, is up to each individual, but many people upon planet Earth have realized in the past few months or years, that they are, at a crossroad of decision, that a decision must be made. They are realizing that things are not as they had thought or hoped. And I will repeat what I have said many times: to all those who have made the decision, to follow the path of service, the path of love, light and understanding, we pledge our assistance, and we stand upon this pledge, as some of you already know.

Your planet and your system is moving into a new area of space. In this New Age many things will change—even the surface of your planet will change. You are living at this moment in times of great change. In fact, in a few short years the greatest change that has taken place in thousands of years will occur in this planet, in this system. We are interested in helping, and

particularly in planet Earth, in helping your people through this change, for they are less prepared than are any of the others. This change, my friends, is now in progress and has been for some time, and day-by-day is becoming more evident. Some of your scientists are aware of these changes. Some in your government are aware of these changes and are aware of coming changes.

A large program is now in progress by your Government to educate it's people for some of the things that they know are to come. But this is held in a very small circle, much smaller than you would think. We have spent great effort in influencing these people to bring about these programs. There has been great opposition and among some of your leaders there are some very great souls who have fought desperately for the rights of their people and there have been those who have been equally opposed. But day-by-day the Forces of Light are gaining, they are making progress. This shall become more and more evident as the days pass.

Earth People must be made aware. There are many things that they must learn before they pass too far into the new Age. For without this knowledge they could not exist. Man must understand more of life. It is a pitiful sight to see how little understanding exists among the masses on planet Earth. A great majority do not have the slightest idea of what was before, or what will be after the existence they are now in. Few will recognize the fact that the physical as they know it, is only a conveyance for the experiences which they are now encountering. Life is a series of experiences, and it does not end with this one, nor does it begin with this one, for it requires thousands of lifetimes on various planes to become a well rounded being. Man learns by experience, and you, my friends, each of you, and all man, chooses his own experiences, for only he knows the experiences that he needs to become this well-rounded being. I know that it is difficult in this present expression, for many people to conceive of the idea that they have chosen the experience that they are now passing through. But they knew when they chose to have that experience that they needed it. It was needed for their development.

I do not ask you my friends, to believe what I say to be the Truth, for it is only my Truth that I expound, but take all things within your own being, meditate upon them and ponder them well and only you will know whether they are Truth for you. If for you they are true then use them, if for you they are not true, cast them out. But keep always an open mind. Do not reject any Truth until you are sure within you that it is not your Truth.

And now beloved friends, I must leave. I leave by extending to you the love, the light and the understanding of my people.

I am Oxal of Arcturus. ❄