

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Joseph: Greetings to you, my beloved children. I am Joseph.

Now, I know that there has been some concern among you as to how you should prepare for these coming times that appear to be very disastrous to your minds. The main thing is to keep yourself positive. You know that these things will occur within a period of time, that they will be very disastrous to your economy and to your planet, and that this will create a great hardship for many people; but it is important that you continually remind yourself that you are a creator, that you are creating your future environment, and that you can control what shall come upon you.

Now, this may sound rather unreasonable in the face of what you know is going to happen, but here again, you must remember that there are always those who are not severely affected by these conditions. The reason for this is that they have, either consciously or unconsciously, created their environment, their future, and their experiences. So, instead of dwelling upon the terrible things that could happen to you, dwell upon the good things that could happen. See yourself as not being affected by the unpleasant events. See yourself being protected and in the right place at the right time, having that good solid faith and belief that you are the master of your future.

Live the law. Develop the qualities that we have been talking to you about for so long. Drop the resentments, the condemnation, and think instead, in terms of love and peace. Love thine enemies and do good unto those that despitefully use you. Has this not been one of the lessons taught in your religion? Why do you not believe these things? Why do you not carry them out and make them a part of your being? Has it not been said that he who lives by the law will not be touched, and that a thousand may fall on your right and a thousand may fall on your left, but no harm shall come nigh unto you? Believe and know these things, beloved children.

Questioner: It is hard to understand the difference between having faith that all will go well and the concept that faith without works is dead. Could you explain this?

Joseph: This has nothing to do with faith without works. It is a matter of knowing, and as you practice this persistently, your intuitive nature will come forth and you will know what is right for you to do. Listen for that small voice within that tells you when something is right or wrong, and then act upon it. This is where the action, or "works," as you called it, enters in. First comes faith, then intuitive suggestion, and then action. How much time do you spend listening or paying attention to this intuitive nature? Call it what you may, a hunch, a still, small voice, or a gut feeling, as some of you express it. It is all the same thing.

Questioner: Something I was reading this morning said that one should go within and ponder things well in meditation. It said that the more that one meditates, the better the intuition becomes. Is this true?

Joseph: Of course. As you meditate upon these things, it will become more clear to you what the answer is. You have experienced this recently yourself. You listened and you acted. The important thing is to act upon these suggestions. Oh, you may make an occasional error, but practice is what makes it perfect. You can control your life. You can have a life that is more fruitful, happier, and more peaceful, if you will follow a few of these rules.

Questioner: We have been disturbed, as have others, about the predicted bank closures. Are you saying that if we listen at that time, we will know what to do?

Joseph: What I'm saying is that you should not worry about what is going to happen to the banks, or any of those things. You know that these things are coming about, but you should not dwell upon them. Instead, you should think of your life as being unaffected by these things, and that you will know the right things to do at the right times. Spend a little time listening to this inner voice and then act upon it. Do not depend on outside information to guide you in what you should do. I know that there are many individuals today, who are going about giving what you call "readings" and advising people to do this or that or telling them that they are going to be this or that. But how do you know that his information is right for you unless you take it within and meditate upon it, asking for guidance on these matters? Do not act blindly on someone else's suggestions or instructions.

Questioner: I don't think that any of us have done that.

Joseph: No, but I'm saying that this is going on all around you to a great extent, and many become dependent upon these sources of information and often find themselves in disastrous situations. Make sure that you feel right about what you are going to do. You do not need this outside information if you develop your own intuitive nature, and it is not as difficult to do as you might think. It just requires a little sincere practice.

Always remember that the sincerity of the individual has great bearing on the results that he gets, and so do his motives. There are those out there who hear the requests or prayers of those who are sincere, but they pay little attention to those who pray selfishly for results, or to those who try to appease their God through words of praise that are not sincere. The Gods are not misled. They see into the heart of the individual, and they know whether or not you are sincere in your request.

Questioner: Are you saying that if we sincerely want to develop our intuition and are willing to work at it, then we can?

Joseph: You can do anything if you put your mind to it. If you are sincere and willing to work, you can accomplish anything that you desire, and the Gods will help you as much as they are allowed. Sincerity is a very important part of your request. Too many send lengthy prayers asking for all kinds of frivolous things that are of no importance, and believe that they are fooling God, but in their hearts they are not sincere. They are not attempting to live the law. They are not doing what their religion teaches, yet they expect great results. And when they do not come, they despair.

So, my children, if you would prepare yourself, then develop those powers that lie dormant within you, and cast out the negative things in your mind. Cooperate with the law. Be sure that you do not work against the law. I do not need to explain all the different things that you need to work on, for you already know. Do not deceive yourself, for you cannot overcome a weakness that you will not admit that you have. But once you have admitted that you have it and need to do something about it, then do something about it in a positive way. Do not give in to despair and say, "I cannot overcome this problem. It is too great for me." I would recommend that you tell yourself that you really want to overcome this problem, you really want to grow. You will be surprised how much easier and faster you can solve a problem, if you attack that problem with sincerity and a great desire to conquer it, and you will receive much more assistance, as well. So there you have it, beloved ones. That is the answer to your question on preparation.

Questioner: Do you know whether Mount Shasta will be a safe area in the coming times?

Joseph: Well, that will depend upon where you are. You all know, of course, that it is a volcanic center. It has been inactive for thousands of years, but you can expect some activity in all of these volcanic centers, these ranges that have been dormant for so long. It is difficult to say exactly when this is going to happen, as this is really known only to the Gods who look after these things. But in the next few years you are going to see activity in many of these areas. The exact time of much of this is not meant to be known. It is much the same with the final days of this Age and all of the events that will take place at that time. Only those who are in control know exactly when these things will happen.

Now, as I leave, I extend to each of you my love and my blessings, and I invoke the blessings of all the Great Ones upon each of you. May you go forth in peace, and may you rapidly develop your intuitive nature so that you control your surroundings.

Peace, beloved ones. Peace, peace, peace. \$