

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## May 3, 1982

**Nathaniel:** Greetings to you, my children, I am Nathaniel.

One of your ancients once said, "Above all your getting, get understanding," and he spoke wisely. As we have mentioned many times, the way to the kingdom is knowledge. So if you are to enter the kingdom, you must gain much knowledge, and put it to work for you in the right and proper manner.

You have discussed many things here today, things of much importance. The self-control which you have spent much time discussing is something that all must accomplish if he or she is to enter upon the path of freedom. For you can never be free until the emotions of the objective mind are mastered.

Now this is not going to be accomplished in a day, a week or a year. It will take time and it will take much effort. Your progress will depend upon your desire to evolve, to become developed, and how determined you are to progress. The desire, controlled by the combination of the intellect and the will, will bring you progress. It is a step by step process and can only be accomplished in this way.

But for every phase that you conquer, your rewards will be worthwhile. Each phase that you conquer will give you more strength, more courage, more ability to deal with the next one. It is the only path to perfection. It is a long and hard path, but compared to the path in the reverse direction, it is a much more rewarding path to follow as you will see in some of your future studies.

Man's purpose here upon your earth should be to reach Godhood, to become that perfected individualized ego that Universal Consciousness would like you to be. But you were given a certain amount of free will, so you must make the choices. You must choose as to how much effort you will put into accomplishing these goals, how hard you will try to prove and improve yourself.

You can set your own pace. You can determine the speed of your own growth, how far you want to go, what goals you want to reach in this evolutionary cycle. The halfway mark has been passed, and more and more the protection of the Great Ones will be

withdrawn. More and more you will be upon your own. No longer will man be pushed in his evolution. He has reached the point in this present cosmic period of evolution where he must begin to take on his responsibilities, to realize that he is responsible for his own actions, his own thoughts, his own evolution.

Beloved ones, the higher you climb in this cycle, the less you will have to climb in the next one. So always do your best. Put forth every effort that you have, for he who does his best, puts forth his greatest strength, will be the one who will accomplish the most. The laggards will fall behind, and they will not be prepared when the bridegroom comes. So fill your lamps, keep them filled that you might be in the best possible position when the time comes.

Be moderate in all things, keep balance. One of the secrets of progress is to keep balance. Go neither to the right nor to the left, but follow the middle of the road. And if you do this, you cannot go far wrong.

Remember you are the master of your ship. You can determine its course, and can bring it safely into port if you believe that you can, and have the faith or the knowing that you can. No one can prevent you from doing this if you are determined, it shall be done.

I leave you, my friends, by extending to each of you my love and my blessings. Go in peace. Be happy. Rejoice.

Think not upon the destructive side of life. Think only upon the constructive side and you will find peace, joy and happiness.

Peace, peace, peace. \$