



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**Yaum:** Good evening to you, my friends.

It is my pleasure to speak with you this evening. Is there any subject that you would like to talk about? I can only share my understanding with you. You do not have to accept my Truth as your Truth. I shall be happy to share my understanding with you on any subject that you would like, or if you have some questions that you would like to ask or perhaps you would share your understanding with me? I would be happy to learn from you.

**Questioner:** If it won't take too much time, will you explain the Higher Self or Teacher?

**Yaum:** As our sister here has stated, it is quite a complex subject to those who are approaching it for the first time. You see, this is why it is so important for man to understand himself, for when man has an understanding of himself, then he understands his fellow man and he understands his universe surrounding him. Man is complex, yet he is not complex. You are a threefold being which you already believe but the relationship of the three parts of man is something that apparently is new to most of your people. Your Higher Self or your Christ-Consciousness or your Guardian Angel, many terminologies are used for this by your people, is known by some of you that something of this type exists within you. You do not understand it, you do not know what it is and yet something within you tells you that there is something outside of this physical body that has influence, guidance and protection for you.

Now this is separate being in a sense. It is only separate because of the lack of knowledge of it and this is really what is meant by becoming one with the Father or Higher Consciousness. When your great Teacher whom you call Jesus was teaching upon your planet, he often spoke of what has been interpreted to be the Father and was thought to be by your people, a God, a great being off somewhere in space who controlled and watched over his people and either rewarded or punished them or answered their prayers or refused to answer them. But you will notice that he referred to him as being one with him. "I and the Father are one," he said. He had learned to become one with

his Higher Consciousness which is the part of you that is able to tap into Universal Energy and knowledge and use it.

Now for man to become aware of this and to join with this Higher Consciousness, he must, in his conscious mind, become more spiritual. He must have good intent, he must want to serve, he must want to know himself that he might be drawn to a higher state of consciousness. You see, it is difficult to put into words something that will bring to you an understanding, for this is something that you must grow into. The realization that this does exist, that you want to become a part of it, that you want to utilize or use this extra or higher part of you, will bring you nearer to it and will bring you in search of understanding which will gradually bring you to an understanding and realization of what it really is. You see Earth man has not had an understanding at all of himself, of what he really is and now as you enter the New Age or higher vibration which will bring about in your physical consciousness a better understanding or shall we say an easier way? I'm groping for words to give to you what I really mean. You know, my friends, when Earth People have reached a state of mental communication, it is going to be such easier to convey to them the meaning of many things.

As you move more and more into the higher vibrations of the New Age, it will become easier for you to grasp these things, but in the meantime, I would suggest that you try to be more aware of these things. Awareness is very important, because being aware of something that really exists makes it easier for you to come into an understanding of it and you will find that gradually information will flow to you at the right times and through certain processes that will gradually fit the picture together. No man jumps from one understanding to a great height in understanding at once, he must go step by step for that is the only way that things become clear to us. We lay our wall brick by brick, you see.

Now, my friend, I'm sure that you understand it thoroughly! In fact, you are probably more confused than ever.

**Questioner:** I appreciate your trying very much, Yaum. I wish this message could be given to the world, it's wonderful.

**Yaum:** Thank you, my friend.

**Questioner:** I was wondering if you could give us some ideas in leading our (*group*) down the right path, or any suggestions along that line?

**Yaum:** It is quite difficult to lead people down a path. It is usually a matter of people following that which they desire. In your group there are, of course, many levels of understanding, many interests. There is great interest in your group in phenomena, in searching out the phenomena of spaceships and the people from other planets, etc., but this is really not important in the development of man. Man's growth will only come through a greater understanding of himself and a greater service to his fellow man. There is no greater service than man can perform than to serve his fellow man. There are many, many dedicated people upon your planet who apparently have very little interest in what you call religion and then you have many who do have great interest in religion but are very much mislead in their beliefs, but yet are performing a great service for their fellow man and are growing in consciousness merely through their service to mankind. And then there are those who claim to be serving their God in great fashion and are actually doing, nothing. Again I might refer to what your great Teacher has said when he said, "Insomuch as you have done it unto the least of these, you have done it unto me." To serve God you must serve your fellow man for he is God.

I should like to commend you people upon the work you have done in bringing new realizations to these people, but it might be well to attempt to point out to them that unless they seek spiritual understanding or understanding of themselves and service to their fellow man, they have gained very little. You can, perhaps, do a great deal in interesting them in this pursuit or in showing them the way, but unless they are willing to put forth the effort, it would be difficult to lead them. You can only show them the way and when you have shown the way, you have done your part, it is then up to them as to whether they will follow or not. You can only live by example. Let your Light so shine.

**Questioner:** But we should go through with the mechanics of introducing these ideas to them?

**Yaum:** That is showing the way, showing your own Light, your example, that is all that is required of you.

**Questioner:** Should we tell them about meditation groups?

**Yaum:** Perhaps it would be necessary to give some examples, some demonstrations.

I think what you have in mind is to try to lead your group into a higher understanding, is this not so?

**Questioner:** Yes.

**Yaum:** And you are interested in determining a way to do this—so be it. Then all you can do is to give them examples, demonstrations of what you would like them to do. If they like it, they will follow; if they do not, they will not. In something of this type you must not be too concerned with those who do not follow, because the only reason that they do not follow, is that they are not ready, you see.

**Questioner:** Then do we need two separate kinds of meetings or activities?

**Yaum:** This perhaps, would be a solution. You could have a group of phenomenon seekers and a group of spiritual seekers. This is really what it amounts to, is it not?

**Questioner:** Is it still important to bring in those who do not know of this?

**Yaum:** This is fine and is a stepping-stone, but you have to separate the chaff from the wheat. There are those who will never be interested in anything but phenomena, but that will not make the man. If man is to come into a higher understanding, is to go into the New Age, he must have greater spiritual understanding, greater understanding of himself and his fellow man. So you have two types and if you want to work with both you can. You will find, "that birds of the same feathers will flock together," as you say.

**Questioner:** I have been troubled about the people in the Congo, the savages. How does one go about serving them to gain a higher understanding?

**Yaum:** They are coming up through evolution and many of these people have a greater understanding than you realize, although they may seem to be savages, your civilization could learn much from these people. Among many of what you call savage races you will find greater love and greater deeds and greater compassion than among what you call your "higher civilization." But these people are coming through evolution and are growing and they are being served by some people of your planet. If you are asking me, as an individual, how you can serve them, I should have to say that your greatest service to them could be to give them, to send to them, your love vibrations, your vibrations of Light and understanding. You see what most of you do not realize, that if you would develop your talents, you could, by sending these vibrations, do much good among all peoples. Most of the turmoil in your civilization and on your planet today is a reaction of the negative vibrations that have been created through wrong thinking, through hate, jealousy, and greed. It would amaze you to see the change that would take place in the peoples of your planet in one generation, if hatred, greed and jealousy would be eliminated in the hearts of man. You see the only great sin that can be committed is the sin of harming or bringing harm to your fellow man and this is done

through hatred, through wrong doings to harm your fellow being. Hatred and jealousy, thinking negatively of your fellow man is the worst sin that man can commit. In fact, it is the only sin. And this causes reaction in your fellow man which creates more hatred and more negativity and this builds up and up. You see what would happen if this could be eliminated? Love would build up and up and your planet would be a utopia, a utopia. Do you realize, when you think of it, you only need to dwell upon this for a few moments to see the potentiality of what love could do to your people. You can see all around you what hatred has done; it is plain to be seen. Now if you were to reverse this, do you see what you would have?

**Questioner:** If a few, in thinking love, stop that subversion?

**Yaum:** Every thought of love helps. I do not say that it is going to eliminate it, because there has been too much hate. It is going to take time, you see, and enough people to see the benefit of love and adding to it. But of course Nature will react also, which she is doing now and she will continue to do so and that is why we have mentioned many times that what you call catastrophes, are actually not, it is a cleansing of your planet, it will be a removing of the negative forces as you move into a higher vibration. You see your planet has been going through cycles and as you move through space you are exposed to different vibrations which brings about the different ages or cycles. It changes man's consciousness, man has not been able to do it all for himself, so Nature or God is helping you. You want help from the outside, you are getting it because Nature or God is preparing the way and as you move forward these actions and reactions will help you to accomplish these things.

And I would not feel sad for those who do not, as you say, make it. They will make it, they will make it sooner or later. It is only a matter of time and time does really not exist. Time seems very important as you live upon a planet which revolves around each day, goes around the sun each year, etc. You measure time—but if you go out away where you do not have this, time stands still—a million years can be as a day.

**Questioner:** It can be a million years if you're suffering and I don't like it.

**Yaum:** It seems so at the time but after you have passed this and you look back to it, it does not seem so long.

**Questioner:** I don't think that you people have suffered like we have!

**Yaum:** My dear, you do not know. I have experienced and as I have been able to look back, I can see that had I not experienced what, at the time, I thought I could not endure, I would not have climbed as high on the ladder as I have. I would be much lower—not that I have reached a high state of consciousness, for I have

far to go, I have so much yet to learn. But if it were not for many of my experiences, I would be much lower on the ladder, but so would you, my friend.

**Questioner:** That is comforting to know, I suppose.

**Yaum:** I should be happy if any of you have any pearls of wisdom to share with me.

**Questioner:** What does the expression, "New Age," mean to you, what does it encompass?

**Yaum:** I believe that I have just covered this. As your planet moves through space, you will pass through different vibrations, different energy exposures and this brings about your different ages, you see. It simply means we are changing from one vibration to another. Are you wondering what the New Age will be?

**Questioner:** Yes.

**Yaum:** It is going to be much different. The things that will be accomplished and the things that man will do as he moves into the New Age would be almost inconceivable at this time. Your people are going to have a more spiritual consciousness, their consciousness will change, they will receive a greater understanding of themselves, of their qualifications, their abilities and they shall be developed. Your science will be so advanced that it would be difficult to conceive, in your present understanding, of the things that will be available to you, the things that you will do in the New Age. Your modes of travel will be entirely different.

**Questioner:** Does this mean in the next century?

**Yaum:** Oh yes, before that. Much of this will come about before that. You will travel in great craft through the air in craft as large as your ocean liners today and as luxurious and only at great speeds. They will travel around your planet in a matter of one or two hours, making stops here and there, with great masses of people carried at one time. Your mental abilities will become much greater, your children who are growing up today will have a much greater mental ability. Very little work will be done by man with his own hands. You will have thought machines operated by thought, controlled by thought. These are only a few examples of what will happen, what will take place. Man will have plenty of time to develop himself, mentally and spiritually.

**Questioner:** Will any of us here, be here in the physical to see this?

**Yaum:** Some of you will be here to see some of these things. Some of you will be gone and back with new bodies of a higher refined nature.

**Questioner:** Are you going to be here, too?

**Yaum:** It really doesn't matter whether you are here in the physical at the moment, because this change is not going to come about over night and because a person

has passed into the astral temporarily does not mean that they won't be back here for or during the New Age. Many will return with new bodies and you will be a New Age person.

**Questioner:** We feel, we think, that we are ready for a physical contact with an evolved being. Sometimes we think that we are much wiser than you all. So, if you are ever in our state, will you please come and see us? In the physical?

**Yaum:** What does it matter, if I'm in the physical or not?

**Questioner:** Because we would like to see you and you are so enlightened and wise!

**Yaum:** Thank you, but you have as many pearls of wisdom as I. You can and you must learn to contact your sources. We can only, as I said awhile ago, show the way. If you do not follow, we cannot force you. In all of your communications with those of other realms, they have attempted to show you the way. That fulfills their duty. They cannot force you, they cannot demand of you, for you are the master and you only can direct your path, you only, can make the effort.

I didn't say that you cannot have a physical contact with another being, perhaps you shall, I do not know. I have come to you in this manner by the request of the instrument and the instrument's Teacher or Higher self who has been a close associate of mine for a long, long time. I have enjoyed my contact with you people and have, in my very poor, humble way, attempted to share my understanding with you ... I shall, perhaps, in my sojourn here, as far as I can see at the moment, shall probably never see you in the physical, for my work in the physical carries me far from your shores. And so far as I know, it will continue in these areas for there is much needed where I work.

And now, my friends, I must leave you. It has been my very great pleasure to be with you. I hope that I have been of some small help to you. To each of you, I extend my very, very deepest love and blessings.

**Questioner:** And you have ours in return.

**Yaum:** Thank you, it has been my privilege. Peace be with you, my friends, peace, peace, peace. ☸