



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**June 14, 1975**

**Yaum:** Good evening to you, my friends, it is my privilege to come among you again and I wish to extend my greetings to each of you. Tonight I should like to talk to you for a few moments and tell you a little bit about our Mystery Schools, as you call them, and what we attempt to do there. As you all may or may not know. I have spent many years in one of the Mystery Schools of the Himalayas and I know that many of you have often wondered what goes on there and how we function. I shall attempt to tell you a little bit about this tonight.

First of all, our pupils come to us by recommendation. This is usually by someone who has been through the school and is now out and functioning in the world. These pupils come from all nations, all races. We have no restriction on races. To us all men are the same. In fact, I would say that a great many more of our pupils come from the red and yellow races than from any others. This may come as a surprise to you.

**Questioner:** Then you speak of the red race, do you refer to the American Indian?

**Yaum:** There are as many divisions of the red race as there are of the white race. Some are American Indians, but they come from other parts of the world, too. There are red races in South America, for instance in Peru. You will find them in many places just as you do the white, yellow and black races. We make no distinction. Each is equal in his own right. We do not advocate the mixing of the races through intermarriage. That is not a good thing because the blood stream is weakened in that way. But to get back to our subject, when these people come to us they must be first taught discipline. They must learn to recognize that there is the outer man and the inner man. Most have been aware of only the outer man and its relationship to life, and this is only half of it. It is necessary for them to become aware of this and to learn to discipline the outer man. This is done through certain exercises, through meditation, through disciplining of the outer man. They are required to learn to go into a type of meditation for long periods of time and this is a disciplinary exercise. By doing this you become more aware of the outer and the inner man and learn to

control the outer man. You are, telling him what to do, you see, rather than him telling you what to do.

Of course we require physical exercise, and each must do his share of work in the organization. This includes physical work for he must learn to do menial things as well as so-called important things. So often they think that what we call the lesser things are not so important, but in the scheme of things they are just as important as the greater things. We must learn to recognize this. Because a person is doing what we consider to be menial work, often they are looked upon as very insignificant or very unimportant human beings, and this may not be so. I have seen some very great beings doing some very menial things. So do not judge a person by what he is doing or what his type of work may be at that moment. Each pupil must learn to carry his load in the organization. Perhaps organization is a poor word as we do not consider these to be organizations as such. But anyhow, each individual must work at various vocations within the group, learning to do all things and to do them willingly, to be happy about it and enjoy it regardless of what it might be.

These things are all important to bring humility to man. It is very important that man learn humility and that he learn to have feeling and sympathy for his fellow man and be able to see him as he really is.

These are some of the first lessons that must be learned and for some these lessons are learned quite quickly, for others not so quickly. They are important lessons and as these pupils begin to get an understanding of the inner man and his lack of development, they realize that the inner man is the real you and this is what must be brought to the surface.

All writings of the deeper teachings are written in a double language which was quite well understood at one time upon your planet. At that time the inner man was strong but through the downfall of civilizations man has lost the ability to read the symbolic language. He has lost all of the meaning of the parables. So in order for the inner man to grow and develop he must be able to understand and read the double language. As an example of this, your scriptures are completely written in a double language, you see. They have the meaning which the outer man will receive and interpret

according to his understanding, but they also have another to the inner man. But in order for man to get this he must learn to develop the inner man and he must learn the meaning of these symbols or words.

Each word is a symbol with a double meaning. For instance, in your scriptures the word water is often used. Your Master Jesus used this word a great deal mentioning that the water he gave would make you so you would never thirst again. The word water is symbolic of Divine Truth, so you see when you understand these words and you read these parables, you are able to understand both languages, both the literal and the inner meanings.

**Questioner:** Is Charles Fillmore's "Metaphysical Dictionary" accurate in most cases?

**Yaum:** In many cases it is, but not 100%. There are some of these interpretations that have never been put into words, that is to say they have never been written, and are only taught in the Mystery Schools. The entire purpose of these schools is to prepare man to understand Truth. These schools are fountains of Truth and in each of these schools you will find a fountain of water representing the fountain of Divine Truth and the purpose of the schools is to teach man to develop the inner man and overcome the outer man.

In most cases the outer man is the man that rules. This is the man that faces the everyday events of life, business, etc., and cannot understand the real Truth. It is the inner man which will understand this and put it into practice. Now you can read the explanations to all of these things and if it does not really enter your being so that you can put it into practice, it does not mean anything to you. It is still held in the intellect or outer man, and until it is instilled into the inner man it will not be of any benefit to you.

**Questioner:** Is there any set time for this development to take place?

**Yaum:** Each individual must grow in his own time. There is a time for everything and for each individual. Each individual is a seed and that seed must grow and develop according to its own pattern.

**Questioner:** Will we have these schools in the New Age as it gets underway?

**Yaum:** Oh, surely. They will be much more open in the New Age because the inner man is going to be more predominant than he is in this Age, man will be better able to understand these things and to master the outer man.

**Questioner:** Would you care to tell us how many of these schools there are on our planet?

**Yaum:** Oh, there are many. I would have to too and count them, but there are many schools on different levels of advancement, so to speak, such as your junior colleges and universities.

**Questioner:** Is there one at Mt. Shasta?

**Yaum:** Yes.

**Questioner:** How about Mt. Rainier?

**Yaum:** I do not know of one at Mt. Rainier.

**Questioner:** I have heard that the White Brotherhood's school is located in the Grand Tetons. Do you know about that one?

**Yaum:** There are some in the Tetons. Many of these brotherhoods are intertwined. They are not separate organizations as such and work together

**Questioner:** Is there a Silent Brotherhood on this planet?

**Yaum:** There is none that goes by that name on this planet that I know of. There is what is known as a Silent brotherhood of what you call etheric beings. There are many brotherhoods throughout the universe and these are all intertwined in some way or another, working for good.

**Questioner:** The question arises from time to time as to where the etheric teachers, such as Samuel and Zalhem, come from. Could you enlighten us on that.

**Yaum:** There are some planets that are entirely etheric beings. This gets very complicated because there are many levels of beings and where one leaves off and another one begins is sometimes very difficult to separate. It is like trying to divide the lower, middle and upper classes, etc., in your civilization. Just exactly where do you draw the line? It would be quite difficult to say, would it not? There are some who live on planets in your galaxy here that are strictly etheric beings. Here again we run into difficulty in dividing certain ones into what you call physical or etheric. There are different levels of physical beings. There are physical beings that you would not be able to see and yet they have a physical body. You could walk right past them and never see them and this happens. But it is a gradual thing, you see, one blending into another.

**Questioner:** Are Joseph, Nathaniel, Samuel and Zalhem all on the same level of the etheric realm?

**Yaum:** No, I do not believe they are. They come from different levels and there are some who do not live on planets at all. They live in space.

**Questioner:** Are the schools that advertise for pupils legitimate and are they associated in any way with the mystery schools of which you have spoken?

**Yaum:** A legitimate school that is run by the Brotherhood does not advertise.

**Questioner:** One would not be able to find a legitimate school in this manner?

**Yaum:** That is right. You would have to be taken to the school by one who has been through the school and is qualified. There are many who have been through

these schools that might surprise you should you find this out, for you would consider them to be just ordinary people as their service and their sharing of their knowledge is not done in a visible way.

**Questioner:** We were wondering about the entities upon the astral plane who attempt to guide those upon the physical plane. Where do they get their information when they foresee future events in the lives of these individuals?

**Yaum:** They learn to read their auras. These things are visible in your consciousness and your aura if one is able to see, them. Not all people on the astral plane are able to do this. Some know a little about it and can see some, but they are not very efficient at it. Others are much better. It is much like in your professions. For instance, you have medical doctors who are very good and some who are very poor, but they still try to practice. The same thing applies in the astral.

**Questioner:** Is this done more easily in the astral than it is here in the physical?

**Yaum:** Yes, because you are in a different dimension and you, see in a different dimension. Your, aura is a different dimension than your physical body. Most on the astral plane are able to see the aura, except the very low ones, but it does not mean anything to them because they do not know-how to interpret it. Often, too, these people know things because they read the auras of others who are connected with you. For instance, some of your loved ones who have passed on and are interested in you and other loved ones in the physical know more of what is going on than someone in the physical would and they can put these things together. Very often they can be helpful. The thing is you can't always be sure who is really giving the advice. The only way that you can tell is by the results of what they tell you. You have to wait and see.

**Questioner:** Do they have Mystery Schools in the astral realm, also?

**Yaum:** Not like you have here, but there are schools of learning there and they have teachers who come in from the etheric plane and teach.

**Questioner:** Are there schools where those of us at this level of development might get instruction?

**Yaum:** There are schools for individuals in the other realms which take place during your sleep periods. Many are taken to these schools, but usually these are for a different purpose. They are not what we call a regular Mystery School. You see you could not really learn what the Mystery Schools teach on the inner planes, for you have to master the physical and this must be learned on the physical plane. This is why we reincarnate back and forth so that eventually we learn. This is the schoolroom here for that purpose. When man has mastered the self or outer man, he need no

longer incarnate here. This is the prime purpose of life upon this planet.

**Questioner:** Yaum, have you and the other teachers that speak to us, not given us much instruction that is comparable or similar to that which is given in the Mystery Schools?

**Yaum:** Well, we have not done this in depth and totality. We could not do this. We have given you instructions as to what you must do in order to reach these goals. Much of this can be done on your own and many of the pupils who come to us already have gone a great way in mastering some of these things. These pupils advance much faster.

There are many teachers upon your planet who teach some of these things to degrees, but not in great depth, and they have been of great help to their pupils. Then there are others who have read books and have gained considerable intellectual knowledge of some of these things and consider themselves very wise in this field. They are teaching from the intellect not from the inner man, and this does not usually result in any great gain.

**Questioner:** Is one taught to read the Akashic Records in the Mystery Schools?

**Yaum:** We do not teach this, no. This is something that will come to you after you have reached a certain stage of development. Now many people think that they are reading the Akashic records and they are not, because to enter into this realm and be able to read and tune into these records requires a great amount of purification. Your Master Jesus goes into this in the "Aquarian Gospel" when he describes the art of meditation. If you will read his description, you will find that it takes you to that state eventually. But that is an ultimate state of going within. As the inner man grows and develops and is able to understand the true teachings, eventually all of these things will come to him and will develop gradually. One cannot just jump into something of this type.

**Questioner:** Until you and the space brothers began to teach us, I had never come across a teaching that so emphasized the importance of purifying the physical body.

**Yaum:** Most of your metaphysical teachers, even many of your Eastern teachers, do not regard this as important. However it is emphasized more among the Eastern teachers than those in the West. So many of your metaphysical teachers teach proper thinking, positive thinking in regards to health and to prosperity, but they do not emphasize the necessity of caring for this temple. They call the body the temple of the living God, which it is. But if it is the temple then we should take care of it. We should have a good place for Him to live, should we not? We shouldn't expect Him to live in an old broken down building. If we are going to have a good healthy body then we should furnish it with good nourishment, and what it takes to maintain its good

health and vigor. Your physical body was designed to last many times longer than it does for you-if only it were properly nourished. However people do not think in terms of nutrition, but rather in terms of quantities and taste. Tastes can be developed, you see, and man has distorted his taste to the point where he no longer wants good food. It doesn't taste good to him.

I have used the same physical body upon this planet for more than 250 years. Now you may not believe this and this is your prerogative but I intend to use this body as long as I stay upon this planet. Why should I need another? It is still good. It operates as good as the day I got it.

**Questioner:** Do you feed your body the same foods we have to eat?

**Yaum:** No, I do not and I don't feed it as much as you eat, either. I feed it sparingly but I feed it well. I give it the things it needs to replenish itself. The body will completely rebuild itself if you give it the proper things to do it with.

The American people are the most undernourished people in the world.

Your people are starving to death with full stomachs, if you can imagine that, because the foods that you are eating have no nourishment in them. They have no body-building qualities. They are filled with poisonous additives. You can hardly find anything on your grocery shelves that is not filled with some kind of poison. Your lands are depleted and you are using artificial fertilizers to grow your crops, therefore your foods do not contain the nutrients necessary to build and maintain a healthy body.

I have kept you long enough, so in my departure I wish to extend to each of you my most sincere love and blessings.

May each of you go forth in peace. I ask that the Great Ones pour forth their blessings upon you now.

Go in peace, my friends. Peace, Peace. ♣