



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**February 14, 1986**

**Nathaniel:** Greeting to you my beloved friends, my brothers, my sisters. I am Nathaniel.

I would like to say a few words about the power that will dissolve all of your negative problems. The power that I speak of, is the power and presence of the Universe, which you call God. This power flows and works through you, as it does through everyone else. Let it consume you. Know that you are an expression of this Great Power, this Great Universal Power. Let it flow through you. Believe and know that it will solve your problems and that you and it are one. There is no separation if you would change your attitude towards the God within you. Give it power. Recognize it and know that it is there to help you. You will be amazed at the things that will happen.

Be peaceful. Be joyous. Be thankful. Express your gratitude to this great presence and power.

Express your love for it. Above all, learn to love yourself. Forget the past. The past is gone and it is done. You cannot change that. You can only change the now. So let all the guilts, resentments and fears fade away into the nothingness from which they came. They are not real. They are only an illusion which we have come to recognize as real. They are not real. They are only illusions. If they are illusions, then there is nothing to fear. You will give them all to the Father within, or if it suits you better, from without. He will take care of them.

Sooner or later you must come to the realization that you, yourself, are a part, an expression of this

Great Presence and Power, created out of it. Therefore you are a true son or daughter of God. And so it is. And now is there something else that you would like to talk about?

**Questioner:** Thank you for your beautiful words.

**Nathaniel:** If you only view them as beautiful words, then they will not help you much. If you apply them, then they are worthwhile.

**Questioner:** Has there been any animals, larger than the insects, that have been created from the negative thoughts of man?

**Nathaniel:** No, I do not believe that any in the animal kingdom were created in that way however man has had a great influence on the animal kingdom due to his negative thinking, his negative attitude and his negative treatment towards the animals. Man has a great influence on the animal kingdom and it is part of man's responsibility to raise up the consciousness of the animal kingdom. He has not done a very good job of that. He has instilled more fear and hatred into the animal kingdom than he has any good feelings. That is why the animals, especially the wild animals, fear man. As animals become domesticated and associate with mankind who have the proper attitude and love for these animals, they become much less fearful and much more loving towards man.

They respond to man's love or hatred. So it behooves man to love the animal kingdom, to treat them nicely, to send out thoughts of love and love vibrations and the animals will respond. But man, by and large, has not done this.

There have been some and you have seen examples of how, so called wild animals, were tamed or brought to love their brother man. This is what man has had to do with the animal kingdom. The creation of animal forms, from man's negative thoughts, is to be found totally in the lower animal forms, the insects.

**Questioner:** Would you please talk about the many people who are having contacts with the astral realm?

**Nathaniel:** In these cases it depends a lot on the individual. Many of these individuals think that they have the ultimate. It depends upon what they are seeking. As you know, it is very typical of this type of contact, for an astral entity or ego to try to get control of someone who is experimenting with the astral realm and is not ready to do so. Many of these astral egos feed the egos of the people they are trying to get control of. In many cases, astral egos will say that they are some great Master or a very advanced being.

To those who are experimenting in the astral realm and are not ready to do so, meditation would be of much benefit. In fact it might even be detrimental. It would give the astral egos that much more of a chance to work on them and get further control. What happens so often in these cases is that the astral egos will go on for

months and months and sometimes for years apparently not doing any harm and going on with the same thing all of the time. However, all of this time, they are getting more and more control of the individual. Finally, they are able to gain total control and then sometimes this entity turns into quite a demon.

You must get these individuals who are in this position, to realize this, and to really take a good look at what is taking place. One way, would be to have them read Richard and Isabella Ingalese's books or Dwal Kul from Alice Bailey. If anyone is familiar with those works and the authority of those people, it might wake them up a little as to what is really happening. Many would not even pay any attention to these writings. The entity itself has got them so convinced that they have the truth, that they will not listen to others.

Any time that you are getting the type of communication where someone is posing as Jesus or Mary or some great being, it is well to be very suspicious because this seldom happens.

You cannot do anything but offer your help to these people. If they are of a mind to stay where they are and have closed minds, then there is nothing that anyone can do to help them.

You see these people attract entities according to their own consciousness. Many of these people are very loving, giving individuals who are very nice people, but that is not the whole story. You attract to you entities according to your own development or consciousness.

Many times, there is no doubt that the controlling entity from the astral plane will do its best to turn the person they control against the very people who are trying to point out the dangers that they are getting into. It depends upon how much the person wants to listen to this astral entity.

**Questioner:** Would using the electric blue vibration help to keep these astral entities away from someone?

**Nathaniel:** It will take more than that. The individuals that are having these contacts will have to make up their mind to either go with it or get away from it. The longer that you go, the harder it is to get away. The more control they get, the more power they have over you.

**Questioner:** Why do some people get into trouble with these lower astrals, while some are never bothered?

**Nathaniel:** Those who seek this type of thing and have not the knowledge, power and wisdom to deal with these astral entities, stand the chance of getting into these difficulties. Those who do not seek these types of contacts will not be bothered by this type of thing. You must tell these astral entities to leave you alone, not to bother you and that you do not wish this type of contact. But these people are not doing that. They are just letting it happen. They are seeking it even more

and the more. The more they seek it, the more they will get.

The longer that this goes on, the stronger the entity gets, because they are using the contact's energy all the time and are drawing more energy from them. This works to weaken the person and sooner or later, this astral entity can become the master. Some of these people will be taken over entirely if they do not stop their contacts with these astral entities. The more power that these entities have over you, the harder it is to get rid of them. This type of contact is rampant. People are becoming a little more sensitive. Those who do not have very strong minds to begin with, are the ones that get invaded by these entities.

It is my pleasure, if I have been of any help to you I am grateful. As I leave I extend my blessings to each one of you.

May the blessings of the Great Ones be bestowed upon each of you now. May you find Peace in your hearts as you go forth on your journey of learning.

Peace, Peace, Peace. ✨