



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**December 8, 1961**

**Antho:** Peace to thee, my friends, I am Antho.

Among you tonight were discussed some very deep subjects. I know that many of these things are mysteries in thy minds. Creation to some may seem quite complex, as indeed it is. Yet as understanding grows in man's mind, as his consciousness begins to grow, these complexities become quite simple. But, for man to understand many of these things, he must grow into them, as it should be. It is well to consider the various aspects of creation, but, of those subjects which are beyond the understanding of your present consciousness, do not ponder them too seriously or extensively. For, in due time, with patience and sincerity in desiring to grow, all of these things shall clarify themselves in thy minds.

I realize also, that among those of you present here this night, there is anxiety as to your future, as to where your path will lead in your search for greater understanding, and in your search for opportunities to serve in the preparation of your planet as it embarks upon its new experience that is about to take place.

There has existed among many of those with whom you associate in your search, the anxiety to get on with things, yet I must say to you again, beloved friends, that patience coupled with sincere awareness, is all that is needed by you, a sincerity to serve mankind in whatever way is presented to you at the moment. And each moment will take care of itself and lead you onward on your path.

Occasionally, you may stumble, you may falter here and there. But if these rules are followed, your destination will be assured. So, be not anxious, my friends. Be not anxious of the morrow for each new day is a new world opening before you, and maybe the day that will bring thee one of the great experiences of your sojourn. He who walks in peace, in love, in understanding, walks a path that will surely bring him to the goal in consciousness that he seeks.

May the Peace, love and understanding of all the great Masters rest upon the hearts of each of thee.

**Questioner:** May I ask a question?

**Antho:** For a moment I shall hesitate to try to help you if it is within my humble knowledge.

**Questioner:** Could you elaborate a bit on the statement that we are an extension of our higher consciousness?

**Antho:** My dear brother, this is the subject which I was referring to in the beginning of my talk, and to go further into this at the moment would lead us into perhaps, deeper complications. For as I have stated, these subjects are complicated subjects, at certain levels of understanding. Yet, as you progress along the way, the unfoldment of these things shall take place in the consciousness. Perhaps at another time we can delve slightly into this subject. But at this moment I am sorry, beloved ones, it would take too long. Not that I would not be willing to spend the time, but at this moment it would not be wise, for two reasons: I should not like to hold the instrument this much greater length of time, and then I should like to consider a proper way of presentation, in order that misunderstandings do not arise.

So, beloved ones, I should like to withdraw from answering you at this time.

Peace be with you, my friends, Peace be with you.  
Peace. ☸