



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Oxal: Greetings in the light my friends. I am Oxal.

We have been monitoring your meeting here tonight both by listening and watching through our Iconiscan. I should like to say in reference to your conversation on mind that Man of Earth, even your most advanced students in this field, have not even scratched the surface in discovering the power of mind and understanding the mind. Now, when I speak of mind, I do not refer to the brain for the brain is not the mind. It is only an instrument through which the mind works in the three dimensional world.

Man of Earth has much yet to learn about himself and until he understands himself more thoroughly, he will not understand outer space as you call it. Your scientists feel that they have made great strides in their knowledge of space and they have made some progress. They have traveled to the Moon and back and this accomplishment could be considered to be a starting point in learning about outer space. But compared to the vast expansions of space, it would probably compare to a trip across your city. So you see, he has not traveled very far in space and neither will he so long as he remains in the third dimensional consciousness in which he now exists. For in this state of consciousness it is hardly possible for him to conceive of what he would encounter, to conceive of what it would take in the way of knowledge to achieve free travel throughout space.

Various areas of space contain different forms of life, different states of consciousness, so to speak. One traveling through space must learn to be able to change his rate of vibration, the density of his matter, to conform to the area he wishes to go. Great complicated machines that use great quantities of fuel are of little value in this type of travel. The mind is much more important. When we travel in space, we merely collect the items and individuals we wish to take, place them in an area of space which we would ionize, and create a vehicle to our desired size and shape. Then, by mind we would tune into the vibratory rate and the mode of motion of the area to which we wish to travel, and instantaneously we will be there. This, in your terminology, would perhaps be called teleportation. As we reach the desired area, we would transform the

energy back into matter that has been reduced to the vibratory rate, or increased as the case may be, to suit that of the area to which we have traveled. It is as simple as that. Those coming to your planet from other areas of space that are of a different vibratory rate must change their rate of vibration, or density, to the same as that of your area, that of Earth. Otherwise, you would not be able to see them or touch them. In other words, they would be beyond the five senses that you possess.

It is all a matter of knowing how to control energy and matter. Those two simple words are a key to higher knowledge, to the knowledge of the Universe, for all is energy and matter. It is merely two different states of their existence, the same as water and steam, or ice. It is all the same substance. You are merely changing it to a different density, a different form of energy or matter. The mind is the control of all of these things. Mind is the master of all but it must be developed and understood. Each of us is a portion of the great Universal Mind, the All of All. We are like a grain of sand on the beach in the great Universal Mind. Each grain is an individual yet it is a part of the whole and when it is functioning to it's fullest, it can function as an individual or it can draw from the resources of the whole, anything that it desires. For all is written here in this great Universal Mind, it has always been there and always will be there. There is nothing new, nothing new throughout space. It has all been there from the beginning.

Man does not really invent anything new, he merely brings it into existence from this great sea of Universal Mind. All of the laws, the principles, any that you might mention or think of have all been there from the beginning. Man himself does not really invent, he only discovers what is already there. So you see, there is much growth ahead for Man. The knowledge he can gain by tapping this Universal Mind is unlimited. But Man draws only that which he is capable of understanding or handling and oftentimes he has not even been capable of doing that. Much of the knowledge that Man of Earth has drawn from this great sea has not been wisely used. It has not been used for the benefit of his fellow man but rather has been used to destroy, to bring misery and destruction upon his fellow man. You see, this is another thing that Man

must learn. He must realize that all things were intended for the good of mankind and were to be used as such.

As Man grows in wisdom and in love, he begins to realize the necessity of devoting all things to the good of mankind and the necessity for serving mankind. He begins to realize that all is one and that when he benefits those about him, he also benefits himself. But when he brings harm and destruction to those about him, he brings greater destruction upon himself. These are some of the realizations that third dimensional Man must quickly come to. He has brought destruction upon himself too many times. It is now time for him to come to a new realization. A realization of a oneness with all life and his responsibility to that life.

As Man of Earth moves with his planet and his solar system into the new vibration, or what you call the New Age, he will find these realizations becoming more clear to him. He will find he will have a body of a little different density and this will mean that his brain will also be of a different density. He will have a greater capacity. Not that he has used all of the capacity that he had in the past, he has not. Yet this new brain, being of a different vibratory rate, will have even a greater capacity for the mind to work with and through. His physical consciousness will improve and he will find himself coming into a new realization of what and who he is and what his responsibilities are to mankind, his brother man. He will have a greater desire to fulfill his responsibilities.

We hope that our stay in your solar system and our work here has been very helpful to many men of Earth in bringing them into this new state of consciousness. Although our work is not known to most of your people and is known only to a few, we feel we have been beneficial to many who are not even aware of us. We hoped that our accomplishments could have been much greater, that the response of Earth people might have been much greater. But we are happy for those we have helped. It has been our joy to be of service to Earth people. We came to your system on this mission by request of the Federation of your solar system and when we are asked to serve, we cannot refuse. It would be against Universal Law and only we would suffer by refusing to do this. So we are humbled to have the opportunity to serve in our small way. To Earth people and to all of you, we of the Otavana, extend our most sincere love and blessings and our people will ever be mindful of people of Earth, and they will continue to send their love and their blessings and will aid you in any way that we are asked to do.

So as I leave you I extend to all of you, the love, the understanding and the blessings of my people.

I am Oxal. ❀