

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## August 11, 1961

Yaum: Good evening to you my friends, I am Yaum.

It is my pleasure again to come into your midst and to spend a few moments with you my friends, what would you like to talk about this evening? I feel that it would be better if we speak of something that you are precisely interested in.

**Questioner:** I would like to speak about developing the wall of light around us.

Yaum: Well, I would say that this was expressed quite beautifully by one of your teachers from the craft. This my friends, is a technique that each of you must develop. Now, in developing yourselves along those lines, or any particular phase of, shall we say, exercises of any type, we can only give you a general technique. For each individual level will find, as they attempt to practice these things, that they will find their own techniques which works well for one individual, may not work quite so well for another.

He may find a little different, slightly different technique that works better for him. But the main object is to diligently practice these things and have faith in what you are doing. In other words, if you are to go about learning any technique, any subject, or anything, even a trade or profession, now if you go about it half heartedly, you see, your accomplishments will be very slow and very unsatisfactory. But, the main thing is, my friends, to faithfully practice anything that you wish to accomplish. If you were to attempt to learn a musical instrument, you surely realize that it would require great persistence in your practice, if you are to become proficient in this technique. Does this clarify to you my daughter what you are asking?

**Questioner:** Yes, I understand that I must practice, but I wonder just what I should do?

Yaum: I think if you will reread what you have read here tonight, you will find that he was quite explicit in what you are to do. But I do not wish to repeat a lot of things that you already have in writing that you can refer to any time.

**Questioner:** On what we refer to in our bible as the Israelites or the chosen people, could you kind of help

me to understand what they mean by the true Israelites and the chosen people?

Yaum: My daughter, your creator has created many souls upon the surface of this planet, and upon many other planets, and many who are not upon planets. But in my present level of understanding, I could not see why any people could be said, or could claim to be chosen people, for man was created equal in the sight of his creator. Men may be chosen for a specific mission or duty to perform, but too say that any one group, any one race, or any one nation of people, or even any one planet of people were the creator's chosen people?

There are many things that are written in your religious recordings, many words are used, many expressions, but all we have to come to realize is that these are records of history of the past, and that they were recorded by man and in many cases they were recorded by men of the times to convey to the people of their time some particular message or ideal and also in the many translations of these records, many errors have been made. You will find, if you are to search out, there are many other records whereas, that are considered as authentic as what you call your Holy Bible, and to those who use these records as their truth, to follow, they are just as sure that every word therein is true and unadulterated.

Well, my friends, the thing we have to do is to sort out the truth from all of the records and information, and be able to discern, to take into our being, in sound meditation, these things of which we find ourselves pondering about. And as we learn to truly go within and become one with that infinite wisdom and power that exists in each of us, we all have it, I do not have any more of this than you have and you do not have any more than I have. The only thing—we have to learn to use it, and here again, my friends, this is only done by practice. Discipline is what is needed in our lives.

You see, my friends, the difficulty that most have here in this third dimensional existence of the physical you call it, chemical bodies, is that we allow the physical to rule the spiritual. We became so engrossed in what we see around us, and as I do not like to refer to this again, I have perhaps overplayed it, but we become so engrossed in this dream world in which we exist, we

see only a dream and not the real spiritual reality of things. Once we have truly begun to see man as a true spiritual being, which he really is, and recognize it as such, then we begin to see through the unreal and begin to see the real. And when this happens and we begin to, in our silence, in our chamber with the door closed, we begin to find this great universal power within us which you call God, we begin to find the a oneness with this.

As we do this, we begin to come into our realization of truth. We find we are able to recognize truth, and no longer do we have to spend great periods of pondering these things in order to decide if it is truth. No longer do we find ourselves going through the states of confusion, but we begin to see life as it really exists. But I have taken a long time to answer your question, have I not?

**Questioner:** I would like to ask a question Yaum, if I may. A little bit more of the days that lie ahead and our place within it, our part of it, what part we might be able to play collectively in understanding.

Yaum: You want to know what lies ahead?

**Questioner:** More specifically what we ourselves can do to help bring others in, I suppose.

Yaum: My friend, I am sensing somewhat some little confusion here in what you are attempting to convey to me. I am trying to pick this up from you. I find I do not quite read you clearly from your thoughts—I am not quite sure, I am trying to make rapport with you in your thinking, that I might understand more clearly what you are asking, but I find there is some confusion as to exactly what you are reaching for. You are concerned, I find in your mind some concern about the future and what is to take place in the future and, yes, you want to, you are wondering what will be the duties or mission, let us say, of people such as are gathered here tonight. Is this so, my friends?

Questioner: Yes.

Yaum: Now I have you clearly. To go into everything that is in the future would take a great deal of time and I could only give you a general idea, for the time of these events is not known to any of us. When I say the time, I mean the exact time, the hour, or the day of these events cannot be pinpointed, let us say, for certain conditions will alter slightly one way or the other, and there is a possibility through the efforts of Earth people that some of these events which are more or less coming, let us say, can be canceled out, for nothing of this nature has to be. It is only brought about through the Law of Relativity or cause and effect. But all of you here, I am sure that all of you know that there will be great changes taking place upon your planet, and as to this I could not give you more information than you already have.

As to your path in the future, this again, my friends, depends upon each of you individually, on how far you will advance in your understanding. For the higher you reach on the ladder of evolvement or understanding, the more you will be able to do for those who come seeking, those who are awakened at the last minute and make decisions to follow the light. Many of these will need help, and those of you who have learned and sought truth, have developed your own understanding, will be able to do much to help these people on their path.

There are many, many people on your planet that have not awakened, there are many who will not awaken, for they do not wish to be awakened. They wish to remain in this dream world in which they find themselves. They like it. So, if they like it, let them remain until they decide they would like to go a little further.

For man must be allowed to do that which he most desires, But, to those who awaken, who come for help, sincerely seeking, you will be able to do much for them, and this will be a mission for many of you. How much you can do will depend upon you, my friends, by how much you have got, for you cannot give that which you do not have. It is that simple my friends.

Questioner: Sir ...

Yaum: Friend.

Questioner: I would like it very much if you would establish a retreat here in Detroit, somewhere we could all come and leave this world and get up in the hills somewhere, and study just for a whole week or so. We appreciate your coming as often as you do but I don't think I'm going to make it unless I get away for a while. Can't you do that?

**Yaum:** There are many retreats my friend, if you would like to go to a retreat.

Questioner: I want to go where you are teaching.

Yaum: Are you sure that this would be your answer? There are many retreats my daughter, but in the retreats you also have problems. There are still people. The problems will not be the same, but there will be problems, for I have spent a great deal of time upon this planet. I have been in what you would call retreats—I suppose you would call retreats. I have been many places. I have moved in your cities, in many of your countries, but there are always problems, but the problem when the final realization is reached, this has been my experience, the problem has always been with me, and I had to bring out this problem and face it squarely with no fear. I had to bring myself to see the real me. If you think a retreat would help, I could recommend many.

**Questioner:** The idea being that if we concentrate on getting rid of the self or concentrate on looking at the self, rather than cooking and washing dishes and going

to work and all that, it certainly could be done faster, right?

Yaum: I am afraid in my understanding, I would have to disagree. For whether I am washing dishes, or whether I am digging a ditch, or whatever I might be doing, I must be aware. And when I am aware, and I am doing what

I am doing with a loving heart, a willing heart, and I am rejoicing that I have the opportunity to do this, I find it does not matter too much where I am. And I think if you would look around your own, among your own people, you will find many examples of people who have risen to great heights in spiritual evolvement and understanding under what you would call most adverse conditions.

**Questioner:** That is true, but you were a teacher in the mystic schools for many years, and Roy Davis studied with Yogananda for years and did nothing else and I just feel that you could certainly develop faster spiritually under such conditions!

Yaum: You could gain knowledge much faster, but knowledge will not accomplish everything. But in these places of which you speak, unless you are willing to place upon yourself the discipline, the strict discipline that is necessary, your accomplishments will be very little. If man is really to grow, he must discipline himself.

**Questioner:** I see, then we must first accomplish the discipline in our own environment before we can benefit from a retreat?

Yaum: Not necessarily. You can do it anywhere, in a retreat, in your own environment or wherever you find yourself. Everyone cannot be in a retreat or spiritual school. I am sure that if it becomes necessary that any of you really need this type of thing, you will find the opportunity presenting itself.

Now, my friends, I know your hour is getting late. I feel that I have stayed my time. It has been my pleasure to spend this time with you. I hope I have been of some help to you in sharing my understanding? But this is my understanding and I am only sharing with you. Whether you accept it or not, is up to you my friends. I will not feel bad one way or the other, for it is only my understanding. I wish to extend my gratitude to members of this household for welcoming me into your household, and to the rest of you. I extend my gratitude, my blessings and my love. It has been my pleasure.

Goodnight to you my friends. Goodnight to you. 3