



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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October 12, 1972

Yaum: Good evening to you, my friends.

I was speaking with my good friend Anthon a short time ago and he was telling me that he was coming to visit you tonight as you were having a little gathering. He also asked me if I should like to come with him.

He also informed me that this was a meeting of four beautiful ladies, so how could I resist? And having a few moments to spare I decided I would come and speak to you. I should also like to extend special greetings to our new friends here. I know that you are not familiar with me so I would like to say that I feel honored to be in your presence. Now, what shall we talk about?

We do not delve much in personal matters in these gatherings. We try to answer questions that will be helpful in giving you a better understanding, and in so doing I am only sharing my experiences, my understanding with you. If you cannot accept what I say as truth, then you can lay it aside, for you can only accept what seems as truth to you. We only share, we do not try in any way to force our understanding upon anyone. It is entirely everyone's privilege to accept or reject, you see.

Questioner: How can we best share our truth with others?

Yaum: This is a matter of developing intuitive insight. You, more or less, get a feeling with people, or you should. Your own intuitive mind will tell you when one is receptive. Usually you will find people who are really sincere and who are seeking to know truth will come to those when they feel has understanding or knowledge that they would like to have. Truth is not something that you would go out and sell as you do many of your products. Truth will sell itself. It is difficult sometimes for us when we have attained new knowledge, new truths, to not want to give it to everyone we meet. But everyone we meet does not want our truth, so therefore we do not try to force it upon them. The best way that you can give your truth to someone else is by demonstrating it in your own life. If you are demonstrating in your own life what you claim to believe and that you are trying to give to others, it will not be long before they will come seeking. They will

see you radiant, happy, that things are going well with you and they want to find out what you have.

Questioner: Could you explain to us why some of us here have a feeling that something is going to happen? I think that you know what I'm asking.

Yaum: Yes, I know. I have sensed this feeling and you will experience greater things, greater spiritual experiences will come to you because you are seeking them and you are sincere in your seeking.

Many seek but all do not seek with the proper motives. As you move farther on the Path, you begin to have more spiritual experiences, your anticipation increases, your sensitivity increases and you expect more and greater things. But do not seek experiences for the thrill of it, seek knowledge, wisdom and understanding. But have a definite goal in mind and the goal you should have, and I'm sure each of you here do, is to better prepare yourself for your service to your fellow man. And you are all going to have greater experiences than you think or realize, so keep on anticipating.

Questioner: Our commonplace everyday duties take up so much of our time that we are frustrated in trying to find the time for studying as we would like to do. Is this a test of perseverance?

Yaum: How will one know their capabilities unless they are tested? As you climb the ladder of truth and understanding your tests and your responsibilities will become greater and greater. Do not be fooled that it is going to be easy, the path of truth is not an easy path for when you start declaring something you will automatically find yourself put in a position where you will have to prove what you are declaring. These are not tests that someone out here is putting in your path but your own Higher Self is arranging this just as you have arranged when you came into this life for certain experiences. All experiences are testing, they are testing your ability and by these you become stronger and wiser. The road will not get smoother because this would not benefit you. You will experience according to your ability.

Questioner: Will it ever be possible for some in this lifetime to remember and use what they have learned in school in the sleep state?

Yaum: This will depend on each individual. All of you will benefit in this lifetime. How much of this you will be called upon to use and be able to recall will depend upon each individual. However, there are times coming when many are going to be called upon to do tasks that will require great knowledge, great wisdom, great understanding. There are many today who are being prepared on the inner planes, as you call them, during the sleep period, and many of these will be awakened to this knowledge. You see, this subconscious mind is a storehouse of knowledge. You would be amazed at what you have in this storehouse, the thousands of lifetimes that you have lived and experienced is all there. Through certain preparations, certain conditionings this can be awakened in you, now this could not be awakened in someone if they were not prepared for it, it would bring about insanity.

They would become insane with knowledge because they do not have the brain capacity to handle this. The present brain structure of Earth man is not capable of this therefore, it must be blocked out. But many of you are going to at the proper time, be awakened to this and let me also say here,

It is not too important whether you are awakened to this in this physical life or another plane. It may be more useful to you on another plane because there is going to be as much work to be done on the astral planes as on the Earth plane and perhaps a great deal more. There are going to be a great many more souls there than there are here in the physical.

Questioner: Would this sleep state schooling make us tired in the morning?

Yaum: No, I do not think so, because when this is done, it is done in such a manner that it does not disturb your physical rest. Now there are other things that can take place during the sleep period that prevents the body from getting the rest that it should, but being taken to a school on the other planes would not cause this.

Questioner: Could you give us any suggestions about how to rest better?

Yaum: This unrest, in most cases, is caused by tension, tension that is accumulated during the day and is carried over into the sleep period. There are many people who have this problem and the people by and large, need to learn to relax. They are continually in the state of tension and when you carry a state of tension during your waking hours you also carry it into your sleeping hours. Your subconscious mind is carrying on the tension,

It is difficult for people of a more intense nature to learn to relax and let go.

The world is going to go on whether you rush or not. It is not going to stop and so often after you get there you

don't have anything do. So it is not well to rush, take your time, the world will not end tomorrow.

Questioner: When I try to read spiritual things, I fall asleep. Is this being done to me or is it just plain fatigue?

Yaum: I would say it is plain fatigue, some people have a tendency to relax when they read. Our instrument has this trouble, I have heard him talk about it that when he reads he gets sleepy, so it is hard for him to read. I do not think that anyone is putting you to sleep so that you can digest the material better.

I think that it is just a fatigue situation. There is a great deal of fatigue among your people today. There is tension for one thing and very poor diets that cause this. The diets of 90% of the people of your country is so atrocious that I wonder that they have any energy at all. Your nation is becoming one of the sickest nations in the world due to their diet. Your food supplies have been so poisoned and contaminated and refined that there is very little food value left in them. Most of your other nations do not eat as much as you do and their diet would be classed as a much poorer diet, yet it is a much more nutritious diet.

Questioner: Are the children being born from eleven years old or so, today, are they the prepared-type souls who will be going into the new Age?

Yaum: Not all of them. There are many who have reached adulthood now and even those who have reached middle age will go into the new Age. There are still many souls who are being born who are not especially highly developed souls. There are always many souls who are clamoring to get back into the physical and a certain amount of them always do. Of course there are many children today who will go into the new Age who are very advanced souls and they have been coming in for some time, for some years past.

Questioner: Are test tube babies and duplicate people going to be possible?

Yaum: I do not believe that this is going to work. It is possible to produce physical beings. It has been done in the past, and robots were made out of them. The soul of this person is suppressed and deadened, but this we hope shall not happen. This was the downfall of among other things of course, of the Atlantis civilization. Man tries to become superior to his creator and in so doing he destroys himself. He can only go so far in this direction and nature will react as it has done to previous civilizations on your planet. There are many experiments being made today that are very, very dangerous. Some of them are good, discoveries made from them are good if they are kept in the hands of individuals who will use them for the good of mankind. All things can be used for the benefit of mankind or the detriment of mankind and when man starts using God's laws for the detriment of man the law of retribution

takes place. but I believe that before many of these experiments reach a stage of perfection, man is going to be so busy trying to survive that he will forget some of these things.

Questioner: Should we begin to learn to live off the land and without electricity etc.?

Yaum: Yes, it is well to prepare oneself because there are going to be many things happen that will bring very great hardships, so one should learn to create the necessities for himself. Also, one should as best he can—and I agree with you that it is difficult—prepare his body to withstand these things as there are going to be many new diseases develop, which if you do not have the resistance, will be difficult to evade. Your medical profession is not going to understand these new diseases, they are not going to know what to do about them. They are a result of man's misuse or of his trying to improve upon nature and his lack of knowing the necessity of preserving nature. Your planet is in much worse condition than most of your people realize or are willing to even think about. So it will behoove all of you to prepare.

Questioner: Is there any reason why some of us, who have attempted to eat the proper foods and have taken supplements, are still subject to illness?

Yaum: It is because your bodies have become so depleted. Your endocrine system, your glandular system is not functioning properly because it has been starved of the necessary things that it needs to function properly and it takes time to rebuild it. You will only build resistance to disease by bringing the glandular system back into balance by giving it the foods that it needs to function properly.

My friends, I sometimes get to expounding and completely forget about time, so I am told that I have about stayed my time. It has been my very great pleasure and privilege to be with you. If I have been of any help whatever

I am grateful.

I wish to thank you for accepting me into your midst and I should like to extend to each of you my love and my understanding. May the Peace of all the Great Ones be invoked upon each of you and may each of you receive this Peace and go forth with a peaceful heart.

Bless you, bless you, my friends.

Go in Peace. ✨