



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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July 27, 1959

Anthony: Peace be with you, my friends. Peace be with you.

With your kind permission I should like to speak with thee for a few moments this evening. I am sure that each of you have had through the past three to four years in your time, many experiences which have brought to you more wisdom and more understanding. I should like to digress for a few moments upon the importance of these experiences, and to remind thee how very important all of these experiences are to thee. Each of you are aware that you only grow through these experiences. That is really the only channel for your growth. Therefore it is very important that each individual take full advantage of each experience that comes your way.

Now, these things should be held in great reverence. Any spiritual, or enlightening experience that comes to you, that brings you truth and understanding, must be considered with great reverence. Too often valuable experiences are dissipated and lost, so easily, through speaking of them to a great extent. It is much better for thee to take these experiences into your meditation and meditate upon them. Consult with your higher consciousness, so that ye might receive a thorough understanding. An experience that carries great impact for you, should never be discussed except with one who you feel or know has great understanding, for as ye spread these pearls, they are lost, perhaps, not to be regained in this life time.

Now, my friends, I am sure that each of thee are aware that as you spend your hours in slumber, many things are happening to you. You are receiving, shall we say, training, teaching, and experiences. You are also conscious of the fact that many of these things, perhaps most of them in your waking hours, are lost to you. This, beloved friends, is not altogether true. I should like to suggest that each of you henceforth before you pass into the slumber state, strongly suggest to this higher consciousness which you all possess, that you retain your experiences that are taking place for you during these periods. Now, my friends, it is possible, if you will insist upon this, in time, to be able to be fully consciousness of what takes place during these times, and you may be quite

surprised of the teachings you may receive. It may be, beloved friends, that you might gain great truth, great understanding which apparently at this moment is passing you by. No, ye need not be concerned about this disturbing the rest of the physical, there is no disturbance what so ever to the physical body. Once you have become conscious in this state, great wisdom can be brought to you in very short periods. For you are being taught through the higher consciousness, the higher mind, which is much more receptive and retains its knowledge much easier.

Beloved friends, I bring this to you as a thought, for each of ye to think upon and act upon, as ye see fit. It is only my suggestion to you. Take it for what it is worth to thee. Try it, experiment with it, see what results ye may gain. But I would like to remind each of ye, that this will not come immediately. It will be necessary for you to work with it for a short time.

The results will depend upon thee.

I extend to each of you, my love, my blessings. My Peace I leave with you.

I go. Goodnight. ☸