

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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October 9, 1976

Yaum: Good evening to you, my friends.

Questioner: Good evening, Yaum. It is a pleasure to

have you.

Yaum: You didn't think I would come back so soon, did

you?

Questioner: No.

Yaum: I see that we have added two more to our group this evening. It is my pleasure to have this opportunity to once more meet with you two. It has been a long time since we have met in this way. Now that we have a cozy little group here tonight, we should be able to have a nice chat. So what, would you like to talk about?

Questioner: What the individual can do, day-by-day, to express Truth, and to do unto others? Of course we have been taught this over the years. We are starting a little meditation group again and hope that we are moving in the right direction.

Yaum: This is good. We hope you will be able to establish a good group and be able to work in harmony. We are anxious to see groups forming all over planet Earth and learning to work together in unison, and to learn from each other and to help each other in growth and in understanding. You two have a great opportunity to do this in your area and you have the ability and the facilities for doing so.

As to one's every day development, this depends of course, upon each individual, the way they live the truths they know and express them. For we can know a great deal about the Truth, but if we do not use and live these Truths they are of little value to us. And this is what the leaders of these groups need to put forth to the ones that they are teaching. Teach them harmony and love and the importance of these things and the importance of expressing them and using them in their everyday life. For this is the only way that you can grow, yet each one has to have the freedom to express in their own way, to be able to let the inner man come forth and develop, for each one has this beautiful self within, if they will only learn to let it come forth and grow and express in the proper way.

It is necessary to lead gently, yet firmly, and to teach and to work together in unison, always developing that inner self, learning to go within, deeper and deeper, until you have found this true inner self. We, who teach are only way-showers, we cannot do for our pupils. We have to teach them to do for themselves, for to be a strong spiritual being, we must learn to do our own work and to develop our own potentialities, for when someone else does it for us we will not be strong. Many would like to have this, they would like to think someone else is giving them spiritual understanding, spiritual growth, but these are not things that can be handed out, they have to be earned. We, who would be teachers, can help in pointing the way by example. Example is a great teacher and we should also continually develop on our own so that we are always ahead of our pupils, because we cannot lead where we have not been.

We are hoping that many groups will develop. There have been many already, but we hope that there will be many more throughout planet Earth in various locations, who will bring true teachings of Truth and will be able to work together in peace and in harmony, each expressing and growing in his own way, yet working in harmony with others. Because each individual must be free to express in his or her own way and be able to grow in their time. The great teachers of tomorrow will recognize individuality in beings, and will administer unto that individual according to their development. Perhaps I got a little carried away with that question!

Questioner: It is difficult to keep to the way one wishes to go when the world goes against you.

Yaum: Yes, and this will become more and more difficult as time passes and the old has passed. Sometimes situations have to grow worse before they can grow better, you see. So this is a situation that planet Earth finds itself in today. We hope that a civilization will develop in a new age where this problem will not exist. This is why those of other realms who have reached a better way of life are anxious to see this happen upon planet Earth. They know that systems such as you have here can never be successful and as you look back through your own history it is very evident, is it not? So this should tell

man something. Yet it seems to be difficult for the great majority of your people to realize this. They can only see a system such as they have now.

Questioner: We would like to see someone rise up in the U.S. who is a leader with vision, but I don't think that we have anyone.

Yaum: No, you do not. But of course there are those in your country and in other countries who have this vision and could do this if they could get the backing of the people. But the people are not ready to back something of this kind. You have reached the point now where it is not possible for this to happen. The old has gotten to a point where it must completely crumble and pass in order to bring about the new. This is true in many phases of the planet. The planet itself has been depleted. Your planet as an entity itself is a very sick entity. Do you realize this?

Questioner: Yet it is a very beautiful planet.

Yaum: It is a very beautiful planet, but it has become very ill due to man's abuse of it. This of course has to be corrected and will be corrected by a cleansing process and a new start.

Questioner: Then the planet has to rest, so to speak.

Yaum: The planet needs rest and rejuvenation which it will get. It will go through many changes in order to bring things back into balance and the new energies that are going to surround your planet will also be beneficial in cleansing and bringing it back into balance. Many of the people must be removed to other places and only those who are willing to accept the new and to develop the new, will be the ones that will remain. They will need to build a civilization upon solid spiritual ground and when you do this, you will stand. This is what is hoped for in your New Age.

Questioner: After the changes have occurred, the remnant that you have previously mentioned that will be left will be around 144,000 or 150,000 people. Will they be in different groups scattered across the face of the earth?

Yaum: They will not all be in one place. And your science is going to change also. This is why we are doing the preparation that we are doing. You see those who are going to be responsible for this are going to have new knowledge, new and clean ways of doing things that will not pollute your planet, destroy its rivers and its oceans. You are going to learn different ways and most of you have had this knowledge in the past. In the dim, dark past you have had this knowledge, but now it is being refreshed in your memories and it is going to come to the surface and you are going to have some help from outside. There are many from other realms who are going to be happy, when the time is right, to come in and help you and show you how to do some of these things so that you can more rapidly develop a situation that you want.

It will not take as long to build the next civilization because man is going to work together as a brotherhood. These are the things that we are talking about. Man needs to learn to do these things, to work in this way and when he does this, he is going to get a lot of help from outside and is going to have a greater knowledge of how to do it.

I think that most of you here are aware of the awkward, ridiculous ways that your science has been doing things. Is this not so? So therefore you know, as well as I know, that man needs to have greater knowledge but he has to have the wisdom to go with it, to use it properly. Your people, your scientists could have been given much of this information long before this, but what would they have done with it? So we did not dare to do this. It would have been disastrous and you know this as well as I do. But your scientists do not know this. At least they would not admit that they do not have the wisdom to handle the greater energies. These are the things that you are learning on the inner planes and now is the time to begin to express in the outer in ways that will improve your abilities to gather wisdom and to work together as an organism, just as the organs of your body work together, each one having its important part to do, each functioning to its fullest capacity, so long as you use wisdom in taking care of it.

Questioner: Will you comment on future group goals or projects?

Yaum: Each group should have objectives and projects which would give them the opportunity to work together. There are many types of projects that can be used. The important thing is to get them to learn to work together, to respect each other as an individual, their talents as an individual. This is important, very important.

Questioner: Then just getting together without a project would not do this? No, just coming together and talking would not accomplish this.

Questioner: Our group has wondered what goals we should have. Can you suggest any?

Yaum: You can find goals. We do not need to especially direct each group in what they should do. You see, you have to develop your own intuitiveness, your own guidance. Learn to listen to this inner voice that you have. You are just as capable of doing that as I or any of the Brothers are. You have to learn to do it and if you do not practice this and learn to do it you will never develop. So, you must work at these things. You will make mistakes, but—so you make mistakes. It isn't the thing of making a mistake, it is what you learn by that mistake. It does not matter if you make a thousand mistakes, if for every mistake you make, you learn something. And it is only through doing that you will learn, regardless of whether you do it wrong or not. When you do it wrong you find it out quickly, then you know how to do it right.

Questioner: I think that in the SUN Conference, I experienced this cooperation. There were so many people who came together who cooperated and who were not looking for any return. It was a very fruitful experience.

Yaum: Yes, this is what we have to learn to do. It does not matter who is in charge, of course we do have to have some sort of direction, some sort of delegation of authority and delegation of things to be done, etc. But each must always work for the good of all and never for the good of one individual, or the rising up of one individual or one group of individuals into a greater position of power. When everyone understands this, it does not happen. Each does his or her task regardless of what it might be. Never look upon any task as being beneath you. I have done some very, very menial jobs but I have always tried to do them with love and with joy and it is always fruitful.

Questioner: If we try to serve in the right way in the future, then we can expect our material needs to be taken care of?

Yaum: Yes. Of course there can always be difficulties arise in the economic supply in a system such as you have, which makes it sometimes a little more difficult for a time, perhaps. But you will be supplied if your demands are not too great. Ofttimes people err in wanting a great deal more than they need. This is something we must guard against. One's wants and one's needs can be very different things. But one should be able to function properly and their needs met. Here again is where one needs to have faith and to know that these needs are going to be met. This, of course, is demonstrated many times by many upon your planet.

There are the laws of giving and receiving. Any law can be taken advantage of. When we take advantage of a law and use it selfishly, to gain a great deal more than we need, eventually the law will react. But in a system that is properly set up, properly functioning, everyone's needs are met because everyone sees that the needs of others are met. They do not waste but they have what they need. This waste, of course, is one of the things that your nation especially, is very guilty of. There are other nations quilty, too, but your nation has become one of the most wasteful nations upon planet Earth. It has wasted its resources astoundingly, which is not according to the law of nature. Man takes continually from the earth and gives very little back. But it does not work this way. You have to continually give back. It is a continual cycle and unless that cycle is kept going someone is going to suffer.

When we break the laws of nature sooner or later nature will react and this is happening today upon planet Earth. One of your greatest wastes has been your useless wars. Think of the huge waste of your resources in these wars. If the efforts had been put to a good purpose your planet could be in a much better

position today and your resources conserved. But I have expounded long enough and I do not wish to bore you.

My beloved friends, as I leave you I extend to each of you my most sincere love and peace. As you go forth upon your path, may each of you find a great freedom to express and develop that inner self, that you may become strong in spirit and be able to stand forth as a monument to your fellow man, that they, seeing your light, will take hope and will see the light.

May the blessings of all the Great Ones be invoked upon each of you now.

Go in peace, peace, go in peace. \$