



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to you my children, I am Zalhem. Now that I have cleared out all of your auras, I would like to now fill them with some good vibrations, if that is agreeable with you.

Let go, let go. Lay aside all of those troubles and all of the tensions. Relax, relax. We are going to put a little orange into your auras now, Some of that life-giving energy. Now we will use a little green.

You would be surprised how tensions build up in Earth people because of the tensions and the worries. That is why it is necessary to be able to deal with situations in a relaxed manner, rather than in a tense manner. Tension is really one of the many offshoots of fear. Fear has many aspects. It effects us in so many ways that we do not realize how it relates to fear. It is our worst enemy if we allow it to be. It is difficult sometimes to distinguish fear because we have so many different names for it. It attacks us in so many ways.

Questioner: When I am at peace with myself, then I can be poised and things don't bother me. That is why I ask so many questions. When I understand, I can be at peace.

Zalhem: If you wait until you understand everything before you become peaceful, you might have a long wait.

Questioner: Isn't the time when the questions come up, the time to have the answers?

Zalhem: Yes, if it's possible, but it is not always possible.

Questioner: Are you saying that you have given us as much as is wise for our individual level of understanding at this time?

Zalhem: That is what we try to do. Sometimes confusion can be created by giving things that are not right at the time, that you are not ready for.

Now, I am going to give you some of the gold. Let it flow to you. This will help to bring you some peace of mind, some contentment with what you have. We must always show appreciation for what we have. This helps in receiving more. If we are ungrateful for what we have and resentful because we do not have more, we are

blocking the flow. In making your matrix for what you want and need, do not be resentful for what you do not have. For this only sets up a resistance for the flow of the good. This is what was meant when it was said that you should not covet what your neighbor has. That is his, and, "What is that to thee, follow thou me." That has deep meaning. The Master taught in parables to make it as simple as possible. Yet little thought is given to these statements that he made. These things arose among his disciples, as you call them. Jealousy, because they thought that one of the others were getting more than they. He said, "What is that to thee, follow thou me." Follow his teachings, you see. Fulfill the law. Your cup cannot overflow so long as you are trying to covet the other ones cup that is overflowing. We are resentful because he has what we feel we do not have. It is not his fault that we do not have what he has. It is our fault. Look within, Whenever you feel resentment to others and you are troubled by their actions or reactions, or whatever, look within yourself. Many examples were given, such as "Removing the log from your own eye before you attempt to remove the straw from the other man's eye."

Questioner: It's nice to know that some of the things that Jesus said were accurately translated.

Zalhem: Many of the things that he said were accurately translated. Many of the things that he said were falsely recorded. Many were taken from the original message in order to satisfy those who would seek control of others and to gain more power.

Questioner: How can I be more aware of what my teacher is trying to tell me when he is guiding me, giving advice or suggestions?

Zalhem: By practicing your intuitive impressions, following them, and learning to discern between impressions that come from the lower self, the higher self, or your individual mentor. At least in the beginning it is a trial and error process, but as you begin to follow these impressions, especially be aware of those strong impressions. Try to be aware all of the time, not only in meditation. Often we do not pay attention to the impressions that do come to us. It is well to do a little analysis on these impressions as to whether they are practical. They do not always have to be practical. The main thing is, would it harm anyone else? Would it

cause anyone any discomfort or uneasiness? Would it be detrimental to anyone? Would it be beneficial to anyone?

This does not mean that it will always be agreeable to your reasoning. You might get a strong urge to do something, but it might not seem logical to you. Yet when you follow this hunch through, it works out. There are many ways of doing things, and sometimes what seems an illogical way to us may be altogether logical. Quite often people will talk themselves out of doing something because it does not seem logical to them. This is one of the things that you will find in all successful business people. I am not talking about the ones that take advantage of other people. There are many successful business people who are honest because they follow those hunches. Often they disagree with others about these business hunches. But if this urge feels right within themselves, then they go ahead and do it, and they are successful with it.

This is what happens with the inventors. They get an idea and it may seem like an impossible one, but they get the urge that they should do this, that it can be accomplished. Then they go ahead and do it. Everyone around them may say "that's impossible, you're crazy." The whole process is something that you have to work with, something to practice. One must practice paying attention to these hunches and follow them. Apply the principles, and if they fall within the guidelines, then follow them. Soon you will learn to recognize these. This is a God-given ability that you have, and with practice you can develop it. It is like anything that you want to learn to do, you have to practice it and develop it. If you do not do that, you will not master it.

By and large more of these impressions or hunches will come after you meditate rather than during it. Especially if you are meditating upon a certain question, and asking for guidance, you may not get the impressions until days afterwards. It can come at anytime. If you practice you will recognize it when it does come.

Questioner: Do you have any comments concerning the "Course in Miracles"? It seems to be helping so many people.

Zalhem: I have no criticism of this course. It was given, I would say for a certain class of people who perhaps need to have things given in a complicated, intellectual way because they are that type of people. Many of the intellects of your civilization can only be reached that way. The thing that is simple and easy to understand, they do not want to bother with. They want to do it the hard way, because that is the way they have been taught.

Questioner: Are there truths in this course?

Zalhem: There are many truths within this Course.

Questioner: What about when the course talks about the Holy Spirit and the Christ?

Zalhem: Well, they are using terminologies that they are not explaining thoroughly, so that they are thoroughly understood. There are simple ways of presenting these things. A good teacher tries to be as simple as possible in his presentation so that it can be easily understood. This does not appeal to a lot of people. If the individual does not use big words and does not make it sound very complicated, they do not want to receive it. To them it's not very valuable. It is too simple and too easy to be of any value. But all the great things are simple.

Questioner: Do you think that it is worthwhile to study this course?

Zalhem: Well, this is an individual thing. If it appeals to you and you get something out of it, then it is fine, but if you don't, then it is not for you. This Course is being presented by and large to a Christian nation, those of the Christian faith. That is why the terminologies such as the Holy Spirit and the Christ, are being used, but if they do not define them and explain them thoroughly, they still leave the individual pretty much where he was. We have tried to make things simple, such as breaking it down to mind itself, the higher and lower mind, and explaining how this all came about. They are not doing any of that. They are just carrying it on into the Christian traditions and terminologies, and so forth. This, of course, appeals to those people as many of them are not ready to comprehend the real truth about some of these things. They are presenting laws there that work, and if those people apply those things they will work. There is nothing wrong with that, because spiritual growth and understanding is a gradual thing. Individuals can only be brought into the real truth when they are ready for it. If they wish to remain in the same rut and not consider other viewpoints, other presentations, then they will remain there until such a time when they are ready.

The Cosmogony and Evolution book that you have, would not be suitable for those people, because it would confuse them between their old terminologies and old beliefs. They are not ready for something like that.

Questioner: Do you think that some of the more advanced students in Unity, perhaps Charles Fillmore, would be ready for this book if they were here now?

Zalhem: Oh yes, I think that some of those older teachers had a fairly good understanding of these things. But they themselves, knew that they could not present some of the things that they knew. It is like the Master Jesus, as you call him, he did not teach to the public as he did to his close followers who were ready for more. It was an entirely different teaching.

He taught them Occultism, the Esoteric teachings. This was, of course, the thing that broke up the Christian

church in the early days—the difference between the fundamentalist and the Esoterics.

That is why the Esoterics were driven out of the church, and then the changes were made to suit the leader of that time, so that they could gain more prestige and more power over the people and gain greater power. The masses in general, were not ready for the Esoteric teaching in its fullness. Nothing of this means that anyone should condemn this course.

If it's helping a lot of people, a certain class of people, then this is good. The ones who are getting the most out of it are the intellectual ones. ❄