



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**October 12, 1970**

**Oxal:** Greetings in the Light, my friends, I am Oxal.

It is my pleasure to have this opportunity to speak with you. I shall attempt to tell you in a short time a little about our people, where we are from and what our purpose is in coming to your system.

We are not from your system. We refer to our system as the system of Arcturus. This we do because your astronomers are familiar with the sun Arcturus which is the sun of our system.

We are aboard a craft, now in your solar system known as the Otavana. I will not go into a description of this craft for it is well known to the instrument and his mate and they can give you this information if you are interested.

We came to your system by request, by the request of the Tribunal of your system. We have come to aid in perhaps what you would call a great crisis in your system but in reality it is not. There is much change to take place in your solar system in the very near future. In fact some of the minor changes have taken place and are taking place day-by-day. You see as you are moving into what you call the new age, which is taking you into a new area of space, many changes are to occur, changes that your civilization, the people of your planet, have no knowledge of whatsoever. Among the more advanced planets in your system it is well known and well understood and a great work has to be done to bring about this change with as little chaos as possible. This is one of the reasons we are here to help in this transformation.

Then we are especially interested in your planet and your people as are those in your own system. For, you see, your planet is the only one who conducts wars, who fights among themselves killing each other and destroying nature, so to speak. There are many upon your planet who do not condone this way of life, there are many who seek a better way. We are aware of those who have chosen the path of service to their fellow man, the path of selflessness. We are aware of these and we are helping them in every way possible.

We have been influential in the past in bringing a realization to your people in general, that it is

necessary for them to make a choice. To choose a path, either to turn right or to turn left. One being the path of self, the path of destruction the path of the carnal way, the other being the path of service, the path of selflessness. To those who choose the path of service to his fellow man we have pledged our help, our guidance. We shall guide them and protect them; they shall be aided in going about a new way of life.

We pledge also our protection. No harm shall come to those who follow in the path of righteousness. We shall not guide them in any way that will be harmful to their individual person but we shall guide them into opportunities to serve and to grow and to become more knowledgeable in His ways. We can only guide and direct those who make the choice in the right direction. Your peoples through all generations have had the right to choose. They have not chosen wisely due to your customs, your religious administrators and the influence of some of the guiding hands in your civilization. So we have brought your people to a realization of this choice. We cannot force them to choose rightly, we can only hope that they do. But to those who have chosen wisely, our aforesaid pledge shall be fulfilled. We cannot prevent your people from warring, from killing one another. Universal law does not allow us to interfere to this degree in the evolution of a civilization. We can only interfere when, the point is reached where you are going to destroy your planet unknowingly. And, my friends, you would not believe how close some of your mad scientists came to doing this not too long ago. But we cannot allow this to happen, for a planet to be destroyed and I mean by this completely disintegrated would disrupt your solar system to a point where it would endanger the lives of many people on many other planets. This we cannot allow to happen. But enough of this.

The thing that we mean to encourage among those whom we contact is the importance of self-development, of the realization of Self, of knowing thyself. For until you have reached some degree of knowledge of Self, you cannot realize your relation to Creation, to your fellow man and all creation. And I say to you, beloved ones, all is tied together by the threads of nature and each is dependent upon the other. There can be no separation, so it is important for one to understand himself.

As was said by one of your great sages in the past when he was asked what he thought was the most important thing for a man to study would be, he replied "Self." And he said if he were to be asked again after much more study he would again say "Self." For when man really understands and knows himself he knows the secrets of the universe, the secrets of nature for they are all indwelling in man.

Now I realize that your hour is getting late. I do not wish to detain you, so as I leave you I extend to you the love, the light and the understanding of my people.

I am Oxal. ☸