



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Joseph: Greetings to you, my children, I am Joseph.

I know that in the past when we have mentioned about your training in the classes on the higher planes that you have not fully understood the importance of our stress upon matter and energy. You have been told that several of these classes were devoted almost entirely to the subject of matter and energy. And we have in our talks as you know, suggested many times the importance of being aware of what goes on about you, to become observing and especially observing of the functions of nature, for there is so much to be learned by this observation.

Some of you have read of the experiments that are being done at this time and have been in progress for quite some time in what is called the Findhorn experiment. As you have read and observed the experiences of these individuals, I do not see how you could help but begin to see the importance of what we have been talking about in relation to matter and energy. For if you observed, you have realized that this whole process is a continual conversion of energy to matter and matter to energy. It is a cycle and a cycle if properly followed and proper cooperation is carried out with all of the phases of nature cannot help but be rewarding and beneficial to all.

But Earthman throughout your civilization has completely ignored many of the phases and cycles of nature. He has rather tried to substitute his own ways of doing these things and these ways have been contrary to the true ways, the ways that were developed by the Creator of all.

These methods and laws cannot be improved upon and to try to improve upon them and to change these cycles can only bring inharmony and ill results to all concerned.

We sincerely hope that as you observe these things and you learn of the experiences of others in this field, that the picture will begin to come to you more clearly on the conscious level of how and why these things function as they do. And it is hoped that you will experiment on your own in many of these things for this is the only way that you will really know. To know you must experience.

All of this knowledge is going to be so important in the future. The growth and development of the civilization in the New Age will depend upon the knowledge and the wisdom of those responsible for this development. This, my friends, is why those from other realms of life are trying so hard to bring those who are attempting to follow the Path, who are attempting to see the Light. This is why we are trying so hard to bring them into a realization of what and who they are and what lies within them and the importance of their discovery of this, the importance of their discovery, of their aoneness, not only with their fellow man, but with all levels of life.

You must have the realization that all is One, all must be One, each dependent upon the other and without cooperation and willingness to learn and to understand, there can be no harmony and the total of life depends upon cooperation, a love and a respect for all forms of life regardless of what level it may be.

It may seem that certain forms of life are of a very low nature and of very little importance to the whole but this, my friends, is not so. Each has its place, its function and is important to the whole. When all is in harmony, everything functions to the benefit of all but when disharmony begins to appear, then do the problems begin and this is why, of course, your civilization finds all of the problems that it is facing today. They are strictly a result of inharmony. Evil is only inharmony. When all functions in harmony, you have no evil for the same Creator that exists in man, exists in every other form of life, be it cherubim, angel, man, beast, plant or insect. The same Life Force that brings forth life in you brings forth the Life Force in each one of these. So we are all dependent upon the same force, the same energy, the same matter and all life is a conversion of energy to matter and matter to energy. So you see there is much to be learned.

All of these things are not easy to comprehend and much of it you would not be able to comprehend at this time, you would not have the capacity, but you do have the capacity to understand cooperation and harmony. You do have the capacity to understand, respect and love for all things. It is not necessary that you understand the function of every level of life and energy for this will only come about through great effort, on

your own part, of searching, learning to go within where all of the knowledge is stored. And as you do this you will receive this knowledge and information as you are able to comprehend it, a little at a time. The top of any ladder is only reached by climbing one rung at a time.

So, my friends, use that which you have available to you, that which you understand—now. And as you master that which you know now you will receive more. What gaineth a man by receiving great quantities of knowledge which he cannot comprehend and use? So you must find your way step by step, rung by rung, living in the now and doing your best with what you have, hour by hour.

My beloved friends, it has been my privilege to spend these few moments with you. As I leave, I wish to extend to each of you my most sincere love, my blessings.

May each of you find great joy and peace as you go forth and may you find opportunities to learn and to serve.

Go in peace, go in peace. ☸