



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Yaum: Good evening to you, my friends. I would like to extend my special greetings to these new ones here tonight who perhaps are not familiar with me, and also to all of our old friends here.

Now I should be glad to try to answer any questions for you, but first, I should like to say that I can only share my understanding with you. Whatever I might say is my understanding and you need not accept it as your understanding. In fact, anything I might say would only be my words anyhow. For one to have a true understanding of anything, of course, one must experience it himself. Listening to others or reading the experiences of others only makes you knowledgeable of these things. You really do not know until you experience.

Questioner: What about those instances when one comes across something in a book that seems to trigger a sense of knowing from within that it is truth?

Yaum: Well, you have accepted it as truth. This does not make it true. You have accepted it, either because it has perhaps fit in with your thinking, or it has triggered something in your subconscious that you may have known before. Perhaps you have experienced it and this triggers that within you and gives you a knowing, for to truly know and understand something you have to experience it. It is like building a house. You can read all of the books available on it, but until you actually do it, you do not really know.

Questioner: I am very interested in the various types of dreams we experience. Could you enlighten us on this subject?

Yaum: There are different kinds of dreams of course. You can have a dream caused by a disturbance during your rest period, such as having over-eaten might cause, or you might have some other discomfort which would bring you partially out of the deep sleep state. At these times your mind begins to work, but it does not function properly and you have what you call mixed up dreams that don't make any sense.

Then there is the dream that might be given to you by another being to try to tell you something. For instance, your own etheric guide or counterpart or whatever

terminology you wish to use, might try to bring a message or warning to you in a dream. Then, too, your higher self, your subconscious, or perhaps even your soul might speak to you in dreams and try to bring to you certain warnings about things that you might need to know or to do.

These things are always brought to you in symbols because that is the only way that they can be brought through from these sources. The subconscious works in symbols, and for one to interpret these properly, one would need to study the meaning of these symbols. In the early days of your history this was realized and there were certain individuals who specialized in dream interpretation. They made studies of it and at that time there was a great deal known about this. It was taught as a sort of science.

Questioner: Do these explanations also apply to material given during twilight zone just before one falls into a deep sleep?

Yaum: This can happen in the twilight zone and also there are many other things that can happen in this state between awake and asleep. The mind often will wander off into different fields depending upon the individual, you see. Sometimes an individual will slip out of his body at that time. Then certain things may happen in the mind of that person that will cause him to come back quickly. You may recall having experienced a shock or a sudden jerk while in this state. This is caused by coming back into the body too fast.

Questioner: Might one receive symbols while in this twilight state?

Yaum: Yes, it is possible for symbols to come in this state. This often happens during meditation also. In the twilight zone, as you call it, you can also create thought projections, for the mind becomes very sharp at that time.

Questioner: Would that be a time when it would be easy to establish contact with another person?

Yaum: Yes, the mind will project very easily at that time. It is much like what you call a daydream. Then there are those individuals who are taken to certain classes during their sleep period. This is done by their

etheric overseer who sees that they get there and back.

Questioner: Is one aware of the journey to and from the Etheric Plane?

Yaum: Not necessarily. Some people are, but most are not. It takes place very rapidly. It is accomplished more quickly than an ordinary out-of-body experience where you move slowly around. This can happen either way, but as a rule the transfer is so rapid that you would not be aware of anything unless you were well advanced in out-of-body experience. This will vary with different individuals. Some will not be aware of anything, others will have some sensations at times, so it cannot be pinned down to any one type of experience.

Questioner: I have been hearing a great deal of late about a philosophy which specializes in teaching out-of-body travel. Are you familiar with this particular group, and do you think this is a good thing?

Yaum: Well, there are many teachings of this type, and many books written telling you how to do it, but I would not advise anyone to try to do out-of-body traveling without a good experienced teacher to show them the pitfalls and to teach them in the proper manner, and to look over them until they are well experienced. All of these things have their dangers and often when people start to experiment on their own through some book that was written, they may find themselves in a very difficult situation with no one there to help them.

Questioner: That is the reason I am inquiring about this particular group. I wonder if their pupils are being carefully watched over and guided in their experiences, or are more or less left on their own.

Yaum: Well, there are many so-called teachers today who are delving into various types of occult teachings, out-of-body travels, etc., who are not qualified. Now I have not run into this particular group in the part of the world where I have been working, but I sense something here that is not right. The name itself gives me a vibration that I do not particularly like. Many of these things are done for monetary gain. They have fixed prices that they charge for their teachings. They are trying to make money on them. The true teacher who teaches these things for the love of mankind never makes a charge. This is not to say that he does not accept remuneration for his services, if they care to give it, but he does not say that they will cost so much and if you do not have the wherewithal then you cannot have them. He chooses his pupils by their ability and sincerity. If the pupil is sincerely seeking to know the truth and to learn, he is accepted by the teacher. A true teacher of Truth can very easily separate the sincere ones from the curiosity seekers or those who are seeking for their own glory.

Questioner: Don't you think in our economy that it is sometimes necessary to make a charge for these things?

Yaum: No, I do not. If a teacher has truly something to give, he does not restrict the recipients. He does not say that unless you have a certain amount of gold you may not have his knowledge. Is this teaching Truth? Did your Master Jesus do this? However, this does not relieve the recipient from his responsibility. It is his responsibility if he receives from a teacher, to give according to his ability to give, but not because he is told that he must give so much.

Your apostle Paul went into this subject quite thoroughly in his writing's. You know he never charged for his services, but he put the responsibility upon the people whom he taught. And if they do not respond to the best of their ability, their knowledge will do them no good, you see, because the law works both ways. You cannot take without giving, and you cannot give without receiving. If you give to receive then this is a different matter, but if you give because you want to serve and help your fellow man, to improve his way of life, to give him opportunity to grow spiritually and become greater, then you are giving freely and you shall receive freely.

Questioner: One would not have to give money necessarily, would he?

Yaum: No, it doesn't necessarily have to take that form. You give according to your ability to give. One may have very little of monetary value, but he may have much to give in other ways, and if he gives of himself, he will receive in some way because the law is constant. Those who take without giving do not really receive.

There are two groups of people. There are givers and takers. There are those who always take and give little, and there are those who give much but do not always appear to be receiving at the moment on a material level. However, sooner or later they will receive. From those who take without giving, it shall be taken away. Often they seem to be prospering and doing very well, but you cannot judge by what you see at this moment. But the law does work, eventually.

Questioner: I wonder about the responsibility for using what one receives? Many times because we lack self confidence or do not understand sufficiently, it would seem that we have really wasted the teacher's efforts.

Yaum: Yes, this is true. Often we have been given things that we do not use or we feel that we have not had the opportunity to use them, but if an individual takes the opportunities that he sees to serve and to use the truth that he knows, he will find more and more opportunities to serve coming his way. He will find greater knowledge and understanding developing in his being, with opportunities to experience things which will bring to him a greater understanding. Often we feel that we cannot use the truths that we have. Perhaps at the moment we can't, but the opportunity will come when we will be able to do this. Nothing is given without a purpose. Any truth that we acquire is a truth to be used.

Often we hear things and accept them as truths, but we have not quite grasped them. But we will find as we go along that an experience will occur with us in some manner, either in our silence or in some opportunity that we have to serve, that will give us the experience to “gel” that truth that we have received. Then it becomes very apparent, very much a part of us and we go forth and use it.

Questioner: Could you tell me how one might go about raising his vibratory level to the point where he could see people’s auras?

Yaum: It is better to let it develop in its natural way as you grow spiritually through your silent periods, your prayers, and your general spiritual development. As you grow spiritually and as you learn to go deeper and deeper within yourself to find this true inner self, these things begin to open up. The first center that it is important to open is the heart or Love center. Let that Christ-child, the symbol of Love, be born in your heart where you must nourish it and bring it to maturity. When this is done, you will find that the other centers will begin to open one by one, and you will be able to use them wisely for the good of yourself and your fellow man.

To try to force any one of these centers open is not advisable. Rather let it come about naturally through your own development. We should never force. This has been one of the downfalls and failures of the white race. They seem to want to force, as is evident in many things that your civilization does today. I am not speaking of individuals, but a race. They want to force everything, to “blast off,” when there are much easier ways to do things, that are also cleaner and quieter. Nature does not force, she lets it happen, and as individuals it is wise for us to let things happen.

Questioner: It seems difficult to develop that quality of patience that is required for this.

Yaum: Yes, it is when one lives in a state of stress from trying to force life to go faster and faster instead of relaxing and letting it be. We want to crowd too much into too short a time, not realizing that time is relative. What is a lifetime, but a grain of sand upon a beach? So it is not wise to try to crowd too much into one lifetime, because you are going to have many more.

Questioner: Do you know of any further developments within the government regarding the release of information on UFOs?

Yaum: They are still battling back and forth as to how they are going to do it. Sooner or later they are going to release some things, but they are not going to approve of those from outer space. They will only admit that they are here.

Questioner: It was mentioned in Van Tassell’s “Proceedings” that NASA had already released this

information to a group in Japan. Do you have any knowledge of this?

Yaum: This could be. I don’t know.

And now, my friends, I think I have stayed long enough. It has been my very great pleasure to spend this time with you. I wish to extend my gratitude to the members of this household for permitting me to come among you. It has been my privilege and my joy, and if I have been of any help to you I am happy.

May all of the Great Ones pour forth their blessings upon each of you this night, and as you go forth may you find Peace and Joy.

Go in Peace, my friends. Peace, Peace, Peace. ✽