



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to you my children. I am Zalhem. It is my pleasure to have this opportunity to spend a few moments with you.

Questioner: How have you been?

Zalhem: I am very good, thank you. I do not believe in being any other way. Now what would you like to talk about?

Questioner: Will you talk about the ego that we listened to on Sunday?

Zalhem: These people, that you were with, were mostly being entertained by what we sometimes term an astral clown. I think that I have used that expression before. This situation could lead into harmful things because as the boy here explained to you, there are always a number of other entities that are lingering around those places looking for the opportunity to acquire the attention and to get control of someone. This is done so that they can enjoy some of the sensations of the physical life which they are not able to do over there. Sometimes, some of them can become very vicious. The ones that they will attract, or try to, will be the ones that they feel they can control for their own pleasures. For instance, those who were alcoholics in this life will try to attach themselves to someone who is also an alcoholic. They can, by doing this, enjoy some of the sensation. Various other things such as sex and other things could enter in there also. So they are not contacting any entities of any wisdom. These things are a waste of time so far as the individual is concerned who attends them and can be very detrimental.

Questioner: Is there such a thing as a "lemon," a manufactured item that continually breaks or malfunctions?

Zalhem: Everything carries a vibration and the vibration that it carries consists of the individuals who were involved in the production of it and what their thinking and attitudes were at that time. It can have an effect on the object itself. As you well know, there are those who can take someone's personal object and pick up the vibrations from that. This will tell them a great deal about the person who owned the object. It is

the same principle that applies there. So this is possible, especially if there are several people who are working on the same object and they are all in a negative attitude at the same time. It might only effect one part of something by one or two individuals that were at the wrong state of mind at the time that they produced this item.

Questioner: It seems that the gap is widening between those who have spiritual intentions and those who still follow materialistic ways.

Zalhem: You will recall that long ago we told you that this would happen and that it was due to the vibratory conditions in which you find yourselves today. You are going into a new area of space where you are exposed to new vibrations. Those who are of a positive nature are affected in a positive way while those who are negative are affected in a negative way. The positive become stronger and so does the negative.

It is a point of separation that is taking place. The separation of the sheep from the goats, so to speak. This is a preparation for the greater times when the separation will become more predominate and more noticeable. Then the purpose will be seen and more understood by the positive ones.

To put it in simple terms, your Earth is over populated. There are too many people on it so nature has to remove some of them and it wants to remove the negative ones. Going into the next age, the positive will be able function upon the positive level much easier than they do now because they will not have as much of the negative influence to work against. The hope is that we can make this planet into a much more desirable place to live with a population that is working towards self-development and is trying to reach those higher states of evolution more rapidly.

It has been a very slow process over the years and it is being gradually speeded up, as should be very evident to all of you. It is a natural process of nature. The survival of the fittest is still the law of nature. Although some people do not think so, the fittest are those on the positive side. So there you have it, it will become more noticeable as time goes on.

Questioner: Will you comment on a dream in which I was told that Mount Rainier was going to erupt. Is this true?

Zalhem: It will happen. There are many mountains in this range that will erupt over the period of the next twenty or thirty years. It is a natural process of nature that happens every so often. You are in a period now where these things are happening more frequently. They are getting more intense. It is the same with earthquakes and storms. You have noticed a big increase in storms. There has been a great increase in your earthquakes. It is not so noticeable to you because it has not happened here yet like the one that China had a few days ago. An earthquake like that in a highly populated area would be quite destructive. Those are all things that are part of nature's reaction.

Planet Earth has to be brought back into line, has to be revitalized and replenished.

It is all a process of nature, nothing to fear, nothing to get worried about. Just know that you will be in the right place at the right time. So you lose your life, as you call it. So what! Is it that important? Is this physical body that important? It is not that hard to get another one? You just have to go through the process.

Death is nothing more to fear than birth. Actually you look at it as death here but on the other side it is birth. You are being born into a new environment so there is nothing to fear. Your bodies are only vehicles. They wear out just as your automobiles wear out. Then you get another one. Just a little different process.

Questioner: Who decides when it is time to make the transition and then get another body?

Zalhem: In many cases there are always exceptions to everything. The decision is often made when the individual comes into this life. That is why some stay longer than others regardless of situations in which they live. Often people who have very poor health their entire life, live to be elderly. There are exceptions, there are accidents. You have wars and many ways that people lose their lives. Those whose lives are cut short will come back much sooner. That is why you always see a baby boom after a war. Those soldiers that were killed in the war are coming back to finish their sojourn here. Nature balances things out.

As a rule of thumb, you spend about the same amount of time on each side. This is a general rule but there are exceptions. A lot of this depends upon the evolution of the individual, where they stand. There are many whose choices are made for them when they reincarnate. There are many over there that are so anxious to reincarnate that they will reincarnate anywhere they can and find themselves often in bad situations. Many reincarnate into certain situations such as the slums because of their karma. So there are many things that enter into all of these things.

Bodies do wear out according to your style of living. If one is highly enough evolved they can make a body last almost as long as they like. But this is not desirable except in certain cases. Through the evolution of man, the physical body itself changes. You do not want to keep an old out of style body to move around in when you can have a new updated model.

Questioner: Do the children of today have weaker and sicker bodies due to poor nutritional habits?

Zalhem: This is true to an extent. The child is affected by the parents' genes and they are affected by their diet and their way of living. They use drugs and eat poorly. As has been said, "The sins of one generation are extended to the next." But through all this, man is learning. There is much more information available today than there was one hundred or even fifty years ago.

Questioner: There are two popular books about schools on the other side, Temples of Learning. Will you talk about these schools and who can attend them?

Zalhem: The opportunity is there to do this. You can if you desire but you are not forced to do it. If you are seeking and want to advance and learn, the opportunities are there. If you seek them, you will find them. Back to the old adage, "Seek and you shall find." There are more egos in the astral plane that do not seek than those who do seek. It is the same as you have here.

Questioner: Would you say the greater number of egos are incarnating on the planet now rather than on the other side?

Zalhem: Yes, compared to a century or two ago, your Earth is much more highly populated now so there is bound to be more souls here.

Questioner: If you have more egos on the other side waiting to incarnate, would not the wait be longer?

Zalhem: It can be, but normally one would still spend the same amount of time on each side. With the process that your planet is going through there will be many of those over there that will be eliminated too. Many that make the transition from this plane will be absorbed back into Universal Consciousness because they have gone beyond all hope of ever gaining what they would need to advance here. There are several categories. There are some who will be taken to other planets in the universe that have a state of evolution that they can fit into. They will have the opportunity there to either grow or go forward or go backward. You always have that choice to go forward or backward but you cannot stand still. You can only be stagnant so long. You are going to go one way or the other.

That is the Universal Law. It applies to things here in your physical life too like a business for instance. It will

not stay static for very long. It will go down or it will go up. That is the way that the law works.

Questioner: In your own individual self-development, the higher you rise in consciousness, the more responsibility you have and the more is expected from you. Is this true?

Zalhem: That is right.

Questioner: There seems to be a limit to the growth of a business in the physical. There seems to be built in parameters.

Zalhem: Everything has a rise and a fall, it will not stay static. In the case of a business, usually the rise occurs during the lifetime of one person. The decline will usually take place when someone takes over who is not as well adept at running the business. It might stay on a level for a short time but then it will go down.

Questioner: Is it detrimental for a “channel” who does not leave their body to “channel” for a long period of time?

Zalhem: Yes it is. That is why you saw what you did. The controlling entity uses the energy of the “channel.” They pull all of the energy from this person in order to function. This leaves the person depleted. It will depend upon the entity how badly depleted they leave the “channel.”

It has been my pleasure to spend this time with you. As I leave I extend to each of you my love, my peace, my blessings and my joy. May you go forth in your sojourn and find more and more of this peace and joy that comes with knowing of self.

Peace beloved ones, Peace. Peace. ☸