

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## February 16, 1957

Questioner: "Learn to go within, to follow that guidance which comes through your higher intelligence to you and will guide you only in the right direction, if you so desire."

Guide in health and material needs?

Hatton: This is your guidance for everything. It knows what is best for you regardless of what it may concern, whether it be of a material nature, such as a material need you may have for your everyday living or comfort. There is no need to be in want. Your creator has never intended for you to want for anything. You bring about your own lack, through your own thinking, your own actions. Go always to this higher self or intelligence. There, any of your problems can be solved. It has the answers to all our problems. You need only to learn to contact it, to be able to state your problem clearly and it will give you the answer because it has access to that great storehouse of knowledge where all you can make, produce, has been produced before.

No problem that you could possibly have has not been solved before. The answers are all there in that great storehouse of knowledge and your own higher intelligence has access to this storehouse at all times.

**Questioner:** Is this praying to the Father within? Can it be done in meditation?

**Hatton:** It certainly can. You are a part of your creator. You are a creator. As your problems, needs arise quietly and clearly state these needs, these problems, to this higher Intelligence or as you speak of it as God. We prefer other terms. The answer to these problems will come to you. State them openly and clearly and then let it rest in your innermost being. The answer will come to you.

Your people have lost this art, generally speaking. It needs to be cultivated.

Questioner: How do we help others?

**Hatton:** You can help others as they will allow you to help them. To those who seek help from you, administer your help wisely. The level of understanding of any person determines the way in which truth shall be given to them. There, my friends, is where wisdom

is necessary in spreading truth to those about you. Hardly any two persons will be on the same level of understanding. There again you must listen for that inner guidance, for that what is truth for you may not be truth for another. You cannot force truth on anyone. Each must grow in their own way.

**Questioner:** By surrounding them with light we can help them to be aware of it, can't we?

Hatton: You can help anyone by sending your light and Love. This is always effective although it is not always apparent to you. Your love should so radiate that those about you feel your love and light whenever they are near you. This creates more desire in those with whom you come in contact, more desire to know the truth than anything you can do. This is what is meant by the statement in your Holy Works, which states, "Do not hide your light under a bushel but let your light shine forth that others might see it."

**Questioner:** And that light is our creative power within us and our love?

**Hatton:** Also it is your demonstration, your living demonstration of this light. It radiates from you when you are able to demonstrate in your own life, because your life is a happy and glorious one and it radiates all about you for all to see.

May the Love and light of the Infinite Creator rest in your hearts.

My blessing I leave with you.

Odina, Beloved Ones, Odina. 🕏