

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Since you have just completed your study of the book, "The History and Power of Mind" by Richard Ingalese, I would like to make a few comments upon it.

This book contains truths and laws that the student of Occultism must know and practice, at least to a certain degree, before he or she is to be accepted as a probationer. Whether one is seeking to be accepted as a probationer or not, knowledge of these laws and the use of them can be of great help in improving your own environment, your own happiness and your own wellbeing. But to know these things is not enough, you must put them into practice.

Your Scriptures open with these words: "In the beginning was. the Word, and the Word was with God." I believe if the word, "Word" was changed to Law, it would read more accurately, because this is actually the case.

At the beginning of a Cosmic day, the laws governing that Cosmic day, are put into motion and everything must function by those laws. It doesn't matter what takes place, it is governed by Cosmic law, therefore, if we are governed by Cosmic law, would it not behoove us to learn what these laws are and how they function? This is one of the things we have emphasized to you for a long time. That is why you are studying these laws: to learn how they function and what you must do to cooperate with the law.

If we are to benefit by a law, then we work with it, not against it, but so many upon planet Earth are not doing this. They are working against the law instead of working with it. Then they wonder why they have so many problems, so many difficulties, and why they find themselves in such undesirable situations. And the only reason, for this is: they are working against the law instead of with it.

Everything that existed throughout your Universe came about through the use of certain laws. By law Mind is the most powerful instrument in all creation. What you call God, is Mind, a Universal Mind, out of which came all other Minds. It is through these Minds that Universal Consciousness expresses Itself, and it is through these Minds that Universal Mind evolves. Since each of you are a part of that great Universal Mind out of which you

came, you have all of the powers and the abilities of Universal Mind or Consciousness.

You have the power to create, and whether you realize it or not, every moment you are creating. Knowing that you are functioning under this law, then should we not monitor our thoughts and think creative thoughts that are positive and will bring to us that which will enhance our existence rather than detract from it?

The great spaceship you call planet Earth upon which you are traveling through space, was created by the collective efforts of advanced Minds as were all the other planets and stars of the universe. They did not need to use hammer or chisel, or shovel. It was put together by the power of Mind.

All of you are Mind. Mind controls all things, and you have a Mind that is all-powerful. But you also have another mind that brings you a lot of opposition. It desires to satisfy the senses, to have the carnal pleasures and sensations of life. We are prone to yield to this lower animal mind, rather than fulfilling our primary purpose in life, which is to bring this lower mind up to the spiritual level of the Higher Mind or of an equal vibration.

The only thing that holds you to this earth, is your attachment to this lower mind or self, and when I say "you," I am speaking of your Subjective or Higher Mind.

There is nothing on this earth of as high a vibration as your Subjective Mind. The only thing that keeps it attached to this planet and keeps it from floating away, is its attachment to this lower mind.

The lower mind is held here through the gravitational pull which affects it, due to its lower rate of vibration, its density.

So it is up to the individual to raise the vibrations of the lower mind to that of the Higher Mind. Once this is accomplished, you will no longer be attached and held to this earth.

When we come into the realization of these things and come to understand them, then we understand, why we are, where we are, at this point in time. And through a bit of analyzing and deep thinking, we can come to a conclusion of what we need to do, if we want to reach

higher points on the ladder of evolution that are held out to us.

May you grow rapidly in your search for Truth and in your accomplishments. Peace, peace, peace. ❖