



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

Copyright © 2012 Clyde Trepanier

December 11, 1984

Nathaniel: Greetings to you, I am Nathaniel. Today I am going to give you a test. Now you have gone to school for quite some time, and now it's time for an examination. This will be in visualization and drawing color to you through visualization.

This will be a little difficult. I don't expect you to get a very high grade, but all of you have your wisdoms with you, and they are going to help you in drawing this color to you, so that regardless of your own success, you will still get the benefit. But, we want each of you to try.

Now we are going to use several different colors, so this is what will make it rather difficult for you. We will be going through the main range. To draw it to you in great abundance, I would suggest that you extend your left hand, drawing it in. Visualizing it coming in your left hand, then filling your aura.

Now if you were going to direct it to another, you would bring it in with the left hand into your aura. Then direct it with your right hand to the one you are treating.

But in this case we are going to let it flow into your own aura.

Questioner: Should we touch our body with our right hand?

Nathaniel: No, that will not be necessary in this case because it will not be going through the right hand. We are just going to bring it into the aura. Just relax the right hand.

We are going to start with the orange, the life giving energy. We are going to visualize that coming to us. It is flowing to us. We are drawing it like a magnet. We are drawing it from the cosmos. It is flowing through the left arm into the aura. We are now seeing this scintillating, vibrating orange color, and it is flowing to us through the left arm and through the aura. This is the life giving energy. Without this energy, this vibration, no life would exist on your planet. It is necessary and vital for life to sustain itself.

So you are going to take it in, in great abundance in order to give you new strength and energy, new vitality with which to function. Now that we have filled our

auras with this, let us rest our arm for a moment. See our auras filled with this vibration and absorbing it into our physical bodies, giving new life, new energy, to every cell and atom of our bodies. We will take just a moment to do this ...

Now that we have absorbed an abundance of the orange, we will change to the green. We are going to use a medium green that will be a little lighter than your grass, a little darker than a pea pod, sort of in between that. Now see this scintillating, vibrating green vibration flowing to us, like we were a magnet drawing it to us in great abundance.

This is a color that is native to your planet. The earth is known as the green planet. That is why, when you gaze upon the green meadow or the green forest, your eyes become relaxed, you get a pleasant feeling in the eyes. Your bodies have a special attraction to the green because your physical body is adapted to function in that vibration. That is why it feels so good when you lie in the green grass. It is much easier for you to relax when you are lying upon the green grass of your earth.

Now again we will relax the arm and see our auras filled with this green and see it being absorbed into the physical body and as this happens we become very relaxed. It feels, oh so good and relaxing. That is why it is so easy to fall asleep when you are lying on the soft green grass of the meadow. Now so much for that vibration.

We will now go to the blue. We are going to use a blue some-what darker than the electric blue, more of a medium blue. We now see this radiant, vibrating, blue coming to us. It is flowing into our extended hand and arm into the aura, and our aura is gradually being filled with this vibration. This should give us a feeling of well-being, a feeling of security, a feeling of positiveness, for we are shutting out all negative vibrations.

When our aura is filled with this beautiful color, negative thoughts bounce off like they were a rubber ball. We cannot be influenced by negative entities, or negative thoughts, for they will not penetrate this energy. Now again we are going to relax the arm and see ourselves filled with this vibration, and it is being absorbed into every cell and atom of our bodies, so

that we can hold it for sometime to come, and let it gradually work out into our auras.

Now we are going to take one more vibration. We are going to call forth the gold. If it would be easier you could visualize this energy flowing to you from a golden sun. See it coming in great abundance, flowing down the arm and filling the aura. This is a beautiful, vibrating, scintillating energy.

It can bring us peace of mind, relaxation, a feeling of happiness and well-being. This is why you feel more exuberant when the sun is out, and less so when it is darkly clouded over. It is a peaceful vibration. It gives one a feeling of peace and joy. It causes the positive things to stand out more than the negative things. You simply function better when you are drawing this energy to you.

Now again let us relax our arm. Let us absorb this energy into our innermost being so that we may have more peace and joy in our lives. And so it is.

Questioner: Well, how do you think we did? It was nice to have your help.

Nathaniel: I think you all did quite well because that was a difficult thing to follow. It is easier to hold one color than it is to change from one color to another. You have to become quite proficient in visualization and be able to change your visualization rather quickly to do this, but this was a good exercise anyway. I gave you a good exercise on the power of your concentration. It gives you an idea of how much work you have to do.

Questioner: Did it help to do it in a group like this or should it be done alone?

Nathaniel: It is an individual thing, yes. You really, in a group, on a thing like this, are not adding power to each other, because it's the concentration of power of each individual which determines the success of that individual, but considering, you all did quite well.

Questioner: Thank you for all of your help.

Nathaniel: We just thought that we would give you a little something to work on, a little exercise, to exercise your minds a little bit.

Questioner: You helped us, too. Were our auras cleansed?

Nathaniel: Your own wisdoms did some of that for you and with this color exercise—helped to drive out the negativity in your aura. So you were in good shape that way.

It has been my pleasure to do this exercise with you, and I hope that you have benefitted from it. So be it.

December 11, 1984

Questioner: Would you care to comment on the new planet or whatever it is, being seen by our astronomers?

Nathaniel: I have not investigated this yet as to just what they have seen, and what they reported. This could be another planet outside your solar system that is being developed. I do not think that it is your new sun, but I am not sure as to exactly what they have seen as I have not gone into that situation at this time.

Questioner: It is not one of the known planets in our solar system, then?

Nathaniel: No, it is not part of your planetary system. There are more planets there than most of you are aware of, that have not been discovered yet, but it is not one of those. Some are planets that have not yet taken on the dimension where it shows on your telescopes.

Questioner: We hear so much about our science not finding any life on the moon or Mars. Why is it so invisible to them?

Nathaniel: You know that there are many planets that have life that are in other dimensions which would not register on your visual equipment, such as telescopes, cameras and so forth.

Questioner: What about structures?

Nathaniel: The structures would still be of the same dimension as yours are for you here.

Questioner: It is so discouraging for us who believe there is life on other planets, that our science cannot find tangible evidence to support our beliefs.

Nathaniel: This is just something you have to live with until your science becomes aware of other dimensions. On the moon, there is no established life. It is a dead planet. But there are some of the extraterrestrials who use the moon for a base for their operations. Other than that, it does not support life. It did at one time but it is a dying planet now.

Questioner: Is Saturn more advanced than we are? Is it in the fourth cycle as we are?

Nathaniel: Yes. The early contactees seemed to think that Saturn was a very advanced planet, but there was a lot of misinformation given to many of them by negative sources. The highest developed planet in your system is not in your planetary cycle. It is in another cycle. Venus is the fifth planet in another cycle. There is only one, fifth planet in each cycle.

Questioner: I have been going through some negative times at my eight hour-a-day work. Is this negativity caused by planetary influences or am I being negative and drawing this to me?

Nathaniel: It's probably a little bit of both. There is a lot of negativity around, and if you are in contact with a number of people, you could run into some of that. The

way you handle it will determine the way it will affect you. You have to respond in a positive way to their negativity which then has a tendency to lessen their negativeness and its effect on you.

Perhaps even some of them may even take a little lesson from you and improve their attitude. There is an old saying of your people that you can catch more flies with honey than with vinegar. But no doubt this is testing you and the only way we can find out if we can deal with a situation is to be tested in that situation which gives the opportunity to handle it in a positive way, if we so desire.

But we cannot let other egos affect our attitudes and our thinking. They can only affect you to the point that you allow them to. We understand that the people of Earth have come up through a period where they have been taught that it is good to respond negatively to something negative, but that is farthest from the Truth.

I am speaking generally of how you deal with situations that affect you negatively and you respond that way. What was it that your Master said? "Pray for those who despitefully use you," which means to respond in a positive way, to forgive them and do not resent their attitudes.

It is difficult in your environment, I understand this. Do not resent someone's negativity, or whatever you wish to call it, towards you but respond to that positively. And often you find that, when it is on a one-to-one basis especially, after this is done over a period of time, the other person begins to respond in a different, more positive way. They begin to see the folly of their thinking and their attitudes.

Questioner: But isn't it also true that when you think positively and react in a positive, forgiving way that you can be removed from the situation?

Nathaniel: Often times, yes. The situation will change for your benefit, and the stronger your positive attitude, the quicker it will change. You will be removed from the situation or the other parties will change. Often this is the case.

Questioner: Are we especially vulnerable during sleep, and if so, is there anything we can do about it? I have awakened recently with an unexplained despondency which I can't account for.

Nathaniel: Yes, it is possible during your sleep to "pick up" negative things especially if they are directed to you. It is surprising how often these thoughts are directed to us from individuals who mean no harm, but who are not in harmony with what we do. They are sending us negative thoughts in that they think we are on the wrong path and doing things that are not conventional, etc. If we are sensitive we "pick up" these thoughts and they will affect us.

It is necessary that we keep ourselves surrounded in the blue light, which keeps those things from coming to

us. We are just as vulnerable when we are asleep as when we are awake as far as that is concerned.

Questioner: The planets can have an effect on us, but we can negate this by becoming strong. Right?

Nathaniel: Yes. "The fool is ruled by the planets. The wise man rules the planets." That is an old occult saying.

Now, we know that there are these influences, etc., and through astrology we learn we are affected by the planets in certain positions, but we do not have to be affected by that. It is only the weaker minds that are affected, and the weaker the mind, the more it is affected. I do not mean by that, especially incompetent minds, but more or less negative minds, and a negative mind is a weak mind, although it may be highly intellectual.

Those types of minds can be easily influenced by these energies that are flowing to us from other planets, other places or sources. This is why it is most important to think positively, to stay away from self-destructive, self-pity, and negative thinking. Feeling sorry for oneself and dwelling on all of the negative problems that we see, brings ourselves down and down and down, where our minds are influenced by all of these things.

Impatience, irritability, are just other phases of fear and anger. Anger, of course, is another phase of fear which takes many, many forms. It can emerge in all kinds of forms, but it has all of the same roots, fear.

That is why it is so important to conquer that "old devil" fear, for he is one of the greatest devils you will ever face, and I use that word loosely.

Questioner: We understand what you mean. Thank you. You have been very helpful and we are grateful.

Nathaniel: We attempt to share our understanding with you and hope that you will benefit from it.

Now, beloved ones, I must leave. As I do I extend my blessings, my love, my joy and my peace to all of you.

Go in peace, beloved ones. Walk in peace. Be peaceful, for a peaceful mind is a joyous mind. So be it.
✽