



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**Yaum:** Greetings, I am Yaum. I wish to extend my special greetings to your new member here.

I have a few moments that I can spend with you now, if I can be of service. If you have any questions that I can answer concerning the subjects which you have been studying, I will share my understanding with you.

**Questioner:** How can I strengthen and reinforce the knowledge that I have received, so that I will be able to serve in times of trouble and crisis, and not succumb to fear and self-doubt?

**Yaum:** Fear is a very strong emotion in man, coming from the lower nature. Fear is something that all must learn to conquer, sooner or later. One must develop poise, and you can never develop a great deal of poise until you have controlled the emotion of fear. However, I see no big problem in your case. You seem to be able to control this emotion quite well. Your faith is strong and you seem to see quite clearly. Therefore, I think that when the chips are down you will remember what you have learned and be able to do whatever you find necessary at that time. Doubt would be a phase of fear, so do not doubt your ability. You will remember if you are called upon. Don't you feel that you have done quite well, so far?

**Yaum:** No.

**Yaum:** Oh, I think you are doubting yourself, somewhat. You have the strength and ability to handle whatever you are called upon to handle. One is not asked to do that which is beyond his or her capacity.

**Yaum:** Thank you.

**Questioner:** In the future, as it becomes more difficult to get food, I feel that people will start coming together. My mother said that people seemed to be closer during the war. They seemed to care more for each other. Perhaps it was because they knew that, with the bombs dropping, their lives could end at anytime. I am wondering if there isn't some good which comes out of all of this sense of community, and an attitude of sharing and caring for each other. Is it possible that people become less selfish then?

**Yaum:** Of course, it's possible. As the saying goes, "Necessity is the mother of invention," and when people find it is necessary to do certain things in order to survive or in order to accomplish what must be accomplished, they work out a means of doing it.

As for those of like mind coming together, this process will take place because people are drawn together by the law of attraction and repulsion. There are some individuals for whom you may experience a feeling of repulsion. You are not drawn to them because you are vibrating on a different level.

In times to come, you are going to see more people of like minds being drawn together. This has happened before in the early history of your civilization. At that time, many of them found they had to go underground, as in the case of the esoteric groups. When they were forced out of the churches, they went underground and formed secret organizations. Many of your present organizations, such as the Masons and the Rosicrucians, had their beginnings in these secret underground groups.

**Questioner:** Would you consider the Essenes an underground group?

**Yaum:** Not in the beginning, but later on they had to go underground and became one of the esoteric groups. As the negative powers of your civilization became more and more powerful, they put into force certain laws and rules to control the people and they had to go underground.

There will be these kinds of things taking place again, and those who refuse to go along with the evil ways will go underground. This will take place gradually, as the pressure upon them becomes greater. This will not happen overnight, but will come about in a gradual way.

All changes come about gradually. This is one thing that you need to become aware of so that things will not creep up on you unnoticed until they have reached a point where you can do nothing about them. This has happened a great deal in your civilization. People have gone their merry way, living high and pursuing their pleasures without taking the time to realize what was going on about them. They have allowed certain people to get into positions of power, who are taking

advantage of the masses. By and large, your civilization has no one but themselves to blame, for they have been “asleep at the switch,” so to speak.

**Questioner:** Would it be helpful for these groups to come together and form small communities so that they might help one another and be with people of like mind?

**Yaum:** It is helpful for those who are thinkers and who are of like mind, to become aware of each other, to associate and learn together, and to discuss and grow. This is great, but it is a matter of desire. Some have chosen to establish communities, and there is nothing wrong with this. They have developed them to a point where they have become self-sustaining. This will be a very great advantage in some of the times that lie ahead to be able to raise your own food, produce your own energy, and be self-sustaining.

You may also discover that you do not need all of the things that you thought you needed and that you can get along very well without a lot of these things. I do not mean by this, that there is anything wrong with having conveniences, pleasure or recreation, etc. The thing that one must do is to be on guard so that the material things do not take control over the individual, rather than the individual having control over the material things.

**Questioner:** I do not like to think that everything is going to be so terrible. What can I, as an individual, do to prevent it?

**Yaum:** No one likes to think of conditions becoming terrible and I do not mean to say that things will be unlivable. However, there will be the necessity of putting your priorities where they belong. These changes must come about. Mother Earth is going through a cleansing process because she has been depleted and robbed of all her resources.

This cleansing process is part of a cycle and it has occurred in the past to other civilizations upon your planet. If the consciousness of your civilization were high enough, another cleansing would not be necessary, but your civilization does not understand these things. It does not understand itself. So the only thing that you, as individuals, can do is to get your own house in order. If you do that, you have nothing to be concerned about, for you will be in the right place at the right time. You may not have all of the conveniences that you have had in the past, but your problem will not be nearly as great, if your house is in order.

It is those who are unlearned, who have not made attempts to improve their knowledge, who have not grown or evolved as they should have, that will be most affected. Instead of building their consciousness upon a solid foundation, they “ate, drank, and were merry.” The materialistic foundation is not a solid one. You must build upon a spiritual foundation if you are to stand in the fire.

At this point, there is not much that any of you can do to turn things around. If the knowledge of your civilization had been built upon a spiritual foundation and if people had sought the truth and had become knowledgeable, these events would be of a much milder nature. Man would be able to go through them without too much discomfort. He would have the knowledge and know-how possessed by those upon other planets, who have evolved to a higher state.

**Questioner:** Yaum, your long, continued existence upon this planet demonstrates the possibility of doing this, when an individual has evolved highly enough. I realize that your level of advancement is far superior to my own at this time. However, I wonder if I would be able, if I worked very hard in the next few years, to develop the ability to control my environment and protect myself from violence the way the highly advanced beings do?

**Yaum:** My friend, you can accomplish anything. There is nothing that man can conceive, that he cannot accomplish. Whether or not you are able to do this in the time you wish to, will depend upon the amount of time and effort you are willing to put into developing that mental power, because it is all mental, my friend! There is no great secret to doing what you are thinking about, but it will take a lot of hard work and will depend upon what you feel capable of doing.

Do not give this your top priority, however, for there are other important things to do, also. You could devote all of your efforts to meditation and concentration in an attempt to develop this ability, but I would not advise it. If you do this, you are going to become unbalanced, and it is necessary that you keep everything in balance. Have patience. Spend the time that you have available on this without neglecting all the other things. You will find that you have responsibilities and obligations to fulfill. There are many things that will enter in, so my suggestion to you is to maintain balance. To try to become a great Master Mind in only a few short years could be more detrimental than advantageous. That would be my answer to your question.

**Questioner:** Should I concern myself over the possibility that I may have to confront violence in the future, knowing that if I make the wrong choice I could incur negative karma for myself?

**Yaum:** Never contemplate the negative! Know that all will be well with you and that you will not have to encounter situations which you are not capable of handling. Of course, we all encounter negativity, as it continually goes on all around us, but we have to wall ourselves from this. Do not do anything to attract it and know that you will be able to handle the situation when, and if, it comes. Do not worry yourself about it, for worry will bring it about more quickly than if you were seeing clearly. Over-anxiety can deter one's progress. You have to work, but patience is a necessity, for the answer does not always come when we think it should.

So you must have patience and Universal Mind will fulfill at the right time and in the right way.

**Questioner:** Could you pinpoint the approximate time that the Antichrist will emerge and become widely known?

**Yaum:** No, I do not want to set any date for this. There will be one who precedes the true Antichrist. The true Antichrist will not appear until the tail end of the situation.

**Questioner:** How much power will the first one have?

**Yaum:** Those of great power always have a forerunner who comes to prepare the way, just as John the Baptist did for the Master Jesus.

**Questioner:** Benjamin Creme couldn't be the forerunner, could he?

**Yaum:** No.

**Questioner:** Do I understand you to say that the forerunner of the Antichrist will be here for just a short time before the true Antichrist appears?

**Yaum:** The true Antichrist will be short lived, while his forerunner will live longer.

**Questioner:** Will there be just one forerunner and will he have a large following?

**Yaum:** Yes, there is one who will predominate. He will be quite instrumental in trying to establish a world government. That establishment is already in progress as the Common Market. They even have a constitution and so forth. Here again, it is one of those things that will come about gradually. I think you are all becoming more aware of this.

**Questioner:** Would the forerunner to the Antichrist be the one born in Italy about 20 or 21 years ago, that you told us about some time ago?

**Yaum:** Yes, he would be somewhere in that category.

**Questioner:** Would you say that he will probably come into public view in the next three or four years?

**Yaum:** He will become active, but the world government will probably take a little longer. It will first be established among the European nations and then will gradually build.

Now, I think that I have more than stayed my time and I must be on my way. It has been a pleasure to spend this time with you. If I have been of any help, I am happy.

As I leave you, I extend to each of you my sincere love and blessings and I ask that the blessings of all the Great Ones be bestowed upon each of you. May your search for truth be ever fruitful.

Go in peace, my friends. Go in peace, walk in peace. Peace, peace, peace. ☸