

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## May 23, 1978

Samuel: Greetings to you, my children, I am Samuel.

I am only going to say a few words at this time but I should like to, for a moment, give you some idea of what we will be doing in the near future.

We will be talking about many things, among them will be some rules that we wish you to follow and some of the things that will be necessary for you to accomplish before you are chosen as a chela.

A few of these things that I might mention will be the effect upon the individual of anger, resentment, of laughter and of joy. We shall be talking about children and some of the things that we might say might be somewhat difficult for you to accept or understand, yet as you reach greater heights on the Path, you will realize the Truth of our words. We will be talking also about thought and the effects that it can have, both upon yourself and upon others and here again you may find some surprises.

But we just want you to know that we are interested in your progress and that we are going to help you in every way that we can, to move along the Path. All of you will need to make some changes and these changes will not be easy. It is not easy for one to pull himself from the old ruts and develop new ways and new procedures. We realize that many of these things are very deeply seated and will not be rapidly eliminated from your consciousness and your ways of life.

Know always that we understand your problems and that we are with you, supporting you and encouraging you in every way that we can. But there will be times when you will doubt this very much.

May each of you be able to keep your courage high and your intents pure, and that will be all that I have to say at this time.

May the peace and the love of the Great Ones surround each of you and may this love penetrate deeply into your hearts.

Go in peace, beloved ones, go in peace.

Peace, peace, peace. \$