

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

Copyright © 2012 Clyde Trepanier

## **December 28, 1963**

**Teacher:** Come unto me thou that are heavy laden, and I will give you rest, I will give you peace. Know ye not that ye are children of the Living God? Within each He doth dwell, within each is contained the mighty strength, the mighty ability of His Creation. Do seek within. To seek in the world without yourself is to seek wrongly, for Man hath never found his peace or his God in any place but within himself. Men have sought throughout the Universe to find this God, but always man has returned within himself to find the True Aoneness.

Man was created as a part of the great whole, the great aoneness, and this is the realization that must come to Man before he will find true peace. To realize and to know what you call God, you must know self, and one can know self only by becoming acquainted with self.

Your civilization today has reached a point in its progress as a civilization where man is beginning to realize the importance of knowing, to use your terms, what makes one tick. And in learning this process, one will find that the true knowledge is found within oneself.

Now I do not mean to imply that intellectual knowledge is not well to have, for this has its place in all civilizations, but once Man has realized his True Self, his capabilities, his aoneness with all life, he will find his intellectual knowledge comes quite simply after he has attuned himself to the inner life. He will obtain knowledge and wisdom. He will find he has inner powers, God-given powers which all men possess and which lie dormant within him, because he has lived in the without rather than within. He has sought first to develop intellectually rather than spiritually.

Seek to know Truth. Accept not these things that are given to you in the outer without pondering deeply within the silence, in your innermost being, and there will be made known to you that which is of Truth and that which is false.

Earth Man through many centuries has been falsely taught and has therefore struggled through life after life under misapprehensions, applying principles which were not true principles. Once man has learned laws of life and lives the Laws, his life becomes simpler. Life takes on new meaning, becomes uncomplicated, for

life in reality and truth is simple. Man himself makes it difficult.

It is very simple to cause water to flow down the hill, but it is more difficult to cause it to flow up the hill. It requires great effort, great energies and so with life. Determine in your own heart to learn and live by the principles and Laws of life, and life will become sweet. These Laws are simple but precise. They have been repeated to your people many, many times. Many of your people know these laws well, yet they heed them not, yet they declare life to be difficult and to be harsh. Beloved ones, it is that simple.

Many of your writings, have been mistranslated, misinterpreted, and mis-written, sometimes deliberately to mislead. One of your great Masters has told you these things. He said, "Seek the Truth, know the Truth, and the Truth will set you free." Freedom is Truth and Truth is freedom. If Truth is diligently sought it will be found. In other words, "Knock and it will be opened," but first knock, seek, want to know. No one can do this for you, beloved ones, no one can develop your own soul except you. I quote from another saying, "When the pupil is ready the Teacher will appear." So seek if you would know, and you shall know and life can become more abundant.

May the peace, joy and the understanding that you would have come to you. May you find Truth in great abundance, and may His blessings rest with each of you.

Peace, peace, peace. \$