

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## February 21, 1961

Yaum: Good evening to you, my friends, I am Yaum.

It is once more my pleasure to be again with you. I always enjoy coming among you, listening to your discussions and observing your sincerity in attempting to gain a higher understanding. I, and several others have been with you tonight during your entire gathering. The instrument has been aware of this, although he did not mention it.

My friends, the need for understanding among your people of earth is greater and greater each day. You are all aware of the great increase in turmoil that exists today. You are also aware that there are great risks involved. The chaos that is developing could, at any moment, break forth into serious turmoil.

Many beings are working long and diligently, attempting to avoid this sort of thing for your people. This is being done in many ways. They are attempting to bring about influences upon the minds of certain individuals who are in power and positions to bring about decisions that will avoid chaos. Many of these minds have been influenced by the forces of darkness for many, many years, and it is not an easy task, to completely change the minds of these individuals. However, progress is being made, and we hope to bring about much good, as the people of Earth go about their daily living, they are very, very unaware of what is going on about them. The great masses of your people are not aware of all of the help that is coming to them from many, many levels of life. If it were not for this help, life would not exist today upon your planet Earth, for the forces of darkness would have long since destroyed your planet.

I have been upon the surface of your planet, in what you call a physical body, for a long time, much longer than you would think. The life span of Earth man is greatly limited by his thinking. Man believes his life span shall be three score and ten, therefore, that is approximately what it is. I have been upon your planet in the same physical conveyance for more than three times that period, although I am not originally from your planet. So you see my friends, you are only limited according to your own consciousness. Some of your higher thinkers say: "As a man thinketh, so is he," but I

prefer to say, a man is exactly what his consciousness can perceive.

There is nothing new, everything that exists in creation is, and always will be, and it always has been. So you see, you do not create anything new. We merely increase our consciousness. And that, my friends, is what you are attempting to do when you are attempting to gain understanding, and by gaining understanding, you have broadened your consciousness. Of what, of what, my friends, can you conceive? Increase your expectations.

I am told by the teacher of the instrument through which I work at this moment, that he was given in some detail, a lesson, or shall we call it a lecture or instruction on expectation, in attempting to increase expectations, I am also told that he was amazed at the results that came when he applied this in just a very minute way. Now, what if he could have applied it in a big way, well, but I believe it is better to learn slowly, for sometimes, too great results bring about confusion. One must move slowly in truth. To gain too much knowledge at one time, or too rapidly, might not be the best way for experiencing.

I am told, my friends, that due to the fatigue of the instrument tonight, that I have stayed my time. So now, my friends, I must leave. It has been my pleasure and my joy to spend this time with you. I hope I have not bored you with my expounding. I should like to extend my gratitude to the members of this household for accepting me in here tonight and to all of you for your love and for accepting me in this light.

My Peace, my love and my understanding I extend to each of you.

My Peace I leave with you.

Goodnight, my friends. 3