



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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## September 10, 1982

**Yaum:** Greetings to you, my brothers and sisters. I am Yaum. Anthon asked me if I would pay you a little visit tonight, and since I had a few moments to spare, I accepted his invitation. It is my privilege to be in your presence again, and to visit with you and your guest here, and I would like to extend my greetings and love. It is my pleasure to be with you. Now what would you like to talk about?

**Questioner:** How can one be certain when to act and when to pause?

**Yaum:** This, my friend, is a very good question and one that is on the minds of all of you, I'm sure. If you are to become a well-rounded soul or ego, then you must learn to develop your own intuitiveness, your ability to listen to that small voice within you. This, of course, takes some work, as you have discovered in your recent studies of the different types of meditation and methods of developing intuition.

I think that Mr. Richard Ingalese referred to it as "philosophical meditation," but perhaps you have your own name for it. In this type of meditation, you enter into the silence and ask for guidance from Deity, God, or whatever terminology you may choose to use, and then you listen for it. Now, this may not come to you right at that time, but if you are sincere, and if you are aware of your impressions, it will come. It may come at any time, the next day, the next week, or it may be longer. Your desire should be that you be always aware of the impressions that come. However, you must also be aware that sometimes these impressions may come from the lower self. Therefore, it is also necessary to analyze and judge the impressions that come, and soon you will learn to distinguish between those that come from the higher self and those from the lower, or desire self.

Mastering the lower self, especially the desire part, is not always easy to do. However, if you analyze your impressions carefully, you can usually distinguish those that are coming from the desire self, for they usually have some selfish motive behind them. Frequently, they are not logical, for they are influenced by the desire for the earthly or carnal thing, whereas the higher self will be more concerned with the spiritual

aspects and the desire to be of service to others. It will have much higher motives than the lower self, so you need to distinguish between the two. In the process, you will often make some errors because you learn by making errors.

Often, fear enters into the desire aspect. For instance, you may desire to do something because you fear a certain situation or because you fear that something is going to happen to you if you do not do that and so. So, do not let fear get in your way, for fear is one of your greatest enemies. It must be overcome. Until fear is brought under control, it is impossible to have much poise and you must develop poise if you are to accomplish anything upon the Path.

Often we find ourselves feeling driven to do a certain thing. We have this intense feeling within us that we must do it. When this occurs, we should give it careful consideration, remain calm, and make sure that we are not acting out of fear.

Always try to keep your poise, for the times that we are living in now are bringing much anxiety to people. It is "in the air," so to speak. This vibration has been increasing for a number of years, and you are also subject to that. Great changes are taking place in your civilization today and with your planet and this is causing certain vibrations to predominate. These vibrations are bringing about feelings of anxiety. Therefore, all situations should be met calmly and without fear, and good judgment should always be used. There is an old saying among your people, "Haste makes waste." This was wisely spoken, for you will find that the more you hurry, the more you seem to fall behind. So there is much that we must consider.

You have had a great, burning desire to get on with the work for a long time now, have you not? This is an urge from within you, dating back to a time when you did not have a physical body. You were not yet joined with the animal body and mind. You knew nothing but good, and you had no sorrows, no physical problems. You were not confronted with any of the things that you are having to cope with in this vibration. Before the ovals, or the higher minds, came to this planet to join with the physical body, they had not experienced any of these things. They did not have to face the elements. They

had no knowledge of pain, or any of the problems that you now have.

The only thing that holds the higher mind to this planet is its magnetic tie with the lower mind. If it were not for that, it would not be held here, for it is the highest vibration of anything upon this planet. Being magnetically tied to the animal mind, the higher mind is held here. You might say that the animal mind acts as a jailer to the higher mind, or to put it another way, it holds the higher mind as an anchor holds a ship.

The lower mind is a product of the earth and being of a lower vibration, it is automatically held to the earth. So the only way the higher mind can free itself from this vibration, is to bring the lower mind up to the higher vibration where it is no longer desirous of earthly or carnal things. Deep inside of the higher mind, there is a faint recollection of that time long ago, before it came to this planet. This is more dominant in some than in others, but everyone has a certain amount of this. Somehow they know that there is something better, and that this is not the answer. That desire to find the answer is pulling at them, and this is as it should be, for this is that spark that will drive you on in your search for truth and knowledge. You, my friend, have this spark burning quite brightly within you, and that is why you feel this great urge to get on with this. I have said enough on this subject.

**Questioner:** Did the ovals connect with the animal bodies, that they might learn and grow?

**Yaum:** Yes, this is a part of their evolution. Everyone who joins with the animal body has this urge to grow and learn. In the beginning, when they first joined with the animal bodies, they had never experienced any of this. They knew not what to do.

**Questioner:** Were these the ones who “fell,” as it has so often been called?

**Yaum:** Oh, you could call it falling, but it really is not, for this is a natural process that takes place. They were drawn into all of this. The animal mind was accustomed to the desires for carnal things and this exerted a great pull upon the higher mind. As the higher mind experienced these things and found pleasure in them, they were gradually drawn more and more into that vibration. Then, it became a matter of survival, which was something which they had never had to be concerned about before. Up until this time, they had been pure mind. They didn't have to till the soil for survival. They lived off of the ethers from the planet from which they came.

**Questioner:** Is this desire to grow, to learn, and to serve felt more strongly by some than by others?

**Yaum:** Some hardly have it at all. They have become so completely absorbed in the lower vibration that they have lost it.

**Questioner:** I was referring to the time before they became attached to the lower vibration. Weren't there some who did not have this urge and were not a part of the “fall of man,” so to speak?

**Yaum:** In this evolutionary period, yes. They had already gone through the process of evolution, as in the case of your planetary spirits.

**Questioner:** This is the culmination of a great period in our evolutionary cycle and there are many who will not be able to advance into the New Age at this time. Could you comment on this?

**Yaum:** In the New Age, or the next cycle, only the strongest souls will be left here on planet Earth to start this new evolutionary period, for it will be a period of higher evolution. There will be other souls, or egos, that are strong, but they have been lazy, and have not evolved as they could have. Those who have procrastinated will incarnate at a later time when the civilization is stronger. Gradually, more and more of these souls will come in. This is what is meant in your scriptures by the millennium, or thousand years, when Satan will be bound. The thousand year figure is only an approximate one, but it will be somewhere around that amount of time, and only the strong souls will be here. Then, as your scriptures say, Satan will be loosed again for a time. This means that other weaker egos will be incarnating into the civilization and will have the opportunity to grow.

Then there will be those who have pretty much fallen by the wayside. Those egos have not gained at all and are far behind what they should be for this period of evolution. Some of these will be transported to another evolutionary cycle, and there are many of these in various galaxies throughout the universe. There, they will be allowed to incarnate upon a planet that is in the same stage of evolution that your planet was in during the age just passed.

There will be some, of course, who have failed entirely. These will be gradually absorbed back into Universal Consciousness, through a process known as the Second Death. There are many upon your planet today, who do not have a higher mind. Their higher mind has given up on them and left them. This is very evident upon your planet today, and most of the ruthless crimes are committed by those egos who have lost their souls. Jesus, the Nazarene, warned you against this very thing, the loss of your soul, for those who lose their soul will go down to the Second Death.

**Questioner:** Would you care to make any comments about the current financial crisis?

**Yaum:** You are going to see some changes in your financial situation in the very near future. The international powers are very concerned about this, and they have been meeting in an attempt to determine just what should be done. They are trying various things, and eventually, your money system is going to

change, although I cannot say exactly when this change will occur. However, money is going to be eliminated as much as is possible.

You are in fast changing times now. You are soon going to learn how useless it is to build up treasures on Earth, as the Nazarene has warned you. Those, of your nation, who have put their complete trust in the carnal, are rapidly finding themselves falling apart. They see their god dwindling away. That which man desires the most becomes his god, and fortune and power have become the gods of the majority of the people today.

Your nation finds itself in a very bad situation today. It is virtually controlled by the world powers who control the monetary system. Your banks are all very shaky. The developing nations, as you call them, have been borrowing in great amounts from your banks, and I think that very soon you will find them defaulting, one by one. This is going to wreak great havoc among your banking systems, and a new solution is going to have to be found.

Those who control the energy of the earth, are the ones who hold the power. They are going to keep their power, regardless of the means must use to do it. They are not going to have much regard or sympathy for the people.

**Questioner:** Is it alright to take advantage of the gold market by investing currency in order to have the funds to carry on the Light work?

**Yaum:** This is alright if you can do this without harming anyone, or causing someone hardship or inconvenience and if you want it and need it for a good purpose. You are in a system, and in order to gain that which you need to survive, you have to work with the system.

**Questioner:** Two years ago, you mentioned that the best metals to invest in would be the ones that would have the most lasting value. Would that be gold rather than silver?

**Yaum:** Silver is a metal that will always be in demand because it is used extensively in manufacturing.

**Questioner:** Do you think that it is equally as good an investment as gold?

**Yaum:** I do not see much difference. Gold is a more valuable metal, and it is more or less used as a value establishment. It will always be a valuable metal because it is scarce and it is more difficult to obtain than cheaper metals. The more difficult a metal is to obtain, the more valuable it is.

**Questioner:** Do you feel that it is within the province of the higher mind to guide someone in their investments?

**Yaum:** This is very possible, depending upon the mind and how well it is developed. This is why we say, "Develop the mental." The higher self is the mental and its powers are limitless, but it must be developed, just

as you would develop a muscle. If you are going to do hard work with your arms, then you must develop the muscles in your arms to do it. It is the same with the mental.

**Questioner:** But I have had guidance, and I don't have a highly developed mind, but I felt it was coming from my high self.

**Yaum:** Of course it was. Anyone can, who tries to use it. What we are saying is, the more you develop that mental power, the greater will be your power and the faster you can draw to you that which you need.

**Questioner:** Blind faith has done it for me for a long time, so I'll stay with that until I have more understanding.

**Yaum:** There is nothing wrong with blind faith. That is all that you are using when you know that you are going to have something and you visualize yourself having it. However, you can develop this power to the point where you can almost instantaneously bring that which you want to you. The weaker the mind, the longer it takes. It makes no difference what it might be. The more powerful your visualization and concentration, the more rapidly you can draw this to you.

**Questioner:** Earlier, we discussed the necessity of distinguishing between the impressions coming from the higher mind, and those which originate from the lower, or objective mind. When one asks a question, is it possible for the objective mind to create and cause images to come into your mind?

**Yaum:** When you ask a question or when you desire something—and I am referring to someone who is rather new in the use of mind power—you should very carefully analyze any answer that comes quickly, or instantaneously. Make sure that it is logical, that it makes sense, and that it is not something that is very foolish.

Well, I think that I have stayed my time and kept you up long enough, so I guess I had better be on my way.

As I leave you, I extend to each of you, my most sincere love and blessings, and I ask that the blessings of the Great Ones be bestowed upon you.

Go in peace, my friends. Go in peace. Peace, peace, peace. ☸