

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## March 1, 1982

Zalhem: Greetings to you, my children, I am Zalhem.

By the study of occultism, you can master the occult. Anyone who is planning to go into a strange country will research the information about that country and determine the dangers that he may encounter there. He will then prepare for what he may encounter to the best of his abilities before he goes upon his journey.

The occult student should do likewise before he enters upon the investigation of the psychic or the lesser magic. He should also learn something about these forces and what he is apt to encounter. But no doubt many of the present, as in the past, will go forth boldly where the wiser ones tread cautiously.

Before one enters upon this investigation, he should first learn the art of concentration. After having gained a workable knowledge of this art then he will want to start concentrating upon the cosmic forces in which he finds himself surrounded.

A good place to start with these cosmic forces is the electric blue that we were attempting to use today. This shade could be likened to the color of the spark that is generated between two poles of a static generator. Or the trolley of a trolley car that makes an imperfect contact with the trolley wire. An approximate description of the shade of the color generated would be a medium blue. So this would be a good shade with which to start.

The reason for this is that when you concentrate upon any color vibration, you draw that color to you. It flows into your aura, and anyone whose aura is vibrating in this electric blue has established a great protection. No malignant or ignorant entity can vibrate upon this color and the higher vibration always repels the lower. Therefore, it would be as impossible for a piece of glass to cut a diamond as it would be for one of these entities to obsess any one whose aura was vibrating upon this color.

Also anyone who vibrates upon the blue color can contact the higher plane or the blue plane which is a higher plane than either the orange or the green. This is due to the synchronization that is there. So when you have established this vibration in your aura, you have

established a protection against these lesser psychic forces which many, many fall into when they investigate these fields.

So you see why we have placed such great importance upon the art of concentration and visualization. You cannot have the use of the cosmic forces without these abilities.

It is through your practice that you will accomplish these things, and we are suggesting this electric blue because in your visualization you may as well be working upon the visualization of this as anything else. In so doing you are building a protection which is necessary in the mastering of the arts or the magic of occultism.

So practice, use what abilities you have and they will grow stronger each time you use them. It is only through use that they will grow.

Along with this, more knowledge will come to you, and if you use judgment, wisdom will grow with your knowledge. Always remember that you can only evolve if you use these forces for good.

It has been my pleasure to come among you again and to spend this time with you. I hope I have been of some benefit to you.

May each of you through your efforts, accomplish the things that you are striving for.

May your overcoming be great.

May each of you come into the realization of exactly what you need to do in order to accomplish that which you desire.

Go in peace, beloved ones. Peace, peace. \*