

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings my children. I am Zalhem. It is my pleasure to come among you in this manner. First I think it might be desirable to receive any questions that you might have. Perhaps myself or the others of our circle would be able to help you.

Questioner: Thank you for the talk we had together, it shook me at first but in analyzing it, it has been helpful.

Zalhem: We must be frank and truthful you know. Although sometimes the truth is not pleasant to receive, yet as you digest it objectively, you find that it is helpful to do so.

Questioner: It helped me to remember the phrase, you have agreed with your Creator to do this work?

Zalhem: When you are about your Father's work, you will find your accomplishments will be made, although they are not always accomplished easily, but as you carry out these assignments, you also are the benefactor. Because an assignment is never given to you that from this assignment you may learn and grow on your own. As we have said before, what seems to be our enemies and seems to give us the most problems in life, are really not our enemies in reality, they are our friends because they are giving us an opportunity to grow. Every problem you come up against or obstacle is there as a challenge to you to overcome and master this situation. To learn to be your own master, I will solve this situation. If it takes a change in me to solve this situation, then I will change me and most situations that come to us are a challenge to something in our own makeup.

Any challenge that comes to us is an opportunity for us to strengthen our own character. You see we have lived many lifetimes and through these life times we have build up certain characteristics, certain shall we say states of consciousness and then we come to a point when we decide to take a new path and is often mentioned in the occult works. But when you do this, all of these begin to come forth. Another term that is often used is the "dweller on the threshold." The dweller on the threshold begins to come forth and he has to be conquered. This is no different for you or for me. Everyone will face this situation. This is merely a sign, you see, that you have decided to take the path and

when you decide to take this path you will find all kinds of challenges. Which will come to you to give you the opportunities and believe me, my brothers and sisters, who knows better than we do how difficult these things are because we have faced all of these things and have much more to face.

The path does not grow easier as you move along. Because as you become stronger, your challenges become stronger. Because there are challenges way out there that will require great strength, wisdom and knowledge. The things you are facing today are merely small challenges preparing you for tomorrow. You see what most individuals do not realize is that when you go along in the normal kind of life or evolution, when you move with the crowd so to speak, you have much less time. You have protection from the greater forces of nature because man in this state could not possibly cope with or conquer these. But sooner or later he must learn to cope with these greater forces. It is not a matter of good and evil, it is a matter of understanding good and evil.

Evil is an important part of the overall picture in the evolution of mankind. Perhaps a better reference would be positive or negative. If you do not have the negative to overcome and conquer, how would you grow? You could never become strong because you would not have challenges to make you strong.

Questioner: But we do receive little rewards along the way so we have strength to go forward?

Zalhem: Great rewards, the farther you go, the greater the rewards will be. But they must be earned, they must be earned by your own strength and efforts and through these, you become strong and you become more capable of dealing with the greater challenges. How could you ever be capable of given the responsibilities of controlling great energies and directing them, that improperly used can be very dangerous and destructive to mankind? And these are things that you will be required to do as you grow and become wise enough and strong enough to be trusted with these energies and believe me there are all kinds of energies through out the Universe. Energies far beyond your present comprehension. But this is the path, we go a rung at a time, becoming stronger. I have

only scratched the surface, perhaps I could say that I have barely just scratched. the surface.

I am one who has had a few more experiences than some of you and I would like to, if I can, be of some assistance to those of you who are thinking of treading the path that I have trod, and believe me, my path has been short compared to what lies ahead. I am not a ruler of a galaxy, a Logo of a galaxy, a Lord of some power or Ray. But we must continually try to help those who are trying to follow in our footsteps and let us, as we travel the sands of time, leave those footprints that others want to follow. This is an important mission. If our footprints in the sands of time do not tell a story that is appealing to others and make them want to follow in our footsteps, we have not done a very good job with our lives. Perhaps I got carried away a little bit on one question. I did not mean to, as you say, preach a sermon. Is there something else?

Questioner: We discussed our experiences of our prior incarnations because they have been helpful and inspiring, could you give us any more information?

Zalhem: You have all touched bases here and there from time to time in your work and in your lives. I am not privileged at this time to go in to depth with your questions and where you are all from and all of that. It really is of no great importance. You are here to fulfill a certain part in the assistance of Earth man on his route through evolution. To help further him in some way. To help to raise him in his struggle through the race evolution of planet Earth. Otherwise you would not be doing the things you are doing.

Questioner: Will I ever be able to speak to my teacher again or has she abandoned me?

Zalhem: Oh, I am sure that this will be possible again at sometime.

Questioner: I thought she had given up on me?

Zalhem: Oh, you know we never give up and we still have hope for you and we think that perhaps someday, in eons of time to come, you may grow just a little bit and accomplish a little something. She will speak to you again, sometime. She has not forsaken you.

It is quite difficult for the boy here to use these high voices. It seems to be very hard on his vocal system. So often we substitute in that area. It really doesn't matter. Another thing I would like to mention before we go on is many or those in other dimensions are not experienced in this type of thing. It is not something that they have really accomplished and this also makes it quite difficult even for them to use another vehicle of this type. You see this is not their work. And perhaps it would be good to mention this at this time. Although I don't think it is something you all want to publish. This type of thing takes a great deal of experience and know-how, to take over another vehicle temporarily of this nature. When the other consciousness leaves this

body, you have taken over in complete control another physical body which you are not accustomed in using in this manner. Now it is different when you are born into this body. Then the soul and body are one, but this is a temporary thing and you have to be very careful of the instrument and consider his point and protect him in every way. Those who are not accustomed to this and doing this type of thing or have not been trained in it, it is not their work. They are able to accomplish it but there are certain risks in this you see. Depending on the body they are going to use. We would monitor it very closely and not let anyone come into that body that would not be able to handle any situation that might arise. Many are not accustomed to this. Especially your teachers. This is not their work, and they have not been trained in this and there are occasionally one who might be trained and there are some in the training process and these sometimes are allowed to do this to practice. But you see there is a very close monitoring and etc. prior to the time this is done. We do not want to cause any harm to the instrument we might use. Because we are responsible and we have certain limitations, certain rules that we must follow and this is the reason, many times, things are done which you do not understand.

Questioner: I was thinking what a service you have rendered to us over the years.

Zalhem: We hope that we are friends, even more than friends to all of you. Our love for all of you is a love you do not understand yet. It is very, shall we say, difficult sometimes for us to keep our emotions out of some of the situations. We would like so much many times to help you through a certain situation. To solve it quickly for you. But we dare not become personal in these areas you see.

If we allowed ourselves to do this, we would do more harm to many people than we would do good. Because you know, all of you have raised families, and you know that a child has to learn by experience. If you overprotect, they become weak.

We do appreciate, when you send your loving thoughts to us and this never goes unnoticed and we return this love to you and the Masters. The Great Masters do the same. The gratitude and love to them, never goes unnoticed. They receive this and it is noted and energies are sent to you in return. So these things are always appreciated.

Questioner: I have been aware in my meditations of the nature of this visit to Detroit. I tonight became aware of the tremendous responsibility of our work.

Zalhem: Well as you say, I don't think that right at this moment we have the time to go into that, but perhaps in another session we can do this. I don't want to stay too long tonight. Sometimes we have to limit more than others. We keep complete control of monitoring at all times and sometimes we can work longer than others.

depending on the situations. I will not go into all of that, but this perhaps would get a little lengthy and perhaps we should hold another session for that.

Questioner: I seem to relate to Center R's teachings so well. Thank you for the material.

Zalhem: Well of course different people feel comfortable with different things. What we have tried to do here, way back, is to gradually build up into deeper things as we led those individuals along and things were given at the right time. We have attempted to bring things down into simple terms so they can be easily understood although there are some things, that may take a little meditation upon and concentrating. You see we can't make it too easy! I would like to say that these are only our understanding, we do not say that we are all wise, have all the answers to everything in the Universe. We still have much to learn, but we are sharing our understanding as we see it. If it isn't acceptable to you, that is your decision to make. We do not try to force our ideas or beliefs upon anyone. We all will change as we grow and our vision will become wider and we will be able to take in more and more. There are many things that are given to people in a rough shod manner about these things that are so far beyond them that it only brings about confusion. This is not good as we see it.

We appreciate your gratitude, we are only trying to serve in a way that we see.

Questioner: I feel we have worked with these teachings in past lives because they are so easily related.

Zalhem: Perhaps, of course different individuals attract different types and this of course is why we have so many different paths.

My beloved friends, I must depart this instrument now. It has been my privilege to spend this time with you. As I leave, I extend to each of you my Love, my Peace, my Understanding, and invoke upon each of you the Blessings of the Great Ones. May their Peace sink deep into your hearts. Peace, beloved friends, Peace. Peace, Peace.