



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Joseph: Greetings to you, my children, I am Joseph.

Today we have decided to use the colors on you again as we did last week, so I would like all of you to relax now. Let go of all your tensions, become completely relaxed. Let the muscles of your shoulders and arms relax. Let the body muscles relax. Now the muscles of the thighs, the legs, the whole body is completely relaxed, all tensions are gone. You are now receptive to the cosmic energies that we are going to draw forth to you.

We are now calling forth the Orange color vibration. We are tuning ourselves to it, we are drawing it forth. It is coming forth into this room, flowing to me in great abundance, and now I am going to give it to you. I am going to fill your auras with this Orange energy, so that it will penetrate into your body, recharging all of the cells. Each cell of your bodies is being recharged, revitalized with this energy.

Orange is the life-giving energy that is necessary for all life to exist. It is the energy upon which you function, without it your energy would soon fade away, so you are now being recharged with this energy. All your auras are becoming filled with it, penetrating into every atom, every cell of your body. It is flowing to your aura, which is becoming filled with this energy. You feel new vitality. Your energy field is becoming rejuvenated.

Now we are going to use the Green color. Now this Green energy, this Green vibration is flowing to you. This is an energy that can be very healing and beneficial to you as it fills your aura. Flows to you in great abundance, penetrating into the body and recharging the atoms. Now we are filling your aura with this Green vibration. This is especially beneficial to Earth people because they vibrate on the Green range. Your planet is known as the Green planet. It is the color of your planet, therefore, it is a very beneficial vibration for any of you.

You enjoy the greenery of your planet so much because you vibrate on that color. It is the primary color associated with planet Earth. Your auras are now filled with this energy, flowing, flowing, flowing. There is a great abundance of this energy on your planet for it emerges from all the greenery on it. It is the

predominate vibration and you are absorbing this, bringing you more in tune with your planet.

Now I will change to the Blue. This Blue vibration is now flowing to you. It is filling the room and is flowing into your aura, gathering itself around you, and you are accepting this vibration. This Blue vibration is soothing to you as it fills your aura and becomes a part of you and you are at peace. You become more peaceful. As it fills your aura, you feel a sensation of well-being ... You have no fears as long as you are surrounded with this Blue vibration. Negative thoughts or egos will not come near you as this is an energy that brings peace and love and protection. The evil ones cannot tolerate this high a vibration. As long as you have this vibration in your aura, no negative entities will come near you as it acts like a wall to them. These energies are now a part of your auras. Retain them as long as you can and you will receive great benefit. I leave you in peace and love.

Go in peace, walk in peace, be peace. ✿