



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

Copyright © 2012 Clyde Trepanier

June 4, 1985

Nathaniel: Greetings to you, my beloved brothers and sisters, I am Nathaniel.

I should like to make a few remarks regarding the booklet you have been reading here entitled "Creative Prayer." I will try to be brief.

The instructions in the booklet are very good and if you are to accomplish the things that you desire you must learn to use these methods whereby you can enhance your life and you can bring to you the things that you need for a better and happier life, but it will take some work on your part. These things are not mastered in a moment, it takes constant practice and application of your mental abilities.

When you do this I would suggest that first you try to establish yourself in this Golden Light as directed in the booklet, before you do anything else. Silently practice picturing this Light as instructed, then begin your prayer and make it very specific; be specific about what you are asking for. Make it clear for the clearer you can make this picture, the clearer it will be impressed on Universal Consciousness, and the quicker it will come to you. So always be specific in what you are asking for.

This type of meditation is known as the creative type. You are attempting to create a desire or a need, and the clearer you can do this and the more specific you can be, the greater will be the results. Because Universal Consciousness cannot respond to something if what you are asking for is not made clear. Too many individuals ask in such a non-specific manner that it is almost impossible for Universal Consciousness to get a clear picture. So always be specific and clear in your asking.

It is also important that you continue in your daily walk of life to give some thought to what you are asking for, and to picture yourself having this. This can be done many times without going into meditation. When you have a spare moment you can clear your mind and picture yourself receiving and having whatever it might be. If it is knowledge, picture yourself as having received and having gained knowledge and knowing the things that you desire to know. All of these things,

though they may seem small and insignificant, help to manifest the desire.

Do not sell yourself short. Feel your closeness to Universal Consciousness; know that you are a part of it. Know that you are entitled to your heritage, that you are entitled to receive that which is yours, but never try to visualize how this is coming to you. Let Universal Consciousness be the judge of that, for in that way, no one will be hurt or inconvenienced by the fulfillment of your desire. Always picture yourself as a part of Universal Consciousness as you are surrounded by It, you are a part of It. You actually are, an expression of Universal Consciousness. Through your evolverment, you are helping It to evolve, for everything in the Universe, be it large or be it small, is in the process of evolution. Evolution is a never-ending process. So remember your heritage.

It is well then at times, to give a period of time to receiving answers to your questions, problems and desires, so spend some time in quiet meditation also, tuning yourself to Universal Consciousness, then listening. And as you become proficient at this, Deity will answer. That still, small voice within you which is your part that is Deity, will speak to you, will answer you. You do not have to beseech or go into long dissertations on praise, etc., explaining your desires or whatever. The main thing is to become one with and attuned to Universal Consciousness, to think of yourself as a part, an expression of Universal Consciousness.

Have a conscientious desire to carry out the will of Deity, always called the will of God. But I say to you, my friends, the main will of God or Universal Consciousness for you, is to evolve, to become a more knowledgeable and powerful individual. You cannot be powerful without knowledge. Another thing you should do, is to always ask Universal Consciousness or Deity to help you to have the wisdom to use your knowledge, not only for your own benefit but for the benefit of mankind. There are many ways that this can be done, by teaching and by doing the things that you know need to be done to raise the consciousness of mankind. Oh, you may say, "How can I, as one individual, raise the consciousness of mankind"? You can, you know, as you must always remember that

everyone who adds their efforts to any project, makes it that much stronger, that much more effective, for there are always others doing the same thing. And each shoulder applied to the cart, makes it move that much easier and faster.

And so it is.

Now, my friends, my brothers and sisters, I urge you to practice these things, to use them, for what good is knowledge if you do not apply it? And the stronger individual you become, the more effective you can be in helping mankind as a whole to evolve.

Now, I have said enough. As I leave I extend to each of you my most sincere blessings, my love and my understanding.

I invoke the blessings of the Great Ones upon each of you now.

Go in peace, beloved, go in peace.

Walk in peace. Be peaceful. ☸