



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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(Procedure for developing into a serving group.)

We must begin where we are now. We are a group of individuals that have come together from many diversified backgrounds with many interests and many talents. We are willing to cool our efforts and talents together and create a nucleus by which our talents and efforts may grow to the level of effectiveness. This is necessary if we are to meet the needs around us during the changes ahead. The whole is greater than the sum of the parts. Therefore, we are offering our individual talents to the unit of a group and creating a larger talent through this combined effort.

To begin this we need to create a unit of one consciousness. An oneness. We need to develop an awareness of a group, not just singular people that arrive every Tuesday night at 7:30 and then disappear out of sight and out of mind until the following week. We will develop this group awareness through studying together, giving service to the group needs and participating together in a group effort.

We need to develop an understanding of each other. For instance, some may meet personality clashes as we grow to know and work with one another more closely. There may develop some ego problems, toes stepped on or feelings of not being appreciated etc. These are always a part of learning to work and cooperate together. Through rounding off these edges, we grow and know ourselves better. We learn that what we see in another is within our self. We will grow as we learn to overcome these difficulties and differences and learn to focus on the oneness instead. We learn to slowly place the group ahead of our complexes and as we accomplish this, we soon discover that the difficulty has dissolved. Gradually we will find ourselves functioning more and more on the level of harmony with one another.

The Teachers have stressed the great need for groups that can truly LOVE one another.

(Excerpt)

Teacher: You would be amazed at what a few of you, a very few of you, could accomplish if only you could establish between you complete love and

understanding. Your accomplishments would amaze you. Each of you have within you the ability to establish this. You need only to put forth the effort, to make the decision and to apply the discipline necessary. We are waiting for such a group."

Questioner: Are there enough of us here to create such a group?

Teacher: Any number is enough to start. You need only to establish that oneness between you and I assure you things will happen once this power is released. Nothing shall stand against it. Complete dedication to the service of your Creator. This will help you in establishing more love within you. Eliminate all self, holding only that desire to serve, for through your service administered sincerely and selflessly, shall you gain new knowledge, new understanding and new growth.

This LOVE of which they are speaking is far beyond the level most people think of as love. It is not emotional and sympathetic. It functions on the level of true knowing of ONENESS with all life.

Accomplishing this encompasses much effort, development and time to build a group consciousness, a sincere dedication of self to all that the group signifies. A giving of self to create a greater Self—a wholeness and oneness of the many.

Where do we begin?

By participating together in fulfilling one of the absolute necessities, emphasized by our Teachers: to survive the coming times. That is a strong body.

It will behoove all of you in the coming times to have strong, healthy bodies, for there will be times of great stress when your bodies and your minds will be exposed to extreme stresses.

We do not especially like to talk about these things. We do not like doom and gloom, but we feel that only those who are prepared to face and to handle these things will be useful in establishing the New Age, and will be able to carry on through these times and be of assistance to others. There will be much to be done and it will require strong souls to do the tasks.

So, in this light, we will begin next week working together on techniques for healing. We will devote our meditation time toward building healing power. We will participate together in healing disciplines and practices. Such as breathing exercises, diet considerations and meditation. These will require dedication and application daily. This will aid in developing a healing consciousness individually and as a group. This then will facilitate a more rapid group awareness, a caring and concern for one another, and a duty to the group as a whole. The efforts of the whole will be diminished by anyone not attempting to work with application of these principles. We need to slowly develop a group ability and energy flow as we develop the ability to work together and as a whole.

We have always found that as we put forth effort and work toward an idea or service as a group, the Teachers have always aided us in any way possible and answered our needs when we have questions. But we must first work end seek. For instance:

It is good that you are working upon these healing procedures, and if you continue to do this, you will find that more and more your efforts will be rewarded.

You will be able to increase the power by exercising it. It is like a weak muscle. If you continue to exercise it, it will become strong. As your power becomes greater, so can we add more power to yours. We strongly urge you to do this exercise.

To those who would be healed, we would suggest that they try to prepare themselves for healing by attempting to eliminate any blocks that might cause resistance to these energies. Energies of this type can be likened to the flow of electrical power. The less resistance that is set up in the line of flow, the more power can flow over the line.

So you see, there are various things involved in the workings of these energies. The more you work with this, the more you will learn about it and the greater the understanding you will receive.

When we, through working together, develop healing abilities and group consciousness then we will be ready to be guided into a greater work and can reach beyond our group and effectively serve others. We cannot serve others until we become a unit, an organism, as previously discussed, and prepare ourselves to serve.

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