



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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December 29, 1960

Anthon: Peace be with thee, my friends, I am Anthon.

Since it is your custom at this season to extend greetings, I should like to extend to you my greetings. I shall not wish you a happy new year, but rather I shall wish for thee a spiritual new year, and I mean by this that I shall hold for each of you, a thought that each of you shall grow in spiritual understanding greatly in the coming year.

This coming year shall be an eventful and full year for people of Earth. The confusion and turmoil is on the increase, and as it now looks, the increase shall continue through the coming year.

Vibrations carry a very, very, great importance in your life. To each of thee, it is of great importance to build about you vibrations which we shall refer to as being of a positive nature. Each thought and each deed that is performed by you, has a result that emanates from you in vibrations. The sum and total of your thoughts and deeds will be reflected in the vibrations that surround you, and these vibrations emanate into your atmosphere, or your Earth envelope, so to speak. The vibrations that are contained in the envelope of your planet, are the sum and total of all of the thoughts and deeds of your people, and this, my friends, reacts again by causing events to take place around and upon your planet which are directly relative to the vibrations contained therein.

However, this you should know, vibrations of a positive nature are predominantly stronger than those of a negative nature, so therefore, you see, my friends, it behooves each of us and every person upon your planet to bring about vibrations that are of a positive nature. He must be aware of his thoughts and his deeds, and the results that they bring. He must train himself to use thoughts of love, of goodwill, so that he might build about him a field of vibrations that will bring benefits to him and to his planet as a whole.

If forty percent of the people of Earth could create about themselves a field of strong positive vibrations, you would see great changes came about upon your planet. Conditions would change rapidly for the better, and more and more of your people would join the

throng until there would be great peace. Peace that planet Earth has never known.

Since it is the custom of your people at this season of the year—I wonder if I could truly say that this is a custom of your people. It is a custom much spoken of but little practiced. But not to digress—the custom of taking stock of oneself at this time when theoretically a new era is to begin, which you call a year, it would be well for each individual to take a complete inventory of himself or herself and honestly, earnestly, check what we are thinking and doing, and then set up for ourselves a new standard to follow through the coming year. One that would lead us into higher vibrations, so that we might benefit ourselves and our planet as a whole. Let us discard all thought of anger, of self, of greed. Let us replace these things with thoughts and deeds of love, of understanding, and then observe the change that is taking place in our individual lives.

As I leave, my friends, I extend to you with all my being, my hopes that each of you will make great strides in this coming year in truth, in love and in understanding. Peace be with thee, my friends.

Peace, Peace, Peace. ♣