



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

Copyright © 2012 Clyde Trepanier

**August 30, 1982**

**Nathaniel:** Greetings to you, my children. I am Nathaniel.

First, I should like to give my special greetings to your guest here, and to all of you, I extend my blessings and my greetings.

We thought that since you are about halfway through your book now, we might be of help in answering some questions that you might have. If we can be of help in clarifying anything for you, we shall be pleased. However, we request that you confine your questions to the subjects which you have been studying.

**Questioner:** Perhaps we can talk about the way the soul was divided from its androgynous state, and how the subjective and objective minds fit in. Would you care to comment on this?

**Nathaniel:** Perhaps I should say here that the subjective mind, being unwilling to remain under the dominion of its objective mind, leaves it to its ultimate destruction and goes back into the Infinite.

If you recall from your earlier studies, the Sons of God, as they were called in your religious writings, came to Earth gradually, as bodies were ready for them to occupy. At that time, it was felt that their progression, or evolution, would be hastened by the division of the souls, or ovals. Therefore, they were divided into half-souls, positive and negative, which would each evolve on its own, and would eventually return to be rejoined with the other. Does this answer your question?

**Nathaniel:** Yes.

**Questioner:** Is it possible for anything to be wholly positive or wholly negative, or must both qualities be present?

**Nathaniel:** Everything in Creation has its positive and its negative or it would not exist. It can be likened to a bar magnet. You are all familiar with a bar magnet, are you not? If I were to take a bar magnet that was one foot long, for instance, and cut it in two, each piece would still have a positive and a negative. No matter how many times I were to cut it, each piece would still

have its positive and negative and so it is with every atom and cell.

Let us begin with the atom. Every atom of your body has its positive and negative. Each cell, which is made up of many atoms has its positive and negative. Each organ of your body has its positive and its negative and it is made up of millions of atoms, each having its positive and negative. So it does not matter how much you may break a thing down, it will still have its positive and negative. This is a Universal Law.

Your body is both positive and negative. One side is positive and one side is negative and this must be in order for it to function. All things electrical function upon that principle. It doesn't matter how many times you may divide something. It will always have its positive and negative, no matter how large or how small it may be.

Each planet also has its positive and negative. It has what you call a north and a south pole. One is positive, the other is negative.

**Questioner:** Would you say that this also applies to human behavior? It seems that there is always a certain amount of positive qualities in even the most negative beings.

**Nathaniel:** There will always be both, although one or the other may predominate. It is a state of mind that makes a person positive or negative. It does not change the cells of his body or change the body itself, if he is functioning on the negative or destructive side of nature.

**Questioner:** As you know, we have been asked to meditate upon the colors. I know that I am not as faithful in this effort of visualization as I should be, but I have been more serious about it than ever before. I have noticed that as I am doing this and I first begin to wait for a color, I am flooded with a dominant color, which is not always the same. Sometimes it is purple, while other times it is something else. Today, it was a very faint, beautiful yellow, with tinges of a purplish blue. I am wondering about the significance of this. Could you comment on it?

**Nathaniel:** Color is perhaps one of the hardest things to visualize with clarity, and complete focus. In the

beginning, when you first attempt visualization, you will find that your colors vary and change because you are not completely controlling your mind. This should not be discouraging, for it shows that you are making progress.

As we have said many times, you are not going to master these procedures quickly. It will come gradually, through practice. A musician does not become a concert musician without much concentration and practice. It is the same in developing mental power. You must use this mind if you are going to make it strong. If a muscle is unused, it becomes weak and flabby. It is the same with your mind. Although many of you think that you use your minds, you really use them to such a small capacity that it is negligible.

A highly developed mind can bring into focus, in a moment, whatever it desires to focus upon. But that mind did not reach that level of development in a short time, and it was not accomplished without hard work and hard training. So do not be discouraged. When you are able to produce a color at all, it shows that you are making progress. As you continue with your practice, you will find that the color you are working on will begin to come into focus.

**Questioner:** We have a question on the use of the pendulum and similar methods to obtain answers to questions. Many sincere people, who are making definite efforts to control their minds and emotions, feel that the only way they can obtain answers to their questions is by the use of the pendulum, etc. Are these methods reliable, how do they work, and are there dangers involved?

**Nathaniel:** The pendulum works from mind, as does everything else. Often it may be directed from a mind other than your own. If you take the pendulum yourself, you can mentally direct it to rotate one way; then if you direct it to rotate the other way, it will stop and reverse its direction. You can completely control it by mind force.

You see, mind puts forth energy. Thought is energy and can be measured, so the pendulum is being controlled by thought. Once your mind is developed to a point, and you have developed your intuitive nature, you do not need this type of thing. Many people, who use these methods, have a highly developed intuitive nature. The answer that is coming from the pendulum is actually coming from their own intuitive nature, but they have put their faith in the pendulum, rather than their own intuition.

Sometimes another ego from the subjective plane is controlling the pendulum. This may or may not be good, depending upon the consciousness of the ego. Often help is given from the subjective plane, but we must reach a state where we do not need to depend upon this type of thing. As long as we depend on

others for our help and directions, we will never develop ourselves.

**Questioner:** Some think that it is coming from their higher mind.

**Nathaniel:** Sometimes, it is.

**Questioner:** I tried it once and found that if I didn't look at it, it didn't work. I thought it must have something to do with my eyes.

**Nathaniel:** Yes, when you were looking at it, you were concentrating your thought upon it.

**Questioner:** I turned away then, thinking, "OK, I will not influence it." Yet, I could still get it to move to answer yes and no. It was at a time in my life when I really needed an answer. I had asked Deity for help, and about three hours later someone came to me and advised me to use the pendulum. It was a person I trusted, so I used it. I had to make a choice involving people I didn't know. I felt I couldn't have gotten an answer any other way. Then I began to wonder about Universal Law, and I wondered where the answers had really come from. Was it Deity working through me, or perhaps another ego, or did it come from myself? I am still curious about it.

**Nathaniel:** Did you get your answer from the pendulum?

**Questioner:** Yes, because I couldn't get it any other way.

**Nathaniel:** Did the answer prove to be right?

**Questioner:** So far, I think so, but I am still not sure. I did get a definite yes or no to each question I asked. I had prayed and asked for guidance, and I tried to protect myself. I felt I could do no more.

**Nathaniel:** You did the best you could with the knowledge you had. That is why we emphasize the gaining of knowledge. That is why we say so often, "Knowledge is the gateway to the Kingdom." All knowledge is contained in the ethers, or Universal Consciousness. We can receive the answer to any problem but we must learn to tune in to Universal Consciousness. This is the philosophical meditation of which we spoke before.

The pendulum is nothing more than an object on a string and in order to function, it requires energy. That energy can only come from one source and that is mind. I could have you hold the pendulum and I could sit here and cause it to do whatever I desired it to do, because I would be directing mental energy toward it.

I would not take the answers of a pendulum as the last word. I would take that answer and analyze it, using reason, just as you would with anything else that comes into your mind. You have two minds at work in each individual, so the answers can come from either your higher or lower mind. The lower mind can control

that pendulum just as easily as the higher mind can. The accuracy of the answer will depend upon which mind is in control.

**Questioner:** When she asked Deity for the right answer, didn't she have a better chance of having her higher mind in control?

**Nathaniel:** Yes, perhaps. I am only saying that we must learn to do our own thinking, use our own mental power and not become dependent upon any outside device. A Ouija board could also do the same thing. It is no different.

**Questioner:** What about radionics machines and the many people who use them? They seem very dedicated and believe these machines are helping them to diagnose, etc.

**Nathaniel:** If they were highly enough developed, they would not need a machine.

**Questioner:** Dr. Ruth Drown used a pendulum and her mind was highly developed. I think that in cases such as hers, the higher mind was in control, at least to a very high degree. As I say, it depends upon the individual using it, and it is not something that we should become dependent upon.

There are some things which we all must strive to do. We must develop our own intuitive nature, and strengthen and improve our mental powers. Also, when asking for knowledge and guidance of any kind, ask that you might gain wisdom along with your knowledge, for knowledge can be dangerous, if you lack the wisdom to use it properly. You can see this all about you in your world today, and it has brought about the destruction of other civilizations in the past. They gained scientific knowledge, but because they lacked wisdom and used their knowledge in the wrong manner, they went down to their destruction.

**Questioner:** In the beginning, we spoke a little bit about the psychic. If one feels, intuitively, that one has a psychic ability, is it alright to attempt to develop that ability?

**Nathaniel:** It would depend upon what that psychic ability is. There are many things that fall into that category. For instance, if you are trying to develop psychic contact and communication with other egos, then I would be extremely cautious. On the other hand, the intuitive nature could be included in the psychic category, but it is of a positive type. There are many things that people have of a psychic nature that are not harmful, such as precognition and intuitive impressions. What type of psychic energies are you referring to?

**Questioner:** I was referring especially to the field of healing. Would that be classified as psychic?

**Nathaniel:** I would not classify healing as psychic, but it would depend upon what type of psychic procedure you were trying to use. Now, if you were praying for

someone to be healed, and you were directing energies to this person, there is nothing wrong with that.

**Questioner:** I do not understand what healing methods you would classify as psychic procedures. Would you explain?

**Nathaniel:** This would be more along the line of what we would call an "intuitive sensitiveness." In a case of this type, you would be able to pick up the vibrations of the other person and you would sense the nature of his condition. You are able to do this if you are intuitively sensitive. People, who can do this, are often called psychic. However, this is not the type of thing that we are talking about when we use the term psychic. When we use that term, psychic, we refer to the lower subjective plane of psychism that involves the contact and communication with other egos. You are contacting them and they are contacting you or the attempts are being made to establish this kind of communication.

As you develop spiritually, you will gradually become more psychic. Our concern, is that you know about the psychic realm and what lies there, so that you do not get too deeply involved before you are ready to handle it. Do I make myself clear?

**Questioner:** Are you saying that there is a very fine line between the psychic and the intuitive realms?

**Nathaniel:** Yes. It is difficult for the individual to know which one is trying to manifest itself. So long as you remain on the positive side and use your intuitive powers and do not try to extend yourself into the realm of the lower subjective plane, there really should not be any difficulty. However, sooner or later, as you grow and develop spiritually, more of your centers will open and you will encounter some of these Dwellers on the Threshold. It is not wise to encounter them before you are qualified to handle the situation.

**Questioner:** Earlier today, we discussed fairies, goblins, brownies, undines, etc. It seemed to me that Richard Ingaese was unclear in his writings, regarding the nature of their evolutionary cycle. How do they develop and evolve, and do they eventually enter into the cycle of human evolution that we are in now?

**Nathaniel:** No, not ours. Here again, this involves many different forms and areas. Everything has its consciousness, even a rock. This consciousness manifests in the more advanced plant life as little elementals, which evolve up through the kingdom of the plant and animal. Your science has been quite accurate in figuring out the evolutionary cycle as it really came about, from mineral, through the plant kingdom, and on up through the various animal forms. You know the story and it is true. The only place where they missed out, is where the animal and man came together. All of these entities evolved through the mineral, plant, and the animal. There is a segment of

the elemental group that evolves into the animal, and then into man, but there are others that are of a different species altogether. They are creations of man's own thoughts and I think you will run into that very shortly. In the course of evolution, an elemental, such as a water fairy, will eventually become, in part, a human, in time. Perhaps it will develop into the lower mind. To most of them, that will probably not happen in this cosmic day.

I hope that we have been of some help. As I leave you, I extend to each of you, my most sincere love and blessings. May each of you, in your search for truth, grow rapidly, and find that which you seek. May you reach great heights before the end of this cosmic day.

Go in peace, beloved ones. Go in peace. Peace, peace, peace. ✨