

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## January 22, 1975

(Night Class on the etheric plane. For the last three years the class activity has been stepped up. These are refresher courses as we are getting farther and farther into the New Age. Most of the lessons are about things that we have known and experienced before in other lifetimes, other civilizations such as Atlantis.

This last class was a very large one, held in a huge hall with thousands of people in attendance. The lecture given was about the great urgency for preparation for the coming times. One should develop their spiritual strength, their physical and mental strength. This was stressed very strongly. Also, it was stressed that one should have emergency supplies on hand because the time is coming when these things will be very difficult to obtain.)

**Clyde:** One must be strong mentally and function well under stress. One must have control of their senses and not become emotional. One must have control of their mind and thoughts and remain positive.

The situation in our civilization today is like the days of the Roman Empire and the same solutions are being tried to correct it but these solutions will not work. So we cannot put too much faith in our leaders as they will not be able to help. So the situations will continue to grow worse.

Inflation will make food almost unobtainable eventually ... Also, one should have a water purifier as catastrophes such as earthquakes could contaminate the water. Also droughts could make water scarce.

It will be wise not to be indebted to anyone.

The people in this class seemed to come from everywhere as there were many different nationalities there. I believe they were people who are working for the good of all and who needed to be instructed for their work in helping mankind in the coming times and in helping to establish the New Age.

This was an attempt to awaken them to the urgency of preparing for the times ahead. Most of them will not consciously remember this class but at the right time it will come through the subconscious to conscious awareness as hunches and impressions that they must prepare.

The hour is late. \*