



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**September 7, 1960**

**Yaum:** Good evening to you, my friends, I am Yaum.

It is once again my pleasure to be a guest in your household, or maybe you are beginning to think I am a member? I should like to greet our new friend here tonight and I should also like to state that you are not a stranger to me, though I may be to you. We who are working in the light, aware of all of you who are assisting in your way, and I should also like to say, that you are serving in your way and are doing much good. You are offering a stepping stone, so to speak, to higher and higher understanding, and through your efforts, you shall also reach higher understanding. After all, is this not what we are all seeking? I am sure it is.

We have heard a great deal of your conversation here tonight, and when I say we, I mean my dear friend, Anthon, who is the teacher and the keeper of the instrument through which I speak at this moment. If I can be of any help to you in my expounding, I shall be happy.

Let us first, my friends, consider the subconscious. You are aware that this is a storehouse of all your experiences. Every experience, every thought that passes through your conscious mind, every act or deed that you perform, is stored in the subconscious. But it is more than that. It is a very influencing factor in our lives. We have, over a period of time, fed into the subconscious many concepts, and in turn, these flow out and become a part of our consciousness. This power within us that is known to you as the subconscious, is not a respecter of good, nor of evil. It does not know one from the other.

This power is continually working for us, bringing into what we call reality, that which is our consciousness or that which our consciousness is willing and ready to receive.

You see, my friends, we do not receive anything that is not a part of our consciousness. Now, we may not at the moment be aware of the many concepts, of the many things that have passed into our subconscious, therefore we do not understand why we are having certain experiences in our lives which perhaps we do not like, or perhaps we do like. A life pattern of which you spoke, has been formed by what has passed into

the subconscious. Therefore if we do not like what we are experiencing, then we should start placing into the subconscious that which we desire.

Now, my friends, how long shall it take before the change shall come about? This, my dear friends, depends upon you. It depends upon your readiness to receive that which you desire. Many people try, or declare certain good and it does not come about. Why is this? Why does it not happen. It does not happen, because they do not expect it to happen, you see. You have to have great expectancy, or perhaps you might call it faith: call it what you will, but you must learn to receive. Many people withhold their good, because they are not ready to receive it, so we must learn to receive. Your creator has placed within reach of every man, anything he desires for his good, but he must receive it. You see, if I declare a good for myself, and then in the same breath I say, I am not deserving of this, I hope God will give it to me, but I do not deserve it. You see, immediately I have put a block in the way, and my good cannot possibly flow to me.

So, in our meditations, let us try to expand our consciousness by placing into our subconscious all things which are ours, and let us attempt to look out into the beyond, for we have the power to be any place we desire, upon any plane of consciousness. We can extend our consciousness into any realms of life and look around and see the wonders. Let us not throw restrictions in our path. I am not speaking of family, of personal things. I am saying that in our meditations let us expand, and when we have touched the higher realization, the truly high realizations, we shall find that our whole life shall begin to react. Our understanding will begin to react in our life, and when you have true spiritual understanding, your life will be one of harmony.

Many people speak of great spiritual understanding, of great spiritual experiences, but the reaction is not in their lives, I say to you, my friends, these are only empty dreams that they are having. They have not received spiritual understanding, for when this is had, there will be no question in your minds, for it will show in every act and in every word that he speaks. True love shall be radiating from this person at all times.

My friends, I hope I have not bored you with my lengthy conversation here tonight. If I have been of any little help, I am happy. I thank you for receiving me into your presence, and I extend to you my love and my understanding.

Peace be with you, my friends. May each of you reap great results in your search for understanding.

Good night, my friends. ♣