



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**November 3, 1958**

**Oxal:** Greetings in the Light, my friends. I am Oxal.

The Plan of action is moving forward, beloved friends. There is a great deal more activity taking place upon and about your planet than is realized. There are a great number of beings from other planets that are working among you today. They have been coming at an ever-increasing number for some time.

Many of you, who have been interested in the coming of these people, have wondered many times why they have not come among you in numbers, but I tell you, my friends, they have come among you in numbers and are among you now. Each one of you here has been contacted by these people, though you were not aware. But if each of you will think hard, you may recall. But this is not of great importance.

The important thing for each of you at this time is this, to realize and know that each of you, and I mean each of you here, including the visitors, among many others, has a definite task to perform in the coming times. It is important that you prepare yourself for this task, and this, of course, means self-development, means learning to know yourself, learning to apply the principles of Truth that you know, the principles of Truth that are being given you.

It means that by going within often and seeking Truth, seeking to know the path for you so that you might be guided into the path, that will bring about your awakening. For each of you has a day of awakening coming, if you earnestly and sincerely seek to follow your pattern. Now this, my friends, does not mean that you must grab at every straw that is held before you, for your awakening shall come through the quietness, through going to that inner chamber where you can attune yourself to this great Universal storehouse of Knowledge.

You are all being given a great deal of training at this time of which you are not yet aware. Some of you have surmised this. Yes, I will go so far as to say, some of you have known this for some time. But realize that there is an inner self, for knowledge also can be locked to be released when it is needed. You see, my friends, you have a higher self or an overself, or whatever term you might choose to use in your language, that plays

an important part in looking after you and seeing that certain things do not enter your present outer consciousness which might cause a disturbance, something that that outer consciousness is not ready for.

You see, beloved ones, some of these things are very difficult to make clear to you in your words, because you do not have the words to express what we would really like to convey to you. Words are so easily misinterpreted, misunderstood, wrong meanings are taken. So it is very difficult for us to bring many of these things to you through your intellectual mind or your outer consciousness. That is why so many of these things must come through the higher consciousness, and work from there outwards, so that you might have a clear understanding.

Do I make myself clear? So that is why you are being taught many things from the inner, and that is why many of you find from time to time that certain problems become clearer to you and you know not why. And this also might explain to you, why trying to uncover what seems to be a mystery to you through the outer consciousness, often brings about a great deal of chaos in your minds and in your consciousness. For the real understanding comes from the inner to the outer, rather than from the outer to the inner. That is why you were told to go within, to the inner chambers and close the door, and there Truth would be revealed unto you.

It is important, my friends, to realize these things and to go with Nature, rather than to try forcing Nature to go with you. The time is rapidly drawing nearer when great events, what you might term earthshaking events, shall take place on your planet. Earth people must be awakened to the Truth. They have been too long in a state of sleep and now the awakening must come rapidly.

So these events are not far off, and each of you here, as many others, can play an important part in this awakening. For many of your brothers, if your light is bright, shall come seeking your help and your aid, and I am sure that each of you here, wants to be ready to do your part. So I say unto you, Love ye one another, for this is the first step in growth. Realize your aoneness with each other. Avoid self-condemnation. Judge not

yourself nor those about you—for those without fault,  
let them be the first to cast the stone.

Let this Universal Love rise up in you to where you can  
have Love, nothing but Love for all Creation, for therein  
lies the success to your growth. Let there be no Self  
among you.

I leave you, beloved friends, by extending to you the  
love, the Light and the Understanding of my people. I  
am Oxal. ✨