



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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## September 21, 1974

**Yaum:** Greetings to you my friends. It is my pleasure to come among you. I am happy to meet our new friends here tonight and wish to welcome them into our midst. We might have a slight problem tonight as the boy has a little throat problem, but we shall see how it works out.

I shall be happy to share my understanding with you, but please remember that what I say is my understanding and you need not accept it if it does not agree with yours. I only try to share. Now, my friends, what would you like to talk about?

**Questioner:** I would like to ask about human suffering. There are people who have been good all their lives and have done so much for others, and in our limited sight do not seem to fare as well as others who have not done as much good with their lives.

**Yaum:** There are many things that enter into this. It is sometimes due to circumstances. All things are not necessarily brought about by karma, but many things are. There are certain lessons which we come into this lifetime to learn. Suffering must be experienced at sometime or other along with happiness and joy. You see, without experiencing these things we would be unable to understand them in others. We would have no idea of what another is going through.

In this schoolroom of life there are many lessons to be learned. Suffering is only one of them, which to the eyes of many of us seem unnecessary, or perhaps cruel. Often this is brought upon ones self by misuse of the physical temple. It is abused in many ways, and therefore brings about inharmony. Sickness, you see, is inharmony and often times it is necessary for us to experience inharmony in order to learn to bring about harmony in ourselves.

In what you refer to as good and evil, good is the opposite of evil. With a stringed instrument, for example, when one string is too tight or too loose, the instrument is out of harmony and you have a discord. The same is true of the physical body, and this can be brought about in many ways. You will often see people who apparently are doing well and are happy, yet they seem to do everything wrong. This does not mean that they are not to pay for the wrong that they do. A wrong

deed created today may not be paid for many days after. A deed created in this lifetime might not be repaid in this lifetime or in another lifetime. So, when we create karmic debts, we do not know when we will be called upon to pay these debts. It could be anytime, perhaps within one, two or three lifetimes. You see, we have lived many thousands of lifetimes.

Your Earth is much older than most people realize. There were civilizations that have come and gone, and all of you have lived in these civilizations. So you see you have had a long time to create karma and to repay it. Man has not been very careful about creating his karma. If you are aware of this you will be much more careful in your relationships with your fellow man and the way you conduct your lives, both on the active plane and the mental plane. For a thought is a deed whether it is carried out in the physical or not.

To wish to do harm to another is in the eyes of the Creator the same as doing it. The Great Master, Jesus pointed this out very carefully. I did not mean to get into such a long dissertation on this, but I hope I have given you some insight into these things.

**Questioner:** You have. Thank you very much.

**Yaum:** You see, not knowing the background on the other lifetimes of people, we cannot judge their situations today. If we were able to look into their past, we would see the reasons for everything.

**Questioner:** How would one view the skies, stars and planets in a spiritual way as well as in a physical way?

**Yaum:** The sky, or the Universe, is a vast, vast subject. You are really looking into Infinity when you are looking into the heavens. You already realize that there is much more out there than man has been able to conceive. If you would understand the influences and the functions of the planets and the stars, you would find it necessary to make a deep study of Astrology. It is a great science and it was much more highly developed in some of your past civilizations. It is just now beginning to be understood again in a more complete way.

There have been people who have studied and worked with Astrology in this civilization for a long time, but there is still much for them to learn and discover. If you

would know more, I would suggest you meditate upon this subject, asking to be enlightened. It may take some time to get results, but you will find revelations coming to you, and you will discover help coming to you from those in the higher realms who are well versed, in this subject. You will also find that you will be led into situations where greater information will be available to you. In addition to doing this, continue to search and study the heavens, and through the combination of these endeavors, you will find new enlightenment coming to you that perhaps will amaze you.

Knowledge was not meant to be kept from man. Man was meant to have knowledge and wisdom, but the requirement is to search for them diligently, sincerely and with a high purpose by meditating and asking for help. It will come to you, perhaps much faster than you realize. Would that make you happy?

**Questioner:** Yes, thank you. I will continue to search and spend more time in meditation.

**Yaum:** You may even find your insight opening up as you do these things, and you may see things that you do not see now that will bring great revelations to you. However, this enlightenment must be earned.

**Questioner:** These answers are given so that we will share and help others, are they not?

**Yaum:** That is right, but man must also be careful in sharing because sometimes knowledge placed in the wrong hands can be very harmful, especially certain types of knowledge. This, you see, is where wisdom comes into play. So, always ask that you gain wisdom along with your knowledge. Unless you have the wisdom to handle great knowledge, it can be destructive to you. I am sure you will gain this wisdom as you gain your knowledge.

**Questioner:** I wonder if you have any advice for couples who wish to keep their relationship growing in the right way.

**Yaum:** Always remember that each individual is an individual and must have a certain amount of freedom. To love another is wonderful. We should all love each other, but we should also respect the rights of another. Each one should have freedom to grow spiritually in his or her way. No two individuals stand on the same level in spiritual growth or understanding, therefore each must grow according to his or her individual requirements. We should never have a possessive love. We should never try to possess another in any way. Parents of today make a great error in trying to possess their children. They raise their children with a possessive love, which is not true love.

We must love our fellow man in spite of his faults. We should see him pure and should not see his faults. We should see him as an individual with his God given rights. If a marriage is to be successful, we must have this kind of love. We want to help each other to grow

not to force, but to help. Always be considerate of what is good and necessary for the other. Share your joys and share your sorrows. For as you go through life you will experience sorrow and you will experience joy. You will perhaps experience abundance, or perhaps experience lack. But through all of this, or any other trial or tribulation, your love should never falter. A true love can never be broken.

This is what your Master meant when he said "true marriages are made in heaven" that is when the joining takes place within and you truly become one on the soul level. This kind of marriage will never end. May yours always be such a love and such a marriage.

**Questioner:** I want to thank you for your good wishes for our marriage. We have a new baby girl about 12 weeks old and I have heard it said that the foundation for character is formed in the very early years. Can you give us some guidance on how to express our love to the little one so that she might have a life of spiritual growth?

**Yaum:** This is most important. A child must have love in order to have security. It is true that the character of a child is most affected in the early years. Be careful of the kind of love you give the child that it is not a possessive love. A child must learn responsibility: must learn to share and to have respect for its parents and associates. One of the great errors that has been made in your civilization in raising children is teaching them to be selfish, to get for themselves regardless of how it affects another. It is natural for a child to want what he sees, and to have a desire to want what another has. This is an instinct that is born into every individual as well as into the animal. But the child must be taught to control this, to learn that it is not always important to have what the physical or the carnal mind desires. Give a child love and affection. Let the child know that he or she is loved, wanted and appreciated. Bring in certain disciplines and certain teachings of the Christian laws as you know them, for instance the Golden Rule. If you instill these things into the child in the first seven years, you will have little difficulty after that keeping them on the right track. They must also learn responsibility to their fellow man, with those with whom they come in contact.

Of course, you want to keep them on a spiritual path. Many of your children today have had no spiritual training at all, nothing in a spiritual way of life. This, of course, is reflecting in your civilization. That is about all I can say.

**Questioner:** Thank you very much. I appreciate this.

**Questioner:** I have always wanted to be a psychic healer. Is one born with this ability, or is it acquired?

**Yaum:** It is a gift that can be developed if you wish to spend the time and effort that it requires. Most of your psychic healers are receiving a great deal of help from workers in other realms who are working through them.

Becoming a channel for this requires much work on your part in purifying your own body and your mental processes. It also requires that you spend a great deal of time in meditation to bring yourself in association with those in other realms who would wish to work through you.

There are many who are born with the qualifications for this and can very easily develop into psychic healers. Of course there are many types of psychic healers, and many types of healing. As healing can be channeled in different ways, healers must learn to work in many ways.

This is a great subject which we could not discuss at any length tonight. There is information available on this subject in books that have been written by experienced healers. If you are interested, I would suggest that you seek out this information and spend time in studying it.

Now, my friends, the throat of your channel is getting tired and disturbed and I will have to withdraw.

**Questioner:** Thank you for coming.

**Yaum:** It is my pleasure, and if I have been of any service to you, I am happy. I wish to extend my sincere thanks and gratitude to all of you for the opportunity to come among you. I would like to extend my love, my blessings and my peace unto you. I ask that all the Great Masters pour forth their love and their blessings upon each of you.

May you go in peace. Peace, peace, peace. ☸