



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to you, my children, I am Zalhem.

I speak tonight as spokesman for our Circle R, as we are so designated in relation to our work with this center that you call "Center R" and this is why you were given that identification.

Now I want to extend my special greetings and my love to the heads of this household. I have not spoken to you before but I have a few things that I should like to say to you at this time.

The Brotherhood is well aware of your activities here. We have been aware from the beginning and beyond of all of your activities here. Many of your inspirations, also your dedication has been well noted and we wish to state that you have been, both of you, most sincere and most dedicated in your work and in your goals. You have done important things which have been of great help to you in your progress in this project. One of these is the fact that you continually set goals and strive for these goals. Another thing that is very important, is your concentration upon what you wish to accomplish and that is good. You are doing well in visualizing the things that you want to accomplish and this is also important.

Let us be a little more scientific and use the word Universal Mind instead of the term God because this is greater than your concept of God. The word "God" is a term that has been handed down through centuries. Originally the word was used to refer to extraterrestrials, as you call them, who were giving information to man of Earth. Also giving him records of teachings, such as the Inspired Divine Writings. These extraterrestrials were called Gods, not God, but Gods. The plural was used because there were many of them. Gradually through time and through your religions, it was brought down to a single (*singular*) terminology. Therefore, the term was still applied, but the concept of it was a single being somewhere off in the heavens who was controlling everything.

But if we think of it in terms of Universal Mind, it encompasses all creation, not only your solar system and your galaxy, but all of the other galaxies and solar systems of which there are countless numbers. This Universal Consciousness or Mind permeates all things.

It is the source of the life-giving energies which allows your planet to function, which allows life of all kinds to develop and to grow and to perceive upon your planet as well as others.

It is a scientific process which is beyond the comprehension of the materialistic mind and even the higher and more spiritual minds. But it does not matter whether you comprehend it in its wholeness, the action and reactions are the same. This is why you are what you think, because the thoughts of your mind contact and become a part of Universal Mind and are absorbed in Universal Mind, and Universal Mind is bound by law to return that to you which you think. If you think health, health will come to you. If you think sickness and poverty, that is what will be returned to you. When you understand the working of this Universal Mind and you visualize that which you wish to accomplish, or which you wish to do, Universal Mind is bound by law to return that to you in whatever form you have desired.

So you see how important your visualization, your holding the thought in mind is, in what you want to accomplish and how you ought to do it. The stronger the concentration is, the more rapid will be your return. Weak thoughts bring weak imprints upon Universal Mind; strong thoughts bring fast reactions. There are those in the universe who live entirely by this law. They do not labor, they do not have to earn their needs by the sweat of their brow. Their mind is strong and merely by impressing upon Universal Mind a very strong, powerful thought, the reaction is immediate. This is difficult for people at the level of evolution of planet Earth to comprehend.

But as your Master Jesus has stated, "With man all things are possible." But one must learn to use these powers wisely and intelligently. So when you ask Universal Mind to return something to you or to bring about something, make sure that you want it and that it is right for you, that it is right to ask for. Because Universal Mind does not distinguish between good and evil; it reacts according to the Law. This is why many abuse this Law and use it wrongly. But the Law of Cause and Effect will catch up with them in due time.

So when you ask and concentrate on something from Universal Mind or when you contemplate doing this, it is better to take this into meditation to make sure that it

is right. In so doing there must be some precautionary measures taken as you know man is of a dual nature. I think you often refer to it as the high and low self. In various groups of esoteric students, different terminologies are used. Some call it the high or the low mind, some call it the objective or the subjective mind. The lower mind or the objective mind can very easily steer you wrong at times, but the higher mind or the higher self will always give you the right answer.

Man in general has lived by the lower mind for so long that it is difficult for him to distinguish between them. Some call it conscience, which is the higher mind telling us that this is not right, that this should not be done. Then the lower mind is telling us that it should be done, and to look at the advantages you will have, look at the great things it will do for you. Strictly from a materialistic standpoint, you understand. The lower mind is where the senses rule and is the one that wants to satisfy all of the senses, and this must be brought under control. It is the mind that thinks only in materialistic and sensuous ways. So when you take this into meditation, put down this lower mind if you have not yet been able to be in full control of it. Few have mastered that full control. Make sure that your desire is coming from the Higher Self, or the God part of you, that part which is the pure Godlike part of you.

But you have followed these things quite well and you have progressed rapidly, and this is why you have progressed rapidly.

If you stick with these principles, set your goals, and use your power of visualization with the right purpose in mind, you will succeed. We are doing everything that we can to help you in your endeavor for we feel that your motives are right and that you have not selfish motives behind your efforts. So we wish to see you continue in this way. Remember you are a Creator, you are creating every moment of your life. You can, through practice, through using your abilities, become day-by-day, a greater Creator. Eventually your goal will be to reach a point where you can create a planet, a galaxy, and believe me, there are those out there who are that powerful and who are doing it day-by-day.

My beloved friends, I have said enough. As I leave you I wish to extend to each of you my most sincere blessings of love and peace. I ask the Great Ones to pour forth their energies in your direction so that you might be encouraged and have the energies and the power to carry out the things that are needed in your sojourn. Peace, peace, peace. ❀