



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Teacher: Greetings to you, beloved ones. We understand that you would like some comments from our side of life. So briefly we shall say a few words to you. Please attempt to understand.

You are about to embark upon a new adventure or experience in your lives. As we see from here, you are somewhat concerned about this mission or experience and perhaps this is normal. So I should like to point out a few things to you concerning you as a specie or creation of man. It is, it seems, normal for man in your environment to think of himself only as what he sees and experiences here in the physical expression at this time. But this is only a part of you as man, for man in his true form is a spiritual being, containing all of the knowledge and wisdom of the Universe buried within himself. Not the physical self as you see it here but the spiritual self and man's whole purpose of being or existence is to find himself, because deep within each man is the Christ Consciousness.

Now, many of you in this civilization, perhaps that majority of you, think of the great Master Jesus—who came to your planet some 2,000 years past—as a God himself, being the Christ. But this is not so, he was a man to begin with, as all of you are. Through his efforts, through his desire to know the Truth, through his desire to serve his fellow man, he eventually found the Christ Consciousness within himself and became what is known as a Christ, which simply means that you have found this deep inner consciousness and have allowed it to come forth and as it comes forth it brings all knowledge, all wisdom. This cannot be accomplished in a day, in minutes or years, but through many lifetimes of searching, of sincere dedication. But there are various stages of awareness that you pass through in reaching this final state when you blossom forth in full bloom in the Christ consciousness.

Now, one asks, “Where does this leave me?” As one goes about their experiences and expressions through life, at least one can be aware of the existence of this inner consciousness and as one becomes aware of its existence, one begins to search it first in small ways by declaring: This consciousness does exist within me and I shall depend on this innermost consciousness within me to be my guide, my protection and I shall listen for

the guidance of this consciousness. As we sit and ponder in the silence, often this voice speaks to us. This is difficult to describe and has been described by man as a “still small voice” which dictates answers to problems and guidance in actions. Through a realization of this and a practice of depending on this guidance, you learn in time to be guided in all things. Often answers do not come as you sit in the silence but later on as you go about your tasks, you may have a thought or a strong urge or thought and you know that this is the still, small voice impressing you, attempting to guide you.

As you go forth, know that this indwelling Christ in you is your protection, your guidance. Through your awareness of this, nothing can come near you to bring you harm, unhappiness or despair. In moments of despair, or anxiety or sorrow, go within to this closet of silence within your own being. This is what your Master Jesus meant when He said, “When you pray, go into your closet and close the door.” He did not mean a room, he meant that you should withdraw within you. Train your thoughts to become still, shut out the rest of the world about you and there commune with this inner being.

The Christ consciousness is a consciousness of love, love of your fellow man, not an emotional love as you know it but a compassion, knowledge and a desire to know your fellow man, to serve him in all things.

Above all, be just in your dealings with others. There is no greater sin than bearing false witness against another, bringing harm to another, hurting your fellow man. The Master Jesus said, “Love ye one another.” In His commandments He said that the greatest of these was to love one another. So as you go forth, bear these things in mind: Think not first of yourself but think first of others.

Think of what you can do to help another. If you live by these laws you will find blessings flowing to you in great abundance. Happiness, love and prosperity come not through selfishness, hate and greed but by obeying Universal Law.

Love your neighbor as yourself and do good unto those who wrong you. Never hold hate in your heart, no matter how dark the deeds were against you or who

wronged you. Your Master said, "Forgive them, Father, for they know not what they do." Hate will only destroy the one who hates, not the one who is hated. Hate and resentment are man's worst enemy—they will destroy him body and soul. These are the things that are most important for you to remember.

Often as we try to follow these ways there are times when we forget and despair but then they gradually come to mind again, and again we lift ourselves and move back to the path of righteousness and we find that we have climbed a little higher than before.

My friends, as you go forth, we bless you and surround you with the love of the indwelling Christ—knowing that no harm can come to you, that this power lies within you and through your own realization, it will protect and guide you through your experiences and bring you nearer on the path to a better state of consciousness, to a realization of Truth.

Go in peace, go in peace, knowing that the peace and comfort of His consciousness is yours for the asking.

So be it. ❀