



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Mr. R.: I greet you my friends, in the light and love of understanding. I am one who is well aware of all of you. I am one who though I have never identified myself, have spoken through this instrument several times.

I am very familiar with your city and with all the groups of people and individuals in your city who are seeking. I have worked within your city for some months. My identification I cannot make known to you, neither could I contact you. For if I were to be known among your people, my work would be greatly hampered. Therefore I work in secret as one of you.

There are many, many individuals and many groups within your city who are seeking new truth and higher understanding, as all of you here are doing. My colleagues and I are attempting to help these people and I might say that we are making some progress. We are endeavoring to contact as many of these people as possible in this manner so that they might be aware that someone is trying to help them, not only from the higher realms, but right here among them. We can contact them only in this manner, for if we were to be known and recognized, it would be very difficult for us to function.

I have been with you for some time now, in fact, almost from the moment your gathering started. I have heard your conversations and the instrument has been aware of this. It was asked a short time ago what could be done to speed your growth and understanding. My beloved friends, first you must love your Creator with all your heart, then you love your fellow man as you do yourself. I know this is not new to you. Your people have been told through the ages that this was necessary, and I say this to you, my friends, these things you must do. They come first, so let us place first things first and love and understand one another. When you understand your brother you cannot help but love him. Love and understanding go hand and hand. To love is to understand. To understand is to love.

The love of which we speak goes much deeper than you think or realize. It goes far, far beyond personal love, the type of love that is thought of among Earth people. Until you experience the real love of the Father, you have not experienced love, for when you really

love all mankind you see nothing but good. You see only the God-part. Nothing he could do could prevent you from loving him. That is the way the Father loves you. He loves all of his children. They are all gems in his sight. Even what you would term to be the lowest type of mankind, your Father loves dearly.

When we have learned to love in this fashion, then we know we shall experience true love. If you, as a group, yes, even as a small group could establish this type of love between you, just between a few of you, you would be amazed at the results. You would be amazed at your growth and at the new understanding and new truths that would flow to you.

Every seed of hate, condemnation, doubt and fear that creeps into your consciousness holds you back and slows your growth. I will not say that it retards your growth for growth moves every onward. It does not go backwards.

Each man climbs ever onward at his own rate of speed, choosing his own path, and this is a good thing to remember. Each of you must grow in his or her own way. Just because another does not express in the way, or does not follow the path that seems right to you does not mean that he is wrong.

Remember too, my friends, that what is truth for you may not be truth for another. Remember also, that to the seeking mind truth is every changing. Each time you take another step upward, you will find new truths opening to you which will change your concepts of this of this moment to concepts of a new and higher truth the next moment. Because another is not able to accept your truth at this moment does not mean that he will not be able to at a later time.

As each sincerely seeks he shall find the way opening for him, but he must seek in love. Oh, that we could bring home to you the realization of the meaning of love and understanding. If only half of your people could get this realization into their consciousness, a large percentage of your world problems would be solved.

I hope I have been of some assistance to you in this little talk. Your group is doing well according to your understanding. Continue your seeking and by all means establish all of the love and understanding that

it is within your power to bring forth. You shall find that many things will open unto you.

My blessings I leave with you. My love and my understanding I extend to you. Odina, odina. ☸