



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to you, my children. I am Zalhem.

I would like to give you a little color treatment, if you are so inclined. We will start out with a little orange color, and as we use these colors, I would like each of you to practice visualization by trying to see yourself surrounded in each of the colors. See your aura filled with it, and try to absorb it into your physical body.

I see your auras being filled with the life-giving orange vibration, which is necessary for all of life upon planet Earth to exist. Your auras are filled with this vibration now, and it is flowing to every atom and every cell in your body. It is bringing you energy. It is energizing your whole being.

Now we will change to the green vibration. It is rather a medium shade of green, about the color of the grass. We are drawing this color to you now, and it is filling your aura so that you are completely absorbed in this vibration. As you know, this is the predominant color of planet Earth and therefore, it is vital to Earth beings. planet Earth is known as the green planet in your solar system, for when it is viewed from space through the eye of Spirit, that is its predominant color. This is the color of any planet that is the fourth planet in its evolutionary cycle. The color of any planet is determined by the state of evolution that it is in at the present time.

Questioner: What color will the next planet in our cycle be?

Zalhem: The next planet, which is Venus, is the fifth in your cycle and therefore, it is blue in color. However, I want you to concentrate upon the color green that we are using now.

Questioner: I am visualizing the evergreen trees that we have here. Is that near the right shade of green?

Zalhem: That will be close enough. Now we are going to change to the blue vibration. Visualize this color flowing to you, filling your aura until you are completely surrounded by the blue vibration. This color is one of peace, relaxation, and protection. It will protect you against negativity. If you can maintain a small portion of this color in your aura, you will find yourself much more relaxed and peaceful, for negativity will not dominate

your thoughts. You are completely immersed in this blue vibration now, and it is penetrating every cell and every atom of your physical body. Negativity is bouncing off of you, as though it were striking a solid wall.

Now we are going to establish the golden light. Think of the golden sunlight and see it flowing to you. Draw it to you and let it fill your aura. This is another life-giving energy, one that you must have in order to exist. It is an energy that gives you a feeling of well-being. It helps you to appreciate the better things of life, and to see things in a more positive light. That is why you feel better when the sun is shining, because the golden light that is emanated by the sun warms the cockles of your heart. This makes you more joyful, and it is easier to be happy. Absorb as much of this vibration as you can, so that you may walk in a greater light. Those who absorb this vibration easily are always pleasant, happy and joyful; and so it is. Now, can I be of any further service to you?

Questioner: Is it possible that the orange range of vibration might shift, making it impossible to support life upon our planet, and thereby, contribute to the upcoming famine?

Zalhem: I do not think that it will be as much that as it will be a change in the climate that will come about. You see this taking place already in certain parts of the world, and it has been for a number of years. It is occurring here in certain areas of your own country, and before the "end of times," your nation will see famine, also.

Questioner: Will that take place around the end of this century?

Zalhem: I do not know exactly when this will happen. It will come about gradually, as you see happening in your land today. In certain areas, the crops are being destroyed. In Texas, for instance, they are having a severe drought that has destroyed the grazing land that produces cattle for your markets. The cattle are starving, and they are having to sell them all to get rid of them because they cannot feed them.

Questioner: Is this the same type of famine that is occurring in Africa?

Zalhem: Yes, and the food is so scarce there that the people are dying from hunger.

Questioner: What about people who have a small amount of land? Will they still be able to grow things?

Zalhem: It will depend upon where they are. Some areas will not be affected as much as others. For instance, if you were to experience a long drought in this area, you would soon run out of irrigation water, and you would be unable to raise food. You have to have water to raise crops, and there are two ways that water can affect us adversely. It can either destroy by flooding, or it can destroy by not appearing.

Questioner: Isn't our area about as good as any in the country, in this respect?

Zalhem: I would say so. The water supply is greater here than in many other parts of the country, where they must depend entirely on water from the rivers and underground water. In many of the areas that irrigate by pumping water from within the earth, they are finding that their underground water tables are so low that they have reached the critical point.

Questioner: Is it possible that radiation from our nuclear energy plants could affect our climate by blocking out the sun's rays?

Zalhem: It is a possibility, if too much energy is released into the atmosphere. However, at the present time, it is not a major factor. Your scientists are beginning to realize that this is a danger, and because of this, I think the prospect of nuclear war will become much less popular, and much more unlikely. Science is rapidly approaching the point where they know that a major nuclear war would destroy life upon the earth for a long, long period of time.

Questioner: Isn't there still a danger that small nuclear weapons may be used?

Zalhem: There is the possibility that the smaller weapons might be used in a battlefield situation, but I think that even those will be considered very seriously before being used.

Questioner: Oxal mentioned, at one time, that it would be a small one that would be used and that it would not be in the United States.

Zalhem: It is very likely that this may happen when a major war occurs.

Questioner: There is a story going around on the planet that describes the Sierra Mountains of Northern California as a new "safe land," so to speak, and it is rumored that the Mount Shasta Brotherhood is moving there. Is there any truth to this?

Zalhem: Well, I think that you will find a lot of things "going around" on the planet. I have not heard about this, so I cannot sanction this information or verify it for you. But I think that if it were true that the Brotherhood

was planning such a move and it was that well known, then I might have some inkling of it.

Questioner: Could you comment on the subject of preserving food by the process of irradiation and whether it is safe or not?

Zalhem: The type of radiation that is used for that purpose is really not very dangerous. Some of the more advanced planets use certain methods of radiation to preserve food, and it will keep for a long time, maintaining its nutritional value, as well.

Questioner: How does this compare with food that is preserved by using a home food dryer?

Zalhem: When you dry food, it is only good for a certain length of time, unless it is completely sealed from oxygen. As soon as it is exposed to oxygen, the enzymes will begin to work, and it will deteriorate. I am not saying that it is not alright to dry food, but, in order to keep it for long periods of time, it would have to be put into sealed containers in such a manner as to remove all of the oxygen, and this can be done. However, even then, it has only a limited shelf life before it begins to deteriorate, or "rot," as you call it, but the nutritional value is lost before too long.

Questioner: Do we have the technology to irradiate food properly at the present time?

Zalhem: It is not complete, as yet, but they are rapidly developing this.

Questioner: Then, this may be a way to expand a food storage program here some day?

Zalhem: Yes, in fact, irradiated food is used on board some of the spacecraft by those who are occupying physical bodies and must eat food, as you do. Of course, they are more advanced in their technologies, and are able to keep food for long periods of time without loss of nutritional value.

Questioner: Do you think that they are "planting the seeds" of these ideas in our civilization?

Zalhem: Oh yes. It is like all the other things. The ideas are brought out when the people are ready for that knowledge. The knowledge goes out into the ethers, and it is picked up by those who are tuned in. It is going to be necessary to develop ways of preserving foods in times of plenty so that you may put it aside for leaner times. It is a normal cycle of nature to have the plentiful times and the lean times. That is nature's way of replenishing itself, and man must learn to work with that cycle or suffer the consequences. You have surpluses now, so you should be storing up these surpluses for the leaner times ahead.

Questioner: The shelf life of foods available now would not be long enough to carry us through four or five of the lean years, would they?

Zalhem: No. If you are going to have surpluses of things that you use daily, such as canned goods and dried foods, then they should be rotated, as they will have a limited shelf life, until such time as you have the technology to preserve food indefinitely.

Questioner: Do you think that irradiation will be available to the average person before the hard times are upon us, six or seven years from now?

Zalhem: I do not know whether it is going to be developed on a large enough scale for adequate surpluses, because these times are approaching very rapidly. The problem is that the majority of your people, including most of your scientists, do not believe that things will really get that serious. And so, with the exception of a very few individuals, they go right on planning in the same old ways. They are working on the irradiation process, but it remains to be seen how rapidly it will be developed and what will be done with it. Much will depend on whether they think there is a serious need that will arise later. For some reason, this present-day civilization does not want to accept the fact that this kind of thing can happen. They do not like to look at the negative side of anything.

Questioner: When do you think that the new rate of exchange on our currency will be decided?

Zalhem: I do not know exactly when this will take place, but it appears at this time, that it will probably be within the first six months of 1985.

Questioner: Have they decided how much it will be devalued?

Zalhem: No, they haven't come up with that yet, so it will be a surprise. Right now, when they are asked about it, they say that there will be an even exchange. Your national debt is so large that there is not much of anything that they can do to reduce it to any extent, but by making this devaluation, they can make it look as though they have reduced it. It will appear that way to the ignorant because the numbers will have been reduced, but in reality, it will still be in the same ratio. For instance, if it is a fifty percent exchange, the government would only owe half as much in numbers, but the new money would only buy half as much, so it would take just as much of the new money to pay off the debt as it would with the old money. It only appears to be less, and this is not going to solve the problem.

Questioner: Do you have any indication as to how long the devalued money system will last before a card system is implemented?

Zalhem: I do not think that it will be too long. Maybe a year or two, or even less. It will depend a lot upon the money monitors, and how rapidly they can enforce these things and sell them to the public. But the plans are going forward for this. The experiment is taking place in Sweden.

Questioner: I understand that some people have already received their marks. Are they some type of a magnetic mark, and if so, how are they applied?

Zalhem: Yes, they are, and they are put on with something like a laser beam. There is no pain with this, and it is invisible, as well.

Questioner: How are the Swedish people accepting this?

Zalhem: Well, that is what they are trying to find out. Both the government and the people of Sweden agreed to experiment with it, and somewhere in the area of five to six thousand people have the mark at this time. This is where the "Big Brother" computer system is being set up, also, and it will take care of everything. As time passes, events will take place at a more rapid pace. If you are observant, you can see these things happening.

The biggest danger to you and your financial system is the banking system, which is in terrible shape. All of your large banks are hanging by a thread, and it will only take a few definite defaults in the developing countries, and they will go under. Of course, your government is going to try to bail them out by issuing more money and giving them more loans, just as they did to Continental Bank in Chicago. They can only do so much of that before collapse becomes inevitable. It could hit anytime, but they will stall it off until after the election. They will make more loans, they will do anything to delay it, but anyone can see that these are only temporary solutions.

Questioner: Would it be best to withdraw our funds from the bank, including what we have in safety deposit boxes?

Zalhem: Yes, if you have anything in the bank, I would not keep very much in there after the next three or four months. I would leave just enough in there to cover your checks and whatever business transactions you may have. But don't keep any large sums in the bank, because the Federal Deposit Insurance is not going to have enough to cover more than about ten or fifteen percent of the deposits.

Questioner: Are we required to declare gold if we buy it now?

Zalhem: As I understand it, you are required to declare any gold that you purchase now, so that they can keep track of who has it, of course. They are not demanding a declaration of silver purchases but the large amounts would be invested in gold, because silver becomes too bulky when you invest in large sums. For the small investor with only a few thousand dollars to invest, silver would probably be best.

Questioner: Are we going to be required to declare what gold we have already purchased?

Zalhem: I would not be surprised if, sometime in the next few months, the I.R.S. decides to require you to declare any gold that you may have. I don't know, but you might have to list what you paid for it, and then pay tax on the increased value, also.

Questioner: Is the I.R.S. set up to monitor the individual companies that sell gold, and to track down buyers from those records?

Zalhem: Oh yes, you bet they are! At this time you are not required to declare any gold that you bought prior to this new law of declaration. But eventually, they will probably require you to declare any gold that you hold, because there are a lot of people who purchased large amounts of gold before this law took effect.

Questioner: Could you suggest how I might become more understanding of others, and how I might develop an attitude of unconditional love toward them?

Zalhem: When we talk about unconditional love, we do not mean that you have to be able to go up and throw your arms around everyone and say, "I love you," and all that. It is the way that you see others that makes the difference, and this requires that you refrain from judgment, criticism, and resentment because of what others may do or have. You must see them in a way that you do not condemn or criticize, because you realize that they are where they are at that time because of their own actions and reactions, etc. That is their level of evolvment, and although you may not like the things they say or do, you do not condemn them for it.

You do not have to tell these people that you love them. It is more a matter of having a forgiving attitude toward others and not being hurt or resentful when someone criticizes you, or says something that you don't like. You have to be able to shrug these things off and see that this individual does not really mean it, or he does not know any better. It is his ignorance that is causing this.

The phrase that Jesus was supposed to have spoken on the cross, but actually said at another time, "Forgive them, Father, for they know not what they do," demonstrates the type of attitude that we must take. We can see these things, but we do not have to let them hurt us. We should harbor no resentment or hatred toward that person. We should take a kindly attitude, instead, for they know not what they do.

Questioner: That would apply to the whole world, would it not?

Zalhem: Yes, that is why there is so much turmoil and negativity upon your planet. It is all due to ignorance.

Questioner: It's too bad that the children and animals have to suffer because of the adult's ignorance.

Zalhem: It is only through suffering that individuals finally come to the realization that there has to be

something better. You cannot take the attitude that everything is wrong because someone is suffering, or things are not what they ought to be, as you see it. There are many circumstances that can enter here. We find ourselves in certain positions because of our own ignorance, our own actions and reactions. When we begin to learn that by observing the law our life improves, and by breaking the law our life deteriorates; when we learn that our situations become better when we observe, obey, and work with the law, and worsen when we work against the law, then we will have learned what we must realize to enjoy the better part of a better life.

Now, I must leave you. As I leave, I extend to each of you, my most sincere love and blessings. Through your own realization, may your path become smooth, may the rocks on that path become smaller and fewer in number. And so shall it be, if you will but observe the laws.

Go in peace, my children, go in peace. Walk in peace, be peaceful, and so it is. ☸