



Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

Copyright © 2012 Clyde Trepanier

November 7, 1970

Samuel: Greetings to thee, my friends, I am Samuel.

I was asked to speak to you for a few moments at this time and it is my privilege to do so. We have noted that there is sincerity here in your gathering, we have noted the efforts that you have put forth in your search for Truth. And I assure you, beloved ones, that no effort in this direction goes unnoticed. Whosoever seeks sincerely and with proper motives shall receive response from someone in other realms.

We have a few remarks that we should like to make concerning this gathering, if you are to progress individually and as a group, then there are certain rules that you must follow. First of all I would say that your sincerity and your motives are most important and unless these are kept on a high level your progress will be slow. It will be necessary if you are to function in your growth as a group, to establish an oneness among you, to try to get some understanding of universal law and of universal love, so that this love might be established among you. If you can develop between you a consciousness of this love on a small scale to begin with and then attempt to expand it and as you do expand it you will find it reaching out and gradually encompassing all mankind and all of God's creation.

It is also necessary for you to understand that no two individuals stand at exactly the same point in growth or in understanding. One must realize that each is an individual in his or her right and each must be allowed to grow in his own way and in his time. Tolerance must be cultivated for out of tolerance comes wisdom and understanding. You must learn to understand each other and as you learn to understand each other you will find that this is a great asset as you expand into a greater consciousness. You will find it to be a great asset as you move out and your associations with other mankind becomes greater, and you may find in times ahead that you will be required to work for the benefit of many rather than a few.

You, my friends, on the plane of existence that you find yourselves, are functioning or should be functioning on three levels. The majority of your people are only functioning on two levels and many are functioning

mostly on one level. I am speaking of the physical, the mental and the spiritual. There are some who function primarily on the physical level, very little mental and no spiritual. Now if one is to function properly upon the plane on which you find yourselves, you must function on all three levels—physical, mental and the spiritual. Now to have a well balanced life, one must establish balance. The spiritual is the foundation for both the mental and the physical and your ultimate goal should be not in this plane of existence but it should be to function entirely on the spiritual plane. But as long as you remain in the physical you must function on all three and it is well to remember, and I believe the statement was made here this evening by the instrument that all things on the physical plane has its beginning and its end.

This, my friends, is also true upon the mental plane. The spiritual plane is the only enduring one. So keep in mind as you tread life's path here upon the earth plane that it is also necessary to function in all three planes. You should not neglect any one, but your emphasis should be upon learning to function in the Spirit and balance must be kept on all three planes. There are those, as I have said, who function almost entirely on the physical and then there are those who function on both the physical and the mental plane, ignoring completely the spiritual. Then you see from time to time, those who have gained some slight spiritual knowledge and think that they can all of a sudden forget the physical and the mental and function entirely upon the spiritual plane. They neglect their obligations in the physical and in the mental and get completely carried away in trying to grasp spiritual knowledge, which they are not ready to receive. Some of these have become mental cases, they have completely lost contact with reality.

So you see, my friends, it is necessary to keep balance as balance is necessary in all things, moderation in all things. If you will follow these simple rules and work diligently toward your goal, not neglecting any phase of your responsibilities, you will grow both spiritually, mentally and physically and your rewards will be great in the spiritual realm.

At this point before I leave this instrument finally, I should like to leave him for a moment and pass among

you. I should like to stand before each of you, one at a time and invoke my blessing upon each of you. After I have done this I will return again to the instrument and say my final adios.

(This was done.)

My friends, this has been a little test of your awareness. Sometime in the future we will conduct another test and we hope that you will notice a big improvement in your awareness.

Now may the love, the peace and the understanding of all the Great Ones be invoked upon you now.

Peace, peace, go in peace. ☸