



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**November 1, 1985**

**Zalhem:** Greetings to you my children, I am Zalhem.

**Questioner:** It is so nice to have you come for a visit. We have not seen you for awhile. We were just talking about how few friends we have and it so nice that we can count you as one.

**Zalhem:** One does not usually have many true friends. I mean in this environment. Some do, but by and large, most people who think that they have a lot of friends, when the chips are down, find that they fall away very rapidly.

I thought that I would drop in for a few moments today and we could chat a little if you desire.

**Questioner:** Would you please talk about the time that we have to spend dealing with the material side of life?

**Zalhem:** It is part of your duties here. One must nourish themselves, and cloth themselves. One must have a place in which to dwell. One must be cleanly, both in the physical and in the mental. You can have a dirty mental house also, there are many of those around. The rest of the time we use for our spiritual growth. Balance is necessary, you can over do anything. You cannot become spiritual, spending all of your time trying to become spiritual, as you call it.

What is so difficult for many to realize is that nourishing a thought, it becomes stronger and stronger. The thought may be one of the constructive side or the destructive side, this will not alter the fact that it will grow, and if nourished enough, it will take possession of you.

There is more than one kind of possession. Normally people think of possession as someone being possessed by another entity. One can become possessed by other things too, if it is nourished long enough. You must learn to keep balance.

**Questioner:** Would you talk about all the teachers and various schools of thought that tell people about positive thinking. John Price and Ramtha are two, that are saying that everything is going to be fine.

**Zalhem:** There is much truth in all of these teachings. They are teaching a lot of things that are well known in the metaphysical field. Of course, each one puts it into

a different perspective and into different words. It is presented in different ways. Something that appeals to one does not appeal to another. Often these egos who are handing out these teachings, I am not saying all of them, some of them are enthusiastic individuals that have gained some knowledge. They want to be great teachers. In order to gain the respect and the following, the devotion mostly, they will present things in such a way as to never upset them. Never to cause them distress in their way of thinking.

**Questioner:** Some of these teachers are saying that in 1987 there will be an upsurge of negativity. They are planning at that time to counteract this upsurge with the Planetary Commission by being positive. What do you think about this?

**Zalhem:** Well, there is nothing wrong with this. I think that 1987 will be the year when the economic system begins to deteriorate more rapidly. At that time, many things will begin to occur that will affect all of you. All of this positive thinking will not hurt anything, and that's for sure. If enough people do it, it might help.

My viewpoint, and it is only my viewpoint, is that much of this cannot be turned around. It has gone past the point of being able to be turned around. Your economic system is in such turmoil, and is in such bad shape, so to speak, that in order to pull it out, and turn it around, would take almost an impossible effort. Your government owes more than it's worth. Your government, if you take a realistic view of it, is bankrupt at this time. Because of mismanagement and these great selfish money interests to rule the world, which they have. They control your money system. You have nothing to say about it. They have incurred great karma by taking advantage of people. They will have to pay that debt. As I have said before, your people are a great deal to blame for this. They have really allowed these things to happen. They have closed their eyes, and they are also going to have to pay their part of the penalty.

**Questioner:** If I do not accept "the mark of the beast" I will not be able to work within the economic system. Even though I own property, a house, and food storage et cetera, I will not be able to pay my property taxes. I would not have anything to pay them with, will not they

just come and take away everything that I have anyway?

**Zalhem:** Very possible. Unless you can find some way to get around it.

**Questioner:** Do you think that there are ways? Without having to lie, cheat and steal?

**Zalhem:** Yes, I think there are ways. If you hold your ground and remain steadfast in your belief, and develop your spiritual power. There will be ways. There will be under-grounds formed, and things will be worked out for your benefit. Many will probably sacrifice their lives, but is a life worth a principle? How important is your physical life? Some tests may be very severe.

**Questioner:** Is this what you have termed the last test for people on the path?

**Zalhem:** Yes. This is the test. This is the last test. Many people will take the "mark of the beast," because they feel that they can work through the system and still come out on top.

**Questioner:** Some people think that by taking the MARK and working within the system, they can also maintain their own principles and at the same time be able to help others. What do you think about this?

**Zalhem:** You cannot serve two masters.

**Questioner:** Would you please talk more about this "final test"?

**Zalhem:** The final test will come at that time. You will have the choice: to give in to the system or stand firm even if it cost them their life.

**Questioner:** Is this the much talked about test of "standing in the fire"?

**Zalhem:** Yes. Do you really believe, or do you still have doubt. Are you afraid? Are you afraid to die for your cause. Many have you know! Back in the olden days when the so called Christians were in conflict as to who was going to rule the church, what principles were going to be taught, and so forth, many an esoteric teacher was burned at the stake, rather than to reveal the secrets of the secret order. They would take these people and torture them and try to find out where their secret meeting place was, and even burned them at the stake. There were some who failed, who gave in, and they of course were later persecuted by the opposition.

Jacque DeMoley was one who was tortured and finally burned at the stake, but would not reveal. He belonged to the Masonic Order in its early days. Even though it is not the same today, they still do recognize some of the martyrs of that time, such as DeMoley. I do not think that method would be used in this day and age, but in those days that was the method used. Even criminals were burned at the stake. That was the method of execution that was used at that time. Now they would

probably think of some sophisticated way, so that everyone would think that you died of a heart attack.

Too much importance is placed upon the physical body. Too much fear has been injected into the process of dying.

**Questioner:** If one were to be tortured, could one raise their vibratory rate so that it would not be painful?

**Zalhem:** This could be done, but I do not think that this will be the way that it will be done in these times, because they will not want to be accused of murdering people.

**Questioner:** What will happen to the people who will not go along with the system. How might they eliminate these people?

**Zalhem:** They might turn the beam on them. They have some very sophisticated electronic equipment, and its getting more sophisticated every day. They could even use the radionics equipment. They might put your picture in the machine and tune you in to the death vibration. So it will be simple enough for them to eliminate those whom they wish to eliminate. They will not eliminate all of them. There will be many who will survive through various methods.

**Questioner:** Will not every positive thought help to prepare the way for the New Age, help to ease the negativity?

**Zalhem:** Yes, it should. Everybody should think positive. Along with positive thinking, you need to do something. Positive thinking in itself without action does very little good. It is like "faith without works is dead." You can have all the faith in the world that you are going to solve some problem and perhaps you will be given through inspiration or however, the solution to answering that problem, but if you sit there and do not do anything about it, the results are not going to come.

Positive thinking is very beneficial to the individual, and the individual, if they are going to succeed, must be positive. They must also act along with that. That is why so many people who are positive thinkers are so successful. They think positively. They think in terms of success. They know that what they do is right and is going to turn out right. If they do have a failure, this does not discourage them. You also have to have courage along with this positive attitude. Many of your so called metaphysical students, or positive thinkers who are claiming to be positive are burying their heads in the sand. They are not doing anything about their problems, and therefore they are not going to be of much help in solving them. Even as great as the problem is in your world today, it could be turned around, if enough people would get in back of the right idea. There would be a way out. But this does not seem to be what is happening. There is a great gap between the thinking and the doing. If enough people had positive thoughts, had faith and confidence that a

solution to this problem could be found, then they would find the solution. But even though you might have the solution, the problem would not just fade away. Once you have the answer or solution, then you have to act upon it in the physical. There could be a way for these economic debts to be leveled, and things worked out. But this would have to be done by man himself. In other words, God is not going to come down here and solve all the world's problems. Cancel all of the karma.

God is not going to cancel the law of cause and effect, because a few people turn to positive thinking. You cannot think a problem of this magnitude away. You have to do something about it. The mind is powerful, and the mind can be used to do this but it has to be active. It is like the great Creative Spirits. They cause things to come about mentally, but they know-how to work with the energies, they are directing these energies. They know which ones to use for the different things they wish to accomplish. They are putting forth much effort. They are working, working hard. You are on a different level here, and therefore it has to be done in this vibration according to the laws of this vibration.

**Questioner:** Is no amount of positive thinking going to change the geographical cleansing of the planet?

**Zalhem:** That is correct. This, you might say, is an annual occurrence. This cleansing process must take place every so often, or else the Earth would not keep in balance. You would have all of the chemicals in the oceans and none in the ground. It is part of nature's plan. This happens every 22,000 or 23,000 years. The last time that this happened was at the close or fall of the Atlantean civilization. Usually when this happens it is the culmination of several cycles. There are cycles within cycles within cycles. You have daily cycles, yearly cycles, thousand year cycles, and so on.

**Questioner:** Can you talk about the number seven in relation to this cosmic day?

**Zalhem:** Number seven is the basic number of this cosmic day. It is different for each cosmic day.

**Questioner:** When we go into the New Age, the number seven is not going to change then.

**Zalhem:** That is correct, the number seven will not change until the next cosmic day.

**Questioner:** Do you know what the number will be for the next cosmic day?

**Zalhem:** I am not sure just what octave that is going to come in on. Everything else will be different in the next cosmic day. The cycles will be different, they will be shorter. Everything is getting shorter all the time.

**Questioner:** Would you talk about the meaning of the word spiritual?

**Zalhem:** Spirituality is knowledge. If one is to become spiritual, then one must become knowledgeable. The greater knowledge that you have, the more spiritual you are. The knowledge that I speak of is knowledge concerning the laws of the Universe and how to work them. Spirituality does not mean to us what it does to most Earth people. They think that someone who is very religious is spiritual, which is not necessarily so. To us, to be spiritual is to be knowledgeable. The greater the knowledge that you have of these Universal Laws and the more that you have mastered them, the greater spiritual power that you have. You will be more attuned, you will be with Universal Consciousness. You will be able to serve in a greater capacity. There are many degrees of spirituality. You often hear someone refer to someone else as a very spiritual person. This person may be a, what you call, a preacher or a clergyman, he may have great power to sway people. He may have a great presentation, is very dramatic in his deliveries, and so forth. He may appear to have great knowledge of the religious laws and so forth, but his true knowledge is very, very limited, therefore to us he would not be what we would term a spiritual, or highly developed individual.

**Questioner:** So many times when you talk to us, you talk about different events and situations that have happened or are happening now. You seem to have a vast understanding of what takes place upon the Earth. How do you find the time to learn all these things?

**Zalhem:** You see, we see with different eyes and hear with different ears than you do. We can encompass a great deal in our sight and hearing. We get a broader picture without having to listen to the news, read papers, and that sort of thing. We gain a lot of knowledge of what is going on in other worlds, in the Universe. I am not saying that we know everything, we do not. There is of course a certain segment of the brotherhood that gathers information of this type. Yaum used to be in that field. This information is recorded and we have access to all this information.

**Questioner:** Would you sit down and read all these books?

**Zalhem:** Yes, but we can cover what you would call a big book, it might take you hours to read, would only take us a couple of seconds. The ability to do this depends upon the mental ability that you have. We tune into this and the information flows to us, and we are able to absorb it. You would not be able to do this because you have not reached that stage yet. There are greater ones than I, who can absorb much more than I can, in a shorter period of time. It is all a matter of mental ability. The spiritual growth that we talked about, knowledge. Knowledge is almost never ending. We strive to become omniscient, or all knowing. This takes time and effort, but eventually we must become knowledgeable in all fields, whether it be in music, Universal Law, art, or what have you. When one is

mastered then we have to start mastering another. They are all part of the expression of Universal Consciousness, of Universal Law.

Music is a very important part of the Universe. The various types of music comes from the various levels of the vibratory ranges around your planet. The finer music comes from the higher realms. Classical music comes from a higher realm. Rock and Roll and the various music that savage tribes play, comes from the various levels of the red range. So you see, each has its place. Those who tune in and write that music are of that vibration themselves. This is why they are able to tune in to that particular vibration.

**Questioner:** Thank you for cleansing our auras.

**Zalhem:** Yes, and by the way I might mention after we cleansed your auras, we put a tube of light around you which has been there until a few moments ago. We have been bringing various energies into that tube. Each one of you had their own tube.

As I leave I extend to each of you my love and my understanding. Peace, Peace, Peace.

**November 1, 1985**

**Zalhem:** They are fine children. They are making headway and are putting effort into their growth. Gradually it is showing. Nothing comes quickly. It takes effort, work and perseverance. And of course your materialistic demands do take a certain amount of your time.

**Questioner:** When do you come to our house?

**Zalhem:** I come to visit occasionally and look things over. ♣