

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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## **April 18, 1970**

**Anthon:** Greetings to thee in the Light of love and understanding. I am Anthon.

I had thought to have my brother Yaum speak to you this evening but he was not available. So I will attempt to speak to you at this time. I should like to quote to you from one of your ancients, "Let the words of my mouth and the meditations of my heart be acceptable in thy sight, oh Lord." Beloved friends, these words have a great significance. It is well to remember them. For it is important that what you utter from your mouth and the things that you allow to dwell in your mind, in your consciousness should be acceptable to His sight. So before you utter words, it is well to ponder these words and decide if they would be acceptable to Him and the thoughts you harbor in your consciousness should be screened in this manner, for these are the things that will determine how fast you shall progress in your soul development. I just thought it might be well to mention this at this time, for so often we become negligent in this matter and lose sight of the importance of what we think and what we say. If our mind is clean and pure, we need not be concerned about our deeds. All deeds originate within the mind. So, in reality, all is mind. This would be well to remember.

Now my friends, I should like to make a few comments concerning your group. You have here the nucleus of a very good group of people. We would, however, like to see develop here a deep consciousness of harmony, of togetherness or a oneness. A deep and conscious love of your creator. Realizing that the creator dwells within each, each being a part of this great cosmic consciousness. Once you have realized this in its entirety, you will have a love for all mankind. This is something that you must grow into through dedication and awareness, through weeding our old concepts, concepts that are long since obsolete. Use every source possible to bring you the knowledge and wisdom that you seek. There are many sources about you and it is up to you to take advantage of every possible source to gain wherever and when ever the opportunity arises and to be aware that great pearls of wisdom often fall from lowly places.

Thwart that ego. Do not allow it to rule you. Be the master of yourself, for discipline is one of the first lessons we must learn in climbing the ladder of truth.

You will find as you advance and become more proficient in going into the place of silence, that your greatest source of knowledge and wisdom will come from within. This does not mean that you are to ignore the outer sources. All that comes from the outer source should be taken to the inner and dwell upon it there to receive the true meat.

Your group is small number, yet this does not hinder your growth, it does not lessen your opportunity, however we see a possibility of some other dedicated souls joining with you. But this will come about through natural means and you will know those who are right and those who are not.

It is most important if you are to accomplish that which I am sure that you desire, that each must be dedicated and each must do his or her part. Each must carry their share of the load. There is much good that can be done by a group of this type and if your dedication and your willingness to serve is there, you will find yourselves making great progress, but also your will find yourselves being given more responsibility and more opportunities to serve for there are many to be served. Many to be helped and many who are seeking and have not yet found.

We sincerely hope that each will realize his or her responsibility and each will dedicate themselves to the service of their creator, and of mankind.

Beloved friends, I leave you by extending to you my love and blessings. I sincerely hope that each of you will receive the light, the love and the understanding that you seek. So be it.

Go in peace, my friends. Go in peace. Peace. \*