



*Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.*

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**October 9, 1984**

**Samuel:** Greetings my children, I am Samuel.

I would like to touch upon what you were saying a while ago about your food and the eating of meat, etc. It is not a carnal sin to eat meat, as some would have you believe.

Many of man's actions and habits are due to his environment and his state of evolution. Sin is talked about a great deal in your religions, so we will use that word. What might be sin for one man, may not be sin for another, depending on where he stands on the ladder of evolution. He has not reached the point yet where he understands that.

Up through evolution it has been necessary for man to kill animals and eat meat for his survival. Otherwise, he would not have been able to make it.

So this is something that he cannot be held responsible for as a sin. Your American Indians were in that situation. They had a better understanding than others have had. For instance, your own civilization, they did not kill except for food when it was necessary. They also apologized to the animal, etc., and made a ceremony out of it, which was good.

**Questioner:** They could not have survived on the fruits, nuts and grains?

**Samuel:** No, because a lot of times they were in an area where these were not available. Also, at certain times of the year, certain foods were not available, as he could not preserve fruits and vegetables through the winter, only to a certain degree. In order to receive the protein that he needed he had to get it from some source and meat was his source. Now, he was not held as sinful for doing this.

**Questioner:** In the design of evolution, it's sad that it had to be that way.

**Samuel:** As you look through nature you see this going on all the time. It's a part of nature and this is necessary to keep balance, otherwise you would have chaos. In your insect world, if the birds did not eat many of the insects, frogs and what have you, your planet would become infested with insects.

Insects have their place, that is the created ones do. However, you have many insects today that were not created originally. They are creations of man's own evil thoughts, because thoughts develop into things. If man continues to pour out negative thoughts he will create that very thing in nature. But there has to be a balance, and nature has a way of taking care of this balance.

**Questioner:** I wish the Creators would have followed some other plan of evolution without all of the annihilations.

**Samuel:** Well, then you wouldn't be able to have the things that you have now. It takes that type of thing for evolution, and to keep nature in balance.

**Questioner:** Samuel, would you help us in our visualization and concentration to help others, if you have time? We each have those that we would like to see happy and radiant and in color, perhaps blue.

**Samuel:** Very well. If you will draw into the room here those you would like to include, this will take a little visualization on your part.

Draw those here whom you wish to include. Try to get a very clear picture of them.

Now I am not going to ask you to visualize the colors, just hold the visualization of the individuals and if you can do that, it will be good enough. I am going to give you a couple of moments to establish this. Now that we have this group together, hold them right there. I am going to surround them with the life-giving orange vibration, that is helpful and beneficial for all things. No life could exist without this vibration. It is the vibration that permeates all things, and we are concentrating this here to enhance the life energy of these individuals. Hold your concentration on the individuals.

Now I am going to change to the green vibration, the earth vibration. This will be peaceful, soothing and restful. It will bring them peace, well-being, a feeling of togetherness.

Now I am going to call in the blue vibration. I am going to use about three different shades of blue, but you need not concern yourselves with that, just hold your image. Surround them, filling their auras with blue colors, will give them a protective coat from negativity.

It will also enhance their feeling of peace and good will and many other things, too numerous to mention.

Now, I am going to call in the golden vibration, golden sunlight. They are being surrounded and engulfed in this golden vibration. The whole room is glowing with it. This will help them to be healthier, to be wiser, to have good feeling. This is why you feel better when the sun is shining, that golden light that brings you energy and life. It makes you want to do things, to explore the world, to be a part of life.

May each of you and those that you have brought in, absorb these energies and let them work for you. The more positive you remain the more beneficial they will be. Accept them and use them for your good and for their good.

May the blessings of the Great Ones be invoked on all of those here, both in person and those in thought. May the results be felt by all thru all time. And so it is.

Peace, Peace, Peace. ☸