

Caveat: These communications are informative teaching instructions for those who seek to increase their understanding of themselves and the magnitude of the future lying before us all. These lectures are not of a religious nature but rather deal with the science of human potential and evolution. This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited.

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Zalhem: Greetings to you, my children, I am Zalhem.

You have covered now a number of subjects in your studies. Each of these subjects are of great importance to those who are considering entering upon the Path of Occultism. These are basic laws and basic things that you must learn to use, learn to develop. Each has its own place and importance. There is much more to learn as these subjects are only the tip of the iceberg. But these must be mastered before the greater things can be revealed.

Each one must prove his worth as he goes along the path. He must also prove his or her sincerity, their desire to grow and to learn. It is a path eventually leading to omniscience and omnipotence. But to gain this status requires much work and much effort. It is not an easy path. It is one that requires hard work, dedication and it also requires much discipline.

These things are only gained through practice, through the use of them. Having knowledge of a law means very little unless you put this law to use and prove its worth. When you have proved its worth, then you know. But if you have not proved it, you only believe because someone has said that it is so. So, beloved ones, gaining the knowing requires the effort and the work.

The subject of mental suggestions in controlling others that you have studied today, has had much effect upon the lives of many who have taken it seriously and have developed their awareness of the negative suggestions of others, and know how to protect themselves.

In the coming times you are going to find more and more pressure brought to bear upon you in many ways. The methods that you have discussed today will be used very forcibly upon many of your people in order to bring them into line with the thinking, acting of their leaders, and what they would have them do. So it is up to you to develop this awareness, this power of mind that can guide you through successfully. No one can do it for you. Each ego is responsible for his or her growth and no one else.

You must have the determination as to how far you will go in this evolutionary period. Your evolvement will be directly related to your efforts. If you are willing to put forth the effort and make the sacrifices, you can move more rapidly.

There are two paths, the fast path and the slow path. The slow path is taken by the majority, the rapid path is taken by the few. The choice is yours. You can accomplish just what you believe you can accomplish. You can take your determinations and hold fast to them and they will materialize. But you must work, nothing comes for free, everything must be earned.

Too many in your society today are looking for free rides and you may apparently be getting this free ride, but it will not last for long. There is always a penalty for the free ride and the penalty is that you fall behind, your time is wasted, it has gained you nothing. You have fallen behind the ambitious ones who are willing to work for their advancement.

Many there are who decide they will trod the Path and find if too difficult for their lazy minds. They fall by the wayside. In all phases of the evolutionary path it requires work, effort and determination. It requires judgment and wisdom. The pitfalls are always there, and the individual ego must stand or fall by his own decisions.

Therefore, beloved ones, pray always that you have the courage and the wisdom as you move down the Path to wander not to the right or to the left, but stay steadily in the middle. Hold that balance, for balance is necessary in all things. Too far in either direction will bring imbalance, and imbalance can only bring disaster. So develop that wisdom, gain that knowledge. Use that which you know to the best of your ability.

Keen always a positive mind. Weed out all of the negative interferences, for if you allow these negative thoughts and actions to plague your mind, you cannot proceed and gain ground upon the Path.

So be positive, be peaceful, be joyous. See everything in an optimistic way and you shall ride the crest. I have said enough.

As I leave you, I extend to each of you my love and my blessings. I ask that the blessings of all the Great Ones be bestowed upon you now.

Go in peace, beloved ones, go in peace. Peace, peace, peace, $\mbox{\ref{fig:peace}}$