



## Internationals Icebreaker 2016 Full Field Tournament Rules (U13 - U18)

Full Field Competition	U-13	U-14	U-15	U-16	U-17	U-18
Ball Size	5	5	5	5	5	5
Offside	Yes	Yes	Yes	Yes	Yes	Yes
Maximum Number of Players on Official Roster	20	20	20	20	20	20
Maximum Number of Players on Game Sheet	18	18	18	18	18	18
Minimum Number of Players on the Field	7	7	7	7	7	7
Maximum Number of Players on the Field	11	11	11	11	11	11
Distance from Ball on Restarts	10 yards	10 yards	10 yards	10 yards	10 yards	10 yards
Penalty Spot Mark	12 yards	12 yards	12 yards	12 yards	12 yards	12 yards
Berating Players – Coaches/Parents	No	No	No	No	No	No
Substitutions ( <u>Note:</u> More than one player may be substituted at a time)	<ul style="list-style-type: none"> <li>- On a team's own throw-in</li> <li>- On any goal kick</li> <li>- If the opposition has made a substitution (except where an opponent was cautioned or injured)</li> <li>- After a goal has been scored</li> <li>- At half time</li> <li>- To replace a cautioned player</li> <li>- To replace a player who is bleeding or injured</li> </ul>					